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THURSDAY, SEPTEMBER 19, 2019

VOLUME 10 EDITION 38

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A blue sweep in the prairies

From left: Tories MLAs Alan Lagimodiere (Selkirk), Derek Johnson (Interlake-Gimli) and Jeff Wharton (Red River North) celebrate wins with Premier Brian Pallister on Sept. 10.

RECORD PHOTO BY BRETT MITCHELL

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Residents re-elect Tory candidates

By Ligia Braidotti

Sept. 10 started just like any other day for Tory MLA candidates Alan Lagimodiere and Jeff Wharton, and their victory was the cherry on top.

Lagimodiere and Wharton were elected MLAs for Selkirk and Red River North, respectively. Lagimodiere had a strong NDP opponent running against him and for a fraction of a second it seemed like the Selkirk riding, which has been traditionally orange, would go back to its roots. But at the end of the day, he breathed a sigh of relief.

"We have a new constituency now. I'm really honoured again to be chosen to represent the people of our constituency," Lagimodiere told the Selkirk Record.

NDP candidate Mitch Obach lost the race by 1,444 votes, while Tony Hill, with the Greens, came in third with 713 votes. Liberal candidate Philip Olcen was the last runner up with 480 votes.

This is the second time Lagimodiere is elected MLA of Selkirk. He first came into the position in 2016. After more than 25 years as a veterinarian serving residents and their animals in Selkirk, St. Clements, and St. Andrews, he realized he could make an even larger impact by serving in the provincial government.

"When we were elected, we made a few promises to the people of Manitoba and that's a mandate that got us in," Lagimodiere continued. "We asked people to trust in us that we would fix the finances, restore the services and rebuild the economy."

Lagimodiere is one of seven Indigenous people in the legislature. He is an activist for his Metis heritage which he said has guided him through his life.

The Red River North re-elected Wharton, who was the MLA for Gimli since 2016. In his first three-year term,



RECORD PHOTOS BY BRETT MITCHELL
MLA for Interlake-Gimli Derek Johnson, MLA for Selkirk Alan Lagimodiere (centre) and MLA for Red River North Jeff Wharton (right) are pictured together celebrating their win on Sept. 10.

he served as the Manitoba's Minister of Municipal Relations.

With the reorganizing of the boundaries, Wharton ran again for a seat in the Red River North constituency.

"It's been great. We are very thankful for the support we got in Red River North. We are happy to have served the Gimli constituents for the last three and half years and we are excited to working with the great folks at the Red River North riding," he said.

Wharton said there are similarities between Gimli and Red River North — urban, agricultural and cabin areas. During his campaign, he heard a lot of residents concerned with lowering taxes and said he will continue to work toward ensuring Manitoba continues to implement strategies that will be easier on the citizens' pockets.

Wharton won the election with 5,566 votes against NDP candidate Chris Pullen (2,387 votes), Green candidate



MLA for Red River North Jeff Wharton is pictured with Premier Brian Pallister on Sept. 10.

Graham Hnatiuk (739 votes), Liberal candidate Noel Ngo (732 votes) and Manitoba First candidate Jocelyn Burzuik (173 votes).

"We are ready to move forward with our government. We can now continue on with the things that matter most to Manitobans," Wharton added.



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Elders, youth share knowledge at gathering

MMF hosted their third annual Elder and Youth Gathering at Selkirk Park

By Ligia Braidotti

The Manitoba Métis Federation third annual Elder and Youth Gathering strengthened ties between community members with the sharing of traditions.

Although the previous two gatherings, held at Grant's Old Mill site in Winnipeg, mainly focused on the elders, organizers always tried to engage the youth. This year, after several consultations with MMF's senior community, there's a concerted effort to include the youth. They had a more active role at the MMF's gathering on Aug. 28 and 29 at Selkirk Park.

The two days were filled with Indigenous traditions, teachings and history. Elders and youth worked together to ensure their culture is passed onto future generations.

"This year we took a completely different angle. I think it worked out so much better this year because the youth actually got engaged with the elders and they had fun and learned," Janel Leiterman, associate director at Louis Riel Institute, said. "In the language tent, they talked about some of the newer technologies and how the youth would like to learn certain languages, so it was kind of teaching the

elders at the same time about some of the avenues that youth go to learn now."

The event is an initiative of the MMF's president David Chartrand's office. The focus of the event is the sharing of knowledge from both elders to youth and youth to elders. This year, there were six different tents, each had an elder and a youth facilitating a discussion on the topics: music and dance; trapping and hunting; languages; bannock baking and storytelling; traditional medicines; and beading.

"In each session the facilitator was asked to begin the discussion and let the group explore. On the second day they would come back and share with a larger group," Sharon Parenteau, executive director at Louis Riel Institute, explained.

Focusing on getting the youth actively involved in the gathering fills an "innate desire in the younger generation to know where they come from and to explore that," Leiterman said.

MMF's goal was to give youth the opportunity to interact with elders, with whom they couldn't otherwise.

"They will forever be connected to those people," Leiterman continued.

The groups were free to present their findings on the second day



RECORD PHOTO SUBMITTED

The Manitoba Metis Federation hosted their third annual Elder and Youth Gathering on Aug. 28 and 29 at Selkirk Park.

however they wanted to. The music group presented a traditional Métis wedding, with the youth and elders playing songs and dancing. The language group played Simon says with the audience in their Indigenous languages.

"I think that elders realize that they are getting older and they're carrying a wealth of knowledge. And they want to share it. They want to tell those stories," Parenteau added. "Even though I've been immersed in our culture my whole life, there were stories in there that I didn't know."

Parenteau said forming a relationship between elders and youth is cru-

cial to the surviving of their culture, since most of the stories and traditions are passed on verbally.

"If we don't maintain a venue for passion on that knowledge, then it gets lost. Our language is one example of that. There isn't a place for young people to go. There's always the fear of losing something that's very important to you," she explained.

"The youth really looked after the elders. There's something that is very important to us in our culture. How they treated them was really important. They were laughing and having fun, which is something that we need to be doing intergenerationally."

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Hot dog! Take a drive to Skinner's

By Becca Myskiw

Skinner's is the place for family traditions and road trip stops and the restaurant has something for everyone.

Jim Skinner Sr. opened a hotdog stand in Lockport in 1929, and this year the restaurant is celebrating 90 years in business. Skinner's has three restaurants—one at The Forks and two in Lockport. One is on Highway 44 and the other is the original and one of the oldest hotdog vendors in the country on River Road.

Two of the same restaurants in the same area may seem like an odd thing, but even four wouldn't be enough. Both are always busy and staff are always making an endless supply of homemade fries.

Yes, Skinner's makes their own fries, but the real attention-grabber is their world-famous hotdog. The meat comes from Winnipeg Old Country Sausage and has since the beginning and the fresh snap of the wiener when you bite into it is what makes the hotdog at Skinner's so special.

The hotdogs come with mustard, relish and raw onions, but you can always add additional toppings like hot peppers or sauerkraut, bacon, cheese or chili and get the full experience of the famous hotdog.

The restaurant also introduced a beyond meat plant-based hotdog this

year to accommodate everyone and they have gluten-free buns.

The restaurant on Highway 44 opened a drive thru in 2008 to make it convenient for those on the go or for those who wanted take out. A beautiful patio was built just two years ago for customers to sit outside and soak in the warm summer sun while visiting and eating.

Skinner's is a seasonal restaurant, and is open for business from March to November.

They also sell ice cream, of course. Skinner's has 24 flavours of hard ice cream, they have soft ice cream, sundaes, parfaits, banana splits and almost anything else you can think of.

With a nostalgic atmosphere and a retro interior, Skinner's is the place for anyone looking for a good meal in a family place. It's also located right by the Red River which has renowned cat fishing. Skinner's on Highway 44 has a fishing centre where they offer everything and anything you might need for a day on the water.

While the food and atmosphere might be enough to make you come, the staff at Skinner's will make you want to stay. Owner of the Skinner's on Highway 44 Brenda Thompson said her employees are what she's most proud of. They greet customers with a smile and move the line along quickly with patience.



RECORD PHOTO BY BECCA MYSKIW
Brent and Brenda Thompson own and operate the Skinners along Hwy. 44.

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9-10:30 - Pancake Breakfast
9:30 - Hula Hooper – Kurrent Motion
10-11 - CSI Blue Grass Band
11:15 - Baby Contest
11:30 - How to grow a gigantic pumpkin presentation
1 pm - Mark Morissau Fiddler
2:15 - Robin Chestnut – Juggler

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for more information

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I would like to express my heartfelt thanks to the constituents of Selkirk and St. Andrews for once again placing their confidence in me to represent them in the Manitoba Legislature. On your behalf I will do my very best to be the strong voice you deserve for our constituency.

During the campaign we tried to call on every home and speak to all that were home. Thank you to all who took the time to speak with me and express their concerns, and vision for Manitoba.

I am committed to working hard for you as part of the newly elected Progressive Conservative team.

To those who volunteered countless hours and donated to help with the campaign, we couldn't have done it without your encouragement and support.

And Finally to my entire Family Thank You for always being there, words are not enough to say Thank You.

Dr. Alan Lagimordiere
SELKIRK

Honouring Manitoba hero John Ramsay

Ramsay's great-granddaughter, and Andy Blicq show documentary to Selkirk seniors

By Ligia Braidotti

Seniors at the Circle of Friends Program enjoyed a nice afternoon filled with Manitoba's tales and history.

On Sept. 13, Selkirk resident and First Nation elder Ruth Christie was at the Gaynor Family Regional Library to tell a part of her history, along with Asper School for Theatre and Film instructor Andy Blicq.

Together they have shared their knowledge of the tragic story of John Ramsay, Christie's great-grandfather, who was an Indigenous man who saved the lives of newcomer Icelandics setting in Gimli in 1875. Blicq and Huw Eirug produced *A Song for John Ramsay*, a documentary told in part by Christie and through a hunting song written and performed by Indigenous singer William Prince.

The first-half of the meeting started with seniors gathering for snacks and watching the documentary. The second-half was dedicated to Christie and Blicq, who shared their findings and knowledge of John Ramsay.

"I feel like this was given to me from my family, that I carry on with it. I have a lot of cousins and ... they kind of recognize me as a knowledge keeper. It's a gift that I can remember things since I was very young," Christie said. "I'm very fortunate to be connected to John Ramsay because he was such a hero."

"I hope that I am an encouragement to other people who feel that no one's taking responsibility for their stories," Christie commented. "I hope to be a role model not only for my culture, but for others too. When we get to know each other's history, when we are willing to be educated, I think that helps with reconciliation."

Ramsay's close ties with the Icelandic community have never been forgotten. When the Icelanders arrived in Canada they came into an agreement with the Indigenous people living in what is now known as the Icelandic River. Ramsay became friends with the Icelanders and taught them to survive in the unfamiliar conditions in the new land.

Some of these Icelanders had purchased clothing from Quebec, which arrived contaminated with smallpox. The virus killed Ramsay's first wife Betsy and three of his four children. He took great care of his wife's grave, ordering a stone marker from the stone fort on the Red River. In 1894, he died of tuberculosis and Betsy's grave was forgotten.

One night, Ramsay appeared to Trausti Vigfusson in a dream and asked the local carpenter to repair his wife's grave. The story is that fishers' nets had been coming empty for a while, but after Vigfusson fixed Betsy's grave, the nets were full. It's believed that it was Ramsay's way of thanking the community.

Blicq said it was an amazing opportunity to work side-by-side Christie. He commented she has a wealth of knowledge to share and keeps connections with Manitobans' prairie roots alive. But not only that, keeping the history alive is a way to honour those who helped shape the province.

"When we work together, a well over a century later, we are still acknowledging him, we are still discussing his life. We honour all the people that lived in that people by remembering them. And it's important for all of us to know who we are and where we



RECORD PHOTO BY LIGIA BRAIDOTTI

Ruth Christie shows pictures and books she owns about her great-grandfather John Ramsay at the Gaynor Family Regional Library on Sept. 13.



Andy Blicq and Ruth Christie worked together on the *A Song for John Ramsay* documentary.

came from," Blicq said.

He added there's another documentary about Christie and Ramsay out there, but it was never released.

"For me it was important to connect with the Ramsay story and bring it to life. It was a real gift."



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Mickey & I would like to thank all of our constituents in the new riding, Red River North, for their support and encouragement as we walked, knocked and talked over the last several weeks.

I look forward to working with you on Moving Manitoba Forward.

Jeff Wharton

RCMP urging the public not to pursue suspects

Submitted by RCMP

Over the last couple of weeks, the Headingley RCMP have responded to multiple reports of thefts where the owners of the property were actively pursuing the suspects in an attempt to get their property back. This has resulted in the owners chasing the sus-

pects in vehicles down various gravel roads and, in one instance, being involved in a collision.

"While we understand that the theft of personal property is extremely frustrating, we cannot stress enough the danger to you and others of chasing suspects and engaging in this

high risk activity," said Sgt. Paul Manaire of the Manitoba RCMP. "Chasing vehicles could have very serious consequences and places you and other members of the public at risk. If confronted, these individuals may also use violence to evade capture and there is always a possibility that they

are armed."

The RCMP urges anyone who witnesses a crime in progress to report it immediately to police from a safe location. It is critical that you closely follow all directions provided by the telecommunications operator as your safety is their primary concern.

Province provides livestock producers funding options to address dry conditions

Submitted by Manitoba government

The province is advising that livestock producers who have been affected by dry conditions on pasture can apply for funding to support water access and management under Ag Action Manitoba, Agriculture Minister Ralph Eichler announced Thursday.

"We recognize that many producers are feeling the effects of our dry summer and that they may require additional assistance to secure a safe and reliable water supply for their livestock," said Eichler. "Properly functioning and adequately protected ground and surface water sources are essential to ensuring the health of livestock and ground water sources."

Funding is provided through the Managing Livestock Access to Riparian Areas beneficial management practice (BMP) under Ag Action Manitoba – Assurance. Eligible projects and related costs include:

- drilling new or deepening existing wells, test hole drilling, screening, casing, well caps and related activities;
- installing water pumps and required plumbing components and related activities, such as professional and contractor fees;
- constructing new or rehabilitating existing dugouts including professional and contractor fees; and
- establishing alternative watering

system equipment and permanent fencing to restrict livestock access to surface water and dugouts.

To be eligible, applicants must complete an environmental farm plan (EFP) that will help manage risk on their farm related to water quality and supply, soil health, air quality and biodiversity. Producers have until Nov. 1, 2020, to submit their EFP statement of completion.

Ag Action Manitoba – Assurance: Beneficial Management Practices provides targeted incentive programs to agricultural producers and select industry service providers to advance the adoption of beneficial management practices (BMPs). These practices reduce identified environmental risks, improve agro-ecosystem resilience, build public trust and improve environmental sustainability of farm options in Manitoba.

Applications will be accepted and reviewed on an ongoing basis until Oct. 11. Priority will be given to applicants within federal tax deferral areas, as identified at www.agr.gc.ca under Drought Watch.

Producers can contact their local Manitoba Agriculture office or call the department (toll-free) at 1-84-GROW-MB-AG (1-844-769-6224) for more information on any of these programs and services or go to www.gov.mb.ca/agriculture under Quick Links.



PUBLIC NOTICE

Public Review of Efficiency Manitoba's 3-Year Energy Efficiency Plan

Efficiency Manitoba is a new crown corporation with a mandate that includes implementing and supporting energy efficient initiatives that will reduce consumption of electricity and natural gas.

Pursuant to The Efficiency Manitoba Act ("The Act"), Efficiency Manitoba will file an efficiency plan with The Public Utilities Board ("PUB") by October 1, 2019, that will propose energy efficiency initiatives to meet the electricity and natural gas energy efficiency targets that have been set out in The Act for the 2020/21 to 2022/23 fiscal years. The Act requires implementation of the Efficiency Plan on April 1, 2020.

Commencing 9:00 am December 2, 2019 in its Hearing Room at the address provided below the PUB will conduct a public review of the Plan for the purpose of making recommendations to the Minister responsible for The Act.

How do I share my views?

You can share your views on Efficiency Manitoba's Plan by way of:

- **Oral presentation** – To make an oral presentation to the Board at the Public Hearing, please register before November 8, 2019 with the Public Utilities Board by sending an email to [www.publicutilities@gov.mb.ca](mailto:publicutilities@gov.mb.ca). Presentations are limited to a maximum of ten minutes.
- **Written comment** – To comment in writing on the Efficiency Plan, please go to www.pubmanitoba.ca and provide your comment.
- **As an approved intervener** – To participate in the public hearing as an Intervener, please go to www.pubmanitoba.ca and register before October 4, 2019 to become an intervener.



RECORD PHOTO BY EVAN MATTHEWS

Manitoba Public Utilities Board
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Further details are available on the Board's website at www.pubmanitoba.ca

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Catching fish through blind hilarious confusion

Hi friends. Who knew Carp is king in Iraq! Over the years I have taken great pleasure in bringing to light the stories of fellow fishers who had different ways of fishing in their original countries. Last week I made my way over to Riverton and as I pulled onto the concrete pier by the Icelandic River I noticed a fellow purposely casting close to the edge of the river. I got out of my car shading the sun from my eyes and called out, "You trying for jacks by the bulrushes?" He looked at me for a second then in an accent said, "I'm catching but they're small."

I approached him handing him my card and asked, "I detect a bit of an accent, can I ask where you come from?" "Yes," he said, "I come from Iraq and am a Canadian citizen for five years now." "Wow, that's interesting, when you were in Iraq did you fish any differently than we do here?" I asked. "Yes, we used barrels," he replied.

Our new friend, Ahmed Dikhil, went on explaining that growing up in Baghdad, he and his young friends would "barrel fish" in the swamps along the Tigris River that ran through town. While there were many carp fish farms that produced the main fish eaten in Iraq, as boys they would go to stores and ask for the small plastic barrels produce came in. They would cut off the top and bottom then strip down to their shorts and in bare feet walk around in the massive marsh fields on either side of the Tigris River until they saw the reeds move. Slowly they would creep up on the movement and looking down through the open barrel into the shin deep water could see carp eating the roots of plants. They would hold their little barrels over the fish then plunge it down capturing it. A quick grab by the fishes gills and they had lunch or supper!

I recently met a young, vibrant lady angler, Destiny Pemkowski, who with her significant other, Regan Thom, a

slim, brown haired guy with a quiet but purposeful nature went fishing a few weeks ago at Eagles Nest Lodge by Pointe du Bois. After a stop in Selkirk for supplies, it was early evening when they got there as she tells it and since they weren't tired from their long car trip, they piled into one of the lodges small aluminum boats with their fishing gear and made for a bay that they knew to be sheltered from the wind.

The hot afternoon sun was giving way to fluffy white clouds as they sent their baited hooks well out with perfect casts. Settling on the boats bench seats, Destiny broke out the food and drinks they had bought in Selkirk. Silently the Interlake couple ate, enjoying the waters gentle rocking of the boat and the panoramic view of high rock outcroppings, topped with evergreens, through which a small waterfall cascaded down to the emerald blue-green lake they floated upon. A haze began taking over the sunny day with the clouds billowing bigger and joining together. They sat, sweating in the heat, their clothes sticking to their bodies.

Suddenly Regan's line snapped to attention cutting through the waves. He grasped his rod handle with both hands, a half eaten sandwich sticking out of his mouth as Destiny cried out, "And away we go!" Regan started reeling in. He sensed the fish was only a fair size from the resistance it gave. Then it came alive, breaking above the water whipping its body sideways revealing a well rounded deep green body and double back fin. As Destiny excitedly watched the play between the bass and Regan, huge warm rain drops began splattering the water around them. The large drops of rain intensified slapping them. A deafening beat rose as the deluge hammered on the thin metal of the boat.

Destiny's eyes shot skyward as a cracking thunder shook them. Lightening, she thought. Sitting in the back

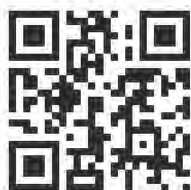


RECORD PHOTO BY ARNIE WEIDL
Regan Thom with his dragged to shore bass at Pointe du Bois.

of the boat, she quickly started the motor and made for shore. The fish was off to the side of the boat. Regan reeled in as fast as he could with the boat plowing for shore. He got the fish broadside dragging it thrashing in the waves. The warm rain pounded in Regan's eyes. Blinding hilarious confusion reigned! Then thankfully, safely on shore, Destiny and Regan looked at each other through the tropical like downpour. Looking like they had been swimming in their clothes, they started to laugh. Regan held the bass high by two fingers in the gills. Destiny screamed raucously, "Regan, our fish just pricked your finger, your bleeding." "I don't care," Regan shouted, laughing over the wind that had just picked up, "the rain will wash it off!"

Till next week my friends, bye for now.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?
Christy Brown, Distribution Mgr.: 204-467-5836

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Hardly the cat's whiskers for poor Jimmy; diabetic cats a growing problem

By Patricia Barrett

Six-and-a-half-year-old Jimmy the cat loves to watch birds flit about on his half-acre property in Matlock, take long strolls around the neighbourhood, lie in the shade of a trembling aspen and help his mom host visitors in their sunny kitchen.

But this spring he developed diabetes and is on a medically prescribed diabetic diet. He also needs insulin every day.

"He hates it but he tolerates it," said Jimmy's owner, Doreen Pendgracs, referring to the once weekly blood glucose test and the twice daily insulin injections.

It's not as though Jimmy was overeating or binging on treats, she said, it's just that he was eating his normal canned cat food plus a little bit of dry cat food, which can be high in fat-packing carbohydrates. A "big-boned cat" heading into middle age, Jimmy lost his svelte physique despite his rather active country lifestyle.

"This is a growing epidemic. I was told there are so many cats with diabetes," said Pendgracs. "Never again can Jimmy eat dry food. Ever. And I was giving him a special dry food with a weight-reduction formula, and he still ended up this way."

Pendgracs was tipped off to Jimmy's condition after he started drinking lots of water and either not peeing at all or peeing in "big clumps."

Feline diabetes mellitus has been increasing in prevalence since the mid-1980s, according to the December 2013 issue of West Coast Veterinarian, a B.C. publication. It cited reports on pet obesity and pet health from 2012 which found 58 per cent of cats are overweight or obese, and that 40 per cent of diabetic cats are overweight. It says dry food can contribute to weight gain.

"Obesity is strongly linked to a risk of developing diabetes mellitus in many species, including cats," it says. "Canned diets are typically lower in carbohydrate concentration and higher in water content than dry diets."

But here's the rub: dry food is cheaper than canned food. Depending on their disposable income, pet owners have to weigh their options as food and veterinary care doesn't come cheaply.

The sound of Pendgracs' cracking open a package of blood glucose strips had Jimmy slinking off to his favourite out-of-reach place under the bed. It took some coaxing to get him out, whereupon he made a beeline for his other hiding place under an overstuffed living room chair.

Pendgracs enticed him out by saying "go outside?" then carried him to his

bed laid out on a table in her breezy sun porch – his "happy place" where he can spy on raspy-throated blue jays and tittering sparrows.

She asked the Express to hold him gently around the neck and forepaws while she got out a fearsome-looking needle.

"I'm going to stab him and scoop the blood onto a blood strip. There's a reader on the end of the strip that we put in the glucometer," said Pendgracs as she massaged Jimmy's ear to get the blood pumping. "This needle is plucked into his ear because there are veins in the ear where we can easily squeeze the blood out. It's a horrible, horrible thing that both he and I have to go through."

Jimmy let out a high-pitched argh when Pendgracs nicked his ear and made sudden darts forward in a bid to escape before segueing into a grouchy low murmur, which in cat-speak means "you better let me go."

His glucose reading was 17.3.

"That's too high. His blood is supposed to be between eight and nine," said Pendgracs. "In May he started at 23 and we've been down at times to 14.6."

Over the course of three months, his blood sugar levels have been falling. Daily charting is part of the management plan. Pendgracs records Jimmy's glucose level every time she tests him and also records what time she feeds him and gives him his insulin shots, which are administered under the scruff of the neck.

Pet owners will positively howl about the cost of managing their cat's diabetes, which includes special diabetic food – canned food that can be obtained only from a veterinarian – blood strips, glucometer, needles and insulin, she said. The initial diagnosis by a vet cost her over \$400 and a diabetes consultation to teach her how to manage Jimmy's condition cost \$91. In all, Pendgracs said she's spent over \$1,000 so far.

"It was \$116 for insulin and another \$100 for the glucometer and 100 blood strips," said Pendgracs. "I'm a low-income person as it is. Imagine if you were super-strapped for income and you had to put out close to \$5 a day for special cat food."

What Pendgracs said she found disconcerting was discovering the cost of services and medications vary between veterinary clinics. One Interlake vet charged her \$2.70 per tin for the diabetic food while another charged \$2.08. For Jimmy's initial diagnosis, a vet charged \$13.75 for one blood glucose test strip. At Shoppers Drug Mart, a box of 100 strips works out to roughly 60 cents per strip.



Diabetic cat food varies in cost depending on what vet you deal with.



Drawing insulin into the needle.



RECORD PHOTOS BY PATRICIA BARRETT

Pendgracs is about to take a blood sample from Jimmy's ear to see where his blood sugar level is.

vet team by whom they feel assured that pet health and wellness is the number one priority.

"If you can forge a relationship with a vet whose judgment and counsel you trust unconditionally, you are unlikely to feel that the costs of services rendered were ever anything but reasonable," said Dr. Watson.

While Pendgracs doesn't know how long it will take to stabilize Jimmy's glucose levels – she's been given estimates ranging from two months to a maximum of two years – the good news is cats have the ability to reverse their diabetic condition, unlike dogs and humans.

"Cats are the only animals we're aware of so far that can cure themselves of diabetes," said Pendgracs. "Their body will start to produce insulin with a corrective diet and weight loss."

Another plus is Jimmy hasn't high-tailed it from home despite those nasty blood-draws and daily injections.

In Manitoba vets are allowed to set their own rates, although a bylaw requires them to disclose fees (i.e., provide estimates) in advance of the provision of services, said Dr. Jonas Watson, president of the Manitoba Veterinary Medical Association and veterinarian at the Tuxedo Animal Hospital in Winnipeg.

"Veterinary hospitals base fee structures on a variety of variables," said Dr. Watson, "including provincial data collected and disseminated by the Canadian Veterinary Medical Association, regional market trends and the amount of overhead, staffing, pharmaceutical and other costs for which a given business is responsible."

A 2013 Fact Sheet on the Canadian Veterinary Medical Association's website says veterinarians can charge what they deem are "appropriate" and "reasonable" fees for treatment and services, and they should be able to justify their costs. The association issues suggested fee guidelines for each province, but they're not available to the public.

Dr. Watson said pet owners are advised to find a

Ed Teplyski

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Searching for new homes



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Canvasback Pet Supplies held their 10th Annual Adoption Days on Sept. 14 and 15 on their parking lot. Shelters from around Winnipeg brought their dogs, cats and horses to find new homes for them. Canvasback Pet Supplies raised more than \$9,000, which will be donated to shelters to pay for food, bedding, spaying and neutering, and medications.



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Lockport's River's Edge Run for NF set for Sept. 21

By Jennifer McFee

Lockport's River's Edge Run for NF features an event for participants of all ages and skill levels in a scenic setting.

Set for Saturday, Sept. 21, the run aims to raise funds for the Manitoba Neurofibromatosis support group (MBNF). The event will offer five-kilometre, 10-kilometre, half-marathon and 30-kilometre options. The five-kilometre run/walk starts at 9:30 a.m. and the other three events start at 8 a.m.

The run starts and ends at Skinner's on River Road in Lockport, and all participants will receive a pancake breakfast and finisher medal. Members of the public are also welcome to come out to show their support by buying a pancake breakfast for \$6 and 50/50 tickets. As another option, they could simply make a donation to the non-profit organization to support the cause.

"This run tries to bring awareness of neurofibromatosis, a rare but common condition affecting 1 in 3,000 births, more than cystic fibrosis, Duchenne muscular dystrophy and Huntington's disease combined," said race director Corinne Thompson Bobrowich.

"This run helps to support the funding for research, promote more awareness and create support for those living with this disorder."

Neurofibromatosis is a unique condition because it affects every person differently, she added.

"The condition is one in which tumours can grow on nerves anywhere in the body. These tumours can be outward and present as bumps on the skin or can be internal, creating



RECORD FILE PHOTO

Runners will take off at the starting line in support of the annual Lockport River's Edge Run for NF (Neurofibromatosis) to compete in the 5 km, 10 km, Half and 30 km races on Sept. 21.

large plexiform neurofibromas that can wrap and entangle around major organs within the body," Thompson Bobrowich said.

"These tumours can come and go throughout a person's lifetime, and some people can never know they have this disorder due to the minor signs and symptoms they have. Most of these tumours are slow-growing benign tumours but they can grow

rapidly at certain times in a person's life."

Regular MRIs are needed throughout the patients' lifetime to determine the speed of the growth.

"MBNF has helped to fund MRI goggles at the Children's Hospital along with the Children's Hospital Foundation in the past due to fundraising events such as this," Thompson Bobrowich said.

"These goggles have been invaluable for these kids who have to go for regular MRIs by allowing them to watch a movie while their scan is done, sometimes upwards of two hours. These goggles have been able to eliminate sedation with MRIs for these children, which is a huge asset for these children, as well as reducing a strain on our medical system."

The annual event, which is deemed "Manitoba's most beautiful run," has been supporting MBNF since 2015.

"The funds raised have averaged approximately \$16,000 per year to MBNF to help promote awareness and support funding for this cause. There have been many amazing local sponsors for this event, including 4L Communications/ Telus, who is our presenting sponsor for this year's event," Thompson Bobrowich said.

"We would like to have the public and medical community become more educated on what neurofibromatosis is so as to better streamline the appropriate diagnosis and care for these individuals affected by this disorder."

To register or to make a donation, visit the Running Room website at www.runningroom.com or drop by any Running Room location in Winnipeg in person. Same-day registration is also available. For more information, email lockportriverrun@shaw.ca

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Family medicine residents explore Gimli and lifestyle opportunities

By Ty Dilello

Interlake-Eastern RHA hosted a three-day Family Medicine Residents retreat at the Lakeview Resort in Gimli last weekend. It was the first time that the retreat was hosted in the Interlake since Selkirk put it on in 2016. The retreat is meant to showcase rural lifestyle and work opportunities that are available to physicians in the ever-growing Interlake-Eastern region of our province.

Every year, first and second year family medicine residents attend a different regional health authority for the retreat providing residents the opportunity to explore Manitoba with their families and possibly rekindle friendships with old classmates.

Alexa Toop graduated from the University of Manitoba College of Medicine in the spring of 2018 and started her family medicine residency in Steinbach in July 2018. She's currently a second-year resident and is the chief resident for the group of residents based out of Steinbach.

Toop was one of the organizers of the retreat in addition to being a chief medical resident.

"Part of my role as chief resident was to work with the chiefs from Manitoba's various family medicine programs to plan our annual fall retreat," relays Toop. "We were helped immensely by the department of Family Medicine at the University of

Manitoba, as well as by staff from the Interlake-Eastern Regional Health Authority. Together we spent several months planning a weekend that we hoped would be educational, fun, and relaxing for our residents and their families."

"The weekend in Gimli was excellent," said Toop. "I would definitely declare it a success. We had 115 residents attend the weekend, along with many spouses and family members (including 32 children in total), which is approximately 75 per cent of the family medicine residents currently training in Manitoba."

Throughout the weekend there were numerous presentations that were held at the retreat that focused on a variety of topics, ranging from academic, to physician wellness, to practice management. They also had speakers present on various topics pertaining to residency and future practice at their plenary sessions, including a session presented by Dr. Ian Alexander, a family physician practicing in Selkirk and current president of the College of Family Physicians of Manitoba.

The weekend also featured plenty of fun activities, including a dodgeball tournament, karaoke, a casino night, as well as the option for residents and their families to relax on the beach or at the always luxurious Lakeview Resort.

"The feedback we have gotten from the residents who attended has been very positive," said Toop. "And we're so glad we were able to plan a retreat that was so thoroughly enjoyed by all."

"My favourite part of the weekend – and often a highlight for all many attend – was the job fair that took place

on Friday evening. Over thirty event sponsors, including numerous family practice clinics throughout Manitoba, were present to advertise the numerous career opportunities that are available. As a physician who is

planning to work in a rural location in the near future, I appreciated hearing about the needs and opportunities available throughout the province, including throughout the Interlake region."

Lily Pad raises money for soup kitchen



RECORD PHOTO BY BRETT MITCHELL

Lily Pad Cruisers antique car club raised \$2000 for Selkirk's Our Daily Bread Soup Kitchen. Pictured, Dale Hiscock, George Ball, Faye Drummond, Ken and Don Swaffer present Beverly Terhorst from the Soup Kitchen (second from the left) the cheque on Sept. 9.



RECORD PHOTO SUBMITTED
Chief Medical Resident Alexa Toop enjoying her time at the Interlake-Eastern RHA Residents Retreat in Gimli at the Lakeview Resort.

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Interlake Tourism hosts annual "Celebration of Stars" awards

By Evan Matthews

Tourism is a huge economic driver for Manitoba's Interlake, and the region celebrated last week.

For the first time since 2006, Eriksdale played host to the 18th annual Interlake Tourism Association's (ITA) Celebration of Stars Awards Dinner on Sept. 12 at the rec centre. 124 people attended the event.

"The association offered rec activities and experiences at the Eriksdale Creamery Museum, and a trip out to Percy Moggey's cabin, as part of exploring the area for all who attended," said Gail McDonald, ITA's manager, said.

Percy Moggey is known as "Manitoba's boogeyman," as it's said he's the only person to ever escape from Stony Mountain Penitentiary, and subsequently spent almost a year living near Eriksdale, in the bush.

The nomination process began back in June, according to McDonald, with nominations flooding the office through July. Nominees were then asked to fill out a questionnaire, which were reviewed by independent judges for scoring.

The ITA presented each winner with etched glass trophies and a certificate. Each of the ITA member award

winners will move forward onto the Travel Manitoba Provincial Awards in 2020, according to McDonald.

An individual, organization, business or municipality, may be nominated for more than one category.

Winners included:

- Daryl Carry - Town of Winnipeg Beach - Award of Distinction
- Marilyn Williams - Garden & Art Tour / Red River North Tourism - Event of the Year
- Don Bowles - Dunnottar Train Station / Volunteer of the Year
- Lois Wales - Garden & Art Tour, Homes for the Holiday / Holiday Alley - Volunteer of the Year, Event of the Year
- Russ Garvie - St. Andrews Rectory Heritage Centre - Partnership Award
- Allan Sulyma - Town of Winnipeg Beach - Award of Distinction
- Eugene Zalvich - for Adam Tarnowski of Beachside Boutique - NON-Member Award
- Rob Jantz - Prairie Sea Kayak Adventures - Innovation Award
- Jacques Bourgeois - Oak Hammock Marsh Interpretive Centre - Event of the Year- Budget Under \$5,000.



RECORD PHOTO SUBMITTED

Back Row (left to right): Daryl Carry, Town of Winnipeg Beach - Award of Distinction; Marilyn Williams, Garden & Art Tour/Red River North Tourism - Event of the Year; Don Bowles, Dunnottar Train Station - Volunteer of the Year; Lois Wales, Garden & Art Tour, Homes for the Holiday/Holiday Alley - Volunteer of the Year, Event of the Year; Russ Garvie, St. Andrews Rectory Heritage Centre - Partnership Award; Allan Sulyma, Town of Winnipeg Beach - Award of Distinction; Front row, Eugene Zalvich, for Adam Tarnowski of Beachside Boutique - NON-Member Award; Rob Jantz, Prairie Sea Kayak Adventures - Innovation Award; Jacques Bourgeois, Oak Hammock Marsh Interpretive Centre - Event of the Year- Budget Under \$5,000.

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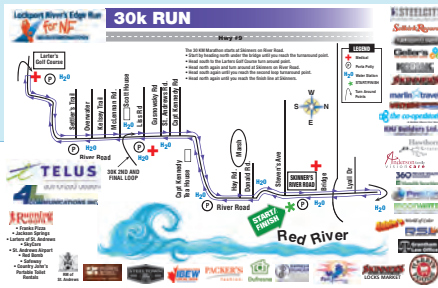
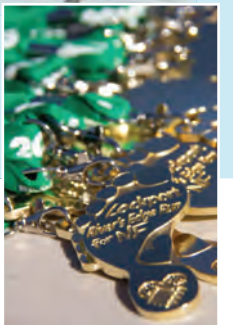
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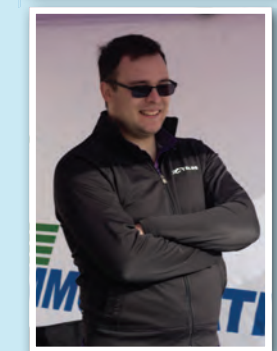
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> MEAL IDEAS



Grilled Pierogies with Steak and Chimichurri

Recipe courtesy of Susie Bulloch of "Hey Grill Hey"

Pierogies:

1 package Mrs. T's Classic Onion Pierogies

1-2 tablespoons olive oil

Tri-Tip Steak:

1 teaspoon salt

1 teaspoon pepper

1/2 teaspoon onion powder

1/2 teaspoon garlic powder

1 tri-tip steak (2-3 pounds)

Chimichurri Sauce:

1 cup fresh Italian parsley, packed

1/4 cup fresh cilantro

1/2 cup extra-virgin olive oil

1/3 cup red wine vinegar

3-4 garlic cloves, peeled

1 teaspoon crushed red pepper flakes

1 teaspoon salt

1/2 teaspoon fresh ground black pepper

To prepare Pierogies: Toss pierogies in olive oil.

To prepare Tri-Tip Steak: In small bowl, combine salt, pepper, onion powder

and garlic powder; season steak on all sides.

To make Chimichurri Sauce: In food processor, pulse parsley, cilantro, olive oil, vinegar, garlic, red pepper, salt and black pepper until well combined but small pieces of herbs remain. Pour into serving bowl, cover and refrigerate until ready to use.

Heat grill to 400 F for two-zone cooking. Grill steak over direct heat 3-4 minutes per side.

After flipping steak, place pierogies over indirect heat. Close grill lid and cook 3-4 minutes.

Move steak to indirect heat and move pierogies to direct heat.

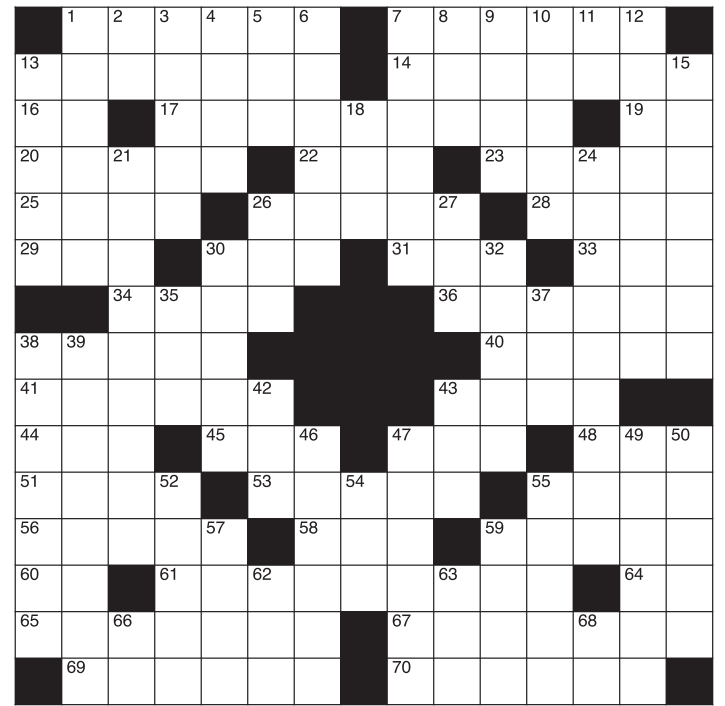
Remove from grill when pierogies are golden brown and steak is cooked to preferred doneness. Allow steak to rest before slicing.

Layer one pierogy, one slice steak and drizzle of chimichurri sauce to assemble each bite.

X CROSSWORD

CLUES ACROSS

1. Study of sight
7. Becomes less intense
13. Juicy, soft fruit
14. A great ape
16. All-time NY Giants great
17. Big Apple native
19. Home of the Flyers (abbr.)
20. People stand in them
22. Automotive legend Iacocca
23. Influential linguist
25. ___ and Andy, TV show
26. Wives (law)
28. Discriminating
29. Star Wars hero Solo
30. Married woman
31. A digital tape recording of sound
33. Chinese dialect
34. Angolan monetary unit
36. A type of sheen
38. "Ash Wednesday" poet
40. Nobel Prize-winning chemist
41. Spoke angrily
43. Separated with a tool
44. Relative biological effectiveness (abbr.)
45. Actors' group
47. A type of ship (abbr.)
48. Bar bill
51. Romanian city
53. Greek sorceress
55. Small water bird
56. Tropical Asian plants
58. "Unforgettable" singer
59. Belonging to a bottom layer
60. Potato state
61. A toy that spins
64. "A-Team" character
65. Ornamental molding
67. Covers again
69. Poets write them
70. Appear



CLUES DOWN

1. Popular mid-size Kia
2. Image management (abbr.)
3. Prongs
4. Cools
5. It produces milk
6. Trends
7. Concurred
8. Chinese cabbage ___ choy
9. Greek war god
10. Straits along the Red Sea
11. Railway
12. Washing with water
13. Supreme being
15. Ductless gland
18. Parts producer (abbr.)
21. Not arranged in a straight line
24. Red sweet peppers
26. Famed protest yacht
27. Drain
30. Distributes
32. Small, savory dishes
35. Web of Things (abbr.)
37. Defunct aerospace company
38. Lacking consistency
39. Type of retriever
42. Barrier
43. Senior officer
46. Categories
47. Call it a career
49. Suitable for growing crops
50. High jumping legend Iolanda
52. Hairy
54. Dish made with lentils
55. TNT broadcaster Craig
57. Used to align parts
59. Cold, dry Swiss wind
62. Water in the solid state
63. A great play
66. Atomic #45 (abbr.)
68. Big shot lawyer (abbr.)

Please see classified section for Answers

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INSIDE > OUTSIDE > UPSIDE DOWN

Dolphins Swim Club prospering with Stamm's passion

By Ty Dilello

Michelle Stamm is the long-time swim coach at Lord Selkirk Comprehensive high school and the Selkirk Dolphins Swim Club. Swimming and coaching have become a lifelong passion for Stamm as the club was first started in 1979 and is having its 40th anniversary in November.

"The pool was just new and the public wanted a swim team," recalled Stamm. "I had been swimming in Winnipeg with the Winnipeg Dolphins for four years, living in the Garson area, travelling to Winnipeg eleven times a week and schooling in Beausejour. I transferred to Selkirk Comp enrolling in the Drafting program and during lunch hours I would swim. One of the founding members of the pool saw me and this is how it started.

We were known as the Dolphins (Selkirk) as the Winnipeg Dolphins helped us get started. In 1980-81, the Winnipeg Dolphins built a new identity amalgamating with other clubs from Winnipeg now known as Manta. The executive at the time felt we were strong enough to carry our own identity and retain the Dolphin name."

"My parents coached the developmental age groups of the Selkirk Dolphins for four years from the time the club started. I returned to the Club



RECORD PHOTO BY BRETT MITCHELL

Michelle Stamm's passion for swimming has helped the Dolphin's Swim grow and prosper over the years.

as a volunteer coach in 1995 when our daughter was first interested in competitive swimming. So I did that for a couple years and then was hired as a part time developmental coach. When the head coach left, a swimmer coach named Nancy and I proceeded to operate the club coaching together for three months while the executive posted the head coach position. I took a year off and then returned in 2001 as co-head coach and took on the head

coach position a couple years later.

So why did Stamm get involved?

"The club needed a coach with a competitive swimming background," says Stamm. "I continued to coach as our own children were part of the sport and now I continue with it because I love the excitement, the kids and the history. We are a small club of around seventy swimmers reaching the national level in past years. Three of the junior coaches are swimmers I have coached in the past twelve years and are a huge part of our team."

Currently, the Selkirk Dolphins team has four levels of swimming from beginner Bronze to JAG (junior age group). Swimmers who join the team are usually from the Selkirk area

or live within a one-hour radius from the pool.

"It takes a lot of time and energy, time away from home, but I have huge family support. It has given me lots of opportunity to learn, grow, develop, travel and meet people. When one swimmer graduates there is still a swimmer in the water that I have coached for a few years and built a relationship with them which makes it hard to leave."

What makes the Selkirk Dolphins Swim Club such a prolific academy for swimming in our province with so many champions and national athletes over the years?

"I'm not sure why we are a swimming hotbed," relays Stamm. "Some coaching colleagues say, 'it's the water.' Maybe because we are the only indoor pool north of Winnipeg that can attract talent from the regions including Winnipeg for those who are dedicated as we focus on perfecting technical skills."

The Selkirk Dolphins have a number of levels where an interested swimmer can become involved, offering a two-week tryout for all levels except the Mini program. They offer a one hour, eight-week mini program for young swimmers in the winter. And a variety of levels up starting with Bronze for Red Cross levels 4 and up.

More information and registration are available on their website (www.selkirkdolphins.com) and people can contact me Michelle directly at mstamm62@gmail.com with any inquiries.

Royals athletics giving back



RECORD PHOTO SUBMITTED

The Selkirk Royals varsity girls' volleyball team spent Sunday volunteering with the 2019 Motionball Marathon of Sport Winnipeg to raise over \$200,000 for Special Olympics Manitoba.

Bison women's golf team finishes eighth at Tracy Lane Memorial

Staff

The University of Manitoba Bison women's golf team placed eighth out of 10 schools at the Tracy Lane Memorial in Bemidji, Mn. on Sept. 9-10.

Manitoba finished with a 152-over par 728. The Bison were led by third-year captain Marissa Naylor, who shot 82 and 80 to finish tied for fifth in the individual standings.

First-year Bison McKyla Poponick of

Selkirk had Manitoba's second-lowest score. She carded rounds of 83 and 94 to place 36th overall.

The other Manitoba performers were fourth-year player Brynn Todd (97-91) and second-year Dayna Dubnicoff (99-102).

The Bison women are back in action this Saturday and Sunday at the SMSU Mustangs Invitational.

Loewen looking to overcome the odds in Vegas

Staff

The Vegas Golden Knights are taking a gamble on Arborg's Jermaine Loewen.

And the former Interlake Lightning power forward is looking to overcome the odds of becoming the second Jamaican-born player to play in the National Hockey League.

The Golden Knights announced last week that Loewen had been invited to the club's training camp.

Earlier this month, he suited up for Vegas at the Anaheim Rookie Faceoff.

"I definitely relish being in this position," Loewen told the *Las Vegas Review-Journal*. "I think about it as trying to prove to myself I can keep going. The people that are there in my life and the people in this organization that are going to help me develop, I just listen to them and do everything to the best of my abilities.

"At the end of my life, I know I gave everything I have. That's important for me."

Loewen was unable to participate in the Knights' development camp in June due to

injury but was invited to rookie camp.

Vegas has invited 53 players —19 of whom attended the Golden Knights' rookie camp — to their main camp which began last week.

The Dallas Stars selected Loewen in the seventh round (199th overall) of the 2018 NHL Entry draft.

But Dallas passed the June 1 deadline for signing all unsigned prospects and left four players with the opportunity to go elsewhere.

Last season, Loewen was the captain of the Western Hockey League's Kamloops Blazers, scoring 28 goals and 46 points in 59 regular-season games.

The towering 6-4, 227-pound winger played five seasons in Kamloops. He scored 78 goals and produced 132 points during his WHL career.

If Loewen does not earn a contract with the Golden Knights, he would be eligible to sign with their American Hockey League or East Coast Hockey League affiliates.



RECORD PHOTO SUBMITTED

Arborg's Jermaine Loewen was invited to attend the Vegas Golden Knights' main training camp.

Steelers host Oil Capitals in home opener Friday

By Brian Bowman

The Selkirk Steelers will open their Manitoba Junior Hockey League regular season this Friday.

Games will finally start to matter as Selkirk hosts the Virden Oil Capitals at the Rec Complex on Friday. The Steelers will then visit Virden on Saturday. Both games will start at 7:30 p.m.

"We're really starting to look forward to it and it's right around the corner," said Steelers' forward Carter Barley, now entering his fourth full season with the club. "It should be exciting."

The Steelers will be looking for some revenge against Virden after the Oil Capitals ended the Steelers' season by winning their best-of-seven, first-

round playoff series in six games.

"Everyone is kind of looking forward (to the weekend series)," said Barley. "We obviously want revenge because we had a good team last year and we didn't expect that to happen. Payback should be coming, hopefully."

Barley is looking to have a huge season in his final year of junior hockey. The St. Andrews' product has scored 38 goals and produced 119 points in 166 regular-season games.

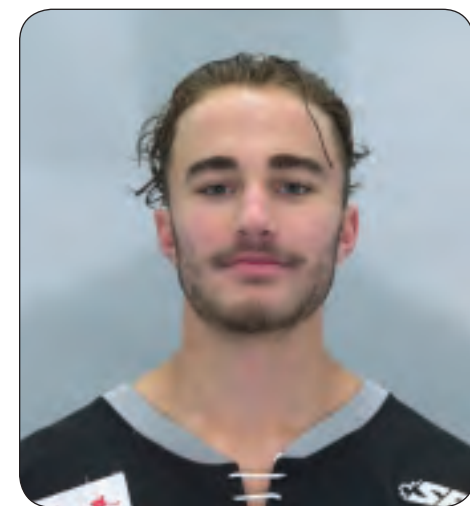
"As a team standpoint, the team wants to be good and top three would be great," he said. "And as a player, I want to do very well and finish among the top players in scoring and if that could lead to a championship, that would be awesome."

Barley has really enjoyed his time playing with the Steelers.

"It's great," he said. "Obviously, being a hometown guy the local kids know me and it's close to home."

He also really relishes the fact he was able to play alongside his older brother, Connor, in Selkirk.

"That was great," Carter Barley said. "He's only a year older than me but he kind of guided me to the player that I am. Not having him (this year) is really different. It's the only year I haven't played with him so it's kind of weird. I have to do everything on my own but, at the same time, I kind of like it."



RECORD PHOTO SUBMITTED

Carter Barley

Steelers close out preseason with shutout win

Staff

The Selkirk Steelers wrapped up their preseason with a solid 4-0 win over the Winnipeg Blues Sunday evening at the Rec Complex.

Levi Mitchell made 23 saves for the shutout.

Trent Halfdanson scored the lone goal of the first period and then Mattieu Catellier and Cole Wigestrund made it 3-0 after 40 minutes.

Tanner Popochincki closed out the scoring early in the third.

Whipped by Winnipeg

On Saturday afternoon, Winnipeg whipped Selkirk 7-3 at the RINK Training Centre.

Colby Jaquet, Blake Burr and Catellier scored for Selkirk.

Brayden Foreman (two), Josh Ernst (two), Matthew Hill, Nolan Wiehs, and Carson Tied replied for Winnipeg.

Steelers' netminder Austin DeBoer stopped 26 of 33 shots.

Beating the Blues

Last Thursday, the Steelers beat the

Blues 5-2 at the Selkirk Rec Complex.

Caiden Gault led Selkirk with four goals - including a natural hat trick in the third period - to snap a 2-2 tie.

Jackson Kalbecka scored the Steelers' other goal midway in the first period.

Hill and Foreman tallied second-period goals for Winnipeg.

Riley Morgan and Cole Plowman shared the goaltending duties for Selkirk. The Steelers outshot the Blues 37-15, including 15-3 in the third pe-

riod.

On the trade front, Selkirk sent forward Josiah Vanderhooft to Winnipeg for future considerations.

The Steelers also dealt defenceman Ryden Fedyck to the Winkler Flyers for futures.

In a third move, Selkirk acquired defenceman Patrick Comeau from the Virden Oil Capitals in exchange for the MJHL list rights to defenceman Sam Mitani.

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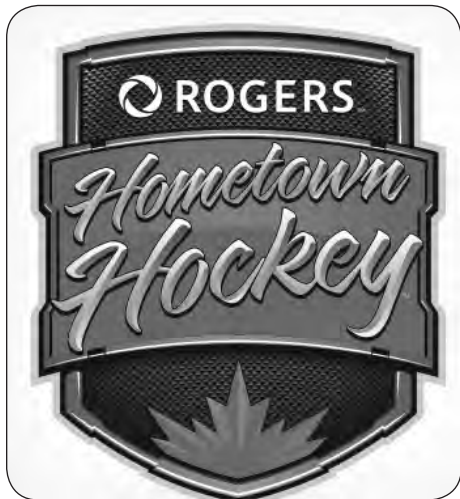
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Rogers Hometown Hockey to visit Peguis First Nation



Staff

Rogers Hometown Hockey will be coming to Peguis First Nation this hockey season.

Rogers Hometown Hockey, which

returns for its sixth season, will be in Peguis from Feb. 29 to March 1.

The travelling NHL fan experience show will also be in Dauphin Nov. 17 and will be making stops in 25 communities across the country to celebrate local hockey stories that connect the nation.

"We are extremely thrilled that Rogers Hometown Hockey has selected Peguis First Nation as one of the host communities for this amazing NHL fan experience," said Peguis First Nation Chief Glenn Hudson in a media release. "This is a tremendous and exciting opportunity for our community of Peguis to showcase on a national stage our amazing people, display our strong community spirit, share the success stories of our local hockey players, and of course, how our com-

munity has been coming together for years for our love of the game of hockey."

The Rogers Hometown Hockey Festival features a full weekend of live entertainment, NHL alumni, and hockey-themed activities. The event culminates on Sunday with a viewing party of the NHL broadcast of the Vancouver Canucks versus the Columbus Blue Jackets on Sportsnet with hosts Ron MacLean and Tara Sloan.

The Rogers Hometown Hockey Tour, presented by Scotiabank and Hyundai, gets underway on Oct. 5-6 in Halton Hills, Ont., as the NHL begins its 2019-20 campaign.

"Hockey brings Canadians together from coast to coast," said MacLean on the Sportsnet website. "It allows us to imagine new possibilities and share

the stories that unite the country."

"It has been a privilege to tell Canada's hockey stories over the past five seasons and we are grateful for the chance to hit the road for Season 6 — seeing old friends and meeting new ones, and getting to the heart of this country's insatiable passion for hockey," added Sloan.

The Rogers Hometown Hockey Tour will travel 23,907 kilometres over the course of the 2019-20 season, the equivalent of crossing Canada from east to west more than four times.

In other hockey news, the Peguis Juniors will be hosting their 2019-20 season training camp on Sept 21-22.

For further information, please contact Juniors' general manager Ryan McCorrister at pegjuniors@gmail.com.

Interlake Thunder pounds Park West Outlaws

By Brian Bowman

The Interlake Thunder could not have asked for a better start to their Rural Manitoba Football League regular season.

Interlake cruised to its second consecutive lopsided win after pounding the Park West Outlaws 41-16 on Saturday.

"Park West is a tough, physical team and our kids came back pretty good," said Thunder defensive coordinator Ed deLaroque. "It took us a little bit to get going against that team but when we did (it was good)."

For the second consecutive week, Interlake was dominant on both sides of the ball. The Thunder has been very good on the defensive end.

"We're doing very well this year," deLaroque said. "We have a different look to our defence because we have different personnel but they're all coming together very well."

Offensively, Graeme Perrie and Brady deLaroque each scored a pair of touchdowns while Karson Karish and Aaron Zdrill also had majors.

Thunder quarterback Joshua Charison played another strong game under centre.

Other scores from Week 2 saw Dauphin defeat Moosomin 30-18, Southwest beat Virden 28-6, and Swan Valley knock off Neepawa 54-24.

Interlake (2-0) is back in action Thursday when it hosts the Virden Golden Bears (1-1) at Stonewall Collegiate. Kickoff is 4:30 p.m.

"We're expecting kind of a similar game to Park West," Ed deLaroque said. "Park West is probably one of the more physical teams that we're going to play all year. They tested us physically and I'm imagining Virden will be much of the same."

Selkirk FC advances to MMSL 2nd Division semifinal game

By Brian Bowman

Selkirk FC needed a real gutsy effort to defeat United Nova FC in their Manitoba Major Soccer League 2nd Division quarter-final game on Monday evening.

Selkirk FC was decimated with injuries but still managed to pull off an impressive 2-0 shutout victory.

"We had an incredible effort considering how many people we have injured," said Selkirk FC coach Sean Leggett. "I actually played...it was my first game of the season."

Jordan Bruenig scored early in the first half and then Brandon Medina tallied with about 15 minutes remaining in the second half.

Getting an early goal was huge for Selkirk FC.

"We only had two guys on the bench and me be-

ing one of them, so we were very short," Leggett said. "About four of our starters are playing with injuries so it's not ideal. We're stretched pretty thin right now."

Defensively, Selkirk FC did a great job shutting down United Nova FC's attack.

"We kept our organization and structure, like we've had for a couple of months now," Leggett noted. "We really just moved the ball well and worked the ball through the middle of the field and we find against Nova, we have a lot more strength in the middle of the field."

"We were able to use our speed and pretty much shut their attack down."

Evan Bedard recorded the shutout.

With the quarter-final victory, Selkirk now advances to play Galacticos FC in a semifinal game

on Sunday (5 p.m.) at the Ralph Cantafio Soccer Complex.

It should be a great contest between two very good teams. But Selkirk FC is confident going into the game.

"I am going to say they are probably feeling very fortunate to not have lost both games to us this season," Leggett said. "In one (game) against us, they scored in the last second against us. In the first game, we had a goal called back in the last five minutes, which would have made it 3-2, and there was no apparent reason for that goal (to be disallowed)."

"They are a strong team but I would definitely say we've had the upper hand this season and we'll be looking for a win that night."

Stratton's hockey career, the ultimate journeyman

By Ty Dilello

That old song "I've been everywhere, man" plays in my head when I go through Art Stratton's hockey career and look at all the cities he played in over the course of 20 seasons.

The 6'1" centreman was one of the most well-respected playmakers in professional hockey and rightfully so as he was well over a point-per-game player his entire career.

Stratton was born on Oct. 8, 1935, and spent his early youth growing up in Arborg and Arnes before moving with his family to Winnipeg when he was 10 years old.

Stratton scored wherever he played, and shows in his career stats. There was even a five-year period during the 1960s when he was the highest-scoring player in all of professional hockey. Stratton won two Les Cunningham Award's as the AHL's Most Valuable Player in 1964-65 and 1973-74 and one Calder Cup with the Buffalo Bisons in 1963. He had three AHL First Team All-Star selections (1963, 1964, 1965) and one AHL scoring championship (1965). And then he also had two CPHL First All Star Team, scoring championship and

MVP awards in 1966 and 1967. He also holds the AHL record for most times leading the league in assists (four), ranks sixth all-time with 555 helpers while totaling 766 points in 669 career AHL games.

On March 17, 1963, Stratton had one of the greatest games a hockey player could ask for as he set an AHL record with the Buffalo Bisons that will likely never be broken in any pro league when he assisted on nine goals in one game. Another cool thing about him is that Stratton's the man who Don Cherry can thank for saving his career and getting him his start in the National Hockey League when he helped coach Cherry's minor league club in Rochester.

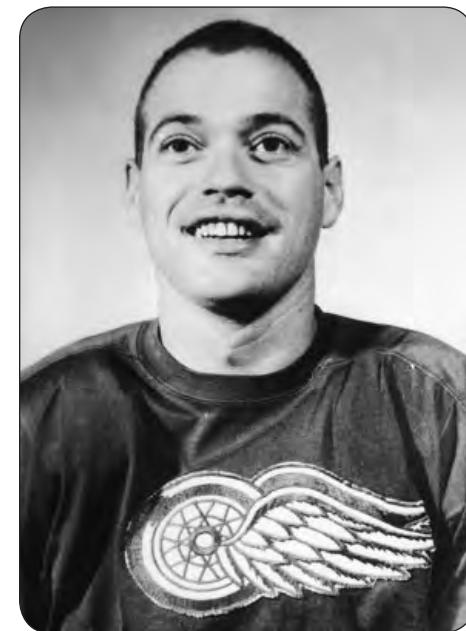
Stratton played a little bit in the National Hockey League during the early 1960s, having brief stints with the New York Rangers, Detroit Red Wings and Chicago Blackhawks. He got his break when the NHL expanded to 12 teams in 1967 and he played his one full NHL season in 1967-68, split between the Pittsburgh Penguins and Philadelphia Flyers. As said previously, Stratton scored wherever in the played so even though he only had

several brief stints in the big leagues, he still scored 51 points in 96 career NHL games.

But Stratton's professional hockey career was more illustrious than his brief stints in the NHL. Starting in 1955 and playing straight until 1976, Stratton skated for the likes of the following minor-league teams: St. Catharines Teepees, Cleveland Barons, North Bay Trappers, Winnipeg Warriors, Springfield Indians, Kitchener-Waterloo Beavers, Buffalo Bisons, Pittsburgh Hornets, St. Louis Braves, Seattle Totems, Tidewater Wings, Virginia Red Wings, Rochester Americans, Richmond Robins and Hampton Gulls. "I've been everywhere, man! Maybe you see where I'm coming from now.

Stratton retired from hockey at 40 and got into the cedar business back in Winnipeg. His minor league career was so impressive that he was inducted into the AHL Hall of Fame a few years back in 2015. Today, Stratton is 83 years old and lives in his home that he built with his wife just south of St. Adolphe.

"I was a playmaker and I always had a couple of goal scorers to play with



RECORD PHOTO SUBMITTED
Art Stratton was a member of the NHL's Detroit Red Wings in the early 1960s. He scored three points in five games with the Red Wings in 1963-64.

that were eager to play with me," said Stratton.

"My success was there scoring, so as long as they were scoring goals, I was successful."

Collings ties for 15th at Canadian Men's Senior Golf Championship

By Brian Bowman

Garth Collings was outstanding through the first three rounds at the Canadian Men's Senior Golf Championship in Scarborough, Ont. last week.

But he admittedly struggled in his fourth and final round last Friday.

"I had a bad round (Friday) and I was looking to finish top 10, but top-15 isn't too bad either," said Collings, who lives in Matlock and has competed at the senior nationals seven times.

Friday's final round 82 gave Collings a four-round total 297, which tied him for 15th overall with Oshawa's Brad Stumpf.

That placing was very impressive - but it could have been so much better.

"I was tied for seventh but I had a real tough go on the front nine (during my final round)," Collings said. "I finally got my act together on the back nine. It was really weird."

Collings started the tournament by firing an even-par 71. His round consisted of two birdies, a pair of bogeys, and 14 pars.

That solid round left Collings just

one stroke back of Tom Cameron and in a four-way tie for second.

He then carded solid rounds of 74 and 70 to enter the final round in a tie for seventh with Red Deer's Ken Griffith, each at 2-over 215.

"I was pretty much doing everything well," Collings said. "I haven't had a great year but I kind of got my act together and found something that I was missing all year."

Collings has plenty of experience competing on a national stage. But each time is different, he said.

"It's easier but it's tougher," said the 61 year old Collings. "It's easier in the fact that you know more people and people that you have golfed with the last 30 years and it's tougher in the fact that I'm getting older."

Collings really enjoyed playing on the Cedar Brae Golf Course.

"It was awesome," he said. "The volunteers were great. The golf course was in phenomenal shape and it was a fun golf course to play."

Meanwhile, in inter-provincial team play, Manitoba placed fifth out of 10 teams.



RECORD PHOTO SUBMITTED
Matlock's Garth Collings, far right, finished in a tie for 15th at the Canadian Men's Senior Championship in Scarborough, Ont. last week.

They combined for a 13-over 297, which was one stroke better than Quebec and one higher than Saskatchewan.

Alberta won the event with a 2-under 282, for a one-stroke victory over Ontario.

"It was a little disappointing," Collin-

gs admitted. "Going in we thought we had a pretty good chance. We were pretty good the first day, we were only five back but we just couldn't pull it together. I had a really good team and I had a lot of fun hanging out with the Saskatchewan boys.

"It was good - we had a lot of fun."

Classifieds



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HOUSES FOR RENT

Small house for rent in Selkirk. 2 BR, washer and dryer, chest freezer and A/C. \$1,000/mo. email bigandcolourful@mymts.net

LANDSCAPING

Tobias' Tree Trimming, trees trimmed, cut and removed. Free estimates cheerfully given. Call 204-785-2733.

FIREWOOD

Seasoned cut/split 16" Tamarac- \$300/cord, \$200/cord-8", Ash- \$300/cord, Birch- \$320/cord, Poplar- \$200/cord, Pine - \$220/cord. All wood based on 180' cubed. Priced for pickup only, delivery extra. 204-785-0641.

GARAGE SALES

HAP'S CRAZY AWESOME FLEA MARKET - Opening Saturday, September 14th (until the end of October) at 732 Clandeboye Road, Clandeboye. Open Saturday & Sunday from 11 a.m. to 4 p.m. 204-485-4121. Antiques, electrical, motors, antique vehicles, motorcycles, trailers, Honda three wheelers, dirt bikes, vintage snowmobiles and lots of other awesome stuff!

Man who came to Komarno yard sale and bought freezer and drapery rods plus other things, I found the missing bracket for the drapery rod. Please call Lucy at the Selkirk Record office, 204-785-1618.

SelkirkRecord
204-785-1618

HELP WANTED

Bahara Motors requires a mechanic and mechanic helper. Immediately, to start ASAP. Ph. 204-482-4080 or by resume, 636 Morris Ave. Selkirk, Mb. R1A 1B8.

Experienced PREP & LINE COOKS required immediately at SAKE Japanese Restaurant. Drop resume in person to 380 Eveline St. Selkirk.

No experience needed, \$16/hr. to start. Homecare like duties, basic cooking skills a must. Call Norm 204-406-5667.

Wanted part time tire person for winter tire season. Will train right person. Apply At Terry at Petersfield Garage or ph. 204-738-2552.

MISCELLANEOUS

BN never used, still in box, bendable goose-neck table or desk study lamp, EWO, \$15.; Sunbeam 2-slice toaster, EWO, \$15; LN sz. 9 safety shoes, EC, \$60; red, white & black lined winter suit coat overcoat fits a men's sz. XL, has been dry cleaned, EC, \$100. Ph. 204-785-8598.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Man who came to Komarno yard sale and bought freezer and drapery rods plus other things, I found the missing bracket for the drapery rod. Please call Lucy at the Selkirk Record office, 204-785-1618.

Caught you looking at the classifieds! Reach over 400,000 Manitoba readers weekly. Winter is coming - do you need Class 1 Drivers or staff for your business? Are you having a Sale, a Fall Supper or do you have a Craft Show to promote? Want to sell something before winter? Get results. Book now! People rely on these classifieds to find what they need in your area and across the province. Catch them looking at YOUR material in our 48 weekly community newspapers. Call us at 204-467-5836.

APPLIANCES

Washer, dryer, frig, stove, dishwasher and freezers. Used and new. Beausejour Ph. Syl 204-232-0755.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

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SUDOKU

			8	5			2	
2							7	6
		4	7		1	5		
	6	9					8	
7								
		3		6		7		
					5		9	
		6		1	9		4	3

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	4	8	6	1	2	9	7	5
2	6	9	5	7	3	8	1	4
5	1	7	8	9	4	3	6	2
1	3	4	9	8	6	2	5	7
7	8	2	3	4	5	6	9	1
6	9	5	1	2	7	4	8	3
9	7	3	4	6	1	5	2	8
8	5	1	2	3	9	7	4	6
4	2	6	7	5	8	1	3	9

Sudoku Answer

S	E	G	E	M	E	S	E	M	A	H	R	C	
T	V	E	R	E	S	C	E	I	N	H	O	C	
V	B	G	I	G	I	T	H	M	D	I			
T	V	S	V	B	L	V	N	S	O	B	V	L	
V	R	O	S	V	E	D	E	W	D	V	V		
B	A	V	L	S	W	R	G	V	S	E	B	R	
				N	M	Y	S	G	E	L	N	Y	R
L	O	E	R	F				L	O	I	T	E	
V	N	I	L	V	P			I	E	W	T		
N	I	W	L	V	D	S	W	W	N	V	H		
E	O	I	N	S	E	W	E	J	S	O	W	V	
H	I	D	V	S	E	L	E	T	S	E	N	I	L
D	U	B	R	K	O	A	M	E	N	T	T		
V	T	I	R	O	G	L	O	O	I	R	D	V	
S	E	T	V	A	S	O	I	L	D	O			

Crossword Answer

EMPLOYMENT OPPORTUNITY
A&W Lockport A&W
Now Hiring SUPERVISOR POSITION

- Leadership Skills – able to direct, coach, and supervise a team
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Benefits Include:
Friendly and respectful working climate
Flexible schedules

Please drop resume in person or email aw.lockport3276@gmail.com

Whole Family Love
Join our team!

Growing Years Family Resource Centre

Growing Years Family Resource Centre is now hiring a Program Facilitator

October 28, 2019 – March 27, 2020
35 hours per week, ♥
Monday to Friday, 9am to 4 pm
(Occasional over time, evening and weekend work will be required)
♥ Wage: \$14.50 per hour

Call 204-785-8218, email gyears@mts.net or visit our Facebook page GROWING YEARS Family Resource Centre to view entire job ad that outlines necessary skills required and application instructions. ♥

THE RURAL MUNICIPALITY OF ALEXANDER
PUBLIC NOTICE - BOARD OF REVISION
OCTOBER 29th, 2019

Notice is hereby given that the real property assessment roll of The Rural Municipality of Alexander for the year 2020 as been deposited in the Municipal Office and will remain open to the inspection of all persons between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday. Applications for revision may be made in accordance with sections 42 & 43 of the Municipal Assessment Act.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to;

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS
43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to:

BOARD OF REVISION
THE RURAL MUNICIPALITY OF ALEXANDER
P.O. BOX 100
ST. GEORGES MB ROE 1V0

The Board of Revision will sit on Tuesday, October 29th, 2019 at 1:00 P.M. in the Municipal Office at **1 Bouvier Trail**, St Georges, Manitoba.

The final date on which applications must be received by the Secretary of the Board is **October 15th, 2019**, at **4:00 P.M.**

DATED AT ST. GEORGES, MANITOBA THIS 3rd DAY OF SEPTEMBER A.D. 2019.

Michele Stefaniuk
Secretary - Board of Revision
Rural Municipality of Alexander

Classifieds



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Claudeboye, MB
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Then West 3/4 Mile on
Brimacombe Rd. #777
 Vehicles * 53 Willys Overlander 4x4 * Recreation * Tools & Misc * Some Household *
 Stuart McSherry Stonewall, MB (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

McSherry Auction Service Ltd
GARY & SYLVIA ECHLIN
Sat Sept 28th 10 AM
Arnes, MB
Jct 8 & Arnes Rd 1 Mile North
On Hwy 8 Then 3 Miles West
on Boundary Road
Contact # (204) 232-6200
 Over 50 Vehicles 30's to 90's * 48 Olds 4 D Complete w Body & Trans * 48 Dodge Panel Delivery * 47 Olds 2 D Coupe Complete Body * 6) Chev Caprice 90to 96 * 2) Chev Corsica * 95 Ford F150 4x4 * 92 Pontiac Sunfire * 88 Chev S10 * 3) Firebird 1) 86 2) 84 * 81 AMC Spirit Hatchback * 76 Ford Pinto Wagon * 76 Chev Vega Wagon * 37 Chev 4 D Sedan * 31, 32 Ford Model A * Misc * Clark 8024 8000LB 2 Stage Gas Forklift - NR * BH 20' Tandem Trailer No Deck * 6250 Watt Generator * Wood Heater * Various Lumber * Winch * Oil * Antifreeze * Huge 40 Years of Scrap * Recreation * Starcraft Al 18' Boat & Tandem Trailer * BH 16' Camper * 13' Camper * Wind Cycle * Cooney 22 * H & P 410 Gauge * Yard * Ariens 8 HP R Mower * MTD 10 HP Snowblower * Trailer Style 6.75 Wood Splitter * Weed Eater * Roto Tiller * Chain Saw * Poulan Chain Saw * Tools * Tool Cabinets * Hyd Engine Lift * Welder * Mig Welder * Upright Air Comp * Makita Mitre Saw * B&D Valve Grinder * Precision Sand Blaster * Floor Jack * Vise * Socket Sets * Wrenches * De Walt Cut Off Saw * Power, Air, & Hand Tools * Shop Supply * Large Amount of Tools - Many New * Antiques * Orange Crush Rack * Fanning Mill * Ice Box * Spinning Wheel * Cream Cans * Dresser * Country Table * Auto Emblems * Crock * License Plates * Vintage Car Models * Household * K Table * New Couch * New Recliner * Washer * Dryer * And Sewing Machine * Various Household *
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KEN VIGFUSSON
Saturday Oct 5th, 2019 10:00 AM
Komarno, MB
Hwy 7 & 229 Jct 2 Miles
East on 229 Then 3 1/2
Miles North on Pleasant
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Internet Bidding Available!
Contact # (204) 886-4634
 CAT 931 Power Shift Quick Attach FEL 3995 Hrs - Need Engine Repair * New Holland Ford 8360 Cab MFWA Power Shift w Left Hand Reverse 3PH 540/1000 w FEL 8787 Hrs * Ford 6610 Dsl 3PH w Allied 594 FEL * Ford Jubilee 3 PH Hyd * NH 195 Tandem Manure Spreader * MF 1565 Rd Baler * Some Smaller Equip * Livestock Equip Stock King 5th Wheel 30' Tri Axle Stock Trailer * Real Ind 20' Gooseneck Stock Trailer * 87 W.W. 12' Tandem B Hitch Stock Trailer * Complete HiQual Squeeze Chute System w Scale * HiQual Maternity Pen * 300) 10' 6 Bar Corral Panels * 3) Lewis Cattle Oilers * 3) Metal Portable Creep Feeder * 25) Metal Gates * 25) HiQual 12' Metal Bunk Feeders * 25) Rd Bale Feeders * Milking Equip * 5) Ritchie Auto Waterers * 2) NRW 535 Bushel Hopper Bins on Skids * Farm Misc * Tools * 6) Older Vehicles * Honda 400 4x4 Quad * Some Household *
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THE ESTATE OF MIKE DZENZELUK
Saturday September 21st 10 AM
Winnipeg (East St Paul), MB
101 Perimeter By Pass & Henderson Hwy Jct,
Take The West Perimeter Bypass Then Immediately
Take The Access Rd. - 2463 Henderson Hwy
Contact # (204) 809-0423
 Case 95 XT Dsl Skid Steer 2619 Hrs * MF D902 Cab MFWA 3 PH 3609 Hrs * 02 Dodge Ram 2500 Cummins Dsl 4x4 w Sfty * 16' Flat Deck Tandem Trailer * Case IH 1140 Utility Tractor 3PH * Yard Items * Professional Mechanics Tools * Large Amount of Shop Items * Various Tools * Storage Units * Some Antiques & Household
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TERRY MARLATT & LINDA SCHWARK
Sunday Sept 29th 11AM
Beausejour, MB
551 10th St N
Contact # (204) 793-4945
 02 Polaris Sportsman 700 4 x 4 Quad w Snowblade 1700 Miles * Husqvarna YTH 21 K42 Hyd R Mower w Bagger 306 Hrs * 4) Folding Poly Picnic Tables * 3 HP Outdoor * 8 HP Snowblower * Roto Tiller * Push Mower * Camping Items * Snowmobile Accessories * Building Supply & Tools * Treated Plywood * 35) 2"x 8" x 16' * 70) 2" x 6" x 16' * 90) 2" x 4" x 12' & 16' * Laminate Flooring * Paint * 4000 Watt Generator * Pressure Washer * Mitre Saw * Drill Press * Booster Battery Charger * Power Tools * Shop Supply * Com. Restaurant Equip * Pizza Oven & Warmer Combo * Oscar Vegetable Shredder * French Fry Press * Popcorn Maker * Antiques * Drop Front Desk/ China Combo * Rocking Chair * Bench * Cedar Trunk * Coca Cola Clock * Elvis Clock * Unicorn Collection * Over 200 Records * Household * Micro Suede Sectional w Hide A Bed * Dining Room Table * Deep Freeze * 2 Dr Wood Heater * Inversion Exercise Machine * Various Household * A Lot More Than Listed! Go to Web!
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Royal Canadian Legion, Branch 42 Selkirk
TENDER NOTICE
26'x12'8" ADDITION
 Tenders will be received by the undersigned at 403 Eveline Street, Selkirk, MB up until 12:00 noon local time on Friday, October 11, 2019 for the supply of materials and labour necessary for the construction of an attached 26'x12'8" addition to the rear of the building at 403 Eveline Street. Construction to start ASAP. Plans may be reviewed at the Legion Office at 403 Eveline Street during normal business hours M-F 8:30am-5:00pm.
 Royal Canadian Legion, Branch 42 Selkirk 403 Eveline Street Selkirk, MB R1A 1N8
 Phone: (204)482-4319
 Email: office@SelkirkLegion.org
The lowest, or any tender not necessarily accepted.

REQUEST FOR PROPOSALS
OFFICE SNOW REMOVAL AND ICE MELT
 Sealed bids, clearly marked "Snow Removal" will be received by the undersigned until 3:00 p.m., October 3, 2019 to provide snow removal of the municipal office walkways, stairways and ramp prior to 8:00 a.m. and more often during snow events.
 Request for Proposal instructions and bid form can be picked up from the municipal office between the hours of 8:30 a.m. - 4:30 p.m. Monday to Friday or by visiting our website at www.rmofstclements.com.
 All inquiries should be directed to Heather Stanik, Planning Officer at 204-482-3300.
 Lowest or any bid not necessarily accepted.
 Dated this 19th day of September, 2019
 Heather Stanik
 The Rural Municipality of St. Clements
 1043 Kittington Road
 Box 2 Grp 35 RR 1
 East Selkirk, Manitoba
 ROE OMO

Rural Municipality of West St. Paul
Request for Quotation 2019-05
Purchase of Rough Cut Mower
 The Rural Municipality of West St. Paul is seeking quotations for the purchase of one (1) new six (6) foot wide rough cut mower.
 Specifications and quotation documents are available at the Municipal Office, 3550 Main Street, West St. Paul, MB R4A 5A3 and on the West St. Paul website www.weststpaul.com
 Sealed submissions clearly marked "2019 Purchase of Rough Cut Mower" will be received by the undersigned at the address below until **12:00 pm on Thursday, October 3, 2019**. Late submissions will not be accepted.
 All prices are to include PST. GST is to be excluded from all prices. Submission documents that have not been filled out properly or in its entirety and do not meet all requirements set out in the quotation package will not be accepted.
 The lowest or any tender not necessarily accepted.
 All inquiries related to the Quotation should be directed to Rick Friesen, Manager of Public Works by e-mail at rfriesen@weststpaul.com or by contacting the office at 204-334-0092 or cell 204-471-4283.
 Mr. Brent Olynyk, CAO
 Rural Municipality of West St. Paul
 3550 Main Street
 West St. Paul, MB R4A 5A3

HEALTH
 Get up to \$50,000 from the Government of Canada. Do you or someone you know have any of these conditions? ADHD, anxiety, arthritis, asthma, cancer, COPD, depression, diabetes, difficulty walking, fibromyalgia, irritable bowels, overweight, trouble dressing...and hundreds more. All ages & medical conditions qualify. Call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.

News Tips? Story Ideas? call the Record 204-785-1618

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Consignment Auction
 Sat Oct 12 10 AM
Gun Auction
 Sat Nov 2 9:30 AM
 Consignments Welcome!
 (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

UPCOMING EVENTS
Anything Goes Sale
 - Saturday, October 5th, 2019. East Selkirk Middle School (1140 Strathcona Road - right off Hwy 59) We will have garage sale items, crafts, baking, local produce. Don't miss out on this event! Tables available for sellers: \$20 each. Reserve by contacting Sheila: 204-291 6131. Admission is free. Canteen will be available. Open to the public from 10 a.m. - 3 p.m.

The Spiritualist Church of The Light is holding their Metaphysical Encounters Fundraiser on Sunday, Sept. 29 from 10:30 a.m. - 1:30 p.m. Coffee, tea and dainties available. 1 reading for \$15 or 2 readings for \$20. 48 Holland Rd, West St. Paul Rec Centre/Sunova Centre. For more info call 204-390-6609.

Antique & Collectible Sale! Huge fall event
 - Friday, September 27, 4 p.m. - 9 p.m. & Saturday, September 28, 10 a.m. - 4 p.m., \$7 per person. Assiniboia Downs, 3975 Portage Ave., Winnipeg. Free parking. For info 204-478-1057.

STRAW FOR SALE
 Small square bales, wheat and flax straw. Leave message 204-482-5101.

Hip or Knee Replacement? Trouble Walking or Dressing?
 The disability tax credit allows for up to \$50,000 in Tax Refunds and Benefits
 COPD, Arthritis, and many other disabling conditions that cause restrictions in Walking or Dressing may qualify.
For Expert Help: 204-453-5372

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PRIVATE SALE

680 Willis Road, West St. Paul

3 bedroom, 3 bath, finished basement, 2 wood burning fireplaces, triple car garage with attached breezeway situated on 5 acres. Selling well below appraised value. Call 204-338-7176 or 204-334-5697



1158 River Road, St. Andrews \$999,900 – Beautiful riverfront home situated on 2.93 acres. Features 3,428 sf, 3 br, 5 bath. Gourmet chef's kitchen, upper level guest suite, f/fin lower level. AT/3 garage and more!



9361 Hwy #8, Petersfield \$699,900 – Rural business & home for a sale. Res feat 1450 sf, total 5 br, 3 baths with an amazing layout and fixtures. 2800 sf multi-use shop. DT/2, 5 acres hobby farm with greenhouse and more!



704 River Rd., St. Andrews \$589,900 – 2 Storey character home with 3200 sf, 5 br, 2 full & 2 half baths. Great floor plan with many upgrades. River views, inground pool, lg DT/3 shop/garage, DT/2 and more!



410 Morris Ave, Selkirk \$179,900 – Charming affordable starter. 1000 sf, 2 br, 1 bath 1.5 Storey. Newly updated kit, open concept living /dining room. Situated on a lg lot with a 24 X 24 heated garage.

301 Sutherland Ave, Selkirk \$289,900



– Custom built by Shymko homes is this 1624 sf, 2+1 bdrm, 2.5 bath 2 Sty TH. Open layout. Mbr with 3 pc enste, balc, patio, AT/1 garage and more!



24 Park Rd, Selkirk \$559,900 – Beautiful 2700 sf, 4 br, 2.5 bath 2 storey riverfront custom built home, fin bsmt. AT/2 garage, inground pool and more!



DEREK DANEAULT



DEREK DANEAULT
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Cindy Little
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Luda Kozlova
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At Interlake Real Estate, we will always put **YOUR BEST INTERESTS FIRST!**



Fall is here and we're back to normal routines!
Would a new home make your routine easier?
Give us a call, we can help you with that!

OPEN HOUSE SUN, SEP 22 12-3pm

248 Tommy Prince Dr
Waterfront Petersfield 1624f yearound, triple garage, .64 tree acre, Beach/dock! \$349K!! Mike 204-588-7967

OPEN HOUSE SAT, SEP 21 12-3pm

2004 Home, 1150sf, 4bd, 3bth, 15 mins from Selkirk! \$297K! Mike 204-588-7967
849 Ashton Ave. Beausejour

0 River Road, River lot in prime location. Treed, scenic 4.32 acres fronts River Road. A rare find. \$234,900. Call Jim Boulton 204-485-2446.

City or country, LET'S GET YOU HOME. Cindy Little 204-979-3364

NEW PRICE
505 Corrine Ave. Petersfield, 3 bdr, gorgeous treed property on 5 lots, corner, garage, \$179,900 Jim Boulton 204-485-2446

Insulated 3-br ~970 sf cottage in impeccable condition in Traverse Bay. Big lot close to beach! \$154,900. Luda KOZLOVA 204-997-7756

51 ACRE HOBBY FARM, Clandeboye, 1950sf Country Home, 4 bd, 2 bath, Guest House! Mike 204-588-7967

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ANNOUNCEMENT

BIRTHDAY

Come and Join us celebrating Frank Orvis' 90th Birthday September 27, 28 and 29. Come and Go from 1-5 p.m. at his home, 411 Clandeboye Ave. Selkirk. No gifts please, just your memories. All welcome.

ANNOUNCEMENT

BIRTHDAY



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1138 RIVER ROAD—\$575,000	85 PELTZ DR —\$325,000 NEW LISTING	727, 731 EDITH AVE—\$54,900
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Built in 2016, sprawling bungalow with bonus space above garage. 4 bed, 2.5 bath, 3 car AT. 4 acres in great location.

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BIRTHDAY



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ANNOUNCEMENT

ANNIVERSARY



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Harry and Theresa Gerylo
September 19
-With love from all your family

OBITUARY

Karl Franz Georg Sponagel

On Sunday, September 15, 2019 at the Selkirk Regional Health Center with his family by his side, Karl Sponagel, aged 84 years of Clandeboye, Manitoba, beloved husband of Christa passed away.

In keeping with his wishes, cremation has taken place and a Funeral Mass will be held on Tuesday, September 24, 2019 at 1:00 p.m. in the St. Anne's Roman Catholic Church in Petersfield, Manitoba. Full obituary to follow.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Violet Randi Dutkiewich
(nee: Foshang)

April 15, 1925 - September 10, 2019

Violet was an incredibly loving, generous, caring and beautiful person. Her passing leaves an enormous void in all of us. Violet was our matriarch. She was so strong. Those who knew her experienced her undeniable love, strength, patience and compassion, loyalty and extraordinary commitment to family and friends. She was a very special person, an Angel before her time.

Violet was predeceased by her mother Louise; her father John; husband Ralph; her beloved daughter Valerie; and son-in-law Bill. She is survived and dearly missed by her brother Kenneth (Glenda); her daughter Gloria; her sons, Ralph (Cindy) and Keith; her precious grandchildren, Erin, Nikolas, Alexander, Jami, Chelsea and Carly; two great-grandchildren; brothers, Apollos and Thomas; son-in-law Budd; numerous nieces and nephews.

Arrangements entrusted to:

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY

Brett Jacob Soltys

October 19, 1988 - August 31, 2019

It is with great sadness that we announce that our son Brett has passed away suddenly and peacefully.

Brett leaves behind his sister Brielle, mother Maureen, and fathers; Jack Bock and Mark Soltys as well as his many relatives and close friends.

A private gathering will be held by the family at a later date.

As tokens of sympathy, donations in memory of Brett may be made to: Adult & Teen Challenge of Central Canada, 414 Edmonton Street, Winnipeg, MB R3B 2M2

-Love you always Brett.

Arrangements entrusted to:

Interlake Cremation & Memorial Services
204.482.1040

Classifieds *Selkirk Record* Announcements

ANNOUNCEMENT

IN MEMORIAM



Walter Eugene Storoschuk
February 4, 1939 - September 18, 2018
Forget me not

Forget me not as time goes by,
For you can find me in the sky.
Forget me not though we're apart,
For you carry me within your heart.
Forget me not although I've gone,
For my memory will always live on.
Instead, remember me in every special way.
Keep me close to your heart,
We'll meet again one day.
- Lovingly remembered by your wife Elizabeth,
children and grandchildren. We miss you.

ANNOUNCEMENT

IN MEMORIAM



Scott Wazney
August 10, 1972 - September 16, 2016
3 years ago today

I think about you always,
And talk about you too;
I have such beautiful memories,
But wish, we still had you.
Forever in our hearts,
Missed and love you always.
-Mom and Dad, Carla, Darin and family

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OBITUARY



Claudette Irvine
(nee Sauve)
August 11, 1942 – September 10, 2019

Claudette passed away peacefully at the Betel Personal Care Home in Selkirk, Manitoba after a long struggle.

She is survived by her husband of 57 years, Bruce; her children, Christine Martin (Kevin and their children Rachel and Kirstin), Mark Irvine (Merrylyn and stepdaughter Crystal and her daughter Jaida), Catherine Irvine (Bob Milne); and her siblings Lorraine Pursel, Georgette Wade, Claire Bennett, Donald Sauve (Donna), Ted Sauve (Gloria) and sister-in-law Pauline Scott (Ron).

Claudette was born in New Liskeard, Ontario and grew up in Haileybury, Ontario. Her early years were spent on the family farm, moving to town at the age of 10. As a girl, she loved swimming in the nearby lake, she greatly enjoyed meeting new friends when

she moved to Haileybury and maintained contact with those childhood friends throughout her life even after moving far away.

Married life started off in Wawa, Ontario in 1962, where Christine, Catherine and Mark were born soon after. In 1973 she settled in Selkirk, Manitoba where she lived until 1982, whereupon she and Bruce made their final move to the countryside in Lockport, Manitoba. In her later years, Claudette was very fond of spending winters in France and Spain. She looked forward to those trips every year.

A heartfelt thanks to the staff at the Betel Home in Selkirk for their dedication and compassion in caring for Claudette.

In accordance with her wishes, cremation has taken place and there will be no service at this time. Claudette's remains will be interred at the Greenwood Cemetery in Waterford, Ontario and a later date.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Helen Theresa Kotowich

Peacefully, on Friday, September 13, 2019 at the Red River Place Personal Care Home in Selkirk, Manitoba, Helen Kotowich, aged 96 years, formerly of Narol, Manitoba, beloved wife of Steve passed away.

In keeping with her wishes, cremation has taken place and an evening Funeral Mass will be held on Wednesday, September 25, 2019 at 6:30 p.m. in the Corpus Christi Roman Catholic Church in Narol, Manitoba.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home,
Selkirk in care of arrangements.



OBITUARY



Pierre Joseph Gabriel Gagnon

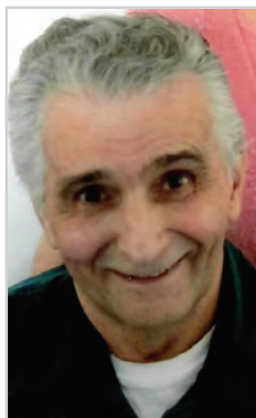
Pierre passed away peacefully on September 11, 2019 at the age of 70 years, surrounded by his family. He is survived by his children Marlene (Peter), Bernard (Savannah), Cheryl (Nelson) and Angie (Dan); nine grandchildren; eight siblings as well as numerous nieces, nephews and friends.

Funeral Services for Pierre will be held on Saturday, September 21, 2019 at 2:00 p.m. at the Selkirk Redemption Centre, 209 Dufferin Ave., Selkirk, MB with Pastor Ray Settee officiating. Viewing will take place one hour prior to the service. Interment will follow in the St. Peter, Dynevor Old Stone Cemetery, East Selkirk, MB.

Arrangements entrusted to:



OBITUARY



John Wayne Fandych

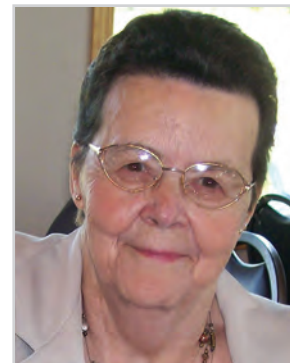
It is with heavy hearts we announce the passing of John Wayne Fandych, on September 10th, 2019 after a courageous battle with cancer. John was 70 years of age. John leaves to mourn his passing, his best friend and partner, Marie; his two sons, Kevin (Belle), Cory (Desi); his brother, Jim Kondertuek (Yvonne); two sisters Connie (Donny) Fiebelkorn and Gracie Fandych; and four grandchildren, Christin, Mackenzie, Avery and Paton.

John will be missed by all who knew him. The family would like to express their thanks to the Cancer Care Unit and Medicine #1 at the Selkirk Regional Health Centre for all their wonderful care.

In keeping with John's wishes, cremation has taken place and there will be no formal service. A family gathering will be held at a later date. Arrangements entrusted to:



OBITUARY



Marguerite Ellen McRae

Peacefully on Saturday, September 14, 2019 at the age of 87 at the Stonewall District Hospital with family at her side.

Marguerite is survived by her son Laurie (Donna) McRae, grandchildren Karlee and Brittany, great-grandchildren Braxton and Madilyn of Sherwood Park, AB; daughter Mary (Bob) Beck, grandchildren Curtis and Dana of Stonewall, MB. She is also survived by her sister Georgina Stewart of Sarnia, ON.

She was predeceased by her husband of 53 years, Leslie in 2005; parents Pierson and Doris Walker; sister Ann and brother-in-law Orval; brother Stuart and sister-in-law Peggy; brother-in-law Carl, brother-in-law Eldon and sister-in-law Lucille.

Marguerite was born June 14, 1932 in Treherne and spent her childhood years in Dunrea, MB. Her family moved several times before they settled in the Clandeboye area. One fateful day Marguerite met Les on a bicycle ride in the country. They were married on October 27, 1951 and settled and raised their family on McRae Road in Clandeboye. Les and Marguerite were both community minded and spent countless hours helping out with events and projects at the rink, hall, school or wherever they were needed.

Marguerite worked at various jobs throughout her life, including Clandeboye store and finally retiring from the MLCC in Selkirk. While her primary career was that of a cleaner, her profession was more of a decorator as she loved decorating the store for all the different seasons and holidays, with Christmas being her favourite. Her creative side carried through to her personal life as she loved being crafty, knitting, crocheting, creating crafts and woodworking projects with Les.

She was especially proud of her grandchildren, attending concerts, recitals, skating competitions and hockey games all over the country until her health wouldn't allow her to travel. She also enjoyed watching sports, especially curling where she and Shirley would often analyze each end as soon as the last rock was thrown.

Marguerite was an avid card player and enjoyed many games with family and friends. As soon as supper was finished, the cards came out and many games were played before the night was complete. While not overly competitive, the Uno "Pick up 4" card would bring Dana a glare.

The family would like to thank everyone for their friendship, kindness and support. A special thank you to all the staff at Stonewall Hospital, Homecare workers and Palliative Care for their support and guidance through this difficult time.

In keeping with Marguerite's wishes, a private family interment will be held. In lieu of flowers, donations can be made to South West District Palliative Care, Box 1282 Stonewall, MB R0C 2Z0, or the Heart & Stroke Foundation.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



John Marlowe Madigan

Peacefully passed away on September 11, 2019 at Tudor House in Selkirk, MB at 95 years of age.

Dad was predeceased by his wife Anne in 2005. He is survived by his children Fred and Susan (Ken), and their families.

Dad was born in West Kildonan on April 17th, 1924 and grew up on Jefferson Ave. He joined the Navy in 1942 serving as a Stoker 1st Class on the La Hullose during World War II, serving in the North Atlantic.

He was an active member of the RCL Selkirk Branch #42 serving for a number of years as the President.

Always looking for a business opportunity he started Madigan's Repair out of his garage at home in the late 1970's. He then moved to a Main Street location in Selkirk in 1987 until health concerns

forced him to retire and close up shop in 2014.

Dad was a kind hearted man, forever helping those in need. At this time we would like to thank the kind and caring staff at Tudor House Personnel Care Home in Selkirk.

As per Dad's wishes cremation has taken place and there will be no service. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

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