

"THE HISTORY BOOK OF YOUR COMMUNITY"





The National Day of Action for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People took place on Oct. 4, and our community gathered to remember those who have been lost and for a day of healing at the Selkirk Friendship Centre. In addition to drumming and an awareness walk, there was a water ceremony performed at the Selkirk Waterfront. Learn more inside.

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Provincial grant helps fund 20 projects throughout Interlake

Selkirk's Gordon Howard Centre receives funding for furnaces



RECORD PHOTO BY KATELYN BOULANGER

Municipal and Northern Relations Minister Glen Simard, RM of St. Andrews Mayor Joy Sul, Ashley Henry, the executive director of the SCRC, and Lee Hanson, the executive director for Selkirk's Gordon Howard Centre, at the announcement.





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By Katelyn Boulanger

Municipal and Northern Relations Minister Glen Simard stopped by the Gordon Howard Centre on Oct. 10 to announce that 20 projects in the Interlake were going to receive funding from the From the Ground Up - Safe Healthy Communities for Âll pro-

This funding enhances active living for seniors, veterans and youth, and in total, a little over a million dollars is being given out.

"We have a beautiful province, we

have great people, we have great initiatives that I'm really excited to support. In the Interlake, we have about a million dollars that are going to support 20 community developments right here," said Simard.

He addressed why funding like this is important to rural areas like ours.

"We're strengthening our communities when we invest in senior centres, and sport facilities, more youth programs, safer neighbourhoods, and create stronger local economies.

Continued on page 4



4 The Selkirk Record Thursday, October 9, 2025> FROM THE GROUND UP, FROM PG. 3

It means we're actually helping you continue that vision that you've had for such a long time for Selkirk, not just for 2025, but (for) what it is going to look like in 2045," said Simard.

Two of the project's recipients, the Selkirk Community Renewal Corporation(SCRC) and the Gordon Howard Seniors Centre, had representatives at the event who spoke about what this funding means for their organizations.

Ashley Henry, the executive director of the SCRC, explained how they are planning to use this funding.

"We have received confirmation for this year of our Community Five Year Neighbourhood Renewal Plan. It's a community consultation that we received the funding for, to complete that process. Last year, we received funds from From The Ground Up, as well, for our youth empowerment program. We're excited to continue to offer programs and provide services to the community," she said.

She explained that getting funding like this in our community is very important to the work that they do.

"It enhances a lot of our programs and services that are provided in the community, which is needed. I find in the rural areas, we have a little bit less funding sources that we have access to, and a lot of our community organizations apply to the same pots of funding. So, I find that when we can network and have partnerships in the community, as well as receiving the From The Ground Up funding, it just allows us to be a lot more efficient with our programs that we're offering," said Henry.

Lee Hanson, the executive director for Selkirk's Gordon Howard Centre, explained that the funding that they are going to be receiving will go towards much needed upgrading.

"Our furnaces have been over 30 years old, so the timing couldn't have been better. Funding for capital improvements or facility upgrades for non-profit organizations, like our centre, are essential. This allows us to keep the membership and activity fees affordable and continue to offer great programs for our older population. Many of our regular members have said that the centre is like their second home. To me, that speaks volumes regarding the programs, activities and social connection that we offer here. This funding helps us to continue that," he said.

In addition to replacing the four furnaces needed to heat the building, there is also going to be a replacement of their air conditioning unit as well



RECORD PHOTO BY KATELYN BOULANGER

Simard speaking at the event.



Ashley Henry of SCRC.

as the floors in the board room, the multi-purpose room and the adult day room downstairs, as they've reached the end of their usable life.

Hanson explained that keeping the facility updated in these essential ways is important to every aspect of the work that they do, from their activities and workshops to providing a location for people to connect with one another.

"Sometimes there are over 100 people in the building because we have three different multi-use rooms. We've got a commercial kitchen downstairs.



Lee Hanson of the Gordon Howard Centre

We have a regular adult day program that is here Monday to Friday, and it's great. And when I say it's like their second home, I really mean that, because sometimes they've lost their partner, and then they come here and they see an activity that they like, and then they run into people that they know, and then they keep coming back," he explained.

If you would like to know about the many groups, services, and activities that people can access through the Gordon Howard Centre and how any-

one 45 years and up can get their membership, visit https://www.gordonhoward.ca/.

In addition to the \$100,000 of funding for the Gordon Howard Centre and \$30,000 for the SCRC, the other grant money was given to:

- Moosehorn Minor Baseball in the R.M. of Grahamdale will receive \$5.820

- Evergreen Basic Needs Committee in Gimli will re-

Continued on page 5





We want to hear from you

Letters to the editor - If you wish to comment on anything you read in the newspaper, or if you wish to comment on any concern affecting Selkirk and surrounding communities, write a letter to the editor. We welcome diverse views and opinions.

Why You Should Write a Letter to the Editor

Writing a letter to the editor is one of the most efficient ways of reaching large audiences. The Selkirk Record has an approximate readership of 37,368 readers weekly.

Readers also include members of local government, who we may want to reach. Frequent letters about a certain topic will convey that a sizable group of people care about it.

A letter to the editor is a very short piece of writing, meaning that you don't need to invest an inordinate amount of time in it. Shoot for less than 300 words.

Tips for Writing a Letter to the **Editor**

Connect your letter to a specific article, op-ed, or topic recently covered by the newspaper.

Structure your letter in three parts:

409 Main Street

- Refute or promote a certain claim made previously, provide reasons for your stance, and then suggest what needs to happen now.
- Write from your own perspective and show how the topic relates to your local commu-
- If you have expertise in the topic you're writing about, let the readers know.

If you're trying to convince a government representative, refer to them by their full name (it'll be more likely to make it to their desk).

Stick to a single point. Have more points to make? Write more letters.

Be respectful – don't attack anyone when expressing your concerns.

Letters must include your name, your location, and a telephone number where you can be reached. Please keep letters to 300 words or

The Selkirk Record reserves the right to edit letters for length, content and/or taste as well as the right to refuse publication of any letter.

We look forward to your submission: news@selkirkrecord.ca

204-482-5988

> FROM THE GROUND UP, FROM PG. 4

ceive \$21,200

- Parent Advisory Council of Mapleton School in St. Andrews will receive
- Arborg and District Multicultural Heritage Village will receive \$40,100
- Youth for Christ in Selkirk will receive \$100,000
- City of Selkirk will receive \$10,199
- Dauphin River Community Council will receive \$77,200
- Okno Community Committee Inc in the Municipality of Bifrost-Riverton will receive \$48,078
- Petersfield Curling Club in St. Andrews will receive \$100,000
- Warren Communities in Bloom in Woodlands will receive \$79,380

Arborg-Bifrost Parks & Rec Commission will receive \$25,000

- R.M. of St. Andrews will receive \$40,000
- R.M. of Fisher will receive \$100,000
- ROGerKimLee Music Festival in Ericksdale will receive \$79,644
- Association for Community Living Selkirk and District Branch will receive \$24,488
- Madeline's Closet Inc. in Teulon will receive \$50,000
- Moosehorn Tumblers in R.M. of Grahamdale will receive \$47,578
- Gimli Yacht Club will receive \$5,000







Celebrating local businesses





RECORD PHOTOS SUBMITTED

Barb Stiem wanted to give back to local businesses by hosting a Fall Supper at the East Selkirk Hall at the end of last month. Some of the businesses she invited were Jonnys Landscaping, James Minsky Trucking, Palm Beach Outdoor Decor, Nuture Your Senses, Lockport Grocery, Step-Up Tree Removal, and Chef In The House. She would like to thank the event's sponsors who donated gifts.

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Library needs donations for final expansion fundraising push

Gaynor Family creating matching fund to help local dollars go further

By Katelyn Boulanger

The Gaynor Family Regional Library in Selkirk is more than just a library. It's a regional hub for Dunnottar, Selkirk, St. Andrews and St. Clements. They have previously announced their planned expansion to the children's section and outdoor area, and local donors have quietly made steps to fund the new space. Now, at the Story Continues event last week, they are officially starting their local community fundraising campaign, and a generous donation from the Gaynor family makes it an amazing time to

The announcement came at a packed meeting at the library on Oct. 8.

After a land acknowledgement from Erin Nosal, chairperson of the library's board, the fundraising chairperson for this project, Lorie Fiddler, who is also a member of the library board and Deputy Mayor of the City of Selkirk, took to the podium to say a few words.

"I'm so excited to be here as the fundraising chair. My job has been made, really quite easy by all the generosity and the excitement that we have tonight and that we've had over the last few months since we've announced our plans," she said, teasing the an-

She then handed the stand to Minister of Sport, Culture, Heritage and Tourism Nellie Kennedy, who said a few words about how important this library space really is.

"Today's announcement really is just a celebration and a recognition of the vital place that this library holds for all residents, and not just for Selkirk, there's (also) the Rural Municipalities of St. Clements, St. Andrews and Dunnottar. So, it's really just so heartening to see all of you in this library that is just so beloved by the community. The story continues. The library extension campaign is a significant initiative that's going to help this place continue to grow," she said.

Talking about the importance of libraries, she continued.

"It's a place where people connect with information, but also with storytelling and with each other. And this is certainly what this library does for the community. It really plays a pivotal role in promoting literacy, of course, fostering lifelong learning and ensuring that there is equitable access to knowledge and culture and activities for everyone," said Kennedy.

After Kennedy, our local representatives headed up to share how happy they are that this library, which is a project in which all four municipalities are involved, is going to expand in the future.

Mayor Larry Johannson of Selkirk

"I know that fundraising is hard to do, but people know this is for their children, this is for their grandchildren, and generations down the road, it will be their grandchildren's children. So that makes it all that much more important that we have a building like this," he said.

He explained that the library isn't just a place to get books, but for so much more, and this expansion builds

"This expansion will allow the library to grow, offer more services, a larger collection, expanded programming, serving citizens now and into the future. This is a meaningful investment in community building. Over the coming years, countless children will learn to read in this space and perhaps be inspired to become writers themselves. Lifelong friendships will be formed through library programming, educational resources to support students will be available to foster learning and growth. The community will have access to these essential resources. This is truly a commitment to the future, and I want to thank Ken (Kuryliw). I want to thank the board for all the hard work behind the scenes," said Johannson.

Mayor Joy Sul added her thoughts

"I'm so proud of this building as well. It serves so many residents in St Andrews, and it's just so exciting to see when the municipalities work together, what can be accomplished," said Sul.

The Deputy Mayor of St. Clements, Dave Horbas, came up next to share.

"It's wonderful to be here to share this excitement as we get our first look at the Gaynor Library's expansion plans. I know St Clements is very excited about this," he said.

The final Mayor to join in the celebration was Dunnottar's Richard Gamble.

'Our community, is so happy to be a part of this facility. It's just worked wonders throughout the region and on behalf of our community, thank you for having us in here," said Gam-



RECORD PHOTO BY KATELYN BOULANGER

There was a donation table at the Story Continues announcement so that attendees could conviniently make a donation for the library's new expansion.

Next up on the announcement agenda was a video from Jim and Betty Gaynor. Though Selkirk's first library began in 1901, the current library building in Selkirk was (made) possible thanks to a generous donation from Jim and Betty Gaynor, as well as funding from St. Clements, St. Andrews, Selkirk and the province. In the video, they explained why they, as former local business owners in Selkirk, wanted to support something that would benefit the community in such a big way.

Fiddler then returned for the official

"The Gaynors have announced they will match all donated funds to the library, up to \$300,000. So, every one of our dollars is two," she said.

She also explained that the Gaynors have put a timetable on this to encourage local donations. All donations must be in before the end of November to qualify to be matched.

Fiddler said that she was pleasantly surprised that so many organizations, such as the RMs and Selkirk, as well as the Rotary Club and more, have come forward to start the fundraising on a great note.

The library is now raising the last \$600,000 that they need for phases one and two of the expansion. Half of which could be funded by the Gaynors' matching donation if enough local donations come in.

Director of Library Services Ken Kuryliw says that this expansion is very much needed.

"The library is one of the busiest in the province, with over 149,000 visitors last year. That's the highest of any rural library in the province. And the biggest issues with the library, this expansion solves," he said.

When the library was built in 2014, the original people making the space didn't know how much it would be used by the community. Being a nonshush library, where everyone is allowed to use they space, library staff see many different groups, activities, and people from all over the region enjoying the space.

At the announcement, Kuryliw shared three stories from locals about how the library is important to their

A local child wrote in saying how the library means everything to them because even when their family can't pay for their Wi-Fi (spelled Why-fyi in the letter), the library is a place where they can get movies.

A local mother wrote in saying that after having her child, when they were a few months old, she joined the library's Rhyme Time programming. She explained that it was the first group setting she joined after becoming a new mom. Then life got hectic for her, as a few months later, her husband was diagnosed with MS and the library, again, offered a quiet escape from the hardships of life.

"I felt like we had been regulars for years. The other parents and kids

Continued on page 8

Seland Regard



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SECTION OF SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

> GAYNOR DONATION TO LIBRARY, FROM PG. 7

were amazing, very kind and playful. I didn't feel awkward, like everything seems to feel after having a baby. I had become quite isolated in the beginning, only going out to pick up prescriptions and struggling to make my way through regular, everyday interactions. The library helped me out of my shell, (which) I was becoming too comfortable in. I started to feel like myself again in the library," said the letter.

The final letter was from a grandfather who wrote in saying how the library allows his family to visit. It's between where he and his child and grandchild live, and so they meet at the library to keep their family connection strong.

Another aspect of the library that in 2014 they didn't realize would be so important is their study space. Kuryliw says that come exam time, they've had to open up their theatre space in the past just so that they can have enough room for students.

"We want everybody to feel it's their space and (to) be comfortable here. So by expanding, we get to solve issues like one of the major ones, that's a little in the weeds is that we only have room for 60,000 volumes in the building. And the province recommends a minimum collection size for our community of 110,000 (volumes). So, even if I add the ebooks that we have, we only get up into around 85,000, so by expanding the collection, we'll be able to reach that 110,000," he said.

He also explained that it's going to be a very fun addition. Because it's a kids' space, they are going to be able to add some really great stuff like an interactive cabin with a little mouse inside, serpentine shelves, and even some fun animal shelves, which along with being more interesting than straight shelves, will represent local animals.

The library specifically needs increased kids' space because they had 5000 kids sign up for programming last year alone. Which is a more than



RECORD PHOTOS BY KATELYN BOULANGER

Above: Residents had a chance to look at mock ups of what the library will look like once the expansion takes place. Below: Lorie Fiddler was happy to announce that the Gaynor Family has created a matching donation fund.



50 per cent increase in their numbers from before the pandemic and more than five times as much as their previ-

ous location.

If everything goes well, the plan for Continued on page 13

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Brittany Hiebert: 204-485-1419 Email: ads@selkirkrecord.ca

or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office.

EDITORIAL

Katelyn Boulanger 204-485-3337 news@selkirkrecord.ca

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Letters must include the name and mailing address of the writer.

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Remembrance and healing on the National Day of Action for MMIWG2S+

Selkirk holds space for those who have been lost with ceremony

By Katelyn Boulanger

It was the National Day of Action for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People on Oct. 4, and the Selkirk Friendship Centre hosted a day of remembrance and healing.

The day started with a healing workshop involving a sound bath and breathwork put on by Casandra Carmelina Orantes of Breathwork by

From there, Jeannie White Bird, a Knowledge Keeper in our community, began the opening ceremony.

"That's my biggest thing that I can share about myself, being that grandmother, because myself I didn't get to know my grandmother, but I am also blessed to be surrounded by many grandmothers in the community. I am also blessed to be surrounded by many grandchildren in the community. This is one of the things that, as a survivor of violence, and also having a mother who is one of the missing and murdered, those relationships have been fractured. But it's through ceremonies like this, it's through teachings like (Casandra) has shared with us, it's through the drum which our friends will also sing, it's through the the hand drums, it's through the big drum, and it's the medicines, and it's the community, it's the leaderships, that highlights these stories up on the national public radar, and that's where they need to be, that's what this is about," said White Bird.

She explained that this gift of remembering and coming together in healing is a gift that we give to each other at these events, and then introduced the Selkirk Women's Drum Group, who lent their voices to this event.

Keeping with the theme of the day, the drum group started with the Women's Warrior Song and Strong Women's Song. The next song that they shared was the Children's Healing Song, which has a double beat representing the heartbeat. This song is not just for the children lost but for the inner child which may need healing. The final song that they shared was the Bear Song. To local Indigenous people, the bear represents courage, and so, this song represented the courage it takes to come to events like the National Day of Action for MMI-WG2S+, which involves a lot of remembrance, acknowledgement, and action to help support healing in our community.

White Bird then welcomed our local

dignitaries to the stage so that they could share their thoughts on the importance of remembrance for MMI-WG2S+ people.

Local MP James Bezan spoke first.

"We are all connected, knowing that there are daughters and sisters and mothers and grandmothers that were murdered or missing, and we still want to demand justice for all those that were lost. And so, we have to continue to focus in on making the proper changes to keep those that are committing gender-based violence held to account and paying the price for their crimes, so that we don't see ongoing repeats of this intergenerational trauma carried forward," said

He explained that this violence is three times as likely for Indigenous Canadians based on population when compared to the rest of Canada.

"We have the national report that came out in 2019 (and) there is an action plan. It's inherent upon us as leadership in parliament, in national legislature, in the City of Selkirk, that we can all continue to make sure that the appropriate steps are taken so that we can protect all women and all girls and all people that are Indigenous and non-Indigenous that are exposed to this type of violence. We have to bring it to an end, and that's what today is all about, raising that awareness, making sure that we have that opportunity to action those items to make all of us safer in our communities," said Bezan.

Local MLA Richard Perchotte then came to the front, starting by thanking the Friendship Centre for creating an atmosphere where people can be vulnerable and receive support be-

Continued on page 11



RECORD PHOTOS BY KATELYN BOULANGER

Residents gathered to honour our lost MMIWG2S+ community members on Oct.





Sat., October 25th, 2025 • 6pm **Little Britain United Church**

5879 Hwy. #9, Lockport, MB

An evening of great food & fun!

Tickets: \$25 (Kids 6-12 yrs \$10) • 5 & under FREE MUST be purchased in advance online: www.littlebritainunitedchurch.ca or call Fred 204-981-2433

• Cash Bar · Vegetarian option Live and Silent Auctions

(Payment: Cash/Credit Card) · Please bring a "Tin for the Bin" for Selkirk Food Bank



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"Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matthew 11:28)



Seasonal Influenza Clinics will begin October 15, 2025

Book an appointment by calling 1-844-626-8222 between 9:00am and 5:00pm, Monday to Friday or by using the online booking system (visit www.ierha.ca and click "Annual Immunization Clinics" or visit www.manitoba.ca/vaccine).

Seasonal influenza, pneumococcal 20 and COVID-19 vaccine will be available for those eligible as per Manitoba Health guidelines. Immunization with the most updated COVID-19 vaccine is strongly recommended for previously vaccinated and unvaccinated individuals at increased risk of COVID-19 infection or severe disease.

Below is the listing for the region.

Please note:

- Some walk-in appointments available.
- Please practice good hand-washing.
- Do not come to your appointment if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.
- Bring your Manitoba Health Card, and wear a short-sleeved shir

	Dates	Time(s)	Location(s)	
Grand Marais	October 30	10:00 am - 3:00 pm	Grand Marais Recreation Centre, 90 Matilda Ave	
Matlock	November 5	10:00 am - 3:00 pm	Matlock Recreation Centre, 77 Matlock Rd	
SelkirkOctober 2110:00 am - 3:00 pmUnited Church Selkirk, 202 McLean Ave		United Church Selkirk, 202 McLean Ave		
	November 3	2:00 pm - 7:00 pm	United Church Selkirk, 202 McLean Ave	
	November 15	10:00 am - 3:00 pm	United Church Selkirk, 202 McLean Ave	
	November 18	10:00 am - 3:00 pm	United Church Selkirk, 202 McLean Ave	
Victoria Beach October 22 Noon – 7:00 pm East Beaches Social Sc		East Beaches Social Scene, 3 Ateah Road		
	November 17	Noon – 4:00 pm	East Beaches Social Scene, 3 Ateah Road	
	(Walk Ins Only)			

Private immunization clinics will occur in senior and other community housing facilities. Check your building bulletin boards for a poster with details.

For more information, please contact your local community health office:

Selkirk: 204-785-7500

Any changes to this listing will be posted online at <u>www.ierha.ca</u> Click on the banner "Annual Immunization Clinics" on the home



> MMIWG2S+ ACTION, FROM PG. 9

losing a family member to domestic violence.

"We need to stand together and to make sure that we stand for everybody and say, 'Never ever can we allow this to happen to anybody in our lives.' Stand up for your neighbour. Stand up for your grandmother. Stand up for your mother. Stand up for your daughter, your sister, your child, whoever it may be," said Per-

White Bird thanked Perchotte for sharing this powerful message, saying, "Standing up is one of the most simple and significant actions that all of us can take."

She then introduced Selkirk Mayor Larry Johannson, who spoke about how trauma is passed down intergenerationally.

"I grew up as a child in the 50s and the 60s, in a neighborhood that we didn't know race. We were all together. We played together, and it didn't matter who you were, what colour you were, but the thing that we all had in common was (that) we were in a working-class neighborhood with working-class families. And we all had fathers that fought in World War Two, and they all came back a little different," he said.

Johannson went on to explain that many of those men who served in their teens and twenties came back with dependence on alcohol and drugs as a coping mechanism for the trauma that they endured.

"They would come home on a Friday night or Saturday night. We as kids knew to stay clear, stay out of the house. And unfortunately, the mothers knew the same thing, and they would all leave the house and they wouldn't go back until they were sure that the husband was sleeping it off.

fore discussing his personal story of Well, that was in the 50s, and that was in the 60s. So, let's move ahead to 2025, and what are we doing? We're searching landfills for our girls. We're searching landfills for our women. This is a day of action, and from this day forward, let's press the leadership. Let's press each other to do better, because what I see from the 1950s and the 1960s to 2025 is we're still struggling," said Johannson.

After our political representatives, Carly Chartier of the Selkirk Friendship Centre, thanked everyone for being there. She then went on to discuss how violence affects our community and how they try to help.

"This year alone, we've seen a huge increase in women that are coming to our building seeking safety and shelter, and are in that moment, running from an unsafe situation. And in that moment, we bring them in, we make sure that they're safe. We often clothe them, give them something warm to drink, something to eat, settle them down, and then our counsellors get to work with them immediately. And from there, we start branching out to our partnerships," Chartier said.

Representatives from Survivor's Hope Crisis Centre, Chantal Shibata and Natasha Van Dorp, then came to the podium to discuss the local services that their organization provides that can help.

"Survivors Hope Crisis Centre is a crisis and resource centre where we support those who have been impacted by sexualized violence. (We could help) anybody in the Interlake of all genders, 13 years old and up," said

Van Dorp explained that their service is 24/7 and they work in many

Continued on page 12





RECORD PHOTOS BY KATELYN BOULANGER Drummers and dancers brought healing and joy to the event.



> MMIWG2S+ ACTION, FROM PG. 11

different ways to help people impacted by sexualized violence from the moment it takes place and the person seeks help to the next steps and support afterwards.

"We really lead from a non-judgmental approach, and we very much enjoy what we do, which is really odd to say, but it is a service that is very much needed. We have seen an increase in calls as well," she said.

They welcomed anyone who needs their support to get into contact with them. You can learn more about Survivor's Hope at https://survivorshope.ca/.

"We'll meet people where they're at in community. Give us a call anytime, and we will be there for you. We will sit with you, and we believe you," said Shibata.

The next part of the program was a video speaking about the Manidoonsag Imaa Mikinaako-Minisiing/Sacred Spirits of Turtle Island space at the Gaynor Family Regional Library and how a healing space like this was created in Selkirk.

tendees' attention to a new project in Manitoba that was launched on Oct. 4, Giganawenimaanaanig/Red Dress Stories MB (https://www.reddressstoriesmb.ca/).

"If we look on the website, which I encourage everybody to do. It's going to show the map of all the missing and murdered. It's a database," she explained.

This website allows those who were lost to be remembered and their stories shared. More information can be found on the website itself.

The indoor ceremony concluded with the drum group, the Binesi Ik-wéwag Singers playing the big drum while jingle dress dancer Tehya Blackburde Moore and fancy shawl dancer Aubrey Ducharme-McKay danced and then led the group in a round dance.

The event then moved outside, where participants, wearing their red shirts, walked to the waterfront for a water ceremony. Once they returned to the Friendship Centre, there was a feast to end the day.











healing work.



SELKIRK SUPPORT GROUP Meet first Wednesday of the month 1:00-3:00 pm at Memorial Hall 368 Jemima St., Selkirk 204 975-3280

"Supporting each other towards a new beginning"

> GAYNOR DONATION TO LIBRARY, FROM PG. 8

this expansion is that they will go to public tender in December and if that goes well, the construction should start and, with any luck end, in 2026.

According to the library's website (accessed on Oct. 13, 2025), the Library sees over 150,000 patrons yearly and has a return on investment (ROI), on items borrowed of \$6.5 million. For every dollar spent, the community gets \$7 in direct value just on the value of the items borrowed alone - this number increases when programming for the community is added. This means that this investment isn't just a good one for our communities but a sound financial move as well.

The second phase of this expansion is going to focus on the outside portion of the library, with plans to have accessible walkways through the Indigenous Healing Garden, with art murals all the way out to the gazebo that Home Hardware provided. In this phase, they also plan to do some upgrades to the entrance to the parking lot, and they plan to install blinds in the windows which shine, perhaps a little too brightly on a beautiful winter day.

To donate to the matching fund, residents can give at the library itself or online at the library's website at https://gfrl.org/continue-our-story.

The total fundraising for this project was \$2.5 million, so this really is a final push to get this project funded, and Kuryliw said that every donation, regardless of size, counts.

"Even the smallest gift makes you feel even more ownership in part of it. You're part of the success of making a difference in people's lives. And so, you feel good about that. You know it's a positive thing. You know that every cent that you give goes towards a wonderful community service. So yeah, small or large, any amount would be amazing. And with the Gaynor family matching it, as Lorie said, that doubles it," he said.



RECORD PHOTOS BY KATELYN BOULANGER

The expansion to the library aims to tackle some of the areas where the current library is in need of increased space. Above: Ken Kuryliw of the GFRL shared some great stories at the event. Below left: Minister Nellie Kennedy shared her love of libraries with a full house at the announcement. Below: Residents can learn more about the expansion by scanning the QR code.





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Students create drum art to light up Holiday Alley Teachers and students from the Lord Teachers and students from the Lord Selkirk School Division truly embrace Teachers and students from the Lord Teachers and students from the

Submitted by Holiday Alley

Selkirk School Division truly embrace Holiday Alley's mission to celebrate art, light, sound, culture, and creativity. This November, they're contributing a vibrant new art installation that's sure to light up the festival in more ways than one.

Over 20 miniature glowing drums will hang in downtown Selkirk thanks to the creative genius of teachers Melissa Muir and Jacqueline Bercier. It's part of their commitment to make the Truth and Reconciliation curriculum in the schools come alive in a positive way.

"The images on the drums reflect the kind of relationships the students believe we should have between Indigenous and non-Indigenous people. We ship going forward. So, the students have used many positive images that centre on light and positivity like sunrises, turtles and landscapes," says Melissa Muir who works in the Indigenous Student Centre for Lord Selkirk Regional Comprehensive Secondary School.

The drums are made from eight to twelve-inch embroidery hoops with orange fabric stretched over the bands. The Grade 9-12 students drafted their images in advance and then drew on the fabric. Two hoops were then placed back-to-back, and a small LED diode light was dropped between the two hoops which will illuminate the images.

"They look so pretty and have hope-

can share what they are discussing in other classes as well."

"Art is a great brain break for students who need a creative outlet," she

There will be 20 bright drums at Holiday Alley, which starts Friday,

Holiday Alley welcomes anyone who has positive art installations to contact them immediately before the program is set for November 19-22. To contribute cash, time, or talent, contact Victoria at holidayalleymb@ gmail.com.



RECORD PHOTO SUBMITTED

Teacher Melissa Muir shows one of the 20 light-up drums that form part of an art installation for Holiday Alley.



NEWSPAPER DELIVE



New puzzle exchange takes shape at Gaynor Family Regional Library

Over the past month, it hasn't just been books flying off the shelves. As the colder weather settles in and the air grows crisp, many people retreat

indoors in search of warmth and comfort. But cozy evenings don't have to mean boredom.

At the Gaynor Family Regional Library (GFRL), a new puzzle exchange is giving the community a fun, family-friendly way to pass the time.

Puzzles of every shape and size have been taking over the library's entrance, inviting patrons to swap, borrow and enjoy them for free.

"We have puzzles for any stage and skill level for those wanting to jump into the puzzle scene," said Katherine Anderson, GFRL's information technology and public services coordinator. "We want to make this a community-minded experience. Try out a new hobby, and if you enjoy it - great. The puzzles are here to en-

The exchange is simple — bring in a puzzle, drop it off near the circulation desk and take a new one home. No library card is required, and there's no time limit for returns, making the program easy and flexible for everyone.

The idea came directly from a patron's suggestion, and the response has exceeded expectations. "Puzzles are absolutely skyrocketing off the shelf," Anderson noted. "It doesn't sit there for too long before it's in the hands of someone else."

Currently, about 20 puzzles featuring themes like animals, nature and landscapes are circulating — and there's more to come. In December, the library will roll out 27 holidaythemed puzzles designed just for in-house use. These will be set out on tables, encouraging community members to gather and work on them together.

"Everybody is welcome to take a puzzle, leave a puzzle, or do a puzzle," Anderson added. "So come out and see the many great puzzles we have to offer."



RECORD PHOTO SUBMITTED

Community members are invited to take part in a new puzzle exchange at the Gaynor Family Regional Library — a free, family-friendly initiative where visitors can bring a puzzle to leave and take a new one home.







Your Local Community

Home Real Estate Section

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DECORATING TREND

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beoutfully landscaped grounds, this property offers the perfect bolance of luxury, space, and serenity. The inviting foyer opens to a spacious living room and formal dining room with sunroom access. The kitchen features a



1400 sqft with 3 beds and 1.5 baths. Inside, you'll find an open layout with generously sized bedrooms, a bright living area, and an eat-in citchen complete with quartz counters and custom wood cabinetry. For horse enthusiasts, the property includes a 4700 sqft heated and insulated 16-stall barn featuring a tack room, water room, office, and a spacious viewing lounge overlooking the 70'x160' indoor arena. Outdoors, there are 6 pens with shelters, 2 additional pens, a hay shed, 2 sheds, a double garage, plus trails, wooded areas, and two ponds.



3293 Henderson Hwy, East St. Paul \$699,900 Situated on a beautiful 2-acre park-like lot with towering ack trees and an impressive 211-foot frontage, this property offers endless potential. The

kitchen features a mix of oak upper cobinets and crisp white lowers, occented by a subway file backsplash, pantry, ceramic file flooring, and included appliances. The living room showcases oak hardwood floors and a brick woodburring freplace. A formal drining room with worm walunt paneling and French doors leads to a cozy family/sitting room, highlighted by a full wall of west-facing windows. The primary bedroom offers hardwood flooring, a walk-in closet, and a private 2-piece ensuite, with two additional spacious bedrooms nearby. Enjoy the impressive 3-season Glastar sunroom, providing panaramic views of the lush property. A partially finished full bassement adds extra versatility. Whether you choose to update this confortable home or design and build your dream residence, the setting is truly unmatched!



14 South Hill Drive, Beausejour

maintained home in a peoceful Beausejour neighbourhood, offering comfort, space, and convenience. With 1400 sqft of living space, this residence features 2 bedrooms and 2 bathrooms, ideal for smaller families, downsizers, or those seeking a quiel retreat. The generously sized kirchen offers abundant storage and a central island, perfect for both everyday living and entertaining. The fully finished basement adds even more versatility with a spacious ner coron and game room, creating plenty of space for relaxation and fun. Enjoy the outdoors on the newer composite deck! Located close to shopping, schools, and everyday amenities, this home is also just steps away from family-friendy altractions induding a public swimming pool, nearby playground, and beaufful Glass Lake. earby playground, and beautiful Glass Lake.







Derek Daneault nal Real Estate Corpo

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Nearly 5000 saft of custom built luxury designed by the original owner! The main

room and formal dining room with sunroom access. The kitchen features a large stand, built-in oven and fridge, double sink, and abundant storage. The walk-out basement provides a 2-bedroom suite. The kitchen is expansive primary suite offers a private balcony with river views, freplace, walk-in doset, and spokites 5-piece ensuite. Two more bedrooms complete with granites counters, walk-in pantry, a dry bar, and direct walk-in doset, while the main floor features a private bedroom with its own 3-piece ensuite. The fully finished lower level provides endless possibilities, and a page 580 hookup. The primary suite has its own deck, gas freplace, walk-in closet, and ensuite boasting an air tub, dual sinks, tiled shower, private water closet, and an open-concept layout w/ the option to dose it off. The lower level impresses with a 20 ks3" recreation room, length deck ideal for entertaining. Ample parking for the whole family with a heated double attached garage plus a detached triple garage.

68082 PR 212, Cooks Creek

68082 PR 212, Cooks Creek

1 by America (Sedroom suite. The kitchen is complete with granite counters, walk-in pantry, a dry bar, and direct water closet, and an open-concept layout w/ the option to dose it off. The lower level impresses with a 20 ks3" recreation room, length deck ideal for entertaining. Ample parking for the whole family with a heated double attached garage plus a detached triple garage.

68082 PR 212, Cooks Creek

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to River Creek Estate

open-concept living. The kitchen features cream cabinetry, a two-tie open-concept Iving. The kitchen redutives cream coaliterly, a two-ther counter, and a corner pointry, is, foy 2 generously sized bedrooms and 2 bathrooms, including a 3-piece ensuite with a 5' walk-in shower and a 4-piece main bath. Additional highlights include in-suite laundry, a separate dining room with French doors, new laminate flooring, and a concrete balcony. Comes with 2 heated, secure indoor parking spaces with a large storage area. Solid concrete and steel masonry construction ensures secellent soundproofing. The building offers a fitness room on the main floor, a welcoming common area, elevato access, and on-site mail. Located on the top-floor penthouse corne



East St. Paul - \$489,900 Experience the perfect retreat on this stunning Take in breathtaking

sunset views over the water from nearly every room in the home.

Offering 3 bedrooms and 2 full bathrooms, this residence has seen many updates, including refreshed paint inside and out, modernized kitchen and bathroom, updated flooring, shingles, and industrized kitcher and barmborn, opposed in lovings, similgres, and the additional detached garage. The bright kitchen is filled with natural light and overlooks both the yard and the river. The primary suite features a spacious walk-in closet and a charming ensuite complete with a clawfoot tub. Step outside to your private, treelined backyard ideal for barbecues and evenings around the fire. Two decks add to the outdoor living space, including an upper-level walkout from the bedroom/den with spectacular river views. There's walkour from the bedroom/aen with spectacular river views. Intere's plenty of room for vehicles with a heated double attached garage plus an additional detached garage. With its warm, welcoming vibe, this home truly feels like a cottage getaway.





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Lundar, 1200 sf, 3 brs, 1.5 baths. Oak eat in kit. c/air, newer shingles, \$152,500

All season hm at The Narrows, 1200 sf. 3 brs, many renos. Treed lot across from lake





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St Clements 46 ac property; 38 ac cultivated. Beaut. treed yard site w/power, barn & accessory bldg \$279k!

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The monochrome look, often referred to as "colour drenching," is a decorating trend that involves saturating a space in a single colour. This original style is gaining popularity. Here's how you can incorporate it into your home.

Do you want to try a monochrome look in your home? The basics are simple. Start by choosing a colour you love. Use that shade exclusively to paint the walls, ceiling, mouldings, doors, and door and window frames.

The monochrome look eliminates visual boundaries, magically making your room feel more spacious. No wonder the monochrome look is a favourite design trend for small spaces! For an even more immersive effect, choose accessories such as rugs, vases, curtains, cushions and duvets in shades from the same colour palette.

That said, embracing this trend doesn't mean you must forgo metal or natural wood elements. In fact, these materials can provide a beautiful contrast to the monochromatic look.

Fans of colour drenching believe that painting a room in a single colour, especially a closed space like a bedroom or bathroom, creates a soothing cocoon effect. If you want a more spacious feel, choose a lighter dominant shade. For a more dramatic ambiance, opt for a deeper hue.

Are you ready to try out this eyecatching style? Visit your local home renovation or decorating supply stores to find everything you need to get





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Rotary Club and Red Bomb help feed community





RECORD PHOTOS BY BRETT MITCHELL AND MURRAY MELVIN

This year's Selkirk and District Rotary Club and Red Bomb Fireworks garden was once again a huge success in providing fresh produce to those in our community. Despite a dry start to the summer and smoky weather, 315lbs of vegetables were grown. Rotarians put in the hard work early on, watering the crops every second day until the rain finally came. Donations were split between Our Daily Bread Soup Kitchen, which received donations of vegetables throughout the summer, and the Selkirk Food Bank, which received a large donation of 159 lbs of delicious locally grown vegetables on Oct. 6. The Rotary Club's voluteers as well as Red Bomb Fireworks, who provided the land, tilling, and water for the garden during the summer season are the reason this was able to happen. Over the past five years, this project has really helped to fight food insecurity with a total of 2692 lbs of food grown. Left: The donation on Oct. 6 with David Thorne, Michele Polinuk, Bethany Debrecen, Dianne Stolar, and from the Selkirk Food Bank, Cathy Moore, and John Peterson. Right: Jillian Shoemaker, Ron Thiede, Wendy Meger, Lee Hanson, Bethany Debrecen, Glen Kostyk, Lorraine Hanson, Dale Klassen and his son Jack.

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Local residents are invited to a celebration of local hero Sgt. Tommy Prince

Celebration of war hero's 110th birthday to take place in St. Andrews

By Katelyn Boulanger

Sgt. Tommy Prince is a legendary hero. He's known for his acts of bravery during wartime, rescuing a person from the Red River, and his advocacy work once he was back in Canada. But perhaps he's most well known as Canada's most decorated First Nations soldier, serving in World War II and the Korean War. To celebrate this great person, who was born in the Petersfield area, a ceremonial celebration of Tommy Prince is being planned for Oct. 25.

"Our goal is not only to honour Sgt. Tommy Prince, not only to bring the community together, but to bring the country together. Because Canada needs this," said Holly Whall, who, with her husband Dennis, is part of the organizing committee for this event.

She explained that the inspiration to host this event came from the realization that Sgt. Tommy Prince's 110th birthday is coming up.

Once the idea to host an event like this came about, they decided to contact Wayne Manningway, the spiritual healer from Peguis First Nations, for guidance.

The event is going to be held at Petersfield Hall and will take place from 2 to 5 p.m. on Oct. 25, but the sacred fire will be lit in the morning and will go on all day.

This event is going to be well attended, with members of the Prince family flying in and a special VIP section set aside for members of the Princess Patricia's Canadian Light Infantry and the First Special Service Force.

Holly said that one of the most important parts of having this celebration locally is that they have the Prince family's blessing to go forward with this event.

"We hold that near and dear to our hearts, because our goal is to make them proud. We want to celebrate our hometown hero, and we want to make the family proud," said Holly.

This celebration fittingly takes place on Prince's 110th birthday as he was born on Oct. 25, 1915.

"The day of the event, we'll have dignitaries coming. We have the support of the RM of St. Andrews and Mayor Joy Sul. We have the support of Brokenhead First Nation and Chief Gordon Bluesky. We have the support from Peguis's Chief, Stan Bird," said Holly.

She explained that they will also have an in-

formation booth set up about Sergeant Tommy Prince and his life, but it's not just going to be educational. It's going to be a heartfelt afternoon

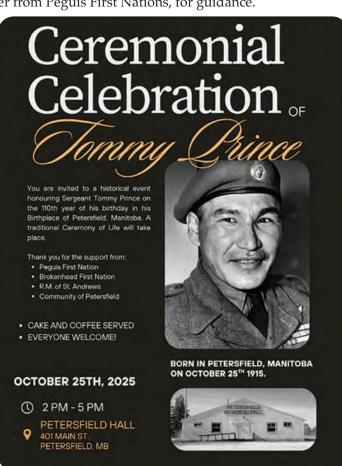
"Everybody is welcome. The hall holds 300 people," said Holly.

She has let people on the History of Petersfield Manitoba Facebook Page know about this event, but this is an event that is for more than just that group, as any adults with a connection to our area or Sgt. Tommy Prince will likely find this event interesting, and children, as well as people from outside the area, are also welcome.

Holly feels that it's important for our community to host an event like this.

"I think by bringing this into our community and educating people is a wonderful thing. It's part of Truth and Reconciliation, and we want to play a small part in making that happen. It's important. And with all the bad things that are going on in the world today, it's important to stand up and make a difference of some sort," she said.

Continued on page 26



RECORD PHOTO SUBMITTED

Everyone is welcome at the Ceremonial Celebration of Tommy Prince on Oct. 25.



Happy Fall from Adrienne!



RECORD PHOTO SUBMITTED BY MARY JANE WASNEY

Learning about fall for the first time was a great experience for Adrienne Wasney. She might be small enough to fit into a pumpkin, but she had a huge smile when her grandmother, Mary Jane Wasney, grabbed this photo.



Local health workers recognized with Interlake-Eastern RHA Board Chair's Awards

By Jennifer McFee

Interlake-Eastern Regional Health Authority's virtual annual general meeting on Oct. 6 saw 124 staff and community members log in virtually to hear the region's planned activities and a summary of the past year.

Cyndi Typliski, vice-chair of the board of directors, was the master of ceremonies. Speakers included board chair Michele Polinuk; Dr. Tim Hilderman, medical officer of health for Interlake-Eastern RHA; Lorianne Kowaliszyn, IERHA's executive lead of corporate services and chief financial officer; and chief executive officer Marion Ellis.

Polinuk presented six Chair's Awards, which recognize those who repeatedly go above and beyond to reflect the health region's vision, mission and values through exceptional patient care, leadership or teamwork.

Jaycee Seenie received a nomination from Jamie Boyer, manager of Indigenous Health. Based out of Selkirk Regional Health Centre, Seenie has evolved in his role as an Indigenous Health skaabe. Through this role, he helps Indigenous patients and clients to navigate the health system, care planning and health education, while being mindful of language and cultural differences. As Seenie makes his rounds through hospital rooms, he demonstrates compassion, integrity and respect with both patients and staff. The Indigenous Health team continues to grow, and Seenie has made an impact through his efforts to improve culturally safe and appropriate care in the health region.

Ursula Hammerstedt is making an impact in her role as an admitting clerk at Selkirk Regional Health Centre. Nominator Leanne Passante Case, supervisor of health information services, said Hammerstedt always goes above and beyond to help out. She also serves as a trainer for new staff, and she is bolstering her French skills on her own time to better assist patients. Staff and patients alike comment on her ability to quickly and professionally triage patients and to prepare all the necessary paperwork.

Michele Staszkiewicz is an outstanding ambassador for cancer navigation services, with a focus on psychosocial oncology social work. Nurse navigator Michelle Rosentreter nominated Staszkiewicz, describing her as a kind and compassionate person who provides support to patients on their cancer journey. She has been a mentor to social work students and is always willing to lend a helping hand to other team members to help troubleshoot unique situations, solve barriers to

care and seek out solutions to practical needs. Based in Selkirk, Staszkiewicz helps out with cancer screening in the region, while also participating in health education and promotion.

Clinical mentor Erin Hertz has been a dedicated nursing leader at Beausejour Hospital for many years. Nominator Tanya Cheetham said Hertz consistently contributes to nursing practice and policy committees and constantly strives to enhance healthcare quality. She spearheaded Interlake-Eastern RHA's first internationally educated nursing onboarding pilot project and has mentored three internationally education nurses to transition to permanent roles at Pine Falls Hospital. She has now taken on the role of clinical mentor in Beausejour, where her experience and approach will help to recruit and retain nurses in the region.

Receptionist Susan Gunderson is the first smiling face people see when they walk into Interlake-Eastern RHA corporate office in Selkirk. Nominator Averill Stephenson, executive director of Interlake Eastern Health Foundation, said Gunderson is a fantastic representative of IERHA's values who treats every individual with genuine care and respect. She has a great depth of knowledge, is calm under pressure and leads by example. She takes time to learn about her colleagues' lives and provides service with professionalism, kindness and compassion.

Physiotherapist Brett Mason has worked at Interlake-Eastern RHA since 2000. Nominator Karen Wood, health services manager at Gimli Community Health, said Mason drew on his 25 years of experience to help out during a time of transition for the allied health team at Selkirk Regional Hospital. In 2024 and 2025, staff numbers increased from eight to 26 employees, therapy services increased from five to seven days a week, and the orthopedic unit was set up to provide 800 surgeries per year. During this time, Mason picked up extra shifts to cover vacancies in Gimli and Pine Falls, while also collaborating with Concordia staff to develop the therapy portion of orthopedic surgeries. At the same time, he supervised and mentored two newly graduated physiotherapists and provided guidance to newly graduated occupational therapists.

A recording of IERHA's AGM and the IERHA 2024-25 Annual Report document can be accessed at www. ierha.ca under "About us" and "Annual General Meeting."



Physiotherapist Brett Mason, left, has worked at Interlake-Eastern RHA since 2000.



Ursula Hammerstedt is making an impact in her role as an admitting clerk at Selkirk Regional Health Centre.



Susan Gunderson is the first smiling face people see when they walk into Interlake-Eastern RHA corporate office in Selkirk.



Jaycee Seenie, left, has evolved in his role as an Indigenous Health skaabe.



Michele Staszkiewicz, rightk, is an outstanding ambassador for cancer navigation services.



Clinical mentor Erin Hertz, left, has been a dedicated nursing leader at Beausejour Hospital.

Expert patient here to help! **MEAL IDEAS** The Selkirk Record Thursday, October 9, 2025 2 Expert patient here to help! **respect my honesty" That about 3.



Servings: 4 1 pound Shrimp 2 cups arborio rice 1 teaspoon paprika pepper

8 cups broth

2 tablespoons butter

1 white onion

3 cloves garlic

1/2 cup dry white wine

1 cup grated Parmesan

Italian parsley, for garnish

Peel and devein shrimp, leaving tails on. Rinse, pat dry and set aside.

Heat oven to 375 F.

Season shrimp with paprika, salt and pepper. Drizzle with olive oil then toss



Shrimp Risotto

to combine. Lay shrimp in single layer on baking sheet and refrigerate.

Heat medium saucepan over medium-low heat and add broth.

In separate deep, heavy-bottom pot, melt butter. Chop onion and garlic then add to pot and cook until soft and browning. Add arborio rice and stir to incorporate. Cook until fragrant, 1-2 minutes.

Add wine and cook, stirring, until alcohol smell evaporates. Add warm broth one ladle at a time, stirring consistently. Do not add another ladle until liquid from previous ladle is mostly soaked up by rice.

Risotto has finished cooking when rice is chewy with consistency of thick oatmeal.

Roast shrimp until cooked through.

Remove risotto from heat and stir in grated Parmesan and chopped parsley.

Scoop into bowls and lay roasted shrimp on top.

Season with salt and pepper. Garnish with chopped parsley and serve.



ginger, sesame oil, soy sauce, cornstarch, salt and pepper. One wonton wrapper at a time, brush edges of two sides of wrapper with water. Add 1-2 teaspoons filling to center. Fold wrapper corner to corner

so two wet edges meet two dry edges, creating triangle shape.

Press sides together to seal. Take two corners of triangle and join with water to create purse-like shape. Press to seal. Repeat with remaining wrappers and filling.

To make soup: In saucepan over high heat, stir broth, ginger, soy sauce, wine and sesame oil. Bring mixture to sim-

Cover pot and turn down heat, simmering 10-12 minutes.

Add bok choy leaves, shrimp and scallions. Cook until shrimp are pink and heated through.

In separate saucepan, heat water to

Drop in wontons in small batches and cook until floating, 5-7 minutes.

Transfer cooked wontons to bowls along with shrimp and bok choy from soup pot. Ladle broth, as desired, into



Susie Schwartz

Okay, so you might be tempted to ignore this tip at your next appointment — but hear me out. Following it could be extremely important!

When your doctor asks questions about your mental health, substance use, or medication adherence, be honest. I know it can be tempting to leave out those supplements you buy online, or to say you only drink two alcoholic drinks a week instead of the eight you actually consume. Do you remember to take your eye drops every night as prescribed? No? Tell the truth. They aren't asking to cast judgment — they're asking so they can reach a more accurate diagnosis or prescribe the right dose of medication.

Imagine you're on blood pressure medication but, because of laziness, busyness, or brain fog, you don't always take it. Now imagine your doctor believes you do take it consistently. They see your blood pressure is still high and increase vour dose. Then, when you do take it, your blood pressure plummets. Yikes! If they had known the truth, they could have helped you set up reminders and emphasized the importance of taking your medication – without the risk of overdose.

We often feel like we're about to be judged or reprimanded for being truthful, but more likely your doctor will appreciate your honesty and build a safer care plan around it. Again, no shame! (And if they do

make a derogatory comment, try responding with: "Doctor, I don't appreciate that. I assumed you asked because it was important, so please respect my honesty." That should do

One more thing: be open about how your physical symptoms affect your mental health. If you're feeling anxious, overwhelmed, depressed, or your mood is affected, your doctor may create a care plan more urgently and offer additional support such as counselling.

Times are changing. In both Canada and the UK, initiatives are underway to reduce the power imbalance between doctors and patients and give patients more say in their own care. I've also noticed a shift from "old-school" thinking to a new, more patient-focused approach. I believe this shift has softened judgment from doctors.

So yeah... be honest. It should serve you well.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz, and at www.lesshealthstress.com (Email: info@lesshealthstress.com) The 2nd edition of her book, 'Help the Doctor Help You!' is available now on Amazon.





Appointment Preferred!





Servings: 4 Wontons:

1/2 pound ground pork

1/2 pound Shrimp, peeled, deveined, finely chopped

4 scallions, thinly sliced

2-3 garlic cloves, minced

1 teaspoon ginger, minced

1 teaspoon sesame oil 1 tablespoon soy sauce

1 teaspoon cornstarch salt

pepper

1 package square wonton wrappers

48 ounces chicken broth

1 piece ginger (2 inches), grated

2 tablespoons soy sauce

1 tablespoon dry white wine

1 tablespoon sesame oil

1-2 baby bok choy

1/2 pound Shrimp, peeled and deveined

3 scallions, sliced











Farmers welcome extension of Crown land rent freeze

By E. Antonio

The Manitoba government has extended its current rent freeze of \$3.66 per animal unit month for Agricultural Crown Lands (ACL) forage leases through the 2026 growing season, Agriculture Minister Ron Kostyshyn announced on Oct. 8. The rate remains the lowest in Western Canada.

"Manitoba producers are the backbone of the provincial economy and our government is committed to keeping life affordable for the hard-working Manitobans who put food on our tables," said Kostyshyn. "Continuing this rent freeze provides financial stability for producers and reflects our commitment to affordability."

The ACL program supports approximately 1,750 leaseholders across Manitoba, including Fisher Branch cattle farmer Allan Lindal. He owns about 100 Simmentals and farms 1,000 acres of Crown land—just under half of his total property. Lindal said the extended rent freeze will provide financial relief for him and other Interlake producers.

"I was happy to see the government's commitment to doing it again, as it is very financially helpful to us farmers," he said. "It truly shows their commitment to people working within the agricultural sector, and at the bottom line—when the agricul-

ture industry thrives, so will the businesses. Because if cattle farmers have money to spend, we will spend it. If we don't, we'll definitely be cutting back on our purchases."

This past growing season has brought many challenges, both physical and financial. Farmers across the province have faced drought and feed shortages—two factors that have strained Lindal's operation. He said that despite the shortages, he expects to have enough feed to last the winter, though it's not a situation he's comfortable with.

While he appreciates the rent freeze, Lindal said it represents only a temporary measure for a long-term issue.

"They need to come up with something they can commit to long term. While the freezes are nice, it's just a short, one-time fix that leads to uncertainty for the future years. A long-term plan is needed to help farmers sustain their operations."

Lindal also wants to see changes to the allocation system, which he said makes it difficult for young farmers to acquire land.

He explained that under the current 15-year lease bid system, the higher the bid, the greater the chance of securing the lease. Once awarded, the land is leased for only 15 years. The



PHOTO SUBMITTED

Allan Lindal and his son, Arik, of Fisher Branch will benefit from the Agricultural Crown Lands rent freeze in 2026.

previous system was based on need, and farmers could hold land indefinitely.

"Young farmers who are purchasing their land always have to think into the future, and what their plans might be to purchase more land once their 15-year lease is up," Lindal said.

"It should come back to the—what I think was called—the legacy lease, so young farmers can know they are committed to their career and don't have to face that uncertainty."

Along with the rent freeze, the Manitoba government has launched the first phase of its public engagement process to help shape the future of the ACL program—something Lindal said he's pleased to see.

"I encourage all farmers to take part in the survey," he said. "It shows that the government is committed to helping improve the program, and I'm hoping that with the inclusion of farmers' voices, it will give the government some ideas and the go-ahead to proceed with changes. It's good they want to get our opinions—now I hope they listen."

Manitobans can complete the survey at engagemb.ca until Nov. 24. Feedback will help inform decisions for the 2027 ACL program.

"Our minister of agriculture does understand the importance of the agriculture industry and Crown land to rural agricultural operations," Lindal added. "We'll work together to ensure the industry is sustainable in all communities within the Interlake."



Viewing: September 29th – October 3rd from 9am to 5pm Bidding starts Oct 2, 2025 at 10:00AM Lots start closing on Oct 9, 2025 at 10:00AM Pick up day: Friday October 10th from 9am to 5pm. October OFFSITE Consignment Sale
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Manitoba Beef Producers continues to advocate for new trade relationships, producer needs

MBP holding virtual meeting for all districts on Nov. 4

By Patricia Barrett

Although the beef sector in Manitoba is currently enjoying high prices for cattle and calves, producers are still experiencing challenges after drought conditions this season that affected, in particular, the Interlake, a continuing decline in herd numbers across Canada and the overall uncertainty of future trading relationships with the United States.

Manitoba Beef Producers (MBP) general manager Carson Callum said Canadian beef is covered under the Canada-US-Mexico trade agreement (CUSMA), but the sector took a "multi-million-dollar hit" in April when confusion over US president Donald Trump's "tariffs on everything" resulted in a day and a half or so of tariffs on Canadian beef.

"Our Canadian beef industry is extremely integrated with the US. There is a lot of live cattle and products that go back and forth across the border. So any sort of trade barriers that are put on – whether that's tariffs or nontariff trade barriers – will be detrimental to our sector," said Callum. "We export about 50 per cent of what we produce in the cattle industry, and about 79 per cent of that goes to the US. That's huge and it's really important for both sides of the border. The US also relies on Canadian cattle. It's really important that we maintain an open and free trade market with the

Callum said MBP's message to parliamentarians and others involved in trade negotiations with the US administration is to preserve that open market system between the two coun-

And with regard to trade negotiations with the United Kingdom and Europe, Callum said Canadian beef producers have seen some non-tariff trade barriers that have "made it more difficult for us to access that market."

MBP is encouraging the federal government and its European trade negotiators "to see if they can make [European] markets more accessible to Canadian beef," said Callum. "We're not quite there yet. It's more the non-tariff trade barriers that are a challenge."

Non-trade barriers as far as Europe is concerned can include quotas, licensing requirements and technical standards, according to Export Development Canada, a federal Crown corporation that helps Canadian com-

panies do business. The European Union is Canada's second-largest trading partner. Europe has about 511 million people and is a stable trading partner for Canada. Canada has four free trade agreements with Europe: one with the European Union (CETA), the United Kingdom (TCA), the European Free Trade Association (CEFTA), and with Ukraine (CUFTA). There are opportunities in Europe for sectors such as agriculture, energy, finance and technology.

On the Manitoba drought front, Callum said MBP appreciates the provincial government having frozen the rent on Crown land leases as that will help many producers who've experienced shortages of feed as the drought continued over much of this season.

"This is the third or fourth consecutive year that the province has [frozen rent]. As to the drought, we've seen conditions improve a bit as we got through August and September. But leading up to that, the conditions were quite dire, in particular in the Interlake and sporadically throughout the province. We were happy to see the rain come," said Callum. "That being said, guys are still short of feed and are looking for alternatives. They're also looking at water resource development. The province announced a few weeks ago that it will offer a cost-share program for new wells or dugouts. That's a positive step. The province also encouraged grain farmers to convert written-off crops [due to drought] into feed for livestock."

Although the drought has stressed many producers, Callum said the cattle industry is buoyed by the high prices for their cattle.

"Prices are quite phenomenal. And that's been a long time coming because we've seen years and years of producers really struggling to be profitable. It's great to see," he said. "That being said, the other side of the coin is that when you have favourable prices, producers who are close to retirement see it as a good time to sell high and get out of the industry. Unfortunately, we are seeing that in the industry."

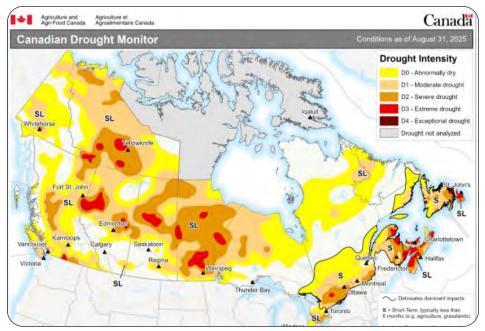
On the other hand, Callum said high prices lead to optimism in the industry, especially among younger farmers looking to buy and grow their herds. That is good overall for the industry as both Canada and the US's cattle herds have been declining for a number of years while demand for beef by North American consumers remains strong.

Part of the MBP's mandate is education. To that end it undertook a pilot project (2020-2023) to look at ways producers can prevent or miti-



RECORD FILE PHOTO BY PATRICIA BARRETT

A cow and a calf in a drought-stricken field are shown near Inwood in August 2021. The provincial NDP government recently announced it is freezing rental rates on Crown land to help producers affected by drought this year.



The Canadian Drought Monitor as of Aug. 31, 2025, shows almost all of Manitoba in varying degrees of drought, and much of the country suffering from abnormally dry conditions or drought .

gate predator attacks on cattle. Those measures included having donkeys (female donkeys preferably as they don't tend to fight bulls) or guardian dogs integrated within a herd or hiring a trapper to catch predators.

"There's no real silver bullet, for lack of a better word, when you're dealing with predators. There is non-lethal mitigation that does work well. But sometimes when you've got a wolf pack that's moved into an area, it can be a challenge. What we learned from the pilot project is that producers can and should be using mitigation measures for these losses. When you get a problem predator, the main answer is lethal removal," said Callum. "We're happy to see that the agriculture department has put more focus on funding for trapping and is working with the Manitoba Trappers Association to provide that expertise and support when needed."

MBP held a meeting for District 10 producers in Arborg on Oct. 14, enabling producers to get an update on what's going on in the industry, discuss topics of relevance to their operations, what MBP is working on in terms of advocacy and to mix and mingle with their peers. The event included guest speaker Cindy Jack, livestock and forage extension specialist from the Manitoba agriculture department and a free meal of beef on a bun.

MBP will be holding upcoming district meetings (even-numbered districts) in Grunthal, Crystal City, Neepawa, Swan River and other locations. And in November MBP is inviting producers across all districts to attend a virtual meeting on Nov. 4 starting at 7 p.m.

For more information, call the MBP office at 1-800-772-0458.

Newspaper carriers go the extra mile during National Newspaper Week

Despite Canada Post strike, local team keeps nearly 95% of papers on schedule

By Lana Meier

As National Newspaper Week is celebrated across Canada from Oct. 6–12, local newspaper carriers of the *Selkirk Record, Winkler Morden Voice, Altona Rhineland Voice, Carman Dufferin Standard, Stonewall Teulon Tribune* and the *Express Weekly News*, are proving just how vital they are to keeping communities informed — especially during challenging times.

Amid an ongoing Canada Post strike, carriers across southern Manitoba and the Interlake have gone above and beyond to make sure readers continue to receive their weekly news. Despite delivery delays across the country, nearly 95 per cent of papers from our publications have still reached homes and businesses on schedule.

"This has been an incredible team effort," said newspaper publisher Lana Meier. "From office staff to volunteer drivers and local carriers, everyone has stepped up to make sure our readers stay informed."

Carriers have been going door to door in Arborg, Teulon, Stonewall, Warren, Woodlands, St. Andrews, St. Mountain, Selkirk, Winkler and Morden, working early mornings and late nights to keep deliveries on track.

"They're working day and night to get the papers out," Meier said. "It's a reminder that community news really depends on people — neighbours helping neighbours — to keep information flowing."

Carrier Appreciation Day, recognized on Saturday, Oct. 11, coincides with National Newspaper Week, a time to celebrate the essential role of trusted journalism in protecting the truth. This year's campaign by News Media Canada highlights the importance of supporting local newspapers that bring reliable, fact-checked information to every corner of the country.

"We are very fortunate to have the trust and advertising support from our local businesses to make sure that the community newspaper continues," Meier added. "It is their advertising and flyers that bring the news to our readers week in and week out. Be sure to shop local."

This week — and every week — is a celebration of the people and partnerships that make community journalism possible.

At the heart of that effort is the mission that drives every edition:

Connecting people through stories to make stronger communities.



Amid the Canada Post strike, Warren Collegiate students helped bag and deliver the *Stonewall Teulon Tribune*, while friends and family have been pitching in before and after school to bag, roll and deliver newspapers — including the *Selkirk Record*, *Winkler Morden Voice*, *Altona Rhineland Voice*, *Carman Dufferin Standard* and the *Express Weekly News* — door to door.

















Local hardwood flooring company makes hardwood easy

By E. Antonio

Replacing your flooring doesn't have to be a stressful job - and thanks to Tom Ducharme Hardwood, you can have peace of mind when it comes to getting the job done.

Brent Ducharme is the proud owner of Tom Ducharme Hardwood. As a resident of Selkirk, it's important to him to provide local customers and those beyond — with a next-level hardwood floor experience.

Tom Ducharme Hardwood was founded in 1953 by Brent's grandfather, Tom. His dad, Gary, later took over the business before eventually passing it down to Brent.

"It's a family business and I am proud of the work we have done and continue to do," said Brent. Now, he primarily operates the business as a one-man show, but any helping hand he does receive is from a relative. "It will be my hope that my (future) children will take over Tom Ducharme Hardwood one day," he added.

He offers sanding, patching and refinishing for pre-existing hardwood, and provides installation services for anyone looking to make the upgrade. He sources his hardwood and engineered hardwood from Finmac Lumber in Winnipeg, with a variety of colours and wood types available for purchase.

While he doesn't offer vinyl or carpet flooring, he says hardwood is the best option of the three because it's the most sustainable.

"Hardwood will give you a lifelong warm feeling in your house. Vinyl will typically last you five to 10 years, but with hardwood it can last 15 to 20 years. Once you re-sand it, it will last you another 15 to 20 years and you can re-sand it up to five times," he explained.

He noted there are several health benefits of hardwood flooring too, such as how it's extremely easy to keep clean and great for allergies.

"Lots of people think upgrading to hardwood flooring is super invasive or expensive, but it's not. I highly encourage people to give us a call instead of trying to install it on their own — that will likely only cause you more troubles in the future as it's pretty easy to mess up the floor if you don't know what you are doing.'

He described the installation process as a learning experience. He has been honing his skills since high school, after his dad taught him the basics. He said he was originally destined for a career working with concrete but quickly fell in love with hardwood floors.

"I do it because I love seeing the 'wow' on people's faces when it's redone and they realize how nice it is. It's the customers who make this job so great."

He's always looking for new customers to add to his list, and recommends anyone interested in having hardwood floors installed to give him a call or text at 204-339-9581 to discuss a quote. Based in Selkirk, he happily travels anywhere in Winnipeg or the Interlake for installation and refinishing work.

Currently, his wait-list is about two months, but once scheduled, the job normally takes one to three days depending on the size of the house.

If you already have hardwood floors, he gave three tips to know when it's time to get them re-sanded or refinished: if there are any scratches, if there's warping, or if you see any discolouration.

"It's always a good time to care for your floors, and I am happy to be a part of that process."





RECORD PHOTOS SUBMITTED

Brent Ducharme, owner of Tom Ducharme Hardwood in Selkirk, sands an original hardwood floor in preparation for refinishing, carrying on his family's threegeneration legacy of skilled flooring craftsmanship in Selkirk.



NEXT HOME GAMES

at the Selkirk Rec Centre

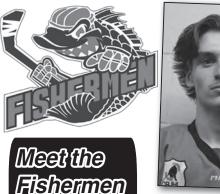
FRIDAY, OCT 17th VS St. Malo Warriors 7:30 pm

SUNDAY, OCT 19th VS La Broquerie Habs 3:00 pm

SUNDAY, OCT 26th

VS Beausejour Comets 3:00 pm

NEXT AWAY GAME Tues, Nov 4 - vs North Wpg - 8:00 pm



2025 2026



#5 Logan Saluk

> TOMMY PRINCE CELEBRATION, FROM PG. 18

community together, she doesn't want Prince's story to be lost.

to share) the history of Petersfield. He who were on this land. (We've had a)

In addition to helping bring our was a big part of the history of Petersfield, being born here. His family, a lot of them were from here, and are "Our motivation and drive is (also related to the chiefs and other people

road dedicated, as long as I remember, to Sergeant Tommy Prince. It's Tom Prince Drive," said Holly.

Dennis and Holly hope that residents will come to celebrate.

"Come and celebrate. Open your hearts, open your minds, and come ing the celebration.

celebrate one of Canada's finest," said

She also added that there will be coffee and cake.

Holly also wanted to thank the family of Sgt. Tommy Prince for welcom-

DATES PECTEATION INSIDE > OUTSIDE > UPSIDE DOWN

Steelers back rolling despite special start coming to a close

All good things must come to an end.

For the Selkirk Steelers, their perfect start finally ended last week - but not for long. The club bounced back less than 24 hours later to reclaim the win column.

After opening the Manitoba Junior Hockey League season 8-0, the Steelers dropped their first game Saturday against another top club, the Steinbach Pistons, at Selkirk Recreation Complex.

The Pistons led 1-0 after 20 minutes

replied with second-period goals for Selkirk. Down 3-2 entering the third, the Steelers pressed to solve Steinbach netminder Chris Quizi, who finished with 25 saves.

After two more Pistons goals, Jules Delepoulle broke through late, but it wasn't enough as Selkirk fell 5-3 — its first loss of the season.

Though the setback ended an incredible stretch, the Steelers didn't stay down for long.

On Sunday, Selkirk hit the road to face the Winkler Flyers at Winkler

before Landon Pue and Remy Hlady ICON Arena. Pue opened the scoring early in the second to put the visitors ahead 1-0.

After the Flyers tied it, Rohan Gue-

Continued on page 27



RECORD PHOTS BY RICK HIEBERT

GET YOUR GAME TICKETS AT: THE STEELERS BOX OFFICE

Selkirk Steelers' Kayden Turner looks to slip past Winkler Flyers' Niklas Gudmundson in Sunday's matchup at Winkler ICON Arena. The Steelers edged the Flyers 3-2 to bounce back from their first loss of the season.



Selkirk Steelers' Carter Zalischuk fires a shot on goal during Sunday's 3-2 win.



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> STEELERS, FROM PG. 26

varra restored the Steelers' lead at 2-1. The teams traded goals early in the third, with Hlady scoring for Selkirk to make it 3-2 — a lead that held until the final buzzer.

Goaltender Ethan Sawyer was named the game's first star after a 41save performance, earning his sixth win of the campaign.

Despite Saturday's loss to Steinbach, the Steelers still sit atop the MGEU East Division with a one-point cushion over the Pistons. They enter the new week with two games on the schedule — a rematch Tuesday in Winkler, followed by a Saturday matchup in Niverville against the Nighthawks.

UPCOMING GAMES:

- Tuesday, Oct. 14 at Winkler Flyers, 7:30 p.m., Winkler ICON Arena
- Saturday, Oct. 18 at Niverville Nighthawks, 7:30 p.m., Niverville CRRC



Selkirk Steelers goaltender Ethan Sawyer gets a shoulder on one of his 41 saves to backstop his team to a 3-2 win.

Thunder return to the air for dominant sixth consecutive win

Another week, another win for the Varsity Interlake Thunder, as the Rural Manitoba Football League leaders rolled to their sixth straight victory.

The Thunder blanked the Virden Golden Bears 42-0 in their home regular-season finale Saturday afternoon in Stonewall, leaning on a sharp passing attack in milder conditions than a week earlier.

Starting quarterback Jessie Batenchuk led the way, throwing touchdown passes to AJ Nadon and Dylan Maclean and adding a rushing major of his own. Interlake also got impact plays on special teams and defence: Marlo La Pierre took a punt back for a touchdown, while Mark Stroppa returned an interception for a pick-six.

Up 35-0 by the second quarter, the Thunder worked in their non-starters,

who managed the game the rest of the way en route to the lopsided final.

"Overall it was a good game," head coach Christof

Hasselfield said. "A little bit of sloppiness towards the end there, but the thirds went in there and did their job and did it pretty efficiently, so coming away with the win, being 6-0, is a pretty good feeling going into the final week of the season for sure."

Saturday's result, combined with a Moosomin Generals loss the same day, clinched first place for Interlake. The Thunder will enter the playoffs as the No. 1 seed with home-field advantage throughout.

However, there's one piece of regular-season business left: a Week 7 showdown with Moosomin on Sunday — a measuring-stick game as Interlake chases a perfect campaign.

"It's going to take maybe some of

the things that we were a bit sloppier with in the second half in this game that led to some stalled drives obviously wouldn't want that," Hasselfield said. "It's that time of year, too, where it's starting to play a bit more of a mental game of getting those guys up and ready for playoff football, which is a different beast and a different mentality, and a little more intense."

Hasselfield added the roster is "pretty much back to full strength" heading into the matchup.

Kickoff Sunday is scheduled for 2 p.m. at Moosomin Armoury Hall in Moosomin, Sask.



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Spotside > OUTSIDE > UPSIDE DOWN

Gators power past Red Wings, outlast 67's for strong start to season

By Lana Meier

The East St. Paul Gators kicked off their Hanover Tache Junior Hockey League season with back-to-back wins, showing off both offensive firepower and resilience on special teams.

On Oct. 4, the Gators opened at home with a 9–5 victory over the Grunthal Red Wings after jumping out to a 3–0 lead in the first six minutes. Caleb Hofer scored twice early and completed the hat trick late, while captain Luke Tyslau added two goals, including the eventual game-winner on the power play. Jonah Chaulk also scored twice, with singles from Adam Frick and Kaden Coughlin. Goaltender Cole Fraser stopped 38 shots in the win as East

St. Paul went two-for-three on the power play.

A week later, the Gators battled back from a two-goal deficit to edge the Warren 67's 4–3 on the road. Carter Reid put the Gators on the board with a power play goal before Cole Philion, Easton Katcher and Tyslau scored in quick succession to take the lead. Tyslau's goal stood as the game-winner, while goaltender Zacharie Grenier made 27 saves to preserve the victory.

Hofer and Chris Tataryn each picked up multi-point games as the Gators improved to 2–0 to start the season, combining for three power play goals across their opening two matchups.



RECORD PHOTO BY JO-ANNE PROCTER

East St. Paul Gators captain Luke Tyslau battles in front of the net during HTJHL action. The Gators opened their season with back-to-back wins, defeating Grunthal 9–5 on Oct. 4 and edging the Warren 67's 4–3 on Oct. 11.

The Raiders drop pair despite noble efforts

By Kieran Reimer

The Raiders Jr. Hockey Club came close but couldn't find the win column in their two Manitoba Major Junior Hockey League matchups last week.

On Thursday, the Raiders were looking for their second victory of the season when they faced the St. Vital Jr. Victorias in St. Vital. Despite outshooting the Vics 13–10 in the first period, the Raiders trailed 3–1 after 20 minutes.

Logan Ashe had the lone Raiders goal in the frame, scoring shorthanded in the final minutes to narrow the deficit to two. Jackson Zuk cut the lead to one with a power-play marker midway through the second, but the Vics answered quickly. Zuk struck again for his second of the night to make it 4–3, where the score held through two periods

With momentum building, the Raiders came out strong in the third. Ryan Cromie tied the game on the power play, and Cole Kennedy followed up to give the Raiders their first lead of the night.

But with just under a minute to go, St. Vital's Tyler Free completed his hat trick to even things at five and force overtime. The Vics then scored on their first shot of the extra frame to win 6–5, earning their first victory of the season.

The Raiders fell to 1-1-1 but picked up a point in the sudden-death loss.

Back on the road Sunday afternoon in Charleswood, the Raiders struck early when Riley Kushnier opened the scoring five minutes in. The Hawks tied it midway through the period, then added two more in the second before Carter Andersson replied for the Raiders.

Trailing by one entering the third, the Raiders couldn't close the gap as Charleswood scored twice early in the period to pull away. The Hawks skated to a 5–2 win at Eric Coy Arena, dropping the Raiders to 1-2-1 on the season — good for seventh place in the MMJHL standings.

The Raiders return to action this weekend against the Ft. Garry/Ft. Rouge Twins and the River East Royal Knights.

UPCOMING GAMES:

- Friday, Oct. 17 at Ft. Garry/Ft. Rouge Twins, 7:30 p.m., Century Arena
- Sunday, Oct. 19 vs. River East Royal Knights, 2 p.m., Seven Oaks Sportsplex

Shot out of a cannon: Five goal first leads to Fishermen triumph

By Kieran Reimer

The Selkirk Fishermen will be happy with the way they've shown up

through two games of the Capital Region Junior Hockey League season.

The Fishermen took on the Arborg

Ice Dawgs on the road Friday and showed no rust after getting the previous week off from game action.

Through 20 minutes, Selkirk led 5-0 after an onslaught of goals that all but buried the Ice Dawgs.

Drake Vermeulen and Deacon Kemp each scored twice in the opening period, while Ryland Schroeder rounded out the five-goal frame.

Connor Bruyere kept the offence rolling in the second with a goal to put Selkirk up six heading into the third.

Ashton Schroeder then added another Fishermen tally in the final

frame before the Ice Dawgs ultimately broke the shutout bid of goaltender Marcus Sharpe.

Sharpe finished the night with 26 saves on 28 shots as the Fishermen skated to a 7-2 win to stay perfect through two games.

Selkirk, along with the St. Malo Warriors, now stands as one of only two undefeated teams this season.

The two teams will meet Friday at 7:30 p.m. at the Selkirk Recreation Complex.

The Fishermen will also host the La Broquerie Habs on Sunday at 3 p.m.



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New & gently worn clothing & footwear only. Winter outer wear - Skidoo suits, jackets & boots (Chocko, Yamaha & Sorel), cowboy boots, steel-toed work boots, ladies casual & dress shoes (Naturalizer & others), also toques, scarves & mitts, etc. Lots to choose from, some never worn. Saturday, October 18, 9-3, 113 Louise Bay, Selkirk, rain or shine.

HAY & STRAW FOR SALE

For sale - Flax straw, wheat straw, \$4, hay, \$8.50. Ph Matheson 204-461-0706, Monday - Saturday.

Small square flax straw bales for sale near Stonewall. \$4/bale. Call or text Dean at 204-461-0870.

Antiques

FIREWOOD

Birch-\$400, Tamarack-\$350, Ash-\$400, Poplar-\$250, Pine-\$325 and Oak-\$450. Delivery extra. Call or text 204-904-8441 or 204-785-0641.

WANTED **TO RENT**

Losing my house of 25 years as it is being sold. Older gent with 2 vans for renovation business desires older house to rent. Living with adult son as well. No problem fixing or maintaining homes. Please call or text Thor anytime at 204-298-9081 or email thork649@hotmail. com. Outskirts of town preferred! Thanks...

APARTMENT FOR RENT

Tollak 2 is a 55 plus blda, with river view 2 bedroom apts. available. Central air. F/S. DW & microwave: storage area large off the kitchen and balcony; utilities а and parking extra. Call the onsite office 204-482-2751 AVAILABILITY.

HELP WANTED

Home care needed, \$21/hr to start, cooking skills required. Call Norm 204-406-5667.

The Window Factory in Selkirk, MB, at 605 Mercy St. is looking to hire a fulltime window and door installer/assistant. Must be able to work outdoors and some heights. Driver's license would be an asset. Please submit any resumes to the office at 605 Mercy St.

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MISCELLANEOUS

Saturday Oct. 18, 2025 Steinbach Gun and Collectables Show at Friedensfeld Hall (4 Mile South on Hwy 13, then 1 Mile East on Hwy 303) BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. Phone Sheryl 204-250-8766 or Carol 204-242-2320.

UPCOMING EVENTS

ECKANKAR presents workshop on Ancient Wisdom on Health and Healing, Wed., Nov. 5th at 1:30 p.m. Gaynor Family Library, Selkirk. Discover keys to good health & harmony; healing dreams, past-lives. Explore how inner guidance can help heal the heart. Share experiences, helpful spiritual exercises with HU. Limited space, Call 204-378-2419.

Saturday Oct. 18, 2025 Steinbach Gun and Collectables Show at Friedensfeld Hall (4 Mile South on Hwy 13, then 1 Mile East on Hwy 303) BUY-SELL-TRADE. Open 10 a.m. - 4 p.m. Phone Sheryl 204-250-8766 or Carol 204-242-2320.

SUPPORT LOCAL BUSINESS

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Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Also ofgunsmithing ferina services. Call or text 204-297-9223.

wanted. Looking for all unwanted firearms. Fully licensed for both nonrestricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850

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EMPLOYMENT OPPORTUNITY

Instructor, Health Care Aide Program **Location: Pequis-Fisher River Campus Part-time Term**

Requisition #: 00598 Closing Date: Oct 21, 2025 To view this and other employment opportunities, visit rrc.ca/employment.

We thank all applicants for their interest, but only those selected for an interview will be contacted.



TENDER 2025-04 2026 and 2027 Equipment Rental Rates

The Rural Municipality of West St. Paul is seeking tenders from qualified bidders for hourly rates for Equipment for the 2026 and 2027 operating seasons (two years).

Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "Tender 2025-04 - 2026 and 2027 Equipment Rental Rates" will be received by the undersigned at the address below until 11:00am on October 30, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul. com or by phone 204-334-0092.

Mr. Jeffrey Simpson, CAO Rural Municipality of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3

RM OF WEST ST. PAUL **Request for Proposal 2025-03**

LEGAL SERVICES

The Rural Municipality of West St. Paul invites proposals from qualified law firms or individual lawyers to provide comprehensive legal services to support municipal operations and governance in compliance with provincial and federal

Request for Proposal packages are available online at www. weststpaul.com.

Sealed submissions clearly marked Request for Proposal 2025-03 Legal Services will be received by the undersigned at the address below until 2:00pm on Thursday, October 30, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any proposal if it does not meet the needs of the Municipality.

All inquiries related to the Request for Proposal should be directed to Jeffrey Simpson, CAO by email at info@weststpaul.com.

Mr. Jeffrey Simpson, CAO Rural Municipality of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3

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The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618



RURAL MUNICIPALITY OF ST. ANDREWS PUBLIC NOTICE

BOARD OF REVISION

PUBLIC NOTICE IS HEREBY GIVEN that the Assessment Roll of the R. M. of St. Andrews for the year 2026 has been delivered to the Municipal Office at 500 Railway Ave, in Clandeboye, Manitoba and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Section 42 and 43 of the Assessment Act.

APPLICATION FOR REVISION

- 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor, may make application for the revision of an assessment roll with respect to:
 - (a) liability to taxation;
 - (b) amount of an assessed value;
 - (c) classification of property; or
 - (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

An application for revision must

- (a) be made in writing;
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- (d) be filed by delivering it or causing it to be delivered to the office indicated below or by serving it upon the secretary, at least 15 days before the scheduled sitting date of the board by November 4, 2025.

Board of Revision Rural Municipality of St. Andrews **Box 130** Clandeboye, Manitoba ROC OPO

The Board shall not consider an application that is not in compliance with Section 43(1).

The Board of Revision will sit on Wednesday, November 20th, 2025 at 10:00 a.m. in the Council Chambers of the R. M. of St. Andrews, 500 Railway Ave, at Clandeboye, Manitoba to hear applications.

Applications received after 4:30 p.m. November 4, 2025 will not be considered.

Dated this 16th day of October 2025 A.D.

Secretary, Board of Revision R. M. of St. Andrews 500 Railway Ave, P.O. Box 130 Clandeboye, Manitoba **R0C 0P0**

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PUBLIC NOTICE - BOARD OF REVISION

Public notice is hereby given that the year 2026 assessment roll for the City of Selkirk is open for public inspection during regular business hours, 10 a.m. to 4 p.m., Monday through Friday, at the Municipal Office located at 200 Eaton Avenue, Selkirk, Manitoba.

APPLICATION FOR REVISION

If you are a person (in whose name property has been assessed), a mortgagee (in possession of property under subsection 114(1) of The Real Property Act), an occupier of premises (who is required under the terms of a lease to pay the taxes on the property), or the authorized agent of the person, mortgagee or occupier, and do not agree with your assessment, you may appeal the 2026 assessments and supplementary tax assessments issued in 2025.

If you are listed above, or if you are the assessor, you may complete the City of Selkirk Application to the Board of Revision and indicate your reason for appeal. The City will accept applications made in accordance with Section 42 and 43 of The Municipal Assessment Act. Please indicate whether the appeal is for:

- the amount of an assessed value,
- the liability to taxation,
- property classification,
- or if after speaking to an assessor, there is a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

Applications including the appropriate (non-refundable) application fee must be received by the City of Selkirk, before 4:00 p.m. on Tuesday, November 4th, 2025, at 200 Eaton Avenue, Selkirk, MB R1A 0W6. Applications without the correct payment amount, or not in compliance with Section 43(1), shall not be considered received.

You may find more information regarding the required fee on our website at: MySelkirk.ca/FeesandCharges

If you have any questions regarding this application or if you would like to receive a copy of the Application to the Board of Revision, please call CitizenSupport at 204-785-4900 or by email: citizensupport@cityofselkirk.com

The Board of Revision will sit on Thursday, November 20th, 2025, at 6:00 p.m. at the Selkirk Civic Office Chambers located at 200 Eaton Avenue, Selkirk, Manitoba.

Dated this 3rd day of October 2025.

Kevin Richter, CPA, CMA Director of Finance City of Selkirk

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF JU-DITH LAMB, late of the City of Selkirk, in the Province of Manitoba. deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 389 Eveline St., Selkirk, Manitoba, R1A 1N7, on or before the 20th day of November 2025. DATED at the City of Selkirk, in Manitoba, this 6th day of October 2025.

JEREMY M. FEUER LAW CORPORATION-SELKIRK OFFICE ADAM KELSO, solicitor for the Executor

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RM OF WEST ST. PAUL PUBLIC NOTICE

BOARD OF REVISION

Public Notice is hereby given that the 2026 Assessment Roll of the Rural Municipality of West St. Paul has been delivered to the Municipal Office at 3550 Main Street, West St. Paul, MB and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of *The Municipal Assessment Act*. Forms are available at the Municipal Office.

APPLICATION FOR REVISION

- 42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to:
 - (a) liability to taxation;
 - (b) amount of an assessed value;
 - (c) classification of property; or
 - (d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- (a) be made in writing
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- (d) be filed by delivering it or causing it to be delivered to

BOARD OF REVISION THE RURAL MUNICIPALITY OF WEST ST. PAUL 3550 MAIN STREET, WEST ST. PAUL, MB R4A 5A3

or serving it upon the Secretary at least 15 days before the scheduled sitting of the board as indicated in the public notice.

The Board of Revision will sit to hear complaints and revise the said assessment roll, on Wednesday, November 5, 2025 at 5:00 P.M. in the Municipal Council Chambers, 3550 Main Street, West St Paul, MB.

Appeals received after 4:30pm October 20, 2025, will not be considered.

DATED THIS 16nd DAY OF October, A.D. 2025.

Crystal Shuhyta, CPA, CGA, B. Comm (Hons) Secretary to the Board of Revision RM of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3 taxclerk@weststpaul.com

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ALEXANDER

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **13th day of November, 2025,** at the hour of **10:00 AM,** at Rural Municipality of Alexander, 1 Bouvier Trail, St. Georges, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
55400	ALL THAT PORTION OF NLY 33 FEET OF NW 1/4 36-17-10 EPM LYING TO THE WEST OF THE LEFT BANK OF THE WINNIPEG RIVER AS SAME IS SHEWN ON A MAP OR PLAN OF SAID TOWNSHIP APPROVED AND CONFIRMED AT OTTAWA ON THE TWENTY-THIRD DAY OF MARCH, 1908 BY EDOUARD DEVILLE SURVEYOR GENERAL WHICH LIES TO THE EAST OF THE EASTERN LIMIT OF PUBLIC ROAD PLAN 2546 WLTO SUBJECT TO THE SPECIAL RESERVATIONS CONTAINED IN THE GRANT FROM THE CROWN - DESC NW36-17-10E	L -\$96,100	\$4,967.68
81191	LOT 7 BLOCK 2 PLAN 16227 WLTO SUBJECT TO THE RESERVATIONS AND POVISOES CONTAINED IN THE CROWN LANDS ACT. IN W 1/2 OF SECTION 15-18-7 EPM - 7 ALLISON DR	L -\$46,800	\$5,431.04
162551	LOT 10 BLOCK 1 PLAN 15561 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOES CONTAINED IN THE GRANT FROM THE CROWN IN NE 1/4 25-19-7 EPM - 53 WHITEY RD	L -\$22,100 B -\$103,000	\$5,441.67
181239	LOT 4 BLOCK 3 PLAN 15144 WLTO EXC ALL MINES AND MINERALS TOGETHER WITH THE RIGHT TO ENTER LOCATE PROSPECT MINE FOR AND REMOVE MINERALS IN FRAC SW 1/4 33-19-7 EPM - 30 ESTATE DR, HILLSIDE BEACH	L -\$38,000 B -\$119,600	\$4,900.59
185830	LOT 6 BLOCK 3 PLAN 11305 WLTO EXC ALL MINES AND MINERALS TOGETHER WITH THE RIGHT TO ENTER, LOCATE, PROSPECT MINE FOR AND REMOVE MINERALS IN FRAC SW 1/4 33-19-7 EPM - 23 AMBER BAY, HILLSIDE BEACH	L -\$57,400 B -\$125,400	\$6,928.53
281472	LOT 7 BLOCK 3 PLAN 22589 WLTO EXC ALL MINES, MINERALS AND OTHER MATTERS AS SET FORTH UNDER THE CROWN LANDS ACT IN FRAC SE 1/4 28 AND FRAC SW 1/4 27-17-11 EPM - 46 FERGUSSON CRES, VILLAGE OF GREAT FALLS	L -\$25,600 B -\$172,100	\$9,076.80

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Alexander as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of
 - \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 7th day of October, 2025.

Managed by:





Gisele Smith Chief Administrative Officer Rural Municipality of Alexander Phone: (204) 367-6170 Fax: (204) 367-2257

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES **RURAL MUNICIPALITY OF ST. ANDREWS**

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 5th day of November, 2025, at the hour of 10:00 AM, at Rural Municipality of St. Andrews, 500 Railway Ave., Clandeboye MB, proceed to sell by public auction the following described properties:

	·		
Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
27300	LOT 2 BLOCK 1 PLAN 56375 WLTO IN RL 57 AND 58 PARISH OF ST. ANDREWS - 5515 9 HWY, ST ANDREWS	L -\$138,700	\$7,868.94
60900	ALL THAT PORTION OF OTM LOT 61 PARISH OF ST ANDREWS LYING TO THE WEST OF THE WESTERN LIMIT OF THE PUBLIC ROAD, 33 FEET IN WIDTH WHICH IS THE PRODUCTION NLY OF THE ROAD, EAST OF AND ADJOINING THE EASTERN LIMIT OF PARK LOT I IN THE SAID PARISH WHICH LIES TO THE EAST OF A STRAIGHT LIME DRAWN SLY PARALEL WITH THE SAID WESTERN LIMIT FROM A POINT IN THE NORTHERN LIMIT OF SAID LOT DISTANT WLY 1020 FEET FROM THE SAID WESTERN LIMIT EXC FIRSTLY: DRAIN PLAN 7222 WLTO SECONDLY: ALL THAT PORTION LYING TO THE WEST OF THE WESTERN LIMIT OF DRAIN PLAN 7222 WLTO SUBJECT TO THE RESERVATIONS, PROVISOES AND CONDITIONS RESPECTING MINES, MINERALS, MINERAL OILS AND OTHER MATTERS AS AS THE SAME ARE MORE FULLY SET FORTH IN INSTRUMENT NO. 692728 WLTO - 538 BAY ROAD, ST ANDREWS	L -\$107,900 B -\$368,500	\$15,875.56
204900	ALL THAT PORTION OF THE N 1/2 OF RL 78 PARISH OF ST ANDREWS PLAN 3404 WLTO WHICH LIES TO THE WEST OF A LINE DRAWN NLY AT RIGHT ANGLES TO THE SOUTHERN LIMIT OF SAID N 1/2 FROM A POINT IN THE SAME DISTANT ELY 2400 FEET FROM THE WESTERN LIMIT OF SAID LOT - 541 MCPHILLIPS ROAD, ST ANDREWS	L -\$152,100 B -\$288,000	\$18,786.80
249950	THE E 1/2 OF THE E 1/2 OF THE NW 1/4 24-13-3 EPM EXC THE ELY 303 FEET OF THE NLY 550 FEET - 1030 LOCKPORT ROAD, ST ANDREWS	L -\$172,900 B -\$36,200	\$7,192.80
526100	LOT 2 BLOCK 2 PLAN 4164 WLTO IN LEGAL SUBDIVISION 4 OF SECTION 24-15-4 EPM - 250 TOM PRINCE DR, ST ANDREWS	L -\$172,400 B -\$102,500	\$11,400.66

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
- · If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold. The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or
- bank draft to the RURAL MUNICIPALITY OF ST. ANDREWS as follows: The full purchase price if it is \$10,000 or less; OR
- If the purchase price is greater than 10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale;
- A fee in the amount \$500.00 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 25th day of September, 2025.

Managed by:



Brent Olynyk Chief Administrative Officer RURAL MUNICIPALITY OF ST. ANDREWS Phone: (204) 738-2264 Fax: (204) 738-2500

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NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF BROKENHEAD

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 3rd day of November, 2025, at the hour of 1:30 PM, at Rural Municipality of Brokenhead, 72013 Road 42 East, Beausejour, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
22819	LOT 9 PLAN 61799 WLTO IN NE 1/4 11-13-6 EPM - 35 COUNTRYSIDE DRIVE, TYNDALL	L -\$85,100 B -\$425,700	\$19,808.10
32400	LOT 3 PLAN 48985 WLTO IN SE 1/4 11-13-6 EPM - 20 PIERSON DR, TYNDALL	L -\$85,100 B -\$273,600	\$13,512.02

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any unpaid municipal utilities and any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Brokenhead as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
- ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
- iii) A fee in the amount \$500.85 (\$477 + GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 1st day of October, 2025.

Managed by:





Sheila Mowat Chief Administrative Officer Rural Municipality of Brokenhead Phone: (204) 268-6700 Fax: (204) 268-1504

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Douglas Clyde Youzwa September 9, 1956 -October 4, 2025

Peacefully, on October 4, 2025, at the age of 69, our Dad left us to embark on his next adventure.

Doug was predeceased by his beloved wife Cheryl, his son Jared (Ngan), and his parents Stephanie and Nickolas Youzwa.

Left to carry on in his memory are his daughters Nicole and Dalyce (Paolo), and grandchildren Jared and Collins. He is also survived by his sister, Tracy (Robert) Ullmann.

Doug was born in Selkirk, Manitoba, to Steffie and Nick Youzwa. He grew up in East Selkirk, only leaving for a brief period to move to Regina, where he met Cheryl. After finding Mom, he brought her back to the family land on St. Peters Road, where they built a life together. Doug and Cheryl were married in August 1980 and shared 45 years of truly happy marriage.

Doug's childhood was filled with memories of working on the farm picking potatoes and many hours soaking up knowledge from his uncles and his dad. Dad was curious to the bone and loved to read and learn. Large family gatherings with neighbours and the many other Youzwas who lived up and down the road were a regular part of life, as were summer evenings spent at

Doug learned the trade of meat cutting from his father and worked as a meat cutter, then manager, at IGA in Winnipeg. Together with Cheryl, he cut and wrapped meat for hunters in their garage, and later started New Frontier Meats on Dublin Avenue in Winnipeg. Doug often spoke of overcoming the challenges of interest rate hikes in the early 1980s, and through perseverance, the business survived and thrived, eventually merging with Northern Meat Services in the late 1990s. In 2004, Doug and Cheryl opened Custom One Cycle in Selkirk, MB.

Dad found joy in spending his free time at home, especially outdoors on his property. We often teased about the number of tractors needed to "farm" 12 acres and cut wood a few weeks a year, but each tractor had its purpose, reflecting Dad's deep desire to be a farmer at heart. He loved the land "out back," a place that as children seemed like work-cutting trees, hauling logs, splitting and stacking wood-but as adults, the peace and unique song of rustling poplar leaves became clear and appreciated.

The past year was especially difficult for our family following Mom's illness. Her passing was a shock, but Dad remained strong and steadfast, making it a priority to ensure everything was in order for the family. When Dad set his mind on something, he would act quickly and decisively. In the end. he faced an impossible choice and chose to bet on himself one last time. There are no words to truly capture what a wonderful father, husband, and friend he was.

The family extends heartfelt thanks to Dr. Jonathan Hong, Dr. Johan Strumpher, RN Cassandra, and all the remarkable professionals of the ICCU at Asper Institute at St. Boniface Hospital. Their exceptional care and compassion for Dad meant so much to us. Should you wish to honour Doug's memory, please consider making a donation to the St. Boniface Hospital Foundation, Cardiac Care.

In keeping with his wishes, cremation has taken place and a Celebration of Doug's life will be held on Monday, October 27, 2025 at 12:00 p.m. in the East Selkirk Hall, 711 Old Henderson Hwy, East Selkirk, Manitoba.

A private family interment of Mom and Dad's ashes will be held at a later date at East Selkirk Cemetery where they will be laid to rest with Jared and Ngan.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

(Lena) Lee Drabik (nee Weik) 1929 - 2025

The journey of Mom's life ended peacefully on October 6, 2025 in Selkirk.

She will forever be missed by daughter Kathie, son-in-law Gordon, grandson Shawn, granddaughter Jenna-Lyn (Pieter) and great-grandson Aiden.

Predeceased by her husband, Philip, and her five siblings and their spouses, her passing marks the end of a generation of the

Mom grew up on the family farm in Homer, Mb. After marrying Dad in 1950, they made their home on various Air Force bases in central Canada. Dad's military retirement marked their return to Arborg in 1964. Mom has resided at Woodland Courts in Selkirk these last 16 years.

Mom was employed wherever they lived, the last being at Lake Center News (Interlake Publishing) in Arborg. Working at the newspaper both as clerk and reporter, along with involvement in curling and Arborg's Curling Club made her known to many. Mom made numerous friends over the years and maintained many of these close friendships throughout her life. She leaves special memories with her friends of over 60 years; Olga and Lillian in Arborg, devoted friends since their meeting in Texas, Lorraine and Art, and her favorite partner in verbal sparring at Woodland Courts, Pauline.

Mom has always been an organizer, a person who kept up with the happenings in her town and further abroad. She served extensively on various boards, committees and volunteer groups. Mom was a planner and organizer in our family and was always happiest controlling the details. Among our extended families it was common to hear; "I'm not sure, go and ask Auntie Lee"

Cremation has taken place. A Celebration of her life will take place on October 20 at 2:00 p.m. in the Ardal-Geyser Lutheran Church in Arborg. Pastor Jennifer Marlor officiating. Our family will privately inter the ashes in Homer Cemetery prior to the service.

In lieu of flowers, please donate to your charity of choice.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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and family

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