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RECORD PHOTO BY KATELYN BOULANGER

The grand re-opening of the St. Andrews Community Club took place last week and crowds of families came to check out the fun. See more photos inside.

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Back to School time is here, watch out for buses and kids on the road

School zone speed limits now in effect

By Katelyn Boulanger

Back to school time is here and earlier this week school speed zones came into effect meaning that residents will likely see children making their way to school. With so many kids in our region taking the bus again this year, the *Selkirk Record* chatted with Joey Turek, Manager of Transportation for the Lord Selkirk School Division to discuss ways that drivers, parents and students can make getting to school safer this year.

Since students in the the Lord Selkirk School Division bus from as far north as Victoria Beach as well as from the RMs of St. Andrews and St. Clements, school bus safety is something that no matter where you live in our region, you're likely to need to be informed about.

"The biggest [violation committed by drivers that bus drivers see] is the infraction of them going through our stop arms, the stop signs when we're loading and unloading," said Turek.

The school division does have cameras on its buses and does refer these infractions to the RCMP.

"Typically, our drop-offs are no longer than 25 seconds. Just wait and stop. There's no point. You're not gaining anything by going through a stop arm and there's so much potential there for harm for these little kids getting off," said Turek.

He also wants to remind people that the stop sign isn't just important to look out for by schools as it's used in rural communities and on all types of roads including highways. It needs to be respected wherever kids are dropped off or picked up from.

With the flipping of the calendar, drivers will also be required to look out for school speed zones which

came into effect a few days ago.

"It just becomes kind of a patience thing, right? We do see some of the same cars. We're typically on a lot of people's commute. You leave work and come home at the same time and so does the bus every day," said Turek.

Because our region encompasses some more rural areas, just short of 60 per cent of students who attend the LSSD take the bus and there are a whopping 47 bus routes that are travelled twice a school day by students and bus drivers.

Parents will likely already know the basics of their bus's routines, but Turek's tips include getting to the bus early.

"This is both for parents and kids. We typically remind families again this time of year to be at their stop five minutes prior to the bus getting there, just so they're ready to go on when the bus does roll up. When they get on, all the students should definitely already know the rules of the bus with regards to eating and drinking on the bus, and staying seated. Another good one [to remember] is the seating plan that the bus driver will go over in the first couple of weeks of school. Each student does have an assigned seat for safety reasons," said Turek.

Parents, of course, are partners with LSSD employees when it comes to maintaining a space where kids are safe and know what is expected of them. Turek explained that bus drivers can face similar situations to teachers in classrooms and parents chatting to their kids about expectations can be helpful.

Continued on page 4

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The Manitoba government is providing more supports for Manitobans who are victims of crime through a 50 per cent increase in the funding directed to Manitoba Justice Victims Services from the Criminal Property Forfeiture Fund, Justice Minister Matt Wiebe announced Aug 27.

The Criminal Property Forfeiture Fund uses the proceeds of the sale of seized criminal property to protect Manitoba families and enhance public safety. Grants from the fund are used for a variety of important initiatives, including building community, preventing crime, investing in youth and supporting victims of crime.

Heartwood Healing Centre, which provides individual and group therapy to Manitobans 16 and over, who have experienced childhood sexual abuse.

Survivor's Hope Crisis Centre's Sexual Assault Recovery and Healing (SARAH) Program which provides after-care and long-term counseling services, follow-up support and legal advocacy to victims of sexual violence and intimate partner violence.

Nisichawayasihk Cree Nation Family and Community Wellness Centre, which provides a bereavement support group for families of homicide victims in Thompson and surrounding areas.

Mount Carmel Clinic's Sage House – Sisters Offering Support Program. Sage House is a drop-in centre and outreach program that provides es-

Ndinawemaaganag Endaawaad Inc.'s (Ndinawe) Child and Youth Care Certificate Program, a one-year program accredited by Red River College Polytechnic, which provides persons with past lived experiential lifestyles, the opportunity for accredited training in a community setting.

Candace House, which provides wrap-around support in a comforting home-like day refuge for victims, survivors, and families who have lost a loved one to violent crime.

MADD Canada, which provides essential education and awareness to communities across the country about the serious consequences of impaired driving.

“The financial support that Survivor’s Hope Crisis Centre receives from Manitoba Justice is fundamental to the care we provide to survivors of sexualized violence accessing our 24-7 SARAH crisis program

at Interlake-Eastern area hospitals and RCMP detachments,” said Coral Kendel, executive director, Survivor’s Hope Crisis Centre. “Community-based programs like SARAH increase the options to justice available in rural Manitoba and empower survivors to heal in ways that make sense to them. We are encouraged to hear of the increase in funding provided to Manitoba Victims Services and look forward to our continued relationship together with the shared goal of supporting Manitobans impacted by violence.”

The minister noted the province provides over \$20 million to agencies through the gender-based violence program focused on prevention and supporting survivors. This includes a \$420,000 increase to shelters for women fleeing intimate partner violence in this year's budget.

For more information about programs and services for victims of crime in Manitoba visit www.gov.mb.ca/justice/victims/services.

their seats, drinking on the bus or eating on the bus. Those are rules that we have in place for the safety of everybody. And, at the end of the day, when the volume gets too loud or the bus gets rambunctious, it is very distracting for the bus driver. And that's our biggest concern when we're barreling down Highway 59 or any of these highways going 80-90 kilometers an hour. With a distracted driver

that can lead to incidents, right? We're really trying to curb some of the behaviours that we've seen on the bus, and parents can reiterate to their kids that it should be no different than the classroom where everyone stays in their seats and it's quiet. That allows the bus drivers to stay focused," said Turek.

He explained that safety is the number one priority and if everyone works together we can have a safer community for all.

"My most important job here is to make sure that all the students get to school safely each and every day. It starts at our office here and with every single bus driver that is our main goal. If the public can help us be as safe as they can. We have procedures and things that we do to keep the kids safe, and as long as everyone is doing their part in the community, then we shouldn't have any problems," said Turek.

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Stop for bus stop arms to keep school kids safe.

RECORD FILE PHOTO BY KATELYN BOULANGER

Sharlene Yarish releases second Hobbledy Gobbledy book

Selkirk author's new book teaches gratitude

By Kaitlin Vitt

The second book of author Sharlene Yarish's children's book series is out now and encourages readers to practise gratitude.

Hobbledy Gobbledy Learns to be Thankful has been released three years after the first book in the series introduced the character and covered lessons of empathy, problem-solving and kindness.

"I've had these books in the back of my mind for quite a few years," Yarish said. "In 2020, I decided to just fine-tune everything, and I recognized that there was a pattern of lessons in values, or just general life lessons like gratitude."

At the end of the Hobbledy Gobbledy books, Yarish includes questions for children to help them understand the lesson or value covered in the book.

Yarish goes to markets to sell her books and has had the chance to talk with potential and past readers, where she's heard positive feedback, including people saying it's the favourite book of the child they gave it to.

"The younger ones really liked the rhyme because every book is done in rhyme, and the older kids, I'm hoping they're understanding the value," Yarish said.

Yarish's son Jesiah has illustrated the books.

"I had a very specific image of Hobbledy in my head, and I was able to convey that to him, and he was able to illustrate it perfectly," she said. "We really have a good working relationship, and I can tell him what I'm looking for... We go back and forth with expectations, and I really enjoy working with him."

Hobbledy, a sage green character with one prominent front tooth, a large nose, a bumpy head, and four fingers on each hand, has a unique look, and Yarish said it's hard to explain the inspiration behind the character.

"It was something that just came to me. I would say it was God-inspired. The picture of Hobbledy in my head just came to me, and the storyline just came to me," she said. "I wanted him



RECORD PHOTO SUBMITTED

Sharlene Yarish's second children's book, illustrated by her son Jesiah, is now available for purchase.

to look different than all the kids because part of the message of the story was to not judge a book by its cover, or things aren't always as they seem, so by him looking less than beautiful, the kids had to get past that in order to find out that Hobbledy is really a great guy after all."

While this series of books is her first time writing children's books, she and her husband have been writing and publishing contemporary Christian music for years. She said it just seemed to morph into writing children's books.

I WANTED HIM TO LOOK DIFFERENT THAN ALL THE KIDS BECAUSE PART OF THE MESSAGE OF THE STORY WAS TO NOT JUDGE A BOOK BY ITS COVER,"

The next book in the Hobbledy Gobbledy series will be released next summer. It focuses on individuality and showcases how everyone is different and unique.

Yarish's books are available in Selkirk at

Wishme and The Cozy Fox. They're available online through Friesen-Press, Indigo, and Amazon and by contacting Yarish at sharleneyarish@mail.com.

For those who have read any of the Hobbledy Gobbledy books, Yarish encourages readers to rate and review the book on Goodreads to help get the word out about the series.

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Beside McDonald's

Stock your shelves at Selkirk Rotary Club's annual book sale

Get ready to find your next favourite read while keeping books circulating in our community

By Katelyn Boulanger

The Selkirk Rotary Club is at it again hosting their gigantic community book sale. With an estimated 26,000 books that will be available between Sept. 23 to 28 at the Agricultural Building in Selkirk Park, this is likely to be their biggest sale yet and an excellent excuse to stock up on reasonably priced books in advance of the cold weather that will be here in a few months time.

"The Rotary has had [the book sale] on an annual basis and we've been doing it for quite a number of years. It's been in various locations in the City of Selkirk, and it's [made possible through] book donations, from the community," said Ruth Konzelman, Selkirk Rotary Club director and co-chair of the book sale.

The Selkirk Rotary Club is a big advocate for increasing the literacy of all members of our community and this event not only gives people an opportunity to pick up a great read at a great price but keeps books circulating in our communities meaning that it's great for the planet as well as the pocketbook.

Konzelman explained that the Rotary Club couldn't continue to host this event if it wasn't for local business Red Bomb Fireworks which accepts book donations throughout the year and stores the books until it's time for the annual book sale.

"[The donations] come in all forms.

They come in bags of books, they come in boxes and when [Red Bomb] have enough, they shrink wrap them on a pallet, and they store the pallets of books. For us this year, I understand we have over 26 pallets of books that have been accumulated and when you consider a pallet may be has thirty cartons on it, that's a lot of books," said Konzelman.

Though the Rotary Club can't list exactly what they have for sale as it's dependant on what people from our community have donated throughout the year, they know that they very likely will have a good variety of fiction, non-fiction and topic-specific books in a variety of subjects.

"It's really exciting opening the boxes up to find what's in there. A lot of people hoard their books. Books are hard things to get rid of. If you're an avid reader, you can have an emotional attachment to them, and for a lot of people, it's a big decision to give away their books. But other people, they're minimalists. They read a book and they donate it. We have books of all sorts, and until we start opening those cartons, we really don't know what we have, but we do know we have lots of books," said Konzelman.

The Agriculture building in Selkirk Park has been the location of the book sale over the past few years. According to Konzelman, it's been a great place for the sale because they are able to set up many tables with many



RECORD FILE PHOTO

The Rotary Club's annual booksale starts on Sept. 23.

books for people to choose from, however, despite the large space they can't have every book that's been donated out at once. So when books sell, the group's volunteers then grab more books to fill their place. This means that throughout the five days of the book sale stock rotates and is an excellent excuse to swing by for a second or third pass through.

The booksale location is also great because there is a large parking lot for residents to use as well as the space being accessible for mobility aids and wheelchairs.

As for the prices, like the location they will be the same too.

"The book prices will remain the same this year as they have in the past. That's, once again, hardcovers [at \$2] and paperbacks are \$1, children's hardcovers are 25 cents, and the children's softcovers are three for a quarter. We will have a table of collectibles and we're also going to have a table of recent addition hardcovers that will be individually," said Konzelman.

The time of the book sale also takes place over a weekend and weekdays and takes place from 10 a.m. to 6 p.m. Konzelman explained that this is so that everyone from our community

from families with young children to seniors should, hopefully, have a chance to head out at a time that fits their schedules.

As for people who would like to lend a hand at the book sale, the Rotary Club is always open to accepting volunteers.

"We can always use volunteers. We have a few days that are a little light for volunteers for sorting which is the week prior to the sale, and volunteers to help us with the book sale. We're always happy to see volunteers. If they'd like to volunteer in some capacity, they can contact us through the Rotary Club's Facebook Page," said Konzelman.

The Rotary Club of Selkirk is a non-profit in our community and the group has in the past fundraised for many causes locally. Some of the projects that they've been part of making happen are the skate park in Selkirk Park, the echocardiogram machine at the Selkirk Hospital, the peace poles that you will be able to see at local parks in the Tri-S area and more.

This book sale naturally is going to fundraise for another local project.

"We have committed \$150,000 to the

Continued on page 8

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Author rediscovers Canada through latest book

William Peckham includes Selkirk and other less-featured destinations

By Kaitlin Vitt

William Peckham, a 93-year-old writer from Kelowna, B.C., features Selkirk in his latest novel, *You're Never Too Old for Love*.

Inspired by Peckham's own experience, Jake, the main character in the book drives from Toronto to Kelowna and stops in cities and towns along the way. The character, a musician and retired travelling salesman, hits the road with his camera, guitar, and harmonicas, stopping "at a photo opportunity, stop where he could play his music for people who appreciated it, then move on," as the book description explains.

"It became a labour of love for me," said Peckham. "It became something that I enjoyed doing, learning about our Canada."

In 2002, Peckham moved to Kelowna, and he and his late son Jim drove there from Niagara Falls. They didn't stop in many places — mostly to eat and rest — but one stop they did make was in Winnipeg, and from there, Jim drove out to Selkirk to visit a friend.

Nearly 20 years later, his son had asked Peckham if he ended up writing about that road trip. Peckham hadn't yet, thinking it was a boring tale to tell, but his son assured him it wasn't.

"I started it, and I was right — it was boring," Peckham said with a laugh.

The following year, Peckham's son was in the hospital, and again he asked his father if he had written about the trip yet. Peckham said he still thought the story was boring. Jim encouraged his dad to use his creative imagination and mind of a writer to share about it, so Peckham decided to try writing a fiction story about the road trip.

Peckham's goal was to write a 2,000-word short story, but once he got to 25,000 words, he realized he had more to say.

"When I write, if I get characters that I like, and they're doing things, they write the story, they take me to where they want to go," he said. "That's how I came to write this story."

Peckham said he felt like he missed out during his road trip since he didn't stop along the way, which is why the characters in his book visit many places across Canada, including Selkirk.

The characters visit the Marine Museum of Manitoba and share some of its history. The *Selkirk Record* is even mentioned in the book.

"I love to write because it takes me places I can't go myself," Peckham said.

He's heard similar sentiments from readers of the book. After completing the manuscript, Peckham sent it to a friend.

"His comment when he was finished was, 'I've driven that route. I've stopped in a couple of those places, but I want to go back because you piqued my interest in some of the smaller towns along the way,'" William said.

You're Never Too Old for Love will be available for purchase the second week of September by contacting Peckham by email at peck102mch@yahoo.ca.

Peckham has a background in radio and television, where he hosted shows on the topic of home improvement. He began writing fiction at age 72 after moving to Kelowna. Peckham has published books and short story collections, and his latest novel is his longest yet.

One of the characters in *You're Never Too Old for Love* is loosely based on Peckham's wife, Lynn Vaughan-Peckham. The name of the band the two played in together, Musical Memories, also makes an appearance in the book. The two were high school sweethearts and reconnected 50 years later.

Peckham said he wouldn't be the writer he is without Vaughan-Peckham.

"Lynn has been my inspiration. She's the one who got me to go and take my first course in writing, and Lynn has been fantastic in doing my editing and helping me recreate passages, and she encourages me to go write," he said. "She'll see something in the paper, and she'll say, 'You know, this would make a good story,' and so I'll do a fiction story."

Peckham encourages people interested in writing to take a course in creative writing to help develop their creative side. It was after Peckham took a writing course that he published his first collection of short stories.

"You may be able to sit down and write things yourself, but you don't know what to emphasize or how to emphasize it," he said.

He also encourages people to write when an idea strikes. He keeps a notebook beside him as he watches television so that if he gets an idea, he'll jot it down right away.



RECORD PHOTO SUBMITTED

William Peckham, a writer from Kelowna, B.C., pictured next to his wife, Lynn, features Selkirk in his latest novel.

"The next morning, I grab [my notebook], and I come to the computer and I write the ideas down. I may never write the story, but I've written the ideas down, and I can go back to that if I want."

Peckham has age-related macular degeneration, which impacts the centre of his visual field, so he has to see through his peripheral vision, which makes writing difficult.

"I said this three times before, I think my publishing days are over," he said. "But I might do a short story collection that I've already written."

To stay up to date on Peckham's writing and to order *You're Never Too Old for Love*, send him an email at peck102mch@yahoo.ca.

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Online petition calls for passing lanes on Hwy. 8; project already approved

By Becca Myskiw

An online petition is calling for passing lanes on Highway 8.

Teri Nicholson started the petition on Aug. 4, titled "Highway 8 Needs Passing Lanes from St. Andrews to Gimli." Nicholson moved back to Gimli six years ago and has witnessed numerous near misses on the highway leading to the lake town since then.

"People will pull out and try to pass 10 cars, and they can't make it, so everyone has to slam on their brakes," she said. "It's crazy."

The petition describes travel on Hwy. 8 as "treacherous," and as of Aug. 23, it had 485 signatures in agreement.

Nicholson used to live off of Hwy. 16, and she said driving on that highway then was similar to driving on Hwy. 8 now. The difference? Highway 16 had passing lanes put in a few years ago, and Nicholson said driving that highway now is better and calmer.

"People don't seem to get too panicky because they know if they're behind somebody slow, in a couple of miles, they can get around them," she said, adding Highway 8 looks to have more traffic than Highway 16, so she doesn't understand why Hwy. 8 doesn't have the passing lanes.

In July 2022, a car accident on the highway killed one person and sent three more to hospital. In 2023, an-

other crash on Hwy. 8 left two people dead. Community Facebook groups are ripe with comments about driving Highway 8, people calling it "dangerous" and asking for RCMP to patrol the road regularly.

"Instead of us just being keyboard warriors, why don't we actually try to do something?" said Nicholson, whose goal is 500 signatures on the petition before the September long weekend. After that, she'll take the signed petition to Minister of Transportation and Infrastructure Lisa Naylor.

A provincial spokesperson said Manitoba Transportation and Infrastructure is currently planning a 10.3 km surface reconstruction on Highway 8 in the southbound lane from Provincial Road 230 to the Perimeter Highway. The multi-year capital plan includes a project for new passing lanes in various locations along Highway 8 between Highway 67 and Provincial Road 231. Construction on this project is slated to start in 2026. The provincial spokesperson said work on additional sections of the highway may be considered in future planning.

"When Manitoba Transportation and Infrastructure considers adding passing lanes to a highway, the department undertakes an analysis to justify the investment and determine if the passing lanes are operationally warranted," said the spokesperson.

"This analysis is based on an assessment of traffic volumes for different segments of the road and a review of potential passing lane locations. If passing lanes are warranted, Manitoba Transportation and Infrastructure will assess their operational and safety priority against other projects for future consideration. In this case, passing lanes on PTH 8 are warranted and are already identified in the approved capital program for future construction."

To sign Nicholson's petition and hear your voice, go to <https://www.change.org/p/highway-8-needs-passing-lanes-from-st-andrews-to-gimli>.

"PEOPLE DON'T SEEM TO GET TOO PANICKY BECAUSE THEY KNOW IF THEY'RE BEHIND SOMEBODY SLOW, IN A COUPLE OF MILES, THEY CAN GET AROUND THEM,"

> ROTARY CLUB BOOK SALE, FROM PG. 6

Gaynor Family Library's children's section expansion and the money raised from this will be going towards that \$150,000 commitment," said Konzelman.

And, if there happen to be books left over from the book sale, they don't go to waste. The books that remain are donated to programs that have books

available at food banks throughout our province. Some books also end up with children in northern communities as well to contribute to greater access to books for kids in more remote areas.

Konzelman explained that everyone in our community from seniors to babies, people who are learning English

and people who are voracious readers who read through books faster than they can find them, are all welcome to come out to the booksale.

"It's a great community event. There are hundreds of great books and some of them won't even make it to the table the first few days. So come a couple of times," she said.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@selkirkrecord.ca. Please include your name, address, and phone number for confirmation purposes.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Province announces forthcoming legislation to let municipalities opt out of metro region

Selkirk, St. Andrews and West St. Paul express concern about loss of municipal autonomy

By Patricia Barrett

Some Interlake municipalities that oppose being part of the Capital Planning Region were breathing a little easier last week after the provincial NDP government said it intends to let them opt out under legislation it will table this fall.

The Capital Planning Region operates under the name the Winnipeg Metro Region. It was created by the former provincial Conservative government under the Planning Amendment and City of Winnipeg Charter Amendment Act (Bill 37). The WMR's 18 member municipalities were assigned to the region whether they wanted to be part of it or not.

The region consists of the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar and the rural municipalities of Cartier, East St. Paul, Headingley, Macdonald, Ritchot, Rockwood, Rosser, Springfield, St. Andrews, St. Clements, St. François Xavier, Tache and West St. Paul.

The NDP government said last week it will introduce legislation to allow municipalities the "freedom to choose" whether they want to be part of the region.

"This is about giving municipalities the freedom to make their own planning decisions, rather than force them into a planning region that isn't working," said premier Wab Kinew in an Aug. 21 news release. "We've heard what municipalities have to say and that's why we're moving forward with legislation to make membership in Plan 20-50 voluntary. We're working with communities like Selkirk, Niverville and Stonewall to grow the economy, and build more housing in a way that makes sense for them."

The government's move comes after



The WMR is made up of the City of Winnipeg, City of Selkirk, Town of Niverville, Town of Stonewall, Village of Dunnottar and the rural municipalities of Cartier, East St. Paul, Headingley, Macdonald, Ritchot, Rockwood, Rosser, Springfield, St. Andrews, St. Clements, St. François Xavier, Tache and West St. Paul.

some municipalities publicly protested against being forcibly included in the WMR and residents raised concerns about how it could override the authority of their local governments to make land-use decisions.

The WMR released a yet-to-be-adopted 30-year blueprint for land-use planning titled Plan20-50: A Regional Plan for the Winnipeg Metropolitan Region. The plan – a bylaw that has passed first reading by the WMR board – contains development policies for areas such as housing, community expansion, transportation, agriculture and water and wastewater. Details of what those policies will entail are unknown because they haven't either been written or released.

The City of Selkirk said it was pleased the province announced it will introduce legislation to make municipal inclusion in the WMR voluntary. Selkirk had earlier stated publicly that it had been forced to join the WMR.

Selkirk mayor Larry Johannson said he and council "applaud" premier Wab Kinew and the government for listening to Selkirk and other municipalities which expressed concern with the "undemocratic creation" of the planning region and the "sweep-



RECORD PHOTO COURTESY OF CITY OF SELKIRK

An aerial view of downtown Selkirk.

ing powers" provided to it to control development and municipal services.

"We thank Premier Kinew for his announcement and for the government's efforts to restore our city's authority to make its own choice. In our efforts to correct the forced and inappropriate inclusion of Selkirk into the region, we have emphasized that local governments should have the choice to join or not. At election time we are given a mandate to lead our community, and Bill 37 took that away in many ways," said Johannson in an Aug. 21 news release. "Not only will this new legislation create that opportunity, it also demonstrates respect for local governments."

Selkirk councillor John Buffie, who was appointed to sit on the WMR board, said in the news release that Selkirk is more regionally aligned with municipalities close to it than it is to the wider WMR. And Selkirk is committed to demonstrating excellence in urban planning,

infrastructure asset management and regional thinking.

Buffie said Selkirk's region is the Triple S region, which is made up of St. Andrews, St. Clements and Selkirk. And its extended region includes the Interlake and eastern Manitoba. According to Statistics Canada's data, 30 per cent of St. Andrews' residents work in Selkirk and 23 per cent of St. Clements' residents work in Selkirk. The majority of Selkirk's working residents work in Selkirk. Therefore, services should be tailored to the needs of that region.

"Getting out of the Winnipeg Metro Region will allow us to focus on our true region," Buffie added. "Being a regional service hub is part of our community strategic plan, and we've demonstrated that we can work with our neighbouring municipalities to

Continued on page 12

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International Red River Watershed Board hosts public meeting in Grand Beach

Mayor Larry Johannson joins board as new member

By Katelyn Boulanger

The International Red River Watershed Board held a public meeting on Aug. 21 in Grand Beach to let local residents know what the board does and why this international alliance is important in our region.

The meeting started with board member Mark Lee introducing himself and the other members of the board before a land acknowledgement took place.

Rebecca Seal-Soileau the board's secretary from the US Army Corp then stepped up to moderate the meeting letting attendees know that the board was interested in feedback from them.

"Management and understanding and building relationship with the water resources throughout all of our basins really depends on all of us having two-way communication from science and then the people that live there and experience it," she said.

Karl Jansen, the United States co-chair of the International Red River Watershed Board took to the front to talk about the International Red River Watershed Board's beginnings.

"I'll talk a little bit high level about the International Joint Commission, but I'll tell you that the most important thing that we do is interact with the people that we serve," he said.

Jansen then went on to talk about the International Joint Commission which was founded in 1909 with the International Joint Waters Treaty. This treaty is important because there's no other agreement like it internationally.

"We have two countries, neighbours who are peacefully working through issues with shared waters. In other parts of the world, people go to war over their water," he said explaining that this is a terrific model for the rest of the world.

International Red River Watershed Board is the board that deals with the Red River watershed which is one of many watersheds that span the US-Canada border and they report to the

International Joint Commission.

A noteworthy local member of this board is Selkirk Mayor Larry Johannson who is a recent addition to the board.

Canadian Chair of the Board Patrick Cherneski then took to the stage to go more into detail.

"[The Red River is a] really interesting basin. It's often described as a bit of a bathtub. Water very much has to flow north. There's an escarpment on each side. Everyone here is familiar with the flooding in the Red River Valley and that was one of the original issues that the Board was created for," he said.

Though the International Joint Commission was created over a century ago, the International Red River Watershed Board came to being in 2000 in response to the flood of 1997. Though the flood kickstarted the Board, their mandate has expanded to include the not just dealing with issues that can increase flooding but health of the watershed.

Cherneski explained that a big part of the board's job is monitoring across water supply, across water quality, across aquatic ecosystem health and supporting the health of the aquatic life and integrity of the aquatic ecosystem.

One of the requirements of each of the International Joint Commission boards is to produce a report with information each year and residents can learn more from this report which is available online at the International Red River Watershed Board website.

He then went on to explain the structure and members of the International Red River Watershed Board and how it maintains parity between both countries by including members from both sides of the border.

From there, the presentation was taken over again by Lee who discussed some of the many projects that the International Red River Watershed Board is involved in.

"It's about a million square kilometers of land so there's a lot going on across that watershed that affects Lake Winnipeg. There are about 7 million people that live in the watershed. So, a lot of people from all across the watershed [and] the decisions they make ultimately impact Lake Winnipeg. So, it's a big problem. When you want to improve Lake Winnipeg, there's a big area and a lot of people that you have to impact," said Lee.

Something that Lee noted was that



RECORD PHOTO BY KATELYN BOULANGER

Mark Lee and a topographical map of the Red River Basin.

though the Red River is only the third largest river contributing water to Lake Winnipeg, it contributes about 70 per cent of the Lake's phosphorus. He explained that the rich fertile land in the region has a naturally higher load of phosphorus but human activity is also contributing to this number.

He then went into the history of the area and how the very flat terrain in addition to the heavy clay soil means that water isn't absorbed as well by the land leading to why the Red River Valley naturally has so much flooding. He showed this using a 3-D map which showed the topography of the region.

After talking about hydrology Lee moved on to water quality.

"Canada and the US have agreed on bi-national objectives on water quality on the Red River. We've been monitoring, as a board, water quality for a long time. They had five parameters in 1969. They added more parameters in 1986 and most recently, and probably most interesting to this group, in 2022 they added nutrient objectives," said Lee.

The nutrient objectives currently indicate that the International Red River Watershed Board is trying to reach 1990 levels of nutrients, this is because this was about when the severity and frequency of algae blooms increased.

The final bit of the presentation at the meeting was taken over by Lee Gutowsky the International Red River Watershed Board's aquatic ecosystem co-chair who spoke about the work that they have been doing monitoring fish in the Red River.

Right now about 11,050 fish have been tagged over 10 species with transmitters that can be picked up by receivers in the Red River and Lake Winnipeg. Gutowsky explained that this does require fish to swim by a receiver but it allows them to track the movement of fish in the river.

"One fun fact about channel catfish is that when you tag these fish, they're able to actually expel their transmitter. They just ingest it into the intestine and excrete it. So they're really difficult to study. We've had a tough time getting data from channel catfish," said Gutowsky.

Gutowsky then went through a couple of restoration projects that have taken place removing dams to increase fish interconnectivity in the river.

From there, there was a short question and answer period followed by a presentation by Grand Beach's Betty Clark. Clark spoke about her experience of the Red River, Grand Beach and Lake Winnipeg as a long-time Grand Beach resident.

Clark spoke about how her father purchased their cottage in 1950 for \$300 and how in the past ice was cut from the Lake for the community's iceboxes. A very interesting memory that she shared was about how the train whistling as it came into town to pick up passengers was also the last call whistle.

In conclusion, she said, "After 71 years in my little piece of paradise, I cannot help but have the confidence that all will be well with the expertise of this fine group. Many thanks."

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No kids sleep on the floor delivers hope in the Interlake

By E Antonio

Everyone deserves the right to have a safe and comfortable place to sleep, but this is not always the case for people across the globe.

Sleep in Heavenly is a global initiative that raises funds, constructs, and gifts beds at no cost to children and their families who are in need.

Their motto is, "no kids sleep on the floor in our town," and a local from Gimli is wanting to do just that.

Diane Fjeld is wanting to start up a Sleep in Heavenly Peace chapter in Gimli and needs your help.

"There is only one chapter in Winnipeg and I would like to have a second chapter in Manitoba," she said.

Fjeld is looking for a small group of volunteers to form an executive committee who will oversee the Gimli chapter of the program.

Once an executive committee is established, Sleep in Heavenly Peace will organize a build day in Gimli to construct several beds for children in the Gimli, Winnipeg Beach, Arborg and Riverton area. Following the build day, beds will then be delivered and set up with a mattress, pillow and bedding in the child's home.

"Build days can build 20 beds using a simple pattern," explained Fjeld. She added that all the volunteers will cut the wood, drill the holes, and assemble the beds on site.

Each bed costs approximately \$900, but with donations of supplies and materials the Sleep in Heavenly Peace program is able to cut that cost in half.

Fjeld came across this initiative after hearing of Winnipeg's chapter doing a build day. Following suit, a group of her friends also donated to the cause.

"Someone mentioned that they were making quilts and donating them to Sleep in Heavenly Peace," said Fjeld.

After several phone calls with Sleep in Heavenly Peace Canadian offices, Fjeld is finally ready to start a chapter of her own.

"I need a core of people so that I am not doing everything myself," she said.

Fjeld is seeking individuals who are able to assist with various tasks such as fundraising, volunteer coordination, fund management, social media management, and online system management..

"Once we are set up, everything is done online," said Fjeld.

She explained that everyone will use www.shpbeds.ca to donate, volunteer and request a bed.

When Fjeld fills the executive committee positions, the team will then travel to Fort Saskatchewan in Alberta for training.

"The training is absolutely free," Fjeld said.

"We will walk away knowing how to build the beds, how to use the bookkeeping system and learn about each other and how to work together for this opportunity."

If you choose to join Gimli's Sleep in Heavenly Peace executive committee, Fjeld anticipates a monthly commitment of around 10 to 15 hours.

By simply sharing about this initiative on social media, the community has already shown overwhelming support.

"I have received a tremendous amount of support. I already have a whole group of quilters have committed to making quilts," exclaimed Fjeld.

She also added that this initiation is great for philanthropy groups and human ecology school programs.

"There is a lot of great opportunities for everyone in the community."

Fjeld hopes to form an executive committee as quickly as possible as she

would love to organize a build day prior to the first snow fall.

"It would be very rewarding to have a small build under our belt," she said.

To get involved with Sleep in Heavenly Peace Gimli, you can contact Fjeld directly at 204-641-5297 or via email at diandharv@gmail.com.



RECORD PHOTO SUBMITTED

Sleep in Heavenly is looking for volunteers in the Interlake to join the executive committee chapter in Gimli.

Interlake artists shine at Manitoba Rural and Northern Juried Art Show

By Stephen Burns

If you ask artist Lindsay Guttormson if she'd rather paint a prairie field or a vast mountain landscape, she'll take the flatlands of Manitoba 100 per cent of the time.

"There is something about the prairies that is so beautiful to me," she said. "Especially where I live in the Interlake. The communities are so welcoming."

"It really is a hidden gem."

Guttormson was one of 11 Interlake artists featured in this year's Manitoba Rural and Northern Juried Art Show (MRNJAS).

"My work is an acrylic painting called 'Cows Having Lunch,'" the Selkirk-based painter said with a chuckle. "People always laugh when I tell them the title because that's exactly what it is. It's cows having lunch."

Guttormson grew up on a farm and

started sketching vintage tractors that her father, a farm machinery mechanic, worked on. She also has an Agricultural degree from the University of Manitoba and worked in the grain industry for nearly 15 years.

Her father hung those sketches in his garage, which was her first experience displaying her work for others, and she still feels a bit uneasy about it.

"It takes a lot for me to submit my work for exhibits," Guttormson said. "But the art scenes in rural Manitoba are so kind and welcoming, which makes it easier."

Soapstone carver Greg Fritz, who is part Cree, took inspiration from nature for his piece.

In Cree, it's called sohkhâyâwin, or "Fortitude" in English. It depicts an

Continued on page 12



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>ART SHOW, FROM PG. 11

Inuit hunter holding a deer antler spear. The carving sits on a chunk of white Italian alabaster.

"The base represents melting arctic ice and how that has affected life for Indigenous people in the north," Fritz said. "It also is a testament to the fortitude they have shown in the face of that."

Fritz has been an artist since childhood, sketching from a young age. After a brief foray into painting, he received two soapstone blocks and chisels as a gift 20 years ago and never looked back.

The Arnes carver says "Fortitude" was also inspired by a trip to Quama-juq, the Winnipeg Art Gallery's Inuit art exhibit.

"I saw how fragile and delicate the pieces there were and realized that all of my carvings leading up to this were very solid and safe," he said. "Seeing those pieces made me want to challenge myself to be bolder and more daring with my art."

"I've put everything I've learned over the years into this piece."

Fritz also takes pride in where he lives. He moved full-time to Arnes from Winnipeg recently, and his property backs out onto a nature reserve and bird sanctuary.

"I fell in love with the people and

the nature out here," he said, with a chorus of birds chirping in the background. "It's a very peaceful place to carve."

This is both Guttormson's and Fritz's second consecutive year in the MRNJAS.

The Manitoba Arts Network (MAN) has been putting this show on for 22 years. This year's works were displayed at the MAN gallery at 210 Princess St. in Winnipeg's Exchange District.

"For rural and northern artists, there aren't as many opportunities to participate in shows like the ones in Winnipeg," MAN executive director Rose-Anne Harder said. "It bridges the gap between these two art scenes."

Both Guttormson and Fritz agree.

"This exhibit showcases the endless talent in rural and northern Manitoba," Guttormson said. "Artworks that come from these areas are worth experiencing and sharing."

"I also hope it encourages people to get out of the city and explore all the beauty in rural Manitoba," Fritz added.

The MRNJAS opened Aug. 1 and ran until Aug. 24. You can view the gallery online at artgallery.manitobaartsnetwork.ca.



RECORD PHOTO SUBMITTED

Selkirk-based painter Lindsay Guttormson poses with 'Cows Having Lunch' her painting that was part of this year's Rural and Northern Manitoba Juried Art Show.

> WMR OPT-OUT, FROM PG. 9

deliver for our shared citizens."

The RM of St. Andrews council issued an official response to Plan20-50, saying that mayor Joy Sul always had concerns as to how it would impact the RM's "autonomy as decision-makers," and that she and council believe that residents could "lose their voice" in municipal matters. Development in St. Andrews is currently guided by zoning by-laws and secondary plans, and the RM is a member of the Red River Planning District.

"A decision will be made regionally at a higher level and the impact will be felt at the local level," said St. Andrew's chief administrative officer Brent Olynyk, referring to the policies that will be set by the WMR and which will affect all the member municipalities whether it makes sense for them or not.

Although St. Andrews supports the concept of a regional plan, the statement says Mayor Sul wants to see the public better informed about Plan20-50 "before it can be finalized," and that the RM does not support the plan as it's currently written.

"Plan20-50 needs to go back to the

public to have that consultation process, in the same way that all other legislative decisions have been approved in the past," says the statement.

The RM of West Paul said in a news release that it believes Plan20-50 "subjugates the authority of local governments" and it supports "further consultation" with the leaders of the 18 municipalities before the plan receives final approval.

"The RM of West St. Paul supports the concept of a regional planning model for the region to support economic growth and success for all but has concerns with Plan 20-50," states the release. "Mayor and Council believe the plan subjugates the authority of local governments and eliminates their ability to determine the scale and nature of development in their communities. West St. Paul believes that further consultation with local governments is needed prior to finalizing Plan 20-50 to ensure that local influence over development is not lost."

Dunnottar Ratepayers Association president Ed Strauman said he as a taxpayer is not in favour of Plan20-

50 and thinks the Village of Dunnottar shouldn't be part of it. He sent an email to the chief administrative officer and a council member, saying it should pull out as "mass development" is not in keeping with Dunnottar's rural setting.

"I am totally against this plan and I urge the village council to pull out of it immediately. Other municipalities are already getting out of this 20-50 plan. The Village of Dunnottar is a resort area," said Strauman in his email to the village. "I have spoken to Mayor [Rick] Gamble and Councillor [Jim] Kotowich at the family day event this past Saturday. If other municipalities [want] to stay in this so be it, but as a taxpayer I say no to this plan."

As mandated under the legislation that created it, the WMR has to hold two public meetings on Plan20-50. It held the first meeting in Winnipeg in July but had to cancel a second meeting on Aug. 8 at the Niverville Heritage Centre after hundreds of Manitobans showed up and pushed capacity of the hall over the limit.

The WMR has yet to announce the date of the second public meeting.

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Innovation Farms Centre opens in Grosse Isle

By Jennifer McFee

Exciting innovations are cropping up at a future-focused agricultural hub in Grosse Isle.

On Thursday, July 25, Enterprise Machine Intelligence and Learning Initiative (EMILI) celebrated the grand opening of the 8,500-square-foot Innovation Farms Centre at Innovations Farms, which is located on the Rutherford Farms site.

The federal and provincial governments are contributing \$2.025 million to EMILI over five years to advance digital agriculture opportunities. Created in 2016, EMILI is a Manitoba-based non-profit that aims to accelerate Canada's growth as a leader in digital agriculture.

At a press conference at the Grosse Isle site, Premier Wab Kinew noted that farmers and producers are key components of Manitoba's economy.

"EMILI's work to help drive innovation in Manitoba agriculture is going to help producers lower costs, increase yields and improve sustainability," he said. "This is a win for our province's economy and the environment."

The new Innovation Farms Centre is part of EMILI's Innovations Farms initiative, a 5,500-acre farming operation that demonstrates and promotes new technology. One of its recent projects focuses on predictive weed control, which can help farmers figure out where herbicide-resistant weeds might grow — and take proactive steps to mitigate the problem.

The new innovation centre will bolster opportunities to analyze farm data, demonstrate and test technology solutions and host events. The space includes a large workshop, meeting rooms and offices. In addition,

a control centre features interactive screens that can display real-time data from more than 50 sensors placed throughout Innovation Farms, which launched two years ago.

Manitoba Agriculture Minister Ron Kostyshyn said digital technology is transforming agriculture and food production.

"We want to support Manitoba producers to innovate, adopt new technologies and grow their businesses," he said.

"EMILI will play a key role in helping Manitoba agriculture be on the cutting edge, grow the sector and create more good jobs."

Jacqueline Keena, EMILI's managing director, expressed gratitude for the provincial and federal government investments in Innovation Farms.

"We know that technological advancement leads to new and expanded businesses, new well-paying jobs and the preservation of existing jobs," she said.

"This funding increases our ability to provide farmers, industry, students, and researchers with exposure and access to cutting edge equipment and emerging technologies in a commercial setting, which will drive sustainability, and increase productivity."

Ray Bouchard, EMILI board chair, shared his enthusiasm for the future of farming.

"Farming may be an age-old practice, but we are entering an exciting era full of potential," said Bouchard, who is also the president and CEO of Enns Brothers.

Manitoba's four diversification centres — located near Melita, Arborg,



RECORD PHOTOS BY DAVID LIPNOWSKI

Left to right: Rick Rutherford, president of Rutherford Farms; Leanne Koroscil, EMILI Innovation Farms manager; Premier Wab Kinew; Jacqueline Keena, EMILI managing director; Ron Kostyshyn, minister of Agriculture; Ray Bouchard, EMILI board chair and president and CEO of Enns Brothers; Emily Laudin, sales agronomist for Rutherford Farms.

Carberry and Roblin — are another way for producers, researchers and ag professionals to engage with research. This year's Annual Field Days are underway, including an event at

the Prairies East Sustainable Agriculture Initiative near Arborg on July 31 from 9:30 a.m. to 1 p.m.



Innovation Farms manager Leanne Koroscil (left) speaks with EMILI managing director Jacqueline Keena and Premier Wab Kinew during an announcement last week in Grosse Isle.

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Honey bees and canola: Teaming up for success

By Lana Meier, with files from MCC

Canola farmers and beekeepers make a dynamic team. As with any team, communication and a clear game plan are key to their success.

Canola fields are a nectar jackpot. The bright yellow flowers are attractive to honey bees: they are easy to see and the shape of the flowers is easy to land on. Canola pollen is a good

source of essential nutrients for bees, including amino acids, proteins, and fats, and canola nectar is high in sugars giving bees energy to fly, forage, and pack away stores.

The benefits go both ways. Research has shown that having pollinators near canola can lead to higher yields and improved seed ripening. An Aus-

tralian study¹ revealed a decrease in the number of canola pods per plant as the distance from beehives increased.

"While there are many variables involved, we are seeing a one to two percent canola yield increase when there are bees present," says Ian Stepler, farmer and chair of the Manitoba

Beekeepers' Association. The Stepler family farms 4,000 acres of canola, sunflowers, wheat, oats, and soybeans; they manage a 650-cow calf operation and tend to 1,500 hives near Miami, Manitoba.

There are close to 1,000 beekeepers in the province and 115,000 hives. Commercial beekeepers manage the vast majority (95 percent) of those hives. This mutually beneficial partnership between bees and canola is an economic win for beekeepers and farmers.

Manitoba produces over 8,500 metric tonnes (nearly 20 million pounds) of highly prized smooth, water-white honey per year – valued at over 50 million dollars⁽²⁾. The managed bee industry (honey bees and leafcutter bees) contributes up to 150 million dollars in increased pollination to canola, alfalfa and other crops grown in the province annually.

to Manitoba, canola crops are susceptible to various insect pests, which can significantly affect bee production and nectar yields.

Every growing season differs, and insects vary by location and field conditions. Properly scouting canola fields at the correct timing to assess the level of damage or infestation can help farmers manage insects throughout the season for a successful crop.

Common canola insect pests in Manitoba include flea beetles, cutworms, diamondback moths, lygus bugs, and grasshoppers. The Canola Council of Canada recommends farmers scout fields weekly for each of these pests and sample more frequently if/when insects begin to approach action thresholds to determine if insecticides are necessary.

Most canola purchased in Manitoba will be pre-treated with an insecticidal seed treatment for early-season protection from pests like flea beetles. However, scouting is still required as protection declines over time. Many crops require an additional in-season foliar insecticide application in late May or June to protect against yield loss.

The damage levels from these pests vary, and at higher population levels, they can cause damage detrimental to grain yield in canola, so pest control may be required.

"We work with agronomists to monitor thresholds. If we see patches for example, we might not pull the trigger on an insecticide, but if we start to see widespread damage, we will apply a pollinator-safe insecticide," says Stepler.

Some insecticides on the market offer control of crucial insect pressures with minimal impact on bees and other pollinators, which is ideal for integrated pest management programs. Though these insecticides typically come at an increased cost, they can be highly effective and add a diversified mode of action to farmers' insecticide programs, helping to manage resistance development. Farmers can consult their local retailers for these targeted and effective options.

BEST MANAGEMENT PRACTICES

If insecticides are warranted, there are best management practices that can minimize detrimental effects on nearby beehives.

First and foremost, open communication between beekeepers and farmers is crucial. Beekeepers should inform farmers of nearby fields on hive

Continued on page 21

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Marine Museum's 50th anniversary with dinner



RECORD PHOTOS BY BRETT MITCHELL

This year is a year of celebrating for the Marine Museum of Manitoba. They are celebrating their 50th Anniversary and recently there was a dinner at Government House, the home of Lieutenant Governor Anita Nevelle, to celebrate the great accomplishment of recognizing our region's marine history in our community and the official opening of the museum. During his speech at the event, Marine Museum Board Chair Duane Nicol said, "The story of the Marine Museum of Manitoba is really the story of the intrepid people who willed it into being. It is the story of a community. It is also the story of a rallying underdog and the dedication and indomitable spirit of passionate citizens."



Selkirk & District Community Foundation Is Accepting Grant Applications



Hearthstone Community Group
– ProMaster Wheelchair Van,
supported by a grant from SDCF

For the Community Grant Program

- Applicants must be a Canada Revenue Agency registered charity or non-profit volunteer-based organization, located and providing services within the City of Selkirk, or the R.M.s of St. Andrews or St. Clements.
- The Foundation's granting program supports local needs and interests, which include, but not limited to, the arts, cultural activities, heritage programs, health, education, senior services, social programs and youth activities, along with the priority community sectors as outlined in the Foundation's Vital Signs Report.
- Grant submissions should reflect projects and/or programs that will occur between the months of October - March.

Grant Application Procedure

- The online grant application is found at www.sdcf.ca

Application Deadline Tuesday, October 1st, 2024

For more information contact:
Community Development Officer:
204-904-9257 or email cd.officer@sdcf.ca



FALL & WINTER ACTIVITIES & registration section 2024-2025

How to choose the right instrument for your child

If you want to encourage your child's love of music, signing them up for lessons is a good idea. Picking an instrument, however, may prove daunting. Here are a few tips to help you choose.

LET YOUR KID HAVE A SAY

The best way to ensure your child remains motivated and doesn't give up on their lessons is to choose an instrument they're enthusiastic about. If your child hasn't expressed interest in a particular option, consider an introductory course that'll allow them

to try various string, wind and percussion instruments.

CONSIDER YOUR ENVIRONMENT

Take into consideration how much space you have to accommodate an instrument. From the harmonica to the harp, they vary immensely in size. Think about where it will be stored and played in your home. An electric keyboard is smaller than a piano, and a violin is easier to tuck away than a cello. If noise is an issue, choose an electric instrument that headphones can be plugged into.

DECIDE ON A BUDGET

Musical instruments have a wide price range, and some can be incredibly expensive. Unless your child is deeply committed, stick with a basic model or buy second-hand. An instrument that's of somewhat lesser quality won't prevent your child from learning and improving. Alternatively, many music stores have rent-to-own programs.

KEEP TRANSPORTATION IN MIND

If your child wants to bring



their instrument to school or perform at Grandma's house, select one that's easy to transport. Instead of a cumbersome drum kit or tuba, consider a guitar, clarinet or trumpet. Don't forget to buy a sturdy carrying case.

Once you've found the right instrument, sign up your child for their first lesson so they can start exploring this new hobby.

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FALL & WINTER ACTIVITIES & registration section 2024-2025



Drawing classes: suitable for all ages

You're never too young or old to learn to draw or improve your artistic abilities. Here are a few good reasons to enrol your child, or yourself, in an art class.

CHILDREN

From simple doodles to complex techniques, learning to draw can help your child develop skills that they'll use throughout their school years. For example, art teaches observation, mental representation and spatial perception, which are useful in math and geometry. For toddlers, drawing is an excellent way to develop their fine motor skills and creativity.

Moreover, drawing helps build self-confidence and stimulate concentration. It can also lead your child toward a career in architecture, graphic design or illustration.

ADULTS

Inspiring imagination and reflection, drawing has several positive impacts on the brain, including memory retention. It can even help you recover lost memories. In addition to being a source of pleasure, an art class is a



great way to explore new ways to express your feelings and communicate your ideas. It can also help relieve stress and increase or maintain your motor skills.

Look for classes in your area and take the opportunity to discover different drawing styles.

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League Darts Start October 1

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St. Andrews community club hosts grand re-opening



RECORD PHOTOS BY KATELYN BOULANGER

The St. Andrews Community Club's grand re-opening event took place last week and a crowd formed eating burgers, checking out the petting zoo and having fun with all the activities at the community club.



Find some September Magic at the Gwen Fox Gallery's monthly exhibit

Brenda Hedberg, Patricia Johnson, Peggy Kasuba, and Wanda Slawik bring colourful fall fun to the gallery this month

By Katelyn Boulanger

The Gwen Fox Gallery is welcoming some well-known local artists to this month's exhibit.

Brenda Hedberg, Patricia Johnson, Peggy Kasuba, and Wanda Slawik will feature their art in a show called, September Magic. The show runs from Sept. 3 to the 28 and residents wanting to meet the talented local group can check out their artist's reception that will take place on Sept. 7 from 1:30 to 3:30 p.m.

Brenda Hedberg

Hedberg is a Selkirk artist who paints vibrant acrylic paintings often involving nature and her surroundings. She describes her artistic style as loose realism.

"The people who've influenced me the most were my teacher in Teulon, because he's been my only teacher,

Graham Clarke, he's a fabulous teacher and he's now retired, and Monet. I fell in love with Monet's paintings," said Hedberg.

Hedberg wasn't always an artist but taking a drawing class in 2012 at the Green Acres Art Centre in Teulon sparked her creativity.

Being a resident in the Teulon area before recently moving to Selkirk meant that she is strongly inspired by our local area. Residents will likely recognise her clothesline paintings as well as those involving marshy areas and plant life in ditches but she's also been inspired by florals which bring some pops of colour to this month's exhibit.

"Where I lived in the country there were so many flowers, I still paint from those photos. [I used to have] have bouquets everywhere in the house," she explained.

You'll also see some of her land-

scapes in this month's exhibit.

"It's what I love. I love the big skies. Oh my goodness, we have skies, and we have open prairie, we have we have horizon," she said.

She's been a member of the Gwen Fox Gallery for ten years and encourages residents to stop by.

"You'll never see anything like Peggy's installations. They're just magical, for sure. There's nothing like it anywhere else because they come out of her own creativity and her own brain... and the other three of us, everything just goes so nicely together. There's a lot of new art here. Wanda has a lot of new pieces, and so does

[Patricia]," said Hedberg.

Patricia Johnson

Johnson is a very talented artist who takes the idea of multi-media art to new heights. This month's exhibit showcases her talent at collage, carving, beadwork and also the use of watercolour paints in many marvellous ways.

"[In this exhibit] I have a new carving of an iris. I have paintings of Northern Lights over Lake Winnipeg and A Weekend on Lake Winnipeg, some skaters and somebody pulling

Continued on page 20



Patricia Johnson.



RECORD PHOTOS BY KATELYN BOULANGER

Brenda Hedberg.

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> GWEN FOX GALLERY, FROM PG. 19

a sleigh with children in it. I have a new collage and one that's called fan dance, which is watercolour imprinting," said Johnson.

Johnson finds inspiration for her pieces from a variety of sources.

"It could be something that we drive by on the highway. It could be birds flying. It could be, I hear somebody laughing," said Johnson.

She explained that her style of art allows her to fuel her creativity without getting bored as she creates a few different pieces at a time.

"I usually have two or three pieces that I work on at the same time, because with watercolour, you have to sometimes let something dry before you can go back and paint again. With acrylic, it's a very different process, because you can just paint over it. It dries very quickly. If you want it to stay wet, you have to add a little bit of water to it to keep it wet enough or to keep spraying it so it stays damp so you can do some smooth areas. With the collaging, it could live on my floor for a month. I keep shoving the pieces around until it makes sense," she explained.

Johnson always knew she was an artist because her paternal grandmother recognized the talent in her when she was very young. She was told that as a young child, she got a hold of her grandmother's yarn while she was knitting and started playing with it and her grandmother recognized her talent.

She's continued to create throughout her life and now teaches art classes at the Gordon Howard Centre in Selkirk.

As an art teacher, her best advice to her students is to try doing art and to continue to create it.

"Keep doing it. The skill will come. Some take longer than others, but I'm so proud. I have a couple of 90-year-olds in my group, and they are fabulous," said Johnson.

As a Selkirk artist Johnson has been a member of the Gwen Fox Gallery for 26 years. She welcomes residents to come by the gallery and see not just the exhibit but everything the gallery has to offer.

"It costs nothing to walk through our door. We have a wonderful gift shop full of member's artwork. The art show is absolutely fabulous. Some of [the pieces] will make you giggle, and others will feed your soul. It's an absolutely wonderful space and I think everybody should come through here at least once a month to pick your spirits up," she said.

Peggy Kasuba

Kasuba is an incredibly creative person imagining amazing sculptural pieces that wow at the gallery this month. She is a multi-talented artist working in many mediums and also has some work made with ink that is striking that residents will be sure to want to check out.

"They're fun pieces. It's not like I really planned things, even the abstract one. It's just like, 'Oh, I feel like doing this today,'" said Kasuba.

Her pieces are inspired by the property that she lives on.

"I live on 40 acres of forest and it just seemed like everything has, like a body to it, and a curve like curved branches and little flowers, and in the winter the snowbanks," she said.

Kasuba explained that her creative process starts when she sees something that sparks an ideal. For her

more abstract pieces, she has found objects that have created that spark and then she uses them in her piece.

"I used to do that as a child too. I had my wagon, and I would pick up all kinds of junk and then make something out of it only to take it all apart and do it again," she explained.

She says her artistic journey started this way when she was very young. She even remembers a project as a child where her mother blew out eggs for her and then she used them and other items to create a nativity scene.

From there, her creativity has only gotten bigger.

"It's pure creativity, but at the same time, I'm inspired by like with the sky, the colours, the tumultuous clouds, all those sorts of things that happen," said Kasuba.

As someone with an artistic style that is very distinctive, Kasuba's advice to other artists is to be themselves.

"If you're ready to go to classes or whatever and learn something specific, that's great. That's a good start. But also just pay attention and look around at the trees moving and maybe the water, or really anything, even grass and the crickets. Just sort of look around you," she said.

She hopes that residents find some time this month to visit the gallery.

"The more shows you can go to, the more you expose yourself to art and people are so nice here. You start to get freedom from it, creative freedom,

because there's such a variety here. And nobody, nobody in this gallery is going to say, that's not right. The encouragement here is fantastic," she said.

Wanda Slawik

Slawik is a trained artist immigrated to our area from Poland and has made

Continued on page 21



Peggy Kasuba's sculptural piece.



Peggy Kasuba.

RECORD PHOTOS BY KATELYN BOULANGER

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> GWEN FOX GALLERY, FROM PG. 20

Manitoba home for over 40 years. In this exhibit, she's featured pieces that are an ode to Manitoba as she's found that Manitoba has become her home.

Though in the past she has exhibited work in a variety of mediums this month she has limited herself to just a few.

"They are all pastel except I do have some small watercolours, but those are the smaller ones," she said.

She feels that pastel as a medium lends itself well to the pieces that she's wanted to create.

As far as inspiration goes, Slawik

takes from our Manitoba landscape to create expressive vibrant paintings.

"For the last 10 years, I've just created Manitoba. I love my Manitoba and I'm so proud of being Manitoban," she said.

For her, creating art is not just a creative endeavour but a way of documenting her life.

"When I see the landscape, I sometimes make a picture to document it, then I know why I'm doing the picture. Then when I start doing the painting, I know what struck me there, if it was the sky or the land, or



Wanda Slawik's painting.

> BEES AND CANOLA, FROM PG. 14

locations as they place them. A new app called FieldWatch that helps improve communication between farmers and beekeepers is being trialled in Saskatchewan and may be coming to Manitoba soon.

The Manitoba Bee Act states that all beekeepers must post a sign with their contact information at any apiary site. Farmers are also encouraged to take note of any hives near their fields.

Giving a beekeeper 48 hours notice before any application can give them enough time to relocate or cover nearby hives as necessary.

"It may not only take time for a beekeeper to reorganize their schedule or prepare equipment or staff to move colonies, but they also need to organize the new site where colonies will be placed," says Matthew Polinsky, Program Lead of the Manitoba Knowledge and Research Transfer Program for Apiculture (KRTP). "Bees can only be moved under specific conditions, so that move needs to be well-timed with weather, site access,

and distances. It usually also takes place under the cover of darkness after already long days in the field."

If moving bees can be avoided, application timing becomes even more crucial.

"Spraying in the evening is the best thing a farmer can do to protect the bees and get the full benefit of the residual effect of the product," says Stepler.

Bees are more active during the day, so if spraying in the evening is not an option, spraying very early in the morning can also reduce bee exposure. If possible, the Canola Council of Canada recommends using an insecticide in canola to minimize its effects on bees until the field is no longer in bloom.

Flea beetle pressure can come on quickly, requiring fast action from farmers. To avoid potential insecticide spray damage to hives during the critical flea beetle window (susceptible up to the four-leaf stage), Stepler notes that it's advantageous

a couple of trees I see or something else. There is a purpose from the beginning and the beauty from the beginning and I just want to grab it and maybe document in my own style," said Slawik.

Her advice for people new to creating art is to get quality paint and paper from the beginning.

"It's almost like you have to value yourself. If you really want to do it, you start good. You start with the good quality [supplies]," she said.

She's been part of the Gwen Fox Gallery for about ten years and though

Thursday, September 5, 2024 **21**
she lives in Winnipeg she enjoys making the trip to Selkirk for the community aspect of our gallery.

"If you want to go to a different world for half an hour, come to the gallery, because this is what we offer. We offer everything. We offer, the atmosphere, the beauty, art and [it's] accessibly [priced]," she explained.

The Gwen Fox Gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m. with evening hours extending to 8 p.m. on Thursdays. Admission is, as always, free.



Wanda Slawik

RECORD PHOTOS BY KATELYN BOULANGER



PHOTOS KNOWLEDGE AND RESEARCH TRANSFER PROGRAM FOR APICULTURE
A beekeeper checks on the hives next to a canola field.

to beekeepers if they can delay placing hives in summer yards or along fields where canola is emerging.

When applying an insecticide, it is important to always read and follow the product label instructions and check pre-harvest intervals.

Beekeepers and farmers can work together by better understanding each other's practices and communicating when preparing to take an action that may impact the other party

in their shared environment. Simple steps like open communication, using treatment thresholds, considering pesticides with minimal impact on beneficial insects and pollinators, and proper application timing will ensure the best possible outcomes for both stakeholders and a bright future for honey and canola production in Manitoba.

get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Peanut Butter Cottage Cheese Cheesecake

3 tablespoons creamy peanut butter
1/2 cup roughly chopped dark chocolate

1/2 cup roughly chopped peanuts
1 pinch sea salt

To make crust: In food processor, pulse pretzels, wafer-style cookies and peanuts until chopped but not powdery.

In skillet, melt butter. Add pretzel mixture until combined with butter.

Spray pie pan with nonstick cooking spray and spread mixture on bottom of pan and slightly up sides; press down until even.

To make filling: In bowl using hand mixer, whip cottage cheese until lumps are smoother, 3-4 minutes.

In separate bowl, use hand mixer to whip heavy cream and sugar until stiff peaks form.

Add cottage cheese and peanut butter to heavy cream mixture; whip until combined, about 1 minute.

Top pie with chopped chocolate and peanuts and freeze 2 hours. Remove from freezer 15 minutes before ready to serve.

Before serving, sprinkle with sea salt.

Recipe courtesy of Parker's Plate on behalf of the Georgia Peanut Commission

Prep time: 25 minutes

Cook time: 2 hours

Servings: 8 (1 slice each)

Crust:

2 cups pretzels

1 1/2 cups vanilla-flavored wafer-style cookies

1/2 cup peanuts

12 tablespoons unsalted butter

nonstick cooking spray

Filling:

1/2 cup cottage cheese

1 cup heavy whipping cream

3 tablespoons sugar



Creamy Truffle Caesar Pork Sandwiches

chops. Cook pork chops, turning halfway through, until they reach minimum internal temperature of 145 F, 6-8 minutes per side (depending on thickness).

Once pork chops are cooked through, remove from pan and let rest a few minutes.

Peel and slice onion. After resting, slice pork into strips; set aside.

In same pan, saute onion until translucent, about 5 minutes. Set aside.

In large bowl, combine lettuce, dressing, croutons and cheese from salad kit.

In separate pan, toast buns until golden brown; set aside.

To build sandwiches, place sliced pork on bottom halves of toasted buns. Top with prepared salad mixture and sauteed onions. Finish with top halves of buns.

Prep time: 5 minutes

Cook time: 15 minutes

Servings: 4

2 pounds boneless skinless pork chops

4 tablespoons Italian seasoning

2 tablespoons canola oil

1 red onion

1 bag (9.3 ounces) Fresh Express

Twisted Caesar Creamy Truffle Caesar

Chopped Salad Kit

4 long sandwich rolls

Preheat pan on stove over medium-high heat. Season pork chops with Italian seasoning.

When pan is hot, add oil and pork

Expert patient here to help!



Susie Schwartz

By Susie Schwartz

Today, I aim to convince you that building a strong relationship with your doctor is worth the effort. Let's see if I'm any good at this, yes?

When I moved to the U.K. from Stonewall, I had to start from scratch with my medical team. Of course, the priority was a new General Practitioner (G.P.), as they are the 'in' to every other specialty.

The first GP I saw had to decipher the 600+ page manual that is my medical history. I packed it as precious cargo on the plane. I liked Dr. D, but I found him a bit hot and cold, rushing some days and relaxing others. At least I had his fascination with Canada going for me. Then, he got ill and left.

I switched to Dr. Jones, whom I still see eight years later. I won't lie; she seemed a bit guarded at first, and I had come from a G.P. in Canada who comforted me with hugs. I realize

now that Dr. Jones needed to grow to trust me, trust that my file was not a manuscript of hypochondria and that I took my health seriously.

Slowly, as I always attended appointments, showed up on time, went in prepared, and proved I was in tune with my body and symptoms, I earned her trust. (The positive bad test results helped her belief, too.)

Here's where the proof in the sugar-free pudding comes in. At my last appointment, I had a list of four minor talking points – blood results, etc., and we celebrated my great diabetes results and much-improved cholesterol together as she gave a cheer. Then, as I stood to go, she said, "But how is your gastroparesis doing?"

I hadn't needed to burden her with more of the same bad news as the last time I saw her since, with drastic measures, I was managing. She looked sad and asked if my gastroenterologist had been replaced yet since he moved to the U.S., and I said, "No, not yet."

"Well, maybe it will help if I send a letter saying you need attention." We then went on to discuss a few possible improvements to my regime.

So yeah, the time it took to build our relationship is worth it. I have a doctor willing to run over my schedule and go the extra mile to get me the care I need.

So how'd I do? Do you believe me yet?

Less health stress, yes? A published author and musician, Susie currently lives in the UK. Find her on Instagram @medcalmiss_stress, and at www.lesshealthstress.com. (Email: info@lesshealthstress.com) If you like her writing, find more on her Substack page: *The Quest For Less Health Stress*

Mandarin Orange No-Bake Tarts

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes

Freeze time: 1 hour

1 cup graham cracker crumbs

2 tablespoons butter, melted

1 cup plain nonfat Greek yogurt

1 teaspoon vanilla extract

2 tablespoons honey or maple syrup

4 mandarin oranges, peeled and segmented

In bowl, mix graham cracker crumbs with melted butter.

Press mixture into bottom of individual mini tart pans or mini muffin tin. Refrigerate crusts to set while preparing filling.

In bowl, combine Greek yogurt, vanilla and honey or maple syrup. Mix well.

Spoon yogurt mixture into chilled crusts.

Freeze tarts at

least 1 hour. Top with mandarin segments.

BINGO

SUNDAY NIGHT BINGO
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Team Kerri Einarson continues its MMF partnership

By Becca Myskiw

Team Kerri Einarson continues its partnership with the Manitoba Metis Federation (MMF) by using specially designed curling brooms.

Last year, Kerri Einarson and her team decided to do something special in honour of her Metis background. Thinking it would be cool to have a Metis artist design their brooms, the curling team reached out to MMF, and they soon received a design of a sleek black curling broom with the outline of flowers showcasing the vibrant and decorative culture of the Metis. The flowers, the MMF logo, and the words "Red River Metis" adorn the bottom pad of the broom, and the MMF logo and "Team Einarson" sit on the top of the handle.

The brooms double as an awareness piece and a fundraiser for the MMF youth program, which delivers child and family services, justice, housing, youth, education, human resources, economic development, and natural resources. Not only does the team use these brooms, but they're available for the public to purchase, with proceeds going back to the MMF Youth Sports Programming to provide Metis youth with the opportunity to participate in

sports and recreation programs across the province.

As Hardline Curling sponsors Team Kerri Einarson, the brooms are available for purchase through the supply company. It retails for \$199 and can be purchased at <https://hardlinecurling.com/en/mm-team-einarson-brooms>.

"It's just amazing to see youth in sports and seeing them grow and create friendships," said Einarson. "I was into sports since I was a little girl, and I just want to pass that along to my children and other children."

Team Kerri Einarson has continued the partnership for 2024, dawning the same brooms in the upcoming curling season. They've also added the floral design to their team uniforms, honouring Einarson's Metis roots in more ways than one.

Einarson doesn't know how many brooms have been sold, but she guesses more than 4,000.

"It's pretty amazing to see that it's doing well," she said. "It's an absolutely amazing cause. And I think if we can promote it in any way possible to make our sport more known, the better."

Team Kerri Einarson uses brooms



RECORD PHOTO SUBMITTED

Team Kerri Einarson is continuing their partnership with MMF and Hardline. The Hardline Curling brooms represent MMF and proceeds from these brooms will be donated to MMF Youth Sports Programming.

at all curling games, and the entire design is shown on national television and across the country all season long. The team won the Curling Canada championships in 2020, 2021,

2022, and 2023, which are live on TSN yearly.

Strikeforce snap losing skid, settle for draw with empty bench

By Kieran Reimer

Selkirk Strikeforce grabbed a much-needed single point in a 2-2 draw against the YFC Saints on Thursday night.

Selkirk battled YFC and a shortened bench of their own, which featured no substitute players in the match, as they picked up their first point since Aug. 9.

"It went okay, we had lots of chances but again no subs," said Selkirk's Kris

Pellaers on Friday. "It wasn't from a lack of effort. Everyone gave it their all."

With only two games remaining in the regular season, Selkirk will take any points they can get.

The club fell into a hole in August, going 0-3-2 while playing without subs on most nights.

After moving ahead of Dunvegan Castle with the point, the club sits eighth in the Manitoba Major Soccer

League's Division 3A.

Selkirk will play their final two regular-season matches over the next two Wednesday nights, where they will look to make their final push before the playoffs.

Their next match will be Wednesday, Sept. 4, against Bandits FC (8-4-4) at 6:30

p.m. at Selkirk Recreation Complex.

The two clubs last met on July 18 when the Bandits defeated Selkirk 1-nil.

To see more photos of your favourite Interlake Athletes

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The Selkirk Record

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk Golf & Country Club set for final events of the season

By Kieran Reimer

Another golf season is starting to fade away, and the Selkirk Golf & Country Club (SGCC) is enjoying the last few weeks of full tee sheets and sunshine.

Three weeks ago, the Club held its annual Championship tournament, during which Ryan Coffin and Charlene Fox were crowned 2024 SGCC Players of the Year for finishing with the most points throughout the summer's club events.

They also crowned the winners of the Club Championship Weekend, which featured 10 divisions based on age and handicap.

The winners of the men's events included Mike Frost in the Championship division, Shane Helgason in the First Flight division, Darcy Gillespie in the Second Flight division, Brent Kurbis in the Senior Men's Division, Mickey Wur in the Senior Men's Masters division, and Ryan Cromie in the Junior division.

On the women's side, the winners included Mckyla Poponick in the Ladies' division, Heather Quattrin in the Senior Ladies' division, Gloria Heft in the Senior Ladies' Masters division, Carolyn Cox in the Ladies' Open division, and Skylar Whitford in the Juniors' division.

"It went very well," said SGCC communications manager Michael Frost. "We had a lot of juniors playing in it this year from 10 to 18 years old so that's good to see. Then we crowned a whole bunch of different flights with seniors and ladies."

The Club Championship aside, Frost said this month has been an extremely busy August at the course. The tee sheet was almost fully booked as the warm weather continued throughout most of the month.

With the weather expected to hold up for another few weeks, the course has started a 2025 Membership Promotion. Golfers can deposit \$500 now for a 2025 SGCC membership, which will allow them to golf for the rest of this season at no additional cost.

They also have their final three season events coming up in the next few weeks.

The first is their annual Last Chance Golf Tournament on Sunday, Sept. 8, a staple at the course for over 40 years.

The tournament allows golfers to book their own tee time and submit their scorecard at the end of the round, where their scores are broken into different flights (men's, ladies', low, mid, and high handi-



RECORD PHOTOS SUBMITTED

Skylar Whitford took first place at Selkirk Golf & Country Club, Club Championship. Whitford competed in the Junior Girls division.

caps) to offer golfers of all skill levels a chance at winning a prize.

Frost said they still have open spots for the tournament. The cost for members is \$40, while non-members will pay \$75. Carts are included.

The next event is Nite Golf on Friday, Sept. 13, when golfers will have the rare opportunity to play after dark.

One of the only courses in Manitoba that offers a night golf event, SGCC's rendition includes a 9-hole round with a cart, along with wood-fired pizza and Caesar salad for supper before the round.

"Playing under the stars and moon is kind of a neat concept you don't get to do throughout the year," said Frost. "Once it gets dark, we get everybody out have an absolute blast."

Golfers participating will receive night golf essentials, including glow balls and glow sticks for carts. The event will also feature draws and a 50/50.

Fees cost \$60 for members and \$70 for non-members. Spots are still available.

Their final event of the season is the annual Par 3 Fall Classic on Wednesday, Sept. 28. In this event, the golf course will move up the tee boxes on it's par four and par five holes to make every hole a par three.

Though the Par 3 Fall Classic is sold out, Frost expects an exciting tournament with golfers at-



Ryan Cromie took first place at Selkirk Golf & Country Club, Club Championship. Cromie's win came in the Junior Boys division.



Mckyla Poponick took first place at Selkirk Golf & Country Club, Club Championship. Poponick's win came in the Ladies division.

tempting to make hole-in-ones.

To sign up or get more information about the 2025 Membership Promotion, Last Chance Tournament, or Nite Golf, you can contact Mike at 204-482-2050 or at mhill@selkirkgolfcourse.com

The Selkirk Record

217 Clandeboye Ave., Selkirk

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk locals preparing for fireworks at Maulers Boxing's Fight Night II

By Kieran Reimer

Selkirk is set for another big showdown in the ring.

Maulers Boxing's Devin Tomko announced they will be hosting Fight Night II, presented by Maulers Boxing at the Selkirk Arena, a.k.a. "the barn," on Saturday, Sept. 21, with some exciting local boxers set to throw down.

The announcement comes after their successful Fight Night I, which they held at the barn on June 1. Over 600 people attended to watch the action.

"This is the second of many," said Tomko on Thursday afternoon. "We'll probably do them at the barn for these shows until the barn is torn down. I'm just trying to bring boxing to Selkirk and bring events. It just makes for a fun time and gives back to the town as well."

For Tomko, the barn holds a special place in his heart. Growing up playing hockey at the arena, Tomko remembers when it was full of local hockey fans cheering on their local clubs.

He said he wants to give it its last bit of life after the arena closed its doors in 2023. Multiple Maulers making their amateur debuts, along with a few who starred in Fight Night I, are on the card for Fight Night II.

Headlining the action is Draven Clemons in a heavyweight bout as the main event. In June, Clemons won his first amateur fight at the barn in a one-minute, first-round knockout to move to an amateur record of 1-0.

"Training's been great with him," said Tomko, who coaches Clemons and the other Maulers boxers who train at the Iron Image Barbell Club in Selkirk.

"He's really been putting his all into it. He's been in all summer developing and getting better, now it's just letting him have some fun here and showcasing his skills as he keeps on his journey to probably making a provincial run this year and seeing where that takes him. He's making waves as a novice."

Fight Night II also includes the return of Ukraine's Damir Kudosov, who won his bout back in June.

The recently turned 16-year-old moved to Selkirk a year ago and has since become one of the top boxers in the province under Tomko's coaching.

Kudosov is off to Ottawa ahead of

the event for a showdown against William Hall-Bastien of the Beaver Boxing Club. He continues to represent Manitoba and Maulers on the national stage in search of a national gold medal.

"It's getting him experience and getting him prepared for nationals this year," said Tomko. "His only loss now is to the nationals gold-medalist so they will rematch and he'll probably walk away with the gold."

Fight Night II also includes the amateur debut of 13-year-old Autumn Clifton. Though she isn't fighting in the main event, Tomko said he expects it to be the most exciting fight of the evening.

"She comes to fight, the girl she's fighting comes to fight. They will meet in the centre of the ring and go toe to toe so that one will probably steal the show."

Darian Morris-Izzard and Aaron Haak are rounding out the card, both making their amateur debuts representing Maulers.

Tomko hinted at more Fight Nights to come at the barn over the next few months leading up to an event on June 7, 2025, at Selkirk Recreation Complex. He chose not to speculate on the details but said it would be their biggest event.

Tickets for Fight Night II are \$25; kids under five get in free.

Doors open at 4:30 p.m., with fights getting underway at 5 p.m.



Maulers Boxing's Damir Kudosov (left) takes a breather in between rounds on June 1, 2024 at Fight Night I. The 16-year-old from Ukraine went on to win the fight against Jack Senga by a unanimous decision.



RECORD PHOTO BY DARRYL GERSHMAN

Maulers Boxing's Damir Kudosov, right, takes a punch from Jack Senga at Fight Night I on June 1. The 16-year-old from Ukraine is set for his seventh career boxing match at Fight Night II on Saturday, Sept. 21 at the Selkirk Arena.



Maulers Boxing's Draven Clemons (left) celebrates a first-round knockout over Jimmy Parks on June 1, 2024 at Fight Night I. Clemons returns to Fight Night II on Saturday, Sept. 21 where he is once again the main event.

Classifieds

Selkirk Record

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The Window Factory in Selkirk, Mb at 605 Mercy St. is looking to hire a fulltime window and door installer. Must be able to work outdoors and some heights. Driver's license would be an asset. Please submit any resumes to the office at 605 Mercy St.

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Galay Landscaping is currently conducting interviews for the position of landscape technician, foreman and labourer for the upcoming 2024 season. Training provided for suitable candidates. Wage and salary dependent upon relevant experience and skills. Good opportunity for advancement for those interested and able to learn. Class 5 license and own reliable transportation is required. Please send resume by email to: info@galaylandscaping.com No phone calls.

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SUDOKU

		4			7			8
	2					3		
							4	9
					4		5	
	4		5					1
	8		1	6				
			6	1				
1		9				2		
				8	4			

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	9	4	8	6	2	5	7	
8	8	2	5	7	4	6	9	1
7	6	5	2	1	9	8	3	4
4	8	7	6	9	1	5	8	2
9	1	6	8	2	5	7	4	3
2	5	8	4	7	1	6	9	
6	4	1	9	5	2	8	7	
5	7	8	1	4	8	9	2	6
8	2	9	7	6	3	4	1	5

Sudoku Answer

S	G	I	W	H	A	F	V	I	R	V
H	S	A	O	T	A	N	E			
I	O	D				N	V	E		
S	V	V		I	T	T	E	B	A	O
O	E	T	V	E	N	N	V		S	W
H	E	D	N	I	T	T	E	B	A	O

Crossword Answer

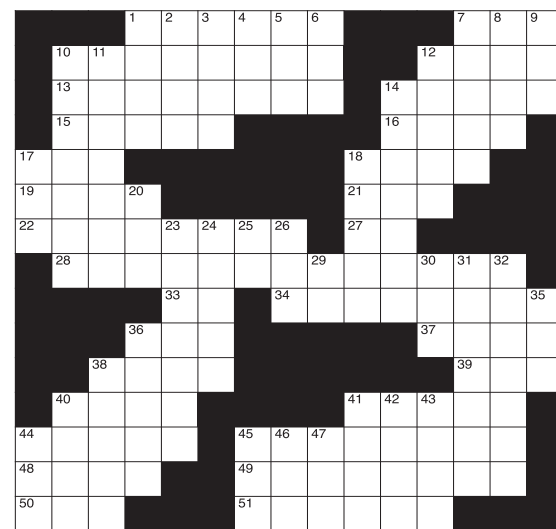
CROSSWORD

CLUES ACROSS

- Current unit
- Reciprocal of an ohm
- God of the sea
- A way to disfigure
- Positioned
- Tall tropical American tree
- Large deciduous trees
- ___ and ends
- Part of a machine
- Brews
- One who leads prayers in a mosque
- Indian state
- Partisans
- Top lawyer in the land
- Former Dodgers MVP
- Title for women
- Heated and allowed to slowly cool
- Copycat
- Sounds
- One-time Israeli diplomat
- Abba
- Part of (abbr.)
- Hateful
- Collide
- European football heavyweight
- One who works for you
- Song
- Ancient marvels
- Bridge building degree
- Delivery boys

CLUES DOWN

- Continent
- Submissive
- There's a lot in a bowling alley
- Sun up in New York
- Court decision ___ v. Wade



- Finish line
- Young women
- Hives of activity
- Hyman Roth's right-hand man Johnny
- Eastern U.S. river
- Popular cooking ingredient
- Greek mythological princess
- Scent for men
- Cost, insurance and freight (abbr.)
- Once more
- Irate
- Triangular spaces above a door
- Norwegian playwright and poet Henrik
- Atomic #58

- Patti Hearst's captors
- Natural logarithm
- Talk incessantly
- Went by
- Strives
- Fall back
- Manila hemp
- Not easily explained
- Former "Double Dare" host Summers
- Mollusk
- Capital of Togo
- Letter of Semitic scripts
- Founder of Babism
- Indicates near
- Family of regulator genes
- Indicates before

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Selkirk

NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES CITY OF SELKIRK

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the City prior to the commencement of the auction, the City will on the **3rd** day of **October, 2024**, at the hour of **2:00 PM**, at Selkirk Recreation Complex Banquet Hall, 180 Easton Drive, Selkirk MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
45600	WLY 44 FEET OF LOT 15 AND E 1/2 OF LOT 16 PLAN 6462 WLTO IN RL 39 TO 41 PARISH OF ST CLEMENTS - 96 DORCHESTER AVENUE	L -\$73,100 B -\$169,400	\$18,797.44
58500	LOT 3 BLOCK 2 PLAN 5045 WLTO IN RL 43 PARISH OF ST. CLEMENTS - 218 SUTHERLAND AVENUE	L -\$62,100 B -\$89,400	\$10,385.10
92537	LOTS 1, 2 AND 3 BLOCK 2 PLAN 14803 WLTO IN RL 61 AND 62 PARISH OF SAINT CLEMENTS - 478 MAIN STREET	L -\$115,900 B -\$320,300	\$37,589.04
97100	LOTS 6, 8 AND 9 PLAN 4348 WLTO IN RL 65 AND 66 PARISH OF ST CLEMENTS., FIRSTLY: THE WLY 12 FEET OF THE ELY 33 FEET OF LOT 12 PLAN 3227 WLTO IN RL 65 PARISH OF ST CLEMENTS. SECONDLY: ALL THAT PORTION OF LOT 11 PLAN 4348 WLTO WHICH LIES BETWEEN THE STRAIGHT PRODUCTION NLY OF THE WESTERN LIMIT OF THE LAND FIRSTLY ABOVE DESCRIBED, AND A LINE DRAWN EAST OF, PARALLEL WITH AND PERPENDICULARLY DISTANT 12 FEET FROM SAID STRAIGHT PRODUCTION IN SAID RL 65. - 209 TAYLOR AVENUE	L -\$292,900 B -\$132,400	\$24,544.77
97800	ALL THAT PORTION OF RL 63 PARISH OF ST CLEMENTS LYING WEST OF THE WESTERN LIMIT OF THE MOST ELY PORTION OF THE RIGHT OF WAY OF THE CANADIAN PACIFIC RLY PLAN 380 WLTO WHICH LIES EAST OF THE EASTERN LIMIT OF MAIN HIGHWAY PLAN 494 WLTO EXC THE SLY 160 FEET PERP - 496 MAIN STREET	L -\$26,300 B -\$197,800	\$23,153.92
262900	PARCEL 'A' PLAN 54260 WLTO IN RL 68 AND 69 PARISH OF ST CLEMENTS - 637 MAIN STREET	L -\$68,100 B -\$299,400	\$45,513.84
287564	LOT 25 BLOCK 5 PLAN 64866 WLTO IN RL 48 TO 50, BOTH INCLUSIVE, PARISH OF ST.CLEMENTS - 1040 VAUGHAN AVENUE	L -\$81,300	\$5,224.16

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid city utilities and any property taxes not yet due.
- The city may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The city makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the City of Selkirk as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents.
 The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the City or, if a GST registrant, provide a GST Declaration.

Dated this 27th day of August, 2024

Managed by: **TAXservice**

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ANNOUNCEMENT

BIRTHDAY



Therèse (Rivard) Tessier
Birthday Greetings
to my daughter
Therèse Sept 5.
Enjoy your day.

-Love Mom
Mary

ANNOUNCEMENT

BIRTHDAY



Therèse (Rivard) Tessier
September 5
Happy Birthday on your
Special Day
May you be Blessed with
Good Health and Happiness
in years to come.

-Love Auntie Bea

ANNOUNCEMENT

IN MEMORIAM



Dear Kirstin,
10 years have passed since you left us, you were a bright and shining star, a burst of energy since the day you were born. You were always smiling, laughing, happy to be around your family and friends. Fascinated to go somewhere you'd never been before. Time has evolved the hurt and pain, we are so very grateful to have had you for our daughter and sister. Your love for young children continues to inspire people of all ages with "Kirstin's Walk for Kids". We love you and miss you now and forever.

-Mom, Dad, Katie,
Kelsey and Kylie

"Faith, hope, love, the greatest of these
is love"
1 Corinthians 13:13

ANNOUNCEMENT

IN MEMORIAM



In Memory of Bud Hardwick
September 3, 2001
TO MY DAD
LOVE
YOUR DAUGHTER

You held my hand when I was small
You caught me when I fell,
The Hero of my childhood
And of latter years as well.
Every time I think of you,
My heart just filled with pride;
And though I will always miss you Dad,
I know you're by my side.
In laughter and in sorrow, in sunshine
And in rain I know you're watching
Over me until we meet again.
-Love you Always, Dad & miss you so much
Ingrid

ANNOUNCEMENT

CARD OF THANKS

The Interlake Girl Guides would like to thank all the Interlake communities for all the support given to our group of 13 youth and three leaders who travelled to Churchill, MB. July 22 - 30, 2024. This trip was in the planning and fundraising mode for over three years. Without the communities support in buying Girl Guide cookies, to supporting the extra fundraisers over the three years, some of the girls would not have been able to go on a trip of this magnitude. We finally made it to Churchill, MB. We thank you all for the awesome support we received. This was a trip of a lifetime and will be remembered for years to come.
Thanks again.

-Leaders
Lynn Nolden of Clandeboye,
Kyra Thiele of Warren and

ANNOUNCEMENT

CARD OF THANKS

ANAF Unit 151 Selkirk - Our deepest thanks to the following supporters of our Christmas in July event:
G&D Mathers, T Cyncora, P&S Starodaub, C. Rapko, K&N Terry, B Wright, B&G Huffman, Selkirk Friendship Center, S&J Pederson, D&D Taylor, E Thomas, N&G Fewchuk, Selkirk Legion.
Heartfelt thanks to Diane Taylor for providing the Christmas cookie treats for the Homes for Heroes Fundraiser.

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OBITUARY



Patricia (Pat) Pruden
July 12, 1944 to August 24, 2024

It is with heavy hearts that we announce the passing of our beloved mother, grandmother, great-grandmother, sister, aunt and friend, Pat Pruden on August 24, 2024 with her family by her side at the Selkirk Regional Health Centre at the age of 80.

Pat was predeceased by her loving husband Don of 53 years, her parents Curtis and Jean Willis, grandson Scotty, brothers-in-law, Peter Pruden and Bill Arp, sister-in-law June Ann and brother-in-law Jeff Lawson as well as many other loved ones.

Left to cherish her memories are her sons Troy (Heather) and Jason (Sheri); sister Connie (Doug Rapko); grandchildren, Amber (Scott), Tyler (Tasha), Ryan (Dakotah); great-grandchildren, Annika, Thomas, Jax, Benjamin and #5 on the way in December; uncle Don and aunt Brenda Skorupski as well as sisters-in-law,

Lynne Arp and Barbara; brother-in-law Ken (Roberta) as well as very special cousins, nieces, nephews and many close friends from far and wide.

Pat was born in Gimli on July 12, 1944. The family lived on the farm in Petersfield where she attended a one room schoolhouse at Dunara School until 8th grade. Pat then went on to Clandeboy School for grade 9 and then finished off her schooling at the Lord Selkirk High School.

Pat and Don were married on October 14, 1961. Soon after their marriage, they started their family with the birth of their first son Troy in 1962. They raised him on the farm in Petersfield. The family then purchased their first house on Nelson Avenue and moved to the City of Selkirk. In 1969 their second son Jason was born. This kept Pat very busy. She adored being a mom to her two boys and always bragged about them to everyone. Pat knew how to juggle life and never missed the boys' activities or attending anything that they were involved in. Life was always hectic, but she always seemed to get everything done. She was a very driven and motivated woman.

In 1971, Pat followed her dreams and enrolled in the Nursing Program at Red River Community College where she studied very hard and graduated as a nurse to start her desired career. Upon graduation, she started practicing as a nurse at the Selkirk General Hospital. During her career, she spent most of her time working between the surgery and maternity wards. Pat was part of the nurse's union and was a strong voice for her co-workers. Pat was always a compassionate person and took the time to listen to you when you were speaking. She always cared how you felt. She retired from nursing after 31 years in 2002.

After retirement, she started her own business as a foot care nurse and before you knew it her phone was ringing off the hook. She went house to house providing care and met so many people along the way.

Pat served as a city counsellor for three consecutive terms in the City of Selkirk. She poured her heart into her position on counsel and proudly represented her community in a variety of roles including the Red River Basin Committee, Interlake Regional Health Board, Selkirk Age Friendly and the Selkirk Transit Committee to mention just a few.

Another passion of Pat's was cottage life in Ponemah. After the passing of Don, she purchased a beautiful cottage for her family and friends to come together and enjoy. So many memories have been created there.

Pat had a love for gardening and spent many hours in the outdoors tending to her garden, plants and flowers. She lived a very active and healthy lifestyle biking, walking, golfing, swimming and aquacise as well as stretching and yoga.

She loved travelling, especially to Mexico where she vacationed often with family and friends. Pat was a unique, caring and witty woman. She was the epitome of love thy neighbor and has touched so many lives. She will be greatly missed by all.

We would like to thank Neurology, and all the staff on the 5th floor at Health Sciences Centre as well a very special thanks to Pat's team at the Selkirk Regional Health Center where she had spent the last month.

A special thank you to Dr. Speer for her compassion and care for Pat especially in the last few difficult months. You always made sure she was well taken care of.

Spread your wings and fly. Remember this is not goodbye...It is just see you later.

A Celebration of Pat's life will be held on Wednesday, September 4, 2024 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, MB. The service will be livestreamed and can be viewed via the following link https://youtube.com/live/wsZwnf_5gZk?feature=share

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Gimli in care of arrangements.



OBITUARY

Frederick Alvin "Al" Macatavish
July 5, 1940 – August 29, 2024

Peacefully on August 29, 2024 at the Selkirk District and Health Centre, Al passed away at the age of 84 years.

Cremation has taken place and a private family service will be held at a later date.

Friends and family are invited to visit Al's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



OBITUARY



Bonnie Gerbrandt (Bronson)
January 18, 1948 - June 24, 2024

It is with profound sadness that we must announce the passing of our beloved sister Bonnie Louise Gerbrandt (Bronson) on June 24, 2024.

Bonnie was predeceased by her parents Marjorie and Raymond Bronson and sister Kimberley Hall (Bronson).

She is survived by son Justin Gerbrandt (Caralyn), brother Greg Bronson (Tina Tomlin), sisters Margie Nichol (Rick) and Jan Spurrill, as well as numerous cousins, nieces and nephews.

Born in Winnipeg then moving to Killarney, she spent all of her childhood there until moving back to Winnipeg to complete her PhysEd degree at the University of Manitoba. Bonnie taught in Selkirk for many years and loved being a teacher. She was especially proud of her girl's gymnastic teams and spoke of

them with fondness.

Bonnie loved their dog Aspen and frequently talked about Aspen, sharing stories that brought fond memories.

Upon retiring, Bonnie spent many enjoyable hours playing bridge at the Gordon Howard Senior Centre. In later years Bonnie moved to Woodlands Courts in Selkirk and we would like to thank the staff there for their dedicated and supportive care. Bonnie's battle with dementia soon required her to be moved to Rosewood Lodge in Stonewall where she remained until her passing. The family cannot thank the extraordinary staff enough for the marvelous care and kindness she received.

We would also like to extend our heartfelt love and gratitude to her good friend Terry Hollier and to Donna, Michelle, Debbie and staff at Comfort Keepers whose phenomenal assistance and support made it so much easier for the family to provide Bonnie with the additional comforts needed to make her last few years more enjoyable.

Bonnie had a great sense of humour and a profound sense of pride in helping others achieve their potential. She loved her Winnipeg Jets, many types of music and would often break into dance when Rosewood had music groups in to play for the residents! She will be greatly missed by all who knew and loved her!

OBITUARY

Terry Mitchell
February 8, 1957 – August 26, 2024

A Celebration of Life will be held on Saturday, September 7, 2024 at 2:00 p.m. at the Selkirk Community Church, 6569 Provincial Trunk Highway 9, Saint Andrews, MB.

If friends so desire, donations may be made to the Children's Hospital Foundation of Manitoba, 533A-715 McDermot Avenue, Wpg. MB. R3E 1M6.

Friends and family are invited to visit Terry's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



OBITUARY

Reginald Wallace
November 8, 1942 – August 25, 2024

On Sunday, August 25th, 2024 we lost a loving husband and father at the age of 81 years.

He will be forever remembered and always loved by his wife Lorraine and their pet Cookie. Lorraine's children Dana (Colin), Colin (Amy) and grandchildren. Reg's daughter Charla (Stu) and grandchildren. Brother Richard (Linda) and sister Dorothy (Mel).

Reg was predeceased by his parents Cerdic and Catherine (Stubbert), brother Douglas (Anne). Cremation has taken place and a memorial service will be held on September 7, 2024 at 2:00 p.m. at the Whiteshell Church.

In lieu of flowers, donations may be made to the Whiteshell Church in Seven Sister Falls, Manitoba.

Friends and family are invited to visit Reg's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



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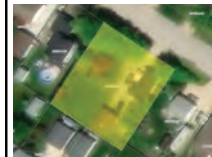

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FEATURE OF THE WEEK! 708 VAUGHAN AVE, SELKIRK \$399,900



Excellent bungalow with an understated charm & quality, this 4 bedrm 2 bath home has been meticulously maintained by its second owner since 2000. Oversize eat-in kitchen w/peek-through to bright & spacious living room. Luxurious primary bedroom w/double closets, another great size bedrm & 4pc bath complete the main floor. Plenty of extra space downstairs in the full finished basement. Large rec room, 2 bedrms (windows may not meet egress). Everything outside is in PRISTINE order, featuring a fully insulated 18x26 detached grg/workshop w/20 amp service & woodstove (would need certifying). Beautiful patio & shaded areas, garden, apple trees & a 10x12 garden shed all enclosed in a beautifully unique wrought iron & stucco fence. Well drained, oversize concrete driveway. Simply spectacular!

<p>NEW!</p>  <p>427 Manitoba Avenue, Selkirk</p>	<p>4 BEDRMS, 2.5 BATHS</p>  <p>OPEN HOUSE SUNDAY, SEPT 8th 1 - 3! 355 Purvis Blvd Selkirk \$468,800</p>	<p>1,123 SF BUNGALOW!</p>  <p>708 Vaughan Ave Selkirk \$399,900</p>	<p>3 BEDRMS & 1.5 BATHS</p>  <p>425 Sutherland Ave Selkirk \$299,900</p>
<p>7 BEDRMS! BEACHFRONT!</p>  <p>1226 Twin Lakes Beach Rd S RM of Woodlands \$1,200,000</p>	<p>1,752 SQFT! 2 ACRES!</p>  <p>52 Thurston Drive Ste Anne \$525,000</p>	<p>VACANT LAND! 16 Greening Ave, Libau \$58,995 100' x 120' 201 Edith Ave, Petersfield \$39,900 75' x 140' 14 Laurelyn Cv, Petersfield \$89,900 1.40 Acres 9 Fuller Rd, East Selkirk \$109,900 2.20 Acres 64 Mars Drive, Brokenhead \$59,900 1.88 Acres</p>	<p>START YOUR BUSINESS!</p>  <p>#7-2 McDougall Ave St. Georges \$94,900</p>
<p>PENDING!</p>  <p>232 Colcleugh Ave Selkirk \$149,900</p>	<p>PENDING!</p>  <p>180 Cook Avenue Aspen Park, Gimli \$399,900</p>	<p>PENDING!</p>  <p>410 Greenwood Ave Selkirk \$80,000</p>	<p>PENDING!</p>  <p>#15 - 325 Mercy St Selkirk \$199,900</p>





ASHLEY DOUGLAS, REALTOR®

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<p>NEW! 34+ ACRES</p>  <p>929 Petersfield Road \$623,500</p>	<p>NEW! 2 ACRES</p>  <p>747 Strathnaver Ave \$299,900</p>	<p>1,300 SF HOME ON 10 ACRES!</p>  <p>817 Hall Rd, Petersfield \$400,000</p>	<p>35 ACRE CREEK PROPERTY!</p>  <p>705 CIL Rd, St. Clements \$930,000</p>	<p>CREEKSIDE ESTATES LOT!</p>  <p>2 Pearson Parkway, Selkirk \$159,900</p>	<p>4.42 ACRES!</p>  <p>73072 Joseph St. Clements \$195,000</p>
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**DOORS OPEN AT 7PM
OCT 5TH**

The New South Beach Concert Series presents Damn the Torpedoes' a tribute to Tom Petty! Tickets available online or at our Hotel front desk.



TICKETS \$25

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