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THURSDAY, OCTOBER 6, 2022

VOLUME 13 EDITION 40

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Reconciliation at Selkirk Park

RECORD PHOTO BY KATELYN BOULANGER

Local traditional chicken dancer Tyson Prince performed at Selkirk Park for National Day of Truth and Reconciliation. Prince is a competitive dancer known nationally and internationally. Learn more about the event inside.

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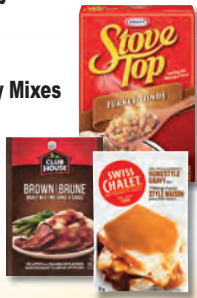
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PRICES IN EFFECT: THURSDAY, OCTOBER 6 - WEDNESDAY, OCTOBER 12, 2022

Selkirk Park turned into a place of remembrance for Truth and Reconciliation Day

Large crowd attended outdoor gathering

By Katelyn Boulanger

Learning about our history and culture is important in creating a sense of identity for ourselves and our communities. Last week a crowd gathered in Selkirk Park to learn about Indigenous cultures in our area and support Every Child Matters at Selkirk's Truth and Reconciliation Day event.

Lorie Fiddler of the Selkirk Friendship Centre opened the event by explaining the significance of the day.

"We respect the treaties that were made on these territories. We acknowledge the harms and mistakes of the past, and we dedicate ourselves to moving forward in partnership with the Indigenous communities in the spirit of reconciliation and cooperation. Each year September 30 marks National Day of Truth and Reconciliation. The day honours the children who never returned home and survivors of residential schools as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process. Both the National Day for Truth and

Reconciliation and Orange Shirt Day take place on Sept. 30. Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual family, community intergenerational impacts of residential schools and promote the concept of Every Child Matters," said Fiddler.

The City of Selkirk and the Selkirk Friendship Centre jointly hosted the gathering in the park. Dignitaries from the city and the Manitoba Metis Federation spoke, as well as local knowledge keeper Jeannie White Bird and Elder Wayne Manningway whose mother is a residential school survivor.

"[Selkirk] is ground zero, for healing for me and my family from intergenerational traumas. One of the things that began that journey for me was, I was taught, by the Elders, and by the knowledge keepers, how to use the tobacco," said White Bird.

She then went on to share the knowledge that tobacco is the first sacred medicine of Indigenous people.

Continued on page 5



RECORD PHOTO BY KATELYN BOULANGER

Children dancing while the Selkirk Culture and Drum Group played.



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Big DOLLAR

Healing Garden at library a place of reconciliation

Knowledge keepers teach at healing garden planting

By Katelyn Boulanger

Last year the Manidoonsag Imaa Mikinaako-Minisiing Sacred Spirits of Turtle Island space was officially unveiled behind the Gaynor Family Regional Library. From above, the rocks and four double-sided murals are laid out in the shape of a turtle. From below the space is equally impressive as the murals depict many Indigenous teachings while also being beautiful artistic additions to our community.

This year the space was added to, with the inclusion of a healing garden which was planted with the first of its plants which will include kinnickinnick, also known as bearberries, sage, cedar and sweetgrass.

This planting happened on Sept. 30 in recognition of National Truth and Reconciliation Day and drew a crowd of residents who learned from local knowledge keeper Jeannie White Bird and Elder Wayne Manningway who also spoke at the morning's Selkirk Park event.

"Thank you for joining us and for coming here and for taking part in witnessing a pipe ceremony. The pipe ceremony is what we're going to be doing today, myself and my friend,

knowledge keeper Wayne Manningway. Another thing that we wanted to do is to open up this journey right here [by] blessing the land. This is what we do when we start these kinds of traditional works," said White Bird.

Manningway explained why it was important to have a pipe ceremony at the site to welcome people into the space.

"When we do the ceremony today, we're asking for the blessing and asking for permission from our mother the earth that she looks after this place in a good way. We have to ask for permission when we do something. We don't just go there and clear and knock everything down. We ask for permission, ask for that forgiveness and ask for guidance going forward so we have a better understanding and that all good things may come into this area," he said.

White Bird and Manningway then performed the pipe ceremony.

When they were done the group was invited to help plant the first plants in the space as well as to plant sage seeds.

Gaynor Family Regional Library

Continued on page 6



RECORD PHOTO BY KATELYN BOULANGER

Wayne Manningway speaking to attendees at the healing garden opening.

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> TRUTH AND RECONCILIATION DAY, FROM PG. 3

"We hold [the tobacco] in our hand, and we say a prayer. We say a prayer from our spirits, from our heart and those prayers go directly up to creator," White Bird explained.

After White Bird passed on her knowledge Manningway discussed the importance of acknowledging our local history through a day of reconciliation.

"I thank you for acknowledging this day because I don't want anybody in life to go through the stories that I heard from my mom," he said.

He shared how his family tried to maintain their culture throughout the decades and how the treatment of Indigenous people in the past affects their children today.

"My grandmother, she used to do our spiritual ways secretly. I remember as a little boy looking at the teachings of my grandmother, she never gave up our spiritual way of life. So, I'm very fortunate to have that gift [to be part of] many ceremonies and a lot of them are healing. We need a lot of healing in this generation. Our kids are being stolen. They're being stolen by drugs [and] alcohol and that hurts me to see them and I don't want the little ones to go that way," said Manningway.

Residents were then able to enjoy some songs from the Selkirk Culture and Drum Group who played the drums for the crowd. The songs were so enjoyed that many of the children who were at the event came up to the front of the crowd and danced.

The event was concluded by a traditional chicken dance performance by local Indigenous dancer Tyson Prince. Prince is a competitive chicken dancer

who has performed all over Canada and internationally.

The event wound down with residents being asked to write their names and a note on a banner for the wall of remembrance in the MMF building on Manitoba Ave. as well as walking along the self-guided tour of the 94 calls to action from the Truth and Reconciliation Commission which were placed throughout Selkirk Park.



RECORD PHOTOS BY KATELYN BOULANGER

Left: Wayne Manningway speaks at the Selkirk Park event. Right: Children dancing while the Selkirk Culture and Drum Group played.



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6 *The Selkirk Record* Thursday, October 6, 2022
> HEALING GARDEN, FROM PG. 4

Director of Library Services Ken Kuryliw then acknowledged the accomplishment that took place with this project being brought to the community.

“I’d like to thank everybody for coming out. This is exactly what we’re trying to do as a community here in Selkirk and the Tri-S area and the Gaynor Family Regional Library. This is what can happen when the whole community works together as a team,” said Kuryliw.

The event concluded with a description of the many Indigenous lessons that have been represented in the murals surrounding the space.

The Manidoonsag Imaa Mikinaako-Minisiing Sacred Spirits of Turtle Island space as well as the Healing Garden are open to the public and located at the back of the library space.



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RECORD PHOTO BY KATELYN BOULANGER

Residents planting at the healing garden.

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Over \$3,500 raised for STARS



RECORD PHOTO BY BRETT MITCHELL

Last weekend, the Harry's Fine Foods/St. Andrews Fire STARS Helicopter fundraiser saw \$1,864 in community donations. Harry's Fine Foods is matching this donation bringing the total donation to \$3,728. The management and staff of the store were excited by how the community stepped up to support this initiative.



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get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Seventeen more Manitobans die from COVID

By Patricia Barrett

The provincial government's weekly COVID surveillance report for the period Sept. 18-24 (reporting Week 38) shows another surge in deaths from the virus.

Seventeen more Manitobans lost their lives, bringing the province's death toll to 2,160. The previous week's report showed a total of 2,143 deaths.

Despite vaccination and omicron variants that are said to be mild, people continue to die from the virus. A few weeks ago, the surveillance report noted 19 deaths from COVID.

There were 73 new hospital admissions for COVID in Week 38, of which 11 people needed admission to the intensive care unit. The previous week's report showed 87 hospital admissions, including 11 ICU admissions.

The provincial government doesn't report data showing the total number of COVID patients in hospital on any given day or week.

There were also 283 new laboratory-confirmed COVID infections in Week 38, a decrease of 94 cases from the previous week's report of 377. The government's data for new infections are an undercount as access to PCR testing is restricted and rapid antigen test

results aren't tracked.

Wastewater surveillance data continue to show an increase in COVID. Data for the city of Winnipeg as of Sept. 15 indicated "ongoing activity" and an "increase in activity level since early September has been observed."

The government used to provide a list of current and historical COVID outbreaks in facilities such as hospitals and personal care homes, but it stopped providing that in Week 37.

Other health news:

-The Interlake-Eastern Regional Health Authority's medical officer of health announced Sept. 26 that the COVID outbreak at Stonewall hospital is over.

"Visitation has resumed within existing infection prevention and control protocols," said an IERHA spokesperson.

-COVID outbreaks continue at the Ashern Personal Care Home, Tudor House PCH in Selkirk and the Teulon hospital (as of Oct 1).

-Health Canada issued a warning last month about certain hand sanitizers that could pose health risks.

The health agency is asking consumers to stop using the affected products, consult a health-care professional if they've used any of the products

and have health concerns, and report adverse events to Health Canada.

Some sanitizers contain impurities such as benzene or methanol or acetaldehyde at elevated levels, have undeclared ingredients such as benzalkonium chloride, have insufficient quality oversight or lack risk statements.

The latest affected product (Sept. 12) is Zero Tolerance Plus Sanitizer, which contains benzene at elevated levels. The company that makes it, Beauty in Bulk, had its licence suspended by Health Canada, according to the agency's Recalls and Safety Alerts webpage.

Other sanitizers added to the list in July by Health Canada include Davey's Hand Sanitizer, Davey's Sanitizing Hand Wipes and Hand Sanitizing Wipes, all from Up On Me Imports, and Nomad Hand Sanitizer Jasmine, Nomad Hand Sanitizer Lemongrass, Nomad Hand Sanitizer Scent Free, Nomad Hand Sanitizer Summertime and Nomad Hand Sanitizer Winter Cheer, all from Rocky Mountain Soap Company.

For a full list of hand sanitizer recalls and licence suspensions, visit the Recalls and Safety Alerts webpage.

Selkirk RCMP officer assaulted during violent incident

Submitted by Manitoba RCMP

On Sept.29, at approximately 4:45 p.m., RCMP responded to a stabbing that occurred at a residence on McLean Avenue in Selkirk. The victim and suspect were known to each other.

It was reported that the male victim, who had been stabbed, was now clinging onto the hood of the vehicle that the suspect had fled in, which was travelling on Manitoba Avenue.

Officers immediately responded and located the vehicle driving erratically with the victim still on the hood. The suspect vehicle drove at a police vehicle, almost causing a head-on col-

lision.

The suspect vehicle came to a stop and the male suspect got out of the vehicle. He became combative and threatened the officer who arrived at the scene. The suspect struck the officer, and the officer created distance and deployed a Conducted Energy Weapon. The suspect was arrested.

The officer received minor injuries.

The victim, a 28-year-old male from Selkirk, was taken to hospital with non-life threatening injuries.

John Michalik, 33, of Selkirk was charged with:

- Assaulting a Police Officer
- Assault with a Weapon

- Uttering Threats x2
 - Dangerous Operation of a Motor Vehicle
 - Assault
 - Possession of a Weapon for a Dangerous Purpose
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View the Selkirk Record online at
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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Gwen Fox Gallery packed with art in October

Michele Campbell, Barb Hoffmann, Gracie Kars Plouffe, Bernice Phillips and Yvonne Sabrish fill gallery this month

By Katelyn Boulanger

The Gwen Fox Gallery on the corner of Main St. and Manitoba Ave. has a whole host of art available to view for free in our community once again. This month's exhibit features art from Michele Campbell, Barb Hoffmann, Gracie Kars Plouffe, Bernice Phillips and Yvonne Sabrish who showcase a variety of different mediums and styles for a fun and creative October presentation.

Michele Campbell

Campbell is a Beausejour artist who is showcasing a variety of acrylic paintings at the gallery this month.

"They're all bears [in the gallery this month]. In 2011, I started painting bears because of climate change in their environment [causing ice] melting and so one picture led to another and I think I made over 50 paintings," said Campbell.

Campbell's bears are all polar bears but not all of the polar bears at the gallery this month are hers as some of the other artists there have tried their hand at the subject.

Her inspiration to take on the subject of climate change endangering our local wildlife came out of frustration.

"When [a large soft drink corporation] was saying that they would donate so much money to help the polar bears, I got really frustrated and thought 'How is that going to help with their ice flows or their food or whatever.' So, I ended up [painting] a polar bear with a dodo bird and half the polar bears coming in with the full view of the dodo. [Invoking the thought that] this might be the beginning of the end," she said.

Campbell's artistic journey started at a young age with a supportive community when she was living with her grandparents.

"I went to Sunday school and the Sunday School teacher popped by for coffee because grandma and grandpa's was like Tim Hortons at the time, and brought crayons and pencils and told my grandparents that she thought I had artistic talents," said Campbell.

From there she has continued to create over the years finding it to be a

great outlet for her to relax with.

Her best advice for beginning artists is to not give up.

"There are a lot of artists out there and I think that's a big discouragement for some artists is what I hear, but I think of it as, there's a lot of people [who want art] out there. There's a ton of people out there and it's really neat when somebody does like a picture of yours and buys it and then shows you where they have it," she said.

Barb Hoffmann

Hoffmann brought her love of nature and old-fashioned things to the gallery this month.

"I love the vintage actors. But especially nature like fish and animals, landscapes," she said.

Her diverse portfolio at the gallery this month features graphite drawings, acrylic paintings and photography work.

One aspect of Hoffmann's art that is particularly special is her memorial portraits which she creates for families after a loved one has passed away.

"I'll take a picture of somebody that's passed on and combine it with family members that are living so it's a portrait of them all together," she said.

She started doing this type of art when family members asked her to make some and since it has spread by word of mouth.

"Up until now all of my work has been commissioned but over the last two months, I've been working really, really hard to get large pieces done for the show," she said.

The Selkirk artist has a love for hyper-realistic art which is something that she's come to after dabbling in various artistic mediums since she was a young child.

Her best advice for maintaining an artistic practice is to find time every day for art.

"Even if it's just a little bit of sketching, on specific things like an eye or a hand or any-



RECORD PHOTOS BY KATELYN BOULANGER

Michele Campbell.



Barb Hoffmann.

Ed Teplyski

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Continued on page 10

> GWEN FOX GALLERY, FROM PG. 9

thing like that, just to keep in practice. If you look at a lot of different artists' work, you can get a lot of inspiration and the community here is super supportive and helpful. If you have any questions on media, how to do certain things, the members are super helpful," said Hoffmann.

Gracie Kars Plouffe

Kars Plouffe is a Selkirk artist that won first place in the oil painting category of the Interlake Juried Art Show last year. At the gallery this month you can see her winning piece as well as many of her other paintings and drawings.

"These are mostly all of my paintings. I have two that I didn't put in because I liked them. [I also] did the drawing of the motorcycle. I try to do different things because not everybody likes the same thing," she said.

Her main artistic inspiration comes from animals.

"They're beautiful. If you take a photo and they're sat in a certain way that's just perfect it inspires me to paint that," Kars Plouffe said.

This month she has polar bears, pelicans, a great grey owl and a duck on display.

She had a very humorous start to art creating.

"I was five years old, and I started drawing on my mom's wallpaper. I remember her saying, 'No, no, no,' then they got me [art supplies]. It's fun and I just kept drawing and it made me feel good about myself," she said.

Her advice for new artists wanting to pick up a pen or brush is to "take a course and see how that works."

Bernice Phillips

Phillips's art is hard to miss this month as she is the only artist at the gallery at this time who is painting on glass. Her artwork is showcased on glass blocks and vases but residents with a keen eye will also notice that she also has watercolour and mixed media pieces throughout the gallery.

"I love to paint on glass. I do sceneries on glass blocks; I do custom orders on glass as well as paintings

where people will send me a picture of say their cabin and then I'll paint the scene for them," she said.

Phillips says that she enjoys changing up her artistic media because it's good for the mind to change things up.

"There's so much new out there. It's like an adventurer discovering, 'Okay, this is a new medium. What can I do with that?'," she explained.

She was inspired to start creating art when she saw art that was created by other regional artists.

"I was at the Folk Festival and went to the handmade village and I was admiring people's art. And I thought, 'If learnt how to paint I could die happy,' so, I just started. I took a small acrylic class that was just a little kitty figurine, it was just a little stand-up. It was very, very basic and then I started experimenting and I did acrylic for quite a while and then I thought to try watercolour," said Phillips.

Her biggest inspiration is nature as she is also an avid gardener.

"I walk down the riverbank and I'm always looking at nature and using nature and aromatherapy as well as gardening, canning, that sort of thing. So, I'm just surrounded by it and it inspires me," she said.

She encourages anyone who wants to stop by the gallery and take in the free exhibit this month to stop by.

"It's very friendly, place. The people who volunteer here are artists themselves, and they're very willing to help other artists and encourage them. The gallery puts out a newsletter every month, that gives you all kinds of access to art classes, different shows, and people that are looking for custom work," she said.

Yvonne Sabrish

Sabrish is a local artist, living just outside of Birds Hill, who is inspired by her surroundings and the various places that she's lived.

"I really like watercolour because it's so transparent and the underneath colours come through. Because we lived up North for many years, I love painting Northern Lights, because we used

Continued on page 11



PHOTO SUBMITTED

Bernice Phillips.



RECORD PHOTO BY KATELYN BOULANGER

Gracie Kars Plouffe.



> GWEN FOX GALLERY, FROM PG. 13

to sit on the snow banks and look up at the sky when the Northern Lights [were out] and some of those were so red, you would not believe it. I've seen very pretty red Northern Lights, you don't see often, most of them were green and yellow," she said.

In addition to painting the northern lights, Sabrish is also the artist responsible for many of the flowers including some striking sunflower paintings on display.

She started her artistic journey while living in Thompson and taking university courses. She met local artists and ended up taking courses at a local art gallery there.

"There was a lady from the art show that did a session at the Y there and I took it and I thought 'Oh, this is not easy.' I thought it was going to be easy. [Then I met a friend] at Studio 55 and we went to the library and we took out books, and we'd go for coffee and tell each other what we read about in the books. Then we'd make a

painting and we'd meet and paint together," said Sabrish.

Her best advice for beginner artists is to invest in just a few high-quality supplies when you start.

"I would say buy really good paper, professional paints, and just a few good paint brushes. You don't need a lot of colours. You need to start just with a few," said Sabrish.

She encourages younger artists and people just starting in art to come to the gallery and become a member.

"We need younger people to come. We've got a lot of people that are our age because when we retire, we wanted to do something, but we have some younger people now joining, and they bring a freshness to and things that we wouldn't think of to do," said Sabrish.

If you are interested in checking out this month's Gwen Fox Gallery exhibition stop by their 250 Manitoba Ave. location anytime from 11 a.m. to 4 p.m. from Tuesday to Saturday.

Walking for Parkinson's



RECORD PHOTO BY BRETT MITCHELL

The Parkinson SuperWalk took place on Sept. 10. Dean Pruden as well as his family and friends normally participate in the Gimli walk but since COVID have been walking closer to home. This year they walked the Trans-Canada Trail to the Selkirk Bridge. Their team, The Opap Shakers, had over 30 walkers that raised \$3,777. This is the team's seventh year of walking together.



RECORD PHOTOS BY KATELYN BOULANGER

Yvonne Sabrish.

Helping Families Make Ends Meet



Manitoba's Affordability Package

To help ease the burden of rising costs and high inflation, the Manitoba government is providing much needed support to help Manitobans make ends meet.

This new Affordability package will help families with children, seniors living on a fixed income and vulnerable Manitobans.

The Manitoba government is standing up for families that need it most.

For more information, visit manitoba.ca/familyaffordability

The opportunity of a lifetime: The Disney Cultural Exchange Program

By Autumn Fehr

Imagine living and working at Disney World, the entertainment resort complex in Florida covering nearly 25,000 acres and operating theme parks, Disney's Animal Kingdom, water parks, Disney's Typhoon Lagoon and 31 themed resort hotels, nine non-Disney hotels, several golf courses, a camping resort and an outdoor shopping centre.

For many, it's only a dream, but for Robyn Thoresby, it was her reality for two months this past summer.

Thoresby has always loved Disney. Ever since she was young it was always her birthday wish – she always wanted to go, she said.

Her wish finally came true for her 12th birthday, and she got to go with her family. She became curious about how things ran there and how everything worked.

"I've always wanted to work at Disney World. It was always a little kid dream of mine that I never really thought was going to happen, and then when this opportunity came up, I thought, 'well I have to at least try and apply and try and go for it or else I'll be mad at myself forever'... It was a lot of hoping it was always something I wanted to do, I just never thought I'd get the chance to," said Thoresby.

The Disney Cultural Exchange Program allows postsecondary students and recent graduates to spend their break from school, working at Walt Disney World Resort. Through this program, participants get the chance to experience different cultures worldwide, connect with professionals from the industry, and build relationships that will last them a lifetime.

Thoresby's cousin had applied for a job at Disney, and that's how she found out it was even an option, for Canadians to work in Disney World. From that point on, she was hooked.

This year was the first time the program was available since COVID-19, and as soon as Thoresby received the notification it was up and running again, she decided to apply.

Thoresby recently graduated from the University of Manitoba in June with a Bachelor of Arts degree with a major in Sociology and a minor in Women's and Gender Studies.

"It felt like my one shot to try it," said Thoresby.

She said it was a quick and easy process from the moment she applied for the program online on the Disney careers website.

Thoresby applied for the program on the Disney Careers website at the beginning of April and went through an information session and an interview.



RECORD PHOTO BY ASHLEIGH ALLISON

Robyn Thoresby in front of the Millennium Falcon, in Galaxy's Edge which takes place on the planet of Batuu in the city of Black Spire Outpost.

Within less than two weeks, Robyn was accepted into the program.

"I was super nervous to tell anybody I applied because I didn't want to get my hopes up with it," said Thoresby.

When Thoresby got an email on Monday morning that she got into the program, she remembers happy tears and running downstairs to tell her mom.

From June 20 to Aug. 25, Thoresby embarked on her adventure and dream of a lifetime.

There was a lot to do, from signing lots of paperwork to packing her bags for two months away from home after she accepted the job.

Going to Disney was Thoresby's first time on an airplane, and first time travelling alone at all.

"It felt like a really big deal for me," she said.

Though her family had free complimentary tickets, which were included as part of the program, they didn't get a chance to visit, but her family sent care packages with Canadian snacks.

"Everyone on the Disney side of things was super helpful and quick to

Attention GRAND MARAIS Residents Beginning October 13

The Selkirk Record

orange vendor box will be moving to the
Grand Marais Community Central and RV Park.

Continued on page 21

Old Farmers Almanac predicts 'sneaky cold' winter

By Jennifer McFee

Braces yourselves — it will soon be time to pull out your parka and search for your Sorels.

The 2023 Old Farmer's Almanac Canadian Edition predicts this winter will be colder than usual in the Prairies with above-normal precipitation and near- to below-normal snowfall.

Managing editor Jack Burnett expects Manitoba's winter will be cold and relatively dry with snowy spells.

"We see the real cold parts starting in the middle of November through the first week of December," he said by phone from New Hampshire.

"The next cold snaps would be in the first week of January, the last week of January and the last week of February."

He points out that the coldest weather will likely end in February for a milder end to the season.

"It could still be somewhat cold in March and even in April, but it's mostly front-loaded into the winter, particularly in late November and early December," he said.

"We're also looking for the heavy-duty snowfall to be the last week of November, middle of December, last week of December and last week of January. So when you combine those two things, the two times when the cold and snow coincide are the last week of November and last week of January."

Although The Old Farmer's Almanac's forecasting methods don't usually focus on particular days, Burnett points out a few noteworthy occurrences.

To start, Nov. 15 to 19 will be very cold. Then from Nov. 26 to 30, he describes the weather as "frigid, which is like very cold on steroids."

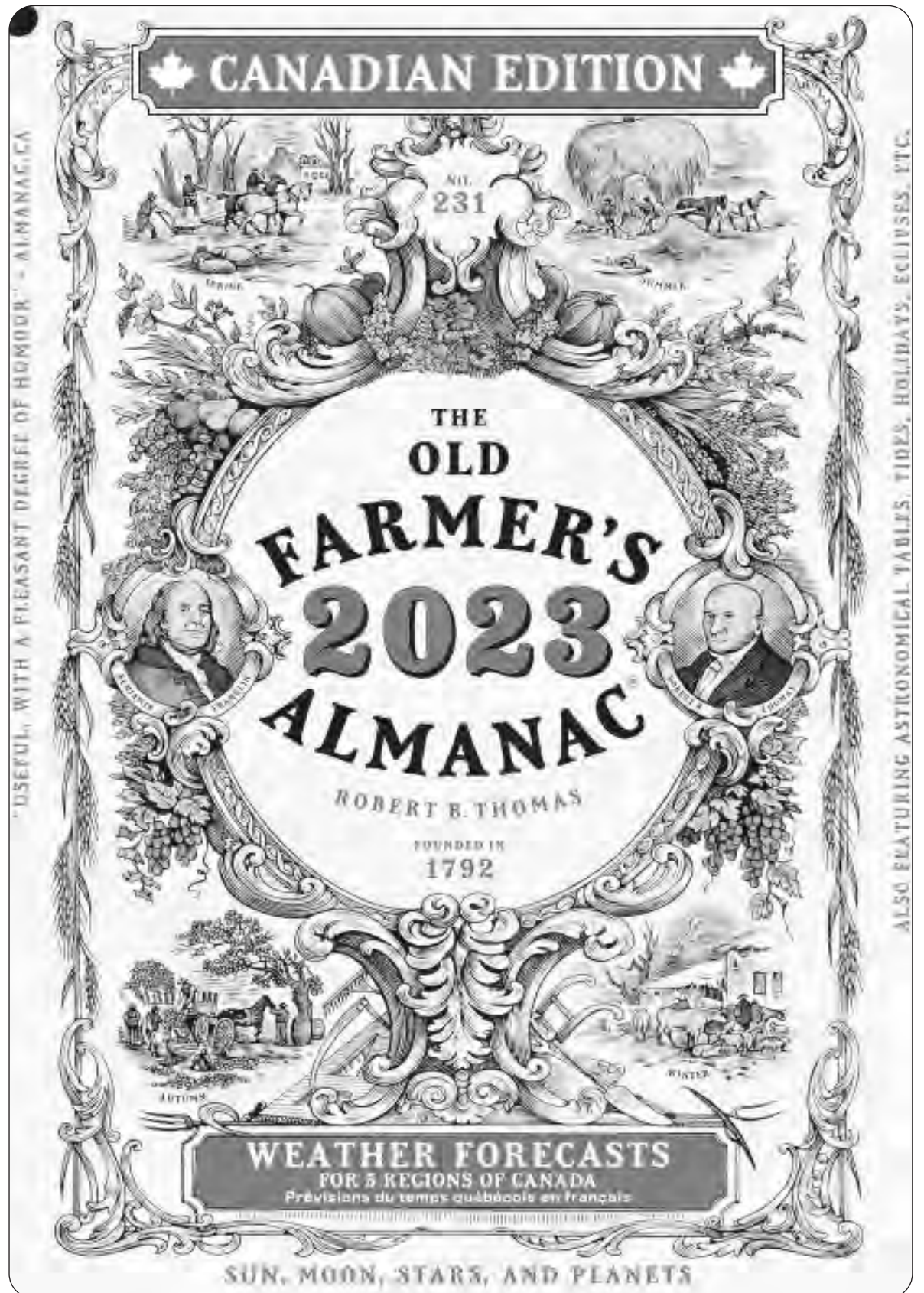
A snowstorm will span Dec. 10 to 13, followed by very cold weather from Jan. 19 to 22. The temperature will plummet further from Jan. 23 to 31 for another bout of frigid weather.

"We're calling it a winter of sneaky cold because it's going to be up and down. Just when we feel like it isn't too bad, Mother Nature is going to turn down the temperature. That will remind us that it is, after all, winter in Manitoba," Burnett said.

"Just when we get out of that cold, a few days later, we're back into it. It's going to be a rollercoaster of temperatures, but sometimes the bottom part of the track is going to be lower than normal."

However, for a tidbit of good news, Thanksgiving should shape up to be sunny and mild.

Continued on page 15



SUPPLIED IMAGE

The Old Farmer's Almanac is predicting a cold, dry winter in Manitoba.

What's *Your* story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

To see more photos of your favourite Interlake Athletes

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Interlake-Eastern RHA welcomes new medical residents

By Jennifer McFee

A pair of medical residents is embracing the opportunity to gain hands-on experience in rural medicine.

Dr. Luis Castro and Dr. Stewart Nadurak have embarked on a two-year residency through Interlake-Eastern Regional Health Authority's Family Medicine Residency Program.

Through this program, medical residents learn about the needs of rural patients as well as the opportunity to practise in a rural community after their training is complete. Residency is the final training stage for doctors after they graduate from medical school.

It's familiar territory for both Castro and Nadurak, since they both spent time in the region as medical students through the Home for the Summer program. Offered jointly by IERHA and Manitoba Healthcare Providers Network, the Home for the Summer program provides summer work placements for students pursuing a health-care career.

For Castro, he said it was a pleasure to complete his core rotation and Home for the Summer placement in Teulon. In addition, he spent a week in Beausejour and completed an elective in Selkirk. These positive local experiences helped shape his choice to return to the Interlake region for his medical residency.

"I have always felt welcome by the communities across the region, which made a tremendous impact on my decision," he said.

"The need for physicians and the ability to practise a wide scope made it a perfect choice. I am very happy with my decision."

Born in a small town in the Mexican desert, Castro grew up in Guadalajara and moved to Winnipeg in his teens.

"I have always been fascinated by the human body and mind and, as such, studied psychology and physiotherapy before realizing that my calling was in medicine," he said.

"Now, it's the connection with patients that fu-

els my passion."

When he's not busy pursuing his medical career, Castro enjoys spending time with his young family.

"I am a family man, which takes most of my leisure time," he said. "I like to take my two toddlers to parks and go for hikes with my wife. When there is time, I try to golf."

Looking ahead, Castro is considering his career aspirations for the future.

"I am generalist at heart. I hope to have a mixed practice of clinic and hospital work. My goal is to find a place in the region where I can achieve this and thus fill the needs of the community," he said.

"I am honoured to train in the region and look forward to contributing in any capacity that I can, both as a physician and society member."

For Nadurak, he hit a high note when his career path meandered from music to medicine.

"I grew up in a very musical household, which led me to pursue a bachelor's of music at the University of Manitoba in classical French horn performance. My combined interest in the sciences, with the desire for a career having the potential to make a profound impact on patients' lives while walking with them through some of the most vulnerable stages of life, drew me to pursue pre-med electives to prepare for applying to medicine while completing my music degree," said Nadurak, who grew up in North Kildonan.

"I ended up taking time to backpack around New Zealand for half a year, married my wonderful partner Laura, and also worked as a research co-ordinator at the Chronic Disease Innovation Centre out of Seven Oaks Hospital, working with patients on dialysis. I completed my MD training at the University of Manitoba between 2018 and 2022 and was fortunate to receive the news that I matched to the Interlake-Eastern region to pursue my dream of being a



Dr. Luis Castro

family physician, particularly in the rural setting."

It was a perfect fit for Nadurak, who said he's always been drawn to the Interlake and also enjoyed many summers at family cabins in the Whiteshell. Through the Home for the Summer program, he spent his first two summers of medical school in Pinawa and Beausejour.

"I had a great experience working with the docs in those areas and getting first-hand experience of the breadth of knowledge and variety of practice being a rural family physician entailed, which drew me in," Nadurak said.

"The Home for the Summer program definitely influenced me to apply to complete my residency training in the same region I'd already experienced and loved. Although not from the region, I spend lots of time in the region and have family who live in Selkirk so am familiar with the region and have a passion for spending time hiking and exploring the surrounding provincial parks."

Whenever he has a spare moment, Nadurak pursues a multitude of active hobbies, including hiking in Manitoba and beyond.

"Any chance Laura and I get, we love to travel. We've backpacked, hiked and road-tripped through South America, Spain and many parts of North America together. I have a passion for being outdoors in nature. I do a lot of canoe tripping in Nopiming, northwestern Ontario and the Whiteshell," he said.

"I love to backcountry hike and do multi-day hikes in the Rockies. This has led to a side interest of wilderness medicine and emergency management in low-resource settings. I also play on soccer teams, enjoy trail and long-distance running, and try to keep singing, playing the piano and horn when I can."

The future is bright for Nadurak, who is keeping his options open.

"While nothing is

Continued on page 17

R E - E L E C T

LAURIE HUNT

Councillor Ward 6
RM of St. Andrews

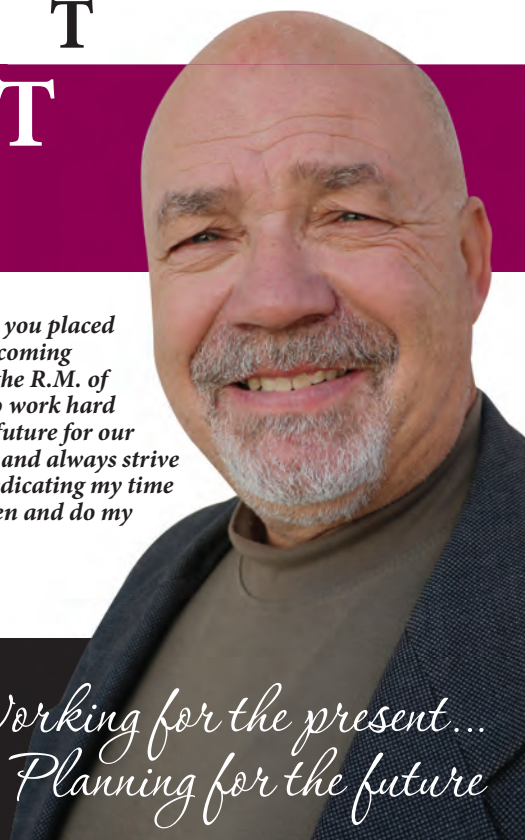
Dear fellow citizens,

I want to take this opportunity to thank you for the trust that you placed in me as your Ward 6 Councillor for the past 4 years. This upcoming election is about responsible representation for the people of the R.M. of St. Andrews. You have my commitment that I will continue to work hard to provide leadership and dedication to ensure a prosperous future for our community. I am always here to listen to everyone's concerns and always strive to do my best in addressing the issues brought forth to me. Dedicating my time to helping residents is always a priority and I will always listen and do my best in making the community a better place for everyone.

October 26, 2022

If you have any concerns or issues that you would like to discuss, please contact me at 204-485-1354 or by e-mail at huntsroadhouse@live.ca

*Working for the present...
Planning for the future*



> FARMERS ALMANAC, FROM PG. 13

"You can savour that mild weather while you're savouring the turkey," Burnett quips.

Looking further ahead, April and May are expected to be warmer and wetter than normal, and summer should also be warmer than average.

Founded by Robert B. Thomas in 1792, The Old Farmer's Almanac is the oldest continuously published periodical in North America. In keeping with past traditions, the style of the publication is "useful with a pleasant degree of humour."

"Farmers almanacs have a wryness to them," Burnett said. "They're tongue-in-cheek. That's what we try to do."

The publication bases its weather forecasts on a combination of meteorology, climatology and solar radiation.

"We use computers to analyze weather records. We look at the weather that's happening at the time when we put the forecast together. Then we use computers to go back

and try to find a pattern in the past that closely matches the pattern in the present," Burnett said.

"The forecast is usually about 80 per cent accurate. We also found a way to adjust for climate change, so we've made a few little tweaks."

In addition to weather predictions, the 2023 edition contains farming profiles from St. Claude and Norway House. Readers can also look forward to gardening tips and trends, home remedies for hay fever, delicious dishes for a Ukrainian Christmas, and winning entries from the Almanac's banana recipe contest.

"Manitoba is an important part of The Old Farmer's Almanac. Whenever we plan for our Canadian edition, we always consider what's going on in Manitoba," Burnett said. "Southern Manitoba is the heart of Canada in more ways than one."

Burnett encourages readers to shop local for The 2023 Old Farmer's Almanac Canadian Edition, and a list of stores is available at Almanac.ca/

letter to the editor

Why does the government allow hunting and trapping in the floodway when there is a pathway in it for pedestrians? This is a safety issue.

The government and conservation are aware of the illegal hunting. They have hunters names yet they

won't do anything. Laws have been broken - hunting at night, from vehicles, in the dark and out of season, hunting without a license. We need a no hunting law and for conservation to step up and do their job.

Ms. Friesen

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The Selkirk Record Thursday, October 6, 2022 **15**

Wheretobuy. Print copies are also available through Amazon, and digital editions can be purchased at Almanac.ca/Shop.

Other popular publications include The Old Farmer's Almanac for Kids, The Flower Gardener's Handbook

and The Vegetable Gardeners Handbook.

The website also offers hundreds of free pages of information on everything from food and history to weather and astronomy.



SUPPLIED IMAGE

The Old Farmer's Almanac is predicting a cold, dry winter in Manitoba.



Barbecued Whole Turkey with Paprika & Parsley Rub

- 1 Manitoba Raised Whole Turkey
- 1/4 cup (65 ml) olive oil
- 2 Tbsp (30 ml) garlic, chopped
- 2 Tbsp (30 ml) smoked paprika
- 1/2 cup (125 ml) Italian parsley, chopped
- 1/2 tsp (2.5 ml) black pepper
- 1/2 tsp (2.5 ml) sea salt

*Do not stuff a barbecued whole turkey.

Preheat BBQ to 350°F (180°C). Remove neck and giblets from turkey. Pat dry with paper towel. Combine all other ingredients and coat turkey. Place turkey in a shallow pan and grill on gas/propane BBQ over indirect heat. Keep BBQ covered while cooking. A meat thermometer should read 170°F (77°C) inside the inner thigh, away from the bone, when fully cooked.



WHOLE TURKEY BBQ TIMES*

| Weight | Unstuffed |
|-----------------------|-----------------|
| 6-8lbs (3-3.5kgs) | 1-1 1/4 hrs |
| 8-10lbs (3.5-4.5kgs) | 1 1/4-2 hrs |
| 10-12lbs (4.5-5.5kgs) | 1 1/2-2 1/4 hrs |
| 12-16lbs (5.5-7kgs) | 2-2 3/4 hrs |
| 16-20lbs (7-9kgs) | 2 1/2-3 1/4 hrs |

*Cooking times are approximate for a gas or propane barbecue only. Visit turkey.mb.ca for approximate oven roasting times. Always use a thermometer to determine doneness.

*Grill a whole turkey at 350°F (175°C) & cook to an internal temperature of 170°F (77°C).

*Allow the turkey to stand/rest for 20 minutes before carving.

Find more recipes and cooking tips at: turkey.mb.ca

Efficiency Manitoba launches deep energy retrofit offers for homes and businesses

Submitted by Manitoba government

Efficiency Manitoba is now offering two new programs for Manitobans who carry out extensive renovation projects that significantly reduce their energy use. Through Home Energy Retrofits and the Commercial Deep Energy Retrofit Program, homeowners and businesses can receive rebates when they plan and complete multiple energy-saving upgrades that result in substantial electricity and/or natural gas savings—often called “deep energy retrofits.”

Efficiency Manitoba’s Home Energy Retrofits offers homeowners a rebate of \$75 to \$150 per gigajoule (GJ) saved as a result of the renovation. Businesses who participate in the Commercial Deep Energy Retrofit Program may be eligible for a rebate of up to \$12,000 for energy modelling as well as an incentive of up to \$6 per square foot for achieved energy savings. While there will be significant variation in projects under these programs, a typical Home Energy Retrofit project could see an incentive between approximately \$10,000 and \$15,000, while a typical Commercial Deep Energy Retrofit project could see an incentive of approximately \$240,000 to \$600,000.

“We are pleased to see Efficiency

Manitoba continually launch new programs to support the diverse needs of Manitobans as they relate to energy efficiency,” said Minister of Environment, Climate and Parks and Minister responsible for Efficiency Manitoba Jeff Wharton. “The rebates and assistance provided by their deep energy retrofit programs helps make large renovation projects more affordable and accessible to Manitoba homes and businesses, while also stimulating job growth in the energy efficiency industry to provide support services for these types of projects.”

Deep energy retrofits often involve major upgrades to building envelope components of an existing home or building. These upgrades include adding insulation, undertaking detailed air sealing measures, and installing high-performance windows and doors. Many projects also involve replacing or upgrading heating, ventilation, and air conditioning (HVAC) systems, or adding renewables like solar photovoltaic panels.

Home Energy Retrofits requires participants to have an EnerGuide evaluation performed on their home by a Registered Energy Advisor, who will identify and recommend upgrades to maximize energy savings, home

comfort, indoor air quality, and resilience. Completing the recommended upgrades can result in energy use reductions between 50 to 100%. Efficiency Manitoba’s rebates can also be stacked with the Canada Greener Homes Grant, Canada Mortgage and Housing Corporation’s Eco Plus program, and other sources of funding and financing to lower the upfront cost of the retrofit project.

With the support of a design professional of their choosing, businesses going through Efficiency Manitoba’s Commercial Deep Energy Retrofit Program will have their entire building’s energy use analyzed with energy modelling software. Energy efficiency enhancements would then be designed specifically for that building to reduce its overall annual energy use by a minimum of 20% upon completing the whole-building renovation.

“Offering programs and rebates for deep energy retrofits is a great way to encourage Manitobans to take a holistic

approach and major steps forward on energy efficiency,” said Colleen Kuruluk, Chief Executive Officer of Efficiency Manitoba. “It’s estimated that approximately 70% of existing buildings will still be in active use by 2050, so it’s vital that we take significant action on existing building stock to contribute to energy use reductions in Manitoba.

“If a homeowner or business owner is looking to significantly reduce their energy use, the technical support and financial incentives we provide ensure they’re able to do so at a reduced cost in a single project. We’re committed to making energy efficiency upgrades easier and more affordable for all Manitobans, and these two new programs will contribute to this commitment.”

To learn more about Home Energy Retrofits and the Commercial Deep Energy Retrofit Program, visit efficiencyMB.ca/retrofits and efficiencyMB.ca/business/deep-energy-retrofit.

Donation for Friendship Centre




RECORD PHOTO BY BRETT MITCHELL

Selkirk Safeway donated \$1000 in gift cards to the Selkirk Friendship Centre’s Head Start Program. The Friendship Centre is currently helping 41 First Nations, Métis, and Inuit families with food, parent programming and much more.

**For COUNCIL
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on October 26th, 2022



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Thanksgiving Feast

Sunday, October 9, 2022

Lunch Buffet 11am - 2pm
Dinner Buffet 4pm - 8pm

| | Adults | Children |
|--------|---------|----------|
| Lunch | \$21.95 | \$10.95 |
| Dinner | \$25.95 | \$12.95 |

THANKSGIVING LONG WEEKEND HOURS

SUNDAY
Roxi's & On The Rocks 11am - 8pm
Red Barn 9am - 12am

MONDAY THANKSGIVING DAY
Roxi's & On The Rocks - CLOSED
Red Barn 11am - 8pm

219 Manitoba Ave, Selkirk 204-482-1900

> DOCTORS COME TO REGION, FROM PG. 14

set in stone at this point, I hope to follow the pursuits of my teachers and mentors and be the classic rural generalist physician — one who has a family clinic practice to follow patients long-term along with hospital and emergency department work,” he said.

“I do hope to potentially continue work in the Interlake-Eastern region post-residency training, but we’ll see where life takes me and opportunities arise.”

To start their residency experience, both Nadurak and Castro will primarily be based out of Selkirk. In addition, they’re looking forward to completing their family medicine rotation in a smaller community within the IERHA during their second year.

While Nadurak and Castro are embarking in the early stages of their residency experience, the Interlake-Eastern Family Medicine Residency Program also has two residents who are currently in their second year of the program.

Dr. Matthew Genung and Dr. Anita Gray are the second-year family medicine residents in the Interlake-Eastern program, and they have already completed a number of rotations in Selkirk. They will both be spending time this year in Lac du Bonnet, and at the Pinawa Hospital with Dr. Bruneau and his team.

“We are incredibly thankful to Dr. Bruneau in Lac du Bonnet for his

commitment to helping train well rounded rural family physicians. The input of Dr. Bruneau and his team has been invaluable in providing a strong residency experience for our learners. We know that this more rural experience has been a draw to those learners who are considering the Interlake-Eastern training program,” said Dr. Ian Alexander, site lead for the residency program.

“We have also had a resident spend time in Gimli with Dr. Jonah Fulmore and look forward to engaging other communities in this important piece of our learners’ training.”

To date, the Interlake-Eastern Family Medicine Residency Program has trained and graduated four residents since the program launched in the region in 2019.

“We are excited to say that all of our graduates have been successful in completing their training and passing all their examinations. Three of our four graduates are working in the IERHA at this time — one in Selkirk, two in Oakbank,” Alexander said.

“We also feel that the program is successful because we are a popular choice for graduating medical students from the University of Manitoba. This means that they want to spend time in the region and train in this area — and that’s a good thing for providers, patients and communities.”



Dr. Stewart Nadurak

Correction

In last week’s edition of the *Selkirk Record*, a sponsor of the East Beaches Car Show was incorrectly named.

The sponsor should have been Traverse Bay Auto Service.

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Wishing everyone a

HAPPY Thanksgiving

Jeff Wharton
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MLA for Selkirk
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FIRE Prevention Week

100 YEARS OF FIRE SAFETY
1922 - 2022

Looking at some of Selkirk's biggest historical fires

By Katelyn Boulanger

Next week is the hundredth anniversary of Fire Prevention week and this year's theme is 'Fire won't wait. Plan your escape'. To honour the history of Fire Prevention in our community, former Selkirk Fire Chief Ted Wozny discussed many of the major historical fires in our community and gave his best advice for fire prevention.

Selkirk Fire Department started out as a bucket brigade in 1897 a full 15 years after Selkirk was incorporated in 1882. The brigade attended local fires and one of the largest early fires in the community took place on Feb. 6, 1907. This fire engulfed Central School and fire department historical records indicate that they were called in at 11: 30 p.m. The records say, "Whole building destroyed. Cause unknown."

In 1943, another devastating fire struck the community when the Nordal block containing Morrison's Hardware, Sarbit's Dry Goods, and a tailor caught fire. The reporting at the time indicated that this fire also spread to at least one nearby building.

"It was undetermined. I know that for sure. You know, the trouble in those days, is you had so much artificial heating a stove here with a pipe going through there and we answered so many of those calls in the old days," said Wozny.

He says that though he wasn't part of the fire department yet, when he spoke to the firefighters who battled the fire they said it was an inferno.

When Wozny joined the department, he and the other firefighters battled many fires keeping our community safe.

Some that were large financial losses for the community were the two dock fires of 1973 and 1974. Because they were more recent fires, there are better records available so we know a little more about them.

The fire in 1973 took place on Sept. 15 and saw an estimated \$1 million in damages when the main building of the Freshwater Fish Marketing Corporation plant caught fire. The fire started at about 6 p.m. and raged until the early hours of the morning. The cause of this fire was an electrical malfunction in the compressor room.

"I would guess there was \$100,000 worth of packaged fish, pickerel and the health department condemned it all," said Wozny.

The 1974 fire was actually a two-part affair for the Selkirk Fire Department.

"First fire of the evening, was two blocks away at the back of a restaurant and we were just cleaning up there when this one came in," said Wozny.

Records from the time confirm that on Dec. 22, Bravo Pizza caught fire first and then the fire at the warehouse at the South end of the Selkirk dock took place causing about \$750,000 in damages and affecting many local businesses that stored items in the warehouse.

The Bravo Pizza fire was related to cooking but the warehouse fire was undetermined according to Wozny.

"The old freezer buildings had walls [that were quite thick] with shavings for insulation because that's where they put ice to keep the fish [cold] for a few days before they moved it. So that was a heck of a one," said Wozny.

Records from the time say that this was the first time on record that the Selkirk Fire Department had to call in the St. Clements Fire Department for help and that they sent over 15 firefighters.

One of the next fires of note in the community was the destruction of the Eveline Hotel in Feb. of 1979. The hotel used to be located where the Gordon Howard Centre is now. This fire, though it didn't cause as much property damage as previous fires mentioned, is notable because the hotel was a local landmark, having been built in 1878. It was originally named the Canadian Pacific Hotel.

The cause of this fire was determined to be accidental as it originated in the heating system in the front lobby which caught the wall on fire. The fire then worked its way up and outward until it was called in by a cab driver who was passing by. Unfortunately, one person died as a result.

Wozny said that something that was notable from a fire fighting perspective was that it was very cold on that day, he estimates it was somewhere between -35 and -40 C which caused the firefighter's wet coats to freeze.

Though Wozny had retired, one of the most recent notable fires in Selkirk was the Kiwanis on the Red Phase 2 fire, which took place in 2000. As a former fire chief, Wozny was able to give some insight into what happened in this particular instance. From what he understands, because the building was still in construction, the fire was able to travel more quickly than it would have had it been completed fully with all fire suppression measures in place.

Because of the size of the blaze, this

Efforts to contain the fire required local firefighters, Emergency Services, and the Fire Department. Ultimately, the fire brought in bombers. Though the community had to make the fires worse, things that to reduce to begin vice that - Do or other gas inside your basement in your fire need

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Week

October 9-15, 2022

Historical fires over the years



RECORD PHOTOS BY DON GORDON
Efforts to fight the Kiwanis on the Red fire in 2000.

re required help from our fellow
cal fire departments with St. Cle-
ments, East St. Paul, and St. Andrews
re Departments lending a hose.
Ultimately, the fire spread to the va-
nant Lakeland Dairies before it was
brought under control by two water
bombers.

Though the firefighters in our com-
munity have made and continue to
make themselves available to fight
fires when needed, one of the best
things that residents can do to help is
reduce the risk of them happening
begin with. That's why some ad-
vice that Wozny gives is:

- Don't use solvents, turpentine,
other flammable liquids that vent
inside especially in places like
your basement because the pilot light
your furnace can be all the spark a
fire needs to start.

- Be cautious when using exten-
sion cords and unplug them when
not needed as they can overheat es-
pecially if they are overloaded or con-
nected to appliances that consume
more watts than the cord can handle.
- Test your smoke detectors often.
If the detector gets triggered when
you're away it can beep until it dies
and you'd never know that your de-
tector battery is dead. It's not a bad
idea to check them every once in a
while to be sure they are still work-
ing especially after you've come back
from a vacation.

- Though it doesn't prevent fires,
fire prevention week is a great time
to change your smoke detector and car-
bon monoxide detector batteries so if
a fire does happen you have time to
use your escape plan.

Pancakes and fire prevention knowledge



RECORD PHOTOS BY KATELYN BOULANGER
The East Selkirk Fire department filled both
stomachs and minds last Saturday at their annual
open house and pancake breakfast. Residents
had fun learning about fire trucks, escaping the
fire safety trailer, and touring the hall and all
proceeds went to Cancer Care Manitoba.



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Teakle circus performers keeping it all in the family

By Ty Dilello

The Teakle siblings (Sarah, Jonny, Jacob) from Lockport performed their "Teakle Family Circus" show a few weekends ago at Pumpkinfest in Teulon.

The siblings have been performing together for six years now. And they've each been training their hula hooping and juggling skills for around eight years.

It all started for the siblings when Jonny (20) began juggling after being invited to the first ever Winnipeg Circus Club meeting, and he fell in love instantly. Sarah (21) eventually joined him as she wanted to try hula hooping and was hooked after 30 minutes of attempting a trick. Jacob (21) eventually started coming to Circus Club as well because he broke his foot and figured juggling would be a way to pass the time.

"The passion for circus, I think, comes from the challenge of learning new things," said Sarah Teakle. "We had a desire to push ourselves and learn new things, and now many years later, we are able to perform these skills in front of others."

Performing for others also motivated the siblings to continue practicing and improving.

Teulon's Robin Chestnut also started training the brothers a couple of years after they began to juggle, while Sarah became his student a little more recently.

"He has had a massive impact on where we all are now. Robin provided constant support, tips, and incredible coaching making my brothers and myself confident performers."

Sarah began working on her solo show in 2020 when she received a grant from the Canada Arts Council.

"I created the show with the help of some incredible coaches, including Robin Chestnut. It's a high-energy show that is 1980s aerobic themed."

Sarah performed the show at Win-



RECORD PHOTOS SUBMITTED

The Teakle siblings (Jacob, Sarah, Jonny) from Lockport performed their "Teakle Family Circus" show a few weekends ago at Pumpkinfest in Teulon.

nipeg Fringe, Edmonton Fringe, and the St. John's Newfoundland Buskers Festival this past summer.

"It has been so fun learning how to perform solo. But performing with my brothers is something I intend to continue doing for as long as possible."

When they're not practicing and performing their circus acts, Sarah is taking a couple of university courses at the University of Winnipeg this winter. At the same time, Jonny owns a landscaping company that Jacob works for.

"I intend to continue doing circus, especially in the summer with my solo show. In terms of the Teakle Family Circus, we don't know what's going to happen with it next, but we

will always be interested in performing and entertaining people. We are excited to see where it takes us next."



Sarah Teakle has been working on a solo show and looks forward to performing this summer.

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> DISNEY MAGIC, FROM PG. 12



Robyn Thoresby in front of Cinderella Castle in Magic Kingdom, decked out in the 50th anniversary decorations.

respond whenever you had questions – they wanted to help you along,” she said.

To get the lay of the land before she started working, she arrived a few days before the program start date, on June 17.

She stayed in Flamingo Crossings Villages, which is where housing is provided for all international and college programs, and she shared an apartment with other girls in the program.

Before she went down there, she found out she was going to be in merchandise in Star Wars: Galaxy’s Edge, where she would be paid \$15 an hour Canadian, and worked a minimum of 30 hours a week.

“It was kind of exciting, and a little bit nerve-racking because I didn’t know much about Star Wars,” said Thoresby.

The first few days of training took place at Flamingo Crossing Villages, and they were focused on the Disney Standards and the five keys of service.

Star Wars: Galaxy’s Edge was considered a specialized location, so they required special training like learning the history and lore of the land, and how it tied in with the existing Star Wars films and characters. There was also lingo they had to learn, like how to say hello and goodbye in that land,

and they called guests ‘travellers’ or ‘off worlders.’

Thoresby also took a “Live your story” class where they built backstories for themselves and learned about how to get into their characters. She was also trained to build personalized droids, and she sold lightsabres. To get into her character that lived on that planet, she had a special nametag, and a costume to match.

Other training included learning the standard merchandising protocols, such as working the cash register and stocking.

When she wasn’t working, Thoresby was at the park almost every day, experiencing everything it had to offer for free – another perk of being a part of the program.

Throughout this program, Thoresby experienced a lot of changes, giving her newfound independence and confidence, meeting new people, and stepping outside her comfort zone within her workplace.

“It was so fun. There’s so much I feel I got out of it – I met so many great people. It was such a good summer. I couldn’t recommend it enough to anyone who wants to do it. It was such a good time,” said Thoresby.

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IERHA shares year's highlights at AGM

By Jennifer McFee

Interlake-Eastern Regional Health Authority representatives shared highlights of the past year at the RHA's recent annual general meeting, while also taking time to acknowledge the impacts of COVID in the Interlake and beyond.

The virtual meeting took place Monday, Oct. 3 with more than 96 participants from across the region joining online and by phone. Robert Maytwayashing, Interlake-Eastern RHA's Indigenous human resources development officer and an Anishinaabe Knowledge Keeper, opened the meeting with a prayer.

CEO Marion Ellis pointed out a number of unplanned influences on health care that needed to be considered for health-care delivery. These influences include increased staff vacancy rates and staff who needed to miss work after testing positive for COVID.

"Our staff have seen us all through a global pandemic and the conflicting demands it presented personally and professionally. Staff vacancies are additionally challenging for a workforce that is stretched thin," she said.

On the flipside, Ellis acknowledged the staff members whose commitment to their work and their communities have maintained delivery of health-care services through challenging times.

She also said the regional health authority has greatly benefited from community members who value the people in health care and the health services being delivered. Through the global pandemic, flooding, grass fires and snow storms, elected leaders and community members have done all they can to protect the welfare of patients and residents and ensure health-care providers can continue delivering care.

Glen West, chair of IERHA's board of directors, also shared gratitude for the community's support for staff and physicians, particularly at the start of the pandemic when there were so many unknowns.

"Care for the caregivers has always been a hallmark of life in rural Manitoba, and we thank you for continuing to lift the spirits of health-care workers," West said. "You were there cheering us on during a very difficult time in health care."

On behalf of the board, West extended condolences to the region's residents who lost loved ones during the pandemic. At the same time, he also acknowledged the hard work of health-care workers who answered the call to support the pandemic response.

"So many of us were unable to memorialize people in traditional ways of mourning given the restrictions in place at the time. Over 2,000 Manitobans have lost their lives to COVID-19," he said.

"Each and every individual in health care played a role in getting us through the pandemic. And, to the best of their ability, these health-care workers continued to deliver the health-care services we needed. Our staff have continued

to make care for patients, residents and clients a priority, regardless of the challenges that COVID-19 presented. For that, we will be eternally grateful."

He noted that COVID testing sites wrapped up in Eriksdale and Powerview-Pine Falls in March 2022, followed by the Selkirk testing site in April.

"The vaccination sites in Selkirk and Gimli both opened and closed over the past year. Almost 150,000 immunizations were delivered at the Selkirk supersite," he said.

"At peak, the site was delivering 1,400 immunizations daily. The Gimli supersite provided almost 13,000 immunizations with a capacity of up to 400 immunizations a day."

In addition, West noted that IERHA introduced a new strategic plan in 2021 through collaborative efforts with stakeholders and staff. The plan features six strategic goals — integrated and coordinated health care, primary and community care transformation, Indigenous and vulnerable populations, mental health and addictions,

health human resources, and innovation and technology.

Each goal has its own strategic steering committee made up of board members, IERHA representatives and community members. Anyone interested in participating can fill out a strategic steering committee application form at www.ierha.ca under "Publications & Reports" and "Strategic Plan."

Other opportunities exist for community members to contribute through local health involvement groups, which provide assistance, advice and information to the board. To get involved, visit ierha.ca, click on "Community Involvement" and then "Local Health Involvement Groups."

AGM materials are posted on the IERHA website www.ierha.ca under "About Us" and "Annual General Meeting." These include the annual report with financial statements, a recording of the meeting and an evaluation form related to the meeting.

Orange water tower



RECORD PHOTO BY BRETT MITCHELL

Last week the Selkirk Water Tower was lit orange in recognition of National Day for Truth and Reconciliation.

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Candlelight vigil at waterfront for truth and reconciliation



RECORD PHOTOS SUBMITTED AND BY BRETT MITCHELL

The waterfront came alive with people and drumming last Friday night in honour of National Day for Truth and Reconciliation. A candlelight vigil took place and residents showed support for reconciliation as well as the Every Child Matters movement.



get inspired

> MEAL IDEAS



Recipe courtesy of the Mushroom Council

Prep time: 15 minutes
Cook time: 20 minutes
Servings: 6
2 tablespoons olive oil
1/2 cup finely chopped yellow onion
8 ounces mushrooms, such as white button, crimini or portabella, finely chopped
1/2 pound lean ground beef
1 tablespoon taco seasoning
6 burrito-size flour tortillas (about 10 inches each)
1/3 cup nacho cheese sauce
6 tostada shells
sour cream
6 mini soft taco-size flour tortillas (about 4 1/2 inches each)
shredded lettuce
diced tomatoes
shredded Mexican cheese blend
nonstick cooking spray
In large skillet over medium-high heat,

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Blended Crunchy Mushroom Wraps

heat olive oil. Cook onions 1-2 minutes until translucent. Add mushrooms and ground beef. Cook about 5 minutes, or until beef is no longer pink. Stir in taco seasoning. Cook 2-3 minutes. Set aside.

Lay one large flour tortilla on flat surface. Spread 2 tablespoons mushroom-meat mixture on center of tortilla.

Drizzle dollop of nacho cheese over mushroom-meat mixture. Top meat with one tostada shell then spread thin layer of sour cream over tostada shell.

Top with shredded lettuce, diced tomatoes and shredded Mexican cheese then one small tortilla. Make sure not to over-stuff so wrap doesn't break apart while cooking.

Fold edges of large tortilla toward center until completely covered.

In hot skillet, generously spray with nonstick cooking spray. Carefully place wrap seam side down on skillet. Cook 2-3 minutes until golden brown.

Flip and cook other side until golden brown. Repeat with remaining mushroom-meat mixture, tortillas and toppings.

Cut wraps half and serve.



Recipe courtesy of Aramark

Servings: 6
Nonstick cooking spray
1 1/2 pounds plant-based ground burger, thawed
1 1/2 cups cooked wild rice, chilled
1 cup diced onion
1 cup diced red bell pepper
2 teaspoons paprika
1 teaspoon granulated garlic
1 teaspoon rubbed sage
1/2 teaspoon dried thyme leaves
1/2 teaspoon kosher salt
1/4 teaspoon ground white pepper
2/3 cup barbecue sauce
bread
vegan cheddar cheese
sauteed onions
Heat oven to 375 F. Spray rimmed baking sheet with nonstick cooking spray.
In bowl, thoroughly mix ground burger, cooked rice, onion, bell pepper, paprika, garlic, sage, thyme, salt and white pepper until well blended without over-mixing. Shape mixture into loaf on baking sheet. Spread barbecue sauce over meatloaf.
Bake 1 hour, or until internal tempera-

Plant-Based Meatloaf Sandwiches

ture reaches 160 F.

Slice meatloaf into six pieces and place each piece on bread. Top each meatloaf slice with vegan cheddar cheese and sauteed onions then close sandwiches with top bread slices. Using panini press, griddle or frying pan, cook sandwiches until golden brown and cheese is melted.

Tip: Pairs well with potato salad.

Chicken Souse

Recipe courtesy of Aramark

Servings: 6
8 ounces boneless, skinless chicken thighs, cut into 1-inch pieces
1/8 teaspoon ground black pepper, plus additional, to taste, divided
1/8 teaspoon garlic powder
1/8 teaspoon onion powder
1 tablespoon vegetable oil
1/4 cup diced onion
1/4 cup diced celery
2 teaspoons minced garlic
2 cups chicken broth
1 cup peeled potatoes, cut into 1/2-inch pieces
2/3 cup canned diced tomatoes, undrained
1/4 cup tomato paste
3 tablespoons cider vinegar
2 tablespoons minced, seeded jalapeno

The mother-in-law question

Submitted

Mothers in law are often maligned. Most of these women are genuinely concerned about their children and are really well-meaning. When children marry, it can be an awkward time for parents as they try to re-define their role in their children's lives. They often get mixed messages: children may, on the one hand project that they want help (e.g., financial, or with babysitting or fixing things), but other times be offended by help freely given (i.e., advice). Parents may often feel like they are walking on eggshells, wanting to be seen as neither as intrusive, nor neglectful.

No matter how you look at it though, a mother who as spent 18+ years raising a child, wants to be important in his/her life. But the child has his/her own home now and doesn't need parents in the same way. The young couple want to create their own lives, to make their own decisions, and may have two mothers and two fathers (or more if parents have remarried) coaching from the sidelines, all with different advice.

If parents are critical of a child's spouse, the spouse will pick up on that energy, and it may trigger memories of battles with parents during the teenage years. This in turn may bring out the rebellious side of the young person, setting the stage for more disharmony.

The key to healthy relationships with in-laws is to understand that once children are married, they don't need mothering. A mother can be a friend,

a coach, a bringer of support, but adult children do not want to be treated like children.

Recognize, in most cases, the good intent of the mother-in-law. You can let her advice float by if you don't need it. If she continues to push it, or to criticize, tell her gently that you want her friendship, but these behaviors may spoil that.

If you are the mother-in-law, ask the children to tell you honestly what kind of role they would like you to play in their adult lives. Do not expect to be treated in any certain way, for that would be getting into co-dependency and using guilt on them. If you expect that they will be with you every Christmas, or always take you to dinner on Mother's Day, and act hurt if they don't, you make them feel like it's a duty. This serves only to take the fun out of celebrations. Prepare to be flexible and not compete with your child's in-laws.

Count your blessings (they've left home!), let them know they have your love and support, be pleasant to be around, and don't take things too seriously or personally. If you are the child, try to see your in-laws through compassionate eyes, and treat them the way you will surely, one day, want to be treated. What goes around does, persistently, come around.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

pepper

1 1/2 tablespoons lemon juice
1 1/2 teaspoons minced, peeled ginger root
1 teaspoon kosher salt, plus additional, to taste, divided
2 pinches dried thyme leaves
1 small bay leaf
1 1/2 cups thawed mixed vegetables, drained

Season chicken with 1/8 teaspoon black pepper, garlic powder and onion powder. Cover and chill 2 hours, or overnight.

In saucepan over medium-high heat, heat oil. Add onion and celery; saute 2 minutes, or until tender-crisp. Add garlic and saute 30 seconds.

Add chicken and saute until browned.

Stir in broth, potatoes, tomatoes, tomato paste, vinegar, jalapeno pepper, lemon juice, ginger, 1 teaspoon salt, thyme and bay leaf; heat to boil. Reduce heat. Cover and simmer 1 hour, or until potatoes are tender.

Stir in mixed vegetables and simmer 10 minutes. Remove and discard bay leaf. Season with additional salt and pepper, to taste.

Tips: Serve souse with griddled corn cakes and saltine crackers. Make vegetarian by replacing chicken with canned drained and rinsed black-eyed peas or red or white beans.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers remain winless after pair of losses

By Brian Bowman

It's been a tough start to the Manitoba Junior Hockey League season for the Selkirk Steelers.

Selkirk is now winless in its first six games after a 6-3 road loss to the Steinbach Pistons last Saturday.

This team has to start playing better hockey.

"We've been a little inconsistent in a couple of games that we should have won, especially in that first four-game

set," said Steelers' head coach Hudson Friesen. "We just didn't come through and have had difficulty putting the puck in the back of the net right now and that's something we have to sort out because we have enough guys on this team that can score but it's just not going in for us right now."

Joel Purdom scored a pair of goals for Selkirk against the Pistons while Zachary Brault also tallied.

Steinbach goals came from Davis



RECORD PHOTO BRETT MITCHELL

Steelers' goaltender Josh Kirton makes a save in Selkirk's 5-2 home loss to the Niverville Nighthawks last Thursday.

Skating excellence



RECORD PHOTO SUBMITTED

Garson's Aaron Riehl, left, placed second overall in the Group 3 Men's division at the Western Elite Circuit, Short Track at the Calgary Olympic Oval. He placed second in the 500m and 777m while finishing third in the 1000m and 1500m.

Fry (two), Langley Kruggel, Davin Griffin, Ian Amsbaugh, and Ty Paisley.

Last Thursday, the Steelers suffered a disappointing 5-2 home loss to the Niverville Nighthawks.

"That was probably our worst game of the year by far," Friesen said. "I thought the first half of the game wasn't too bad. We were at 2-2 and had our chances but couldn't put them away. We didn't capitalize on them and then Niverville came back and put their chances in the back of the net. That was the difference in that one. We weren't thrilled with the effort and compete in that game and that's something we're going to fix here."

Niverville snapped a 2-2 tie with

three unanswered goals late in the second period.

Selkirk goals were scored by Nolan Van Den Bussche and Cameron Hiebert.

Gavin Gunderson led the Nighthawks with a hat trick while Brett Tataryn and Brendan Bottem also tallied.

In off-ice news, the Steelers are getting 19 year old forward Mathieu Moreira back from the Lone Star Brahmas of the NAHL. Selkirk acquired him in a trade with the Winnipeg Blues.

The Steelers will visit the Winkler Flyers on Wednesday (7 p.m.) and then host Winkler on Saturday (7:30 p.m.).



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- VS Dauphin Kings Sat, Oct 15 7:30pm



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SELKIRK RECREATIONAL COMPLEX

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THE STEELERS BOX OFFICE,**

Sandau runs well again in KPAC cross country

Staff

Andrea Sandau had another great run, finishing third overall at the KPAC varsity girls' cross-country race last Thursday at Kilcona Park.

Sandau crossed the finish line in a time of 17:14.7.

Other Royals in that race included Martina Ferioli (19th, 21:48.4), Stella Boehmer (22nd, 23:43.1), Jessica Sigurdson (27th, 25:19.5), and Maiya Lezzi (30th, 26:31.1).

In the junior varsity girls' race, Selkirk's Lucia Sanchez Garcia finished 22nd with a time of 19:24.2.

The junior varsity boys' race saw the Royals' Rain Flett Bird place 16th with a time of 19:32.1.

There were no results for the varsity boys' race.



RECORD PHOTO BRETT MITCHELL

The Selkirk Royals varsity girls cross-country team competed at KPAC meet No. 2 in Kilcona Park last Thursday. Pictured, from left to right, Martina Ferioli, Jessica Sigurdson, Stella Boehmer, Andrea Sandau, and Maiya Lezzi.

Fishermen shut out Satelites in CRJHL action

Staff

Selkirk Fishermen goaltender Owen Derewianchuk didn't have much to do to earn his first shutout of the season.

Selkirk outshot the North Winnipeg Satelites 53-12 on its way to a 5-0 win in its Capital Region Junior Hockey League regular-season home opener on Sunday afternoon.

Peyton Moneyas opened the game's

scoring and then Jordan Donald added a pair of goals to give the Fishermen a 3-0 first-period lead.

Gaige O'Neill tallied in the second period and then Matt Brooks closed out the scoring in the third.

The Fishermen will host the St. Malo Warriors on Friday (7:30 p.m.) and the Arborg Ice Dawgs Sunday (3 p.m.).



RECORD PHOTO BY BRETT MITCHELL

Selkirk Fishermen goaltender Owen Derewianchuk posted a 5-0 shutout win over the North Winnipeg Satelites on Sunday.

Next Home Games

FRIDAY, OCTOBER 7th
vs St. Malo 7:30pm - Selkirk Rec Centre

SUNDAY, OCTOBER 9th
vs Arborg 3pm - Selkirk Rec Centre

SUNDAY, OCTOBER 16th
vs Beausejour 3pm - Selkirk Rec Centre

Next Away Games

Friday, Oct 21 - vs St. Malo -8pm in St.Malo
Sunday, Oct 30 - Beausejour 1:30pm Sun-Gro Cntr



*Meet the
Fishermen*



#3 Zack Parkinson
Forward

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news@selkirkrecord.ca Phone 204-485-3337

Thunder tame Neepawa Tigers

By Brian Bowman

The Interlake Thunder must really like playing at home.

Interlake won its third consecutive game - all played in Stonewall - after a dominating 48-14 win over the Neepawa Tigers in Rural Manitoba Football League action last Thursday.

"It was easily the most complete game that we've played on offence, defence, special teams and all four quarters," said Thunder head coach Mitch Obach. "We've sort of had trouble putting the pieces together on the same day but we definitely did it last Thursday so it was a big win for us."

The Thunder are definitely playing with confidence as the wins pile up.

"Those first three games on the road (was tough) but now being at home and getting on a bit of a roll guys are starting to feel it. It's coming together at the right time of the year now that we're in the second half."

Thunder quarterback Ben Cook was, once again, effective as he finished 11-for-18 passing for 179 yards. He threw three touchdown passes and had no interceptions.

On the ground, Interlake gashed the Tigers all day.

"It's a really good balanced attack and that's what's helping us," Obach said. "It's the big guys up front. We have three Grade 12s on our offensive line, starters in the middle of that offensive line. Two of them have tons of experience. When they can take care of a defensive line and our running backs are hitting the hole with some good speed it really develops a good running game for us."

The Thunder's Lucas Kmet had 12 carries for 161 yards and a touchdown while Dwight Bell added six carries for 103 yards and a pair of TDs. Bell also had two receptions for 70 yards.

Other Thunder players with strong offensive games included Matthew Huston (six carries for 74 yards and a touchdown/two receptions for 21 yards and a touchdown),

Jessie Batenchuk (four receptions for 62 yards and a major), and Cayden Storozuk (21-yard touchdown reception).

On defence, Interlake forced a lot



RECORD PHOTO BY JO-ANNE PROCTER

Thunder quarterback Ben Cook led Interlake to a 48-14 RMFL win over the Neepawa Tigers.

of incomplete passes while Jackson Nichol blocked a punt.

The Thunder, 2-2 in league play, will

host the Park West Outlaws (1-3) on Friday at Stonewall Collegiate. Kick-off is 4:30 p.m.

Royals win another JV girls' volleyball tournament

Staff

Another tournament, another tournament victory for the Selkirk Royals' junior varsity girls' volleyball team.

Selkirk won its third tournament title this season after defeating the Garden City Fighting Gophers 2-1 (25-20, 23-25, 15-11) in the championship game last Saturday.

Selkirk earlier posted playoff wins over Gabrielle Roy (25-10, 25-18), Sturgeon Heights (25-21, 25-12), and Winnipeg's Vincent Massey (25-18, 12-25, 16-14).

In pool play, Selkirk had a 2-1 record.

The Selkirk Royals varsity girls' volleyball team, meanwhile, finished ninth at their 16-team Royal Rumble tournament last weekend.

Selkirk defeated the Miles Macdonell Buckeyes 2-0 (25-14, 25-19) in its final game on Saturday.

Earlier in the B-side playoffs, the Royals earned wins over the Warren Collegiate Wildcats (23-25, 25-17, 15-8) and the Grant Park Pirates (25-17,

26-24).

In pool play, Selkirk posted a 1-2 record.

Last Wednesday, Selkirk improved its league record to 3-0 with a 3-2 comeback win over the MBCI Hawks. After losing the first two sets 25-21 and 25-23, Selkirk stormed back to win 25-19, 25-13, and 15-9.

On Sept. 26, Selkirk beat the Miles Macdonell Buckeyes 3-0 (25-12, 25-5, 25-18).

The Royals played Maples Collegiate this past Monday but no score was available.

In varsity boys' action, Selkirk was beaten 2-1 (23-25, 26-24, 10-15) by the Garden Valley Zodiacs in the seventh-place game of the DMCI tournament last Saturday.

In league play, the Royals defeated the Miles Macdonell Buckeyes 3-1 (25-20, 25-20, 23-25, 25-18) last Wednesday.

The Royals, 4-0 in KPAC play, visited Maples Collegiate on Monday.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Brooklyn Grobb-Prins goes up for a kill against the Warriors at the Royal Rumble tournament last Thursday.

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Selkirk Record

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | 6 | | 2 | | |
| | 3 | | 5 | | | | | |
| 9 | | | | | | 8 | 7 | |
| | | 7 | | 4 | | | 3 | 9 |
| | | | 8 | 3 | | | 6 | |
| | | | | | | | 5 | |
| | | 5 | | 1 | 3 | | | |
| | 2 | | | | | | 8 | 1 |
| 4 | | | | | 9 | | | |

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 2 | 5 | 6 | 8 | 7 | 3 | 1 | 4 |
| 1 | 8 | 3 | 9 | 5 | 4 | 6 | 2 | 7 |
| 7 | 4 | 6 | 3 | 1 | 2 | 5 | 8 | 9 |
| 8 | 5 | 4 | 7 | 6 | 1 | 2 | 9 | 3 |
| 2 | 9 | 7 | 5 | 3 | 8 | 4 | 6 | 1 |
| 6 | 3 | 1 | 2 | 4 | 9 | 7 | 5 | 8 |
| 5 | 7 | 8 | 1 | 2 | 3 | 9 | 4 | 6 |
| 4 | 6 | 9 | 8 | 7 | 5 | 1 | 3 | 2 |
| 3 | 1 | 2 | 4 | 9 | 6 | 8 | 7 | 5 |

Sudoku Answer

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | S | V | I | E | N | E | R | H | S | V | H | |
| B | V | T | B | E | L | V | L | S | C | O | R | O |
| V | H | O | B | S | E | G | V | S | V | H | G | V |
| H | E | B | V | S | T | E | L | D | E | R | V | E |
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| I | D | D | I | V | D | G | W | S | I | S | | |
| S | E | T | G | V | E | C | E | E | B | V | O | W |
| E | D | E | U | S | C | V | A | S | V | O | N | V |
| G | N | I | W | D | I | W | H | E | N | R | V | E |
| E | B | E | D | V | W | A | V | R | F | H | B | |
| | | | I | L | L | E | H | G | V | D | S | |
| S | V | B | U | T | D | V | G | A | T | R | V | E |
| E | K | N | N | N | I | R | V | W | E | E | M | L |
| L | I | V | N | E | D | O | R | T | O | D | D | E |
| V | D | D | E | D | E | H | O | V | N | E | V | O |

Crossword Answer



CROSSWORD

CLUES ACROSS

- Bay Area humorist
- Hurt
- Icelandic poems
- A taro corm
- Metaphorical use of a word
- It fears the hammer
- Excessively quaint (British)
- Laid-back California county
- Cook in a microwave oven
- Not late
- Go from one place to another
- Peoples living in the Congo
- Popular pasta
- Available engine power (abbr.)
- Popular musician Charles
- Angry
- Spelling is one type
- One who makes a living
- Indicates location
- Imperial Chinese dynasty
- Small water buffaloes
- Hungarian city
- Fabric
- Ancient kingdom near Dead Sea
- Precursor to the EU
- Philly footballers
- Female sibling
- "When Harry Met Sally" actress
- Magnetic tape of high quality
- Insecticide
- Apparatus to record and transmit
- Some is considered "dog"
- Israeli city __ Aviv
- Fencing sword
- Ottoman military title
- Wise people
- Cold wind
- Popular type of shoe
- Administrative district
- A way to reveal
- Cooked meat cut into small pieces
- Actress Zellweger
- Romanian city

CLUES DOWN

- Small town in Portugal
- Site of famed Ethiopian battle

| | | | | | | | | | | | | | | |
|----|----|----|---|----|----|----|----|----|---|----|----|----|----|----|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | 9 | | 10 | 11 | 12 | 13 |
| 14 | | | | | 15 | | | | | | 16 | | | |
| 17 | | | | | 18 | | | | | | 19 | | | |
| 20 | | | | | 21 | | 22 | | | | 23 | | | |
| | | | | 24 | | 25 | | | | 26 | | | | |
| 27 | 28 | 29 | | 30 | | | | 31 | | | | 32 | 33 | 34 |
| 35 | | | | 36 | | | | 37 | | | | 38 | | |
| 39 | | | | | | | | 40 | | | | 41 | | |
| 42 | | | | | | 43 | | | | | 44 | | | |
| 45 | | | | | | 46 | | | | 47 | | | 48 | |
| | | | | 49 | | | | | | 50 | | | 51 | |
| 52 | 53 | 54 | | | | 55 | | | | | 56 | | 57 | 58 |
| 60 | | | | | | 61 | | | | | 62 | | 63 | |
| 64 | | | | | | 65 | | | | | | 66 | | |
| 67 | | | | | | 68 | | | | | | 69 | | |

- German river
- Christmas carols
- Cash machine
- Rough and uneven
- Rumanian round dance
- Widespread occurrence of disease
- A place to relax
- Feeling of listlessness
- Coat or smear a substance
- Wild mango
- Brews
- Belgian city
- Confined condition (abbr.)
- Swiss river
- Small amount
- Part of buildings
- Vietnamese capital
- Sailboats
- Shelter
- Terminated
- Discharge

- Snag
- Partner to cheese
- A container for coffee
- Spend time dully
- Satisfies
- Snakelike fish
- Consume
- Type of student
- Erase
- Instruct
- Girl's given name
- Jewish spiritual leader
- "To __ his own"
- North-central Indian city
- Greek alphabet characters
- Weapon
- Amounts of time
- American Nobel physicist vital to MRIs
- Soviet Socialist Republic
- Witness

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The Window Factory located in Selkirk requires an installers assist and shop labourer. Must be able to work in heights, on ladders, work outdoors in all forms of weather and to be safety conscious. Please bring in resume into the office located at 605 Mercy St, Selkirk.

Round-Tuit Cleaning is hiring a part-time janitorial position in the Selkirk and Lockport area. Successful candidate will have a driver's license, reliable transportation, clear criminal record check, be physically fit and be prepared to work up to 20 hours per week, evenings, Monday to Friday. For further information call 204-785-3257.

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Searle Greenhouses Ltd. is hiring for production line employees to build holiday arrangements. Position is full time hours (8-5 p.m. Monday-Friday) for approximately two-four weeks starting around October 24th. No experience required, training will be provided. Accepted applicants will be eligible for rehire next spring starting March-May 2023 (Full Time Hours). Rate is \$15 per hour. Please forward resumes to employment@searlegreenhouses.com

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes evenings and weekends. P/T office staff for sale days. Every Friday, 1st and 3rd Weds of each month and the odd Monday. Ph. Melissa at 204-299-7509 msobey@hotmail.com

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Elites Gymnastics is hiring 2 people for our equipment crew. Location: Cooks Creek Community Centre. Monday, Tuesday and Thursday from 4-5:30 p.m. and 8:45-10 p.m. Must be able to work alone and with others. Heavy lifting involved. Please contact us at elitescoachesjour@gmail.com

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UPCOMING EVENTS

Brookside Cemetery (Walkleyburg, MB). Annual General Meeting on November 2, 2022 at 6:00 p.m. Meet at the cemetery.

LEGAL NOTICE

Legal Notice to NICOLE TETU of "Residential Tenancies Commission" hearing on October 27, 2022 at 9:30 a.m. for tenancy at 418 Vaughan Ave., Selkirk, Manitoba. Contact the "Residential Tenancy Commission" at 1650-155 Carlton Street, Winnipeg, Manitoba R3C 3H8. Telephone 204-945-2028, Toll free 1-800-782-8403.

NOTICES

Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Grand Opening? Hiring? Selling something? Have an online store? Let people know in the Blanket Classifieds! Call 204-4667-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

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Easton Place is looking for a bookkeeper for two to three days a week to perform a variety of functions:

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- Prepare and balance appropriate T4 series forms
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- Perform clerical and other related duties as required
- Maintain and install accounting software and file backup
- Other duties as required

Qualifications:

- Minimum two year diploma in a related field with a second year accounting payroll designation and a minimum five years bookkeeping and payroll experience
- Must have excellent computer skills and willingness to upgrade skills as required
- Knowledge of non-profit community based programs and services an asset

Job Skills and Abilities:

- Demonstrated ability to perform multi tasks in an environment where priorities can change rapidly

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RURAL MUNICIPALITY OF ROSSER EMPLOYMENT OPPORTUNITY

The Rural Municipality of Rosser invites applications for the position of Public Works Maintenance/Equipment Operator. This is a full-time permanent position.

Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications – Transportation Maintenance / Equipment Operator

- Valid Province Manitoba Drivers Class 3 with air
- Experience in Public Works and dealing with the public would be an asset
- Mechanically inclined with general equipment maintenance skills
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- Must have grader experience (winter & summer),
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- Basic Computer skills required
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Please submit a cover letter and full resume, and three references, marked "Application for Public Works Employment" to Ken McMahon, Public Works Manager.

Posting will remain open until a successful candidate is found.

RM of Rosser
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If you have any questions, please call the Municipal Office at 204-467-5711.



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REQUEST FOR PROPOSALS OFFICE SNOW REMOVAL AND ICE MELT

Sealed bids, clearly marked "Snow Removal" will be received by the undersigned until 3:00 p.m., October 13, 2022 to provide snow removal of the municipal office walkways, stairways and ramp prior to 8:00 a.m. and more often during snow events.

Request for Proposal instructions and bid form can be picked up from the municipal office between the hours of 8:30 a.m. – 4:30 p.m. Monday to Friday or by visiting our website at www.rmofstclements.com.

All inquiries should be directed to Heather Stanik, Office Supervisor at 204-482-3300.

Lowest or any bid not necessarily accepted.

Dated this 3rd day of October, 2022

Heather Stanik
The Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp 35 RR 1
East Selkirk, Manitoba
R0E 0M0



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**Due to the Thanksgiving Monday holiday,
The Selkirk Record Classified booking
deadline is Friday Oct 7th at 4 p.m. for the
October 13th publication
Please Call 204-785-1618**



RM of West St. Paul 2022 Sale of Surplus Equipment and Supplies

The RM of West St. Paul intends to dispose of miscellaneous items and supplies on an as is basis. The 2022 Surplus Equipment Sale Tender Package is available as advertised on the RM website (www.weststpaul.com).

Surplus equipment and supplies may be viewed at the Fire Hall located at 3550 Main Street on Tuesday, October 18, 2022 between the hours of 12:00 noon and 6:00pm.

The highest or any bid will not necessarily be accepted. Successful bidders will be contacted.

Sealed bids are to be submitted to:
RM of West St. Paul
2022 Sale of Surplus Equipment & Supplies
Attention: Brent Olynik
3550 Main Street
West St. Paul, MB R4A 5A3

Not later than 3:00pm, Thursday, October 20, 2022.

MORTGAGE SALE ADVERTISEMENT

The land and building known as 747 Strathnaver Avenue, in the City of Selkirk, in the Province of Manitoba as described in Certificate of Title No. 1941726/1 will be sold at auction on Wednesday, the 9th day of November, 2022, at 11:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction.

In order to participate in the auction sale, you must pre-register at least 24 hours prior to the auction by contacting Sonia at 204-957-6437 or by email at srappel@ltgic.ca.

The Vendor is informed that there is situated on the property a single family 1½ story residence of approximately 1,421 square feet with 4 bedrooms, 1 bathroom, living room, kitchen, full unfinished basement and a double detached garage.

TERMS: Deposit of \$14,000.00 by certified cheque, bank/credit union draft or solicitor's trust cheque to Levene Tadman Golub Law Corporation, or cash (the cash component of the deposit not to exceed \$7,500.00) to be provided within 24 hours of the date and time of auction and the balance in accordance with the conditions to be announced at sale.

The Property is sold subject to a RESERVE BID of \$82545.59 plus such other additional and incidental costs which may be incurred by the Lender from the 29th day of September, 2022 to the date of auction and which costs will be announced prior to the commencement of the Sale.

Property Taxes are paid to December 31, 2022.

Purchaser to be responsible for payment of any outstanding water accounts owing by the Mortgagor.

Property is subject to Nil.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Further information and copies of Conditions of Sale may be obtained from:

LEVEENE TADMAN GOLUB LAW CORPORATION
Barristers & Solicitors
700 - 330 St. Mary Avenue
Winnipeg, MB. R3C 3Z5
Attention: Mara Koven-Lapointe/Sonia
File No. 121004
Phone No. 957-6437

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF KENNETH MAURICE AIME, late of Petersfield, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 29th day of October 2022.

DATED at the City of Selkirk, in Manitoba, this 28th day of September 2022.

PKF LAWYERS-Selkirk MB office
Adam Kelso,
solicitor for the Administrator

NOTICE TO CREDITORS

IN THE MATTER OF the ESTATE of Edwina Gertrude Mary Hoogenberg, late of the Postal District of Lockport, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at: 374A Main Street, Selkirk, Manitoba R1A 1T8 within 30 days of the date of this publication.

DATED at the City of Selkirk, in Manitoba this 28th day of September, 2022.

Hnatiuk Law
Attention:
Andrew Hnatiuk
Solicitor for the Executrix

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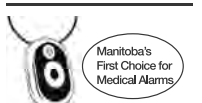
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The Rural Municipality of Rosser invites applications for the position of Public Works Heavy Equipment Operator. This is a full-time, permanent position.

Under the direction of the Public Works Foreman, the position will be required to assist the Public Works Department and perform general municipal related work.

Qualifications – Public Works Heavy Equipment Operator

- Valid Manitoba Drivers Class 3 license would be an asset
- Experience in operating heavy equipment
- Mechanically inclined
- Knowledge in the operation and maintenance of different equipment (tractor/mower, compact track loader, grader, loader, tandem)
- Ability to work with minimal supervision
- Ability to do some physical labor

Please submit a cover letter and full resume, and three references, marked "Application for Public Works Employment" to Ken McMahon, Public Works Manager.

Posting will remain open until a successful candidate is found.

RM of Rosser
Box 131
Rosser, Manitoba R0H 1E0
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If you have any questions, please call the Municipal Office at 204-467-5711.



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CITY OF
Selkirk

BOARD OF REVISION

Public notice is hereby given that the year 2023 assessment roll for the City of Selkirk is open for public inspection during regular business hours at the Municipal Office located at 200 Eaton Avenue, Selkirk, Manitoba. Applications for revision may be made in accordance with Section 42 and 43 of The Municipal Assessment Act:

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- d) be filed by
 - (i) delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
 - (ii) serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board shall not consider an application that is not in compliance with Section 43(1). The Board of Revision will sit on **Thursday, November 3rd, 2022**, at 6:00 p.m. at the Selkirk Recreation Complex Banquet Hall located at 180 Easton Drive, Selkirk, Manitoba to hear applications for revisions to the 2023 assessments and 2022 supplementary tax assessments.

As a result of COVID-19, access may be limited at the time of the Board of Revision hearing. The City adheres to all regulations set forth in the most current Public Health Orders including but not limited to proper physical distancing procedures and limits on gathering sizes. Masks are required upon entry into the building. We encourage those attending to bring their own, however the City will provide a mask should you not have one available. Accommodations will be made to ensure all can participate.

Applications must be received by the City of Selkirk Tax Clerk, serving as Secretary of the Board, before 4:00 p.m. on Tuesday, October 18th, 2022, at 200 Eaton Avenue Selkirk, MB R1A 0W6.

Dated this 27th day of September 2022.

Kevin Richter, CPA, CMA
Director of Finance
City of Selkirk
200 Eaton Avenue
Selkirk, Manitoba
R1A 0W6



NOTICE IN RESPECT OF AN AMALGAMATION TO MEMBERS OF ACCESS CREDIT UNION LIMITED (the "Credit Union")

TO: ALL MEMBERS OF THE CREDIT UNION

TAKE NOTICE THAT the Board of Directors of the Credit Union have, in accordance with the Act, resolved at its September 28, 2022 meeting to approve the Amalgamation Agreement and unchanged Articles and Bylaws for a proposed amalgamation of the Credit Union with Amaranth Credit Union Limited ("Amaranth"). Amaranth's members will have the opportunity to vote on this proposed amalgamation at a Special Meeting called by its Board of Directors. Access' members will not have the opportunity to vote on this proposed amalgamation because the assets of Access, as valued at the end of its most recent fiscal year, represent 90% or more of the total assets of the proposed amalgamated credit union.

Questions from members regarding the amalgamation resolution can be submitted to Myrna Wiebe, Corporate Secretary at myrna.wiebe@accesscu.ca.

BOARD-APPROVED SPECIAL RESOLUTION

The following Special Resolution was approved by the Board of Directors of Access on September 28, 2022:

"WHEREAS the Board of Directors of the Credit Union has recommended that the Credit Union amalgamate with Amaranth Credit Union Limited ("Amaranth") in accordance with the provisions of the Amalgamation Agreement made between the Credit Union and Amaranth, dated September 28, 2022 (the "Amalgamation Agreement");

AND WHEREAS it is in the Credit Union's best interests to enter into the Amalgamation Agreement and to amalgamate with Amaranth on the terms and conditions set out therein;

NOW THEREFORE BE IT RESOLVED AS A SPECIAL RESOLUTION OF THE CREDIT UNION THAT:

1. The execution of the Amalgamation Agreement by the Credit Union be and it is hereby ratified and confirmed;
2. The amalgamation of the Credit Union with Amaranth on the terms and conditions set out in the Amalgamation Agreement be and it is hereby approved."

SUMMARY OF THE AMALGAMATION AGREEMENT

An Amalgamation Agreement, dated September 28, 2022, has been approved by the Boards of Directors of the Credit Union and Amaranth. The agreement provides for the amalgamation of the Credit Union and Amaranth into one credit union, to be effective on January 1, 2023. The credit union resulting from the amalgamation will be called Access Credit Union Limited and will have its registered office in the Rural Municipality of Stanley, Manitoba.

Following amalgamation, all members of the Credit Union and Amaranth will be members of the amalgamated credit union and all deposits and shares of or loans owing to either of the predecessor credit unions will be deposits or shares of or loans owing to the amalgamated credit union. The common shares and surplus shares of each of the Credit Union and Amaranth will become the common shares and surplus shares of the amalgamated credit union on a one for one basis.

RIGHT OF DISSENT

TAKE FURTHER NOTICE THAT, under the provisions of Section 127 of *The Credit Unions and Caisses Populaires Act*, members have the right to dissent to the proposed amalgamation. To dissent, a written objection to the amalgamation must be submitted to the Registrar (Financial Institutions Regulation Branch) within 15 days following this notice.

DATED this 6th day of October, 2022
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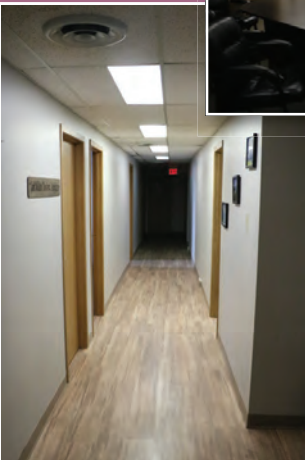
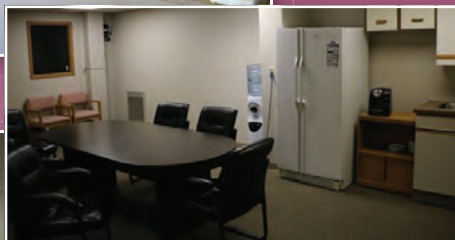
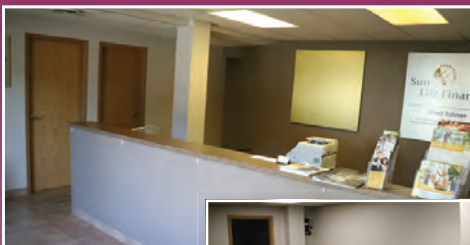


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ANNOUNCEMENT

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NOTICE OF PROPOSED SNOWMOBILING TRAIL CHANGE

We, the Victoria Beach Snow Drifters (snowmobiling club) are proposing a change to one of our current snowmobile trails. The Snoman trail number is 703. The reason for the change is that the current trail which has been used for many years, passes through someone's private land and the new landowner has requested that we no longer use his property for our trail. As a result, we are proposing to divert our trail onto Crown Land, coming off the current trail along highway 11 and continuing behind the RM of Alexander lagoon, turning north to connect back onto the Hay Road road allowance.

Any questions or concerns should be addressed to: Ken Stacker, Victoria Beach Snow Drifters.
Phone: 204-795-7817
Email: rush600@icloud.com

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca

Deadline to apply is Friday, October 14, 2022.

The Carman-Dufferin
STANDARD

ANNOUNCEMENT

IN MEMORIAM



Les Clifford
(Dryden)

January 3, 1975 - October 8, 2014

Loved with a love beyond all telling,
Missed with a grief beyond all tears.

-Love Mom and Dad (Al),
brothers Dean, Kevin and Jordan
and families

ANNOUNCEMENT

CARD OF THANKS

Daniel Robert Cook - Thank you for the care and compassion that our families have received from everyone after the loss of our son, brother, father and uncle, Daniel Cook. We appreciate your comforting words, cards and flowers. Thank you to Erin at Gilbert Funeral Home for all of your help. There are just so many people to thank for the various ways that the community showed us the love that you have for Daniel.

-The Cook and Walker families

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IN MEMORIAM



John David DePaulo
March 28, 2000 - October 12, 2020

There isn't a minute of the day we don't think of you since you left us.
We miss your beautiful smile, big hugs, contagious laugh.

We miss YOU!! A piece of our heart went with you that day.

Always on our minds, forever in our hearts.

Forever loved.....until we meet again.

-Love Grandma and Grandpa Keats

ANNOUNCEMENT

IN MEMORIAM



Lena Meger
October 6, 2013

Those we love don't walk away,
They walk beside us every day;
Unseen, unheard, but always near,
Still loved, still missed, and very dear.

-Lovingly remembered and sadly missed
Doug, Tanis, Roger, Kim, Michele
and families

OBITUARY

Barry Wayne Brown

Peacefully on September 26, 2022, at the Selkirk Regional Health Centre, Barry Wayne Brown, husband of the late Donna Brown passed away at the age of 70 years.

Cremation has taken place and no formal service will be held.

Family and friends are invited to Barry's memorial page at interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to

*Interlake Cremation
& Memorial Services*
204.482.1040

OBITUARY

Joseph (Joe) Smolinski

On March 6, 2021 at the Health Sciences Centre in Winnipeg, MB, Joe Smolinski, aged 79 years, of East Selkirk, MB, beloved husband of Pat, passed away.

A celebration of his life will be held on Tuesday, October 11, 2022, at 7:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.ca

Gilbart Funeral Home, Selkirk in care of arrangements.



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FEATURE OF THE WEEK!





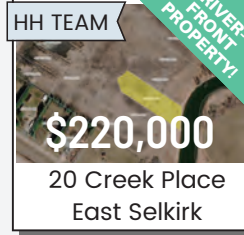
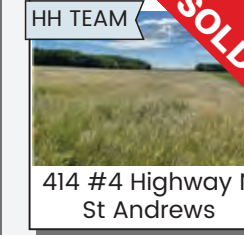
885 COLVILLE ROAD, EAST SELKIRK \$544,900

This sprawling bungalow has been lovingly cherished, maintained & upgraded by long term owners. Situated on 1 acre of beautifully landscaped & treed property. Stunning & bright living space w/vault, lrg updated kitchen, 4 seas sunroom w/skylights, vault & sliding doors to deck. Great big primary BR w/2pc ensuite. 2 more BRs & 4pc bath complete main floor. FF bsmt w/amazing rec room, 4th BR/den, 3pc, laundry & utility. O/S 2AT grg, deck, dog run, storage shed & tent.




How's the Market? September Recap

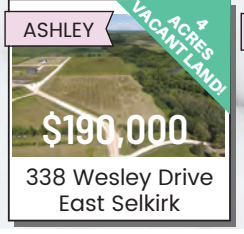
| ST ANDREWS | SELKIRK | ST CLEMENTS |
|---------------------|---------------------|---------------------|
| NEW: 31 | NEW: 15 | NEW: 22 |
| PENDING: 1 | PENDING: 2 | PENDING: 1 |
| SOLD: 20 | SOLD: 15 | SOLD: 13 |
| AVG SALE: \$368,735 | AVG SALE: \$274,596 | AVG SALE: \$336,596 |
| MAX SALE: \$790,000 | MAX SALE: \$363,800 | MAX SALE: \$640,000 |

| | | | | | | |
|---|--|--|--|---|--|--|
|  <p>HH TEAM NEW! \$425,000 86111 32E Road Libau</p> |  <p>HH TEAM O/H Oct 9th 1-4PM! \$699,000 178 Fort Garry Road Lockport</p> |  <p>HH TEAM O/H Oct 10th 2-4PM! \$349,900 867 Frank Street East Selkirk</p> |  <p>HH TEAM 1,040 SQ FT! \$324,900 6058 NO.9A Hwy W St Andrews</p> |  <p>HH TEAM 1.35 ACRES! \$343,500 6059 No. 9A Hwy St. Andrews</p> |  <p>HH TEAM 3 BED 2 BATH! \$449,900 47 Magenta Cres Winnipeg</p> |  <p>HH TEAM TRANSCONA! \$524,900 102 Van Slyk Way Winnipeg</p> |
|  <p>HH TEAM 1,260 SQ FT! \$219,900 228 Rosser Avenue Selkirk</p> |  <p>HH TEAM 1,620 SQ FT! \$99,000 #66 5649 Main St St Andrews</p> |  <p>HH TEAM 4 BED 2 BATH! \$354,900 78 Sage Wood Ave Winnipeg</p> |  <p>HH TEAM 80 ACRES! \$355,000 113142 13 Road E Fraserwood</p> |  <p>HH TEAM NETLEY CREEK! \$244,500 215 Donohoe Cres Petersfield</p> |  <p>HH TEAM 2 BED 1 BATH! \$169,900 221 Britannia Ave Selkirk</p> |  <p>HH TEAM TREED LOT! \$55,000 375 John Street GUIL Lake</p> |
|  <p>HH TEAM 2+ ACRES! \$109,900 Lots 2 & 10 Fuller Rd East Selkirk</p> |  <p>HH TEAM GIMLI LOT! \$49,900 15 Wedgewood Pl Gimli</p> |  <p>HH TEAM RIVER FRONT PROPERTY! \$220,000 20 Creek Place East Selkirk</p> |  <p>HH TEAM PENDING! \$469,900 79045 ROAD 31 E B East Selkirk</p> |  <p>HH TEAM SOLD! \$214,900 414 #4 Highway N St Andrews</p> |  <p>HH TEAM SOLD! \$199,900 #4203-6940 Henderson Hwy</p> |  <p>HH TEAM SOLD! \$349,900 #1403-6940 Henderson Hwy</p> |


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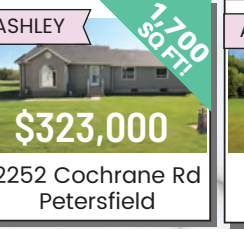
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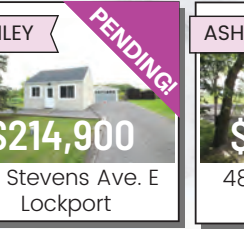
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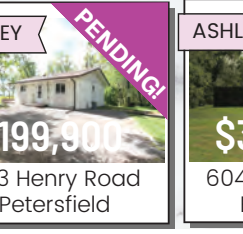
ASHLEY
1,700
SQ FT!
\$323,000
2252 Cochrane Rd Petersfield



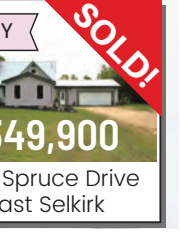
ASHLEY
NEW
PRICE!
\$475,000
1089 Linklater Rd St. Andrews




ASHLEY
PENDING!
\$214,900
34 Stevens Ave. E Lockport




ASHLEY
PENDING!
\$199,900
483 Henry Road Petersfield



ASHLEY
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