



7 Sunrise Bay \$849,900 St. Andrews



20 Sussex Dr. \$134,900 & 21 Sussex Dr. \$149,900

# The Selkirk Record

THURSDAY, OCTOBER 15, 2020

VOLUME 11 EDITION 41

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, CARSON, DUNNOTTAR & TYNDALL

MURPHY SAYS...  
"Clean the leaves  
from your gutters"



While Murphy is  
taking care of his  
house, we make  
sure his house  
is covered!



K5insurance

377 Main Street Selkirk  
(Next to Liquor Mart)

204-482-7800

k5insurance.ca

autopac

A Manitoba Public Insurance product



Bridge work  
ahead!

RECORD PHOTO BY BRETT MITCHELL

St. Andrews residents travel over the St. Andrews Lock and Dam for their last bike ride of the year. The Lock and Dam will be undergoing construction and business owners are asking for more consultation. The project will affect travel to Lockport for approximately 2 years. See story on Page 3.

> everything you need to know in your locally owned and operated community newspaper

Selkirk Pharmacy

Limited time sale on  
Blood Glucose Meter & Test Strips



SALE \$49.99

\*SALE ENDS NOV 28TH, 2020



353 EVELINE ST, SELKIRK  
MANITOBA, CANADA R1A 1N1  
LOCATED INSIDE SELKIRK MEDICAL CENTRE



204-482-8913



SELKIRKPHARMACY.COM




Visit us at [HARRYSFOODS.CA](http://HARRYSFOODS.CA) to view our entire flyer filled with 100's of other items on sale each week.




**\$2.99**  
ea

**Fresh McIntosh Apples**  
Canada #1,  
3 lb (1.36 kg)



**\$1.69**  
/ lb  
\$3.73 / kg

**Fresh Sunkist Valencia Oranges**  
USA #1




**73¢**  
/ lb  
\$1.61 / kg

**Fresh Del Monte Bananas**  
Imported



**\$2.49**  
/ lb  
\$5.49 / kg

**Fresh Hot House Tomatoes**  
Canada #1,  
Extra Large



**\$1.79**  
ea

**Fresh Cooking Onions**  
Canada / USA,  
3 lb (1.36 kg),  
Medium



**\$5.29**  
/ lb  
\$11.66 / kg

**Fresh Boneless Skinless Chicken Breasts**



**\$6.99**

**Kraft Cheez Whiz**  
Original or Light 900 g,  
**Singles**  
44 Slices 825 g



**\$2.99**  
/ lb  
\$6.59 / kg

**Fresh Family Pack Pork Loin Chops**  
2 Rib End, 2 Centre Cut  
& 2 Tenderloin End



**\$7.99**

**Coca-Cola Beverages**  
Assorted  
20x355 mL



**2/\$5**

**Dairyland Classic Vanilla or Stirred Yogurt**  
Assorted 650 g



**2/\$3**

**SunRype 100% Juice**  
Selected Varieties 900 mL,  
**Unsweetened Pure Apple Juice**  
Not From Concentrate 1 L



**2/\$7**

**Catelli Pasta**  
Assorted  
700 or 900 g



**\$6.99**

**Delissio Crispy Pan or Stuffed Crust Pizza**  
Assorted 556 - 744 g



**\$1.09**  
/ 100 g

**Burns Deli Pepperoni or Salami**



**\$3.99**  
6 pk

**Fresh Baked Apple Fritters**



**\$1**

**Selection Soups**  
Assorted 284 mL,  
**Vegetables**  
Assorted 341 or 398 mL



**YOUR CHOICE**

**Heinz Canned Beans or Pasta**  
Assorted 398 mL



**Snapple Beverages**  
Assorted 473 mL

Store has the right to limit quantities and to add enviro and deposit where applicable.



**HARRY'S FOODS**



**LIFESTYLE PHARMACY**

Phone: 204.504.5500  
Fax: 204.504.5540

**5571 Hwy #9 St. Andrews**  
**Customer Service: 204-338-7538**  
Store Hours: Monday-Friday 8 am - 9:30 pm  
Saturday 8 am - 8 pm  
Sunday & Holidays 10 am - 6 pm



**FINE FOODS**  
"THE INDEPENDENT'S CHOICE"

**PRICES IN EFFECT: THURSDAY, OCTOBER 15 - WEDNESDAY, OCTOBER 21, 2020**



# Lack of consultation over Lock and Dam repairs

Potentially three summers in a row of lost revenues a concern for businesses

By Katelyn Boulanger

Business owners in Lockport have gathered together creating the Lockport Community Development Group (LCDG) asking for more consultation after finding out that the federal government plans to do repair work to the St. Andrews Lock and Dam. This project includes a replacement of the bridge deck, which pedestrians and vehicles use to travel between the RMs of St. Andrews and St. Clements.

"It became very apparent that nobody knew about [the bridge deck replacement project].

There had been no public consultation. None of the residents that I was aware of in the area knew about it, none of the business owners knew anything about it," said owner of Gaffer's Restaurant & Lounge and member of the LCDG David Truthwaite.

The work, which is planned to start in spring 2021 and is anticipated to take approximately 2 years to complete, has a projected completion date sometime in winter of 2022.

With the reduction in traffic that this project would likely cause for the next two summers, the busiest time of year for these Lockport businesses, along with the COVID-19 slowing business this previous summer, the owners are worried that this project will mean three years of lost revenues which some may not be able to come back from.

The St. Andrews Lock and Dam was formally opened on July 14, 1910, by then Prime Minister Sir Wilfrid Lau-

rier. It is the last remaining Camerestyle dam in the world and is used to flood the Lister Rapids between May and October annually so that river travel between the City of Winnipeg and Lake Winnipeg is possible. Because the Lock and Dam is operated by Public Services and Procurement Canada (PSPC), a division of the federal government, the bridge is considered to be in their jurisdiction, which is why the federal, not the provincial government is involved with this project.

The last time that the bridge had to undergo maintenance of this magnitude was Jan. 4, 1993 when traffic was completely blocked from passing through. The official re-opening ceremony for the bridge at that time took place on Nov. 6, 1993.

In 1993, businesses also did not feel informed about the project with it being reported in the Jan. 5, 1993 edition of

the *Selkirk Journal* that Wayne Faires, then chairman of the Lockport Bridge Committee, said that residents were confused. It was in that same edition of the paper that the notice saying the bridge would be closed to vehicle traffic as of Jan. 4, 1993 ran.

This time, businesses would like their voices heard and so have written a letter to the PSPC expressing their thoughts about the construction process.

The letter highlights the major concerns that they have as business owners in the community, but also as residents, including issues with the

"ALL OF THIS IS GOING ON ABOUT SIX MONTHS TOO LATE," - DAVID TRUTHWAITE



RECORD PHOTO BY BRETT MITCHELL

David Truthwaite (left) and Mike Faires on the St. Andrews Lock and Dam's bridge which will undergo construction in spring of 2021.

proposed timetable, safety, scope and designs of the work to be undertaken, as well as the fact that "there has been little to no community consultation that has been done."

"It needs to be brought into the public domain so that there can be some public consultation. [There should be] an opportunity for the public to have a say with something that happens in their community whether that's a federal property, a provincial property, or a municipal property, there should be some input from the community," said Truthwaite.

In the letter, the LCDG ask that the work be condensed into a nine to twelve-month period seeing the current timeframe that will span over two summers as excessive and propose that the work start in Sept. 2021 to al-

low them to have one summer to recuperate from the restrictions that were put on businesses due to COVID.

They ask that the PSPC take them through the proposed traffic flow along PTH 44 during construction so that their input can be considered to mitigate some of the challenges to accessing businesses, as well as areas that fishers use when they come to the community.

They also ask that there be consultation with regards to the design of the bridge with the possibility of including rest/lookout areas for residents and tourists to stop at. In addition, they are concerned about the heritage value of the site, as the St. Andrews Bridge is a National Historic Civil En-

Continued on page 4



**439 MAIN ST., SELKIRK**  
North of Manitoba Ave.

# Stay Safe

**HOURS**  
MON - WED 9-8 THURS & FRI 9-9  
SAT 9-6 SUN 12-5



**Big DOLLAR**





## > LOCK AND DAM, FROM PG. 3

gineering Site, and would like to as far as is practical ensure that the heritage value and character-defining elements of the bridge are maintained.

PSPC has contacted both the RM of St. Andrews and St. Clements.

"The problem [with regards to receiving an announcement about the project from the RM's side] is that we don't know what to announce. When a project is announced in a Province of Manitoba news release, that is reportable. We don't have anything like that from [PSPC] in terms of definitive here is the project and here are the timelines," said Gary Marshall, Economic Development Officer from the RM of St. Clements.

"I just hope that the federal government moves forward and looks a little bit towards the concerns that this group has and takes it seriously and sees if there's something that they can do to meet these needs," said St. Andrews CAO DJ Sigmundson.

When the Selkirk Record contacted PSPC asking for an interview with Micheal Leong the Strategic Portfolio Advisor who has been in communication with the RMs about this project as well as residents, PSPC issued a statement instead.

The statement said that the deck was past it's usable life and needed to be



RECORD PHOTO COURTESY OF RED RIVER NORTH HERITAGE

A photo from the Red River North Heritage website showing the construction of the St. Andrews Lock and Dam in 1908.

replaced including the information that the contract for designing the new deck had been issued to Associated Engineering in the fall of 2019 to begin the first phase of the project - designing the new deck, which is ex-

pected to be completed by December 2020.

The statement said, "The second phase, which is the construction of the replacement bridge deck, is planned to begin in spring 2021. This work is anticipated to take approximately 2 years to complete, with the bridge deck replacement project expected to be completed in winter 2022."

PSPC also said in the statement that they are regularly engaged with stakeholders.

"In 2018, PSPC initiated contact with the Province (Highways), the Rural Municipalities of St Andrews and St Clements, City of Selkirk, Manitoba Trucking Association (MTA), Lockport Business Association, First Nations (Peguis, Brokenhead, Bloodvein) and a number of other stakeholders and advised them of its plans to initiate this project.

"In May 2020, PSPC hosted a Zoom Meeting to update stakeholders on project progress. Designs were shared with stakeholders in order to inform them how wide road widths would increase, the separation that would be created between vehicles and cyclists and pedestrians, and the increase in sidewalk width. A PSPC Project Manager provided updates and an overview of how the project is anticipated to be delivered (alternating traffic, traffic control, etc.). The meeting was attended by MTA, local government council members, and a few stakeholders.

"In August 2020, PSPC held another Zoom stakeholder meeting, in consul-

tation with St. Clements, as it was felt that some of the business owners required additional information on the project. The same presentation given at the May 2020 meeting was given to stakeholders."

In the statement, the PSPC says that they are currently assessing how they can mitigate some of the issues raised throughout the engagement sessions and highlighted in the letter from the business community.

"There is no real public information being circulated. In the past month or so, I'm spreading the word. I've talked to some folks that live in the condo community [by the bridge]. They're going to have a person who will represent them on this committee but all of this is going on about six months too late," said Truthwaite.

Information about the project can be found on the website <https://www.tpsgc-pwgsc.gc.ca/biens-property/pdb-bdd/standrews-eng.html>. Residents who wish to see this information should know that some web browsers will flag the site as a security risk and so you may have to click an advanced options button to get to the site.

PSPC says that residents can direct their question to <https://www.tpsgc-pwgsc.gc.ca/biens-property/cn-bn-bp-eng.html>.

To learn more about the history of St. Andrews Lock and Dam visit the Red River North Heritage webpage at [redrivernorthheritage.com/st-andrews-lock-a-dam/](http://redrivernorthheritage.com/st-andrews-lock-a-dam/) or view their Youtube video on the subject at [youtube.com/watch?v=DWZLnF-ZAIY](https://www.youtube.com/watch?v=DWZLnF-ZAIY).

# HONEY DILL ON EVERYTHING. COOL.



## CONTAMINATION IN BLUE BINS. NEVER COOL.

Like double-dipping, some moves are just bad form. Food waste, take-out cups and leftover liquids contaminate Recycle Everywhere blue bins. Stay awesome and stick to recycling only empty beverage containers.

FOLLOW US ON:    





# Parade of Lights prevails over pandemic

## Holiday Alley and Selkirk Biz to team up for Christmas

By Nicole Buffie

While the pandemic has claimed events across province over the last eight months as COVID-19 spread throughout communities, one event in particular has prevailed over social distancing measures for the upcoming holiday season.

Holiday Alley and Santa's Parade of Lights have teamed up to bring Selkirk an event that families can enjoy from the comfort of their own vehicle.

"We decided that it was a good fit," said Sheri Skalesky, executive director of Selkirk Biz. "It just made sense."

While the idea to combine the two events came before provincially mandated shutdowns and limits on gathering sizes, Skalesky said the event will work well for restrictions that may come up later in the year.

The event itself will be stationary floats set along Selkirk Park while cars do the parading. The decision to have vehicles do the legwork for the evening came from needing to find a solution to patrons crowding along

sidewalks watching as floats went by them.

"People will be in their vehicles with their kids and they won't be standing outside on a dark, cold street," said Skalesky.

For those who cannot attend the event in person, Selkirk Biz will be offering a live stream of the floats and lights for folks to enjoy from their homes. Skalesky also noted the Biz is working with partners to offer alternative transportation for those who do not have access to a vehicle.

Between Holiday Alley and Selkirk Biz the partnership feels like a natural one to Skalesky and while the timing may not be ideal to some, the duo are choosing to look at the bright side of things.

"There's so much going on right now that changes are looked at in a negative way," Skalesky said. "But we're looking at this very positive, and I think it's really going to go a long way in enhancing our event."

"It's going to be the future for us."



RECORD FILE PHOTO

Santa waves to the crowd at the Parade of Lights. The above photo is from a previous year's event.

The parade will be taking place on Dec. 4 in Selkirk Park at 6:30 p.m. More details about the event are to follow in the coming weeks.

## 2nd location for Mighty Kiwi



RECORD PHOTO BY KATELYN BOULANGER

The Mighty Kiwi Juice Bar and Eatery is celebrating the opening of it's second location in Winnipeg at 709 Corydon Avenue. The original location in Selkirk is of course located at 201 Manitoba Avenue.



# STAY SMOOTH THIS WINTER

## at CANADIAN TIRE Selkirk

We are a full service repair facility.  
Call today for an appointment.  
We can get your vechile in and out quickly and efficiently, often the same day.



SEE US FOR:  
FULL SUSPENSION,  
SHOCKS AND  
STRUT WORK!



### CANADIAN TIRE SELKIRK

## 482-8473

1041 MANITOBA AVE.,  
SELKIRK, MB

SERVICE HOURS MONDAY - FRIDAY 8:00 am - 7:30 pm  
SATURDAY 8:00 am - 5:00 pm Sunday 10:00 am - 4:00 pm



**The Selkirk Record**



**PUBLISHER**  
Lana Meier



**MARKETING & PROMOTIONS**  
Brett Mitchell



**EDITOR**  
Katelyn Boulanger



**SALES**  
Michelle Balharry



**OFFICE MANAGER/ADS**  
Lucy Kowalchuk



**SPORTS EDITOR**  
Brian Bowman



**DISTRIBUTION**  
Christy Brown



**PRODUCTION**  
Nicole Kapusta



**ADMINISTRATION**  
Jo-Anne Procter



**PRODUCTION**  
Debbie Strauss



**ADMINISTRATION**  
Corrie Sargent



**PRINT**  
Dan Anderson



**ADMINISTRATION**  
Allana Sawatzky

# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## Province outlines MB's future in Throne Speech

### Submitted by Manitoba Government

As outlined in the Oct. 7 speech from the throne, the Manitoba government unveiled its 'Protecting Manitobans Agenda' delivered by the Lt.-Gov. Janice C. Filmon.

"Our government has been taking thoughtful and deliberate action from the very beginning of this pandemic, and we will keep doing so to protect the services Manitobans need, the jobs they have or want back, and their incomes for themselves and their families, now and well into the future," said Premier Brian Pallister.

The 'Protecting Manitobans Agenda' outlines five guaranteed commitments to protect Manitobans in the fight against COVID-19 and to continue the government's efforts to fix the finances, repair the services, and rebuild Manitoba's economy.

Initiatives from those five guaranteed commitments include:

#### Protecting Health Care

- ensuring funding and resources from across government are dedicated first and foremost to health-care needs;

- investing in personal protective equipment for front-line health workers and securing more testing sites and capacity for COVID-19;

- reducing wait times further for cataract surgery and joint replacements, and providing additional renal dialysis services where they are needed;

- calling for the federal government to protect health care by increasing the Canada Health Transfer and becoming a full funding partner in providing health care to Canadians;

- ensuring that more Manitoba seniors are better able to 'age in place, with the supports they need to live well in their homes and communities;

- investing in Manitoba's personal care homes, with significant capital upgrades to enhance resident health and safety;

#### Protecting Jobs

- supporting workers, students and businesses through the Restart

Manitoba Initiative;

- creating an independent, private sector-led economic development agency to attract investment and promote international trade for all of Manitoba;

- examining the need and role for a provincial venture capital investment fund to give Manitoba businesses better access to innovative financing to bridge established private investment capital sources;

- preparing Manitobans for the jobs of the future, and ensuring workers get the education and labour market training they need to be job-ready;

- transforming and modernizing apprenticeship training, enabling more Manitobans to become skilled journeypersons, particularly in rural and northern Manitoba;

- welcoming new immigrants to Manitoba through a special immigration credential recognition program;

- investing and expediting priority infrastructure projects that create jobs and a more secure Manitoba including the St. Mary's Road interchange on the South Perimeter Highway and a new roundabout at the Trans-Canada Highway intersection with PTH 16;

- pursuing and insisting on the federal government's approval of the Lake Manitoba/Lake St. Martin channel, which will help mitigate climate change and give Manitobans in the region their lives back;

- prioritizing and investing in the North End Winnipeg Sewage Treatment Plant project to help clean up Lake Winnipeg;

- continuing to streamline planning and approval processes for future development by reintroducing changes to The Planning Act and the City of Winnipeg Charter;

#### Protecting Incomes

- keeping its word to Manitobans to lower taxes and leave more money on the kitchen tables of Manitoba families and businesses;

- continuing the \$2020 Tax Rollback Guarantee with new tax relief;

- beginning the phased elimina-

tion of the education property tax paid by individual Manitobans;

- introducing an amendment to the Employment Standards Code to update leave provisions and ensure Manitobans are able to access paid federal sick leave promptly while protecting themselves and others;

#### Protecting Education and Child Care

- keeping schools open, and children and students safe during this pandemic;

- establishing a provincial blended learning strategy, consisting of remote and in-class learning options through the Restoring Safe Schools plan;

- keeping the government's commitment to build 20 new schools;

- transforming Manitoba's education system into a modern, responsive and ambitious system that is classroom focused, student centred and parent friendly;

#### Protecting Manitoba's Future

- continuing to plan and take steps to protect Manitoba's financial future, Manitoba's climate future and Manitoba's energy future;

- pursuing a careful two-term, balanced budget plan to eliminate the COVID deficit while investing in the services Manitobans depend on;

- continuing to implement the Made-in-Manitoba Climate and Green Plan with new initiatives to reduce carbon emissions across all sectors of the economy building on Manitoba's clean energy advantage;

- ensuring the sustainability of Manitoba's fish and wildlife populations, while protecting natural resource jobs and conservation traditions;

The Manitoba government will continue to use EngageMB to consult with Manitobans.

"I am confident that if we keep working together, guided by Manitoba values, we will come out of this pandemic stronger and more prosperous," said Pallister.

To read the speech from the throne, visit [www.manitoba.ca/thronespeech](http://www.manitoba.ca/thronespeech).



### > CONTACT US

By phone: **204-785-1618**  
fax: 204-467-2679

Find us: **217 Clondeboye Ave.,  
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

### TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

**Brett Mitchell:** 204-485-0010  
Email: [bigandcolourful@mymts.net](mailto:bigandcolourful@mymts.net)

**Michelle Balharry:** 204-485-1419  
Email: [michelle@selkirkrecord.ca](mailto:michelle@selkirkrecord.ca)

or call our office at 204-785-1618

### EDITORIAL

**Katelyn Boulanger** 204-485-3337  
[news@selkirkrecord.ca](mailto:news@selkirkrecord.ca)

View the Selkirk Record online at  
**[selkirkrecord.ca](http://selkirkrecord.ca)**

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.*



# Pandemic trumps Garson's Golden Ages Club

By Nicole Buffie

After nearly 30 years, the Garson Golden Ages Club is folding their cards.

The weekly Wednesday club at Garson Hall consisting of whist drives, snacks and socialization for seniors has decided to call it quits due to declining memberships and the closure of the hall during the COVID-19 pandemic.

"A lot of people are going to be disappointed because a lot of these people that's an outing they had," said Marsha Carriere, secretary of the club. "It's sad to see it go."

Carriere said over the six years she was part of the club saw dozens of members come through the hall every week.

"It was awesome people that were there, they were all really nice," she remembers of the crew that would gather every week.

Carriere served as secretary of the club from nearly the moment she joined, helping set up tables and coordinate holiday meals, as well as help with 50/50 draws to keep the group afloat.

As the group decided to call it quits, the decision of what to do with the extra cash in their reservoir came up. They settled on donating the money to three different organizations: Selkirk Hospital, Beausejour Hospital and the Garson Hall.

A sizeable cheque of \$3,415 presented to the Garson Hall will go towards kitchen upgrades.

"It was nice to have the seniors using this facility because they were sort of the founders of it years ago; a lot of them that were actually participating in the group were one of the first ones that had the idea of building this hall" said Val Laurie, manager of the hall. "We're going to miss them."

Laurie said the decision to put the donation into new kitchen gear only made sense as the club members were putting the space to use, cooking for holiday celebrations and preparing coffee and dainties on those Wednesday evenings.

Cheques of \$1,000 were presented to both hospitals respectively. Selkirk plans to put the cash towards palliative care and Beausejour will spend it as they see fit.

In a letter penned by Julie Kozan, the past president of the club, she took the opportunity to shout out each member for keeping the group alive and board members for the hard work.

"We would like to sincerely thank all those people that held important positions on the executive over the years and kept the club running so well, especially Helen Bretchka who has been treasurer for 25 years," read Kozan's letter.

The letter thanked the Garson Hall for providing them with a space to



RECORD PHOTO SUBMITTED

(From left) Garson Golden Ages Club president George Kowalchuk, Garson Hall president Ed Farias, Garson Golden Ages Club past president Julie Kozan, and Garson Hall manager Val Laurie. Kowalchuk presents Farias with a cheque for over \$3,000 as a thank-you for hosting their Wednesday night card games for decades.

host every week and cited safety as one of the major reasons behind the club's decision.

"We don't feel that it is safe for our seniors to be playing cards at this time," Kozan wrote.

Carriere said while it was the right decision to make, the weekly card games will be missed dearly by her and other members.

"Cards keep your mind working and it's good exercise for your brain," she said. "Everybody there was sharp as a tack."

Kozan shared the same sentiments, offering some kind words at the end of her letter to members.

"Take care, we will miss you, stay in touch and stay safe."

## Waste disposal day coming to St. Clements

By Nicole Buffie

Fall cleaning is well underway, and while residents decide what to do with pesticides and pool chemicals no longer needed for the colder months, the RM of St. Clements will be holding a household hazardous waste collection event for folks to dispose of their materials properly.

In partnership with Product Care and Miller Environmental, the program is designed to safely recycle and dispose of possibly toxic material, saving it from being mixed in with regular household garbage.

"These things likely end up in the landfill, which is not going to be a good thing," said Greg Elfon, manager of Public Works for the RM.

Elfon said while this is the first collection of its kind for the RM, they are working on creating a permanent site for household hazardous waste disposal at the landfill.

In Selkirk, the waste transfer station has been operating a HHW disposal site for two years. Ryan Sicinski, man-

ager of Public Works for the City, said the site is used often by residents.

"The list of things we can't take is easier to name than the things we can take," Sicinski said.

The list of accepted materials is vast and varies from items such as flammable liquids to corrosive material to old paint and lightbulbs. The items are collected by Miller Environmental where they are processed and recycled or disposed of.

Elfon said programs like this are beneficial as businesses and public bodies are consciously moving to-

wards environmentally friendly practices.

"We're doing this for the environment," he said. "Having these materials end up in a landfill has always been a concern."

While the depot in Selkirk is used often by residents, it's still a fairly new concept to some according to Sicinski.

"If it can't be recycled, most people just throw it in the garbage," he said. "So, once they know that they actually can take everything and put it there then they're a lot more conscious of it the next time around."

Anyone wanting to dispose of waste that can't be traditionally thrown into a garbage or recycling bin can drop it off at the RM of St. Clements Public Works building on Oct. 17 from 10 AM - 2 PM. Staff ask residents wishing to drop off items that they be placed in trunks or beds of vehicles and staff will retrieve them for a contactless service.

For more information on what materials will be accepted at the event, visit [www.rmofstclements.com](http://www.rmofstclements.com)

**Ed Teplyski**

Dealerships Sales Agent

*I would like to assist you on your next purchase of a new vehicle, pre-owned or leasing*

**204-785-0741**

Email: [dane1@mymts.net](mailto:dane1@mymts.net)



**DINE-IN TAKEOUT  
DELIVERY CATERING**

• Burgers • Salads  
• Wraps • And More



WE NOW HAVE SUGAR FREE, KETO AND GLUTEN FREE RETAIL PRODUCTS AVAILABLE.

**LIFE A Little Sweeter CAFE 204-904-8300**

18 Main Street, Selkirk (across from the mill)  
info@lifealittlesweeter.net [www.lifealittlesweeter.net](http://www.lifealittlesweeter.net)





# Walk & Jog program active once again

## Selkirk runners rejoice

By Nicole Buffie

Selkirk's Walk & Jog program is up and running once again for the fall and winter.

While the public is still welcome to get their jog on at the Rec Complex between now and the end of April, the operation of the program will be a bit different.

Participants must sign up for a time slot between 8:30 AM and 1:30 PM. Time slots are one hour, and the facility is cleaned between sessions.

Vanessa Figus, director of marketing and communications for the City of Selkirk, said programs like this are integral to the health and wellbeing of residents in the community.

"More than ever, especially right now, recreation is extremely important," she said. "It's important to keep people active."

While most programs are still running during the COVID-19 pandemic, the City felt it was necessary to keep this one going.

"Exercise is known to help with mental health and keep people happy, and I think people feel isolated right now," Figus said.

One member of the program said she's very happy to have the facility accessible to walk in this year.

Audrey Farion, 56, has been running

circles around the Rec Complex for nearly five years now.

The program is part of Farion's daily lunch-hour routine, which she said is a great way to keep active.

"It's relaxing," she said. "It's good exercise and good for my health."

During the summer months when the program isn't active, Farion gets her steps in by walking outdoors. In Fall and Winter, she relies on the Rec Complex to be open for a warm and safe place to make her rounds.

"You have to really bundle up [outside], and then there's a chance of slipping," she said. "On really cold days I probably wouldn't even do it."

Farion said she enjoys having the space to walk, talk with other members while doing laps and watching the Selkirk Steelers if they have a practice going at the same time.

"It's a good atmosphere here," she said. "It's a really good thing."

Figus said due to the cold weather coming up in conjunction with a lack of activities due to public health protocols, she expects more attendees to the program and encourages those feeling lonely to register.

"[We're] taking these new standards seriously, and people can feel comfortable enrolling themselves or their children in other programs be-



RECORD PHOTOS BY NICOLE BUFFIE

Selkirk's Walk and Jog program returns to the Rec Complex. Pictured left: Arrows marked throughout the Rec Complex indicate a one-way path for participants. Right: Audrey Farion uses the space every day on her lunch hour to get her steps in for the day.

cause we are doing everything we can to keep people safe and active at the same time," she said.

The Walk and Jog program is \$40 for an annual membership or \$2 for a drop-in, however, drop-ins will only be accepted if less than 25 participants are registered for the day as

per health regulations put in place by the City. Arrows indicating a one-way route are marked on the floor and masks are to be worn at all times while inside the Rec Complex.

For more information, visit [www.myselkirk.ca](http://www.myselkirk.ca).

# Province invests \$7 million in MB hiking trails

Submitted by Manitoba Government

In partnership with Trails Manitoba, the Manitoba government is investing \$7 million to support the creation, maintenance and enhancement of active transportation trails across the province and within the city of Winni-

peg, Premier Brian Pallister and Municipal Relations Minister Rochelle Squires announced last week.

"Get outside and explore Manitoba – there is no better place to be and no better time to explore our beautiful province," said Pallister. "Our government is proud to partner with Trails Manitoba and The Winnipeg Foundation to ensure our trails

and pathways are more safe and accessible for all users, for many generations to come."

There are more than 1,700 kilometres of active transportation trails throughout the province. The Manitoba government has created three funds that will be managed by Trails Manitoba and held in trust by The Winnipeg Foundation.

"This investment by the province will allow us to leverage support for many trail projects throughout Mani-

toba," said Erik Dickson, president, Trails Manitoba. "It provides the financial stability to ensure our organization is sustainable and able to continue supporting the construction and maintenance of recreational trails while improving our province's trail offerings and ensuring their long-term viability for future generations to enjoy."

The \$1-million Trails Manitoba Operating Endowment Fund will serve as ongoing operating funding for Trails Manitoba. The \$4-million Manitoba Trails Improvement Endowment Fund will support annual application based grants to create new trails or improve existing ones. The third fund, a \$2-million Manitoba Trails Strategic Fund, is designed to support capital projects that advance recreational trail development in Winnipeg and will be distributed as matching grants.

Trails Manitoba will have more information on eligibility and project criteria in the coming weeks.

## Family and Friends of The Dufferin Gang

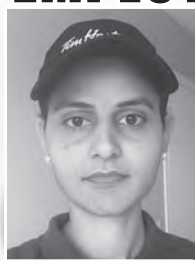
are invited to a meeting to discuss the outgoing initiative to place a monument on Dufferin and Main in Selkirk to commemorate this courageous block of service members.

Wednesday, October 21, 6 PM at Selkirk Legion



## EMPLOYEES OF THE MONTH FOR SEPTEMBER

At Selkirk's Tim Hortons  
Congratulations!



Satvir  
263 Main St, Selkirk, MB



Arshdeep  
1041 Manitoba Ave, Selkirk



# IERHA AGM held virtually for first time

Participants hear about fiscal year that ended with start of COVID-19

By Evan Matthews

Now in month eight of the global pandemic, with so much of the world having shifted operations online, the IERHA is not immune.

The IERHA hosted its first virtual annual general meeting on Oct 5, which saw 80 participants connect by phone or online. Much of the meeting was a summary of fiscal activities over the past year, according to an IERHA spokesperson.

"It is always a pleasure to share about the initiatives in our region, to step back and really see the positive impact on people and their families thanks to the efforts of staff, volunteers, and partners," said Glen West, the IERHA's board chair.

"With the onset of the coronavirus pandemic in March, delivery of some health care services have changed.

"But what has not changed is the goal of providing fully comprehensive, integrated and accessible health care services for all residents in the Interlake-Eastern region," he said.

With the meeting's new format, participants were able to submit questions to speakers that could be answered in real time. However, the IERHA acknowledged some participants had troubles logging in, and

West apologized on behalf of the region for difficulties anyone had.

The IERHA stated retaining a virtual presence would be worth exploring for future meetings.

## Meeting points

West outlined continued efforts and initiatives under Interlake-Eastern

RHA's points of strategic focus in the areas of health system sustainability, improved access to care, person-focused care, decreasing preventable harm, improved access to mental health resources, and partnerships with Indigenous communities.

For outgoing CEO of Interlake-Eastern RHA, Ron Van Denakker, who retires on October 15, the care of Indigenous communities has been of particular importance, according to the IERHA.

Attendees at last

year's AGM listened to people sharing first-hand accounts of their experiences with the health system, including Gwen Traverse, health director of Pinaymootang First Nation.

"Gwen takes advantage of the question and answer period every year to hold me and the RHA accountable for our care of Indigenous people," said Van Denakker.

"It was troubling to me as CEO to

**"WHAT HAS NOT CHANGED IS THE GOAL OF PROVIDING FULLY COMPREHENSIVE, INTEGRATED AND ACCESSIBLE HEALTH CARE SERVICES FOR ALL RESIDENTS," -GLEN WEST**



RECORD PHOTO BY JASON PERMANAND

Second vice-chair of the board Ruth Ann Furgala (left) with chair of the board Glen West at the 2020 IERHA annual general meeting.

hear those stories and I thank those who had the courage to stand before strangers and share very personal stories about their health care.

"I promised then that we'd do better, I know while there is still a ways to go, together we have made progress in helping all residents access the care they deserve, closer to home," he said.

Traverse and the leadership of her First Nations community marked their thanks for Van Denakker's efforts by bestowing a parting gift of commissioned artwork to him, acknowledging his work over more than nine years as CEO.

The annual Chair's Awards for Excellence in Customer Service was awarded to staff who consistently went above and beyond in their interactions with patients and other staff. Eleven staff members were nominated this year and four of these stood out to the chair:

- Pharmacist Brad Clyde was honoured for stepping up to problem-solve to ensure that patients receive the care they need, with humour and

a great attitude

- Robin Malcolm, an HR assistant, won for her efficiency, positive manner, and mentorship on her team

- Pamela Robertson, an administrative assistant with the RHA's physician services team, won for her personal and professional approach in staffing of the region's emergency departments with physicians

- Kim Scharf, facility administration at Gimli Community Health Centre, was recognized for the way she greets all visitors and patients with a friendly smile – helping people feel comfortable, often during difficult times

The 2020 CEO Award for Community Leadership went to the individuals representing communities from around the region who comprise the Primary Care Development Group.

A video recording of the AGM can be found on the IERHA website at [www.is.gd/IERHA2020AGM](http://www.is.gd/IERHA2020AGM).

## Nominations needed for excellence in education awards

Honouring outstanding educators on World Teachers Day

Submitted by Manitoba Government

Nominations are now being accepted for the 2020-21 Manitoba's Excellence in Education Awards to recognize achievements in education, Education Minister Kelvin Goertzen announced Oct. 5.

"As we mark World Teachers' Day today, it's important to take the time to recognize and celebrate the extraordinary effort of Manitoba's outstanding educators," said Goertzen. "The Excellence in Education Awards provide a chance to thank Manitoba teachers who are making a difference in the

lives of their students. I want to thank our teachers for the work they do, now more than ever, to support our children and ensure they can succeed."

The province is now accepting nominations to recognize outstanding achievement in education. Awards will be presented in the following categories:

- teaching excellence (three awards);
- outstanding new teacher (one award);
- outstanding team collaboration (one award);
- outstanding school leader (one

award); and

- Premier's Award for Excellence in Education (one award).

Parents, students, school trustees, teachers and school or school division administrators are invited to make submissions by the Dec. 2 deadline. Nominees must be educators who hold a valid, permanent Manitoba teaching certificate at the time of nomination. They must also work directly with kindergarten to Grade 12 students in a school setting on a daily basis.

The selection committee includes representatives from Manitoba Education, Manitoba School Boards Association, Manitoba Association of Parent Councils and Manitoba Fed-

eration of Independent Schools.

"Despite these unprecedented times, many educators are having a profound impact on student learning and engagement," said Goertzen. "We hope the educational community responds to this call for nominations and takes the opportunity to recognize the individual efforts and contributions of these outstanding educators."

Information on past recipients and on the nomination process, including selection criteria and required forms, can be found at [www.edu.gov.mb.ca/k12/excellence/](http://www.edu.gov.mb.ca/k12/excellence/). Each award recipient will receive \$500 and a framed certificate.



# Michele Polinuk named 35th Citizen of the Year

By Selkirk and District Community Foundation

When Michele Polinuk received a call from Aaron Martyniw identified himself as the "Chairman of Selkirk and District Community Foundation", Polinuk knew something was up. She, of course, recognized his voice from her six-year term on the Selkirk and District Community Foundation (SDCF) board of directors, which recently ended and it dawned on her exactly what was going on – Martyniw was calling to tell her she'd been named the 35th Citizen of the Year.

"When he started saying 'chair of the foundation', I'm thinking, 'yeah, I know that you're the chair'," Polinuk laughed.

"Right then I could tell he's doing something formal and not just phoning to maybe ask me a question. And I know the timing of everything, I know the routine, I know [the selection committee] just had their meeting on Thursday, so I thought, 'I think I know what's coming'."

Martyniw said Polinuk was gracious in accepting the honour, but made it clear she has no plans to ride off into the sunset.

"She told me during the call that she's not done, and I know she's sincere," Martyniw said.

"I got to know Michele through the Foundation, and her dedication and drive were on full display every meeting, every event and literally every day. She puts that same energy into

all she does, and I, and everyone at the Foundation, absolutely believe Michele will be a force in Selkirk, St. Andrews and St. Clements for years to come."

Her nominators – Lena Kublick, chair of the Lord Selkirk School Division Board, Kathy Good, LSSD Executive Administrative Assistant, Jerret Long, LSSD Superintendent, Jack Bogaski, LSSD board member and Jean Oliver, former LSSD board member and Rotarian – are all also friends.

Each has worked closely with Polinuk, who this past summer retired from the LSSD where for the past three years she was Superintendent. They witnessed first hand her dedication to education and more importantly, her dedication to people.

In his nominating letter, Bogaski noted Polinuk's support of the performing arts in both elementary and high school, her promotion of literacy and dedication to the I Love to Read program and called it all just "the tip of the iceberg".

"I have to say that I am somewhat surprised that Michele has not been considered for the Citizen of the Year honour in the past," Bogaski wrote, sighting her leadership throughout the COVID-19 pandemic not just in the LSSD but throughout the province.

"Michele met all the challenges that COVID-19 presented head on and in a very innovative way, changing challenges into opportunities so that the

education of students would not be severely interrupted."

A Selkirkian, born and raised, Polinuk's teaching career began in Winnipeg and eventually led her home to the LSSD.

Her volunteer involvement is too long to list in its entirety, but includes the Selkirk Rotary Club, where she's held the position of president twice, the SDCF, Education Research Development & Innovation Corporation, Interlake Eastern Regional Health Authority, Interlake Eastern Regional Health Foundation and the Manitoba Association of School Superintendents.

She said her commitment to community comes from her parents and grandparents who supplied a lifetime worth of good examples for her to follow.

"I learned growing up that you needed to be a part of the community, it's just what you do," she said.

Her mom, Sylvia, is an active volunteer to this day.

"My mom is still volunteering with the [Our Daily Bread] Soup Kitchen and House of Economy and doing funeral lunches and she's 78-years-old."

Jean Oliver, who has worked alongside Polinuk on the school board and in the Rotary Club, can attest to that.

"The Rotary motto of 'Service above Self' is demonstrated in all that Michele does," said Oliver.

Polinuk is honoured and humbled by her friends' and colleagues' words, and with the award, which has a special meaning to her.

"I think the word 'citizen' is the crit-



RECORD PHOTO BY KATELYN BOULANGER

Michele Polinuk waving goodbye to friends and colleagues on June 30, her last day as superintendent of the Lord Selkirk School Division.

ical piece of it, and sometimes that's lost in our day and age of social media," she said.

"We need to keep the word citizen alive, it's something that we teach in the schools, the whole citizenship piece, doing what you can, rounding out your life as much as you can, helping yourself, helping your family, helping others, that's what keeps our world ticking."

Polinuk has the distinction of being named the Citizen of the Year in a year when the annual gala celebration in her honour can't take place because of a global pandemic, but for her that makes it all the more special.

To watch a video of Polinuk's nominators and friends surprising her go to:

Twitter: SelkirkDCF@DcfSelkirk Instagram: selkirkdcf

**October Special**

**20% off**

**Prescription Sunglasses**

**Anderson family vision care**

**andersonvisioncare.ca**

\*Cannot be combined with any other offer.

353 Main St.  
Selkirk, MB  
204-482-3713

101-2265  
Pembina Hwy.  
204-275-2015

103-19 Pine St.  
Pine Falls, MB  
204-367-2390

258A Main St.  
Steinbach, MB  
204-326-1388

90-2200 McPhillips  
(Across from Garden City Shopping Centre)  
204-633-7482



**GET UP TO**

**\$3,000**

**CASH FOR  
A MORTGAGE**

Terms and conditions apply.

**LIMITED TIME OFFER**



**go!**  
pet nutrition by  
petcurean

# Dog and Cat Food Trade-In Promo



Proudly  
made in  
Canada.

Compare ingredients  
and choose a healthier  
diet for your dog!

**BRING IN ANY BAG  
OF YOUR CURRENT  
DOG OR CAT FOOD  
GET A 3.5LB BAG OF  
GO! DOG FOOD OR  
3LB BAG OF CAT FOOD**

*for only* **\$9.99**

Limit of 1 bag of cat and  
1 bag of dog per household



**CAT TETRAS**

BUY 6

*Save* **10%**

BUY 12 OR MORE

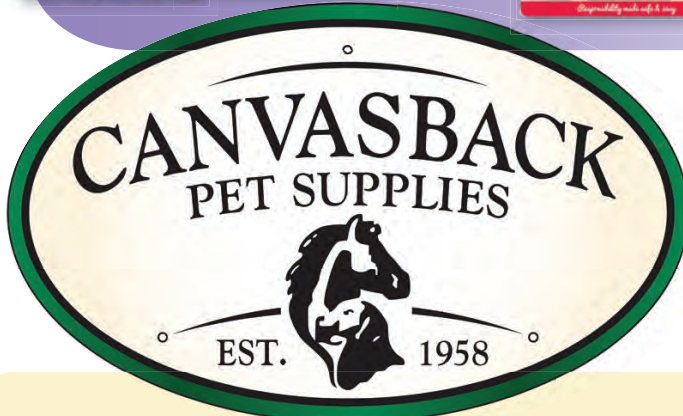
*Save* **20%**



**Kong Handipods**

Not your basic poop bag holders!  
Available with Hand Sanitizer and/or  
flashlight attachment!

**20% OFF**



**Huge Selection of  
Winter Coats and Fleece**

*from* **\$24.99**

1 Wellink Drive, Lockport, MB 204-757-2701  
mail@canvasbackpets.com

Mon to Fri 9am-8pm Sat 9am-5pm Sun 11am-5pm

All sales and discounts are while stocks last and Sales End Oct. 31st, 2020



# COVID numbers continue to rise in Manitoba

Staff

Public health officials advise the 33rd and 34th deaths due to COVID-19 have been reported. One is a previously announced case, a female in her 100s from Winnipeg linked to the Parkview Place outbreak. The other is male in his 40s from Winnipeg.

The current five-day COVID-19

test positivity rate is 3.3 per cent and 77 new cases of the virus have been identified as of 9:30 a.m. bringing the total number of cases in Manitoba to 2,655.

As of Monday, Interlake-Eastern had five new cases bringing the active cases to 86 along with 138 recovered.

The current breakdown of active

cases by district is as follows: Arborg/Riverton 2; Beausejour 2; Eriksdale/Ashern 3; Fisher/Peguis 19; Northern Remote 41; Powerview/Pine Falls 2; Selkirk 1; Springfield 3; St. Clements 1; Winnipeg Beach/St. Andrews 7; Stonewall/Teulon 4 and the unknown district 1.

Oct. 12's data shows:

- five cases in the Northern health region;
- two cases in the Prairie Mountain Health region;
- nine cases in the Southern Health-Santé Sud health region; and
- 56 cases in the Winnipeg health region.

The data also shows:

- 1,131 active cases and 1,490 individuals have recovered from COVID-19;
- there are 25 people in hospital and four people in intensive care; and
- the number of deaths due to COVID-19 is 34.

Laboratory testing numbers show 1,871 tests were completed yesterday bringing the total number of

lab tests completed since early February to 210,902. Case investigations continue and if a public health risk is identified, the public will be notified.

The chief provincial public health officer strongly encourages Manitobans to reduce the number of close contacts outside their household, and avoid closed-in or crowded spaces.

In addition, they should focus on these fundamentals to help stop the spread of COVID-19:

- Stay home if you are sick.
- Wash/sanitize your hands and cover your cough.
- Physically distance when you are with people outside your household.
- If you cannot physically distance, wear a mask to help reduce the risk to others or as required by public health orders.

Unless recommended by public health officials, only individuals experiencing COVID-19 symptoms should go for testing. Individuals with symptoms are asked to seek testing as soon as possible once symptoms are present. Employers are asked to only send employees for testing if they have symptoms or if testing has been recommended by public health officials.

The online assessment tool can be found at <https://sharedhealthmb.ca/covid19/screening-tool/> and COVID-19 symptoms can be found at [www.gov.mb.ca/covid19/updates/about.html#collapse4](http://www.gov.mb.ca/covid19/updates/about.html#collapse4).

For up-to-date information on COVID-19 in Manitoba, visit [www.manitoba.ca/COVID19](http://www.manitoba.ca/COVID19).

## SELKIRK HOME HARDWARE

### NEW

**WOOD CREST**  
CABINETRY

EXCLUSIVELY SOLD  
AT SELECT HOME  
HARDWARE STORES

## KITCHEN DESIGN & BUILD



Selkirk Home Hardware welcomes Gary Noble to our Kitchen Design & Build department. Gary brings over 30 years experience designing kitchens for new home builds, renovations, cottages and condos.

Book your appointment for a personalized design to suit your home.

**In home consultations are available too.**

Call 204.406.5548 (cell) or email [gary.shhbc@mymts.net](mailto:gary.shhbc@mymts.net)



Klayton

Gary Noble

**ORDER NOW**  
to have your  
kitchen ready for  
Christmas!!



**Home  
Hardware  
Kitchens**

**917 Manitoba Avenue, Selkirk 204-785-2773**

## FALL ACTIVITIES AT THE GALLERY



**Oct 17<sup>th</sup> 3 hrs - Silk Fusion Lantern Workshop**  
with Janice Charko \$75

**Oct 18<sup>th</sup> 1-3pm - Youth Acrylic Painting**  
with Bev Galbraith \$15 ea.

**Oct 24<sup>th</sup> 1-3pm - Adult Acrylic Painting**  
with Bev Galbraith \$25 each

**Nov 7<sup>th</sup> 1-3pm - Boho Beading** with Pat Findlay \$5 each

**Nov 8<sup>th</sup> 1-3pm - Youth Acrylic Painting \$15**

**Nov 9<sup>th</sup> - Wet Felted Ruffled Scarf** with Janice Charko \$65

**Nov 14<sup>th</sup> 1-3pm - Machine Needle Felting Demo**  
with Pat Findlay FREE

**Nov 22<sup>nd</sup> 1-3pm - Youth Painting \$15**

**Nov 28<sup>th</sup> 1-3pm - Adult Painting \$25**

Numbers  
are limited -  
COVID-19 rules  
followed

**WATERCOLOUR, CERAMICS, FELTING  
AND PAINTING COMING IN 2021**

• Fees due at each class

Contact the Gwen Fox Gallery to sign up

Questions? Email Bev: [bg9991@mymts.net](mailto:bg9991@mymts.net)



# East Selkirk Water Treatment plant gets upgrades

## Funding from municipality and province to aid future growth

By Katelyn Boulanger

The East Selkirk Water Treatment plant is going to be able to serve more people in the community with \$1,000,000 being invested by both the province and the RM of St. Clements for future upgrades.

"I was very excited [to find out we'd received the funding] because this project has been on the books for quite some time, and not that we've been stalling, but we've always looked at the funding part of it and because the funds that we have are limited it was good to find out that we're going to be having some more grant money so that it wouldn't be so much of a burden if any on our rate payers," said St. Clements Mayor Debbie Fiebelkorn.

The grant is part of the Manitoba restart program and Red River North MLA Jeff Wharton came to St. Clements's East Selkirk Water Treatment plant to announce on Oct. 9.

"Our government is committed to helping municipalities with imme-

diate projects to help improve quality of life and help boost Manitoba's economy during this pandemic," said Wharton.

Fiebelkorn says that this project will increase the range of St. Clement's water treatment system.

"We have had some preliminary discussions with people that want to come into the municipality and I think that if we have the sewer or the water I think that that would be better to entice people to come here or developers to come here to this area," said Fiebelkorn.

She also mentioned that having fire hydrants and pressurized water keeps St. Clements competitive with neighbouring municipalities when it comes to attracting businesses to the community.

The municipality did look at other options such as connecting with the City of Selkirk for these services but Fiebelkorn says that technical limitations stopped that from being a viable option for the municipality.




RECORD PHOTO BY KATELYN BOULANGER

Pictured (left to right): Mayor Debbie Fiebelkorn, Councillor Sandra Strang, MLA Jeff Wharton, Councillor Dave Horbas and Councillor Glen Basarowich at the announcement of the \$2 million investment for the East Selkirk Water Treatment plant.


This project is also part of a continued effort from the municipality to make the water their residents use more environmentally friendly.

"We're making their water safe. We're protecting the environment be-

cause there aren't going to be any of the contaminants going into the water system into our rivers, creeks, lake, it's very important to protect our water," said Fiebelkorn.



217 Clandeboye Ave., Selkirk  
**Proof Deadline Fridays at 4 p.m.**  
**Booking Deadline Mondays at 4 p.m.**  
**Office Hours: Monday-Friday 9:30-5:00**





**Cancelled for 2020**

After careful consideration with the Age Friendly Committee, we have made the difficult decision to cancel the 2020 Festival of Trees and Craft Sale due to growing concerns and government regulations surrounding COVID-19.

**As this would have been the annual fundraiser for Selkirk Age Friendly, we have opted to host a Holiday 50/50 draw for our loyal supporters.**

Single tickets for the draw are \$5.00 or three for \$10.00.  
 For more information and to support this initiative please contact:  
**Charlene Dunning 204-485-7797 204-482-4636 transit@mysta.ca**





**DON'T WAIT FOR LEADERS  
BECOME THEM**

**CALL FOR DIRECTOR NOMINATIONS**

Red River Co-op values all of its members and encourages all members to be nominated.

For more information and the Request for Nomination form visit our website, [redriverco-op.crs](http://redriverco-op.crs) or call 204.631.4600 to speak with the Elections Officer.

**Deadline: 4:30pm, Nov 30, 2020**





[redriverco-op.crs](http://redriverco-op.crs)



# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## How to remove mildew from your home's exterior

Homeowners want their residences to look inviting inside and out. Part of keeping an attractive property involves addressing issues that can compromise not only the appearance of a home, but even its integrity.

People who live in regions with high humidity may find their homes are vulnerable to exterior mildew growth. Mildew is a kind of mold. Molds include all species of microscopic fungi that grow in the form of hyphae, which are multicellular filaments, according to the Environmental Protection Agency. Mold thrives on any organic matter and surfaces with moisture management problems. Mildew, in particular, lives on shower walls, windowsills and other places where moisture levels are high. Mildew also can grow on home siding as well as fences and other exterior structures. While typically gray or white, mildew can be various colors.

Experts recommend various cleansers to help combat the issue of mildew on a home. One of the first products that homeowners tend to reach for is sodium hypochlorite, which is a standard bleach used in laundry and pool sanitation. While sodium hypochlorite seems to make mildew vanish, those at This Old House say that chlorine evaporates too quickly to get to mildew's roots on porous surfaces, such as wood or vinyl siding. Bleach also can stain clothing and damage foliage around the house. Hydrogen peroxide, or oxygen bleach, is less volatile, will not affect foliage and can clean mildew, algae and dirt on and below the surface.

Trisodium phosphate is another effective cleanser. Commonly known as TSP, it often succeeds where other solutions fail in regard to stubborn stains and mildew. TSP also works well on various exterior surfaces.

TSP needs to be used with extreme caution. When using TSP, wear long sleeves, gloves, goggles, and a respiratory mask, says Today's Homeowner. The product also requires adequate ventilation. There also are some environmental concerns, as TSP can damage foliage. In addition, if the product ends up in lakes and streams, it can trigger an overgrowth of algae that results in the depletion of oxygen levels in the water. Eco-conscious homeowners may want to try oxy cleansers before TSP.

Mildew shies away from bright sunlight, so it tends to grow on the north side of homes. Removing trees or other foliage that can further block sunlight to areas of the house can help eradicate mildew growth and stop it before it starts. Another tactic is to clean out gutters regularly and thoroughly to reduce moisture and to prevent decomposing debris from



running over the edge of the gutters. This runoff can drip down the home's siding and spread the mildew to other areas.

Mildew can be problematic any time of year. Clean up mildew when the weather cools down to spruce up the look of a home.

**Evan Kreutzer.ca**  
Real Estate Services Inc.  
325 Manitoba Ave. Selkirk **482.7355**

**EVAN** 482-7355  
**WAYNE** 485-0407

**"Smart move!"**

**STILL OUT SELLING IN YOUR NEIGHBOURHOOD**

**WANTING TO SELL? ... We have Interested Qualified Buyers! CALL US TODAY!**

**Rd 32**  
Old home site, 40 acres. Pole bldg.  
**\$110,000**

**Libau**  
House & workshop.  
**\$175,000**

**51 Billy Goat Dr**  
Traverse Bay. 3+ bdrm, 1 bath, 1700 sq ft, extensive renos inside & out. Year round!  
**\$178,000**

**Pigeon Bluff**  
1500 sf, 3 bdrm, 2 bath, lrg shop, 62 ac crop, 10 ac res & bush.  
**\$528,000**

**118 cross fenced acres, well & dug-out** **\$150,000**

## What to do to prepare your garden for winter

Gardens provide an idyllic escape from the hustle and bustle of everyday life. In fact, many gardening enthusiasts typically cannot wait for the spring thaw so they can spend

the next several months tending to their plants under the warm sun. But a gardener's work is never truly done, and the work to make gardens stun in the spring actually begins during the preceding fall.

Preparing gardens for winter is an important step that can help homeowners ensure their gardens return to full strength in the spring. The tasks necessary to prepare gardens for winter may depend on what homeowners are planting, but the following are some general maintenance suggestions that can keep gardens safe this winter.

- Remove weeds and debris. Weeds and debris are unsightly and detrimental to plant life in spring, but they also can be harmful in the winter. Weeds and debris left to linger in gardens through the winter provide overwintering spots for insects and can contribute to disease. So it's imperative that weeds and debris are removed before the ground hardens in winter. Don't wait until the ground hardens, as that can make it hard to remove the roots of weeds, adversely affecting the garden as a result.
- Prepare the soil. The Farmer's Almanac advises homeowners to gen-

Continued on page 15

**BRAND NEW 2 & 3 BEDROOM TOWNHOUSES**  
for rent at 900 Vaughan Ave. Selkirk

\$1445 - \$1645/mth plus utilities.  
Call or email for more details.  
204-960-7550 or  
leasing@forthrightproperties.ca

**FORTHRIGHT PROPERTIES**

**Selkirk's #1 Selling REALTOR®**

Serving Selkirk and Surrounding areas!

\*Based on ACTUAL 2015-2019 Individual MLS Results!

**RE/MAX associates**  
Each office independently owned & operated.

**ACHIEVEMENT AWARD**  
**INDIVIDUAL**  
**MAS**  
**2019**  
**GOLD**

**FREE Home Evaluations ALWAYS!**

**Thinking of selling?**

**Now Accepting Fall Listings!**

Contact me to find out about our REALTOR® Covid-19 Best Practices.

**Jamie SASLEY**

CALL OR TEXT: **204-785-0681**  
email: **jamie@callj.ca**



# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Safe and effective ways to clean up leaves

Removing leaves from the yard is a task that homeowners must perform each fall. Thousands upon thousands of leaves can drop from a single tree. Multiply that by the number of trees on a property, and it's no surprise the task of leaf cleanup can seem so daunting. Furthermore, not all leaves are shed at the same time, so several cleanup sessions may be necessary before the last leaf is banished from the yard.

Just like removing snow, leaf cleanup can be a taxing job if done by hand. For people unaccustomed to exercise, cleaning up leaves can turn into quite a workout. According to the Discovery Health Calorie Counter, raking leaves for one hour can burn nearly 292 calories. Shoulders and arms will feel the burn. Raking leaves is considered moderate physical activity, similar to brisk walking. Those who find themselves straining or out of breath should take a break, and these tips also make the job safer and easier.

- Wear layers when cleaning up leaves. It may be cool at first, but it's easy to work up a sweat after raking for awhile. Layers can be peeled off so as not to get overheated or risk hypothermia from sweating in chilly temps.

- Pay attention to your posture while raking. James Weinstein, chairman of the Department of Orthopedics at Dartmouth Medical School, recommends forming a wide base with the feet and holding the rake slightly toward the end of the handle with one hand three-quarters of the way down the handle from the other. Do not twist the spine; move your entire body. Avoid overuse of muscles on one side of the body by switching sides periodically.

- Do not try to rake or blow leaves on windy days. Wind will only make the task that much more difficult, which could lead to overworking oneself.

- Avoid overfilling bags. For those who plan to mulch and bag leaves, remember that compressed leaves can get heavy pretty quickly. Do not over-fill bags, as they can be hard to move or bring to a recycling center.

Using a leaf blower to push leaves into piles will reduce the strenuousness of the task, but leaf blowers can be heavy and noisy and gas-powered blowers can produce a considerable amount of exhaust.

Raking leaves can be quite a chore. It is important that homeowners take steps to prevent injury while cleaning up leaves in their yards.



### > GARDEN, FROM PG. 14

tly till the soil in their gardens so they can expose any insects before they settle in for the winter. Once garden soil is exposed, add a layer of compost, leaves, aged manure, and, if necessary, lime, gently tilling it into the soil. According to the North Carolina Cooperative Extension, the only accurate way to determine if lawn or garden soil needs lime is to test it. Lime makes soil less acidic and reduces soil pH. Low soil pH makes it hard for certain plants to grow, but acidic soil is ideal when growing blueberries. Test the soil for lime and amend it de-

pending on what you hope to grow in the spring so it's ready to thrive when winter ends.

- Remove dead or diseased plants. Dead or diseased plants should not be left in the garden through the winter. These plants can attract insects and are vulnerable to disease, which can make it hard for the garden to thrive in the spring.

- Protect fruit trees. If you have fruit trees, install mouse guards around

the base to prevent mice and voles from killing the trees over the winter. If left to their own devices over the winter, mice and voles may eat the bark of fruit trees, killing the trees as a result. The Farmer's Almanac notes that mouse guards made of fine mesh hardware cloth can effectively protect fruit trees from hungry mice and voles over the winter.

A gardener's work is never done, and the work to create beautiful spring gardens begins in the fall.



## Home Hardware FLOORING

**NEW PRODUCT!**

### ARTIK LVP

2 Colours to Choose From

More colours available to special order

Waterproof, 30 Year Warranty Good for +60° to -60°

917 Manitoba Avenue, Selkirk 204-785-2773 Ext. 2

BERGEN

**\$289** /sf

5mm & 1mm pad

**\$69.19** /case

TANA

**CLEARANCE ON SELECT FLOORING PRICED TO GO!**



www.interlake.mb.ca

**ARBORG** 204-376-3400

**GIMLI** 204-642-8501

**SELKIRK** 204-482-5806

Below is a sample of our listings.  
To view all listings, visit  
www.interlake.mb.ca.

<p><b>DAYNA CLARK</b> 204-461-1347</p> <p>New listing Poplarfield \$229,900. Over 4000 sq ft of living space, outbldgs, 16 acres. Value!</p> <p>Wpg. Beach building lot, 50 x 138', has well &amp; sewer hookup, no time restrictions \$32,900</p> <p>7.26 acres on #9 near Gimli, well treed, potential for subdivision into 4 lots. \$174,900</p>	<p><b>KATHY MARKS</b> 204-642-8501</p> <p>Gimli-Fully serviced vacant lot. Perfect location for your new home \$37,000</p> <p><b>JOHN WISHNOWSKI</b> 204-479-1208</p> <p>Commercial building in Fisher Branch (CIBC) 2000 sq ft Price reduced \$64,900</p> <p>7 acres near Arborg 4 bedroom home with barn and garage \$89,900</p>	 <p><b>57 Mansfield Well maintained 3 br. home in Matlock. Adjoining lots also available! \$239,000</b> Laurence Humniski 204-642-8501</p>
<p><b>JIM BOULTON</b> 204-485-2446</p> <p><b>MIKE JUBA</b> 204-588-7967</p> <p><b>CINDY LITTLE</b> 204-979-3364</p> <p><b>LUDA KOZLOVA</b> 204-997-7756</p> <p>Beautifully reno condo LR/DR, big mbr+den Kit, SS appl, ungrd pkng Near St-B Hosp, \$274,900</p> <p>Building lot by Lake Winnipeg Incentives &amp; financing offered No time limit to build! \$39,990</p> <p>Great starter or investment home! 2-storey townhouse 2 bds, 1 &amp; 1/2 bth Close to U of M \$249,900</p>	 <p><b>3 Bdrm, 1.5 Bath, 10 mins N. of Gimli. Hardwoods, fireplace, sunroom, deck, garage.</b> Chris Neufeld 204-641-1727</p> <p><b>DAVE HUMNISKI</b> 204-642-8501</p> <p>Sandy Hook - 19 Hamilton Gorgeous year round home. 3 br/2 bath, Att. Insul garage w/ bonus wrkshp.</p> <p>Sandy Hook - 8th ave. New build, woodstove, HRV. No surprises here!</p> <p>Gimli South Beach - 7 Sigmund 3 bdrm. Bonus 3 season room w/ hot tub. Offers?</p>	<p><b>GRANT HJORLEIFSON</b> 204-461-6400</p> <p><b>JASMIN THEOBALD</b> 204-642-8501</p> <p>Custom built home, huge kitchen, amazing view, 2xgarage + WS, N of Gimli \$279,500</p> <p>Cute 1BR + GH, private, treed property, walking distance to the lake. \$92,500</p> <p>LAKEFRONT, 80+ acres, Island property, WATCH FOR THE DRONE VIDEO,</p>  <p><b>20 ACRES w/ 2300sq.ft. spacious home - manicured gardens and trails to walk - A MUST SEE! Crystal Line 204-232-6200</b></p>
<p><b>ELLEN WYKA</b> 204-376-3400</p> <p>Cust-blt beauty, 20 priv ac. Manicured yard, stunning home, hardwood flrs, so much to offer.</p> <p>Affordable living in Arborg. Great location close to school and shopping, private yard.</p> <p>Build your dream, gorgeous lake front lot in Balaton Beach.</p>	<p><b>INGRID BENNETT</b> 204-642-2089</p> <p>Building lot at Rails End, just north of Gimli. Treed, pie shaped \$29,900.</p> <p>Two acre lot near Camp Morton on pavement. Mix of prairie grass &amp; trees \$42,500</p> <p>3 bdr cottage near Matheson Island bld in 09. Huge master, screen rm. \$74,900</p>	<p><b>CURIOUS ABOUT MARKET CONDITIONS?</b> Let us help create a strategy personalized to your needs.</p>

Interlake Real Estate is excited to be utilizing 360° 3D Interactive Tours to market our properties. This allows us to provide the highest level of safety to our sellers, our buyers and our Realtors®.



# Conservation group encourages people to leave their leaves on the ground

## Embrace your inner laziness and avoid fall's dreaded chore

Submitted by Nature Conservancy of Canada

The changing colour of leaves is one of the most beautiful aspects of the fall season, but it comes with an onerous task: raking them up once they've fallen. The Nature Conservancy of Canada (NCC), however, has some green advice for people wishing to avoid back-breaking yard work: leave the rake in the shed and the leaves on the ground. And if someone accuses you of being lazy, you can say you are helping the environment and being a conservationist!

The not-for-profit land conservation

organization says leaving fallen leaves in your yard is a small act of nature conservation that can support backyard biodiversity in many ways. While some butterflies travel to warmer destinations, many native insects, including pollinators, and other backyard wildlife hibernate over the winter and can use a little neighbourly help.

Dan Kraus, NCC's senior conservation biologist, says leaves can provide important habitat for many species. "Backyard animals, such as toads, frogs and many pollinators, once lived in forests and have adapted to hiber-

nate under leaves," says Kraus. "The leaves provide an insulating blanket that can help protect these animals from the cold and temperature fluctuations during the winter."

Another benefit of not raking your leaves is soil improvement. Kraus points out that as leaves break down, they also provide a natural mulch, which helps enrich the soil. Thick piles of leaves can impact the growth of grass and other plants come spring, but leaving a light covering can improve the health of our gardens and lawns.

As the leaves break down, some of their carbon also gets stored in the soil. "While it's great for cities to provide collection programs to compost leaves, the most energy-efficient solution is to allow nature to do its thing and for the leaves to naturally break down in your yard," says Kraus.

And it's not just leaves that are important for backyard wildlife during the winter. "Plant stalks and dead branches also provide habitat for many species of insects," says Kraus. "By cleaning up our yards and gardens entirely, we may be removing important wintering habitats for native wildlife in our communities.

"Migratory and resident birds can also benefit from your garden during the winter. Fruits and seeds left on flowers and shrubs are a crucial food source that sustains many songbirds during the winter, including goldfinches, jays and chickadees. Providing winter habitats for our native birds and insects is just as important as providing food and shelter during the spring and summer."

With about 80 per cent of Canadians now living in towns and cities, backyard biodiversity is becoming increasingly important. "One of the biggest opportunities to improve the health of nature in urban areas is through the collective action we can all take in our yards," says Kraus.

Encouraging and learning about nature around our homes can also help build a connection to our natural world. "There is growing evidence that having a relationship with nature is critical for our health and well-being," says Rebekah Neufeld, Acting Science Manager for the Manitoba Region. "As Canadians, we have some of the planet's last areas of wilderness, but for many of us and our children, finding that connection to nature starts at home."

Created by Annabelle Mauger & Julien Baron

# IMAGINE VAN GOGH

## THE IMMERSIVE EXHIBITION



**NOW EXTENDED!**  
UNTIL NOVEMBER 30<sup>th</sup>, 2020 | RBC Convention Centre Winnipeg

Tickets at [www.imagine-vangogh.ca](http://www.imagine-vangogh.ca)

**ENTER TO WIN TWO PASSES TO**  
Imagine Van Gogh - The Immersive Exhibition, RBC Convention Centre, Winnipeg  
Extended until November 30.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Town/City \_\_\_\_\_ Entry deadline Oct 21, 2020

Please fill out entry form, take a photo of it and email your entry to [VanGogh@selkirkrecord.ca](mailto:VanGogh@selkirkrecord.ca)  
Only one entry per email.

tandem EXPOSITIONS paquin EXCITE WWWW IMAGINE IMC Manitoba RBC Convention Centre WINNIPEG Winnipeg Free Press

## Calling all Bakers and Cooks!

Do you have a family favorite Christmas recipe?  
Would you like to be featured in our  
**2020 Holiday Family Favorites Cookbook?**

Our readership base has a wealth of knowledge and experience that we would love share.  
Your family recipe could be a part of our special edition cookbook!

**Please submit a recipe in one of the following categories:**

- Appetizers
- Beverages
- Soups & Salads
- Main Dishes
- Baking & Dessert
- Ethnic Favorites

Send your recipe to [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)  
or call 204-485-1419 for more information.

The Selkirk Record Tribune Voice EXPRESS The Carleton Place Standard



# Metis Federation to invest in housing in Selkirk

By Katelyn Boulanger

The Manitoba Metis Federation held the official groundbreaking ceremony for their housing initiative project at 911 Vaughan Avenue in Selkirk on Oct. 7.

"I would like to commend the president of the Manitoba Metis Federation David Chartrand and Minister Will Goodon because what you see is the groundbreaking today but the work that comes beforehand is tremendous," said Mona Buors, MMF Minister of Metis Child & Family Services at the ceremony.

This project will see five houses being built each with three bedrooms and attached garages. Each house will be 1,112 square feet with fully finished basements and will see an investment of \$2.1 million by the MMF.

"Whenever I come to one of these [events]. I know that it's going to be a boon for the economy and a boon for the MMF. Families are going to enjoy these houses for generations to come and that's so important," said Selkirk's Mayor Larry Johannson.

He commended previous builds that the MMF have done in the community north of Manitoba Ave. and said that this new location was the perfect area of Selkirk for this type of build because of how close Vaughan Ave. is to the new regional hospital, the library,

and the west end shopping complex.

MMF President Chartrand also spoke at the event saying that this project wouldn't be the last as he intends to invest more in Selkirk with hopes that it will benefit everyone in the community.

"Anybody who has a house is going to buy a lawnmower, they're going to buy new furniture, they're going to buy new televisions and things for their homes so let's make sure they buy from here," said Chartrand.

MMF's Housing & Property Management Minister Will Goodon wanted to make sure to thank the people that made this project possible while also talking about what this project will bring to the community.

"I want to say that you to our team because our Metis contractors, the people that are going to continue to do this work for us and who have worked for us for the past few years continue to do excellent work and that is one of the things that we need to focus on as well is the employment that is going to be coming out of this," said Goodon.

"The MMF families that are fortunate enough to move into these homes are going to enjoy them," said Johannson.

The project is scheduled for completion in the early summer of 2021.



RECORD PHOTOS BY KATELYN BOULANGER

Above: (left to right) President of the MMF David Chartrand, MMF's Housing & Property Management Minister Will Goodon, MMF's Metis Child & Family Services Minister Mona Buors, and Selkirk Mayor Larry Johannson touch the first shovels to the ground at the MMF's latest project. Right: Chartrand celebrates at the groundbreaking of five new houses to be built by the MMF in Selkirk.



## How to transition from natural teeth to dentures

BY ELISHA VANDOR  
www.vandordenturecentre.com

Do you find yourself hiding your smile from unsightly and/or decaying natural teeth? If yes, then it might be time to replace one, some, or all of your teeth. So, where do you go from here? Well, let me answer that question for you!

Once you know or have received information that you'll be needing all or some of your teeth extracted; the first step is to contact us for a free consultation to talk with our Denturists Brock or Matthew about how we can help get your smile back.

Getting dentures put in the same day the teeth are pulled is possible! Actually, it really is a preference based on the individual. Some like to wait until the extraction site is healed before they get dentures and some like to have dentures right away. For the latter preference, having a denture on the same day has some great benefits:

1. You can smile!
2. You can eat!
3. The denture(s) act like a bandaid™ over the extraction site helping the gums heal.

When replacing your teeth immediately, you'll need a denture that's crafted a bit differently from a regular denture. The dentures are called immediate dentures. It's pretty simple to remember because they go in IMMEDIATELY after your teeth are extracted. Of course,

this means we have to make the denture(s) before your teeth are pulled, so we need to know as soon as possible.

Once the dentures are in, it's not the end! Immediate dentures are designed to fit over inflamed or swollen gums. As the gums start healing, the denture becomes loose. Maybe one day we will invent a way to have dentures self-mould every morning to the mouth, but until then, we want to see you more often to make sure that you're happy and loving them. So, there's a series of follow-up appointments that are necessary to keep the denture fitting, feeling, and functioning great. These appointments are included in the cost the denture(s)... thank God! At the beginning, we will see you more frequently because the gums are healing and changing. The majority of these appointments are scheduled within the first month and will extend for another 6-months to 2-years. I know what you may be thinking, 'Yikes, two years of seeing my Denturist?!' Not to worry, this time frame really depends on each individual and their gums ability to heal. It is all of these careful follow-ups that really make the difference for patients.

In a nutshell, replacing missing teeth can be a mystery and often daunting for most. There's a lot of options for replacing your teeth too, other than dentures. Immediate dentures are currently the most common and inexpensive way to replace missing teeth. If they're made right, they can work great and look very natural too! For any tooth replacement questions, call us anytime!



Recent Vandor Denture Centre patients reveal their before and after transformations. They went from decaying upper natural teeth to custom designed upper immediate dentures.

VANDOR • DENTURE • CENTRE  
AWARD-WINNING DENTURES AND IMPLANTS

**(204) 482-6698**  
299.5 Eaton Ave, Selkirk



# Toastmasters welcomes community in new way

## Virtual meetings lead to international visitors

By Katelyn Boulanger

With gathering limits set at ten people at a time and social distancing in effect, Selkirk's Toastmasters group is still welcoming new members to learn leadership skills while having a blast.

"After a couple of meetings that we'd missed, we're pretty innovative people us Toastmasters, we began to feel that we were missing out on opportunities because everyone in our group is working on one of the Toastmaster pathways and with every meeting we missed, we missed a chance to advance on that pathway and we were also missing the fellowship," said Kay Shewfelt Boyd, Selkirk Toastmaster's vice-president of public relations.

Toastmasters is a group that believes that communication and leadership skills take practise and through a variety of fun activities, which yes may include making a speech in front of supportive people, seek to sharpen those skills in its members.

"[At the beginning of the pandemic] We started doing Zoom meetings, and

a lot of clubs resisted that because the technology was strange and new and they hadn't tried it, some of them didn't have the technology and some people didn't realize that they could get in just with a telephone and you didn't need a camera that sort of thing but we were one of the first to set up the Zoom meetings and have them be successful," said Shewfelt Boyd.

Eventually with instruction on safety practices from the provincial government they were able to resume in-person meetings at Selkirk United Church but they continued to provide Zoom access as an option creating a hybrid meeting. Because of that, they have now had people join them from places like India, Oregon, and California for meetings.

One of the things that Shewfelt Boyd said that she missed the most about Toastmasters was the mental stimulation.

"I missed the fellowship but I also missed the mental stimulation because I think a lot of people today are missing the mental stimulation of going to work, their routine, thinking what am I going to do tonight, and



RECORD PHOTO SUBMITTED

What Toastmasters meetings now look like as they stream virtually while in person participants socially distance.

not wanting to go to places that aren't sanitized," said Shewfelt Boyd.

David Boyd, the group's vice-president of membership and sergeant at arms, also missed participating.

"We have quite the family here at Toastmasters. Everybody has different ideas and you miss not talking to them," said Boyd.

One of the unique aspects of the Selkirk group is that they have members that span from university students to retired folks who have been members

for over 35 years.

"Selkirk Toastmasters group is the perfect opportunity to do something a little different, learn something different, meet new friends, work on your communication and leadership skills and the whole package all together is less than a coffee a day," said Shewfelt Boyd.

The group meets every Wednesday at 7 p.m. at Selkirk United Church or virtually over Zoom if members are more comfortable with that option.

"We're here to have fun. We're here to learn to communicate and improve our leadership skills but mostly we're here to have fun," said Shewfelt Boyd.

To get into contact with the group or to learn more about Toastmasters visit their website at [www.3977.toastmastersclubs.org](http://www.3977.toastmastersclubs.org).

"If you're looking for a new adventure in this difficult time check us out. There's no obligation," said Shewfelt Boyd.

### What's *Your* story?

#### We want to hear from you.

The **Selkirk Record** connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) Phone 204-485-3337

**The Selkirk Record**

**250 MANITOBA AVE**  
204-482-4359 • [gwenfoxgallery.com](http://gwenfoxgallery.com)

*Gwen FOX*

**ART GALLERY & GIFT SHOP** **NEW ART SHOWS MONTHLY!**

**FREE ADMISSION**

Tuesday through Saturday, 11 am to 4 pm

**SELKIRK COMMUNITY ARTS CENTRE**

CASH, DEBIT, CREDIT CARD PAYMENT AVAILABLE



### CATCH THE EXCITING NEW TEAM FOR THE 2020-2021 SEASON

#### NEXT HOME GAMES

- **VS Winnipeg Blues**  
Sat, Oct. 17<sup>th</sup> 7:30 pm
- **VS Steinbach Pistons**  
Sat, Oct. 24<sup>th</sup> 7:30 pm

#### NEXT AWAY GAME

- **VS Winnipeg Blues** Fri, Oct 16 7:30 pm @ RINK Training Centre

[www.selkirksteelers.com](http://www.selkirksteelers.com)

the Steelers Box Office is open 1 hour before game time  
**SELKIRK RECREATIONAL COMPLEX**

GET YOUR GAME TICKETS AT: THE STEELERS BOX OFFICE,  
or ONLINE AT [www.diyobo.com](http://www.diyobo.com)





# get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

## Cheesy Baked Mushroom Chicken

Cut each chicken breast in half. Place flour in resealable bag. Place chicken in resealable bag with flour; toss to coat.

In large skillet, melt 2 tablespoons butter. Add chicken to skillet; brown all sides. Transfer chicken from skillet to 11-by-7-inch baking dish.

In skillet, saute sliced mushrooms in remaining butter until softened. Add chicken broth, salt and pepper. Bring to boil then cook 5 minutes. Spoon over chicken.

Bake 15 minutes. Sprinkle with cheeses and green onions. Bake 5 minutes, or until cheese is melted.

Nonstick cooking spray  
4 boneless, skinless chicken breasts  
1/2 cup flour  
4 tablespoons butter  
8 ounces mushrooms, sliced  
1/2 cup chicken broth  
1/4 teaspoon salt  
1/4 teaspoon pepper  
2 cups shredded mozzarella cheese  
1/2 cup Parmesan cheese, grated  
1/4 cup green onions, sliced  
Heat oven to 375 F. Prepare baking dish with nonstick cooking spray.



## Pastry Brunch Cups

- 2 tablespoons butter
- 2 tablespoons flour
- 1 1/2 cups milk
- 1 cup shredded Swiss cheese
- 2 sheets puff pastry
- 18 eggs
- 2 cups diced ham
- chopped fresh green onions

Heat oven 375 F.  
In small saucepan, melt butter. Whisk flour with butter. Gradually pour in milk, whisking each time. Bring to simmer, whisking until mixture starts to thicken. Remove from heat; stir in Swiss cheese. Set aside.

Use rolling pin to thin out puff pastries. Cut each into nine squares. Line pastry squares in muffin cups, pressing bottoms down firmly and moving pastries up sides for edges to come up just over muffin tins. Fill each cup with 1 teaspoon cheese sauce. Crack one egg into each cup and sprinkle each with diced ham.

Bake 10-15 minutes until eggs set. Sprinkle with chopped green onions.

**SELKIRK STEELERS**

**Bingo!**

Thursdays

at the Selkirk F...

Early Birds at 7:00 pm  
Regular Bingo at 7:30

Full House  
Lucky 7  
Bonanza in...

**BINGO POSTPONED UNTIL FURTHER NOTICE**

1,425

## Expert Patient Here to Help!



Susie Schwartz

"SUSANNE, I KNOW IF YOU SAY YOU NEED AN APPOINTMENT, YOU REALLY NEED ONE."

- NICOLE, ASSISTANT TO MY GP

How did I earn that statement (and the appointment she squeezed in)?

Future columns will cover more, but for now let's start here.

### Earn your doctor's trust.

Yes, as patients who want to be taken seriously, we have to put in the work. Doctors can be jaded from people abusing the system and are so self-absorbed they're convinced their problems are top priority. Think: My nose bled in the nosebleed section at the Jets game last month and I need this checked out STAT! (Sigh. We could only wish. Stupid Covid-19.)

Of course, sometimes our problems need be top priority as they might be serious or urgent. Here's how to earn the 'in' with your doctor:

Before calling ask yourself these questions: Is my problem pressing

or could I wait for a routine appointment? Is this a question a Pharmacist could answer? Have I had this health issue before? If so, how was it treated and what did I learn back then? Can I help myself while I wait to be seen? Do I tend to overreact/worry over small things or is my norm to avoid the doctor at all costs?

When you call for an appointment, aim for efficiency and list the most pertinent /bothersome symptoms. Not long ago I'd been fighting a UTI and given a prescription. I called in to say four days in of five on antibiotics, I'd felt worse not better. I mentioned ketones in my blood which can fast lead to a life-threatening diabetes complication. Being Thursday, I voiced concern about not getting treated before the weekend. That's all it took. The assistant sent a note to the doctor while still on the phone and bumped me to the top of the urgent list. I got (virtually) seen and re-treated not long after. (Bonus tip: I made a follow-up appointment for the following week knowing I could cancel if not needed.)

Being self-aware both physically and emotionally (sometimes we have to dig deep!) and efficient when communicating (they LOVE this!) helps the team (that includes us!) sort out when we should be seen.

Double-bonus tip: Be on time! (Yes, even if you know they always run late. Watch this space for more on that topic!)

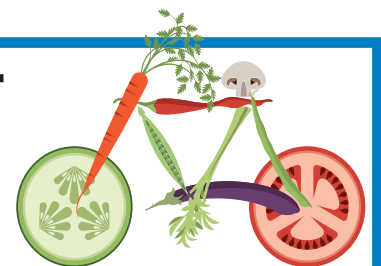
And...BOOM. Trust gets earned.

Less health stress, yes?

A published author and motivational speaker, Susie currently lives in the UK. She welcomes feedback and questions. Find her on FB @medicalmissstress, Instagram @medicalmiss\_stress and her website Lesshealthstress.com

## Do you have a Health or Wellness Business?

Call The Selkirk Record at 204-785-1618 to advertise



**Frighteningly Fast Speeds up to 25 Mbps\***  
**that are scaring the competition!**

**QuickSTREAM**  
Broadband

www.quickstream.ca

\*Call for details 1 (866) 981-9769



YouTube



HDMI HIGH SPEED

NETFLIX



Full HD 1080p

ANDROID TV





# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Fishermen reel in season-opening victory

Staff

The Selkirk Fishermen opened their Capital Region Junior Hockey League regular season with a victory.

Selkirk slipped past the St. Malo Warriors 3-2 on Saturday evening at the Recreation Complex.

The Fishermen's Jordan Donald opened the scoring just 4:46 into the contest with a power-play goal.

St. Malo's Patrice Robidoux tied the score midway in the second period but Selkirk's Cole Wasnie replied just 3:20 later with another power-play marker.

Fishermen forward Reece Tessier

and St. Malo's Evan Wuerch then traded goals late in the middle frame to close out the scoring.

Selkirk was 2-for-6 with the man advantage while St. Malo was 0-for-8.

Selkirk outshot St. Malo 39-29 as Owen Derewianchuk earned the victory.

The Fishermen are back in action on Saturday (7:30 p.m.) when they visit the Arborg Ice Dawgs. Arborg lost 5-2 to North Winnipeg in its season opener last Friday.

Selkirk's next home game is Oct. 23 when it hosts the North Winnipeg Satellites. Puck drop is 7:30 p.m.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Chad King, left, and the St. Malo Warriors' Mason French battle for the puck during the Capital Region Junior Hockey League season opener for both teams. Selkirk won the game 3-2.

## Former Steelers' head coach hired by Spokane

Staff

The Western Hockey League's Spokane Chiefs recently announced that they have hired former Selkirk Steelers' head coach Ryan Smith as the organization's new associate coach.

Smith was previously an assistant coach with the Medicine Hat Tigers.

"We're thrilled to bring Ryan on as an associate coach," said Chiefs' general manager Scott Carter on the team's website. "He checks all the boxes we're looking for in a coach and we're confident he and (head coach)

Adam Maglio will continue our organization's strong tradition of excellent coaching staffs. I'd also like to thank the Medicine Hat Tigers for permitting us to pursue Ryan for this position."

Smith replaces Adam Maglio, who was promoted from associate coach to head coach after Manny Viveiros departed to become head coach of the American Hockey League's Henderson Silver Knights.

"After the conversations I had with everyone involved in the interview

process, I felt that this was an opportunity I did not want to miss," said Smith. "The Chiefs are an outstanding organization with outstanding people and outstanding vision. I love to win and hope to see many victories in Spokane."

Smith boasts five years of WHL coaching experience, including the last two seasons as an assistant with the Tigers. Prior to that, he spent three years (2015-18) as an associate coach with the Swift Current Broncos, the final two under Viveiros, who was then

general manager and head coach of the Broncos.

Swift Current won the WHL Championship in 2018.

Before moving to the WHL, Smith coached extensively at the Junior 'A' level, including stints with the Winnipeg South Blues and Selkirk as well as with the SJHL's Humboldt Broncos. He was the MJHL coach of the year for the 2013-14 season with the Steelers.

## MJHL announces 2020-21 playoff format

Staff

The Manitoba Junior Hockey League officially announced the 2020-21 COVID-19 modified playoff standings and format.

The MJHL playoff standings will be based on winning percentage (three decimal points) for the upcoming season instead of overall points. This will allow for consistency throughout the season in the realistic event that all teams are not able to play an equal amount of games due to COVID-19 or weather-related scheduling implications.

tions.

Tie breakers will be decided by overall winning percentage based on games played, head-to-head winning percentage, head-to-head goal differential, and most games played.

The playoff format will follow closely to the divisional structure that has been implemented for the regular season as expected by Sport Manitoba, Hockey Manitoba and Public Health to allow for significantly reduced travel, risk of spread and/or potential exposure between teams as

much as reasonably possible.

Series length will be determined prior to the start of the playoffs to allow for flexibility to adapt and for teams/league to have a better understanding

of the COVID-19 situation closer to that time. Buffer time will be applied between each round during the playoffs as has been implemented during the upcoming regular season.

All teams will make the 2020-21 playoffs, which will begin March 19, and the first two rounds will be a divisional format.

## Raiders defeat Royal Knights

Staff

The Raiders Junior Hockey Club improved their preseason record to 2-0 on Friday evening.

The Raiders erased a 3-2 deficit with three unanswered third-period goals in a 5-2 victory over the River East Royal Knights in Manitoba Major Junior Hockey League action.

Austin Thorarinson gave River East a 1-0 first-period lead and then Ryan Zalitch made it 2-0 just 52 seconds into the middle frame with a power-play goal. The Raiders got back in the game with second-period power-play goals from Carter Ives and Kyle Wiltshire just 50 seconds apart.

Chase Sobey gave the Royal Knights a 3-2 lead with a goal just 1:19 of the third.

But James Barclay tied the score 1:18 later and then Travis Dech tallied the eventual game winner.

Ives closed out the scoring with an empty-net goal. Ives and teammate Riley Hall each had two points in the game.

Dylan Francis made 30 saves for the win. The Raiders' regular-season opener is this Friday (7 p.m.) when they play a road game against the Charleswood Hawks. On Sunday, they will host the St. James Jr. Canucks. Puck drop is 2:30 p.m.

### Next Home Games

**Fri. Oct 23 vs North Wpg**  
7:30pm at the Selkirk Rec Centre

**Sun. Oct 25 vs Lundar Falcons**  
3:00pm at the Selkirk Rec Centre

Masks are Mandatory for all Spectators

### Next Away Games

- Sat., Oct. 17 - vs Arborg - 7:30pm
- Tues., Nov. 3 - vs N. Wpg - 8:00pm

**Meet the Fishermen** #33 Owen Derewianchuk  
Goalie



# Steelers singing the blues after a pair of weekend losses

By Brian Bowman

The Selkirk Steelers had a rough start to their Manitoba Junior Hockey League regular season.

Selkirk was outscored 11-4 in a pair of losses to the Winnipeg Blues last weekend.

On Saturday evening, Winnipeg blasted Selkirk 6-1.

"It wasn't the start that we had hoped for but there were some positives even though we lost both games," said Steelers' head coach Hudson Friesen. "We're a young group and it's going to take us a little bit of time here to get things figured out to come together as a team."

Saturday's game was over early as Winnipeg took a 4-0 lead just 15:40 into the contest on goals by Aiden Bruce, Josiah Vanderhooft, Ethan Hersant, and Joe Kraus.

"Any time you spot a team a four-goal lead, no matter who you're playing, you're going to be in tough, especially against the Blues because they have a really good goaltender," Friesen said.

Brayden Foreman made it 5-0 early in the second before Selkirk's Tristan Thompson scored on a penalty shot. Hughie Hooker closed out the scoring at 18:36 of the middle frame.

Winnipeg was 4-for-11 on the power play while Selkirk was 0-for-2.

"We couldn't stay out of the box and it really hurt our momentum," Friesen said. "We couldn't get anything going. By having 11 (penalty) kills in a game, you just can't win so that's something that we're going to have to correct."

The Blues outshot the Steelers 41-33 as Cole Plowman took the loss in goal.

The Steelers opened their regular season with a hard-fought 5-3 home loss to the Blues on Friday evening in front of 228 spectators.



Tristan Thompson

Foreman gave Winnipeg a 1-0 lead with a late first-period goal and then he made it 2-0 early in the second. Selkirk's Adam Ingram cut that deficit in half just 2:13 later but Mathieu Moreira put the Blues up 3-1 with a power-play goal.

Thomas Colter made it a one-goal game at 12:14 of the middle frame before Vanderhooft and Ingram traded goals late in the third period. Ethan Hersant sealed the Blues' victory with an empty-net goal at 18:50 of the third with Steelers' goaltender William Desmarais pulled for an extra attacker. Desmarais, a Sherbrooke, Quebec product, made 32 saves in the losing cause.

Selkirk and Winnipeg will face off this Friday at the RINK Training Centre and then again Saturday at the Recreation Complex.

Both games will start at 7:30 p.m.

Meanwhile, the Steelers recently acquired Thompson, a 2001-born forward, from the Virden Oil Capitals in exchange for the MJHL List Rights to forward Jackson Sirrell and future considerations.

Thompson, a Winnipeg product, scored 25 goals and had 44 points in



RECORD PHOTO BY BRETT MITCHELL

Selkirk Steelers' forward Adam Ingram scored a pair of goals in the MJHL season opener last Friday against the Winnipeg Blues. Winnipeg swept Selkirk in a pair of games last weekend.

112 regular-season games over two full seasons with Virden.

"Tristan is a great add for us," Friesen said. "He brings some experience to the lineup. He's a guy that we know can score goals and he's a great

skater. He competes, plays with jam, all the things that we're looking for in our guys. He's a guy that we're excited to have in the fold and we think he'll be a big producer offensively for us."

## Winnipeg Avros down Interlake Lightning

Staff

The Winnipeg Avros defeated the Interlake Lightning 5-1 in Manitoba Female Hockey League U18 "AAA" action on Saturday afternoon at the Seven Oaks Arena.

Winnipeg tallied twice in the second period and added three more in the third.

Ella Friesen (two), Rachel Gottfried, Trinity Grove, a St. Andrews' product, and Maeryn Rempel scored for the Avros.

Kenady Christensen netted Interlake's lone goal in the third period.

The Avros will play the Pembina Valley Hawks on Sunday at 2:30 p.m. in Morden.

# Royals working hard in practice on the volleyball court

By Brian Bowman

The Selkirk Royals' varsity boys' volleyball team is one loaded with talent this season.

But, unfortunately, they haven't had the chance to show off that talent to other teams.

With no competition currently allowed by the MHSAA due to COVID-19, Selkirk has been hard at work practicing for, what they hope, will be a KPAC season.

"No one really is sure what the year is going to look like but the motivation has been really good for a while," said Royals' head coach Jeff Scarcello last weekend. "But the later you get into

October and November they have to make a decision because as volleyball goes, basketball goes, and I don't think they would run the two at the same time."

With no games in sight, Scarcello said they have been working on different skills in practice to get each player better.

"But when you don't have that competition to either confirm or deny your success of progress it makes it really hard," he said.

Still, Scarcello really likes the multi-dimensional talent his 11 players bring to the court.

"We have had good teams most

years for the longest time and we've been fortunate with that," he said. "But this would have been one of the top teams that we've had in a while. The experience these Grade 12s have with what they saw last year, it was almost a completely Grade 11 starting squad last year, so a lot of them have in-game experience. All of these guys are multi-talented. We really don't have middle hitters and outside hitters because everyone can do everything. It's a really interesting mix of talent."

The Royals were able to livestream a recent practice to the parents so that they could get their first look at what

the team looks like and to watch their sons play for the first time in a long time.

"As much as the kids are missing their sports, the parents are missing it, too," Scarcello said. "They're sending their kids off to practice and they don't know (what's going on). We normally would have already been at four tournaments and played either six or eight league games by now. Parents would come to practice and be at all of those games watching their kids. They're not getting any of that so they were very thankful to be able to (watch the livestream) and we're going to try to do that once a week."



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## Starting a new business?

Call us - We have everything you need to promote your business

Call **204-785-1618**



Municipality of Alexander

## ECOSUMMER 2020

*Congratulations to the Winners of the Draw*  
Each winner has won a \$250 gift card for Home Hardware

### Traverse Bay ECO

Lanny Navitka  
Yale Chochinov  
Don Dykes  
Pat Carroll  
Tom Eschuk  
Peter Krahn

### St. Georges ECO

Noel Catellier  
Kelly Postnicks  
J.P. Boivin  
Allan Witnicki  
Julien Allard  
Rob Layer

*Thank you to all participants!*

*Please continue to recycle your oil, filters, antifreeze and containers!*

Sponsored by MARRC

Manitoba Association for Resource Recovery Corp.

[www.usedoilrecycling.com](http://www.usedoilrecycling.com)

1-888-410-1440



## AUTOS

2012 Cadillac CTS, second owner, new safety. 115,000 original highway kms. 3.6L V6, loaded, factory command start, sunroof. \$13,000 firm. 204-481-2329.

## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

## SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## HOUSE FOR RENT

House for rent in Matlock, 1 bedroom, full basement, fridge, stove, washer & dryer included. No smokers, no pets. \$750/month plus utilities. Call 204-389-5279 or 204-886-7626.

## PROPERTY FOR SALE

3 ac. (ideal hunting area) for \$30,000. Comes with 29 ft. 5th wheel camper, well and some trees on site. Road 129 North and 33 West (near Eriksdale). Phone 204-739-3031.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## LOT FOR SALE

Conveniently just off Hwy 44 & 59 on a quiet cul-de-sac in R.M. of St. Clements; 4 acre corner lot; 5 min to Selkirk; 10 min to Perimeter; East Selkirk schools; excellent building lot; no time restriction to build; Natural Gas, MTS & Hydro in place; newer subdivision; mature trees. Private sale & open to offers. Please call/text 204-485-5958.

## CONDO FOR SALE

55+ Life Lease condo, available immediately at Middlechurch on the Red. 2 bdrm., 2 bath, appliances, balcony with river view, heated indoor parking. Call Bob at 204-794-5098 or Brad at 204-295-0294.

## McSherry Auction Service Ltd

ONLINE TIMED AUCTION FOR DALE BOWMAN

Closes Thurs Oct 22nd, 2020 @ 7:30 PM

Argyle, MB  
1 Mile West on Rd 323  
Then North 2 Miles on Rd 322 Then 3 1/2 Miles West on Rd 82 #4064

11 Chev 2500 4x4 6 Litre 104,787 KM- Safetied \* 15 Norberts 16' Gooseneck Stock Trailer Only Used 2000 Miles \* 96 Norberts 20' Gooseneck Flat Deck Trailer \* 15 Excursion 18' BH Flat Deck Trailer - Less Than 500 Miles \* 14 Can Am Commander 800 Side By Side- 2275 Miles \* 13 Honda Four Trax Quad \* Int Farmall 966 Factory Duals \* White Field Boss 2-105 \* Vers 145 4WD \* Gehl 1870 Rd Baler \* New Idea 3639 Manure Spreader \* Hesston BP25 Bale Processor \* Gehl 95 Mix Mill \* Hutchmaster 10' Offset Disc \* Ajax 40' Springline Harrows \* Morris L-160 20' Cult \* Glenco 26' Cult \* Cockshutt 26' Deep Tiller \* Silver Lake Trailer Post Pounder \* 38' Hay Trailer \* 30' Hay Trailer \* 4 Wheel 11' Horse Pull Wagon \* 10' Packer 24" Rd Drum \* 3PH Post Hole Auger \* 80's GMC 6000 w 18' B & H \* Lakeland Portable Creep Feeder \* Maternity Pen \* Along w More Equipment \* Trailers \* Rd Bale Feeders \* Panels \* Oilers \* Calf Shelters \* 6 Grain Bins - 1350 to 1650 Bushel \* Farm Misc \* Tools \* Go To Web For Full Listing \*

Stuart McSherry, Stonewall, MB  
(204) 467-1858 or (204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

**News Tips?**  
**Story Ideas?**  
call the Record  
204-785-1618

**McSherry Auction**  
12 Patterson Dr.  
Stonewall, MB

**Online Timed Auctions**  
@ iCollector.com

**Estate & Moving**  
Closes Wed Oct 21 @ 7:30pm

**Estate & Moving**  
Closes Wed Oct 28 @ 7:30pm

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

## BATTERIES FOR EVERYTHING!

50,000 BATTERIES IN STOCK

\*Auto \*Farm \*Marine  
\*Construction \*ATV  
\*Motorcycle \*Golf Carts  
\*Rechargeables \*Tools  
\*Phones \*Computers  
\*Solar Systems & design  
\* Everything Else!

**THE BATTERY MAN**  
1390 St. James St.,  
WPG  
1-877-775-8271  
[www.batteryman.ca](http://www.batteryman.ca)



**SURVIVOR'S HOPE**  
CRISIS CENTRE

**Reaching Out Program Coordinator**  
30 hrs/week

## Remote work and flexible schedule available

- Research and propose Reaching Out campaigns/projects to raise awareness about sexual violence prevention and support services
- Facilitate presentations, workshops, and training sessions for community groups and service providers
- Write news releases, speak to media, and maintain website
- Manage active and engaging social media accounts
- Assist SARAH Program Coordinator with providing direct support to survivors

Survivor's Hope Crisis Centre is Manitoba's only rural sexual violence resource centre, serving the communities north east of Winnipeg. SHCC supports the principles of empowerment, diversity, inclusion, and cultural awareness.

More info available at <https://survivors-hope.ca/get-involved>

Submit resumes to Executive Director at [stephanie@survivors-hope.ca](mailto:stephanie@survivors-hope.ca)

Apply by Oct 19.

Everything you need to promote your business

Flyers  
Brochures  
Business cards  
Stickers  
Window decals  
Social tickets  
Door hangers  
Letterhead  
Envelopes  
Invoices  
Estimate sheets  
Posters  
Memo pads  
Post cards  
Presentation  
Folders

Call **204-785-1618**

## SALES CAREER OPPORTUNITY

**BigandColourful Printing & Publishing**

is looking for a dynamic, highly motivated person to become part of our advertising sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

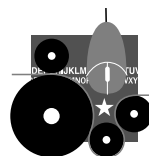
-Strong computer skills, including Microsoft Office

-Excellent communication skills and a genuine love of people

-Willingness to learn

-Ability to work independently

If you fit this description please email resume to [Bigandcolourful@mts.net](mailto:Bigandcolourful@mts.net)



**Interlake Graphics**  
For all your printing and publishing needs

**EXPRESS**  
WEEKLY NEWS

**BigandColourful**  
PRINTING & PUBLISHING



# Classifieds

Book Your Classified Ad Today -  
Call 204-785-1618  
or Email lucy@selkirkrecord.ca

*Selkirk Record*

## FIREWOOD

Seasoned cut & split firewood. Birch \$350/c, Tamarack \$300/c, Ash \$300/c, Pine \$250/c, Poplar \$200/c. Delivery extra. Call 204-785-0641.

## HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday (8 a.m. to 1 p.m.) in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

Looking for roofers, levellers, siding, carpenters, plumbers and electricians for the Grand Marais area. Call Chris between 9 a.m. - noon, 204-390-2580.

## HELP WANTED

Help Wanted East Selkirk, MB, Apiary Supervisor - 1 position (NOC 8252). Minimum 3 years beekeeping experience preferred. Wage range \$14-\$17/hour. Employment from November 2, 2020 to November 30, 2022. Apiary Technician/Worker - 3 positions (NOC 8431). \$12.09-\$13.50/hour. Employment from March 1, 2021 to October 31, 2021. Minimum 1 year experience required. Seasonal full time, days, evenings and Saturdays. Language is English. Duties would be to handle, feed and care for bees, help in replacement of hives and production of nucs, move hives, collect honey, maintain and drive vehicles, maintain bee yard; manufacture, assemble and maintain beehive equipment, maintain and operate other apiary related equipment. Must be able to handle heavy loads and work is physically demanding. Must work well with others, as well as the ability to maintain basic production records. Report to Supervisor. Would require steel toed safety boots. Send resume by email to: philip@waldbee.com By mail to: Waldbee Honey Farms Inc. Box 9 Grp 19 RR1, East Selkirk, MB R0E 0M0

## MISCELLANEOUS

Trailers, truckbeds & tires. Full repair and safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, financing & leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, MB. 1-888-685-3127. www.kaldecktrailers.com

Book your advertising now, and be seen in over 340,000 homes! For as little as \$189 + GST, get your important messaging out, to drum up business! Call 204-467-5836 or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

## Everything you need to promote your business

Flyers  
Brochures  
Business cards  
Stickers  
Window decals  
Social tickets  
Door hangers  
Letterhead  
Envelopes  
Invoices  
Estimate sheets  
Posters  
Memo pads  
Post cards  
Presentation  
Folders

Call  
204-785-1618

**CITY OF**  
**Selkirk**  
Where it all comes together

## PUBLIC NOTICE

### BOARD OF REVISION

Public notice is hereby given that the year 2021 assessment roll for the City of Selkirk will be open for public inspection during regular business hours from October 5, 2020 at the Municipal Office located at 200 Eaton Avenue, Selkirk, Manitoba. Applications for revision may be made in accordance with Section 42 and 43 of *The Municipal Assessment Act*:

#### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - serving it upon the secretary,
 at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board shall not consider an application that is not in compliance with Section 43(1). The Board of Revision will sit on **Thursday, November 5, 2020** at 7:00 p.m. at the Selkirk Memorial Hall located at 376 Jemima Street, Selkirk, Manitoba to hear applications for revisions to the 2021 assessments and 2020 supplementary tax assessments.

As a result of COVID-19, access may be limited at the time of the Board of Revision hearing. The City adheres to all regulations set forth in the most current Public Health Orders including but not limited to proper physical distancing procedures and limits on gathering sizes. Masks are required upon entry into the building. We encourage those attending to bring their own, however the City will provide a mask should you not have one available. Accommodations will be made to ensure all can participate.

**Applications must be received by the City of Selkirk Accounting Clerk, serving as Secretary of the Board, before 4:30 p.m. on Tuesday, October 20, 2020** at 200 Eaton Avenue Selkirk, MB R1A 0W6.

Dated this 1st day of October 2020.

Kevin Richter, CPA, CMA  
Director of Finance, City of Selkirk  
200 Eaton Avenue, Selkirk, Manitoba, R1A 0W6



## R.M. OF ST. ANDREWS PUBLIC NOTICE

### BOARD OF REVISION

PUBLIC NOTICE IS HEREBY GIVEN that the Assessment Roll of the R.M. of St. Andrews for the year 2021 has been delivered to the Municipal Office at 500 Railway Ave, in Clandeboye, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Section 42 and 43 of the *Assessment Act*.

#### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor, may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

#### APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to the office indicated below or by serving it upon the secretary, at least 15 days before the scheduled sitting date of the board by November 2nd, 2020.

**Board of Revision  
Rural Municipality of St. Andrews  
Box 130, Clandeboye, Manitoba, R0C 0P0**

The Board shall not consider an application that is not in compliance with Section 43(1).

The Board of Revision will sit on **Wednesday, November 18th, 2020 at 10:00 a.m.** in the Council Chambers of the R. M. of St. Andrews, 500 Railway Ave, at Clandeboye, Manitoba to hear applications.

**Applications received after 4:30 p.m. November 2nd, 2020 will not be considered.**

Dated this 4th day of October, 2020 A.D.

Secretary, Board of Revision  
R. M. of St. Andrews  
500 Railway Ave, P.O. Box 130, Clandeboye, Manitoba, R0C 0P0



**BECOME  
A RED CROSS  
VOLUNTEER  
IN YOUR  
COMMUNITY**

**JOIN US!**

**VISIT  
REDCROSS.CA/  
VOLUNTEER**

**Get up to  
\$50,000**

from the Government of Canada.

All ages & medical conditions qualify. Have a child under 18 instantly receive more money.

Call Manitoba Benefits 1-(800)-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.



**Response Builder  
Advertising  
WORKS!**

- GET SEEN by over 340,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 37 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com



# Classifieds *Selkirk Record* Announcements

Book Your Classified Ad Today - Call 785-1618

## WANTED

Car collector searching! I want your old car or truck, or anything interesting! Tell me what you have! Whether it's been in the barn for 25 years, or fully restored. Call David 204-900-9399.

## NOTICES

Urgent press release &/media advisories. Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

Please support our advertisers

## UPCOMING EVENTS

Linda & Shirley, formally of Interlake Crafts, will be hosting a Halloween & Christmas Craft Sale on their own acreage. Thurs, Oct 15, 11-7; Fri, Oct 16, 11-7; Sat, Oct 17, 11-5, at 6728 Hwy 8, SS1, St. Andrews.

## HAY / STRAW

Smiley's Flax Straw- \$3/bale. Road #77, East Selkirk. Phone 204-492-0602.

Flax straw bales for sale. \$3 per bale, pick up in yard. Phone or text 204-785-0492.

Large round hay bales for sale. Alfalfa & brome. Call 204-461-0722.

## HAY / STRAW

Flax straw - \$3/bale. Also wheat straw & hay. Monday - Saturday. Call Nick at 204-461-0706 or Bill Matheson at 204-461-1906, Stone-wall.

Small square wheat straw & flax straw bales for sale. Call 204-482-5101.

## FARM EQUIPMENT

For sale 20 bale hay wagon, duals all around. Please call 204-482-5183.

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

SUPPORT LOCAL FARMERS

**News Tips?  
Story Ideas?**  
call the Record  
204-785-1618

**Remember Your Loved Ones Passed WITH AN ANNOUNCEMENT IN THE**  
*Selkirk Record*  
Call 204-785-1618 or email lucy@selkirkrecord.ca

## ANNOUNCEMENT

### IN MEMORIAM

**Susan Halipchuk (Lowrie)**  
January 22, 1964 - October 16, 2019  
Words alone cannot begin to express just how much you are loved and missed. Forever in our thoughts, lovingly remembered every day.  
-Love Mom and Dad

Your memory will live forever engraved within our hearts

## ANNOUNCEMENT

### IN MEMORIAM



**Susan Halipchuk (nee Lowrie)**  
January 22, 1964 - October 16, 2019

Though your smile is gone forever, And your hand we cannot touch; Still we have so many memories, Of the ones we loved so much. Your memory is our keepsake, With which we'll never part; God has you in his keeping, And we have you in our hearts.

-Lovingly remembered by husband Wayne, children Andrew, Laura and Haleigh

## ANNOUNCEMENT

### IN MEMORIAM



**In memory of our Dear Friend Susan Halipchuk**

It's been one year since we've heard your voice or seen your face, Life continues at such a pace, With thoughts and tears and grief and fears, Our memories we hold so very dear, Those we love don't go away, They walk beside us every day, Unseen, unheard, but always near. So loved, so blessed, so very dear. We miss you.

-Love, Wendy, Laurie, Cheryl, Joanne and Margaret

## OBITUARY



### Kenneth McDermot Sinclair

On October 7, 2020, Ken Sinclair, our beloved Dad, Pop, Papa, passed away peacefully at the age of 80.

Born on January 21st, 1940 to Tom and Vera Sinclair, he was raised with siblings Dell and Meryl on River Road beside the Lockport bridge. Pop was a proud, lifelong resident of Lockport. The family home by the locks, family, and friends in the area held a special place in his heart. But Dad had a big enough heart for everyone. His

6 kids, 11 grandchildren, growing number of great grandchildren, and the rest of our family knew him to be very loving, supportive, and fun. Generous to a fault, and a complete push over, he never said no to anything we asked of him, day or night. He was quick to help us and to hug us.

Dad had many friends. It was a long-standing joke that he could not leave the yard without running into someone he knew and he needed to visit before we went on our way. He worked at the brick plant, Selkirk Rolling Mill and drove heavy equipment in many remote places before driving literally millions of miles in a semi. Owning a small trucking company; Mack trucks were seen in our yard for decades. All of his kids have many truck stories with Pop and he had many more tales of ice roads and highways. Dad could tell a good story and loved to do so over food and beer. He loved to laugh and was always one to do something silly just to get you to smile. Whether it was a joke, a funny hat or a silly dance, he just wanted you to be happy. His smile was a genuine one that he wanted to share. We loved his long list of "Popisms" or little sayings that were always based in humour and usually a little inappropriate. All these traits showed Pop's quiet wisdom; have a good time with those you care about and show them your care.

Above all things Dad loved, Dad loved Mum. He showed it when he loved and it always showed that he loved her. As the decline of dementia overtook Dad in his last years, and slowly took away aspects of his life, his adoration of her remained and shone through. Our family takes solace in knowing they are together again.

Predeceased by his loving wife Joan, daughter Lori, grandson Devon, siblings and parents, he is survived by his children, Bill, Val, Heather, Scott and Trevor, and their spouses and children and their children. Due to COVID event restrictions and the size of our big family, the celebration of life and interment are yet to be planned. Details will be communicated once arrangements have been made.

The family would like to express a special thank you to the wonderful team at Actionmarguerite where Dad spent his last months. Their compassion, care and understanding of Dad's gentle nature made these last few months as easy as possible for him and our family, and for that we are truly grateful. In lieu of flowers the family asks that you donate to Actionmarguerite. <http://www.actionmarguerite.ca/donations/donate-now/>

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



**SELKIRK**

## NOW HIRING!

The Canadian Tire Selkirk Automotive Department is now seeking staff for the following position:

### EXPERIENCED Red Seal Mechanic

Strong candidates must have:

- Solid communication skills
- Problem solving abilities
- Strong interactive skills

Compensation based on experience.

Full time position includes benefit package.

Email resume and references to [mick.walsh@thetire.ca](mailto:mick.walsh@thetire.ca)

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 204-785-1618

### HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$2,500 yearly tax credit and \$20,000 Lump sum refund.**

Apply NOW; quickest refund Nationwide!

Expert Help: 204-453-5372



# Announcements *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## OBITUARY



**Father Jerry Talariski, O.M.I.**  
July 20, 1930 – October 4, 2020

Father Jerry passed away peacefully on Sunday, October 4, 2020 at Selkirk General Hospital.

Father Jerry was born on July 20, 1930 in Krydor, Saskatchewan to the late Thomas and Catherine Talariski. He was predeceased by his four brothers and four sisters.

Father Jerry studied at St. Thomas College (Oblate Juniorate) in Battleford, SK from 1945–1949, Oblate House of Studies in Toronto, ON from 1949–1950 and at Oblate Novitiate in St. Norbert, MB from 1950–1951. He studied Philosophy from 1951–1953 and Theology from 1953–1957 at St. Charles Scholasticate in Battleford, SK. On July 22, 1956 Father Jerry was ordained to the priesthood.

Father Jerry became the Moderator of Students at Oblate residence in Toronto, ON from 1958–1960. From 1960–1963 he

was Assistant Pastor at Our Lady of Perpetual Help in St. Catharines, ON and Holy Ghost Parish in Winnipeg, MB.

Father Jerry then became the Pastor at St. Patrick Parish and Missions in Sturgis, SK from 1963–1986. In 1986 he took a Sabbatical at Newman Theological Centre in St. Albert, AB. On June 28, 1987 Father Jerry became the Pastor of St. Stanislaus Church in East Selkirk, MB and Corpus Christi Church in Narol, MB until his retirement in 2013. He then moved to Saskatoon, SK.

In 2014 Father Jerry returned to Selkirk, MB where he resided until his passing. He enjoyed breakfast daily with friends and parishioners at A & W. He also liked playing the occasional golf game and watching hockey and his Saskatchewan Roughriders.

Many thanks to Father Jerry's caregivers and to the staff at Selkirk General Hospital.

Eternal rest grant unto him, O Lord, and may perpetual light shine upon him.

## ANNOUNCEMENT

### IN MEMORIAM



**John W. Oliver**

March 21, 1936 - October 18, 2019

This month comes back with sad regrets, It brings back a day we will never forget.

The tears we shed will wipe away,

The ache in our hearts will always stay.

Life goes on, we know that's true,

But not the same since we lost you.

Today, tomorrow and all year through,

We will always love and remember you.

-Forever loved and sadly missed  
by your wife Wendy and family

## ANNOUNCEMENT

### IN MEMORIAM



**Helen Lorna Anne Calder**

May 30, 1924 - October 13, 2018

Momma / Nannie

Your life was love and labour,

Your love for your family true,

You did your best for all of us,

We will always remember and miss you.

Momma, I miss you.

-Love you lots.

Jackie and Jeff,

Jenna, Blake and Nicole

## ANNOUNCEMENT

### IN MEMORIAM

**Helen Calder**  
October 13, 2018

In my heart your memory lingers,

Always tender, fond and true;

There is not a day, dear Mother,

I do not think of you.

Till we meet again...

-With love,

your daughter, Patricia

There is a link death cannot sever, Love and remembrance last forever.

## OBITUARY



**Donald (Mickey) Milton Graham**  
September 30, 1937 – October 1, 2020

It is with a very heavy heart and great sadness I announce the sudden passing of my loving and understanding husband of 61 years. Mickey was my strength and my rock and will be dearly missed.

Mickey, in his youth, won the Welter Weight Boxing Championship of Manitoba. His favorite entertainment was watching boxing and politics. I'll treasure the memories of our many, many years of camping and travel.

He is survived by his loving wife Beverley; sisters Charlotte and Cheryl (Tony); brothers Gaylord (Maureen),

Delmer (Theresa); foster brother Allan (Nancy); very special in-laws, Judy (Buck) McEwen, John (Connie) Honer, Donna Honer, Kathy (Merv) Worden, and many nieces and nephews. Predeceased by father Matt; mother Beryl; his twin brother Pat; sisters, Ardis (Joe) and Bev (Eddy); brother-in-law Wilf; father and mother-in-law John and Irene Honer; brother-in-law Gerry Honer.

A special thank you to goddaughter Deb and her boys Carl and Ben for making sure we had our delivery of bread and winter supply of wood cut and piled. Mickey was very happy and it relieved his worry.

Cremation has taken place.

Should you so desire, donations may be made, in memory of Mickey, to Diabetes Canada, 401-1 Wesley Ave., Wpg., MB R3C 4C6 or the Heart & Stroke Foundation of Manitoba, 1379 Kenaston Blvd., Winnipeg, MB R3P 2T5 or to the charity of one's choice.

Till we meet again

Your Toodledo

"You may not see the bird but you can still hear his song"

*Interlake Cremation  
& Memorial Services*  
204.482.1040

## OBITUARY

**James Wales**

It is with heavy hearts that we announce the unexpected passing of James Wales on October 2nd, 2020.

Born in Victoria, BC and raised in Winnipeg, Jim married Lois, the love of his life in 1984 and celebrated 36 years of marriage on September 1st. In 2009, Jim retired after selling his business in Selkirk and enjoyed many days on the golf course, woodworking projects around the house and spending time with his family.

Jim is survived by his wife Lois (nee Brooks); his daughters Elisa, Colleen and Shannon; grandchildren Jeremy and Faith; his brother David; sister Susan Ward (Bill); sister-in-law Lynette Baraniuk (Greg) and brothers-in-law, Lindsay Brooks (Elaine) and John Bodner as well as many nephews and nieces. He was predeceased by his parents Isabella and John; his brother Jack; sisters Judith Bodner, Patricia and husband Wilf Cutting and his

father and mother-in-law Harry and Jean Brooks of Hamiota.

Special thanks to Dr. Lindenschmidt Sr. and Dr. Silver.

Donations in honour of Jim's memory may be made to the Selkirk and District Foundation, Funds of Choice (Marine Museum Selkirk Fund and Homes for All Fund) 200 Eaton Ave. Selkirk, MB, R1A 0W6, [www.sdcc.ca](http://www.sdcc.ca)

A private family ceremony was held at the Little Britain United Columbarium.

Condolences may be left on his tribute wall and a recording of the ceremony can be viewed on his obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAMs
- THANK YOUS
- ENGAGEMENTS
- ANNIVERSARIES
- MARRIAGES

*The Selkirk  
Record*

Call 204-785-1618

**Don't Forget Your Loved Ones  
WITH AN ANNOUNCEMENT IN THE**

*The Selkirk Record*

Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



# Announcements *Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



**Biz Cards**  
Call 785-1618  
[ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

**ADVANCE**  
COMMERCIAL & RESIDENTIAL  
Interior/Exterior  
Drywall Repair  
Textured Ceiling  
Stucco Painting & More  
Chris Behun 204-801-5673  
[www.advancepainting.org](http://www.advancepainting.org)  
[advancepainting.cb@gmail.com](mailto:advancepainting.cb@gmail.com)

**PERSONAL TRAINING**  
**MATT EVANS @**  
**IRON IMAGE GYM**  
511 Robinson Ave, Selkirk 204.481.1104 [info@trainerize.com](mailto:info@trainerize.com)

**BLAINE'S LANDSCAPING**  
Bobcat Service including:  
Tree Spade & Bucket  
Residential & Commercial Landscaping  
Lawn Care, Rototilling & Aerating  
Hauling & Spring & Fall Cleanup  
Trees for Sale 3-8'  
Call Blaine @ 1-204-997-3782

**BILSKY ENTERPRISES LTD.**  
DESIGN and DRAFTING SERVICES  
GENERAL CONTRACTING  
PROJECT MANAGEMENT  
COMMERCIAL • INDUSTRIAL • RESIDENTIAL  
PAUL BILSKY 204-485-3799 Technician  
DON BILSKY 204-785-3536 President  
OFFICE: 204-482-9381 [bilskyentltd@gmail.com](mailto:bilskyentltd@gmail.com)

**pampered chef**  
INDEPENDENT CONSULTANT  
• Cooking Shows • Meal Prep Solutions  
• Fundraisers • Individual Orders  
204-485-4272 call or text  
[stoneware444@gmail.com](mailto:stoneware444@gmail.com)  
[www.pamperedchef.biz/michellebalharry](http://www.pamperedchef.biz/michellebalharry)

**RIVERBEND**  
HEATING & AIR CONDITIONING  
Your local HVAC specialists Installation & Service  
204-396-4474  
[info@riverbendheating.ca](mailto:info@riverbendheating.ca)  
[www.riverbendheating.ca](http://www.riverbendheating.ca)  
HYDRO FINANCING AVAILABLE O.A.C.

**PRAIRIE OAK TREE SERVICES**  
ST. ANDREWS MB  
CURTIS 204.981.8731  
LICENSED ARBORISTS

Call  
**204-785-1618**  
**YOUR AD COULD BE HERE!**

**GRAVEL & LIMESTONE TOP SOIL GRANITE BOULDERS**  
• BLACK & RED GRANITE GRAVEL  
• RIVERWASH • FIREPITS  
• COLOURED BARK  
SELKIRK LANDSCAPING STUMP GRINDING & SKIDSTEER SERVICE  
611 MORRIS AVE. SELKIRK [selkirklandscaping@hotmail.ca](mailto:selkirklandscaping@hotmail.ca) 204-485-0276

**AGGRESSIVE OFF-ROAD**  
• Level/Lift Kits  
• Exhaust upgrades  
• Air intake upgrades  
• Spray on bed-liner (black or colored)  
• Vehicle accessories and more  
[www.aggressiveoffroad.ca](http://www.aggressiveoffroad.ca)  
Text or call: 1-204-294-1572

**TREE REMOVAL & STUMP GRINDING**  
TEXT/CALL: CURTIS 204.981.8731  
**PRAIRIE OAK TREE SERVICES**  
ST. ANDREWS MB  
LICENSED ARBORISTS

**JCM Construction**  
Carpentry & Concrete Specialist  
• Rec Rooms • Bathrooms • Renovations  
• Foundations • Pads • Framing • Garages  
Dan Hydrochuk [dhydrochuk@gmail.com](mailto:dhydrochuk@gmail.com) c: 204-403-8823  
h: 204-785-1419

**LARRY B. SWAIN ENTERPRISES**  
• REFRIGERATION • HEATING  
• AIR CONDITIONING  
CENTRAL AIR INSTALLATIONS (Financing Available OAC)  
PH: 204-757-2935 CELL: 204-998-2904

**STANLEY**  
ELECTRICAL & MECHANICAL LTD  
RESIDENTIAL • COMMERCIAL • INDUSTRIAL  
Red Seal Certified, 24 Hour Service, Free Estimates  
204-485-7181 [contact@stanleyltd.com](mailto:contact@stanleyltd.com)  
[www.stanleyltd.com](http://www.stanleyltd.com)

**Water Shop** 272 Main St. Selkirk, MB 204-482-2277  
**ALSO AVAILABLE AT**  
Red River Co-op, Selkirk Sportsman's Stop Hwy. 44  
Home Hardware, Selkirk Cladeboye Store  
Harry's Foods North Garson Grocery  
Lower Fort Garry Nursery

**BONDED HEALTH & MOBILITY SERVICES**  
• SALES • SERVICE • PARTS • REPAIRS  
• RENTALS of • Wheelchairs • Scooters  
• Walkers • Healthcare Products • Homecare  
• Orthotics Toll Free: 1-877-825-0917  
Email: [ihebert@bondedhealth.ca](mailto:ihebert@bondedhealth.ca)  
230 Manitoba Ave, Selkirk 204-785-1992

**IN-SHOP & MOBILE BLASTING**  
Specializing in abrasive blasting and industrial coatings.  
Power washing services.  
FREE Estimates 204-914-8899  
[steelcitysandblasting@gmail.com](mailto:steelcitysandblasting@gmail.com)

**Andrew Hnatiuk\* Lawyer & Notary Public**  
204 - 482 - 5111  
374A Main Street, Selkirk  
Real Estate Law • Business Law • Wills  
Estates & Probate • Farms  
**Hnatiuk Law** [www.hnatiuklaw.com](http://www.hnatiuklaw.com)  
\*Legal Services provided by Andrew David Hnatiuk Law Corporation

Everything you need to promote your business  
FLYERS SOCIAL TICKETS ESTIMATE SHEETS  
BROCHURES DOOR HANGERS POSTERS  
BUSINESS CARDS LETTERHEAD MEMO PADS  
STICKERS ENVELOPES POST CARDS  
WINDOW DECALS INVOICES PRESENTATION FOLDERS  
Call Today! 785-1618 Big Colourful Printing & Publishing

**JAMES MINSKY TRUCKING**  
• Septic Field & Holding Tank Installations  
• Water Hook-Ups  
• Swimming Pool & Basement Excavations  
• Ditching, Leveling, Concrete Breaking  
• Supply & Delivery of Soil, Limestone, Woodchips  
204-771-8189 or 204-799-3784 [vminsky.jmtrucking@gmail.com](mailto:vminsky.jmtrucking@gmail.com)

**SALES • SERVICE • INSTALL**  
**PVC & ALUMINIUM WINDOWS**  
**INKSTER PARK** STEEL INSULATED DOORS STORM DOORS  
**THE WINDOW FACTORY**  
DURASEAL WINDOW & DOOR [www.windowfactory.mb.ca](http://www.windowfactory.mb.ca)  
605 Mercy Street, Selkirk 204-482-9099

**The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618**



**Biz Cards**  
Get The Job Done!  
Call 785-1618

Pick up your  
**Selkirk Record**  
At the  
**SPORTSMAN'S STOP**  
CONVENIENCE & VARIETY  
Fishing Bait and Tackle • Gas • Maps  
HIGHWAY 44 just east of 59.

**K. GOWER Construction**  
• Carpentry • Garages & Sheds  
• Doors • Decks  
• Siding, Soffit & Facia • Bathrooms  
• Basement Finishing  
**785-3740**

**DOC MD MECHANICAL**  
Specializing in  
• Duct Installation  
• Heating • Cooling  
Hydro Financing Available  
P. 204-226-1840  
F. 204-757-2097  
Darryl Woloshyn doc.md16@gmail.com

**SAB'S Carpentry**  
**DECKS**  
• WINDOWS • DOORS  
• Home Improvements  
LAURIE H: 482-9057 C: 485-2946

**BODNER QUARRIES**  
• Crushed Limestone  
• Landscape Boulders  
• Clean Fill • Top Soil  
Garson, Manitoba **204-266-1001**

• Premium Gas & Diesel Fuel • Groceries  
• Dew Drop Water • Boyd's Coffee & Snacks  
• Local Post Office & of course Friendly Staff  
**LIVE & FROZEN MINNOWS**  
**PETERSFIELD STORE**  
Hwy. Petersfield (204) 738-4475

**FULLHOUSE MOVERS**  
ALEX FOTTY  
HOME: 204-467-2419  
CELL: 204-461-2352  
NOTHING BEATS A  
**FULLHOUSE MOVE**

**Pump-Tech**  
**PLUMBING & PUMP REPAIR**  
We've moved to 80 IXL Crescent, Lockport  
(Behind Canvasback)  
By appointment **204-757-7219**  
www.pumpstechplumbing.com

**I BUY JUNK VEHICLES**  
RVs, trailers and farm equipment too!  
Phil **204-485-5787**

**Shumski's Fencing**  
Chain Link Fence Supplies  
Installation or "Do It Yourself Kits"  
Dog Kennels • Privacy Slats  
Free Estimates www.shumskigardencentre.com  
**339-5706** email: shumski@mts.net  
4240 Main Street, West St. Paul

**INTERLAKE TREE SERVICE**  
Trimming and Removal  
**204-799-5265**

**CASSIDY'S CONSTRUCTION**  
• GENERAL CONTRACTING  
• MILL WORK • CABINETS • PROJECT MANAGEMENT  
• COMMERCIAL/RESIDENTIAL RENOVATIONS  
Steve Cassidy • Cell 782-4447  
cassidysconstruction@gmail.com

**HARDWOOD INSTALLATION & REFINISHING**  
**LAMINATE INSTALLS**  
**TAKING BOOKINGS NOW**  
**DYNEVOR 204.793.0345**  
email: kirk\_monkman@yahoo.ca

**SHERLOCK TREE REMOVAL**  
Pruning • Stump Grinding • Chipper  
Licensed Arborists  
Fully Insured - Claim Free  
30 years Experience  
Vince 861-0487  
Darren 861-0028

**GNJ STUCCO and ACRYLIC**  
Pargings • Garages • Paper & Wire  
New & Re-Stucco Repair Work  
**204-206-0276** **FREE ESTIMATES**  
Teulon, MB

**FOREST STUMP GRINDING**  
- WE GRIND DEEPER FOR CHEAPER -  
Call Darrell Cockerill - Cell or Text: 204-485-3887

**Karl's Appliance Service**  
Repairs to fridges, stoves, washers, dryers, air conditioners  
**482-4594**

**P.K. PLUMBING SERVICES**  
204-792-5156  
• Plumbing • Heating  
• In-Floor Heating  
• NOVO Water Softener Dealer  
Pete Kurus, Journeyman  
20 yrs experience  
Licensed gas fitter,  
Serving Selkirk & surrounding areas

**CLANDEBOYE General Store**  
OPEN 7 DAYS A WEEK  
• Gas • Liquor • Pizza  
• Lotto • Vendor • Groceries  
• Hunting & Fishing Licenses  
**738-4342** Highway 9, Clandeboye

**SHUMSKI'S** (SINCE 1976)  
**Landscaping & Garden Centre**  
Call and place your order for CURBSIDE PICKUP  
TREES • SHRUBS • PERENNIALS • BEDDING PLANTS  
SOIL • SOD • SAND • MULCH • LIMESTONE  
GRANITE • BARKMAN PRODUCTS  
FIREWOOD • PEA GRAVEL • RIVERSTONE  
4240 MAIN ST., WEST ST. PAUL  
Ph. (204) 339-5706 Fax (204) 334-9365 shumski@mts.net  
www.shumskigardencentre.com

**AirWise Home**  
Your Heating, Cooling and Geothermal Specialists  
**204-467-9578**  
info@airwiseinc.ca www.airwiseinc.ca

**INTERLAKE INSULATORS**  
BALMORAL, MANITOBA  
• Spray Foam  
• Blow In  
FREE ESTIMATES  
Brent Meyers  
204-461-4669  
interlake\_insulators@hotmail.com  
**SPRAY FOAM SPECIALISTS**

**All-Nu ROOFING & RENOVATIONS**  
**POWER SMART NOW AVAILABLE**  
**204-757-9197** cell 204-799-6023  
email: allnuroofing@highspeedcrow.ca

**CLD EXCAVATING** cldecavating@live.com **204-485-5750**  
• Directional Drilling  
• Septic Field Installations  
• Low Pressure Sewer Connections  
• Septic Tank Installations & Replacements  
• Secondary Treatment Systems  
• Water System & Well Connections  
• Well & Septic Repair  
• Free Written On-Site Quotes  
We Appreciate Your Business  
BBB

**RIVERBEND MOVING & STORAGE**  
MOVING is our business, SERVICE is our promise.  
**204-785-9299**  
211 Hutchings St., Winnipeg, MB, R2X 2R4  
www.riverbendmovers.com

**PLUMBING, HEATING & REFRIGERATION**  
• Commercial and Residential  
• Licensed Gas Fitters & Sheet Metal  
• Pressure Systems, Water Softeners & Iron Filters  
• Gas and Electric Hot Water Tanks  
• Roto-Rooter Service  
**204-482-4159** **bryant** Heating & Cooling Systems

**JEFF'S PLUMBING SERVICES INC.**  
• RESIDENTIAL • COMMERCIAL  
SELKIRK, MANITOBA  
For All Your Plumbing & Repair Needs  
- ROTOR ROOTER SERVICES -  
• Sewer Camera Cell: 204-485-4227  
JEFF FLETT jeffsplumbing1@gmail.com

**TIRED OF THAT OLD CAR AND SCRAP METAL SITTING IN YOUR YARD? NEED SOME CASH? CALL BOB HOKANSON 204-485-6123**

**Liske Bros Electric Ltd.**  
YOUR NEXT SOURCE OF ENERGY  
Electricians who design, install and repair electrical and solar power systems.  
- AGRICULTURE - COMMERCIAL  
- INDUSTRIAL - RESIDENTIAL - COTTAGES  
Phone 204-281-3394 or  
email: info@liskebrosselectric.com  
www.liskebrosselectric.com

**GREAT WHITE SPRAY FOAM INSULATION**  
FREE ESTIMATES, QUALITY SERVICE  
LOCALLY OWNED AND OPERATED  
CALL US TODAY! **204-290-5667**

**direct repair** Accredited Estimate & Repair  
**MONTE CARLO AUTOBODY & GLASS**  
**204-338-7896**  
**AUTOPAC ACCREDITED**  
3475 Main St., West St. Paul • montecarloauto@shaw.ca

**TYNDALL POWER PRODUCTS**  
HONDA • STIHL • SIMPLICITY • FERRIS  
BRIGGS & STRATTON • KOHLER • TECUMSEH  
Mowers - Tillers - Tractors - Engines - Pumps  
Generators - Chainsaws - Trimmers - Augers  
Ed Novakowski Owner/Manager  
Hwy 44 Tyndall GAS BAR & LOTTO  
tppltd@mymts.net **204-268-3006**

**TOPSOIL BLACK DIRT SLAG**  
• Demolition • Driveways • Loader  
• Grader Rentals • Bobcats • Crawler Hoe  
• EXCAVATIONS • TRUCKING •  
**R&M 482-7157**  
EQUIPMENT Selkirk, MB

**CANVASBACK PET SUPPLIES**  
Doggie Day Care Grooming  
**1 WELLINK DR., LOCKPORT**  
Phone: (204) 757-2701  
www.canvasbackpets.com

**PIPE DREAMERS PLUMBING & HVAC/R**  
• Renovations • Repairs/Service • New Installs • Heating  
• Air Conditioning • Water Treatment • Drain Cleaning  
• Gas Fitting • Contracting • Refrigeration  
CHASE BORGSTROM **204-990-1299**  
KYLE SCRIVENS **204-482-3939**  
PIPEDREAMERSHVAC@GMAIL.COM  
PIPEDREAMERSPLUMBING2019@GMAIL.COM

**ALICE ROOFING LTD.**  
Complete Roofing Service  
• Residential  
• Agricultural  
Licensed & Insured  
www.aliceroofing.ca **204-757-9092**

**KAMO CONSTRUCTION**  
Keith Neyedly, Red Seal Carpenter  
keith@kamomb.ca  
Box 368, Clandeboye, MB R0C 0P0  
**204.795.9123**

**LANDSCAPING CARPENTRY**  
Rough/Finish grading Fences  
Topsoil Decks  
Excavating Sidewalks  
Bobcat service Stairs  
Stump grinding Concrete  
Posthole auger Forming  
Dump truck services Framing  
Lot clearing Snow Removal

**INTERLAKE EAVESTROUGHING & SIDING INC.**  
Siding, Eavestroughing, Soffit,  
Fascia, Capping, Windows  
Free Estimates • **781-0533**  
www.interlakeinc.ca



# Century 21 Advanced Realty

255 Main St. Selkirk  
204.202.1922



George Hacking 204.461.0747  
Kasey Hacking 204.485.5303  
Victoria Beauchamp 204.619.3955  
Hunter Wonnacott 204.599.7789



Ashley Douglas  
204.485.4051

## FEATURE OF THE WEEK



### BIG COUNTRY STYLE!

452 DONALD RD,  
ST. ANDREWS  
\$549,900

This urban country beauty features a deluxe open kitchen with island, great sized dining space with garden doors to deck and cozy living area with wood burning fireplace. Gorgeous & gleaming granite tile flooring throughout. Massive addition on ICF foundation, 2 awesome decks, 4 oversized bedrooms with closets. Fully finished basement with hockey bar for excellent entertaining.

4 2F OH 2,656 SF 4.67 ac

## OPEN HOUSES



128 PROCTOR ST,  
WOODLANDS

SATURDAY, OCTOBER 17TH  
2-4 PM



75076 43 RD E,  
BEAUSEJOUR

SATURDAY, OCTOBER 17TH  
2-4 PM



619 CLANDEBOYE,  
SELKIRK

SATURDAY, OCTOBER 17TH  
2-4 PM

CAN'T MAKE IT? CALL TO BOOK A PRIVATE SHOWING!

## FEATURED PROPERTIES

ASHLEY **NEW**  
\$299,900  
179 Catherine Bay,  
Selkirk

HH TEAM **NEW**  
\$229,800  
403 Manchester,  
Selkirk

HH TEAM **NEW**  
\$194,500  
619 Clandeboye,  
Selkirk

HH TEAM **SOLD**  
\$269,900  
15 Patricia Dr,  
Petersfield

HH TEAM **5 ACRES**  
\$449,000  
1005 Linklater Rd,  
St. Andrews

HH TEAM **PRICE CHANGE**  
\$154,900  
138 Strathnaver,  
Selkirk

HH TEAM **MEZZO**  
\$224,900  
128 Proctor St,  
Woodlands

HH TEAM **SOLD**  
\$67,500  
339 Queen Ave,  
Selkirk

HH TEAM **NEW**  
\$214,900  
610 Mclean,  
Selkirk

HH TEAM **PRICE CHANGE**  
\$304,900  
75076 43 Road E,  
Beausejour

HH TEAM **7.1 ACRES**  
\$459,500  
5114 Rebeck Rd,  
St. Clements

ASHLEY **SOLD**  
\$274,900  
23 Belanger,  
Selkirk

HH TEAM **4.2 ACRES**  
\$449,900  
39 McAulay Rd,  
Clandeboye

HH TEAM  
\$452,000  
109 Edstan Pl  
Selkirk

HH TEAM **WATER FRONT**  
\$727,000  
34 Murdoch Dr,  
Petersfield

HH TEAM **4.67 ACRES**  
\$549,900  
452 Donald Rd,  
St. Andrews

HH TEAM  
\$424,900  
2 Schubert Lane,  
St. Andrews

ASHLEY **PRICE CHANGE**  
\$238,500  
506 Sinclair,  
Selkirk

## SOLD



15 Patricia Drive,  
Petersfield  
**SOLD**



23 Belanger Pl,  
Selkirk  
**SOLD**



339 Queen Ave,  
Selkirk  
**SOLD**



1234 Liberty St,  
Winnipeg  
**SOLD**



506 Robinson,  
Selkirk  
**SOLD**

## FOR SALE

RESIDENTIAL  
MEZZO HOMES! COMING TO GIMLI SOON!  
Driftwood Bay Lot 4 & 5 HH TEAM  
Driftwood Bay Lot 6 HH TEAM

Starting at  
\$229,900 -  
\$239,900

COMMERCIAL  
255 Main Street, Selkirk HH TEAM  
4 Unit Building - 209 Manitoba Avenue, Selkirk HH TEAM  
PRICE CHANGE! 347 Main Street, Selkirk ASHLEY  
1 Acre Property & Building - 613 Manitoba Avenue, Selkirk  
10 Dubas Drive, Lockport ASHLEY  
23 Main Street, Stony Mountain HH TEAM  
C-201 Melrose Avenue E, Winnipeg HH TEAM

\$549,000  
\$189,900  
\$390,000  
\$1,100,000  
\$550,000  
\$164,000  
\$99,900

LAND  
NEW LISTING! 3 Queen's Bay, Alexander HH TEAM  
15 Lakeshore Drive, Bifrost HH TEAM  
0 Brimacombe Road E, Clandeboye HH TEAM  
61, 67, 73, 79 Tom Prince Drive, Petersfield HH TEAM  
Vacant land #B 463 Henry Road, Netley HH TEAM  
Lot 4 Morris Place, Petersfield - other lots available ASHLEY  
Creekfront - 0 Kimberly Road, East Selkirk ASHLEY  
Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY  
Beautifully treed! Harold Avenue, East Selkirk ASHLEY  
Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM  
2 Wesley Drive, St. Clements ASHLEY  
8.17 Acres! 655 Fort Garry Rd, St Andrews HH TEAM  
CREEK ACCESS - 239 Donohoe Crescent, Petersfield ASHLEY  
508 Corrine Avenue, Petersfield - .34 Acres HH TEAM

\$49,900  
\$24,500  
\$35,175  
\$54,900  
\$44,500  
\$52,000  
\$83,900  
\$85,000  
\$129,900-\$139,900  
\$129,000  
\$94,900  
\$44,900  
\$40,000

## HOME OWNER'S TIP OF THE WEEK

Winterizing your home - it's getting to be that time of the year again! When prepping your home for the winter, don't forget to:

1. Disconnect your sump pump hose
2. Replace furnace filter (once every 3 months)
3. Turn off switch and breaker on air conditioner & protect with a cover



## MEZZO HOMES

NEW subdivision coming soon to Gimli!  
Don't wait, reserve your lot now!  
204.485.5303



Visit [mezzohomes.ca](http://mezzohomes.ca) for more information



## NEW VIDEO COMING SOON

Meet The Mighty Kiwi Juice Bar  
& Eatery Owners  
Miranda Schmidt & Jocelyn Kreml



[parkbench.com/selkirk](http://parkbench.com/selkirk)

Interviewing local business owners and  
residents in Selkirk, St. Andrews  
& St. Clements!

Want to be featured?  
Give us a call

204.619.3955