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Orange Shirt Day

RECORD PHOTO BY BRETT MITCHELL

Selkirk commemorated National Day for Truth and Reconciliation with a variety of activities recognizing residential school survivors and the children who didn't come home from residential schools. See some of the activities that took place inside. Pictured: Tehya Blackburde Moore dancing at Selkirk Park on Sept. 30.

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Gwen Fox Gallery hosts colourful, cozy exhibit to start fall season

Artists Patricia Anderson, Ruth Kamenev, and Judy Sutton bring energy and fun to gallery this month

By Katelyn Boulanger

This month's Gwen Fox Gallery exhibit features art from Patricia Anderson, Ruth Kamenev, and Judy Sutton. The three artist's work combines to create a cozy and comforting fall show that blends the familiar with the fantastic.

Patricia Anderson

Anderson is a fibre and glass artist whose work is colourful with her pieces being impressionistic and some veering into abstract work.

"Most of my work is sort of impressionistic. It's usually landscapes but

recently, I have been going into more sort of freer types of things which don't depict anything in particular. Just colour and texture and because I'm working with wool, I can use free motion stitching and embroidery, which I hated as a child, but now, I love it because I can add it to my pieces," she said.

Anderson has worked in three different mediums throughout her time as an artist. She started with paint and then moved on to fused glass work, now, she has moved on to fibre art creating felted pieces from dyed wool with some including sewn elements.

Continued on page 4



RECORD PHOTO BY KATELYN BOULANGER

Patricia Anderson.

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> GWEN FOX GALLERY, FROM PG. 3

She explained that many of her pieces in the gallery this month are inspired by the Manitoba landscape.

"When I'm driving, I just look and see something and stop, maybe take a photo of it. There're certain colour combinations that I really love. I love the canola, the autumn colours, the unity, the combinations — the greens and yellows and the lighter oranges. Those have always been my colours," said Anderson.

Her journey as an artist began when she was quite young like many kids through a love of drawing.

"I was about 12 or 13, and I started to draw, mostly drawing at that stage. I took art in school and I just always loved it. I did my exams and so on, and then I just took classes. I wasn't able to go to university or anything at that point, but I took classes with artists in the Caribbean, that's where I grew up. Then, when I came here, I started at the university, and I've done quite a number of courses in art. I've been teaching myself, looking at YouTube, and doing online courses. When I was in England, my father and my youngest sister live there, we went and we did a couple of courses with some really well-known fibre artists, felting artists, and all those little things just inspired me," said

Anderson.

Her advice for artists wanting to start their journeys is to just keep making art.

"Initially, when you first start, of course, it's not quite what you imagine it's going to become on your paper. But it's a skill. It's a hand-eye coordination. It's learning to look at nature and seeing things that you don't normally see, because your eye tends to tell you that it looks so, and it's not really so. You have to teach yourself to look, and you have to practice. I think that's the main thing," said Anderson.

She encourages residents to come to the gallery this month.

"I think it's a fantastic show. I mean, we've got some really beautiful artists in different mediums, which is great. It's just a way to see how different artists work and to talk to them too. I think that's really important. And the artists always love to talk," said Anderson.

Ruth Kamenev

Kamenev is a multi-disciplinary artist. This month she has a variety of realistic pieces available to view but she's recently started taking on the abstract and so keen-eyed attendees will find a few of those pieces on dis-



RECORD PHOTO BY KATELYN BOULANGER

Ruth Kamenev.

play as well.

"I have five pieces that are made with monoprints, and they're not like my other stuff. It's quite new. It's a different direction. I actually paint in several different mediums. I started out in watercolour, and now I do acrylics as well, and alcohol inks, and this new business of monoprinting with a gel plate, which is a lot of fun, very exciting," said Kamenev.

She explained that her subjects often involve the natural world. She's fond of birds, flowers and landscapes.

"I'm a nature girl. I like to be at the lake. I like to go for hikes. I take my camera with me wherever I go," Kamenev explained.

In addition to being influenced by nature, she finds that the Gwen Fox Gallery shows themselves are very inspiring.

"They do a lot of different things here. You never know what you're going to see, and it's really quite wonderful. So other artists inspire me a great deal. I've taken lots of courses, and I'm about to take a mixed media course," she said.

Kamenev said that her creative journey started when she was very young but it didn't start as many people do with drawing or painting.

"I started very young, but not painting. The creative journey can take many different paths and forms, and mine was a very jagged path. Even as a young woman, I taught myself how to crochet and macrame was a big thing at a certain point in everybody's lives. When you explore those things, you get a feel for texture, you get a feel for color, for composition, all of that stuff makes a big difference when you actually start your fine art

journey," she explained.

Her mother was an artist and when she died Kamenev felt a pull towards fine art.

"That very September, I took my first watercolour class, and it's been 27 years since then. I've taken many courses and it is really, it's a struggle. At first, when you don't know what you're doing, you think you're doing okay, until you look back in a couple of years, you realize, yeah, I had a long way to go. It's a long, hard slog, and people don't realize how much effort goes into making a fine piece. It takes years and years and years of struggle and throwing things out and frustration and husbands that say, 'Why do you do this? If it drives you crazy?' I said, 'Because eventually I'm going to get there,' and then it becomes an absolute joy," she said.

Kamenev has taught art classes in the past and her advice for starting artists is to have the patience to allow yourself to develop your skills.

"It takes time, and it takes real concentrated effort to get there, but you will, even if you think you have no talent, and people tell you, you know, I don't know what people will tell you, but don't listen to them. Just keep going. Just really work hard and you'll get there," she said.

She welcomes residents to check out this month's Gwen Fox Gallery show.

"It's gorgeous. You should come even just to look at it. You know, no obligation. Just come and see," said Kamenev.

To check out more of Kamenev's work check her out online at <https://ruth-kamenev.pixels.com/>.

Continued on page 5

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Manitoba Blue Cross is celebrating our 50th anniversary and bringing the festivities to Selkirk!

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> GWEN FOX GALLERY, FROM PG. 4

Judy Sutton

Sutton is an acrylic artist whose art greets you with bold colours.

"I paint in a representational style. I love colour, I love motion. And, in my first career, I was a music teacher, and I love to see the harmony and the movement always in what I'm painting. The other thing I always search for is joy, and I try really to make that be a piece of everything I do. I have done sad things, but not often," said Sutton.

Sutton's pieces at the gallery this month encompass a wide range of subjects from landscapes to portraits and wildlife.

Her work is very much inspired by her memories and what's going on in life.

"I have a couple of Ukrainian dancers here, and I did that at the beginning of the Ukrainian war. In fact, I

used to teach a Ukrainian bilingual program, not as a Ukrainian teacher, but as a music teacher. And so, I've seen a lot of this dancing so it's the memories and as well as what I happen upon," she said.

Sutton says that she was always a painter.

"As a music teacher, that's part of the job. You paint the sets you do all that kind of thing. I only became serious about it after I retired. I began in watercolour painting," she said.

Her transition from watercolour to acrylic painting came from both practicality and trying to achieve her goals.

"It's a lot of work carrying around glass paintings because they're so heavy. Acrylic is easier to transport. But more than that, I love colour so much, and I couldn't achieve the amount of colour that I desired in watercolour," Sutton explained.



RECORD PHOTO BY KATELYN BOULANGER

Judy Sutton.

As a teacher and an artist, Sutton's best advice for people who want to learn to create art is to practise.

"People don't understand that about art. They understand it about music. If you're taking piano lessons practice every day, but most adults coming to art want to be wonderful the first day, and it just isn't. You learn as you go and change and progress and try different things," said Sutton.

She invites residents to check out the gallery this month.

"It is absolutely an incredible show. There is great variety, great colour, great harmony, great personal input, and they will love it," she said.

The artists will be in the gallery for the artists's reception event on Oct. 3

from 1 to 3 p.m. They will also be in periodically throughout the month. Residents can visit the gallery for free from Tuesdays to Saturdays from 11 a.m. to 4 p.m. and late on Thursdays until 8 p.m.

Adult Art Classes

The gallery is also inviting residents to sign up for their Adult Beginner Life Drawing classes this month and next. Classes start on Oct. 8 and go until Nov. 26 with a class show taking place on Dec. 1. Artist in Residence Kate Braun will be teaching and the class will cost \$200 and include all materials. There are only ten spots available so sign up soon.

Local Lions Club looking for volunteers to help with Christmas Cake Bake

Fruit cake fundraiser underway to bring holiday joy

By Katelyn Boulanger

The Selkirk and District Lions Club is looking for people who want to help bake cakes which will be sold as part of their Christmas Cake Bake Fundraiser. The fundraiser is a bit of a well-kept secret in Selkirk as the Lions very quickly sell out of these traditional fruit cakes every holiday season.

"The Selkirk and District Lions Club basically used to sell used to sell Christmas cakes as a fundraiser in the past. In the past four years we've started baking our own cakes. The first year, we did 100 cakes, and the target this year is 240 cakes. Last year, we did around 180 cakes," said Selkirk Lion Veena Vijayan.

Vijayan explains that every year since they started they have baked more cakes, but, as the reputation of these fruit cakes gets around, the demand has always meant that they have to increase their cake baking for next year.

This cake baking isn't just a fun way to spread holiday cheer, however, as proceeds go to the Lions Club's Christmas Meal Program. Last year the program was so successful that they were able to distribute 160 meals throughout our community during the holidays.

To do this, however, they need to bake a lot of cakes. They do this in parts baking and freezing them so that they bake get enough for sale in December.

"We actually gather on a Friday evening, chop the fruits and soak them and all that and the next day we come and mix them and bake them," explained Vijayan.

The dates that they have set aside for baking are: Oct. 11 from 6:30 to 9:00 p.m. and Oct. 12 from 8:30 a.m. to 1:00 p.m., Nov. 8 from 6:30 to 9:00 p.m. and Nov. 9 from 8:30 a.m. to 1:00 p.m., and Nov. 22 from 6:30 to 9:00 p.m. and Nov. 23 from 8:30 a.m. to 1:00 p.m.

The Lions Club is hoping that residents in the community who enjoy baking might want to come and help out with this great cause.

Making the cakes in batches is "the only way because we have all three ovens, and we do a full day of baking, and that's the capacity of the oven," explained Vijayan.

The cakes are baked in the commercial kitchen of the Lions Manor on Christie Ave. in Selkirk.

Vijayan says that this fundraiser is important in our community because some families may not have the resources to have a traditional holiday dinner so being able to host this fundraiser allows them to gather together during a time of year when many are celebrating. It also gives people who don't have families something to look forward to during the holidays so it's a program that helps many different people in different circumstances in our community.

"It's a festive season and everybody wants to be happy, and it's a joyful time of the year, right? And, sometimes somebody (might not be) able to do that for their family, for whatever reason it could be, or it could be just one of those years when they couldn't and it really means a lot to see that smile on their face," she said.

The need is there in our community.

"In the last four years we have been doing this

the numbers have always increased. It shows the need for such a program in the community," she said.

Vijayan encourages people who are interested to reach out to her at 204-227-1646 to let her know you are coming.

"It's a very real fun activity. We have, in each group, people from, like young adults to the older adults who have retired and who have been helping out. We all get together chopping the food and having some chit-chat around the table," she said.

If you are interested in purchasing one of these notable fruit cakes. They are 2lb cakes and are sold for \$25 each. The cakes are advertised on the Selkirk and District Lions Club's Facebook page at <https://www.facebook.com/selkirkclions/> and they sell out fast so once the post goes up they advise you to place your order by messaging them before they run out.

Friendship Centre to host MMIWG2S+ Event



RECORD FILE PHOTO BY KATELYN BOULANGER

The Selkirk Friendship Centre will be hosting a MMIWG2S+ Healing & Wellness Walk on the National Day of Action for Missing and Murdered Indigenous Women and Girls (MMIWG) in Canada, on Oct. 4, starting at 6 p.m. The event will consist of a presentation and documentary screening from the MMIWG2S+ Manitoba Coalition with smudge and vigil walk from SFC to the waterfront for a cleansing ceremony. Everyone in the community is welcome and residents are encouraged to wear red or their ribbon skirts/shirts.

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Captivating Ghost Tours will send chills down your spine

Ghost Tours return to Lower Fort Garry this October

By E Antonio

Get ready to immerse yourself in the Halloween spirit this October. Friends of Lower Fort Garry (FoLFG) are inviting you to their Ghost Tours at Lower Fort Garry National Historic Site.

Every Friday and Saturday in October, FoLFG will host and share four different haunting tales that take place right at Lower Fort Garry.

A historic interpreter will guide you through the ghostly tales arising from the 1800's.

This is FoLFG's fourth year hosting its Ghost Tours, and this year's tours are not to be missed.

"There are new buildings and new stories compared to the last three years," said FoLFG President Dr. Carolyn Weiss.

One new tour, making its debut, will take place in the basement of The Big House, where stories of family spirits will be shared.

Another new tale will take place at the Furloft, where guests will travel to the attic to potentially see the sleeping apparition.

"There is a ghost who falls asleep and is sometimes discovered by staff members who see him on the furs," explained Dr. Weiss.

If you are brave enough, consider stopping at the Warehouse for another haunting tale. During this tour, you will see Manitoba's first asylum and penitentiary.

"Before Stony Mountain was built, Lower Fort Garry was the penitentiary for Manitobans. And, before the Selkirk Mental Health Centre, Lower Fort housed the first asylum," said Dr. Weiss.

There will also be fireside tales to be shared at the Indigenous camp if you want to add more storytelling to your evening.

FoLFG is making sure you are well-fed before you set off on your ghostly tours. New for this year, a taco bar

will be set up for you to feast on.

To take advantage of FoLFG's taco bar, tickets must be reserved in advanced online.

"You are welcome to just come for the Taco Bar if you like," added Dr. Weiss.

Tickets for the taco bar along with admission tickets for the Ghost Tours must be purchased online at www.folfg.com.

"Act fast because tickets are selling quickly," Dr. Weiss said. While the FoLFG welcomes tourists of all ages, Dr. Weiss advises participants that the Ghost Tours do contain mature topics. She recommends that tours should only be attended for those over the age of ten.

If you are feeling peckish partway through the evening, the Thirsty Beaver Tavern will be open to sell alcoholic and non-alcoholic drinks, plus light snacks. There will also be free cups of hot chocolate available for all attendees.

The taco bar and Thirsty Beaver Tavern will operate in the Visitors Centre, and card payments will be accepted at the Tavern.

Tours start at 6:30 p.m. each night and run every 15 minutes, with the last tour starting at 9 p.m. Each tour is expected to last 90 minutes, so be sure to arrive early to fit multiple tours into your eerie evening.

The Ghost Tours will run rain or shine, and even should the snow blow in a bit earlier than is typical. If extreme weather approaches, ticket holders will be emailed in the event of a cancellation, and a post will be made on social media.



RECORD PHOTO SUBMITTED

Ghost Tours at Lower Fort Garry are back for the Halloween Season. Friends of Lower Fort Garry invites you to join in on their haunted tales every Friday and Saturday in October. Tickets must be purchased in advanced at www.folfg.com.



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MB on track to hire 1,000 net new health-care workers

By Lana Meier

One year into its first term and six months into its first provincial budget, the Manitoba government is over halfway to its goal of hiring 1,000 net new health-care workers, Premier Wab Kinew and Health, Seniors and Long-Term Care Minister Uzoma Asagwara announced on Sept. 26 at Grace Hospital.

According to Kinew, residents of Manitoba have made it clear that they desire an increase in the number of nurses, doctors, and other health-care workers within the province. Keeping this in mind, our government promised to bring 1,000 additional individuals into our system. We are pleased to announce that we have exceeded the halfway mark towards achieving this goal. Setting ambitious objectives is a fundamental aspect of governing. By collaborating, we can achieve things that would not be possible individually.

The premier noted that Manitoba is on track to fulfill its promise of hiring hundreds of professionals within the next four years. Since April 1, there have been 873 new health-care workers added, including 116 physicians, 304 nurses, 290 health-care aides, and 87 allied health professionals. The staff has been distributed throughout the province, with all regions seeing an increase in staffing levels, as well as at CancerCare Manitoba.

Asagwara expressed gratitude towards the new health-care workers in our province for their efforts in repairing the damage caused

by the previous government. Having a strong team of staff enables us to make headway in reducing wait times and providing excellent care. We have diligently worked to increase the number of staff in our system and will continue to do so, as we strive to address key issues in healthcare. We extend our appreciation to all those who have chosen to pursue or return to a career in health care. Thank you for your commitment.

According to the premier, the plan involved recruiting new health-care workers, persuading staff to return from private health care, increasing opportunities for recent graduates, and repairing the strained relationship with health-care staff following years of disrespect from the previous government.

The government has taken on the following responsibilities:

- taken steps to change the culture in health care including sending letters to every new graduate, holding five listening tour town halls and working to hire every new graduate into the system;
- improved safety measures for staff at major hospitals;
- increased seats in training programs for medicine, physician assistants, occupational therapy, physiotherapy and nursing;
- increased the number of training spots for internationally educated medical graduates;
- launched a new Healthcare Retention and Recruitment Office focused on helping internationally edu-

cated health-care professionals find jobs or training in Manitoba;

- changed the requirements to make it easier for nurses to return to practice; and

- increased flexibility for nurses joining the provincial float pool.

Tiana Wyrhya, a new graduate working in Children's Emergency at Health Sciences Centre, credits her mother for guiding her towards a career in nursing. With over 36 years of experience as a nurse, her mom instilled in her a passion for this profession that she is grateful to be a part of. Working in Manitoba's health-care system allows Tiana to give back to her community and she feels fortunate to be able to do so in her home province.

"Manitoba has given a lot to me. I grew up here and attended the University of Manitoba for undergrad, med school and residency," said Dr. Matthew Buchok, psychiatrist, Health Sciences Centre. "I'm grateful to have the opportunity to stay and practice in Manitoba and have a positive impact on our community."

The premier noted the numbers are a result of the government's investments in retaining, recruiting and training more health-care workers including adding new training seats, streamlining licensing for internationally educated health-care workers and emphasizing community recruitment. The premier and minister have also sent a letter to every recent graduate to welcome them to Manitoba's health-care system.

Selkirk RCMP investigating after body found in the Red River

Submitted by Manitoba RCMP

On Sept. 21, at approximately 1:00 p.m., Selkirk RCMP responded to a report of a body floating in the Red River near the 3900 block of Hender-

son Highway, in the RM of East St Paul.

The autopsy has confirmed that the cause of death is not criminal in nature however identification of the de-

ceased is pending.

Selkirk RCMP continues to investigate.

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Gaynor Family Regional Library gets donation of trees

By Katelyn Boulanger

There are many benefits to having trees in community spaces including shelter, shade, sequestering carbon, and additional homes for wildlife, and the Gaynor Family Regional Library is now benefitting with 11 new trees and two new fruit bushes now making their home on library grounds.

The donation was made by Tree Canada in partnership with Selkirk Home Hardware and the trees came from, local business, The Flower Child. The trees include six new maples as well as two haskap berry bushes, two cherry trees, two apple trees and one pear tree which are now part of the library's community orchard.

"Tree Canada has planted about 80 million trees across Canada, and they've greened about 800 municipalities and 800 school yards, and they have really been involved in the last few years," said Mike James speaking on behalf of Tree Canada.

He also had some positive things to say about Home Hardware.

"Home Hardware is one of the Tree Canada's oldest sponsors. Since our partnership began over 31 years ago, we've planted over 32,000 trees, and Home Hardware has contributed well over \$1 million across Canada toward tree-planting efforts. For this particular event, Home Hardware has given a grant of \$3,800," he said.

Wendy Meger, General Manager of Selkirk Home Hardware Building Centre said that participating in community initiatives like this is something that they strongly believe in.

"We've partnered with Tree Canada and done several plantings over the last 20 years. We've partnered with the majority of the schools. It's always well received, and it's good to get the community involved, and it's a good cause," she said.

Ken Kuryliw, director of Library Services for the Gaynor Family Regional Library said that the library was very excited about this donation.

"We're really pleased with how this partnership started. As you know, the library is looking to expand this whole area up to here into an outdoor kid's area, to expand on our new 6000 square feet within the building's children's area. We're really excited to have some of our children here who are involved in our programs to take part in this event. We're really excited with the campaign starting up, and we'll be looking at everybody to pull together to build on our expansion. The library has been incredibly successful. We're the second-busiest library in Manitoba. We have over 150,000 visitors a year to our library, so we're really excited about our ability to expand and meet the needs of our community and show what a valuable community resource the library is," said Kuryliw.

He said that in addition to the benefits that the trees offer in the physical space having the trees also adds to what the library can offer.

"Libraries, of course, are involved in education. So, having an outdoor area opens a whole outside play area for kids and learning. When we collect, maple leaves from the new trees then you can talk about how these are formed, what they are, and then use them within the crafts in our programs," he said.

Selkirk Mayor Larry Johannson was also at the ceremony and complimented the library as well as the sponsors who saw the value in contributing to this free, inclusive space.

"The library isn't just a library anymore. It's a destination point. People are coming here for a lot of different things, and it's a privilege as (a repre-



RECORD PHOTOS BY KATELYN BOULANGER

Tree donation grows opportunities for the Gaynor Family Regional Library.

sentative from) the City of Selkirk to be able to be here. Thank you to the sponsors," said Johannson.

Kuryliw also wanted to remind residents that the Gaynor Family Regional Library is a welcoming space. Library cards are free if you live or pay property tax in the City of Selkirk, RM of St. Andrews, RM of St. Clements or

the Village of Dunnottar.

"We're a really wonderful place to be. We're barrier-free. We welcome everybody to the library, and you will find something of interest to you in the library. We've also got over 25,000 digital resources of full e-books online that are free to use with a library membership," said Kuryliw.



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Paddle Project brings awareness to 60s Scoop for Truth and Reconciliation

Local Selkirkian Jeannie White Bird helps to bring awareness at The Colour Orange

By Katelyn Boulanger

The Colour Orange was an event that took place in recognition of Truth and Reconciliation on Sept. 29. This event was hosted by Pineridge Hollow and Anish Healing Centre and local artist and knowledge keeper Jeannie White Bird teamed up with Huddle Selkirk to bring a Paddle Project art exhibit that was part of their 60s Scoop education area.

"This is the second annual fundraiser that they've put on. It highlights different aspects of truth and reconciliation and trying to teach people the beauty of our culture and the paddles are featured with our 60s Scoop presenter, which is Bradford Bilodeau," said Nadine Swartout, 60s Scoop Coordinator for Anish Healing Centre.

Bilodeau is from Beasejour and is a 60s Scoop survivor. He now shares his story of being taken from his family at a young age and has done presentations throughout Canada and in the United States.

White Bird is also a 60s Scoop survivor, a Selkirk resident, an artist, and continues to advocate for reconciliation in our community through her role as a local knowledge keeper.

"For people that don't know about the 60s Scoop. There was a time after residential schools where Canada started taking a lot of First Nations, Métis, and Inuit children and adopting them out or placing them with non-Indigenous families," said Swartout.

In addition to 50 paddles being painted as part of this Paddle Project, there is also a canoe that was painted and will eventually make its home at Anish Healing Centre's new headquarters.

Residents will also know White Bird as a muralist in Selkirk and she led the painting of the paddles and the canoe. The canoe was painted in colours that represent a ribbon skirt and, the paddles, White Bird said, she gave a little instruction to the Huddle artists but ultimately let them choose their own

colours and designs.

"The 60s Scoop, it's the continuation of the Indian Residential Schools and the negative impacts of it. For myself, I don't say just that I'm 60s Scoop. I say 'I'm a part of the federal/provincial policy of forced removals of Indigenous children from their families, from their communities, resulting in a loss of culture, heritage and language in a period known as the 60s Scoop.' I feel there are a lot of people who, like our friends have already said, they don't know what the 60s Scoop is. It's not something that has been highlighted as much as we know about the residential schools. It's just a continuation and also the continuation of the 60s Scoop is also the current child welfare system," said White Bird.

Jennifer Burling, an 18-year-old, who entered the child welfare system in Manitoba originally as a toddler and then from the age of six onward, was one of the artists who painted paddles as part of this project.

"I just walked into Huddle one day. They were painting paddles, and I love art. It's always been a passion of mine. So, I decided to join and just got to talking," said Burling.

She explained that she recently moved into an apartment after living in a vehicle and is hoping to make changes for her future.

"I know that's a big thing with a lot of people these days. They're trying to break the cycle of their family. That's been one of my biggest goals," said Burling.

When she learned about the Paddle Project and the 60s Scoop she felt a connection to those people.

"My foster mom is full English, and my foster dad was Métis but we didn't really do much tradition. It's like, yeah, we made bannock, and we'd go outside all the time. But it wasn't very traditional," she said.

"I didn't really get to grow up and know a lot about my culture, and I think that was something that I would have loved to know about," Burling explained.

She feels that bringing attention to the 60s Scoop and the history of Indigenous people is important as well as making changes so that



RECORD PHOTOS BY KATELYN BOULANGER

Paddles were painted and then hung up alongside a canoe to bring awareness of the 60s Scoop.



Indigenous children can learn more about their heritage.

"Especially Gen Z and the new generation, we don't want our culture to die down. We want it to keep flourishing and growing. I think it's good that we pass it down to the younger generation," said Burling.

White Bird said that all of this work is about bringing this history to the attention of the public.

"People need to be educated. Our relatives, we need to reach out to our relatives who are part of those systems and who maybe they don't even realize what their culture is, their heritage. The language is right here. Right here, amongst them and what a beautiful way to do that through art. Art reaches all people," said White Bird.

A graphic with a background of many small human figures. A large dark circle in the center contains the text "HPV causes cancer in 100 Manitobans each year." Below the circle, there is a logo for "CancerCare Manitoba ActionCancerManitoba" and "CancerCare Manitoba FOUNDATION". At the bottom, it says "VACCINE & SCREEN to prevent cervical cancer. PracticePrevention.ca".

A logo for CancerCare Manitoba ActionCancerManitoba. It includes the text "CancerCare Manitoba ActionCancerManitoba", "Brought to you by", "CancerCare Manitoba FOUNDATION", and "All funds raised stay in Manitoba." Below the logo is a dark circle with the text "VACCINE & SCREEN to prevent cervical cancer. PracticePrevention.ca".

Curling Club hosts fashion show



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Curling Club held a fun Fall Fashion Show on Sept. 26 to fundraise for their club. The show featured wares from Selkirk's own Packers Fashion. Community support for this event was evident as the show sold out of tickets well before the event.

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Huddle Selkirk brings learning to Truth and Reconciliation



RECORD PHOTOS BY BRETT MITCHELL

Huddle Selkirk's programming for Truth and Reconciliation Day brought together fun and learning at the Gaynor Family Regional Library last Monday. There were fun activities and there were learning activities that brought together residents in support of residential school survivors and those that didn't make it home from residential schools.



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Manitoba Beef Producers looking for producer input on major topics

By Becca Myskiw

Manitoba Beef Producers (MBP) is asking for producer input on a major topic this fall: livestock inspection.

As the organization's fall district meetings begin this October, MBP hopes many producers will attend to give their input on livestock inspection. Manitoba is the only province in Canada without livestock inspections.

Livestock inspection is the process that ensures proof of ownership. At drop-off sites like auction marts, an inspector reviews paperwork or visual aspects like brands or ID tags to confirm that the animal being dropped off is legitimate and not stolen or under improper ownership.

MBP general manager Carson Callum said the province has seen a few major fraud cases with livestock in recent years, making the topic of livestock inspection hotter than ever. He said MBP has been getting recommendations from the sector to investigate its viability more.

So, they're looking to their beef producers for their input.

"With the price of animals increasing, we just really want to get feedback from our producers on do we want this like our western neighbours?" said Callum. "We'd just really like to hear from producers on is-

suces and opportunities they've seen. It's great to get an update from them too."

The district meetings will also give producers an update on business risk management programs. This year, they will largely focus on predation management issues and discuss federal Bill C-282, which MBP opposes.

Bill C-282 takes supply management off the table in any future negotiations. Supply management is "the act of identifying, acquiring, and managing the resources and suppliers that are essential to the operations of an organization." Canada's current supply management system sets production quotas to balance supply and demand. It also controls imports and reflects production costs, supporting and protecting Canadian producers.

This year's district meetings are in the odd-numbered districts. Each meeting starts at 4:30 p.m. and is in-person:

- Oct. 21: District 13 at the Grandview Legion
- Oct. 22: District 7 at the Minnota Community Centre
- Oct. 28: District 3 at the Carman Legion Auxiliary Hall
- Oct. 29: District 5 at the Austin Community Hall
- Oct. 30: District 1 at the Mountview Centre in Deloraine



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Manitoba Beef Producers are looking for input from livestock producers regarding inspections.

- Nov. 4: District 11 at the Ashern Legion
 - Nov. 5: District 9 at the South Interlake Rockwood Ag Society in Stonewall
- There is also a virtual meeting for all districts at 7 p.m. on Nov. 6. All in-person meetings have a

beef-on-a-bun meal provided for attendees. Meetings are free to attend, but pre-registration is strongly encouraged. Producers can register at <https://mbbeef.ca/events/district-meetings-manitoba-beef-producers/>.

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Lord Selkirk School Division celebrating Terry Fox in schools

By E Antonio

Students across the Lord Selkirk School Division (LSSD) have tied up their shoelaces and headed outdoors for their annual Terry Fox Runs. Schools have been educating, commemorating and fundraising for the Terry Fox Foundation all month long, all while having fun.

Lord Selkirk Regional Comprehensive Secondary School (LSRCS) student Payton Bragg took up the commemoration aspect of the event and organized an "In Memory" wall display for the entire school.

"Students and staff can identify



Happy Thought School students had fun on their run.

who they will participate in the run in memory of or in support of," explained Magda Kuber, teacher at LSRCS.

Bragg set up a stand on Sept. 18 and 19 in the halls of the school for people to fill out a paper to add to the display. She came up with the idea as she wanted to bring personal awareness to showcase how many loved-ones can be impacted by a family member's cancer diagnosis.

"When students walk past the display I want them to recognize the effect cancer has on everyone and to bring a strong bond of community to the students especially to those in which cancer is currently affecting their life to remind them they are not in this alone," said Bragg.

Organizing an event of this nature is the norm for Bragg.

"I tend to do a lot of things within the community and school all the time, so this isn't something out of the ordinary for me. But, this is one of the most important events for me."

The Grade 12 student has dealt with family member's diagnoses of cancer herself, with her Uncle, Grandma, and Mema having gone through chemotherapy treatments.

Bragg noted that three students add-

ed their own names to the wall.

"It was courageous to see so many people get involved in the project, especially when cancer can be such a personal and sensitive topic for many," said Bragg.

In addition to contributing to the display, everyone also received a lollipop for putting a name on the wall.

Students from Happy Thought School (HTS) held a week-long fundraiser for the Terry Fox Foundation. HTS collected different amounts of pledges based on the day of the week. "Monday - Dimes, Tuesday - Quarters, Wednesday - Loonies, Thursday - Toonies, Friday - Your choice," explained Kristy D'Auteuil, a Phys-Ed Teacher at HTS.

D'Auteuil along with fellow PE Teacher, Natalie McConnell gave the

students an incentive to help bring in the funds. "If the students fund-raise more than \$500 then they will get an extra recess and a chance to throw a reusable water balloon at their PE teachers or Principals," said D'Auteuil.

The students successfully met and exceeded their fundraising target raising \$1803.49 and were able to get their extra recess.

D'Auteuil and McConnell also provided classroom teachers with many resources to share with the students about Terry Fox. "From videos, books, and many great lesson plans. The Terry Fox Foundation makes it very easy to learn about Terry on their webpage. They also have a link to a virtual classroom that you have access to videos, books and lesson plans



Three cancer survivors of St. Andrews School, Tessa Penner, Oliver Berry and Brenna Schellenberg accepting the banner for St. Andrews School's 35th anniversary of participating in the Terry Fox Run. Pictured with Deanna Holowachuk of the Terry Fox Foundation, and Karly Troschuk from QX 104.



RECORD PHOTOS BY E ANTONIO AND KATELYN BOULANGER

Payton Bragg, a grade 12 student at the Comp, created a Memory Wall for staff and students as an opportunity to display the names of loved ones affected by cancer.

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in just one click," D'Auteuil added.

On Sept. 20, HTS closed off their week with their own Terry Fox Run. Students in Kindergarten, Grade 1, and Grade 2 ran around the Fitness Trail located on the HTS school grounds, and Grade 3 and 4 students participated in the Church/Strathcona Road Challenge by running throughout the community.

"The East Selkirk Fire dept came out to help keep our students at HTS safe on the roads. They led the run with their side-by-side unit and had trucks out on the roads," said D'Auteuil.

Students at St. Andrews School also laced up for their Terry Fox Run on Sept. 20.

Before heading out for their run in the St. Andrews community, all students gathered in the gymnasium for a Terry Fox Assembly to kick off the event with St. Andrews School alumni and QX 104.1 Radio Host, Karly Troschuk. Troschuk loved being back in St. Andrews Dragon territory. "It feels so good to be back," she said.

At the assembly, St. Andrews School also celebrated their 35th year of being involved in the Terry Fox Run.

Deanna Holowachuk from the Terry Fox Foundation had the opportunity to present St. Andrews School with a 35th Anniversary Terry Fox Run ban-

ner to commemorate their milestone year. Three students, Tessa Penner, Oliver Berry and Brenna Schellenberg, all of whom are cancer survivors themselves, accepted the banner on behalf of the school at the assembly.

Earlier in the month, Kasha Korchinski, Principal at St. Andrews School provided classrooms with a video on Terry Fox to educate students about his story.

"Fred Fox was a guest at our school a few years ago and talked about the Terry's mission. He sent in a special video message to the staff and students at our school which we showed at our first whole school assembly this year," said Korchinski.

The following week, students from Walter Whyte School (WWS) visited Grand Beach Provincial Park for their Terry Fox Run.

"This year we are dedicating our run to "Run for Holden". Holden is a Gr. 3 student at our school who is currently going through treatments for kidney cancer," said WWS Principal, Gloria Juvoven.

On Sept. 25, students were given a sticker where they could write down a name in support of someone with cancer. Many staff and students wrote Holden's name down.

"[Holden] has not been able to start

his school year yet as he is in Winnipeg receiving cancer treatment. We want to make the connection for our students that part of the reason Holden is receiving such great care and advanced medical treatment is because of all the research and funding that goes into cancer care, and we can be proud that our school has been a part of that for the past 30 years," explained WWS Teacher, Robert Simpson.

Following the run, all stickers will be placed on display for everyone to see. Simpson added that he is grateful for the community's support. "We are a school of just over 100 students and last year we raised over \$2600. Each year we increase our fundraising goal. This year we hope to raise over \$2800."

At Lockport School, students and staff came together on Sept. 27 for an afternoon of fun team-building activities and their own Terry Fox Run.

"We are going to have four groups of 60 students going around the school and doing some things for fun," said Lockport School teacher, Marco Morelli.

The Lockport Lancers participated in a variety of fun-themed activities including — balloon volleyball, tallest house of cards challenge and the Helpful Shoe Activity.

"Terry was quoted as saying helping others was what he believed. We made the quote into a poster and all the students filled in their shoe templates with how they are helpful. The shoes are on display in the front foyer," explained Morelli.

Lockport School closed off their afternoon of fun with a run around their school.

"We have been celebrating (Terry Fox) for as long as I have been here. The staff and students always really

enjoy it," added Morelli.

Students at École Selkirk Junior High ran for Terry Fox on Sept. 27. They were treated to a healthy fruit snack after their run, provided by Aaron's No Frills. Staff at the school also set up two slushie machines for the students to buy a frosty-beverage in support of Terry Fox.

Another school that has had large amounts of funds raised for the Terry Fox Foundation is Robert Smith School.

"Our school has fundraised an astronomical amount for the foundation. So far to date, we are just shy of \$4000 for Terry. Because our students beat our goal of \$500 they have earned a pie throw event happening on Oct. 4 at our school," said Robert Smith Principal, Kim LeMoine.

The Grade 5/6 class held a unique fundraiser for the foundation.

"Each year, my class and I create a huge map of Canada that we use to help us review and learn the provinces, territories and capital cities of Canada," explained their teacher Kimberly Cooke.

The money map is able to be used in multiple subjects including English, Social Studies and Math.

Cooke explained that her class collects coins and then places them on the map along Fox's route.

"My class is still in the process of totalling the money we raised on our Terry Fox Map, but we are estimating around \$150 in coins," she added.

Overall, lots of smiles were to be had across the LSSD as they remembered the Canadian Hero, Terry Fox.

If you are looking to help a school raise funds for the Terry Fox Foundation, donations can be made online at www.terryfoxschoolrun.org by selecting "Donate to a School" and searching for your school of choice.



Staff and students at Walter Whyte School dedicated their run to Holden Wilwright, a student who is currently receiving treatment for cancer.



Students in Kimberly Cooke's Grade 5/6 class created a money map in their class. Students collected coins and placed them along Fox's path.

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Space heater safety 101

Fire Prevention Week (FPW) is from October 6 to 12, and this year's theme is "Smoke alarms: Make them work for you!" It's a great time to refresh your knowledge of fire safety, particularly if you use a portable heater for extra warmth. Follow

these 10 tips to ensure you use your space heaters safely:

1. Place the heater on a solid, level and non-flammable surface. Never place a space heater on a carpet, table or other piece of furniture.
2. Keep the space heater at least

one metre away from combustible materials, such as bedding and curtains.

3. Ensure the space heater isn't in a high-traffic area or doorway, where it could pose a tripping hazard.

4. Inspect the space heater for damaged cords or plugs before every use. If you notice fraying or damage, don't use the heater.

5. Don't use a space heater in a workshop or garage near flammable paints, gas cans or matches.

6. Regularly clean the space heater to remove dust and debris buildup, which can pose a fire hazard if ignited by the heat.

7. Never leave a space heater unattended, and always turn the heater off when you leave the room or go to bed.

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2. Check electrical systems. Ensure all garage wiring is in good condition and not overloaded. Consider hiring a professional electrician for periodic inspections, especially if you notice flickering lights or warm outlets. Install and maintain a functional smoke

detector for early fire detection.

3. Handle flammable materials carefully. Store gasoline, paint and other combustible substances away from potential ignition sources, such as electrical outlets, to minimize fire risks.

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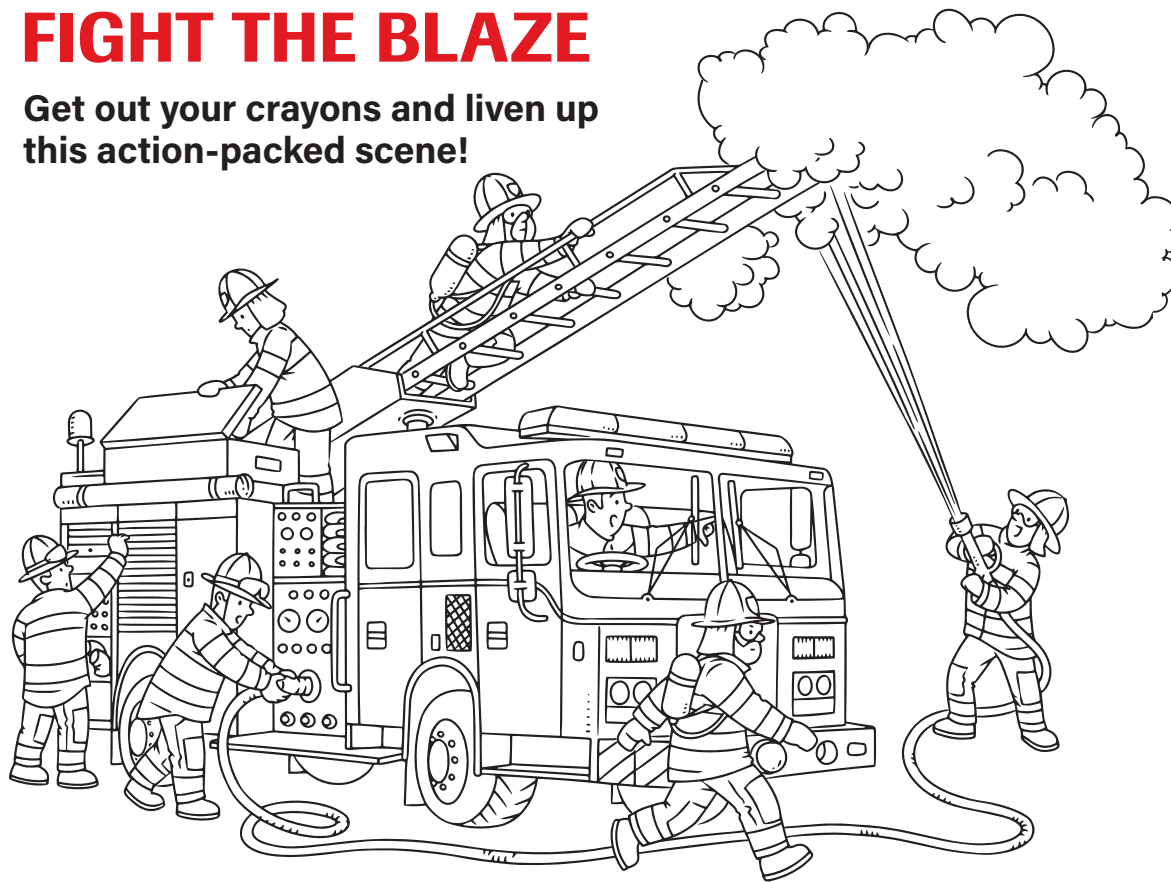
Use an extension cord or strip. Moreover, don't plug other electrical devices into the outlet as the heater. Always read and follow the heater's manufacturer's instructions to ensure you don't miss any critical safety instructions specific to your heater.

Install smoke alarms and carbon monoxide detectors near you use the space heater. Test them at least once a month to ensure they work. Smoke detectors can provide early warning in case of a fire or carbon monoxide leak related to the heater.

Check with your local hardware store to ensure a space heater with an automatic shut-off feature that turns off if the unit tips over or overheats. This additional safety feature can help prevent fires and reduce the risk of injury.

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The garage

5. Install fire-resistant materials. Enhance garage safety by installing fire-resistant materials like drywall rated for fire resistance or fire-resistant insulation on walls and ceilings. These materials can help contain fires and impede rapid spread during emergencies.

Make your garage a fire-safe zone by staying organized and taking proactive fire prevention measures.



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Manitoban's will continue to save at gas pumps until Dec. 31

Gas Tax holiday will continue until the end of the year

By Lana Meier

Premier Wab Kinew has announced that the Manitoba government plans to prolong the gas tax holiday until Dec. 31 of this year.

"Since we cut the gas tax in January, inflation has gone down in Manitoba," said Kinew. "This is what governments are for. We know Manitobans are still struggling with the impact of interest rates and grocery prices so we're going to continue to step up and save you 14 cents at the pump."

The premier has announced an extension of the current gas tax holiday on motor vehicle fuel (gasoline and diesel) until Dec. 31.

The province's leader pointed out that drivers of the most common vehicle in Manitoba, pickup trucks, can expect to save approximately \$14 with each refuel. According to the Manitoba Bureau of Statistics, this temporary relief on gas taxes has resulted in a 0.4 percentage point drop in inflation.

Since the introduction of the gas tax holiday, Manitoba has maintained the most affordable average retail price for gasoline in all of Canada. Furthermore, inflation levels have returned to the preferred range of one to three per cent set by the Bank of Canada.



RECORD PHOTO BY HALEY CVAR
Manitobans will continue to save 14 cents on motor vehicle gasoline and diesel prices until Dec. 31. The posted price at the gas pumps on Sept. 27 was 126.9.

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Correction

The Fall Tea hosted by Tudor House Personal Care Home has been rescheduled to Oct. 20.

Thanksgiving Music Concert

Saturday, Oct. 12th

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Manitoba Camera Club looking for rural members

By Lorne Stelmach

The Manitoba Camera Club may be based in Winnipeg, but it is aiming to expand its reach and connect with more photographers in rural Manitoba.

The group does have a few members from rural centres like Brandon and Portage but would like to bring in more from such regions as the Tri-S area.

With the increased use of Zoom during the pandemic, the club sees the potential to reach even more members and help them grow and enhance their photography skills.

"This opens the door for individuals of all skill levels and interests to join the premier camera club in the province and become an integral part of our vibrant community," said president Kayla Gordon, who added "what was started as a temporary measure during the pandemic has now blossomed into a huge opportunity for all photographers."

"I would think there is a lot of potential for members from rural Manitoba. I certainly hope so," said membership chair Wayne Adams.

Adams observed that going to Zoom had both pros and cons for the club.

"One of the advantages was that when we had subject matter and photography experts, we were pretty much confined to local people in the city ... but when we went to Zoom, we could have speakers from anywhere, and in fact last year we had speakers from across the country.

"So that opened things up in terms of presenters. It also meant that we no longer had a physical facility to pay for, so our membership fees were basically cut in half," he added, noting the fee went from \$100 to \$50.

"Also, we started getting people joining from elsewhere. We had somebody who lives in Toronto who's a member; we had someone in London, Ontario," he said. "It got our attention ... maybe we need to get the word out a little more and make sure people know what we're about and what we're offering.

"There's all these professional photographers who are potential presenters. There's also more competition because there's other clubs across the country that are wanting their time ... so we also need more membership to cover the cost of these things."

Adams stressed they are open to people of all skill levels, including beginners, and they continue to do events both online and in person.

"One of the negatives about going to Zoom was that people liked the fact that they could get together ... so that was one of the downsides," he said. "We also do have field trips as well. We've had field trips, for example, to the Corn and Apple Festival and things like that ... the Morris Stampede."

He sees the club as offering a great opportunity for people to learn and grow their skills through such things as monthly competitions where they can hear feedback on their photography.

"I know in my case it certainly made me pay attention to certain things in my photographic skills," Adams said. "I've certainly improved because of it."

"It has been a tremendous experience to take in national and international speakers on a variety of photography subjects from the comfort of my home," said Carberry resident Isabel Wolinsky, who has been a member



SUBMITTED PHOTO BY JEAN MCMANUS

The Manitoba Camera Club is reaching out to photography buffs across the province in the hopes of growing its membership more beyond Winnipeg.

for about a year and loves it. "Every week I am learning something new. That excitement shows up directly in my images."

"Our club is a diverse group of photographers, ranging from amateur to professional who support and en-

courage each other," said Anita Vermaak, a member from Brandon.

For more information, you can go online to www.manitobacameraclub.com.



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Selkirk's National Day of Truth and Reconciliation Ceremony



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Friendship Centre in partnership with the City of Selkirk hosted its annual National Day of Truth and Reconciliation Ceremony at Selkirk Park on Sept. 30. This ceremony included speakers, dancers, a drum group and a walk which included the Truth and Reconciliation Commission's 94 Calls to Action. Attendees were able to learn about the residential school system and were able to enjoy aspects of Indigenous culture that continue on.





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INSIDE > OUTSIDE > UPSIDE DOWN

CRJHL expanding to seven teams, home openers released

By Kieran Reimer

The Capital Region Junior Hockey League is expanding to seven teams for the 2024-25 season.

Entering the fold are the La Broquerie Habs after being approved by the CRJHL on June 11, 2024.

The Habs will play their home games out of Hylife Centre in La Broquerie, making them the second CRJHL club located south of Winnipeg.

The Habs join the Junior B classified league that includes the Arborg Ice Dawgs, Beausejour Comets, Lundar Falcons, North Winnipeg Satelites, Selkirk Fishermen, and the 2023-24 champion St. Malo Warriors who all competed in the six-team league last season.

Each team will play a total of 30 games (15 home, 15 away) in the regular season from Sept. 27, 2024 to Feb. 16, 2025.

Friday was opening night in the 2024-25 Capital Region Junior Hockey League season. Six of the CRJHL's seven teams were in play, with three games going north of Winnipeg.

The Selkirk Fishermen, Lundar Falcons, and Beausejour Comets all had victories in their home openers, improving to 1-0. As for the North Winnipeg Satelites, Arborg Ice Dawgs, and St. Malo Warriors, they all drop

to 0-1 on the season after losing their season openers on the road, the La Broquerie Habs had the night off.

The 2024-25 CRJHL season began with the Fishermen taking on the Satelites at Selkirk Recreation Complex. Fishermen forward Logan Saluk scored the first goal of the season with an unassisted marker ten minutes into the first period. Saluk led the scoring in the game with two goals and an assist, while Gaven Berry and Carter Courchene had the other two goals for the Fishermen. In net, Jordan Armstrong stopped 28 of 31 as the Fishermen went on to win 4-3.

Friday's second game occurred between the Falcons and Ice Dawgs at Lundar Arena. Falcons forward Cayden St. Laurent had two goals in the game, Joel MacMillan had a goal and an assist, while Kennedy Kerr stopped 32 of 34 in a 6-2 win.

The final game of opening night saw the Comets defeat the reigning champion Warriors 5-1 at Sun Gro Centre. Comets goaltender Dylan Liske stopped 33 of 34 while Braden Clarke scored twice to lift the Comets to victory.

Opening night saw 21 goals and 216 penalty minutes over the three games.

The Fishermen hosted La Broquerie Sunday afternoon falling 1-0.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fisherman's Karter Andrushko was able to get a shot off in tight during Sundays game.

On Sunday afternoon, the Beausejour Comets travelled to Lundar for Game 2 of regular season. Lundar won 5-2.

Beausejour Comets
Sept. 27 vs St. Malo Warriors at 8 p.m. at Sun Gro Centre

North Winnipeg Satelites
Oct. 1 vs Arborg Ice Dawgs at 8 p.m. at Billy Mosienko Arena

Arborg Ice Dawgs
Oct. 4 vs St. Malo Warriors at 8 p.m. at Arborg & District Arena

St. Malo Warriors
Oct. 11 vs North Winnipeg Satelites at 8 p.m. at St. Malo Arena

La Broquerie Habs
Oct. 11 vs Beausejour Comets at 8 p.m. at Hylife Centre.

HOME OPENERS FOR EACH TEAM:

Selkirk Fishermen
Sept. 27 vs North Winnipeg Satelites at 7:30 p.m. at Selkirk Recreation Complex

Lundar Falcons
Sept. 27 vs Arborg Ice Dawgs at 8 p.m. at Lundar Arena

Thunder teams looking for positives outcome

By Kieran Reimer

Fresh off their first win in two seasons last week, The Cruncher Thunder could not make it two in a row on Saturday afternoon.

The Thunder lost 24-0 to the North Winnipeg Nomads at Stonewall Collegiate Field to take their record to 1-5. "The boys struggled," said head

coach Kyle Kauk. "We couldn't get much going on offence. We did, however, have a strong showing on defence and held them to four touchdowns, including two interceptions."

The Thunder are scheduled to play on Sunday, Oct. 6 against the Fort Garry Lions at North Winnipeg Nomads Field.

Kick-off will go at 12:30 p.m.

Continued on page 24

PEEWEE

It's hard to pick out the positives in a 30-0 loss.

It's even harder when that loss brings your team

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The Selkirk Record

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Clifton shows no nerves, gets win in boxing debut

By Kieran Reimer

Maulers Boxing Fight Night II was supposed to be the coming-out party for Selkirk's Draven Clemons.

Clemons, 1-0 in his career, was scheduled to compete in the main event Saturday night at Selkirk Arena before his heavyweight bout was cancelled due to his opponent failing to clear medicals.

Clemons forced to sit out opened the door for 14-year-old Maulers boxer Autumn Clifton to debut in the main event.

Clifton, who has trained under Mauler's coach Devin Tomko for over a year, was supposed to fight earlier at night.

With the main event vacancy, Clifton's debut was moved to the main event in an arena with over 500 people in attendance.

Clifton took on an opponent her age, also making her debut. Neither boxer let the nerves of the stage get to them as they traded shots the entire fight, going the distance.

With a couple of big rounds from Clifton, including a near-knockout in the third round, she was officially pronounced the winner unanimously.

With the victory, Clifton moves to 1-0 in her boxing career.

"I put her in tough, she wasn't easy at all," said Tomko. "The girl was a lot bigger than her on top of it as well. Autumn's been training with me for a year and a bit so I knew she was going to let her instincts take over, and

that's essentially what she did. She picked her girl apart, out boxed her, and even got a standing eight count against her. It kind of solidified the win. It was amazing to see everything come to fruition. Watching the fight back, it almost puts a tear in my eye."

Tomko also had two other boxers making their debuts on Saturday.

Darian Morris-Izzard and Aaron Haak both competed for the first time against experienced opponents.

Though neither of them won, Tomko said they performed well in their first fights and gained some much-needed experience.

"They went in there, fought hard and well against more experienced guys which no one really does so hats off to them for taking those fights," said Tomko. "They showed a lot of promise. They were in it from start to finish just didn't do enough to pull off the victory."

Fight Night II was ultimately a smaller card than Tomko had planned for due to multiple cancellations and other Boxing Manitoba-sanctioned events around the same time.

The other fight cancelled on Saturday was the highly anticipated return of Ukraine's Damir Kudosov back from representing Manitoba on the national stage.

Recently, the 16-year-old represented Team Manitoba in Ottawa where he defeated Beaver Boxing Club's William Hall-Bastien.

Due to other events going on, and



Maulers' Autumn Clifton is pronounced the winner by unanimous decision at Fight Night II on Sept. 21 at Selkirk Arena. Clifton, 14, moved to 1-0 after winning her boxing debut.



RECORD PHOTOS SUBMITTED

Mauler's Autumn Clifton made her boxing debut at Fight Night II on Sept. 21 at Selkirk Arena. Clifton, 14, competed in the main event and won to move to 1-0.

opponents not wanting to fight an experienced young fighter such as Kudosov, he was given the night off.

Kudosov, who currently holds a 6-1 record is training for the national stage once again, where he is quickly becoming a legit contender to take the gold medal.

With Fight Night's I and II completed, Tomko plans to hold more events throughout the year.

A month ago, Tomko announced plans to hold a bigger event in Selkirk in June 2025.

On Thursday, Tomko announced

the event would be an international showdown between members of Team Canada and Team El Salvador's boxing teams at Selkirk Recreation Complex.

"It will be a big step," said Tomko. "I'm just doing it for the sport of boxing so it will be big for boxing in Manitoba and Selkirk. Boxing's alive in Selkirk. We had another 500 people at Fight Night II again, so we are looking to put Manitoba on the map slowly but surely in boxing. Having Team Canada vs El Salvador will be a great experience for the town and everybody involved."

> THUNDER, FROM PG. 23

to 0-6 to finish the season.

The Thunder finished winless this season after losing 30-0 to the North Winnipeg Nomads in their regular

season finale.

The game was a tale of two teams heading in opposite directions, one being the Nomads improving the 5-1

to tie for first in the division, the other one being a young Thunder squad facing a winless season coming to an end before October.

It was a tough season on the scoreboard, though it's not completely unexpected with how young this Pee wee Thunder team was.

Head coach Jared Boville brought that fact up numerous times throughout the season, as well as it being the first season playing football for some. Their best game of the season came

last week against the St. Vital Mustangs when they put up three touchdowns and limited the Mustangs in their closest game of the season.

That kind of effort is what the Thunder will hope to see more of next season as over half the team is eligible to return.

VARSITY

A bye week for the Varsity Thunder meant time to heal after last week's loss to the St. Vital Mustangs.

The Thunder, 1-1, practice twice more this week before Sunday afternoon football in Stonewall on Oct. 8.

The Thunder will take on the 0-2 Falcons Football Club at Stonewall Collegiate Field.

Kick-off will go at 2 p.m.

NEXT HOME GAMES
at the Selkirk Rec Centre
SUNDAY, OCT. 6th
VS St Malo 3:00 pm
FRIDAY, OCT 11th
VS Arborg Ice Dawgs 7:30 pm
SUNDAY, OCT 20th
VS Arborg Ice Dawgs 3:00 pm

NEXT AWAY GAMES
Tues, Oct 8 - vs North Winnipeg - 8:00 pm
Fri, Oct 18 - vs Beausejour - 8:00 pm



Meet the Fishermen
2024-2025



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INSIDE > OUTSIDE > UPSIDE DOWN

Steelers off to best start in 14 years of MJHL action

By Kieran Reimer

For the first time since 2010-11, the Selkirk Steelers are undefeated through their first five games.

This week the Steelers improved to 5-0 after beating the Niverville Night-hawks 5-1 on Tuesday, the Winnipeg Freeze 8-4 on Friday, and the Portage Terriers 3-0 on Sunday,

The Steelers now hold sole possession of first place in the Manitoba Junior Hockey League and are the first team to have five wins this season.

"It speaks a lot to the leadership group in the locker room," said head coach Hudson Friesen. "The buy-in and dedication here day in and day out has been very apparent with this team so far, and it makes our job as coaches easier when we come to the rink and guys are eager to learn and wanting to buy into the structure, the way we want to play and the way we need to play to have success in this

league. Albeit it's only five games, it's something we've got to keep growing on, but it's a very rewarding start, and I couldn't be happier for the guys in that locker room to have this success, and they've earned it."

Statistically speaking, the Steelers have been near perfect this season, and Sunday night's blanking of the Terriers is the exclamation point on how good they have been.

The Steelers came out fast, scoring just two minutes and nine seconds into the game off the stick of Wyatt Witham.

In the second period, the Steelers were outshot 15-6, but a heavy workload seemed to be no problem for goaltender Noel Olsonawski, who has only allowed two goals over three games this season.

Picking up his first shutout of the season in the game, Olsonawski will look to top his six shutouts from last

season. He stopped a total of 26 shots in the win.

What set the Steelers apart was their fast start to the third period. One minute in, Owen Warnick scored his third goal of the season, followed by Rohan Guevarra scoring his fourth of the season 44 seconds later.

The Steelers' three-goal lead frustrated the Terriers, who picked up six penalties throughout the remainder of the third period.

A shutdown third period, including a couple of goals, was one of the Steelers' best periods by committee so far this season.

"Sticking with the game plan and being consistent shift to shift," said Friesen. "For us we want every line to look the same when they are on the ice and play the same way. Over the course of a game, if everybody is playing the same way and being hard to play against by being responsible

with our defensive-minded play, it's hard for teams to try to continue to create, and it's one way we can grind teams down."

The Steelers are set for another three-game slate this week, starting with a trip to Hockey For All Centre against the Winnipeg Blues.

The Steelers take on the Blues (1-3-1) on Tuesday before playing the Freeze (0-3-1) on Friday in Selkirk, and the Virden Oil Capitals (2-3) in Virden on Saturday.

UPCOMING STEELERS GAMES

Tuesday, Oct. 1 at Winnipeg Blues, 7:30 p.m. at Hockey For All Centre

Friday, Oct. 4 vs Winnipeg Freeze, 7:30 p.m. at Selkirk Recreation Complex

Saturday, Oct. 5 at Virden Oil Capitals, 7:30 p.m. at Tundra Oil & Gas Place

Raiders struggle on MMJHL opening weekend

By Keiran Reimer

Not the opening weekend the Raiders Jr. Hockey Club were hoping for.

The Raiders dropped their home opener to the Stonewall Jets on Friday, then followed it up on Sunday by blowing a late lead and losing in overtime to the Pembina Valley Twisters.

In the home opener against the Jets, the Raiders got out to an early lead on a goal from Lucas Desousa but went on to give up the game's next three goals.

Brody Melsted cut the lead in the third period but the comeback fell short as the Jets added another to win


4-2.

On Sunday, Owen Lourenco and Lucas Desousa had the goals but the late game blunder, and a quick overtime goal from Pembina Valley's Austin Spicer were enough to hand the Raiders their second loss of the weekend.

The Raiders picked up a single point in the overtime loss to move their record to 0-1-1. They are currently tied for sixth in the Manitoba Major Junior Hockey League.

They now get ready for a home and home with the St. Vital Jr. Victorias this week, starting Thursday at 7:30 p.m. in St. Vital.

Then on Friday, the Raiders will host Arena. the Vics at 7:30 p.m. from Seven Oaks




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Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

News Tips? Story Ideas?
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APARTMENT FOR RENT

Rule Apartments located at 424 Eveline Street. 2 beds & 1 bath apartment suites available from \$1,250/month & \$1,150/month includes water and parking. Tenants pay their own hydro. Elevator in building, front door intercom, in-suite laundry. Located close to many amenities, Selkirk Park, public transportation, legion, fishing, shopping & more! Sorry, No pets & no smoking policy. Call/text Rule Apartments for more information 204-290-3805.

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Personal Support Worker wanted. In-home help for female in Lockport. Temporary part-time for 8 weeks. Saturday and Sunday 6 a.m. - 3 p.m. and 3 p.m. - 12 p.m. Accountabilities: Smoke-free home, activities of daily living, quality of life. Qualifications/Experience: First Aid, CPR Certification, health care certificates, criminal and abuse registry, other combination of health care education/experience will be considered. Email resumes and enquiries to belbs904@gmail.com.

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Petersfield Garage requires Tire & Lube Technician. Wage dependent on experience. Full time position. Call Terry 204-738-2552.

UPCOMING EVENTS

Saturday, October 12 2024, Steinbach Gun & Collectable Show at Friedensfeld Hall (From Steinbach 4 miles south on Hwy 12, then 1 mile east on 303). BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. For info ph. Sheryl 204-250-8766 or Carol 204-242-2320.

Brookside Cemetery (Walkleyburg) Annual General Meeting. When: Oct. 8, 2024 at 6:30 p.m. Where: meet at the cemetery.

Fall Market-New Location - we moved Selkirk Friendship Centre, 425 Eveline St., Sat., Oct. 5, 10 a.m. - 3 p.m. 35+ vendors, door prize entry form with monetary donation to Big Hearts Xmax Hampers.

ANYTHING GOES SALE - Sat., October 19th, 2024, East Selkirk Middle School, 1140 Strathcona Road, E. Selkirk (right off Hwy 59). We will have crafts, baking, artisans, local produce.... You don't want to miss this event! Open to the public from 10 a.m. - 3 p.m. Canteen on site. Wanted vendors - tables are \$25, contact Sheila [sstark@lssd.ca](mailto:ssstark@lssd.ca) or call 204-785-2036x 5514 to reserve your spot today. Deadline October 11th to book. FUNDS RAISED ARE FOR OUR ADK EDUCATIONAL SCHOLARSHIP

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Prep time: 5 minutes
Total time: 40 minutes
Servings: 4
1 large shallot
1 large Honeycrisp apple (or 1 1/2 cups)
5 garlic cloves
olive oil
2 cups low-sodium chicken or vegetable broth, divided
2 cups canned pumpkin puree
2 teaspoons maple syrup
pepper, to taste
salt, to taste
1/4 teaspoon nutmeg
1/8 teaspoon cinnamon
2 tablespoons heavy cream
fresh thyme, to taste
1 box Mini 4 Cheese Medley Mrs. T's Pierogies
Slice shallot, peel and cube apple and crush garlic.



Creamy Pumpkin Soup with Mini Pierogies

In pot over medium-low heat, add drizzle of olive oil and saute shallots, garlic and apple 20 minutes, covered. Let mixture slightly cool then add to blender with 1/2 cup broth and blend until fully combined.

In pot, add pumpkin puree; blended shallot mixture; maple syrup; salt, to taste; pepper, to taste; nutmeg; cinnamon; remaining broth; heavy cream; and thyme, to taste. Bring to low boil then add frozen pierogies. Boil 3 minutes.

BINGO
SUNDAY NIGHT BINGO
Pots are as follows:

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4 ● **\$2,110+ LUCKY 7** In 25 Numbers

Teriyaki Tofu Bowls

Prep time: 20 minutes
Cook time: 10 minutes
Servings: 4
1 tablespoon rice wine vinegar
2 tablespoons dark soy sauce
1 tablespoon honey
1 teaspoon fresh grated ginger
1 tablespoon minced garlic
2 teaspoons white pepper
2 teaspoons Chinese five-spice
1/3 cup neutral oil
1 package (16 ounces) extra-firm tofu, cut into 1/2-inch pieces



1 bag (16.9 ounces) Fresh Express Teriyaki Hot or Cold Salad and Noodle Meal Kit
In bowl, whisk vinegar, dark soy sauce, honey, ginger, garlic, white pepper and Chinese five-spice until combined. Slowly pour oil into mixture while whisking vigorously. Place cut tofu in mixture and allow to sit 15 minutes. Bring large saute pan to medium-high heat and place tofu in, turning when crust forms. When tofu is finished, set aside and prepare hot or cold salad and noodle meal kit. Serve with tofu on top of hot or cold salad and noodle meal kit.

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF JOHN ARTHUR SOKE, late of the Rural Municipality of West St. Paul, in Manitoba, who died on or about the 18th day of February, 2024. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their law office at 590 Main Street, Winnipeg, Manitoba R3B 1C9, on or before the 3rd day of December, 2024. DATED at Winnipeg, Manitoba, this 3rd day of October, 2024. **OLSCHEWSKI DAVIE** ATTENTION: IAN J. LAXER SOLICITORS FOR THE ESTATE

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CITY OF Selkirk

PUBLIC NOTICE - BOARD OF REVISION

Public notice is hereby given that the year 2025 assessment roll for the City of Selkirk is open for public inspection during regular business hours 10 a.m. to 4 p.m. Monday through Friday at the Municipal Office located at 200 Eaton Avenue, Selkirk, Manitoba.

APPLICATION FOR REVISION

If you are a person (in whose name property has been assessed), a mortgagee (in possession of property under subsection 114(1) of *The Real Property Act*), an occupier of premises (who is required under the terms of a lease to pay the taxes on the property), or the authorized agent of the person, mortgagee or occupier, and do not agree with your assessment, you may appeal the 2025 assessments and supplementary tax assessments issued in 2024.

If you are listed above, or if you are the assessor, you may complete the City of Selkirk Application to the Board of Revision and indicate your reason for appeal. The City will accept applications made in accordance with Section 42 and 43 of *The Municipal Assessment Act*. Please indicate whether the appeal is for:

- the amount of an assessed value,
- the liability to taxation,
- property classification,
- or if after speaking to an assessor, there is a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

Applications including the appropriate (non-refundable) application fee **must** be received by the City of Selkirk, before 4:00 p.m. on Tuesday, October 22nd, 2024, at 200 Eaton Avenue, Selkirk, MB R1A 0W6. Applications without the correct payment amount, or not in compliance with Section 43(1), shall not be considered received.

You may find more information regarding the required fee on our website at: MySelkirk.ca/FeesandCharges

If you have any questions regarding this application or if you would like to receive a copy of the Application to the Board of Revision, please call **CitizenSupport** at 204-785-4900 or by email: citizensupport@cityofselkirk.com

The Board of Revision will sit on Thursday, November 7th, 2024, at 6:00 p.m. at the Selkirk Recreation Complex Banquet Hall located at 180 Easton Drive, Selkirk, Manitoba.

Dated this 23rd day of September 2024.

Kevin Richter, CPA, CMA
Director of Finance
City of Selkirk

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CELEBRATION OF LIFE



Clayton Kenneth McMurren (Clipper)
 September 8, 1946 – September 24, 2023
 Notice of Celebration of Life
 Pinawa Golf Course
 1 Willis Drive, Pinawa, MB.
 Saturday, October 5, 2024
 From 1 p.m. to 4 p.m.
 Please join us to share some memories
 and toast the "Clipper" one more time.

*There is a link death cannot sever,
 Love and remembrance last forever.*

OBITUARY



Marie Steltenpool (nee Ostermann)
 November 5, 1936 - September 23, 2024
 Marie passed away peacefully at Golden Door Geriatric Centre on September 23rd, 2024.
 She is survived by her brother Ernie (Joan).
 She was predeceased by her husband Casey, parents, Fritz and Anna Ostermann and five siblings, Anne Schmidt, Joe, Clare, Pauline Kreutzer and Teo.
 Marie was an elementary school teacher. Her career spanned 37 years, much of it as a "resource teacher" working with "special needs" children. She will be remembered for her patience, kindness and generosity.
 In keeping with her wishes, cremation has taken place and a Mass will be celebrated on Thursday, October 3, 2024 at 10:00 a.m. in the St. Margaret's Roman Catholic Church, Little Britain, Manitoba. Interment will follow in the Churchyard cemetery.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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OBITUARY



Millie "Bunty" Bakker
 1938 - 2024

It is with profound sadness that we announce the sudden but peaceful passing of our mother, Millie Bakker, on September 21, 2024.
 She was predeceased by husband Jim, her parents John and Edna Bolton, her brother Jim and sister-in-law Kay Bolton.
 Millie is survived by her sons Joey, Darrell and Jason, her grandchildren and her great-grandchildren. As well as one sister and many nieces, nephews and cousins.
 Millie held many jobs over her lifetime but was most proud of having been a telephone operator for MTS in Selkirk for 30 years. She treasured the many lasting friendships she made while working there.

She was always the first to volunteer to help us all out whenever needed.

She was the life of the party and went out of her way to add her special touch to every celebration she attended.

She loved music, singing, cooking, flowers, birds, fishing and the great outdoors. She had a special place in her heart for all the pets she had over the years. She was always very active and enjoyed living at the Lions Center where she was very involved with committees for entertainment, birthday parties, barbeques and movie nights.

A highlight for her was going to the Legion on Monday afternoons to play crib with her friend Mary.

As per her wishes, cremation has taken place and there will be no formal service. There will be a Celebration of Life at a later date.

The family wishes to thank Evelyn from the Lions Center, the RCMP, the Paramedics and Gilbart Funeral Home for kindness and swift services.

Though you are no longer here with us
 You will remain in our hearts Forever.

We will love you ALWAYS
 Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



RURAL MUNICIPALITY OF ST. CLEMENTS

NOTICE OF PUBLIC HEARING

**Under The Planning Act
 NOTICE OF PUBLIC HEARING
 Regarding Zoning By-Law Amendment No. 8-2024**

The Council of the R.M. of St. Clements, under the authority of *The Planning Act*, will hold a Public Hearing at the Municipal Office Council Chamber, 1043 Kittson Road, East Selkirk, MB, on **Tuesday, October 22, 2024 at 6:00 P.M.**, at which time and place the Council will receive representations and objections, if any, from any persons who wish to make them in respect of By-Law 8-2024, being an amendment to the R.M. of St. Clements Zoning By-Law No. 5-2002, as amended.

The general intent of the amendment is to amend text portions of the R.M. of St. Clements Zoning By-Law No. 5-2002 to provide clarification and general text amendments for administrative purposes as related to *Table 10: Agricultural Use Table* section of the Zoning By-Law.

A copy of the above by-law and supporting material may be inspected between the hours of 8:30 A.M. and 4:30 P.M., Monday through Friday at the R.M. of St. Clements Municipal Office, 1043 Kittson Road, East Selkirk, Manitoba.

For more information, please contact:
 Sue Sutherland, CMMA
 Manager of Planning and Special Projects
 Phone: 204-785-4158
 Email: sue@rmofstclements.com



Announcements



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OBITUARY



Michael Lewis
1987 - 2024

Michael Edmond Lewis passed away suddenly on Sept 20, 2024.

Mike was born on January 12th, 1987 in Selkirk, Manitoba. He will be remembered by his fiancé and life partner, Tori Spencer, his parents Jim and Heather Lewis, his brother Kevin Lewis (Sarah), Tori's parents Ian and Cynthia Spencer, and Tori's sister Kelly Spencer.

Mike's passion was hockey and he played on youth teams in both Selkirk and Boissevain, MB. He was a proud former member of the Selkirk Fisherman Junior B Hockey Club.

Mike graduated from Lord Selkirk Regional High School in 2004. He joined the RCMP and graduated from RCMP Depot in Regina, SK in December 2008. He was a proud member of

the Force. He was posted to Ste. Rose du Lac, Nelson House, Thompson, Winnipeg and most recently Yellowknife, NWT. Mike played hockey with the RCMP Red Coats Hockey Club which was his pride and joy. His teammates were brothers to him.

Following cremation, a Celebration of Life will be held at Gilbert Funeral Chapel in Selkirk on Monday, October 7th at 1:00 p.m.

In lieu of flowers, donations can be made to the RCMP Slain Peace Officers Fund by e-transfer to spof.ddiv@gmail.com, or by cheque to: Slain Peace Officers Fund, 5235 Portage Avenue, Headingley, MB, R4H 1E1.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Andrew Dolenuk
June 12, 1947 - September 18, 2024

It is with great sadness that the family of Andrew Henry Dolenuk announces his passing on Wednesday, September 18, 2024 at the Selkirk Regional Health Centre.

Andy will be missed by his wife Marianne (Steffes), 55 years of marriage; son Kristopher, grandchildren Aiden and Alex; son Matthew (Pam), grandchildren Vienna and Harvey.

He is survived by his brothers Len (Betty Rempel), Maurice, George (Olga Krewenko); sister Margery Stefaniuk; sister-in-law Joan Fyvie and many nieces and nephews.

Andy was predeceased by his parents Peter and Anne (Kulbaba); brother John; sisters-in-law Vicky Dolenuk and Sheryl Dolenuk; brother-in-law Bill Stefaniuk.

Andy was born in Sandhill north of Tyndall and enjoyed his grades 1-8 at Greenwich School. His high school was at BCI-Beausejour. Andy and Marianne lived in St. Andrews for over 50 years. He worked in telecom-communications for over 30 years. Last four years before retiring, Andy worked with senior fiber optics system in the U.S.A, Phoenix, Dallas, and St. Louis (mid west area).

Andy was always grateful for all the friendships through his journey in life. His greatest love was his two sons and four beautiful, wonderful, precious grandchildren.

See you later alligator.

In keeping with his wishes, cremation has taken place and a formal service will be announced at a later date.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Viola Kirchen (née Stranger)
July 29, 1929 to September 24, 2024

With great sadness we share that our mother, grandmother and great-grandmother, Viola Kirchen, has peacefully passed at Seven Oaks Hospital in Winnipeg on Tuesday, September 24, 2024.

Viola was predeceased by her mother Victoria Kipling and stepfather Walter Stranger, her younger sisters, Helen, Sophie, Jeannie, Mayme, and her husband Edwin Kirchen, daughters Elizabeth, Victoria and son Gordon Stranger, grandson Philip Stranger, granddaughter Tonya Kirchen and great-grandson Philip Stranger.

Left to mourn her passing is her sister Phyllis, and her children: Shirley, Lawrence (Alice), Corene, Brenda (Wendell), Barbara (Ashley), Kenny (Jen), Diane, Jeannette, Dorothy. She had 29

grandchildren, 58 great-grandchildren and four great-great-grandchildren. See www.bardal.ca for the full obituary. And many family, cousins, nieces and nephews in Winnipeg, Selkirk, Peguis First Nation, Brokenhead First Nation, Sechelt Nation, Thunder Bay and USA.

Viola was born and raised on the former St. Peter's Indian Reserve by her stepfather Walter Stranger and mother Victoria Kipling and later moved to Selkirk. She married Edwin "Eddie" Kirchen and moved to Winnipeg. She had part time jobs, but her primary activity was caring for her children and being a homemaker. She was devoted to her children and grandchildren and even though she did not have much she would often take in others that were in need of a place to sleep and something to eat. Taking the children on long walks along the riverbank in the evening to tire them out and telling them stories from the past about growing up on the banks of the Red River north of Selkirk was common pastime.

In later years, with advancing age and health issues she lived with her daughter Brenda (Wendell) and Dorothy who were devoted caregivers for many years until her passing.

May the memory of her love and caring for her children and grandchildren never be forgotten in all our hearts and minds.

The family would like to express their appreciation and thanks to the caring doctors and staff at Seven Oaks Hospital. Chi miigwetch!

A Memorial Service will be held on October 7, 2024 at 10:00 a.m. at Bardal Funeral Home, 843 Sherbrook Street, and at 11:15 a.m. Graveside Interment at Brookside Cemetery. Funeral Reception to be announced.

As expressions of sympathy, if friends so wish, donations may be made in Mum's memory to the charity of your choice.

Condolences and tributes at www.bardal.ca Bardal Funeral Home 843 Sherbrook St., Winnipeg, MB R3A 1M6 Tel: 1-204-774-7474

OBITUARY



Barbara-Jean Oberding
(Nee Hodgkinson)

September 10, 1944 - September 21, 2024

Barbara-Jean Oberding passed away peacefully with her family at her side on September 21, 2024 in Betel Care Home, Gimli, Manitoba at the age of 80 years.

Barb is survived by her husband of 61 years, David Oberding. Her son, Rob Oberding (Lisa) and grandchildren, Tessie, Brooklynn (Jarrod), Kristen (Jay) and Kyle and great grandchildren, Thomas and Londynn. Her daughter Carrie-Lee Oberding (widow of Al Yorke), and daughter Leslie-Anne Oberding (Trevor) and grandson Hudson. She is also survived by many cherished friends from her life in Saskatchewan and Manitoba from childhood to retirement.

She was predeceased by her parents Arthur and Gladys Hodgkinson and her brother Douglas Hodgkinson.

Barb spent every summer since childhood in Matlock at her family's cottage, eventually retiring in Matlock in the home her father built. Barb and Dave spent many years in both Saskatchewan and Manitoba collecting cherished, lifelong friends throughout their many moves. Barb was the life of the party and loved to be surrounded by friends and family. She was known for her sense of humor and her passion for entertaining. Most would say she was a firecracker who liked to spur deep conversation. She worked in many capacities throughout her life in areas from politics, child services to herbal medicine. She was a graduate of Reeves Business College and was a founding board member of The Lake Winnipeg Foundation and a board member of the Riverview Hospital. She loved to read and educate herself on mental and physical wellbeing and share that information with others. Barb also had a thirst for absorbing the news of the world and discussing it over a glass of wine.

She will be deeply missed by all who had the privilege of crossing her path. The family would like to extend their heartfelt gratitude to everyone who provided care for Barb, especially her special friends who checked in regularly. A sincere thank you to the staff at Betel Care Home for their compassion and support during her last months.

Cremation has taken place and a Celebration of Life will be determined at a later date. In lieu of flowers please donate in Barb's memory to the Alzheimer's Society of Manitoba.

Friends and family are invited to visit Barbara-Jean's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

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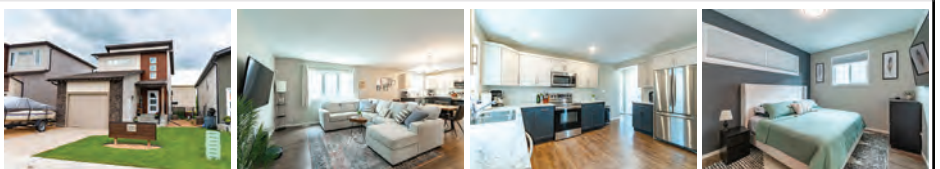


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