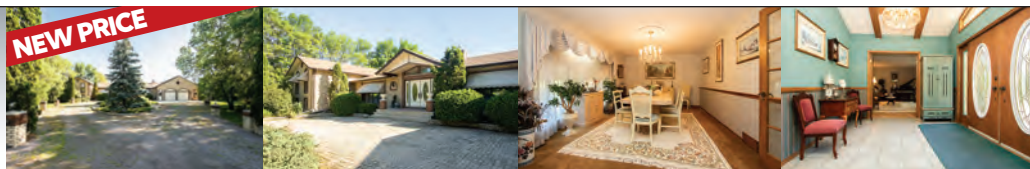




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The Selkirk Record

THURSDAY, SEPTEMBER 15, 2022

VOLUME 13 EDITION 37

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An un-fore-gettable event

RECORD PHOTO BY BRETT MITCHELL

The 25th Annual IG Financial Bob Jefferson Golf Tournament went off again without a hitch last Thursday. Twenty-seven teams teed off for a great day of golf and fundraising for the Selkirk and District Community Foundation. Pictured: The Selkirk Steelers Team facing off on the 9th hole. As of press time there is no word on if anyone scored a goal. See next week's paper for fundraising results.

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PRICES IN EFFECT: THURSDAY, SEPTEMBER 15 - WEDNESDAY, SEPTEMBER 21, 2022

Terry Fox Run back at Selkirk Park

After a few years of physically distanced fundraising, run is back in community

By Katelyn Boulanger

Residents will be lacing up once again to walk, run, bike or wheel their way in support of cancer research with the return of the Terry Fox Run to Selkirk. This year's event will take place on Sept. 18 at 1 p.m. at Selkirk Park and marks the city's 30th anniversary of hosting this event.

The Terry Fox Run is an annual event across Canada where different communities work together to raise funds for cancer research through the Terry Fox Foundation, which was founded by Terry Fox's parents and siblings. Because of the pandemic, the run has had to take place scavenger hunt style the past few years in order to maintain physical distancing.

"We were able to do the scavenger hunt, allowing people to go out on their own or in small groups safely, and still do as best they could to raise

some funds," said Jana Pringle, committee chairperson of the Selkirk Terry Fox Run planning committee.

However, now that the run is taking place in person, hopes are high that many people will come back out to the event which will start at the Ag. Building at Selkirk Park.

"We've had up to at least 150 participants in the past, and usually takes at least 50 volunteers the day of [to run the event]," said Pringle.

Even with the event returning to something resembling what it would have been before the pandemic, there are still some changes that residents will have to be aware of because of the construction taking place on Eveline St.

"We're going to be using Selkirk Park's [trails], so it ends up that the entire route will be done within Selkirk Park itself. That's our biggest change. But, we are still going to do hotdogs and hamburgers and the canteen and we're going to still start our registration at noon and our ribbon cutting as always," said Pringle.

Returning to honour Selkirk with her ribbon-cutting skills is Brenna Schellenberg who five years ago cut



RECORD FILE PHOTO

Local cancer survivors Fran Mellen, pictured left, and three-year-old Brenna Schellenberg, pictured centre, cut the red ribbon to help kick off the 25th annual Terry Fox Run in Selkirk Park in 2017.

"WE HAVE A BEAUTIFUL VENUE AND AN AMAZING ROUTE TO ENJOY THIS YEAR... AND IT'S BEAUTIFUL. WE HAVE A REAL GEM HIDING IN SELKIRK PARK. [I THINK] MANY FAMILIES IN AND PEOPLE OUTSIDE OUR COMMUNITY WOULD LOVE TO COME"

Continued on page 4

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RECORD FILE PHOTO

Terry Fox Run participants in 2018.

the ribbon at the 25th anniversary of the event.

Another change this year is that residents are asked to bring reusable water bottles as the City of Selkirk's hydration station will be at the event instead of a water bottle station. Pringle hopes that residents will feel this makes more sense than having many single-use water bottles available though a limited number of single-use water bottles will be available for purchase at the canteen.

Residents should also be aware that like other events this summer, the Terry Fox Run will require that residents enter the park via Taylor Ave. to the back gate of Selkirk Park and then to the Ag building.

"Once you're in the park, there will be marked parking near the Ag. Building and there'll be face painting and things like that, as usual for the children. [As always there will be a] warm-up just prior to the run. So we'll be warmed up and ready to go," said Pringle.

People who want to join the fun can register online beforehand and start collecting pledges. If you register beforehand there will be a check-in station at the event.

"If you don't want to register online and you want to just collect pledges, you're welcome to bring them in when you arrive and register right then and there," said Pringle.

She welcomes anyone who would like to contribute to sign up for the event.

"We have a beautiful venue and an amazing route to enjoy this year. I know my husband and I walked it not long ago just to track it out and make sure [we had] the correct distances for the five and ten and one kilometre loops, and it's beautiful. We have a real gem hiding in Selkirk Park. [I think] many families in and people outside our community would love to come and take a peek at and enjoy the event itself having a canteen, and some music and silent auctions. It's a small community type of thing [but also] it's an important event because we all know we're there for a good cause. We welcome everybody from everywhere to come down and have some fun," said Pringle.

To register for this event visit <https://run.terryfox.ca/3347> and to keep up with goings on visit the run's Facebook page at <https://www.facebook.com/TerryFoxSelkirkMB/>. You can also learn more about Terry Fox and the Terry Fox Foundation at <https://terryfox.org/>.

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Dufferin Gang Memorial dedication this weekend

Residents invited to pay respects to local heroes

By Katelyn Boulanger

After years of dedicated work by many volunteers, the Selkirk Legion is hosting a dedication service for the Dufferin Gang Memorial recently erected on the Legion grounds.

The service will take place on Sept. 18 at 1 p.m. with a parade escorting the last living immediate family member of the 'Dufferin Gang', walking from the corner of Jemima Ave. and Dufferin St. at 12:45 p.m.

The memorial recognizes the service of the 31 men from Dufferin Ave. in Selkirk who volunteered for the Canadian military service during World War II.

Wayne Bird is a member of the Selkirk Legion and nephew to John V (Jack) Sinclair, a member of the Dufferin Gang.

He says that he knew his uncle was in the military during the second world war but didn't realize that he was part of this incredible group of volunteers from our community until a 2013 newspaper article in the *Selkirk Record* brought it to his attention.

Bird is glad these men can finally be recognized in this way.

"It's finally getting some acknowledgement that everybody [knew about] over time but never where ev-

erybody could see," said Bird.

He also wants to point out that many people over the years have volunteered and dedicated themselves to making sure that this memorial had a place of honour in our community.

He invites residents in the community to stop by at this time and recognize these great heroes and their sacrifice.

"Come to acknowledge what they did," he said.

"IT'S FINALLY GETTING SOME ACKNOWLEDGMENT THAT EVERYBODY [KNEW ABOUT] OVER TIME BUT NEVER WHERE EVERYBODY COULD SEE,"



RECORD PHOTO BY KATELYN BOULANGER

Come to the Selkirk Legion on Sept. 18 to acknowledge the Dufferin Gang.

Annual Tri-Parish Picnic
September 18th
Blessed Virgin Mary Church
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South St. Clements Activity Centre Park open

Selkirk Rotarians donate peace pole and many trees to new park

By Katelyn Boulanger

After years of effort to get the project to its current state, Donald Rd. in St. Clements is now home to a brand new park space that recently opened for residents.

"Council and I are very excited that we are able to announce the completion of construction of the South St. Clements Activity Centre Park and the announcement of the activity centre building," said St. Clements mayor Debbie Fiebelkorn.

The park boasts a retention pond, native grasses and 13 different species of trees, a fitness circuit, a beautiful walking trail and a playground.

"Children, youth, adults and seniors need a place to meet and participate in wellness, recreation, social events, arts and cultural activities in South St. Clements. Opportunities to gather with friends and neighbours are needed," said Fiebelkorn.

The next phase of the project is the activity centre itself, which with funding already in place will be added to the site soon.

The vision for this space is to create a community hub with facilities for people of all ages. Volunteers who started work on the project 20 some years ago were members of the Narol Golden Age Club, the Narol-Gonor Community Club and the Narol Children's Centre which used to share space with the former Donald School on Henderson Hwy. The volunteers created South St. Clements Activity Centre Inc. with the goal of creating just such a community meeting place.

"Our community is also blessed to have strong community groups, such as the Rotary Club of Selkirk, Selkirk and District Community Foundation,

and Interlake Tourism Association, who have all contributed toward various aspects of this community amenity," said Fiebelkorn.

Fiebelkorn also acknowledged the volunteers who started working on making this project a reality in 1999.

"Volunteers are the heart of the community and we appreciate the individuals that have currently been behind this project," she said.

Debbie Cunningham spoke on behalf of the volunteers.

"When I started this project, I started as a mom of a four-year-old and a six-year-old and now I'm looking forward to helping to design the senior centre. There's been a number of man years, not just by Irene and myself, but by our committee that has seen this vision for many years," said Cunningham.

She said that even though her children are now grown she was glad to know that future children would be able to use this site and expressed her gratitude that all levels of government had come together to make this project happen.

Jeff Wharton, our local MLA, and James Bezan, our local MP, were also in attendance and brought greetings from their respective levels of government.

After the ribbon was cut and the park officially opened, the fun didn't end as the Selkirk Rotarians were able to take their turn in the spotlight. The local humanitarian group funded a peace pole at the park site.

This peace pole brings a message of peace in 12 languages — English, French, Tagalog, Ojibway, Hindi, Ukrainian, Punjabi, German, Cree, Polish, Icelandic, and Mandarin.

"A peace pole is a monument, a monument declaring the message 'May peace prevail on Earth'. Our team of dedicated volunteers met, strategized and came up with 12 different languages that best represent our community. And today with the assistance of everybody here, we



RECORD PHOTOS BY KATELYN BOULANGER

The official ribbon cutting for the park.



Rotary Club of Selkirk's president David Thorne and St. Clements mayor Debbie Fiebelkorn unveiling of the peace pole at the South St. Clements Activity Centre donated by the Rotary Club of Selkirk.

would like to present this peace pole as a gift and a reminder of every single person, here and far wide, everyone's responsibility to promote peace around the world. May peace prevail on Earth is an all inclusive message. It is a meeting place of the heart, bringing people together of all faiths, all backgrounds and cultures to embrace the oneness," said David Thorne, president of the Selkirk Rotary club.

The Rotary club has also donated \$20,000 towards the purchasing of trees for the park.

Residents are now invited to utilize the trails, park and playground at the activity centre site.



South St. Clements now has a great new playground that has everyone wishing they were kids again.



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Local artist James Debreceen releases first album

By Ty Dilello

James Debreceen, also known as Jameson Day, is a Selkirk-based musician who released his debut album, *About Times*, this month.

Debreceen began his career in music, running live sound for multiple events. Being an artist who plays many instruments and listening to a wide range of music genres led him to produce music for friends and family as a hobby.

In 2014, Debreceen received a Diploma with Honours from AIA for Recording Engineering and Music Production. In 2017, he mixed his first full album project with local artist and music producer Malcolm Jay. As a result, Debreceen is now the owner and operator of Pick This Production Recording Studio, located just outside of Selkirk, which was established in 2017.

Debreceen has been writing and performing music for over 20 years, all over Manitoba. But now, in 2022, he has finally released his first album.

"The new album is a collection of my best songs," said Debreceen. "I grew up listening to my late father's album, *Shadow Force - Scratches of Time*. Because of that, I always wanted to write and produce my own album to hand down to my children. It's hard to pick a favourite song from the album, but it's between 'Just Feel' and 'Red River Sweater'. Both have such a great message behind the music."

There is a music video on YouTube for Debreceen's song Just Feel. The video was shot over four days by Martin Carson of Ice and Fire Photo in Miami, MB.

"The concept for the music video is a reflection of what the pandemic did for the music industry. Like the song says, 'When the crowd breaks down, and there's no one around, I want to be next to you.' The crowd referring to live music venues coming to a halt, and 'you' referring to my family. The two most important things in my life."

Debreceen is pleased so far with sales of the new album. He has CDs and Vinyl, as well as digital music, available at www.jamesonmusic.com or jamesonday.bandcamp.com/releases.

"I've actually sold quite a few CDs. It's surprising to me because most new vehicles don't have CD players anymore."

With the album now out, Debreceen has been focusing on recording a lot of local artists in his studio.

"I can't believe the amount of talent we have in our province; it's truly remarkable. The next project for my music is to produce a two-song, 7-inch vinyl record. I am practicing my live set and will announce some local shows in the near future."

Future shows will be announced on his social media pages and website in the coming weeks and months.

Selkirk Mobility And No Frills team up for seniors

By Ty Dilello

Selkirk Mobility and Aaron's No Frills are teaming up to offer the return of a free shopping charter program for senior citizens in Selkirk.

All trips will be held on the first and second last Wednesday of each month from 10 a.m. to 2 p.m., with the first trip commencing on Sept. 21. Anyone with varying levels of abilities and seniors are welcome to use the program.

The program is sponsored by No Frills, so there is no cost to riders who are accessing this service. For seniors, these twice-a-month rides provides enough groceries to last roughly two weeks.

"We are offering this to provide safe and reliable transportation to those who are needing it, those who want to gain independence without relying on friends or family members on their time off from other daily responsibilities they may have," said Jaimie Kazuk, Selkirk Mobility Acting Manager.

"It also brings Selkirk Mobility back into the community after a long two

years from the pandemic that closed many local businesses, so we want to let our city know we are here, willing and able to help serve those who are needing this service to remain. This is for the community just as much as it is for No Frills and Selkirk Mobility."

Participants can call Selkirk Mobility at 204-482-1234 and speak with Selkirk Mobility's administrator Bonnie Turenne to book. There is a minimum of 24 hours notice required for bookings.

"We pick up people at the residence to take them and drop them off. If they require a CA (care assistant), then we need this information at the time of booking."

It should be noted as well that Selkirk Mobility has moved to a new location at 460 Main Street, which is where the old Beaver Bus Station used to be.

"It couldn't be a better fit! We are very proud to be running Selkirk Transit and Selkirk Mobility from our new location."



RECORD PHOTO BY MARTIN CARSON

James Debreceen, who just released his first album, *About Times*.

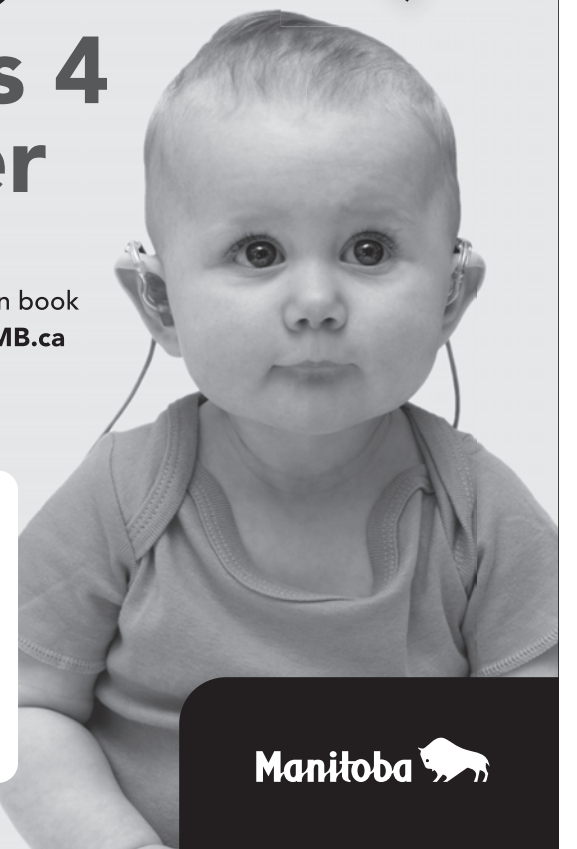
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Call Katelyn Boulanger

Government proceedings following the death of Her Majesty Queen Elizabeth II

Submitted by Manitoba government

The Manitoba government, through its Protocol Office, has been carefully planning the official response for the passing of Her Majesty Queen Elizabeth II and prepared for the many tasks that follow the news of Her Majesty's passing.

Protocol for this time includes the following government response and actions:

- a complete shutdown of operations during the period of mourning is not anticipated. However, out of respect, all events, announcements and social media activities must be limited.

- flags on all provincial buildings including the Manitoba Legislative Building, are at half-mast for a period of 10 days or until the commemorative service for Her Majesty.

- black ribbon has been placed on the portrait of the late Queen Elizabeth II, located in Room 200, per established protocol. A black ribbon has been placed on the flag of Canada and the flag of Manitoba in the main foyer, adjacent to the Grand Staircase.

- the Queen's Cipher is projected upon the front of the Legislative Building (beneath the Golden Boy) for the duration of the period of mourning. It is visible after dark.

- the fountain in Memorial Park is lit purple in recognition of the Queen's colour designation for her Platinum



RECORD PHOTO SUBMITTED

Queen Elizabeth II, the UK's longest-serving monarch, died on Sept. 8 at Balmoral aged 96, after reigning for 70 years.

Jubilee.

- a book of condolence has been erected at the base of the Grand Staircase, and has been signed by the lieutenant-governor of Manitoba. Immediately thereafter, it was signed by the premier of Manitoba, the mayor of Winnipeg, the clerk of the executive council and the leader of Her Majes-

ty's loyal Opposition. Elected officials are welcome to sign the book of condolence at their convenience.

The public is welcome to sign books of condolence from 10 a.m. Sept. 12, for the duration of the period of mourning at the Legislative Building, Winnipeg City Hall and Brandon City Hall.

Statement from Lieutenant-Governor Janice C. Filmon on the passing of Her Majesty Queen Elizabeth II

It is with profound sadness that His Honour and I learned of the passing of Her Majesty, Queen Elizabeth II.

For more than seven decades, Her Majesty had been respected and re-

vered for her steadfast leadership and unwavering commitment and service to the citizens of Manitoba, Canada, and the Commonwealth.

Her Majesty enjoyed a wonderful relationship with all of the people of Manitoba, during her six visits to our province. She spent time in communities large and small throughout our province, making numerous lasting personal connections.

From Queen Elizabeth's first official visit as Princess Elizabeth in 1951 to her most recent visit as Queen in 2010, she was welcomed with great love and admiration for her service to

Canada, and her dedication to serving her subjects around the world with dignity, grace and humility.

On behalf of all Manitobans, I offer heartfelt sympathies to Her Majesty's beloved and devoted family, who will carry Her Majesty's legacy forward with the same loyalty and commitment for many generations to come.

I share with all Canadians, and the other peoples of the Commonwealth, a great sense of loss on her passing.

May Her Majesty rest in peace. Long live the King.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Fuelling mental health on Fuel Good Day, Sept. 20

Submitted by Red River Co-op

On Tuesday, September 20, 2022, Red River Co-op will donate five cents of every litre of fuel sold at their gas bars to go directly towards mental health initiatives at Klinik Community Health, focusing on their Trans Health Clinic Program and the Manitoba Farm and Rural Support Services support lines. In addition, the Co-op has also pledged to donate one dollar of every Co-operative Coffee and Big Cool sale.

"The impact of the pandemic has and continues to affect the mental health of members of our communities, and Klinik provides many well-

ness services to support all Manitobans," said Doug Wiebe, CEO of Red River Co-op.

Klinik Community Health provides a full range of health-related services from medical care to counselling and education. Out of an array of services, their Trans Klinik provides gender affirmation and mental health support for all individuals who fall under the trans and/or non-binary umbrella. Another impactful service is their Manitoba Farm and Rural Support Services, which provides telephone and online counselling and support to farmers and rural Manitobans. Proceeds from Fuel Good Day will help

build capacity for these programs so more people can access them.

"Klinik is incredibly thankful for the support provided by Red River Co-op and their members and customers. Since the Trans Klinik's inception in 2009, the number of clients accessing the program has increased year over year, and our funding has not been able to keep up with the demand," said Stephanie Bevacqua, Director of Development and Engagement, Klinik Community Health. "Our Manitoba Farm and Rural Support Line provides free, confidential and non-judgmental counselling for farmers and rural Manitobans. We know these

past few years have been difficult in many ways, and our counsellors help to provide Manitobans with the access to mental health and support services that they require."

Since Fuel Good Day started in 2017, Red River Co-op has donated over \$295,500 to local non-profit organizations, including the Bear Clan Patrol, Siloam Mission, Resource Assistance for Youth (RaY), and more.

Red River Co-op encourages all members and customers to fuel up at any of Red River Co-op's 36 gas bars on September 20 to make a difference in the community.

The Selkirk #77 Daerwood Royal Canadian Sea Cadet Corps are back

Submitted

On Tuesday, Sept. 6, the Royal Canadian Sea Cadet Corps #77 Daerwood resumed parade nights at Memorial Hall in Selkirk.

After two years of on-again, off-again in person training, it was fantastic to see everyone's faces again.

This excellent program is open to youth ages 12-18. Activities include

— sailing, marksmanship, band and more.

There is no cost to join and a uniform is included.

Come visit us on Tuesday nights

from Sept. to June, 6:30 p.m. to 9:00 p.m. at Memorial Hall at 376 Jemima St., call us at 204-785-2520, or email at 77sea@cadets.gc.ca for more information.



PHOTO SUBMITTED

Sea Cadets at Memorial Hall.

217 Clandeboye Ave., Selkirk
Proof Deadline Fridays at 4 p.m.
Booking Deadline Mondays at 4 p.m.
Office Hours: Monday-Friday 9:30-5:00

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Paws for a Cause walk brings out four legged friends



RECORD PHOTOS BY KATELYN BOULANGER

Selkirk's Paws for a Cause Cancer Walk was once again a great way to get residents and their dogs out and about. The local fundraiser saw dogs and owners blast through the event's fundraising goal which went to the Never Alone Foundation. The NAF supports people fighting cancer in our communities.



Army Navy and Air Force Veterans Club #151

231 Clandeboye Ave., Selkirk Ph. 204-482-3941

Merchandise Bingo - Tuesday Sept 27 at 7pm
\$12 entrance, extra cards 3 for \$5 or \$2 each
Door prizes and 50/50

Regular Saturday Afternoon Meat Draws
20 meats, 2 - \$50 Bills, 50/50, Chase the Card
Grey Cup scratch tickets available at the club bar or Executive member

Save the Date - Oct 29
Band "Classic Embers" playing 8- 12pm



Are you up for the Red River Paddle Challenge?

Get your canoes, kayaks, surf skis and dragon boats ready

By Katelyn Boulanger

The Red River Paddle Challenge is back for its fourth annual paddling event on the Red River.

"The Red River Paddle Challenge is a marathon distance, paddling race or challenge, which starts in Winnipeg at the St. Vital Park and goes downstream north all the way to the Half Moon Drive In in Lockport. It's open to any paddle crafts or human-powered boats—canoes, kayaks, paddleboards. We've got dragon boats, rowing boats. Basically, if you can paddle it, you can race it in the event," said Brad Friesen, Red River Paddle Challenge Race Director.

The challenge started in 2019 but COVID-19 did change the way that the race has operated for the past few years.

"Our second year, 2020, that's when COVID was at its height and in 2021, we had to make some changes. We spread out the start time for everyone to just maintain as much distance as they can. But right now, we're back to normal as far as COVID restrictions go with one big mass start. We'll have all the boats, over 100 boats on the water. The start of the race is chaotic. It'll be awesome," he said.

Friesen says that the original idea for this event started when he, as a paddleboard racer who travelled across North America to race in distance events, wanted to be able to say that we had something like this in our community.

"There was nothing like this here in Manitoba and even Canada doesn't

really have too many events of this type unless you go up to say the Yukon, there's the famous Yukon River Quest. And, people are always asking about it," he said.

Since its inception, the race has really taken off with paddlers coming in from all over Canada from B.C. to Southern Ontario and even people from the U.S. making their way to the Red River.

Even though some of the participants that come are competitive athletes, Friesen wants to assure people that this is an event for anyone who thinks they can go the distance which is why they've emphasized challenge in the name instead of race.

"For some people, the challenge is to just finish themselves. Like running a marathon, if you sign up for the Manitoba Marathon, how many people sign up thinking, 'Oh, I'm gonna win this.'? Most people just sign it to complete it or have a personal goal," said Friesen.

He says that even though getting a large event like this together is a lot of work every year, it's all worth it on race day.

"To see all the participants at the start in the morning, it can be intense for some, as well, as you know, there's a lot of nerves, people are nervous and unsure what to expect. And then it's complete, it's just awesome. When you get to the finish line, you see people finish, the smiles on their faces, and how proud everyone is of themselves for completing the challenge," said Friesen.



SUBMITTED PHOTO COURTESY OF THE RED RIVER PADDLE CHALLENGE
A paddler celebrates reaching Lockport at the 2021 RRPC.

He invited anyone who's interested to sign up via the Red River Paddle Challenge website and come out to the event. You can also learn more

about the race and see a documentary about it on the website <https://www.redriverpaddlechallenge.com/>.

Interlake-Eastern RHA Board Annual General Meeting

Monday, October 3, 2022 2:00 p.m. – 3:30 p.m.

Agenda highlights:

A review of the year's activities by members of the board of directors, CEO report, audited financial statements and award announcements.

The Annual General Meeting will be held virtually using ZOOM. Registration is NOT required.

ALL ARE WELCOME TO PARTICIPATE

Join the Annual General Meeting at 2:00 p.m. on October 3
<https://www.ierha.ca/agm-meeting-2022>

OR by calling:

(Toll Free): 1-855-703-8985

Meeting ID: 697 6932 3891

Passcode: 485268

Please visit www.ierha.ca and "About Us" > "Annual General Meeting" for meeting materials that will be posted the day of the Annual General Meeting.

Feel free to contact us at 1-855-347-8500 or info@ierha.ca if you have or wish to submit any questions in advance!



Interlake-Eastern
Regional Health Authority

Assemblée générale annuelle du conseil d'administration de l'ORS d'Entre-les-Lacs et de l'Est

Lundi 3 octobre 2022 14h – 15h30

Points saillants de l'ordre du jour :

Bilan des activités de l'année présenté par les membres du conseil d'administration, rapport du directeur général, états financiers vérifiés et annonces de prix.

L'assemblée générale annuelle se tiendra virtuellement par l'intermédiaire de ZOOM. L'inscription N'EST PAS obligatoire.

TOUT LE MONDE PEUT Y PARTICIPER

Participez à l'Assemblée générale annuelle le 3 octobre à 14 h
<https://www.ierha.ca/agm-meeting-2022>

OU en composant le numéro :

(sans frais) : 1-855-703-8985

Numéro de réunion : 697 6932 3891

Code d'accès : 485268

Rendez-vous sur le site Web www.ierha.ca et cliquez sur « About Us » > « Annual General Meeting » [disponible uniquement en anglais] pour prendre connaissance des documents relatifs à l'Assemblée générale annuelle qui seront publiés le jour de cet événement.

N'hésitez pas à nous contacter au 1-855-347-8500 ou à info@ierha.ca si vous souhaitez obtenir des renseignements ou soumettre des questions à l'avance.



Office régional de la santé
d'Entre-les-Lacs et de l'Est

Teulon Pumpkinfest is coming back

By Jennifer McFee

Teulon Pumpkinfest is back and better than ever, just in time to usher in autumn.

On Saturday, Sept. 17, the 29th annual event will attract crowds to Teulon Hall for a jam-packed lineup that runs from 9 a.m. to 4 p.m.

"Pumpkinfest is a huge community event," said Darci Loehmer, chair of the Teulon Ag Society, which hosts the event.

"Our mission is to promote rural living and give everyone somewhere to create memories in a small-town fair atmosphere."

The event will launch with a pancake breakfast from 9 to 10:30 a.m. hosted by the Lions Club, which will also host a lunch that day. As another option, food trucks will be on site for hungry festival-goers.

Organizers are bringing back some tried-and-true Pumpkinfest attractions such as the largest pumpkin weigh-off, which will take place at 10:30 a.m. The current record to beat was set in 2018 with a pumpkin weighing 975 pounds.

"We have a \$1,000 grand prize for biggest pumpkin. We have no idea how many pumpkins will be entered or how big they're going to be," Loehmer said.

"The challenge this year for all gardeners was the wet start and late start to the season. We've even had a hard time getting pumpkin vendors because the pumpkins just aren't quite ready, but we're really excited to bring this back."

Another popular portion will be the ag fair competitions that include pumpkins and other vegetables, baking, canning, kids' creations and more.

"We've got a few new categories. We've included photography, which was really big when we brought it in a few years ago," she said.

"This year, we even have Pinterest-



RECORD PHOTO SUBMITTED

The Lavallee Pumpkin Farm will have pumpkins and gourds of all shapes, sizes and colours for sale at Teulon Pumpkinfest.

inspired creations. During COVID, people have been more creative and trying new things, so we're hopeful that more people will bring in some entries."

Entertainment includes performances by Mark Morriveau fiddle band, Summer Bear Dance Troupe, Rossdale Ukrainian Dancers and Teakle Family Circus. Speaking from experience, Milan Lukes will also present tips for growing a gigantic pumpkin.

Kids can look forward to crafts, face-painting, old-fashioned and carnival games, the Lions train, Xtreme Dogs agility show, a pie-eating contest, and a make-and-take activity. These events all take place in the Access Credit Union activity tent, which will be located across the street in the Teulon Elementary School playground.

"We're going to be making ice cream, which also refers back to the Teulon creamery that was in town for so many years," Loehmer said.

"This represents to our rural roots, focusing on where ice cream really comes from. We've got some really fantastic ideas for that."

Other attractions include a farmer's market, petting zoo, big games, silent auction, a pumpkin carver and fall family photos by Sweet N Wild Images for \$10 each.

Guests can try their luck in a 50/50 duck dump contest, which is new for

this year.

In another new activity, artist Lisa Whitehouse will guide participants through two sessions of watercolour painting focused on a pumpkin theme.

Teulon Pumpkinfest is also pleased to welcome the Liliane Baron South Interlake Breast Cancer Support Group, which will host a fundraising raffle table. In addition to buying raffle tickets for three fabulous prizes, festival-goers will have the option to give a donation to the cause.

The support group used to host an annual fundraising walk, but COVID changed that practice. Last year, they participated in the Teulon Moonlight Market, and this year they're pleased to join the fun at Pumpkinfest.

Founder Claudette Griffin is grateful for the ongoing support from the community for more than two decades.

"Without the generous monetary support and the support of the South Interlake, we couldn't have carried on providing financial and emotional support for 21 years," Griffin said.

"We're still here to help people. Breast cancer doesn't stop because of COVID. It's wonderful to have the support for our grassroots group."

Likewise, Loehmer is looking forward to welcoming the breast cancer support group to the event.

"We are happy to be able to include the Liliane Baron support group by having a presence at the event," she said.

"In the past, we would get 1,500 people in attendance, so they'll get big exposure and we're so happy to be able to support that."

Admission to Teulon Pumpkinfest is \$5 per person, \$20 per family with a maximum of six, and free for tots under two years old.

"We spend about \$16,000 hosting the event. We're so grateful to our sponsors and the community, but we do have to charge a small admission. We try to keep it reasonable for families," Loehmer said.

"Our goal is to break even. We do have a couple of ideas going forward for next year for our 30th anniversary and the following year for the 100th anniversary of the Teulon Ag Society, but we're still in the planning stages. We're really excited."

While visitors are in the area, they can also learn about local history at the Teulon and District Museum, located in Green Acres Park. The museum will host an open house from 11 a.m. to 3 p.m. that is free to attend.

For more information about Teulon Pumpkinfest, including a full schedule, visit www.teulonpumpkinfest.com.

50

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Culture Days returns for a weekend of fun and learning

Mark your calendars. Activities take place Sept. 23-25.

Submitted by the City of Selkirk

Selkirk's second annual Culture Days is back Sept. 23-25 and it really offers something for everyone.

If you like puzzles, we're building a big one. If you like history, we're talking about it over campfires and with actors portraying historical figures, and if your tastes lean a little more toward the future, we're including a drone show that will have you mesmerized.

"We have a ton of fun events and activities that are centered around learning and the city's history, and it's all done in a fun way and it's all free," says Ellie Longbottom, Culture Coordinator for the City of Selkirk.

"Last year was the first time we held Culture Days and it was a success. This year we've added some really interesting activities that I think people are going to enjoy."

On Friday night you're invited to join in on a community campfire. There will be several campfire pits set up in the Rec Complex parking lot and each pit will have a special guest who will lead the group in conversation, crafts, storytelling, music and more. It's open to all ages, and please bring a lawn chair, bug spray and blanket to make sure you're comfortable. It gets underway at 7 p.m. If it rains, the event will move to the Barn.

The city's equipment lending program at the Kin Centre is also open Friday from 3:30 - 8 p.m.

The drone show starts at 9:30 p.m. at the Rec Complex. It's a mind-blowing light show in the sky, featuring 56 drones swarming and dancing, and creating shapes like a Catfish, butterfly, flowers and many other surprises.

It's about 20 minutes long and is one of the first of its kind in Manitoba.

It's also eco-friendly – the entire show uses renewable energy and every part of the drones, including the batteries, can be recycled.

On Saturday there's a full day of drop-in events at the Kin Centre. The community puzzle and scavenger hunt will have you following clues and riddles to locate puzzle pieces scattered throughout the city. When you find one, bring it back to Kin

Centre to help make the giant puzzle. There will be 49 puzzle pieces in total and when completed the puzzle will reveal a special Selkirk landmark.

Show off your artistic side at the sidewalk chalk competition, with categories for people of all ages. It's free and chalk will be provided. A winner will be chosen in each age group and will receive a \$50 Biz Bucks gift card.

Mobile Laser Tag takes place at the Kin Centre from 1-3 p.m. and Come & Create: Your Community runs from 11 a.m. to 1 p.m. Join staff member Sarah to reflect on your favourite places in Selkirk and create artwork based on them. Perfect for kids aged 6-13.

The equipment lending program is open from 10am to 7pm on Saturday.

**"THIS YEAR
WE'VE ADDED
SOME REALLY
INTERESTING
ACTIVITIES THAT I
THINK PEOPLE ARE
GOING TO ENJOY."**

Selkirk Comes Alive

Live actors highlight Selkirk Comes Alive on Saturday, held at various locations from 10 a.m. to 4 p.m.

This year, Robert Smith and Chuck Norquay will be portrayed by actors and author

Mary Shumilak will talk about her book *The Soul's Journey*, which details her family, the Grabowski family, who moved from Poland to Selkirk in the 1950s.

Her parents, Piotr (Peter) and Wladyslawa (Gladys) were both prisoners of war who abandoned their dream of returning to Poland so that their children would have a better life in Selkirk.

"Mary is from Saskatchewan and she's coming to Selkirk to do a presentation about her family which is pretty cool," Longbottom said.

The Barn and the Selkirk Fire Department will also be featured in Selkirk Comes Alive.

Passports to the event are free and are available at the Civic Offices and the Gaynor Family Regional Library.

On Sunday, the event closes out the weekend with more drop in events at the Kin Centre from 1 to 7 p.m. The giant puzzle scavenger hunt will continue if it hasn't been completed by then, and there'll be rock painting from 1-3 p.m. and more equipment lending.

There will also be a free public skate at the Rec Complex from 3-5 p.m.



RECORD PHOTO SUBMITTED

A photo from Selkirk Comes Alive.

Area RCMP make donation



RECORD PHOTO SUBMITTED

On Sept. 7, representatives from the Selkirk and Area RCMP donated funds raised from their annual Community Golf Tournament to the Manitoba Parents for Ukrainian Education (MPUE). The donation made up of \$1,500 worth of school supplies and personal hygiene products, plus a \$3,000 cheque was presented to Karen Johnston, Vice President of the MPUE. Pictured (Left to right) Sgt. Chris Lambert, Detachment Commander, Inspector Darryl Dawkins, Karen Johnston (VP-MPUE) and S/Sgt. Kyle McFadyen.

SDCF grant helps kindness cover more ground

Submitted by Selkirk & District Community Foundation

When Gina Doyle and her students at St. Andrews School embarked on a journey to share kindness with their community, they needed a little help to make sure their efforts were received by as many as possible.

Tied with Kindness was a project Doyle and the students began in 2021. They literally tied tassels on blankets they cut from cloth themselves and donated them to Nova House – Safe Shelter for Women and Children in Crisis.

As Doyle explains, a grant from Selkirk & District Community Foundation greatly expanded the reach of the project.

"The grant enabled us to purchase both non-consumable products and consumable products that we could then use to create 12 tied blankets during the 2021-22 school year and another 12 next year," Doyle said.

"That's a total of 24 blankets that we can donate to Nova House. Without this grant we would have only had school funds to make approximately three or four blankets. It's important to us, we were able to touch 24 lives, as opposed to three or four lives."

The Foundation is accepting applications for this year's grants until Sept. 30.

SDCF Executive Director Bev Clegg said it's an exciting time when applications come into the Foundation.

"We encourage qualified organizations to submit a grant application because we've seen over the years what granting dollars can do locally," Clegg said.

"Tied with Kindness is a wonderful example of a kind and caring project that was able to have a greater impact because of a grant from the Foundation. There are countless great causes in Selkirk, St. Andrews and St. Clements and everyone at the Founda-

tion and all of our donors love to hear about them and do what we can to help out."

Doyle said Tied with Kindness provided blankets to people in need, and it taught the students valuable lessons.

"Doing something good for someone else often boosts your own happiness," Doyle said.

"I saw this as they were working together, laughing, smiling and asking when would be the next time they would get to come to work on them."

They also learned about community service.

"The students were volunteering their own time without needing anything in return and then at the same

time they were learning about the community service that Nova House provides to our community," Doyle said.

"They were so happy to know the blankets that they made would go to children who may not already have a blanket. They could identify that a blanket made you feel safe and warm and they could really relate to those feelings a blanket could give you."

Applicants for a SDCF grant must be a registered charity with Canada Revenue Agency, providing services within the City of Selkirk, RM of St. Andrews or St. Clements.

Applications are accepted only online at sdcf.ca before Sept. 30.



RECORD PHOTO SUBMITTED

St. Andrews School students tie a blanket for donation to Nova House.

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Selkirk one step closer to largest industrial investment in over 100 years

Submitted by the City of Selkirk

The City of Selkirk has entered into a land option to purchase agreement with Canadian Premium Sand Inc., that puts the company's plan to locate North America's only patterned solar glass manufacturing plant here one step closer to reality.

Selkirk Council approved entering into the agreement at their Sept. 6th meeting, this after months of working with the company to ensure the location was a good fit for both the community and CPS.

Selkirk Mayor Larry Johannson says the CPS decision to locate in Selkirk is a strong indicator of the city's growing reputation as a place business want to be.

"This is the largest industrial investment into Selkirk in more than a hundred years and it speaks volumes of the work of our administration and the reputation they've earned," Johannson said.

"We're pleased to be working with Canadian Premium Sand, a company that could have located its plant anywhere in North America but chose Selkirk. It's an incredible vote of confidence in our city that will bring hundreds of jobs here. Congratulations to CPS and our team. It's a great time to be in Selkirk."

Duane Nicol, CAO for the City of Selkirk, said the plant represents an investment of \$400 plus million into the city and the creation of 300 full time jobs at the plant.

"This puts Selkirk on the map for the new green economy, and there's going to be spinoff industry that's going to come here, benefitting the city and the province, bringing more jobs and more economic growth to the community," Nicol said.

"This will have a positive impact on Selkirk for generations to come. The location of the CPS solar glass manufacturing plant in Selkirk will be as impactful on our city as the mill was all those years ago."

The offer to purchase is for a 121-acre parcel located off Hwy. 9 in the city's original industrial park. Nicol says the land purchase options secures the property for CPS and allows the city to put conditions on the purchase that will protect the city and its citizens.

Before the sale can be finalized, CPS must work with the province to establish its environmental license.

"This is a large parcel of land in the city and Council wanted to ensure that the interests of citizens were protected in this transparent process. This agreement makes the sale conditional to CPS getting the environmental licensing. It also includes provisions for buying the land back at the sale price in case the project does not go forward for some reason," said Nicol.

Tim Feduniw, the city's Director of Sustainable Economic Development, says Selkirk was a fit for CPS because of the advantages of our city's location, equally important is the city's attitude and commitment to sustainable development.

"The alignment with our approach to development and building a green economy really fits where CPS wants to go as a company and where Selkirk is going as a community," Feduniw said.

"All of those things combine to make Selkirk an ideal place for the CPS operation."

Glenn Leroux, President and CEO of CPS, confirms the city's physical location played a big role in the de-

cision to locate here. It's close to where their sand reserves are, it's serviced by rail, close to major highways and it has natural gas.

The labour pool available in Selkirk and nearby communities was attractive, as was the proximity to universities and Red River College in Winnipeg.

"Selkirk has all these attributes going for it and layered on top of all of this is the City of Selkirk's vision for sustainable development. Their vision of how they want their city to develop with coordinated industry and residential planning, shows they know that you really can't grow a community if you don't

Continued on page 22



RECORD PHOTO SUBMITTED

A photo of what the plant could potentially look like.



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From backyard barbequed pulled pork to catered prime rib

Danny's Whole Hog celebrates 20 years

By Tammy Karatchuk

In 2002, Danny Kleinsasser took his love of barbequing full pigs into other peoples' backyards.

Kleinsasser would cook onsite or teach the customer a DIY option. People fell in love with Kleinsasser's pulled pork sandwiches, and they started requesting side dishes such as coleslaw and potato salad.

"We began catering to what the customer wants," said Kleinsasser. "Business grew faster than I ever thought it could."

A small barbeque concept expanded into the well-known business, Danny's Whole Hog, celebrating its 20th year.

Over that time, by listening to his customers and staff, Kleinsasser's menu has grown from barbequed pork in a bun to a full-scale menu including prime rib, brisket, turkey, Saskatoon pies, meat pies, sauces, and mashed potatoes with garlic.



The original pulled pork sandwich.



RECORD PHOTOS SUBMITTED

Danny Kleinsasser started the business with his famous pork backyard barbeques. Twenty years later, Danny's Whole Hog is available for weddings, corporate events, parties, and – yes – still backyard barbeques.

Some ideas were developed during the pandemic.

"We came up with a lot of new products during those two years," said Kleinsasser, who at the time of this interview was preparing for 18 events with 30 pigs actively cooking. "(These) were very hard, these last two years.

Continued on page 17

#EatAlongTheRed

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in Selkirk

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in Lockport

Selkirk Golf & Country Club
Tex Mex Poutine
Fries topped with beef gravy, cheese curds, taco beef, green onions, tomatoes, jalapenos, tex mex cheese and sour cream drizzle

in Selkirk

Life a Little Sweeter
Big Mac Poutine
Consists of fries, gravy, cheese curds, pickles, lettuce, hamburger sauce, beef and fried onions

in Selkirk

Roxi's by the Red Uptown Cafe
Smoked Brisket Poutine
Smoked brisket, crispy fried onions, gravy, cheese curds, topped with green onions & rosemary horseradish cream

in Selkirk

Ricky's
Chicken Tender Poutine
Chicken tenderloin, crispy skin-on fries, beef gravy, cheese curds and green onions

in Lockport

Sonia's Stand
Bacon Cheese Burger Poutine
Fries, Bothwell cheese curds, Cheez Whiz, Winnipeg Old Country smoked bacon, ground Angus beef, fried onions, topped with Sonia's gravy

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> DANNY'S WHOLE HOG, FROM PG. 16

(But) I never laid my employees off. I even gave them a raise."

Kleinsasser recognized expenses were increasing for food, gas, meanwhile wages were remaining the same. He wanted to retain his staff, who he views as "family" and he believes "you treat your people fairly." Danny's Whole Hog offers a starting wage of \$20 an hour.

"They're giving up a weekend. Why give up a weekend for minimum wage?"

"We are always looking for students to work for us," said Kleinsasser, "who just hired someone full time. 'I know every person I hire and treat them like family.'"

The price of proteins (pork, beef) increased during the pandemic, and Kleinsasser considers himself lucky that he locked in his price prior to the increase. He also credits the Danny's Whole Hog's bottled barbeque sauces, "another income stream," for keeping the business afloat during the pandemic. Those sauces are available in over 25 retail stores across the province including Save on Foods, Co-op and Safeway locations, Arborg Bakery (Arborg), and Bison Boutique Flower & Gift (MacGregor) and Smoke N Fish (Selkirk). In addition, the bottle labels can be personalized for weddings, corporate gifts, and unique Christmas gifts.

Most of the sauces are gluten-free,

a menu option Danny's Whole Hog offers. The menu can be modified for gluten free and vegetarian diets. For vegetarians, Kleinsasser uses a special faux meat which he said, "Vegetarians just love."

While Danny's Whole Hog still has the backyard barbeques, they've grown into a full catering service for weddings, corporate dinners, fall suppers, and Christmas parties. They have a storefront where you can purchase pies, jellies, slab bacon, farmer's sausage and other items. Plus the company offers free delivery with a \$50 purchase within 30 miles.

Danny's Whole Hog storefront is located "three miles east of Highway 7 on Highway 67 near Stonewall."

Kleinsasser was taken aback by, "How supportive the local people are ... They are supportive. They support all the families that work for me. I can't thank my employees enough and customers."

Kleinsasser approaches life with a simple philosophy: "Do unto others as you'd have done to you."

"People want to be treated the way they want to be treated," said Kleinsasser. "At the end of the day, we're all human beings."

To view Danny's Whole Hog menu and/or place an online order, visit www.dannyswholehog.com



Danny's Whole Hog expanded the menu to include beef, turkey, brisket, prime rib, perogies, sausages, garlic mashed potatoes, fruit and meat pies, and various jellies.

Molly is praising her new dentures for this reason

BY ELISHA VANDOR

Usually, I'm singing the praises of dental implant supported dentures and how they can help solve many normal denture issues that people experience; but today, I'm singing a different tune and going back to basics. I'm sure most of you can relate too, especially when I say, 'a quality denture that's made right can make a world of difference'. Our patient, Molly quickly learned the truth to that statement.

Molly wears a full set of dentures. When she came to see us, we could tell that she put a lot of miles on them. They were still doing her some justice, but she had compromised in some areas to make them work, specifically when it came to eating. When she came to see us for her initial consultation appointment, she mentioned that her dream was to eat tomatoes again. She says, "Before, with my old teeth I couldn't bite through a tomato. If I had a tomato sandwich or a hamburger with a tomato in it and bit into it, then the whole slice of tomato would come with it and

of course drag the rest of the stuff too. You know, it's pretty embarrassing at a restaurant to have it flop all over you." Since this type of issue can only be corrected with new teeth, we both knew it was time for a new set.

As Molly was coming in for her appointments to make the new set of dentures, she kept her denture wish at the back of her mind, in high hopes that we could get her eating the difficult foods with dentures again. Well, it's been two weeks since she had her dentures and at her follow-up appointment she says, "you guys did it. I gotta tell you, I just gotta tell you! On the day when I got my new teeth I went home and made myself a tomato sandwich for supper. I took my first bite and I bit right through. After all this time, I knew this was important to me, but I didn't realize how important it was until I actually had that bite. I had a salad a couple days later and could chew the salad with my back teeth instead of mashing it together to swallow. I am really happy, really happy."

Of course, we had to ask Molly what her experience was like coming to our place since she was a first-time patient. She said, "When I was looking around for a Denturist, I found your website and thought, well that sounds really good, so I phoned. The information given on the phone to me was excellent and it made me feel very comfortable. The person who I was talking to was very friendly and very respectful. Each visit here is very welcoming and very friendly. I'm very confident now. Actually, I've had dentures for most of my life and when you get a new set they are glaring, you know?! People look at you like, what did you do to your teeth, but I've never had that with this set. They fit in so naturally and I just can't say it enough, I'm really happy, so thank-you. You've done a great job."

We want to thank Molly for sharing her story with us! We know that we can help you too. Consultations are always free. You can call anytime and we look forward to meeting you soon!



- supplied photo -

Molly is all smiles posing with Denturist Brock after he helped her bite into tomatoes again.

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Renting your cottage: what to expect

Do you want to rent out your cottage to supplement your income? If so, here are a few points to consider.

Required investment

Running a rental cottage requires a considerable amount of time and money. For example, you must take care of maintenance, cleaning and key handling. Moreover, you must be prepared to answer questions over the phone and

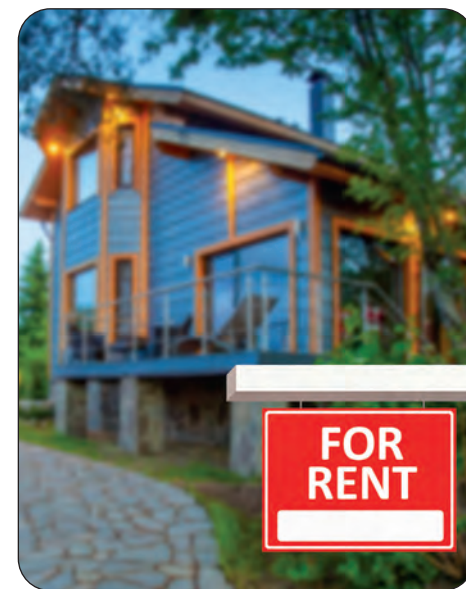
through email.

OBLIGATIONS

It's essential to learn about various administrative and legal considerations, like municipal policies, laws, regulations, certifications, taxes and duties.

RENTAL CONTRACT

You must create a written agreement specifying the rental details, including rates, length of stay and cancellation conditions.



GUEST SATISFACTION

Owning a rental property isn't only about handing over the keys and collecting the money. Consumers are increasingly looking for comfort. Therefore, you must carefully think through every aspect of their stay. At the very least, you want to avoid negative online reviews, which could deter potential renters.

The success of your rental project requires good preparation. Are you ready to give it a shot?

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How to choose between an apartment, condo or house

Do you want to move? Are you trying to decide between renting an apartment, purchasing a condo or buying a house? If so, here are some things you should know about each option.

Apartment

Renting an apartment is ideal for people on a tight budget. It's also great for individuals who don't have the time or energy to maintain a property. Tenant insurance is affordable, and the landlord will be responsible for all maintenance and repairs. Additionally, you can easily move out when you're ready to leave.

However, you'll never get the money you pay for your apartment back, and rental rates increase annually. Additionally, you may have to pay for a parking space or storage locker. Furthermore, your neighbours may be loud, and the landlord might impose rules like a no pet policy. Plus, you may need to restore the apartment to its original condition before moving out. In some cases, you could be forced to leave if the landlord repossesses the apartment.

Condo

Condos are generally more affordable than houses, and many buildings have a pool, gym or other amenities you can use. If you own one, you'll be responsible for maintaining your unit. However, you'll also share responsibility for the upkeep of common areas like the roof with other condo owners. Consequently, you must pay monthly condo fees in addition to your mortgage. You'll also need home insurance, which can be expensive, and your mortgage rate could increase at the end of your term. Furthermore, much like an apartment, you must adhere to any building rules.

House

The best part about purchasing a home is that its value will increase over time. Homes offer the most privacy and usually have a spacious yard and parking spot. You also don't have to pay for amenities you don't use, which is often the case with condos. Additionally, you'll have complete freedom over how you decorate your space.



plete freedom over how you decorate your space.

However, you'll be responsible for all maintenance, which could require a lot of time, energy and money. Additionally, home insurance is more expensive than tenant insurance, and you'll have to pay municipal and school taxes as well. You're also susceptible to rising mortgage rates. Lastly, you don't get to choose your neighbours. Therefore, they could end up being just as bothersome as those in an apartment or condo building.

Regardless of which option you choose, make sure to hire a realtor. A professional agent can help you find the perfect home.

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Home staging how to depersonalize your property

When staging your home, it's important to depersonalize your property so potential buyers can imagine themselves living there. Here are a few things you should do:

- Remove most decor and only display plants and wall hangings
- Put away paperwork, medications and cleaning products
- Remove personal items like family photos and children's drawings
- Put away toys and sports equipment
- Tuck away trophies, framed certificates, diplomas and collectables
- Remove religious objects, risqué artwork and controversial items

Taking steps to depersonalize your property will increase your odds of getting a great offer.

25 Parkview Road, St Andrews \$449,900 - GREAT FAMILY HOME WITH POOL! Situated on a treed park-like lot in St Andrews is this 1456 SF, 3 bed, 2 bath bungalow featuring hardwood floors & neutral tones throughout. Enjoy sitting on the patio overlooking your beautifully landscaped yard, garden, bonus play structure, and inground pool!

47 Theodore Road, St Andrews \$499,900 - GREAT FAMILY HOME! Located in St. Andrews on a 1.73 acre lot is this beautiful 2,000 SF, 3 bed, 3 bath home w/newer windows, roof, kitchen & bathrooms, and features neutral tones and ample natural light throughout. Spend the sunny summer days outside in your beautifully landscaped backyard!

18 Parkton, St Andrews \$529,900 - BACKYARD PARADISE WITH SALT WATER POOL! Situated on a 1.37 acre park-like lot is this 1204 SF, 3 bed, 3 bath bungalow featuring oak hardwoods & neutral tones throughout. Your backyard oasis awaits you with a 20x40 inground salt water pool & gazebo!

126 Sawchuck Drive, St Andrews \$599,900 - WALK-OUT BASEMENT WITH PRIVATE BEACH! Situated on a 1.68 acre park-like lot is this stunning 1,451 SF, 4 bed, 3 bath home features neutral tones, ample natural light, and hardwood floors throughout. You'll never want to leave home with your own private beach and man made pond!

26 Gogol Bay, St Andrews \$679,900 - STUNNING BUNGALOW WITH POOL! Situated on a 1.72 acre lot in St Andrews is this 1573 SF, 4 bed, 3 bath home featuring warm tones and ample natural light throughout. Spend an evening out on the large deck or in your above ground pool (21') overlooking your landscaped patio & fully fenced yard with apple trees.

685 Ferry Road, St Andrews \$234,900 - COUNTRY HOME SITUATED ON 3.08 ACRES! Enter into this spectacular 1,084 SF, 2 bed, 1 full bath home featuring a spacious living room boasting with natural light. This incredible 3.08 acre property is situated along Cooks creek and is minutes to all amenities.

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Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Buying an older home: points to keep in mind



Have you fallen in love with an older home? You may be tempted to seize the opportunity and skip an inspection, especially if there are several interested parties. Before taking on a mortgage, here are a few essential points to keep in mind.

MATERIALS

Some materials that were popular in the past are now undesirable or even prohibited. For example, old paint is laden with asbestos and lead, which can infiltrate your drinking water. Therefore, you must find out if your dream home hides any unpleasant surprises.

Additionally, you may be saddled with inadequate electrical circuits or an insufficient number of power outlets. Moreover, energy efficiency wasn't a priority in the past. Therefore,

single-paned windows and poorly insulated walls are sure to drive up your heating bill.

COST OF RENOVATIONS

Even if the home's foundations and frame have survived well over the years, you may still be faced with costly renovations. For example, if you decide to knock down a wall and upgrade the insulation, you probably don't want to close it off with bare drywall. Consequently, you must think through the additional expenses you may incur to preserve the home's character.

Among the many aspects to consider is the insurability of the building. Before taking the plunge, take time to consult a broker and call a qualified inspector.



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RED RIVER CO-OP FOOD STORE

Hot Honey Roasted Broccoli with Grapes and Almonds



Prep time: 10 minutes

Cook time: 12 minutes

Servings: 6

1 tablespoon honey

1 teaspoon apple cider vinegar

1/4 teaspoon crushed red pepper flakes

1 pound fresh, trimmed broccoli spears

1 tablespoon extra-virgin olive oil

1/4 teaspoon fine sea salt

3/4 cup black Grapes from California

1/4 cup sliced natural almonds

Heat oven to 450 F with rack in center.

In cup, combine honey, vinegar and crushed red pepper flakes; microwave 10 seconds until mixture is warm enough to stir to blend; repeat if necessary. Set aside and keep warm.

In shallow, 9-by-13-inch baking dish or rimmed baking sheet, toss broccoli spears with oil then spread in single layer in center of pan. Roast 7-8 minutes until broccoli begins to brown on edges. Remove from oven.

Drizzle hot honey over broccoli and sprinkle with salt. Scatter grapes and almonds on top of broccoli and roast 4-5 minutes until broccoli is crisp-tender, almonds are toasted and grapes are warmed through.

Transfer broccoli and grape mixture to platter or individual plates and serve warm or at room temperature.

Ask the Money Lady

Dear Money Lady, my financial planner keeps telling me not to change my investments, but I can't handle the fact that I've lost so much money. I always invest and save monthly, but I am worried because I plan to retire soon.

Patricia

Dear Patricia, I think I would side with your advisor right now since you haven't really experienced a loss unless you sell. I'm glad to hear you invest regularly in a dollar cost averaging savings plan. Let's discuss how this works.

In 2009, the stock market went down more than 50 per cent much the same as we experienced in 2020 with the recent COVID pandemic. We all felt there was no guarantee that this would be the bottom but then rejoiced in a high market come-back in 2021. Today, if you are still invested, like Patricia, you are experiencing a continued rollercoaster ride in the equity markets with cyclical trends poised to further damage retirement portfolios a little more before we see an upswing, possibly in Spring 2023.

Most investors are familiar with dollar cost averaging (DCA) which is an accumulation process to invest in a specific manner and a defined framework. With DCA you invest a set dollar amount on a continued periodic basis, for example, at the beginning of every month. Of course, market cycles effect the performance of this accumulation process, however after the last fifty years of studies on this investment style, economists now unanimously agree this method always impacts portfolios positively over long-time horizons. You see, by investing consistently, one can take advantage of market swings when share prices are lower and in turn, purchase fewer shares when the prices are higher. Over the long term, the cost of the shares purchased always works out to less than the average share price.

Here is an example of how dollar cost averaging works. You invest the same amount every week, month, or year regardless of the market conditions. In

our example we want to invest \$5,000 every year into an index fund. At the end of the five years, we have invested \$25,000, however due to dollar cost averaging, we own more units, and the portfolio has grown over time to a value of \$28,950 (15.8% increase on investment).

Year 1: Purchased \$5,000 at stock price of \$10 for 500 units. Total value of portfolio \$5,000.

Year 2: Purchased \$5,000 at stock price of \$7 for 714 units. Portfolio value \$8,498.

Year 3: Purchased \$5,000 at stock price of \$8 for 625 units. Portfolio value \$14,712.

Year 4: Purchased \$5,000 at stock price of \$9 for 556 units. Portfolio value \$21,555.

Year 5: Purchased \$5,000 at stock price of \$10 for 500 units. Portfolio value \$28,950.

Total invested: \$25,000 and the average cost of this stock over the last 5 years was \$8.64

So, now that we know DCA works when accumulating wealth over your working years to retirement – what about doing this in reverse. In a distribution portfolio at retirement, reverse dollar cost averaging or RDCA works when investments are sold to provide a monthly income. This standard practice guarantees a monthly revenue stream for clients especially when there are no additional employment pensions plans other than OAS and CPP/QPP. The problem is, RDCA has the exact opposite effect on your portfolio. The cyclical trends that helped build your portfolio, now can cause severe damage when income is taken out. In fact, if the down turns are deep enough, it can cut your retirement portfolio's life in half. Let's look at how this happens.

Using the same example as above but in reverse, the total value of your retirement portfolio is \$28,950 with current units = 2,895 and the stock price is \$10/unit.

Year 1: Withdraw \$5,000 at stock price of \$10 for 500 units, with 2,395 remaining units for \$23,950 Value.

Year 2: Withdraw \$5,000 at stock price of \$7 for 714 units with 1,681 remaining



Christine Ibbotson

units, \$11,767 Value.

Year 3: Withdraw \$5,000 at stock price of \$8 for 625 units with 1,056 remaining units, \$8,448 Value.

Year 4: Withdraw \$5,000 at stock price of \$9 for 556 units with 500 remaining units, \$4,500 Value.

Year 5: Withdraw \$5,000 at stock price of \$10 for 500 units with 0 units \$0.00 Value.

Of course, this example is an extreme case to demonstrate the effects of RDCA. In real life, a retiree can expect to endure between three to five downward swings to the equity markets. If income is withdrawn from a fluctuating asset class such as equities, the average retiree can expect to lose between 20% to 48% of their portfolio due to RDCA in a typical retirement time horizon of 25 years. Now before you all run to your banks and convert your investment portfolios to GICs and bonds, remember, I would never leave you with this problem without a solution. There are definite and defined ways to combat this mathematical impact to your hard-earned retirement portfolios; however, you will have to wait until next week's column to get the answers. See you next week.

Good Luck & Best Wishes,

ATML - Christine Ibbotson

Written by Christine Ibbotson, National Radio Host and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

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Kletke Seed Farm empowering women in non-traditional roles with a living wage

By Patricia Barrett

Kletke Seed Farm Ltd. has embarked on an initiative to empower women in the agricultural industry and is currently hoping to attract female applicants to the role of production worker.

The company is breaking down barriers to jobs that traditionally attract men and is actively helping women succeed.

Charmaine Theriault, a Metis woman in her early thirties, is the only female production worker at Kletke's seed processing plant, located a few kilometres south of Teulon. Not only has she successfully mastered the job with on-site support, but has also brought to the job her ingenuity.

"I'm very interested in farming, and I figured this job would be a perfect fit for me. I really enjoy it. And there's room for advancement here," said Theriault, who grew up in the country surrounded by horses and has some prior experience with farming.

Providing timely access to high quality, durable seeds is vital for agricultural producers and for ensuring plentiful harvests. Kletke Seed Farm cleans and coats seeds such as canola, soybeans and alfalfa with a nutritious layer to help them become established in soil and resist disease. Its customers distribute seed to producers around the world.

Glenn and Maureen Kletke, the owners of the company, have six decades of combined experience. The company uses state-of-the-art processing equipment and stores seed in temperature-controlled warehouses.

Theriault has a lot of variety in her job as production worker. Some of the tasks include operating bagging machinery and forklifts, processing re-



Charmaine Theriault is the only female production worker at Kletke's seed processing plant.

turns and orders, cleaning hopper boxes and taking inventory. She said it's a "totally doable" job for a woman.

The job requires staff to move up to 50 pounds (about 23 kilograms) of seed, but Theriault said staff are taught how to lift properly and to use props to assist with lifting and moving. The physical component of the job is a bonus in terms of developing body strength.

"With lifting it depends on the day. Let's say the seed bags aren't filling properly, then I'll have to pull them off the conveyor. On those days, I might lift 20-30 bags," said Theriault. "I have become stronger and I'm still getting stronger. There are ways to lift that make it a lot easier. When I first started and my co-workers saw me struggling to lift bags, they told me I had to work smarter not harder and showed me some techniques."

What Theriault likes best about her job is the opportunity to learn new things. Even though some tasks, such as running the bagger smoothly, were a bit of a challenge at first, she developed precision and speed as she went along, she said. Learning how to drive and operate a forklift wasn't difficult. The owner teaches staff how to drive a forklift and certifies them to use it. Theriault has also become more knowledgeable about the vital role the company plays in the overall scheme of agricultural operations.

"I'm coming up to a full year at Kletke's - I'm working on my first lap, so to speak - and the business operation is all starting to make sense now," said Theriault.

One of the challenges she faces in production is being the only woman and having a different approach to completing tasks. She likes to multitask, for example - women are said to be better multitaskers than men - and will suggest alternative ways of getting the job done through teamwork.

"I think the guys wonder what I'm doing sometimes because they like to do one job at a time," said Theriault, laughing.

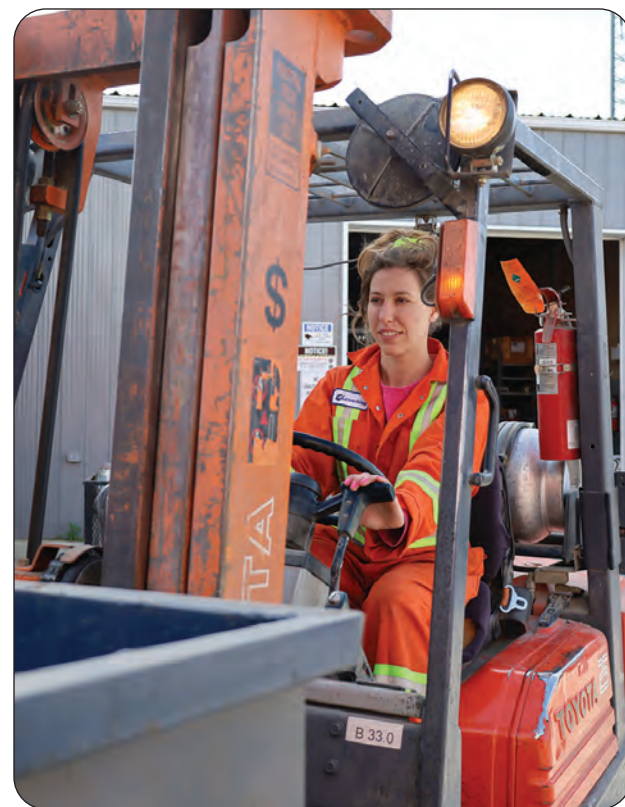
Having good communication skills is vital in the production plant as the company fills custom orders and ensures its customers are satisfied.

"Communication here is huge," said Theriault.

Although the job of production worker might conjure up an image of workers standing shoulder-to-shoulder on an assembly line churning out widgets, that's not the case at Kletke's, said Charlene Gladue, who oversees human relations and is the quality management system coordinator.

"As a production worker, you're not going to be on the end of a shovel or hauling bags of seed around all day," said Gladue. "The job has variety, and we have different workstations throughout the plant."

The company pays far above Manitoba's current



TRIBUNE PHOTO BY MATTHIEU MEIER

Theriault was taught how to drive and operate a forklift on the job.

minimum wage, which means employees earn a living wage. That's vital these days as inflation chews through paycheques. There are also opportunities to advance to a higher level of production worker or to other jobs in the company.

"There are two production worker levels. Entry level wage is \$17.00 an hour and the top of Level 2 pays \$27 an hour. In addition, there are various other jobs you can advance to" said Gladue. "This is a great job for many women. They can earn a living wage."

Gladue said Glenn Kletke works in the plant with his employees and acts as mentor and trainer. Because he grew up on the farm, which his parents used to own, he knows everything about every job.

"The unique thing about this company is that Glenn works alongside his staff in the plant every single day. He knows every job here and knows the place like the back of his hand," said Gladue. "I also work very closely with Glenn. He is very approachable about anything that's going on. He absolutely cares. This company is his heart and soul."

Kletke Seeds is hoping to attract more women to the production worker role and has four openings currently available, said Gladue.

For more information about becoming a production worker, call Kletke Seed Farm at (204) 886-2822 or email your resume to info@kletkesseedfarm.com

> SOLAR GLASS MANUFACTURING, FROM PG. 15

have jobs and an industrial base. This just fit perfectly," Leroux said.

He'd driven by the parcel of land off Hwy. 9 countless times and one day something clicked in his head.

"I'd driven by that property probably 20 times. When we started to look for a place for the glass factory, I went 'wait a minute, who owns that

piece?' I quickly found out the city did, and Tim was the first one I ended up talking to and the reception we got...the amount of support we got from the City of Selkirk was astounding," he said.

"It was genuine, it was true enthusiasm and I think it was because we fit what they were looking for, an anchor

industry that could spawn the development of more related, sustainable industries because we are there or just further expansion of glass making."

Deputy Premier and Minister of Economic Development, Cliff Cullen says he is very excited that this project has achieved this significant milestone.

"This project embodies the inherent advantage Manitoba has as a global investment destination as the world

pursues decarbonization. Manitoba's abundant mineral resources and low-cost green, renewable energy to process those minerals into finished products, are increasingly attracting the attention of global businesses and investors."

Leroux said he expects they'll be breaking ground on the solar glass facility by spring of 2023.

Nominate teens making a positive difference

By Jennifer McFee

Do you know an Interlake teen who is making a positive change in the community?

If so, you might consider nominating this young leader for the Friendly Future Makers Awards. For motivated teens, they can even self-nominate for this competition.

Launched by TELUS, these awards aim to celebrate youth aged 13 to 19 across Canada who are creating long-lasting changes in their communities.

"The Friendly Future Maker Awards is a new TELUS initiative, inspired by our long standing promise 'Let's make the future friendly,'" said Nimtaz Kanji, director of community investment and corporate citizenship.

The program launched Aug. 8, ahead of International Youth Day, and is open until 8 a.m. on Sept. 26. Winners will be announced online on Oct. 24.

"In a nutshell, it's a nationwide contest that recognizes and empowers Canadian youth who are helping make the world a better place," Kanji said.

"We're looking to get the word out and encourage Canadians from coast to coast to nominate Friendly Future Makers who are in their life — specifically, all those incredible youth who are creating positive and long-lasting change in their communities and who are between 13 to 19 years of age."

A panel of judges made up of TELUS team members, including Kanji, will choose the winners.

Aligning with TELUS's key areas of focus for our own social purpose, one winner will be chosen from six categories:

Connection Enabler who is helping build human connections; Community Builder who is giving back to those who need it most; Health and Wellness Helper who caring for the mental and/or physical health of the community; Hunger Hero who helping to feed communities; and Planet Protector who is giving back to protect the planet.

"We know there are a lot of incredible youth in Manitoba's Interlake region that are either helping foster human connections, giving back to their communities, caring for the health and well-being of our planet or driving better health and food outcomes," Kanji said.

"We want to help empower and celebrate them as they help make the future friendly. Nominees will be entered to win one of six amazing prize packs worth \$7,000, including a \$5,000 cheque to be in an RESP or to help fund their initiative, a \$1,000 TELUS gift card and a \$1,000 donation to the registered charity of their choice."

The Friendly Future Awards recognize the young, dedicated leaders of tomorrow who are making an impact in their community every day and also helping shape the world we will live in tomorrow, Kanji added.

"Making change takes effort, and we want to recognize those who are helping to make the future friendly," she said.

"From helping foster human connections to giving back to their communities, caring for the health and well-being of our planet or driving better health and food outcomes, we're calling all Canadians to join us in celebrating and helping empower Canadian youth who are making the world a better place."

The Friendly Future Makers Awards are just one of many ways TELUS is continuing to invest in youth, Kanji said.

"For instance, our Mobility for Good program provides free refurbished phones and \$0 plans to youth from care, helping to ensure they remain connected to support networks and can access resources that are important to them," she said.

"TELUS Wise, a free digital literacy program, offers informative workshops and resources helping more than 525,000 Canadians — including youth from across the country — stay safe in our digital world, while TELUS Friendly Future Foundation

and TELUS Community Boards also fund more than 500 charities annually focused on helping Canadian youth thrive in a digital world."

Since 2000, TELUS team members and retirees have provided more than \$4.5 million in cash, in-kind contributions, time and programs and volunteered 10,000 hours to charities and community organizations, like SS-COPE, Joy Smith Foundation, and Ka Ni Kanichihk, located in Manitoba.

And the Friendly Future Makers Award continues with this community-minded approach.

"As a global leader in social capitalism, the Friendly Future Makers Awards really builds upon our long-standing commitment and momentum to making the future friendly," Kanji said, "as we continue to help empower Canadian youth who are helping make the world a better place."

To nominate a Friendly Future Maker, or to self-nominate, visit telus.com/YouthAwards and fill out an online form before 8 a.m. on Sept. 26.

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Funding announced to expand client support program for those living with Alzheimer's disease

Alzheimer Society of Manitoba receives \$1.3 million to help improve care

Submitted by the Manitoba government

Manitobans living with Alzheimer's disease or other dementias, and the family members and caregivers who support them, will benefit from an additional \$1.3 million to help manage the progression of the disease through supports offered by the Alzheimer Society of Manitoba (ASM), Seniors and Long-Term Care Minister Scott Johnston announced last week.

"Our government is committed to improving the quality of life of Manitoba seniors and investing in expert care for seniors living with dementias," said Johnston. "This investment, in partnership with ASM, builds upon a shared commitment to meaningfully invest in programs that meet urgent needs, and help to meet the growing demand for specialized supports and services as client vol-

umes rise. ASM has a long history of providing services to seniors and their families, and we are grateful for their partnership on the First Link initiative."

The Manitoba government has invested in First Link for several years, the minister noted, adding this funding expansion will be matched year over year by public donations to ASM. The matched funding will be provided over four years, equalling \$325,000 per year, beginning in the 2023-24 fiscal year.

"We are beyond excited to receive this multi-year funding from the provincial government for our First Link program," said Wendy Schettler, CEO, Alzheimer Society of Manitoba. "The province has been a valued partner of this program for over a decade now and it is vitally important that we

continue the expansion of First Link so families have a place to turn to for support and information throughout their dementia journey."

Currently, in Manitoba, more than 18,400 Manitobans have dementia. This number is growing rapidly and is expected to reach 39,100 by 2050, the minister said.

Caregivers of seniors with dementia provide an average of 26 hours of care each week and more than four out of 10 caregivers of seniors with dementia exhibit caregiver distress, almost twice as many when compared with caregivers of those without dementia.

ASM is expected to serve over 131,000 Manitobans across the province over the next five years. On average, ASM receives calls for six new clients per day and demand for the program has surpassed the current public donation volume of revenue required to support client volumes, Johnston said.

First Link connects individuals living with Alzheimer's disease and

other dementias, and their families, to a variety of supports and services throughout the progression of the disease. The Alzheimer Society of Manitoba manages the program planning and provides access to community resources, information, medication and dementia-specific expertise.

First Link is based on a similar program in Ontario that has demonstrated the capacity to delay personal care home admissions, avoid hospitalizations and prevent a crisis.

The minister noted that improving care for individuals living with dementias and providing caregiver supports strategically aligns with the public engagement work currently underway towards the development of a new seniors strategy for Manitobans.

To participate in the continuing public consultations, visit <https://engagemb.ca/building-a-plan-with-manitoba-seniors>

The *Selkirk Record* presents

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Having fun at the WSP firehall open house



RECORD PHOTOS BY BRETT MITCHELL

West St. Paul Fire Department hosted a firehall open house for residents to enjoy last week. There were great demonstrations, a bbq, and plenty of opportunity for people to chat with their local fire department as well as the mayor and members of council.



Red Hat Society looking to expand with new chapters

By Lorne Stelmach

Rossita Schau and her friends will usually stand out in a crowd thanks to what they're wearing—and that's just the way they like it.

Dressed in purple and wearing red on their heads, the Red Hat Society is an organization that is simply about fun and fellowship.

The Red Hat Society has members (called "Red Hatters") across Manitoba, and they are trying to reach as many communities as possible to join in the fun in conjunction with their 25th year in the province next year.

"We go out once a month and partake in some sort of activity," said Schau.

"Because you're dressed in purple attire and wearing a red hat, everyone would look at you when you're sitting in a restaurant and a lot of people and especially ladies would come up and ask what is this all about," she said. "Being a member of the Red Hat Society gives you the chance to meet so many wonderful ladies who will become friends."

It all started in 1998 in Fullerton, California when Sue Ellen Cooper gave her friend, who was turning 50, a thrift shop hat and a poem by Jenny Joseph called "Warning" as birthday gifts. Thus, the Red Hat Society was born.

The organization today includes not only the Red Hat Society for ladies 50 and over but also the Pink Hat Divas for women under 50.

The movement has spread across the globe. There are currently 20 chapters in Manitoba, although Schau believes at one time, in the early 2000s, there were as many as 167 chapters here.

She would love to see those numbers grow once again, including, potentially, with new chapters or expanding

any of our current groups in Eriksdale, Gimli, Stonewall or Selkirk.

"We would absolutely love to see more people get involved, especially rurally, and start more chapters here," said Schau, who has been involved since 2005 and is currently a member and Queen of the "Bling Sisters" chapter in Winnipeg.

They meet once a month to participate in an activity. Dressed in purple and a red hat, members have been to plays, the ballpark, pole dancing, lawn bowling, painting classes, trips to some unique museums in Manitoba, and much more.

There is also the possibility to travel to many conventions hosted by various Canadian provinces and international locations, but particularly the U.S.

As women age, society sees their roles of having raised children and taken care of family as done, so it is time to sit back, said Schau, and embrace the golden years with joy.

"As you age, a lot of times, you lose friends ... now you need girlfriends, people to chum around with," she said. "It's just wonderful friendships ... we don't do fundraising; we don't have meetings."

"What drew me to it was it just seemed like such a wonderful group of women. It was the camaraderie that you get with the different ladies in the group. It was a wonderful way to meet new friends and experience just different activities."

She encourages people to either join a chapter or better yet get a bunch of friends together to start their own chapter.

For more information, call 204-253-1579 or head to www.redhatsmanitoba.com.



REDHATSMANITOBA.COM

Red Hats Manitoba are hoping to grow the number of chapters in the province from the current 20. In the past, there have been as many as 167 chapters.

Access CU in talks to merge with Carpathia CU

By Staff

Access Credit Union is in merger talks with yet another smaller credit union.

The financial institution announced last week it is exploring a joint future with Carpathia Credit Union. The news comes not long after Access announced its intention to merge with Amaranth Credit Union later this year.

These mergers follow a trend hap-

pening with credit unions across Canada, Access said, noting these discussions are based on the premise of amalgamations ensuring sustainability by taking advantage of size and economies of scale.

"Carpathia's history and commitment to their community are an important part of why we are exploring these discussions," said Kevin Beresford, board chair for Access Credit Union, in a statement. "We come with

a similar perspective; a deep respect for the people that set the stage for our success today and the communities that we have all served."

Carpathia currently has five branches, over 12,000 members, and more than \$600 million in assets.

Access (which in recent years has merged with Crosstown, Noventis, and Sunova credit unions) has 52 branches, more than 161,000 members, and \$10.4 billion in assets. It is

currently the largest credit union in the province.

If, after the due diligence process, the two organizations decide to move forward with the idea, Carpathia members will be asked to vote on the amalgamation proposal. Access members are not required to vote since Access' portion of assets represents more than 90% of the proposed new entity's asset size.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Moosomin Generals outgun Interlake Thunder

By Brian Bowman

For the second straight game to start the season, the Interlake Thunder varsity football team got into a shootout with the opposing team.

But this time the Thunder lost.

Interlake was defeated 47-44 by the Moosomin Generals in Rural Manitoba Football League action Friday evening.

"It was back and forth and another one of these basketball scores," said Thunder head coach Mitch Obach.

After a big stop from their defence with about three or four minutes remaining in the game, Interlake's offence took over and marched the ball down to the red zone but couldn't punch it in for the win.

The Thunder's offence has been brilliant so far, scoring 105 points in just two games.

"The guys moved the ball really well and I think they have been doing a good job of taking what the other teams are giving," Obach said. "We definitely passed the ball a lot more this game compared to the Souris game because that's what they were giving us and they executed. I really feel that this team can either move the ball through the air or on the ground."

That's the good news. The bad news is that the Thunder defence has a lot of improving to do.

Giving up 90 points in two games is way, way too much.

"That's the No. 1 thing that we're working on right now," Obach said. "Admittedly, we're a lot younger and greener on defence than we are on offence. I think we've been making good progress playing the game each week. They just have to drive down that score but if they keep improving they'll be able to do better and better each week."

The Thunder will travel north to play the Dauphin Clippers this Saturday and then will host the Falcons Football Club in an exhibition game on Sept. 17 at Stonewall Collegiate.

While the varsity team has been on the road so far, Interlake hosted four games at the younger levels last Sunday in Stonewall.

"It was a pretty good day all around," Obach said. "We have a lot of young athletes playing football, more players in the program than we've had in years so it was awesome to see all four of the minor teams playing back to back in Stonewall."



RECORD PHOTOS BY JO-ANNE PROCTER

The Interlake Thunder's Clark Hayduk carries the football during Cruncher action last Sunday in Stonewall.



The Thunder's Christian Mozdzen (88) from Gimli is tackled by a Broncos' player during a PeeWee game.



The Interlake Thunder's Porter Hayduk (3) from Stonewall carries the ball against the Broncos in Atom action.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk Golf & Country Club wrapping up 90th year

By Brian Bowman

Every anniversary is a reason to celebrate.

But a 90th anniversary is really special.

The Selkirk Golf & Country Club will soon be wrapping up for the season and putting a close to its 90th year.

"Ninety years is a pretty big deal," said Selkirk Golf & Country Club president Chad Krut last week. "The course is in great shape. We got off to a slow start with a terrible spring out here and we probably didn't get it to where we wanted it until early July but it's been in fantastic shape since."

As part of the 90th anniversary, the course unveiled a tribute to Brian Gilhuly, who was a longtime board member in Selkirk.

A new app for the golf course was launched last year. It provides GPS, drone footage, live scoring, loyalty program, course updates, and online tee times.

A YouTube channel was also created.

None of that, of course, was around 90 years ago.

"The App's the way to go," Krut said. "Everyone works off of that. They don't really go to website's anymore."

Krut said the course has been very



busy this year and hopes it continues heading into the Fall.

The course also did a very good job hosting a junior golf program this summer.

"It was a really good initiative," Krut said. "We had juniors come out. We did three weeks of lessons with them and then one of our board members (Mickey Wur) took the initiative and had them come out and we had some members walk with them. We paired them on skill and age and they went out and did a really good job. We're hoping to grow on that for sure - that's the future. "From the junior membership perspective, 100 per cent it's an important part of the future of the golf club. You want to see those young guys out on the golf course



RECORD PHOTO SUBMITTED

The Selkirk Golf & Country Club celebrated its 90th anniversary this past summer.

having fun and having a good experience."

Aside from golf, the course has an outstanding menu at its restaurant.

"At the restaurant Diane (Thomas) does a fantastic job. She was there many moons ago and now has been back for a good 15 years with us," Krut said, adding office manager Rosey Martin also does a terrific job.

"Her work ethic is unmatched. She

does a really good job and she does a really good job with our catering. A lot of specialty meals, we do a Christmas dinner, we do Easter brunches, New Year's Day (meals), we do a lot of Christmas parties and hopefully those are coming back after COVID. We're trying to grow that area of operation - the food is incredible and the pricing is more than fair and there is a wide assortment of food, for sure."

Collings competes at Canadian Men's Senior Golf Championship

Staff

Winnipeg's Jay Doyle shot a final round of 1 over par 73 to finish tied for seventh place with a four-round total of 297 at the Canadian Men's Senior Championship.

Rob Oliphant of the Rossmore Country Club ended play with an 87 and 316 tournament total.

Manitobans who failed to make the cut included Matlock's Garth Collings (Breezy Bend Country Club) 81-83-164, Kevin Nicholson (Southwood Golf

& Country Club) 82-83-165, Bill Moslenko (Golf Manitoba Public Players Club) 81-87-168, Gordon Kroeker (Pine Ridge Golf

Club) 81-89-170, Gerald Diamond (St. Charles Country Club) 88-83-171.

In the Inter-Provincial Team Competi-

tion, Manitoba (Doyle, Oliphant and Nicholson) finished in a tie for fifth place at +15. Alberta won the event at -1.

To see more photos of your favourite Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers work overtime in trio of weekend wins

By Brian Bowman

The Selkirk Steelers needed some extra time to take down the Winkler Flyers on Sunday.

Lucas Brennan scored the game winner at 3:45 of overtime in Selkirk's 2-1 road win over Winkler.

It was the Steelers' third consecutive overtime game last weekend.

"Three straight overtime wins is not really how you draw it up but all three were really good games," said Steelers' head coach Hudson Friesen. "It was a good experience and good situations for our players to get comfortable playing in these tight games. It was a good weekend overall."

Steelers' goaltender Hunter Tarves was sensational in making 53 saves on Sunday.

"He was really good. In the playoffs last year he really picked it up for us and stole the crease," Friesen said. "I think he picked up right where he left off and being a 20 year old he is very confident. He has worked hard and it showed this weekend."

Matthew Gerke gave Selkirk a 1-0 lead just 1:36 into the game before Winkler's Cole Mackenzie tied the score at 1-1 with a power-play goal at 19:47 of the middle frame.

On Saturday, the Steelers edged the Flyers 4-3 in overtime at the Selkirk Recreation Complex.

Gerke scored the game winner on the power play in overtime.

The Steelers' Dawson Dear had tied the score at 3-3 at 14:03 of the third period.

Brandon Ambrozik and Nolan Van Den Bussche also scored for Selkirk while Lucas Ens, Xyon Kiemeney, and Dalton Andrew replied for Winkler.

Josh Kirton made 31 saves for the win.

Selkirk started the preseason with a 4-1 road loss to Niverville.

Peyton Hinkel-Lysak gave the Steelers a 1-0 lead midway in the first period.

But the Nighthawks came back with a shorthanded goal by Aidan Ballance and power-play markers from Brendan Bottom and Lane Janssen before the opening period ended.

The score stayed that way until the 19:51 mark of the third when Coletyn Boyarski added a shorthanded goal into an empty net.

Timothy Vigfusson and Alex Domenico shared the goaltending duties for Selkirk.

On Friday, Selkirk's Ethan Brown tied the game with a goal midway in the third period and then netted the game winner in a 4-3 Steelers' overtime victory.

Dear had given Selkirk a 2-0 lead with a pair of goals just 11:32 into the game.

But Niverville's Josh Paulhus tallied late in the opening period and then the Nighthawks' Gavin Gunderson



RECORD PHOTO BRETT MITCHELL

The Selkirk Steelers' Nolan Van Den Bussche fires a shot at the Niverville Nighthawks' goalie during MJHL exhibition action last Friday.

and Eric Martin scored in the second.

Niverville was 2-for-7 on the power play while Selkirk was 2-for-6.

Kirton and Tarves were in goal for the Steelers.

The Steelers will begin their regular season this Friday (7:30 p.m.) when they host the Portage Terriers at the Selkirk Recreation Complex.

On Sunday, Selkirk will visit the Terriers in Portage la Prairie for a 6:30 p.m. game.

"We're really excited," Friesen said of the regular-season opener. "Ever since we got bounced from the playoffs last year, we've been building and working towards this."

Strike Force edged by Stonewall United

Staff

The Tri-S Strike Force were edged 3-2 by Stonewall United in Manitoba Major Soccer League 5th Division action last Sunday at the Selkirk Recreation Complex.

Tri-S goals were scored by Garion Lefteruk and Tanner Markevich while Chris Wiebe, Chris Hunter and Matt Olnick replied for the United.

With the loss, the Strike Force now has a 3-12-1 record and 10 points to occupy ninth place in the 10-team division.

The Strike Force will play the St. James Spurs SC on Friday at the Memorial Park Turf Field. Game time is 7:15 p.m.

In Winnipeg Women's Soccer League 3rd Division action, the Tri-S Strikers defeated the Stonewall Royals 3-1 on Sept. 1.

Tri-S finished the regular season with an 8-6-2 record and 24 points to finish in fourth place in the eight-team division.

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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FARM MACHINERY

Antique tractor for sale - 1953 McCormick Standard Super W4. \$3200. Ph 204-322-5735.

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CONSTRUCTION EQUIPMENT

Miller Trailblazer 400 amp, Welder generator for sale. All analog (no digital boards), multiprocess, mounted on a tow behind. \$9,800 obo. Call or text Aaron 204-295-8004.

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Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

OFFICE SPACE FOR RENT

Office/Commercial space for rent. 650 sq. ft., 300 block of Main St., Selkirk. \$1,000 + GST, per month, includes air conditioning and all utilities. Call 204-785-0105.

BUSINESS OPPORTUNITY

Grocery store with liquor and large living quarters. Excellent sales. Listed at 1.2 million. smalleyrealty@mts.net 204-339-1665.

LOT FOR SALE

Vacant building lot for sale. Gunton - Residential building lot, \$59,900. Also Teulon residential lot, back onto fair grounds, \$64,900. Ph 204-467-8537 or 204-955-2068, Stonewall.

SHOP LOCAL



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To register:
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204 510-2855

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Private Sale by owner - 160 Acres of land with mineral rights, 9 miles South of Arborg off of Hwy. #7. Older house (930 sq. ft.) with laminate floor and newer roof and cute gazebo attached to the house, 2 car garage, and 2 out buildings, \$275,000. For more information Please call Albert 204-671-3335 or Lori 204-651-0034 or 204-643-5750.

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TF 1-877-775-8271
www.batteryman.ca

GARAGE SALE

Garage sale - #19 & #25 Baldock St., West St Paul. Saturday & Sunday, Sept 17 & 18, 10 a.m. - 4 p.m. Vintage and mid-century furniture, home decor & misc household, fitness, garage, etc. If raining, sale will not be held.

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight Academy 204-642-4799.

HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

EXPRESS YOUR THANKS
with a message in the Record

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Online Timed Auctions
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Estate & Moving Auction
Closes Wed Sep 21 @ 7:00PM

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Consignments Welcome!
(204) 467-1858 or
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www.mcsherryauction.com

HELP WANTED

Galay Landscaping and Meadows Way Garden Center is currently looking for a few good people to join our team. We are a design/build company with a primary focus on quality residential construction projects. Terrific earning and learning potential for a summer job, as well as opportunity for year round work and education for those interested in the exciting career opportunities within this growing industry. No experience necessary as training will be provided for the right candidates. Positions include landscape labour, landscape foreman. We are also conducting interviews for landscape designer and estimator with experience and or education background in this field. We offer company group benefits and are a COR safety certified company. Wages and salaries dependent upon level of experience and desire to work and learn. Must have current class 5 license with your own reliable transportation to get to and from jobsites. Please send resume with cover letter Attention Gordon to: info@galaylandscaping.com or drop off in person. No phone calls please.

HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Wage \$18-\$20/hr depending on experience. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

News Tips?
Story Ideas?
call the Record
204-785-1618

HELP WANTED

Full-time & part-time Class 1 drivers needed in Winnipeg (full time position is scheduled). Need 3 years experience and non-smoker. Please call 204-782-8105.

Food server and line cook needed for Grace's Deli at St. Andrew's Airport. Part-time day shift. Drop off resume or call 204-339-6904 or cell: 204-232-3630.

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Profitable subscription-based Community Newspaper / printing business in South Central Manitoba for sale. Very reasonably priced.

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We require an energetic and experienced accountant to be responsible for all aspects of accounting, up to and including financial statement preparation.

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5 years experience, knowledgeable in MS excel, Simply Accounting, Minimum completion level 2 CGA or CMA. program, Business administration or business accounting program equivalent. Retail experience would be an asset.

Salary: \$25 - \$30/hr (depending on qualifications)
Own Transportation required
Please apply by email to: email@pratts.ca

WONDERFUL WEST ST. PAUL

PUBLIC NOTICE

In accordance with Section 194 of *The Municipal Act*, the financial report of the auditor together with the related Financial Statements for the year ended December 31, 2020, have been deposited in the office of the Chief Administrative Officer at the Municipal Office, 3550 Main Street, West St. Paul, Manitoba.

Persons wishing to view the municipality's financial statements may view the documents on our website at www.weststpaul.com or by contacting our office at 204-338-0306 to make viewing arrangements.

Dated this 15th day of September, 2022.

Brent Olynyk, MPA, ISM
Chief Administrative Officer
RM of West St. Paul

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Water softeners. All sizes. 5 stage reverse osmosis systems, \$268. E-coli ultraviolet systems. Greensand iron/odour/ manganese removal filters. 10" & 20" Polyspun. String wound. Carbon replacement water filters. Delivery avail. All Seasons Furnishings 204-661-8581.

MISCELLANEOUS

For sale, Battle Creek Health Walker Treadmill, excellent condition, \$300; Jimmy Crane golf clubs, 12 pce and Cooper golf cart, VGC \$300. Please call 204-757-2576.

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED

Wanted older John Deere 65 riding mower, running or not. Please call 204-482-7589.

WANTED: Buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! TEXT/PHONE: 204-918-1607. "Junkies Estate, Salvage, Antiques & Oddities."

FOUND

Found, ginger-coloured cat, vicinity of Limousin & Wesley in St. Clements. Please call 204-757-4246.

HAY / FEED

Small square grass bales for sale. Balmoral. \$5/bale, no rain. Ph 201-471-9634.

UPCOMING EVENTS

St. Matthews Church Cloverdale is having a Harvest and Remembrance Service for the dearly departed on Sunday, September 18 at 2 p.m. All welcome.

News Tips? Story Ideas?
call the Record
204-785-1618

TRAVEL

SNOWBIRDS! Winter in Penticton, BC. Special long stay rates through April 2023. Bachelor & 1 bedroom kitchen suites from \$35/night! Utilities/cable included. 250-488-0907 www.roadsidehospitality.com/snowbirds

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NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

PLANNING FOR SUCCESS? Make the last months of 2022 the best months by building an advertising plan for your business. Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging out now and be seen all over the province! Hiring? Selling something? Have an on-line store? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

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TIMED, ONLINE AUCTION FOR CONQUEST HOMES. FROM ALTONA, MB - 1 MILE SOUTH, ON HWY 30 AND 3/4 MILE EAST ON MILE 6. CLOSING SEPT. 19 AT 6 PM. PICKUP WILL BE TUESDAY SEPT 20 FROM 1 TO 5 PM.



Payment instructions and options will be on your invoice. Large amount of surplus inventory no longer fitting into the present day model of Conquest operations. Large amounts of metal siding ends, Flooring, windows, doors, steel and wood, closet and others, Fixtures and appliances. Read thru the auction listing which is very partial, come and take a look at our open house day, Sept 12 from 4 to 6 pm. Non running fork-lift, and pickup truck. We are selling numerous lots by the pallet lot, contractors and handy-man will do well to pay attention to this auction.

Come bidding at www.billklassen.com/nextlot

Conquest Homes 204-324-4641.

Bill Klassen Auctioneers, 204-325-4433



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Call 204-325-4433 or cell 204-325-6230

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication
Please Call 204-785-1618

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R. M. OF ST. CLEMENTS ZONING BY-LAW 5-2002 ZONING BY-LAW AMENDMENT 11-2022 PUBLIC HEARING

We are Listening.

Public Hearing Tuesday, September 27, 2022 6:45 PM
Council Chambers
1043 Kittson Rd.
East Selkirk, MB

Phone:
(204) 482-3717
1-800-876-5831
Fax: (204) 482-3799
E-Mail: info@rrpd.ca
Website:
www.redriverplanning.com



As per The Planning Act, any person can make representation on the matter at the meeting.

What is BL 11-2022 about?

To rezone the subject property from NO zone to "HL" Hazard Land zone and "SR" Serviced Residential zone.



Unaddressed (Roll No 564900)

Seating at the public hearing will be limited to accommodate social distancing. We ask that you contact the municipal office at 204-482-3300 or info@rmofstclements.com to register your attendance so that we can ensure adequate physical distancing seating. Alternatively, you can contact the R.M. of St. Clements to receive an invitation to public hearing remotely through Zoom, submit questions or concerns in writing or visit the municipality's website for the link to live streaming with interactive chat.

For more information please contact the Red River Planning District.

Red River Planning District Mon-Fri*
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm

*excludes all statutory holidays

*NOTE: Property owners are responsible for notifying "Tenants"

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Looking for someone energetic to join our team helping with various projects and yard maintenance.

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Announcements

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The Selkirk Record

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For more information
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ANNOUNCEMENT

CARD OF THANKS

A special thank you to all who attended my 80th birthday. My friends, children, grandchildren, great-grandchildren, brother and sisters. A special thanks to Kelly and Calvin for doing all the organizing. Love you all.

-Lionel Clemons

ANNOUNCEMENT

IN MEMORIAM

In Loving Memory of
Wilma Goodbrandson

June 15, 1929 - September 11, 2016

May the winds of heaven blow softly,
And whisper in your ear;
How much we love and miss you,
And wish that you were here.

-Forever loved and remembered
by her family

*There is a link death
cannot sever,
Love and remembrance
last forever.*

ANNOUNCEMENT

IN MEMORIAM



Ronald William Fewchuk

October 28, 1941 - September 13, 2017

It's lonely here without you,
We miss you more each day;
For life is not the same to us,
Since the day you were called away.
To your resting place we visit,
Place flowers there with care;
But no one knows our heartache,
When we turn and leave you there.

-Love you forever,
wife June and family

ANNOUNCEMENT

IN MEMORIAM



Jamie Shane Gerbrandt

September 15, 1988 - September 6, 2021

There is a link between a Mother and a Child
death cannot sever.

Love and remembrance lasts forever.
Happy Birthday in Heaven "Bug"
Love and miss you.

-Mom and fur baby Teddy

*Your memory will live forever
Engraved within our hearts*

OBITUARY



Douglas "Keith" Whitelam
June 24, 1962 - September 5, 2022

It is with great sadness that we announce Keith's sudden passing after a short battle with cancer.

Keith, who lived in the Selkirk and Libau area, was predeceased by his parents Joseph and Doreen (nee Taylor) Whitelam; as well as his uncles Abbie Taylor of Wetaskiwin, Alberta and Tom Whitelam of Clandeboye; along with his Auntie Elaine (nee Whitelam) and her husband Ken Beattie of Burnaby, B.C.

Keith leaves to mourn his best friend Brian Zalusky of Libau; brothers Brian Whitelam of East Selkirk and Ken and Deb Whitelam of Denver, Colorado; nieces Kalie and Kaitlin Whitelam of East Selkirk, and Carrie Whitelam of New York, New York, along with numerous aunts, uncles, cousins and friends.

Keith retired from Gerdau Steel after 30 years of service and focused his efforts on farming with Brian on the Zalusky family farm in Libau until his passing.

According to his wishes, cremation has taken place and a private family interment was held on September 9th at St. Clements Cemetery.

In lieu of flowers, memorial donations can be made to Cancer Care Manitoba.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Howard Milton Fey

With a lifetime of great memories, we announce the peaceful passing of our dear husband, father and grandfather, on September 10, 2022, at 79 years of age.

Howard will live in the memories of his wife Karen (nee Flett); children Trevor (Shannon), Kim (Drew Craig) and grandchildren, Tayten and Riplee Fey.

Howard was born on February 12, 1943 in Selkirk, Manitoba and remained a life-long resident. Howard was hardworking, a very skilled helping hand and was well known for his infectious laugh.

Born into a large family, he learned at a young age, that the person that eats the fastest gets the most and ensured that he never went hungry.

He will be dearly missed by the many people who knew and loved him. May thoughts of Howard always bring a smile to your face.

Celebration of his Life will take place on Saturday, September 17, 2022 from 1:00 p.m. - 3:00 p.m. at the Selkirk Golf and Country Club, 100 Sutherland Ave. Selkirk, Manitoba

Cremation has taken place with interment at a later date.

In lieu of flowers, please donate to Alzheimer's Society of Manitoba.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Bastiaan (Bob) Nieuwkerk

Bastiaan (Bob) Nieuwkerk, 91, of Selkirk, Manitoba passed away on the morning of Sunday, September 4, 2022.

He is survived by his wife of 67 years, Johanna Catharina Nieuwkerk; sons Bastiaan and Richard Nieuwkerk; grandchildren Alexis and Coby Nieuwkerk.

Bob was born in Rotterdam, Netherlands on August 15, 1931. He met Johanna in 1947 and they spent the next eight years together travelling through Europe on their motorcycle and spending time with family. They married and decided to move to Canada in 1955, where they welcomed their sons in 1957 and 1959. Bob and his family settled in Selkirk where he and his friend opened Daerwood Motors, an automotive garage, which he ran and worked as a mechanic.

Bob enjoyed years of camping in the Big Whiteshell with his family and friends. During his retirement, he loved to spend time with family, restoring his classic GTO convertible and building remote control airplanes which he flew for many years as part of the Saints RC flying club.

He will be remembered by his loved ones and friends for his sense of humor, and will be greatly missed by those who knew him.

In keeping with his wishes, cremation has taken place and a private family service will be held.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Judith Morrison (nee Audette)

Judith Morrison (nee Audette) born April 18, 1941 in Red Lake Falls, Minnesota, passed away suddenly at the age of 81.

Judy, as she was known to her friends and loved ones, will be dearly missed by her husband Hugh; children Tom (Kelly), Chris (Renée) and Tracy (Christophe); grandchildren Scott (Kaisha), Saleah (Cody), Amanda, Hailey and great-grandchild Max; as well as by her sisters Terry (Gary) and Jo, Carol (widow of brother Leroy), Larry (widow of sister Laurie) and a host of beloved cousins and friends.

She was predeceased by her parents Lawrence and Noella, brother Leroy and sisters LouAnn (Jon) and Laurie.

Judy moved to Canada in 1959 to study nursing at the Misericordia Hospital however, Cupid had different plans. Judy met Hugh one day in Selkirk, MB. and her life was forever changed. Along with

a busy family life, Judy also had a long career with the Royal Bank of Canada until they forced her into early retirement. Not ready to retire, she learned bookkeeping skills and started offering simple income tax services. Judy had an unforgettable sense of humour, loved to read, travel and spend time with her family.

The family wishes to send a thank you to the compassionate staff at Selkirk Emergency, Stars, HSC MICU and HSC SICU. The kindness and professionalism shown was greatly appreciated.

As per Judy's request, no service will be held.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Announcements

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Selkirk Record

OBITUARY

Leo Roderic Delaney

We sadly announce that Rod Delaney passed peacefully at home on September 8, 2022. He is lovingly survived by his three sons Michel, Shawn and John Delaney; one sister Margaret; his four aunts: Kaye, Margaret, Sheila and Jackie as well as numerous nieces, nephews and extended family. Cremation has taken place and no formal service will be held. Friends and family are invited to visit Rod's memorial page @interlakecremation.ca, where memories and condolences may be shared. "MAY HE REST IN PEACE"

Arrangements entrusted to:

**Interlake Cremation
& Memorial Services**
204.482.1040

OBITUARY

Lorne Metzler January 5, 1943 - September 2, 2022

It is with sadness we announce the sudden passing of Lorne "Metz" Metzler aged 79 years of Lockport, Manitoba on Friday, September 2, 2022 at the Selkirk Regional Health Centre. Lorne is survived by his wife Pat, sons Randy and Darryl Metzler and his sister Pat Samonite of Vancouver. Lorne is also greatly missed by his two grandchildren Gabrielle and Darius Metzler of Winnipeg. Lorne is predeceased by his parents Philip and Rose Metzler and his older brother Larry Metzler. Lorne was a life long car enthusiast and enjoyed his passion with his good friends Jim McNeill and Gary Burziuk. Lorne had a long rewarding career with Manitoba Hydro where he worked for 35+ years. After retirement Lorne enjoyed the company of his good friends David McKenzie and Jerry Fey. In keeping with his wishes, cremation has taken place and no formal service will be held. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Walter David Chopek

July 16, 1938 - September 6, 2022



It is with heavy hearts that we share the passing of Walter David Chopek. He was born in Kirkness, Manitoba to Metro Chopek and Pearl Wayko from the Ukraine. Walter was a creative man who could accomplish anything once he set his mind to it. Despite many health challenges, Walter showed determination and courage to live his life to the fullest, making sure to have fun along the way. Walter valued his family. He leaves to mourn his wife Thelma, whom he shared 47 meaningful years; his sisters Mary and Jean (Joe) and his brother Victor (Terry). Walter was a loving Dad to Robin Thorvaldson (Barry), Wally, Dale, and Stepdad to Valerie Kosman (Alex) and Bill Burrows (Valerie Shantz). Walter found joy in his 11 grandchildren - Brenton (Brenna), Alexis, Melanie, Brandi, Tyler, Josh, Nathan, Kara, Katie, Kailey and Dale, and great-grandchild Sadie. He is also survived by numerous nieces and nephews.

Walter was predeceased by his parents Metro and Pearl, brothers Michael and Lawrence, and son Dale.

Walter made numerous friends throughout his life, and one particularly special bond he formed was with Lindsay Hansen. The friends he made while working in the North remained important to him.

Walter enjoyed many years of travel. Thelma and Walter had fond memories of their trips to Hawaii, England, Arizona, Texas, and travels from coast to coast in Canada. Camping and fishing trips were enjoyed as a family as well.

He was a lifetime member of the Gordon Howard Centre. Walter and Thelma took great pride in supplying and cooking the annual fish fry as a fundraiser for the facility. He always made it a family affair where we all contributed our cooking skills and left afterwards smelling like fish. Walter enjoyed connecting with others through games, with cribbage, Dominoes, and Rummikub being some of his favourites. From a very young age, Walter was very passionate about playing pool. Many afternoons were spent with him displaying his talents with the cue.

Walter was a hard worker, eventually building his business Selkirk Auto Electric. He was a man of many talents and used his mechanical, electrical, and welding skills to continue being self-employed, never quite retiring and always with a project on the go. He created and built many things such as several homes, a bombardier, and an electric bike. Walter's happy place the last few years was working on his final project: a completely refurbished 1978, 24-foot boat with an inboard engine, which he was working on three days before his passing. Whenever he encountered challenging problems, he would sleep on it and wake up with a creative solution.

Walter's family is extremely grateful for the excellent care and support that he received from the medical community, especially the Cardiac Unit at St. Boniface Hospital, the Selkirk General Hospital with much appreciation to the Dialysis Unit, Dr. Badenhorst and Dr. Rabson.

Walter was never one to say goodbye, so with this in mind we say see you later. Rest well!

A Celebration of Life will be held at 11:00 a.m. Tuesday, September 27, 2022, at Seasons Funeral Home, 576 Balsam Crescent, Oakbank, MB. Memories may be shared by visiting Walter's memorial page at seasonsfunerals.ca

In lieu of flowers, please consider donating to the Gordon Howard Centre 384 Eveline Street, Selkirk, MB R1A 1N3.

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OBITUARY

Allen Richard Zinnick

September 15, 1953 - September 5, 2022



Peacefully, on Monday, September 5, 2022 at the Selkirk Regional Health Center, Allen peacefully went through heavens doors, at the age of 68.

Allen will be remembered by his family, brother Edward (Debbie); sister Audrey Woycheshen (Larry); nephews Tyler (Jody), Jan (Denise), Jody (Cara); nieces Jennifer Griffin, Laurie McCarthy, Jennifer Flanagan, and their families; along with many friends that will miss him dearly.

Allen was predeceased by his parents Alex and Jennie; great nephew Jordan Griffin; and most recently by his beloved side kick and friend, his brother David.

Allen was born in Selkirk, lived in Garson until he was six, then moved into the new family home on Heap Ave. Allen went to school in Selkirk, his first job was at the Selkirk General Hospital as an orderly, and realized this job wasn't for him! He got on with Manitoba Rolling Mill as an apprentice millwright and continued to work there until his retirement

Allen held a special place in his heart for his canine friends, having one by his side his whole life. He loved cooking and trying out new recipes on anybody who cared to join him, even though his cabbage rolls looked like little bales, they were great! He also loved hunting and fishing and took the opportunity to go whenever he could. But his true love was for the Nutimik Lake family cabin, where he spent countless days entertaining and just enjoying the great outdoors. Allen always enjoyed company and you were always welcomed whole heartedly into his home

A memorial service was held on Tuesday, September 13, 2022 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, Mb.

If you so wish, donations can be made to The Winnipeg Humane Society, 45 Hurst Way, Winnipeg, Mb R3T 0R3

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Irene Joan Foster (nee MacGarva)

January 11, 1930, to September 7, 2022



Peacefully, surrounded by love - at home on the farm in Clandeboyne - our Mum left quietly in her sleep. She had told us that her time was coming, that she was ready. Mum was rarely mistaken. If she was, it was best not to dwell on it.

As a young girl she watched her brothers go to war. She then became her dad's best helper and maintained the role of "helper" all of her life. When she worked in the city at the Royal Winnipeg Ballet, she would give the street people her lunch. She didn't give them money as she worried about the evils to be bought. On that note, she was careful with cash and had a gift for making a dollar work as hard as a fiver. This is also credit to her firm Scottish upbringing and lessons that never left her. Mum truly cared for her family, her neighbours, her community, her colleagues, and the many young people who crossed her path. She was an exceptional seamstress and an accomplished administrator, gifts that she shared with pleasure. She was active in 4-H and likewise on every committee in town - some of which she not only supported, but created.

Irene Foster was not a procrastinator and never shied from hard work or an "impossible" mission. She was passionate about history and supported the St. Andrew's Heritage group now known as Red River North Heritage - Her voice and words can be found on their site @ <https://redrivernorthheritage.com>

She campaigned tirelessly to have Captain Kennedy House reopened. She has a letter on the Queens own stationary with encouragement for her quest. BTW - they got money and will be renovating. Kudos Mum. With Mum gone, much historical reference would be lost, except that Mum wrote most of it down. Beyond the Gates of Lower Fort Garry both I and Il are among of her accomplishments. For her community work and dedication the Chamber of Commerce for Selkirk, St. Andrews and St. Clements awarded her the title of "Citizen of the Year". She was both honoured and deserving.

Mum will join our Dad, Garth Foster who passed in 2012. They were married in 1948 on September 4th - her mom's birthday - and they remained true partners in life. As Mrs. GV Foster, Mum moved from Balmoral to Clandeboyne where she created an amazing life for herself and those around her. She is the last of eight MacGarva siblings to exit this world. Their history has also been recorded in her own hand - with pictures! She leaves behind a large prodigy - perhaps not all prodigious, however we were raised to think smart. We are Laura Tutties (Greg McCombe), Barbara (Bruce Nicoll), Sandra (Gerry Hansma), Debra (Art Preachuk), Garvin (Lillia Foster), Flora-Lea (Dean Clarke passed 2014). There are 10 grandchildren, James Kitchen, Ruth Pardoski, Andrea Munz, Landrew Nicoll, Cameron Nicoll, Pamela Sumner, Steven Preachuk, Erin Kirby, Garrett Clarke, and Kaitlyn Clarke plus the gift of their significant others who have helped create 17 1/2 great-grandchildren (one due soon).

Mum will be admired with a celebration of her truly amazing life - just as she has directed us to do, a legacy she earned. We welcome you to join us on Wednesday, September 14, 2022, at 2:30 p.m. in Clandeboyne Hall in the village of Clandeboyne, Mb. There will be a private interment witnessed by family in the United Church Cemetery (where Mum was warden), following the formal celebration. We hope Mum is not late. Dad always claimed that she would be!

If you care to make donations in memory of Mum, please choose which charity you would like. Mum would have supported them all.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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