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The Selkirk Record

THURSDAY, SEPTEMBER 21, 2017

VOLUME 8 EDITION 38

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Cutting for a cure

RECORD PHOTO BY LINDSEY ENNS


Local cancer survivors Fran Mellen, pictured second from left, and three-year-old Brenna Schellenberg, pictured centre, cut the red ribbon to help kick off the 25th annual Terry Fox Run in Selkirk Park last Sunday afternoon. More than 180 runners and walkers took part this year and helped raise more than \$14,000 for the Terry Fox Foundation. For more photos, see Page 7.

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Sexual assault crisis intervention program seeks volunteers

By Lindsey Enns

A sexual assault crisis intervention program is hoping to offer its services in Selkirk early next year with help from some local volunteers.

The SARAH Program provides services through regional hospital emergency departments, RCMP detachments and the Survivor's Hope Crisis Centre office, which is based in Pinawa.

The program offers a victim of sexualized violence support, information and referrals to help with the recovery process. The program has worked with upwards of 200 victims of sexual assault since its launch in 2003.

"We help them look at the resources that are available to them and we can make referrals to other systems if they would like us to do that," said Holly Parcey, Survivor's Hope Crisis Centre executive director. "Our contact with them is pretty intense over several hours and then we step away and



PHOTO COURTESY OF PEXELS

A sexual assault crisis intervention support program is hoping to offer its services out of the Selkirk Regional Health Centre early next year with some help from local volunteers.

let other services take over."

Parcey said they are looking to train around 10 to 20 new volunteers so they can offer the program out of the new Selkirk Re-

gional Health Centre.

They are also looking for new volunteers to join the support program in Beausejour, Pinawa as well as Pine Falls, which is where they receive the highest call volumes, Parcey said.

"We anticipate that our call out rates in Selkirk will be even higher than what we have in Pine Falls," she said, adding studies have shown that this type of program is needed in Selkirk. "We know that if we put up barriers to service provision people tend to fall between the cracks.

"We decided that this was a problem that needed to be addressed."

According to a Statistics Canada's Uniform Crime Reporting Survey, there were 1,356 police-reported sexual assaults in Manitoba in 2015, a rate of more than 104 sexual violence victims for every 100,000 people. The national rate is approximately 59 victims per 100,000 people. Statistics Canada's 2014 General Social Survey on Victimization also shows that 95 per cent of sexual assaults nationally are not reported to police.

Parcey said they have been working closely with the Interlake-Eastern Regional Health Authority and the immediate services their volunteers provide are "very important."

"Just the way society kind of views sexual assault or sexual violence, the blame often ends up on the shoulders of the victim ... when in fact we know they aren't responsible," she said. "If we can lesson the blame and shame the victim feels they're more likely to go and seek help."

Those interested in volunteering will be invited to participate in a Sexual Assault Crisis Intervention training. All regional applicants will train together to complete 40 hours of training over three Saturdays, two Sundays and two evenings.

Training will be offered in Selkirk on Oct. 21 and 22 from 9 a.m. to 5 p.m., Oct. 28 and 29 from 9 a.m. to 5 p.m., and in Winnipeg on Nov. 4 from 10 a.m. to 4 p.m. There are also two evening training sessions from 6 p.m. to 9 p.m., in either Beausejour on Oct. 18 and 26 or Pine Falls on Oct. 19 and 25. A trainee must attend and complete all training sessions before being invited to join the program as a volunteer.

The application process involves completing an application form, attending an in-person interview and providing two reference checks.

To find out more about becoming a SARAH Program volunteer, call 1-204-753-5353. Information about the program can also be found online at survivors-hope.ca.

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Cambrian CREDIT UNION

Demolition of abandoned Lockport water park gets underway

By Justin Luschinski

The former Skinner's Wet 'n Wild water park is being demolished, 12 years after it hosted its last swimmer.

The park, which is located behind Skinner's Restaurant in Lockport, saw its demolition start earlier this week, with parts of the slide being cut off and torn down.

Thomas McDougall was driving to Lockport from Winnipeg to visit his family on Monday. He stopped by the old water park to take one last look at it.

"I'm kind of sad to see it go. My dad would take me here all the time, I had so much fun," McDougall said. "I'm hoping that (the developers) can replace it with something nice."

St. Andrews Mayor George Pike said that after years of working with the previous owners, work to demolish the large structure has officially begun.

"This was a priority for residents. They wanted the water slides to go down. (St. Andrew's city council) has been working for some time on this," Pike said. "Finally, we're working with the new owners, they've started taking down the slide, and they hope to have it done by the end of the month."

The current owners of the land, Santa Fe Developments, are planning to build housing on the land. According to their website, the area from River Road to Highway 9 will be developed



RECORD PHOTOS BY JUSTIN LUSCHINSKI

The former Skinner's Wet 'n Wild water park is now being demolished, more than 10 years after it hosted its last swimmer.

into single family, multi-family, and commercial buildings.

Pike said that the water park presented quite a few safety concerns, as kids would play in the abandoned park during the summer months. There was one instance where a young adult was injured in the park. Safety is the municipality's top concern.

The park was formerly owned by Al and Louise Thompson, who owned Skinner's Restaurant in Lockport. It was closed down in the early 2000s when the owners realized it was no longer profitable.



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BiG DOLLAR

Out on the open road

Former Selkirk resident and her family trade everyday life for RV adventure

By Scott Billeck

Valerie Kosa returns to Selkirk every few years to see relatives and visit her old stomping grounds, but she's never made a return quite like the one she did this summer.

Kosa was born in Selkirk and called the city home for the first three years of her life before her family moved to Texas, where she's been living ever since.

With roots still in Manitoba, Valerie, along with husband Tom and their two children, seven-year-old Ethan and five-year-old Rachel, returned to the province this year.

"WE USE LESS SPACE, LESS CLOTHING, LESS ENERGY AND WE SPEND MORE OF OUR TIME OUTSIDE."

"As a kid, we'd drive in the car all the way, straight north, and I have memories of being here," Valerie said.

The driving bit didn't change this time around, but it's what they drove that's become quite the story for the family.

Over the past year, the Kosa's have transformed their lives in a 2,400 square foot house in the Dallas suburbs to one 10 times smaller in a 250 square foot RV, a 2010 Winnebago Sight-seer 35BE.

"Needless to say, I learned how to drive a bus, which I had never done in my life," said Tom during a recent telephone interview with the *Record*.

Their plan, aptly named the "Epic



SUBMITTED PHOTO

Valerie Kosa, pictured right, along with her husband Tom and their children Ethan and Rachel recently celebrated their first full year of being on a fulltime RV adventure. Valerie was born in Selkirk and called the city home for the first three years of her life before her family moved to Texas.

Family Fulltime RV Adventure," is to travel across North America and see as much of it as they can. Their current tour is touching 18 states and three provinces, including Manitoba.

From there, they will return to Texas for some family time – and a few doctor and dentist appointments – before heading back on the road for their eastern tour later this winter.

Valerie had been floating around the idea of selling their home and beginning a new life in an RV.

"It just seemed there was never enough time to see the amazingness of North America, and we also figured out we bought too much house," Tom said. "Valerie had been doing research, and I worked from home, so she said, 'technically, you could work from the moon if there was wifi there.'"

To make a long story short, the RV was purchased and the family headed out on the road.

As drastic a change as it might seem, the Kosa's have made the most of their new life on the open road.

"I'm a big believer that we can be as evil as Satan or as good as angels, humans are very adaptable crea-

tures and you really don't know what you're capable of until you choose to go through a journey," he said. "For us, having down-sized, it's shown us that you don't need 5,000 square feet to show status and awesomeness. We use less space, less clothing, less energy and we spend more of our time outside. We spend most of our time reconnecting with family and seeing what these countries have to offer."

But it's not all driving down the road for the family. Tom, who works in IT, is working for the weekend from Monday to Thursday so he puts in enough time during those four days to have Friday through Sunday off. During the time Tom is working, Valerie, a former school teacher, home schools her children.

"Those three days we have off, that time has been officially renamed family weekends," he said.

The Kosa's plan to return to Manitoba in the near future, this time bypassing Selkirk for a trip up to Churchill to see the polar bears.

You can follow their exploits on their blog, fournalifetime.com.

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'Truly a community facility'

Hundreds gather for Selkirk Regional Health Centre's official grand opening

By Lindsey Enns

The sounds of a drum circle led by Peguis First Nation members filled the room and helped kick off the official grand opening of the new Selkirk Regional Health Centre last Thursday.

Hundreds of community members as well as local and area dignitaries packed the front foyer of the hospital to help open Manitoba's newest regional health centre.

"This is a beautiful building ... and it is a remarkable testament to the input of community members, support of community members, and those who are working in the health care system, you really helped to build and design this building," said Health, Seniors and Active Living Minister Kelvin Goertzen during his address to the crowd. "Today we celebrate a building but more than that we celebrate the hearts that are within that building because it will be those things that will truly make a difference and will be remembered for many, many years."

"I want to pay special tribute to those who will work in this building with their healing hands and kind compassion for all Manitobans when they need it most."

Goertzen said the new health centre reflects the region's history and culture and is an instrumental part of efforts to recruit new care providers to the area.



At 180,506 square feet, the new regional health centre is more than two times larger than Selkirk's old hospital. There are an additional 12 beds in the new facility including 53 medical/surgical beds, eight obstetrical beds and four special care beds.

Selkirk Mayor Larry Johannson said the hospital is "truly a community facility ... for our community."

"This is truly remarkable in so many ways," Johannson said during his address to the crowd.

Continued on page 9



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Local dignitaries, Interlake-Eastern Regional Health Authority staff along with Health, Seniors and Active Living Minister Kelvin Goertzen, pictured centre, prepare to cut a long red ribbon to officially open the new Selkirk Regional Health Centre last Thursday afternoon. LEFT: A large crowd gathers inside the centre's front foyer for a public grand opening last Thursday.



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Active transportation pathway coming to Selkirk in 2018

By Lindsey Enns

The City of Selkirk has received a total of \$158,333 in provincial and federal funding towards the construction of a new active transportation pathway.

The project will see the creation of an active transportation pathway starting at the far west access point at the Canalta Hotel off Manitoba Avenue to Mercy Street in Selkirk.

Selkirk Mayor Larry Johannson said the project will be completed sometime next year.

"It will provide a safe location for our citizens to engage in most every form of active transportation including roller blades and strollers along with joggers, walkers and wheelchairs, as well as cycling," Johannson said during an announcement out-

side the Canalta Hotel last Friday morning. "The pathway will be open and maintained year-round.

"I would like to thank the Manitoba Avenue task force, our city administration and all of our partners for their participation and foresight in helping make this wonderful project a reality."

Johannson was joined by Selkirk-Interlake-Eastman MP James Bezan and Selkirk MLA Alan Lagimodiere during Friday's announcement.

"Anything we as a government can do to help Manitobans lead healthier lives is an option worth investing in," Lagimodiere said. "This active transportation pathway helps to connect the western section of Manitoba Avenue with residents who want to walk or ride bicycles to this area."



RECORD PHOTO BY
BRETT MITCHELL

Pictured from left to right: Selkirk-Interlake-Eastman MP James Bezan, Selkirk MLA Alan Lagimodiere, Selkirk Mayor Larry Johannson and Coun. Darlene Swiderski pose for a photo during an active transportation pathway announcement in Selkirk last Friday morning.

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Selkirk laces up for Terry Fox Run



RECORD PHOTOS BY
LINDSEY ENNS

LEFT: Runners, walkers and bikers take off from the start line of the 25th annual Terry Fox Run in Selkirk Park last Sunday. This year's event raised more than \$14,000 for the Terry Fox Foundation. There will also be a Mug, Spud and Steak Fundraiser at the Selkirk Golf and Country Club on Friday, Sept. 22 at 7 p.m. For tickets contact Dennene by calling 204-485-4568. ABOVE RIGHT: Five-year-old Anna Yavis of East Selkirk gets some rainbow face paint during Sunday's event.



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The most bass caught with one cast

Greeting pals.

Every commercial fisher I have ever met had a stand out character and late last week another one, young, full of fun, Jason Donald from Selkirk crossed my path. Along with his short brown hair and beard, a perpetual smile and a slight squint from being in the outdoors a lot, he had a knack for telling stories including this one he had for us. A few years ago he, his dad Richard and a friend, Steve, were late winter fishing off the western shore of Lake Winnipeg. They had finished lifting nets and Jason led for home on his sled while dad and Steve followed in their bombardier. Jason bounced along for a while then stopped and turning on his seat could not see the bombardier. Concerned, he spun around and retraced his snow tracks. It didn't take that long before he saw what looked like a dark bulge on the horizon. The closer he got, he realized it was the bombardier with its nose in the air and the rear end half submerged in water having broken through the ice. "I didn't know we could bail out of that rig so fast, we're dry," dad proclaimed to Jason as he stepped off his sled. The men walked around the bombardier looking for a way to free it. The auger on the back of the unit had caught the ice and was holding it up. Richard knew a friend on shore and sent Jason to get help. The friend brought a big old Alpine snowmobile and in the darkening cooling afternoon pulled them out. Days later Jason learned that the first thing dad did when he got home was to go buy two survival suits for himself and Steve. Jason never said much but always wondered why dad never bought him one too.

It was a pure pleasure being on the Victoria pier last week visiting with anglers in the sunny hazy afternoon. One fellow George Borgesen who lives close by at Hillside caught my



RECORD PHOTO
BY ARNIE WEIDL

George Borgesen holds up his catch while fishing at Victoria beach.

attention. He didn't talk much at first but when his love of fishing took over, in his firm voice and little bursts of humor, he shared a couple of stories that gave cause to chuckle! He has this "ocean going kayak" with an electric motor and has had some peculiar fishing experiences with it in the bay here. One time he caught a huge carp. That thing towed him back and forth across the bay for a half an hour with George screaming unkind damnations at it before it finally slipped the

hook. Another time he caught a monster jackfish and fought it working his motor and keel keeping the fish ahead of him until he felt the fish was weakening. He reeled it in broadside hoping to get a photo and release it but it took off around the backside of the kayak. The line got caught in the prop dragging the fish in and in George's words, "the motor killed it!"

On the pier at Lockport last Tuesday I met a most engaging guy Lenny Giacomini from Grand Marais. He was a big wisecracking chap with a full, wholesome clean shaven face and head who when he told a story everybody crowded around. Lenny said he was fishing here a while back when a neighboring angler caught something very heavy. It pulled downstream hard bending the guys rod so far over he grabbed the line and began bringing in whatever was on bare handed. Suddenly in the splashing rumbling turbulent current of the locks' waters a string of fish rolled to the surface. The white bellies of the strung bass tumbled together with the one most forward having taken the anglers baited hook! Everybody moved to the edge of the pier exclaiming loudly at the spectacle. Then they rushed to help, flopping down on their stomachs side by side with their nets. They worked in tandem and pinching the string of fish between their nets, the anglers landed the writhing bunch. It was obvious some boat angler in the middle of the Red had lost the string of fish and looking at them they were too far gone to release so the guy who first tagged them took them home. As he wiped the slime and smell of fish off his hands and packed up he tossed a little joke to his newfound fishing gang saying, "This has to be a record for the most bass caught with one cast!" Come on by next week won't you?

View the Selkirk Record online at selkirkrecord.ca



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Local faith leaders help open Spiritual Care Centre



RECORD PHOTO BY LINDSEY ENNS

Marion Magnusson, the Interlake-Eastern Regional Health Authority's spiritual health co-ordinator, holds her Cavapoo, Cassidy, during a special dedication ceremony for the Selkirk Regional Health Centre's Spiritual Care Centre last Thursday morning.

By Lindsey Enns

Local faith and spiritual leaders came together for a special dedication ceremony for the Selkirk Regional Health Centre's Spiritual Care Centre last Thursday morning.

Leaders from various local churches took the time to offer a blessing or prayer for the centre, which is located on the second level of the hospital.

"In this space we're gathered here and are invited to centre our souls," said Ron Janzen, the Selkirk Regional Health Centre's chief operating officer and vice-president of corporate services. "This is a space where people will gather to nurture their souls ... and to strengthen their community and build their hope."

Dr. Dan Lindsay, the Selkirk Regional Health Centre's chief of staff, said the spiritual centre provides health care beyond the physical aspects.

"This facility gives us the opportunity to work with people ... all in the context of spirituality."

A Cavapoo by the name of Cassidy also accompanies the Interlake-Eastern Regional Health Authority's spiritual health co-ordinator Marion Magnusson during her patient rounds to attend to their spiritual health and care needs.

The Spiritual Care Centre is open to individuals of all religious traditions and spiritual expression.

Honouring symbolism in many faith traditions, the centre is circular in shape and oriented to the east. The space is also designed to make everyone feel welcome and that they are not alone.

Not far from the centre and the palliative care family room is a second floor terrace with doors large enough to accommodate a hospital bed so bedridden patients can enjoy the outdoors if they so wish.

The centre is also equipped to accommodate smudging thanks to a donation province by the construction community.

> HOSPITAL GRAND OPENING, FROM PG. 5

"Clearly an exceptional amount of planning and detail went into the making of this centre.

"It promotes the wellbeing of the patients, the family, the staff and the communities involved."

Johannson added the city is also looking forward to the addition of a training and teaching facility within the hospital that they hope will soon be in place.

"Our hope is to train the practitioners of tomorrow here in our community today," he said.

"New and improved opportunities for care in our regional health centre benefit all residents across the Interlake-Eastern region," said Interlake-Eastern Regional Health Authority CEO Ron Van Denakker. "This facility is a focal point in our work with communities across the region to establish a clinical teaching unit that will see us educating future health-care professionals. Teaching units like this are key to attracting new graduates to

the region as well as health-care professionals who want to be mentors."

Van Denakker also took the time to thank the community and staff members who worked with the design team to develop the new centre.

The hospital's grand opening ceremony was followed by an official ribbon cutting and public tours of the new centre.

Construction of the new \$111 million health centre began in spring 2014 and the first patients moved in on June 25.

With the idea of wellness in mind, the hospital is home to floor-to-ceiling windows, open-air terraces, rooftop green spaces, natural paint colours and locally quarried limestone walls.

The hospital also houses an expanded emergency department, Cancer Care program, a family birthing unit, outpatient centre, food services, and the region's first MRI machine.

For more information on health care services in the region, visit ierha.ca.



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Manitoba 

Manitoba marks Childhood Cancer Awareness Month

Submitted

Gold ribbons and gold balloons have become visible in our province as September is now officially recognized as Childhood Cancer Awareness Month in Manitoba.

This official annual recognition has come about through a private member's bill introduced by Wayne Ewasiko, Progressive Conservative MLA for Lac du Bonnet, and passed into law in the Legislature last year.

"It's very important for Manitobans and all Canadians to become more aware of the devastating effects of all forms of cancer on children and their families," said Ewasiko. "We need to educate the public about childhood cancer and support the many families who deal with this disease daily."

The Canadian Cancer Society and other organizations in Canada and

"WE NEED TO EDUCATE THE PUBLIC ABOUT CHILDHOOD CANCER."


around the world recognize September as Childhood Cancer Awareness Month. CancerCare Manitoba and the CancerCare Manitoba Foundation undertake activities because of this recognition. The official symbol of childhood cancer awareness is the gold ribbon.

When 11-year-old cancer survivor Abigail Stewart wanted to raise awareness in Winnipeg for Childhood Cancer Awareness Month, she turned to PC MLA James Teitsma. Together they are working with local automobile dealerships and other businesses to display thousands of specially marked gold balloons and to collect donations for Abby's Balloons for Childhood Cancer, a community initiative for the Canadian Cancer Society.

Approximately 60 children in Manitoba and more than 1,400 children across Canada are diagnosed with cancer every year, and there are an estimated 30,000 survivors of childhood cancer in this country. The survival rate for children with cancer is more than 80 per cent, a dramatic increase from 30 years ago.



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Gift shop gives back

Health centre auxiliary volunteers help raise over \$256K for Selkirk's new hospital



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Selkirk Regional Health Centre Auxiliary volunteers Fay Gillespie, Sharon Kuzminski, Barb Kelsch, Elaine Boyd, Lucille Erin, Doreen Kuzminski and Kandace Law-Quon gather for a photo inside the new hospital's gift shop last Thursday.

By Lindsey Enns

A group of local volunteers couldn't be happier with their new gift shop space inside the Selkirk Regional Health Centre.

"It's been a very, very big change," said Selkirk Regional Health Centre Auxiliary secretary Barb Kelsch while standing inside the new gift shop last Thursday. "People before would just walk by because the window was very small, they didn't even know it was there."

Kelsch said so far the volunteer group has raised \$256,745.73 for Selkirk's new hospital through generous donations and fundraising efforts. Kelsch added every dollar spent at the gift shop goes back into the hospital.

Kelsch said she hopes more people will visit their new space now that they are more visible inside the hospital's front foyer.

"I want people to know about it,"

she said. "I think people could do a lot of Christmas shopping here and it would help us out and them out."

The gift shop now houses everything from baby clothes, stuffed animals, Manitoba made products, women's purses to fresh flowers.

"It's not just toothbrushes, toothpaste and Tums," she said with a smile. "We are improving everyday, we're bringing new stuff in."

Kelsch said they are always looking for more volunteers. Those interested can either visit the gift shop in person or email Barb Kelsch directly at kelschrb@gmail.com.

The hospital's gift shop is located directly across from the front desk inside the front foyer.

The gift shop, which is run by volunteers, is open 10 a.m. to 4 p.m. Monday through Friday and 1 p.m. to 4 p.m. on Saturdays and Sundays.



Interlake-Eastern Regional Health Authority

Please join us for our Annual General Meeting:

Monday, October 2, 2017

École Powerview School

33 Vincent Street, Powerview-Pine Falls

5:30 p.m. Tradeshow

The health programs and services available in our region will be featured. Our Mobile Wellness Team, our program staff and our community partners will be available to provide expert advice and to offer healthy lifestyle ideas.

6:30 p.m. Annual General Meeting

There are many changes underway in health care. Join in a conversation between Dr. Brock Wright, president & CEO of Shared Health Services Manitoba, and Dr. Myron Thiessen, vice-president primary health care and chief medical officer of Interlake-Eastern RHA, as they explore health care change, why it's necessary and how you stand to benefit. We'll also review Interlake-Eastern RHA activities; presentation of the Community Leadership Award; and provide a question and answer period.

Everyone welcome. Refreshments will be served.

For more information call 1-855-347-8500
e-mail info@ierha.ca visit www.ierha.ca

The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline

Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



Denise Balcaen of Grande Pointe, pictured left, and her sister Kimberley Wawryk of Lockport were all smiles while crossing the finish line after running 10 kilometres during the seventh annual Lockport River's Edge Run for Neurofibromatosis along River Road in Lockport last Saturday morning. This year more than 100 runners took part and funds will be donated to the Manitoba Neurofibromatosis Support Group.

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> MEAL IDEAS

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Memphis-Style Dry Baby Back Ribs



Recipe courtesy of Pitmaster Tuffy Stone
 Prep time: 10 minutes, plus 30 minutes stand time
 Cook time: 4-6 hours
 Servings: 2-4
 Dry Rub:
 1/4 cup brown sugar
 1/4 cup kosher salt
 2 teaspoons chili powder
 1 1/2 teaspoons dry mustard
 1 teaspoon black pepper
 1 teaspoon celery salt
 2 slabs Smithfield Fresh Pork Back Ribs, membrane removed
 1/4 cup prepared yellow mustard
 apple juice or water, in spray bottle
 barbecue sauce (optional)
 To make dry rub: In small bowl

about 30 minutes before grilling, combine brown sugar, kosher salt, chili powder, dry mustard, black pepper and celery salt; mix well.
 Spread both sides of ribs with yellow mustard and sprinkle dry rub on top. Let stand at room temperature 30 minutes. Heat charcoal or gas grill to 250 F for indirect cooking.
 Place ribs, meaty side up, over drip pan and cook 4-6 hours until tender. Spritz ribs occasionally with water or apple juice using spray bottle.
 If using charcoal grill, add about 12 coals approximately every 45 minutes to maintain heat. Let ribs stand 10-15 minutes before serving. If desired, serve with barbecue sauce.

Sweet Sriracha Pork Skewers



Recipe courtesy of Pitmaster Darren Warth
 Prep time: 15 minutes, plus marinade time
 Cook time: 15-20 minutes
 Servings: 4
 1 Smithfield Fresh Pork Tenderloin
 1/2 cup agave nectar
 2 tablespoons Sriracha sauce
 1 teaspoon minced garlic

1 tablespoon soy sauce
 1 tablespoon rice vinegar
 1 pint fresh pineapple chunks
 wood skewers, soaked in water
 Trim skin off pork tenderloin and cut into 1-inch cubes.
 To make marinade: In bowl, combine agave, Sriracha sauce, garlic, soy sauce and rice vinegar, and whisk thoroughly.
 Pour marinade into re-sealable bag and add cubed pork tenderloin. Marinate for up to 24 hours in refrigerator. Place tenderloin and pineapple chunks on skewers,

alternating so pineapple is tight against tenderloin.
 Heat charcoal or gas grill to medium heat. Grill skewers, turning every 5 minutes, until all sides are grilled. Cook until tenderloin chunks have reached internal temperature of 145 F.

Grilled Lemon-Basil Pork Chops with Lemon-Basil Orzo



Serves: 4
 4 bone-in ribeye (rib) pork chops, about 3/4-inch thick
 3 small lemons
 2 tablespoons olive oil
 5 cloves garlic, minced
 1 1/2 tablespoons fresh basil, chopped
 8 ounces orzo
 salt, to taste
 pepper, to taste
 Zest and juice lemons. In small bowl, combine lemon zest, lemon juice, olive oil, garlic, and basil. Set aside 3 tablespoons of mixture. Transfer remaining mixture to large resealable bag and add pork. Set aside for 30

minutes, turning occasionally.
 Meanwhile, prepare orzo according to package directions. Drain and return orzo to pot. Stir in reserved lemon-basil mixture and salt and pepper to taste. Set aside to cool to room temperature.
 Prepare a grill to medium-high heat and lightly oil grate. Remove pork from marinade; discard marinade. Season pork with salt and pepper and grill until internal temperature reaches 145 F, about 4 minutes per side. Remove chops from grill and let rest 3 minutes.
 Serve chops with orzo.

Portable Veggie Kabobs with Tangy Veggie Dip



Prep time: 5 minutes
 Cook time: 10 minutes
 Total time: 15 minutes
 Servings: 6-8
 1 cucumber, sliced
 1 cup broccoli florets
 2 carrots, sliced
 8 cherry tomatoes
 6-8 wooden skewers
 Hidden Valley Simply Ranch
 Gently thread cucumber slices, broccoli, carrot slices and cherry tomatoes on skewers, placing 2-3 pieces of each veggie on each skewer to make a rainbow of colors.
 Serve ranch dressing with veggies for dipping.
 Tip: Add cheese cubes for protein on kabobs, if desired.
 Photo courtesy of Mick Jones



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In this Make & Take project workshop you will be making a double-sided 32" tall solid wood décor sign featuring a Scarecrow on one side for Thanksgiving & Halloween with a cute Snowman on the other side for the Christmas season.

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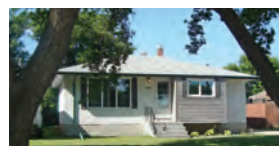
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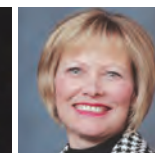
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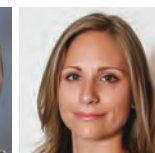
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Making a family move easier



fer from adults'. Many of these may pertain to fears about making new friends or coursework at a new school. Let them voice their opinions. Removing some of the mysteries by visiting schools or local hangouts before the move is made can assuage some fears.

Create some familiarity

Set aside boxes or bins that will house kids' toys or things that the family recognizes. These may include photographs, games, throw blankets, or the creature comforts of home. Make these the first items that are unpacked upon moving into the new house.

Use the agent as a resource

Many real estate agents live in the towns where they make their living. Find out if the agent can set up a meet-and-greet or if he or she knows of any clubs or leagues that suit your family's interests. Making a few introductions ahead of time will give children and adults some familiar faces on their first days in their new home.

Families shouldn't shy away from making their own introductions as well. Knocking on a few neighbors' doors and letting them know a new family is coming to the street can pave the way for familiarity and friendships.

Stay in touch

Encourage children to stay in touch with their current friends. Video chat enables kids to see and speak with peers. When things settle after the move, arrange for a surprise play date where children can introduce their old friends to newer ones.

Stick to a routine

One of the ways to breed familiarity is to stick to the same routine. If a big Sunday family dinner was the norm, continue the tradition in your new home. Wake in the morning and go to bed at the same time. According to Vanessa Lapointe, a registered psychologist in Surrey, British Columbia, structure and routine are key for children. Try to focus on one new thing at a time to minimize stress.

Moving can be exciting and scary at the same time. Children may be anxious about the process, but families can work together to iron out the kinks and settle into their new homes successfully.


Whether or not to relocate can be a difficult decision. Sometimes such decisions are borne out of necessity when a parent is relocated by his or her company. Other times it is a personal reason to try out a new neighborhood or upgrade to a larger home. Whatever reason is behind a move, it can take some time to adjust to both the idea of moving and the new living space - especially for children who may seem disconnected from the decision. The following tips can make the transition a little easier for families.

Talk about it

Do not blindside children with a move. Begin having conversations as a family as soon as the possibility of moving arises. Involve the children in some of the decisions. Ask about the features they want to see in their new home. Explain that people, be it prospective buyers, real estate agents or movers, will be visiting your current home and that this may be a little disruptive. Talk about the reasons for the move, such as a new job or that the family has outgrown the space. Kids can process much more than many adults give them credit for.

Discuss any concerns

Children may have concerns about the move that dif-



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Chimney maintenance a part of home safety

As temperatures drop and thoughts once again turn to lighting fires and sitting down with a good book, it's important to revisit chimney maintenance. Even though chimneys do not require daily upkeep, regular maintenance efforts help chimneys operate safely and prevent deaths and injuries while protecting homes from fire.

Various problems can arise when chimneys are not well maintained. Such problems include chimney fires, carbon monoxide poisoning and early failure of the chimney and heating sources that the chimney vents.

Carbon monoxide can be scary, as it is virtually invisible without a proper detector. The National Vital Statistics System says that, in 2015, 393 deaths

resulted from unintentional carbon monoxide poisoning in the United States. When carbon monoxide is breathed in, it builds up quickly and combines with the blood, reducing the blood's ability to carry oxygen. The Canada Safety Council says that body tissue and cells can't function without oxygen.

Chimney fires are another potential byproduct of poor chimney maintenance. The Chimney Safety Institute of America notes that chimneys expel the byproducts of combustion, including smoke, water vapor, gases, unburned wood particles, hydrocarbon, tar fog, and assorted minerals,

Continued on page 18


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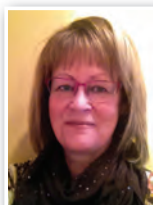
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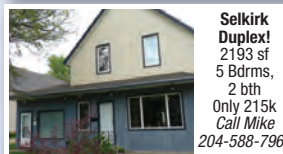
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Continued from page 17

which can condense on the inside of the chimney flue. The residue, called creosote, is highly combustible. With the right conditions, a chimney fire can occur.

To avoid chimney fires and other

risks, take these precautions, courtesy of CSIA, HomeAdvisor and Popular Mechanics.

- Have chimneys inspected annually and properly cleaned by a professional chimney technician.



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· Make sure tree branches and other obstacles are cleared away from the top of the chimney.

· Use seasoned hardwoods that have been split for several months to a year. "Green" wood creates more creosote.

· The top-down method of building a fire produces less smoke. This means using larger pieces of wood on the bottom and the smallest twigs and kindling at the top. The fire will burn from the top and down, igniting the wood beneath as it goes.

· Put a cap on the chimney to keep out rain, snow and small animals.

· Keep fires small; otherwise, the in-

tense heat may damage bricks and mortar in the chimney. Repair any damage promptly before lighting another fire.

· Open the damper and fireplace doors so that air supply flows freely and can vent the smoke promptly, reducing residence time in the flue; otherwise, creosote can form.

· Install smoke and carbon monoxide alarms throughout the home and routinely check the batteries.

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'We're still chasing hard'

Winnipeg couple reeling in catfish, raising cash for ALS

By Scott Billeck

When Dan and Eileen Coates set out this past spring, they had a radical idea and some lofty goals.

The husband and wife team of Winnipeg wanted to raise money for ALS, also known as Lou Gehrig's Disease, after the illness claimed Eileen's father years ago. To do so, they were going to fish – and fish a lot – trying to cast enough lines to catch 10,000 pounds of catfish on the Red River and raise \$100,000 in the process.

The idea set in motion "Catfish Buy the Pound" and the couple has spent well over 200 hours this summer catching as many fish as they can, with the current tally being somewhere in the 250 region – some 4,000 pounds pulled overboard with the end of the season drawing near.

Not bad for some amateur anglers who have now pulled in several master angler catches during their journey.

And while their goals may not be reached before the cold weather forces them off the river, don't think for a second they're disappointed with what they've accomplished.

"Absolutely not," Dan said this past week. "If we brought ALS awareness to one person, we were successful. If we raised \$1 for ALS, we were successful. All of this wouldn't have happened unless we did this."

Dan works for Valley Fashions in Winnipeg, a company that designs and supplies fishing jerseys and market display products for boat companies.

"Through those connections, we've introduced so many to awareness of the disease," he said. "Our Facebook

page has had 23,000 to 24,000 reaches. This is what we felt we needed to do and we feel that we accomplished that. We're not disappointed at all. Did we set goals? Yes. Did we set lofty goals? Of course. You have to set lofty goals. One of Eileen's favourite expressions is, 'failure is not trying.'"

And try they have.

The fishing season this year has been a challenge, to say the least.

"We've had a lot of pros tell us this has been one of the toughest years they can remember for catching fish, they've said we've done exceptionally well," Dan said. "The low water on the river has been a big challenge. It's been crazy, crazy low. There's rock popping up on the river that people didn't even know existed. Some of the places are starting to get dangerous."

The couple is also thankful for all the help they've received along the way.

Dan and Eileen have had a nice new boat to use for the season courtesy of MirrorCraft, a truck to drive it around, thanks to Chudd's in Gimli (that a

couple purchased for themselves) and a motor to get it up and down the Red from Suzuki. Olympic Building Centre has covered their fuel for the season as well.

The duo is aiming to be back on the water later this week, with a weekend full of fishing to come.

"We're still chasing hard," Dan said, figuring they'll surpass the \$5,000-mark before the season is through.

For more information, search "Catfish Buy the Pound" on Facebook.



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Basketball hoop finds new home at Selkirk Friendship Centre

By Scott Billeck

A new way for kids to keep active at the Selkirk Friendship Centre daycare arrived last week thanks to a generous donation to the program.

A new basketball hoop was donated by the prize winner of a silent auction item at the Netley Creek Golf Club Charity Golf Classic back in August.

The donor gave the mobile basketball hoop back to the golf course with the intention of allowing the golf course to find a suitable home for it.

Netley Creek had been running a golf tournament to raise funds for breast cancer for 15 years prior to teaming up with KidSport two years ago, and through their newfound partnership, KidSport was able to assist in finding a new home for the hoop.

"We're really happy to team up with KidSport and they've found a new home for it," said Bonnie Dalman, manager of golf operations, special events and programs at Netley Creek. "We wanted to look within Selkirk and the Interlake area. The friendship



RECORD PHOTO BY SCOTT BILLECK

A new mobile basketball hoop has found a new home at the Selkirk Friendship Centre for their daycare program.

centre came to mind first and they needed it."

KidSport aims to break down barriers by providing financial assistance

for families who can't afford to enroll and equip their children to play sport in the province.

The daycare's programs are all

screen-free, meaning there's no TVs, computer screens or tablets for the kids to use. Instead, Fiddler explains that the daycare makes every effort to connect kids with the outdoors, nature and physical activity.

Lorie Fiddler, director of the Selkirk Friendship Centre daycare, said the new piece of equipment will go a long way at the busy daycare.

"It's a great donation for us because it is something we don't have," she said. "A lot of the kids here don't have opportunities for outdoor play. They live in apartment blocks and that sort of thing, so this is where they get their physical activity. The more choices they have for play is better."

Fiddler said nearly everything in their playground has been fundraised and donations like the new basketball hoop are vital.

"Most of our budget goes to paying our staff and normal programming," she said. "So anything extra like that, we do have to rely on the kindness of others."

The *Selkirk Record* presents

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The advertisement features a collection of various sports jerseys hanging on a wooden rack. The jerseys include a blue Toronto Maple Leafs jersey, a white Golden State Warriors jersey, a red and white Selkirk Steelers jersey, a blue Toronto Blue Jays jersey, and a red and white Selkirk Steelers jersey. A mascot, a brown bear wearing a white jersey with "Selkirk Record" on it, is on the left. A puck toss sign is on the right. The background is a wooden wall.

Tourism awards recognize dedication of local volunteers

By Natasha Tersigni

Interlake Tourism Association (ITA) held their 16th Annual Members Awards Dinner celebrating various people and organizations that have worked throughout the year to promote local tourism.

Awards were handed out in eight different categories during the evening at the Hitch n' Post in Grosse Isle on Sept. 14.

Award recipients were nominated following a public call with final award winners being determined by a panel of judges.

For his contributions to several community organizations including the West Interlake Trading Company, Warren and District Lions Club and the South Interlake ATV Cub Warren resident Charlie Amy was presented with the Volunteer of the Year Award.

Stonewall's Association for Community Living retail store Global Garage and

Art House was awarded the Community Futures East Interlake Economic Development Award that recognizes a municipality, town, group or business that has undertaken a community project or activity in the last 18 months that has or will have significant and long-term economic effect on the community.

Other organizations and individuals that were recognized throughout the evening included the RM of Grahamdale's and Community Development Corporations' Business Incentive Program (Community Futures West Interlake Economic Development Award); Gimli Glider Exhibit (Event of the Year With Budget Under \$5,000); Gimli Yacht Club (Event of the Year With Budget Over \$5,000); Eriksdale Creamery Days Fair and Rodeo (Partnership Award); Skinners Locks Market (Innovation Tourism Award) and Eriksdale resident Andrea Sweetland (Interlake Award of Distinction).

All hands on deck for fire truck pull



RECORD PHOTO BY LINDSEY ENNS

Members of the Selkirk Fire Department pull a fire truck during the fifth annual Guns N' Hoses Fitness Competition in Selkirk last Saturday afternoon. This year's fitness challenge champs was a team from the West St. Paul Fire Department

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9:30-10:15 Birch Syrup Presentation
11 am Robin Chestnut - Juggler
11:45 am Cutest Baby Contest
12:30 pm Bee Keeping Presentation
1 pm Wool Spinning Presentation
2 pm Fiddle - Patti Kusturok
3 pm Raising Chickens Presentation

Behind Hall

10:30-11 Giant Pumpkin Weigh Off
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk's Adams receives Order of the Buffalo

By Brian Bowman

Selkirk's Zachary Adams was bestowed with the province's highest honour last week.

Adams was presented with the Order of the Buffalo at the Legislative Building in Winnipeg. He was also recognized by the City of Selkirk.

"I really didn't expect (to be honoured)," said Adams. "I thought I was just going there for the reception and have a little bit of food and drink."

"But it was quite the honour to receive it from all of all of the political heads."

Manitoba Premier Brian Pallister, Winnipeg Mayor Brian Bowman and Selkirk Mayor Larry Johannson recognized the athletes who won medals at the 2017 Canada Summer Games by co-hosting the ceremony.

Adams won a bronze medal for Manitoba in the canoe/kayak K4 200-metre sprint. He was presented with a certificate for being honoured with the prestigious Order of the Buffalo.

"It was such a huge honour to receive this," Adams said proudly.

Manitoba athletes won 42 medals at the 2017 Canada Summer Games, a new record for the province with 10 gold, 15 silver and 17 bronze medals.

Manitoba received the Centennial Cup as the most improved team from

the previous Canada Summer Games in 2013. Manitoba also won the Centennial Cup in 2013 with 35 medals and is now the only jurisdiction to win back-to-back Centennial Cups.

"Team Manitoba athletes who participated in this summer's Canada Summer Games represented the province with pride and Manitoba will honour all medal-winning athletes by inducting them into the prestigious Order of the Buffalo Hunt," said Manitoba Premier Brian Pallister in a media release.

"Manitoba athletes won more medals at these Canada Summer Games than any of our teams before them and that achievement deserves to be recognized."

Manitoba's Order of the Buffalo Hunt was established in 1957. The honour is bestowed by the province on individuals who demonstrate outstanding skills in the areas of leadership, service and community commitment.

Other prominent Order of the Buffalo Hunt inductees include former U.S. President Jimmy Carter (1993), Desmond Tutu (2004) and Mother Teresa (1982).

"This summer, we were all inspired by the fantastic performance of our athletes who did an amazing job of



RECORD PHOTO SUBMITTED

Selkirk's Zachary Adams, third from the left, received the Order of Buffalo and was also recognized by the City of Selkirk at a ceremony in Winnipeg last week.

representing Manitoba," said Winnipeg Mayor Brian Bowman.

The Canada Summer Games featured 16 sports, more than 250 events, and attracted more than 4,000 athletes

and coaches.

The Canada Games are the largest multi-sport event for young athletes in the country.

Selkirk spikes its way to JV girls' tournament title

By Brian Bowman

It didn't take the Selkirk Royals junior varsity girls' volleyball team long to win a tournament this season.

In fact, it took just one tournament.

The Royals were deservedly crowned champions at the Buckeye Invitational tournament last Saturday in Winnipeg.

"They played really well," said Royals' head coach Victoria Sherwood. "We talked about our goals after try-outs for the season and we definitely are looking to be at least top three, or winning, all of our tournaments."

Selkirk won the title on Saturday after defeating the Sturgeon Heights Huskies 2-0 in the final.

"We stuck to our game plan and

served tough," Sherwood said. "We didn't let the other team go on any runs. We shut them down pretty quickly."

Selkirk started the playoffs with an exciting 2-1 (22-25, 25-10, 15-10) comeback win over the Warren Collegiate Wildcats.

"It was our first match in the morning and we started really slow," Sherwood admitted. "We didn't have our best set. But we fought back and took them to three sets and executed our game plan a little bit better in that second and third set."

The Royals then swept the River East Kodiaks 2-0 (25-21, 25-10) in the semifinals.

"We had a slow start (again) and

then fought back," Sherwood said. "Same thing, we didn't let them go on any (big) runs in the second set and shut them down."

Selkirk left sides Peyton Wagner and Makenna Wryha were named tournament all stars.

"Peyton played some amazing defence in the back row and got a lot of great digs for us and was hitting from the front row," Sherwood said. "Makenna also played great defence and had some really tough serving. She also had a lot of great kills from the front row."

In pool play Friday, Selkirk swept Miles Mac (25-5, 25-9), Garden City (25-16, 25-6), Vincent Massey (25-17, 25-14) and Sturgeon Heights (25-24,

25-15).

Sherwood is excited about this upcoming season – and she should be. The Royals are loaded with Grade 10 talent this season and have high expectations at both the KPAC and provincial levels.

"I've coached this group of girls previously at 14U for the club season and they have been playing together for four years now," Sherwood noted. "They really click together and know how to work together."

"We're excited as how things are going to go this season."

The Royals will be looking to make it two tournament wins in a row this weekend when they compete at MBCI this Friday and Saturday.

Defence leads Thunder to exciting home victory

By Brian Bowman

With the game on the line, the Interlake Thunder's defence came up with some huge plays against the Sunrise Coyotes.

And that stellar defensive effort led the Thunder to an exciting 13-12 win over the Coyotes in Midget Football League of Manitoba regular-season action Sunday in Stonewall.

"We escaped with a win," said a relieved Thunder head coach Mitch Obach. "It was stressful being on the sidelines, for sure, but it's a lot more fun when the games are close like that."

The Thunder had a costly fumble inside their 10-yard line late in the fourth while leading 13-6. Sunrise capitalized on that miscue and scored a touchdown with 1:21 remaining before attempting a two-point conversion to take the lead.

But that's when the Thunder defence came up with a huge defensive stand to preserve the lead.

"The 'D' got the job done for us a number of times," Obach stressed. "And they stopped both of the Coyotes' two-point conversion attempts that they tried."

Interlake scored a touchdown late in the first quarter and then added another major midway in the second to lead 13-0.

Running back Jorden Lingbeck scored both of the Interlake's TD's. He did a nice job complimenting the strong running of Colton Nedotiafko, said Obach.



Thunder quarterback Carlin Doak of Selkirk looks to make a pass.

But Sunrise got right back in the game with just one play at the end of the first half. The Coyotes picked off a Thunder pass and scooted in for a touchdown.

"I guess I learned my lesson and should have had our (quarterback) take a knee," Obach said sheepishly. "But I thought I would let our quarterback throw one up and it was kind of a bounce-around jump ball that the second defender caught and took back for a pick-six."

Both teams were moving the ball offensively in the second half but could not punch the ball into the end zone.

With the win, Interlake improved its



RECORD PHOTO BY LANA MEIER

The Thunder's Jorden Lingbeck of Selkirk scored both Interlake touchdowns

record to 2-1 and the Thunder are now in sole possession of second place in the four-team league. Sunrise, meanwhile, fell to 0-3 and occupies last place.

Both teams will hook up again this Sunday in Oakbank with a 1 p.m.

kickoff. This is another key game for the Thunder in what is a short season.

"We can potentially put some space between us and both the Falcons and Coyotes if we can pull (a win) out this week," Obach said.

Albert earns spot at MHSAA golf provincials

Staff

The Selkirk Royals' Mikyla Albert has earned a spot at the MHSAA golf provincials after firing an impressive 80 at the KPAC championships last week.

That was the lowest score in the

11-player female field. Albert was three strokes better than Garden City's Dayna Dubnicoff and well ahead of the rest of the field.

Garden City won the team event, combining for a 307 score. Miles Mac was the only other team competing,

finishing at 318.

Selkirk's other golfer was Lilly Hoydalo. She carded a 122.

On the boys' side, Selkirk finished third in the team event after firing a 248 total. Easton Donohoe led the way for the Royals with a solid 77, followed

by Brady Bandura (80), Kason Andrushko (91) and Adam Trudeau (96).

Miles Mac won the team event, finishing with a 227. That was eight strokes better than West Kildonan.

The MHSAA golf provincials will take place this Friday in Gilbert Plains.

Collings ties for 18th at Canadian senior golf championship

Staff

Manitoba finished tied for third place with Quebec at the Canadian Men's Senior Golf Championship last week at the Kanawaki Golf Club in Quebec.

Both provinces wrapped up play with 299 scores, which was 16 strokes

back of Alberta and just four behind British Columbia.

Individually, Matlock's Garth Collings (Breezy Bend) finished tied for 18th after closing with a 295 after four days of competition. The 59 year old had rounds of 71, 75, 73 and 76.

Manitoba teammates Mike Walker

(St. Boniface) finished tied for 56th while Brett Clague (St. Boniface) missed the cut.

Other Manitobans competing were Brian Katchnoski and Barry Minish, who also missed the cut.

American Gene Elliott carded an even-par 70 during the final round to

claim the 2017 Canadian Men's Senior Championship to hoist the John Rankin Memorial Trophy.

The native of West Des Moines, IA, finished at 3-over 283 for the championship, which was good enough for a 2-shot win over third-round leader Doug Hanzel of Savannah, GA.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers set for MJHL regular season

By Brian Bowman

The MJHL preseason is now over for the Selkirk Steelers – and the regular season is about to begin.

The Steelers finished their exhibition schedule with a 3-4 record but the games will finally count this Friday when Selkirk visits the Steinbach Pistons.

“I’m really pleased with the shape that the returning vets are in,” said Steelers’ GM/director of hockey operations Ken Petrash Monday afternoon. “But it’s hard to judge in exhibition because the year we won the RBC Cup, we never won an exhibition game.”

Selkirk wrapped up its regular season with a 5-0 road loss to the Pistons in Steinbach on Saturday. The Steelers’ dressed a younger lineup in the game.

Braden Purtill and Bradley Schoonbaert (two) scored in the first period and then Drew Worrada and Drew An-

derson tallied in the second.

Last Friday, the Steelers doubled the Pistons 4-2 in Selkirk.

“That was a real solid game,” Petrash said.

Selkirk’s Ryan Piwniuk and Steinbach’s Anderson traded first-period goals and then the Steelers took a 4-1 lead on goals from Carson Tiede, Carter Barley and Ryan Gardiner.

Petrash is excited to have Gardiner, Mark Wilson, Eric Lavoie and Colby Dudek on the Steelers’ back end this season.

“We have a real solid top-four and other guys that are real solid,” Petrash said, noting 16 year old Colby Jaquet has really played well during the pre-season.

Purtill then closed out the scoring at 19:30 of the second period. Hayden Dola made 34 saves for the win.

On Sept. 13, the Thief River Falls Norskies made the trip up to Canada a successful one, skating home with



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Steelers’ Brady Castellano (22) braces for a hit from Thief River Falls’ Michael Johnson during preseason action last week at the Rec Complex. The Norskies won the game 3-2.

a 3-2 victory at the Selkirk Rec Complex.

Michael Johnson scored the game winner at 13:19 of the third period.

For the second game in a row against Thief River Falls, Selkirk had a strong start to the game as Bronson Kelly and Will Middleton scored just 47 seconds apart near the midway mark of the opening period.

But the Norskies came back with a pair of goals from Mitchell Soderberg.

Austin DeBoer and Landon Poiron split the goaltending duties for Selkirk. DeBoer impressed the Steelers’

brass but has since been released by the club and has joined the KJHL’s Selkirk Fishermen.

The Steelers will start their regular season this Friday in Steinbach and then the Pistons will visit Selkirk on Saturday. Both games begin at 7:30 p.m.

Saturday’s Steelers’ home opener is Jersey Night - sponsored by the *Selkirk Record* - with all kids 12 years or younger admitted free while wearing any type of jersey.

Those kids will also be given a free bag of popcorn.



The Steelers’ Ryan Piwniuk (18) and Nash Dabb (6) look to put the puck past Thief River Falls’ goalie Bailey Schmitz.

Locals lead Raiders to MMJHL season-opening win

Staff

After winning the Manitoba Major Junior Hockey League title a season ago, the Raiders Junior Hockey Club could be excused if they didn’t take their first game of the season all that seriously.

But the Raiders would have none of that talk in their 6-2 season-opening win over the River East

Royal Knights last Sunday.

Lockport’s Brandon Paradossi scored a pair of third-period goals and added a second-period assist in the lopsided win.

Another local player, Kale Ilchena, also scored for the Raiders while former Selkirk Steeler Carson Rybuck had a pair of goals.

The Raiders, who outshot River East 47-18, will visit the Stonewall Jets this Friday (7:30 p.m.). Those two teams met in last year’s MMJHL final.

The Raiders will then host the Charleswood Hawks on Sunday afternoon (2:30 p.m.) at the Seven Oaks Sportsplex.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Fishermen stop St. Malo in preseason opener

By Brian Bowman

Training camp is a time for player evaluation – and the Selkirk Fishermen have really liked what they have seen so far with a young group of players.

The Fishermen began their KJHL preseason last Sunday evening with a 6-4 home win over the St. Malo Warriors. There were plenty of new faces in the Fishermen's lineup in their preseason opener.

"The four goals that we gave up was just a matter of the guys getting used to working together and understanding different roles they have in the defensive zone," said Fishermen head coach Chris Poponick, noting they still have "23 or 24 players" in camp.

"We broke down a little bit and Malo has some veteran guys in their lineup and they capitalized."

Tied at 4-4 in the third, Talon Kelly and Dawson

Courchene scored to give the Fishermen a lead they would never relinquish.

Sage Guimond, Alex Ashton and Damien Catchaway scored for Selkirk in the first period and then Brady Thompson tallied in the second.

Despite outscoring St. Malo 3-1 in the opening 20 minutes, St. Malo dominated early in the period.

"They outshot us 10-0 before we got the puck into their zone," Poponick noted. "There were lots of new guys getting the nerves out, which was very indicative of the first period."

"But once the guys realized that there was just a bunch of human beings on the other side with skates and equipment on playing the same game, they settled in and played quite well."

Tyler Cormier, Tyrel Buechent, Hayden Hildebrandt, and Alex Murray replied for St. Malo.

Riley Bannerman and Austin DeBoer split the goaltending duties for Selkirk. DeBoer, a late cut by the Steelers, played high school hockey last season for the Selkirk Royals.

Bannerman and DeBoer should give the Steelers' a very good goaltending tandem this season.

"Austin is a good, young 17-year-old goalie and we expect a lot of great things out of him," Poponick said. "With those two in net, that's a formidable tandem."

Selkirk visited the North Winnipeg Satelites Tuesday evening but no score was available at press time. The Fishermen will then play the Warriors in St. Malo this Sunday. Game time is 2:30 p.m.

MJHL, SJHL to host joint Showcase

Submitted by the MJHL

The Manitoba Junior Hockey League and Saskatchewan Junior Hockey League announced last week that they will host the first-ever MJHL/SJHL Showcase.

The Showcase will be held at the Co-operators Centre in Regina from Jan. 15-16. The Showcase will feature the top 60 players from each league.

Three teams from each league will consist of play-

ers 16 to 20 years of age selected by the coaches from each league. One team will be comprised of players who are 18 and under while the other two teams will be made up of players who are 19 and 20 years old.

Each team in the event will play two games.

"The MJHL is extremely excited about the opportunity to collaborate with the SJHL by showcasing the top players in our league in a new event that

gives our players a chance to showcase their skills and abilities for scouts from all higher levels of hockey," said MJHL commissioner Kim Davis in a media release.

"When discussing what the league could do to promote its players even more than it currently does, the two leagues jointly determined that an event such as this would fit the need for player and scouts."

Royals begin boys' exhibition hockey schedule

Staff

The Selkirk Royals' boys' hockey team saw its first game action of the season last weekend, finishing with a 2-1 record at a mini tournament held at the Seven Oaks Sportsplex.

Selkirk started the tournament with a solid 8-3 win over Miles Mac and then they edged St. Paul 2 by a 5-4 score.

Selkirk wrapped up play with a 5-4 loss to Gabrielle Roy.

"We have a big batch of Grade 10s that are competing for spots," said Royals' head coach Brad Hrymak, noting the team lost 10 players from last year. "We had a lot of different line combinations going and we had a good mix of the Grade 11s and 12s on each line."

"Somebody was producing each game."

The Royals will play exhibition games this Monday and Tuesday before their roster is finalized on

Sept. 26. Monday's game will see River East visit the Selkirk Rec Complex at 4 p.m. and then the Royals will battle the Garden City Fighting Gophers the next day at the Seven Oaks Sportsplex (4:15 p.m.).

Selkirk has already had its first round of tryouts, said Hrymak, and has 21 skaters and three goalies left in camp. The Royals began training camp with 34 skaters and six goalies trying out for the team.

Selkirk decided to split the players into two groups, which the Royals don't normally do, for training camp.

"Instead of looking at 34 kids on the ice at once, we were able to look at anywhere from 16 to 20 per group at any given time," Hrymak explained. "It gave us a real good opportunity to see these kids at the skill level, combined with them in the games."

Selkirk's final exhibition game is set for Oct. 4 while the Winnipeg High School Hockey League season begins Oct. 10. The Royals expect to be very

competitive while playing in the WSHSL's top division again this season.

Still, Selkirk is still waiting to see what players from the area fail to make Midget "AAA", City Midget, or Junior "B" teams.

"It's a waiting game right now," Hrymak admitted. "But no matter who is here, we're going to be in the top half of the league again."

Meanwhile, the Selkirk Royals' girls' hockey team was waiting for a league meeting to be held this past Tuesday evening so they could see their pre-season tournament schedule.

Selkirk expects to play three exhibition games from Sept. 27 to Oct. 1, according to Royals' head coach Noah Cain.

The Winnipeg Women's High School Hockey League's regular-season scheduling meeting is set for Oct. 3.

Classifieds

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The Selkirk Record

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For sale in sunny Yuma Az. 38 ft. fifth wheel, triple slide set-up as a park model. Includes storage shed with fridge and freezer. Unit is fully skirted, new flooring and roof in last 3 yrs. Turn- key sale. \$10,000. U.S. obo. Email gavidson@mymts.net or ph. 204-785-8285, cell 204-785-3991.

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

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MOBILE HOMES

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CONDO FOR SALE

Condo for sale or rent, 2 bedroom, 2 bath at River Creek Estates in Lockport. Outstanding 5th floor view of Gun's Creek, large storage room with in-suite laundry and all appliances included. Heated indoor parking, no smoking, no pets. \$1,500/month, utilities included or for sale asking \$235,900. Ph. or text 204-406-8014.

Classified listing booking deadline is Monday 5 p.m. prior to Thursday's publication. Call 785-1618

PROPERTY FOR SALE

LAND FOR SALE BY TENDER - Completed Tenders and a \$20,000.00 deposit will be received up to 4:00 PM on September 29, 2017 (the "Deadline") at: MLT Aikins LLP 30th Floor - 360 Main St, Winnipeg, MB R3C 4G1 Attn: Michelle R. Redekopp. Ph: 204-957-4698 Fax: 204-957-4228. Email: mrredekopp@mltaikins.com

Property for Sale in the RM of Alexander between Road 94N and Road 94N and also between Road 46E and Road 47E S 1/2 OF 26-16-8 EPM, SUBJECT TO THE RESERVATIONS, PROVISOS AND CONDITIONS RESPECTING MINES, MINERALS, MINERAL OILS AND OTHER MATTERS AS THE SAME ARE

MORE FULLY SET FORTH IN TRANSFER 894308 WLTO (320 acres) all as more particularly described in the Vacant Real Estate Tender. Conditions of Tender

1. Tenders to be in the form prepared by MLT Aikins LLP. To obtain a Tender form or more information, contact Michelle R. Redekopp at MLT Aikins LLP at the contact information above. 2. Each Tender must be accompanied by a certified cheque, payable to MLT Aikins LLP (in trust), in the amount of \$20,000 (the "Deposit"). 3. Deposits of Tenders not accepted by October 15, 2017 will be returned to the bidders after October 15, 2017. 4. The possession date and the due date of the balance of tender

price shall be on November 30, 2017. 5. If the balance of the accepted Tender is not paid on or before the possession date, the Deposit paid will be forfeited to the Vendor. 6. The successful bidder shall be responsible for payment of the GST or shall self-assess GST. 7. Bidders must rely on their own inspection and knowledge of the property. Successful bidders will be responsible for the payment of property taxes commencing December 1, 2017. 8. **The highest Tender or any Tender will not necessarily be accepted. The Vendor is not obligated to sell any of the land or to accept any Tender.**

take a break > GAMES

SUDOKU

8				9				
			2			1		6
								2
1			5		7			
	2				6		7	
		6					3	
	3		9	5				
	7		1			4		
	4				8		5	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	9	6	8	7	9	1	4	2
8	9	4	2	8	1	6	7	5
7	1	2	4	5	6	8	8	9
1	8	5	6	2	4	9	8	7
6	7	8	9	1	8	5	2	4
4	2	9	7	8	5	8	6	1
2	6	7	9	9	8	4	1	8
9	8	1	8	4	2	7	9	6
5	4	8	1	6	7	2	9	8

Sudoku Answer

E	K	A	S		A	T	E	R	V	B									
A	T	E	T	V	T	U	C	I	T	R	A								
L	V	A	E	N	E	G		S	E	L	O	G	V	E					
	S	A	P	V	T			S	N	O	T	V							
			C	V	S					I	U	R	V						
						H	E	D	E	S		K	L	O	P				
						M	V		S	E	K					A	M	S	
						V	A	T		D	O	S							
						K	E	V	S										
						T	D												
						S	A	V	S		S	S	V						
						R	O	H	T										
						E	T	C	O	R					I	M	E	L	E
						S	T			C	O	D	E		M	R	A	V	E
										S	T	N	E	R	V	D	N	A	V
										S	E	L	I		M	S		K	E

Crossword Answer



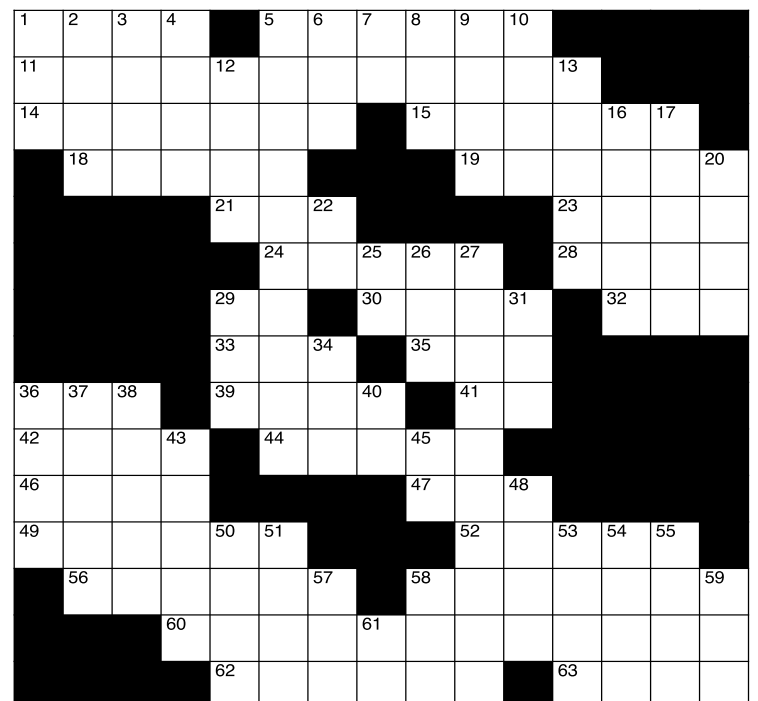
CROSSWORD

CLUES ACROSS

1. Defunct social networking service
5. Facial expressions
11. Forebears
14. A portable gun
15. Decrees
18. Resin obtained from tropical trees
19. One who divines the future
21. River in Oregon
23. Norse god of thunder
24. It's on the lawn
28. Speaks
29. Polish beer
30. Ethnic group in Laos
32. Insecticide
33. Surface of the ground
35. Third-party access
36. Senior officer
39. Makes a living with difficulty
41. Expression of sympathy
42. Former U.S. president
44. Passover feast and ceremony
46. Wild sheep of northern Africa
47. Pouch
49. Public buildings
52. Type of cuisine
56. "Hotel California" rockers
58. Universal
60. Eloquently
62. Scantily
63. Japanese alcoholic drink

CLUES DOWN

1. Kilogram force (abbr.)
2. Lake __, one of the Great
3. Seahawks safety Thomas
4. Take a __
5. Gazelles
6. One's mother
7. Iridium
8. Comics writer Stan
9. Within
10. Excite
12. Long-legged gazelle
13. Leaves
16. African nation
17. System of handcraft-based education
20. Formerly (archaic)
22. Argon
25. Equally
26. Standardized test
27. Not part of
29. Midway between east and southeast
31. Native American tribe
34. Marlins infielder Gordon
36. Places to relax
37. Phonology units



38. Bastard wing
40. South Dakota
43. Lake in Uganda
45. Spanish be
48. Town in Galilee
50. Mediation counsel
51. Hair-like structure
53. Domesticated animals
54. Region
55. He cured polio
57. Title of respect
58. Carpet design
59. Strongly alkaline solution
61. Cerium

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COMMERCIAL SPACE FOR RENT

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1 and a 2 bedroom suite available at Tollak 1 Building. No smoking and no pets. Rent is \$1030/mo. for 1 bedroom and \$1,015/mo. for 2 bedroom plus \$46 for parking. Inquires at 204-482-2751 or 204-485-0246 or tollakplace@outlook.com

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Female looking for small apartment or room for rent in Selkirk. Quiet, non-drinker. Call 204-492-8655.

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Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

Winnipeg Livestock Sales requires yard staff. Part time with potential of full time. Cattle handling an asset but not necessary. Drop off resume at Winnipeg Livestock Sales corner of Hwy. 6 & 236 or call 204-299-7509.

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HELP WANTED

Galay Landscaping currently has positions available for landscape technicians and general labour for fall landscaping and snow removal winter work. Some past experience is appreciated, however all training will be provided for candidates with a positive attitude, who can work hard, who want to learn new skills, and who are self-motivated. We offer a fun and safe work environment, good pay, group benefits, and advancement opportunities for those who qualify. Applicants must have a valid class 5 driver's license and reliable means of transportation. A driver's abstract and criminal records check may be requested upon hiring. Please respond only by emailed resume to info@galay-landscaping.com

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Round-Tuit Cleaning Services has an opening for a permanent, PT position Mon-Fri, afternoons. Applicant must be mature, responsible, dependable, physically fit, and have an eye for detail. Successful applicant will have a clear criminal record, have a driver's license and a reliable vehicle to get to work. Call 204-785-3257 for application information. Sub-Contractors need not apply.

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NOTICE OF PUBLIC HEARING

BY THE MUNICIPAL BOARD OF MANITOBA [PLEASE NOTE CHANGE IN HEARING DATE]
RE: RURAL MUNICIPALITY OF ST. ANDREWS BY-LAW NO. 4286
(MUNICIPAL BOARD FILE NO. 17E8-0013)

PUBLIC NOTICE is hereby given, under the provisions of The Municipal Act, S.M. 1996, c.58 and The Municipal Board Act, R.S.M. 1987, c. M240, that The Municipal Board will hold a public hearing for the purpose of hearing any presentations or objections to or in support of the proposed By-Law. **The public hearing will take place on Wednesday, November 1, 2017 at 6:30 p.m. and if required, Thursday, November 2, 2017 at 10:00 a.m. and Friday, November 3, 2017 at 10:00 a.m. at the St. Andrews Community Club, 28 St. Andrews Road, St. Andrews, Manitoba.**

The By-Law proposes to authorize the construction of a new regional wastewater collection system to service Phase 2 of Local Improvement Plan No. 2017-01. This involves the construction of a regional wastewater forcemain from River Road to Donald Road, a lift station and odour control system at Donald Road and low pressure sewer lines throughout the Phase 2 service area. The estimated cost of the project is \$15,600,000.00. The project has received funding from; the new Building Canada Fund - Small Communities Fund in the amount of \$4,500,000.00, Manitoba Water Services Board \$2,750,000.00 and the Rural Municipality of St. Andrews Federal Gas Tax Reserve Fund in the amount of \$1,034,111.00. The balance in the amount of \$7,315,889.00 will be borrowed by the Municipality.

A copy of the By-Law is available for review at the Municipal Office and at The Municipal Board.

In addition, the Board requires that any party who intends to submit as evidence at the hearing any written material or other documents, shall file four (4) copies of that material with the Board and one (1) copy with the Municipality for public review, at least 10 working days prior to the hearing.

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at the R.M. of St. Andrews Office, in Clandeboye, Manitoba, this 14th day of September, 2017.

Brenda Loewen, Acting Secretary
The Municipal Board, 1144 - 363 Broadway, Winnipeg, MB R3C 3N9
204-945-4014

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Classified listing booking deadline is Monday 5 p.m. prior to Thursday's publication. Call 204-785-1618



Chief Administrative Officer R.M. of East St. Paul

Applications are being accepted for the position of Chief Administrative Officer.

Job description and application information can be found at www.eaststpaul.com under Government/Employment Opportunities.

DEADLINE FOR SUBMISSION

Submissions will be reviewed as early as September 26, 2017 however the posting will remain open until a suitable candidate is located.

We thank all who apply. Only those selected for further consideration will be contacted.

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To work on site at the Nursing Home
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Rate of Pay: \$15 - \$20 per hour 24 hours per week (Tuesday, Wednesday, Thursday) starting as Soon As Possible

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Employment Conditions: Day 8:30 to 4:30

Job Requirements

Language: English

Education: College Bookkeeping/Accounting Certificate 1 -2 years or University Bachelor's Accounting Degree

Experience: Bookkeeping 2-3 years, Nursing Home/PCH Booking experience desirable but not required.

Security and Safety: Criminal Record Check - Vulnerable person, Bondable, Adult and Child Abuse Registry Checks.

Transportation: Own car, Public transportation available.

Personal Suitability: Effective interpersonal skills, excellent oral communication, organized, judgment, excellent written communication, accurate, client focus, Team player, reliability, dependability, flexibility.

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Specific Skills: Post Journal entries, maintain general ledgers and financial statements, prepare trial balance of books, prepare other statistical, financial and accounting reports, keep financial records and establish, maintain and balance various accounts using manual and computerized bookkeeping systems, calculate and prepare cheques for payroll, reconcile accounts, and Resident/Client Trust accounts.

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McSherry Auction

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Stonewall, MB

Estate & Moving Auction
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PERSONAL

TO: MATTHEW MURRAY-RASKE - There is an important matter affecting a child to be heard at the Court-house, 101-235 Eaton Avenue, Selkirk, Manitoba on October 5, 2017 at 11:00 a.m. If you do not attend on October 5, 2017 at 11:00 a.m., the matter may proceed without further notice to you. For further information, please contact: Jennifer Rye Metis Child, Family and Community Services 100 Sutherland Avenue, Winnipeg, Manitoba R2W 3C7, (204) 927-6910. Please take note that all information is kept strictly confidential.

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Announcements

The Selkirk Record

ANNOUNCEMENT

BIRTH ANNOUNCEMENT



Jones Elliot Ostash

Jones Elliot Ostash born June 1, 2017 to Jane Storoschuk and Jon Ostash.
Grandparents: Heather & Cal Truscott, Terry and Jean Ostash, and Jennifer & Rick Storoschuk.
Great-grandparents: Arlene and Lyle Robertson, and Rae and Bruce Avison.
Jones is wearing a 128 year old christening gown and laying on a blanket that's over 50 years old, both family heirlooms passed down.

ANNOUNCEMENT

IN MEMORIAM



Goldie Lynn Ann Maliszewsky
December 11, 1957 – September 24, 2014

There will always be a heartache,
And often a silent tear;
But always precious memories,
Of days when you were here.
Though your smile is gone forever,
And your hand we cannot touch;
We'll remember all the good times,
With the one we loved so much.
Your memory is our keepsake,
With which we'll never part;
God has you in His keeping,
We have you in our hearts.

-Lovingly remembered and sadly missed
by your family

ANNOUNCEMENT

IN MEMORIAM



Henry Telke

November 25, 1941 – September 21, 1987
It's been 30 years.

A love lost, but not forgotten.
Partings come and hearts are broken,
Loved ones go with words unspoken.
Deep in our hearts there's a memory kept,
For a husband and father we'll never forget.

-Lovingly remembered by Anne, Irene,
Brenda, Danny and their families

OBITUARY

Brian G.T. Gilhuly



Following a brief illness, Brian passed away on September 8, 2017 at the Selkirk Regional Health Centre.

Brian was predeceased by parents George and Grace Gilhuly; his dear aunt, Bess Macintosh; aunt Mary Sutherland (George); uncle Don Macintosh (Gert). He is survived by cousins Rosemary Nowicki of Vancouver, BC., Wanda Nowicki of Gibsons, BC, Terri Shaw of Nanton, AB, George Macintosh of Red Deer, AB and Doug Macintosh of Arnes, MB, as well as numerous friends.

Born, raised and educated in Selkirk, Brian received his CA from U of M in 1966. A career as a CA was enjoyed with McDonald Currie, followed by a lengthy profession with CoopersLybrand and then the amalgamation of PricewaterhouseCoopers until his retirement in 2001.

Brian enjoyed many years in league bowling, curling and golfing. Brian took up the game of golf at age 14 and was awarded an Honorary Life Membership at Selkirk Golf & Country Club 2004. He was honored by the Province of Manitoba with an Order of Sport Excellence for 25 years of dedicated service to Amateur Golf. In 2010 Brian received the highest award accorded by Golf MB, the "Distinguished Service Award". His long association with Golf MB began in 1986 as Selkirk representative, then served on Board of Directors from 1989. He served as Finance Chair from 1990 to 2005 and was a Course Rater from 1991 to his final days on a course in July. Brian was also an avid Blue Bomber fan being a season ticket holder for 65 years.

Following his retirement, Brian enjoyed many winters in Florida where he continued his passion for golf. Brian will always be remembered for his commitment to his community, his years in Knox Church choir, and for his loyalty to his family and friends. Brian volunteered at various sporting events throughout the community, being the ultimate Treasurer for each event.

Special thanks are extended to Drs. Kevin Coates, Ali Khan, Prematilake, the Staff of Victoria Hospital Surgical Ward, Melanie Bernas, Palliative Care Coordinator for IERHA and Palliative Care Staff of Selkirk Regional Health Centre. Your kindness, care and compassion will always be remembered by friends and family. Many thanks to everyone who visited Brian while in hospital and have offered their assistance in anyway.

Interment of ashes will take place on Friday, September 29 at 11:00 a.m. at St. Clements Cemetery, 1178 River Road, followed by a Celebration of Life at Selkirk Golf & Country Club from 1:30 to 3:30 with tributes at 2:00 p.m.

Donations to honour Brian's memory may be made to Palliative Care Fund at Selkirk & District Community Foundation, 200 Eaton Avenue, Selkirk MB R1A 0W6.

Condolences may be left at www.gilbartfuneralhome.com

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OBITUARY

Murray Arthur Keith

April 23, 1946 - September 14, 2017

It is with great sadness that we announce the passing of Murray Keith.

Murray leaves behind his wife of 44 years, Gerry (née Buhr); children Shannon, Holly, Graham (Amber), and Chelsea; grandchildren Aiden, Kingston, Emma, and Jack; brother-in-law Michael Buhr (Trish); sister-in-law Susan Burns (Ron); sister Jacqueline Baronins, and many nieces and nephews.

Murray was predeceased by his parents, Arthur and Ethel (née Mitchell), and sister Carole Shaward.

Dad was born and raised in Selkirk, MB. As a child, he loved spending his free time outdoors, regardless of the season. His life-long passions for hockey and baseball began in those early years where, in winter, you could find him on any icy surface, trying to

teach himself how to skate like the pros. Equally, in summer, Dad was always on the lookout for a baseball game to participate in.

Dad met Mom in 1972 when he mistook her for someone else at an A&W drive-in. He always ended the story with, "It was love at first sight." Mom and Dad faced many trials and tribulations during their 44-year marriage, but their bond always saw them through the darkest of times together, as a united front.

Dad's professional life saw a few career changes, but he always ended up in a management position due to his great organization skills and his way of always knowing what to say and do to get things done. His persuasiveness and willingness to negotiate and discuss was well known to those around him.

Dad was a proud "Papa" to his grandchildren, and spent many happy times playing with them and teaching them all types of skills. He was also enamored with the family pets; our two dogs Katie and Gina, and one cat, Kitten, were all recipients of Dad's love and spoiling. It's a great comfort to us that he will be reunited with them all.

The family would like to thank Dr. Daeninck and nurse Melanie at Cancer Care for helping Dad with his battle, as well as the nurses and HCA's at Concordia Hospital for their wonderful care during Dad's final days.

Cremation has taken place and a Mass celebrating Murray's life will be held at the Notre Dame Roman Catholic Church, 269 Jemima St, Selkirk, on Thursday, September 28, 2017 at 1:00 p.m.

Flowers are gratefully declined, in lieu, we request that you donate to a charity that helps animals, or one dedicated to cancer cure research, in honour of Dad.

Condolences may be left at www.gilbartfuneralhome.com

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OBITUARY



Ralph Norgrove Massey February 15, 1935 - September 16, 2017

On Saturday, September 16, 2017, Ralph Massey passed away at the Kin Place Personal Care Home in Oakbank, MB.

Ralph is survived by his wife of 53 years, Nia (nee Grandt) Massey; daughters Lisa (Jason) Martin and Shawna (Darcy) Pierce; grandchildren Taylor, Alyssa and Hailey Martin and Kiana and Kyle Pierce; sister-in-law Vicky Varga as well as many

nieces, nephews and cousins.

He was predeceased by his parents Jack and Doris (nee Pitcher) Massey; step-mother Hilda (nee Elcombe) Massey; brother Bruce Massey and sister-in-law Louise.

Ralph spent his youth in Winnipeg and at the cottage at Otter Falls where he met Nia. They were married in 1964. In 1972 they built their dream home on the Red River north of Selkirk where they developed a paradise for birds and other wildlife out of a farmer's wheat field. Ralph began his working career with the Department of Defense. After a couple of years he moved to National Health & Welfare Department where he worked until his retirement in 1989. Ralph and Nia bred and showed Airedale terriers producing many champions in their bloodline.

Besides his deep love for his daughters and grandchildren Ralph loved his Airedales, lilies, birds and all nature. He also enjoyed camping and hiking in the Whiteshell where he and Nia found previously undocumented petroforms.

Ralph enjoyed woodworking and putting in his workshop where he fashioned quality outdoor furniture. His goal, when he had his leg amputation at age 70, was to go back to his basement workshop and produce more chairs, benches, etc. And he did it! In his latter years Ralph started painting with acrylics and created several beautiful pieces of art for family and friends.

Many thanks to the home care staff that helped Nia care for Ralph so he could stay at home until he entered Kin Place Personal Care Home in Oakbank in June. A grateful thank you to all the wonderful staff there who so lovingly cared for him.

Following Ralph's wishes he has been cremated and there will be no formal service.

In lieu of flowers, donations may be made to a dog rescue program of your choice or to the Kin Place Recreational Department.

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Our memories of you will live forever ~ Engraved within our hearts

OBITUARY



Ronald William Fewchuk

It is with great sadness that the family of Ronald William Fewchuk announces his passing on Wednesday, September 13, 2017.

Ron was born on October 28, 1941 in Selkirk, Manitoba to parents William and Mildred (Clarke) Fewchuk. He was raised in Lockport where he spent many years working at Lockport Appliance before venturing out as an entrepreneur, co-owning and operating The Bait House Minnows, Interlake Ice, and Macs Convenience Store. Ron also had a passion for politics, first serving as councillor in St. Clements and then as Reeve from 1986-89. He was elected Member of Parliament (Liberal) for Selkirk Red River in 1993, and greatly enjoyed his four years as an MP. Following his term in parliament, Ron was appointed CEO of Manitoba Fisheries. Although failing health eventually forced him to retire, Ron continued to pursue his passion for politics and was elected as the chairperson for

the Selkirk Red River Metis Local.

Ron met his beloved Junie at Skinners Dance Hall in Lockport. He loved the music of the fiddle and was rarely seen without his feet stomping to the Red River Jig. He could also be spotted often wearing his Captain's hat while sailing his pride and joy, The Lilly-Ann. Ron loved to be with his extended family for dinners and celebrations. He will always be remembered as a generous soul who loved life and lived it spontaneously.

Ron is survived by his loving wife of 57 years, June (née Parks); his children Rodney (Nan) and Kathy (Bruce); grandchildren Lee (Angie) and Matthew (Brittany); five great-grandchildren; sisters Pat (Joe) and Shirley (the late Lorne), and many dear friends and relatives. He will be forever loved and greatly missed.

A celebration of Ron's life was held at St. Andrews Anglican Church on the Red on September 18 at 1:00 p.m. with viewing half hour prior. Interment followed in the churchyard cemetery with lunch following at Gilbert's Funeral Home Reception Center.

In lieu of flowers, donations may be made to the Manitoba Heart and Stroke Foundation or a charity of your choice.

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