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THURSDAY, SEPTEMBER 18, 2025

VOLUME 16 EDITION 37

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RECORD PHOTO BY KATELYN BOULANGER

The Selkirk Terry Fox Run was a great success last weekend, with residents filling Selkirk Park with runners, walkers, and rollers who all supported the Terry Fox Foundation and cancer research. If you would like to be part of this effort, don't miss the Selkirk Steelers' Sept. 19 game. More details and photos from the run inside.

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# Residents reminded to be cautious should they encounter wildlife

## Recent bear sightings a great reminder to be bear smart

By Katelyn Boulanger

Some recent bear sightings in Selkirk are offering an opportunity for residents to brush up on bear smarts this fall season. The bear was spotted in Selkirk in the final week of August, and though it checked out the City a bit, the bear doesn't seem to have wanted to stick around.

The bear sightings occurred in the northern end of the City, in Selkirk Park, and near the Public Works area.

"Conservation was notified. They did set a trap. Unfortunately, the trap was unsuccessful. They didn't capture a bear, but fortunately, the bear has not been sighted since," said Kristy Hill, Director of Protective Services for the City of Selkirk.

There were two sightings.

"Just based on the photos that I saw, I would imagine it was the same bear. And, in talking to Conservation about bear behaviour, I would speculate that it's probably the same bear," said Hill.

Bears don't regularly come into the City of Selkirk, but because the City is surrounded by rural areas, it's not unheard of for a bear to pass by.

"We usually have one or two bear sightings a year. They're normally not in the Selkirk proper (area) that you would think of. They're usually on Hwy 9, which would be the west side, in more wooded areas, and then towards where the City butts up against the neighbouring RMs," said Hill.

There doesn't seem to, in this instance, be anything in particular that the bear wanted in the area, but bears are quite curious, so it's possible it just wanted to check out what Selkirk is all about.

"Conservation had noted that it's

likely like a young male bear whose been separated from mom, just young and maybe smelled food at the campground, or was showing curious behaviour," she said.

Many of our area's residents will have grown up being told the rules of how to keep bear smart with safety for both humans and the bears being of the highest priority, but, for people who may not have that background, there are a few things that we can do to make sure that bears and humans interact as little as possible.

"Some great safety tips are, making sure that your food products when you're camping or grilling are packaged properly. Make sure that your garbage is disposed of properly, and make sure you're feeding your pets inside. (That means) don't leave dog food and cat food outside, especially when you're in areas like the campground where there's heavy woods next door," said Hill.

She explained that this is not just a way to keep bears away, but also other creatures like coyotes and foxes, who we don't want to become accustomed to being able to get food from the same areas where people live.

Another tip for areas like Selkirk Park, which likely will have some wildlife living there because it is their home, is to keep your pets on a leash and be aware of your surroundings at all times.

If you see a bear, specifically, at any time of the year, you should treat it with the respect that it deserves.

"Don't approach a bear. Also, just be cognizant that if you're seeing bear cubs, (mama bear) is probably

Continued on page 5

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# Those Guys concert coming to Selkirk on Oct. 2

Don't miss out on this event supporting Knox Presbyterian Church

By Katelyn Boulanger

Bringing music to a community isn't something new for our area's churches, but this year Knox Presbyterian Church is welcoming the band Those Guys to Selkirk on Oct. 2 for a concert and dessert event.

"We want to be more visible and offer things to the community. And last year, the concert was a huge success. It drew people from, not just Selkirk, but the surrounding area. People in Stonewall came, and so, we wanted to continue to offer something like that to the community again," said Jean Oliver, who is part of the event's planning committee.

Those Guys are a 9-member vocal ensemble from Winnipeg. They have been together since 2009 and sing in genres such as classic rock, pop, R&B, Broadway, and more. Their website says, "Whether you're a fan of Billy Joel or Bruno Mars, the Beatles or Beyoncé, Those Guys have something

for everyone."

People interested in local music will also likely be interested in this group, as Kieran Moolchan grew up in Selkirk and Dane Bjornson grew up in Gimli.

The members of Knox Church's concert planning committee learned about Those Guys last winter.

"We heard about a concert that they were having in Winnipeg just before Christmas. And a group of us, including Jean and two others, went to see them, and they were very good," said Nicolette Briscoe-Sterling, who is also part of the event's planning committee.

"I never said a word until we got in the car, and said to the other three, 'So what do you think?' And every one of them said, 'Let's do it!'," said Oliver.

The fundraiser is a general fundraiser that supports the church's programming. The church is preparing

Continued on page 5



RECORD FILE PHOTO BY BRETT MITCHELL

Knox Presbyterian Church is bringing in Those Guys for a fundraiser event on Oct. 2.



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11:15 am // Two Crows for Comfort  
12:00 pm // Awards, Speeches & Giant Pumpkin Winners  
12:15 pm // Cutest Baby Contest  
12:30 pm // McConnell Irish Dancers  
1:30 pm // Drum Café  
2:30 pm // Quarry Choristers  
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10:00 am-3:00 pm // Face Painters  
10:00 am-2:00 pm// Slime Making  
11:30 am // Diamond Disc Dog Show #2  
11:30 am - 3:30 pm // Ryan Price's Bubble Workshop  
12:00 pm// Old Fashion Games  
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2:00-2:30 pm // Sarah Teakle's Fabulous Circus Workshop

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The Town of Teulon Kids Activity Tent is located across the street from the hall (directly North), in the Teulon Elementary School playground. Please use the designated crosswalk to access this area.

**www.teulonpumpkinfest.com**

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## > BEAR SIGHTING, FROM PG. 3

around, so you definitely don't want to get between mom and cubs. Just report it to conservation, or if you're maybe somewhere in a (provincial) park, the parks officer. Be aware of your surroundings and make sure you're keeping yourself safe," said Hill.

It's also important to remember that wildlife, like bears, also have homes, and if you are wandering through a forested area where there aren't people and bears would naturally live,

## > KNOX CONCERT, FROM PG. 3

for a pretty big celebration as they are hitting their 150th anniversary in the community next year.

Though they already get funding for it, the church also helps the Selkirk community by doing a once-monthly soup kitchen on the third Saturday of the month from 11 a.m. until 1 p.m. at Memorial Hall. This helps as Selkirk's Our Daily Bread Soup Kitchen operates on weekdays, allowing both groups to help residents in need without duplicating services.

Both the concert and the soup kitchen are about reaching out to our community, which is something that the people of Knox Church feel is important.

"That's what the church is for. The church exists for the sake of the com-

munity to meet needs, spiritually primarily, social needs, physiological needs, and especially in a context like this, where some people might not have a need for a soup kitchen, but they have a need for companionship. Loneliness is a major issue in communities such as these, and we just want to make sure that everybody knows that there's a place where there are listening ears, and there's a place of welcome, and that the church is here to serve. We serve the Lord by serving each other and serving the community," said the church's minister, Naggie Sterling.

This concert will take place on Oct. 2, starting at 7 p.m. at the Lord Selkirk Regional Secondary School Theatre. Tickets are \$35. The concert will take

place first, and there will be a short intermission when residents will be invited to the cafeteria for cake, coffee and socializing.

"I think (the people who come will) be thoroughly entertained. Last year, it was just a great buzz of community, people you hadn't seen all year, or people who came from other places, felt very welcome. And so, I think it's

782-0076.

If you would like to learn more about being bear smart, the province of Manitoba has a comprehensive guide to black bears at [https://www.gov.mb.ca/nrnd/fish-wildlife/pubs/fish\\_wildlife/ws\\_coexistingblackbears\\_booklet.pdf](https://www.gov.mb.ca/nrnd/fish-wildlife/pubs/fish_wildlife/ws_coexistingblackbears_booklet.pdf).

going to be another evening of fellowship within the community, as well as great entertainment," said Oliver.

To grab your tickets, contact Jean Oliver at 204-482-6496, Audrey Klassen at 204-299-2075 or e-transfer [lesli@selkirktravel.com](mailto:lesli@selkirktravel.com).

To learn more about Those Guys, visit <https://www.thoseguysacappella.com/>.

# It was a pelican flotilla



RECORD PHOTO SUBMITTED BY KEVIN EISLER

This amazing shot of pelicans was taken in Lockport from just west of the Fish Ladder, stretching across the crashing water spilling off the Locks. The large group of Pelicans formed a flotilla to work as a team to do some fishing when the water was high enough that they were without a rocky refuge to fish from.



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# Schwabe Pumpkins get a helping hand from community

## Owner thankful that community helped with harvest

By Katelyn Boulanger

Schwabe Pumpkins has been a business in St. Andrews since 2004, with them selling pumpkins from their St. Andrews location since 2016. Annually, since then, they've opened their farm so that local residents can not only purchase local pumpkins but also have the opportunity to explore and grab some cute fall photos. This year, an early frost threatened this annual community tradition, but luckily, a community effort to get the pumpkins off the field in time took place, and a lot of the crop was saved.

"We saw that we were supposed to get frost on Wednesday (Sept. 3) and then again Saturday (Sept. 6) during the week. So, we did start cutting off any of the white pumpkins or anything that was actually ready. And

then Wednesday night, we weren't too worried about it, because they said it was going to be 5 °C, feels like 3 °C. But when I woke up in the middle of the night, it was actually already down to 2°C. Feels like 0°C. That morning, when we got up, the leaves, you could tell had gotten frosted," said Melody Schwabe who owns Schwabe Pumpkins with her husband.

After the first small bite of frost, the family, whose income comes from their farm, continued to work getting what they could from the field.

They would normally have started harvesting in mid-August, but the lack of rain this year meant that the pumpkins took longer to ripen than in past years.

"We didn't have any real rain here for June, July, and August, so things were struggling already. We watered as much as we could, but we don't really have a huge watering system, because we've never really needed it. The first 15 years we farmed here, we never watered at all," explained Schwabe.

It wasn't until Friday, seeing the previous damage



RECORD PHOTOS SUBMITTED

The community helped out local farmers George and Melody Schwabe of Schwabe Pumpkins when their crop was nearly lost due to frost earlier this month. Pictured above: Melody Schwabe (left) with one of the many volunteers.

and knowing more was to come, that Schwabe decided to share on social media, talking about the situation that the farm was in because of the frosts.

"I made the video, and I just felt like, we're always posting the good pictures, and I had lots of comments from customers all year saying, 'Oh, you're having such a good season.' Because, even though they see us watering stuff, you don't want to always be like, 'Look at how hard things are.' So, I just felt in that moment, people needed to know sometimes how hard

it is for farmers," said Schwabe.

She explained that she was just trying to share the situation that the farm was in with the video.

"I wasn't asking for help, and then people just started showing up. It was amazing! I still can't even fathom that everything is off our field right now. People just kept showing up, probably I would say 50 people showed up on Friday, and I woke up on Saturday morning and contacted a bunch of people who had messaged (us on Facebook) about coming on Saturday, because our field was already all cut. We just need to pick it up. I knew we'd be done pretty quickly, and I knew lots of people would probably show up again (from the number of messages I received). Then the same thing happened Saturday. People just kept showing up," said Schwabe.

Thanks to the efforts of the community, though some of the pumpkins were not quite ripe just yet, the whole field was cut and cleared, which saved a great deal of the crop, which otherwise would have gotten damaged in the field.

Schwabe was very thankful and shocked by how many people stepped up to help them.

"I was blown away. A lot of the people hadn't even been to our farm before. They just heard about it, and they came. And a couple of people



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Continued on page 7



## > SCHWABE PUMPKINS, FROM PG. 6

told us that they had seen it and sent it to the radio stations. It just kind of snowballed from there, once the radio station announced it, and I think it was on a weather channel website, so many people who had never even heard of us were coming out to help. It was beautiful. There were grandmas with their grandkids that have come here for years; they felt like they wanted to give something back. People were thanking me for letting them have this experience here with their families, and meanwhile, I'm the one who's sitting here grateful just to have our income saved for the year," said Schwabe.

Her family are now going through the process of sorting all of the pumpkins that were brought in and mak-

ing sure that the not-quite-mature-yet pumpkins are taken out and given a chance to ripen. Separating the immature ones also means that they don't start rotting around the pumpkins that are ready, which could spoil them all.

All of this work is going to pay off big time later this month, as on Sept. 20, the Schwabe Pumpkin farm will open for the season. Residents will be able to complete their annual tradition of viewing what is basically a pumpkin explosion at the farm, choosing their pumpkins for the year, grabbing some great photos, and, on weekends, there's normally a food truck where people can grab a bite.

This is a child-friendly fall-themed space, and there are no scary parts, so

everyone can come and enjoy.

"We'll be open on weekends from 10 a.m. to 6 p.m. and Wednesday to Friday, from 12 p.m. to 6 p.m.," said Schwabe.

She wanted to make sure to share a big message of thanks to all of the volunteers who came to help, who were so numerous that she lost count.

"I would like to thank everyone who came out and took their time and their day and all their energy to help us get everything off the field. It's touched our hearts in ways that you can't even imagine. And I'm just so grateful for everyone, and I'm hoping that if any of them come to the farm, they stop in and say hi," she said.



**RECORD PHOTOS SUBMITTED**

Volunteers filled the field on Sept. 5 and 6 ahead of a significant frost which would have greatly harmed the 2025 pumpkin crop at Schwabe Pumpkins



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## Rare crossbreed reunites Crawford brothers with a one-of-a-kind animal

By Lana Meier

A pair of Manitoba brothers stumbled across a remarkable animal this summer — one they had last seen a decade ago under extraordinary circumstances.

Ten years ago, Ken and Don Crawford were visiting a Hereford cattle operation in Alberta when they heard the story of an unusual birth. A bull buffalo had escaped its enclosure and found its way into a Hereford pasture. In that single day, it bred with a cow.

Months later, the cow struggled during calving, prompting the rancher to call in a veterinarian. A caesarean section was performed, and a very large calf — half buffalo, half Hereford — was delivered.

"It was incredible to see," said Ken Crawford. "Nobody expected the calf would even survive."

Because of genetic differences between the two species, calves like this are almost always sterile and cannot be used for breeding. For that reason, many are kept as novelties or raised for meat rather than as herd animals.

Fast-forward a decade, and the brothers were back in central Alberta, seeking directions to another farm when they noticed an unusually large animal standing in a pasture. Curious, they asked a rancher friend about it the following day.

"He just laughed and said, 'I know exactly which one you mean,'" recalled Don Crawford.

The rancher took them out on a side-by-side to the pasture, where they came face to face with the same calf they had first encountered years earlier. Now fully grown, the rare crossbreed tips the scales at about 2,500 pounds.

What are the odds, the Crawfords mused, of meeting the animal again after so many years — not only alive and thriving, but kept as a kind of pet.

"It was just one of those once-in-a-lifetime things," Ken said. "To see it

**RECORD PHOTO BY KEN CRAWFORD**

Ken and Don Crawford of Argyle were reunited this summer with a rare buffalo-Hereford cross they first saw as a calf 10 years ago in central Alberta. Now fully grown at about 2,500 pounds, the sterile hybrid has been kept by a rancher as a pet.

again all grown up — you couldn't script a story like that."

### WHAT IS A BUFFALO-CATTLE HYBRID?

Buffalo-cattle hybrids, sometimes known as "beefalo" or "cattalo," are rare crossbreeds resulting from a mating between a buffalo and domestic cattle.

While ranchers in North America experimented with creating hybrids in the late 1800s and early 1900s in hopes of producing a hardier animal

with good beef qualities, natural occurrences remain uncommon.

Hybrids typically inherit the size and strength of a buffalo along with the temperament and beef traits of cattle. Mature bulls can weigh well over 2,000 pounds.

Because of genetic incompatibility, most hybrids are born sterile and cannot reproduce, limiting their long-term use in breeding programs.

Though some commercial herds of beefalo exist in Canada and the United States, most accidental hybrids are one-off stories that spark local fascination — much like the Crawford brothers' chance reunion.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca). Please include your name, address, and phone number for confirmation purposes.



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View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

#### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Nominations for the 40th Citizen of the Year now open

Submitted by Selkirk & District Community Foundation

September means time to go back to school, time for leaves to change colour and time to think about nominating a deserving person for Citizen of the Year.

Nominations are open now but will close quickly on Oct. 1.

The Citizen of the Year Award recognizes an individual who, through their own initiative, ability, and effort, has made an exemplary achievement in the RM of St. Andrews, RM of St. Clements and/or the City of Selkirk.

Last year's Citizen of the Year was Elder Ruth Christie, who learned of her award at the Oct. 5 Vital Signs Town Hall meeting at Memorial Hall. Christie was in attendance with about 100 others participating in the meeting when David Thorne, the Selkirk & District Community Foundation's then-Chair, interrupted the proceedings with a phone call he'd received.

Thorne whispered in Executive Director Bev Clegg's ear, and Clegg enthusiastically walked towards Christie.

"Ruth, I've got some news," Clegg said.

"Elder Ruth Christie, you are the Citizen of the Year."

For Christie, the honour was almost overwhelming.

"You make me want to live forever," an overwhelmed Christie said.

"Thank you. I really appreciate this, and I don't know if I'm going to sleep tonight."

For Thorne, Christie was a perfect fit for Citizen of the Year.

"Ruth's infectious laughter, smile and kindness brighten every room she enters," he said.

"Her wisdom and strength make her truly deserving of the 2024 Citizen of the Year Award."

Shirley Muir and Jacqueline Bercier nominated Christie for the award.

"It's hard to know where to start. It seems like Elder Ruth Christie has been a part of my life for years. It's been so long I frankly can't remember

how I even got introduced to her. It was likely something like this, "You want to understand Indigenous history and culture in this community? You need to talk to Ruth Christie," Muir wrote in her nominating letter.

"And I know I'm not the only one who has found their way to her doorstep on the same path of learning, truth and reconciliation. Over the years, I have, as have so many people in our community, come to rely on Ruth Christie as a teacher, mentor and guide. And even a shoulder to cry on.

"She has shared her wisdom and experience throughout this region and with people all over the world. And for that, she has been recognized far and wide. It is long overdue to recognize her here."

Bercier, an educator in the Lord Selkirk School Division, was enthusiastic in her nomination of Christie's.

"I've known Elder Ruth Christie for over 20 years. She has been the unofficial guiding Elder for Lord Selkirk School Division for longer than that. She has mentored many teachers, and her wisdom and stories have helped us progress on an intentional and positive path in our commitment to reconciliation. Ruth has also been an esteemed Elder for Promoting Aboriginal Student Success (PASS) since its inception in 2000. She has worked with our young people in various workshops, lending her knowledge to the next generation," Bercier wrote.

"Ruth is someone that I have looked up to the entire time I have known her. She has this incredibly kind, gentle strength about her and her stories about her life, and the historical knowledge about the area is what I aspire to be like. Ruth has impacted this community in so many ways. We are forever fortunate that she is part of this community. Her knowledge is invaluable, and she should be honoured for all that she has given to the community."

Nominators should explain how the individual you are nominating has made the community a better place



RECORD PHOTOS SUBMITTED

Former SDCF Chair David Thorne and last year's Citizen of the Year, Elder Ruth Christie.

to live and work; provide a detailed account of the individual's volunteer contributions and/or professional accomplishments, as they relate to the community; and describe how the individual's actions have impacted and helped the community. Nominees must live in the community.

Written nominations are welcome from any individual, organization, business, association or institution and can be dropped off at the Selkirk & District Community Foundation office at 200 Eaton Ave., to the attention of

the Citizen of the Year Selection Committee, or e-mailed to [exdirector@sdcf.ca](mailto:exdirector@sdcf.ca)

For more information, contact 204-785-9755 or email [selkirkfoundation@shaw.ca](mailto:selkirkfoundation@shaw.ca)

Details on how to nominate can be found online at [sdcf.ca](http://sdcf.ca).

Deadline to nominate is Wednesday, Oct. 1.

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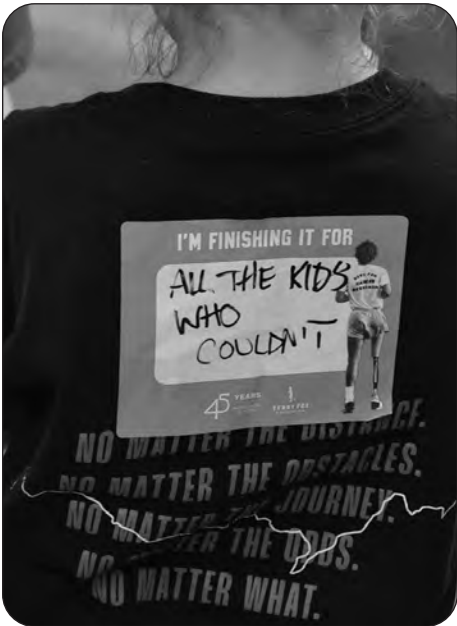
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# Running for Terry, running for cancer research



RECORD PHOTOS BY KATELYN BOULANGER

The 2025 Terry Fox Run brought many Selkirk and area residents together last weekend with their running shoes on. The run raised funds for the Terry Fox Foundation which funds cancer research. This year, it was Lori Green as well as Aiden and Ella MacLean who cut the starting ribbon in honour of Robby MacLean. If you missed the run, or would like to attend another local event that supports the Terry Fox Foundation, don't miss the Selkirk Steelers' 2nd Annual Terry Fox Tribute Game Night on Sept 19. The Tailgate Party starts at 5:30 p.m. and game time kicks off at 7:30 p.m. Tickets are \$10 for adults, \$5 for kids 6-17, and kids under 5 are free with a paid adult.





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# Registration now open for free Spirit of Caring course

By Jennifer McFee

Get in the spirit of caring through a training session focused on spiritual health.

A free nine-week Spirit of Caring volunteer education course will run on Fridays from Oct. 3 to Dec. 5 from 12:30 to 3 p.m. The location will be determined based on the communities of registered participants. Virtual sessions via Microsoft Teams will also be an option if participants are from

different communities.

Through this course, participants will learn about spiritual care in health care. Other topics include death and dying, communication, spiritual development and spiritual diversity. The course will also touch on understanding suffering and compassion, as well as self-care, prayer, mediation, rituals, trauma and crisis.

"Illnesses and loss are those crisis points where our way of life and see-

ing things can be profoundly shaken and tested," said Ferdinand Funk, spiritual health services co-ordinator for Interlake-Eastern Regional Health Authority.

"It is during these moments that we ask questions about meaning, purpose, suffering, forgiveness, hope, resilience, connection with the people we love and the sacred. The Spirit of Caring course is designed to train spiritual health volunteers to journey

with and support people during these crisis points."

Regular attendance and participation is a requirement to be considered for a Spiritual Care volunteer position.

For more information, contact Ferdinand Funk at [ffunk@ierha.ca](mailto:ffunk@ierha.ca) or 204-461-3414. Visit <https://forms.office.com/r/HrgztYzgCv> to learn more or register for free.

## Coin club prepares for fall show

By Staff

The Manitoba Coin Club is set to host its Fall Coin, Stamp and Collectibles Show later this month, giving the public a chance to learn more about numismatics and connect with collectors.

The event takes place Sept. 27 and 28 at Access Credit Union in West St. Paul. Organizer Larry Dalman said this year's show will feature more dealers, along with opportunities for attendees to learn about collecting, protecting investments and keeping up with trends.

The Royal Canadian Mint will attend both days from 10 a.m. to 1 p.m., offering three new coin varieties — two toonies and one loonie. Each individual will be limited to purchasing five coins

of each type.

Dalman said the club has grown considerably since COVID-19, thanks in part to its involvement in Mint exchanges and continued support from local media.

**Manitoba Coin Club**

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## Win tickets to Ikons of Rock on Sept 29!

By Lana Meier

Stonewall's own Darren Moore is bringing his Las Vegas-based band Ikons of Rock back to Manitoba for a Canadian tour stop at Winnipeg's Centennial Concert Hall on Sept. 29. The band, known for its spot-on impersonations of classic rock legends from Fleetwood Mac to Ozzy Osbourne, will hit the stage just months before starting a one-year residency at the Hard Rock Café Las Vegas Strip.

We're giving one lucky reader the chance to win a pair of tickets to the

Winnipeg show plus a shirt of their choice from the merch table.

To enter, email your name, phone number and answer to this question:

"Who's your favourite rock-and-roll icon?"

Send entries to [jen@stonewallteulontribune.ca](mailto:jen@stonewallteulontribune.ca) with "Ikons of Rock contest" in the subject line, on or before Sept. 26.

The winner will be contacted directly and featured in the paper after the show — along with a photo of them at the concert.

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# AgTalk builds a supportive mental health community for Canadian farmers

By E. Antonio

AgTalk is an emerging mental-health forum through the Do More Agriculture Foundation (Do More Ag) that is dedicated to improving the well-being of farmers across Canada.

Launched in 2023 and funded by BASF Agricultural Solutions Canada Inc., RBC Foundation and the McCain Foundation, AgTalk promotes peer-to-peer and professional mental-health support through the platform Togetherall.

"One of the things we know in the mental-health field as we have been encouraging farmers and

ranchers to take care of their mental health, is that most people view mental health as something you are doing well with, or in a position where you need to call the crisis line," said Merle Massie, Do More Ag executive director. "In reality, most of us fall in the middle of that spectrum, so there is a lot to be said about peer-to-peer support. That's where AgTalk shines the most, because

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As the day winds down,  
thoughts come up.  
Some easy, some not.

**SHARING THEM?  
THAT'S KEY.**

RECORD PHOTO SUBMITTED

AgTalk is a free online mental health resource offered on Togetherall by the Do More Agriculture Foundation. Users can anonymously connect with others, gaining and giving peer support.

that's exactly what it's there for."

AgTalk allows anyone over the age of 16 working in the agricultural industry to anonymously share their mental health concerns, receive replies from other users, and connect with a clinician 24/7 if needed. Hundreds of users across Canada have already registered, with access made free through funding support.

"Through the support of the McCain Foundation, RBC and BASF, we are able to ensure Canadian farmers have access to the support they need. The more individuals who have this access, the brighter the future for agricultural mental health," Massie said.

International farmers have also made use of Togetherall's farmer's corner. "Every farmer experiences pressure and stress whether you are raising horses or working on a grain farm. We want AgTalk to be a space where farmers can share what's in their hearts and get it off their chests," she said. "Sometimes, you just need to safely express your thoughts to feel better, and other times you might need more support—and that is fine too."

Togetherall is moderated by certified mental-health professionals who can step in if a crisis arises. Participant surveys show more than 80 per cent of users find the program beneficial to their well-being. Among Canadian users, stress, depression, anxiety, loneliness and relationships are the most common issues, with people of all ages logging on

for support.

"People tend to think that it's just the younger generations who are going online for support—but we know that's not the case here," Massie said. "Research is clear that our users range from 16 years old to people in their 80s, and the number of users is very even right across all the generations."

She added that users include both first-generation farmers and those with decades of experience.

"We are more than just farmers. We are parents, spouses, children of aging parents—we are part of communities, and we want to be able to connect with other people over various interests. We are whole people who want to share our whole beings."

Anyone over 16 involved in agriculture can register for AgTalk for free through [www.domore.ag/agtalk](http://www.domore.ag/agtalk).

"The more people are online, the more robust, animated and helpful it becomes," Massie said.

Do More Ag also provides resources for farmers under 16, including 211, 988, Kids Help Phone and the Manitoba Farm and Wellness Program.

"It is important to remember and emphasize that mental health is a regular and everyday thing," Massie said. "Just because you are reaching out doesn't mean you are fully in crisis mode—it means you value connections and understand how connecting with others can make a difference."

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# Recognizing World Suicide Prevention Day



RECORD PHOTOS SUBMITTED

The World Suicide Prevention Day Annual Walk of Hope in Selkirk, hosted by the Selkirk Community Renewal Corporation, took place on Sept. 12 at the Selkirk Waterfront. The walk raises awareness, aims to end the stigma, and create hope in our community, as well as creates a place where residents can remember all of our loved ones that we have lost to suicide.



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# Quinn Fyfe takes once in a lifetime trip with Scouts

By Katelyn Boulanger

A Selkirk teen got to take a trip of a lifetime this summer as he travelled to Kent in England as part of his Scouts adventures. Quinn Fyfe is 16 years old and a second-year Venturer with 1st Sun Valley, North Winnipeg. He can now add a lot more than a badge to his sash, as he was able to get some amazing first-hand experience out of our country at the Kent International Jamboree.

This adventure started over a year ago for Fyfe when he stepped up to represent Manitoba.

"About a year ago, I joined a sub-council of the Canadian Committee, The Beyond Youth 2025 Committee. You have to sign up and get approved. So, I've been a part of that, and then they brought to my attention this Jamboree, because not many people go," said Fyfe.

Having been a Scout for ten years and also being the only Manitoban on The Beyond Youth 2025 Committee, he was told that he would be a good person to represent them at the Jamboree.

After getting in contact with the people he needed to contact, as well as filling out the paperwork, the plan to attend the Jamboree was official, and Fyfe was going to England.

"We started attending meetings, and the next thing you know, I was in the UK," said Fyfe.

He explained that Scouts has been a part of his life since he joined when he was in kindergarten.

"It's kind of one of those activities I just enrolled in because I had a friend who was in it, and then it was just really fun. I never thought about

not going back. And then there was a brief period where scouting was kind of on the slow side in Selkirk. Lots of my friends had left, but then I started doing a thing called Offer of Service, where I go work at camps. Then, from there, it's just been wonderful, because you meet people from all over, and in this case, even all over the world, and it's just a wonderful community," said Fyfe.

He said that he had heard of kids going to jamborees before, but he never thought that this was something that he might be able to do himself before it happened.

"I didn't think it was possible for somebody in such a small town, kind of in the middle of nowhere. When we got the idea that it could be a reality, I was all for it because nobody from all the years of First Selkirk, I don't think, they've ever been to a Jamboree," said Fyfe.

The Jamboree itself is a large international festival open to Scouts from all over the world.

"It was basically a festival of scouting, that's what they'd call it. There were 8000 people there. There were about 30 Canadians, but I was the only person from Manitoba," said Fyfe.

There were also Scouts from about 30 different countries.

Because he was the only Manitoban there, he was put into a camp group with other people who didn't come with larger groups. This means that he got to hang out at camp with members from the UK, Finland, and Denmark as well as do camp activities with people from all over the world.



RECORD PHOTO SUBMITTED

Quinn Fyfe took the trip of a lifetime when he was able to travel to Kent, England with Scouts.

"It was a good mix of indoor, outdoor, technology, and nature activities. There was a lot of mountain biking, go-karting, quadding, stuff like that. There was also 3-D printing, programming, coding and stuff like that. There were bouncy castles and fair rides for the evenings. And my favourite thing that we got to do, which I think was amazing, was micro lighting," said Fyfe.

Micro lighting is the flying of lightweight, one or 2-seat fixed-wing aircraft, which Fyfe explained he was able to go up 1000 meters in the air in.

Now that Fyfe is back home, he's able to bring his new experiences and perspective to Selkirk.

"I kind I have a bigger perspective or understanding of people around the world, especially from scouting communities," he explained.

Though his family has done international travel in the past, just attending an event like this brings more to his toolbox.

An example of this that Fyfe spoke about was that though food from

Continued on page 21



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# Your Local Community Home Real Estate Section

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## Interior design: 7 trends to watch in 2026

The end of 2025 is fast approaching! Are you thinking about refreshing your home decor? Are you curious about what styles and trends to expect in 2026? Watch for these seven inspiring design trends.

**1. Must-have colours.** Trending colours for 2026 offer an intriguing palette. Look for shades like teal green, purple, yellow-green, reddish brown, mustard yellow, fuchsia and mint green in wall paint, furniture,

textiles and decorative items like rugs and cushions.

**2. Discreet technology.** Smart devices and home automation are now in virtually every room in the home. For 2026, designers are focusing on integrating these technologies seamlessly into home decor, creating a calm and harmonious environment.

**3. Sustainable and eco-friendly materials.** Consumers are increasingly prioritizing and proudly choosing products with a low environmental impact. As a result, you can expect to see a surge in the use of recycled materials and locally sourced furniture in 2026.

**4. Parisian bourgeois style.** Inspired by the in-vogue "Jolie Madame" clothing style, this trend is an elegant alternative to minimalism. It combines contrasts and luxurious materials, creating chic and feminine interiors.

**5. Oversized furniture.** Comfort is key in 2026! Big, cozy armchairs and plump, rounded sofas will be all the rage. Curved, padded headboards will also be in style.

**6. Designer faucets.** Faucets are becoming focal points in interior design. In 2026, you can expect stylish matte black finishes, metallic designs and smart systems that encourage responsible water consumption.

**7. Open kitchens.** These designs maximize space and encourage socializing. Open kitchens often feature multifunctional islands, built-in appliances and low-maintenance materials like porcelain and quartz.

Want to refresh your decor in celebration of the new year? Your local retailers have everything you need, from high-quality materials to a wide range of accessories and sustainable furniture. Plus, buying local helps support the economy and keeps jobs in your community.



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### CONSULT THE EXPERTS

Are you interested in some of these trends but worried about making mistakes when incorporating them into your home? Consider hiring an interior designer. They can provide expert advice and knowledge of available products to help you achieve the results you want within your budget.



# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## What are the advantages of a high-arc kitchen faucet?

When it comes to choosing a kitchen tap, you have plenty of options. However, certain styles are gaining popularity for their practicality and esthetic appeal. High-arc faucets, also known as swan-neck faucets, are a perfect example. Here's why.

### EASY TO CLEAN

The long, arched spout frees up more space in the sink, making it easy to clean larger items like pots, pans and cutting boards. Most models swivel, allowing you to direct the water flow exactly where you need it.

### STYLISH

Swan neck taps have a distinctive and eye-catching shape that adds a touch of elegance

to any kitchen. They come in a wide variety of materials and finishes, so you can maintain a consistent esthetic throughout your entire space. Choose a light shade for a subtle look or a dark shade to create a striking contrast.

### VARIOUS OPTIONS

Depending on your budget, you can purchase a model with additional features. For example, a pull-out spray hose is a popular option, as it makes cleaning vegetables and rinsing the sink much easier. Some taps also include flow regulators to help reduce water consumption.

Are you looking for a high-arc kitchen faucet that suits your needs? Visit a local hardware store or plumbing supply shop.



## Decorating your home with cacti is a winning idea!

A living space filled with plants provides numerous benefits, if you know how to care for them. Are you looking to add a touch of originality to your space but lacking a green thumb? Cacti may be the ideal solution for you.

### VERSATILE AND EASY TO CARE FOR

Cacti are hardy and beautiful plants that can add a touch of flair to any style of home. They come in different shapes, sizes and varieties and thrive in dry conditions. They can survive several days of drought without much fuss. This resilience is especially desirable if you occasionally forget to water your plants.

### CALMING AND FENG SHUI

Cacti also help create a peaceful atmosphere in your home. They not only clean the air but, according to the principles of feng shui, cacti provide a defence against negative energy and bad luck. However, avoid placing them in spaces dedicated to relaxation, like your bedroom or a meditation area, as the energy they give off can be too intense.

When it comes to decorating your home, cacti are an excellent choice. Visit your local garden centre to sharpen your decor.



**21 Highland Drive, St. Andrews - \$1,150,000** Experience luxury living in this 2,011 SF custom-built bungalow on 1.78 acres, offering 4 beds & 3.5 baths. The open-concept main floor is designed for entertaining, featuring a granite island eat-in kitchen flowing seamlessly into dining & living areas. The primary retreat offers a 4-pc ensuite, WIC, & private deck access. Two additional bedrooms with WIC, 5-pc bath, laundry, mudroom, & 2-pc bath complete the main level. The fully finished lower level features a home theatre, quartz kitchen, bedroom, 3-pc bath, office/den, and direct garage access. Triple attached garage w/ roughed-in heated floors, rear door, plus a 24x24 detached heated garage/workshop. Outdoors, enjoy a heated above-ground pool, hot tub, expansive new deck (2025), perennial gardens, firepit area, & private treed backdrop. Additional luxuries include geothermal heating/cooling, roughed-in in-floor heat (lower level & tiled main floor), built-in speakers, roof (2023), & connected to low-pressure sewer. Mins to Lartars Golf Course & city amenities.

**73047 Hoodway Drive N, St. Clements - \$649,900** Discover this custom-built home set on 4 acres, offering the perfect blend of comfort, craftsmanship, and modern convenience. Inside, you'll find beautiful oak finishes, elegant rounded corners, and thoughtful design with 10 closets throughout. The kitchen is a standout with a raised island, while the living area boasts soaring 13-foot vaulted ceilings accompanied with a cozy fireplace. The primary bedroom features a 4-piece ensuite. Two additional bedrooms and another 4 piece bathroom complete the home. The exterior features a natural stone front and a composite deck. The garden and storage shed make great room for additional storage. The oversized pullthrough garage is fully equipped with hot and cold taps and 240 power for a welder or heater. This well maintained home with practical features is all set on a private 4-acre lot.

**50 Gonner Trail, St. Clements - \$1,299,900** This spacious, open-concept home was designed for unforgettable family moments and top-tier entertaining. This 5 bedroom, 3 bathroom estate has it all! New updates include plank flooring and exterior paint (2022), all windows (2024), and so much more. Integrated surround sound runs through the great room, primary ensuite, and the lower level. Enjoy your own private oasis with an in-ground pool (liner 2024) and pool house. Sits on a beautifully landscaped 3.91 acre reverse pie-shaped lot on a quiet cul-de-sac, featuring a stone driveway, in-ground sprinkler system, and fire pit area.

**4004 Pipeline Road, West St. Paul - \$1,539,800** Discover this spacious family home set on 40 acres, offering the ideal mix of privacy and comfort. The open-concept living area features large windows, allowing in natural light and seamless flow into the dining room and kitchen. With 5 bedrooms and 2 bathrooms, there's plenty of room for the whole family. A bright 3-season sunroom offers the perfect place to relax or entertain, while outside you'll find a landscaped yard complete with a deck and vegetable garden, all set in a peaceful private setting. An oversized double attached garage adds convenience and functionality to this exceptional property.

**132 Craig's Cove, Ste Rita - \$579,900** 2022 custom-built 1539 SF home with 3 beds, 2 baths nestled on a private 6.57 treed acres, thoughtfully designed w/ passive solar efficiency & modern style. The eat-in island kitchen is finished with older wood cabinetry & stunning quartz countertops, with direct access to a covered deck. Enjoy the spacious living room, where a Pacific Energy wood stove creates a cozy focal point & triple-pane windows frame peaceful views of nature. The primary bedroom retreat features a walk-in closet & spa-inspired ensuite w/ heated floors & a large tiled walk-in shower. Two additional spacious bedrooms & a full bath with heated floors & soaker tub, as well as main floor laundry complete the home. Two timber-frame covered decks overlook treed acreage. The oversized 26'x26' insulated 8' overhead door. With Hardie siding, stone accents, laminate/tile flooring & energy-conscious design built w/ an ICF foundation - this home offers high-quality comfort w/ the peace & privacy of a rural setting.

**6 Commodore Rise, East St. Paul - \$1,098,888** - This 3-bed, 3-bath home boasts an open, airy layout with natural lighting throughout. The newly renovated main floor offers open-concept living with gleaming hardwood flooring. The main floor includes a large kitchen, featuring a spacious island and brand-new appliances, and a bright living and dining room. The luxurious primary suite includes a double-sided fireplace and a spa-like 6-piece ensuite. The second and third bedrooms are connected by a jack and jill ensuite, providing added convenience and extra storage. The home includes a 95% finished basement with a 3-piece bathroom, perfect for an entertainment space, office, or home gym. Enjoy hosting or relaxing in the beautiful backyard, complete with a cedar deck and pergola with a brand new stamped concrete pad. Additional highlights include an oversized triple car garage offering ample space for vehicles and storage, as well as a new AC unit and furnace. The roof was replaced in 2018. With high-end finishes and a prime location in East St. Paul, this home is a true gem.

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# get inspired

> MEAL IDEAS



- 1/2 frozen banana
- 3 tablespoons pumpkin puree

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## Pumpkin Pie Kefir Smoothie

1 cup Maple Hill Creamery Vanilla Kefir, plus additional for serving  
20 grams unflavored collagen peptides

- 1 teaspoon vanilla extract
- 1 teaspoon pumpkin pie spice
- 1/4 cup ice
- ground cinnamon, to taste

In high-speed blender, blend banana, pumpkin puree, 1 cup vanilla kefir, collagen peptides, vanilla, pumpkin pie spice and ice until smooth.

In glass, add drizzle of additional vanilla kefir then layer smoothie on top. Sprinkle with ground cinnamon, to taste.

Photo courtesy of Shutterstock



Recipe courtesy of Marie Reginato on behalf of Duda Farm Fresh Foods

Servings: 2

Salad:

- 4 sticks Dandy Celery, divided
- 4 strawberries, cut in half

## Fresh Salad with Grilled Strawberries and Celery, Berries and Burrata

- 1 handful blackberries
- blueberries
- raspberries
- 1 medium burrata ball, cut in half
- 3 cups arugula
- 1 handful hemp seeds

Dressing:

- 3 tablespoons orange juice
- 2 tablespoons lemon juice
- 1 1/2 tablespoons Dijon mustard
- 1 tablespoon honey or maple syrup
- 3 tablespoons olive oil
- 1 pinch sea salt

Using grill pan or directly on grill, cook two celery sticks and strawberries until soft with grill marks on either side.

While celery and strawberries grill, make dressing. In jar, mix orange juice, lemon juice, Dijon mustard, honey, olive oil and salt.

Cut grilled and remaining raw celery sticks at angle into 1/4-inch pieces.

In mixing bowl, toss celery, strawberries, blackberries, blueberries, raspberries, burrata, arugula and hemp seeds with dressing. Mix well.

# What makes weight loss so challenging for some people?

By Fitness Expert Julie Germaine Coram

After I stepped away from training competitive athletes for fitness contests, it seemed nearly every client who walked through my door had the same goal: weight loss. It's common to struggle to shed fat—especially around the midsection—and research shows it can be more difficult for some people than for others.

Fair or not, genetics plays a major role in body composition and response to food. Some genes are linked to a higher risk of obesity, while others affect fat storage, appetite or metabolic health. Age is another factor you can't control; it influences the rate at which your body converts food into energy (your metabolism). Hormonal imbalances can slow metabolism and lead to weight gain. So can alcohol use, stress, poor sleep and chronic inactivity.

Rather than feel discouraged about what you can't control, use this information as motivation to focus on what you can—your nutrition. Working with an expert can help you identify the dietary choices that support your individual goals.

Regular exercise and healthy daily habits also make weight loss easier. If behaviour change has such impact, it's a no-brainer to build movement into your routine. Environment matters too, but Manitoba offers plenty of options—great hiking trails and fun indoor classes



Fitness Expert Julie Germaine Coram

for all fitness levels. If you're navigating other barriers, such as limited access to healthy food or a tight budget, ask for help. Two brains are better than one when it comes to finding creative ways to get fit and break through plateaus.

Discuss your health goals or fitness challenges by booking a free online consultation: [www.calendly.com/juliegermaine](http://www.calendly.com/juliegermaine), or email me at [julie@juliegermaine.com](mailto:julie@juliegermaine.com).

Coach Julie Germaine Coram is dedicated to lifelong health. She is an active mom, a registered personal trainer, a two-time pro fitness champion, and a certified nutrition expert and fitness specialist. She has helped thousands worldwide improve their health since 2005.

## Thai Lime Chicken Salad

Servings: 4

- 4 stalks Dandy Celery, sliced on bias
- 1 cucumber, split, seeded and sliced on bias
- 2 carrots, peeled and julienned
- 2 cups Jasmine rice, cooked and cooled slightly
- 1 bunch scallions, green section finely chopped and white ends julienned
- 2 cups poached chicken breast, shredded
- 3 tablespoons avocado seed oil
- 3 tablespoons rice vinegar
- 1 tablespoon palm sugar
- 2 tablespoons toasted sesame oil
- 2 tablespoons lime juice

- 2 tablespoons tamari
- 1 tablespoon fish sauce
- 1/2 teaspoon crushed chili flakes (optional)

- salt, to taste
- pepper, to taste
- 1 cup roasted peanuts or cashews, crushed

- 1 cup fresh cilantro sprigs
- 4 lime wedges

In medium bowl, combine celery, cucumbers, carrots, cooked rice, scallions and shredded chicken.

In another bowl, whisk avocado seed oil, rice vinegar, palm sugar, sesame oil, lime juice, tamari, fish sauce and chili flakes, if desired, until sugar is dissolved. Adjust seasoning with salt and pepper, to taste.

Pour mixture over celery and shredded chicken mixture; toss to mix.

To serve, portion out salad and top with crushed nuts, cilantro sprigs and lime wedges.

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# Your FARM



## Manitoba farmers compete for national sustainability award

By Lana Meier

When you manage more than 20,000 acres of prairie, your biggest business partner is the soil beneath your feet.

Clayton and Shauna Breault have built their ranch around regenerative practices that have tripled soil organic matter, supported biodiversity and kept their cattle healthy.

The Breaults were recently recognized by Manitoba Beef Producers as the provincial Environmental Stewardship Award (TESA) recipients for their commitment to environmental conservation and sustainable ranching.

"The award recipients show the variety of beef production systems that thrive across Canada," said Jessica Davey of the Canadian Cattle Association. "What sets the Breaults apart is the sheer scale of their herd and grasslands, and their ability to remain sustainable by applying regenerative practices with measurable results."

The couple raised cattle in southern Saskatchewan before purchasing the home of Breault Ranches Ltd. in Manitoba in 2002. As first-generation farmers, they built their own beef herd from the ground up. Today, they manage 4,300 head of cattle, including 2,500 breeding females — 1,800 cows and 700 heifers — on a ranch that spans 22,000 acres of pastureland. They also operate a feedlot south of the home ranch with cropland dedicated to producing winter feed.

At the heart of their approach is soil health, which they believe is the foundation of their operation and the key to its long-term success. Over time, they have roughly tripled their soil organic matter, a major improvement that enhances both soil fertility and carbon storage.

"When you run an operation of this size you have to work with nature, because at this scale you cannot work against it," said Clayton. "We've learned over the years that when you work against Mother Nature it drastically increases the challenges."

Rotational grazing is a cornerstone of their system. Cattle are moved through 137 pastures in 11 groups, a highly managed approach designed to mimic the natural movement of keystone grazers like bison. This allows grass to rest and regrow, im-



Clayton and Shauna Breault

proving plant health, soil structure and overall biodiversity.

"We are most proud of the increase of plant diversity on our pastures, as well as the wildlife, insects and birds," said Shauna. "The rapid improvement of organic matter in the soil gives us more structure, water infiltration and water holding capacity. That helps during drought or excessive moisture, keeps water from running into rivers and streams, and stores carbon in the soil."

Over the past two decades, the Breaults have applied six key principles of regenerative agriculture:

- Context – understanding local climate, soil types and natural resources.
- Minimize disturbance – avoiding



PHOTOS SUBMITTED

Cattle graze in one of the 137 pastures at Breault Ranches Ltd., where Clayton and Shauna Breault use rotational grazing to improve soil health, biodiversity and herd sustainability.

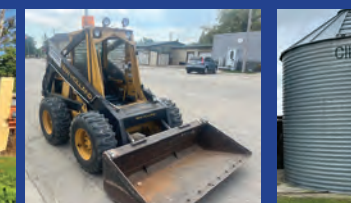
tillage and chemical inputs.

- Armour the soil – keeping the ground covered with living plants or crop residue.
- Diversity – encouraging a wide range of plant and animal species.
- Keep living roots in the soil – maintaining green cover to support nutrient cycling.

- Livestock integration – using animals strategically to improve soil health.

They have also moved away from monoculture crops in favour of diverse polycrop blends, sometimes planting up to 14 different species.

Continued on page 20



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# Your FARM



## > BREAULTS WIN BIG, FROM PG. 19

These blends provide a more balanced and nutrient-rich diet for cattle while improving soil biology. The shift has led to healthier animals, reduced disease and improved environmental outcomes, including increased songbird populations and more beneficial insects.

"The most rewarding part has been

seeing the overall health of both soil and cattle improve, along with the increase of wildlife, insects and birds," said Clayton. "The hardest part was getting everything to work together. There are a lot of different pieces that have to fall into place."

The Breaults say they've even spotted endangered bird species on their

land, a sign that their efforts are creating real ecological change.

As first-generation ranchers, they also hope to inspire others. "Don't be afraid to ask questions," Shauna said. "Use resources like Manitoba Forage and Grasslands, Understanding Ag, tours, podcasts, and find a mentor. Learn and follow the six soil health principles."

health."

And for those still on the fence about whether to make the leap, Clayton is blunt: "Just go for it. You are improving the environment, livestock, human health and your bottom line. It's a win-win for everyone."

"Manitoba beef producers are leaders in sustainability, preserving endangered grasslands while producing high-quality beef," Davey added. "Ranchers like the Breaults provide benefits well beyond their operations, ensuring healthy ecosystems for future generations and earning the trust of consumers."

Each year, provincial TESA winners vie for the national award, a partnership initiative between the Canadian Cattle Association, Birds Canada, Ducks Unlimited Canada and the Canadian Roundtable for Sustainable Beef. This fall, the Breaults will join six other provincial nominees in competing for the 2025 national title.

While the award has been presented for more than 26 years, recent years have brought growing recognition of the positive role beef cattle can play in the environment. A national survey conducted in July 2025 found 80 per cent of Manitobans agree beef is an environmentally friendly food choice — among the highest rates in Canada and up seven points since 2023.

The Breaults' commitment to soil health, biodiversity and herd management has created a ranching operation that works with nature, not against it.

Asked how they balance profitability with their environmental goals, Clayton said it comes back to letting nature lead: "By working in sync with nature, you cut down on crop inputs, and in the long run that leads to healthier plants, healthier cattle and healthier people."

Receiving the provincial TESA has also been affirming. "It's shown us we're on the right track," Shauna said. "We'll continue to practice regenerative agriculture because we've seen large benefits within our soil and cattle

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Some of the cattle at Breault Ranches Ltd.

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## > QUINN FYFE, FROM PG. 15

other places can be a bit different, it doesn't mean that it's wrong, just different. That idea of things that others do not considered wrong but it being ok that things are done differently, is something that we can all learn from.

He said he believes that he's going to be using his newfound skills in the future.

"Scouts teaches you all these skills that you need for real life, but then also jamborees and just meeting new

people. It's social skills, it's storytelling, being more empathetic towards people," said Fyfe.

He also wants to encourage younger scouts in our community to continue with the program, as you can end up in some pretty cool places thanks to scouts.

"I'd say go for it, because you won't get many opportunities like this anywhere else. I think it's incredible," he said.

If you would like to learn more about Scouts in Selkirk, email Rosa Buschau at [rosa.buschau@scouts.ca](mailto:rosa.buschau@scouts.ca).

# Varsity Thunder: Group effort leads to week two blowout over Sabres

By Kieran Reimer

The Varsity Interlake Thunder continue to flex their muscles early in the Rural Manitoba Football League season.

On Sunday, the Thunder faced two questions: whether they would beat the Southwest Sabres to improve to 2-0 on the season, and whether starting quarterback Jessie Batenchuk would be back slinging following an injury in their week one victory.

Both were answered in the week two matchup as the Gimli product threw for 197 yards and four touchdowns in his return, and the Thunder claimed a 55-13 victory on the road at Souris School.

The Thunder struck early with touchdowns on their opening two drives. After extending their lead ahead of the second quarter, they were able to coast through the remainder of the game with nearly their entire roster seeing action.

Usual offensive suspects AJ Naddon and Jamie Dandeneau got much of the game off after both found the end zone to help the Thunder's cause. Kicker/defensive back Mario La Pierre turned out to be one of the busier Thunder players that evening, going seven-for-eight on extra points.

Head coach Christof Hasselfield highlighted the play of Grade 12 middle linebacker Cooper Ponton for setting the tone on defence, helping the Thunder set a new season-best for points against.

"The biggest takeaway from the first two weeks is that we've started fast both weeks, which is phenomenal because that's something we've struggled with in the past — coming out looking crisp and executing," Hasselfield said Monday. "To start the year like that is very promising for sure."

At this time last year, the Thunder sat 1-1 in a shorter RMFL Urban Division season, which they went on to finish

ish 2-2 in the regular season.

Through just two games this year, they are sharing first place in an eight-team RMFL Doug Steeves Division — a position they plan to maintain.

"We won on the scoreboard. Any win is a good win, but there were definitely lots of things we need to work on going forward," Hasselfield said.

He added they will be working more on their physicality and run game this week, two areas that will be more important when their schedule hits October.

On Sunday, Hasselfield and staff also got another glimpse into the program's future beyond this season with another strong showing from Grade 10 quarterback Colten Leger.

Leger stepped in for the second straight week — this time not because of injuries, but rather the lead Batenchuk and the offence had built.

He threw for a touchdown and went four-for-five for 51 yards during his snaps.

It was also a big evening for Grade 11 rookie Kaiden Reimer, who scored his first career receiving touchdown.

The Thunder receiver finished with 51 yards over four receptions and added three tackles on kickoffs — a standout performance in the eyes of Hasselfield.

"He really took the opportunity that was given to him this week with us getting up big early," Hasselfield said. "I think he earned himself some extra playing time going forward based on

the effort and results of what he did out there, so I was very impressed with him."

The Thunder now look ahead to week three as they return to Stonewall for the first Saturday game of the season against the Swan Valley Tigers.

Kickoff is slated for noon at Stonewall Collegiate Field as the Thunder look to extend their winning streak to three games.



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake athletes help Team Manitoba finish strong at Canada Games

By Kieran Reimer

The Interlake region was well represented on the U17 boys box lacrosse team at the 2025 Jeux du Canada Games, with three coaches and two players contributing to a strong showing in St. John's.

From the Interlake, manager Cruz Jimenez (Selkirk) and coaches Josh Poponick (Selkirk) and Tyndall Fontaine (Sagkeeng First Nation) joined goaltender Mason Grant (Selkirk) and defender Brody Desjardins (Selkirk) as part of Team Manitoba's roster.

The squad finished with a 5-2 record — tied for the second-best overall mark at the Games — and capped off the week with a dramatic 7-6 overtime victory over Team Quebec in the fifth-place match at Paradise Double Ice Complex.

Along the way, Manitoba thrilled fans with overtime wins against Saskatchewan and Quebec in the consolation and fifth-place matches.

As one of three Pool B teams that reached the quarterfinals, Manitoba came close to knocking off the eventual silver medallists, British Columbia, holding them scoreless through 37 minutes before falling in the quarterfinal.

Their trip to the Games was the culmination of a nearly two-year process that began with an identification camp in November 2023. Staff eventually narrowed the roster down to 36 players, then finalized the group of 18 in September 2024.

The team held practices, workouts and competed in pre-tournament events such as the Lobster Trap in Halifax and the Prairie Cup in Brandon.

For the Interlake contingent, the strong result reflected not only the players' talent but also the commitment that carried the group through a demanding schedule.

"For a lot of these kids, it was the biggest tournament of their life and I'd say all of them took it very, very seriously," said Jimenez. "They are all driven to want to continue to play at a high level, so I think this tournament was kind of a taste test for a lot of those guys and all of them handled it very, very well."

The lengthy lead-up to St. John's also helped build connections among players, ones that will last years beyond their trip to the Games.

"I think the biggest thing is a lot of



these guys are going to have bonds for the rest of their life," said Jimenez. "They're very close, can joke around with each other, but at the same time keep it serious and know that they had goals they were working towards."

One of those goals was leaving the program in a better place than they found it.

At these Games, all five Pool A teams had automatic quarterfinal berths, while Manitoba had to earn their place by finishing top three in Pool B.

With their fifth-place finish, Manitoba secured promotion to Pool A for the 2029 Games, where they will be guaranteed a quarterfinal spot.

By then, the roster will look completely different, with current players



RECORD PHOTOS SUBMITTED

Pictured left to right, Cruz Jimenez, Mason Grant, Josh Poponick, Brody Desjardins, and Tyndall Fontaine represented the Interlake on Team Manitoba's U17 boys box lacrosse roster at the 2025 Canada Games in St. John's.

ageing out. Many could be playing junior or college/university lacrosse by then, after gaining exposure in St. John's.

"We kind of stressed all year, 'focus on your grades, focus on your grades. If you turn heads here, it'll only make it easier,'" said Jimenez. "I'm just hoping that a lot of these guys get picked up for post-secondary education be-

cause a lot of them are doing really well in school, so that makes it easier for scholarship opportunities. There is junior in other provinces, and it'll kind of help for post-secondary education."

More than half the members of the 2022 Manitoba roster have gone on to do just that.



Team Manitoba's U17 boys box lacrosse squad at the 2025 Canada Games in St. John's. Pictured left to right, back row: Cruz Jimenez, Cory Henkewich, Owen Hamilton, Nathan Baxter, Aedan Kane, Cash Zdan, Braedan Corrigan, Will Sedleski, Keenan Carroll, Brody Desjardins, Ridley Ringor, Josh Poponick, Tyndall Fontaine; Front row, Tyler Rideout, Marek Goller, Easton Adamyk, Kaiden Bazinet, Reid Davis, Mason Grant, Julien Roeleveld, Vaughn McLeod and Winston Hooker-Ridgen.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## 'Feistier' Steelers excited for fresh start in 2025-26

By Kieran Reimer

Selkirk Recreation Complex will get a lot livelier over the next few months.

As summer winds down, hockey season is already on the horizon — and few teams are more eager to hit the ice than the Selkirk Steelers of the Manitoba Junior Hockey League.

The 2025-26 MJHL season marks a fresh start for the Steelers after a 2024-25 campaign that began strong but soured as the months wore on.

After opening with 10 straight wins, Selkirk cooled off and finished 29-23-3-3, placing fifth in the MGEU East Division and missing the playoffs for the third consecutive year.

There were bright spots, however. Four Steelers skaters placed in the league's top 20 scoring race, and several players advanced to college and university commitments.

While some veterans have graduated, aged out or moved on, more than half of last year's squad is returning in hopes of finally breaking through to the postseason.

Head coach Hudson Friesen is also back for his sixth straight season. He and his staff have already spent weeks getting acquainted with newcomers through training camp.

"In past years we've had different

types of groups, and this year, especially off the start, we've seen a great level of buy-in and determination from our guys," Friesen said Thursday. "Definitely a little bit more of a gritty and feisty group this year, which we're excited about. For us it's playoffs or bust. Our goal is to get into the dance, and obviously anything can happen — that's been shown the last couple years in our league."

The oldest Steelers this season will be 20, while the team is also bringing in a handful of 17- and 18-year-old rookies.

Friesen said his staff spent the off-season recruiting junior-aged players from across Canada and the United States. Weeks into camp, he's now assessing what tools he'll have at his disposal — and which wrinkles still need smoothing.

"For us right now, it's a lot of teaching and educating and implementing our structure and systems," he said. "For the next couple days, these preseason games, we'll definitely be homing in on some aspects of our game, especially without the puck. Going into next week and leading into our home opener, it's about getting all areas of our game sorted out



RECORD PHOTO BY BRETT MITCHELL

The Steelers lost 5-2 to the Winnipeg Blues on Sept. 13 in MJHL Exhibition action.

and taught to a certain extent so we can build on them as things go."

The Steelers will again compete in the MGEU East alongside the Portage Terriers, Winnipeg Blues, Steinbach Pistons, Winkler Flyers, Niverville Nighthawks and Winnipeg Monarchs — formerly the Winnipeg Freeze.

All 13 MJHL teams will play 58 reg-

ular-season games, with 12 of them in action on opening weekend.

Selkirk will open at home Friday against the Monarchs at 7:30 p.m. at Selkirk Recreation Complex. The clubs will meet again Sunday at 6 p.m. in Winnipeg for the Monarchs' home opener at Hockey For All Centre.

## Playoff-bound Strikeforce putting finishing touches on regular season

By Kieran Reimer

The Selkirk Strikeforce are getting ready to play some fall soccer later this month.

They hold a 10-6-3 record, a plus-11 goal differential and fourth place in

the Manitoba Major Soccer League's Division 3B with just one regular-season game remaining. That has been enough to guarantee their spot in the six-team playoff that will compete for the Div. 3B title in the coming weeks.

Their first-round opponent is not yet set, but they know they will enter the post-

season as either the fourth- or fifth-ranked club, depending on results in the final week of the regular season.

After a bye last week, Selkirk stayed in fourth place with a two-point advantage over Thunder FC, who also have one regular-season match left. With both clubs vying for a higher seed, Selkirk's finale against third-ranked TDS carries some extra weight, as a win would lock up fourth place.

The match with TDS is slated for Tuesday at 8 p.m. at Shaughnessy

Park Field. In the clubs' previous meeting this season, Selkirk dominated with a 4-1 victory July 2 at Selkirk Recreation Complex. They will look to repeat that result Tuesday, with a win providing extra confidence ahead of what they hope is a fruitful playoff run.

The playoffs will begin the following week, with round one kicking off Sept. 25 at Ralph Cantafio Soccer Complex. Playoff matchups are still to be determined.

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**The Selkirk Record**

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# No Shot Racing draws riders to Oak Point for mud and grass drags

By Lana Meier

Quad engines roared and mud flew as No Shot Racing hosted its second Oak Point Mud and Grass Drags Sept. 5 and 6, drawing racers, families and fans to the lakeside community for two days of head-to-head action.

The event featured grass drags on Friday and mud races on Saturday, with competitors ranging from youth riders to seasoned open-class veterans. Jayden Allary, who co-hosted the event with his brother Bryce, said the team's goal was simple: to share the sport they love while building a tradition in Oak Point.

"Our main goal hosting the event is to have our friends and family come and enjoy the sport we love as well as add to the list of events we already attend and give an opportunity for other race teams to compete," Allary said.

Preparation for the weekend began long before the first quad hit the oval track. Allary credited volunteers and sponsors, particularly Waasa Indigenous Services, for supplying equipment and operators to shape a competitive course. "Without the track we wouldn't be able to race, so the volunteers and sponsors definitely helped us get the track in the right condition," he said.

Unlike most race weekends, Oak Point's event included both grass and mud racing — something Allary hopes will help attract newcomers. "We are one of the few events that do grass drags, so I feel like that's a unique way that will get more people involved, because not everyone wants to race on the mud track," he said.

Racing was organized in brackets, with riders matched head-to-head in single-knockout heats across about a dozen classes, divided by engine size from youth quads to the high-powered open class. The oval track required two laps to decide each winner, usually with two or three quads running side-by-side. Speeds reached up to 110 km/h on the grass and 75 km/h in the mud, with water depths ranging from eight inches to 2.5 feet.



Rogan Pozernick of Poz Boys Racing powers through the course.

Trophies were handed out to the top three in each class — about 36 in total — and entry fees were paid back out as prize money.

"The open class is the biggest and most sought after to compete in and watch," Allary said. "It has the fastest and most expensive quads, so that makes it the most interesting."

Attendance was smaller than at some other races across the province, but organizers see that as room to grow. Free camping and a live band rounded out the weekend as No Shot Racing worked to make the Oak Point event as much a community gathering as a competition. "Our races in Oak Point are a little smaller compared to others that we have been to, but this is why we are putting it out there that we want to grow our event into more than just races," Allary said. "Hopefully in the coming years we can grow it into an event that people look forward to every year."

Youth classes, he added, remain the heart of the sport. "The most loyal group of racers that we have are the youth classes, which in my opinion are the future of our sport," Allary said.

Looking ahead, No Shot Racing plans to expand to two events in 2026 — one in early summer and another in the fall. "We have already started planning for next year," Allary said. "We hope to see everyone there."

If interested you can follow their Facebook page No Shot Racing.



Dominic Abbors of Team Not Normal (left) and Austin Courchene of CPS Racing battle in the mud during the Oak Point Mud and Grass Drags.



RECORD PHOTOS BY CHRISTIE FEHR

Brothers Bryce (left) and Jayden Allary of No Shot Racing co-hosted the Oak Point event.



Stephan Weibe of No Shot Racing (left) and Gyn Sinclair of Heartbreaker Racing fly off the line.



No Shot Racing co-hosts Bryce Allary (left) and Stephan Weibe (right) with youth winners, with youth winners, Where's the Finish Racing's Leo Michaleski and Team DGR's Remy Dinwoodie.



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The Selkirk Record

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## GARAGE SALE

Multi family garage sale, Thurs., Sept. 18 & Fri., Sept. 19, 10:00 - 6:00, & Sat., Sept. 20, 10:00 - 3:00. 1061 Bowser Rd, St. Andrews, 1/2 mile west off Hwy 8. Chairs, tables, housewares, books, mirrors, enamelware, new cabinet hardware, barnboard, wood trims, and much much more. Rain or shine.

## MISCELLANEOUS

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## MISCELLANEOUS

Saturday Oct. 18, 2025 Steinbach Gun and Collectables Show at Friedensfeld Hall (4 Mile South on Hwy 13, then 1 Mile East on Hwy 303) BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. Phone Sheryl 204-250-8766 or Carol 204-242-2320.

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## RURAL MUNICIPALITY OF ST. ANDREWS

### REQUEST FOR PROPOSAL

#### MUNICIPAL BY-LAW ENFORCEMENT SERVICES and/or ANIMAL CONTROL OFFICER SERVICES 2-Year Contract

The Rural Municipality of St. Andrews is accepting proposals for By-Law Enforcement and/or Animal Control Services for the Municipality. This a contract position with the possibility of extension.

For a list of the duties, responsibilities and submission instructions, please go to the RM website at [www.rmofstandrews.com](http://www.rmofstandrews.com)

Proposals will be accepted until September 28, 2025 @ 4:00 pm.

For enquiries please contact:  
Jordan Nastiuk, Director of Municipal Safety  
RM of St. Andrews  
[jordan@rmofstandrews.com](mailto:jordan@rmofstandrews.com)



## RM OF WEST ST. PAUL REQUEST FOR PROPOSAL

### Request for Proposal 2025-01 Administration Building - Conceptual Planning & Design

The Rural Municipality of West St. Paul is inviting proposals from qualified firms to initiate conceptual planning and design for the new proposed Administration Building.

Request for Proposal packages are available online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked **Request for Proposal 2025-01 Administration Building - Conceptual Planning & Design** will be received by the undersigned at the address below until 2:00pm on Thursday, October 9, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any proposal if it does not meet the needs of the Municipality.

All inquiries related to the Request for Proposal should be directed to Jeffrey Simpson, CAO by email at [info@weststpaul.com](mailto:info@weststpaul.com).

Mr. Jeffrey Simpson, CAO  
Rural Municipality of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3



## RM OF WEST ST. PAUL REQUEST FOR PROPOSAL

### Request for Proposal 2025-02 Recreation Master Plan

The Rural Municipality of West St. Paul is inviting proposals from qualified consultants to develop a Recreation Master Plan.

Request for Proposal packages are available online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked **Request for Proposal 2025-02 Recreation Master Plan** will be received by the undersigned at the address below until 2:00pm on Thursday, October 9, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any proposal if it does not meet the needs of the Municipality.

All inquiries related to the Request for Proposal should be directed to Jeffrey Simpson, CAO by email at [info@weststpaul.com](mailto:info@weststpaul.com).

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF WEST ST. PAUL			
Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 15th day of October, 2025, at the hour of 2:00 PM, at Rural Municipality of West St. Paul, 3550 Main Street , West St. Paul, Manitoba, proceed to sell by public auction the following described properties:			
Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
28597	LOT 6 BLOCK 11 PLAN 68670 WLTO IN RL 5 TO 9 PARISH OF ST PAUL - 647 ADDIS AVE	L -\$141,800	\$6,314.13
28601	LOT 9 BLOCK 11 PLAN 68670 WLTO IN RL 5 TO 9 PARISH OF ST PAUL - 635 ADDIS AVE	L -\$189,700	\$7,610.99
32079	LOT 13 BLOCK 4 PLAN 66850 WLTO IN RLS 11,12,13,14 AND 15 PARISH OF ST. PAUL - 26 WUERCH CRES	L -\$151,500 B -\$381,600	\$23,796.64
53440* See note below	PARCEL 2: ALL THAT PORTION OF THE SLY 16 FEET PERP OF RL 27 PARISH OF ST PAUL LYING EAST OF THE EASTERN LIMIT OF CANADIAN PACIFIC RAILWAY RIGHT-OF-WAY PLAN 379 WLTO WHICH LIES WEST OF THE WESTERN LIMIT OF MAIN HIGHWAY PLAN 3992 WLTO EXC OUT OF SAID PARCEL 2: ROAD PLAN 52181 WLTO - DESC RL27 PA 3992	L -\$2,200	\$1,735.22
53500** See note below	PARCEL 1: ALL THOSE PORTIONS OF RL 27 TO 30 PARISH OF ST PAUL WHICH LIE WEST OF THE WESTERN LIMIT OF CANADIAN PACIFIC RAILWAY RIGHT-OF-WAY PLAN 379 WLTO EXC OUT OF ALL OF SAID LOTS, ROAD PLAN 10226 WLTO - MCPHILLIPS STREET	L -\$1,430,600	\$22,368.61
53520*** See note below	PARCEL 3: ALL THAT PORTION OF RL 29 PARISH OF ST PAUL LYING EAST OF THE EASTERN LIMIT OF CANADIAN PACIFIC RAILWAY RIGHT-OF-WAY PLAN 379 WLTO WHICH LIES WEST OF THE WESTERN LIMIT OF MAIN HIGHWAY PLAN 3992 WLTO EXC OUT OF SAID PARCEL 3: ROAD PLAN 52181 WLTO - MAIN STREET	L -\$237,000	\$10,776.90
53700	ALL THAT PORTION OF RL 28 PARISH OF ST PAUL LYING WEST OF THE WESTERN LIMIT OF MAIN HIGHWAY PLAN 3992 WLTO WHICH LIES EAST OF THE EASTERN LIMIT OF SELKIRK BRANCH OF THE CANADIAN PACIFIC RAILWAY RIGHT-OF-WAY PLAN 379 WLTO EXC FIRSTLY: SLY 206.1 FEET PERP AND SECONDLY: ROAD PLAN 52181 WLTO - MAIN STREET	L -\$159,500	\$6,205.85
53965	LOT 14 PLAN 61610 WLTO IN RL 30 PARISH OF ST PAUL - 209 DIANE DR	L -\$258,200	\$10,768.42
55100	ALL THOSE PORTIONS OF RL 31 AND 32 PARISH OF ST PAUL WHICH LIE TO THE WEST OF RIGHT OF WAY PLAN 379 WLTO EXCEPTING PUBLIC ROAD PLAN 10226 WLTO - DESC RL31/32 PA 3992	L -\$1,515,100	\$23,662.87
200300	ALL THAT PORTION OF RL 33 PARISH OF ST PAUL WHICH LIES WEST OF THE WESTERN LIMIT OF RLY RIGHT OF WAY PLAN 379 WLTO EXC PUBLIC ROAD PLAN 10226 WLTO - 4240 MAIN STREET	L -\$166,300	\$4,732.44
409050	LOT 1 PLAN 46358 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN OTM LOT 18 PARISH OF ST PAUL - 700 PONEIDA RD	L -\$235,400 B -\$640,600	\$23,553.97

\* **Roll 53440:** This legal description will not support a title – Planning approval or plan of survey is required. The cost of obtaining Planning approval or a plan of survey is the sole responsibility of the purchaser.

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The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of West St. Paul as follows:
  - i) The full purchase price if it is \$10,000 or less; OR
  - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 9th day of September, 2025.

Managed by:



Jeffrey J.A. Simpson  
Chief Administrative Officer  
Rural Municipality of West St. Paul  
Phone: (204) 338-0306  
Fax: (204) 334-9362

**BUSINESS OPPORTUNITY**  
OUTFITTING BUSINESS FOR SALE - Allocation of 18 Deer, Non-Resident, Non-Canadian tags. Area 18, 18A, 18B, 18C. Tags may be split. 1-204-638-1936.

**WANTED**  
Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Also offering gunsmithing services. Call or text 204-297-9223.

**WANTED**  
Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

**UPCOMING EVENTS**  
Saturday Oct. 18, 2025 Steinbach Gun and Collectables Show at Friedensfeld Hall (4 Mile South on Hwy 13, then 1 Mile East on Hwy 303) BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. Phone Sheryl 204-250-8766 or Carol 204-242-2320.

**UPCOMING EVENTS**  
Gun Hobby & Craft Show - September 27th & 28th, 10:00 a.m. - 4:00 p.m. Brokenhead River Recreation Complex, 320 Veterans Lane, Beausejour MB.

**News Tips? Story Ideas?**  
call the Record  
204-785-1618

### Farm Auction Sale

for the Estate of the late Tanas “Dennis” Deneka, Okno, MB  
Sale Starts online: Monday, September 29th, 2025 at 9:00 a.m.  
Closes: soft close starting at 10:00 a.m., Friday, October 10th, 2025

Viewing: Friday, September 26th, 2025 from 9:00 a.m. – 6:00 p.m.  
Contact Sharon for viewing arrangements at (204) 376-5107

From Arborg – 14.8 km North on PR #326 to Road 139NE. Turn west on Road 139NE (PR #326 West and Okno Cemetery)for 2.6 km. Marker #9068, south side of road

Included in the sale: Allis Chalmers Gleaner M & L3 Combines (shedded); Haul-all tote tanks; JD 1830 Tractor w/146FE Loader, 6 ft bucket; Versatile 400 Swather, hydrostatic w/18ft header; (2) NRN Hopper bottom bins, approx. 2900 bu; (2) Friesen Hopper bottom bins, approx. 1800-2000 bu; (Grain bins not to be removed until bins are empty) 1970's Ford F600 Grain truck w/steel box, floor, hoist; Antique machinery, scrap and some misc. items

Check out full listing at: [apro.bid](#) or [www.globalauctionguide.com](#)  
**Bergner Auction Service, Ashern, MB**

### RM OF WEST ST. PAUL REQUEST FOR PROPOSAL

#### Request for Quotation 2025-03 Purchase of 12 Foot By 60 Foot Electric Framed Office Trailer

The Rural Municipality of West St. Paul is seeking quotations for the purchase of one (1) 12 Foot by 60 Foot Electric Framed Office Trailer.

Specifications and quotation documents including submission documents are available online at [www.weststpaul.com](#).

Sealed submissions clearly marked “**RFQ 2025-03 Purchase of 12 Foot By 60 Foot Electric Framed Office Trailer**” will be received by the undersigned at the address below until 10:00am on September 25, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the quotation should be directed to Dave Romanow, Director of Infrastructure by email [dromanow@weststpaul.com](#) or by phone at 204-338-0306.

Mr. Jeffrey Simpson, CAO  
Rural Municipality of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3



# Announcements

## The Selkirk Record

### NOTICES

**URGENT PRESS RELEASES** - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

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### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@gmail.com](mailto:stonewoodelkranch@gmail.com)

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**I COME TO YOU!**

### GRAND TRUNK NOSTALGIA CLUB

**40th Annual Vintage & Collectible Sale SAT, Sept 27, 2025 10AM - 5PM**

Manitoba's Biggest Indoor Fall Vintage & Collectibles Sale with over 180 tables  
 Admission: \$5.00 12 & under FREE

Assiniboia Downs 3975 Portage Ave., Wpg.  
**FREE Parking**  
 Early (8AM) admission: \$30.00

For Info:  
 Ph: 204-990-3463  
 or 431-374-6925

### NOTICE TO CREDITORS

In the matter of the Estate of Allan Robert Toole, late of Selkirk, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Courtney Scott, Estates Officer, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 3rd day of September, 2025.

Dated at Winnipeg, Manitoba, this 2nd day of July, 2025.

Keri Ranson

The Public Guardian and Trustee of Manitoba  
 Administrator

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Call John for a viewing.

**Ph: 204-334-1787**  
 for more info.

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### Online McSherry Auctions

**Estate & Moving**  
 Sept. 17 @ 7:00PM

**Firearms-Ammo & Accessories**  
 Sept. 23 @ 7:00PM

**Man Cave**  
 Oct. 28 @ 7:00PM

**McSherryAuction.com**  
 204-467-1858  
 or 204-886-7027  
[mcsherrytld@gmail.com](mailto:mcsherrytld@gmail.com)

## CAREER OPPORTUNITY

**We are looking for a young or young at heart person to join the Selkirk Record sales & marketing team**

Are you a dynamic entrepreneur and interesting in helping grow our newspaper's sales and marketing. If you have energy, creativity, and a passion for connecting with people, this is your chance to make an impact in your community.

You will be helping organize community events, coming up with sales initiatives for the newspaper along with helping our local businesses succeed.

### Ideal candidate must be:

- Self-motivated and outgoing
- Comfortable with sales and promotions
- Able to build strong business relationships
- Excited about community news and engagement

Perfect for someone starting their career — or someone with experience who's ready for a new challenge.

**Apply today and become part of our story!**

**Send your resume and cover letter to:**

**Lana Meier at [lanameier@icloud.com](mailto:lanameier@icloud.com)**



## Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news?

The Carman-Dufferin Standard is currently seeking a full-time reporter and photographer who lives in the area to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage.

### Qualifications:

- A post-secondary degree/diploma in journalism or English degree.
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of Canadian Press Style

**Please forward your resumé along with three writing and photography samples to:**

Lana Meier

Email: [news@carmanstandard.ca](mailto:news@carmanstandard.ca)





ANNOUNCEMENT

CARD OF THANKS

Donohoe, Desmond and Jennifer  
There are no words that can express the loss we felt in losing Desmond - husband, dad, grandpa, great-grandpa, brother, uncle and cousin.  
Five days later, we felt this loss again with Jennifer - daughter, sister, aunt, cousin and mother to Braden and grandma to Oakley and Everett.  
There are also no words that convey our heartfelt thanks to all during this unimaginable time felt by all in our family. From all of the visits, phone calls, cards, baking etc., your kindness and love is helping us through this most difficult time.  
To all of the staff at Tudor PCH, Selkirk Regional Health Center, Rob & David at Gilbert's Funeral Home, Father Gerald, family and friends near and far, we thank you from the bottom of our hearts.  
"It takes a village"  
-Diane, Michelle and Mike,  
Jeff and Andrea,  
Lori and Richard, and Domonique

ANNOUNCEMENT

BIRTHDAY



Happy 70th Birthday, Gary!  
Keep living life to the fullest!  
-Love your family and friends

ANNOUNCEMENT

IN MEMORIAM



Gerald Bear  
1946 - 2000  
25 years have come and gone since you were here.  
We still speak of you often and hear others tell stories of you.  
-Dearly missed and loved by Maria, Morgan (Rae), your family and many friends

ANNOUNCEMENT

BIRTHDAY



Breaking News:  
Local man turns 65....  
still refuses to act his age.  
Happy 65th on September 21st Blaine!  
Wishing you all the best!  
-Love Brenda, Jenn, Russ, Michael, Cheyenne, Jess, Chay, Em and Odin

ANNOUNCEMENT

IN MEMORIAM



Susan Rivers  
May 11, 1957 - September 19, 2022  
In my heart your memory lingers,  
Always tender, fond and true;  
There is not a day, dear Susan,  
That I don't think of you.  
-Love Bill

ANNOUNCEMENT

IN MEMORIAM



In memory of  
Zane John Dolynchuk  
September 1, 1949 - September 20, 2020  
My brother, my boss, my friend.  
See you later bro  
-Your sister Cheryl

ANNOUNCEMENT

IN MEMORIAM



Ronald William Fewchuk  
October 28, 1941 - September 17, 2017  
Those we love remain with us  
For love itself lives on;  
Special memories never fade  
Because a loved one's gone.  
Those we love are never be more  
Than a thought away;  
For as long as there is memory  
They'll live on in our heart.  
-Forever missed  
June and family

ANNOUNCEMENT

IN MEMORIAM



Jennifer Evers  
March 8, 1975 - September 20, 2021  
In loving memory of our beautiful girl...  
With the softest heart and kindest soul,  
We mark 4 years since your passing with a profound sense of sadness,  
Thinking of you always and remembering you with love.  
Until we meet again...  
-Mom and Dad  
Lisa and Allison  
Stand and Nicholas  
Chris  
xo xo xo

ANNOUNCEMENT

IN MEMORIAM



Jeffrey David Sprong  
February 28, 1977 - September 20, 2005  
It has been 20 years since you've been gone  
You meant so much to all of us  
You were special and that's no lie  
You brightened up the darkest days  
And the cloudiest skies.  
Your smile alone warmed hearts  
Your laughter was like music to hear  
Your love will never be forgotten  
We would give absolutely anything to have you here  
But know you are happy now  
And no longer in any pain.  
You are missed and loved dearly by all who knew you.  
Missing you always.  
-Love Mom and Dad  
and family

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OBITUARY



**Shirley Irene Ditchfield**  
June 24, 1949 - September 7, 2025

Shirley was born in Selkirk but throughout her life lived in Selkirk, Winnipeg and Calgary. Her final years of retirement were spent in Winnipeg.

Shirley was predeceased by her special friend and partner Patrick Marcus; her grandparents Walter and Victoria Stranger; her parents Edwin and Viola Kirchen; siblings Elizabeth, Gordon and Vicky; her favorite cousin and best friend Naomi Bird and many other family and friends.

Shirley leaves to mourn her children Zana (Shane), Tracy (Gerald), Dawn and Tobie; grandchildren Morgan, Maddie, Jacob, Rhylee-Dawn and Nikolas; her siblings Lawrence, Corene, Brenda, Kenny, Barbara, Diana, Janet and Dorothy; and numerous aunts, cousins, nieces and nephews.

A celebration of life was held on Sunday, September 14, 2025 from noon to 4 p.m. at the Holy Eucharist Parish Centre, 460 Munroe Ave., Winnipeg, MB.

In lieu of flowers please consider a donation to the Canadian Cancer Society.

OBITUARY



**Lillian Anne Boudreau (nee Weslowski)**

Our family is heartbroken to announce the loss of our matriarch, our mother Lillian Boudreau on August 13, 2025 at the age of 94 years. She was a kind, loving and gentle woman who loved her family dearly.

Lillian was predeceased by her husband Jim and daughter Holly. She is survived by her children Guy (Sonja), Kallie and Mark; son-in-law Larry; 10 grandchildren; eight great-grandchildren; sister Nell; nephew David (Felix) as well as numerous relatives and friends.

In keeping with her wishes, cremation has taken place and a Memorial Service will be held on Friday, September 26, 2025 at 1:00 p.m. at the Gilbert Funeral Chapel, in Selkirk. Interment will take place at a later date.

"We love you mom/Gramsy"

Until we see you again

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



**Dudley Spence Gowen**

It is with heavy hearts that we announce the sudden passing of Dudley Gowen on Sunday, September 7th, 2025, at the age of 78.

Dudley was born in Selkirk, MB where he continued to live a wholesome and fulfilling life and continued to indulge in chocolate pie until the end. He is reunited in peace with his beloved wife, Laura, who preceded him in death.

He is survived by his loving son, Tim and daughter-in-law Andrea, along with cherished granddaughters Trinity and Paige and his grand fur child Bolt. He is also survived by siblings Peter (Eleanor), Bud, Ruth and twin brother Maurice.

Dudley will be remembered for his outrageous sense of humour, his love for sweets and his questionable blue truck affectionately named "Tetanus".

We would like to give a huge thanks to the EMT and ER staff at Selkirk Regional Health Center, the flight team of STARS and to Dr. Love and his team at St. Boniface Hospital.

Cremation has taken place and a private family service will be held at a later date.

In lieu of flowers, the family suggest donations be made to Diabetes Canada in his name.

Memories and condolences can be shared by visiting Dudley's memorial page at [seasonsfunerals.ca](http://seasonsfunerals.ca)

*There is a link death cannot sever,  
Love and remembrance last forever.*

# Announcements

## The Selkirk Record

Book Your Announcement or Classified Ad Today -  
Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

OBITUARY



**Jennifer Diane Donohoe**

May 5, 1969 - September 2, 2025

On Tuesday, September 2, 2025, Jennifer lost her hard-fought battle with cancer.

Waiting for Jennifer above were her dad Desmond, brothers Desmond and David, all of her grandparents, and many aunts, uncles and cousins.

Mom and Grandma were Jen's favourite names and her proudest role.

Jen leaves to cherish her memories, her son Braden, wife Danneeka, grandsons Oakley and Everett and Braden's dad Ryan, who has been a steadfast friend to Jennifer in all of their years together. Also feeling this huge loss is her mom Diane, who was with her until the end, Michelle (Mike), Jeff (Andrea), Lori (Richard) and Domonique, nine nieces and nephews and six great nieces

and nephews. In addition are her cousins who were like sisters and brother growing up are Shane, Jamie and Michael. Last but not least, friends who went above and beyond, Colleen and Mike, Hilda and Albert who always provided Jen with constant faith, her Minerva Road family and Kris.

Jen had been raised on the family farm in Petersfield, with many memories made here and at the family cabin in Manigotagan with family and friends.

Jen was employed at the Selkirk Mental Health Centre and while there, had made many true and endearing friendships that have helped in guiding Jennifer.

To know Jennifer, was to know a feisty and free-spirited soul who stood for what she believed in. Jen would champion the underdog and defend who she thought was wronged.

Jen was very loving and giving, while also having a way about her that you would walk away laughing and thinking "that's Jen". Everything about Jen will be truly missed.

After being diagnosed, Jen had been able to travel to BC to meet her first grandson and also was able to make many more trips back to her family in BC. With much regret, Jennifer had not been able to travel to hold Everett, who was born June 30, 2025, however she was able to meet him through Facetime. This is truly the reason she fought as hard as she did, they were her purpose.

Thank you to her Cancer Care team, the staff at Home Care and the Selkirk Regional Health Center who all went the extra mile for Jennifer, all of her extended friends and family for everything that everyone had helped with and had made such an impact.

Flowers gratefully declined, donations in lieu of can be made to CancerCare Manitoba or a charity of your choice.

A Celebration of Life will be held for Jennifer at Gilbert Funeral Home in Selkirk, Manitoba on Saturday, September 27, 2025 at 1:00 p.m. with Chaplain Lindsay Drabiuk officiating.

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbert Funeral Home, Selkirk in care of arrangements.



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