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The Selkirk Record

THURSDAY, OCTOBER 1, 2020

VOLUME 11 EDITION 39

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RECORD PHOTO BY BRETT MITCHELL

Rob Cox won gold in the World Archery of the Americas Men's Compound Open (competitors with disabilities category). Cox shot at Heartland Archery in Winnipeg last Thursday, competing against one competitor from South America and another from Mexico.

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Mounties ask drivers to slow their roll

RCMP reminds public of emergency service vehicle law

By Nicole Buffie

East Selkirk RCMP Traffic Services are urging drivers to remember the rules of the road and to slow down when passing emergency vehicles.

According to the Highway Traffic Act, vehicles must slow down and get into the farthest lane applicable when passing any emergency or service vehicle when it's lights are flashing or using warning signs. These vehicles include police cruisers, ambulances, firetrucks, and tow trucks.

Sgt. Catherine Farrell said far too often officers or emergency personnel feel their safety is put at risk when conducting services on highways due to drivers whizzing past without slowing down.

"The safety of our police officers or emergency workers is really important," she said. "Firsthand being on the highway and trying to talk to someone or keep myself safe while I'm on the roadside has been challenging."

As the law states, vehicles travelling in a zone with a posted speed limit of

80 km or higher must slow to 60 km, and 40 km if in a zone with a posted speed limit between 40 and 79 km.

While Farrell said she doesn't recall any serious incidents related to vehicles failing to slow while passing, conducting traffic stops is becoming increasingly difficult.

"On the Perimeter, I can't even hear drivers if people are speeding by me," she said.

In a July report released by Manitoba Public Insurance, between April and June there were 148 speed-related offences reported – a 60 per cent increase from the same time period in 2019. The average speed was 59 km over the posted speed limit.

Farrell also noted that while the safety of emergency personnel is important, so is the safety of anyone pulled over on the side of the road.

"Even being cognizant of somebody on the side of the road changing their tire," she said.

Farrell analogized operating a vehicle in a safe manner to other things



RECORD PHOTO BY NICOLE BUFFIE

A vehicle pulling over and slowing down to 60 kilometres per hour when passing emergency vehicles.

that can be dangerous if not used correctly.

"Driving a vehicle is like handling a firearm," she said. "It is your respon-

sibility to get that vehicle safely from point A to point B without hurting anyone or hurting yourself."



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Gwen Fox Gallery flips for new October exhibit

“The Eclectic Mix” to feature four artists

By Nicole Buffie

October 1st marks a new month, and a new exhibit at the Gwen Fox Gallery.

Featured in this month’s exhibit, titled “The Eclectic Mix” are four artists who vary in artistic mediums.

The artists included are Bernice Phillips, Dave Feeney, Gina Roth and Neva St. Dennis.

Attendees of the exhibit will be able to see work by the artists in multiple forms, including photos, claywork, paintings, and glasswork, all unique to each artist’s style.

Phillips, one of the artists featured this month, said while the different work might not produce a common theme, the exhibit itself celebrates diversity among each artist.

Phillips work in the exhibit features floral paintings with warm colours, with texture that can be seen in the details of her work. She gets her inspiration from living on the banks of the Winnipeg River, being able to see fauna grow and change throughout the year.

Along with working on canvas, Phillips also experiments with glass and

wood surfaces.

Other exhibitors include Feeney, who’s photography featured in the gallery contains landscape photos from his time in New Zealand. One sunset scene was a two-hour wait for the perfect shot.

Feeney, a long-time artist of various mediums throughout his life, rekindled his love for the craft after retirement in 2011 and started to experiment with photography and watercolour. His work can be seen in the municipal building of East St. Paul and private spaces across Manitoba and Ontario.

For those interested in art that quite literally comes off the canvas, Roth’s mixed media work combines clay and paint to create multi-dimensional pieces of different themes.

“Every artist here has a different style, so it’ll be interesting to see the show all together as one,” Roth said of the October exhibit.

One of Roth’s pieces on display is a clay piece of women, representative of missing and murdered Indigenous women and girls.



RECORD PHOTO BY NICOLE BUFFIE

Gina Roth, a retired teacher, shows off a three-dimensional classroom-themed piece on display at the Gwen Fox Gallery for the month of October.

The final artist featured in this month’s display is St. Dennis, a painter from the Gimli area.

St. Dennis’ work features bright colours and outdoor scenes, from pops of spring colours in flowers to muted winter landscapes. She is a member of the Gimli Art Club and her work is

featured on the Gimli Seawall.

The gallery runs for the entire month of October. Hours of operation are Tuesday – Saturday from 11 AM – 4 PM. Masks are mandatory while inside the gallery and admission is free.

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New retail crime task force to support safer communities

Addressing the root cause of retail thefts in Manitoba

Submitted by Manitoba government

The Manitoba government has established a new retail crime task force to support a safe and thriving retail community that benefits all Manitobans, Justice Minister Cliff Cullen announced Monday.

"In the past three years, retailers have seen retail thefts increase by over 125 per cent, and violent crime targeted at businesses and employees is also on the rise," said Cullen. "The Manitoba government is pleased to partner with the private sector to create this new task force, which will work collaboratively to address these issues and support retail communities throughout the province."

The minister noted the task force is a recommendation of the Manitoba Retail Crime Round Table, which was hosted by six local business associations in January of this year. Over 90 participants representing 68 private- and public-sector organizations participated.

Other recommendations that came out of the symposium included developing and implementing a retail crime strategy that will serve as a roadmap for a safer, healthier and more prosperous Manitoba and collecting, analyzing and distributing information to support the retail community's safety needs.

The Retail Crime Task Force includes representatives from Manitoba Justice, Winnipeg Police Service (WPS),

RCMP, national, local and independent retailers, private security firms, Manitoba Liquor and Lotteries, Commissionaires Manitoba and the Retail Council of Canada, with additional support provided by MNP.

"Manitoba is leading the way in its collaborative response to crime that is undermining the safety and viability of retailer stores across this province,"

said John Graham, director of government relations (Prairie region), Retail Council of Canada. "We are appreciative of this community response to addressing this issue and enthusiastically anticipating the impact the efforts of this task force will have on creating safer communities and stores."

The minister noted Manitoba Justice will be a key participant in the task force, which will discuss and share best practices and seek out innovative ideas to address possible prevention, suppression and intervention strategies. The group will also work to identify potential loss

prevention strategies to address the root causes of retail theft, and review initiatives and programs that have been successful in other jurisdictions.

The province has also convened an operations table to bring law enforcement and justice personnel together, with the goal of reducing the number of thefts and robberies from the retail sector in Manitoba. In addition, Project Stop Lifting is a joint initiative between WPS and Manitoba Justice that

targets chronic retail theft offenders.

"Our partnership with the Manitoba government is allowing us to better identify and apprehend chronic offenders involved in retail theft," said Insp. Shawn Pike, WPS. "This targeted approach benefits city businesses and citizens alike, and supports safer communities for everyone."

The minister noted the Winnipeg Police Service, working in tandem with Manitoba Prosecutions and Manitoba Probation Services, has made significant efforts in targeting chronic, repeat retail crime offenders.

Members of the Retail Crime Task Force are:

- John Graham, director, government relations (Prairie region), Retail Council of Canada (co-chair);
- Shannon Martin, MLA, McPhillips (co-chair);
- Scott Kolody, associate deputy minister, Manitoba Justice;
- Michele Jules, executive director, Manitoba Prosecutions Service;
- Chief Supt. Rob Hill, RCMP;
- Deputy Chief Jeff Szyszkowski, Winnipeg Police Service;
- Bryan Payne, Commissionaires Manitoba;
- Damien Smith, district loss prevention officer, Rexall (national retailer);
- Brian Scharfstein, Canadian Footwear (small independent retailer);
- Shawn McGurk, director, corporate security and surveillance, Manitoba Liquor and Lotteries;
- Scott Young, vice-president, Western Canada, Garda World (private security); and
- Dr. Rick Linden, professor, sociology and criminology, University of Manitoba (data expert/research advisor).

"MANITOBA IS LEADING THE WAY IN ITS COLLABORATIVE RESPONSE TO CRIME THAT IS UNDERMINING THE SAFETY AND VIABILITY OF RETAILER STORES ACROSS THIS PROVINCE."

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@selkirkrecord.ca. Please include your name, address, and phone number for confirmation purposes.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Selkirk's Climate Change Strategy teaching others

Sharing is caring for our futures

Submitted by the City of Selkirk

The formula for the City of Selkirk's success in integrating climate change adaptation into day-to-day operations is now being shared with others to help them succeed as well.

Selkirk Chief Administrative Officer Duane Nicol was one of about 20 individuals from across the country invited to be part of the Municipal Climate Services Collaborative (MCSC), a joint initiative of the Federation of Canadian Municipalities (FCM) and the Government of Canada's Canadian Centre for Climate Services (CCCS).

The MCSC's goal, Nicol said, was to find ways to assist others in getting the climate change ball rolling.

"This group was put together with the expressed intention of identifying barriers and opportunities to municipalities and local governments thinking about climate change and adopting climate change adaptation practices into their municipal operations to become more resilient communities," Nicol said.

"We worked at identifying what the problems are, and what the current gaps and barriers are to municipalities adapting to climate change. From that analysis, we identified the tools, processes and resources needed to support municipalities to do this important work."

The group has just released the first in a series of resources that will help administrators get the climate change conversation started in their municipalities.

Titled 'Talking it Through: Guide for Local Government Staff on Climate Adaptation', the downloadable tool was created to help municipal staff talk to decision-makers and elected officials about adapting to the local impacts of climate change.

The guide also includes five case studies – including the City of Selkirk – of various approaches to advancing adaptation; representing communities of different sizes, locations, climate hazards and adaptation approaches.

Being a case study is a huge feather in the city's climate change cap, Nicol said.

"I think one of the reasons our strategies were identified as being successful and being a leading practice is that rather than have climate change as a standalone project on the side of someone's desk, we integrate climate change practices into core government operations," Nicol said.

"Our case study is about the leadership administration has shown to

support council in understanding how adaptation can be operationalized without significant additional expenses, and our strategies around integrating it into our existing business decision processes, so that climate change adaptation is the default for the city as opposed to yet another consideration in all of the choices we have to make."

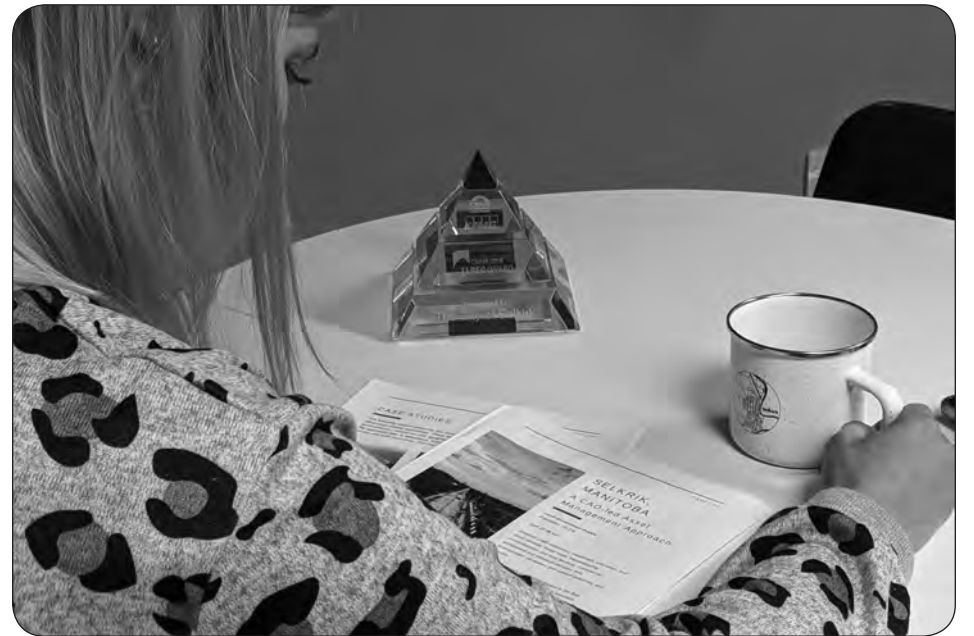
Selkirk's Strategic Plan calls for it to make environmental stewardship a priority and to sustain the quality of life for future generations and the Climate Change Adaptation Strategy ticks both those boxes.

Nicol said it's crucial that climate change be part of infrastructure decisions – if it isn't, you're running the risk of costing the taxpayer of tomorrow significant dollars.

"We're spending millions of dollars every year on infrastructure, we better be making the right long-term investments. For example, if you're going to put a stormwater pipe in the ground that is going to be there for the next 80 years, you better make sure that pipe is going to provide the service needed in the next 20, 50 or 80 years," he said.

Without that long-term climate vision, you may have to prematurely replace or repair a pipe that was only installed with today's climate in mind.

"If you have to either replace that



RECORD PHOTO SUBMITTED

Selkirk's success in integrating climate change adaptation into day-to-day operations is catching on. It is now being used as a teaching tool to help other municipalities.


pipe or put more pipe into the ground to compensate for the gap that you've allowed, that's going to drive up significant cost and there's going to be a lot more risk to citizens, so that's why municipalities have to consider climate change adaptation as part of their infrastructure planning. Frankly, if they're not, it's really negligent."

The City of Selkirk has had a Climate Change

Adaptation Strategy since 2018.

It first began mitigating climate change with its Greenhouse Gas Reduction Strategy in 2016.

The city won the Canadian Network of Asset Managers Terezo award in 2019 for its innovative Climate Change Adaptation Strategy.



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Annual General Meeting

Monday, October 5, 2020
2:00 p.m. – 4:00 p.m.

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Due to the COVID-19 pandemic, the Annual General Meeting will be held virtually using ZOOM. Meeting materials will be posted on www.ierha.ca under "News" on the bottom left corner of the page on October 5.

Agenda highlights:

- Review of the year's activities by members of the board of directors
- CEO report
- Award presentations

Join the Annual General Meeting by clicking on the webinar link provided below or by calling the phone number provided. We recommend you join us **15 minutes in advance** in the event that you experience technical difficulties:

Webinar link: <https://ca01web.zoom.us/j/67923280913?pwd=MDRoNWd2dGxkdGtST0MramJlZWRYQT09>

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A gentle farewell for beloved family pets

By Arlene Davidson, *The Clipper*

Barry Lachuta of Lac du Bonnet's Peaceful Pasture Pet Cremation offers pet owners in eastern Manitoba an alternative to flame cremation called aquamation, which is cremation by means of water.

"Aquamation is a newer concept in Canada," Lachuta explained. "It is a water-based, gentle, environmentally-friendly alternative to flame cremation. It produces only about 10 per cent of the carbon footprint compared to flame cremation and we are able to return approximately 20 per cent more remains to families due to the process being more gentle."

He noted the cost is comparable to flame cremation.

Lachuta had several reasons for starting Peaceful Pasture Pet Cremation.

"I wanted to help people through this part of caring for their pets, and wanted to be able to offer an environmentally-friendly option," said Lachuta. "More than anything, this business venture helps me show our children to be compassionate to animals and people."

The home-based business is located

at 250 Zolondek Rd. in the RM of Lac du Bonnet and the service is available to pet owners in Eastman, the Interlake, Winnipeg and surrounding areas. Lachuta said the aquamation can be arranged through a veterinary clinic or by bringing the pet directly to Peaceful Pasture. Pick-up service is also available.

"Once here, families have the option to utilize our mourning room to spend their final moments with their pet," Lachuta said. "Along with every service, an environmentally-friendly, biodegradable urn is included. We have a small selection of traditional urns and jewellery that pet owners can order in at an additional cost should they choose to."

Pet owners can have the remains of their pet returned to them or have them respectfully spread on a designated meadow on the Lachuta property.

Barry is joined in the business by his wife Amanda who grew up in Lac du Bonnet, and their children Luke and Vayda. The Lachutas moved to Lac du Bonnet eight years ago to be closer to work and family, and were provincial government employees prior to es-



PHOTO BY ARLENE DAVIDSON, THE CLIPPER

The Lachuta family of Lac du Bonnet has established Peaceful Pasture Pet Cremation as an alternative to flame cremation.

establishing Peaceful Pasture Pet Cremation.

For more information about Peaceful Pasture Pet Cremation and the

aquamation service, email peaceful-pasturepetcremation@gmail.com or call 204-485-6307. Visit them at www.peacefulpasturecremation.com

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Indigenous Healing Garden unveiled in Selkirk

Garden to provide space for healing and ceremony

By Nicole Buffie

On a crisp Sept. 23, Selkirk welcomed The People's Medicine Garden, the first of its kind in the community.

Designed by LSRCSS teacher Mark Walterson, Jeannie Red Eagle and Dan McDermid from the City of Selkirk, the garden is to provide a space for Indigenous teachings of medicine and healing.

"We had this awesome opportunity to really show reconciliation by putting something positive from the indigenous community into a Selkirk city park where people can see it," said Walterson, who teaches a First Nations, Métis and Inuit Studies course. "It reflects the positive [aspects] of Indigenous communities."

Walterson said the idea for the garden came from working with Red Eagle when she was a guest in his class providing guidance and teaching about the sacred Indigenous medicines as well as later discussions surrounding the need for space to further explore the subject.

Red Eagle played with the idea of

creating a medicine garden with her family, but after working with Walterson decided it would be beneficial to involve his students.

"There was this revitalization project, and we thought, what a great opportunity for kids to be active in their communities," he said.

Nearly two years later after Walterson and his students penned letters to all levels of government, the area came to be located beside the Selkirk Friendship Centre.

The reveal of the space featured speeches by Mayor Larry Johannson, Walterson, Red Eagle, Elder Peter Atkinson and Dennis White Bird of Rolling River First Nations.

Red Eagle gave an emotional speech at the unveiling, speaking about what the new space means to her.

"This is our youth, this is our elders, this is our community," she said at the event. "And I am so proud to be here."

"That's what this is about: this is a safe space for us to gather, Indigenous and non-Indigenous for cultural teachings and for educational purposes."



RECORD PHOTO BY MICHELLE BALHARRY
(From left) Elder Peter Atkinson, Jeannie Red Eagle and Mayor Larry Johannson at the unveiling of The People's Medicine Garden in Selkirk on Sept. 23.

and medicinal uses.

At The People's Medicine Garden unveiling, Red Eagle offered Kinnikinnick to the patrons in attendance to release it in the space with intention.

"Put your spirit and intent into it and what you're hearing," she said. "Put that in, and then place it down gently, and see what happens. See what can grow out of that."



RECORD PHOTO BY NICOLE BUFFIE

A tobacco offering given to all attendees of the garden's unveiling was to be released with intention into the space.

The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline **Mondays at 4 p.m.**

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REMINDER NOTICE OF PUBLIC HEARING

You're Invited

to share your views about the proposed rate changes from Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has applied to the Public Utilities Board (Board) for an overall 10.5 per cent decrease to Basic Autopac vehicle insurance rates and premiums, effective April 1, 2021 through March 31, 2022.

For further details, please contact MPI at inquiries@mpi.mb.ca or visit the Board's website at www.pubmanitoba.ca.

An electronic-based virtual public hearing on the proposed decrease will be held beginning:

Monday, October 19, 2020 at 9:00 a.m.

Please view the hearing via the Board's website (www.pubmanitoba.ca)

If you are interested in learning more about this rate decrease, you are encouraged observe the hearing via live streaming, or provide your perspectives through the Board's online comment tool.

If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christle at 204-945-2638 or toll-free 1-866-854-3698, no later than **October 1, 2020**.

For more information, visit www.pubmanitoba.ca

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Manitoba sees its 20th COVID-19 related death

Pandemic Response System level raised for region to restricted/orange

By Ashleigh Viveiros

Manitoba recorded its 20th death related to COVID-19 on Monday.

Public health officials said the man was in his 70s and lived in the Prairie Mountain Health region.

Monday's update also saw the total number of active cases in the province grow to 618 (up 255 cases from the same day a week ago), including seven new cases in both the Interlake-Eastern and Northern health regions, three in Southern Health-Santé Sud, and 22 in Winnipeg. The five-day test positivity rate was 2.2 per cent.

There were 13 people in hospital with COVID-19 at press time, seven in intensive care. A total of 1,281 Manitobans have recovered from the illness.

Skyrocketing case numbers in Winnipeg led the province to elevate the #RestartMB Pandemic Response System level for the Winnipeg Metropolitan Region to restricted/orange effective

Monday.

The move affects not just Winnipeg but also 17 surrounding communities and municipalities, including Selkirk, Stonewall, and Niverville.

Masks are now mandatory in all indoor public places in these communities. Gatherings are also restricted to 10 people, both indoors and outdoors.

"WHEN WEARING A MASK IT'S IMPORTANT TO USE IT PROPERLY, ENSURING IT'S COVERING THE NOSE, MOUTH, AND CHIN WITHOUT ANY GAPING."

The restrictions will be in place for at least four weeks (two incubation periods of the virus).

"We know that all of these actions not only protect ourselves, they protect the people around us, the people we love, and our community," said Dr. Brent Roussin, Manitoba's chief public health officer. "We encourage Manitobans to step up once again to reduce

the transmission of this virus."

That includes sticking to the fundamentals, Roussin stressed.

"Staying home when we're ill, even

mildly ill; washing our hands frequently; trying to practise that physical distancing when at all possible and wearing a mask when in indoor public places," he said. "When wear-

ing a mask it's important to use it properly, ensuring it's covering the nose, mouth, and chin without any gaping. Wash your hands frequently if you are required to touch the mask."

Finding Terry Fox



RECORD PHOTO BY BILL NEWZMAN SMYTH
Selkirk's Terry Fox Scavenger Hunt saw residents led through the town to support the Terry Fox Foundation's cancer research in a socially distant way.

Pictured: (left to right) Chris Hamm, Magda Kuber, Lindsey McLaren, Sarah McLaren, Erin Fenske, Tara Nore, David Hamm, Mila Hamm, Sveya Hamm, Taylee Hamm, Quinn Fenske, Nolan Fenske plus the two dogs Jett and Benny.

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Packers mural one of many to come to Selkirk

Johnston is painting the town

By Nicole Buffie

A touch of yellow here, a stroke of purple there – the colours on the brick side wall of Packers Women’s Fashion are slowly coming together as the weeks pass to reveal Charlie Johnston’s latest mural.

Johnston designed his latest piece, titled “Prairie Crocuses” as an homage to the women of the settlement. It will feature women of different backgrounds clad in traditional fashion for the period but highlight all the work they may have done that wasn’t always recognized: handling oxcarts, trekking through the mud and transporting goods, all surrounded by the purple provincial flower.

“They’re a beautiful but tough, durable flower that could withstand the elements of just about anything that nature and the world threw at it,” he said. “And that was just like the ladies, they had to work hard just like the men, but [the men] got all the credit.”

The mural is part of a larger project throughout the city of Selkirk in collaboration with the Interlake Art Board to revitalize the area and showcase its history through visual cues.

Joan English, president of the board, said she hopes the new aesthetics will encourage tourism to the area.

“We hope to become recognized as an art location in the province,” she said.

Currently, 17 murals exist within city limits including the works in progress. English hopes to create a walking tour through downtown to weave together the murals while highlighting the history behind them.

“It brings out the appreciation of art into our community. And it has a great social and economic impact in the community,” she said. “Nothing is more inspirational than looking at a piece of art.”

Johnston, with 32 years of experience in mural painting, has touched his paintbrushes all over North America, but his work is most notable in the streets of Winnipeg where he’s solely painted or collaborated on many of the over 600 outdoor murals inside the perimeter.

His popularity and familiarity with the area having grown up in the community made him a natural curator and collaborator for the mural project with the Art Board, according to English.

Johnston said the Prairie Crocus mural was also a long-awaited project



RECORD PHOTO BY NICOLE BUFFIE

The latest mural in Selkirk represents the women of the settlement, depicting fashionable yet hardworking women doing tasks they would have in the early centuries.

for him, as he remembers his mother pushing the owners of Packers to let her son have creative reign over the brick wall nearly 25 years ago.

“It feels like I’m finally doing what I was meant to do,” he said.

The funding for the murals derives from provincial and federal grants, as well as individual donations from businesses, organizations and members of the community.

In addition to the outdoor murals currently in progress, the Interlake Art Board is working in collaboration with the Gaynor Family Library to create an interactive piece honouring missing and murdered Indigenous women and girls.

The installation, which received a \$50,000 grant from the federal government to put towards the project, will resemble a large turtle representing “Turtle Island”, the name used by some Indigenous and First Nation’s people which refers to North America.

One of the five artists collaborating on the project is Johnston, and while Turtle Island is slated to be finished next fall, the muralist will keep focused on his projects at hand, with “Prairie Crocuses” to be finished within the next two weeks.



RECORD PHOTO BY NICOLE BUFFIE

Charlie Johnston expects to have his latest mural, “Prairie Crocuses” finished in the next couple of weeks.

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October Events Calendar

Hours: Sunday 12-6pm, Monday 12-11pm, Tuesday 12-10pm, Wednesday 12-8pm, Thursday 12-10pm, Friday 12-10pm, Saturday 11am-8pm *Hours subject to change*

BINGO Monday 7pm & Saturday 1pm
FUN DARTS Tuesdays 7pm
POOL LEAGUE Thursdays 7pm
CHASE THE ACE Friday 4:30pm
MEAT DRAWS Friday 4:30pm
PIANO MAN Saturday Oct 3, 8-10pm
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Funding announced to replace live fire training building in Brandon

Vital emergency services training tool upgraded

Submitted by the Government of Manitoba

The Manitoba government will replace the live fire training building at the Manitoba Emergency Services College (MESC) in Brandon, Municipal Relations Minister Rochelle Squires, minister responsible for the Office of the Fire Commissioner, announced Friday.

"The Manitoba Emergency Services College here in Brandon is a critical training facility for firefighters and we want to ensure they have the best teaching tools available so when they graduate they are ready to respond to emergencies and save lives," Squires said. "This building has been

heavily used for more than two decades and needs to be upgraded so students can train safely for this important career."

The live fire training building is 22 years old and must either be upgraded or replaced in order to meet current national training standards. The building, known as a 'burn house', is specifically designed and built so that students can fight fires and experience real-life situations in a safe, controlled environment. Over the life of the building, thousands of students have used the facility to put into practice the skills they acquired at the college.

The new building will be specially designed to suit the college's site at the Brandon airport, with construction expected to begin next spring, Squires noted. The old building will remain in use while the new facility is under construction so there will be no loss of training time for students.

The MESC trains professional structural firefighters and paramedics. Approximately 40 students graduate from the college every year, and take up careers with emergency service agencies in Manitoba and across Canada.



RECORD PHOTO BY LIAM PATTISON PHOTOGRAPHY
Firefighters train at Brandon MESC 'burn house.'

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Proposal to decommission ice surface in Winnipeg Beach ends in tie vote

By Patricia Barrett

A proposal to decommission the ice surface in the Winnipeg Beach Community Centre over the 2020/2021 season ended in a tied vote and uncertainty about whether programs such as public skating and recreational hockey will go forward this year.

Council voted on the resolution to get rid of the ice at its Sept. 23 regular meeting.

"The vote on the ice issue was a tie vote, with the mayor [Tony Pimentel] and Coun. [Pat] Green voting in favour and councillors [Daryl] Carry and [Barry] Hoel voting against the motion," said acting chief administrative officer Roger Bouvier by email. "Coun. [Larry] Banks abstained, thus creating a lost vote."

A tie vote defeats a by-law or resolution, said Bouvier, citing the provincial Municipal Act. And a council may not reconsider or reverse a decision within one year after it is

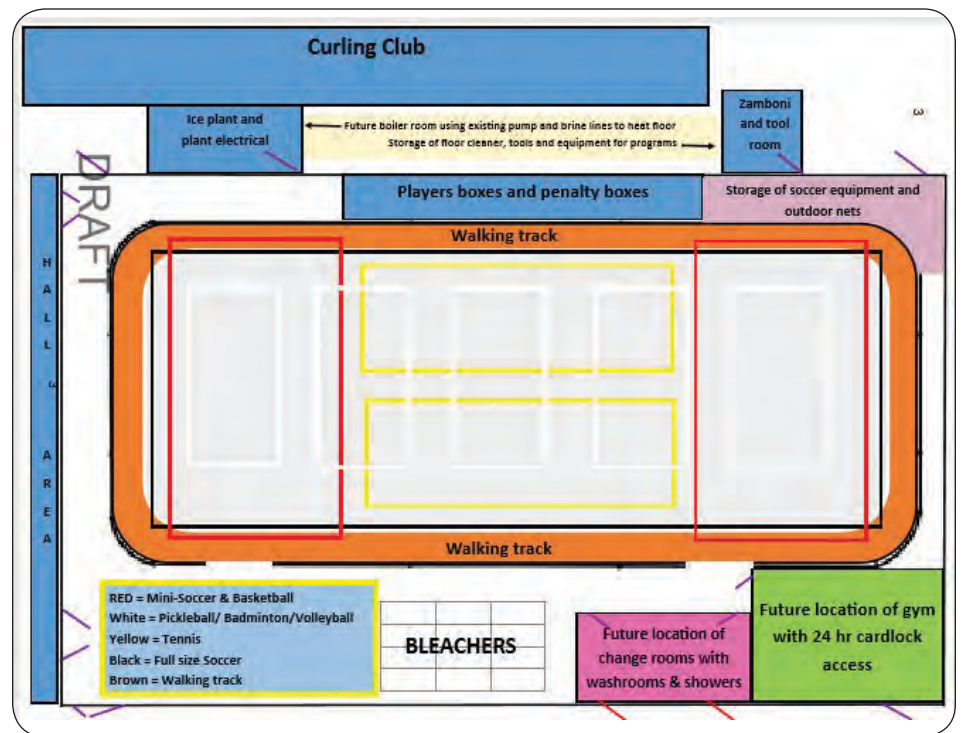
made, he said, with a few exceptions.

The Act does permit a council to reconsider a decision in one of two ways: "At the same meeting at which the decision is made and all the members who voted are present" or if a council member "gives written notice to the council, from at least one regular meeting to the next regular meeting, of a proposal to review and reverse the decision."

"OUR COMMUNITY CENTRE COULD BE UTILIZED SEVEN DAYS A WEEK WITH VARIED PROGRAMS THROUGHOUT THAT WOULD APPEAL TO EVERYONE."

Dispensing with the ice is part of a wider proposal to completely re-vamp the town's community centre by turning it into a year-round indoor sports facility. The proposal is set out in an unsigned draft document titled, Future Use Proposal 2020, which is posted on the town's website.

In place of ice, the 16,150-square-foot ice surface could be reconfigured into a walking track, five pickleball, badminton and volleyball courts, two tennis courts, a basketball court and mini-



RECORD PHOTO SUBMITTED

Draft illustration showing the ice surface converted into an indoor sports centre.

soccer fields at the north and south ends of the rink (or a full-sized soccer field). The document also outlines other indoor sports that could be offered such as flag football, dodge ball, broom ball and frisbee.

The document states that COVID has resulted in schools cancelling programs that are held in the facility and will also prevent snowbirds from travelling south for the winter. With nowhere to go, they'll be "looking for ways to stay active through this time."

Those cancellations will mean less revenue this year should the ice be laid.

The document outlines last season's ice costs versus the revenue ice rentals expenses (which include the installation and removal of ice and propane for the Zamboni) were \$33,020.57. Total revenue (from men's and chil-

dren's hockey, public skating and the canteen) was \$21,183.00. That represents a loss of almost \$12,000.

Sports such as pickleball earned nearly \$10,000 in revenue "with most of the revenue occurring when we offer daytime programs," states the document.

"Our community centre could be utilized seven days a week with varied programs throughout that would appeal to everyone," says the document. "This would also create a need for our canteen to be open more hours and in turn create rental revenue for the community centre."

The proposal would not, however, leave residents without ice. It says an outdoor ice rink could be constructed near the Caboose, which has parking and electricity and is not used during the winter season.

The Record was unable to reach the mayor for comment by press time.

Residents appeared as a delegation at council's Sept. 23 meeting to speak in favour of keeping the indoor ice. And a few weeks prior to the meeting, Lisa Adam appeared before council as a delegation along with Jay Adam, who runs the local hockey program, to speak in favour of keeping the ice.

She also put together an online petition titled, "Please keep our ice in Winnipeg Beach Community Center [sic] for the 2020/21 [sic]," on Change.org.

"Council must know the numbers of families wanting ice," Adam wrote on the site. "I'm here to fight for families, Men's League and our precious kiddo's!"

The petition generated 344 signatures as of Monday.

Doggie Portraits!



RECORD PHOTO SUBMITTED

Inclusion Selkirk held a pet portrait day at their Wish Me location Sept. 22. Proceeds from the event went to Mauri Brown, who was the artist at the event, which Inclusion Selkirk felt was very important during these COVID times. The remaining funds will go to support Inclusion Selkirk who are currently saving to purchase tablets to keep everyone in their homes connected with loved ones. Future pet portraits can be set up by calling Inclusion Selkirk at 204-482-5435 or drop by Wish Me to book an appointment.

Pictured: (Right) Brown speaking to Sherry Scouten with her dog Rogue.

get inspired

> MEAL IDEAS



Hummus Flatbread Pizza

English cucumber slices
Preheat oven to 500 F.
Brush pizza sauce to edges of flatbread. Swirl to spread hummus to edges of flatbread. Sprinkle 1/4 teaspoon garlic powder over flatbread. If using canned pineapple tidbits, drain and pat dry with paper towel. Add pineapple tidbits to flatbread and sprinkle with remaining garlic powder.
Bake 5-10 minutes, or until flatbread is light golden brown.
Cool and cut flatbread. Serve with strawberries and mix chopped romaine lettuce and English cucumber slices for simple salad.

Recipe courtesy of Tabitha Brown
Prep time: 10-15 minutes
Yield: 1 flatbread
4 teaspoons pizza sauce
1 rectangular flatbread
3 tablespoons Sabra Classic Hummus
1/2 teaspoon garlic powder, divided
1/3 cup pineapple tidbits or fresh pineapple pieces
strawberries
chopped romaine lettuce



Vegetable and Rice Power Bowls

2 bags Success Jasmine Rice
4 cups mixed greens
1 can (15 ounces) brown lentils, drained and rinsed
1/2 cup crumbled goat cheese
1/3 cup pumpkin seeds
1/2 cup prepared balsamic dressing
Preheat oven to 400 F. In large bowl, toss together butternut squash, sweet potatoes, 2 tablespoons oil, thyme, maple syrup, salt and pepper. Arrange in single layer on parchment paper-lined baking sheet.
In same bowl, toss beets with remaining oil until well coated; add to baking sheet with butternut squash and sweet potatoes. Bake 30-35 minutes, or until golden brown and tender.
Prepare rice according to package directions; divide among six bowls. Top each with greens, roasted vegetables, lentils, goat cheese and pumpkin seeds. Drizzle with balsamic dressing.

Total time: 45 minutes
Servings: 6
2 cups chopped butternut squash
2 cups chopped sweet potatoes
3 tablespoons olive oil, divided
1 tablespoon fresh thyme leaves
1 tablespoon maple syrup
1/4 teaspoon salt
1/4 teaspoon pepper
2 cups peeled, chopped beets

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Fitness motivation – how to get it, keep it, and spread it

Hey, you okay? Because... 2020.

Caring for yourself and helping friends and family to get through these tough times has a lot to do with physical activity. Spending more time at home inevitably means a more sedative lifestyle, which is terrible for your overall health. Many of us have experienced weight gain from the stress hormones, emotional over-eating, or snacking due to boredom.

Exercise is better than any drug to get your health back on track. The endorphins that flood your system after a great workout will also boost your energy and improve your mood for hours. Mental well-being is directly linked to one's physical health, so using fitness as a coping mechanism is wonderful.

Maintaining motivation is challenging, but I got you! Here are some of my top tips to overcome obstacles and feel great about inspiring those you love! Even the smallest change can make a big difference.

Start Simple:

- **Drink More Water:** Infusing it with cucumber or watermelon promotes balanced hydration within your body, which will help you lose excess water weight.

- **Write Down Your Goals:** Create realistic short- and long-term goals. Achievement is 42% more likely if you put pen to paper.

- **Choose a Mantra:** It's not cheesy, well... maybe it is, but it works! Try "Never miss a minute of cardio". This reasonable rule will motivate you to get your physical activity done earlier, so you can feel good all day about your accomplishment.

Keep At It:

- **Force the Habit:** Be dedicated to exercise at least twice per week, even for 20 minutes.

- **Stay Positive:** Your attitude matters. Focus on what you've done right and give yourself credit for every effort.

- **Unfollow Contradictions:** Mute your favourite food blogger and limit your exposure to media cov-



Health and Wellness Fitness expert Julie Germaine

erage to push temptations and stress away.

- **Try Meditation:** Forge a winning mindset by visualizing the end result – a happier YOU.

Get Support:

- **Socialize while Distancing:** Be creative! Pop in your earbuds to talk with a friend during your separate power walks. Start a group chat to be accountable.

- **Invest in a Plan:** Start a fitness program and hire a coach! I have a perfect solution – The 90-Day Weight Training Plan is my brand new book, available at www.juliegermaine.com. This workout-at-home with minimal equipment book is coming out right on time, as so many of us are training at home and are ready to challenge our bodies in a new way.

If you are feeling down and unmotivated, try doing a random act of kindness, like paying it forward at the Tim Hortons drive-through or simply holding a door open for a stranger. It's tough to stay in a negative place as you earn a friendly smile, plus that good karma never fails to come back around right when you need it.

I would love to support you by answering your health and fitness question! Please reach out and submit your topics of interest to info@juliegermaine.com

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cox continues to hit the mark in archery

By Brian Bowman

Rob Cox is definitely on target in the sport of archery right now.

Cox defeated Mexico's Omar Echverria 142-140 to win the World Archery's Online Cup of the Americas last Thursday afternoon.

It was a very emotional victory for Cox.

"Considering the guy from Mexico in his semifinals was actually going to lose but the guy from Brazil that was ahead of him by two points missed the last target," said the 53-year-old Cox, who does most of his training in Selkirk. "My match against the guy from Mexico...was a very hard match."

It was a nerve-wracking experience with a ton of pressure. Cox took a long time before making his final shot.

"They were telling me, 'OK Rob, you can shoot.' I know I can shoot but I did not want to see what happened in the semifinal between Omar and Brazil because the Brazilian was off by two points. I wasn't going to miss that shot but I was nervous."

He was very proud of the win, especially since he hasn't shot for so many years. Cox, a two-time alternate on the Canadian Paralympic archery team (Beijing 2008 and London 2012), got his start in the sport in 2002 but had to take eight years off due to medical issues.

"This is the first international competition that I've shot since 2012, except for Vegas, of course," Cox noted. "But outside of that, shooting against

archers that possibly will be going to the Olympics next year is something else."

The event was held online and each competitor was at their home range with a camera capturing their shooting and another one zoomed in on the target. Three judges were assigned to each match and they would make the calls and keep track of the score by watching the livestream.

It was an unusual way to hold a competition.

Meanwhile, Cox shot a very impressive 147/150 in really gusty winds to win gold at the Manitoba Outdoor Archery Provincials late last month.

"As of right now, they checked it and the last score that was put in as a record was a 142 out of the 150 and I shot 147 out of the 150," Cox said. "As of right now, that holds a Canadian record. They're still looking into it but as far as we know and the people that I have talked to, the judges and everything, that is a Canadian record."

Cox has his sights solely set on representing Canada in para archery in Tokyo next summer. Before that, though, he might head down to Mexico for an outdoor competition in March.

If he does well there, he should have a very good chance of competing for Canada at the Olympics.

"I'm probably the most senior athlete that is going to be there," he said. "The other athletes have retired where I was one of the younger ones going in at the time. But now I'm more



RECORD PHOTO SUBMITTED

Rob Cox has been outstanding in para archery this year. He has his sights on representing Canada at the Tokyo Olympics next summer.

experienced. I'm not saying that I'm a favourite but if I keep going and train really, really hard and keep going the way that I'm going, I got that shot."

Cox really wanted to thank everyone who has helped - and supported - him over the years.

"I want to thank everybody in Selkirk that has been behind me over the last while, especially Bonded Health and Mobility Services and the family

there," he said. "Harvester Outfitters, in Selkirk as well, have helped me train. They have been really good and the Manitoba Archers Association have been behind me as well. With them still behind me, this year will be a great year and providing everything goes the way that it should and we don't fall back into a heavy pandemic, we finally will get out and shoot in person again."

Selkirk Dolphins training hard in the pool

Submitted by Michelle Stamm

Despite not having our home pool available to train in, the Selkirk Dolphins have managed to build our club into the City of Winnipeg, securing lane space at Cindy Klassen Pool and Pan Am Pool and outdoor dryland training in Selkirk and Winnipeg.

Swim Canada's and Swim Manitoba's "Return to Play" guidelines are extremely strict. Designing a program for our swim club, working closely with our president, Kelly Kimball of Stonewall and assistant coach Alex Shogolev from Winnipeg, was no easy feat.

We have created a competitive team and swim school while managing to follow the guidelines of cohorts of eight swimmers, maximum four per lane while maintaining social distancing.

A dedicated health committee was created with a designated cohort health safety volunteer required for every practice ensuring all swimmers and coaches have filled out the online self check, sanitize and have their temperature taken prior to practice or entry.

Swimmers are required to wear masks in the facilities and on the deck

while coaches must wear them at all indoor practices while coaching.

While the city pools have slightly different guidelines for entry and use of changerooms, we are ensuring procedures and protocols set out by our PSO are followed.

We have attracted a small but mighty group of swimmers from Winnipeg while retaining a bit larger group from Selkirk, Stonewall, Beausejour and surrounding areas. We are offering tryouts and have room in our Winter Swim School program and our introductory competitive level POD 3.

As we wait for the "Return to Com-

petition" guidelines from Swim Canada and Swim Manitoba we are training as we would any other season. Some provinces have developed strategies, such as test sets, forwarded to the PSO where they record and rank them. Virtual meets is another suggestion. We are far from these scenarios as running a meet, virtual or not, requires volunteers - who are not allowed on deck at this time.

Follow us on Facebook and Instagram @dolphins_swim_club
www.selkirkdolphins.com

Steelers salvage preseason split with Winkler

Staff

The Selkirk Steelers salvaged a preseason split with the Winkler Flyers last week.

Selkirk won its first exhibition game of the season with a solid 3-1 victory over Winkler in Manitoba Junior Hockey League action last Friday at the Recreation Complex.

Sullivan Shortreed needed just 18 seconds to give Winkler a very quick 1-0 lead.

But Selkirk responded with three unanswered goals.

Eric Krywy tied the score at 1-1 with a power-play goal at 5:41 of the opening period and then Blake Ferris scored the eventual-game winner early in the second.

Ryan Ostermann then closed out the scoring with a power-play marker at 5:49 of the third.

Selkirk was 2-for-6 with the man advantage while Winkler was 0-5.

Tanner Hamilton and Ostermann each had two points in the game.

The Steelers outshot the Flyers 33-16

as Cole Plowman and William Desmarais were in goal for the winners.

Shootout loss

The Steelers started their preseason with a 4-3 shootout loss to the Flyers in Winkler last Wednesday.

Jayden McCarthy and Max Collette scored for the Flyers in the shootout while Keenan Allen replied for Selkirk.

Tyson Smith and Adam Ingram each had a goal and an assist for Selkirk while Kurtis Luke also tallied.

Mike Svenson, with a pair, and McCarthy replied for Winkler.

Austin DeBoer and Plowman split the goaltending duties for the Steelers.

Selkirk hosted the Steinbach Pistons this past Tuesday to wrap up its preseason schedule but no score was available by press deadline.

The Steelers will begin the regular season this Friday at 7:30 p.m. when the Winnipeg Blues visit the Selkirk Recreation Complex.

Steeler fans undergo changes at the Recreation Complex

Staff

The Selkirk Steelers hosted the Winkler Flyers in a preseason matchup last Friday evening at the Selkirk Recreation Complex.

But things were a little different for the fans in attendance.

Fans were encouraged to purchase tickets ahead of time as the Steelers were limited to 300 fans for their preseason games due to Covid-19 restrictions and guidelines.

"We will have a very limited number of tickets at the door for purchase, please try to purchase ahead of time," read a statement. "Doors will be open 45 minutes before puck drop."

Masks must be worn at all times while inside the Selkirk Recreation Complex as per the City of Selkirk's Covid-19 guidelines.

Seating will be a bit different this season as the city has had to account for social distancing.

Fans will be encouraged to stay in their seats for the duration of the game and not to congregate in the lobby during intermissions unless using the washrooms or attending the concession.

Entrances and exits will be clearly marked and staff will be posted at all entrances and exits to help guide fans.

Selkirk FC forfeits game with Hanover Strikers

Staff

Selkirk FC forfeited their Manitoba Major Soccer League 1st Division game with the Hanover Strikers last Sunday.

On Sept. 21, Selkirk FC was edged 2-1 by Lions FC at Shaughnessy Park.

Selkirk FC will battle Forza-WSP on Monday at the Ralph Cantafio Soccer Complex.

In MMSL 7th Division play, the Tri-S Strike Force were doubled 4-2 by Saints United last Friday.

Hyhram Dueck scored twice in the losing cause while Sakhil Khan (two), Ayomide Mike Tawoju and Kashi Ashique Mohammad replied for Saints United.

The Strike Force will play VNFC this Friday at 9:15 p.m. at the Ralph Cantafio Soccer Complex.



RECORD PHOTO BY RICK HIEBERT

Selkirk Steelers' goaltender Austin DeBoer makes a save against the Flyers during preseason action last Wednesday in Winkler. DeBoer stopped 15 of the 16 shots he faced in a half a game's work.



RECORD PHOTO BY RICK HIEBERT

Selkirk Steelers' defenceman Thomas Colter keeps a watchful eye on a Winkler Flyer player during preseason action.

Royals hope puck drops on WHSHL season soon

By Brian Bowman

The Selkirk Royals are all ready to get their Winnipeg High School Hockey League season started.

They just have to get the green light from the WHSHL.

It's been almost four weeks into the school year and the fate of the high school hockey season in Manitoba remains in limbo.

Selkirk is currently in its second week of tryouts. A total of 46 players came out for tryouts, proving once again, the popularity of the program.

"We have a really good group of guys out there and I'm excited for them," said Royals' head coach Michael Buffie last Friday evening. "The last couple of years we have had a really

good turnout. It just shows how high school hockey is attracting more and more players...and that's the goal of ours is to keep attracting good players that want to be part of our program."

The Royals lost a lot of players from last year's team due to graduation. But there are many younger players that have really caught the attention of the Royals' coaching staff.

"We have a really good core of Grade 10 and 11s from last year that are returning and there are some guys that were last cuts last year that have come back and really showed that they can play at the high school level," Buffie noted. "We also have some Grade 10s and it's their first time out and they look fast and skilled. We'll have

a good mix of veterans and younger guys."

Last Wednesday, the River East Transcona School Division announced its schools would not be participating in fall semester sports. That means schools like River East, Miles Macdonell, Kildonan East, College Pierre-Elliott-Trudeau, Transcona and Murdoch MacKay will not be participating in the WHSHL this season.

The WHSHL, which had 37 teams in 2019-20 separated in three divisions, also confirmed that College Louis Riel, Pinawa, Stonewall, Sanford and Vincent Massey Collegiate have elected not to ice teams this season.

Besides Selkirk, Oak Park, Fort Richmond, St. John's-Ravenscourt,

Garden City, West Kildonan, Sturgeon Heights, Westwood, John Taylor, Steinbach Regional, Lorette and Linden Christian will participate in the WHSHL once Hockey Manitoba approves Phase 3 of return-to-play protocols.

Many other schools are awaiting approval from their respective school divisions.

"I've been talking to a few of the other coaches and we're trying to figure out exactly what it's going to look like," Buffie said. "From my understanding, we have 13 teams that are committed to play and I want to say eight of them are from the 'A' (Platinum Promotions Division).

"I think it will still be a good league."

River East Transcona School Division opts not to offer extracurricular sports this fall

By Brian Bowman

If the Kildonan Peguis Athletic Conference, which includes the Selkirk Royals, has any sports this fall, the league will have a drastically different look.

The River East Transcona School Division (RETSD) has made the decision not to offer extracurricular sports this fall.

Letters were sent home to senior years families on Sept. 22 notifying them that there would not be any sports this semester.

KPAC president Matt Medwick said their conference will still offer sports to schools that want to participate.

"KPAC is a unique conference in that our membership consists of four different school divisions and one independent school," said Medwick in an email on Monday. "We are offering opportunities to compete for those schools that are permitted to do so."

RETSD said the reason for this decision was the need to keep the school community safe amid the COVID-19 pandemic.

"We know how much these activities mean to our students and families, but the health and safety of our communities cannot be compromised," read a statement on the division's website. "This fall, the division and our schools are having to make decisions we have never had to consider before the COVID-19 pandemic."

The schools will still offer physical education classes, which have been adapted to meet public health guidelines.

"We are confident that extracurricular sports will return to our division as soon as this can be done with minimal risk to all our students and commu-

nity," the statement said.

KPAC-affiliated high schools in the RETSD include Miles Macdonell, Kildonan East, Murdoch MacKay, River East and Transcona.

Meanwhile, the hope is that high school volleyball will get the green light for competition sometime this

month.

"We are strictly following provincial sport organizations protocols," Medwick said. "At this time, volleyball is allowed to train but no six-on-six competition is allowed. Phase 3 of Volleyball Manitoba's Return to Play plan will hopefully be approved by

the end of September. This will possibly include approval of six-on-six competition at some point in mid to late October.

"If this is the case, we would like to offer a volleyball season for our member schools."

KPAC cross-country meet runs

Staff

A small but spirited group converged on Kilcona Park last Thursday for the KPAC junior varsity boys' and girls' cross-country races.

"(There were) lots of appreciative kids and parents today," said KPAC cross-country convenor Scott Gurney in an email. "(They were) very happy that something's going on."

Garden City had the top-three finishes in the 3,000-metre junior varsity girls' race as the Fighting Gophers' Madison Schettler was the fastest with a time of 13:49.4.

Following her were teammates Adriana Alexander (14:05.8) and Mia Roca (14:19), West Kildonan's Amber Mazur (14:23.5), Garden City's Madison Reimer (14:32.2), Garden City's Sophia Alexander (14:47.4), Garden City's Taya Clark (14:55.8), West Kildonan's Mikayla Kasunic (15:07.8), and West Kildonan's Reece Boughen (22:31.6).

In the boys' 4,000m race, West Kildonan's Matthew Maloney took top spot with a time of 15:55.8.

He finished ahead of MBCI's duo of Dante Dziewit (16:33.3) and Jonah Leppelmann (17:05.1), Garden City's Bav Kaur (18:19.6), West Kildonan's Travis Thakoor (18:20.7), and Selkirk's Tanner Vaughn (19:42.9) and Michael Wiebe (20:10.3).

Meanwhile, the province changed the number of permitted individuals for gatherings from 100 to 10 this past Friday. Because of this, the permits for the remaining three KPAC meets have been cancelled.



RECORD PHOTO SUBMITTED

The Selkirk Royals' Tanner Vaughn, left, and Michael Wiebe competed in the KPAC junior varsity boys' cross-country race last Thursday at Kilcona Park.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

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Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

HOUSE FOR RENT

House for rent in Matlock, 1 bedroom, full basement, fridge, stove, washer & dryer included. No smokers, no pets. \$750/month plus utilities. Call 204-389-5279 or 204-886-7626.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

FIREWOOD

Seasoned cut & split firewood. Birch \$350/c, Tamarack \$300/c, Ash \$300/c, Pine \$250/c, Poplar \$200/c. Delivery extra. Call 204-785-0641.

HELP WANTED

Mike's Property Services is currently looking for seasonal and full time labourers, equipment operators and truck drivers to start immediately. Applicants must possess a strong work ethic and positive attitude. Must have a valid class 5 drivers license and own transportation, be dependable, reliable and able to work in a team environment. Duties include (but not limited to) all physical activities related to Residential and Commercial Lawn Care, Landscaping and Snow Removal. The following would be considered an asset: experience in commercial landscaping, lawn care and snow removal; Class 3 driver's license with equipment trailing experience; skid steer or loader operating experience clearing snow on commercial properties (certified operator). Wage is dependent on experience. Please send resume to: mikespropertygroup@gmail.com Only applicants considered for these positions will be contacted, thank you to all those who applied.

HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday (8 a.m. to 1 p.m.) in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Pizza Den in Stonewall has immediate opening for experienced full time lead cook to work Tuesday - Saturday 11:45 am - 8 pm go to www.pizzaden.ca to view menu. Cook will work individually and with a team. Kitchen cleanliness, food preparation, cooking, mentoring all part of the job. Competitive hourly rate based on qualifications. Send resume to Robert. magnifico@gmail.com

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

**News Tips?
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call the
Record
204-785-1618**

R.M. of St. Clements Public Notice – Board of Revision

Notice is hereby given that the Real Property Assessment Roll of the Rural Municipality of St. Clements for the year 2021 has been deposited in the office of the Rural Municipality of St. Clements and will remain open for public inspection during regular office hours (8:30 a.m. to 4:30 p.m., Monday to Friday). The 2020 Supplemental Bills for added and reduced taxes have also been mailed out. Applications for revisions may be made in accordance with Section 42 and 43 of the Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- state the grounds on which the application is based; and
- be filed by delivering it or causing it to be delivered to:

Board of Revision
Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp. 35 RR 1
East Selkirk, Manitoba R0E 0M0

The Board of Revision will sit on **Thursday, November 12, 2020 at 1:30 PM** in the Council Chambers of the Rural Municipality of St. Clements to hear applications for revision.

The final date on which applications may be received by the Secretary of the Board is **Tuesday, October 27, 2020 at 4:30 p.m.**

Dated at East Selkirk, Manitoba this 1st day of October, 2020

Deepak Joshi
Chief Administrative Officer

1043 Kittson Road
Box 2 Group 35 RR1
East Selkirk, Manitoba R0E 0M0
Telephone: Selkirk 204-482-3300
Winnipeg: 204-474-2642
Toll Free: 1-888-797-8425
Fax: 1-204-482-3098
Email: info@rmofstclements.com
www.rmofstclements.com



EXPRESS YOUR THANKS with a message in the Record



RURAL MUNICIPALITY OF WEST ST. PAUL PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2021 Assessment Roll of The Rural Municipality of West St. Paul has been delivered to the Municipal Office at 3550 Main Street, West St. Paul, MB and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of The Municipal Assessment Act. Forms are available at the Municipal Office.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to

**BOARD OF REVISION
THE RURAL MUNICIPALITY OF WEST ST. PAUL
3550 MAIN STREET, WEST ST. PAUL, MB R4A 5A3**

or serving it upon the Secretary at least 15 days before the scheduled sitting of the board as indicated in the public notice.

The Board of Revision will sit to hear complaints and revise the said assessment roll, on Wednesday, November 4, 2020 at 5:00pm via GoToMeetings.

Appeals received after 4:30pm October 19, 2020, will not be considered.
DATED THIS 1st DAY OF OCTOBER, A.D. 2020.

Brent Olynyk, MPA, ISM
Secretary to the Board of Revision
RM of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3
info@weststpaul.com



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HELP WANTED

Help Wanted East Selkirk, MB:
Apiary Supervisor - 1 position (NOC 8252). Minimum 3 years beekeeping experience preferred. Wage range \$14-\$17/hour. Employment from November 2, 2020 to November 30, 2022.
Apiary Technician/Worker - 3 positions (NOC 8431). \$12.09-\$13.50/hour. Employment from March 1, 2021 to October 31, 2021. Minimum 1 year experience required. Seasonal full time, days, evenings and Saturdays. Language is English. Duties would be to handle, feed and care for bees, help in replacement of hives and production of nucs, move hives, collect honey, maintain and drive vehicles, maintain bee yard; manufacture, assemble and maintain beehive equipment, maintain and operate other apiary related equipment. Must be able to handle heavy loads and work is physically demanding. Must work well with others, as well as the ability to maintain basic production records. Report to Supervisor. Would require steel toed safety boots.
 Send resume by email to: philip@waldbee.com
 By mail to: Waldbee Honey Farms Inc. Box 9 Grp 19 RR1, East Selkirk, MB R0E 0M0

MISCELLANEOUS

Is business slow? It doesn't have to be! Advertise now and make the mo\$ of things before winter. Don't delay. Each week our blanket classifieds could be helping your company get noticed in over 340,000 homes! It's AFFORDABLE and it's a great way to increase and connect with your future customers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 or email classified@mcna.com for details. MCNA 204-947-1691. www.mcna.com

WANTED

Car collector searching! I want your old car or truck, or anything interesting! Tell me what you have! Whether it's been in the barn for 25 years, or fully restored. Call David 204-900-9399.

LOST

Camera missing: Canon EOS Rebel T6i. Memory card will include sports and events. If found mail: bigandcolourful@mts.net REWARD

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

NOTICES

Urgent press release &/media advisories. The news never stops, and neither do we! We are assisting organizations, businesses, and the public in getting their messaging out about important news, changing operations, cancellations, etc. Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com. We are here to help you.

UPCOMING EVENTS

2020 Telus Manitoba Motorcycle Ride for Dad. 'Ride Alone Together' format - register to ride, collect pledges, and Ride Alone Together on the day and route of your choice. Details at ridefordad.ca/Manitoba

HAY / STRAW

Hay and straw bales for sale. 5'x6' net wrap. Timothy and Orchard Mix hay; wheat and oat straw. Contact Justin 204-392-7451.

Smiley's Flax Straw- \$3/bale. Road #77, East Selkirk. Phone 204-492-0602.

Flax straw bales for sale. \$3 per bale, pick up in yard. Phone or text 204-785-0492.

Large round hay bales for sale. Alfalfa & brome. Call 204-461-0722.

SHOP LOCAL

HAY/STRAW

Flax straw - \$3/bale. Also wheat straw & hay. Monday - Saturday. Call Nick at 204-461-0706 or Bill Matheson at 204-461-1906, Stonewall.

Small square wheat straw & flax straw bales for sale. Call 204-482-5101.

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BN never used; still in box, bendable goose-neck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 Men's WORK BOOTS/ SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

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Trailers, truckbeds & tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, financing & leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, Mb. 1-888-685-3127. www.kaldecktrailers.com

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RM of West St. Paul

2020 Sale of Surplus Equipment and Supplies

The RM of West St. Paul intends to dispose of miscellaneous items and supplies on an as is basis. The 2020 Surplus Equipment Sale Tender Package is available as advertised on the RM website (www.weststpaul.com).

In person viewing will not be permitted. Please contact info@weststpaul.com for more information.

The highest or any bid will not necessarily be accepted. Successful bidders will be contacted.

Bids are to be submitted to:

RM of West St. Paul
 2020 Sale of Surplus Equipment & Supplies
 Attention: Brent Olynyk
 3550 Main Street
 West St. Paul, MB R4A 5A3

Not later than 3:00pm, Thursday, October 15, 2020.



RURAL MUNICIPALITY OF ALEXANDER

PUBLIC HEARING NOTICE VACANT AND DERELICT BUILDING BY-LAW

PUBLIC NOTICE is hereby given pursuant to subsection 420(1) of the Municipal Act that the Council of the Rural Municipality of Alexander intends to establish a system by the "Vacant and Derelict Building By-law" to regulate the condition and maintenance of vacant residential and commercial buildings and to establish a process to take title to vacant and derelict buildings and present the By-law at a public hearing in the Council Chambers of the RM of Alexander on Wednesday, October 14th, 2020 at 11:00 a.m.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Vacant and Derelict Building By-law, as provided.

A copy of the Vacant and Derelict Building By-law will be available for review at the municipal office or on the municipal website.

As a precaution for the COVID-19 pandemic and physical distancing requirements, the public is requested to pre-register for the public hearing by contacting the municipal office at 204-367-6170 or info@rmalexander.com.

Don Dowle
 Chief Administrative Officer
 R.M. of Alexander



Virtual General Meeting

via Zoom 7:00pm

Wednesday, October 14, 2020

All are welcome.

While the pandemic has changed many things, Red River North Tourism has been busy welcoming visitors to the region. Take part in this virtual meeting and learn what RRNT has been up to this past year and what is planned for 2021.

To register: send your full name by e-mail to info@redrivernorthtourism.com with "Virtual Meeting" in the subject line. The meeting link and relevant information will be e-mailed to you. **Please register by OCTOBER 9th.**

*By registering to participate in this meeting you agree to be a member of Red River North Tourism for the period October 1, 2020 through March 31, 2021.

Visit our website: www.redrivernorthtourism.com for more information about RRNT.



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The Selkirk Record

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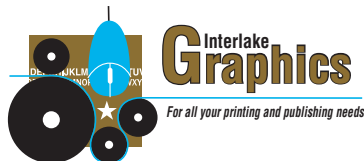
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Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

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- Strong computer skills, including Microsoft Office
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If you fit this description please email resume to Bigandcolourful@mts.net



MORTGAGE SALE

MORTGAGE SALE- The land and building known as 13 Hideaway Crescent, R.M. of St. Clements (Patricia Beach), Manitoba, as described in Certificate of Title No. 2787868/1, will be sold by public auction by a Licensed Auctioneer on October 21, 2020, at 10:30 a.m. at Gray's-Carter's Auction Gallery, 655 Logan Avenue, Winnipeg, Manitoba.

The Vendor is informed that the property consists of a one storey vacation home approximately 1,159 square feet, with living room, dining room, kitchen, 3 bedrooms, 1 bathroom, crawl space basement on an approximate 0.75 acre lot. The property is serviced by a private well and holding tank, particulars unknown. Realty taxes (excluding any accruing water charges) are paid to December 31, 2017. Prior Charges: Nil.

TERMS OF SALE- A deposit of \$30,000.00 by way of cash, certified cheque or bank draft payable to Fillmore Riley LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of \$187,000.00 plus such other additional, and incidental costs which may be incurred by the Vendor from the 24th day of September, 2020 to the date of auction and which costs will be announced prior to the commencement of the sale.

Due to restrictions under The Public Health Act, in order to participate in the auction sale, you must pre-register by contacting the individual below by telephone or email at least 24 hours in advance of the scheduled auction. Attendance by teleconference and/or video conference will be available. Should the successful bidder have attended by teleconference and/or video conference, the bidder will have 24 hours to execute the Auction Sale Conditions and to provide them together with the deposit to our office as set out below.

Further information may be obtained from:

FILLMORE RILEY LLP
 Barristers and Solicitors
 1700 - 360 Main Street
 Winnipeg, MB R3C 3Z3
 File No. 400784-3518/KAS/sw(arm)
 Attention: KEITH A. SENDEN
 Phone: 204-957-8382
 Email: auctions@fillmoreriley.com

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EXPERIENCED Red Seal Mechanic

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Compensation based on experience.

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Email resume and references to mick.walsh@thetire.ca

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**ANNOUNCEMENT
IN MEMORIAM**



Collin Fryza
March 29th, 1993 - September 25, 2010

You never said I'm leaving,
You never said goodbye;
You were gone before we knew it,
And no one could say why.
Many times we've needed you,
Many times we've cried;
If love alone could've saved you,
You never would've died.
In life we loved you dearly,
In death we love you still;
In our hearts you hold a place,
That no one will ever fill.
It broke our hearts to lose you,
But you didn't go alone;
For part of us went with you,
The day that you went home.

-Love Mom, Dad, Amber,
and your aunts, uncles, and cousins

**ANNOUNCEMENT
IN MEMORIAM**



Lena Meger
1933 - 2013

Those we love don't walk away,
They walk beside us every day;
Unseen, unheard, but always near,
Still loved, deeply missed and very dear.

-Lovingly remembered,
Doug, Tanis, Roger, Kim, Michele and families

Your memory will live forever
Engraved within our hearts



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ARBORG 204-376-3400 GIMLI 204-642-8501 SELKIRK 204-482-5806

Below is a sample of our listings.
To view all listings, visit
www.interlake.mb.ca.

DAYNA CLARK
204-461-1347
7.26 acres on #9 near Gimli,
well treed, potential for
subdivision into 4 lots.
\$174,900

Waterfront on Medicine Creek,
1077 sf + fin bsmt, compl reno,
3 brs, 2 baths, gar \$374,900

Ashern \$99,900, cute & cozy
1056 sf 3 br, open layout, 1.5
baths, AT/1 garage, treed lot.



**Custom built beauty
on 20 private acres.
Manicured yard, stunning
home, hardwood floors.**
Ellen Wyka
204-376-3400

INGRID BENNETT
204-642-2089
Rails End building lot, nicely
treed pie shaped lot.
\$29,900 no GST

2 acre lot south of Camp
Morton on Hwy 222. Nicely
treed, approach in. \$42,500

Shorepointe 3 bdr condo,
top flr, updated kit, flring,
windows. \$100,900

LAURENCE HUMNISKI
204-642-8501
57 Mansfield Ave.
3 bdrm. home, quiet
neighborhood. Well maintained
\$239,000

Golf Course Lots
Links at the Lake Gimli
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Jasmin Theobald
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SANDS - 2 bed 1040 sqft.
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295 WILLIAM - ARBORG 3 BED
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270 St. Peter - Arborg 5 Bed
1.5 bath home. Large
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Call to view!



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building site.
New Price \$219,900**
Jim Boulton
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MIKE JUBA
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#9 HWY!

Lake Winnipeg 4 2008 4 sea-
son /3/4 acre, beaches, piers,
HOTTUB 3BD, NICE \$149,000!!!

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Mike Chanas
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Silent is the voice we loved to hear.
Too far away for sight or speech,
But not too far for thought to reach.
Sweet to remember him who once was here,
And who, though absent is just as dear.

-Lovingly remembered by wife Sharon,
children Van (Shannon), Tanya (Ken)
and grandson Bryce

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Announcements

OBITUARY



Shelley Lynn Stevenson (Webb)

Shelley Lynn Stevenson (Webb) passed away in the early hours of September 24th, 2020 at the age of 45.

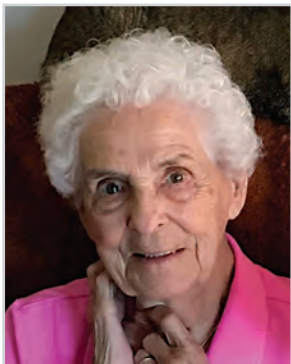
Her passing came after a long courageous battle with cancer. Shelley will be missed by many, especially by her children, Brittany, Jacob, Tessa, her twins Stormy, and Summer, as well as by her step daughter Madison. Shelley will also be dearly missed by her loving partner Jay, aunts Diane and Margret, her father Brian, step-mom Dian, and sister Heather.

Predeceased by her mother Beverley, two sisters Janice, Julie and mother-in-law Evelyn Anderson.

Shelley was and will remain loved by many.

A private gathering will be held for Shelley's close relatives, and friends

OBITUARY



Irene Rose Margaruite Byle (nee Vandal)

Irene Rose Margaruite Byle (nee Vandal), born September 20, 1924 in Middlechurch, MB, passed away peacefully one hour and fifty minutes before her 96th birthday on September 19th with her family at her side at the Concordia Hospital.

The last surviving matriarch of the Vandal family, Irene, the wife of a veteran and farmer Fred who predeceased her in 2006, enjoyed working in her garden and flower beds, canning and baking and sharing with family and friends. She also had a love for their many pets over the years. Mum enjoyed sewing and her knitting, making baby outfits for every grandchild and fisherman knit sweaters for all of us. You always knew where you stood with her "tell it like it is attitude." Mum always promised us that she would be

"sweet" in her old age but remained a feisty opinionated lady making her own decisions until her passing. Mum's passion in her later years was her casino bus trips (she won her share) with her last trip being in January of 2020. She enjoyed her many trips to Calgary and Toronto to visit her daughters. Mum was recently honored at the West St. Paul Seniors Luncheon as the oldest living born and raised West St. Paul resident.

After raising her five children, Robert (Linda), Judy (Michael), David (Emmy), Brad (Kelly), Leslie (Teri), Mum enjoyed being a grandma most of all to Leanne (Andre), Kenton (Erin), April (Todd), Amanda (Kevin), Joel (Roslynn), Mitchell (Tiffaney) and Mark. Known as "Sugarplum Gramma" to her great-grandchildren Sydney, Aurelia, Reid, Summer, Wade, Tatyana, Ben, Nick, Dominik, Scarlett, Ryder, Henry, Hannah, Michael and River, she was the happiest with a baby in her arms.

Our family would like to thank a very special woman who has become a part of our family forever, Merle, who was a very special friend to Mum (and her cats). Thanks to the wonderful staff on N1 at the Concordia Hospital for their compassionate care to Mum and her family. And to Kenny from Ken Loehmer Funeral Services once again for his care and compassion.

Due to COVID, Mum's final wish will be granted when it is safe for all of her family and friends to be together again for her final party.

If desired, donations in her memory can be made to the Winnipeg Humane Society or a charity of your choice.



204-886-0404

OBITUARY



David William Maclaren

David passed away September 23rd at the St. Boniface Hospital. Cancer claimed his life but never his spirit.

His memory will be cherished by his wife Beth of 54 years; as well as sons Allan, wife Pam, Don, wife Naomi, Scott, wife Joanne and daughter Leanne, husband Fred. His grandchildren, who were so precious to him and who adored him in return are Brett and Amy, Shaina and Joel, Iain, Mark and Katherine, David John and Caitlyn. Also left with special memories are brother Ron, wife Edmay, sister Betty, husband Ron and beloved nieces, nephews and their families.

David was the eldest of the Farmer family cousins of the Napinka/Melita area. He treasured his relationships with those aunts, uncles and cousins.

His parents, Kit and Allan Maclaren, made their home in Libau, Selkirk and Letellier and then back to Selkirk in 1960. David loved Selkirk and became very involved in community life. He was a part of the Selkirk Fair

and Rodeo Committee, Kiwanis and Rotary clubs, Selkirk Football Club, coached baseball and served a term on the Selkirk School Board. He was chairman of the opening and closing ceremonies for Selkirk's Centennial, board member of ARC Industries, Marine Museum and Highland Gathering. He also served as President of the Chamber of Commerce.

Faith was an important part of his life as a member of Knox Presbyterian Church. As a young lad, Saturday mornings were spent cleaning and polishing at the church under the watchful eye of his Scottish grandmother. Following in his mother's footsteps, he became an Elder at the church. In these last weeks David, Beth and family were comforted by the prayers from the church community and visits made by Knox minister Anthon Bouw in hospital.

Dad was the best-ever fan of both his children and grandchildren - cheering them on in many school activities and a long list of sporting events whether they participated, coached or refereed. There were many road trips to games and tournaments with a van full of athletes. He loved to be involved and he gave so generously of his time. Everyone knew Grandpa Mac was at the game when the unmistakable TOOT TOOT of his special steam engine horn was heard. Full of fun and funny sayings, the teller of tall tales and Grandpa groaner jokes, we are left with so many great memories.

He was a big Blue Bomber fan. He also enjoyed the Jets, Blue Jays, Celtics and Raptors. His love of curling started as a teen when he would curl with his Dad and school chums in Letellier. Many hours in the winter months were spent watching Manitoba curling teams on tv, urging them on. David, Beth and Leanne made a special trip to Las Vegas to watch The Continental Cup of Curling competition.

He was so excited to plan trips and especially enjoyed being behind the wheel. Whether it was a short drive "there and back to see how far it is" or across Canada and the US to visit family, he loved driving. He also enjoyed bigger trips to Hawaii for a cruise, Disneyland with Leanne's family and a bus tour of the east coast of Canada.

David, better known as Dave at work and in the community, thrived in the area of sales most of his life, earning the trust and respect of his customers at Gordon Motors and Selkirk Chrysler. He had a great reputation for putting the customer first. For his high sales achievement he was honoured with the Chrysler Senate Award. Even as he moved on to "retirement" he was never without a job, working at Domo Selkirk until just recently.

Dad was very proud to take part in the Olympic Torch Relay for the Calgary Olympics in 1988. During the run he ensured that our family got to touch the torch as we watched the run at Portage and Main. He continued to wear his jacket from the relay and recount the story fondly to anyone who asked.

The family sends appreciation to staff at HSC, Misericordia and St. Boniface Hospitals. Special thanks to the St. B Palliative Care unit for their specialized care and compassion.

For many years David participated in the Terry Fox Run. In lieu of flowers, donations can be made in his memory to the Terry Fox Foundation or the Knox Presbyterian Church Memorial Fund.

Dad and Grandpa, friend and fan, inspiration and strong example. "God Bless, See you in the funny papers, Touched you last!"

A private family graveside service was held. A recording of the service is available to view via a link at the bottom of his obituary at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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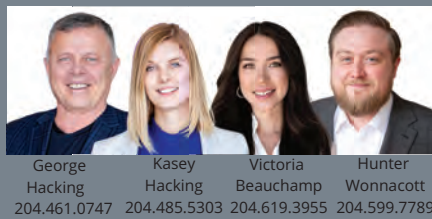
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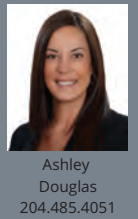
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