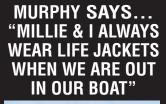


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**RECORD PHOTO BY KATELYN BOULANGER** The new Candace Memories Show and Shine mural on Manitoba Ave. The Candace Memories Show and Shine drive was held on Aug. 8. Several collector cars drove from Winnipeg to Selkirk to raise funds. See more on page 12.

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# Getting back on their feet

Local businesses are working to recover from pandemic-caused losses

## By Ligia Braidotti

The pandemic affected the lives of many across the country, including our local businesses their staff, who suddenly became unemployed.

To keep their communities safe, local businesses shut their doors and complied with several provincial restrictions that resulted in significant losses for profit and staff.

Business owners didn't find it easy to lay off so many of their hard-working employees. Kelly Lewis, owner of Packers Fashion in Selkirk, said the pandemic's toll on small businesses was financial and mental, and emotional.

Packers is the longest independent women's clothing store, the last one standing.

"I've been here since 1976...we've seen the ebbs and flows and the cycles of the business. We've had downturns in the past, but nothing like this. To have your business shuttered; closed. And I remember thinking, 'Is this how this business is going to end? It's been here for 75 years, and a pandemic is going to basically force us to close.' So there were lots of sleepless nights," she continued.

Thankfully, in 2019, Lewis decided that it was time to embark on the online market. As a result, Packers launched their online store in the spring of 2020, just after the pandemic hit.

"When you can't have customers coming to the store, there was a real push to get that online store at least up and running," she explained.

Lewis had to lay off her staff, and for the first time, she had to navigate the bureaucracy that comes with it. However, she commented that other than staff taking maternity leaves, she never had to issue a Record of Employment so that her team could access employment benefits, such as Canada's Emergency Response Benefit.

"That was a nightmare. That took three weeks to be over with because the whole system was overloaded. The system kept crashing; You couldn't get a hold of anybody," she recalled. "That was super stressful. I had full-time staff; I had part-time staff. They were now without an income, and they relied on that income."

Lewis and her husband were on a task force to contact a CRA agent that could help them navigate the process. Unfortunately, it took them three hours to get a hold of someone.

"I actually got off the phone and cried. It was things that were beyond my control, but I knew these girls needed their record of employment, and I just couldn't provide for them."

It was time to innovate. Lewis found herself with an entire stock that needed to be moving, and she had to find ways to attend to her customers. So she went above and beyond to keep her business going — from curbside pick up to online sales to filling orders through texts.

"Because I know so many of my customers, I would send them home with 10 tops, 'Go home and try them on, and bring them back.' It was curbside, so they would just call me with their credit cards," she said.

That's how Packers functioned for more than a year, until recently when the provincial government started to ease restrictions. However, with everything being so uncertain, Lewis said they still had a 40 per cent loss despite their efforts. They had to close



**RECORD PHOTO BY LIGIA BRAIDOTTI** 

Kelly Lewis, owner of Packers Fashion, said she is "cautiously optimistic" about easing of restrictions.

during crucial seasons such as Black Friday and Christmas.

Lewis was in constant contact with the Canadian Federation of Independent Business which was lobbying the governments and particularly the Manitoba government to allow independent businesses to sell essentials. As a result, during the winter months, Packers survived on outerwear sales. "I couldn't sell a pair of pants; I couldn't sell a sweater, which was very frustrating because it's Manitoba. What do you mean you can't buy a sweater unless you bought it online?"

Continued on page 7





# Putting garbage in its rightful place

### By Katelyn Boulanger

The Selkirk Community Renewal Corporation has upped its game this year when it comes to community clean-ups with clean-ups of parks and public spaces in the community happening every week this summer as part of their SCRC Green Team.

"What we do is, every week, we are planning a community cleanup around Selkirk. So we're going to any of our busy places and going around and trying to collect garbage," said Koral Walker SCRC's Green Team coordinator.

To expand this event from their regular two cleaning events a summer, many groups got together to donate some of which were Take Pride Winnipeg, Dominos Pizza, Selkirk Transit and many more so that supplies like sanitizer, gloves, bags, and pickers were available as well as a small prize for attendees and lunch and transit to cleanups.

The clean-ups started at the beginning of July and dates are planned until the end of September with last Wednesday's event taking place at

## Selkirk's Waterfront.

"[To find out where we will be next check out] our Facebook page, we have our weekly cleanups available also our monthly cleanups are also on there, so you can check that out too," said Walker.

So far the group has blasted the trash from Murray Sinclair Park, Little Lake Park, Ruth Hooker School as well as tackling an area around Sophia St.

"We have an average of maybe 10 to 12 people showing up each cleanup. Mostly it is a girl's group that comes weekly and they clean up with us, as well as some people from the community," said Walker.

This isn't just an activity for young people however as residents of all ages are invited to come out to future events to help make their communities more beautiful.

"We find that the girl's group for instance, [participating in the clean up] builds pride in their community, right? So they're taking care of the community. They're building that pride in their community. The girls come out each week and you know,

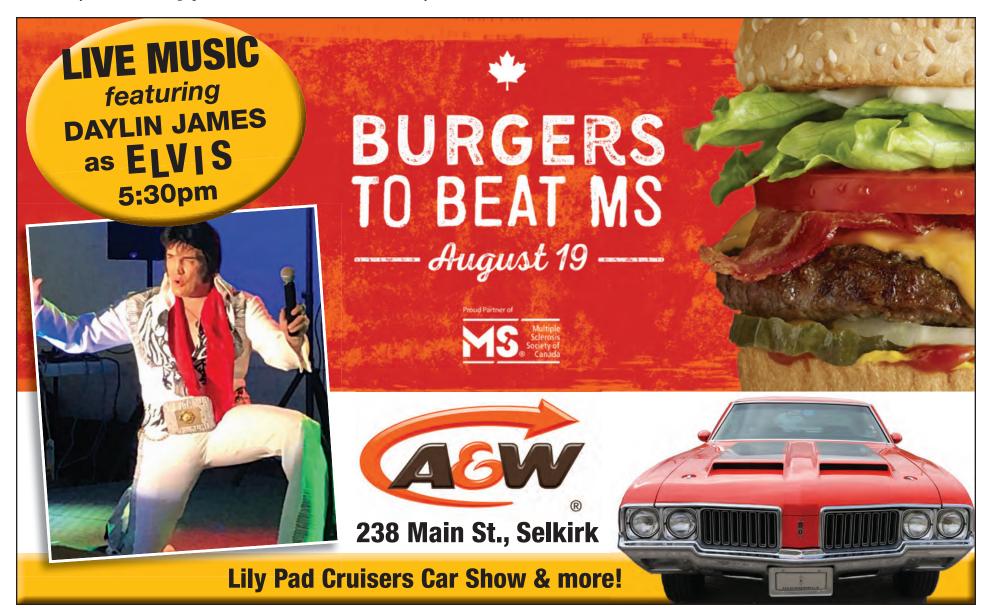


**RECORD PHOTOS BY KATELYN BOULANGER** Volunteers cleaning up the Selkirk Waterfront as part the the SCRC's weekly clean ups.

that no matter rain or shine, whatever the weather, they're out there cleaning it. We're just happy to be able to

have those youth in our community cleaning.

Continued on page 10



## Local artists make mural celebrating reconciliation

Mural was presented at the Treaty 1 150th anniversary celebration

## By Katelyn Boulanger

On August 3 a small gathering took place at Lower Fort Garry to mark the 150th anniversary of the signing of Treaty No. 1. Representatives from the Treaty One Nation, the Government of Canada, and the Treaty Relations Commission of Manitoba were present to commemorate the 1871 treaty.

Part of the ceremony saw the unveiling of a new mural, which represented the First Nations perspective on the original intent of the making of Treaty 1.

This mural was created through the collaborative efforts of many Manitobans some of whom are from our own community including Selkirk's Charlie Johnston who worked once again with Jeannie Read Eagle, originally of Rolling River First Nations, on the design and artistic vision. Elders Bobbie Sinclair of Peguis First Nations, Florence Paytner, Harry Bone, Dennis Whitebird, Charlie Nelson and The Peacekeepers Youth Council of Treaty One Nation also added and Métis artists Ashley Christiansen, Brad Lent, Sierra Anderson and Jon Ostash contributed as well as Mikasi Sinclair of LSRCSS's PASS program.

Red Eagle said it was important to have something like this mural there to represent the spirit and intent of the signing as Indigenous people relied on oral history traditions at that time and when the original document was signed it didn't reflect the understandings of both signing groups particularly since First Nations cultures didn't have the same concept of land ownership.

These treaties were an important part of Canadian history as they were made with the assumption that they would always be in place.

Red Eagle says that elements like the handshake and visual elements that represent the phrase 'As long as the sun shines and the grass grows,' were important to include in the mural.

This mural was commissioned by The Treaty One Development Corporation in partnership with the Treaty Relations Commission of Manitoba.

Treaty 1 was the first of eleven treaties between the government of Canada and First Nations people who have lived on the land that we now call Canada for thousands of years. The final treaty in this series was signed in 1921.

"The energy of it was just it was overwhelming," said Red Eagle of the event and the unveiling of the mural.

The event had a pipe ceremony, the Oyate Techa Riders performed an honour ride on horseback through the grounds to usher in the flags and eagle staffs of each of the seven Treaty



RECORD PHOTOS SUBMITTED

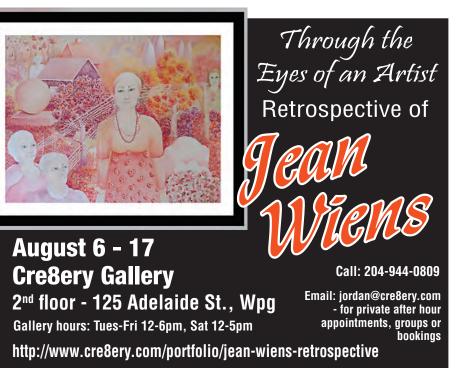
Jeannie Red Eagle and Elder Dennis Whitebird, First Treaty Commisioner in front of the new mural.

One Nations. A formal commemoration and flag raising was followed by opening remarks by First Nations and government leadership and exhibits including the sacred pipes from the original ceremony and a replica of the original Treaty 1 document was on display.

Red Eagle feels that making art that

tells a story is way that we can move forward towards a future of reconciliation.

"You incorporate a visual arts aspect and it appeals to more than just sitting there and taking it in by listening," said Red Eagle.





Oyate Techa Riders performed an honour ride on horseback through the grounds as part of the ceremony.



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## Rewind with new book on Manitoba's video rental industry

## Good Ole Days of Video Rental highlights Canada's video rental beginnings

## By Katelyn Boulanger

When Kevin Doherty and Bill Hrenchuk got jobs at some of Manitoba's first video rental stores they probably didn't think that it would lead to them becoming published authors, however, all these years later they have joined forces to share what the beginnings of the Canadian video rental industry which started right here in Manitoba.

"I originally got a job at Bill's Video in Winnipeg back in the early 90s. I worked at the St. Vital location and then I transferred over to the Henderson location in Winnipeg and there I met my co-author Kevin Doherty. For both of us, this video store job was like a dream job because we're both movie enthusiasts and so we had an incredible experience," said Hrenchuk.

He went on to work at Video Stop on St. Anne's Rd. for several years but didn't think to put his experiences into words until Facebook allowed groups to be formed of people who wanted to talk about their experiences of renting videos in person.

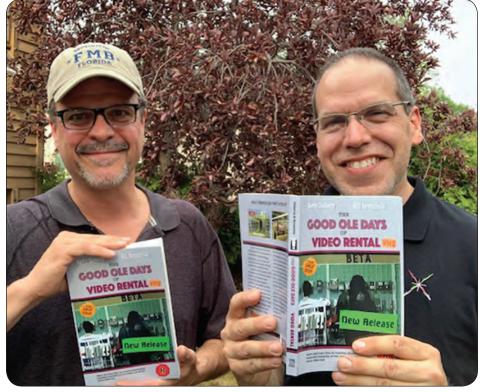
"I had groups of friends, I had rela-

tives, I had school mates and I had people I worked with, and I decided one day, I was going to make an alumni group for Bill's Video, and then one for Video Stop and in these groups, we started to share stories about what it was like working at the video stores. Kevin had released a book on his own previously, he approached me and he said, 'You know, I think I think we should write a book about this era that's gone by because these stories are so fun and interesting'," said Hrenchuk.

And so the concept for *Good Ole Days* of Video Rental was born and they began to approach people like Gilles Verrier of Startime Video, Sheldon Gale of Video Concepts, and Sebastian Capone of Movie Invasion who each added their experiences to the story of what it was like to start an entirely new industry in Canada from the ground up.

"A lot of people just don't understand what that was like. The younger generation has no clue as to how important getting that movie on the weekend was for a lot of people. To-





**RECORD PHOTO SUBMITTED** Kevin Doherty (left) and Bill Hrenchuk (right) with their new book called

Good Ole Days of Video Rental.day you just have to quickly Netflix<br/>or what have you to get your enter-<br/>who remember going to<br/>who remember going to

or what have you to get your entertainment. It's nothing like having to physically go out and then search for an hour on the shelf and then stand in line for 20 minutes behind 14 other people to get to the counter to rent this movie," said Hrenchuk.

The book isn't just their recounted experience, however with many people contributing to the recounting of the beginnings of the industry and cartoons added as Hrenchuk is also a published cartoonist.

"We have submissions from owners, managers, clerks and customers and with all different facets of information, including things as simple as the late charges, rewind charges, widescreen format and how that affected things. So we touch a lot of bases," said Hrenchuk. He recommends the book for people who remember going to the video store for nostalgia but also thinks that younger readers might enjoy it as a way to understand how video rental became what it is today.

"They're going to find a lot of back story information about the industry that [renters] knew nothing about. And, for the people who did not live through it, the younger people, they're going to get a pretty interesting experience of learning about the whole of the video industry," said Hrenchuk.

The book is available to order online at https://www.amazon.ca/Good-Ole-Days-Video-Rental/dp/B095Q29M2G or you can contact Doherty at magictoasterfilms@hotmail.com to find out where the book is currently available to purchase in person.



**Selkirk Community Renewal Corporat** 

## Keeping it clean with Selkirk's graffiti removal program

Free graffiti removal available to all city residents

## By Katelyn Boulanger

People may not be aware of all of the many great programs that the City of Selkirk offers its residents but one that they definitely shouldn't miss out on is the anti-graffiti program which has been cleaning up vandalism in Selkirk for free for all residents since the early 2000s.

Though the amount of graffiti the city sees varies, last year's graffiti numbers were down, this year, with normalcy returning after the loosening of pandemic public health restrictions, it looks like it's going to be a very typical year for the city's staff.

"[Looking back in 2019] there were over 170 instances and then in 2020, it was really slow. There were only just over 40 that year. So far, we've already done 75 graffiti removals which is pretty on par with 2019," said Kristy Hill, the city's Director of Protective Services.

Many people may not even notice when the graffiti happens. Record employees can attest that city staff are absolutely on the ball when it comes to making sure that it's removed promptly, but should you happen to notice some in the community reporting to the city should be your first step.

"During the summer months, so from May to August, I have a dedicated person for graffiti removal who proactively cruises around and removes graffiti. And that's not just limited to graffiti in the typical sense, [for example] spray paint and stuff. There's also stickers on stop signs and that kind of thing and posters that don't belong on hydro poles. We do try and do as much proactive graffiti removal so that people don't have to call but if you as a citizen or business owner, find graffiti on either your property or you're walking [or] you're driving in the city, and you notice it on a building, you'd just call a citizen support representative here, or you could send an email through [citizensupport@cityofselkirk.com]. And, [the staff that answer those calls and emails will] create a ticket for it, and the ticket gets passed on to the antigraffiti coordinator or if it's the offseason, it would get passed on to our Parks and Recreation Division, and they would take care of it as soon as possible," said Hill.

City staff that notice or are called out to remove graffiti do of course get permission from the owner of the home or business to do their work and if they can't immediately get into contact with them they do leave a note explaining about the available free service. For businesses that have reoccurring graffiti problems they also can have the owners sign a waiver that lets them clean up any graffiti they see so that this process doesn't require a form every time.

The reason that the city takes this so seriously is that graffiti tends to in a way breed more graffiti in the community.

"So usually, where there is some it tends to encourage more graffiti in that particular area. Also, we want the community to feel safe and whatnot. So, you know, graffiti just doesn't really contribute to that positive atmosphere," said Hill. The City uses a few different methods to remove the graffiti depending on the surface and the material used such as different chemicals and power washing, however, sometimes the graffiti can become embedded into the surface. That's when they offer their painting service, which does see residents have to pay for the supplies needed to refinish the previously damaged area, but they don't charge for the labour associated with the painting.

"The best way to discourage graffiti, I would say, on your own personal property would have to be to have good lighting as well as just calling in or going into the City when you see it, even if it's not on your own property. If you notice [graffiti] on a business or in a park or something like that, just calling it into the City so we can have it removed as quickly as possible," said Hill.

She says that staff really strive to create a positive atmosphere in Selkirk and this program is a way they contribute to that for residents.

If you see graffiti in Selkirk contact the city at 204-785-4900 or citizensupport@cityofselkirk.com.

## > LEWIS SAYS, FROM PG. 3

Lewis and her staff had to be creative with promotions to keep the sales going and the money to keep the business coming in. However, she was surprised to see how supportive the community and her customers were.

"It took much more time than just walking in here and picking something out. Now they couldn't come in and buy anything, so we would take pictures email it to them, or send it to them on their cellphones, this banter back and forth, then they'd pay for it, we'd wrap it up and then they could come in and pick it up," she said. "Because of that, I was able to bring some of my full-time girls back. My staff really stepped up reaching out to customers and that saved us."

In addition to these challenges, Lewis said there was also a shift in the products her clients were looking for. While they sold a lot of formal wear for graduation and weddings, her customers were more interested in loungewear now, since most are staying home.

"It was really frustrating though, as business people — and I speak for businesses as a whole where you do everything that you think is right and something beyond your control shuts you down and you have to rethink how you do your business," she continued. "Everything in the business suddenly became a little more challenging and a little more stressful."

### Government incentives

While managing the pandemic and coming up with strategies to contain the spread of the then-

unknown virus, the federal government announced a few programs that would help businesses survive. There is a total of 11 programs available for Cana-

- dian businesses:
- CERS (Canada Emergency Rent Subsidy)
- BCAP (Business Credit Availability Program)
- CRHP (Canada Recovery Hiring Program)
- CEWS (Canada Emergency Wage Subsidy)
- HASCAP (Highly Affected Sectors Credit
- Availability Program)
- Support for Indigenous businesses
- JGF (Jobs and Growth Fund)
- TRF (Tourism Relief Fund)
- ARRI (Aerospace Regional Recovery Initiative)
- RATI (Regional Air Transportation Initiative)

• Large Employer Emergency Financing Facility The provincial government also launched several support programs such as the Manitoba Pandemic Sick Leave, the Manitoba Bridge Grant, Manitoba Youth Jobs Program, Caregiver Wage Support Program, Dine-In Restaurant Relief Program, Student-JobsMB, the Premier's Economic Opportunities Advisory Board, Back to Work in Manitoba Wage Subsidy Program, and more.

Lewis said these government programs helped her business get back on its feet as they navigated the pandemic.

"If it wasn't for the government supports, I would have a very difficult decision to make because I had a very significant net loss. At my age and not knowing the future, I would've probably considered closing my doors," she said. "So when people ask if the subsidies are helping independent businesses, they helped me this year. They helped me keep my doors open and keep my staff employed." Most recently, the province announced a new program called Healthy Hire Manitoba. Businesses can receive up to \$50,000 in provincial support to help cover the wages of new employees who have been, intend to, or are unable to be vaccinated. In addition, employers will receive 50 percent of salaries for up to 10 employees, with a maximum of \$5,000 per employee. The wage support program applies to all employees hired on or after June 10, 2021, with the last pay period ending on Oct. 15.

#### "Cautiously optimistic"

Although the province has now lifted most of the public health orders and is allowing businesses to welcome clients back at full capacity, Lewis said she's still cautious since there's talk about the Delta variant.

"I never thought, last September, that we would be in this same position a year later. I really thought that spring of 2021, it would all be opened up, and when they talk about this other variant out there, I'm cautiously optimistic that we will stay open," she commented.

## Selkirk BIZ gives businesses a boost

The Selkirk BIZ has two new initiatives to encourage the community to support local businesses, especially restaurants. The first is Eat Along the Red, which focuses on the hospitality industry that public health orders have heavily impacted. The event is open to any restaurant in the catchment area, regardless of whether they are chamber members.

## SelkinkRepord





Lana Meier





SALES

Staff

restrictions.

Warnings of a possible fourth wave

of COVID-19 continued even as the

province last weekend welcomed a

significant loosening of public health

The new case count meanwhile re-

mained low as of the regular update

Monday, which noted 128 new cases

of the virus had been identified since

Friday including 29 cases Friday, 29

cases Saturday, 45 cases Sunday and

25 cases Monday. Seven cases were re-

moved due to data correction, bring-

ing the total number of lab-confirmed

Public health officials reported one

new death of a person with COV-

ID-19, and the death of the female in

her 60s from the Winnipeg health re-

gion, linked to an unspecified variant

of concern, brought the total number

of deaths in people with COVID-19 is

The current five-day COVID-19 test

As part of the Canada/Manitoba In-

vesting in Canada Infrastructure Pro-

cases in Manitoba to 57,860.



Michelle Balharry



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REPORTER/PHOTOGRAPHER

Katelyn Boulanger





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City officials applied for several grants under ICIP, including a recre-

positivity rate was 2.5 per cent provincially and 1.6 per cent in Winnipeg, and of the 25 cases reported Monday, eight new cases were in Southern Health-Santé Sud.

Across the region, the only districts with active cases were Arborg, Beausejour, Erisdale/Ashern, Fisher/ Peguis, Northern Rremote, Powerview/Pine Falls, Selkirk, Stonewall/ Teulon, Unknown District and St. Andrews.

Overall, there were 278 active cases and 3.913 individuals who have recovered from COVID-19.

As well, there were 89 Manitobans hospitalized with COVID-19 including 32 people with active COVID-19 as well as 57 people who are no longer infectious. A total of 14 Manitoba patients were receiving intensive care for COVID-19, including six people in intensive care units with active COV-ID-19 as well as eight people who are no longer infectious but continue to

require critical care;

Possible exposure locations are listed online by region at the province's #RestartMB Pandemic Response System webpage. For up-to-date information on possible public exposures to COVID-19 in regions, visit www. gov.mb.ca/covid19/updates/flights. html#event and click on your region.

Additional data is available at: geoportal.gov.mb.ca/. Data related to CO-VID-19, variants of concern, outbreaks and some downloadable and historic data can also be found at this site.

For up-to-date information on CO-VID-19 in Manitoba, including the online screening tool, testing criteria and locations, self-isolation requirements, public health fundamentals and the provincial response level on the #RestartMB Pandemic Response System, visit www.manitoba.ca/CO-VID19.

Selkirk is getting more trees on the streets the reconstruction of Eveline Street,

> but all of them were denied. "We appreciate the funding we received but also want our citizens to know that we applied for other projects that are priority projects for the city but they were not approved by the other levels of government," Sel-

> kirk Mayor Larry Johannson said. At the provincial government's request, the city had to move its ICIP transit funding of over \$500,000 into the urban canopy program. This means less funding for Selkirk Transit.

> Duane Nicol, the City's chief administrative officer, stated that the funds will allow the city to continue to develop its urban canopy, in line with its award-winning Climate Change Adaptation Strategy. The city has also implemented a Street Tree Policy to ensure the right trees are planted at the right places.

"The city began its tree inventory in 2019 and that has helped us understand the strengths and weaknesses of the city's urban forest right now and helps us plan for the future, what kind of trees we should be purchasing and planting and where we should be planting them," Nicol said.

There will be different plant species planted on Sophia Street between Manchester and Selkirk; Robinson between Sophia and Mercy; Manitoba between Jemima and Main; Annie to Eaton and on Agnes from McLean to Manitoba.

Trees play a significant role in cleaning the air through carbon sequestration, giving off fresh oxygen, reducing stormwater runoff, ambient air temperature and the urban heat island effect. Trees also provide shade, which is vital to the longevity of city streets, and calm traffic.

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Lucy Kowalchuk



ADMINISTRATION



PRODUCTION Nicole Kapusta

gram (ICIP), Selkirk will receive \$1.8 million to improve the city's urban canopy, sidewalks, and active transportation trails.

By Ligia Braidotti

1,184.

The Government of Canada is investing more than \$21 million in nine Manitoba projects through the Community, Culture, and Recreation Infrastructure Stream and the Green Infrastructure Stream of the ICIP

The Government of Manitoba is investing over \$4.8 million, and other funding partners are contributing over \$26.9 million toward eligible project costs combined. The total cost of the project in Selkirk is \$2.5 million, with the city's share of \$666,750.

ation centre to replace the Barn and

**EDITORIAL** Katelyn Boulanger 204-485-3337 news@selkirkrecord.ca

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Call Ligia Braidotti 1-204-485-3337 news@selkirkrecord.ca

Call Kateyin Boulanger 1-204-880-4774 katelyn@selkirkrecord.ca



## **Encouraging family doctors to practice in the region**

New teaching unit aims to increase the number of doctors providing care in the Interlake-Eastern area

## By Ligia Braidotti

Residents in the Interlake-Eastern Regional Health Authority will see an increase in physicians and improvements in health services in the area, thanks to a new clinical teaching program that encourages new doctors to practice in rural areas.

A Family Health and Learning Center has been developed by the Primary Care Development Group, a nonprofit organization constituted by the Interlake-Eastern Regional Health Authority, the Interlake-Eastern Health Foundation, and the Interlake-Eastern Family Medicine Residency Training Program.

The IERHA surveyed 30 municipalities and found that residents had limited access to family doctors and that emergency rooms were often closed. As well, many Manitoba-trained doctors didn't choose to permanently settle in the rural region because there wasn't a clinical teaching unit in the Interlake-Eastern area. However, this has been easily remedied by the FHLC, which is an expanded Residency Training Program.

"Eight years ago, our emergency rooms were only open 20 per cent of the time, and some of the hospitals in the region were worse. Our residents were deeply concerned because of this, of course, because you need to have reliable health care, particularly if you want to live in a rural region," said Blair Skinner, chair of the Primary Care Development Group.

Statistics from the Rural Family Medicine Residency Programs show that approximately 75 per cent of resident physicians choose to practice in the area that they completed their residency. Therefore, the Primary Care Development Group believes that developing a sustainable level of family doctors in the IERHA region requires a FHLC.

"We didn't have the opportunity to recruit Manitoba-trained doctors, or Canada-trained doctors, to come to our region, so we decided to have discussions about how we can change that," Skinner added.

After several meetings, they formed the Clinical Teaching Unit Task Force, consisting of 17 municipalities across the IERHA, including Selkirk.

Providing patients with full-scope access to a full range of medical professionals is a priority of this project, which will be carried out on the Selkirk Regional Health Centre campus. "A key development was a desire by

the IERHA and the residency program

to place doctors in rural communities for blocks of time so that they could have the opportunity to get to know the community and hopefully eventually choose to practice there," Skinner, who is also the mayor of Pinawa, explained."And that has already started. The doctors that started in our program are already choosing to practice in our region, and that's very exciting news. We are very confident that this is going to work and result in a sustainable level of family physicians in the region."

The IERHA CEO, Dr. David Matear, explained that providing care closer to home makes service delivery more equitable across rural and remote areas. He also explained that the clinical teaching unit is named the Family Health and Learning Centre because it mainly focuses on family health and the learning environment to develop a team of health care professionals that can deliver services to the population. There are currently 69 physicians practicing in the IERHA, when there should be at least 130, according to Matear, which means there's a 46 per cent vacancy rate.

According to a more conservative estimate based on interdisciplinary teams, current physician capacity, and practice styles, 98 family physicians are needed to provide healthcare in the region, which means there is a vacancy rate of 30 per cent. In both statistics, the gap between physician numbers is unacceptable, said Matear.

"Both reveal that there's a need for us to develop a system that can attract, through training, physicians that would potentially continue to practice here," he continued.

In addition, although the principles are based on increasing the number of physicians, Matear added they are also focusing on a team-based approach, which will include other health care professionals.

"If want to have this family health learning centre as a hub of teaching, we have to include those other health care professionals in a learning environment so that they can come together to practice care and grow that incubation of health care professionals that will come, stay, settle and practice in that methodology in our region," he said. "So the potential is huge."

The FHLC will be a two-story facility owned and operated by the Primary Care Development Group. Facility operating and long-term lease agreements will meet financing costs with the University of Manitoba's residency program faculty, who will be teaching residents, and the IERHA, which will move their head office to the second floor.

The Interlake-Eastern Health Foundation will raise the \$5 million gap in funding the operation. Therefore, provincial funding is not required for this regional collaborative project.

## National design competition opens for new Peguis Selkirk Treaty monument

## Manitoba government funds new \$500,000-monument

### Submitted by Manitoba government

The Committee to Commemorate the 200th Anniversary of the Peguis Selkirk Treaty has issued a request for qualifications (RFQ), for the first of a two-phase design competition to create a Peguis Selkirk Treaty Monument on the grounds of the Manitoba Legislative Building.

"Our committee is very pleased that we have been able to move this project forward over the last four years," said Bill Shead and John Perrin, committee co-chairs. "We gratefully acknowledge the support of the Manitoba government in making this project happen. It is our hope this monument will inspire all Manitobans to recognize First Nations contributions and embrace mutual respect and reconciliation."

Preceding the numbered treaties, the historic Peguis Selkirk Treaty was the first instance of a formal written agreement recognizing Indigenous land rights in Western Canada.

The monument will feature a statue of Chief Peguis and is intended to promote reconciliation between First Nations and non-Indigenous Manitobans. Inscriptions will commemorate all five treaty signatory chiefs.

The monument is intended to promote reconciliation between First Nations and non-Indigenous Manitobans, and remind all Manitobans of the historic spirit of sharing, co-operation and conciliation between Chief Peguis and allied chiefs and Lord Selkirk, by acknowledging later claims of violations of the treaty by settlers, and by recognizing the contributions of First Nations peoples in the founding, naming and development of Manitoba.

The Manitoba government will contribute \$500,000 to the monument, which will be installed in a prominent location on the Legislative Building grounds.

"Our government is delivering on our commitment to create a new monument, as indicated in the 2020 speech from the throne," Indigenous Reconciliation and Northern Relations Minister Alan Lagimodiere said. "Our funding support will go toward the construction of the monument, which will commemorate the 200th anniversary of the Peguis Selkirk Treaty and the contributions of Chief Peguis and the allied Cree chiefs who were signatories."

Lagimodiere noted this will be the first recognition on the Legislative Building grounds of the contributions of First Nations people to Manitoba.

The Committee to Commemorate the 200th Anniversary of the Peguis Selkirk Treaty is an allvolunteer committee founded in 2016, with representation from more than 20 Indigenous and non-Indigenous governments and organizations. It is responsible for soliciting design proposals and raising funds to cover costs associated with the design, construction and installation of the monument. It is also responsible for capital contributions to an endowment fund that will be used for future maintenance of the monument.

For more information on the RFQ, visit https:// peguisselkirk200.ca.

# **Class will be back in session in the fall**

## Safe return to school plan lifts restrictions

### By Lorne Stelmach

The province is largely lifting restrictions to allow students to return to in-class learning this fall.

The Manitoba government last week released its safe return plan for Kindergarten to Grade 12 students to classrooms Sept. 7.

While easing a majority of the restrictions, especially mask use, earned some criticism, provincial officials stressed students and staff will be expected to continue to follow the 'CO-

VID-safe' basics and that masks will continue to be recommended.

It was also stressed public health officials will continue to closely monitor conditions on an ongoing basis, and individual divisions will have the choice to maintain stricter measures if they so wish.

"We do want to ensure that a safe and healthy environment is in place for all students and staff this fall," said education minister Cliff Cullen.

"After 18 months of facing the global impacts of

the COVID-19 pandemic together, Manitoba is on the road to reopening, including schools with near normal operations," said Cullen."Children returning to full-time in-person learning is another example of a transition to a post-pandemic Manitoba and a closer return to normal life.

"Our government believes that students learn best in the classroom, and we know how eager students are to return," he continued. "Public health officials will continue to monitor key data and local conditions and schools will be prepared to implement possible additional public health measures."

Manitoba's chief provincial public health officer Dr. Brent Roussin also stressed there will be contingency plans in place.

"We are going to continue to see COVID-19 infections in the community; we're going to see them in the schools; we're going to see a return of other respiratory illnesses," Roussin acknowledged. "The strong determination of Manitobans has helped limit the spread of the virus. This has resulted in a reduction in overall case numbers, community transmission

and test positivity rates. The strain on our health care system continues to decline as vaccination rates continue to increase. "Exposures in

schools are less likely to occur when community transmission is lower ... so as a result schools will be able to return to close to normal activities in September with some health and safety

measures in place," he said. "These public health orders may change over time again depending on what we see with transmission and risk of severe outcomes ... we can always revisit these restrictions ... nothing is off the table."

Cullen also noted that the 2021-22 school year will focus on addressing the mental health and well-being of students and the education work-force, ensuring supports for students with special needs as well as address-

ing the learning impacts from the pandemic.

As part of the province's plan to ensure the health and wellness of students, a renewed focus on immunizations for school-aged youth will also launch this fall.

Currently, about two-thirds of those aged 12 to 17 have received at least one dose of the COVID-19 vaccine and about 52 per cent have received both doses. Immunization teams will attend all schools with students aged 12 to 17 to provide first and second doses beginning in areas with lower vaccine uptake to help reduce barriers to immunization.

Planning is also underway for a school-based campaign for children aged five to 11 once the COV-ID-19 vaccines are approved for use. School-based clinics will be one of many options available to students and their parents to get a COVID-19 vaccination. Vaccine appointments, community based pop-ups, medical clinics and pharmacies will continue to be options into the school year.

Public health and education officials are also putting plans in place to ensure young people can catch up on important immunizations that may have been delayed due to the pandemic such as HPV, hepatitis B, meningococcal disease and tetanus, diphtheria and pertussis.

Public health officials are also recommending changes to cohort sizes for child care facilities. Cohort sizes will increase from 30 to 48 children plus staff.

In addition, physical distancing within a cohort is no longer required, however it is strongly recommended the same staff work exclusively with the same cohort. Sharing staff across cohorts should be avoided to the greatest extent possible.

Schools will use student assessments to further understand and address the

impacts of COVID-19 on learning and plans to hold stakeholder engagements to develop supports to improve the mental health and well-being of students and staff.

This will build on \$2.5 million in student mental health investments made last year over and above the allocations to school divisions. Another \$58 million is dedicated to supporting safe schools including a \$5 million fund provided to school divisions over the summer and at the start of the year to assess and address learning impacts because of the pandemic.

Funds dedicated to helping and protecting students include:

• \$40 million for additional staffing, learning and technology, and health and safety;

• \$6 million for masks and personal protective equipment;

• \$5 million for the Kindergarten to Grade 8 remote learning support centre for students who are immunocompromised.

• \$2 million in contingency funding. There were questions and concerns raised about the government plan including the Opposition NDP Leader Wab Kinew, who suggested removing the mask mandate was incomprehensible with a possible fourth wave of the virus to come.

"Even while they admit that a fourth wave is inevitable, the PCs are sending 200,000 children back to school without basic safety measures like mandatory masks. We didn't expect much, but this is worse than we could have imagined," said Manitoba Liberal Party leader Dougald Lamont.

"There is no plan for immunocompromised or disabled children who cannot attend school and whose parents have to work. There should be mandatory masks, frequent testing, and the government still needs to upgrade HVAC systems, many of which been obsolete for 30 years."

Royal Canadian Legion Branch 42

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"We have had some community members come out and join us as well and it was younger families and that was just a great experience for them as well to get their kids to take pride in the community," said Amy Walker, SCRC's community facilitator.

Though Walker notes that Selkirk in general is a pretty clean community the increase in cleanups was able to happen thanks to a new grant that the SCRC was able to obtain.

"We're finding a lot more cans than anything more drink cans and stuff like that more than anything else," said Koral. They hope that having more of these events it makes participants more attuned to garbage in their community and more likely to pick it up when they see it even if they aren't at a specific event.

"Since we've been able to explore more it kind of opens us up to the different areas in the community that might need a little bit of love," said Amy.

To find out where the next clean up will be and participate check out the SCRC's Facebook page at https://www.facebook.com/pg/ selkrikcrc/posts/ or their website at http://selkirkcrc.ca/selkirk-community-cleanup.html.

GOVERNMENTtoBELIEVES THATtinSTUDENTS LEARNscBEST IN THElikCLASSROOM, ANDniWE KNOW HOWisEAGER STUDENTSbeARE TO RETURN."ac

**"OUR** 

# Manitoba Road Trip Ideas



Perfectly Parkland

This summer, Travel Manitoba is featuring an amazing collection of road trips to help you explore every corner of Manitoba. See iconic prairie giants and make your way into the wilds of the Parkland region on this outdoor adventure.

**TRAVEL SAFE IN MANITOBA** 

Keep yourself and others safe as you explore Manitoba. Remember to:

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- € Wear a mask
- € **Practice physical distancing**
- € Stay home when you're sick
- Follow all local travel restrictions

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## **MAIN STREET STROLLS AND HORSEBACK RIDES**

There's more to the town of **Russell** than Arthur. the eight-foot bull statue (although he does make for a fun photo). Walk beneath the arches that line the streets and head to a local coffee house to mingle with locals. You can also get to know the history of the town through a self-guided walking tour. Stops include the Smellie Block, the Red House and the Old Anglican Rectory.

Take a detour from Russell and surround yourself with rolling hills at 9 Finger Ranch, located on the south end of Riding Mountain National Park in **Rossburn**. At this working cattle ranch, you can saddle up and take a ride off the beaten path on horseback for a chance to view wildlife and explore the area. Stay at the hostel here or rent a cabin, or head back to Russell to spend the night at a hotel.



## **EXPLORE** THE PRAIRIES

Drive 20 minutes north of Russell to find the **Inglis Grain Elevators National Historic Site**. These five prairie giants are the last remaining row of standard country grain elevators still standing. Choose from a guided or self-guided tour to explore the site and its exhibits and enjoy the prairie views while enjoying a picnic lunch.

On your way out of Inglis, travel along Highway 83 to find the old Asessippi Village. Follow the

self-guided trail to find interpretative signage and remnants of an abandoned town. Best known for its ski and snowboarding hill in the winter months, by summer the Asessippi Ski Area & Resort caters to mountain bikers. There are five trails to choose from, ranging from beginner to advanced. If you're looking to spend more time in Asessippi Provincial Park, there are a number of camping options along with swimming, canoe rentals, tubing and more.

**Provincial Park** 





SCAN THE QR CODE to open this road trip map on vour phone.

#### **HIKING AND** 3 **CAMPING IN THE** DUCKS

For nature lovers, Duck Mountain Provincial Park is paradise on earth. Set your home base at one of Duck Mountain's campgrounds or rent a lakefront cabin and then spend the day hiking, fishing, swimming and enjoying the great outdoors.

Like much of the Parkland region, lakes are plentiful in the Ducks. One of the park's most impressive is East Blue Lake, a deep spring-fed lake with an unexpected turquoise water. There are many hiking trails

to choose from in this park. To name a few, the Copernicus Hill Hiking Trail features a viewing tower, while the Shining Stone Self-Guiding Trail follows along West Blue Lake.

At 831 metres above sea level, Baldy Mountain is Manitoba's highest peak. On clear days from the viewing tower of this peak, you'll be treated to a spectacular view of aspen and spruce forests that stretch as far as Riding Mountain National Park.



## **SWAN RIVER** VALLEY SIGHTS

Heading north from the park, enjoy the stunning views on the way to Swan River. Venturing into the past is a good place to start at the **Swan Valley Historical Museum and Heritage** Village. Behind the museum's grounds is the **Rex Leach Museum Trail** that is as peaceful as it is green with varieties of ferns that decorate either side. Golfers must play a round at the Swan River Golf and Country Club - not only for the fun of it, but also to tick off an important bucket list item: golfing at Manitoba's

northernmost 18-hole course. Located in the Swan Valley, Magnet Hill is a natural

phenomenon that you need to experience to believe. Head out on Provincial Road 487 and look for the signs and a dip in the road. Once there – place vour car at the bottom of the dip and

Get more details on this and other road trips at travelmanitoba.com/road-trips.

put it in neutral and it will seem like your car is being dragged back uphill!

Want to keep the fun going just a little longer? There are endless lakes, forests and parks to explore for the true outdoorsperson. The fishing here is a big draw, with fly fishing being particularly impressive. Catch species like rainbow trout, brook trout, bass, perch and pike. If you're an avid angler, Swan Valley is a great area to spend a few additional days on this road trip. Ask any of the residents where the best fishing in the area is and Whitefish Lake is one of the first names dropped.

For overnight stavs, Swan River and the surrounding area has a number of accommodations, including the options at Duck Mountain Provincial Park along with hotels in Swan River.



Manitoba encompasses Treaty 1, 2, 3, 4 and 5 Territory and communities who are signatories to Treaties 6 and 10. It is the original lands of the Anishinaabeg, Anish-Ininiwak, Dakota, Dene, Ininiwak and Nehethowuk and the homeland of the Métis. Acknowledging these original caretakers is a reminder of our unique heritage, our important relationships and our obligations to and shared responsibilities with Indigenous peoples.

## Remembring Candace in a different way this year

## Candace Memories Show and Shine becomes beautiful morning drive this year

## By Katelyn Boulanger

Residents will probably remember the pre-pandemic Candace Memories Show and Shine as an event not to miss in our community, however, this year with it being difficult to plan for a future with changing health regulations the group decided to play it safe with a car cruise from Winnipeg to Selkirk which allowed everyone to stay safe while participating.

"We've decided [and] a few other car shows decided to do cruises as well, to be able to enjoy our cars and so get out there and do something," said Shannon Morgoch, Candace's sister, who runs the show and shine every year with her family.

The Show and Shine isn't just a good time but raises money for the Compassionate Friends Organization.

"[It] is to support other bereaved families out there that need the support and the counselling and that's why we raise the funds is to reach out and help other families through the Interlake and Manitoba," said Morgoch.

The cruise this year started at the edge of Winnipeg and saw the cars travel through Lockport and East Selkirk on a route that ended at the new Candace Memories Show and Shine Mural on Manitoba Ave. in Selkirk.

Though it was smaller than the typical car show, cars were lined up around the block to get into the parking lot beside the new mural and many people took the time to get out and socialize at the event now that restrictions allow social gatherings outside again.

It was however difficult for the group to fundraise this year as they couldn't have typical events like their auction or do sponsorships though there was a sponsorship jar at the event that raised almost \$500 between the 60 or so cars that were at the event which was more than Morgoch expected.

"It may not be anywhere near as big as our car show but it's still out there and we're still trying to pass on the word," she said.

Morgoch said that next year's event is completely dependant on what happens with the COVID-19 pandemic, however, they hope to be able to have their car show as usual.

"We'll do our best within our within the restrictions and, you know, we can still have fun, we get to go live life to the fullest," she said.





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Cars lining up at the end of the car cruise.





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St. Andrews Lock and Dam Lockmaster talks locks

## What a lockmaster is and why it's such a unique job

#### By Katelyn Boulanger

The St. Andrews Lock and Dam is a very unique structure being the possibly the only camere style dam of its kind in the world. With it being such a iconic destination in our community we wanted to talk to the people who keep it running day in and day out and find out what it's like to work in such an awe-inspiring structure.

Lockmaster Greg Solkalski answered some questions about himself in an email to the Record.

How long have you been in your position as lock-master?

I have been in my current position as a lockmaster at the St. Andrews Lock and Dam since 2005.

Did you have a history in the community before becoming the lockmaster?

Yes, I had worked on dredges based out of the Selkirk Shipyard from 1984 to 1999 until they unfortunately shut down. Though I have always dreamed of living in Lockport, and now I do!

What made you interested in becoming a lockmaster in the first place?

Throughout my career with the government, I have always worked in the marine field. I really enjoy meeting people when they pass through the locks. Another perk to my job, is the fact that I can see the dam from my very house.

What does a lockmaster at the St. Andrews Lock and Dam actually do?

As lockmaster, we help to navigate boats wishing to go either North or South, through the locks. There is approximately a twenty foot difference in water levels between the North and South side of the dam depending on wind speed and direction, so we then raise or lower the water inside the lock gates accordingly to accommodate whichever direction the boater is heading.

What are some surprising things that people might not realize would be part of a lockmaster's job?

These days, plenty of boaters will call ahead in order to give notice that they would like to pass through the locks. However you must remain very alert, as you never know, when a boat, kayak, or canoe, will show up wanting to go through. Something else people may not realize is that during the



RECORD PHOTO BY BRETT MITCHELL

The St. Andrews Lock and Dam opening up.

winter months, the lockmaster actually build the curtains that are on the dam. We cut the Douglas fir planks (evergreen tree) on saws into slabs – now powered by electricity – that were used back in the early 1900s. We do everything from the cutting, to the assembly of each individual curtain that is in service on the dam. Due to the fact that Douglas firs are so durable, we only have to replace a small fraction of the curtains every year.

What's your favourite part of your job and why? Personally, my favourite part of being a lockmaster is being able to meet people on a daily basis, and also to work outdoors in such a great community.

As someone with the inside scoop, when people head out to Lockport for a visit, what are some things that they should make sure to check out or take a second look at the St. Andrews Lock and Dam?

The Dam is very unique – built in 1910, it is the only one of its kind that is still in operation. Only

27 kilometres from Winnipeg, the St. Andrews Lock and Dam is the only lock found on the Canadian Prairies. The Dam uses 89 movable curtains that are either raised, or lowered to control the flow of the water in order to allow for safe passage of the Lister Rapids, and ease of navigation on the river. There is a fish ladder on the East side of the Dam which allows fish to continue upstream, and there's also a conservation area for the pelicans in the vicinity of the fish ladder.

What would you say to encourage people to come out to Lockport and check out the SALD?

I would encourage anyone who has an opportunity to come pass through the locks to do so, for a few reasons! It's free of charge, it's not something you do every day, and kids of all ages really seem to enjoy it. The fishing in Lockport is world-renowned, as are some of the places in the area to eat. It's a really great community.



DAYTIME SHOW 12:00 PM

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## Tour 150 art exhibit makes a stop in Selkirk

## Province's travelling art exhibit inspires in our community

### By Katelyn Boulanger

Last week Nakatamaakewin, a custom retrofitted tour vehicle, passed through Selkirk with Tour 150 an exhibit of Inuit art that is travelling all across the province this summer.

"A lot of [people in Manitoba] communities aren't able to get down to Winnipeg into the actual [Winnipeg] Art Gallery so being able to bring artwork to them is super, and especially any artwork to celebrate Manitoba 150. It's great to acknowledge the huge Indigenous community in Manitoba and definitely during COVID when it's difficult, and there isn't a lot of art that people are able to see, it's been really great to be able to bring this out," said Delaney O'Hara, Event Assistant for Manitoba 150.

This exhibit was created through a partnership between the Winnipeg Art Gallery and The Manitoba 150 Host committee.

"We are here with a big one-ton truck and inside of it, it's got hardwood floors, it's got display cases, and they're filled with sculptures. There's some felt pieces, some prints in there. There are even some pieces that are made with seal skin," said O'Hara.

The vehicle is accessible by wheelchair, hand sanitizer is provided for residents before entering, and residents are asked to sign in to participate.

All 37 pieces of art in the travelling exhibit are Inuit art made of various materials including soapstone, print, and textiles.

"The cool thing is it's this little snapshot of what's at the Qaumajuq,[the new Inuit exhibition at the WAG] so we get to see all different styles in there," said Albyn Carias, Outreach Project Lead.

The event was held outside of the Cambrian Credit Union in Selkirk who also supported the event in our community.

The next Tour 150 stop in our region will take place in Aug. 17 in Arborg at Noventis Credit Union between 9:30 a.m. and 4 p.m.



RECORD PHOTOS BY KATELYN BOULANGER

Albyn Carias showing off some of the amazing Inuit art pieces that are part of the Tour 150 travelling exhibit. Below: Some sculptures that are part of the 37 piece display.

O'Hara encourages residents to check out future Nakatamaakewin stops.

"It's not very time consuming, and it's super easy and you get to see art that you wouldn't otherwise be," she said.



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## Honouring the lives of those taken too soon

Selkirk resident is organizing the city's first Purple Ribbon Campaign

### By Ligia Braidotti

Selkirk Park's green trees will be dotted with purple this month.

Throughout August, families and friends will be dedicating extra time to honouring the lives of those who lost the battle against addictions.

Miranda Schmidt, owner of The Mighty Kiwi Juice Bar and Eatery in Selkirk, is a volunteer with Overdose Awareness Manitoba and is holding the city's first Purple Ribbon Campaign this year.

Last year, Schmidt's brother, Travis, was taken away too soon when he died of a drug overdose. Since then, she has been involved with OAM and is working to raise awareness of overdose and advocating for more access to recovery treatments.

OAM is a Facebook group for Manitobans who have lost someone to drug overdose or substance-related harm. During the Purple Ribbon campaign, OAM volunteers across Manitoba raise awareness and improve education concerning overdose deaths. Aside from reducing the stigma of drug use, the project is intended to create change to minimize the damage caused by drug use.

"There's a stigma around addictions, and I think a lot of people don't realize how many people it actually affects," Schmidt said."Also, the people that are affected are real people who have families, have friends; they are real people."

There will be purple ribbons and photos of loved ones displayed alongside Selkirk Park trails throughout August. These photos represent 51 Manitobans who died from drug-related deaths. The death toll from overdose in Manitoba reached 372 in 2020. This is 87 per cent higher than 2019. In the last five years, 1,162 Manitobans have died from overdoses.

"My brother had struggled for years before passing, and it's definitely difficult for loved ones as well. Part of the campaign is getting support for families that need it. I found that we didn't really have the support that we were looking for while my brother was struggling," Schmidt told The Record. "I think even since his passing, there's been a lot of things that have changed in the province, which is very good. We are just striving to continue to get people the help that they need." In May 2019, OAM gave the provincial government a petition for medically-assisted detox, long-term treatment, and ongoing supports. In a letter to the chief medical examiner, they requested support and asked the government to provide a safe supply immediately. Likewise, MLA Bernadette Smith introduced a pri-



**RECORD PHOTO SUBMITTED** Purple ribbons and photos of 51 Manitobans who died of drugrelated causes will be displayed at Selkirk Park trails until Aug. 31.

vate members bill that calls for better government transparency about drug overdoses.

The campaign will also raise awareness about naloxone, an opioid reversing drug used in overdose situations.

Also, The Mighty Kiwi will be selling Purple Smoothies during the campaign, which runs until Aug. 31. They will donate \$2 from each smoothie sale to the Bruce Oak Recovery Centre.

"We did this last year and donated the money to Addictions Foundation of Manitoba, and we had a lot of people from the community support it and shared their own story of addiction or of a loved one who had an addiction, so it was nice to be able to connect with other people, and I feel



**RECORD PHOTO SUBMITTED** Miranda Schmidt, owner of The Mighty Kiwi Juice Bar and Eatery, is running Selkirk's first Purple Ribbon Campaign. She is pictured above alongside a photo of her brother, Travis, who died of a drug overdose in 2020.

that wouldn't been possible without this campaign," she continued. "It seems to be a great healing for a lot of people."

Free take-home naloxone kits are available at participating distribution sites for people at risk of opioid overdose. Find sites at https://streetconnections.ca//content.php?navigation\_ id=2294 Also, several community pharmacies sell naloxone kits and offer overdose recognition and response training. See a list of participating pharmacies at https://cphm.ca/

For more information about OAM, go to https://www.facebook.com/ overdoseawarenessmanitoba/



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# **Incredible Creatures: Hover Flies – Masterful Mimics**

### By John Gavloski

Flies often get a lot of bad press. But there are many groups of flies that are beneficial. Some are good pollinators, others are valuable predators, and there are some that are beneficial as both. One such group of flies is the hover flies. One challenge though might be even identifying them as as fly. In this month's Incredible Creatures we will explore hover flies, masterful mimics that are bountifully beneficial.

### **Masterful mimics**

At first glance, the hover flies in the photo may look like a wasp, but they are not. There are 593 species of hover flies (sometimes also known as flower flies)) in Canada, and over 6,000 species worldwide. Adults of many species resemble bees or wasps. This mimicry may ward off predators. But hover flies can't sting. Flies do not have stingers, and only have a single functional pair of wings (the hind wings are reduced to balancing organs). A wasp or bee's antennae are more noticeable than hover flies, and wasps have narrower waists than hover flies. Hover flies are also much better at hovering than bees and wasps. Adults of most species of hover flies are about 10 – 20 mm, but some are bigger and can be up to 35 mm. In dry years like this, hover flies may land on us to gather a drink of sweat. If you can identify it as a hover fly, don't worry, you are just supplying them with insect Gatorade.

## Pollinators that provide an air-show

Adults often feed on nectar and/or pollen. Look for them around flowers. They can hover in place, like a hummingbird, and move around in all directions. They can be valuable pollinators, and are often considered the second-most important group of pollinators after bees.

If you have aphids starting to develop on a plant, that may also attract hover flies. As aphids feed, they excrete honeydew which creates an aroma that helps hover fly adults find an aphid colony to lay eggs near. The more aphids and honeydew on a plant, the more likely it will be discovered by hover flies.

## Legless, Blind Predators

Larvae of most species of hover flies are slug-like, leglesss, and taper towards the head. Colour is commonly brown, greenish, pink, or whitish. Body contents visible through the outer covering of the body can cause larval colour to vary according to the color of what they eat. Mature larvae of most species are 5-20 mm long.

Larvae of most species are predators. Many species are important predators of aphids, and some may also feed on thrips, scale insects or small caterpillars. Larvae of some species are capable of destroying hundreds of aphids during their development. With no true eyes, hover fly larvae discover their victims by swinging their head to and fro, searching for prey with sensory structures located on the front end of its fleshy head. When it bumps into an aphid, it quickly snares its victim and sucks the fluids from its body, and tosses the exoskeleton.

There are also some species of hover flies (in the genus Microdon) where the larvae live in ant or termite nests. Others live in shallow water that has decaying organic material; these have a long anal breathing tube, and are called "rat-tailed maggots".







**RECORD PHOTOS SUBMITTED** Pictured above from top: Hover flies, wasp, and hover flies larvae.

Whether you see an adult hover fly manoeuvring like a helicopter, coming for a sip of sweat, or the larvae sucking the juice from an aphid, hover flies can be fun to watch. They also provide a bounty of benefits as pollinators and predators.

## Local artisan turns hobby into business

#### By Ligia Braidotti

The good things that came out of the pandemic are now beginning to emerge, and one of them will be on display at the Selkirk Port D.O.G Days Market.

On Aug. 18, Karen Thiessen will be showcasing her work with Parrot Clay Co. She started her new business during COVID-19, using the excuse that she needed a hobby. She began painting but switched to making earrings out of polymer clay.

"I realized at one point I'm not such a great painter, but I still wanted some sort of artistic outlet," she said.

"I just happened upon polymer clay and all of its artistic capabilities. It is like playing with 3-D colour. The capabilities of this are amazing, the patterns, the techniques, there's such a wealth of ideas out there. And I love jewellery."

Thiesen is committed to supporting local businesses and charities, especially those aimed at halting human trafficking. Her favorite store was 10,000 Villages, which sold fair trade items crafted by artisans in developing countries.

"I bought so many earrings there

and when they shut down I didn't have a go-to place to get earrings anymore," she said.

"So I thought, well I can make my own."

Thiessen explained she learned as she went, saying she took, "every single book from the public library on polymer clay and just started creating."

She began making things for herself, but soon friends and family began asking for something, so she made a website (parrotclay.co) and started a company.

Since January, she has been selling online and donating a portion of her proceeds to charity. The Joy Smith Foundation for antihuman trafficking received her donation in February.

"Every month I put aside some proceeds from whatever I sell from the website or markets and I donate it to a charity. In June I donated to the Residential School Survivors Society and then this past month in July, I also did it again to the Joy Smith Foundation." She goes the extra mile to make sure her art is accessible to everyone. Her

earrings are made with titanium posts and hooks because they are hypoal-



All location check-ins can be done outdoors. Please continue to follow all health & safety guidelines as set by the Manitoba Government.



**RECORD PHOTO SUBMITTED** 

Karen Thiessen started making polymer clay earrings during the pandemic and will be selling them at the Selkirk Port D.O.G. Days Market on Aug. 18.

lergenic, and she gives attention to detail to ensure they look good and last.

"I want to design pretty and beautiful, wearable pieces of art for anyone to wear but I want to make sure they're good quality as well," she said. "I don't want it to be fast fashion."

To prevent the titanium from falling off, the posts are embedded into the clay rather than glued in place. All of her pieces are also buffed and sanded to ensure a smooth finish.

She is concentrating on earrings for now, and plans to add necklaces and bracelets to her line in the future.

#### Selkirk Port D.O.G. Days Market Entertainment

The Selkirk Port D.O.G. Days Market wouldn't be as fun without the local music featured. Singer/songwriter Orvis from Cross Lake, Manitoba will entertain guests on Aug. 18. He is very familiar with the settings since he's played at the waterfront over the years during past concerts and festivals.

With songs ranging from Hank Williams-via-ProTools-country to pop/ rock's "edge," Orvis still retains a distinct essence, with those distinct heart and soul vibes that only he can provide.

The city's clothing and merchandise with a cause will be for sale, and there might be limited-edition water tower t-shirts for sale, if they arrive in time.

"We're waiting on our limited-edition water tower t-shirts that feature the newly painted tower design. It's so exciting!" said Ellie Longbottom, the city's Culture Coordinator.

The t-shirts come in white or blue in the adult size and in red for youth ages 4-10.

The shirts are \$5 off right now and are available for pre-sale on the city's online shop.myselkirk.ca

For market information contact CitizenSupport at 204-785-4900 or citizensupport@cityofselkirk.com



## Art Hive creates creativity without boundaries

#### **By Jules Stevenson**

Every Thursday in August, the Village of Dunnottar will be hosting seasonal Art Hives, which are a free creative event, inside and around the Ponemah Beach Central Arts Center. They will run from 10 a.m. to noon at 27 Central Ave.

"It's about non-directive, no barrier access to art. That's what we're trying to do today. Remove all barriers of to having access to an art program that's totally self-directed. It's being able to express your own creativity," says Althea Howard, coordinator of the event and the Socio-Cultural Coordinator of the Village of Dunnottar.

Howard says the Art Hive is a model that comes out of Montreal, and the turnout has been great so far. One of the main principles of Art Hives is that every person is an artist, and the Art Hive program provides each artist with free supplies to use to create their own art.

"It's not a class where we tell you what to do and there's an expected outcome. It's really just about exploring your own creativity and seeing where you go with your own design to make art," says Howard.

Howard approached the Ponemah Beach Central Arts Center about host-

ing the Art Hive and was met with support. The mission statement the Ponemah Beach Central Arts Center is" a unique resource for a community that can be used to support some of our social, cultural, health, and recreational needs."

The Village Brew Co., a local brewery, gave out free coffee and tea during the event. Age Friendly Dunnottar, another local community group, provided free snacks for those attending.

"It's been a really nice community bonding experience. The fact that people are here and having fun, I'm so excited about it," says Howard.

Howard says that coming out of the pandemic, community events like this are more important than ever to help with the isolation that has affected both the community and its members. She says free events like this offer an easy entry back into the community.

Howard says part of the joy is they get to sit at tables with people they don't know, make friends, and bond over the activity of making art.

"I do tons of arts and crafts and today is really fun. There are lots of art supplies too," said Taylor Minnis, 9, who made a wooden garden with the art supplies.



**RECORD PHOTO SUBMITTED** 

Taylor Minnis shows off her wooden garden

## > SKALESKY SAYS, FROM PG. 7

"We're hoping this will spark interest in getting customers to visit each of these locations," Sheri Skalesky, executive director at Selkirk BIZ, commented.

The BIZ is also launching a virtual marketplace in conjunction with the Manitoba Chambers of Commerce. The website will highlight regional businesses and provide them a place to promote their products, promotions, and even job openings.

"This is going to be a one-stopshop for our local businesses to promote themselves and a onestop place for customers looking for things in the area," she continued. "It's going to act a lot like Amazon in a way where it's going to provide

an e-commerce opportunity. This is a big help for small businesses that may not have a website and may not provide online sales. We are very excited to be providing this."

Skalesky mentioned that they are seeking government funding to offer the website for free. However, if there needs to be a one-time fee, they will keep it as affordable as possible so that every business can access it.

Although the BIZ has always supported local businesses, Skalesky said that the pandemic also impacted their ability to provide services.

"We have not been able to do the things that we would normally do. So we're coming up with ideas within our means to provide for our membership and the community. We are very pleased by these two offerings."

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Total time: 50 minutes Servings: 4

- cup butter, cubed 1/2
- 1/3 cup flour
- 2 teaspoons paprika
- teaspoon garlic powder 1
- 1 teaspoon salt
- teaspoon black pepper 1

chicken wingettes, thawed 10 dipping sauces (optional) fresh parsley (optional)

salsa

Recipe courtesy of chef George Duran Servings: 6-8

- Nonstick cooking spray
- 1 tablespoon vegetable oil

1 pound ground beef

- 1 package taco seasoning mix
- 8 ounces cream cheese, at room tem-

perature 1/2 cup sour cream

1 cup Fresh Cravings Chunky Salsa, plus additional for topping

1 cup grated mozzarella

1/2 cup blended Mexican cheese sliced jalapeno (optional)



Prep time: 25 minutes Cook time: 20 minutes Yield: 24 brownies **Chocolate Brownies:** 1/2 cup (1/4 pound) butter 2 ounces unsweetened chocolate, chopped 1 cup Domino Golden Sugar 1/2 teaspoon vanilla extract 2 eggs 1/2 cup all-purpose flour

Peanut Butter Marble: 1/4 cup natural (no added sugar) pea-

nut butter

4 tablespoons butter, softened

# **Chicken Wings**

#### Preheat oven to 425 F.

Line baking sheet with foil. Arrange butter cubes on foil.

In medium bowl, combine flour, paprika, garlic powder, salt and pepper.

Coat both sides of wings in flour mixture then evenly space among butter cubes on baking sheet.

Bake wings 30 minutes.

Turn wings over and bake 15 minutes, or until crispy and fully cooked.

Serve with dipping sauces and sprinkle with fresh parsley, if desired.

## **Mexican Pizza Dip**

sliced black olives (optional) green onions (optional) tortilla chips

Preheat oven to 350 F.

Spray 8-by-8-inch glass pan or large souffle dish with nonstick cooking spray; set aside.

In large saute pan, heat oil over medium-high heat and add ground beef, breaking up with flat wooden spatula, until fully cooked. Sprinkle taco seasoning throughout beef and combine.

Place warm beef mixture in large bowl and add cream cheese, sour cream, 1 cup salsa and mozzarella. Mix well until combined and pour into prepared pan. Top with blended cheese and sliced jalapeno, black olives and green onions, if desired.

Bake until fully warmed and cheese is melted, 30-35 minutes.

Top with small spoonfuls of salsa. Serve with tortilla chips.

## **Marbled Peanut Butter Chocolate Brownies**

1/2 cup Domino Golden Sugar

1 egg 1/4 teaspoon vanilla extract

- 1/4 cup all-purpose flour
- 1/4 teaspoon baking powder

powdered sugar, for topping (optional) Heat oven to 350 F.

To make chocolate brownies: In medium saucepot over low heat, melt butter and chocolate. Remove pot from heat; stir in sugar and vanilla until blended.

In small mixing bowl, whisk eggs until frothy then stir into chocolate mixture.

Sift flour into batter and stir just until smooth. Pour batter into prepared pan, smoothing to edges.

To make peanut butter marble: In mixing bowl, cream peanut butter, butter and sugar. Add egg and vanilla; beat just



## **Christine Ibbotson**

Dear Money Lady,

I don't know how to get my children to save! It seems like they are always spending, and I am worried that they won't be prepared when they get older. I have always saved and made them do without – is that why they are spending so much?

Dear Jen – I don't think so!

Jen

I wouldn't want you to worry too much about your adult children. Unfortunately, life now is quite expensive, but if you have taught them the value of saving for the future they will eventually catch on. We all know it is important to save for retirement, but do we really do it? Can we do it?

I recently read a Canadian survey that stated Canadian taxpayers have accumulated about \$625 billion in "unused" RRSP contribution room – money that obviously has not been saved for retirement. I was actually shocked to further read in this study that 6 out of 10 non-retirees expected to live a lifestyle in retirement that is "less" or "much less" comfortable than their current lifestyle. Is this because we do not want to plan; or could it be, we just don't have the means to save more money to have a plan?

It can be hard to imagine events in the near future, let alone 30 years from now, and many people find it difficult to sacrifice things today for that uncertain future. Typically, there are three variables that strongly influence the ability to save for those people between the ages of 35 and 45 – age, children and income. While many in this age group recognize the value of planning, it is not their priority and when the annual household incomes come in under \$80,000, this group is not like-

until blended. In separate bowl, sift or whisk flour and baking powder then stir into batter just until combined.

Carefully spread peanut butter marble over chocolate batter. Use knife to swirl batters together, first horizontally then diagonally.

Bake 20 minutes, or until toothpick inserted in center comes out almost clean. Cool completely on wire rack before cutting. Top with powdered sugar, if desired, before serving.



ly to be able to save. Most people nowadays, (under age 48) are still consumed by other priorities, including debt reduction and managing current expenses. So, what will happen to these Canadians that are still struggling? Well, what has always happened in the past for every generation before us.

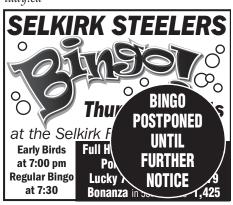
Many will look to how their parents have fared over the years and model their views toward budgeting and saving based on their parent's behavior. This is a natural occurrence. Saving and planning habits are usually always influenced by their parents, either by a desire to avoid making the same mistakes or by wanting to create the same saving habits. While many people think that the school system should do a better job in teaching our children about personal finances it is nonetheless still seen to be a parental responsibility.

Whether your children are young or now adults with their own children, we as parents play a role in teaching our kids the basics of money management skills and should encourage them to develop good budgeting and saving habits. Parents must remember that their own financial behaviors have an immense influence on their children. Being a good role model allows our children to develop healthy financial routines. In the end, however, our children will need to take charge of their own retirement on their own terms. We as parents should remind them that the decisions that they make before retirement will affect their lifestyles for a period that could potentially last longer than their entire working careers. Remind them that it is never too late to start planning and saving. They will listen to you.

Good Luck & Best Wishes,

ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca



## A wave of cyclists rode to the beach for a healthier Lake Winnipeg

### By Sydney Lockhart

The Lake Winnipeg Foundation raised record donations last Saturday with their Bike to the Beach charity event.

"Bike to the Beach is a charity bike ride from Winnipeg to Victoria beach, and it's relatively new in 2020. So last year was our founders ride, the first time we've done something like this," said Marlo Campbell, communications director of Lake Winnipeg Foundation (LWF).

The Lake Winnipeg Foundation is an environmental nongovernmental organization that claims to be devoted to reducing phosphorus loads to Lake Winnipeg and helping restore and protect the health of Lake Winnipeg.

"These are experienced cyclists, taking on a relatively large physical challenge," said Campbell. "In advance of the event, they have been raising money and all that money comes to the foundation. We're going to be using that to support government advocacy on the ground activities."

Fifty-three participants started the ride early in the morning from Henderson Highway despite thick smoke hanging in the air from wildfires.

"We're thrilled by really what has been an amazing outpouring of support, the 2020 ride was to date, the Lake Winnipeg Foundation's most successful fundraiser and we surpassed that this year," she said.

This year the donations were more than double last year's total of \$57,000; by the end of the event over \$118,000 had been raised, with the donation site still up and running until Aug. 13.

"It's amazing. It's humbling. It's inspiring. And ultimately, it's going to be impactful. We are so grateful we are humbled, and I really think that this speaks to how important Lake Winnipeg is. People care about this lake," said Campbell.

The participants all wore the same jerseys designed with bright pinks and oranges inspired by the sunsets on Lake Winnipeg and were met by supporters at the finish line cheering them on.



**RECORD PHOTOS SUBMITTED** 

Fifty-three participants biked from Henderson Highway to Victoria Beach raising awareness and funds for the Lake Winnipeg Foundation.

Campbell said the cheering squad of people created great community spirit in the air.

"This is not an amateur ride. These are folks who are used to long distances and they're part of the cycling community, which is sort of a new community for us in terms of some of past outreach and fundraising events that we've done," she said.

Campbell added that the Foundation works to advance and encourage governments to make

decisions to actualize evidence-based policies around the lake's health.

"We also want to hold them accountable to past commitments and to the actions that we know lake lovers want to see happen," she said.

While lake lovers gathered to support the LWF to try and save the lake, Campbell said the event was about pushing through challenges, working as a team and accomplishing something as they work together.

"We're absolutely over the moon, and it's not over yet," she said, "The fundraising dollars, enthusiasm, it is potential to really turn this kind of financial investment into impact."

For more information or to donate to the Lake Winnipeg Foundation Bike to the Beach fundraiser visit https://lakewinnipegfoundation.org/biketothebeach2021.

What's Your story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337





## Dunnottar wells running low; concern about subdivision stressing aquifer

### By Patricia Barrett

Some drinking water wells in Dunnottar are running low as the severe drought across the Interlake continues.

Ed Strauman, a seasonal resident and president of the Dunnottar Ratepayers Association, said his own well and the public well close to Lake Winnipeg are struggling to deliver water.

"My well is below where it normally is," said Strauman by phone last week. "When my pump comes on, it blows lots of air first before it kicks in and brings water up. That tells me the aquifer is down at least two feet."

Ĥe was thinking of putting another pipe down his main well to get water, he said, but it eventually came up. He had the same problem about 15 years ago during a drought.

A severe multi-year drought occurred across the prairies from about 1999 to the mid-2000s.

Strauman said other Dunnottar residents are having well problems, too.

"We had a drilling company out here a few days ago working on someone's well," said Strauman. "And the public well at the end of Whytewold Road is usually gushing water. It's not gushing now – it's little more than a tap. That tells me that well is running low too."

The Village of Dunnottar is made up of three communities: Ponemah, Whytewold and Matlock. It used to be part of the Municipality of St. Andrews until 1947. Dunnottar has about 763 residents, according to the village website. The population swells in the summer with cottagers and tourists.

A new 45-lot subdivision that's to be built in St. Andrews close to Dunnottar's southern border (near Matlock) will only further stress the aquifer, said Strauman. It will have 43 residential/cottage dwellings, all of which will require drinking water wells dug.

The new subdivision is to be built by Steinbach-based Castlerock Realty. The Red River Planning District (RRPD) board recommended that it go ahead and it was approved last month by St. Andrews council during a public hearing. Dunnottar's mayor is a member of the RRPD board. Over 40 letters of objection were submitted by residents, citing degradation of the environment and stress on the aquifer.

"It worries me that St. Andrews approved these 43 new dwellings on Gimli Road," said Strauman. "If we're having problems right now with our aquifer and they're going to dig another 43 wells, that could devastate the aquifer."

In addition to the aquifer, Strauman said he's concerned about the generation of additional sewage and whose wastewater facility will be handling it. His holding tank waste is taken to Dunnottar's wastewater lagoon. The RM of St. Andrews has its own lagoon in Petersfield, a considerable haul down the highway from the new subdivision.

"There will be 43 residences and they'll all have holding tanks. That sewage has to be pumped out and taken somewhere," he said." I don't know why [the Express] didn't get an answer from either St. Andrews council or Dunnottar council [see July 29 edition] as to where all that waste will be going. The closest place would be the Dunnottar landfill where our lagoon is. There was no comment from our [Dunnottar] mayor Rick Gamble and the CAO in the office. As far as I'm concerned, they should have some sort of statement on this. They should be accountable to us ratepayers."

The Express reached out again to Dunnottar's mayor and CAOs at the municipal office, as well as to all of council.

CAO Janice Thevenot said by email there was no agreement signed with the RM of St. Andrews to use Dunnottar's wastewater lagoon as the disposal site for the new subdivision. She also said the subdivision won't be using Dunnottar's wastewater lagoon.

However, Dunnottar's lagoon does have the capacity to handle waste from 43 additional dwellings, she said.

When asked if council has any concerns about the new subdivision tapping into the aquifer for drinking water, Thevenot said the provincial department of Conservation and Climate is responsible for addressing that.

"The health of the aquifers is un-





**RECORD FILE PHOTO BY PATRICIA BARRETT** Lake Winnipeg was low around one of Dunnottar's pier in August 2019. The lake, rivers and the aquifer have dropped across the Interlake as the severe drought continues.

der the purview of the Groundwater Section of Conservation and Climate, they should have been copied on the

proposal and if there are any concerns, it would be the department's responsibility to comment," she said.

## **City of Selkirk is deescalating COVID-19 response strategy**

### Staff

On Aug. 7, the City of Selkirk started deescalating our COVID-19 Business Continuity Plan and Response Strategy to Level II.

As part of their commitment to ensure the health and safety for community members and their staff, masks will remain mandatory in all city-run facilities, offices, public restrooms and on Selkirk Transit and Mobility.

Capacity limits will be removed from Transit and Mobility, however they are asking that residents respectfully keep a safe distance from other riders when possible.

On Aug. 9, the Civic Office opened to the public during and will be welcoming people from 10 a.m. to 4 p.m., Monday to Friday. The City is reminding residents that all city services can be conducted online or over the phone and they are encouraging people to use those services or reach out if they require assistance.

The Selkirk Park Pool & Splashpad will remain at a capacity of 300 patrons.

At this time bookings for city facilities remain limited and capacity limits will be determined based on the requirements of each booking.

The City said they are continuously monitoring the situation and will advise if there are any changes.

For further information and to see their business continuity plan at https://www.myselkirk.ca/covid19

To reach a CitizenSupport representative please call 204-785-4900 or email citizensupport@cityofselkirk.com



## **Collings wins Hodson Financial Men's Senior Championship**

Staff

For the third time in his career, the Hodson Financial Men's Senior Champion is Matlock's Garth Collings of the Breezy Bend Country Club.

Collings shot even par 72 last Friday to finish play at 217 at the Steinbach Fly-In Golf Club.

That was three strokes better than Mike Walker of the St. Boniface Golf Club, who also fired a 72 in his final round to go with a pair of 74s.

Collings, who earlier fired rounds of 71 and 74, was pleased with his play during the final round.

"I played pretty good," said Collings on Golf Manitoba's website. "I was a couple under at one point and then I made a couple of bad swings and gave two back. Mike was starting to charge and I didn't realize how close that he was. Mike gave me a gift on 17 and I managed to par the 18th hole."

Collings' amateur golfing career is a very impressive one.

"Last year was a horrible year. I didn't play well at all but I played very well this year, or better this year. I've had a lot of success at Steinbach. I don't mind playing here," he grinned.

Rene Abgrall, a Golf Manitoba Public Players club member, won the Forward Tee Division at (85-85-84) 254 while Bruce North of the Carman Golf Club is the Super Senior Champion



coming in at (76-75-72) 223.

Meanwhile, for the sixth consecutive season, Southwood Golf & Country Club's Rhonda Orr is the Hodson Financial Women's Senior Champion following a two-stroke victory over clubmate Fran Povoledo at the Steinbach Fly-In Golf Club.

Orr shot a 77 in her final round to finish the three-day event at 238 while Povoledo carded an 80 and a 240 total. Nancy Porth of the Niakwa Country Club won the Forward Tee Division at (85-87-87) 259 while Michelle Gisiger of the host club was the Super Senior Champion finishing at (82-81-84) 247.



**RECORD PHOTOS BY COLF MANITOBA** Garth Collings finished the 54-hole Hodson Financial Men's Senior Golf Championship at 217 for a three-stroke victory over Mike Walker.

## **U18 Pirates' win streak reaches four**

#### Staff

The North Winnipeg Pirates U18 "AAA" baseball team continues to be a streaky club this season.

North Winnipeg won its fourth game in a row - after three straight losses with an 11-7 victory over the Interlake Orioles at Koskie Field on Aug. 3.

On Aug. 2, the Pirates had a great home sweep of the Brandon Marlins. North Winnipeg won by scores of 6-1 and 11-4.

North Winnipeg's next action is Thursday (7 p.m.) when it battles the Bonivital Black Sox at Whittier Park. The Pirates will then host Pembina Hills in a doubleheader on Sunday. First pitch for Game 1 is 1 p.m.

Meanwhile, the U15 St. James A's swept a doubleheader against Pembina Hills last Sunday, winning by scores of 13-10 and 12-11.

St. James was defeated 8-5 by the

Bonivital Black Sox last Wednesday.

The A's visit the Carillon Sultans on Wednesday (6 p.m.) before hosting Bonivital Friday (6 p.m.).

On Sunday, St. James will play a doubleheader against Oildome in Boissevain. Games are scheduled to begin at 1 p.m. and 4 p.m.

In 13U "AAA" action, North Winnipeg saw its eight-game winning streak snapped with a tough 3-2 loss to the Winnipeg South Wolves last Thursday at the Sunova Centre.

On Aug. 3, the Pirates edged the Red River Valley Pioneers 11-10.

North Winnipeg played the Interlake Orioles this past Tuesday but no score was available. The Pirates will host the Carillon Sultans on Thursday at 6 p.m. and then play Pembina Hills on Sunday in a doubleheader in Portage la Prairie. Game times are 1 p.m. and 4 p.m.



RECORD PHOTO BY LANA MEIER

The North Winnipeg Pirates' Koen Nickel runs hard to first base against the Winnipeg South Wolves in 13U 'AAA' action last Friday in West St. Paul. Winnipeg South won the game 3-2.



## Porteous working on Sandy Hook Golf Club's 100th-year anniversary project

#### By Brian Bowman

The Sandy Hook Golf Club's 100thyear anniversary is getting closer and closer every day.

The popular course will celebrate its Centennial anniversary on July 1, 2022.

To commemorate that occasion, Ken Porteous continues to work on a history project which includes a photo book and calendar.

"The project is coming along quite well," said Porteous last Friday afternoon. "At this stage, the (pictorial history) is about 40 pages. I'm not going to overdue the text but there's a lot of photographs and I have some great stories and great write ups from some of the past champions. It's coming along but it has been, perhaps, a lot more work than I originally thought it would be."

The 2022 calendar will strictly be the Sandy Hook golf course and Porteous is hoping to turn it into a fundraiser for a local charity. Within the squares on the calendar, people who have recorded holes-in-ones on the course will have their name printed with the year and hole of their ace.

"I'm hoping that people with their names in the calendar will at least buy one for themselves," Porteous said. "It would make a great Christmas gift and people may buy two, three, four, or five of them. I would say the calendar is about 80 per cent done."

The Sandy Hook Golf Club was purchased by Moe Doyle shortly after World War II (in the fall of 1946). The course started with nine holes but was transformed into an 18-hole challenge by his son Jimmy in the late 1970s and opened for play in 1985. The new clubhouse construction was completed in 1994.

Interestingly in 1950, Moe Doyle



Moe Doyle, left, who purchased the Sandy Hook Golf Club back in 1946, and his son Jim.

held a golf tournament with a car as the first prize, an English-built Ford Anglia.

The course is currently owned by Jim's sons Byron and Pat and daughter Maureen.

Photographs, newspaper clippings, trophies, certificates, etc., would be most welcome, said Porteous. Photographs and mementos prior to 1970 would be most desirable.

All materials will be returned and given credit, he said.

"My research still has gaps. As an example I would love to know when the old clubhouse was built. Is it also 100 years old or was it a later feature?" Porteous asked. "And I'm still searching for hole-in-one records. I only have one pre-1985 when the new 18-hole layout was opened to membership and the public from the old nine-hole layout. It would be great if area golfers checked with their grandparents and aunts and uncles for anything related to the golf club pre-



RECORD PHOTOS SUBMITTED

The Sandy Hook Golf Course will celebrate its Centennial anniversary on July 1, 2022.

1970 - old score cards, trophies, photographs, clippings, etc."

Porteous has already come across some very interesting stories and expects to find even more as he continues to do his research.

"There are some really interesting things that have happened on the golf course that I think people will really get a kick out of reading," Porteous said.

The course has a long history of producing great golfers, including the likes of Jimmy Doyle and the late Dan Halldorson, a former PGA Tour member.

As well, the national men's and Olympics head coach Derek Ingram and Matt Johnston, a Canadian Tour player, started their golfing careers at Sandy Hook.

"This little rural course over the years has produced some great golfers," Porteous said."But it's a fun little course for people. I don't just want to concentrate on the great talent. It's the

ladies' league, it's the seniors' league, it's the men's league, it's the match play league. (The course) is very affordable, it's a great little track, there's lots of shot value and people are having fun and that's the main thing."

Anyone with a great story to tell, a photograph to share, or interest in purchasing a book or calendar, can reach Ken Porteous via email at kcporteous@me.com or by phone at 204-898-2654.

"It would be great to have people say, 'Yeah, I'm in, Ken.," Porteous said. "I'll support the project and I would like a copy of the book, I'd like three copies of the calendar.'"

The book and calendar are 8x11, full colour. Porteous is hoping to hold the price of the calendar at \$20 and the book between \$40-\$50.

"Small print runs, unfortunately, are costly," he said. "The more I can print, the price/unit drops. This is not a money making venture for me. This is a passion."

## Sholdice top Manitoban at Canadian Men's Amateur Championship

#### Staff

Max Sekulic of Rycroft, Alta., shot a final round five-under 66 to win the 116th Canadian Men's Amateur Championship at Ambassador Golf Club in Windsor, Ont., at 17 under par.

Sekulic, who went birdie-birdie on the final two holes to secure the win, finished two strokes ahead of A.J. Ewart of Coquitlam, B.C., who was at the top of the leaderboard throughout the opening two rounds. National team members Henry Lee (Coquitlam, B.C.) and Brendan MacDougall (Calgary) finished tied for third at 14 under.

Ryan Sholdice of the Breezy Bend Country Club made five birdies, shooting a two-under par 69 on his final round to finish as the top Manitoban at 293.

Sholdice earlier carded rounds of 75, 70, and 79 to finish in a three-way tie for 58th overall.

Jack Moro, a Golf Manitoba member from the Whitewater Golf Club in Thunder Bay carded a 76 and a 298 total while Marco Trstenjak of the Elmhurst Golf & Country Club finished at 299 following a 71 over his final 18 holes.

With the win, Sekulic receives an exemption into both the 2022 RBC Canadian Open from June 6-12 at St George's Golf & Country Club in Toronto and the 2021 U.S. Amateur from Aug. 9-15 at Oakmont Country Club & Longue Vue Club in Oakmont & Verona, Pa.

Third-round leader Noah Steele of Kingston, Ont., finished tied for fifth alongside 2018-19 Canadian Junior Boys' Champion Christopher Vandette of Beaconsfield, Que.

Top-ranked men's amateur and NHL referee Garrett Rank of Elmira, Ont., finished alone in 13th at 9 under.

The 2022 Canadian Men's Amateur Championship will be held at the Point Grey Golf and Country Club in Vancouver.



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The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the supply of one (1) only sanding/plow truck.

Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked Tender 2021-09 - Supply of Sanding/ Plow Truck will be received by the undersigned at the address below until 12:00 noon on the 26th of August, 2021. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen. Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-334-0092.

Mr. Brent Olynyk, CAO Rural Municipality of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3

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Experience working with confidential information in keeping with FIPPA and PHIA Ability to work both independently and within a team setting
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## Announcements

ANNOUNCEMENT IN MEMORIAM



Jeremy Wright August 12, 1976 - August 13, 2009 12 years have passed, In our hearts you remain. We love you now and forever. -Eric and Karen, Becca and AmyBum, Vic and Moo, Adrian, and Moojoo



ANNOUNCEMENT

Lorne Monkman January 18, 1948 - August 10, 2020 It's been a year already. Love and miss you every day. -Love Michelle, Kirk, Kirby and families

## Book Your Classified Ad or Announcement Today -Call 204-785-1618 or Email lucy@selkirkrecord.ca

SelkinkRegord

OBITUARY Shirley Anne Rolland (nee Bruce)

18 September 1955 - 01 August 2021

It is with heavy hearts and immense sadness that we announce the passing of Shirley Rolland. She passed peacefully, surrounded by her loving family.

Shirley is survived by her mother Mary Bruce and loving husband David Charles; her children Krisjtan (Jenna), Kerri, Karla (Christopher) and six grandchildren Angela, Zachary, Hannah, Ainslee, Nicholi and Aurelio.

Shirley was born and raised in Selkirk, Manitoba. At a young age she spent time with her Oma on the dairy farm in Petersfield, Manitoba. Shirley was very studious and excelled academically. She even competed in the competition Reach for the Top.

Shirley went on to graduate as a medical radiology technologist. She had the pleasure of working at many locations throughout

Manitoba but worked the majority of her career at the Selkirk District and General Hospital. Shirley married her high school sweetheart and settled down in Clandeboye, Manitoba. She took time off work to raise her three children who were her greatest joy. She was very much involved in their various activities and could often be heard cheering for her children from the sidelines.

The family would like to thank CancerCare Manitoba and the Palliative Care team.

Outdoor funeral service was held on Friday, August 6 at 1:00 p.m. in the St. Anne's Roman Catholic Churchyard Cemetery, Petersfield, MB.

OBITUARY

In lieu of flowers, donations can be made to Hearthstone community group in Selkirk. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





OBITUARY Jordan Nicholas Griffin

August 11, 2003 – August 5, 2021 With heavy hearts the family of Jordan Griffin announce his tragic passing on August 5, 2021.

He will be forever loved and remembered by his parents Jennifer and Andrew; brothers Branson (Christine) and Justin; grandparents Audrey and Larry Woycheshen, and Elizabeth and Ken Griffin; uncles Jan (Denise), Jody (Cara), and Mike (Shauna); cousins Brooklynn, Loghan, Lyla and Drea, Lucas and Jacob; as well as many relatives and friends.

A private Memorial Service will be held on Wednesday, August 11, 2021 at 11:00 a.m. and can be viewed via a link on his obituary at www.gilbartfuneralhome.com.

In lieu of flowers, donations can be made to a charity of your choice.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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R Peace from the months Dad w Frederic

Ronald (Robbie) Clement Robinson, SGT, CD (Ret) January 29, 1929 – August 5, 2021

Peacefully and with the love of his family, Dad left this world, free from the shattering effects of the cancer that made the last few months of his life almost unbearable.

Dad was born to Thomas and Hazel (nee O'Leary) Robinson in Fredericton, New Brunswick. He was the youngest of four; sisters Constance and Pauline and brother Thomas, all predeceased.

Being a proud Canadian he enlisted with the Canadian Armed Forces in February of 1950 and served faithfully until his retirement in June of 1978.

Dad met the love of his life Stella Gaudet on a blind date and decided she was the one, they were married on February 19, 1955. Their family of two soon expanded to include Patti, Sue, Tom, and Paul. Many happy memories were made during times spent at the

family cottage at Yoho Lake in Fredericton. A posting to CFB Shilo in 1970 brought our family out west. Mom and Dad moved back to Fredericton in 1978 after his first retirement where he decided he still had work to do so he went back to the federal government as a Civil Servant for another seven years before retiring for good.

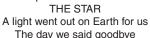
During his time with the armed forces, he served peacekeeping missions with NATO in Egypt, the Congo and Cyprus, plus training postings to Norway, Alert, and Rankin Inlet.

After retirement he and Mom spent time travelling to various locations in Canada and the US visiting with various family members and living the good life. They moved permanently to Selkirk in 1996 in a home where Dad had his garden to putter in and his "man shed" to play in. Family dinners and card games became routine and Dad always loved to win! He was a great storyteller and loved to regale us with accountings from his youth in Fredericton and his military days.

His passing leaves a big hole in our lives and an empty chair at the card table, he will be forever missed by his loving wife Stella; daughters Patricia (Randy Papuschuk), Sue (Andy Rodewald); sons Thomas (Diane), Paul; five grandchildren and four great-grandchildren.

Cremation has taken place and friends are invited to the memorial service on August 18th at 2:00 p.m. in the St. Clements Church, St. Andrews, Archdeacon Godfrey Mawejje officiating. Inurnment will take place following the service, in the columbarium at Notre Dame Cemetery.

The family wishes to extend heartfelt thanks to all the wonderful doctors, nurses and aides at Selkirk Regional Health Centre, who were a part of Dad's final journey. Your kindness and compassion will never be forgotten. And thank you to Mawejje for your visitations with Dad, we know your visits helped ease his mind greatly and helped him find peace.



The day we said goodbye And on that day a star was born The brightest in the sky Reaching through the darkness With is rays of purest white Lighting up the Heavens As it once lit up our lives With beams of love to heal The broken hearts you left behind Where always in our memories Your lovely star will shine -Anon

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements





### OBITUARY James (Jim) Philippe Beliveau

It is with great sadness we announce the peaceful passing of Jim on July 29, 2021 at the Health Sciences Center, at the age of 46, with his mom, sister Tracy and auntie Patty at his bedside.

He was predeceased by his grandparents Raymond and Ethel Freeman and Antoine and Monique Beliveau, auntie Cheryl, auntie Coral and auntie Louise. Jim will be lovingly remembered by his parents Ethel Rae and Phil, sister Tracy Paszko and nephew Brennan, auntie Holly, who was his taxi driver, many more aunites, uncles and cousins.

Cremation has taken place and no formal service will be held. Condolences may be left on his tribute wall at www. gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.





## Simon Ateah

OBITUARY

#### 1928 - 2021

On Tuesday, July 27, 2021, Simon Ateah, passed away peacefully in his 93rd year, at Red River Place Care Home in Selkirk, MB.

Simon was predeceased by his partner Maxine Whitwell; parents Albert and Isabel; sisters Isabel and Ester; brothers Aman, Peter, Willard, Philip and Joe. He is survived by his brother Tom as well as many nieces, nephews, cousins and close friends.

Simon was born January 8, 1928 and lived his life in Balsam Bay, MB. He held many jobs including work as a wood cutter, bartender and lastly he worked for Grand Beach Provincial Park as a greens keeper. Simon was fortunate to have many supportive friends and he enjoyed hosting them for various sporting events including the Super Bowl. He loved listening to country music and was an avid horseshoe player attending many tournaments in the area. Simon

was a lover of nature and appreciated the sounds of wildlife during his numerous walks around his small country home tucked away in the woods. His unique sense of humour and sometimes colorful language was usually met with good nature and understanding of Simon's strong will but soft demeanor and warm heart.

His last years were spent at Red River Place where he had a comfortable room overlooking the river. He always enjoyed visiting the outdoor garden in the courtyard. The family would like to extend heartfelt appreciation and gratitude to the numerous staff members for the warm and passionate care he received at the care home.

Cremation has taken place and a graveside service for family and friends will be held at the Balsam Bay Cemetery on Saturday, August 14, 2021 at 11:00 a.m. with Rev. Judy Whitmore officiating.

Family and friends are invited to leave a personal message of condolence at www.gilbartfuneralhome.

OBITUARY

Gilbart Funeral Home, Selkirk in care of arrangements.



#### Wenzel Preun

With heavy hearts we announce the sudden passing of Wenzel Preun on August 4, 2021.

Wenzel will be forever remembered by Kim, his loving wife of 33 years; sons Brett (Taryn and grandson Wesley), Michael (Jennifer and grandson Lucas), Caleb, and Steven (Emily); parents Wenzel and Marlen Preun; siblings Heidi (Horst), Hugo, John (Donnalyn), Fred (Joylene), Bernadette, Hubert (Sherri), Eileen (Tony), Michelle (Paul); his mother-in-law, Edith Lundgren; brothers/ sister in-laws Marian (James), Jim (Lucy), and Lynne (Don); and numerous nieces and nephews.

Wenzel was born in Selkirk on November 29, 1960 and lived in this community most his life. Shortly after graduating high school, he attended Lethbridge Community College, studying Renewable Resource Management. Later he travelled to New Zealand through

the International Agricultural Exchange Program (IAEA). He then trained as a butcher and worked in this industry for a number of years, before transitioning to his most recent employment at Ecole Selkirk Junior High.

Through the IAEA program Wenzel met his wife, Kim. They were married in 1988 and raised four boys in Selkirk. He was always actively involved in his boys' interests as they grew up. Many hours were spent at band concerts, on soccer sidelines, and on gymnasium bleachers proudly supporting them.

He was passionate about working with youth and knew it was his calling. This was evident in the 11 years and countless hours he spent volunteering as organizer for the Selkirk soccer program, his employment at Ecole Selkirk Junior High, and coaching various sports teams along the way.

Wenzel was a man of great faith which was apparent in all aspects of his life. From Bible studies, volunteering with youth groups, and recently obtaining his pastoral license, he lived his life in service of God.

We will miss his kind and gentle spirit as well as his sense of humour. His family was very important to him, and his grandchildren brought him great joy. He will be dearly missed and forever in our hearts. We take great comfort in knowing that he is in perfect peace with Jesus. Until we meet again.

Friends and family are asked to check Wenzel's obituary on Gilbart Funeral Home website for date and time of a graveside service to be held at the St. Clements Cemetery. Please bring a lawn chair. Condolences can be left on his tribute wall at www.gilbartfuneralhome.com.

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OBITUARY



#### Victoria Jean Dorothea Phyllis Loutit

Peacefully on July 5, 2021 with family by her side Phyllis Loutit (nee Truthwaite) passed away and is reunited with her beloved husband Stanley.

Reaching the age of 100 she experienced a lot through her lifetime. Growing up in Hodgson, MB until age five when her family packed up their belongings on their horse and wagon and started their trek to Gonor, MB. At the age of eight, she went to live with her Aunty in Cloverdale, MB. She and her cousins Buck and Irene spent their time milking cows, tending chickens and taking care of the horses. She attended school in Cloverdale and came to be known as Phyllis in grade four when another girl named Victoria moved to the area and went to school with her. At age 15 while attending a dance she met Stanley Loutit. They married two years later on November 20, 1937 and settled in Lockport, MB to raise

their family of 12 (six girls and six boys).

Phyllis worked alongside her husband Stan as he worked on the river minnow hunting to supply the bait shop they ran together. Besides being an Avon rep for many years, she had many other hobbies. During the winter she would work on a jigsaw puzzle by herself or with anyone that popped in for a visit. While visiting, many a chuckle was had over a cup of tea and cake by her quick wit and sometimes unexpected sarcasm. She enjoyed knitting and crocheting and sometimes a family member was lucky enough to be gifted a pair of socks or mittens. Her all time favorite was curling and she was a member of the Selkirk Curling Club for over 25 years. She especially enjoyed being part of the Golden Gals and having a few laughs with her curling buddies. Although she loved curling, she was happiest during the summer when working on her flower beds and rose bushes, or just sitting on her deck on hot sunny days. While outside, she would walk across the road to the fence that overlooked the Red River to have one of her many chats with her cousin Buck (Clarence) Truthwaite who she missed dearly since his passing in 2014.

Phyllis was predeceased by her husband Stan on July 1, 1977, her daughter Marion Noonen, and sons Gordon and Robert Loutit. Left to mourn her passing are her nine remaining children (in-laws), grandchildren, great-grandchildren, great-great-grandchildren and one great-great-grandchild, as well as numerous nieces, nephews, cousins and friends.

No tea or luncheon will be held after the service, instead if you would remember her by going for a drive and enjoying two of her favorites, onion rings and a strawberry milkshake.

A graveside service will be held at St. Matthews Church in Cloverdale, MB on August 21st at 11:00 a.m. Please bring your own lawn chair if you require a seat.

OBITUARY

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



### Steven Michael Hourie

It is with loving hearts we say goodbye to Steven who passed away with his children, mother and sister by his side on the afternoon of August 4th, 2021, at the Health Science Center in Winnipeg. He was 46 years of age.

Steven was born September 14th, 1974, in Selkirk where he grew up and went to school, graduating from the Lord Selkirk Comprehensive. Steven was a kind soul and will be missed by everyone who knew him. He loved Pearl Jam, baseball, The Simpsons, his favorite fighter Muhammad Ali and anyone who knew Steven, knew he loved his cats. Steven loved spending his days fishing, playing baseball, rooting for the Blue Jays and sharing his loving light with family and friends.

Steven will be deeply missed by his very best friend and confidant Angela Peterson. They both have beautiful souls and

were amazing companions.

Steven's spirit lives on through his family, his mother Linda Sinclair; his children Alicia and Kobe Kohinski, their mother Rita; his sister Stacey Hourie; his nieces and nephews Darren, Karrissa, Brandy, Tyson, Aaron, Zakhari, Julia; his great-nieces and nephews Jaxyn, Leo, Charlotte, Avagail, Dreighton, Loveena.

Steven had a special bond with niece Julia. 'Uncle' carried her picture around in his wallet, wrote to her, kept every little thing she gave him and constantly was asking how she was doing and when was she going to visit.

Steven will be missed by his Auntie Dianne, numerous cousins and especially his extra special cousin Kelly Kachkowsky or 'Kelly Mo' as he always called her.

Steven's spirit will be greeted by numerous friends, relatives, aunties, uncles, grandmother and grandfather. His Uncle Bill will most certainly be waiting with a big, 'Ahhh, just the right one!'

Steven had many trials and tribulations over the years. He battled his addictions, overcame obstacles and was sober for nine months. His dear friend Angela whom he would credit for helping him at his darkest time was always by his side. His family was proud of his sobriety and Steven was on the right track, but his body had taken another path. Steven told his children he would visit them as a ball of energy floating around.

The family would like to thank all of Steven's friends for all their love and support. Extra thanks to staff at HSC, nurse Maria and all the doctors for their care. Thanks to all those who donate blood, your contributions are appreciated.

Funeral services were held on August 10th, 2021, at 11:00 a.m. at Gilbart's Funeral Home with the interment following at The Old Stone Church.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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