

'It's hard to realize that she's gone forever'

Mother opens up about daughter's 2009 fentanyl overdose death

By Austin Grabish

When Marie Walker looks out her office window she can see the house where her daughter took her last breath.

A white house on Selkirk's Dufferin Avenue across the back lane from the Selkirk Friendship Centre is where Desiree Langlois, 26, died of a fentanyl overdose in February 2009.

Walker's husband found Desiree lying on the ground cuddled next to her 20-month-old baby girl's crib.

"I can see the house she died in from here," said Walker, 60, during an interview with the *Selkirk Record* at the Selkirk Friendship Centre last week.

The news of the mother of three's death shocked Walker and left the community shaken.

For months, rumours about what or who could have killed Desiree swirled around Selkirk. Suspicious circumstances surrounded her death and RCMP did not initially rule out foul play.

Continued on page 11



RECORD PHOTO BY AUSTIN GRABISH

Marie Walker's daughter died of a fentanyl overdose in 2009 and now she's sharing her story to help warn others about the prescription drug which has been linked to a recent spur of deaths across Canada.

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Former Brokenhead chief named NDP candidate

By Austin Grabish

Deborah Chief vows to represent the people well if elected MP this fall, but admits she has a lot of work to do before next month's federal election.

Chief was named the NDP's candidate for the Selkirk-Interlake-Eastman riding at a nomination meeting in Selkirk on Sunday.

She said she was overjoyed to be named the party's candidate.

"It's amazing," she said, after thanking her partner and campaign manager, Treasure. "I'm very proud and honoured to be the candidate."

Chief, the former chief of Brokenhead Ojibway Nation, gave a short speech about what she would do if elected MP for the riding.

"In our culture the eagle feather helps us speak the truth," she said, while holding an eagle feather of her own.

Much of her speech focused on promises already made by federal NDP leader Tom Mulcair.

She told the crowd of roughly 100 in attendance she would support an inquiry into missing and murdered indigenous women and supporters shouted "shame" when she said, "Mr.



RECORD PHOTO BY AUSTIN GRABISH

Deborah Chief, centre, will represent the NDP in the upcoming federal election for the Selkirk-Interlake-Eastman riding following a vote by local party association members on Sunday. Churchill MP Niki Ashton, left, and Manitoba Finance Minister Greg Dewar, right, congratulated her after she was named the party's candidate at a nomination meeting in Selkirk on Sunday.

Harper needs the United Nations to tell him to have an inquiry."

She called the treatment of veterans by the Harper government "appall-

ing," and took shots at both the Liberals and Tories.

Chief managed to beat retired parliamentary translator and Gimli resident Marc Gourdeau who was also vying for the position.

Her win fills a hole left by officials with the New Democrats in Ottawa who have dragged their feet for months in allowing the local riding association to set the date for Sunday's vote.

There are 45 days left until the federal election and Chief said there's lots of work ahead of her.

During his speech, Gourdeau said he supported everything Chief said.

He also took a shot at Conservative incumbent James Bezan, who is seeking re-election, by saying his experience in Ottawa as both a translator and interpreter was reason enough for him to be the next MP for the riding.

"Mr. Bezan has had 11 years of experience in Ottawa," he said." I have 33."

The number of votes received for both candidates wasn't disclosed at Sunday's meeting.

Liberal candidate Joanne Levy, Green Party candidate Wayne James, and Libertarian candidate Donald Grant are all running for the MP's seat.

Voters go to the polls on Oct. 19.

Hillside Beach resident to represent Libertarian Party

By Austin Grabish

It may be Donald Grant's first shot at federal politics and you may not have heard of his party, but the Hillside Beach resident wants you to know that's OK.

The 47-year-old is the latest can-

didate to throw his hat in the ring to fight for the Selkirk-Interlake-Eastman MP's seat this fall.

Grant is representing the Libertarian Party of Canada, a party he describes as being socially liberal and fiscally conservative.





DONALD GRANT

It's his first shot running at politics, and he is hopeful work he did a few years ago for a candidate running for presidency at the Manitoba Métis Federation will help him with his own campaign.

Grant, the owner of an independent construction company, said his party is all about individual choice and he is running to represent something different.

"I just want the people to know that

you don't need a law degree or any type of degree to represent the people and there's more out there than just what they're used to,"Grant said."Just so the people could have a choice not just the status quo politicians running year after year ... see what we could do as Libertarians and spread the word, spread liberty, let people know what we're about."

Grant said the Libertarians aim to help individuals take more control over their lives and promotes free market economic policies and entrepreneurship.

He said this could translate into some parts of Canada's health care system being privatized, noting on the campaign trail he has already heard about ER wait times from concerned seniors who would rather pay than wait for care.

"People, they're scared," Grant said. "They don't want to die in a waiting room or an emergency room."

Other candidates fighting for the Selkirk-Interlake-Eastman MP's seat include Liberal candidate Joanne Levy, Conservative incumbent MP James Bezan, Green Party candidate Wayne James, and NDP candidate Deborah Chief.

Dawg Days end on a good note



RECORD PHOTOS BY BRETT MITCHELL AND LINDSEY ENNS ABOVE: Tom Pachal performs during the City of Selkirk's last Dawg Days of Summer event at the Selkirk Waterfront last Wednesday. BELOW: Stu Porteous of Winnipeg braves the hot temperatures to perform during Dawg Days of Summer at the Selkirk Waterfront on Aug 13.



RCMP confirm alcohol factor in crash near Birds Hill park



PHOTO COURTESY OF FACEBOOK

Emergency personnel and East St. Paul RCMP were called to a multivehicle collison along Highway 59 near Garven Road on Saturday afternoon. RCMP say alcohol is considered a factor in the collision.

Staff

A multi-vehicle collision shut down a portion of Highway 59 near Birds Hills Park Provincial Park on Saturday.

East St. Paul RCMP and local emergency services were called to a motor vehicle collision on the northbound lane of Highway 59 close to the Garven Road turnoff around 2:33 p.m. on Saturday.

Investigation later revealed a vehicle travelling southbound in the northbound lane caused the collision, according to RCMP. In total, four vehicles were involved and all occupants being brought to hospital with unknown injuries.

RCMP confirmed alcohol was a factor in the collision and seatbeats were being worn by all occupants.

Traffic detours were in effect for sev-

eral hours while emergency personnel remained on scene.





Hailstorm wrecks havoc on farmers' fields in Teulon

By Lindsey Enns

Some local farmers looking forward to a record crop this year have had their hopes and fields trampled by rain and hail.

Pam de Rocquigny, the province's cereal crops specialist, said a hailstorm which ripped through the Teulon area on Aug. 21 and 22 caused anywhere between 10 to 90 per cent damage depending on individual farmers' fields.

"That doesn't mean other areas didn't sustain damage," de Rocquigny added.

The *Selkirk Record* reached out to several farmers in the area, most of which said they have or would be filing insurance claims for hail and in some cases property damage, while others were waiting for their fields to dry.

"They were wet all summer and then they were just getting better and then it rained again," said one hay farmer near Gimli who asked to remain anonymous. "I'll wait a little bit but you got to go, the year is ending."

Rainfall amounts throughout the Interlake region ranged from 15 to 80 mm while Eriksdale, Selkirk and Teulon received 50 to 80 mm of rain that weekend, according to the province's crop report issued on Aug. 24.

Pea sized hail was reported mainly in the Teulon area, which can be detrimental to canola crops this time of year, according to former Keystone Agricultural Producers president Doug Chorney.



RECORD PHOTO SUBMITTED Soybean fields, such as this one located near Matlock, were hit hard by a rain and hailstorm in the Teulon area on Aug. 21 and 22.

"At full maturity the crop is most vulnerable and has no ability to recover as opposed to some earlier season hail," said Chorney, who farms 1,500 acres of land in East Selkirk."For canola, if it's fully matured, it shatters the pods and seed is dropped on the ground and is lost.

"There's no recovery possible." Chorney said he heard first hand from farmers in the Teulon area who said the hail damage their crops sustained was "terrible."

"With canola you could literally lose 80 per cent of your crop in a hailstorm so it's very, very hurtful to your financial outcome for the year," he said. "Your crop is your ... only payday once a year and you spend all year working towards this moment of harvesting a crop and to lose it ... is a complete setback for a farm." "YOU SPEND ALL YEAR WORKING TOWARDS THIS MOMENT OF HARVESTING A CROP AND TO LOSE IT ... IS A COMPLETE SETBACK FOR A FARM."

Although most farmers have crop insurance, which can cover hail damage, these programs don't provide as big of a payout as a good crop would, Chorney said.

"There's a cost to having that insurance and the payouts aren't really as good as it would be if you harvested a crop and sold it," he said. "You definitely can't make money off collecting insurance."

According to Monday's provincial crop report, hot temperatures and humid conditions have delayed harvest in many parts of the Interlake region. Harvesting of cereals is estimated to be 45 to 50 per cent complete with many acres in the northern part of the Interlake still left to be harvested. Canola continues to be harvested and swathed and combining is slow due to wet field conditions in both Teulon and Selkirk.



Selkirk to host World Suicide Prevention Day Walk Sept. 10

Staff

Selkirk will host its own World Suicide Prevention Day Walk next week.

Lacey Smith said herself along with her mother and two sisters have been hosting it for the past four years.

This year's walk is being on Thursday, Sept. 10 at 6 p.m. at the Gaynor Family Regional Library. Those in attendance are welcome to join the walk down Manitoba Avenue to Main Street and then back to the library for refreshments that are being provided by the Selkirk Friendship Centre.

Greg Dewar MLA for Selkirk 204-482-7066 1-855-695-1361 GregDewar.ca



Sharing memories from aboard the MS Lord Selkirk

Heritage group seeking content to add to local history website

By Lindsey Enns

Ed and Maureen Johnson still remember boarding the MS Lord Selkirk II for their honeymoon in 1972.

The couple was married in Winnipeg on Oct. 7, 1972 and saved for years so they could set sail for their honeymoon.

"It was the adventure of a lifetime for a couple of 19 year olds," Ed wrote in an email to the *Selkirk Record* recently. "Since this was our honeymoon, we thought we would go all out and booked the best suite on the ship, Luxury Suite A, on the top deck, close to the bridge.

"The ship was quite grand and we were in awe."

After boarding the ship the day after their wedding, Ed said they were served dinner on the lower deck in the grand dining room and were invited to dine at the captain's table for the entire cruise.



RECORD PHOTO SUBMITTED

Ed and Maureen Johnson board the MS Lord Selkirk II at the Selkirk dock for their honeymoon in October of 1972.

"The captain regaled us with many interesting stories of his various trips up and down Lake Winnipeg," he said. Their first stop on the cruise was Hecla Island and during that time, Ed said the area was fairly remote. The next stop was Grand Rapids where passengers were lead through a tour of the Hydro electric dam and then later another stop at Beren's River, followed by a stop at Black Island the following day.

"These stops were primarily to load and unload cargo and had few facilities for passengers, but that didn't matter to us," Ed said. "We toured the dock areas and visited with some of the locals and found these stops to be among the most interesting."

Although the couple in their early 60's now live in Calgary, Alta. they have been following recent stories about the planned removal of the Lord Selkirk.

Memories and stories of the Lord Selkirk similar to their own were

"IT WAS THE ADVENTURE OF A LIFETIME FOR A COUPLE OF 19 YEAR OLDS."

shared during a farewell gathering for the ship hosted by the Friends of the Stuart House and the Red River North Regional Heritage Group on Aug. 23.

Although rain pushed the event indoors at the Marine Museum, about 80 people packed one of the ships to hear songs and stories about Selkirk's history.

The event also helped raise more than \$250 that will be divided up amongst the Marine Museum and the Stuart House restoration project, Red River North Heritage group chair Rob Sarginson said.

Sarginson added the group is currently collecting stories from the Second World War era and onwards that they hope to add to local a history website.

"A website can provide a broad spectrum of photos, testimonials and anecdotes of people who have witnessed," Sarginson said, adding they plan to join forces with a group behind a history website for St. Clements. "Archiving this stuff right now is a start."

Those interested in sharing their stories from that era can do so by calling Rob Sarginson directly at 204-482-6248 or via email evergreengate@ mymts.net.

Teams tee off at Selkirk golf course



RECORD PHOTO BY BRETT MITCHELL Teams teed off during the Selkirk RCMP's sixth annual golf tournament at the Selkirk Golf and Country Club on Aug. 24. Pictured from left to right, Jason Northwood, Ted Wur and Dave Milner watch Chris Anderson take a swing during the tournament.



City fixes Manitoba Ave. street signs following complaint

By Austin Grabish

A trio of improperly placed signs along Selkirk's Manitoba Avenue were quickly fixed by city staff following a complaint by a Winnipeg driver.

Kelly, a Winnipeg courier who didn't want his last name published, stopped by the *Selkirk Record's* office last Tuesday after noticing three incorrectly placed signs on Manitoba Avenue at Selkirk Crossing.

The signs instructing drivers not to turn right on a red, were placed on the side of the road at a new set of lights behind Reitmans and the main drive at Selkirk Crossing instead of on light standards across the street.

"I just thought that was really odd," Kelly said, adding he couldn't see the signs when coming out of the intersections. "You're trained a certain way on how to look for things and no right turn on red signs are always I guess to the right of the actual light standard so when you look up there and it's not there you think you're safe to proceed."

Some Selkirk drivers said they were also confused about the signs and took their frustration online.

"I couldn't see those signs in my



RECORD PHOTO SUBMITTED AND BY AUSTIN GRABISH

Signs telling drivers they can't turn right on a red light along Manitoba Avenue were quickly fixed by city staff following a complaint by a Winnipeg driver. A truck, pictured left, stops at the intersection behind Reitmans at Selkirk Crossing on Sunday. The intersection, pictured right, is seen without the sign, which was placed to the side of the road out of drivers' sight.

truck. They are supposed to be on the lights across the street so that they can be seen," read one Facebook post. The city fixed the signs shortly after Kelly's complaint saying crews noticed the problem during a follow-up

inspection of the intersections. "It was ridiculously quick," Kelly said praising the city's swift action.

City of Selkirk chief administrative officer Duane Nicol said citizens can call the city directly when they notice issues with traffic signs.

The City of Selkirk's operations department can be reached at 204-785-4930 or via email at operations@

cityofselkirk.com.

"While city staff do their best to find and address issues on their own – sometimes citizens will notice them first," Nicol told the *Record* via email. "People can help improve traffic flow and safety by contacting us if and when they notice such issues."

Beaver Bus Lines puts the brakes on Selkirk's Saturday service

By Austin Grabish

Beaver Bus Lines has put an end to its Saturday service and will now only operate its Selkirk to Winnipeg run during weekdays.

The company is citing declining ridership as the reason for the closure, which follows one made several years ago when it did away with its Sunday run.

The Saturday service has only been running during the day for the last few years, and ridership numbers have continued to go down, said Beaver Bus Lines president John Fehr Jr.

"It was a very tough decision. It wasn't an easy decision to make by any means," Fehr said.

Fehr said it doesn't make financial sense to be sending virtually empty buses all the way to Winnipeg from Selkirk. "You can't go up and down the road with a few people," he said. "We have to run it kind of efficiently as possible."

He said Beaver Bus Lines doesn't get government subsidies or grants and relies entirely on its revenue from the line to pay for costs associated with it.

The company offers charter services for school and sports teams, but the venture is kept separate from the commutes to Winnipeg, he said.

Staffing hours will be lost due to the Saturday closure, but no jobs will be cut, Fehr said adding part-time drivers staff the run.

Beaver Bus Lines raised its prices last year to try to combat lost revenues.

Training that Gets the Jobs!



RECORD PHOTO BY BRETT MITCHELL

Beaver Bus Lines says declining ridership has put an end to its Saturday service and will only operate its Selkirk to Winnipeg run during











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Hi friends, how's it going?

I always have a feeling of pleasant anticipation when my instincts tell me it's time to visit anglers on the harbour that's nestled right in the heart of Riverton on the Icelandic River.

It's such a comfortable place to fish from. I went there last week and was soon trading stories with pier side anglers while enjoying the view of the wide river with its marsh fields along its edges punctuated occasionally by the private docks of homes along the banks.

As we joked around my attention was captured by the sound of a runabout coming upstream. Through the hot sticky hazy morning sun a boat, nose high plied the green-grey waters splashing small white waves from either side of the bow as it came toward us. Presently, it docked and as a whole boisterous family left the boat, I went to them asking if they had caught any fish.

A friendly smiling chap who I thought to be the father nodded yes as he tied off the boat. Amid the families' chatter on the dock, we got to know each other. The father, Stan Plett and his wife Liz, daughter Keandra and grandchildren William and Jayden from Arborg were hosting daughter and son-in-law Jenelle and Steven from Regina, home for a summer visit. Jenelle jokingly mentioned that just as she caught a bass that morning she got stung by a bee. Later as I was taking a group picture of this fine family it occurred to me that this was the second week in a row we had the pleasure of meeting a fishing family.

Then there was "Cowboy Joe." I was wandering around the "monkey trails" on the Red north of Selkirk the other day and I saw this somewhat shorter fellow with large pearl earrings, a long grey ponytail, goatee and mustache under a Panama hat fishing off the bank.

Well, you know me, within minutes



RECORD PHOTO BY ARNIE WEIDL

The Plett family enjoy a day on the Icelandic River recently. Pictured from left, back row, Jayden, Liz and Keandra, front row, Steven, Jenelle, William and Stan.

I was parked by his SUV getting to know our newest angling friend Roberto Medina of Winnipeg. Rob it turns out is retired and spends time around the Garden City Mall because his wife works at a nearby hospital. This unique, quick, smart fellow had a large tattoo of a bronco bull on one shoulder and a scorpion on the other that had lead folks at the Mall to give him his nick-name. Rob told me of a time not long ago when he was fishing across from Sugar Island he caught a very large bass and when he realized the gear he was using wasn't heavy enough to bring the fish in, without hesitation he secured his rod, took off his shoes and pants and waded into the water claiming his fish with his bare hands.

Just before last weekend I stopped at Roxi's in Selkirk for breakfast. Sitting across from me were two guys, one of which stood out as an energetic can-do kind of person. I told myself to just mind my own business, eat and get along over to the east side of Lake Winnipeg and find some folks to talk

fishing with. Then I heard him say he had caught a 3' jackfish up north I was sunk. I put my knife and fork down, gave him a broad smile, pulled out my recorder and introduced myself.

Our new friend Rick Perrin of Petersfield and Winnipeg lives to fish. As with many guys who work up north and fishing all those seldom touched lakes he was able to show me one master sized jackfish picture after another. You're a lucky man Rick!

Eventually I did get over to Pine Falls and at the dock I met a newcomer to our country and our sport. Walking along the dock I struck up a conversation with an extraordinarily tall chap, Shoya Kaneko, from Japan. He had just caught a bass and was totally overjoyed. It seems he's only fished three times and has been three times lucky. Welcome

to our fraternity Shoya! Feel free to come back, bye

for now.



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Selkirk woman named face of Winnipeg's ovarian cancer walk

By Lindsey Enns

Being a palliative care nurse in the Interlake, Crystal Reiter never dreamed she would one day be the one needing help.

But shortly after noticing a lump in her abdomen in 2007, the Selkirk mother of three was diagnosed with ovarian cancer.

"I was pretty terrified," Reiter said."I have always been someone who goes to their check ups ... pretty regularly and I thought I was pretty aware of my body."

Now one major surgery and several rounds of chemotherapy later, Reiter has been named this year's spokesperson for Winnipeg's Ovarian Cancer Canada Walk of Hope. This year's walk will start at 10 a.m. at Rainbow Stage in Kildonan Park and all funds raised will go to ovarian cancer research and education. For more information or to register for the walk, visit ovariancancerwalkofhope.ca.

Known as Canada's most fatal wom-



CRYSTAL REITER

en's cancer, ovarian cancer claims the lives of five Canadian women each day. Although it is difficult to detect and often found in its late stages, there is still no screening test and many people don't know much about it, something Reiter wants to help change.

"Lots of people are poorly informed

"OFTEN TIMES OVARIAN CANCER IS CONSIDERED A DEATH SENTENCE AND I'VE BEEN DOING THIS SINCE 2007 SO I'M HAPPY ABOUT THAT."

about ovarian cancer," she said. "They don't know about it, they think they're safe getting a pap test, so I kind of feel getting the word out to people is important."

The 50-year-old is currently recovering from a recent round of chemo, but says she hasn't let her diagnosis slow her down.

"Originally when I was diagnosed the doctor that I had at that time ... said 'what are you going to do, sit at home and feel sorry for yourself? Go to work,'" she said with a laugh. "You can just sit in the corner and cry but that's not going to get us anywhere ... that's just not me."

Along with being an Ovarian Cancer Canada volunteer with the Survivors Teaching Students program, Reiter and her husband Daren also successfully climbed Mount Kilimanjaro in 2013 as part of OCC's Expedition of Hope to raise funds for ovarian cancer research and education.

"Often times ovarian cancer is considered a death sentence and I've been doing this since 2007 so I'm happy about that," she said, adding being both a nurse and a patient has provided her with a "different perspective."

The Ovarian Cancer Canada Walk of Hope is organized in more than 45 communities nationwide, and is the only initiative that directs all awareness and fundraising to overcoming ovarian cancer.

Reiter said she is looking forward to attending the walk in Winnipeg later this month along with continuing to raise awareness about the disease.

Province purchases 52 new ambulances, 18 will serve Interlake

Staff

The province is purchasing 52 replacement ambulances and 18 of them will be used throughout the Interlake, Premier Greg Selinger announced on Tuesday.

"We want to provide even better care for patients across Manitoba," Selinger said in a release. "These new ambulances will help provide a more comfortable and safer ride for patients while reducing the risk of injury to paramedics. That's important to us."

The \$6.2 million provincial investment will add to the Manitoba fleet and include a new suspension system to improve the ride for patients and better protect paramedics on the job, Selinger said.

Costs for the new suspension system are included in the full ambulance

vehicle cost. Ambulances will be delivered to EMS stations across the province, starting early this month, Selinger said. The new ambulances will be located in all health regions including four in the northern region, nine in Southern Health–Santé Sud, nine in Winnipeg and 12 in Prairie Mountain Health.

"We know our paramedics do everything they can to make patients comfortable," said Ron Van Denakker, chief executive officer, Interlake-Eastern Regional Health Authority, which will be receiving 18 of the replacement ambulances for use in communities throughout the region. "We're all looking forward to getting our new ambulances in the fleet so we can further safeguard paramedic health and extend the comfort they provide to patients and include an improved quality of ambulance ride."

After extensive research and testing, the ambulances will have what is known as a liquid-spring suspension. Testing took place over the course of a year to make sure the system would work in all types of Manitoba weather. "As an emergency call or inter-facili-

ty transfer is often a stressful event for a patient, the Paramedic Association of Manitoba supports improvements in the safety, comfort, and improved quality of care for Manitobans," said Cameron Ritzer, director, Paramedic Association of Manitoba.

The system has a feature that lowers the patient loading height into the ambulance, which reduces the risk of back injuries for paramedics. The feedback on ride quality from patients, medical staff and paramedics was all positive.

Selinger noted this investment builds on work over the next 10 years to implement the recommendations of the Manitoba EMS System Review conducted in 2013.

Please join us for our Annual General Meeting -Monday, October 5, 2015

Pinawa Community Centre, Vanier Drive (Pinawa Secondary School Gym)

6:00 p.m. Health and Wellness Exhibits

Expert advice to increase wellness in your life! The Mobile Wellness Team, our program staff and our community partners will be on-site to offer healthy lifestyle ideas



7:00 p.m. Annual General Meeting

Featuring a presentation on *Aging in Place* plus a review of Interlake-Eastern RHA activities; presentation of the Community Leadership Award and Chair's Award for Excellence in Customer Service; and a question and answer period. *Everyone welcome. Refreshments will be served.*

For more information, contact: Toll free: 1-855-347-8500 E-mail: info@ierha.ca Website: www.ierha.ca



Anglers' concerns for pelicans catches province's attention

Conservation staff given green light to create no fishing area near Lockport Fish Ladder

By Ashley Prest

Help is on the way for the pelicans feeding, floating and fighting anglers' fishing lines in the water below the St. Andrews Lock and Dam in Lockport.

Conservation and Water Stewardship Minister Thomas Nevakshonoff told the Winnipeg Free Press last Friday a special conservation area is being created around the fish ladder below the dam. No fishing will be allowed in the restricted area, which will be larger than the current 23-metre zone.

The minister's decision was sparked by anglers' concerns that pelicans become tangled in fishing lines cast into the fish-laden area. Unable to fly or catch fish, pelicans wrapped in fishing lines have starved to death.

"Something has to be done. I will leave it up to (Conservation) staff to make the specific decisions as to distances and so forth, but from the minister's office, we are acting immediately to create a special conservation area where no angling will be allowed," Nevakshonoff said. "A fence will be involved ... and it will be delineated in no uncertain terms as to



RECORD FILE PHOTO BY LINDSEY ENNS

Fishers cast their lines while pelicans float in the water near the Lockport Fish Ladder late last month. Conservation and Water Stewardship Minister Thomas Nevakshonoff says a special conservation area is being created around the fish ladder below the dam where no fishing will be allowed in the restricted area.

where the fishers can and cannot go." He said "it would be a matter of days" for Conservation staff to begin work on the special no-fishing area.

"Time is of the essence. We're already into late August. I don't want this kicking into next year," Nevakshonoff said.

Ken Schultz, a local angler who shone a spotlight on the pelicans' plight recently, said he has been lobbying the government for three years for that sort of restriction. He applauded the minister's decision.

'That's the best news I've heard in three years. That actually gives me the chills. I think it would work," Schultz said. "If that keeps the people out of there and helps the pelicans, and this overfishing thing, this would work quite well. And you'll see more pelicans in that area."

Schultz and Stu McKay, the owner of Cats on the Red fishing company

for the past 28 years, said they will be watching the area closely for signs the special conservation area is being established.

"Pelicans are very stately birds. This could be a slow and painful death for that animal. I don't want to see that," Nevakshonoff said. "We're hoping that our action taken today will address the situation.

"We want people fishing, but we want things to be done in a responsible manner and to not jeopardize the well-being of the other wildlife in the area."

Natural Resources officer Robert Belanger, district supervisor in the Lockport area, said the new measures announced by the minister will "protect the pelicans (and) still allow an area for fishermen to have a good fishing experience in Lockport."

"People should be aware that this is a problem. The majority of the fishers there are really good. There's a small minority who would continue casting out towards the birds regardless of the problems they are causing," he said, noting some people don't know that the birds aren't able to get out of the way of a fishing line. "It's about education."

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Manitoba introduces stiffer fines aimed at illegally hunting wildlife

deer;

\$2,500

\$10,000 for

Staff

Anyone convicted of illegally killing a wild animal or fish will now face stiffer penalties under the Fisheries and Wildlife Amendment Act.

"We need to recognize there is a significant cost when an animal is taken illegally and it's important the person responsible pays the price," Conser-

vation and Water Stewardship Minister Tom Nevakshonoff said Monday in a release."This new law will not bring back wildlife harvested illegally but restitution will support programs that work to ensure sustainable wildlife populations remain in our province for generations to come."

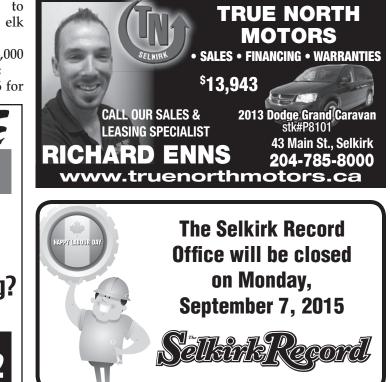
The new act sets out a series of penalties or restituof taking wildlife illegally. Those penalties are in addition to the current fines imposed through the court process and include:

• \$1,500 to \$3,000 for white-tailed

fish such as walleye, northern pike, goldeve and channel catfish (high values for master angler size); and

Continued on page 14

and moose; • \$2,000 to \$4,000 COME AS YOU ARE. EVERYONE IS WELCOME tion amounts for for black bear; • \$42 to \$126 for anyone convicted worship with Every MONDAY at 7 pm starting on September 14 leed Gordon Howard Centre, UPPER Room Held (384 Eveline St, Selkirk) Loading? Also join us SATURDAY, October 3 at 7 pm for energetic worship (Lower Level) The right tools for the job. respond2u.blogspot.ca www.westsidehonda.ca (204)785-2158 lfergusn@mts.net



The Selkirk Record Thursday, September 3, 2015 11

> 'WHEN I THINK BACK THE SIGNS WERE THERE, BUT I DIDN'T CONNECT THEM,' FROM PG. 1

Then several months after her passing, the much-anticipated news finally arrived.

"I finally got the coroner's report and they said that she had fentanyl and a large amount of fentanyl," Walker said."I didn't understand it so I talked to anyone who would listen to me to try to find out what the dosage was, why she would even be taking that."

Walker knew her daughter, who had been hit by a car a few years prior, was struggling with an addiction to Oxy-Contin and Percocet, but she didn't know anything about fentanyl, a prescription painkiller up to 40 times stronger than heroin.

"I said well where would she get that from?" recalled Walker, who said it wasn't until after her daughter's death that things started to make sense.

"When I think back the signs were there, but I didn't connect them," Walker said while looking at a photo of her late daughter."It's so hard to realize that she's gone forever."

On one occasion, Desiree needed to leave for work and asked her mother to pass on a few hundred dollars to a woman who would be coming by to pick up money she said she had borrowed from her.

Walker reluctantly handed over the cash and said she later found out it was the woman, a dying cancer patient, who was allegedly selling fentanyl patches to Desiree.

"This woman came for the money and I thought you know what I'm not even going to question it because I probably didn't even want to believe it," said Walker, who is now raising her daughter's three children and stepdaughter.

Walker said most of the kids were too young to remember or understand what happened to their mom.

"The little ones, they know something's missing but they don't know what happened," she said.

However, Langlois' oldest son does remember the day his mom died, and has been bullied at school about her death, Walker said.

"I just tell him mom took medicine that wasn't right for her that's what happened to her," she said. "It wasn't something that she did intentionally."

Walker said despite the rumours, she wants everyone to know it was fentanyl that took her daughter's life. She added she isn't surprised to

hear about recent fentanyl-related deaths that have made headlines.

At least 655 deaths in Canada from 2009 to 2014 have been linked to fentanyl, the Canadian Centre on Substance Abuse stated in a report issued last month.

Fentanyl is given in precise doses to patients experiencing extreme pain



RECORD PHOTO BY AUSTIN GRABISH

Marie Walker holds a photograph of her late daughter Desiree when she was 20 holding her three-monthold son. The Selkirk mother died in 2009 from a fentanyl overdose.

and is often used when morphine is no longer an option.

"So when it makes its way out onto the street part of the issue is that individuals don't have a way of measuring the doses in a precise format," said Dr. Myron Thiessen, chief medical officer for the Interlake-Eastern Regional Health Authority. "It's so strong if you make a little mistake it ends up being a big problem and that's where the overdosing comes from."

Walker said people need to be aware that drugs like fentanyl aren't hard to come by in Selkirk.

"You can't close your eyes to it," Walker said, before adding talking about her own daughter's addiction and death has been taboo up until recently for her family."Only recently can we actually talk about it openly as a family without somebody getting upset tearing up."

Walker said her daughter was wellliked, always put her family first, and was desperately trying to beat her addiction.

Before Desiree's death, she gave her daughter a journal she could use to write about her struggle.

She found it after her she died.

"She was writing in there about that she knew she had a problem and she was doing her best to try and kick it," Walker said.

Fentanyl linked to 655 deaths in Canada from 2009-14

By Austin Grabish

Health officials across the country are scrambling to come up with a plan to combat the rising abuse of fentanyl in the wake up of a report that links the prescription drug to at least 655 deaths in Canada from 2009 to 2014.

The drug, available in pills, patches, and powder is on the streets and has made its way into the hands of criminals, but it has a purpose and when used properly can alleviate extreme pain some patients are suffering from.

"Fentanyl is a good drug," said Dr. Myron Thiessen, vice president of primary health care and chief medical officer for the Interlake-Eastern Regional Health Authority. "It has benefited many patients."

Thiessen said the drug is often prescribed by doctors when morphine is no longer an option to lessen a patient's pain.

He said the drug can be given to cancer patients and those suffering from the most excruciating pain, but it is prescribed in low doses.

"If we use fentanyl in a facil-

ity somewhere or prescribe it via a patch or something like that, it's given in very precise doses."

Fentanyl's potency is what caused the World Health Organization to issue a warning about accidental exposure to the drug back in 2009.

The organization warned about accidental exposure to fentanyl patches that could happen by hugging, sharing a bed, or moving a patient.

In December 2008, a 19-month-old was exposed to the drug after sleeping in the same bed as his mother, who was using a fentanyl patch.

The baby was taken to hospital and given Naloxone, a fentanyl antidote, and survived.

Naloxone is not readily available in all parts of the country, and a recent push for that to change has been made.

Last month Health Canada said it is working with all provinces and territories to address fentanyl overdoes and will review the prescription-only status of the drug.

Manitoba Health Minister Sharon Blady is reported to support increased access to the drug.

Progressive Conservatives open regional office in Gimli

By Patricia Barrett

The provincial Progressive Conservative Party opened an office in Gimli Aug 26 citing a need for regional representation.

The new office will serve Gimli, Interlake, Lac du Bonnet, Selkirk and Lakeside, said Jeff Wharton, PC candidate for the Gimli riding. He was reached at

the new office last Friday. "As you know, (NDP) MLA Peter Bjornson retired, and it has left a void for folks in the region," said the longtime Winnipeg Beach resident. "Our office will provide people with a connection to Broadway [the Legislature]."

The Conservatives recognize ongoing constituent concerns not only in Gimli, but also in the region as a whole, he said.

"There are a lack of personal care homes," said

Wharton, who served a four-year term on Winnipeg Beach council, two of those as deputy mayor. "And the dialysis unit at Gimli Hospital is underutilized."

The unit is open three days a week, which means many people have to travel to Winnipeg for care.

"They have to rely on loved ones to take them," he said. "And their family members have to take time off work."

He also cited skyrocketing hydro rates as another key issue in the region.

"Those are concerns for ratepayers and for business owners."

As a businessman himself, he said he understands how that can affect revenue. Wharton serves as a consultant for Globe Moving & Storage, a company he owned (and for which he served as president) for 27 years.

"We're happy to get some representation for the area," said Wharton.

MLA Peter Bjornson stepped down in early August, after serving Gimli for 12 years.

NDP Minister of Conservation and Water Stewardship, Tom Nevakshonoff, who grew up in Poplarfield and still lives there, said Bjornson was responsible for a lot of capital improvements in the region. "He served his people well."

Gimli received upgrades to its high school and got a new hospital, along with a new highway to the hospital. The government has improved a number of Interlake highways such as 6, 8, 9, 17 and 68, said Nevakshonoff.

Bjornson decided to step down for two reasons: he suffered an injury to his back and he wanted to spend time with his wife and young children, Nevakshonoff said.

"This job keeps you away from home."

As far as leaving a gap in the region, he said both he and Minister of Finance Greg Dewar – who has a constituency office in Selkirk – will be addressing the needs of residents.

"I've done a lot of case work outside my constituency office," said Nevakshonoff, who is MLA for Interlake and has been elected four times.

"I'm familiar with their [Gimli's] needs." He cited concerns over the health of Lake Winnipeg as something the NDP is focused on. The government is committed to the Lake Friendly Accord and its objectives, which include reducing the severity of algae blooms by controlling the amount of nitrogen and phosphorus entering the lake.

"I was in Gimli a few weeks ago and met with fishers in Winnipeg Beach," said Nevakshonoff.

The NDP announced it would invest close to \$5 million in the seawall at Winnipeg Beach to protect residents, the boardwalk and businesses from storm surges.

"We're still getting positive vibes from constituents," said Nevakshonff, whose constituency office



RECORD PHOTO BY ROBIN CHESTNUT

The PC Party of Manitoba recently opened an office in Gimli. The new office will serve Gimli, Interlake, Lac du Bonnet, Selkirk and Lakeside.

is in Fisher Branch.

The Progressive Conservative's office will broaden the reach of the party, giving citizens an opportunity to visit in person and speak with a staff member. It will also provide them with information about the party and how it would approach their concerns, said Director of Political Operations Nancy Cooke.

"We want to make it an opportunity for people to become engaged with the PC party," she said. Besides addressing constituents' concerns, the office will provide membership support and information about fundraising.

"We have an open door policy," said Cooke.

The office is located at 68-B Centre St. Hours of operation are Monday, Wednesday and Friday, 10-12 and 1-4.

Police forces to receive \$672K through criminal property forfeiture fund

Staff

Criminals will pay for greater public safety through Manitoba's Criminal Property Forfeiture Fund, which will provide more than \$672,000 in new equipment, training and other resources for the RCMP and Winnipeg Police Service, Attorney General Gord Mackintosh announced Monday.

"Money is taken out of unlawful activities that damage our neighbourhoods, then reinvested through a grant process to do good instead," Mackintosh said in a release. "These specialized resources help keep officers safe, support increasingly complex and challenging investigations, and build relationships with the communities they serve."

Money and other assets linked to unlawful activity can be forfeited to the province and placed into the fund. Every year this money is reinvested in law enforcement agencies and other initiatives through a grant program, Mackintosh noted.

RCMP detachments across the province will receive more than \$352,000 to support community projects, protect officers and promote road safety. Funded items include:

• a road safety video to reduce highrisk driving behaviour;

• updated body armour systems for 15 members of the emergency response unit and similar protection for five police dogs;

• canoes and life jackets for the detachment in Cross Lake to support programming for at-risk kids;

• a godmother walk and other community outreach projects in Selkirk that will provide training and public awareness regarding sexual exploitation;

• off-road vehicles to support the

work of the auto theft unit; and

• specialized equipment including sound detectors, thermal-imaging cameras and hand-held radar units.

"We are committed to enhancing the safety of communities across Manitoba, making our roads safer and ensuring at-risk youths have the opportunity to succeed," Assistant Commissioner Kevin Brosseau, commanding officer, RCMP "D" Division said. "The funds announced today will directly assist the RCMP to fulfil these important commitments."

The WPS will receive nearly \$200,000 for a new laser scanner system used to reconstruct and investigate traffic collisions. Another \$120,000 will be invested in specialized officer training, focused on areas like:

• internet child exploitation,

- missing youth investigations,
- financial crime investigations,

tactical emergency medicine, and
working in schools and similar settings.

Manitoba Conservation and Water Stewardship will receive \$65,000 from the fund to purchase five new sets of night vision goggles to better detect and stop poachers. Manitoba Finance's special investigation unit will also receive more than \$2,000 for new camera equipment needed to shut down contraband tobacco sales.

Funding for these projects is part of more than \$1.6 million in grants distributed through the Criminal Property Forfeiture Fund. Since 2010, nearly 1,200 files have been resolved and more than \$12 million in assets connected to unlawful activity has been successfully forfeited to the province, Mackintosh said. The assets include homes, cash, vehicles and businesses.

"OUR OFFICE WILL PROVIDE PEOPLE WITH A CONNECTION TO BROADWAY [THE LEGISLATURE]."

'He's anxious to get home and be with his children'

Lawyer wants Amsel released on \$100K bond

By Austin Grabish

The man accused of sending bombs to his ex-wife, her lawyer, and his former legal counsel, may learn his bail fate this week.

Guido Amsel, 49, was due back in court Wednesday for the second part of an extended bail hearing that began last Thursday in Winnipeg.

His lawyer Martin Glazer wants Amsel released on a \$100,000 bond and under the condition his client wears an ankle-monitoring device.

"He's anxious to get home and be with his children," Glazer said.

But the Crown wants Amsel, who has been in custody since July 5, to stay behind bars until his trial.

Glazer told reporters after the hearing this was a "travesty of justice." He has said his client doesn't have a criminal record and is a taxpaying businessman.

Judge Heather Pullan has reserved her decision.



Lawyer Martin Glazer speaks with reporters about his client Guido Amsel, 49, last Thursday following a day long bail hearing.

A publication ban prevents the *Selkirk Record* from revealing details of the hearing.

Amsel is facing multiple charges including three counts of attempted murder, one count of aggravated assault, and a number of charges related to the possession of explosives in relation to a series of letter bombs sent in Winnipeg in July.

The bombs, disguised as small voice recorders, were sent through Canada Post to Amsel's ex-wife Iris' workplace, her lawyer Maria Mitousis, and his former lawyer.

Mitousis lost one of her hands and was severely injured after opening one of the bombs at the Petersen King



. . .

law firm where she works. Mitousis was representing Iris, a St. Clements resident, in a decade-long legal battle she was fighting against Guido.

The two used to live together on Nicholas Street in St. Clements with their son and owned an auto repair shop.

Glazer previously told reporters the Crown has no evidence against Amsel.

"The case appears to be built on assumptions and circumstantial evidence that has an innocent explanation," he said.



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NO CHARGE FOR CHILDREN UP TO THE AGE OF 19

Local air cadets soar at Power Pilots Scholarship program

By Lindsey Enns

Two local air cadets are now one step closer to becoming commercial pilots after completing an intense sevenweek Power Pilots Scholarship program.

Morgan Herda of Selkirk and Isabelle Buczkowski of St. Andrews were presented with their wings during a special gathering at the St. Andrews Airport on Aug. 14.

Herda said she's wanted to be a pilot since she was a young girl and joining the air cadets at the age of 12 has helped her get closer to achieving her goals.

"There's no other pilots in my family ... I think that's the reason I wanted to be a pilot," she said. "I just wanted to make an impact."

Herda said applying for the scholarship was an "intense" process but earning her wings was a very"proud" moment for her.

"I was so proud of not only myself but all the other girls that did it with me," she said." I was so happy."

Herda and Buczkowski, both 17, be-

Stories of



RECORD PHOTO SUBMITTED

Isabelle Buczkowski of St. Andrews, pictured left, and Morgan Herda of Selkirk proudly strike a pose after completing a seven-week Power Pilots Scholarship program and receiving their wings during a gathering at the St. Andrews Airport on Aug. 14.

came friends through air cadets and are now working towards earning their commercial pilots license.

"With the Pilot Power Scholarship it opens so many doors for me," Buczkowski

said. "It was a really great experience for me."

During the program, cadets are introduced to flying a plane through a series of ground school and familiarization flights through aircraft loans from local flying clubs and flight centres.

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"I WAS SO PROUD OF NOT ONLY MYSELF BUT ALL THE OTHER GIRLS THAT DID IT WITH ME."

Air Cadets aged 17 to 18, at level four and are at least in Grade 10 are eligible to apply for the seven-week course. The cadets who earn their pilots license and their wings through the course have gone on to fly with commercial airlines or the Canadian Forces, courier or charter companies, as instructors at flight schools, or simply for their own enjoyment, according to the Air Cadets of Canada website.

Herda encouraged other young girls interested in a career in aviation to join the cadets.

"Definitely anything's possible," she said. "It's so fun and freeing and it's an amazing feeling to be able to do something that people think that you can't do."

> OUTFITTERS ASSOCIATION SUPPORTS INCREASED PENALTIES, FROM PG. 10

• \$252 for a lake sturgeon (protected species). Restitution amounts for big game killed in a conservation closure area double, which can lead to a penalty of \$10,000. Penalties also escalate in the case of master angler fish; for exam-

ple, it would be \$1,008 for a master angler Lake Sturgeon.

A full list of the restitution values for specific animals is available online at manitoba.ca/conservation/wildlife.

Penalties do not apply to anyone legally exercising their treaty or Aboriginal right to hunt or fish. Restitution does not apply to commercial fishers where the current administration system allows for quota deductions and other penalties such as licence suspensions.

Restitution fees will be directed toward wildlife management and conservation through the Fish and Wildlife Enhancement Fund, the minister said. He noted these changes have been developed in consultation with the Manitoba Lodge and Outfitters Association, Manitoba Wildlife Federation and other organizations.

"The MLOA does not support the illegal taking of fish or wildlife, and it's important that anyone who breaks the law is held accountable," said Paul Turenne, executive director, Manitoba Lodges and Outfitters Association. "We are encouraged by any positive changes that recognize the importance of wildlife to our provincial economy and we support increased penalties for those who hunt or fish illegally."



Harvesting hope for a world without hunger

Threshing machines in gear to break record pioneer harvest for a good cause

By Jennifer McFee

Antique threshing machines are getting in gear to break a world record for the largest pioneer harvest, all the while helping to end world hunger.

On July 31, 2016, masses of vintage threshing machines will converge near Austin, Man., for an event called Harvesting Hope: A World Record to Help the Hungry. Jointly organized by the Canadian Foodgrains Bank and the Manitoba Agricultural Museum, the initiative aims to set a new record for the most antique threshing machines to harvest a 70-acre field of wheat.

The current record was set earlier this month when 111 machines operated at the same during the St. Albert Curd Festival in Ontario.

Ayn Wilcox, spokesperson for Harvesting Hope, said more than 500 volunteers from nearly 100 Manitoban communities will participate in the event, with others travelling from as far as Ontario and Iowa. The vintage threshing machines are expected to span more than four football fields.

"Already we have machines and volunteers from as far away as Edmonton and Minneapolis signing up to be part of this very exciting event," Wilcox said at the launch last Tuesday.

"For those of you who might not be familiar with these machines, they were the precursor to the modern combine and were in operation between the 1890s and the early 1950s."

The machines will be powered by steam engines, many of which are more than 100 years old, as well as early tractors or stationary engines built prior to 1955. To set the world record, all machines must operate at the same time for at least 15 minutes continually.

At last week's announcement, volunteers from the Manitoba Agricultural Museum operated a 1916 Case 65-horsepower steam engine, which is the original machine that started the museum. Museum founder Don Carrothers toured the machine across the province in the 1940s at fairs and parades to raise awareness about the need to create a museum to preserve prairie heritage.

Fittingly, the steam engine was raising awareness once again at the Aug. 18 event by running a vintage separator. The standard-size 1952 McCormick-Deering 28-inch separator was one of the latest models ever made, complete with factory rubber tires rather than steel wheels.

Reaping the rewards of this unique initiative, the Canadian Foodgrains Bank and the Manitoba Agricultural Museum will receive the proceeds from the event.

Amanda Thorsteinsson, communications officer for the Canadian Foodgrains Bank, explained that the goal of the organization is a world without hunger. The Winnipegbased partnership brings together 15 churches and church-based agencies that are working to end hunger in 40 countries.

"Through the support of many generous Canadians, we provide emergency food in times of drought or conflict, help people learn to help themselves by growing more and better food, and provide nutrition education and supplementary food to pregnant and nursing mothers and young children,"Thorsteinsson said.

"The Foodgrains Bank actually got its start in rural Manitoba over 30 years ago during the time of the Ethiopian famine. Local grain farmers had an excess of wheat sitting on their field and they were looking for a way to get their crop to people far away who desperately needed food. The same spirit of generosity continues today through events like this one."

The Harvesting Hope event will be held in conjunction with the 62nd annual Manitoba Threshermen's Reunion and Stampede, which is scheduled from July 28 to 31. Lead-up events for Harvesting Hope will take place from July 28 to 30, with more than 15,000 people expected over the course of the weekend.

To get involved or to make a donation to Harvesting Hope, visit harvestinghope.ca or find the latest news on Twitter at @harvesthope2016.



International Fetal Alcohol Spectrum Disorder Awareness Day

Submitted

On Sept. 9-the ninth day of the ninth month-people all over the world recognize International FASD Awareness Day as a reminder of the lifelong effects that drinking during pregnancy can have on a person. It's also a day to celebrate those who have FASD and to highlight the supports and services that are available to them and their families.

"There is no known level of alcohol that is considered safe for a developing fetus. Drinking alcohol while pregnant is a risk factor and can affect a child's development in a number of ways," said Sherisse Picklyk Dear, one of two FASD diagnostic coordinators working in Interlake-Eastern Regional Health Authority.

FASD diagnostic coordinators work in partnership with the Manitoba FASD Centre. They screen referrals of children and youth living in the region to ensure diagnostic criteria is met. Providing support and information to families on the journey through assessment, FASD diagnostic coordinators can provide some follow-up and education post assessment to the child or youth's circle of support. They also locally host an 8 week informational series on FASD called Building Circles of Support.

"Individuals with FASD have many strengths and gifts. The support and information that comes from an assessment goes a long way to helping kids reach their full potential," Picklyk Dear said.

Devon Ungurain, Interlake-Eastern RHA's other FASD diagnostic coordinators said she is often asked how FASD can still occur when the link between alcohol consumption and FASD is widely known.

"There are lots of reasons why a woman might drink during pregnancy. The reasons are complicated and can be impacted by many factors. A woman can be four weeks or more into a pregnancy before she finds out - she simply didn't know she was pregnant! Often women hear conflicting or inaccurate information on what lifelong effects alcohol may have on the fetus, or they struggle terribly with addictions. Recognizing that each woman's life experiences and pregnancies are different can help us understand how a child can be diagnosed with FASD," Ungurain said.

Since 2010 the FASD Diagnostic Coordinators have connected with over 350 caregivers seeking information, education and assessment for children and youth living in the Interlake region.

Through the MB Key Worker program, Interlake-Eastern RHA offers in home intensive support to caregivers with children or youth up to age

21 who have FASD or confirmed prenatal alcohol exposure. Key workers help families understand FASD by providing education, awareness and information specific to the needs of the child or youth. The MB Key Worker program is a three year pilot based out of Selkirk.

"The beauty of the program is that we carry small caseloads allowing us to connect frequently with folks. There is nothing like this in Manitoba," said Shannon Foster, one of two key workers.

On Sept. 9 over the noon hour, come and meet the RHA's FASD team and some of the FASD coalition members. They will be handing out stress relievers in the shape of brains with the message"I learn differently on them" at the following location:

- Selkirk: Interlake-Eastern RHA Corporate Office, 233A Main St.

High school rodeo set to ride into Selkirk Park this weekend

Staff

More than 100 competitors from across Manitoba, Saskatchewan, Ontario and North Dakota will be in Selkirk Park this weekend for the Manitoba High School Rodeo.

Hosted by the St. Andrews-St. Clements Agricultural Society, the twoday event kicks off Sunday, Sept. 6 and includes breakaway roping, team roping, tie down, barrel racing, bull riding, steer wrestling, pole bending, and ribbon roping competitions just to name a few. Events begin at 11 a.m. on Sunday and 10 a.m. on Monday.

"It's just a family event," Manitoba High School Rodeo Association (MH-SRA) entry secretary Marcy Helmeczi said, adding they are always looking for more contestants. "It's basically a good way to meet other families and pretty much camp with your horse."

Helmeczi added riders will be competing in two age divisions, one for grades six to eight and another for grades nine to 12. Competitors will be riding for points and have a shot at winning a range of scholarships.



Be sure to include your name and contact information.





RECORD PHOTO BY LINDSEY ENNS

A competitor holds on tight during bull riding at the Manitoba High School Rodeo Association Finals in Selkirk Park on June 5. The Manitoba High School Rodeo is taking place this Saturday and Sunday at Selkirk Park.

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2015 federal election

Bezan says he's playing by Elections Canada rulebook

By Natasha Tersigni

Whether he is re-elected to the House of Commons this October or not, Selkirk-Interlake-Eastman Conservative candidate James Bezan wants to ensure that there are no improprieties with his campaigning. Bezan and his staff have gone as far as covering various highway constituency signs located in the riding before the election started to make sure they are in compliance with Elections Canada.

In 2013, the chief electoral officer alerted House Speaker Andrew Scheer to the ongoing issues with election returns filed by Bezan and fellow Manitoba MP Shelly Glover. Bezan's issue was regarding election signs that began appearing in the constituency after being elected in 2006. There was a dispute on what the value of the signs was worth during the 2011 election and if Bezan went over the election-spending limit. In February 2014 Bezan settled the matter out of court with Elections Canada.

"At the end of the day we had one small accounting error, \$450. Elections Canada and I were able to reach a decision and we didn't have to go to court, despite the fact I still believe they were wrong in trying to ban me from Parliament based upon a \$450 accounting error," said Bezan.

This time around Bezan does not want any disputes over spending.

"If you go to elections Canada guide book page 40 and 41 actually deals with Members of Parliament signs. We can make use of those structures



JAMES BEZAN

and we thought just to be safe we will put a tarp over top of it to cover up the MP signage, because by elections Canada I am no longer a Member of Parliament, I am a candidate. Under the Parliament of Canada Act I am a MP until election day," said Bezan who added MP's are allowed to make use of those signs during campaigning and they must account for them in their Elections Canada return.

"We aren't taking any chances. We are going to play by the rules we helped establish."



Corn roast for a good cause



Selkirk's Safeway location is hosting a corn roast on Friday, Sept. 4 from 11 a.m. to 3 p.m. to raise money for prostate cancer. The afternoon event will include live entertainment from noon to 1 p.m. by recording artist Orvis Thomas in front of the store.

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Interlake photographer to showcase work at WAVE tour

By Jennifer McFee

If you're looking for Raven, you can find the Gimli-based photographer displaying her work at the WAVE art tour — but not in its usual setting.

Raven, also known as Linda Dorian, recently moved to the Aspen Park complex from her lakefront Sandy Hook home. For this year's Interlake WAVE Artists' Studio Tour, she won't be setting up a display in her new abode. Instead, she will have a selection of her pieces available at the Gimli Art Club for the tour.

"When I lived in Sandy Hook, I was lakefront and it was the most perfect place to do the WAVE. People just loved it, but it was time for me to move on," she said.

"The WAVE is fabulous. People are just marvelous. They just love it. You get a lot of repeaters and a lot of new people."

The great-grandmother has always been interested in photography, but she began seriously pursuing the art after she retired a decade ago from a career in nursing.

Now she keeps her camera, a Fuji FinePix, tucked in her purse at all times.

"Photography is so interesting. It's the interesting places you end up in," she said.

"My eldest and I, we go on photo journeys for two or three days in Manitoba. We take the dog and the car and we stay at bed and breakfasts."

The majority of her images, however, originate in the Interlake.

"It's everything that's in the Interlake, like the ospreys, eagles, fishing boats, people on the beach, beautiful scenes over the lake," Raven said.

"It's natural. There's no Photoshop. It's exactly how I took the photo."

Just like much of her work focuses on natural images, her name also conjures images of nature.

"Raven is my artistic name. My grandson is 19 right now, but when



RECORD PHOTOS SUBMITTED Raven, also known as Linda Dorian, pictured above, will have her photography, similar to the ones pictured on the right, on display at the Gimli Art Club during the Interlake WAVE artists' studio tour.

he was seven, he had said to me, 'Grandma, you're a raven.' It was because I like shiny things. If you see my house, I love glitter and bling, even my clothes," she said.

"So when I went into photography when he was around 10 or 11, I chose the name Raven because I felt I'd been named already."

In addition to the WAVE display at the Gimli Art Club, you can find Raven's work at in Gimli at Tergesen's, in Selkirk at the Gwen Fox Gallery and the Gaynor Family Regional Library, and in Winnipeg at McNally Robinson Booksellers and the Canadian Museum for Human Rights,

You can also view her photos by



appointment by calling her at 204-642-9463 or emailing ravenphotos@ mymts.net. The Interlake WAVE Artists' Stu-

dio Tour runs Saturday, Sept. 5 and Sunday throughout the Interlake. For more information, visit watchthewave.ca.

Golf tourney to support two good causes

By Jennifer McFee

Calling all golfers — it's time to tee up for a two good causes.

The Hack N Smack golf tournament is scheduled for Friday, Sept. 11 at the



South Interlake Golf and Country Club to benefit the Winnipeg chapter of Tourette Canada and the Manitoba Police Curling Association.

Lorne Perrin, one of the organizers on behalf of the Tourette chapter, said it's the first time both organizations have teamed up for the event.

"Tourette Canada is the national charity of choice by the Canadian Police Curling across Canada, so the Manitoba chapter is working with our local Winnipeg chapter here to help raise a few added funds through the golf tournament," Perrin said.

"We're targeting about 80 to 100 golfers. We don't know what to expect for the full financial results, but if we did \$1,500 to \$2,000 per organization on the first year, that would be deemed a success. If it's successful, we'll try to do it on an annual basis."



Artists showcase their works at Victoria Beach artisan show

By Laura Tutlies

Victoria Beach Sports Club is a happening kind of place in 2015.

The venue has become a popular shelter and showplace for not only sporting events but for a large variety of community events, weddings, a summer outdoor country market and also the preferred location for the talented artisans who frequent the East Beaches.

Several local artists came together on Aug. 15 for a two-day artisan event in Victoria Beach.

Merrilee Green of Traverse Bay was one of the main organizers behind the event, which is currently in the process of reinventing itself for new opportunities in East Beaches.

"The participants consist only of artists who create their own work," Green said. "They are not a franchise or bulk produce distributor, the items presented are original art pieces from the artist.

"Only work that has been created or refined in their own workshop is eligible for the Artisan Show. We (the Eastern Region Artisans Group) have been doing this for 30 years and some of the folks here today have been with us since the beginning when we started at the Winnipeg Convention Centre in 1985."

This year the organizers have marketed the event as the "Merry Makers Artisan Show."

Janice Charko of Flights of Fibre



RECORD PHOTOS BY LAURA TUTLIES

ABOVE LEFT: Janice Charko of Flights of Fibre creates wearable works of art. She displayed her talents along with 27 other artisans at the Merry Makers Artisan Show in Victoria Beach on Aug. 15 and 16 at the new Victoria Beach Sports Club. ABOVE RIGHT: Merrilee Green of Traverse Bay displays her Merrily Quilting pieces of art during the artisan show, which she also helps organize.

creates wearable works of art. She is from Lac du Bonnet and displayed her talents along with 27 other true artisans from east of Lake Winnipeg. On Aug. 15 there were 28 kiosks with presenters of quilts, custom knives, handmade knitting, aprons and clothing for toddlers, photography, several writers promoting their books, custom built wooden furniture and the list went on.

Club members of the Victoria Beach Sports Club offered a full fare of food at the canteen during the event and the weekly Saturday country market on the grounds of the Sports Centre helped draw large crowds to the event.

Club chairperson, Bruce Morrison was grinning ear to ear at the success of the event.

"It just gets better and better for the Sports Club," Morrison said.

A couple of weeks ago they held the hugely popular Summer Winds Music Festival which is their biggest fundraiser of the year. The club is working hard to complete the upstairs viewing gallery in time for the 2015-16 curling season. Much of the work is completed thanks to many volunteers from the East Beaches communities.

Hosting the Merry Makers Artisan Show at the Sports Club will become an annual event and is expected to eventually gain the popularity of the Wave Tour on the west side of Lake Winnipeg.

Province finds zebra mussels at eight spots in Lake Winnipeg

Staff

Boaters recently had access to watercraft inspection stations with decontamination units targeting aquatic invasive species, reports Manitoba Conservation and Water Stewardship.

The units were available in Selkirk Park as well as in St. Vital Park in Winnipeg from Aug. 20 to Aug. 24. As well, one watercraft inspection team roved the South Basin of Lake Winnipeg between Balsam Bay and Winnipeg Beach, while another team was stationed on the Red River at Lockport.

According to the province, veligers are now present at eight new locations between Grindstone Point in the channel and the South Basin of Lake Winnipeg. In a sample collected offshore near Gimli, counts as high as 772 veligers have been confirmed.

In partnership with the Lake Winnipeg Research Consortium, the province collects water samples to analyze zebra mussels from the M.V. Namao as part of a larger ongoing monitoring initiative. Due to the increased awareness of zebra mussels, a marine dealer in Brandon discovered adult zebra mussels on a watercraft that came from Ontario. As directed by the province, the watercraft is being quarantined. With co-operation of the boat owner, the watercraft will be taken to Riding Mountain National Park where watercraft inspector staff will fully decontaminate it.

In Manitoba, it is illegal to possess or transport zebra mussels, which are present in Lake Winnipeg south of

Grindstone Point and in Manitoba's portion of the Red River.

Everyone is asked to do their part to deal with the problem by cleaning and removing any visible aquatic plants, aquatic invasive species or mud from their watercraft, trailer and all other water-related equipment.

You should also drain all water from motor, bilge, bait buckets and any compartments. As well, don't forget dry all water-related and hard-todrain compartments that have contacted the water with a dry towel or sponge before it is used in any other body of water.

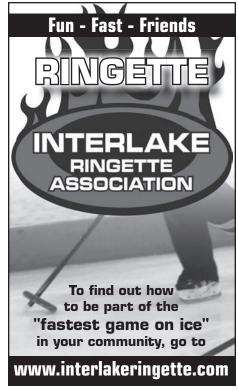
Lastly, be sure to dispose of unused bait and worms in the trash.

To report a zebra mussel or any other aquatic invasive species, take pic-



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tures and visit the website manitoba. ca/stopais or call 1-877-867-2470.





Local opportunity to get your strokes right

Masters swim class at the Comp offers more than just exercise

If you have you always wanted to swim but never had the opportunity

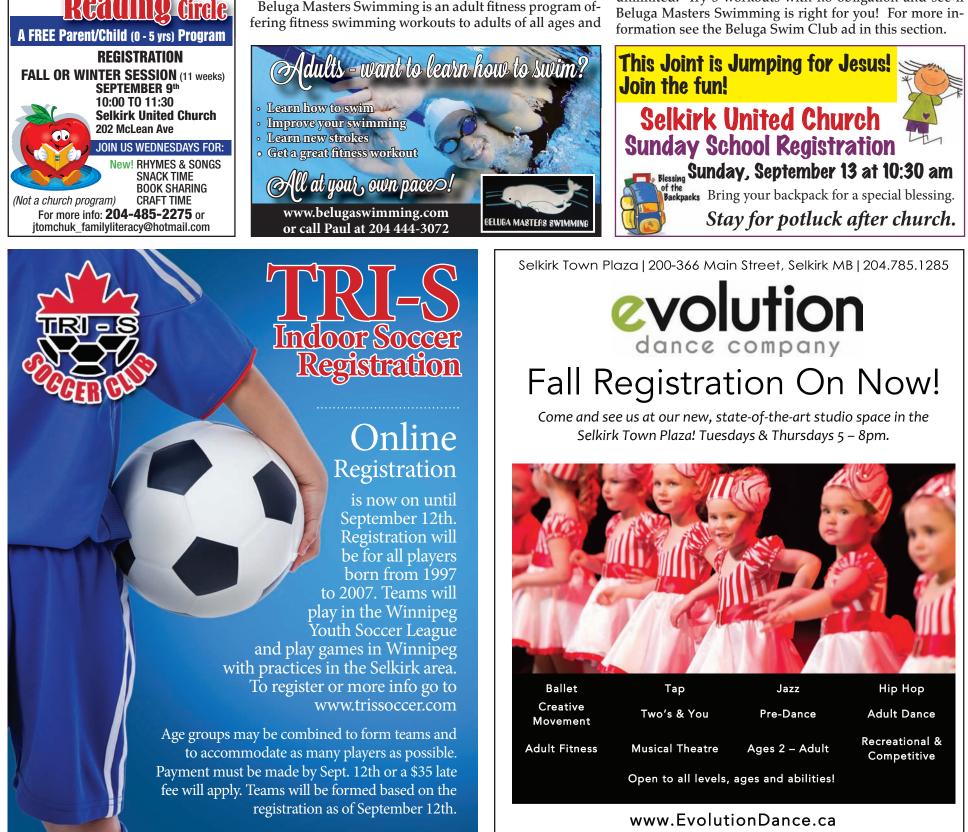
SELKIRK **Rhyme** and

for lessons as a child this class just may be the ticket.

"You will improve your swimming technique, learn new strokes and get a great fitness workout all at the same time" says instructor Paul Boulding. You will glide through the water like a fish and enjoy the quiet energy of a workout in liquid space. Would you like a low impact exercise in a no-pressure environment? If you said yes, then swimming is for you!

Beluga Masters Swimming is an adult fitness program of-

all levels from Individual Fitness programs, to Masters Competitive and Triathlon training. We swim at the recently renovated Lord Selkirk Regional Secondary School indoor pool where we are fortunate to have the lane space to meet the needs of swimmers of all abilities from beginners (yes even if you are a "sinker") to former competitive swimmers! Our professional coaches design workouts to help improve technique and build strength, endurance and cardiovascular fitness. We swim early mornings on Monday, Wednesday and Fridays (other times and days TBA) and memberships are flexible from once a week to unlimited! Try 3 workouts with no obligation and see if Beluga Masters Swimming is right for you! For more information see the Beluga Swim Club ad in this section.



Interlake team takes in Bombers game before big win

By Austin Grabish

When you're an up-and-coming football star it doesn't hurt to look to the big guys for inspiration, and that's exactly what Interlake Thunder's Atom team did earlier this month during a trip to the Winnipeg Blue Bombers home game.

The team, with players from Selkirk and across the Interlake, travelled by bus to Investors Group Field in Winnipeg on Aug. 14, where they got to high-five the Bombers and see how they play while catching a game.

Although the Blue and Gold didn't do so well and lost 27-20 to the Toronto Argonauts, that didn't matter to the local players who prevailed the following day on the field.

In what was doomed to be a loss on Aug. 15, the players, who are all between the ages of nine and 10, quickly managed to turn their game in Stonewall against the Valour Patriots around and into a 39-33 victory.

It's the second win of the season for the team.

"The first one we won quite handily," Thunder coach Darcy Gascoigne said. "The second one was a huge comeback win.

"We were down 26-6 at halftime, and the kids came all the way back."

Gascoigne said it couldn't of hurt the players were able to meet the Bombers before that evening's game.

The team was able to greet the Bombers thanks to the Manitoba Liquor and Lotteries Flight Deck program, which takes youth to a Winnipeg Jets or Blue Bombers home game.

Gascoigne said the kids beat all odds on the field on Aug. 15 and it was a great game noting at one point the Patriots were up 20-0.

"These kids battled back and fought all the way back," he said.

Quarterback Brett Gascoigne said watching Bombers receiver Nick Moore play was his highlight of the trip to the stadium and helped him the next day on the field.

"I just tried my hardest and put all my heart into it," he said.

Player Marshall Kiteley said Saturday's win felt "very good," but admitted it was a lot of work.

"We just worked hard and when we were losing we tried harder."



RECORD PHOTO BY AUSTIN GRABISH

Players with the Interlake Thunder's Atom team were treated to a Blue Bombers game in Winnipeg on Aug. 14. Although the Blue and Gold didn't do so well, the Thunder prevailed the following day with a 39-33 win against the Valour Patriots at a game in Stonewall. Pictured above, Winnipeg Blue Bombers Michel-Pierre Pontbriand has Toronto Argonauts wide receiver Diontae Spencer in a chokehold after a touchdown during their home game on Aug. 14.





Former East Selkirk boxer knocks out first pro fight win



RECORD PHOTO SUBMITTED

Former East Selkirk resident turned pro boxer Devin Tomko and his coach and owner of Beausejour's Eastman Boxing Club Kirk Fleming pose for a picture after Tomko won his first pro fight during a stop in Williston, North Dakota on Aug. 14.

By Lindsey Enns

A former East Selkirk amateur boxer who lost nearly 90 pounds so he could compete managed to knock out a win during his first professional fight.

"I came in prepared, knowing it was going to be a tough battle," said Devin Tomko, who currently lives in Winnipeg and trains in Beausejour. "It was a really tough fight ... I wanted to put on a show for the fans and it ended up working out."

After the 22-year-old's first pro fight scheduled for Aug. 1 in Minnesota was cancelled, he was able to land another fight on Aug. 14 in Williston, North Dakota. Tomko went four rounds of three minutes each with a boxer from North Dakota and won the fight via a unanimous decision, he said.

"The adrenaline was still going so I was pretty excited still," Tomko said referring to the win. "It felt really good."

Tomko said he's hoping to get back in the ring sometime in October where he plans to line up some fights in Edmonton, Alta. In the meantime, Beausejour's Eastman Boxing Club, where Tomko trains, is hosting amateur fights on Sept. 26 at the Sun Gro Centre in Beausejour.

"That's what's next for me," Tomko said."Helping my teammates for their fights like they did for me."

Tomko said without the help of his coach and owner of Eastman Boxing Club Kirk Fleming, sponsors and fellow training partners he wouldn't be where he is today.

"They helped me out tremendously." In an earlier interview with the *Selkirk Record*, Tomko said his love for boxing started in his late teens after he got into his first fight during a lacrosse game.

But being overweight held him back from pursuing his dream of eventually becoming a pro fighter, so he sought help from a family friend, started a diet and exercise plan and eventually went from 265 pounds to roughly 180. What started out as part of a heavy exercise regime has now turned into a lifestyle for Tomko who often trains six days a week.

Matlock festival serves up music, art



RECORD PHOTO BY COLE TORFASON

Festivalgoers came together this past weekend for the sixth annual Matlock Festival of Music, Art, and Nature. Some 20 artists performed during this year's three-day festival on two separate stages. All of the talent was local with artists coming from across the Interlake and Winnipeg. Pictured above, Matlock Festival organizer Micah Erenberg (left) and Val Theryder take a little time out to enjoy the band Bacca.

Singer Steve Bell to make tour stop in Selkirk Sept. 19



RECORD PHOTO SUBMITTED

Winnipeg singer, songwriter and storyteller Steve Bell is hitting the road with some new material and is bringing his fall tour to Selkirk on Sept. 19 for a show at Christ Church Anglican.

Staff

To help mark his 25th anniversary as a solo artist, Winnipeg singer, songwriter and storyteller Steve Bell is hitting the road with some new material. Bell recently released a multi-disc project entitled "Pilgrimage," and this fall he will be touring his new material joined by Alana Levandoski.

"The project started out as a single album of new material," Bell said in a release. "We then thought that because it coincided with my 25th anniversary, it would be fun to expand the project to be a bit of a celebration.

"It was a happy accident that the title 'Pilgrimage' so suited the larger vision of the project."

Bell's fall tour includes a stop in Selkirk on Sept. 19 at Christ Church Anglican located at 227 McLean Ave. The show starts at 7:30 p.m. and tickets are being made available at Roxi's Uptown Café.

For more information, visit stevebell. com.





Hearty Fish Soup with Spinach

- Ingredients
- 1 tbsp (15 mL) vegetable oil
- 1/2 tsp (2 mL) turmeric
- 1 small leek, white part only, minced
- 1 small fennel bulb, diced, with leaves set
- aside
- 1 garlic clove, chopped
- 2 tbsp (25 mL) flour
- 1 cup (250 mL) low-sodium vegetable broth
- 4 cups (1 L) 1% milk
- 1 lb (500 g) white fish, skinned and cubed 10 oz (227 g) bag of fresh spinach, stems removed, and coarsely chopped
- Pepper to taste

Directions

In a saucepan, heat oil over medium heat. Add turmeric, leek, fennel bulb, garlic and cook for 8 minutes without letting mixture brown.

4 medium fingerling potatoes, unpeeled

Sea salt and fresh ground pepper to taste

Additional seasonings (see below)

Special equipment needed: French



Add flour and cook 1 minute, stirring. Add broth and milk and bring to a boil. Season fish and add to soup. Simmer partially covered for 10 minutes at medium low. Add spinach and fennel leaves. Adjust seasoning and continue cooking another minute. Serve nice and hot. Prep time: 35 min | Cook time: 25 min Makes: 4 servings

www.heartandstroke.mb.ca

Homemade Potato Chips

Preparation Preheat oven to 425°F.

Rinse and dry potatoes. Slice potatoes as thin as possible with a mandolin.

Place sliced potatoes in medium sized mixing bowl and rinse several times with warm water. Lightly squeeze and dry potatoes.

Kids Can: Place sliced potatoes back in a dry mixing bowl and add olive oil. Toss potatoes to make sure they are evenly coated with the oil, using a little more oil if needed.

Lightly spray a cookie sheet with pan release spray. Lay sliced potatoes in a single

Crunchy Pecan Shortbread Bars

Ingredients 1-1/4 cups flour

- 1/4 cup granulated sugar
- 1/2 cup (1 stick) butter or margarine
- 1 egg, slightly beaten
- 1/3 cup maple-flavored syrup
- 1/4 cup firmly packed brown sugar 1 tablespoon butter or margarine, melted
- 1 teaspoon vanilla
- 1-1/2 cups Post Selects Maple Pecan **Crunch Cereal**
- Preparation

MIX flour and granulated sugar in medium bowl. Cut in 1/2 cup butter until mixture resembles coarse crumbs. Press crumb mixture firmly on bottom of greased 9-inch square baking pan. Bake at 375°F for 20 minutes or until very lightly browned.

MIX egg, syrup, brown sugar, 1 tablespoon melted butter and vanilla until well blended. Stir in cereal until well coated. Spread evenly over warm crust.

BAKE an additional 20 to 25 minutes or until topping is firm around edges and

slightly soft in center. Cool completely on wire rack. Cut into 24 bars. Sprinkle with powdered sugar or drizzle with melted semi-sweet baking chocolate, if desired.

Preparation Time: 10 minutes Bake Time: 45 minutes Makes 24 bars, 1 bar per serving.

Source: Post Selects Cereals® © 2015 All rights reserved.

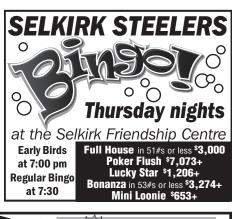
layer on cookie sheet. Place cookie sheet in oven and bake for 15 to 20 minutes or until golden brown and crispy.

Remove cookie sheet from oven and let cool slightly. Use a thin spatula to remove potato chips from cookie sheet into a mixing bowl.

Kids Can: While they are still warm, season chips with their choice of seasoning.

Yield 4 servings





Best of Summer Avocado Veggie Sandwich Ingredients Preparation

mandolin

Ingredients

(mixed colors)

Pan release spray

1 tablespoon olive oil

- 1/2 avocado, very ripe, peeled
- 1 tablespoon fresh lemon juice
- 1/8 teaspoon salt
- 4 slices Roman Meal bread 2 tablespoons red wine vinegar
- 2 lettuce leaves
- 4 slices tomato
- 8 slices cucumber
- 12 slices sweet bell pepper

Combine avocado, lemon juice and salt

in small bowl. Spread mixture evenly over 2 slices of bread. Place tomatoes, cucumber and peppers

on covered surface. Drizzle with vinegar. Layer lettuce, tomato, cucumbers and peppers evenly between slices of bread, creating 2 sandwiches.

Preparation Time: 10 Minutes Ready in Time: 10 Minutes Servings: 2





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Spontsaecreation

TRI-S soccer summer camp a success



Young soccer enthusiasts had the privilege of attending a camp instructed by members of the Vancouver Whitecaps.

By Brian Bowman

Soccer players from across the Interlake, Eastman, and as far as Thunder Bay, participated in the first-ever soccer camp put on by TRI-S Soccer, the Manitoba Soccer Association, and the Vancouver Whitecaps.

The four-afternoon camp, organized as part of the new partnership between the Manitoba Soccer Association and the Vancouver Whitecaps, had 39 players in attendance.

"(We) hope to improve on that for next year now that we have the first one behind us," said Daniel Racicot of the TRI-S Soccer Club in a media release. "The club now sees how the MSA/Whitecap staff and Whitecap's coach run their portion, which will make the next camp even better."

The camp saw TRI-S coaches, Premier players, MSA /Whitecaps staff, and university and National Training Centre players put the athletes (aged 9-12 years old) through drills with Wes Barrett, the Whitecaps' Northern Academy Centre head coach.

TRI-S, a member club of the MSA, had this fantastic opportunity to put on the camp as Manitoba Soccer continues to try to provide regions, outside of Winnipeg with better support. "Manitoba Soccer has been working hard with us to try to provide more to

our local players as well as the rest of the Interlake," Racicot said. Racicot said the outdoor season has been a good one for Tri-S players that want to develop their skills while

competing in the Developmental U9-U12 Divisions. The U11 Girls' Developmental team finally managed to some out on ton

finally managed to come out on top Sept. 23 as they won the East St. Paul tournament.

The two new Premier teams have had success as well. The U13 PR1 boys are sitting in ninth place with two wins and a pair of ties in 15 games.

"This is a good record for a team that does not have a full roster and is made up of 12 and 13 year olds," Racicot noted."We would like to have a few more players on the roster for next season as it is tough for players to play an entire game at this speed. But there is no lack of field time for the players on the team. Players that dedicated time to the practices and games had a good season and good growth.

Meanwhile, the U14 Premier 1 girls' team, although winless in regular

league play, measure their success by the score at the end of the game, said Racicot.

"At the beginning of the season, the team just was too slow and they have been working to increase it," Racicot explained. "The beginning of the season saw scores of 11-0, 7-0 etc. as the norm and, now with a few games left, they are more competitive, keeping the other teams down to four or five and even scoring a couple goals here and there."

Racicot said the team – and the results - are improving.

"Some of the Winnipeg teams have been together for at least three seasons now so hopefully as we go through indoor and into outdoor next season, we will continue to close the gap," Racicot hoped.

"You can't expect to jump into a new division and expect to be champions. Even in high-level soccer, like the European or Champions League, some teams bounce between relegation and staying in the league every season. We won't be relegated so we know what we need to do for next season."

Racicot, who coaches the team with Kayla Zacharkiw, said their best re-

RECORD PHOTO SUBMITTED PHOTO

sults of the season came during the Manitoba Soccer Provincial Championship. The championship, said Racicot, is the elite competition for clubs to put their best teams forward.

The TRI-S U14PR1 girls had a good showing, winning their first game against the Phoenix Soccer Club 1-0. They then lost their next three games by scores of 4-1, 7-0 and 3-0 but left with a great experience of playing against the highest competition available in Manitoba.

"Apparently, we were told that we are the first TRI-S team to ever win a game in the championship," Racicot said proudly. "The team ended up in fourth place out of the five."

Racicot noted the TRI-S team will be playing during the indoor season, which will give them some needed work on skill development and speed.

The TRI-S Soccer Club outdoor season is coming to an end, said Racicot, but there will be little rest for some players as we they roll right into the indoor program as soon as the outdoor teams finish. Online registration for the indoor program is now open until Sept. 12 and all information can be found at www.trissoccer.com.



Mustangs buck Thunder in Midget football action



Selkirk's Rory Doak runs with the ball during the Thunder's home-loss Saturday.

By Brian Bowman

The Interlake Thunder played three good quarters but had one bad one against the St. Vital Mustangs in Midget Football League of Manitoba action last Saturday in Stonewall.

But that one poorly-played first quarter cost them big time.

Interlake spotted the Mustangs an early 20-0 lead as St. Vital cruised to a 38-14 victory.

"It was quite a competitive game," said Thunder head coach Kris Johnston."In fact, I don't think the score reflects how close the game was. They got on us early and we came out of the gates slow."

St. Vital capitalized on a couple of Interlake turnovers and miscues on special teams to jump out to the quick 20-point lead courtesy of three touchdowns (an extra point was blocked).

"We got down fast and it was a culmination of us coming out slow and them coming out fast," Johnston said. "We got down and battled back through adversity with a couple of guys going down with injuries. But I was impressed with how our guys rallied, they didn't give up, and they didn't give in." The Thunder got on the board when quarterback Declan Kubel found receiver Alex France in the end zone for a touchdown. France had a nice game, finishing with six catches for 64 yards.

"Alex played fantastic," Johnston praised. "He was a huge part of that drive."

The Thunder started to gain momentum in the game and then Kubel had a short TD run to close the deficit to 23-14. But that would be as close as the Thunder would get, however, as the Mustangs scored a pair of touchdowns.

Despite that one-yard plunge by Kubel, Interlake's running game was shut down most of the game by St. Vital. Dominic Suniga led the Interlake with 29 yards on 10 carries while David Aisicovich gained 24 yards on nine rushing attempts.

"The run game was a little slow to get started," Johnston admitted. "We did get it going on a couple of drives and it was complimenting the passing game quite nicely. But injuries to the linemen really hurt us. We had three linemen between the first and third quarter go down with injuries."

In the air, Kubel finished the game 16-for-30 for 197 yards. Seven of those passes were caught by Kurtis Janzen, who finished with a team-high seven receptions for 107 yards. Janzen currently leads the league in receiving yards (229) and touchdowns (three).

Defensively, the Thunder had four interceptions, one each by Carter Safiniuk, Kyle Reynolds, Matt Thoresby, and Thomas Dunlop.

Josh Schellekens had a fumble recovery.

Up next for the Thunder (1-2) is a game this Saturday against the Greendell Falcons (0-2) at the University of Manitoba (12:30 p.m.).

The last-place Falcons have scored just 27 points while giving up a league-high 96. This game certainly is a winnable one for the Thunder.

"Greendell is a fast, athletic team and they have a tailback (Demi Adeleye-Olusae) that is multidimensional athlete that is a good pass catcher," Johnston noted. "He's a very well-rounded football player, a dangerous, football player that is fast."



Steelers pumped by Pistons in rookie game

By Brian Bowman

The Selkirk Steelers' rookie game against the Steinbach Pistons on Monday was one that head coach Wayne Bartley will soon like to forget.

Selkirk got blasted 7-2 by the Pistons in a game that disappointed the Steelers' brass.

"It was all '98 and '99s on both teams," said Bartley, the Steelers' second-year head coach. "We had 27 2000-aged (players) at our rookie camp, which is exactly what we wanted – we wanted to see more young guys.

"And some of these '98s and '99s pretty much had their way out there at rookie camp because there were so many 2000s on the ice."

Bartley said the older players dominated over the younger, lighter players on the ice at the rookie camp but they soon received a rude awakening in Steinbach.

"Some of the guys that we were hoping would step up in the all-rookie game, basically disappeared," Bartley lamented. "They were outworked, they were outmuscled, they were outchanced. It was a frustrating game but a good game for evaluation.

"It was a great evaluation and that's why we play these games and now we

Thunder crunch Mustangs



RECORD PHOTO SUBMITTED The Interlake Thunder's Brett Gascoigne (9) chases down a St. Vital Mustangs' ball carrier during Atom action last Saturday. Interlake scored 19 unanswered points in the second half to cruise to a 25-8 victory. The Thunder is now 3-1 heading into their bye week. have to make some decisions moving forward."

The Steelers started their main camp this past Tuesday will all of their list players. The main camp is a chance for players to remain on the Steelers' protected list, said Bartley.

Selkirk has 13 players eligible to return this season but the Steelers' head coach was quick to point out that no one's spot is guaranteed.

The Steelers have signed several players from outside of Manitoba for their training camp.

Maverick Lynes is a talented, rightshooting defenceman from Sherwood Park, Alta., who played last season

with the Creston Valley Thunder Cats.

"We're hoping he can step in and play a top-four role for us on the back end," Bartley said.

The Steelers also signed goaltender Alex Burke from Warroad, Mn. Burke is considered one of the top high school goalies in Minnesota and came highly recommended by one of the Steelers' scouts.

Selkirk signed another talented

American in forward Austin Monda. Back in March, Monda scored twice to lead his East Grand Forks Green Wave to their second consecutive Class "A" State Championship. He was also the team's top scorer.

Selkirk also dipped into the Kenora Thistles Midget "AAA" program to sign left winger Jack Bernie and forward Josh Oberg.

Bartley warned that this year's Steelers' camp will not be handing out any free spots on the roster. Players are going to have to work hard – and produce – to nail down a roster spot.

"This is my second year as a head coach and every position is available," he stressed. "Every player has to compete and show me that they want to be here. Last year was kind of a scramble because we came in late and we inherited a lot of things. This year, we've had a lot more opportunity to look at our roster and players are going to be earning their spots this season, the veterans included.

"This is going to be a very competitive camp."

Collings fantastic in Nova Scotia

By Brian Bowman

Garth Collings finished sixth at the Canadian Men's Mid-Amateur Championship in New Glasgow, N.S. last week.

The Matlock native finished at 10over 290 after rounds of 69, 73, 77 and 71.

He had a great start in his first round – recording birdies at Nos. 3, 4, and 5 – before adding a birdie on No. 14. He also caught fire late on the front nine on Day 2, making birdie on four of the final five holes. Garrett Rank of Elmira, Ont. won the national event with a threeunder 277. That was seven strokes better than Dave Bunker of Woodbridge, Ont. and 10 in front of Michel Landry of St. John, N.B.

Winnipeg's Justin McDonald and Windsor's Michael Rutgers tied for fourth at nine-over 289.

In the Inter-Provincial Championship, Manitoba placed sixth, finishing 19-over at 299. Ontario was first at five-over 285.



St. Andrews rider wins big at championship horse show

INSIDE > OUTSIDE > UPSIDE DOWN

By Austin Grabish

Kaitie Mann is quick to admit she didn't think much would come out of her recent trip to a national horse show in Brandon.

When she entered the Canadian National Arabian and Half-Arabian Championship Horse Show, with two older horses, and saw hundreds of big-ticket horses her hopes weren't running high.

But the St. Andrews rider quickly found out it's not so much about what you're riding, but how that counts.

The 16-year-old placed in the Top 10 twice during the week-long competition that brought more than 700 riders from across North America come to the Keystone Centre in Brandon.

"There were people from all over the world like Texas, California, everywhere in the states," Mann said.

The longtime rider qualified for the show after receiving top points at other competitions in Moose Jaw and Saskatoon, but despite qualifying she said she wasn't expecting to take home any ribbons.

"I was just so shocked, like as soon as I got called, and I don't know, I thought it was kind of a mistake that I got called," Mann said. "I was going into the show not expecting anything, because I was seeing all these fancy horses and everything."

Mann said when she went around the ring with horses Lone Star Harley, 16, and Justa Summer Knight, 19, she felt like she was riding the best she ever has.

Coach Amanda Mollard said Mann's placing in the Top 10 for the 18-and-under category was big.

"You're showing against the top riders in North America," Mollard said. "Sometimes it takes two years to qualify for that competition. "Not everyone can go."

Mollard added Mann's dedication added to her success.

"She worked really hard to get it," she said.



RECORD PHOTO SUBMITTED

Katie Mann, 16, poses for a photo last week with Arabian horse Lone Star Harley. The St. Andrews rider came out on top at the Canadian National Arabian and Half-Arabian Championship Horse Show last week with the horse during the event in Brandon.

Selkirk FC drops third game in a row

By Brian Bowman

Selkirk FC must be tired of being on the losing end of a 2-1 score.

For the third game in a row, Selkirk FC was edged by that margin as the Britannia Rovers turned the trick at Shaughnessy Park on Aug. 24.

Garion Lefteruk scored Selkirk's

FC's goal while Adam Lardner and James Mang'era replied for Britannia.

Lefteruk was in a four-way tie for seventh in league scoring with six goals in 15 games heading into this week's action. With the loss, Selkirk FC is now 4-10-1 in the MMSL's 1st Division and they will wrap up their regular season against first-place Pescara on Sept. 14 at the Winnipeg Soccer Complex.

Game time is 8:30 p.m.

In 4th Division action, the Tri-S Strike Force concluded their regular season on Sunday with a 3-1 road loss to the Hanover Strikers. No goal scorers were posted on the league website at press time.

Tri-S finished its season in last place in their division with a 4-12-2 record. The Strike Force scored just 27 goals in 18 games this season while allowing 53.





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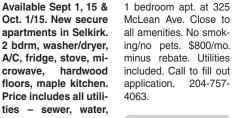
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on September 10, 2015.

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Email: jobs@cityofselkirk.com



Your questions and responses to the EOI must be made in electronic format no later than noon on Friday September 11th, 2015.

The RM reserves the right to select or reject a submission

1043 Kittson Road Box 2 Group 35 RR1 East Selkirk, Manitoba ROE 0M0 Telephone: Selkirk (204) 482-3300 Winnipeg: (204) 474-2642 Toll Free: 1-888-797-8425 Fax: (204) 482-3098 Email: info@rmofstclements.com www.rmofstclements.com



30 The Selkirk Record Thursday, September 3, 2015



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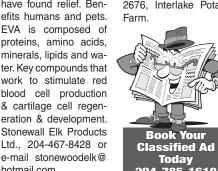
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ANNOUNCEMENTS **CARD OF THANKS**

HILTS - Ervin and Bernice would like to thank family and friends for our beautiful 50th Wedding Anniversary celebration August 28th at the A.N.A.F. We appreciated all your lovely cards and gifts. The lunch was excellent and prepared with love. Thank you to the A.N.A.F. staff and the Mark Bowman and Brothers Band.

> ANNOUNCEMENTS BIRTHDAY



If you see this young man tearing up the trails Please wish him a Happy 18th Birthday on September 5 -Love your family

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ANNOUNCEMENTS IN MEMORIAM

Skromeda, Donald In loving memory of our husband, father and grandfather who passed away September 3, 1990 Twenty-five years ago our loss was Heaven's gain. You are missed. loved and always remembered.

-Love Marilyn, Marlo, Greg and Leah, Davna, Brian, and Kasen and Karter

ANNOUNCEMENTS **IN MEMORIAM**

Kirstin Sutherland September 5, 2014

Forever loved Forever missed -Auntie Karen, Uncle Bob.

ANNOUNCEMENTS

and Andrew

IN MEMORIAM



Russ Farrell February 24, 1936 - September 5, 2011 Time slips by and life goes on But from our hearts you're never gone. We think about you always, We talk about you too; We have so many memories, But we wish we still had you. -Forever loved, Ann, your children and grandchildren

ANNOUNCEMENTS

IN MEMORIAM

In Loving Memory of **Florence Atkins** March 24, 1928 - September 4, 1994 In our hearts your memory lingers, Always tender, fond and true; There's not a day, dear wife and mother, That we do not think of you. We love you and miss you. -Bill and family

ANNOUNCEMENTS IN MEMORIAM



April Lynn Laing September 4, 2013 You left us so suddenly two years ago, We didn't get a chance to say goodbye. We miss you so much, especially Your daily phone calls. -Love you, Mom, Dad, Danny, Rae, Gordon. Elizabeth and Brandv





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ANNOUNCEMENTS IN MEMORIAM



Juliette Hope Wilkinson September 3, 2012 - December 16, 2013 How very much you're missed, Is something you will never know; You left behind the broken hearts. Of those who loved you so. A sea of tears and endless grief, Would simply ebb away; If only you could celebrate, Your special day today. This birthday message brings you love, It's just a simple touch; To let you know how dear you are, You'll always mean so much! Happy Birthday sweet Juliette! -Lots of love from Daddy, Nannie and Papa and the whole family!!

> ANNOUNCEMENTS IN MEMORIAM



Sutherland, Kirstin Rae July 17, 1987 – September 5, 2014 It's been one year since you were taken away. Our hearts are bruised, our tears we cry, No one can believe what we lost that day. Our cherished daughter, sister, and friend. You meant so much to so many, You touched our lives with happiness and love....

To us you were someone special, someone set apart.

Your memory will live forever, engraved within our hearts.

-Lovingly remembered, forever missed, Mom and Dad, Katie and Kelsey ANNOUNCEMENTS IN MEMORIAM



Kirstin Rae Sutherland July 17, 1987 - September 5, 2014 Every day is filled with memories And loving thoughts of you. Memories of your kindness, Your warm and tender touch, Your caring, loving nature, That we all loved so much. -Love you forever, Grandma

Love you lorever, chang



Amanda Dawn Wiens June 10, 1980 – September 5, 2013 We thought of you today, But that is nothing new; We thought of you yesterday, And will tomorrow too. We think of you in silence, And make no outward show; For what it meant to lose you, Only those that love you know. Remembering you is easy, We do it every day; It's the heartache of losing you, That will never go away. -Lovingly remembered by Mom, Dad,

Collin, Darren and Austin

ANNOUNCEMENTS IN MEMORIAM

Dustin Miles Trainor

June 9, 1984 - September 6, 2008

ANNOUNCEMENTS

-Loved and missed by brother, Branson,

Dad, family and friends

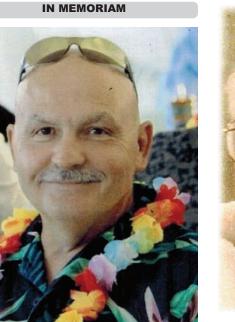




Eugene Gloss August 7, 1941 – September 7, 2014 Those we love don't go away, They walk beside us every day; Unseen, unheard but always near, Still loved, still missed, and held so dear. -Love your wife, Carol; daughters, Karen, Kim, Kristin (Jeff), Cory (Sam); and grandchildren, Amanda, Stephanie, Spencer, and Nick

ANNOUNCEMENTS

IN MEMORIAM



-Chris

Bob Riter September 7, 2013 I held you close in my heart today, It made me feel complete; You may have died... But you are not gone. You will always be a part of me, For that is all my heart knows.

Papa Riter You weren't just a star You were our whole sky. Missing you – Zac, Jade, Sadi, Autumn, and Adri



Victor Peter Trupish August 27, 2013

Beloved Husband, Dad, Grandad and Great Grandad It's been two years since we said good-bye, Yet you grace us with your presence With every butterfly, whispering I love you, On the winds of change. We know it's you, others think it strange. All the signs we receive from above, We know it's you sending your love. Please know, we miss you, love you, And think about you every day. Until we meet again is what we all will say! -Love your wife, Margaret and all the kids



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