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THURSDAY, AUGUST 18, 2022

VOLUME 13 EDITION 33

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Lower Fort Garry Harvest Fest next weekend

Learn more about the region's history while supporting local businesses

By Katelyn Boulanger

As more events return following pandemic restrictions lifting, residents are now able to pack their schedules with many fun activities. One that you aren't going to want to miss this weekend is Harvest Fest put on by the Friends of Lower Fort Garry.

"[Harvest Fest is] a major craft and farmers market that is happening on the historic grounds of Lower Fort Garry. We held it in 2019, prior to the pandemic, and we had about 50 vendors, as well as food trucks, and demonstrators. And we think that it's a really cool event because it's not just a farmers' market and crafts market but it also blends a lot of the history of Lower Fort Garry and Manitoba as well," said Ben Gillies, vice president of the Friends of Lower Fort Garry.

Some examples of this blending are demonstrations by the Manitoba Historical Society which include kid's activities as well as some by Parks Canada staff. The Winnipeg Art Gallery's Nakatamaakewin: Bringing art to you! mobile Inuit art exhibit will be there for people who missed it last time it came to our region.

"If you bring in the family, and some people want to go and browse all the cool local vendors, that's great and then you can send the kids off to do some different activities, too. So, really something for everybody," said Gillies.

This is the second year that Harvest Fest has been able to take place thanks to the pandemic but Gillies says that they always wanted to make it an annual event.

"We're really excited to have it back this year and we have made a few changes. So, in 2019, all of the different vendors were off of the historic grounds but we thought that that was a bit of a shame. We thought, there's this beautiful historic site, why not really bring everything together, and so, this year, for the first time, many of the vendors are going to be actually inside the four walls. [Visitors'll]

Continued on page 5



RECORD FILE PHOTO
People enjoying their time at Lower Fort Garry before the COVID-19 pandemic.

"IT'S A REALLY COOL EVENT BECAUSE IT'S NOT JUST A FARMERS' MARKET AND CRAFTS MARKET BUT IT ALSO BLENDS A LOT OF THE HISTORY OF LOWER FORT GARRY"

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BIG DOLLAR

Bringing home the breakfast from the Marine Museum

Pancake breakfast moves to in-person event

By Katelyn Boulanger

Residents will have one last chance this year to indulge in the Marine Museum of Manitoba's pancake breakfast which will take place as both an in-person and drive-thru event on Aug. 27.

The idea of the Marine Museum hosting a pancake breakfast started 25 years ago at the 100th anniversary of the S.S. Keenora and the Museum's 25th anniversary.

"It's a great fundraising opportunity and a great way to get people together and come visit the museum," said Shay Nordal, the museum manager of the Marine Museum of Manitoba.

The proceeds from this fundraiser will go towards the maintenance of the museum which is a non-profit. Right now, the museum is restoring the Keenora, its flagship which celebrated its 125th anniversary this year.

This time around the event will be both in-person and have a pick-up option so that people, regardless of their preferences can enjoy the event.

"We're looking at trying to go back to a bit of a normal way [of hosting

the event] but also incorporating the drive-thru for those that find it easier to do that. So, just like our pancake breakfast in the past before COVID, we are going to have it on the Joe Simpson, where everybody can come, sit, and socialize with friends and people they haven't seen in a while, have their breakfast, tour the museum and just enjoy themselves or if they preferred the other option or accessibility was an issue, we are going to have an area where you can drive through the parking lot and purchase your tickets, and we will run the food out to the vehicle," said Nordal.

The people that choose the drive-thru breakfast option will also receive a voucher to tour the museum at a future date this year so that they don't miss out on the full experience. They will also receive the same pancakes, sausage and their choice of juice or coffee that in-person guests receive.

As with the last time the museum hosted a pancake breakfast, the construction on Eveline St. makes for a

Continued on page 5



RECORD PHOTO BY KATELYN BOULANGER

The Marine Museum of Manitoba.

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> MARINE MUSEUM, FROM PG. 4

more scenic drive to the event. This time, like last, there will be signs from Main St. directing residents to the museum via Taylor Ave. to the back gate of Selkirk Park and then to the museum through the park.

Residents should also be aware that the museum's parking lot is not part of the construction and so is available for museum guests as well as pancake breakfast guests. Nordal says that she is happy that residents have continued to support the museum throughout this season even through the ups and downs they've experienced in recent years due to pandemic restrictions.

"It's actually been a great season, compared to our last full year in 2019 before COVID. Our numbers are above that even with the construction so we're very happy that people are still finding their way to us," said Nordal.

In addition to the pancake breakfast, the museum is also hosting a 50/50/50 Draw which, like the breakfast, is raising funds to go towards the restoration of the Keenora.

The draw has been named the 50/50/50 Draw because they are hoping to get the pot to \$50,000 which would mean \$25,000 for the museum and \$25,000 for the draw winner. This lofty goal seemed apt since the museum is celebrating its 50th anniversary this year.

John Buffie, Vice-Chair of the Marine Museum board of directors explained why they have been working so hard on all of these fundraisers.

"Simply because there're several sources of revenue for the museum. One, of course, is the entrance fees that are coming people who go through the museum. Another one, are provincial and private grants that we apply for. And the third is our fundraising. The reason that we need [to raise] funds is because the museum is, as [residents] can appreciate, outdoors. It's open to all types of weather conditions. There is constant maintenance that is required to keep everything, if you don't mind the pun, ship-shape," he said.

This is the biggest fundraiser that the museum has ever taken on. In

the past, they have had \$1,000 fundraisers a few times a year as well as a \$10,000 one during the pandemic.

Buffie says that maintaining the community's maritime history is very important.

"We had the pleasure boats, we had the paddle wheels for a number of years. So, there's, a rich river, lake and boating history in Selkirk and we're striving to keep that alive and we're hoping people will help us to do that," said Buffie.

Nordal encourages residents to participate in the museum's pancake breakfast and draw.

"Come enjoy yourself and the museum because our exhibits are still changing. We've got a few more things for you to see this time around," she said.

Pancake breakfast tickets can be purchased in person at the event and are \$11 for adults and \$5 for kids.

In order to buy 50-50-50 tickets in-person, the Museum is open Monday to Friday from 9:00 a.m. to 5:00 p.m., Saturday from 10:00 a.m. to 5:30 p.m., and Sunday from 10:00 a.m. to 5:30 p.m. until Sept. 5. Tickets can also be purchased online at <https://marinemuseum.ca/2021-boat-load-ocash-50-50-draw/>.

> HARVEST FEST, FROM PG. 3

get to wander around in an even more historic setting as they check out the vendors but, just like it was in 2019, it's going to be entirely free — the grounds are free, the historic site free, visiting the vendors, and everything is all free admission. So, people can come in, check it out, spend as much time as they like, grab some food, do the activities, and then head out," said Gillies.

He says that the idea for this event came from their goal of getting more people to enjoy visiting the historical Lower Fort Garry. The Friends of Lower Fort Garry realized that not everyone is going to want to check it out every weekend so they wanted to add something special to the site to get more people who may not be local history buffs to check it out.

Gillies also said that a crafts and farmers' market seemed particularly appropriate for the site. Historically people in the Red River area would have grown gardens and turned their excess fruits and vegetables into products like pies and preserves to sell and local craftspeople would, of course, have sold

their wares as well so this allows that tradition to continue in the community.

Harvest Fest will be taking place this Saturday, Aug. 20 from 10 a.m. until 4 p.m.

Residents should also know that in addition to the event being free there is free parking on site, no registration is required for any of the events and Parks Canada will have site maps for anyone who would like one.

Gillies recommends people come to check out the event.

"It's going to be a really fun event. We've got a ton of amazing local vendors and it's something that we really worked hard on to try and bring [activities] for the whole family, whether that's the food, the demonstrations, or the vendors," he said.

For more information on the Friends of Lower Fort Garry check out their website at <https://folfg.com/> or their Instagram at <https://www.instagram.com/friendslfg/>.



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Selkirk RCMP respond to home invasion

Submitted by Manitoba RCMP

On Aug. 6, just before midnight, Selkirk RCMP received a report of a home invasion at a residence located on CIL Road in the RM of St Clements.

The 911 call taker reported hearing a voice demanding car keys before the call was dropped.

Officers, who were close by, responded and confirmed that the victim's vehicle had been stolen.

The victim, a 73-year-old female, who suffered a minor physical injury, advised that a lone suspect, armed with a knife, entered her home and demanded the keys to the vehicle and fled the scene.

Officers located an abandoned vehicle nearby and were able to track the suspect and stolen vehicle to a nearby business.

Blake Andrew Morris, 43, from Winnipeg, was arrested without incident for Break and Enter and Possession of Stolen Property.

He was taken into custody and released the following day by a Justice of the Peace for court scheduled Aug. 26, in Selkirk, where he will face charges of Assault, Break and Enter, Theft of a Motor Vehicle, Possess Weapon for Dangerous Purpose, Assault with a Weapon, Robbery with a Weapon and Mischief over \$5000.00

Selkirk RCMP continue to investigate.

Curling club improvements



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Curling Club received an \$8000 donation from Peace Hills Insurance Company. This funding will allow them to complete renovations to their lounge space. In addition, Wheatfield Insurance is donating two large screened televisions.

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- August 27th, 10 AM - **Matlock Recreation Centre**
77 Matlock Road
- August 29th, 6:30 PM - **Farmers Hall Gimli**
1611 MB-231
- September 12th, 6:30 PM - **Gaynor Family Library Selkirk**

St. Clements Open House a fun and informative time



RECORD PHOTOS BY KATELYN BOULANGER

Residents were able to get lunch, learn more about their community and connect with a plethora of local services at the St. Clements open house last week.





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COVID continues upwards climb; monkeypox surpasses 1,000 cases in Canada

By Patricia Barrett

COVID-19 infections and deaths nearly doubled in Manitoba since late July, according to the provincial government's weekly COVID-19 surveillance report.

The report for the period July 31 to Aug. 6 shows 347 new PCR-confirmed cases, up 90 cases from the 257 reported the previous week.

The province restricts PCR testing for COVID, resulting in an undercount of the true number of infections. Rapid antigen test results aren't tracked.

The report also shows 57 new hospital admissions, which include 12 people needing admission to intensive care.

Twelve more Manitobans died from COVID, bringing the death toll to 2,079. The previous week's report showed a total of 2,067 deaths.

There were seven new COVID outbreaks reported for the above period in hospitals and personal care homes, including at the Arborg and District Hospital.

Globally, there have been 6,425,422 deaths from COVID, according to World Health Organization data as of Aug. 12. Over half a billion people have been infected so far.

Other health news:

Monkeypox continues to spread in Canada with total confirmed cases of the virus reaching 1,059, according to Public Health Agency of Canada data as of Aug. 12.

Ontario has confirmed a total of 511 cases; Quebec, 426; B.C., 98; Alberta, 19; Saskatchewan, three; and Yukon, two.

"To date there have been 28 reported hospitalizations including 2 ICU admissions and no deaths due to monkeypox in Canada," said Canada's chief public health officer Theresa Tam on Aug. 12. "In line with international trends, the majority of confirmed cases in Canada with available information on exposure history reported intimate sexual contact with



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Worldwide monkeypox cases are shown based on data up to Aug. 12. The U.S. has reported the highest number of cases with 9,491 confirmed, followed by Spain with 5,162 and Germany with 2,982. Canada has reported 1,059 cases of the virus.

other men."

Women account for less than one per cent of the cases in Canada.

The New Brunswick government issued a new release the same day, confirming one case of the virus there in an individual who had not recently travelled outside the province.

There have been 31,799 confirmed

cases in 89 countries and 12 deaths, according to U.S. Centers for Disease Control and Prevention data as of Aug. 12. The United States has the highest number of cases with 9,491 confirmed, followed by Spain with 5,162 and Germany with 2,982.



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View the Selkirk Record online at
selkirkrecord.ca

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Province funding increased addictions treatment in city

Over half a million to go to expand opiate agonist treatment

By Katelyn Boulanger

The Interlake will be able to provide treatment to more people with addictions in the region after a recent announcement by the provincial government that they are committing \$538,000 to expand opiate agonist treatment (OAT) in the Interlake region with full-time services at the Rapid Access to Addictions Medicine (RAAM) clinic in Selkirk.

Mental Health and Community Wellness Minister Sarah Guillemard said, "In Manitoba, demand for RAAM services, particularly, has increased significantly since the beginning of the COVID-19 pandemic. This was especially evident at the Selkirk RAAM clinic when the caseload had reached a level that was above the RAAM clinic's capacity."

The funding announced will allow 100 more people to receive ongoing services through the Selkirk RAAM clinic specifically OAT treatment.

OAT treatment is a treatment for people who are addicted to opiate drugs. When taken as prescribed these medications prevent opiate withdrawal symptoms and help to eliminate cravings for opiates.

This service is one of many the Selkirk RAAM clinic offers including rapid access to addictions medicine, assessment counselling, prescription of addictions medication including opiate agonist treatment, referrals to withdrawal management services, community treatment programs and primary care physicians.

"This means we can offer more services closer to [patient's] home com-

munities and meet the demand we're seeing from the area. Right now, we're carrying a high caseload and by adding additional OAT services, we'll be able to help more individuals.

"This announcement means a lot to me, my colleagues who work every day with individuals in the RAAM clinic, and the individuals who participate in the program.

"Through the provincial RAAM hub, to Selkirk clinic works with five other RAAM clinics and Shared Health to improve Manitoban's access to addictions medicine closer to home. The provincial RAAM hub team is an important partnership for the RAAM clinics.

"It's important for people to get the help they need when they decide they need it. And for there not to be barriers for people receiving that care. Barriers like long waitlists, finding a provider to refer them to a specialist, or travelling long distances to access appointments.

"Being able to take more walk-ins and have less wait times for follow-up appointments will really impact the type of care the Selkirk RAAM clinic is able to offer," said Kelley Bartmanovich, clinical team manager mental health and addictions, IERHA.

Marion (Mary Anne) Ellis CEO of

IERHA also took the time to acknowledge that there are many providers throughout the region who support this clinic.

"We really appreciate that [the provincial government] have looked at the data and look at the demand for service and looked at how we're operating this clinic and added more than half a million dollars to expand it today. That means a lot to the staff. It's a special type of staff that like to work in this type of service. They are dedicated and they also appreciate this expansion," said Ellis.

For those 18 and over wanting to access the RAAM clinic in Selkirk, there is no referral needed. Services are available at the Selkirk Community Health Office at 237 Manitoba Ave. Regular hours are currently Tuesdays, 12:30 p.m. to 3:30 p.m. with registration open at noon. Residents can also call their office line, 204-785-7513, from Mon to Fri 8:30 a.m. to 4:30 p.m. To learn more visit <https://www.ierha.ca/programs-services/mental-health/raam-clinic/>.

For youth under 18 years old, contact the Youth Addiction Centralized Intake service at 1-877-710-3999 open from 8:30 a.m. – 4:30 p.m., weekdays or visit www.manitoba.ca/health/mh/addictions/youth.html.



RECORD PHOTO BY KATELYN BOULANGER

Marion (Mary Anne) Ellis CEO of IERHA at the announcement of the expansion of OAT services in the city last week.

Investing in Our Communities



Manitoba is investing \$34 million this year in culture and communities through the Arts, Culture and Sport in Community Fund.

This fund supports capital projects, special initiatives and community celebrations - allowing local arts, culture and amateur sport organizations to innovate and respond to emerging community needs, including those that are led by Indigenous, Francophone and ethnocultural communities.

Online funding applications open August 16, 2022. All eligible non-profit organizations are encouraged to apply.

To learn more please call **1-866-626-4862** or visit **Manitoba.ca/ACSC**.

Manitoba 

Nurses reunite in Selkirk after 50 years

Selkirk's psychiatric nursing program's class of '72 reflects on how far healthcare has come

By Katelyn Boulanger

After 50 years, and careers that went in different directions, members of the Selkirk's psychiatric nursing program's class of '72 met at the beginning of the month to catch up.

The class, which originally had 36 graduates, was a few members short because not everyone's careers kept them close enough for a quick trip to the region, but many members still got together to catch up.

"It started because we have a classmate that lives in Texas and she actually emailed us and said, 'You know, this is our 50th year, what do you guys think? Can we get together for lunch?' So, then there was a core group of about eight people in the area and we had a meeting and talked about different options to have a get together. It started out with a lunch get together and now it's kind of blossomed into getting trying to get a hold of all our classmates and seeing if they were interested in coming," said Jeanette Warren.

The nursing school closed in the region in 1992 and to their knowledge the class of '72 was the largest graduating class from the school.

"It was a two-year program. But it was a very full two years. All we got was two weeks off for the summer and a few days off for Christmas and it was right at the Selkirk Mental Health Center," said Valerie Taylor.

Warren said the program was quite different than it likely would be if it still existed now because even as beginner students, after only a few months at the school the group was expected to work half days on the

wards of the centre making them part of the workforce there.

Cathy Sveinson said that the program was a bit shocking at first for new nurses like herself who were often straight from high school.

The psychiatric nurses, like nurses in a school getting their registered nursing qualifications, learned all the same subjects but because it was a psychiatric nursing program there was an emphasis on psychiatry.

By the time these nurses got to working with patients, though it was still a learning experience all three said that it became more fulfilling as well.

"I think we'd matured and we were accustomed and knew what we were heading into, though not completely," said Warren.

Though there were the usual pranks that might occur such as sending a newbie to the supply closet for fallopian tubes, all in all, the three nurses said that the program was very formal with strict discipline.

"You had to have a pretty stiff upper lip because a lot of the supervisors and teachers were British. They had come from England so they expected you to stand up when they walk in the room and we couldn't call ourselves Jeanette and Val [it was all Mr. and Mrs.]," said Sveinson.

The three women also said that one of the great things about taking the program at that time was they were able to witness a transition in psychiatric care because of new treatments that were able to help people

"[In the beginning] it was so crowded and loud. And, I found that quite overwhelming because it wasn't like

general duty nursing, where people are in their own rooms. People slept in dorms with up to 20 people with no separation except for a couple of feet between small beds. And that really shocked me," said Taylor.

By the time they graduated the population of people in the mental health



RECORD PHOTO SUBMITTED

Selkirk's psychiatric nursing class of '72 upon graduation.



RECORD PHOTO SUBMITTED

Selkirk's psychiatric nursing class of '72 now.

centre was at least 10 per cent less than when they started.

"A lot of that was due to the new medications and new resources that were in the community. Albeit certainly not enough and not adequate enough. But that was a huge change in the system in those five to 10 years," said Taylor.

Since then, there have again been large shifts in the way that patients are treated and attitudes towards mental health treatment but work still continues into finding the best ways to help patients' mental health.

With all three nurses who spoke to the *Record* having continued to work in healthcare throughout their ca-

reers, they also have some advice for people looking into nursing careers.

"It would be a good idea for the kids that think they want to be a nurse to get their health care aide certificate first and work at that for a year or so to find out if this is something they really want to do," Sveinson said.

Taylor added that through nursing students will likely transition to busy careers, they should remember that a nursing degree can lead to working in many different care environments and that it's possible to switch to different types of nursing throughout your career to find your best fit.



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Smooth sailing at the Marine Museum of Manitoba



RECORD PHOTOS BY KATELYN BOULANGER
The members of the Winnipeg Model Boat Club were a splashing success at their exhibition at the Marine Museum last weekend. Members showed off remote controlled and model boats from all different historical eras. There was even a remote controlled canoe.



Family-friendly event building musical energy in St. Andrews

By Autumn Fehr

Everybody needs a little music in their life: A place where they can get away and immerse themselves in the sound of music.

This month, friends are invited to grab a lawn chair or favourite blanket and join the community on Thursday nights from 6:30 to 7:30 p.m. for free porch performances at the St. Andrews Rectory National Historic Site.

When the Porch Performances started in 2019, it became a program that created opportunities for people to visit the historical site while building community vitality.

"At the heritage centre, we are always wanting fun and unique programs for the community. We also are kind of a hidden gem, so we wanted to create a way to both serve the community and create a performing opportunity for artists but also get more people at our site," said Meredith Boerchers, Tourism Coordinator for the St. Andrews Rectory National Historic Site.

In July, the event hosted four artists, Keith and Morgan Ginther, Banned and Outlawed, Tim Osmond and Ian Krochak.

Through July, attendance has been slowly building up. Last week's attendance numbers doubled, according to Boerchers.

"It's been building up steam, building energy," she said.

The month of August hit off with

a bang, hosting Four Tuned Cookies and Brandi Vezina.

Approximately 80 people came out to see Four Tuned Cookies perform on August 4, said Boerchers.

In August, she hopes the word will continue to get out about the free events and they will continue to build energy in the community.

"It's really good for creating more community-facing free events. Community vitality comes from these types of programs that celebrate local art and music, as well as local history," said Boerchers.

It's a family-friendly event that is a good way for all age groups to come out and celebrate local history and music at a local heritage spot, she said.

This year, they have Jerry Culleton from Sutton Group-Kilkenny Real Estate as the sponsor for the event.

Free events like these are only made possible if people show up.

To continue to grow the porch performances in the upcoming years, Boerchers said they need to continue to gain more sponsorships, which happens when people attend the events.

For the free porch performance events, Boerchers said they try to get local artists who fill up a variety of music genres, so there is a little bit of everything.

Next year, the St. Andrews Heritage



RECORD PHOTO BY BELLE LOURENCO

The Four Tuned Cookies played on Aug. 4.

Centre hopes to continue to grow porch performances in the community.

"We want to continue to provide this (porch performances) with hopes of growing by having more sponsorships lined up... to improve what we already have going," said Boerchers.

"It takes a lot of support to make events like these happen," she said.

Music-goers can also purchase popcorn and drinks in the gift shop on-site to enjoy with their performances.

Celebrate local history and music by enjoying the last two free performances of the summer event from local artists Geoff Erickson on Aug. 18 and Ben Stopfel on Aug. 25.

As a hooray to the end of the summer, the St. Andrews Rectory will host one last special event on Sept. 1.

For more information on the details for this last special, goodbye to the summer event, check back at st-andrewsrectory.ca within the next few weeks.

Next phase of Perimeter Highway safety construction project announced

Submitted by Manitoba government

Construction work is continuing on Provincial Trunk Highway (PTH) 101 and PTH 100, the North and South Perimeter Highways, as part of the Manitoba government's ongoing commitment to improving road safety, Transportation and Infrastructure Minister Doyle Piwniuk announced Monday.

"Since the 2018 safety review of the South Perimeter Highway, our government has worked diligently to implement the measures required to enhance traffic safety, reduce collisions and save lives while also ensuring continued access for businesses and residents in the area," said Piwniuk. "The Perimeter Highway is one of the most important economic corridors in Manitoba. Our ongoing work is critical to ensuring traffic on this route flows safely and efficiently."

The minister noted this next phase of construction work builds on the substantial progress already made to

improve safety by upgrading service roads and mitigating high-risk access points, such as median openings and intersections where access is controlled with stop signs.

Work completed, underway and to be tendered on the North and South Perimeter Highways (PTH 100 and PTH 101) in 2022 includes:

- extending the west service road south to PTH 190;
- extending the westbound bypass lane on Provincial Road (PR) 221 to accommodate greater traffic volumes;
- closing the medians and access to PTH 101 at Road 63N once the work listed above has been completed;
- widening PTH 6 to four lanes from PTH 101 to the Prairie Dog Central railway tracks and adding passing lanes further north;
- constructing a roundabout at the intersection of PTH 6 and PR 236;
- upgrading and paving the north service road from PR 236 to Lilyfield Road and from PR 409 to east of Das-

mesh School to accommodate heavy commercial loading;

- reconstructing the north service road between King Edward and Ritchie streets to improve drainage and eliminate an existing jog in the road;
- closing an uncontrolled approach near PR 330;
- continued construction of the new interchange at St. Mary's Road;
- resurfacing sections of PTH 100 between PTH 3 and Portage Avenue;
- extending Aimes Road to St. Anne's Road;
- constructing a new right turn lane at PR 330; and
- paving near the Pembina Highway interchange.

Manitoba Transportation and Infrastructure has also begun a functional design study of the North Perimeter, similar to that completed for the South Perimeter in 2020, which will outline a staged approach for major changes to the Perimeter Highway. This will

allow for changes that are appropriate for current traffic levels and that can accommodate future upgrades as traffic volumes increase, the minister noted. The design study awarded to WSP Canada Ltd. will include public engagement activities to help identify further improvements that are both safe and meet the needs of local stakeholders.

Work on the detailed design for a new diamond interchange at the intersection of PTH 100 and PTH 3 is expected to start in early 2023.

The minister noted that motorists using the Perimeter Highway should expect delays and are advised to exercise caution and patience during construction.

Manitoba Transportation and Infrastructure will update impacts to traffic through the Manitoba 511 information system at www.manitoba511.ca/en/index.html.

Endangered butterflies released in the Interlake

Staff with files from Assiniboine Park Conservancy

The Assiniboine Park Conservancy set a new record by releasing over 200 endangered butterflies back onto the Manitoba landscape recently.

Over the course of approximately three weeks in July, the Assiniboine Park Conservancy successfully released 191 critically endangered Poweshiek skipperling butterflies back onto the landscape at the Nature Conservancy of Canada's properties located in the Manitoba Tall Grass Prairie Preserve in the RM of Stuartburn in southeastern Manitoba. In addition, for the first time, this year's butterfly conservation program included the release of 16 endangered Dakota skippers at a site in Manitoba's Interlake region, bringing the total number of butterflies released this year to 207.

"We are thrilled with the results of this year's breeding and release program and excited for what it means for the future of these endangered species," said Ashleigh Westphal, Research Conservation Specialist, Assiniboine Park Conservancy.

"When we started the release program in 2018, experts estimated there were only about 100 Poweshiek skipperling butterflies remaining in all of Canada. We released six butterflies that year. The growth of the program and results so far are very encouraging, but we have a long way to go before this species will be secure in the wild. Collaboration with partners and local landowners is integral to the success of this program and ongoing grassland conservation efforts."

Poweshiek skipperling and Dakota skippers are known as habitat specialists, relying on particular grassland ecosystems to survive and thrive. Regrettably, much of this habitat has been lost through conversion, resulting in the dramatic decline of multiple grassland species. Habitat loss is believed to be one of the contributing factors leading to the near extinction of Poweshiek skipperling. It is also suspected that the increased use of pesticides, effects of climate change, and extreme weather events are contributing to ongoing population declines. Butterflies are sensitive to changes in their environment and are often an indicator of the overall health of an ecosystem.

Grasslands are one of the most endangered terrestrial ecosystems on the planet. Conserving and maintaining the integrity of high-quality grasslands that at-risk species like Poweshiek skipperling and Dakota

skipper depend on is key for these and other prairie endemic species. The Nature Conservancy of Canada actively manages native prairie in Manitoba. Without active and regular management, these disturbance-driven prairie sites are at risk of becoming overgrown with shrubs and forest, leading to the subsequent loss of important biodiversity and essential habitat.

"In addition to land management, it is important for everyone to work together," said Melissa Grantham, Conservation Biologist with the Nature Conservancy of Canada.

"Through our collaborative recovery efforts with Canadian and US conservation agencies, experts, and partners, we work together to engage in research that informs land management decisions, raise public awareness, and work with local producers to sustainably manage key grassland sites, all of which supports the captive rearing and breeding program."

This is the fifth annual release of Poweshiek skipperling butterflies and the first for Dakota skippers in Manitoba. The number of adult butterflies released this year is more than four times larger than last year's release thanks to a successful expansion of the breeding program. The ongoing success of the breeding program, combined with results from annual site surveys, will set the stage for future years.

"We have seen encouraging results from our population surveys in locations where we have done releases. This suggests our efforts may be helping to stabilize the population at these specific sites. However, we will need to analyze the new data collected this summer to get a better picture of the trends," said Westphal. "In the future, we hope to work with partners to reintroduce Poweshiek to sites where they have been lost."

About the Poweshiek skipperling
The Poweshiek skipperling is a small grassland butterfly species whose historic range includes southern Manitoba and the Midwestern USA. Today, there are only two small, isolated locations where the butterfly can still be found: the Tall Grass Prairie Preserve in Manitoba and a second site near Flint, Michigan. Experts estimate there may be fewer than 500 Poweshiek skipperlings remaining, making it one of the most endangered species in the world.

About the Dakota skipper
The Dakota skipper is a northern

Continued on page 14



RECORD PHOTOS SUBMITTED

Assiniboine Park Conservancy Research Conservation Specialists Ashleigh Westphal, left and Amber Papineau, right, released 16 endangered Dakota skippers in the RM of Coldwell last week.



One of 16 Dakota skippers that were released in the Interlake last week.

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> BUTTERFLY RELEASE, FROM PG. 13

prairie butterfly species whose historical range included tall grass and mixed-grass prairie habitat in a vast range extending from southern Saskatchewan and Manitoba into the Dakotas, Minnesota, and Iowa, and east to the Chicago area. In Manitoba, this endangered species can still be found in small numbers in the Interlake and pockets of southwestern Manitoba.

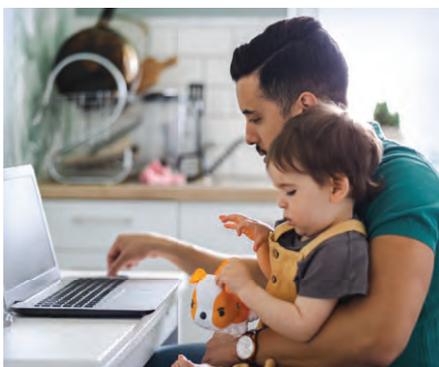
About the Grassland Butterfly Conservation Program

The Poweshiek skipperling conservation project is a collaborative effort between the Assiniboine Park Conservancy, Nature Conservancy of Canada, Minnesota Zoo, John Ball Zoo, US Fish and Wildlife Service, University of Winnipeg, and other partners in Canada and the United States. The Assiniboine Park Zoo is responsible for a head-starting program for the Manitoba population, with the aim to increase the wild population size by raising the skipperlings through their most vulnerable life stages.

This is the fifth consecutive annual release of Poweshiek skipperling in Manitoba. Last year, 47 adult butterflies were released. In 2020, 19 adult butterflies were released. In 2019, 13 butterflies were released. In 2018, the inaugural year, six butterflies were released. Last year, the program was expanded to include Dakota skippers.

Through this program, we aim to work with partners and landowners to understand why these butterflies continue to decline and to prevent them from becoming extinct in Canada.

This project was undertaken with the financial support of the Government of Canada through the federal Department of Environment and Climate Change.



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The best way to get back a lost pet is by registering them

The “COVID pet” spike making it harder to re-home animals

Submitted by the city of Selkirk

The City of Selkirk’s Animal Retention Centre has been the temporary home to 157 dogs since the start of 2018, of those 157, 25 dogs have made their stay in the centre this year alone and it’s only August.

The city has maintained a remarkably high success rate in returning dogs to their homes – mostly because those dogs are identifiable through tattoos/microchips and are licensed with the city making their owners’ contact information easily available to them. Dogs whose owners cannot be found are surrendered to shelters for re-homing.

Kristy Hill, the city’s Director of Protective Services, said that many people adopted dogs during the height of the pandemic and while they may have been home and able to care for the animals then, today what we’re see-

ing is a lot of dogs being given up due to families not having the time or just more work than they bargained for.

“We appreciate our continued partnership with animal rescues in the area, we know that they are facing an influx of animals – especially dogs - being surrendered or abandoned that were adopted during COVID-19.”

Many shelters have a current intake freeze due to the influx of animals being dropped off which has left people resorting to letting their animals loose in cities, towns and rural areas. There has also been an increase in animals being surrendered due to health factors when owners are unable or unwilling to pay for their treatment.

“Of the 25 dogs that have been with us this year, 19 were re-

Continued on page 22



PHOTO SUBMITTED

Selkirk by-law officer Jason with a fully licensed Selkirk dog.



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Corrections

In the August 11 edition of the *Selkirk Record* some photos were mislabeled as being from the Selkirk Golf and Country Club championship weekend.

The MacGarvie Company's hours were also incorrect. They operate Wednesdays until the end of August

during Port Market hours as well as Thursday through Sunday from 11 a.m. to 7 p.m.

Additionally, tours of the Kennedy House take place on Sundays as opposed to Saturdays this summer.

Tim Hortons Camp Day



RECORD PHOTO BY BRETT MITCHELL

Tim Hortons held its Tim Horton's Camp Day initiative on July 13. Between the two businesses in Selkirk \$11,311.89 was raised for the national camp day initiative which sends kids aged 12-16 to camp. Pictured: Local youth volunteer Parker Pelletier with Selkirk Tim Hortons manager Merry Chris.

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Residents invited to share concerns about environment: EIWD holding watershed meetings

By Patricia Barrett

The East Interlake Watershed District is in the process of updating its Netley-Grassmere-Willow Creek integrated watershed management plan and is inviting users of the watershed – residents, cottagers, Indigenous people, fishers, agricultural producers and others – to a series of open houses where they can share their concerns about the environment and what they value in their regions.

Watershed management plans describe actions that are needed over time to ensure a sustainable watershed and serve as a guide to activities, balancing protection with the needs of communities.

EIWD staff already held a public meeting in Stonewall and are welcoming residents to upcoming meetings in West St. Paul, Matlock, Gimli and Selkirk.

“We will be working with governments, professionals and the people of the watershed to help prioritize and develop ways to protect, restore and manage watershed natural assets,” said EIWD manager Armand Belanger. “Watershed natural assets are things and places in the watershed that are environmentally, socially and economically important. These can be biological assets (rare birds, fish, bugs, plants), land and water areas (grasslands, forests, specific rivers, lakes, wetlands) or the soil and air in the watershed.”

Watershed plans address concerns such as deforestation, loss of natural areas, urban development, pollution of surface water, contamination of drinking water and flooding. Public input helps shape goals to protect the watershed.

People that live, work or have historical and traditional rights in the watershed can help EIWD staff identify and map out natural assets by attending an open house.

“New to this plan is the focus of mapping out and selecting the priorities of natural assets in the watershed. EIWD is working with Strategic Systems Engineering on an interactive map that shows features of the watershed, and people will be able to zoom in to their natural asset to mark the location and talk about its importance in the watershed,” said Belanger. “We will also be looking for stories of why these natural assets are important to people socially, environmentally and economically. Do they spend time there with their family and friends? Do these assets support them financially? Or do they value the way these assets help make the watershed sustainable?”

If people are unable to attend one of the open houses, they can call or

email EIWD or visit its website to fill out a questionnaire, which asks about people’s Top 3 most valuable natural assets and their location on a map provided, what the threats are to those assets and suggestions as to how to enhance or protect those assets.

The updated plan will be put together by a project management team made up of representatives from EIWD, Peguis First Nation, the Manitoba government and the municipalities/towns of Gimli, Armstrong, Winnipeg Beach, Dunnottar, Rockwood,

Teulon, St. Andrews, Selkirk, West St. Paul, Stonewall and Rosser.

“The team is leading and writing the plan that the district and our partners will use for sustainable management and activities in the watersheds,” said Belanger.

The upcoming open houses are scheduled for the following dates:

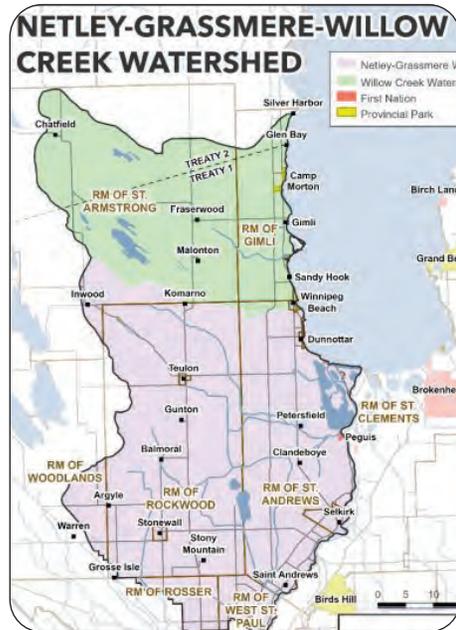
Aug. 15 at 6:30 p.m. at the Aki Centre, 1985 Grassmere Blvd in West St. Paul

Aug. 27 at 10 a.m. at the Matlock Recreation Centre, 77 Matlock Road

Aug. 29 at 6:30 p.m. at the Farmers Hall, west of Gimli on PR 231 near the Gimli Airport

Sept. 12 at 6:30 p.m. at the Gaynor Family Library in Selkirk.

For more information about the meetings, watershed management plans or other EIWD programs, call Armand Belanger at (204) 642-7578 or email him: manager@eastinterlake.ca.



RECORD PHOTO BY EIWD

The East Interlake Watershed District is updating its Netley-Grassmere-Willow Creek integrated watershed management plan.

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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



7 characteristics of modern houses

Homes contain a variety of components that appeal to homeowners with different ideas about the perfect place to call home. That starts with the style of a home.

Buildings are classified according to share components. A Craftsman style home will have a covered porch with a set of wide base columns, while a Cape Cod home is often defined by a gabled roof and dormer windows. Modern houses, which are sometimes called contemporary homes even though the terms are not interchangeable, will have their own sets of unique characteristics. Here's a look at seven features that make modern homes unique.

1. Minimalist approach: Contemporary and modern homes both employ an approach that leans toward minimalism, including clean design lines. Spaces are open and airy without the clutter of too many ornate architectural details. While modern homes may have some curvature to their design, contemporary ones are all about an angular look.

2. Neutral color palette: Modern homes tend to utilize a neutral col-

or palette. Modern homes may use "earthy" elements, such as wood and brick, in ways that do not look rustic. Contemporary homes rely on a color palette of black and white with shades of gray or other neutral colors.

3. Geometric shapes: Modern homes have strong horizontal and vertical elements that showcase geometric shapes in their designs. Contemporary homes often have flat roofs, while modern homes may not.

4. Large, unadorned windows: Most modern homes showcase a lot of natural light by utilizing large windows that are not covered up by heavy window treatments or elements like shutters and thick trims. Large windows are the focus of the interior and shift attention to the view outdoors.

5. Open floor concept: A hallmark of modern interior design, the open concept floor plan removes many of the walls that tend to separate common areas of a home. This helps to foster the spread of natural light and maintains the emphasis on simplicity of design.

6. Smart elements: Thanks to the proliferation of smart technology, smart



homes are cropping up with greater frequency. While smart devices can be included in any home style, they tend to feel like they were designed specifically for modern homes. In a similar vein, modern homes may include environmentally friendly elements, such as solar panels, upcycled materials, added insulation, and energy efficient lighting.

7. Updated kitchen spaces: The clean

lines and attention to technology and open space generally extends to modern kitchens. Modern kitchens tend to feature efficient, top-tier appliances with additional storage and space amenities that keep the room from feeling cluttered.

While some may consider modern homes austere, many others are right at home among their clean lines and airy spaces.

Wood floor installation do's and don'ts

Hardwood flooring is a sought-after commodity. Data from the National Association of Realtors indicates that 54 percent of home buyers are willing to pay more for hardwood floors. In fact, NAR figures indicate that 28 percent of buyers between the ages of 35 and 54 consider hardwood floors "very important" when looking for

a home. Homeowners who are considering selling their homes, or those who simply want to upgrade their existing flooring, may want to consider installing hardwood flooring. Though it's a project best left to professionals, hardwood flooring can be installed

Continued on page 19

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> FLOOR, FROM PG. 18

by skilled DIYers. In such instances, homeowners may want to keep these dos and don'ts in mind.

DO hire a professional if you have limited or no DIY flooring experience. Hardwood flooring installation is not generally a project for novice DIYers. Hardwood flooring projects may present some common challenges, but no two homes are the same. So unless they have prior experience installing floors in multiple rooms or homes, homeowners may save themselves time, trouble and a significant amount of money hiring a professional to do the job.

DON'T ignore the subfloor. New hardwoods won't erase the problem of subfloors in poor condition. According to the home renovation experts at BobVila.com, squeaky floors could be an indication that the subfloor has begun to warp or twist. Sinking floors are another indicator of deteriorating subfloors. Subfloors should be somewhat level before new hardwoods are installed, so DIYers should inspect and address subfloor issues before installing new flooring.

DO expose wood flooring to the elements in your home prior to installation. The home improvement resource BuildDirect recommends acclimating hardwoods to the space where they will be installed. Skipping this important step could result in gaps during the winter and cupping over the summer. To acclimate hardwoods, open the boxes and spread them out for about a week while running the air conditioner or heater at normal levels. When storing hardwoods prior to installation, avoid keeping them in potentially moist areas like a basement.

DON'T skimp on tools. A DIY hardwood flooring installation might be less expensive than hiring a professional, but homeowners should resist any temptation to increase those savings further by purchasing less costly tools or fewer tools than is necessary to complete the job. BuildDirect notes that DIYers will need at least a miter saw, table saw, cleat-nailer or stapler, finish nailer, compressor, jamb saw, chalk line, nail set, and tape measurer when installing hardwood floors. Purchase all necessary tools and read product reviews to ensure each tool is up to the task.

Wood floors can be awe-inspiring.

Some homeowners can install such flooring on their own, and the project can be much easier if they learn as much about installation as possible prior to beginning the project

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47 Theodore Road, St Andrews \$519,900 - GREAT FAMILY HOME! Located in St. Andrews on a 1.73 acre lot is this beautiful 2,000 SF, 3 bed, 3 bath home w/newer windows, roof, kitchen & bathrooms, and features neutral tones and ample natural light throughout. Spend the sunny summer days outside in your beautifully landscaped backyard!

18 Parkton, St Andrews \$529,900 - BACKYARD PARADISE WITH SALT WATER POOL! Situated on a 1.37 acre park-like lot is this 1204 SF, 3 bed, 3 bath bungalow featuring oak hardwoods & neutral tones thru-out. Your backyard oasis awaits you with a 20x40 inground salt water pool & gazebo!

480 McPhillips Road, St Andrews \$889,900 - FAMILY HOME WITH IN-LAW SUITE & POOL! This stunning 5 bed, 5 bath, 3239 SF bungalow is situated on a sprawling 3.5 acre lot surrounded by trees located in the desirable St. Andrews. PLUS an inground pool, greenhouse, & extensive organic gardens!

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MANSO supporting Interlake groups, individuals helping settle Ukrainians

By Patricia Barrett

The Manitoba Association of Newcomer Serving Organizations (MAN-SO) reached out to Interlakers assisting Ukrainian settlers to help them connect with the resources and services they need.

MANSO held a meeting a few weeks ago in Gimli to help different individuals and grassroots groups that are

assisting Ukrainian newcomers who fled Russia's invasion of their country and chose to settle in the Interlake.

"We brought people together to build connections between organizations that can help with settlement and the people or groups who need that information or can get that information to the newcomers," said MANSO's Ukraine response coordinator Emily Halldorson. "There are a lot of different organizations

that support newcomers. They offer services such as English language training, helping people find jobs, helping kids transition into school, interpretation services and so forth. When you come to a new place, you need to a lot of different things all at once."

MANSO is a non-profit organization for immigrant and refugee service providers. It facilitates newcomer integration by providing support to those assisting newcomers. It also acts as the voice of the Manitoba settle-

ment and integration sector.

Haldorson said there are a lot of people or groups doing different things in different Interlake communities that are not too far away from each other but had not "connected."

"We had a range of people who are involved in supporting Ukrainian newcomers in the Interlake. We had businesses, grassroots groups that were formed to help Ukrainian families, formal organizations that provide different social services in the area and people who are hosting a family. It was really a diverse group of people who attended," said Haldorson. "There were people from Stonewall, Gimli Arborg, Riverton and smaller communities like Morweena, which has a resettlement committee."

The first step was to bring the groups together and make them aware that there are others who may be experiencing the same sorts of challenges or who have experience with certain aspects of settlement.

"I think one thing coming out of the meeting will be keeping people in touch with each other so that when issues do arise with the people they're helping, they can support each other or look to this network of other people who are doing the same kind of work in their area of the province and not feel so alone in the work they're doing," said Haldorson.

Some of the challenges addressed included how to provide Ukrainian newcomers with transportation to and from jobs that may not be close to a rural centre and how to fill out the paperwork involved in sponsoring Ukrainians.

"Some business owners are starting to figure out that they'll have to go the extra mile if they want to attract Ukrainian employees. They'll have to think about helping them purchase a car or provide transportation or carpooling options," said Haldorson. "That's a very different concern from what a host family would have. They might be helping with immigrant and settlement issues and might not be experienced with this type of work it they've not had interactions with the federal immigration department or have experience filling out documents for a work VISA."

The meeting included presentations from local organizations, such as Steinbach-based Eastman Immigrant Services, which has an office in Arborg, that help newcomers settle in the Interlake.

"If there are newcomers in the Interlake who need support, Eastman can help with things like finding housing

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Bob Jefferson Memorial Golf Tournament tees up this September

By Autumn Fehr

Grab your clubs, balls and tees and get ready to raise funds for the community. After running a scaled-down version of the event last year to align with public health orders, the Bob Jefferson Memorial Golf Tournament is back in full swing this year.

The Bob Jefferson Memorial Golf Tournament presented by IG Wealth Management is a Texas Scramble-style tournament, also known as a 'best ball'-style tournament, hosted at the Selkirk Golf & Country Club every year.

This year, teams or individuals can register by Tues., Aug. 23 to play in the tournament on Thurs., Sept. 8.

"There are many golf tournaments that have been held in the community for various causes but this one has a different feel than some of the others. It's a real community event and I think that goes back to Bob Jefferson's desire to be inclusive within the community. There are people that golf in this tournament every year that it may be the only golf tournament they golf in, but they always golfed in this one" said Michael Buhr, Executive Financial Consultant for IG Wealth Management, and past chair of the Selkirk & District Community Foundation (SDCF) for three years.

The tournament was founded by Bob Jefferson in 1998 as the Century 21 Bob Jefferson Golf Tournament and was later renamed in his honour when he died suddenly in 2013. The

people at IG Wealth Management knew Bob and had golfed in his tournament almost every year when he was still around. Virtually every year, they would enter a team in the tournament and be a sponsor.

"Bob was a life-long resident of Selkirk and one of the city's biggest cheerleaders. He was a teacher and a school principal... Bob had a legendary commitment to the community, and he was committed to the community foundation," said Buhr.

When Bob started the golf tournament in 1998, it was always to raise funds for the SDCF, he said.

His tournament from 1998 to 2013 had raised more than \$90,00 for the foundation.

In 2013, his former colleagues from Century 21 carried on the tradition.

Since 2015, IG Wealth Management has been holding the event as the title sponsor in Bob's memory and has raised approximately \$52,000 since taking over the event for the community.

"Giving back to communities is very entrenched in our DNA corporately, but the people associated with IG Wealth Management in Selkirk have a personal commitment to giving back to the community and have been involved in various initiatives in the community for years," said Buhr.

Altogether, since the tournament's inception in 1998, it has raised \$142,000.

This year they are hoping to fill up

all 144 tournament spots and reach a milestone of over \$150,000 raised since the founding of the tournament.

"We hope to have a full tournament come out and celebrate Bob's commitment and spirit and to financially assist a philanthropic leader in our community," said Buhr.

Golfers will tee-off at 10 a.m., a few hours earlier than last year's tournament.

Breakfast sandwiches and food service will be provided on the course.

There will also be a 50/50 draw and prizes during the day.

All proceeds from the tournament will go to the Selkirk & District Community Foundation, which distributes funds regularly in and around the community.

Residents can register for the tournament by contacting the SDCF office at 204-785-9755 or by email at fin.manager@sdcf.ca. Fees to register are \$600 per four-person team or \$175 per individual golfer.

"You don't have to be an avid golfer to enjoy the day," said Buhr.

Get your golf gear ready, register and support the community.



PHOTO SUBMITTED
Michael Buhr, Executive Financial Consultant for IG Wealth Management.

> MANSO HELPING UKRAINIANS, FROM PG. 20

and employment, looking for English language training, helping with the transition to school for children and youth, getting necessary documentation and communication with immigration," said Halldorson. "Eastman is aware of the services out there and can connect people with special services."

MANSO will be holding a follow-

up meeting on Thursday, Aug. 25 at 3 p.m. via Zoom.

To sign up for the meeting, or for more information about MANSO, contact Emily Halldorson at (204) 272-0875 or email her: e.halldorson@mansomanitoba.ca.

Eastman Immigrant Services can be reached at (204) 346-6609.

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> FINDING LOST PETS, FROM PG. 13

turned home and six were re-homed to a shelter.

"Taking care of animals in the centre is something our By-law Enforcement Officers care deeply about, and often go above and beyond checking in when they're off duty. While the centre is often empty, when we do have animals in our care, letting them outside and cleaning both the inside and outside spaces and filling water dishes is their first task of the day,"

The City's Responsible Pet Owner Bylaw 5358 states that after three days in city custody, the animal can be disposed of in any approved manner including euthanization, a measure the city never likes to take. In all cases euthanizing has been due to illness, injury or dogs have been deemed a danger to society.

Hill said that while the city appreciates the offers to volunteer that some citizens have made, it's not a practice

the city can adopt for a few reasons, including the additional demand on resources for volunteer coordination, supervision, and training.

"While community members request to volunteer their time, it is not and cannot be an option as there is a great deal of liability associated with that and a great deal of training required. Our Bylaw Enforcement Officers have the training required paired with experience in dealing with various animal temperaments," said Hill.

"Anyone wishing to help can do this

by ensuring their animals are licensed through the city for a quick and safe return home and by getting your pets tattooed or microchipped by your vet. You can also help by reaching out to a local animal shelter and becoming an animal foster or donating to their organization."

Pet licenses are free in Selkirk and can be obtained online at <https://www.myselkirk.ca/community-services/animalcontrol/> or through CitizenSupport at 204-785-4900.

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get inspired

> MEAL IDEAS



Recipe courtesy of Healthy Family Project

Prep time: 10 minutes
 Total time: 1 hour, 10 minutes
 1 mandarin
 vanilla Greek yogurt
 sprinkles
 Place one piece of parchment paper on



Frozen Creamsicle Yogurt Bites

baking sheet that fits in freezer.
 Peel mandarin and separate into individual slices. Place one big scoop yogurt in small bowl.

Dip each mandarin slice in yogurt, covering about half of each slice. Place individual mandarin slices on parchment paper. Add sprinkles.

Freeze at least 1 hour or overnight if adding to lunchboxes.



Recipe courtesy of Healthy Family Project

Prep time: 10 minutes
 Cook time: 25 minutes
 Servings: 4
 2 russet potatoes, peeled, cut into 1/2-inch cubes
 cold water
 2 cups broccoli florets
 1 large egg

Broccoli Tater Tots

1/2 cup panko breadcrumbs
 1/8 teaspoon salt
 1/8 teaspoon pepper
 1/8 teaspoon garlic powder
 Preheat oven to 400 F.

In large stockpot, cover potatoes with cold water. Cover and bring to boil over high heat. Reduce to low and simmer 3 minutes. Add broccoli; don't stir. Cover and cook 4-5 minutes, or until tender. Drain.

In large bowl, mix egg, breadcrumbs, salt, pepper and garlic powder until just combined.

In food processor, pulse potatoes and broccoli 8-10 times until finely grated. Add to breadcrumb mixture and stir to combine.

Use tablespoon to scoop potato mixture into 40 mounds. Shape each into oval and place on parchment-lined baking sheet.

Bake 10 minutes; flip and bake 10 minutes, or until golden brown.

Ask the Money Lady

Dear Money Lady Readers: Are the rising rates keeping you up at night? Are you wondering if you can ever afford to buy a home? Hang-in there, the change is coming!

The Canadian housing market is in a definite pullback as July marks the fourth straight month of a decline. New buyers have felt the pressure of interest rate hikes since March 2022, and it is anticipated they will go even higher. Today the posted rates currently match the Canada Mortgage and Housing Corp., (CMHC) qualifying rate of 5.25%, something we haven't seen in over a decade. A five-year fixed mortgage rate now hovers between 4.79% and 5.04%. For many Canadian homeowners, this is the first time they have seen rates this high, many believing they were paying too much, when they were haggling for a mortgage rate at 2.50% only two and three years ago. When your mortgage come up for renewal, will you be able to afford the increased rates?

The expected reversal of the massive pandemic-era gains on house prices is upon us and all lenders are now mandating a full appraisal on every purchase or refinance to confirm property values and ensure they are not inflated. Home buyers are on the defensive in the wake of current rate hikes and there is no longer a sense of urgency to buy. Nor is there the appetite or willingness for the bidding wars of earlier in the year. My belief is that we will see a market shift as buyers re-gain pricing power and homeowners realize they either paid too much or now need to come to terms with the fact that their home isn't worth what they thought it was. Economists predict that the Bank of Canada will raise rates an additional 1% which will further challenge the already intense affordability stress. Honestly, if today's buyers do not receive more price concessions from homeowners, we may see an increase in the less expensive options such as condos and townhome sales.

The hardest hit areas are Toronto and Vancouver. Montreal, Edmonton, and Calgary seem to still be doing quite well, sustaining a very modest downward trend. This is not surprising, since Alberta's economy is currently one of the best in



Christine Ibbotson

Canada, thanks in part to a tremendous turnaround in the energy sector. Calgary is now at the top of the list in comparison to other large Canadian cities for affordability and a solid demand for housing.

However, even with Calgary as our anomaly, it is anticipated that the rest of Canada's property values will slip a further 12% by the end of year – good news to new buyers who have been waiting for a correction. Let's face it, the interest rates have been "too low for too long." I know it hurts to say that out loud – but it's true. House prices have soared on the backs of rock-bottom lending rates and people have used their homes as ATM machines to keep refinancing their debt into a higher mortgage to bail them out yet again. You knew it had to stop someday, didn't you? The two decade long "low-rate lending party" has now ended and the banks are thrilled. It's time to buckle up and create that finance budget you have been putting off doing for the last ten years. Inflation today is at 7.50% and in 1983 it was 6.83%. Think about that for a moment. For those of us that were homeowners in the 80's and 90's you know that the rate hikes are coming.

Good Luck & Best Wishes,
 ATML - Christine Ibbotson

Written by Christine Ibbotson, National Radio Host and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

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Ingram excited about upcoming Bisons' golf season

By Mike Still/Bison Sports

Growing up, there were two sports that consumed fourth-year University of Manitoba student Brent Ingram's life: hockey and golf.

In the former, West St. Paul's Ingram -- who most recently played in the Manitoba Major Junior Hockey League -- was a stay-at-home defenceman. He put in work on the penalty kill and did the little things to help his team win games. In the case of golf, Ingram had family ties through his dad Derek along with best friend and former Manitoba Amateur champion Dave McMillan, who together opened Golf Central on Plessis Road.

"When I was about six or seven they sold the place, but that was the place where I got my first start in the game," he recalled. "My dad would bring me out there and let me mess around. If I wanted to try golfing it was there for me, but it wasn't necessarily forced on me, it was something that was available."

After selling Golf Central, Derek and Dave transitioned to Elmhurst Golf and Country Club. Dave became the General Manager, while Derek was the head teaching professional. Around that time, Dave's son Ryan was starting to golf more too, and he and Brent would hit the links at Elmhurst often.

"When you have friends around your age that you can golf with, it makes it a lot more fun because you get to spend time around your friends and do something that's fun. It just turned into a great way to spend time in the summer."

The two sports paired nicely, since once was offered in the summer and the other in the winter. As Ingram got older though, he had to make a decision about which to specialize in. He chose golf.

"Gradually I started entering a few [golf] tournaments. I'd say about three years ago was when I decided I was going to focus all my attention

on golf, and leave hockey as a thing I was going to do for fun. I'm still a decent hockey player, but now I just go to practice and go to have fun," he noted.

"Once I decided that hockey wasn't going to be my thing, that kind of changed how I approached golf. Since then I've made more strides in my golf game. I've actually been able to draw a fair amount of comparisons between my mentality when playing hockey and golf. I'm not worried about outside distractions. I'm just focused on what I can do, in the case of hockey, to help the team and in the case of golf, what I can do to hit the next shot the way I want to."

Ingram's "breakthrough" moment on the course occurred last year in the Manitoba Match Play Championship at Grand Pines Golf Club. He made it to the finals of the highly-competitive event, aided by a 75 in the qualifying round. A consistent putter, he brought everything together -- including his attitude -- as he didn't play with fear.

"I just got on a little bit of a run and I liked the course. I was hitting my driver well and making putts. I just found myself in a state where I could take advantage of the golf course and was comfortable no matter what situation I was in."

Ingram's take no prisoners mentality continues to be on full display in 2022. Most recently, he finished third at the Nott Autocorp Men's Amateur Championship, which took place at the end of July and is the biggest amateur event in the province. Instead of trying to beat his opponent, Ingram simply focused on making par each hole, a lesson he learned after his solid showing during the Match Play Championship the prior year.

"I knew if I gave myself a chance at par for every hole, that I would probably win most of my matches. That's what ended up happening for the most part. I just focused on making par on every hole, and if I rolled

one in for birdie, that was great and if I made a bogie it wasn't a big deal. I learned from [the Match Play Championship] and was able to use it in other tournaments I played in this year specifically."

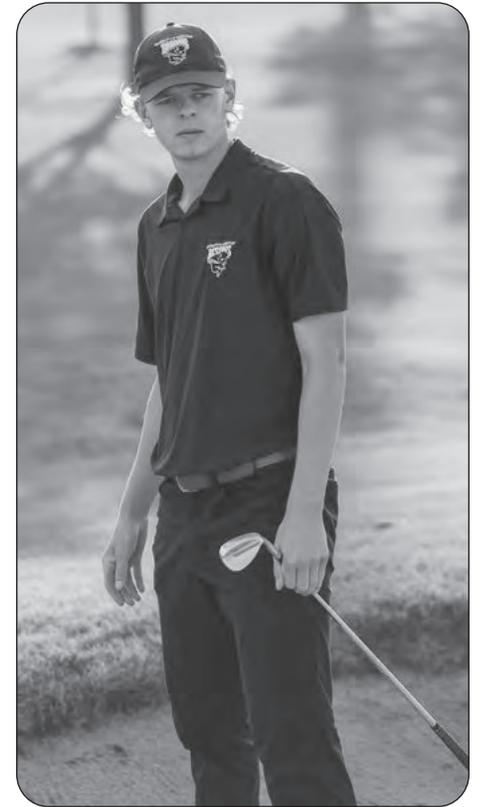
The amateur took place at Ingram's home course of Elmhurst, so he knew it well. He finished day one with a 74, good for sixth overall. The following day he was "in the zone," finishing strong with a 71. His performance landed him in third overall entering the final day.

On day three, Ingram was in the second last group, and "a position I had never really been in before." The first six holes, he was nervous and felt like he was "hanging on by a thread" and "holding his breath." He was two over par through six holes, and was "very pleased" to be in that spot considering how nervous he was. On the seventh hole, he made birdie and after that he settled in and was able to play with confidence the rest of the way.

"It was definitely a huge breakthrough for me being able to play that well at the biggest amateur event in the province this summer. I think it definitely helps with my confidence for the upcoming Bisons season. I can't wait to use this and build on it," he said.

"What I learned was that no matter what happens on the hole before, you just have to recognize that the past is the past and there's nothing you can do about it anymore. You just have to focus on the next shot and that's the only thing you can really do. Worrying about the past isn't going to change anything, it's just going to hurt you moving forward."

Ingram's experience this summer is sure to reap rewards when the university golf season kicks off at the beginning of September. He is part of a well-rounded and experienced team that has high expectations come the conference championship, which



RECORD PHOTO NEIL NOONAN/BISON SPORTS West St. Paul's Brent Ingram placed third at the Nott Autocorp Men's Amateur Championship last month.

takes place Oct. 3-4 in Victoria, B.C.

"When I first started on the Bisons golf team, I felt that I borderline didn't even belong. Because of my attitude changes and my improved ball striking, I feel like I can help the team a lot more and contribute no matter what tournament we're going to or course we're playing on," he said.

"I worked a lot on my swing and made sure it was good from a technical perspective. Now, I just get out there and I don't want to think about technical things. I think it's definitely been an evolution. I've read a lot of books about the psychology of good golfers, and just slowly applied these different things that these books talked about. It's just been a process where I've gotten better at doing these things and it's paid its dividends."

Orr, Oliphant win senior golf championships

Staff

Rhonda Orr won her ninth provincial senior golf title in 10 years and - seventh in a row - on Friday at the Larters at St. Andrews Golf and Country Club.

The 60-year-old golfer out of Southwood shot 74, 79, and 75 for an 18-

over 228. That was 14 strokes better than Niakwa's Tammy Gibson.

Orr now advances to the Canadian Women's Senior Championship at the Breezy Bend Country Club in Winnipeg from Aug. 30 to Sept. 1.

Orr's best finish at nationals was fourth place.

Meanwhile, Rossmere's Rob Oliphant won his first Manitoba Senior Championship at Larters.

The 57-year-old fired rounds of 67, 74 and 75 for a 216 total.

Niakwa's Jay Doyle (74-74-71) was second while Elmhurst's Carl Lechman (77-77-68) placed third.

Oliphant will compete at the Canadian Men's Senior Championship at the Red Deer Golf and Country Club Sept. 6-9.

Interlake athletes compete at 2022 Canada Summer Games

Staff

The first week of the 2022 Canada Summer Games wrapped up on Saturday.

In baseball action last Friday, Manitoba pounded New Brunswick 10-2 in the seventh/eighth-place game.

On Aug. 8, Manitoba was defeated by New Brunswick (9-7) and Quebec (11-0).

The next day, Manitoba blanked Prince Edward Island 4-0.

Last Wednesday, Team Manitoba blasted Alberta 15-4. Manitoba's roster included St. Andrews' Colsen Smith and Stonewall's Rylan Slatcher and Hayden Faragher.

In women's basketball, Team Manitoba was defeated 86-63 by New Brunswick in a seventh/eighth-place game on Saturday.

Manitoba opened preliminary round action with a 101-28 decision over Northwest Territories on Aug. 8.

Team Manitoba then lost 83-55 to Ontario after only trailing 40-36 at halftime.

In a qualification game, Manitoba defeated Newfoundland 89-66 last Wednesday.

Team Manitoba then lost 94-80 to

Alberta in a quarter-final contest the following day.

Manitoba, whose roster includes Selkirk's Sarah Boitson, was then edged 71-68 by B.C. in a consolation game on Friday.

Men's soccer saw Manitoba get shut out 3-0 by Yukon in a seventh/eighth-place game on Friday.

Last Thursday Team Manitoba lost 3-1 to Saskatchewan in a qualification game last Thursday.

In pool play, Team Manitoba was defeated 3-2 by New Brunswick and then played to a 2-2 draw with Prince Edward Island.

Manitoba's roster featured Narol's Jason Scott, East St. Paul's Nick Waplack, West St. Paul's Sydney Nachtigall and Leonardo Takahasi.

Meanwhile, Peguis' Emma Bear placed fifth in the under 74 kg female wrestling. Manitoba's female wrestling team, which featured Bear and St. Laurent's Anaka Chartrand, finished eighth.

Stonewall's Erik Mattson was 11th in the Special Olympics 100-metre male backstroke and the 50m backstroke. He was also 13th in the 100m freestyle, the 50m breaststroke, and



RECORD PHOTO TEAM MANITOBA/SPORT MANITOBA

Team Manitoba, whose roster included Selkirk's Sarah Boitson, placed eighth at the 2022 Canada Summer Games.

50m freestyle.

In mountain bike cross country, the sibling duo of Aimee Gauthier and Aiden Gauthier of Narol each placed 17th overall in their respective cycling mountain bikes events.

The pair also placed 18th in the cycling mountain bike sprint races.

Aiden was also a member of the cy-

cling mountain bike male team that placed fourth while Aimee's team was sixth in the female version of the event.

As a team, Manitoba was in fifth place in the medal count with seven gold medals, five silver, and eight bronze after Week 1.

Manitoba female box lacrosse posts 5-2 record at Canada Summer Games

By Brian Bowman

Manitoba was doubled 4-2 by Quebec in the fifth/sixth-place game in female 17U box lacrosse action at Canada Games Park in St. Catharines, Ont. last Friday.

The loss dropped Manitoba's record to 5-2 at the 2022 Canada Summer Games.

"(Our girls) gave it their all. The third goal went in with about a minute left in the game, if that, so we pulled our goalie to try to tie it up and that's how they got the fourth goal," said Manitoba coach Kim Winzowski, who lives in West St. Paul. "It was very close

but our girls had nothing left to give. They gave as much as they could and they fought their hardest."

In a consolation game on Thursday, Manitoba blanked Saskatchewan 5-0.

Last Wednesday, Manitoba was stunned 4-2 by previously winless Nova Scotia in a quarter-final match-up.

"(Nova Scotia) was in the A group so they had harder games (before) we played them," Winzowski said. "But they have had a program for five years in Nova Scotia where we are only a year, a year and a half old."

Manitoba finished pool play with a 4-0 record after a dominating 7-1 victory over New Brunswick on Aug. 9.

On Aug. 8, Manitoba crushed P.E.I. 8-1.

"We were running on a high for a while," Winzowski said. "I wanted to finish first in our pool and that's what we did. I never expected to go undefeated in the round robin."

Manitoba's roster included West St. Paul's Caitlyn Winzowski, Selkirk's Delaney Kiteley, Stonewall's Emelia LeClair, and Gimli's Hunter Dankowich.

Manitoba places fifth at 21U Baseball Invitational

Staff

Team Manitoba posted a 4-1 record to place fifth at the 2022 21U Women's Invitational Championship in St. John's, Newfoundland and Labrador.

Manitoba, whose roster includes Clondeboye's Liberty Aime, defeated Nova Scotia 12-2 in the fifth/sixth-place game on Sunday.

Aime was 1-for-3 with a walk, a run scored, and two RBI.

Manitoba started play with a wild 20-17 win over Newfoundland and Labrador last Thursday.

Trailing 14-12 in the bottom of the sixth inning, Manitoba exploded for eight runs for the comeback win.

Aime was 1-for-3 with two walks and two RBI.

On Friday, Manitoba was defeated 12-2 by B.C. B.C. scored in every inning but the fifth in the six-inning game.

Aime was 1-for-2 with a walk.

Saturday saw Team Manitoba defeat Saskatchewan 19-12 and blast Newfoundland 21-0.

Manitoba trailed Saskatchewan 6-0

after the first inning but their bats came alive in the third. Aime had a hit and a walk in the game.

Against Newfoundland, Manitoba scored a whopping 17 runs in the third inning of the game that lasted just 3 1/2 innings.

Aime walked three times and scored three runs.

Garson's Brittney Langlais served as an assistant coach with Team Manitoba while Clondeboye's Rachelle Aime was a chef de mission.

Teitsma competing at nationals



RECORD PHOTO SUBMITTED

Lockport's Liam Teitsma is a member of Team Manitoba's U12 box lacrosse team that is competing at the nationals this week in Langley, B.C.

Blue Jays reach U22 western baseball final

Staff

The Interlake Blue Jays were one victory away from winning the 2022 Western Canadian U22 Baseball Championship.

Interlake reached the final but lost 12-2 to the St. James A's on Sunday at Quarry Park.

Interlake started westerns with a tough 11-10 loss to the North Battleford Beavers from Saskatchewan on Friday afternoon.

On Saturday, the Blue Jays doubled the Carillon Sultans 6-3 and then defeated the Unity Cardinals from Saskatchewan 10-6.

Sunday saw Interlake beat St. James 6-2.

In Winnipeg Senior Baseball League action, the Stonewall Blue Jays posted a 2-1 record last week.

After losing 11-1 to the West Winnipeg A's on Aug. 8, the Blue Jays swept the Springfield Sr. Braves in a doubleheader the following evening.

Stonewall won by scores of 11-4 and 11-8.



RECORD PHOTOS BY LANA MEIER AND KEN ALLEN

The Interlake Blue Jays, back row, left to right, Adam Kirk, Ryan Fines, Zachary Evanochko, Andrew Everitt, Tyler Hogg, Connor Smith, Chris Fines, Hunter Sholdice, Keenan Allen, Kyle Van Deynze, Kaden Stewart, Justice Hellegard, Dave Meyers; front row, Thomas Waldner, Landon Irvine, Reed Davies, Jack Moir, Bryce Meyers and Josh Ireland.



Strike Force defeated by Punjab FC

Staff

The Tri-S Strike Force were defeated 5-3 by Punjab FC in Manitoba Major Soccer League 5th Division action last Wednesday at the Buhler Recreation Park.

Tri-S goals were scored by Garion Lefteruk (two) and Spencer Golden.

Jattan Dhaliwall (two), Bal Badh, Gagandeep Singh, and Prabhjot Ghuman replied for Punjab FC.

With the loss, the Strike Force now has a 3-8-1 record and 10 points to occupy ninth place in the 10-team division.

Tri-S will host SCM Academy this Wednesday at the Selkirk Recreation Complex. Game time is 6:45 p.m.

Meanwhile, the Tri-S Strikers lost 3-1 to the California Raisins on Aug. 8. The Strikers played the Diggers this past Monday but no score was available.

Tri-S will take on Hammer Time this Sunday (10 p.m.) at the Ralph Cantafio Soccer Complex.

Krueger wins second medal at Games

Staff

East St. Paul's Anja Krueger earned her second medal - a bronze - in triathlon's supersprint event - female at the Canada Summer Games at the Welland International Flatwater Centre last Thursday.

"It was pretty good. It wasn't as smooth sailing as my last race," Krueger admitted. "This is a powerful race and my advantage on the field is definitely my endurance and my ability to bring it back on the run. It was a little bit more challenging for me to find that power, but I'll continue to work on that. I knew a medal might be in my grasp after my last race, and to have it in my hands again, it's very exciting, and I'm happy to let everyone know the work they put in to help me has paid off, and I really appreciate it."

Krueger earlier won a silver medal in the sprint female event on Aug. 8.



RECORD PHOTO TEAM MANITOBA/SPORT MANITOBA

East St. Paul's Anja Krueger earned her second medal - a bronze - in triathlon's supersprint event - female at the Canada Summer Games at the Welland International Flatwater Centre last Thursday.

Poponick, Fontaine coach Poland at World Junior Lacrosse Championship

By Brian Bowman

Josh Poponick received a very unexpected phone call prior to the World Junior Box Lacrosse Championship.

He was asked to be the head coach for Poland at the six-team tournament which also included Canada, the United States, Australia, Israel, and Haudenosaunee, who represented the Iroquois nation south of the border.

Tyndall Fontaine, a former Selkirk Fishermen along with Poponick, served as an assistant coach. Poland's original head coach came down with COVID while his assistant coach could not make the tournament.

"I picked up Tyndall on Sunday and then we started playing Monday so it was a bit of a short notice but, all in all, it was a good experience," said Poponick. "It was pretty cool."

The level of play was really good, said Poponick. It was also a learning curve for him in regards to finding out what his team's skill level was.

"At first I was just guessing. I knew what position they were and which hand they shot," he said. "But, other

than that, I knew nothing about them so the first game was a throw together."

Poland also had some challenges outside of the arena. Their jerseys hadn't arrived when the tournament started so they were fitted with Selkirk Fishermen Junior B uniforms.

"Luckily, we had the Fish jerseys and luckily they were red and white which are the Polish colours so that worked out good," Poponick said. "We had the old white jerseys with the F on the front so it didn't look too, too bad."

Poland, which finished the tournament with a 1-3 record, quickly picked up the nickname "The Flying Polish" which was adopted in a humorous way by Polish Lacrosse.

Canada won the gold medal with a 16-9 win over Haudenosaunee at the Canada Life Centre on Sunday.

The win was Canada's fourth-straight gold medal in the international tournament. There was no winner in 2020 and then Canada East won the reduced tournament in 2021).



RECORD PHOTO SUBMITTED

Josh Poponick, left, and Tyndall Fontaine coached Poland at the World Junior Lacrosse Championship in Winnipeg.

Purvis brilliant in pool at Canada Summer Games

By Brian Bowman

Selkirk's Teagen Purvis made an amazing splash in the pool at the 2022 Canada Summer Games in the Niagara region last week.

Purvis struck gold in the Special Olympics 100-metre backstroke, 100m freestyle, 50m backstroke, and the 50m freestyle event. She also won a silver medal in the 50m breaststroke.

Purvis was Team Manitoba's winningest medallist at the Games.

Purvis was super proud to represent Manitoba. She made a lot of friends and was able to cheer on her teammates.

Purvis can't wait to get home to see family and friends.

"I am going to show my medals off to my family and friends back home," Purvis said. "I want to have a friends and family together party when I get back home. Thank you very much to my coaches, I appreciate you training me, and I'm happy for you to be my coaches."

Purvis, whose parents Darcy and Tracy were also swimmers, was very excited after winning her first medal.

"I feel so awesome. I am so proud and my heart is pounding out of my chest with excitement," said Purvis, who is coached by Melissa Diamond. "And I also want to say congratulations to everybody at the Canada



Games."

Purvis was overjoyed after she won her fourth medal.

"I have done awesome," she said. "I give my team very much thanks and love. I love my family so much with all of my heart."

When she wasn't winning medals,



RECORD PHOTO TEAM MANITOBA/SPORT MANITOBA

Selkirk's Teagen Purvis had several outstanding performances in Special Olympics swimming at the 2022 Canada Summer Games.

Purvis was able to see Niagara Falls and she also went to Marineland.

Purvis swam as a Dolphin for a number of years. Michelle Stamm coached her this past year until Special Olympics swimming was able to train at the Selkirk Comp Pool.

"Teagen is a hard-working, dedi-

cated individual with a heart of gold," Stamm said. "She is an amazing teammate and loves giving back to her sport of swimming. I am very proud of her accomplishments at the Canada Games."

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Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

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SUDOKU

		5	9			8		4
						2		
	3	7						5
1		4	7		8			
					6		2	
	8		4					
			2			3		
	7	8	6					
2			8					9

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	9	7	5	4	8	3	1	2
2	4	5	1	3	9	8	7	6
1	8	3	7	6	2	9	4	5
9	7	1	6	5	4	2	8	3
8	2	4	9	1	3	6	5	7
3	5	6	8	7	2	4	9	1
5	6	9	2	8	1	7	3	4
7	3	2	4	9	5	1	6	8
4	1	4	8	3	9	7	5	2

Sudoku Answer

V	S	V	N	V	N	B	V	R	E	D	E
D	E	R	I	H	S	O	V	T	E	D	E
V	A	V	B	S	V	R	R	V	T	V	H
N	V	M	V	R	H	E	M	V	C	H	C
D	E	M	C	S	V	T	A	D	I	M	V
V	B	U	C	S	I	N	O	R	V	C	V
H	E	B	V	S	H	O	N	F	I	E	I
R	E	H	S	I	S	F	I	S	D	D	B
S	O	R	E	C	O	M	F	I	D	G	S
N	T	N	V	C	S	O	R	V	S		
O	C	I	R	T	V	A	D	V	I	V	T
D	E	B	A	B	E	R	U	P	E	R	C
A	V	A	R	A	V	A	K	A	V	A	S

Crossword Answer

X CROSSWORD

CLUES ACROSS

- Influential Swedish, Belgian clan
- Swiss river
- Nocturnal S. American rodent
- Like coagulated milk
- Lima is its capital
- Lying down
- Jai __, sport
- Egyptian statesman
- Napoleon Dynamite's uncle
- Renovated
- Chadic language
- 18-year period
- Beverage container
- Natural logarithm
- The "mecca" of basketball
- A way to darken
- Mackerels
- Actor Pitt
- Places to buy seafood
- True firs
- Neither
- Fencing sword
- Italian pastas
- Island nation close to the U.S.
- Begets
- Resembles a pouch
- __ student, learns healing
- Sodium
- Indicates position
- The world has one
- Partner to pains
- Photographer
- Chew the fat
- Culture of the British Iron Age
- Weaverbird
- Advice or counsel
- Asian nation
- Brought on board
- German river
- Airborne (abbr.)
- Leaf-footed bug genus

CLUES DOWN

- Mark left behind
- Cry weakly

1	2	3	4	5		6	7	8		9	10	11	12	
13						14					15			
16						17					18			
19					20					21				
					22					23			24	
25	26	27			28					29			30	
31				32		33		34					35	
36					37			38			39		40	
		41				42				43		44		
			45						46		47		48	
49	50			51				52			53			
54			55					56				57	58	59
60								61				62		
63								64				65		
66								67				68		

- Ancient region in modern Syria
- Farewell
- Blue grass state
- Genus of mosquitoes
- S. Israeli city
- You can get stuck in one unjustifiably
- First month of ancient Hebrew calendar
- Tigers legend Fielder
- Make more attractive
- Horses
- Slight projection in typefaces
- Male parent
- Jack and Jill are two
- After B
- Licensed for Wall Street
- Missile with about 600-mile range
- Goddesses
- A day kids love
- Oily secretion
- One-tenth of a meter
- A father's male child
- One point east of southeast
- Silk garments
- Cool!
- The color of anger
- Trade profession
- It can get you around
- Mother-of-pearl
- Hurt
- Legendary slugger Hank
- Polio vaccine developer
- Incline from vertical
- Sea creature
- Actress Kate
- Affirmative votes
- Nothing
- Pie __ mode
- Expresses surprise

Classifieds



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The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication
Please Call 204-785-1618

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Classifieds are great for generating leads.

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Classifieds can be used for local and regional audiences.

It's been said that the classified is the one tool that allows the little guy (or gal) to be more competitive. It enables the small businessperson to reach his or her audience on a small budget, no matter where they live.

MEMBER OF THE SELKIRK COMMUNITY ARTS CENTER BOARD

SCAC is now accepting expressions of interest for individuals who can help us by serving a two year term as a volunteer director on the board.

The Selkirk Community Arts Center offers you an opportunity to have a positive impact in your community and to make a difference in the lives of artistically minded children and adults. We are a non profit organization dedicated to bringing the arts to our community at large. We hold events and shows in our gallery and offer workshops on a multitude of creative venues. As a volunteer board member you will be an essential part of the group that provides support to all artists that wish to be members of our gallery.

If you are interested in helping us as a board member please email our President, Bev Galbraith at bg9991@mymts.net

The Selkirk Community Arts Center thanks you for your support. An expression of interest is not a guarantee of board membership. Prospective board members will be contacted for an interview prior to a board meeting and then invited to attend.



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The MMF seeks to fill multiple positions within our new **St. Laurent Childcare Centre** located in **St. Laurent, MB**, including Early Childhood Educator (II/III), Child Care Assistant, and Centre Director.

For a complete list of Skills and Qualifications, please visit: www.mmf.mb.ca.

We offer a comprehensive benefits package including: health, dental, vision, pension, and vacation.

Please submit your resume and cover letter, referencing the job posting number. Preference will be given to qualified Metis applicants and they are encouraged to self-identify on their cover letter.

MMF Human Resources Department
 300-150 Henry Ave, Winnipeg, Manitoba R3B 0J7
 Email to: jobs@mmf.mb.ca
 Fax to (204) 947-1816

GARAGE / ESTATE SALES

Friday, Aug. 19 & Saturday, Aug. 20, 10 a.m. - 5 p.m. 6728 Hwy #8, St. Andrews. Collectibles, furniture, household items, antiques.

Estate Sale - Farm equipment, yard, garage and house. Thursday & Friday, Aug 18 & 19, noon - 7 p.m., Saturday, Aug 20, 10 a.m. - 5 p.m. Rd 33E & 75N, #33019, 2 miles north of Hwy #44 from Garson. Signs posted.

HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

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info@eddiesgravel.com
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Wanted - mature, reliable, motivated individual. Must have valid driver's licence. Work to include: ground works, levelling, landscaping, yard and shop maintenance, placement of monuments, concrete cutting, grave interments (casket & ashes). Able to operate excavator, skid steer, crane truck & forklift. Experience an asset, willing to train. Please provide resumes to E.J. Smith Memorials, drop off or by mail to 49 Main Street, Selkirk, MB R1A 1P9 or email: info@smithmemorials.ca

Class 3 driver M-F, 30-40 hrs/week to operate refuse truck year round. Weekends off and no long days. Wages negotiable. Text Ed: 204-406-2542.

Roofer helpers and labourers required. No experience required, we will train. Paul 204-757-9092.

HELP WANTED

Plant Propagator required. Searle Greenhouses Ltd. located at 345 Old Henderson Hwy. in East Selkirk is accepting applications for a full-time 2 year term position for greenhouse plant propagator starting in January 2023. Minimum 2 years greenhouse experience required. Wage is \$13.95 per hour. Apply by email to: iwan.ttwork@searlegreenhouses.com or fax: 204-482-8968 Attn: Kris.

Janitorial position available in Selkirk. Successful candidate will have own license, transportation, clear criminal record check, be physically fit and be prepared to work twenty hours, Monday to Friday, evenings. For further information please call 204-785-3257 Contractors need not apply.

Senior requires a handyman to do odd jobs in Selkirk. Please call 204-482-3143.

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View open roles & apply: www.rockymtn.com/careers. Relocation & signing bonus offered.

EMPLOYMENT WANTED

Retired trucker willing to work year round for grain farmer. Contact Paul at: 204-757-4468 or cell: 306-620-9338.

MISCELLANEOUS

Side by side burial plots for sale. Glen Eden Cemetery. \$7000, transfer fees are included. Call 204-390-3127.

PERSONAL

WANTED - Retired couple (M/W) 60 something, seeking another retired couple (M/W) 60 something, to share common interests. NO DRINKING, NO SMOKING, NO RECREATIONAL DRUGS. email: sweetco1960@gmail.com

UPCOMING EVENTS

Eastlands Wildlife Association- Gun, Collectible & Hobby Show. Saturday, September 10, 2022 from 9 a.m. - 4 p.m. at Anola Community Centre. Admission \$5, under 12 free. Call Wayne 204-853-2006 or Boris 204-866-2967.

Cluck & Quack Poultry Club Annual Sale - Poultry, small animals, equipment, crafts, vegetables, hobbies, etc. Saturday, Sept. 10th, 10 a.m. - 3 p.m. at Springfield Curling Club in Dugald, MB. For further vendor information contact Bill 204-755-2347 Email: bhartmann@xplornet.com

UPCOMING EVENTS

BALSAM BAY CEMETERY PUBLIC MEETING, STONY POINT COMMUNITY CENTRE ON SEPTEMBER 11, 2022 AT 1:00 P.M. VOTING FOR 5 NEW MEMBERS - 3 TRUSTEES, 1 SECRETARY & 1 TREASURER.

DUNREA FLEA MARKET - Rain or Shine! Antiques, collectibles and more! Over 100 vendors. Admission \$5. 11 a.m. - 4 p.m., Sunday, September 4, 2022. Fairgrounds in Boissevain, MB.

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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RRC POLYTECH

EMPLOYMENT OPPORTUNITY

Administrative Assistant

Full-time Position

Competition #: 2022-159
 Closing Date: Aug 24, 2022

To view this and other employment opportunities, visit rrc.ca/employment.

We thank all applicants for their interest, but only those selected for an interview will be contacted.

Classifieds *Selkirk Record*

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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PLANNING PRO-GRAMS FOR THE FALL & WINTER? Advertise them NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging out now and be seen all over the province! Hiring? Selling something? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

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Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

Do You Have News Tips? Story Ideas? call the Record 204-785-1618

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

SHOP LOCAL

HAY FOR SALE

Large round hard-care bales of alfalfa & brome grass. Call 204-461-0722.

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12 Patterson Dr., Stonewall, MB
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Estate & Moving featuring 40 vehicles
Closes Aug 24 @ 4:00PM
57 Chevy Belair; 20 Ford Top, 60's
Porsche 20, 00 Ford 350 Van, 06
Ford 250 Dst 4x4, 99 Ford 250 Dst 4x4,
90 Chevy Trucks, 03 Toyota Rav4, 03
Nissan 350 Z, 67 Chevy Caprice Station
Wagon, Lund 1700 Pro Angler SS
Adventure with Honda 4 Stroke 90 HP
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Estate & Moving
Closes Wed Aug. 24 @ 7:00PM

Estate & Moving featuring Guns & Ammo
Closes Wed Aug. 31 @ 7:00PM

Consignments Welcome!
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(204) 886-7027
www.mcsberryauction.com

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LOCALLY OWNED WE CARE... Your Family Drug Store
EMPLOYMENT OPPORTUNITIES at Parker's Super Thrifty Pharmacy - Selkirk

FRONT STORE CLERK PART TIME POSITION

Responsibilities will include:

- Cash duties, customer services, stock replenishment, data entry, bookkeeping, shipping/receiving and merchandising functions.

PHARMACY ASSISTANT FULL OR PART TIME

Responsibilities will include:

- Data entry, customer service and all aspects of prescription filling under a pharmacist's supervision.

Previous experience preferred for both positions, but will train suitable candidates. Must be available weekdays and alternating Saturdays - 9am-6pm

Please forward resume in confidence to:
Darwin Chesley
c/o Parker's Super Thrifty Pharmacy
362 Eveline St., Selkirk, MB R1A 1N3
Call: 204-482-4469
email: parkers@superthrifty.com

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EMPLOYMENT OPPORTUNITY

Gimli Community Development Corporation, (GCDC) ECONOMIC DEVELOPMENT OFFICER

The Opportunity:

The successful candidate will undertake key responsibilities that will enhance Gimli and the Municipality as a whole and promote the Municipality as a place to work, live, play and grow. They will facilitate and promote community growth and economic development planning and implementation within the Municipality to be measured, in part, by securing opportunities for new economic and business development and supporting the growth and development of existing business within the community.

Job Description:

Reporting to the GCDC board the candidate will promote the Gimli industrial park and oversee current and future operations of GCDC properties. They will also identify, develop and implement approved strategies for attracting new business to the area while facilitating growth of existing businesses. Represent the Municipality at regional and provincial meetings and conferences on economic development, which could include public speaking and delivering presentations.

The Ideal Candidate:

The successful applicant will possess relevant post-secondary education and/or years of business and administrative experience. The candidate will be self-motivated, effective written and oral communication skills and computer skills including Excel, Word, PowerPoint. Ability to identify and promote community economic development projects and initiatives along with knowledge and understanding of the Municipality would be a definite asset. The candidate must have a valid Class 5 driver's licence. Hours and wages are negotiable with experience and qualifications.

Please submit a detailed resume on or before Sept 2, 2022 by 4:30 p.m. to PO Box 1246 Gimli, MB R0C 1B0 or gimlicdc@rmgimli.com

ON LINE ONLY FARM AUCTION SALE

For Judith McDougall Ashern, MB

Sale Starts online: Friday, August 26, 2022
Closes: soft close starting at 1:00 p.m. Friday, September 9, 2022
www.apro.bid

(Items will be sold online in order listed)

- Western slip tank, 540 Lillies w/elec. pump
- Saturn 8 x 18 Trailer, steel deck, comes w/metal sides used for hauling cattle
- J.D. 2955, Ser #L02955T636766, CD 6350, D774262, triple hyd, 3 pt hitch, needs transmission seal, 18.4-38 tires
- Set of 18.4-38 duals w/all hardware
- 2006 Wilson Ranch Hand stock trailer 7 x 24 (LT235/85 R16) front - 7ft, middle - 9 ft, back end - 8ft
- 2006 Ford F350 XLT, ext cab, power stroke, turbo diesel, 4x4, 4 sp auto, 6 ltr, a/c, 218,000 km, approx. 10,000 km on rebuilt motor (very clean), safetied
- 3 pt Hitch Bale fork
- 2004 J.D. 7220 F.W.A., 3pt hitch, comes w/741 loader, bucket & grapple fork, power shift, 14.9-28 front, 18.4-38 rear tires, (needs front wheel seal), Ser #RW7220 R012987
- 8ft J.D. bucket for J.D. loader

One item will close every 2 minutes until all items are sold. When an item is within 2 minutes of closing and a bid is received the end time will be extended by 5 minutes from when the last bid is received. This will continue until there has been no bid on that item received for 2 minutes.

Viewing by appointment only.

For more info: Call Buddy Lorne (Buddy) Bergner, Auctioneer
Box 1, Ashern, MB R0C 0E0
Ph: (204) 768-2669

Email: bergaut@mymts.net www.globalauctionguide.com

NORSEMEN AUCTION

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Next ONLINE SALE AUG 24th

Serving the Interlake

Gimli, MB

204-651-0008
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Norsemen Auction is a new auction with a big reach. Based in Gimli, MB bringing in bidders from the worldwide. Backed by the biggest auction network hosting our site AuctionTime, with tools that bring instant evaluations for your fleet. Pulled from results that come in measuring market conditions up to the minute. For the realest evaluations, SELL & BUY with us!

LIVE to be auctioned AUG 20th

- 400 lbs atv winch • 8x8 tent • head ache rack for pickup • bench grinder • snap on retractable ext cord • booster pack • table top propane grill • snowmobile stand • backpack sprayer • electrical wire #6 3c teck • scale • assorted hand tools • lounging camping chairs • 30 lbs of welding rods • plumbing fittings • drywalling stits • police car bumper guard • box of t12 fluorescent bulbs • sink toilet paper dispenser • misc air breather • tire changing machine • misc chaff spreaders • 46 ft westeel auger • belt sander • chop saw • circular saw • scroll saw • bicycle trailer • antique school desk • garden hose box • skies • misc electrical equipment • wood trim on packaging • used steel door • 1ft x 4ft windows with openers • (4) shelving • anchor • shelving • bread pans • 80 ft jlg manlift

ONLINE

AUG 24th or later

- misc electrical service equipment • 852 new holland round baler • excavator side blade • volvo 650 tractor cw cab and loader • new holland tr85 combine • cross bow cw arrows • archery target • 46 ft westeel gas powered auger • dish washer • washer dryer combo • matching leather deluxe recliners • single recliner • coffee table set • dressers • twin bed • room dividers • desk • 2010 ford explorer • 1952 chevrolet styleline • 19ft utility trailer 2x3000 lb axles • 2002 keystone 28ft camper • white fish boat anchors 20 • pontiac montana sv6 • electric auger 7 in 51ft • skid steer trailer • 1983 dodge 1 ton dump truck • gmc envoy mpi write off • hoof trim chute • international disc • international cultivator • stainless scale • 1985 ford pickup • sea ray boat • 4IN Towable gas powered pump • onan elec generator • Volvo t810 • goose decoys • live animal trap • 33.5 ft 5th wheel camper trailer 2 slide outs

Call Jordan for details 204-651-0008

Announcements *Selkirk Record*

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EMPLOYMENT OPPORTUNITY



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Looking for someone energetic to join our team helping with various projects and yard maintenance.
Must have driver's license.
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Call **204-785-1618**



ANNOUNCEMENT
BIRTHDAY



Join me in wishing my much older cousin Eleanor Gowen a Happy 80th birthday on August 20th

Don't forget to send your special wishes to your friends and family!



Call 204-785-1618

ANNOUNCEMENT
IN MEMORIAM



Karen Starke
August 19, 2020
If all the world were ours to give, We'd give it - yes, and more; To see your loving smile again, And greet you at our door. How often there comes before us, Your dear face, kind and true; For death can never take away, Our memories of you.

-All our love, Herb, Kris, Kailee and Chris



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R.M. OF ST. ANDREWS ZONING BY-LAW 4066 ZONING BY-LAW AMENDMENT NO. 4375 PUBLIC HEARING

We are Listening.

Public Hearing
Tuesday, September 13th, 2022
5:00 PM
Council Chambers
500 Railway Ave.
Clandeboye, MB.

Phone:
(204) 482-3717
1-800-876-5831
Fax: (204) 482-3799
E-Mail: info@rrpd.ca
Website:
www.reddriverplanning.com

As per *The Planning Act*, any person can make representation on the matter at the meeting.

What is Zoning By-law Amendment No. 4375 about?

The general intent of this amendment is to rezone the subject property located at 28 Ednora Road from "A80" Agricultural General Zone to "SR" Seasonal Residential Zone.



28 Ednora Road (Roll No. 449500)

Planning meetings are available to view live through YOUTUBE CHANNEL, RM OF ST. ANDREWS. In-person and online attendance for the Public Hearings will be available but registration is required. Please contact the municipal office at 204-738-2264 ext. 137 or edo@rmofstandrews.com by 2 p.m. the day of the meeting to register for attendance, speak to council, provide written comments or to register whether "for" or "against" or for information only on the application.

For more information please contact the Red River Planning District.
Red River Planning District Mon-Fri*
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm
**excludes all statutory holidays*
***NOTE: Property owners are responsible for notifying "Tenants"**



Announcements

Book Your Classified Ad
Today - Call 785-1618



CELEBRATION OF LIFE

Robert (Bob) Platt

A Celebration of Life for Robert (Bob) Platt will be held on Saturday, August 20, 2022 from 1:00 p.m. to 4:00 p.m. at the Social Club Room at 1630 Henderson Hwy. Please enter at the South Side Entrance Parking Lot.

OBITUARY

Linda Gayle Shaw December 6, 1951 – August 5, 2022



Peacefully on August 5 Linda Gayle Shaw of Selkirk, Mb passed away at St. Boniface Hospital.

Linda was predeceased by her parents Walter and Francis Stefanishyn; her brothers Stanley, Nick and John.

Linda leaves behind to mourn her passing, her daughter Tammie; son Trevor and granddaughters Hayley, Mackenzie, Sky and Destiny. Also her sister Shirley; brothers Lorne, Earl (Jean) and Eddie; as well as many nieces and nephews.

Mom loved to garden. Her home and her flower beds were her pride and joy. She loved to bake, especially cookies for her granddaughters.

Most important in Mom's life was her family, she took such joy in spending as much time as she could with all of us, which we will

cherish forever.

Mom was a very special person, always sharing food and visiting with neighbours and friends. She was always willing to give a helping hand. She will be greatly missed by all those who knew her.

Cremation has taken place and a private ceremony will take place at a later date.

Condolences can be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

André Eugene Joseph Lafrenière August 27, 1953 – August 08, 2022



It is with great sadness that the family of André Lafrenière announces his peaceful passing. He has gone home to be with his Gloria, his parents, and grandparents.

For those that knew André, and he knew a great many people as he would talk to everyone about anything, the most important thing to him was his family. As many people also know, our family is not only a blended family but also a family of the heart.

Born the second child of Alain and Rose Lafrenière, André was raised with siblings – Léon, Gilles (Joanne), Paul (Gloria) and Cécile (Bernie Lowe, dec) to have a strong sense of the importance of home, family and community. This was accomplished in many ways: weekends at the cabin, lending a hand or 10 to local farmers, church on Sundays, and community volunteering. However, the

large family celebrations, attended by all who could make it, is where the strong love of extended family is rooted. Birthdays, weddings and funerals are always attended, never missing an opportunity to connect and reinforce the strength of the family.

From his family's home to a family home of his own, André and wife Gloria (nee Baker) forged a new branch to the family tree. André worked for the Paper Mill in Pine Falls for over 35 years; we have all heard the mill stories, he had immense pride in his job but that always came second to his love of family and friends. André loved curling in both the men's league with Puck, his best friend, and in mixed bonspiels with his wife, Gloria. In the summer, you'd find him at the baseball diamond playing Slo-Pitch with the Mill electrical crew, "Ohm-Base".

On weekends, he would spend time with Gloria and his three girls: Chantelle (Josh), Neeks (Paul), and Bean (Adam); camping, trips to Winnipeg with the Naults, backyard bonfires, fishing or swimming at the family cabin in Hillside Beach.

Later in life, André welcomed Janice, Mat (Stephanie) and Merisa (Kyle) into his family. André delighted in teaching Janice and the kids the importance of family gatherings, the value found in extended family, and the strength to be found in community. Whether it was weekends at the cabin, family trips or visiting with extended family, the message remained consistent, its all about family. Like oil and water, a newly blended family doesn't always readily mix, but with time and perseverance we managed to create a rather large, loud, and loving family. A family that grew with new spouses, new "kids" and best of all grandchildren. André truly loved being a grampa and a pepere to Ashton, Hayley, Liam, Emily, Henry, James, Oliver, and Finnley. They will have great memories of pepere/grampa in the pool and ice cream on the deck.

The family has many great memories of our time together and have spent many hours reminiscing and telling André stories. We have all heard his stories of his grandparent's farm, large family gatherings with both his father's and mother's families, tales of his childhood, and stories about his large family. We have also heard a great many stories of his adventures with friends, hunting, fishing, curling, and of course his time spent at fly-in fishing lodges.

André was a master story teller and a master of the art of chit chat. We invite his friends and family to stop by Great Falls Community Hall on Sunday, August 28, 2022 from 1 to 4 p.m. to share stories and memories of André.

In lieu of donations, André's wish would be that you enjoy time with your loved ones.

Friends and family are invited to visit André's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to



OBITUARY

June Ann Lawson (nee Pruden)

Peacefully, on Monday, August 8, 2022, at the Selkirk Regional Health Centre, June Ann Lawson, aged 66 years of Petersfield, MB, beloved wife of Jeff, passed away.

In keeping with her wishes, cremation has taken place and a private family service will be held. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Marvin David Birston April 22, 1952 - August 1, 2022



On Monday, August 1, 2022, Marvin Birston of Selkirk, MB passed away suddenly at the age of 70 years.

Funeral services will be held on Monday, August 22, 2022 at 2:00 p.m. in the Old St. Andrews on the Red Anglican Church, St. Andrews, MB.

Friends and family are invited to visit Marvin's memorial page at @interlakecremation.ca where memories and condolences may be made.

Arrangements entrusted to



OBITUARY

John Julian Obirek December 11, 1933 - August 6, 2022



It is with great sadness that we announce the passing of our beloved brother and uncle on Saturday, August 6, 2022 at the age of 88. He passed away peacefully with family by his side.

John was predeceased by his parents Andrew and Mary; his siblings Jean (Metro), Bert (June); brother-in-law Charles; and nephews Darrell, Kelly, and Tim.

Left to cherish his memory are his siblings Ed (Dorothy), Elsie (Jim), Florence, Eleanor (Dan), Ron, and numerous nieces and nephews.

John will be remembered as a kind, gentle, caring and faith loving man. We are thankful for the time we shared with him throughout the years and in his final days.

We would like to thank the staff at Red River Place for the care and compassion they provided in his final days.

A private service has been held.

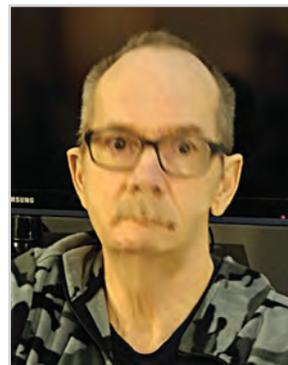
Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Ron Fox



Peacefully on Monday, August 8, 2022, at the Selkirk Regional Health Centre, with family at his side Ron passed away at the age of 70.

He is predeceased by his parents, Charlie and Margaret Fox, niece Stacey, sister-in-law Linda, brother-in-law Mark and trusty dog companions Charley and Simba.

Left to mourn is his brother Harold (Pat); sisters, Lynne (Doug), Sandra (Gary) and Charlene; nephews Chris (Angela), Jay (Michelle), Scott (Kim); great-nieces Kayla and Meghan and great-nephew Jonas.

After graduating high school Ron went to work at Abex Industries and worked there over 30 years until poor health forced him into retirement.

Ron loved the outdoors. He was an avid fisherman and hunter. In the winter he was often found on his ski-doo breaking trail or watching the snowmobile races. Ron seldom missed a Selkirk Steelers game and never missed a Jets or Bombers game on TV. One of his proudest moments was when he got to hold the Grey Cup when it toured the personal care home. Before his illness he was often seen at his favourite haunts being Tim's, A&W, Barney's and The Boot.

Special thanks to the wonderful home care staff who cared for Ron at home after his stroke (his fav Debbie). And to the nurses, health care aides, doctors and staff at Tudor Personal Care Home (Shorty, Susie, Chelsea, Tammy, and Misty to mention a few) where Ron received exceptional care and spent his last years. And lastly to the caring nurses, doctors and staff at Selkirk Regional Health Centre.

Cremation has taken place. Family and friends attended a graveside service on Friday, August 12 at 2:00 p.m. at the Selkirk Lutheran Cemetery, 6137 Highway 9A, Selkirk, Manitoba.

In lieu of flowers the family would be grateful for donations in Ron's memory to the Winnipeg Humane Society, the Heart and Stroke Foundation, Tudor Personal Care Home or a charity of your choice.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Announcements

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Selkirk Record

OBITUARY



Garry Donald Cole

Peacefully, on Friday, January 21, 2022, after a lengthy illness, Garry Cole, aged 69 years, of Selkirk, MB, beloved husband of Diane, passed away.

He was predeceased by his parents John and Jean Kologinski. In keeping with his wishes, cremation has taken place and a graveside service will be held on Monday, August 22 at 1:00 p.m. at the East Selkirk Cemetery. A luncheon will follow the service in the Gilbart Reception Centre at 1:30 p.m. Please use rear hall entrance.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Rudy Larry Heckert June 22, 1949 - January 24, 2022

It is with profound sadness and heavy hearts that we announce the passing of our beloved Rudy. His life was a gift, a blessing and a treasure that we will hold in our hearts forever.

He is cherished by his loving wife of 51 years Judy; son Jeremy and daughter-in-law Bronwyn, daughter Jennifer and son-in-law Allister and precious grandsons Takeo Fernie and Cruz Heckert. Loving sister Margaret Boyko; sister-in-law Della Heckert; brothers-in-law Garry (Ilda) Lichach and Brian (Jacqui) Lichach. Judy's daughter Michelle and her family. And many nieces and nephews that he was close to.

Rudy is now in the arms of loving family that preceded him. His Mom and Dad, Fred and Emilia (1972); brother Fred (2007); brothers-in-law Rudy Boyko (2011) and Wayne Lichach (1964);

parents-in-law Mike (1970) and Doreen (2008) Lichach.

Rudy was born in Selkirk and raised on the family farm at the end of St. Peters Rd. in East Selkirk. Due to the annual flooding of the Red River the farm house was moved into the village of East Selkirk in 1966. It is still there on the corner of Colville and Quarry.

He was an accomplished man and always thankful to the people who taught him many skills and gave him opportunities to grow. From an early age of selling raspberries with Harold Fox, or his first job off the farm at Thor's Meats. He learnt so much from Bud and Ed. A summer job at the MRM which lead to a banking job with BMO. His 20's took him from Selkirk to the North end of Winnipeg to Esterhazy and Kampsack, SK.

Sweethearts in grade 8 and again in grade 12, Rudy and Judy were married August 14, 1971. A love story that continued and stood the test of time for over 50 years.

In 1972, after he lost both parents within a month of each other, Rudy left the bank and he and Judy moved back to East Selkirk.

In the spring of 1976 with the help of family and friends, they reopened The Lighthouse Chip Stand in East Selkirk. Judy's parents, Mike and Doreen, operated the Lighthouse from 1959 to 1969. Its success allowed Rudy to leave his position at Manpower in Selkirk to work in the stand as chief cook. For the next six years life was hectic but wonderful. Jeremy was born September 1976 and Jennifer December 1977...It was busy!!! Friendships with the Lighthouse staff are still held dear to this day.

During the off season of the stand, Rudy worked at Barnes Western and was a school bus driver for the LSSD, which he continued to do for over 20 years.

In 1982 he built their dream home on the Two Mile Road happily living there for the next 23 years. His brother Fred taught him everything - carpentry, electrical, plumbing, drywall. He was in his element when renovating and building with Fred, Donnie Toews and Bob Hyrich.

Partnered with Peter and Heather Unik, Rudy and Judy opened Sports Plus in Selkirk in 1987. Again, many new skills were mastered including skate and ski sharpening, engraving and trophy construction.

In 1997 Rudy joined Judy in real estate and they again proved their recipe for success working side by side over the next nine years.

Then in 2006 they made a huge change and moved to Tofino on Vancouver Island to be closer to their kids. It was very hard leaving family and friends, but for the next 15 years it was nothing but wonderful. To be only five minutes from the kids made every part of that journey worth it.

Rudy was a dedicated volunteer fireman on the East Selkirk Fire Dept for 38 years. He was an original member, always holding the department in high regard.

Rudy was very community minded, being instrumental in getting the East Selkirk Rec Centre built. He was also an active Kinsmen for 15+ years which was truly a highlight. So many projects and fun times. Kinship that has lasted to this day.

Rudy loved a good time, especially to dress up and dance especially after a rye and ginger. He was the kind of person you instantly liked and was always in good spirits. He and Judy had a rich and wonderful social life filled with so many good friends, dinner parties, costume parties and get-togethers. These friends became like family, a very close and special bond.

His most loved and cherished job was that of being a Dad to Jeremy and Jennifer and Papa to Takeo and Cruz. Rudy was extremely proud of and devoted to his kids - he would do anything for them. There was always a project on the go and done with patience and so much love. He was a super Dad!

A life well lived, well loved and well treasured. He is missed beyond words today, tomorrow and forever.

A heartfelt thank you to everyone for the love, support and kindness we received as Rudy battled pancreatic cancer. He passed at home surrounded by his family, including his sister Margaret who came from Manitoba. She was such a comfort and help.

If desired, please make a donation to a charity of your choice.
The family will be hosting a Come & Go Luncheon in Celebration of Rudy's Life on Thursday, September 8, from 12:00 to 4:00 at the East Selkirk Hall.

OBITUARY



Karen Goodman

Karen Goodman, 75, wife of Wynford Goodman, formerly of Franklin Ave, Bathurst, passed away on Tuesday, March 2, 2021 at the Chaleur Regional Hospital, Bathurst.

Born in Regina, SK, she was the daughter of the late William Harold and Betty Mae (Paterson) Fogarty. Besides her husband, she is survived by one sister, Patricia Fogarty-Crowell (David) of Calgary, AB; step daughter Jean (Wes), step sons Curtis (Samantha), David (Lexie), Timothy (Emelie), numerous step grandchildren and nephews.

Memorial service will be held on Friday, August 19, 2022 at 2:00 p.m. in the Gilbart Funeral Chapel, Selkirk. The service will be livestreamed via a link on her obituary at www.gilbartfuneralhome.com

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Edwina Gertrude Mary Hoogenberg

Into the arms of Jesus, Angels transported Edwina on her journey with the Lord and back into the arms of her beloved Cecil (predeceased February 17, 2022). Edwina passed away peacefully with family by her side on Thursday, August 11, 2022 at the Health Sciences Centre at 83 years of age.

Edwina was born August 18, 1938 in Ste. Amelie, Manitoba. She moved to Winnipeg where she met and married the love of her life Cecil. They were married for 63 amazing years.

Edwina and Cecil moved with their family to the farm in Lockport, Manitoba in May of 1966 where they started a weanling operation. Once her children reached school age Edwina worked full time at Lower Fort Garry. Edwina's work at Lower Fort Garry involved cataloguing artifacts and gathering research. She worked her way into the curatorial department which led to her becoming the person

responsible for maintaining the Hudson's Bay Collection. Regardless of her work responsibilities Edwina always put her family first. Along with Cecil, Edwina was very involved in the church and surrounding community, particularly the Lockport Children's Festival and The Ladies Auxiliary.

In 1986 Edwina and Cecil purchased a cabin on Thaddeus Lake, where they spent many years of enjoyment with their family and friends. They wanted the cabin to be a place where their family could enjoy exploring and bush riding in the old International truck. Spending many hours with family and friends berry picking, mushroom picking, and teaching them how to fish. She kept daily journals at the cabin to make sure all events were recorded and remembered. These often included her "very special" hand drawn illustrations. Edwina did everything possible to be the best Mother, Aunt, Oma, and Great Oma she could be and if you ask any of her children, grandchildren, and great-grandchildren they would tell you how amazing she was at all three! Making sure every one of them felt how uniquely special they were to her.

During the winter months Edwina and Cecil often visited their son David and his wife Alma in Ajijic, Mexico where they became a beloved part of Alma's family. Christmas was also a very special time of year for Edwina and Cecil. Each year they shared the tradition of Pannetjes with their family and close friends. This took many hours of preparation that always led to hours of eating and sharing stories together. Edwina always made her famous shortbread cookies, peanut squares and butter tarts. Her grandchildren and eventually great-grandchildren would help her set up the manger each year.

Edwina will be remembered as a loving mother, Oma, and Great Oma. She leaves behind her four children, David (Alma), Teresa (predeceased - Roxy), Hal, and Celina (Rob); as well as six grandchildren Annelies (Kristian), William (Madeline), Michael (Brienne), Foster, Berend, and Leen; and five great-grandchildren Adrien, Emily, Lyla, Maddox, and Maverick.

Funeral Mass will be held on Wednesday, August 17, 2022 at 11:00 a.m. in the St. Margaret's Roman Catholic Church, Little Britain, MB with Fr. Gerald Langevin officiating.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Joan Leona Haley

It is with profound sadness that we announce the passing of Joan Leona Haley (nee: Fraes), peacefully on Saturday, August 6, 2022. Fortunately many family members were able to visit and say goodbye in the last week.

As per her wishes, there will not be a formal service.
Cremation has taken place. Interment will be in Elmwood Cemetery.

Arrangements entrusted to

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The Selkirk Record

OBITUARY



Theresa Mary O'Bomsawin

It is with great sadness the family of Theresa Mary O'Bomsawin shares the news of her sudden passing on July 25, 2022 at the age of 45 years.

Theresa is lovingly remembered by her children Taylor, Emily and Brandon; partner Calvin; loving fur babies Ace and Mimi; fathers Bernie O'Bomsawin and Alex Allard; siblings Tonya (Alexander), Jeff (Karren), Paul (Tisha), Melissa (Shawn), Julie, Andre (Natalie), Joey (Michelle); in-laws Allan and Joanne Sigfusson, Kris (Amity); numerous nieces and nephews, aunts, uncles, cousins, great friends and coworkers.

Theresa was predeceased by her mother, Catherine Allard; her maternal grandparents, Lloyd and Mary-Ellen Younger; paternal grandparents, Sylvia and Noella O'Bomsawin, Gilles and Laurette Allard; as well as several aunts, uncles and cousins. Theresa was

also predeceased by her best friend Tara Mackeill and Tara's daughter Paige, it brings great comfort to the family knowing they are all reunited once again.

Theresa's pride and joy has always been and forever will be her three children, she was their biggest cheerleader. She shone the brightest when talking about Taylor's career path, Emily's recent graduation and Brandon's mad hockey skills. At a young age, Theresa had a penchant for helping others. This passion led her into the field of home care for several years and most recently working with youths where she made meaningful connections. The family knows it will be one of Theresa's greatest wishes not only for her children but also these young women to follow in a successful and loving path.

Theresa's Celebration of Life was held at Little Mountain Sportsplex, 64-128 Klimpke RD, August 12, 2022 at 1 p.m.

In lieu of flowers, donations can be made to Klinik Community Health, Attention: Donation Team.

Friends and family are invited to visit Theresa's memorial page @interlakecremation.ca where memories and condolences may be shared.

Arrangements entrusted to

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OBITUARY



Barbara Gust

After a short stay at the Selkirk Hospital, Barb passed away on August 7, 2022

Cremation has taken place and burial was held on Friday, August 12, 2022 at 12:30 p.m. at Little Britain Cemetery in Lockport.

Barb grew up in Winnipeg with her parents Ruth and Roy Black and her siblings: Jim, Ron, Dave. Her early years were spent hanging out with many childhood friends and attending Florence Nightingale School. She would graduate from Sisler High School.

One of Barb's first jobs as a teenager was babysitting for \$1-2 a night. That was a lot of money back then.

Barb would later meet Dan and they were married on Nov 18, 1972 in Winnipeg. Many years later they moved to Alberta.

While in Alberta, Barb held many jobs. She aspired to be a teacher or nurse but life had other plans. She was a dedicated hard

worker outside the home. She often worked as a bookkeeper, held various administrative positions, looked after dementia residents at a long term care facility, managed a restaurant and challenged herself as an insurance agent and did great!

In her down time Barb always enjoyed crosswords, cooking and baking, camping, boating and country music. Alan Jackson was her favorite!

Christmas was always special. She prided herself in meticulously decorating the house and tree. She enjoyed all the baking and cooking, wrapping gifts, Christmas music and being with family.

Nicknames: Bobby, Pork Chop, Babs, Sam.

Many years later, she would end up returning to Winnipeg to look after her ill Mom. Her parents were everything to her. After her Mother, Ruth, passed she would then end up taking care of her Father until he was accepted into a long term care facility.

Her daughter, Rhonda, would stay in AB and marry. She had two kids, Austin and Ashley. Barb loved her grandkids! Fur babies also held a special place in her heart. She loved dogs and always had them by her side.

The latter part of Barb's years would find her in an independent seniors complex in Selkirk, MB. Everyone in the complex said she was such a social butterfly; always helpful and willing to lend a hand. She even tried music instruments on music days.

Selkirk would be her final resting place.

She will be missed.

Friends and family are invited to visit barb's memorial page @interlakecremation.ca where memories and condolences may be shared

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OBITUARY

Verna Grace Gamache (nee Wright)

October 25, 1938 – Aug 15, 2022

Peacefully on August 15, 2022, Verna passed away at the Selkirk General Hospital at 83 years of age.

Full obituary to follow.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Audrey Esther Bergman

On July 29, 2022 Audrey passed away at the Grace Hospital into the loving arms of Jesus at the age of 84 years.

Cremation has taken place and a memorial service will be announced at a later date.

A full obituary will appear on the funeral home web page shortly. Friends and family are invited to visit Audrey's memorial page @interlakecremation.ca where memories and condolences may be shared.

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OBITUARY

Albert Victor (Vic) Mastin

Unexpectedly, on August 8, 2022, Albert Victor Mastin passed away in his sleep at home in Gimli, MB, at the age of 73 years.

Victor was predeceased by his parents Albert and Anna Mastin and his father and mother-in-law, Tony and Herta Derby.

Victor is survived by his loving wife Gail (nee: Derby); his sister Lorna (Ivor) Schedewitz; his brother Rev. Howard (Joan); brothers-in-law Brian (Cindy), Eric (Lauren), Garry (Wanda); nieces, nephews, great nieces, and great nephews and many other relatives and friends.

Victor was born in Winnipeg. He married Gail Derby in 1972 and they lived in Winnipeg until 1982 when they moved to the RM of Springfield – Oakbank and then in 1997 moved to the RM of Gimli. One of Victor's happiest days was when he celebrated his 50th Wedding Anniversary on March 25, 2022 with Gail.

He worked for United Grain Growers for over 28 years with many promotions and was Manager of Technical Support.

Victor loved working on his HO trains. He enjoyed carpentry, which his father-in-law Tony Derby (Master Carpenter) taught him. He enjoyed helping his family and friends build garages and doing renovations.

Victor loved the farm where he could go and walk in the woods with his dog and enjoy nature.

Victor had a wonderful English humour and was very kind and loving. He was the best husband a wife could want. He will be missed!

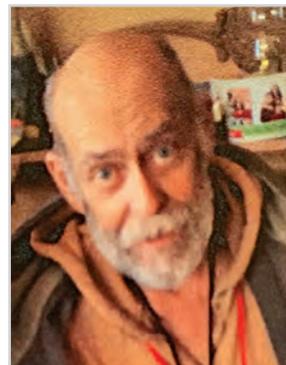
In keeping with Victor's wishes, blessings were done before cremation and prayers were done with Pastor Glen Gelhorn of Grace Lutheran Church in Winnipeg while cremation was taking place.

A Celebration of Life will take place later in the year.

Friends and family are invited to visit Victor's memorial page @interlakecremation.ca where memories and condolences may be shared.

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OBITUARY

Donald Gunderson

1939 - 2022

Donald Gunderson passed away July 28, 2022, at the age of 82.

He left to mourn his wife of 13 years Sissel; his children Greg (Susan), Bonnie (Brett) and stepchildren Kathy (Andrew), Mike (Angela). Grandchildren Mike (Chrystal), Tanya (Nick), Hunter (Kaylie), Zachary (Gina), Andrew, Nicholas, Amelia, and Beau, and great grandchildren Corrinaa, Jaxson, Jace and Lexi. Siblings include Lloyd (Pat), Dennis (Judy), Murray, Donna (Ron) and Carol (Ron); in-laws Linda, Bev, Jan (Ina) and Glenn (Jeannie).

Don was predeceased by his wife of 46 years Irene; daughter Brenda; parents Clarence and Laura; sister Esther and brother-in-law Victor; and brothers Carter, Raye and Edward, mother-in-law Alida.

Don was a member of the Royal Canadian Legion #42 and the over 60 Club. He truly enjoyed spending time with his family and friends. He especially liked going on his annual camping and fishing trip as well as his traveling adventures. Whether it was going to Texas for the winter or going on a trip to the casino. Don was always willing to help anyone with anything and would not rest until he "Got er Done".

A Celebration of Donald's Life was held at the Royal Canadian Legion in Selkirk on Saturday, August 13 at 6:00 p.m.

In lieu of flowers, donations in his memory may be made to the charity of your choice.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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<p>HH TEAM COMING SOON!</p> <p>65 Tamarack Trail Alexander</p>	<p>HH TEAM COMING SOON!</p> <p>178 Fort Garry Road Lockport</p>	<p>HH TEAM COMING SOON!</p> <p>228 Rosser Avenue Selkirk</p>	<p>HH TEAM NEW!</p> <p>\$47,500</p> <p>15 Balsam Cove Beaconia</p>	<p>HH TEAM NEW!</p> <p>\$519,900</p> <p>56 Homewood Dr Winnipeg</p>	<p>HH TEAM NEW PRICE!</p> <p>\$359,900</p> <p>78 Sage Wood Ave Winnipeg</p>	<p>HH TEAM 80 ACRES!</p> <p>\$280,000</p> <p>5067 E Road 100 N Komarno</p>
<p>HH TEAM 2 BED 1BATH!</p> <p>\$169,900</p> <p>221 Britannia Ave Selkirk</p>	<p>HH TEAM 1,275 SQ FT!</p> <p>\$219,900</p> <p>515 Toronto Avenue Selkirk</p>	<p>HH TEAM 3.7 ACRES!</p> <p>\$499,500</p> <p>260 Wesley Drive St Clements</p>	<p>HH TEAM 80 ACRES!</p> <p>\$355,000</p> <p>113142 13 Road E Fraserwood</p>	<p>HH TEAM RIVER FRONT!</p> <p>\$569,900</p> <p>82180 St Peters Rd East Selkirk</p>	<p>HH TEAM 1,216 SQ FT!</p> <p>\$249,900</p> <p>215 Donohoe Ave Petersfield</p>	<p>HH TEAM 1,792 SQ FT!</p> <p>\$395,700</p> <p>6059 No.9A Hwy St Andrews</p>
<p>HH TEAM TURN KEY BUSINESS!</p> <p>\$89,900</p> <p>C-201 Melrose Ave Transcona, Wpg</p>	<p>HH TEAM 2+ ACRES!</p> <p>\$109,900</p> <p>Lots 2 & 10 Fuller Rd East Selkirk</p>	<p>HH TEAM TREE LOT!</p> <p>\$19,900</p> <p>0 Sandstone Cres Valhalla Beach</p>	<p>HH TEAM TREE LOT!</p> <p>\$55,000</p> <p>375 John Street Gull Lake</p>	<p>HH TEAM GIMLI LOT!</p> <p>\$49,900</p> <p>15 Wedgewood Pl Gimli</p>	<p>HH TEAM RIVERFRONT PROPERTY!</p> <p>\$220,000</p> <p>20 Creek Place East Selkirk</p>	<p>ASHLEY WATER FRONT PROPERTY!</p> <p>\$649,900</p> <p>501 Tallie Avenue Petersfield</p>
<p>ASHLEY 4 ACRES VACANT LAND!</p> <p>\$190,000</p> <p>338 Wesley Drive East Selkirk</p>	<p>ASHLEY DUPLEX INVESTMENT!</p> <p>\$220,000</p> <p>132 Lorne Avenue Winnipeg</p>	<p>HH TEAM PENDING!</p> <p>\$399,900</p> <p>737 Pandora Ave W Winnipeg</p>	<p>HH TEAM PENDING!</p> <p>\$274,000</p> <p>#1403-6940 Henderson Hwy</p>	<p>HH TEAM SOLD!</p> <p>\$319,900</p> <p>209 Edith Ave Petersfield</p>	<p>HH TEAM SOLD!</p> <p>\$339,900</p> <p>30 Louise Bay Selkirk</p>	<p>HH TEAM SOLD!</p> <p>\$259,900</p> <p>111 Carmen Avenue Winnipeg</p>

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