

Google Pixel 9
with ✨ Gemini

4 COMMUNICATIONS INC.
TELUS koodo

5-1014 Manitoba Avenue, Selkirk

The Selkirk Record

THURSDAY, SEPTEMBER 19, 2024

VOLUME 15 EDITION 37

www.selkirkrecord.ca

"THE HISTORY BOOK OF YOUR COMMUNITY"





**YOU PAY
WHAT
WE
PAY!**



933 Manitoba Ave., Selkirk
(204) 482-3841



Running for Terry

RECORD PHOTO BY KATELYN BOULANGER

Our local Terry Fox Run took place last weekend in Selkirk Park. A crowd gathered in support of cancer research and the work of the Terry Fox Foundation. See inside for more photos.

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, GARSON, DUNNOTTAR & TYNDALL



DELIVERY & PICK UP
Phone: 204-757-2350 Lockport, MB
www.gaffers.net

OPEN
TUESDAY 12-12
WEDNESDAY 12-12
THURSDAY 12-12
FRIDAY 12-12
SATURDAY 12-12
SUNDAY 12-12

Welcome Executive Chef Steven Watson
Bringing 20+ years of culinary expertise to the community



Thanksgiving Turkey Reserve Now!

Reserve Your Fall & Christmas Events "Now!"

JD EDWARDS BAND LIVE SEPTEMBER 21ST



Call 204.338.7538 for details

5571 Main St. (Hwy #9) St. Andrews
 Store Hours: Monday-Friday 8am-8:30pm,
 Saturday 8am-8pm, Sunday & Holidays 10am-6pm
 Customer Service: 204.338.7538

HOT DEALS at



SALE PRICES IN EFFECT
SEPTEMBER 2024

| | | | | | | |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Thur | Fri | Sat | Sun | Mon | Tue | Wed |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |

\$3⁹⁸ / lb
 \$8.77 / kg
Family Pack Pork Loin Chops
 2 Rib End, 2 Centre Cut & 2 Tenderloin End

\$3²⁹ / lb
 \$7.25 / kg
Chicken Legs
 Back Attached

2/\$4⁹⁸
Burns Wieners
 375 g

\$2⁹⁷
Kraft Shake'n Bake
 Assorted
 140 - 184 g

\$6⁹⁷
Minute Rice
 Assorted
 1.2 or 1.4 kg

\$2⁹⁹
Bull's Eye Barbecue Sauce
 Assorted
 425 mL

\$5⁹⁹
Parlour Frozen Dessert
 Assorted 1.5 L, Novelties
 Assorted 6 or 12 pk

\$9⁹⁹
Janes Pub Style Chicken
 Assorted
 700 g

\$15⁹⁷
Primo Canola Oil & Extra Virgin Olive Oil Blend
 1.89 L

97¢
Selection Vegetables
 Assorted 341 or 398 mL

\$9⁹⁹
Tang Flavour Crystals
 Orange
 2.2 kg

\$6⁹⁹
Coca-Cola Beverages
 Assorted 12x355 mL

2/\$8
Old Dutch Popcorn Twists
 Assorted 175 g,
Doritos Tortilla Chips
 Assorted 210 - 280 g

\$2⁹⁷ / lb
 \$6.55 / kg
Red Seedless Grapes
 Imported

97¢
Long English Cucumbers
 Canada #1

\$2⁹⁹ ea
Grape Tomatoes
 Canada / Imported,
 1 Dry Pint (551 mL)

\$7⁴⁹ ea
Red Potatoes
 Canada / USA,
 10 lb (4.54 kg)

\$2⁹⁹ ea
Broccoli Bunches
 USA #1

97¢
Selection Juice
 Selected Varieties
 1 L

\$3⁴⁷
Kellogg's Cereals
 Selected Varieties
 227 - 510 g,
Kashi Crunchy Granola
 Assorted 311 or 340 g

Lunch Time

\$3⁹⁹
Activia Yogurt
 Assorted 625 or 650 g,
Danone Two Good
 or **Oikos Greek Yogurt**
 Selected Varieties
 4x95 or 4x100 g

\$1⁴⁸ / lb
 \$3.26 / kg
Royal Gala Apples
 USA, Extra Fancy

\$4⁹⁹ ea
Honeydew Melons
 Imported

\$3⁹⁹ ea
Romaine Hearts
 USA #1,
 3 pk

\$2⁵⁹ / 100 g
 \$11.75 / lb
Smith's Pastrami

\$2⁹⁹
Fresh Baked Large Sub Buns
 White 4 pk

\$2⁹⁷
Selection Canadian Honey
 Liquid 100% Pure
 375 g

\$3⁴⁷
Kellogg's Cereals
 Selected Varieties
 227 - 510 g,
Kashi Crunchy Granola
 Assorted 311 or 340 g

WOW!
 Look at these hot deals!



Visit harrysfoods.ca to view our entire flyer filled with 100's of other items on sale each week. Items are available while quantities last and may not be exactly as illustrated. Store has the right to limit quantities and add enviro and deposit where applicable. No rain checks or substitutions.



Pharmacy Hours:
 Monday-Friday 9am-5pm
 Phone: 204.504.5500
 Fax: 204.504.5540

Tudor House Personal Care Home hosts Fall Tea

Proceeds to go to the construction of Alzheimer Memory Garden

By Katelyn Boulanger

Tudor House Personal Care Home will be hosting a Fall tea event with proceeds going towards the construction of an Alzheimer Memory Garden for residents of Tudor House and Woodland Court to enjoy.

Denise Smith, the certified recreation facilitator at Tudor House Personal Care Home, said that this event will be a smaller version of their annual event as this is their first time hosting the event since the COVID-19 pandemic.

"It'll start at one o'clock, and we're going to have a silver collection at the door. There'll be some auction prizes, a bake sale, 50-50, draw and door prizes. We're also going to have a tin for the bin with the bins at the front door so that when [attendees] come in, they can bring whatever they want for the food bank," said Smith.

As Smith said, the events starts at 1 p.m. and then goes until 3 p.m. There will also be entertainment at the event.

"[Attendees can] come in and they can have tea in the main dining room and listen to entertainment or they can come into the recreation room to have a quieter tea and they'll be soft music in the background. There'll be dainties and sandwiches and they can wander around for the bake sale and put their name in for the silent auction prizes," explained Smith.

She said that everyone is welcome to come to support this new project.

"It's a great cause. The residents will really enjoy it. They're very excited to see the memory garden start and, of course, to be finished, and just have another space for them to enjoy," said Smith.



METRO

Tudor House will be hosting a Fall Tea this weekend.

THE MANITOBA GOVERNMENT IS PROVIDING HEARING AID GRANTS OF UP TO \$2,000 FOR ELIGIBLE PATIENTS

ATTENTION SENIORS! 65 YEARS & UP

Best Price Guarantee!



Horizon Hearing Centres uses the latest equipment and technology to properly fit clients with the best hearing aid for them.

- Family owned and operated.
- Newest hearing aid technology available.
- Accommodate clients on a budget.
- Offer a free hearing test, followed by a consultation.
- No doctor referral necessary.
- Walk-in appointments always welcome.
- 75 day RISK FREE trial period.
- Accept WCB, Special Services, First Nations and DVA claims.
- **BEST PRICE GUARANTEED!**

* SEE CLINIC FOR DETAILS

CONTACT US FOR YOUR FREE NO OBLIGATION HEARING TEST



HORIZON™
Hearing Centres

IN EASTON PLACE
MEDICAL CLINIC
15 WERSCH ST. SELKIRK
204-482-3009
TOLL FREE 1 877 300 7507

HORIZONHEARING.COM

OPEN DURING STREET CONSTRUCTION

HUNTING

BIG DOLLAR

439 MAIN ST., SELKIRK
North of Manitoba Ave.

HOURS
MONDAY - THURSDAY 10-6
FRIDAY 10-8
SATURDAY 9-6 SUNDAY 12-5

Six local authors team up for author event at library

Gaynor Family Library hosts multi-author event

By Katelyn Boulanger

Local authors Matt Abra, Chelsey Fay, Luna Kayne, Scarlett Koll, Nettie Marie Magnan, and Mitchell Toews will be teaming up to bring local writing to the spotlight. The six authors will be at the Gaynor Family Regional Library on Sept. 28 for readings and discussion of their work.

Nettie Marie Magnan is one of the organizers of the event and was the person who first started contacting local authors to see if they wanted to take part.

"I did reach out online to find other authors and booked the room at the library. When I told the library what I was organizing, they were interested in helping," explained Magnan.

The event will take place at 1 p.m. on Sept. 28 in the theatre at the library.

"We're going to have a total of [six] authors, and what we're going to have is essentially it's going to be set up as a panel. We're going to have the [six] writers sitting together, up on this stage at one time, and the authors are each going to take their opportu-

nity to introduce themselves and offer a reading of an excerpt of their work," said Magnan.

From there the authors will answer some questions that will be composed by the library to get the q and a section of the program going and, from there, the audience will have their chance to ask questions and learn all about these local authors.

The authors, though all from our area, have books that range in subject matter so there will likely be a little something for everyone explained Magnan.

"It's going to be mixed genre. My work is more, I would say literary fiction. We're going to have two romance novelists, and we're going to have [two] fantasy fiction novelists and then finally, there's one who will be promoting a book of short stories about small-town Mennonite life," she said.

She says that this is a great opportunity for local authors to connect with our community. It's also a great chance for people interested in one of



RECORD FILE PHOTO BY KATELYN BOULANGER

Check out a local author event at the Gaynor Family Library on Sept. 28.

the local authors to learn about more authors in our community or people who've never heard about these authors but want to learn more in a convenient and fun way.

"I wanted to be part of a book event that was a reading and signing that involved multiple local authors, where we can support one another's work and all be on stage at the same time, instead of up there all alone and where we can support one another's work, regardless of genre. It's also a networking opportunity and I also look at it as a cross-promotional thing, because the people who are coming to see me give a reading are people who might not have known about these other writers. It's exposure for all of us and I wanted to create a really supportive environment for local writ-

ers," explained Magnan.

She explained that there will be an opportunity to get your books signed and you can also purchase a book if you find something that you'd like to read more of.

Magnan says that everybody and anybody is welcome to attend. Attendees should note that these books are general audience reads.

"It's for anyone who loves to mingle with other writers and other readers and get to know their local authors and also and to just be part of a fun Q&A session and talk about the writing process," she said.

Attendees should also note that Brew and Bake will be open during this event should they want to purchase a sweet treat or coffee.

FARM FORK

It's **Barbeque** SEASON!

Your full-service meat shop, offering an extensive selection of fresh, premium elk and bison products for unparalleled taste and nutrition

- Bison burgers
- Elk burgers
- Yellowstone burgers (combo)
- Elk & cheese smokies
- Elk garlic sausage

STONEWOOD ELK RANCH LTD.

STEAKS • ROASTS • GROUND • STEWING & STIR FRY MEAT
LIVER • SOUP BONES • GARLIC SAUSAGE

CALL OR TEXT 204-791-9856
(by appointment only)

StonewoodElkRanch.com
stonewoodelkranch@gmail.com

DIRECTIONS FROM BALMORAL: 1 MILE SOUTH ON HWY 236 & 1.75 MILES EAST ON ROAD 84N
OR 1 MILE SOUTH ON HWY 7 AND 1.25 MILES WEST ON ROAD 84N (Watch for Stonewood Elk Ranch sign)

OPEN HOUSE Narol Fire Hall

5121 Henderson Hwy.

Sunday, September 22

• 11am - 3pm

- Balloons
- Face Painting
- Crafts • Colouring
- Treats • BBQ
- Public Education Trailer
- Fire Trucks!

Local man warns residents to be safe when helping others after assault

RCMP gives tips for personal safety when you find yourself in an unknown situation

By Katelyn Boulanger

A local man, who prefers to remain anonymous, wanted to share his recent experience with residents after he was assaulted when trying to help a resident who appeared to be in distress. He wants residents to know that their safety is important to consider as well when responding to others in need.

"I was heading East down Strathnaver Ave. coming from work and there was a fellow laying in the middle of the street down near Sophia St.," said the resident.

After driving around the person on the street, he then realized that the person had thrown something at his vehicle breaking one of the windows in. The resident then stopped his vehicle and approached the man laying in the street who then told the resident that he had been shot. The resident didn't see any blood or anything to indicate the laying down person had been shot.

"He then proceeded to jump up and attack me. I got a cut above my eye, a concussion, a bruise on the side of my head, cuts on my leg, my chest was all sore, cuts on my arms and cuts on my feet," said the resident.

The resident then said that the person layed back on the ground again and luckily a friend of his drove by at that point and stopped to find out what was going on.

"[My friend] asked what was going on and he said, 'Come on. Let's get out of here.' I had the keys from my [vehicle] in my pocket. I got up and I went towards my friend's car. The guy gets up again, grabs a big stick out of a garbage can, and proceeds to come after me. I hopped in my

friend's car, we drove down the street a bit and then I was on the phone calling the cops. We turned around, and we saw the fella inside my [vehicle]," said the resident.

Luckily, the police were able to come to the scene and the person was lying on the ground again. The resident came back to explain what happened from his perspective and everyone was taken to the hospital to be looked over and have appropriate medical care administered.

This incident occurred late at night. The resident would like residents in our community to know that though situations like this are not likely to take place, they should keep themselves safe.

"Now that I look back, with my window smashed, I wasn't cut from the window, I should have just kept on driving and called the cops as I was driving," said the resident.

The Selkirk Record contacted local community policing officer Cst. Paul Human, and though he can't comment on any specific situation in our community, he did have some tips that he was willing to share with residents in order to keep themselves as safe as possible.

His advice for people who come upon someone who appears to be in distress is to rely on your senses.

"What do you see or hear? Then ask yourself — with the information you have — is this a dangerous or unknown situation? If I involve myself, will I be harmed physically or mentally? Do I have the training or the tools to assist?" said Human.

He says that if you see something suspicious in our community where you are unsure if someone is in need

of aid or not you should call for help.

"The quicker you can get the emergency folks on their way the better. If something looks suspicious, call and report it. Not all smoke is a fire until it is," said Human.

It's important, for both the person in distress and the person who came upon the situation, that first responders are called right away when something appears to be an emergency.

"[By calling,] trained help is on the way. You can communicate this as well if you feel it will help the situation. Plus, you are providing a valu-

able time record of when and where this is happening. This will be important for first responders on the scene," explained Human.

He also wants residents to know that it's ok to call for help and wait if you feel uncomfortable helping in a situation.

"If you do feel you can't help this situation, calling for trained help is the best option," said Human.

His best tip for personal safety is again to be aware.

Continued on page 6

EXPIRES SEPTEMBER 25, 2024



A&W Selkirk
BACK TO SCHOOL COOL DEALS!

CLASSIC®
Breakfast combo
FOR **\$8.99**

SERVED UNTIL 11AM

VALID ONLY AT YOUR A&W SELKIRK LOCATION • VOID IF REPRODUCED • ONE COUPON PER GUEST, NOT VALID WITH OTHER PROMOTIONS
©TRADEMARK OF A&W TRADE MARKS LIMITED PARTNERSHIP, USED UNDER LICENSE

EXPIRES SEPTEMBER 25, 2024



A&W Selkirk
BACK TO SCHOOL COOL DEALS!

2 TEEN®
Combos
FOR **\$18.49**

VALID ONLY AT YOUR A&W SELKIRK LOCATION • VOID IF REPRODUCED • ONE COUPON PER GUEST, NOT VALID WITH OTHER PROMOTIONS
©TRADEMARK OF A&W TRADE MARKS LIMITED PARTNERSHIP, USED UNDER LICENSE

SAVE ON YOUR PURCHASE & ON YOUR ENERGY BILLS

Until November 14, get instant rebates on select energy-efficient products at participating retailers. Product selection varies by retailer.

\$5 OFF SELECT

- ENERGY STAR® certified LED specialty bulbs
- Dimmers, timers, and motion sensors
- Outdoor plug-in timers
- Weatherstripping
- Window and door insulating film kits

\$10 OFF SELECT

- ENERGY STAR certified LED fixtures
- Energy-efficient showerheads

\$50 OFF SELECT

- ENERGY STAR certified smart thermostats



Find a participating retailer near you by scanning the QR code or visiting efficiencyMB.ca/instantrebates.

*Terms and conditions apply. See website for more details.



hemp haven
cannabis, vape & accessories
176 Main St, Selkirk
(431) 336-3713

NOW OPEN

HOURS: Mon-Sat: 9AM-11PM | Sun: 10AM-10PM

Beside MCDONALD'S

Check Efficiency Manitoba first.
efficiencyMB.ca | 1-844-944-8181



Tower Tap Lager is a hit with patrons at launch party at Selkirk Legion

By Staff

It was a full house at the Selkirk Legion earlier this month when residents attended the launch of Tower Tap Lager.

The lager was made through a partnership using the water from the City of Selkirk and brewed by Torque Brewing. The band Up in Flames played live at this event and it was definitely a successful night as the Legion sold out of their supply of the new limited batch brew of four kegs or 240 pints in two hours.

A news release from the City of Selkirk indicated that this isn't the end of the partnership saying, "Selkirk and Torque are currently working on when and where the next Tower Tap pour will take place but given the popularity — it's a sure bet it will be available again, if even for a short time. When that time comes, the city, along with the local establishment that will serve it, will make an announcement."



RECORD PHOTO BY BRETT MITCHELL

Torque Brewing's Timothy Frost, Legion Bar Manager Chrystal Essar and Selkirk Mayor Larry Johansson with band Up in Flames.

Selkirk RCMP investigating vehicle-pedestrian collision

Centre Street West 55+ Development

By Falki Developments

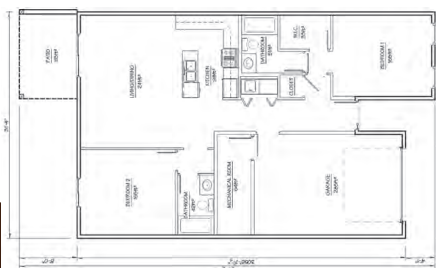
Available Fall 2024

Monthly Rate: \$2200 plus utilities

199 Center Avenue West,
Gimli Manitoba

- 1160 sq ft living space with finished 280 sq ft garage
- Spacious 2-bedroom, 2-bathroom floor plans
- Attached garage with direct access to your home
- In-floor radiant heating for year-round comfort
- Covered back patio and relaxing outdoor space
- No condo fees or unexpected, additional expenses
- Snow removal / Grass cutting included
- Wheel Chair Accessible
- In-suite Laundry
- Quartz Counter-tops
- Stainless Steel Appliances
- 24/7 security surveillance
- Long-term leases
- 30 Units available for lease

Contact: info@falkidevelopments.com
Tel: 204-407-6030



Submitted by Manitoba RCMP

On Sept. 6, at 2:40 p.m., a 22-year-old male, from Selkirk, was struck by a grey colored pickup truck as he was crossing the street in the 300 block of Sophia Street. The pickup truck then fled the scene.

The victim, located a short time after the collision by a passerby, was transported by ambulance to hospital with non-life-threatening injuries where he was treated and released.

At this time, Selkirk RCMP are seeking assistance in identifying the suspect vehicle which was described as a grey colored Ford F-150 pickup truck with four teenage occupants at the time of the collision.

Anyone with information on this vehicle, or may have witnessed this collision, is asked to contact the Selkirk RCMP at 204-482-1222, call Crime Stoppers anonymously at 1-800-222-8477, or secure a tip online at www.manitobacrimestoppers.com.

Selkirk RCMP continue to investigate.

> SAFETY TIPS, FROM PG. 5

"Know your surroundings. [Know] I can call for help. I don't have to do this on my own. I will get home safe," he said.

He wants residents to know that we can all make our neighbourhoods safer by being aware and looking out for ourselves and our neighbours.

"Want to make your neighbourhood safer? Do something about it. We all can do our part for crime/fire prevention. You know your neighbourhood better than we do. Help us so we can help you," said Human.

Interlake FASD Coalition hosts annual event highlighting need for FASD awareness

Local mother speaks to experience parenting child with FASD

By Katelyn Boulanger

The Interlake FASD Coalition hosted their annual awareness event where they bring to light the effects of alcohol on developing fetuses and advocate for more awareness of the needs of people with Fetal Alcohol Spectrum Disorder (FASD) in our community. This year they had a FASD advocate and mother, who's child has FASD, discuss FASD and child and youth sexual exploitation.

Fetal Alcohol Spectrum Disorder is a diagnostic term that describes the range of effects that can occur in an individual who was exposed to alcohol prenatally. FASD is a lifelong neurodevelopmental disorder that can impact a person's learning, physical, cognitive, behaviour and development.

The meeting started with a land acknowledgement followed by Sherisse Picklyk Dear, who is one of the co-chairs of the Interlake FASD Committee acknowledging the hard work that people in Selkirk have done to bring more awareness to FASD and explaining what would be discussed at the event which took place at Selkirk United Church on Sept 13.

"We are eternally grateful for Selkirk's support of our committee's work and the events we have put on over the years, and we are grateful for the many agencies and organizations that support, partner and promote us and that are here for our community fair. The goal of our FASD Awareness Day event today is to explore the intersectionality between child abuse, sexual exploitation and FASD," she said.

She went on to talk about the Interlake Sexual Exploitation Educators as a group that brings knowledge about sexual exploitation to our community and let attendees know about this great resource that is available locally.

Next, a local mother with a child with FASD came to the stage to present her story about trying to help her child navigate living with FASD in a

world where there are pathways that can lead to exploitation. This caregiver has asked that her name not be printed in order to keep the identity of her child, who is now a young adult, private.

"I'm going to use my child's profile behaviours to talk about why and how individuals with FASD are more vulnerable to sexual exploitation, and the pathways into that in our experience. I'm going to highlight the limitations of caregiver's reach into the public sphere. I certainly have my role as a caregiver but then when things move into the public sphere, things get a little bit trickier, and I'll talk about some of our experiences within the service sector and how everyone in the community can play a part," said the mother.

She explained that many aspects of her child's brain have been affected by FASD and that everyone with FASD is different so knowing what FASD is doesn't mean that that person understands what FASD means for each individual.

In her child's case, the mother explained that they have an IQ that correlates with their age which means that her child presents so well that difficulties in other areas can be masked.

"Often [they] present like a really delinquent teenager who has never had any boundaries put in place and probably doesn't have any parents supporting [them]. That is really what the behaviours present as, which really makes it tricky for people to understand what's going on," said the

mother.

She explained that characteristics of FASD such as difficulties with impulse control, difficulties with social skills, a disconnected self-image, and an increased fight or flight response have likely contributed to her child ending up in exploitative situations.

In this family's case, the loss of a member of the child's birth family created a traumatic situation and connected them with some people who have been negative influences. The exploitation that her child has experienced since has been an additional source of trauma.

"We really have this sense in society that good parents produce, good kids. We really don't have a story for when good parents have kids with complex needs and high-level vulnerabilities that demonstrate these behaviours in a public sphere," said the mother.

She explained that her child comes from a stable two-parent family with a stable extended family and a stable living environment.

Unfortunately, in the service sector, this mother has experienced a great deal of judgement and has found that there are many services that are not used to having a parent involved because of the above idea that a child in these situations must have inattentive parents.

"Our main intervention is grounded in relationship and I protect that relationship at all costs. Since [they] joined our family at 10 months, we've been modelling and teaching healthy relationships, healthy coping strategies, healthy substance use, healthy sexuality and consent," said the mother.

She said that with this disease it does really take a village to raise a child.

"With FASD, it doesn't matter how competent the family is. Variables from FASD complicate life for everyone involved — the individuals, the caregivers, the family service sectors, health, education, criminal justice, employment, social services, all of it. In my years of experience, I've tried to access, or have accessed almost every single service sector. Because of my limited reach into that public sphere, I need community and other service providers on my team," she said.

CanFASD is Canada's source for evidence-based information on Fetal Alcohol Spectrum Disorder and this year their FASD awareness day message "Everyone plays a part" reflects what she's saying.

Some areas that the mother says in her experience there need to be improvements are: services connecting better with each other, the criteria for help being limited and location de-

Continued on page 8



SAVE WITH A GROUND SOURCE HEAT PUMP

- ✔ Enjoy energy-efficient heating and cooling in a single unit
- ✔ Reduce your electric heating costs by up to 60%
- ✔ Get a rebate!

Visit efficiencyMB.ca/heatpump to learn more.



THE Flicks

CINEMA

319 First Street E., Stonewall, MB

SHOWTIMES:
Please check individual listings
Due to various picture lengths showtimes vary

204-467-8401
PROGRAM SUBJECT TO CHANGE WITHOUT NOTICE
Cash only

FRI-THURS SEPT 20-26
CLOSED TUESDAY
at 7:30 pm Each Night

DEADPOOL & WOLVERINE
Adult Accompaniment Under 14;
Frequent Violence; Coarse Language **14A**

FRI-THURS SEPT 27-OCT 3
CLOSED TUESDAY
at 7:30 pm Each Night

TRANSFORMERS ONE
Violence **PG**

**MANITOBA
BRAIN INJURY
ASSOCIATION**

SELKIRK SUPPORT GROUP
Meet first Wednesday of the month
1:00-3:00 pm
at Gordon Howard Centre
384 Eveline St., Selkirk
204-975-4280 (MBIA)
1-866-327-1998 (MBIA)
"Supporting each other towards a new beginning"

The Selkirk Record



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



EDITOR
Katelyn Boulanger



SALES
Brittany Hiebert



DISTRIBUTION
Christy Brown



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Corrie Sargent



OFFICE MANAGER/ADS
Lucy Kowalchuk



ADMINISTRATION
Allana Sawatzky



REPORTER/PHOTOGRAPHER
Kieran Reimer



PRODUCTION
Debbie Strauss



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta

get heard

EDITORIAL > VIEWPOINTS > LETTERS

> Got news?



Call Katelyn Boulanger

One RCMP officer takes multiple impaired drivers off the road

Busy weekend shift for officer dealing with impaired drivers

Submitted by the Manitoba RCMP

A constable with Manitoba RCMP Eastman Traffic Services began a weekend shift out of the East St. Paul RCMP Detachment on Sept. 6. The officer began patrolling on Wenzel Street in East St. Paul and at 4:42 p.m., a vehicle was seen travelling at 75 kilometres per hour in a 50 kilometre per hour zone. The vehicle was stopped. Mandatory Alcohol Screening was completed, and the 64-year-old male registered two warnings. A ticket for \$378 was issued for speeding, the male's driver's licence was suspended, and his vehicle was impounded.

On Sept. 8, the constable was again patrolling in the East St. Paul area. At 5:50 p.m., the officer was on Highway 59 and observed a southbound vehicle going extremely fast. The radar showed the vehicle at 155 kilometres per hour in a 100 kilometre per hour zone. The officer initiated a traffic stop and administered the Mandatory Alcohol Screening test, which registered two warning readings. A ticket for \$770 was issued for speeding, the 47-year-old male's driver's licence was suspended, he received a serious offence notice, and his vehicle was impounded.

Later that evening, at 8:14 p.m., while patrolling on Garven Road, the officer conducted a traffic stop as a result of information from the automated licence plate reader in the police vehicle. The registered owner of the vehicle was a passenger, and a male

was driving. The driver provided a false and expired driver's licence. When the officer asked him to provide valid and proper identification, the male finally did, which showed the 23-year-old was suspended from driving.

A Mandatory Alcohol Screening test was administered and alcohol was detected. However, the amount of alcohol did not exceed the legal limit. The driver received a ticket for \$672 for Driving while Disqualified, and a ticket for making false statement, also for \$672. The vehicle was impounded.

At 11:29 p.m. the same evening, the officer was patrolling Highway 59 when a vehicle came up behind the police vehicle going 138 kilometres per hour in a 100 kilometre per hour zone. The 30-year-old male driver was stopped and provided a Mandatory Alcohol Screening reading of fail. He was issued an immediate roadside prohibition, his driver's licence was suspended, a speeding ticket was issued for \$548, and the vehicle was impounded. The registered owner of the vehicle was the passenger.

On Sept. 9, at 6:32 p.m., the same officer was patrolling on Garven Road when a vehicle was observed travelling 132 kilometres per hour in an 80 kilometre per hour zone. The vehicle was stopped. The 24-year-old male driver was given a Mandatory Alcohol Screening test and provided a fail reading. He was issued a speeding ticket for \$731, a serious offence notice requiring a hearing with Mani-

toba Public Insurance (MPI), his driver's licence was suspended, and his vehicle was impounded.

That same day, at 9:41 p.m., while patrolling, the officer observed a vehicle turn from Garven Road south onto Highway 59 with four-way flashers activated and driving under the speed limit. The officer stopped the vehicle to see if the driver needed assistance. The 51-year-old male driver indicated that he had his spare tire on as he had got a flat tire, so he was driving slowly for safety. A Mandatory Alcohol Screening Test was administered and the driver failed. The driver received an immediate roadside prohibition and his vehicle was impounded.

"This is not a typical weekend for a Traffic Services officer," said Inspector Michael Gagliardi, Officer in Charge of Manitoba RCMP Traffic Services. "However, it shows that impaired driving is still happening and that Mandatory Alcohol Screening is an invaluable tool to help us get impaired drivers off the road."

"Every driver stopped by a Manitoba RCMP Traffic Services officer is required to receive the test," Inspector Gagliardi continued. "As we see from this past weekend, it helps us to remove these dangerous drivers from the road. When drivers are impaired, they make bad decisions, and those decisions can have deadly consequences. The excellent work done by this officer over the weekend very well could have saved lives. Our officers will continue to patrol Manitoba communities in our efforts to get all Manitobans home safely."

> FASD AWARENESS, FROM PG. 7

pendant, the rotation of staff causing the family to have to tell their story to many people again and again, and communication challenges in general.

"The only thing I can do at this point is maintain the relationship with [my child], and keep any door open for

[them] when [they're] ready to walk through," said the mother.

She finished her discussion by highlighting the need for a resiliency and a family-centred approach to care because the whole family is affected by situations like this.

The FASD awareness event concluded with a question and answer session and attendees were invited to tape red covers on their shoes for the day to show their support for FASD awareness in our community.



> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,
Selkirk, MB R1A 0X2**

Office Hours: Mon.- Fri. 9:30am-5pm

TO PLACE AN AD or for
COMMERCIAL DESIGN & PRINTING
Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Brittany Hiebert: 204-485-1419
Email: ads@selkirkrecord.ca
or call our office at 204-785-1618

EDITORIAL

Katelyn Boulanger 204-485-3337
news@selkirkrecord.ca

View the Selkirk Record online at selkirkrecord.ca

Funded by the Government of Canada |

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.

Experience Slavic Tales at Birds Hill Park Sept. 22-28

By E Antonio

Sept. 22-28 is National Forest Week (NFW) hosted by the Canadian Institute of Forestry (CIF) to celebrate, educate and raise awareness about Canada's forest heritage.

"During NFW, Canadians are invited to learn more about Canada's forest heritage and to raise awareness about this valuable and renewable resource. Forests are fundamental to our economy, culture, traditions and history – and to our future," explained Rachel Brown, Communications Manager of CIF.

NFW was established in 1920 as Forest Fire Prevention Week to increase public awareness about Canadian forests. During NFW's debut, Brown explained that the only threat to forests was from fires, primarily caused by humans.

"Since then, National Forest Week, as it was renamed in 1967, has evolved to encompass the many and varied human and environmental aspects of Canada's forest resources," said Brown. She added that NFW's goal is to educate Canadians on the value of forest heritage and gain recognition of the valuable resources that forests provide.

In honour of NFW, CIF will host two public events at Bird's Hill Provincial Park (BHPP) related to the NFW 2024 theme, Two-Eyed Seeing.

"Originally introduced by Mi'kmaq Elder Albert Marshall, 'Etuaptmumk' is a Mi'kmaq word meaning 'Two-Eyed Seeing.' This teaching suggests that with one eye, we observe the world through Indigenous ways of knowing, while with the other, we look through Eurocentric viewpoints," Brown explained.



The CIF will be hosting two Slavic storytelling events at Birds Hill Provincial Park Sept. 22 and 27, hosted by local arborist Guy Shelemy.

Two-Eyed Seeing combines traditional knowledge and Western Science to create intercultural collaboration.

"Two-Eyed Seeing offers us the gift of multiple viewpoints," Brown added. When integrating multiple points of view, there is a higher chance of achieving a positive outcome.

NFW will specifically focus on the Two-Eyed Seeing knowledge of sustaining forestry.

"Through mutual respect and collaboration, we can learn how to implement Indigenous knowledge and traditions with Western science to sustain healthy forests for future generations," Brown said. She added that through collaboration, we can better fight forest challenges like wildfires

Continued on page 10



RECORD PHOTOS SUBMITTED
Join the Canadian Institute of Forestry (CIF) in celebrating National Forest Week (NFW) Sept. 22-28.



Get a **\$100 rebate** on each qualifying window and door you install in your home.



Windows and doors must be:

- ✓ ENERGY STAR® certified
- ✓ At least triple pane glass (where applicable)



EFFICIENCY MANITOBA

Visit efficiencyMB.ca/windowsanddoors to learn more.



The Cozy Fox
2nd Annual Fall Market
September 21st
11:00am-5:00pm
Rain date September 22nd

30+ Vendors
Live Entertainment Featuring Mitchell Stewart
Selkirk Fire Department Candy Scramble
(12:00, 2:00 and 4:00 pm)
Fresh Vegetables by Papa's Garden
Paint with Michelle's Kids Craft Corner
Photo Area/Glitter Tattoos
Food Vendors
And So Much More!!

637 Morris Ave, Selkirk

Sold-Out Success at the 2024 Keenora Traditional Dinner

Marine Museum of Manitoba appreciates support from community

Submitted by the Marine Museum of Manitoba

Marine Museum of Manitoba appreciates support from community

The Marine Museum of Manitoba is thrilled to announce the resounding success of its 2024 Keenora Traditional Dinner, which was completely sold out weeks in advance. Held on Sept. 14 aboard the historic S.S. Keenora, the event provided guests with an unforgettable evening of gourmet dining, live music, and a trip back in time to the golden age of steamship travel on Lake Winnipeg.

This year's event was extra special, as it marked the museum's 50th anniversary and celebrated the very ship that started it all—the S.S. Keenora. Attendees indulged in a culinary journey reminiscent of what first-class

passengers would have enjoyed while sailing the lake. With a menu that included steamship roast of beef, Yorkshire pudding, and traditional pies from the famous 'Pie Lady,' the food was nothing short of extraordinary. The evening was further enhanced by live entertainment from Double Bourbon, whose music perfectly complemented the historic atmosphere.

Duane Nicol, chair of the Marine Museum Board of Directors, delivered inspiring remarks during the dinner, paying tribute to the museum's founders, builders, and sustainers.

"This event is a celebration of not only our maritime heritage but also of the community that has supported

Continued on page 11



RECORD PHOTO SUBMITTED

A photo from the Keenora Traditional Dinner.

> FOREST, FROM PG. 9

and pest control.

You can join the CIF in celebrating NFW with their two Forest Theatre events at BHPP on Sept. 22 and 27.

The Forest Encounters are supposed to be both educational and entertaining and are best suited for individuals six years of age or older.

On Sept. 22, from 1-2:30 p.m., the first event will take place at the Kudlowich Homestead titled — Forest Encounters: The Seen and Unseen Worlds of Slavic Living Nature.

In this theatrical experience, discover what the Last Rural Forester finds in both the seen and unseen world of the Slavic living nature.

From the event's description, "Living nature is a constant drama of interdependent relationships within the forest."

Slavic wisdom is typically shared through oral tradition. You can be one of the first people to hear the Last Rural Forester's story of his family's origins in a village that was lost to war. The story claims it may change your perception of the forest.

For the Sept. 22 event, Brown asks that able residents park along South Drive as the parking lot near Kudlowich Homestead is reserved for those with mobility issues, and expect a few-minute walk to reach the site.

The second event to NFW BHPP's interpretation series is Slavic Campfire Tales: An Evening Encounter with the Unseen Forest on Sept. 27 from 7-8:30 p.m. at the Campfire Amphitheatre.

Sit back and try to relax as you listen to the eerie tales provided by the Last Forester. Brown warns you that you may see Lysovik, the Guardian of the Forest Realm, peering in on your campfire session.

"[Lysovik] embodies the energetic balance and harmony of the forest ecosystem. Given the pervasive presence of forests in the lives of the early Slavic populations, their protector played a significant role in folklore. Hunters, warriors, woodsmen, and travellers have often led astray or bewildered by sounds in the woods, leading to the emergence of the Lysovik as a central figure in these narratives," Brown explained.

For Friday evening, Brown encourages you to bring a flashlight, as you will be required to walk along a dimly lit gravel path. Parking is available at the Campground Store or along the road near the Amphitheatre.

Brown also recommends bringing a lawn chair to both of NFW's events as limited pre-built seating options will be available.

Local arborist and CIF Manitoba Member Guy Shelemy will lead both of the BHPP NFW sessions.

Shelemy explained that Slavic mythology typically lacks primary sources due to its oral tradition roots.

"My perception of Slavic forest wisdom has been shaped by my grandfather who emigrated from a [similar] region of Ukraine and time period as Lesya Ukrainka. As my research of forest ecology increases and I'm researching Slavic Archives for my book on Rural Forestry, patterns and similarities have become clearer," said Shelemy.

A valid Provincial Park Pass must be purchased and displayed on all vehicle dashboards while in BHPP. You can buy your park pass online at www.manitobaelicensing.ca/licensing.page or by visiting the Birds Hill Campground Office. Brown also notes that these events have been incorporated into Bird's Hill Provincial Park's regular Park Interpreter Program." A program led by park interpreters to educate park-goers about a variety of topics.

Brown invites you to visit the CIF website, www.cif-ifc.org, for more information on NFW and to learn more about the CIF.

St. George Wakefield Anglican Church
Annual **Fall Tea Luncheon & Bazaar**
Sunday, Sept. 22, 2024
11:00 am - 2:00 pm
Clandeboye Community Hall
111 Main St, Clandeboye (cash donation at the door)

- Home Baking • Sewing & Crafts • Rainbow Auction
- Harvest & Produce Items • Preserves
- Fall Arrangements, Decorations & Gifts
- Fish Pond • Raffle • Door Prize

All Welcome - Thank you for your support

Ed Teplyski
Dealerships Sales Agent
I would like to assist you on your next purchase of a new vehicle, pre-owned or leasing
204-785-0741
Email: teplyskied@gmail.com

HPV causes cancer in 100 Manitobans each year.

VACCINE & SCREEN
to prevent cervical cancer.
PracticePrevention.ca

CancerCare Manitoba
ActionCancerManitoba
Brought to you by
CancerCare Manitoba
FOUNDATION
All funds raised stay in Manitoba.

➤ KEENORA DINNER, FROM PG. 10

this museum for half a century. We are deeply grateful to our attendees for their unwavering support, and we look forward to continuing to grow, preserving our history, and sharing it with future generations," said Nicol.

He also took the opportunity to share the museum's bold and ambitious vision for the future, focusing on its continued growth as a premier heritage institution in the region.

"We have a bold vision, one as bold and audacious as the vision our founders had 50 years ago - to be a large, four-season, indoor museum and cultural center that houses the ships and other exhibits that tell the stories of our region. I can think of no greater way to honour the legacy of those who founded and built our museum, and no greater gift we can give future generations."

Museum Manager Shay Nordal was

also pleased with the success of the event and the engagement of the 120 museum supporters who attended.

"Seeing the Keenora full of people, laughter, and music was truly heartwarming. This dinner has become a beloved tradition, and it was wonderful to see so many familiar and new faces come together to celebrate this milestone year for the museum," said Nordal.

Nordal also praised the volunteers who made the event possible.

"An event like this has many moving parts at any given time. Our volunteers are the driving force behind it all. Their dedication and hard work are the backbone of our events, making them truly exceptional."

The event was a wonderful way to close a very successful regular session for the museum, further solidifying its place as a vital cultural and heri-

tage hub in the region.

Nicol said that more than half of the attendees at this year's dinner were first time attendees and almost half had never been on the ships themselves.

"This was the third dinner we've held and I'm always amazed by the number of new visitors that come to the dinner. It really is a special event that attracts people to Selkirk to see what we have to offer. It's one of the most exclusive dining experiences in

Manitoba; one night only and with a very limited number of seats. People are excited to come and experience something new. It's a great way of building new relationships and yet another way that the Marine Museum is helping to build our regional tourism," said Nicol.

For more information on upcoming events or to support the Marine Museum of Manitoba, visit www.marinemuseum.ca.



RECORD PHOTOS SUBMITTED

Keenora dinner attendees enjoying their meals.



Lyle Peters
Third Generation Hog Farmer
Randolph, MB

GOOD FOR GOOD FOR
MEMB

I work hard every day to properly raise my animals, ensuring a healthy herd.

Pigs receive nutritious feed, safe living conditions, and global-leading veterinary care.



Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Fall home decor ideas: welcome the season

As the air turns crisp and leaves begin to fall, it's time to infuse your home with autumn's warm and cozy charm. Here are some budget-friendly decor ideas to add a touch of autumnal magic to your abode.

Nature-inspired accents

Bring the outdoors into your decor with natural elements like pumpkins, gourds, acorns and pinecones. Arrange them in baskets or bowls or scatter them along mantels and tabletops for a rustic and inviting vibe.



TRACY
MAINLAND KRAMBLE

TRUST, HONESTY AND INTEGRITY... EVERY DAY!

1164 FILLMORE ROAD - MAJOR PRICE REDUCTION!! CLANDEBOYE / ST. ANDREWS
Gorgeous 2600+ Sq Foot Home with 4+ bedrooms, full basement with egress windows, Double attached garage on 4 acres **\$549,900**

25 KILMANY PLACE - ST. ANDREWS
Beautiful 4 acre lot ready for you to build! **\$199,900** - Subdivision has been sold out for a year!

473 PARR - WINNIPEG - RENOVATORS SPECIAL
This 2 bedroom, 2 Story home has huge potential in a great neighbourhood. Single detached garage and good sized yard. **\$149,900**

135 POLSON AVE. - WINNIPEG
2 3/4 Story, 3 Beds plus a 3rd story loft 1.5 Baths. **\$279,600**

188 LOCKPORT ROAD - LOCKPORT
Beautiful 1000+ Sq Foot home with 3 Bedrooms, Double attached garage, Outdoor Gazebo and a HUGE 3200 In-floor Heated Shop - Offers are Sept 24 **\$649,900**

50 DUMONTET - WINNIPEG SAGE CREEK!
Gorgeous 4 Bedroom, 2.5 bath home in beautiful Sage Creek! Corner lot with a ton of space! Green space behind you! don't miss this rare opportunity to own one of the larger properties in Sage Creek! **\$789,900**

66 VAN MOL - ST. ANDREWS
Stunning 1408 Sq Foot Mobile home that has been completely gutted to the outside wall. Transformed into a beautiful home! 3 Bedrooms, 2 Baths, Sunken living room - you have to see to appreciate the craftsmanship that has gone into this property!

436 MINNIGAFFE - WINNIPEG
4 Beds, 2 Baths, over 1300 Sq ft of living space. Tenant Occupied and would love to stay. Single det garage **\$249,900**

95 FULHAM - WINNIPEG - OLD TUXEDO
Outstanding renovated home in old tuxedo. Minutes from Assiniboine park, Polo Park and centrally located. 4 Bedrooms, 1.5 Baths, FR, DR, LR, Kitchen with Brand new outdoor deck. Double detached and a completely fenced backyard. **\$499,900.00**

39 BALSAM BAY - VALHALLA BEACH!
Just north of Arnes, Own a little piece of paradise! Fully renovated into a 4 season home, 3 Beds, 1 bath fully renovated kitchen, WETT certified wood stove! **\$239,500**

COMMERCIAL BUILDING - 34 ARCHIBALD
- AVAILABLE FOR SALE. This property has a potential 4 units including an opportunity for a 5th. Upstairs can be used as residential or commercial office space. over 5400+ sq feet and room to grow! **\$799,900**

Get a **REAL ESTATE EXPERT** in your corner
Tracy@tmk.homes **TMK.Homes**
Tracy Mainland Kramble
RE/MAX ASSOCIATES **204.782.3260**

Warm textiles

Swap out lightweight linens for plush throws, knit blankets and flannel pillow covers in rich hues of burgundy, mustard and deep orange. These cozy textiles will not only keep you warm but also add layers of texture to your space.

like apples, pears and cranberries arranged in wooden crates or trays. Add taper candles or LED lights for a cozy ambiance during autumn gatherings.

Festive wreaths

Welcome guests to your home with a festive fall wreath adorning your front door. For a touch of rustic elegance, opt for one crafted from dried leaves, twigs or burlap.

Scented candles

Lighting fall-scented candles throughout your living spaces will fill your home with the warm and inviting aromas of pumpkin spice, cinnamon and apple cider.

Seasonal centrepieces

Create eye-catching centrepieces using seasonal fruits

Visit local home decor and craft stores to effortlessly transform your home into a cozy sanctuary celebrating the season's beauty.

Evan Kreutzer.ca
Real Estate Services Inc.
204-482-7355

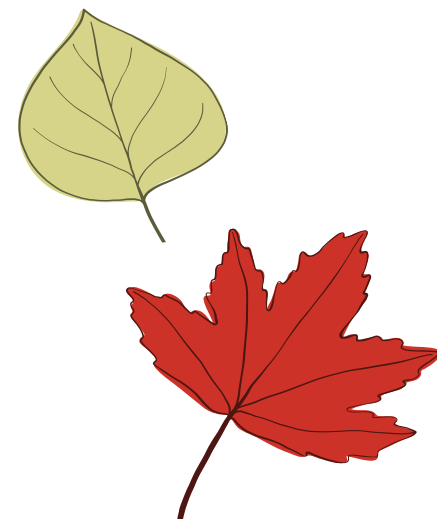
EVAN Broker

1402 BREEZY PT RD **\$429,000 SOLD**
317 MCLEAY **\$160,000 SOLD**

RIVERFRONT ON RIVER ROAD!! 11.2 acres
1126 RIVER RD

RICH MOYER
ROYAL LEPAGE
PRIME REAL ESTATE
INDEPENDENTLY OWNED AND OPERATED

1877 Henderson Highway
Winnipeg, MB R2G 1P4
Cell: 204-791-7772
Email: rich@richmoyer.ca
www.richmoyer.ca



Your Local Community
Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



Simple home repairs that everyone should know, but few do



Calling a handyman for every minor inconvenience can get expensive. However, some quick fixes are surprisingly easy to tackle yourself. Here are a few essential home repairs that might surprise you with their simplicity:

1. Fixing a dripping faucet. A dripping faucet is annoying and wastes water and money. Most faucets can be fixed by replacing a worn-out washer — a simple task requiring a screwdriver and a trip to the hardware store.
2. Unclogging a drain. Before resorting to harsh chemicals to clear your pipes, try a plunger or a drain snake. A baking soda and vinegar solution can also work wonders.

3. Tightening loose doorknobs. A wobbly doorknob is more than inconvenient — it can be a security risk. Tightening the screws that hold the knob in place usually does the trick.
 4. Seal drafty windows. Drafty windows can make your home feel chilly and drive up your energy bills. Seal the gaps with caulk and apply weatherstrip.
 5. Drywall repair. All you need to patch small holes in your walls is spackle, a putty knife and sandpaper. That hole will be a distant memory with some filling, sanding and painting!
- Visit your local home improvement store to get how-to advice from local experts.

SDCF grant helps LSEC program fix bikes, promote a healthy lifestyle and develop community

Submitted by the Selkirk & District Community Foundation

A grant from the Selkirk & District Community Foundation helped the Lord Selkirk Education Centre's (LSEC) 10-year-old Bike Program get back on track last year, after being derailed by COVID-19.

Under the program, older students learn how to repair and maintain bikes and then go to Grade 5 and 6 classes in the Lord Selkirk School Division and teach younger kids how to do the same.

Teacher Tyler Farrand, who started the program with colleague Stephen Grahame, says the grant allowed them to buy tools and hire experts from WRENCH to instruct the older mentors.

"The students from LSEC become masters and they get to go and show younger kids in their community how to fix a flat tire and tune up their own bike," Farrand said.

"And if the young kids don't have a bicycle, we'll find a bike for them and they fix it up together."

The Foundation is accepting applications for this year's grants until Sept. 30.

The students no doubt learn how to fix bikes, but they get much more out of the program. They learn work skills, problem-solving skills, how to ask for help and how to work together.

Farrand says it's been a successful program.

"It builds the idea of independence,

and mastery and generosity," Farrand said.

"The students are proud, they've got this mechanic's shirt with their name on it and they're going to go and teach their skills to someone younger in the community."

Esther Van De Walle, director of LSEC's Youth Program, said students gain so much from the program.

"They benefit from the learning and how to apply the knowledge. They learn how to fix a bike and then they can show other people how to fix a bike and that gives them a sense of pride," Van De Walle said.

"They also have the ability to fix up their own bike in the future and for a lot of our students bikes are freedom, it's a way to get around, a way to get to a job, a way to get to school. Having the skills to take care of and maintain your own bike is helpful."

Van De Walle says it's a lifelong skill and as the students become adults, they'll pass along their bike skills to their own kids.

Bev Clegg, executive director with the SDCF, says the power of granting is demonstrated every year through recipients like the Bike Program.

"We love to tell the stories of the groups that receive grants because, without fail, they are positive stories," Clegg said.

"In the case of the LSEC Bike Program, well that's one that warms everyone's hearts. To know that older

Continued on page 15



RECORD PHOTO SUBMITTED

Teacher Tyler Farrand works with one of the Bike Program's mentors last spring.

FLOORING
SHEET VINYL
8 colours in stock!

See Frank in flooring for more info

Home Hardware
917 Manitoba Avenue, Selkirk 204-785-2773 Ext 137

Home Hardware building centre

Nutrient targets introduced in 2020 by Conservatives approved by NDP in 2024

Critic says provincial government passing on bad nutrient targets that won't help Lake Winnipeg

By Patricia Barrett

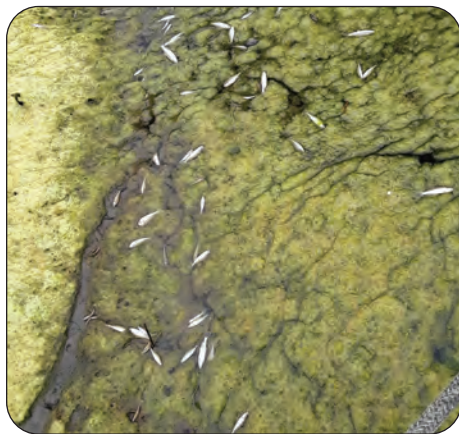
The provincial NDP government announced at the end of August that it had set the first-ever nutrient reduction targets for improving water quality after officially passing a regulation this summer.

The regulation had initially been introduced by the former provincial Conservative government during the pandemic, and the targets that government had set for phosphorus and nitrogen loading to Lake Winnipeg and four rivers have now been implemented.

NDP environment and climate change minister Tracy Schmidt announced at the end of August the adoption of the nutrient targets, saying they're a "major step forward" to protecting water quality.

"This regulation for Lake Winnipeg and its tributaries sets the first-ever formal nutrient reduction target for improving water quality in Manitoba's history," said Schmidt in an Aug. 27 news release. "Establishing nutrient targets for our cherished rivers and lakes is essential in protecting those waterways for generations to come."

The Nutrient Targets Regulation falls under the Water Protection Act and includes Lake Winnipeg, the Red Riv-



FILE PHOTO BY GAYLE HALLIWELL
A resident took a photo of an algal bloom and dead fish in the Winnipeg Beach harbour in 2023. The bloom hit several Interlake communities along the western shore of Lake Winnipeg, including Gimli and Arnes.

er, the Saskatchewan River, the Winnipeg River and the Dauphin River.

"It commits Manitoba to report regularly on progress towards implementing the targets and actions underway to reduce nutrient levels in waterbodies in Manitoba," said Schmidt. "This provides a clear, measurable benchmark with the goal of effecting real change in the protection of Manitoba's waterways."

Because there were no phosphorus and nitrogen target numbers provided in the news release, the *Record* reached out to the department to find out whether it had made any changes to the targets for Lake Winnipeg (the Conservative government had proposed a total phosphorus target of .05 mg/L and a total nitrogen target of .75 mg/L.)

A spokesperson said the total phosphorus for Lake Winnipeg is now of-



RECORD FILE PHOTO BY PATRICIA BARRETT

A commercial fisher's helper and boats got covered in feces while working in the Hecla-Grindstone region of Lake Winnipeg in 2018.

| Location | Total Phosphorus Load Target (tonnes/year) | Total Nitrogen Load Target (tonnes/year) |
|--|--|--|
| Red River at Selkirk | 2,800 | 19,050 |
| Saskatchewan River at Grand Rapids | 340 | 8,960 |
| Winnipeg River at Pine Falls | 1,050 | 19,450 |
| Dauphin River midway between Anama Bay and Gypsumville | 60 | 4,550 |

GOVERNMENT OF MANITOBA

The Nutrient Targets Regulation passed by the NDP government this summer shows total phosphorus and nitrogen loading for four rivers that carry pollutants to Lake Winnipeg.

cially set at .05 mg/L and total nitrogen at .75 mg/L.

Total phosphorus load targets in rivers are as follows: the Red River at

Selkirk is set at 2,800 tonnes per year. For the Saskatchewan River at Grand Rapids, the total is 340 tonnes per

Continued on page 15

Flight Training

START YOUR CAREER AS A PILOT!

Becoming a pilot can be a rewarding career

LAKESIDE FLIGHT SCHOOL IS THE MOST AFFORDABLE IN CANADA. RECREATIONAL, PRIVATE AND COMMERCIAL LICENSE. AUTHORIZED TRAINING FOR COMMERCIAL PILOT LICENCE, FLIGHT INSTRUCTOR RATING, NIGHT RATING, PRIVATE PILOT LICENCE, RECREATIONAL PILOT PERMIT AND VFR OVER-THE-TOP RATING

Want to learn to fly?

RECREATIONAL PILOT PROGRAM is the best way to get started. Must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger. Can easily add float rating to permit.

LS AIRWAYS FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

IN HONOUR OF NATIONAL DAY FOR TRUTH AND RECONCILIATION

ROXI'S UPTOWN CAFE & ON THE ROCKS LOUNGE WILL BE CLOSED ON MONDAY, SEPT. 30TH

Roxi's by the Red
UPTOWN CAFE

ON THE ROCKS
BAR & NITECLUB

Every Child Matters

Red Barn
will be open
10am - 8pm
on Sept 30th

Red Barn
GOLD BEER STORE AND BOTTLE DEPOT

Selkirk Motor Hotel • 219 Manitoba Ave. **204-482-1900**

> NUTRIENTS, FROM PG. 14

year. The Winnipeg River at Pine Falls has a total load target of 1,050 tonnes per year. And the Dauphin River midway between Anama Bay and Gypsumville has a total load of 60 tonnes per year.

Total nitrogen load targets in rivers are as follows: the Red River at Selkirk is set at 19,050 tonnes per year. The Saskatchewan River at Grand Rapids has a target of 8,960 tonnes per year. The Winnipeg River at Pine Falls has a target of 19,450 tonnes per year. And the Dauphin River midway between Anama Bay and Gypsumville has a total nitrogen load of 4,550 tonnes per year.

While the government says these targets will improve water quality in Lake Winnipeg, as well as in the four rivers that carry nutrients to the lake, Lake Winnipeg commercial fisher and analyst Bill Buckels says they'll do nothing to protect Lake Winnipeg. And the province's news release, with its lack of detail, obfuscates harms being done to the lake.

Buckels has been hit by severe and extensive algal blooms in the Hecla-Grindstone region where he fishes in the fall. He has also found himself awash in fecal matter that swirls

around for weeks in the currents. In 2018 Buckels had samples of brown-coloured lake water tested by a Winnipeg laboratory, and it confirmed the water contained feces. Last year several communities along the west shore of Lake Winnipeg were hit by algal blooms and they were also accompanied by masses of dead fish.

The province's beach advisory for mid-August noted blue-green algae or cyanobacteria being above recreational water quality objectives at Victoria Beach (Red Cross Dock and Sunset Beach) on the east side of Lake Winnipeg and at Caddy Lake Beach in Whiteshell Provincial Park. The last provincial advisory issued on Sept. 6 noted that E. coli counts were "briefly" above the recreational water quality objective at Sandy Bar (east of Riverton) on Lake Winnipeg in early September, and above the objective at Lester, West Grand and Patricia beaches on Lake Winnipeg.

In 2021 Buckels had raised concern about the Conservative government's proposed nutrient targets, saying nutrient enrichment will keep the lake in the eutrophic range, a condition which produces algal blooms and kills fish (see the Feb 4, 2021, edition

of the Record, story titled "Province's proposed regulation on nutrient targets for Lake Winnipeg misses the mark").

Eutrophication of water bodies is a serious environmental threat that's occurring around the world. Excessive nutrients – phosphorus and nitrogen from agricultural fertilizers and animal waste, municipal wastewater, raw sewage and industrial processes – lead to an overabundance of plant growth in waterbodies. Decaying

plants then kill fish and other organisms through oxygen depletion. Algal blooms also pose threats to drinking water.

Lake Winnipeg receives water from U.S. states such as North Dakota and Minnesota, and from Canadian provinces such as Ontario, Saskatchewan and Alberta. That water carries phosphorus and nitrogen and other pollutants to the lake.

Continued on page 21

> SDCF GRANT, FROM PG. 13

students are sharing their knowledge with younger ones, developing that big brother or sister type of relationship is huge and then there's the aspect that we're getting kids outside and riding bikes, it's a fantastic program and the Foundation is proud to play a part in its success."

Farrand says the mentors definitely build a relationship with the mentees, "They make that connection in the community, the kids say, 'Oh, that's the guy that taught me how to fix my bike. I've seen that happen. It's really cool,'"

Over the years they've amassed a number of bikes through donations from the community. If there are kids

without bikes, the program donates to them.

"Part of the idea is, how do we make the community more active?" he said.

"Selkirk is really progressive in its active transportation system...and as someone who lives in the community I want to see the community become more healthy and better."

Applicants for an SDCF grant must be a non-profit organization or registered charity with the Canada Revenue Agency, providing services within the City of Selkirk, RM of St. Andrews or St. Clements.

Applications are accepted only online at sdcf.ca before Sept. 30.

Say hello to ultra-fast speed! And goodbye to lag time.

Valley Fiber is bringing high-speed fiber internet to your community. Stream movies, make video calls and never worry about lag or choppy signals. Sign up today for seamless connectivity that won't slow you down.

Community Notice*

Construction crews will be in the following rural municipalities this fall:

RM of Victoria Beach RM of East St. Paul

Albert Beach
Wanasing Beach

*Please note that not all homes within these municipalities will be located on our fiber line. Therefore, some residences may not qualify for our fiber services. If so, we encourage you to also check your address eligibility for our wireless internet service coverage.

Internet Phone TV



SCAN TO SEE IF YOUR ADDRESS IS ELIGIBLE AND SIGN UP OR CALL 1-800-958-5698

shop.valleyfiber.ca


VALLEY FIBER

Terry Fox run brings awareness to Selkirk Park



RECORD PHOTOS BY KATELYN BOULANGER

The Terry Fox Run was a great success this year bringing many participants to Selkirk Park. The Agriculture Building was crowded with residents in their running and walking shoes ready to show support for cancer patients and survivors in our community. This year the starting ribbon was cut by cancer survivor Marilyn Dewar who shared about her experience.



ON THE ROCKS
BAR & BITE CLUB

DJ NIGHT
FRI, SEPT. 27

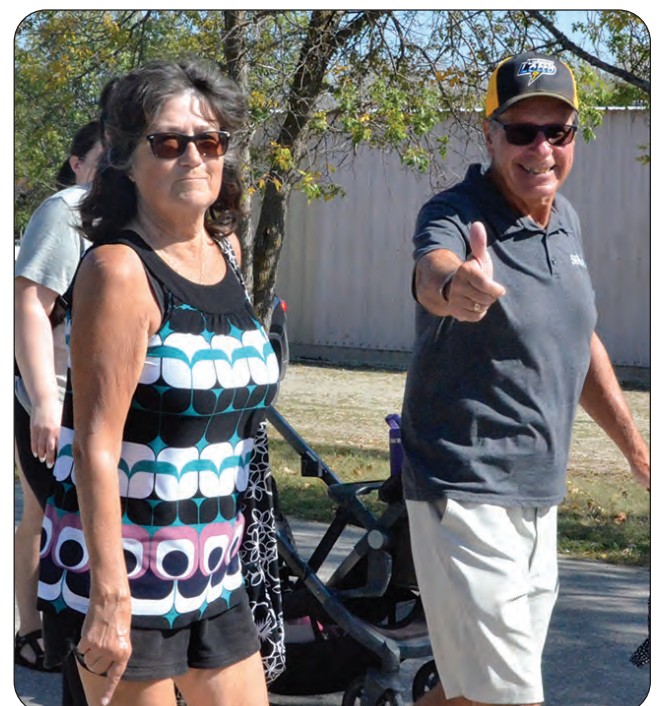
DANCE THE NIGHT AWAY

back to the 80'S
SAT, SEPT. 28

PRIZES FOR BEST
SINGLE & COUPLE
OUTFITS.

**DRINK SPECIALS
OPEN UNTIL 2 AM**
(BOTH NIGHTS)

219 Manitoba Ave, Selkirk 204-482-1900



I Love You, You're Perfect, Now Change musical coming to Selkirk

Advance tickets on sale now for Sept. 27 and 28

By E Antonio

Are you on the look out for some evening entertainment? If you are wanting a fun and entertaining way to fill your evening, join Interlake Players with their live performance of I Love You, You're Perfect, Now Change on Sept. 27 and 28

Interlake Players is a small performing group that first got together in 2016 over their passion for acting.

Mitch Obach, a member of Interlake Players, explained that the group used to tour their shows through different Manitoba communities.

"We would tour different places in the Interlake. We have been to Gimli, Ashern, Selkirk, Teulon, Stonewall and more," said Obach.

Interlake Players began performing "I Love You, You're Perfect, Now Change" in 2019 but had to take a break due to the pandemic.

"This is our first time back on stage in five years," added Obach.

He explained that the group was unsure when they would hit the stage next, but in the spring of 2024 they all felt the urge to perform again.

I Love You, You're Perfect, Now



Kendra Obach and Lily Reder's characters lament the shortage of dateable men while performing the song "Single Man Drought."

Change is a musical featuring five actors who portray 60 different characters who develop through life. The musical is also the second-longest-running off-Broadway show, originally debuting in the 1990s/90's.

"It is a very funny and crowd-pleasing show," Obach explained.

"You see intimacy, to first dates, to marriage, to kids, to family life, to in-laws, to old age. It shows the life



RECORD PHOTOS BY DEAGHAN MCLEOD

Interlake Players is bringing you I Love You, You're Perfect, Now Change to the Selkirk United Church on Sept. 27 and 28. The dynamic musical is sure to fill your evening with fun and laughter. Pictured: Bride Kendra Obach, groom Chris Armstrong and clergyman Mitch Obach share their emotions on the Wedding Day.

and relationship journey by taking a funny look at it."

Obach started acting in high school and now plays around 15 different characters in I Love You, You're Perfect, Now Change.

Obach will be joined on stage by his wife, Kendra Obach, and his lifelong friends, Lily Reder, Lindsey Weber and Chris Armstrong with Paula Ki-

will accompanying them on the piano.

The Obach duo resides in Selkirk, and their fellow castmates are from the Interlake. I Love You, You're Perfect, Now Change is featuring a ton of home-grown talent.

Interlake Players debuted their 2024

Continued on page 18

Linda reveals the secrets to being happy with your dentures

BY ELISHA VANDOR

Linda is a first-time patient who came to see us on recommendation from her brother who had both his partial upper and lower dentures made here at Vandor. We saw Linda at the beginning of June for her initial consultation and had her new partial upper denture finished and ready to wear one month later, at the beginning of July. You'd be surprised to hear that Linda's new partial upper denture is not actually made of metal. During discussions with the Denturist and herself at the consultation appointment, she decided on what's called a flexible partial upper denture, which is a more rubber-like, helping her eat a summer food favourite - corn on the cob.

Two weeks after Linda went home smiling with her new denture, she came back to see us for her follow-up appointment just to reveal why she's so very pleased with her new partial upper den-

ture. She explained it's because of the 2 F's - fit and feel. With the rubber-like material of a flexible partial denture, the fit really suctions to the gums. When we spoke to her about the feel of her new denture she said, "this partial denture is not exactly the same as my previous denture, it's better, certainly with the fit and feel, but also, it's so natural-looking too. I'm just really impressed with the time you took to make them how they are. My old denture wasn't sitting properly in my mouth, and I knew I had to come here and I'm really glad I did. The whole experience has been excellent. Your office staff are extremely courteous and pleasant, I just enjoyed coming here. Everyone is doing a wonderful job.

I haven't had any problems with eating, I'm not having any trouble taking it in or out. I'm just thoroughly happy with them and very pleased. Actually, now I'm thinking about getting a bottom partial denture now too.

This denture is pretty close to what I had with my natural teeth in terms of eating. There was a bit of difference adjusting to my speech because it is a plate, but this fits perfectly, even how it fits over my back teeth. I have no complaints."

If you're like Linda and are wanting new partial dentures (specifically) and plan to use your new Canadian Dental Care Plan (CDCP) benefits provided by the government through Sun Life, then we can schedule you in to discuss the treatment and plan to start in November, which is when the government dental benefit program starts to provide funding for partial dentures. For all other dentures, like full dentures, relines and repair work, we are accepting patients with the CDCP benefits.

As Linda explains, the flexible partial denture was the perfect decision for her, so come and see Vandor for a free consultation to see what's best for you.



Linda shows off her new natural-looking smile with the office staff at Vandor Denture Centre.

VANDOR • DENTURE • CENTRE

A passion for excellence and innovation since 1971

(204) 482-6698

299.5 Eaton Ave, Selkirk, MB



> **INTERLAKE PLAYERS, FROM PG. 17**

performance of *I Love You, You're Perfect, Now Change* at A-Spire Theatre in Gimli at the end of August, and it was a thrilling success.

"We had such an awesome response in Gimli," said Obach.

Interlake Players will perform two performances of *I Love You, You're Perfect, Now Change* at the Selkirk United Church on 202 McLean Ave.

The performances are on Sept. 27 and 28, with showtime beginning at 7 p.m., and will serve as fundraisers for different community groups in Selkirk.

"We try and partner with community groups who might want to make a few bucks," explained Obach.

The Selkirk Community Choir is one of the organizations raising funds by selling tickets for the musical. "[The choir] always has ongoing costs of buying music, equipment, rental space, etc. We try to keep fees down for singers in whatever ways we can," said Selkirk Community Choir Director Kendra Obach.

Tickets cost \$25 and can be purchased by contacting Kendra Obach at 204-513-0433 or by emailing klobach@gmail.com. Obach encourages you to buy your tickets in advance, as a limited number of tickets will be sold at the door.

I Love You, You're Perfect, Now Change is suited for viewers 14 and older due to its mature content. Obach noted that a cash bar will also be available for their performance at the Selkirk United Church.

If you are interested in fundraising or acting with Interlake Players, Mitch invites you to contact Kendra.

Mitch and the rest of the cast are eagerly awaiting their performance in Selkirk and are excited to provide you with an evening of fun with family and friends.



RECORD PHOTOS BY DEAGHAN MCLEOD

Lily Reder as Mom and Chris Armstrong as Dad driving each other crazy in the song "On the Highway of Love."



Lindsey Weber and Mitch Obach perform the "Marriage Tango" (with pianist Paula Kirkland in the background).



Mitch Obach and Lily Reder perform the song "Tear Jerk."

evolution
dance company

Come dance with us!

**CLASSES ON NOW
REGISTRATION STILL OPEN**

www.EvolutionDance.ca | Selkirk Town Plaza
204-785-1285

BEST GIFT EVER!

Scenic Flight Tour

It's what every Dad, Husband, Grandfather, significant male wants for

FATHER'S DAY

\$149

3 PASSENGERS AND THE PILOT
ALL FOR ONE LOW COST

Book Today!

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Caterpillar Sandwich

leaf on one bread slice then top with other bread slice.

Using biscuit cutter, punch four holes into sandwich, removing crust from sandwich, then set aside.

Using toothpick or knife, poke two holes into cherry tomato. Insert small cores of carrot into tomato for “antennae.”

Using pastry tip, cut “eyes” out of provolone cheese. Cut out sliver of provolone cheese for “mouth.”

Dab mayo on back of “eyes” and “mouth” then attach to cherry tomato.

Use black decorating gel to add tiny dots to eyes for pupils; set aside.

Place four mini sandwich circles on plate to form caterpillar body then place cherry tomato face at one end.

Total time: 20 minutes
 Servings: 1
 2 slices whole-wheat bread
 mayonnaise, divided
 1 slice Kretschmar American Cheese
 2 slices Kretschmar Off the Bone Ham
 1 leaf iceberg lettuce
 1 cherry tomato
 1 carrot, shaved
 1 slice Kretschmar Provolone Cheese
 black decorating gel
 On two slices whole-wheat bread, spread thin layer of mayonnaise on each.
 Lay American cheese, ham and lettuce



Spiced Pineapple Skewers

skewers, soak in water 30 minutes.

Heat grill to 300 F.

Trim and cut pineapple and ham steak into 1-inch cubes, 1/2-inch thick, and lay on paper towel to pat dry before placing in mixing bowl. Add barbecue sauce to bowl. Toss to combine.

Cut bell peppers and red onion into equal-sized, 1-inch cubes. Place in small bowl and coat with canola oil, salt and black pepper, to taste.

To assemble skewers: Alternate threading ham, pineapple, bell peppers and onion onto skewers then place on baking sheet.

Using paper towel, apply oil to grill grates or grill pan then place skewers on grill uncovered, turning every few minutes until charred, no longer than 6-7 minutes.

Total time: 30 minutes
 Servings: 4
 8-10 stainless steel or wooden skewers
 16 ounces pineapple,
 1 1/2 pounds Kretschmar Spiced Pineapple Ham
 1/2 cup Hawaiian-style barbecue sauce
 1 green bell pepper
 1 red bell pepper
 1 small red onion
 1/4 cup canola oil
 1 teaspoon salt
 black pepper, to taste
 oil, for grates
 Prepare skewers. If using wooden

Chicken Spaghetti

Recipe courtesy of “Cookin’ Savvy”
 Servings: 4
 2 pounds spaghetti noodles
 1 box chicken broth
 water
 3 cups chopped, cooked chicken
 2 tablespoons garlic powder
 1 tablespoon onion powder
 1 can (10 ounces) cream of celery
 1 can (10 ounces) diced tomatoes and green chiles
 salt, to taste
 pepper, to taste
 1/2 block pasteurized cheese

shredded cheese or Parmesan cheese (optional)

French bread (optional)

salad (optional)

In large Dutch oven, cook spaghetti noodles in chicken broth and water. While noodles are cooking, add chicken and let water reduce until almost gone and noodles are moist.

Turn off heat and add garlic powder, onion powder, cream of celery and diced tomatoes with chiles; add salt and pepper, to taste. Cut cheese into chunks and add to Dutch oven. Mix well and cover Dutch oven with lid, about 5 minutes.

Serve spaghetti with shredded cheese

Why fibre is important during a perimenopausal diet

By Julie Germaine Coram

Each stage of life has significant challenges, but thankfully, there are nutritional ‘cheats’ to ease the physical burden. A high-fibre diet during perimenopause can help combat uncomfortable bloating and digestive issues and even aid women in managing the emotional changes often experienced.

Fibre also supports healthy weight management by controlling appetite and the excretion of excess hormones, such as estrogen. When transitioning through this stage of life, it is incredibly important to include foods such as fresh fruit, oats, a variety of vegetables, whole grains, and high-fibre legumes in your regular diet.

Unfortunately, not addressing dietary issues during perimenopause can result in weight gain, mood disorders, low energy, and ongoing struggles with proper digestion. The latter is a common complaint women make, which can be alleviated by simply incorporating more soluble fibre to promote optimal gut health.

An increase in body fat is usually accepted by women over 40, and some healthcare professionals even encourage them to embrace this. Women are beautiful in every size and shape and should never be unhappy with their bodies, but it is possible to avoid weight gain by maintaining a healthy metabolism. This is accomplished through regular physical activity and a complete, nutritious diet. Once again, fibre plays a key role by keeping you feeling ‘full’ for longer (more satisfied and energized). It can also stabilize potential insulin spikes by slowing digestion overall.

Quality rest is essential for everyone’s well-being, and no one wants to be interrupted by hot flashes in the middle of the night. Interestingly, the fibre content in foods like flaxseed or chia seeds can bind to excess estrogen during digestion, aiding in its removal from the body. This hormone-balancing effect of fibre can help



Julie Germaine Coram
 Registered personal trainer

ease the perimenopausal symptoms promoting a good night’s sleep.

Lastly, cardiovascular health should always be a priority, and the risk of cardiovascular disease rises as estrogen levels decline. Cue fibre, once again! Beans are high in fibre and have been proven to lower cholesterol levels, supporting great heart health.

Do you want to discuss your nutrition questions, fitness goals and struggles with me? Visit my website www.juliegermaine.com or schedule a consult by visiting: www.calendly.com/juliegermaine

Coach Julie Germaine Coram is dedicated to long-life health! She is an active mom, Registered Personal Trainer, a 2x Pro Fitness Champion, Certified Nutrition Expert & Fitness Specialist. She has helped many thousands of people worldwide improve their health since 2005.



BINGO

SUNDAY NIGHT BINGO
 Pots are as follows:

4

\$11,500 JACKPOT

In 51 Numbers

19

\$11,827+ POKER FLUSH

In 53

4

\$1,878+ LUCKY 7

In 25 Numbers



301A McLean Ave, Selkirk
204-482-3113
10:00am – 5:00pm
Mon-Fri
www.selkirktravel.com

*Time to start
 planning your
 winter vacation?
 We are here
 to help!*

Interlake in the running for country music awards

By Jennifer McFee

It's clear to see that the Interlake is well represented in Manitoba's country music scene.

Multiple local musicians are nominees for 2024 Manitoba Country Music Association awards.

Derek Peters of Stonewall is gaining attention with three nominations this year.

In the category of Single of the Year, his song "What's Left of the Night" is nominated alongside Catie St. Germain's "High Forever," Kendra Kay's "I'm Good," Nelson Little's "Just Make It Happen," Quinton Blair's "Someday Sunday" and The Sean Taylor Band's "Alberta Sunrise."

In addition, Peters is nominated in the category of Music Video of the Year for "What's Left of the Night," which was produced by Landon Lake. Other nominees are Jesse Bandura for "Hit 'N Done," Nelson Little for "Just Make It Happen," JR Charon for "Killin' Frost," Catie St. Germain for "The Day Gets Too Long" and Leanne Pearson for "The Way He Was Raised."

He also got a nomination nod in the Fay Walker Song of the Year (Songwriters) category for "What's Left

of the Night," which he wrote along with Dave Wasyliw, Evan Taplin and Murray Pulver.

"I'm truly honoured to be nominated three times this year, especially since it is my first year as a solo artist. I feel very fortunate to be surrounded by some incredible friends in the industry," Peters said.

"And, of course I can't forget that this wouldn't be possible without the support of my girls at home — Kaitlyn, Hanna and Tenille."

Stonewall's Lachlan McLean is a nominee in the category of All Star Band of the Year – Guitar, up against Brad Moggie, Clinton Giesbrecht, Max Dupas, Rylan Knaggs and Troy Flamand.

"It's always an honour and I'm really grateful," said McLean, who will also be playing guitar with the house band for the MCMA awards event in November. Further ahead, I'll be performing with Don Amero in his Amero Little Christmas show on Dec. 5 at the Burton Cummings Theatre.

Ben Mak of Stony Mountain is vying for an award in the category of All Star Band of the Year – Bass. He's up against Brennan McNabb, Dan Poper-



RECORD PHOTO BY LANA MEIER

Morgan Grace is vying for the "Speciality Instrument" category. Pictured: Grace (right) with her dad Keith Gunter.

echny, Dana Van Aert Pattrosson, Jon Mushaluk and Josh Gareau.

"I am both honoured and excited to be nominated for this category," Mak said. "Music has always been a passion, and being recognized is incredibly meaningful."

Until Sept. 27, fans can vote online for their top picks in several categories, including Fan's Choice and Cover/Tribute Artist, Duo or Group of the Year.

In the Cover/Tribute Artist, Duo or Group of the Year, local band Lost in a Small Town is in the running. The band features Trey King of Warren on lead vocals, Colton King of Warren on rhythm guitar and vocals, Garrett Kristjanson of Warren on rhythm guitar and vocals, Craig Keena of Marquette on bass and vocals, Garrett Rattai of Lockport on drums and Cameron Ducharme of St. Laurent on lead guitar, fiddle and vocals.

They're vying against Hearts of Fire, Mandy Ducharme and the Absolute B's, Mike Sacharko Band, Prairieline and Waylon Willie & Cash: A Tribute to the Highwaymen.

"We're very honoured to be nominated for the Cover/Tribute Artist, Duo or Group of the Year award. We'd like to congratulate all the other nominees who are with us in this category. We also would like to take the time to thank all our fans — this definitely would not happen without their support and a thank you to our families for supporting us and tagging along to the late night shows," said Trey King on behalf of the band.

"I also would like to note and thank

a group of guys who have helped us out with shows along the way — Trevor King, Gage Millar, Brandin Johnston, Jon Kaus and Ben Loutit. It's always a pleasure having a great group of local musicians who can help you out when needed."

Coming up, Lost in a Small Town is working towards booking a show at the North Warren Inn in October. Be sure to check their Facebook and Instagram accounts for details.

Another Interlake musician vying for votes for an award is 17-year-old East Selkirk musician Morgan Grace, who has been playing the fiddle since the age of four.

She's nominated in the "Speciality Instrument" category along with Blaine Badiuk, Brad Moggie, Brenton Thorvaldson, Chris Nakonechny and Michael Audette."

The Dauphin Countryfest Festival or Event of the Year nominees are Country Truckin' Hanover Ag Fair, Manitoba Stampede & Exhibition, Niverville Fair, Summer Winds Music Festival and Winkler Harvest Festival.

Voting for the Cover/Tribute Artist, Duo or Group of the Year award is open until Sept. 27 at 11:59 p.m. on the Manitoba Country Music Award website at www.manitobacma.com, where you can also see the full list of nominees in all categories. One vote per IP address is allowed.

Award winners will be announced on Nov. 10 at Club Regent Casino and Event Centre in Winnipeg.

Saturday, Sept 21, 9-4, Teulon Hall

Teulon Pumpkinfest 2024

| | | |
|---|---|--|
| <p>Red River Co-Op Mainstage</p> <p>8:30-9:30 am // Ag Fair Registration</p> <p>9:00-10:30 am // Pancake Breakfast</p> <p>9:30 am // Singers Lori Benn & Gareth McNichol-Briggs</p> <p>10:00 am // Prairie Wildlife Rehabilitation Centre</p> <p>11:00 am // Fubuki Daiko</p> <p>12:00 pm // Awards, Speeches & Teulon Ag. Society 100th Year Acknowledgement</p> <p>12:15 pm // Cutest Baby Contest</p> <p>12:30 pm // Ukrainian Dancers</p> <p>1:15 pm // Flying Lion Dance Troupe</p> <p>2:15 pm // Quarry Choristers</p> <p>3:00 pm // Sarah Teakle's Fabulous Circus Show</p> <p>3:30 pm // Silent Auction Prizes Announced</p> | <p>Access Credit Union Activity Tent</p> <p>9:00 am-4:00 pm // Childrens Crafts</p> <p>9:30 am // Diamond Disc Dog Show #1</p> <p>10:00 am-3:00 pm // Face Painters</p> <p>10:00 am-12:00 pm // Slime Making</p> <p>11:30 am // Diamond Disc Dog Show #2</p> <p>1:00 pm // Pie Eating Contest</p> <p>2:00-2:30 pm // Sarah Teakle's Fabulous Circus Workshop</p> <p>3:00 pm // Lady Lorelai Pumpkin Henna Doodle Make and Take</p> | <p>Charison's Turkey Hatchery Grandstand</p> <p>10:30 am // Largest Pumpkin Weigh Off</p> |
|---|---|--|

ALL DAY EVENTS

- Petting Zoo
- Farmers Market
- Fair Competition
- Food Trucks
- Duck Dump
- Lions Canteen
- Pottery Throwing Demo
- Axe Throwing
- Face Painting
- Kids Crafts
- Henna Tattoos
- Carnival Games
- Lions Train
- Fall Family Photos
- Pumpkin Carver
- Silent Auction
- Fiber looming Demo

IMPORTANT INFORMATION

The Access CU Activity Tent is located across the street from the hall (directly North), in the Teulon Elementary School playground. Please use the designated crosswalk to access this area.

www.teulonpumpkinfest.com \$5 admission, \$20/family, free under 2 yrs

Manitoba's new chief veterinary officer announced

By Lana Meier

Earlier this month, Agriculture Minister Ron Kostyshyn announced that Dr. Glen Duizer has been selected as the new chief veterinary officer for the Manitoba government. In this role, Dr. Duizer will oversee the province's initiatives pertaining to animal health, disease prevention, and response.

Kostyshyn expressed that the chief veterinary officer is a prominent figure who plays a key role in bridging Manitoba's agricultural and agri-processing industries with animal and

human well-being.

"Dr. Duizer's extensive experience and expertise in animal health, emergency planning and response and epidemiology and his strong relationships with livestock and poultry stakeholders and veterinarians will help guide our work protecting animal and human health, and we are excited to welcome him to this role."

Dr. Duizer graduated as a doctor of veterinary medicine from the University of Prince Edward Island in 1995 and obtained a master of science in epidemiology in 2015. Since 2005, he

has been a member of Manitoba Agriculture and has an additional decade of experience working as a clinical veterinarian in both food animal and mixed animal practices.

Manitoba's chief veterinarian, chief veterinary office, provincial veterinarian for animal welfare and other stakeholders work together to protect animals, food and people. The chief veterinary office is responsible for:

- leading disease planning, prevention, surveillance and response activities,
- supporting biosecurity ef-

forts,

- collaborating in veterinary public health issues,
- overseeing Manitoba's veterinary diagnostic services laboratory,
- maintaining traceability and premises identification systems, and
- connecting farmers, processors and others with information and resources on these issues.

For more information about the work of Manitoba's chief veterinary office, visit: www.gov.mb.ca/agriculture/animal-health-and-welfare/index.html.

> NUTRIENTS, FROM PG. 15

Buckels said the former Conservative government failed to stand up to the International Joint Commission, which is a Canada-U.S. body that manages shared waters and resolves transboundary water disputes. That failure resulted in nutrient targets being set too high to protect Lake Winnipeg. The target for phosphorus, for example, should have been set at .02 mg/L, which corresponds to the meso-eutrophic range.

"The nutrient targets were improperly set by the [provincial] Conservatives in 2020. The International Joint Commission shoved those nutrient targets down the throats of Canadians," said Buckels last week as he prepared for the opening of the fall commercial fishing season. "The targets were set too high because they want to send dirty water north. The Province of Manitoba didn't stand up against them, they embraced them. They said, 'OK, let's accept your dirty water,' then they increased the nutrient targets to double what they should be on Lake Winnipeg so that we could accommodate all their pollutants, not to mention all of ours, too."

Never one to shy away from making the government aware of what's happening to Lake Winnipeg, Buckels said he collected samples of filthy water and delivered them to the current natural resources minister Jamie Moses and to environment minister Tracy Schmidt.

"I told Tracy Schmidt that the nutrient targets had been set too high by the previous government, but she didn't seem to care," said Buckels. "I see there were no numbers provided about those targets in the NDP's August news release, no meaningful content and no links to other information. They probably don't want the public to know they've simply gone ahead and recycled the Conservatives' bad nutrient targets, which will do nothing

to protect Lake Winnipeg."

Buckels said pollution in the lake is getting worse. It's getting worse because the government is not "fixing the problem, only talking about it." And various programs such as the Lake Winnipeg Basin Initiative to address water quality were created as a diversion to ongoing environmental damage; talking about water quality "costs 10 per cent of the money required to fix the problem."

The *Record* asked the province whether it will have real-time monitoring stations on tributaries to measure phosphorus and nitrogen levels, whether it has cooperation from upstream nutrient polluters to reduce nutrient loading to the lake and rivers that are part of the regulation, what kind of enforcement provisions the government has for those exceeding the nutrient targets, whether the government will be reducing the numbers of hogs and cattle that contribute to nutrient overloading and what timelines are in place to achieve the nutrient targets.

A departmental spokesperson said the phosphorus and nitrogen targets are intended to turn the condition of the lake back to what it was in the early 1990s and the government is working with agricultural producers to reduce nutrient loading.

He added that the government recognizes that collaboration with upstream jurisdictions is critical, but doesn't say whether those polluters have taken action to reduce their nutrient contributions.

"The targets are based on the best available science on Lake Winnipeg and its watershed and are intended to improve water quality and reduce algal blooms to conditions similar to those observed in the early 1990s," said the spokesperson. "The Manitoba government is working alongside producers and other agricultural

stakeholders to reduce nutrient loads in Lake Winnipeg and its tributaries. Many of these stakeholders have expressed their support for these regulations. Collaboration with upstream jurisdictions is critical component for improving water quality in the Lake Winnipeg watershed."

Regarding enforcement provisions, the spokesperson said that environmental regulation and enforcement for nutrient-contributing activities within the Lake Winnipeg watershed are subject to "their own regulatory

and enforcement regimes."

It will take time to reverse the nutrient levels in Lake Winnipeg.

"Manitoba's nutrient reduction targets are intended to guide future nutrient reduction activities and track progress and outcomes over time," the spokesperson said. "Increases in nutrient loading occurred over decades in Manitoba, and reductions in nutrient concentrations in Lake Winnipeg to reach these targets will also take time."

SELKIRK STEELERS

Selkirk Steelers
1973 - 1974
CHAMPIONSHIP GALA

Thursday, Oct. 24, 2024
Selkirk Rec Centre
Cocktails 5:30 pm • Dinner 7:00 pm

• Single ticket: \$75.00 • Full table of 9: \$625.00

For more information please email:
info@selkirksteelers.com

Unique bandanas for your four-legged fashionista

By E Anotnio

Get your dogs, cats, or bunnies ready to rock on with a stylish new bandana. Rock On Bandanas offers reversible bandanas in multiple colours and patterns for animals of all sizes.

Tamara Walld is a young entrepreneur of Woodlands who started her business, Rock On Bandanas, in 2021 in honour of her Jack Russell dog, Rockie.

"I used to call him my Rock, so that is where the name came from," explained Walld.

Rockie used to love wearing bandanas and would refuse to leave the house without wearing one.

"If he didn't have a bandana on, he was sad. He absolutely loved it," Walld added.

Rockie and Walld were best friends for nearly 17 years until his passing. Today, Walld has four other doggy pals to keep her busy at home.

After Rockie passed away, Walld got a new puppy. Baldur, a pitbull, was introduced to Walld's world, and when he first arrived, he could fit Rockie's old bandanas. But, he and her other 'boys' grew out of them and needed something new.

It was then that Walld had the idea to try making some bandanas of her own. So, she called her Mom and asked her if she could use her sewing machine to make Baldur some bandanas.

"She put all the stuff together so nicely and she helped me figure out my stitches and all the ways to make the bandanas work," Walld explained.

Walld always looks back on her time with her Mom as she passed away in 2023.

"I am actually still sewing on her machine. She was my biggest fan."

Rock On Bandanas is unique as all of the bandanas are reversible, washable and have a safety release snap.

"If they (your pet) are playing, it will come right off if they get caught," said Walld.

Rock On Bandanas has also recently started offering bath wraps for dogs and scrunchies for humans.

The bath wraps are convenient for your furry friend after a bath so they can stay warm and dry. Walld added that the bath wraps also feature safety release snaps.

"The wraps have the snaps so it is a fast on and off. You are not going to be fighting with them after a bath. I do it for convenience," she said.

Rock On Bandanas can be found at local craft shows, including Teulon's Pumpkinfest Farmers Market on Sept. 21. Walld will sell her bandanas alongside KDS Designs, a custom paracord pet gear company.

"I love helping dogs and their owners find their favourite colour or pattern. People love to match with their dogs," explained Walld.

Rock On Bandana's is also experimenting with adding a name or saying to the bandanas or a t-shirt with vinyl.

"I am currently learning how to make pet-themed clothing for the pet owners," she added.

If you have a furry friend who would look great in a custom bandana, be sure to visit Walld at the Teulon Pumpkinfest.

Walld also encourages her customers to share photos of their fashionistas with their new bandanas to add to her client picture album.

You can find photos of Rock On Bandana's offerings on Facebook or Instagram @rockonbandanas. Be sure to follow along so you can add some pic-



RECORD PHOTOS BY LANA MEIER

Walld's four dogs modelling for Rock On Bandanas, left to right, Odin, Thor, Loki and Baldur



Rockie, the original bandana loving dog.



Tamara Walld owner of Rock on Bandanas offers bandanas for a variety of animals in multiples sizes and colours. Walld will be at Teulon's Pumpkinfest this Saturday.

tures of stylish pets to your feed and receive updates on which markets the small business will be attending.



SELKIRK STEELERS

FILIPINO Heritage

2 Big Games!

HOME OPENER WEEKEND

Fri., Sept 20 & Sat., Sept 21

Premier Sponsors:



A&W

Selkirk

&



World of Water™

PURE WATER SPECIALISTS

Selkirk

VS

Winnipeg Blues



Meet us at the game and see our home opener specials & giveaways!

Clip out this ad, bring it to the game and with purchase of an adult ticket - receive a second ticket FREE!



50/50

\$21,320

and climbing!

Draw Date: Sept 21/24

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thunder Varsity team staying fresh with intersquad game

By Kieran Reimer

The Crunchers were the only Interlake Thunder club in league action over the weekend.

The Thunder were on the road Saturday at East Side Eagles Football Club, still seeking their first win of the season after last week's one-score loss.

On Saturday the team struggled to play up to last week's level against a well-rounded Eagles Cruncher squad.

The Thunder went on to be shutout 36-0 in the game, as the Eagle's offence was able to break through.

"Our offence struggled against a very strong defence, and our defence kept it somewhat respectable against a very strong offence," said head coach Kyle Kauk.

The Crunchers have seven days off to prepare for next Sunday's game against the Transcona Nationals.

The Thunder will be looking for their first win in what will be their fifth game of the Manitoba Minor Football Association season.

Kick-off will go at 4 p.m. on Sunday, Sept. 22, from Transcona Nationals Field.

PEEWEE

The Pee wee Thunder (0-4) had their first bye week of the MMFA season.

Their next game will be Saturday, Sept. 21, against the St. Vital Mustangs at 1:30 p.m. at St. Vital Mustangs Field in Winnipeg.

VARSITY

The Varsity Interlake Thunder (1-0) had the weekend off from league play after last week's dominant 34-12 win over the Falcons Football Club.

Though it may have been a bye week, the Thunder were still in action Saturday afternoon, playing their first in-season intersquad game. The club is looking to stay game-ready during their weeks off.

Due to multiple injuries the team has sustained over the past few weeks, the team ran the game with one offensive team and one defensive team with an alternate points system and drives starting from the 45-yard line at Stonewall Collegiate Field.

After 18 drives, the Thunder offence was declared the winner by a score of 22-18.

Head coach Christoff Hasselfield said the first of multiple intersquad



RECORD PHOTO BY LANA MEIER

The Thunder's Levi MacMillan is the ball carrier, while Lincoln Preun and Landon Girard look on.

games this season was a successful use of time where otherwise they would have just run practice as usual.

"I thought it was a very useful event," said Hasselfield. "It gave us an opportunity to get a good look at our depth as well as some starters playing in different positions than usual. We definitely saw improvement at the areas we highlighted as needing attention after our game last week. I was very impressed with the communication displayed by our defence and I thought running back AJ Nadon, again, was the star of the game turning what should have been negative plays into

long runs."

The Thunder return to business as usual this week with two practices ahead of Saturday's 2023 Rural Manitoba Football League championship rematch against the St. Vital Mustangs.

Both teams enter the game 1-0 on the season and will play each other twice this regular season.

Kick-off will be at 4 p.m. on Saturday, Sept. 21, from the St. Vital Mustangs Field.



To see more photos of your favourite Interlake Athletes

GO TO Stonewall Teulon Tribune | flickr

Copyright Stonewall Teulon Tribune. To be used for personal use only.



What's *Your* story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Baseball a family tradition for the Zebinskis

Springfield Braves first baseman and son round bases, share memories

By Tony Zerucha, *The Clipper*

Baseball is a family affair for the Zebinskis, and they said they are fortunate to enjoy the game within their larger baseball family – the Springfield Senior Braves.

From Selkirk, Ty Zebinski joined the Braves in 2000. After taking a few years off to start a family, he returned in 2017 and is still going strong.

"I turned 50 this year, and I don't feel like I've slowed down any," Zebinski said. "I might as well keep going because the family enjoys coming out."

The Zebinski clan includes wife Vanessa and twins, daughter Addison and son Jacoby (12), who is named after Jacoby Ellsbury, who starred on the family's favourite team, the Boston Red Sox. Ty's parents are also fixtures at the Dugald diamond. They seldom miss a game.

Everyone's involved. Addison plays infield and pitches for the Selkirk Mariners. Vanessa shares the role of provincial coordinator for Manitoba Challenge Baseball, a program offering athletes of all abilities the opportunity to play modified baseball. Jacoby is an eight-year veteran of that program. He was born with spastic cerebral palsy, a disorder that affects all four limbs and forces him to use a wheelchair.

"It's a great way to bring out kids who enjoy sports and a way for them to socially interact and meet new friends because the disability community can be isolating for some of

our kids," Vanessa explained. "Jacoby's made some great friends since he joined in 2016. "It's a great way to promote the game of baseball so everybody can play."

Jacoby is a passionate baseball fan. He follows the Toronto Blue Jays and Minnesota Twins, with his favourite player Twin Byron Buxton. Jacoby knows all the Winnipeg Senior Baseball League players. Sometimes, he takes the lineup card to home plate.

"He's watching the game just like everybody else," Ty said. "He watches the balls and strikes and chirps like anybody else. He knows all the ump's by first name, and he's very critical of some of them, which I was at one point."

A few years back, Ty began taking Jacoby for a lap around the bases after every game. Soon, the Braves lined up along the baseline to high-five him as he rolled by. The other team, and even the ump's, quickly followed.

"It's become part of the fabric of our league; every team embraces it," Ty said. They all line up on the baselines, and we go around the bases. Everyone's cheering, even the ump's."

"Jacoby wanted to be part of the game."

Sports provide unique opportunities to forge deep relationships through the shared experience of pursuing a common goal. In special circumstances, those relationships go further.

"We've become a family," Ty said of the Braves. "I've known Boomer (manager Gerry Palidwor) for almost 25 years."

At first, it was only Ty. Then he married Vanessa. Soon after, Jacoby and Addison came along. Ever since, the entire clan has been to almost every game, travelling to tournaments in Brandon, Neepawa and Wawanesa.



RECORD PHOTO BY DARRYL GERSHMAN

The Braves, the other team and the umpires line up along the baselines to high-five and cheer Jacoby as he rolls by, pushed by his dad Ty.

"It's been quite a journey and a lot of fun," Vanessa said. "I wouldn't trade it for anything. We're quite a baseball family. Ty's parents fixtures are fixtures still too."

"That's the icing on the cake for me," Ty said. "When I look up and see them watching and enjoying the game, it's pretty special."

That family extends to the Braves organization. It begins with Palidwor, who looks beyond typical baseball skills as he builds his roster.

"We always say this is the Braves family," Palidwor explained. "A lot of times you see teams where guys show up for the game, and 10 minutes after, they're gone. We have many guys who've been here for 20 years. They get it. They embrace it."

The WSBL does too. In 2019, the Braves were on their way to a provincial crown. Near the end of the championship game, a league official approached Palidwor.

"The organizers came up to me and said to make sure those two little kids line up when we receive our medals," he recalled. "They each got one too."

There are more special memories. In

2019, Jacoby won the Jason Krestanovich Memorial Trophy, given annually to someone who shows a heart for the game. In the small baseball world, this particular award was extra-special for Zebinski, who once played under its namesake.

"The fact he won the award named after the guy who brought me into the league was extra special," Ty said.

Another time, the Braves were selling Grey Cup tickets, with the Zebinskis selling plenty. At the team wind-up, the team presented them with a lift to help load Jacoby's wheelchair into the van.

"It's something that will stick with me forever," Vanessa said. "This is a special group of people. That's what families do. We look after one another."

Baseball is a special game. As much as the Zebinskis have given to it, they've received far more in return.

"That we've been blessed as a family to be able to play this great game for such a long time, and with a great group of people is really special," Ty said.

The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline

Mondays at 4 p.m.

Office Hours: **Monday-Friday 9:30-5:00**



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thanks coach! National Coaches Week Sept. 16-22



By E Antonio

National Coaches Week celebrates the thousands of coaches across Canada who give their time, passion and knowledge to their sport.

This year, National Coaches Week is Sept. 16-22 and the Lord Selkirk Minor Hockey Association (LSMHA) wants to spotlight a couple of their coaches.

Nick Reeb, President of the LSMHA put in the good word for two inspiring coaches.

Tyler Croy has been a coach with the LSMHA for five years and coaches the U9 and U11 Minor Hockey Teams.

"[He] enjoys seeing the kids improve and grow in hockey," said Reeb. He also explained how Croy has been involved with the sport himself since he was young.

Croy's favourite memory of coaching with the LSMHA was coaching his own son and witnessing his first shutout.

"[Croy] just wants to continue to learn and grow as a coach, be a part of hockey and give back to the community," added Reeb.

The LSMHA wants to thank Brooke Anderson who has been a Hockey Manitoba coach for three years.



Brooke Anderson has shared her passion of hockey with players in both Manitoba and Ontario.

Anderson grew up in the hockey world, playing on the U15 AA Predators and U18 AAA Avros teams.

"She played for York University for six years. She was captain of the U18 AAA Avros in her last year and captain for York University in her last year there," said Reeb.

Anderson is actively coaching the U18 AAA Avros and U16 Team Manitoba, but she has previously coached the 2021 U22 Female Junior Elite team in Ontario and the U15 AA Predators. In the future, it is her goal to coach the U18 Female Provincial Team.

One of Anderson's greatest coaching achievements is participating in the Hockey Creating Coaches program, which is dedicated to increasing female coaching positions in Canada.



RECORD PHOTOS SUBMITTED

Tyler Croy has been coaching with the LSMHA for five years and currently coaches the U9 and U11 teams.

Her passion for coaching comes from her experience while playing the sport.

"She wants to give back to the programs that helped give her the opportunity to live her hockey dreams and be a positive role model to the young women she is coaching," Reeb explained.

Reeb noted that Anderson has always displayed a ton of perseverance. "When she was coaching in Ontario, she was coaching a team that was

struggling to win games, and there was not a lot of expectations of the team having a lot of success that year. The team worked hard and grew as a team to clinch a spot in provincials that year; which was a huge accomplishment for that team."

Reeb and the entire team with the LSMHA thanks their coaches for all they do for the athletes. It is because of their coaches, that their athletes are able to thrive on the rink.

Strikeforce to miss playoffs after second half of season blunder

By Kieran Reimer

Another season has come to an end for Selkirk Strikeforce.

Last Wednesday, the club played their final regular season match, losing 4-3 to Nova FC.

With the loss they finished ninth in the Manitoba Major Soccer League's Division 3B and will not be moving

on to the playoff round.

This season, Selkirk started promisingly with a 3-1-1 record, but the team's success quickly slipped away in the second half.

The club won only once in July and lost or drew every game thereafter.

Part of their struggles stemmed from a shortened bench, as players

struggled to make games. This caused Selkirk to play shorthanded on most nights in the second half of the season.

One of the positives of the season was the hot start, which saw Selkirk sit in the top three spots in the first three weeks of play.

Some individual accolades were Devin Racicot and Aaron Bell's six

goals this season, which led the team in scoring.

Entering their final few matches, they still had a shot at making a push for the playoffs, but they couldn't find the wins when they mattered, ultimately finishing with a 4-11-2 record.

Classifieds



Book Your Announcement or Classified Ad Today - Call 204-785-1618 or Email lucy@selkirkrecord.ca

HELP WANTED

Join our team. We are hiring a PT/Casual BARTENDER for various shifts. Please apply in person or online ANAF #151, 231 Clandeboye Ave, Selkirk MB. Email anavets151@hotmail.com

Petersfield Garage requires Tire & Lube Technician. Wage dependent on experience. Full time position. Call Terry 204-738-2552.

Please support our advertisers

MISCELLANEOUS

12/14 - 38 Tractor Tires, \$450; 9 ft. camper, \$2350; Farm Wagon, \$350; 16' Tandem trailer, \$4500; 8' trailer, \$1150; 50 24x30 patio blocks, \$499; air compressor 2 tanks, \$325; large air tank, \$150; parts cleaning tub, \$175. Call 204-482-2723.

Everything you need to promote your business



Call Today! 204-785-1618

MISCELLANEOUS

BN men's size 9 buckle-up leather winter boots, \$100. EC Men's blueish purple parka size XXL w/black woolen hood, fits a man's size XL \$100; BNC & EC pair size 9 men's work boots/safety shoes w/laces & steel caps over toes \$100; Sunbeam 2-slice toaster EC & EWO \$15. Phone 204-785-8598. Let telephone ring at least ten times for an answer.

FURNITURE

For sale - Burgundy loveseat. \$50. Call 785-3459.

UPCOMING EVENTS

Join us for Steve Law and Kindred Spirits! Dress Up for a 50's Theme Night! Saturday, Sept. 21 at 8 p.m. Come early for the meat draw and chase the card! ANAF #151, 231 Clandeboye Ave, Selkirk, MB.

Brookside Cemetery (Walkleyburg) Annual General Meeting. When: Oct. 8, 2024 at 6:30 p.m. Where: meet at the cemetery.

UPCOMING EVENTS

Saturday, October 12 2024, Steinbach Gun & Collectable Show at Friedensfeld Hall (From Steinbach 4 miles south on Hwy 12, then 1 mile east on 303). BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. For info ph. Sheryl 204-250-8766 or Carol 204-242-2320.

News Tips? Story Ideas? call the Record 204-785-1618

SHOP LOCAL SUPPORT OUR LOCAL BUSINESSES

Danny's

MOVING AND DISPOSAL

- Local & Long Distance
- Household Packing
- Estate Clear Out, Clean up, Buyout
- Storage Clear Out

Small Jobs & Free Estimates

Seniors Discounts

Professional & Courteous

204-298-7578

Manitoba Camera Club

Are you passionate about photography?

Join us and enjoy...

- * International Speakers
- * Field trips & Social Events
- * Themed Competitions

We are now on Zoom.

Have fun, learn something new and meet great people!

manitobacameraclub.com



St. Croix Cycle is looking for an AUTOMOTIVE SERVICE TECHNICIAN to join our team!

Job Duties

- Diagnose, Inspect and Repair customer vehicles
- Keep track of work performed
- Communicate with Service Advisors
- Abide by Safety policies and Procedures
- Keep a clean, presentable & organized service area.
- Other duties as assigned

Qualifications

- Red seal Automotive Technician preferred, Apprentices or those looking to get into the field will also be considered.
- The individual must have the ability to work independently with little supervision.
- Must be physically capable of lifting and moving items 50lbs+
- Must have a valid driver's license.
- Competency using various computer systems, and Diagnostic Equipment.
- Experience in the automotive and Powersports industry is preferred but all applicants are welcome.
- Sign on Bonus!

Please Email us your Resume @ stcroixcycle@gmail.com

We thank you for your interest. Only those selected for an interview will be contacted.

3 Power Dr. Powerview, Pine Falls, MB R0E 1M0



By-law Enforcement Officer (4-Year Contract / Full Time)

The South Interlake Planning District (SIPD) is accepting resumes for the position **By-law Enforcement Officer (4-Year Term / Full Time)**. This four-year contract position is established in partnership with the Rural Municipality of Rosser.

Please see the **complete job description** at <http://www.sipd.ca/p/employment-opportunities> for details on the position, including job duties and responsibilities, required skills and qualifications, work location and hours, transportation, training, compensation, and more.

MINIMUM QUALIFICATIONS:

- Must be legally entitled to work in Canada;
- High School Diploma, GED, or equivalent is required;
- Must possess and maintain a valid full stage Manitoba Class 5 driver's license;
- Minimum of two (2) years of demonstrated work experience in municipal by-law enforcement, policing, private investigation, security, or a related field;
- Post-secondary education and/or training in municipal by-law enforcement, policing, private investigation, security, or a related field is considered a strong asset and may be substituted for one (1) year of work experience;
- Ability to interpret provincial legislation, including but not limited to the Municipal Act, the Planning Act, the Municipal By-law Enforcement Act, and the Freedom of Information and Protection of Privacy Act is considered a strong asset;
- Effective investigation, analytical, negotiation and mediation skills are required;
- Familiarity with court procedures, legality of evidence, and the requirements for documenting and presenting evidence;
- Effective customer service, interpersonal, public relations, and problem/complaint resolution skills;
- Excellent oral and written communications skills (ability to speak Punjabi and/or Hindi considered an asset);
- Demonstrated knowledge of computer software applications including proficiency in Windows-based software, including Microsoft Office Suite;
- Must be a proven team player with strong collaboration skills.

If you are interested in applying for this position, please send or email your cover letter, resume, and three references (a minimum of two references must be work-related) to the General Manager of SIPD by **Friday, October 4, 2024, at 12:00PM CST:**

Eric Shaw, General Manager
South Interlake Planning District
Box 1219, Stonewall, MB, R0C 2Z0
Email address: eric.shaw@sipd.ca

Please note: We thank all those for applying, however, only those selected for an interview will be contacted.

RURAL MUNICIPALITY OF ST. CLEMENTS

REQUEST FOR PROPOSALS



OFFICE AND DAYCARE CENTRE SNOW REMOVAL AND ICE MELT

Sealed bids, clearly marked "Snow Removal" will be received by the undersigned until 3:00 p.m., October 3, 2024 to provide snow removal of the municipal office walkways, stairways and ramp and daycare centre walkways and parking lot.

Request for Proposal instructions and bid form can be picked up from the municipal office between the hours of 8:30 a.m. - 4:30 p.m. Monday to Friday or by visiting our website at www.rmofstclements.com.

All inquiries should be directed to Heather Stanik, Manager of Administration at 204-482-3300.

Lowest or any bid not necessarily accepted.

Dated this 19th day of September, 2024.

Heather Stanik
The Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp 35 RR 1
East Selkirk, Manitoba
R0E 0M0



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF WEST ST. PAUL

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the herein-after described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **16th day of October, 2024**, at the hour of **02:00 PM**, at Rural Municipality of West St. Paul, 3550 Main Street, West St. Paul, Manitoba, proceed to sell by public auction the following described properties:

| Roll Number | Description | Assessed Value | Amount of Arrears & Costs for Which Property May be Offered for Sale |
|-------------|--|------------------------------|--|
| 28511 | LOT 5 BLOCK 5 PLAN 68670 WLTO IN RL 5 TO 9 PARISH OF ST PAUL - 112 NORTH HAVEN WAY | L -\$129,500 | \$4,459.57 |
| 28601 | LOT 9 BLOCK 11 PLAN 68670 WLTO IN RL 5 TO 9 PARISH OF ST PAUL - 635 ADDIS AVENUE | L -\$189,700 | \$8,012.97 |
| 32079 | LOT 13 BLOCK 4 PLAN 66850 WLTO IN RLS 11,12,13,14 AND 15 PARISH OF ST. PAUL - 26 WUERCH CRESCENT | L -\$151,500 B -\$306,300 | \$15,511.44 |
| 40500 | LOT 3 PLAN 2634 WLTO EXC FIRSTLY: WLY 200 FEET PERP SECONDLY: NLY 90 FEET PERP AND THIRDLY: ROAD PLAN 52181 WLTO IN RL 18 PARISH OF ST PAUL - 3570 MAIN ST | L -\$79,300 B -\$394,000 | \$15,492.82 |
| 406959 | ELY 16.5 FEET PERP OF LOT 1 PLAN 15813 WLTO IN OTM LOT 9 PARISH OF ST PAUL - DESC 1 15813 | L -\$4,800 | \$3,281.97 |

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the RURAL MUNICIPALITY OF WEST ST. PAUL as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 30th day of August, 2024.

Managed by:



Dave Wardrop
Chief Administrative Officer
RURAL MUNICIPALITY OF WEST ST. PAUL
Phone: (204) 338-0306
Fax: (204) 334-9362

Classifieds



Book Your Announcement or Classified Ad Today - Call 785-1618 or Email lucykowalchuk@mymts.net

WANTED
Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED
Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

FLIGHT ACADEMY
Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

NOTICES
SELLING A HOUSE OR BUSINESS? Hiring for fall or winter? NOW is the time to get your information published! Book your ads now! **SELLING SOMETHING?** Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Please Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL SERVICES
Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

NOTICE TO CREDITORS
In the matter of the Estate of Lloyd Allan Edinger, late of Selkirk, Manitoba, Deceased. All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Courtney Scott, Acting Estates Officer, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 12th day of November, 2024. Dated at Winnipeg, Manitoba, this 10th day of September, 2024. JANA TAYLOR Deputy Public Guardian and trustee of Manitoba

Announcements

ANNOUNCEMENT CARD OF THANKS

My daughter Teresa Lynn Morrisseau (better known as Terri Lynn) passed away on August 10th, 2024 at the age of 53 years. Thank you to my very close family and friends for the cards, flowers, visits, phone calls and the words of love and support. I would also like to give a special thank you to my cousins who arranged for Dave McPherson and his wife to come and do a smudging ceremony in my backyard. To my little girl; You took a piece of me with you the day you left, leaving me unable to catch my breath. This isn't how it was supposed to be! The world carries on like nothing has happened, but not me. I'm stuck in this uncomfortable place of pain that no one can see. Tossed to and fro in a raging tide of emotion. I'm just so lost and broken. I will never forget the day you came into this world and the doctor placed you in my arms. It was just me and you back then. I wish we would have been able to say our goodbyes, but that wasn't meant to be. We'll meet again one day. All I have left is memories now. My life will never be the same.
-Lee Bell (a grief stricken mom)

HONOUR YOUR LOVED ONES WITH AN ANNOUNCEMENT IN THE RECORD

News Tips? Story Ideas?
call the Record
204-785-1618

NOW HIRING
CNC OPERATOR/SIGN FABRICATOR
Previous experience preferred
Wage \$20+ depending on experience
Send resume to: ronda@connellysigns.com
CONNELLYSIGNS

NOTICES
URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

SHOP LOCAL SUPPORT OUR LOCAL BUSINESSES

HEALTH
Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Everything you need to promote your business
Interlake Graphics
For all your printing and publishing needs
Call Today! 204-785-1618

Please support our advertisers
SHOP LOCAL

R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2024-13"P" PUBLIC HEARING

We are Listening.

Public Hearing Thursday, October 10, 2024 6:00 PM
Council Chambers
3550 Main Street
West St. Paul, MB

Phone: (204) 669-8880
1-800-876-5831
Fax: (204) 669-8882
E-Mail: info@rrpd.ca
Website: redriverplanning.com

As per *The Planning Act*, any person can make representation on the matter at the meeting.
What is BL 2024-13"P" about?
This application is to rezone the subject land from "RRO" Rural Residential Overlay to "CH" Commercial Highway zone in order to allow future a commercial development.

3490 Main Street (Roll # 39400, 38325)

Please be advised that Public Hearing will be conducted in-person at the Council Chambers. Participants must register at the entrance on the day of the Public Hearing. If you require further information about attendance, please contact the municipality at info@weststpaul.com or by phone at 204 338-0306.

For more information, please contact the Red River Planning District.
Red River Planning District Mon-Fri*
2978 Birds Hill Rd. East St. Paul, MB 8:30am-4:15pm
*excludes all statutory holidays
***NOTE: Property owners are responsible for notifying "Tenants"**

WANTED
Coins, Coin Collection, Old Jewelry,
Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!
Wanted: USA, Canada, World Coin Sets & Coin Collections. Will buy entire collections & accumulations!
Todd
306-774-2420

BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK
*Auto *Farm *Truck *Construction *ATV *Motorcycle *Golf Carts *Rechargeables *Tools *Computers *Medical *All phones *Chargers *Marine *RV & more Shipping/Delivery avail.
THE BATTERY MAN
1390 St. James St. Winnipeg
TF 1-877-775-8271
www.batteryman.ca

Manitoba Curing Association
BREATHE
SHEILD YOUR LUNGS
AS THE SEASONS CHANGE, SO DO THE RISKS TO YOUR LUNGS.
TAKE STEPS TO PROTECT YOUR BREATH. TALK TO YOUR DOCTOR OR PHARMACIST TODAY ABOUT SEASONAL IMMUNIZATION.
Protectyourbreath.ca

Online McSherry Auctions Estate & Moving
Featuring 87 Chev Iroc Z28, Convertible, More Cars, 74 Dodge 20' Motor Home 41,000 Miles & Antique Country Store Auction
September 25th @ 7:00PM
Guns & Ammo
Over 100 Guns & Accessories
September 28th @ 10am
Estate & Moving
October 2nd @ 7:00PM
12 Patterson Dr. Stonewall, MB
204-467-1858 or 204-886-7027
McSherryAuction.com

Eddie's Gravel Supply Ltd. is Hiring
DIESEL MECHANIC
(5 YEARS EXPERIENCE MIN)
Heavy Truck/Trailer/Equipment Repair
Competitive Wages, Benefits
204-389-2023
info@eddiesgravel.com
102086 Hwy #9, Wpg Beach, MB

Eddie's Gravel Supply Ltd. is Hiring
CLASS 1 END DUMP DRIVERS
EXPERIENCE REQUIRED
Must have a valid license
Competitive wages • Mechanically inclined
info@eddiesgravel.com
204-389-2023
102086 Hwy 9, Wpg Beach, MB

Don't Forget Your Loved Ones WITH AN ANNOUNCEMENT IN THE **Selkirk Record** **Call Today! 204-785-1618**
Email: lucy@selkirkrecord.ca

Announcements

Book Your Classified Ad Today -
Call 204-785-1618



ANNOUNCEMENT

IN MEMORIAM



Jennifer Evers
March 8, 1975 - September 20, 2021
In loving memory of our beautiful girl...
With the softest heart and kindest soul,
You remain close in our hearts
And we remember you with love.
Until we meet again...

-Mom and Dad
Lisa and Allison
Stan and Nicholas
Chris
xo xo

ANNOUNCEMENT

IN MEMORIAM



Susan Rivers
May 11, 1957 - September 19, 2022
In my heart your memory lingers,
Always tender, fond and true;
There is not a day, dear Susan,
That I don't think of you.

-Love Bill

ANNOUNCEMENT

IN MEMORIAM

In Memory of Raymond Smith
May 9, 1948 - September 20, 2023
God called your name so softly,
That only you could hear;
And no one heard the footsteps,
Of angel's drawing near.
The golden gates stood open,
God saw you needed rest;
His garden must be beautiful,
He only takes the best.

-Love
Jerri, boys and family

ANNOUNCEMENT

IN MEMORIAM



Gerald Jones (Buddy)
July 29, 1939 - September 20, 2023
"Forever in our hearts"

It has been a whole year and
we miss you so much.
Life seems empty without you.
But you left us with the most wonderful
memories.
We can feel your presence everywhere,
so full of love.
You are, indeed, forever in our hearts.
Till we meet again.

-All our love,
your wife and son
Maria and Brian

OBITUARY



Michael Darryl John Turkitch
Suddenly on August 31st, 2024 at the age of 56, Darryl passed away at his home in Winnipeg, MB.
Born and raised in Selkirk, MB, Darryl enjoyed baseball and football but he found his love in fishing.
Darryl is survived by his Sis, Michelle, his nephew Zack, his great niece Charlotte and many family and friends.
Darryl was predeceased by his parents Irvin and Lynda, niece Cassandra and many others before them.
Cremation and a fishing tribute will take place at a later date, because what better way to say goodbye.
Rest Easy Brother.
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Lorne Sabiston
September 10, 1943 - September 13, 2024
With heavy hearts we share the passing of our loved husband, father, uncle and friend, Lorne.
He leaves his wife Gwyneth; daughter Stacey (Lawrence); sister-in-law Bonnie Sabiston; niece Jill; nephews Jamie and Rob and their families. Also life long friends Roseann (Bruce) Murray, Bev (Larry) Crozier, Gord Jenkinson, Jodie (Phil) Giles, Joyce (Evert) Roes, Bob (Penny) Jones and Les Adams and their families
Lorne was known as "Unk" to many. In his later years he was an avid reader, did puzzles and cheered on the Bombers and Jets.
He always "had our backs" and encouraged us in achieving our goals.

The family wishes to thank doctors and staff at the Selkirk Regional Health Centre for their care and compassion given to Lorne and family.
In keeping with his wishes, cremation has taken place and no formal service will be held.
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Delmar Raymond Robinson
July 17, 1930 - September 8, 2024
It is with heavy hearts that the family of Delmar (Del) Robinson announce his passing on Sunday, September 8, 2024 at AgeCare SkyPointe Seniors Community in Calgary, AB.
Del will be sadly missed by his wife of 70 years, Lois; his children Greg (Marnie) Robinson of Calgary, Debbie Kalk of Airdrie, and Darlene (Ken) Melvin of Saskatoon; his grandchildren Taylor (Megan), Kaitlin (Mathew), Lauren (Michael), and Sydney; great-grandson Carter; brother Jim; sister Elsie; sister-in-law Joyce; and numerous nieces and nephews.
He was predeceased by his parents Leonard and Eva Robinson; brothers Robert and Norman; sister Gladys; parents-in-law John and Mayme Setter; brothers-in-law Lionel, Morris and David; sisters-in-law Mary, Arlene, Mabel, and Jean.

Del was born in Carman, MB and grew up in Clandeboye, MB where he met his future wife Lois. They married in 1954 and lived in Winnipeg until moving to Cochrane, AB in 1995 after Del retired from a 40 year long career with McGavin's Bread. He had a very high work ethic, which he passed on to his children. He often had a second job on the go in his early years, with the kids being "welcomed" to help.

Dad also had a fun side to him too. He enjoyed hockey while growing up in Clandeboye, and the kids usually had a very large skating rink in the back yard. There were also memorable tobogganing trips to Kildonan Park.

Dad enjoyed being active, whether it was taking walks or doing odd jobs around the condo complex they lived in. Playing cards or checkers with his grandkids always put a smile on his face. And most dinners would not be complete without a piece of pumpkin pie! (No one was more excited than Dad when grocery stores announced that they would be stocking pumpkin pie all year round.)

Over the years Mom and Dad enjoyed travels to Australia, Hawaii, Alaska, Italy, the Caribbean; skiing trips, bus trips and many tenting trips to the West Coast when their family was young.

Del had been a resident of the AgeCare Skypointe Community since they opened their doors. Over the years he has had the opportunity to get to know the staff. His favourite day was Friday, when he played bingo. He was very lucky and the staff would always tease him that he has to let other people win. This brought a huge smile to his face.

We would like to thank all the staff at Skypointe for making our Dad feel so special. Dad was a quiet man but his family had a big place in his heart. He will be missed dearly, and forever in our hearts.

A private interment will take place at Eden Brook Memorial gardens.
If friends so desire, donations may be made in Del's memory to the Alzheimer's Society.

Don't Forget Your Loved Ones
WITH AN ANNOUNCEMENT IN THE
Selkirk Record
Call 204-785-1618
Email: lucykowalchuk@mymts.net

OBITUARY

David Carl Christiansen

David Carl Christiansen, 80 years old, passed away September 8th, 2024 at his residence in Selkirk, Manitoba.
He is survived by his wife of 57 years, Irene (Pomarenski), grandson David (great-granddaughter Violet), daughter Tara (partner Tom), grandsons Henry and George, son Kyle, granddaughters Taelry and Sarah, brother Ken and sister-in-law Marlene.
David was predeceased by his son Todd in 2021, his parents Hans and Myrtle, and his in-laws Peter and Adeline Pomarenski.
A celebration of life may occur at a later date.
A big thank you to Dr. K Harris of Concordia Associates, the Selkirk paramedics and the Selkirk R.C.M.P. for their professional services.
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





Biz Cards

TO BOOK YOUR BIZ CARD
Call 785-1618 or ads@selkirkrecord.ca



E & K Stucco Ltd.
 • Conventional Stucco • Acrylic
 • Stucco Repairs • Pargings
 Kevin Klassen Selkirk
 20 years experience 204-232-9889
 E: jenkevkllassen@gmail.com

LUPUL Tax Services
 "The Name Says It All"
 • Computerized • Electronic Filing
 • Free Estimates • Personal & Small Business Returns
 N.J. (Jim) Lupul
 lupuljim@outlook.com 204-785-1881

I BUY JUNK VEHICLES
FARM EQUIPMENT, TRAILERS & SCRAP
 Phil - 204-485-5787

K. GOWER Construction
 • Carpentry • Sheds
 • Doors • Decks
 • Siding, Soffit & Facia • Bathrooms
 • Basement Finishing
785-3740

A's COMPLETE PROPERTY MAINTENANCE
 204-485-4873
 Kevin Law
 ascompletepm@gmail.com

Pick up your **Selkirk Record**
 At the **SPORTSMAN'S STOP CONVENIENCE & VARIETY**
 Fishing Bait and Tackle • Gas • Maps
 HIGHWAY 44 just east of 59.

• Premium Gas & Diesel Fuel • Groceries
 • Dew Drop Water • Boyd's Coffee & Snacks
 • Local Post Office & of course Friendly Staff
LIVE & FROZEN MINNOWS
PETERSFIELD STORE
 Hwy. Petersfield (204) 738-4475

FULLHOUSE MOVERS
 ALEX FOTTY
 HOME: 204-467-2419
 CELL: 204-461-2352
 NOTHING BEATS A FULLHOUSE MOVE

GRASS-FINISHED BEEF
 Scott and Jenny Beaton Balmoral, MB
JACKFISH CREEK FARM
 Jackfishcreekfarm.com
 204-467-8510 jackfishcreekfarm@gmail.com

BODNER QUARRIES
 • Crushed Limestone
 • Landscape Boulders
 • Clean Fill • Top Soil
 Carlson, Manitoba **204-266-1001**

Karl's Appliance Service
 Repairs to fridges, stoves, washers, dryers, air conditioners
482-4594

ski-doo BRP
SALES • SERVICE • PARTS
 #109097 Hwy 9, Gimli
GIMLI 204-642-7017
 e: skidoo@mymts.net

CASSIDY'S CONSTRUCTION
 • GENERAL CONTRACTING
 • MILL WORK • CABINETS • PROJECT MANAGEMENT
 • COMMERCIAL/RESIDENTIAL RENOVATIONS
 Steve Cassidy • Cell 782-4447
 cassidysconstruction@gmail.com

CLANDEBOYE General Store
 OPEN 7 DAYS A WEEK
 • Gas • Liquor • Pizza
 • Lotto Vendor • Groceries
 • Hunting & Fishing Licenses
738-4342 Highway 9, Clandeboye

SL ELECTRIC
 Tyrel Stinson 1-431-373-2924
 Cody Loane 1-204-485-3032
 Licensed Electricians
 FREE ESTIMATES
 24 Hour Service 7 Days a Week
 snelectricservice@gmail.com

Hnatiuk Law
204 - 482 - 5111
 Main Street, Selkirk
 Real Estate Law • Business Law • Wills
 Estates & Probate • Farms
 www.hnatiuklaw.com
* Legal Services Provided by Andrew David Hnatiuk Law Corporation

INTRODUCING YOUR New INTERLAKE

McPHILLIPS TOYOTA
 Sales Advisor **CARTER HANKE**
 2425 McPhillips St., Wpg
 Cell: 204-390-0351
204-338-7985
 chanke@mcphillips.toyota.ca
 www.mcphillipstoyota.com

AirWise Home
 Your Heating, Cooling and Geothermal Specialists
204-467-9578
 info@airwiseinc.ca www.airwiseinc.ca

PLUMBING
 Commercial & Residential
 New Installation & Service
 Plumbing & In-Floor Heating
 Water Softener Installations
 Water Filtration/
 Reverse Osmosis

PATTERSON MECHANICAL LTD.
RILEY PATTERSON
 Journeyman Plumber
Cell 204-461-0035

STANLEY
 ELECTRICAL & MECHANICAL LTD.
RESIDENTIAL • COMMERCIAL • INDUSTRIAL
 Red Seal Certified, 24 Hour Service, Free Estimates
204-757-7932 contact@stanleyltd.com
 www.stanleyltd.com

RIVERBEND MOVING & STORAGE
 MOVING is our business, SERVICE is our promise.
204-785-9299
 211 Hutchings St., Winnipeg, MB, R2X 2R4
 www.riverbendmovers.com

GREAT WHITE
 SPRAY FOAM INSULATION
 FREE ESTIMATES, QUALITY SERVICE
 LOCALLY OWNED AND OPERATED
 CALL US TODAY! **204-290-5667**

Erin Denise Chartered Professional Accountant Inc.
 Corporations & Sole Proprietors
 Bookkeeping, GST & Year Ends
 Call us today 204-482-1105

WHEATHILL TRANSPORT
 Grain & Fertilizer Hauling
 Hauling Available for Manitoba & Saskatchewan
 Harley @ 204-494-0824
 Jerry @ 204-280-6261
 wheathilltransport@gmail.com

BILSKY ENTERPRISES LTD.
 DESIGN and DRAFTING SERVICES
 GENERAL CONTRACTING
 PROJECT MANAGEMENT
 COMMERCIAL • INDUSTRIAL • RESIDENTIAL
 PAUL BILSKY 204-485-3799 Technician
 DON BILSKY 204-785-3536 President
 OFFICE: 204-482-9381 bilskyntd@gmail.com

CANVASBACK PET SUPPLIES
 Doggie Day Care Grooming
1 WELLINK DR., LOCKPORT
 Phone: (204) 757-2701
 www.canvasbackpets.com

12/12 ROOFING
 We've got you covered!
 • New Roofs
 • Re-Roofs
 • Cedar Shakes
 • Any Roofing Repairs
 • FREE ESTIMATES
15 YEARS EXPERIENCE
 Call: (204) 641-0385
 Mike email: md12_12roofing@hotmail.com

THE COZY FOX
 FINE FOODS, GIFTS AND MORE
 SUPPORTING MANITOBA BUSINESSES
 637 B Morris Ave Selkirk, Manitoba
 Ph: 204-482-6476
 thecozyfoxltd@gmail.com

PRAIRIE OAK TREE SERVICES
 ST. ANDREWS MB
 CURTIS 204.981.8731
 LICENSED ARBORISTS

QUEEN'S PARK AUTO BODY
 PROFESSIONAL PAINT & REFINISHING
 QUALITY GLASS REPAIR & REPLACEMENT
 COMPLIMENTARY COURTESY CARS
 PICK UP AND DROP FACILITY
 MPI DIRECT REPAIR PROVIDER
204-482-9405
 401 Eveline St., Selkirk queensparkauto@mymts.net
 WE ADD LIFE TO YOUR CAR

WIRELESS INTERNET
Quick STREAM
 Hi-Speed Internet
 Broadband Residential
 and Commercial Connections
 www.quickstream.ca
1-866-981-9769

STEP UP TREE REMOVAL
 FOR A "CUT" ABOVE THE REST...
 • Tree Cutting & Removal
 • Tree Trimming & Pruning
 • Bucket Truck • Stump Removal
 Serving Selkirk & Surrounding Areas
 Rob - call or text **204-785-3273**
 stepuptreeremoval@gmail.com

Nordic Plumbing
YOUR TOTAL HOME PLUMBING PROFESSIONALS
 Dennis Baldwinson
 Journeyman Plumber/Gas Fitter
204-791-7437
 • Sewer & Drain Cleaning
 • Residential Plumbing
 • Up Front Pricing
 • Repairs, Service, Renovations
 • Line Locating
 • In-Line Camera Inspection
 • Licensed and Insured

KAMO CONSTRUCTION
Keith Neyedly
 keith@kamomb.ca
 Box 368, Clandeboye, MB ROC OPO
204.795.9123

Excavating Bobcat Service
Hauling
Rough Finish/Grading
Lot Clearing
Landscaping
Concrete

TO BOOK YOUR BIZ CARD Call 785-1618 or ads@selkirkrecord.ca

SHERLOCK TREE REMOVAL
 Pruning • Stump Grinding • Chipper
 Licensed Arborists
 Fully Insured – Claim Free
 30 years Experience

Vince
861-0487
 Darren
861-0028

INTERLAKE TREE SERVICE
 Trimming, Removal & Stump Grinding

204-799-5265

LICENSED ELECTRICIAN
Platinum
 Power Solutions Ltd.
 RESIDENTIAL COMMERCIAL
 24 HR SERVICE
 FREE QUOTES

platinumpowersolutions.ca
 office@platinumpowersolutions.ca 1-204-899-1833

KINGS AUTOAIR
 AUTOMOTIVE AIR CONDITIONING SPECIALIST
 * Car * Light & Heavy Truck * RV *
 Red Seal Technician 204-390-2790
 www.kingsautoair.com kingsautoair@gmail.com

GRDYARDWORKS
 • Spring & Fall Yard Clean Ups
 • Windows & Eaves Cleaning
 • Grass Cutting
 • Fencing

Free Estimates
 No Contracts (pay per visit)
204-290-9549

BUYING SCRAP CARS & SCRAP METAL



CALL BOB HOKANSON
 204-485-6123

DUBOIS SKID STEER SERVICES
 • Landscaping
 • Grading • Leveling

Serving Lockport & surrounding areas
 Call Darwin 1-204-898-4256

BLAINE'S LANDSCAPING
 Excavating & Bobcat Service including:
 Tree Spade & Bucket
 Residential & Commercial Landscaping
 Lawn Care & Fertilizing
 Rototilling & Aerating
 Hauling & Spring & Fall Cleanup
 Trees for Sale 3-8'

Call Blaine @ 1-204-997-3782

"From rust to riches, your scrap could be treasure with our unbeatable prices!"

Purchasers of ferrous/non-ferrous materials
Call Today



Unit 5, 325 Parkdale Rd.
 St. Andrews MB
 info@eco-metallics.ca
 Office: (204) 404-4747

SHUMSKI'S (SINCE 1976)
 Landscaping & Garden Centre
 Chain Link Fence Supplies and Installation

TREES • SHRUBS • PERENNIALS • BEDDING PLANTS
 SOIL • SOD • SAND • MULCH • LIMESTONE
 GRANITE • BARKMAN PRODUCTS
 PEA GRAVEL • RIVERSTONE

4240 MAIN ST., WEST ST. PAUL
 Ph. (204) 339-5706 shumski@mts.net
 www.shumskigardencentre.com

JCM Construction
 Carpentry & Concrete

• Sidewalks • Steps
 • Garage Pads • ICF • Decks
 • Rec Rooms • Renos

Dan Hydrochuk
 dhydrochuk@gmail.com C: 204-403-8823

KUTCHER'S EAVESTROUGHING
 • Eavestroughs
 • Soffit • Fascia

Serving the Interlake for over 30 years
204-389-3118
 FREE ESTIMATES

TROUGH WORX
 EAVESTROUGH
 Call or Text 204-330-7402
 info@troughworx.ca
 www.troughworx.ca

FREE ESTIMATES
 EAVESTROUGH • SOFFIT • FASCIA • VINYL SIDING
 GUTTER GUARD • CLEANINGS • REPAIRS

TO BOOK YOUR BIZ CARD Call 785-1618

Shumski's Fencing
 Chain Link Fence Supplies
 Installation or "Do It Yourself Kits"
 Dog Kennels • Privacy Slats

Open 7 Days a week Free Estimates
204-339-5706
 email: shumski@mts.net https://www.shumskigardencentre.com
 4240 Main Street, West. St. Paul

FOREST STUMP GRINDING

Call Sean - Cell or Text: 204-485-3887

Renovations by Dave David Farquhar
 Stonewall/Selkirk, MB
 Cell: 204-485-4936
 • General Carpentry
 • Interior, Exterior Renovations

FREE Camera Inspections
 restrictions apply

Aloha
 PLUMBING & DRAIN SERVICES

AlohaPlumbingServices@gmail.com
 www.AlohaWinnipeg.ca **204-890-7725**



Ron's WINDOW CLEANING
 EST. 1987

• Interior & Exterior Window Cleaning
 • Gutter Cleaning
 • Pressure Washing
 • Spider/Spider-Web Prevention
 • Mosquito Fogging

Get a free quote by texting or calling
1 (204) 430-3720
 or email ronwindowcleaning204@gmail.com

TOPSOIL BLACK DIRT SLAG
 • Demolition • Driveways • Loader
 • Grader Rentals • Bobcats • Crawler Hoe

• EXCAVATIONS • TRUCKING •

R&M 482-7157
 EQUIPMENT Selkirk, MB

PIPE DREAMERS
 PLUMBING & HVAC/R

CHASE BORGSTROM 204-990-1299
 PLUMBER
 Renovations
 Repairs/Service
 New Installs
 Drain Cleaning
 Water Treatment

PIPEDREAMERS PLUMBING2019@GMAIL.COM

KYLE SCRIVENS 204-482-3939
 HVAC TECH
 Heating
 Air Conditioning
 Gas Fitting
 Contracting
 Refrigeration

PIPEDREAMERSHVAC@GMAIL.COM

GRAVEL & LIMESTONE TOP SOIL GRANITE BOULDERS
 • BLACK & RED GRANITE GRAVEL
 • RIVERWASH • FIREPITS
 • COLOURED BARK

SELKIRK LANDSCAPING STUMP GRINDING & SKIDSTEER SERVICE
 611 MORRIS AVE. SELKIRK selkirklandscaping@hotmail.ca **204-485-0276**

BNS EXCAVATING

• Design Services • Soil Analysis • Well & Septic Repairs
 • Frozen Lines • Driveways • Culverts • Trenching
 • Auger Drilling • Ice Dam Steaming • Septic Fields

Residential, Commercial & Industrial
 Member of Manitoba Onsite Wastewater Management Assoc
 BNSexcavating@hotmail.com (204)461-2856

TnT PLUMBING, HEATING & REFRIGERATION

• Commercial and Residential
 • Licensed Gas Fitters & Sheet Metal
 • Pressure Systems, Water Softeners & Iron Filters
 • Gas and Electric Hot Water Tanks
 • Roto-Rooter Service

RIDGID SEWER CAMERA **bryant**
204-482-4159 Heating & Cooling Systems

SALES • SERVICE • INSTALL
PVC & ALUMINIUM WINDOWS

INKSTER PARK
 STEEL INSULATED DOORS
 STORM DOORS

THE WINDOW FACTORY
 DURASEAL WINDOW & DOOR
 www.windowfactory.mb.ca
 605 Mercy Street, Selkirk 204-482-9099

ALICE ROOFING LTD.

Complete Roofing Service
 • Residential
 • Agricultural

Licensed & Insured
 www.aliceroofing.ca **204-757-9092**



WESTSIDE POWERSPORTS
 HONDA POLARIS STIHL

• ATV'S • MOTORCYCLES • POWER EQUIPMENT
 • DIRT BIKES • SNOWMOBILES

westsidepowersports.ca **204-482-7782**
 6837 Hwy 9 SELKIRK Your Powersports Enthusiasts Since '91

RIVERBEND Carrier
 HEATING & AIR CONDITIONING Turn to the experts

Your local HVAC specialists Installation & Service
204-396-4474
 info@riverbendheating.ca
 www.riverbendheating.ca

HYDRO FINANCING AVAILABLE O.A.C.

CENTURY 21 ADVANCED REALTY



OFFICE: 255B MAIN STREET, SELKIRK | 1415A HENDERSON HWY, WINNIPEG SELKIRK PHONE: (204) 202-1922 | WPG PHONE: 204.925.7999

*Call Hacking,
Start Packing!*



Scan here to view all of our listings!



The Hacking Team
Residential Rural Commercial

FOLLOW US ON SOCIALS!
@HACKINGHOMETEAM

WWW.HACKINGTEAM.CA
HTEAM@C21.CA

HUNTER WONNACOTT, REALTOR®
204.813.8091

GEORGE HACKING, REALTOR®
GEORGE HACKING PERSONAL REAL ESTATE CORPORATION
204.461.0747

KASEY HACKING, ASSOCIATE BROKER
KASEY HACKING PERSONAL REAL ESTATE CORPORATION
204.485.5303

VICTORIA BEAUCHAMP, REALTOR®
204.619.3955

BRAD MATTHES, REALTOR®
204.510.9900



A PROUD SPONSOR OF



Join us. Give your time, talent or treasures.
NOV. 14-17 • SELKIRK • holidayalley.ca



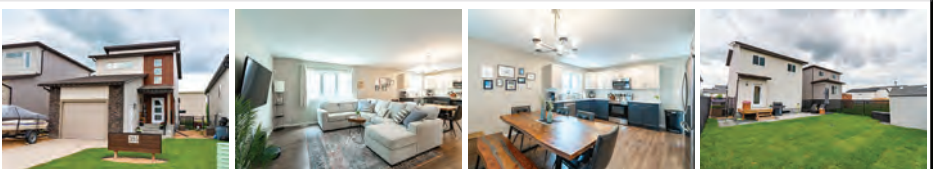
708 Vaughan Ave, Selkirk | \$399,900
Excellent bungalow offering 4 bedrms, 2 baths, eat-in kitchen, spacious living room, fully finished basement. Primary bedroom w/double closets. Fully insulated single DTgrg & fenced yard!



FREE, No Obligation Market Evaluation!
Wondering What Your Home, Land or Business Worth?
Scan the QR code or go to SELKIRKMBHOMES.COM



FEATURE OF THE WEEK! 355 PURVIS BLVD, SELKIRK \$457,800



Welcome home to this fabulous, quality built 2 storey featuring 4 bedrms, 2.5 baths & has been so impeccably well kept - it still feels like new. Main floor showcases a beautiful, spacious, open concept layout for your kitchen, dining & living areas. Convenient 2pc bath. Upstairs find your lrg primary bedrm with walk-in closet & ensuite. Laundry on second floor + full bathroom & 2 more great size bedrms. Partially finished full basement with huge 4th bedroom, storage & bar area. Lovely fenced back yard with storage shed & wood box included. Steel beam construction, ICF foundation, central A/C, HRV, sump pump, plumbing roughed-in for full bathroom in bsmt. Garage insulated and heated/garage door insulated. Garage white wired shelves on the back and right walls will stay.

1,123 SF BUNGALOW!



708 Vaughan Ave
Selkirk
\$399,900

FULLY LANDSCAPED!



355 Purvis Blvd
Selkirk
\$457,800

1 BEDROOM CONDO!



#3-101 Eugenie St
Winnipeg
\$131,900

START YOUR BUSINESS!



#7-2 Mcdougall Ave
St. Georges
\$94,900

1.40 ACRES!



14 Laurelyn Cove
Petersfield
\$89,900

.24 ACRE LOT!



201 Edith Avenue
Petersfield
\$39,900

2.20 ACRES!



9 Fuller Road
East Selkirk
\$109,900

.28 ACRE LOT!



16 Greening Avenue
Libau
\$58,995

1.88 ACRES!



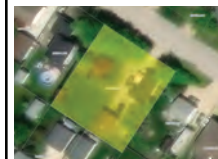
64 Mars Drive
Brokenhead
\$59,900

.35 ACRE LOT!



69 Staffholt Crescent
Gimli
\$54,900

PENDING!



410 Greenwood Ave
Selkirk
\$80,000

PENDING!



180 Cook Avenue
Aspen Park, Gimli
\$399,900



ASHLEY DOUGLAS, REALTOR®

Call or Text 204.485.4051

Contact me for all of your real estate needs!

E: ashley.douglas@century21.ca
Follow me on social!
@ashleydouglasrealtor

Scan here to view all of my listings!



NEW PRICE!



929 Petersfield Road
\$599,900

2 ACRES!



747 Strathnaver Ave
\$299,900

1,300 SF HOME ON 10 ACRES!



817 Hall Rd, Petersfield
\$400,000

35 ACRE CREEK PROPERTY!



705 CIL Rd, St. Clements
\$930,000

CREEKSIDE ESTATES LOT!



2 Pearson Parkway, Selkirk
\$159,900

4.42 ACRES!



73072 Joseph St, Clements
\$195,000

Five Grand Fridays

Every Friday

5PM - 9PM

Win your share of
\$5,000!



DETAILS AT SOUTHBEACHCASINO.CA