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VOLUME 10 EDITION 44

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Here's lookin' at you too!

RECORD PHOTO BY BRETT MITCHELL

This well dressed black and white TV style '30s gang showed up at a Halloween social at West St. Paul's Sunova Centre Saturday night. L to R: Peter Chubaty, Suzanne Rosco, Littideth Thongphadith, Ryan Plunkett, Allison Harder, Bernie Harder, Tamera Pidhirney and Ed Dyck. The group from Selkirk, Dugald and Winnipeg get together annually, pick a different theme and head out for a night of great Halloween fun.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Toasting to 95 years together

Selkirk Toastmasters celebrate 95th anniversary with open house

By Katelyn Boulanger

From now on, Oct. 20 to 26 will be officially recognized as Toastmasters week in Selkirk, thanks to a City of Selkirk proclamation.

The proclamation is one way the community is celebrating Toastmasters' 95th anniversary as an organization. Coinciding with this, Selkirk's Toastmasters group held an open house to celebrate the occasion on Oct. 23.

The Toastmasters were able to get a great deal of celebration into one night where David Storey, the president of Selkirk's Toastmasters, also presented the proclamation to guests.

"I was so excited you would not believe. The district public relations manager gave me a copy of that proclamation and I received a phone call saying that I could come and pick up the original with the seal from the city," said Storey.

Toastmasters is a non-profit organization developed 95 years ago by Ralph C. Smedley, to help people who lacked communication and leadership skills develop their ability to communicate and provide them with leadership training. The open house event is held every year with hopes that it will spread the word to people looking to foster their speaking skills. The format is very similar to a normal meeting so that guests can experience what Toastmasters is all about.

"When we have guests we give them the opportunity to participate by introducing themselves or if they want to try something more we allow them to speak in what we call a table topics session. It's where they come up and speak on a question that they knew nothing about prior for one to two minutes. It's completely up to the guest they can just sit and watch the



RECORD PHOTO SUBMITTED
Selkirk Toastmasters' group at the open house on Oct. 23.

meeting or they can get involved. We have people that do both," said Storey.

He added the group creates a safe space for people to learn.

"You're always learning as a toastmaster. To me, our group, I akin it to practicing for a hockey team, you go there and the coach is going to help you to develop and the coach is going to give you plays and you're allowed to make mistakes in the safety of the group instead of where what you say may matter more," continued Storey.

"You can practice those skill sets for when you go and conduct a job interview and be prepared, when you go to social occasions and you may have to give a speech at a wedding you're better prepared."

Storey, who joined Toastmasters in 2000 and has been a member of the military since 1984, feels that the group has helped him in his career. In the past, he knew what he needed to say to his superiors but wanted to be able to say it in a way that was most effective. Practicing in a group setting allowed him to develop the skills that he needed to do that.

"The biggest thing that people will gain is getting over that fear of public speaking. They'll gain confidence and they will also gain a better appreciation of the English language whereby



President of Selkirk's Toastmaster David Storey (left) and Kay Boyd (right) hold the City of Selkirk proclamation at the open house presentation held on Oct. 23.

in toastmasters it's not about all of those big fancy words it's about the right words," he added.

The group also helps participants get rid of crutch words, slang words, and speak in a more workplace professional way when it's needed.

Selkirk Toastmasters also recently celebrated a milestone with their 40th anniversary on June 1.

"I think what [the Selkirk branch being a group for 40 years] says is that number one, we have a group of very dedicated members, and number two, the need for communication and leadership isn't going away, as a matter of fact, as time goes on, I think that it's going to become more relevant," said Storey.

If you are interested in learning more about this group more information can be found at Selkirk Toastmasters' website at 3977.toastmastersclubs.org or by showing up a meeting where you would receive a guest package with information and instructions on how to sign up.



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BIG DOLLAR

West St. Paul council hears proposal for Riverdale Rink

Resident discusses possible rink relocation

By Katelyn Boulanger

Riverdale resident Jamie Pachkowsky believes that the Riverdale Rink should be relocated to the inside of the west tennis court area in Riverdale Park during the winter months.

West St. Paul council heard a proposal from Pachkowsky on Oct. 24, where he stated that the move would create a smoother skating surface with less water needed for the initial layers of ice.

"[The current Riverdale rink] because it is situated on ground that is no longer flat it takes a lot of water to get a good surface and I know that the community is slowly changing the demographic and the families that are coming in are a little younger so my proposal is relocating that rink to the west tennis court," said Pachkowsky.

He says that public works does a great job of maintaining the current rink, however, they are fighting against the uneven ground at the site and it eventually does get rough making it more difficult to skate on.

"The tennis court with the proposed project we would need a liner in there. It would be a bigger rink that would be safer and quite frankly I think it's no questions asked that the usage of it would speak for itself," Pachkowsky said at the meeting.

Estimated cost of the proposed rink

would be \$3,200 or \$4,200 depending on whether the RM would accept some equipment that Pachkowsky has previously used on his own backyard rink. The current proposal doesn't include lighting as he felt that there might be a risk of children being noisy later into the night if it was lit.

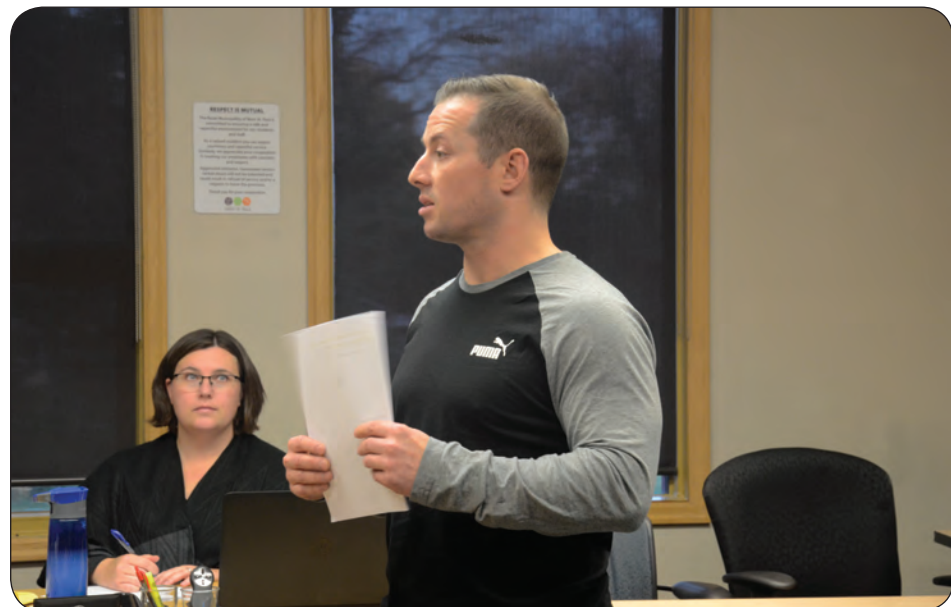
In the proposal, the rink would also change from a pleasure rink to a hockey rink. It also adds that it would not kill grass in the park where past rinks have been built. Pachkowsky indicated that having the rink inside the caged-in area would halt pucks from flying in directions that they shouldn't.

The rink would take up approximately 10 by 12 feet of storage space when disassembled.

"This can be relocated year to year. Once it goes in there it doesn't have to stay in there, obviously those tennis courts would still be used in the summer time," he said.

Though Pachkowsky didn't go door to door, he reached out to local families who have said they would help with cleaning the rink after heavy snows.

Mayor Cheryl Christian indicated that council would have to consider how much this project would cost, whether there were any concerns from administration or public works staff, and how much liability this



RECORD PHOTO BY KATELYN BOULANGER

Riverdale resident Jamie Pachkowsky speaks at the West St. Paul council meeting about the Riverdale Rink proposal.

would include for the RM when considering this proposal.

The RM currently has six flooded outdoor rinks.

Councilor Dorothy Kleiber voiced her concerns about keeping volunteers accountable for cleaning the rink, since the proposal would no longer allow the rink to be cleaned with a loader.

There were also questions about upkeep costs year to year and whether a liner was indeed necessary for this project.

Christian, who has experience with her own outdoor rink in her backyard, said that she understood the issues that come with having an outdoor rink but that council would need to consult public works about the additional costs that could be accrued from them having to go into an enclosed space to snow blow the rink clear.

Pachkowsky was then told that once the report came back he should consult his neighbours to see their reaction to the proposed rink.

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Teen collects scrap for a good cause

By Katelyn Boulanger

Thirteen-year-old Kyle Young from Libau is looking to help haul away residents' scrap metal by giving a portion of the proceeds along with many pop tabs to a charity that helps children get new wheelchairs.

Anne Young, Kyle's mother, said that his tendency towards environmentalism started when he was five or six years old and began collecting pop and beer cans from the ditches when he went on walks with her.

Then one day, he started bringing larger items home.

"It started with maybe a hub cap that fell off of someone's vehicle or a broken piece of metal or something, so in the bag it would go and then one day somebody asked if we could take a fridge out of their yard for them because they didn't have any friends with trucks or anything," said Anne.

Kyle, with the help of his mother, father, and step-father now help to move fridges, stoves, chairs, furnaces, old duct work, bicycles, lawn mowers

and anything else with metal on it for residents.

"I like keeping it out of the landfill and helping people out if they don't have other friends to deliver it for them," he said.

Kyle has a learning disability that affects his ability to socialize. However, his mom believes that the positive feedback and experience he's received from this venture has helped him to open up.

"With his disability, he's shy. He can't communicate very well and doesn't tell stories well. Getting him out there and having to speak to people about his scrap is getting him to open up a lot more. He's starting to be a little bit more vocal. He's still shy and he's still hesitant about what to say but it's starting," she said

The group goes out two Thursday evenings and one Sunday every month collecting scrap from Pinawa, Pine Falls, Selkirk, Lac du Bonnet, Grand Beach, Great Falls, Beausejour and everywhere in between.



RECORD PHOTO BY KATELYN BOULANGER

Kyle Young stands by the van he and his parents use to pick up scrap metal from surrounding communities.

Kyle says that the most difficult part is lifting heavier things by himself but the most fun part of it is spending time with his mom.

Once the scrap is collected, Kyle and his parents bring it to Gerdau Metal Recycling in Selkirk.

The family does not charge to take the scrap but will ask for a donation towards fuel which allows more money to be donated along with pop tabs

toward children in need of wheelchairs.

"He loves helping people out and he realizes that not everyone owns a truck and not everybody even wants to have the trouble of hauling stuff away," said Anne.

To request a pick up, Kyle can be reached email at bbbky@yahoo.com or by texting him at 204-801-5133.

West St. Paul's Grassmere Drain almost complete

Staff

West St. Paul residents will soon be driving over a brand new bridge at the Grassmere Drain on Hwy. 9

The construction of the bridge started this month and includes improvements to the highway in the immediate vicinity of the new bridge, consistent with future upgrades.

The existing concrete culvert, built in 1913, is at the end of its service life. It has been a crucial transportation

crossing for West St. Paul residents north of the Perimeter Highway entering and exiting Winnipeg for more than 100 years.

According to Manitoba Infrastructure, the most cost-effective solution was to replace the culvert with a single-span, 21.5 metres long bridge that will support four lanes of traffic, two on each direction, as well as a turning and median lane. The new bridge will also allow a wider channel opening,

improving water flow during peak events, including spring runoff.

For those walking to their destinations, there will be a pedestrian bridge on the east side of the new structure.

Because traffic will continue to be active during construction, the bridge will be completed in stages, one half at a time, making one lane of traffic for northbound traffic and another for southbound traffic. Now, north and southbound lanes are sharing two

lanes previously dedicated to southbound traffic.

A traffic management plan will ensure that access to residences and businesses is maintained during construction.

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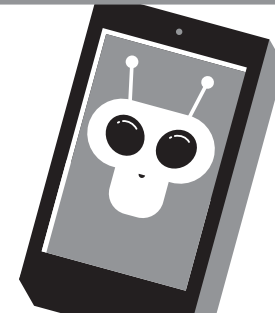


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getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG > NORRIS LAKE

I wonder where the other boat wound up

Welcome fellow anglers.

His clothes felt clammy, sticking to his skin as he stomped ahead forcefully winding his way around broken poplar trees while keeping to the faint trail toward the Big Whiteshell beach. Andy Chartrand paused for a moment in mid-step turning his rugged head back to check if his buddies, Ken and Ron were following behind. Ken wiped back his short, grey hair while Ron a shorter, heftier man with a white goatee used the sapling trees on either side of him to assist his walking. The heavy dark grey clouds overhead and cold bursts of wind were reminders of the terrible storm that had ruined their weekend of fishing back at Crowduck Lake.

The fishing trip had started out with the three lifelong friends in a bright, happy mood loading their gear into their boat by the Big Whiteshell campground. The sun and heat warmed them as they crossed to a point where they beached the boat and carrying their gear portaged through the bush to a beach on Crowduck Lake. There they flipped over two boats they kept there, loaded their supplies into them and made for one of their favorite little islands. Not long after that they were putting up their tents on a beautiful bay beach before making supper over a campfire.

The men were tired, yet pleased with the sight of the sun setting on a cloudless sky sending shadows through the tall pines and spruces onto the moss covered huge rocks. They silently turned and crawled into their tents. Andy fell asleep watching the campfire light throw waving shadows on the wall of his tent. Seemingly only minutes later the flapping of the tent walls driven by the howling wind woke Andy. His senses alert, he felt the tent might be torn from its tie down ropes. He pulled his clothes and boots on. Cold driving rain blinded him as he opened his tent door. He

bent over shielding his face and forced himself outside to see in the dim light the branch of a tree snap off and fall splashing into the beaches water where their boats should have been.

It was early dawn and in the chilling rain, Andy began gathering their gear scattered on the beach. He yelled over the gale force wind for Ken and Ron to wake up and help to no avail. Andy brushed the rain from his eyes and short, bristly dark hair as he stood over the gear he had saved. The sun was coming up brilliant and hot. Andy shivered. He heard a rustle and turning saw Ken and Ron emerging from their tents. Ken stopped half way through his morning stretch as his eyes took in the storms devastation.

"The wind took the boats," Andy said matter-of-factly. "I can see one beached on that island over there." Ron agreed. Andy said, "I'll swim over and get it, I'm wet anyway." Oddly, the water felt warm as he dove in and began swimming. The slightly rusty looking water splashed against the boat as Andy found footing beside it. He pushed it to deeper water, jumped in and rowed back to his friends. The men stood together on the island beach, talking in hushed tones, with their zest for this fishing trip gone. They loaded their gear in the surviving boat and made for the portage.

Bad luck continued to plague them. Breaking through the bush where they had left their Big Whiteshell boat, they found it swamped. Grumbling at each other they bailed it out, loaded their gear and paddled to the campground. "What a disaster!" Andy exclaimed as they threw their gear in

**RECORD PHOTO BY ARNIE WEIDL**

left to right Steve Correia, Derek Haluk, Randy Soper and Don Flett with some of their great catch off the Red River by the cut.

their cars to drive home. "I wonder where the other boat wound up," Ken muttered to himself.

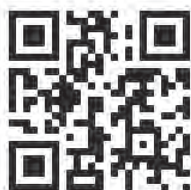
Unlike that trip, anglers Steve Correia, Derek Haluk, Randy Soper and Don Flett caught their limit last weekend by the "cut" off the Red River. They graciously held up some of their catch for us to admire.

Some weeks ago I happened upon a lady on the Gimli pier shaking the water off her cap and short, white, straight hair as she muttered to herself in a decidedly Scottish accent. "How did that happen?" I asked her. "The wind took my cap and blew it onto the water. My friend's sister Suzette from St. Mary's Academy here cast out and snagged it for me."

"I always like to ask folks who come from different countries if they fish differently than we do," I ventured. "Well, we used to fish with our hands in the Tay and Almond Rivers in Scotland. The river bed was full of big rocks and we would feel under them and grab salmon by the gills," the lady said. "That sounds like an easy meal," I observed. "Not entirely," our new friend Roseanne Judge went on, "sometimes we would grab an eel with its razor tail and wind up with our arms all cut up and bleeding!"

Till next week my friends, bye now.

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> Fish tales?

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City's reduces greenhouse gas with purchase of PHEV

Submitted by the City of Selkirk

Even if City of Selkirk Public Works Manager Ryan Sicinski revs his plug-in hybrid electric vehicle (PHEV) a little bit while waiting at a red light, he'd be doing so in an environmentally conscientious way that won't enlarge the city's carbon footprint.

In fact, by travelling the city streets in his PHEV, he's reducing the city's carbon footprint and saving money by rarely, if ever, having to pull into a gas station. A PHEV can run on electricity only, as a hybrid, or on gas only.

And though Sicinski's only been driving the vehicle for a month or so, he says the city is a happy customer.

"I've been really impressed with the PHEV," Sicinski said.

"At this rate, I will likely own one myself in a couple years."

The 2019 Mitsubishi Outlander plug-in hybrid electric sport utility vehicle was purchased for \$47,000. While the price is \$6,700 higher than the gas version of the same vehicle, the fuel savings the city will reap will more than make up the difference.

Putting gas in a city vehicle costs an average of \$8.02 per day; running an electric vehicle costs \$1.08. When you stretch those numbers over a year, gas costs balloon to \$2,086 for one vehicle while electric costs come in under \$300. Over 10 years the gas vehicle sets the city back \$20,860 in fuel while the electric vehicle costs just \$2,808.

If the city does have to switch to gas occasionally, the PHEV burns 3.2 litres for every 100 km, compared to 6.8

litres its gas counterpart burns.

Scott Blanco, Manager of Buildings and Fleet Maintenance, said the purchase of the PHEV aligns with both the city's Capital Asset Management Program (CAMP) and its Greenhouse Gas (GHG) reduction plan that pledges to reduce city emissions by 20 per cent in 10 years.

A half-ton truck was due for replacement, making it an ideal time to pilot the electric SUV.

"The need for a new vehicle made it the right time to take a look at something electric and see how it would work for the city and see what kind of emissions we're going to be able to save," Blanco said.

"When the PHEV is being driven around the city it's all electric so it's not costing us any fuel and we're reducing our carbon footprint quite a bit."

The city looked at the Public Works Manager's daily driving in 2018 and he drove an average of 50 km per day. So assuming the PHEV is only driven that same amount, it won't use gas and it will help the city reduce its GHG emissions by 4.9 metric tons.

In 2017, the city's vehicle fleet was responsible for 47 per cent of its greenhouse gas emissions.

Replacing the half-ton with the PHEV is part of the city's asset management strategy of making sure it has the right equipment for the right task. Chief Administrative Officer Duane Nicol said where the city can become more energy efficient within



RECORD PHOTO SUBMITTED

The City of selkirk purchased their first plug-in hubrid electric vehicle for their Public Words department.

its fleet, it will.

"Not every city vehicle needs to be a half-ton truck. Part of what we're doing is looking at our fleet and making sure it's the right size for the job," Nicol said.

"With the PHEV, we've found a vehicle with alternate fuel that can do the job required. There isn't a feasible half-ton truck on the market now that is a hybrid or electric, and this SUV is able to do the job."

The city is a part of an FCM initiative, the Climate and Asset Management Network (CAMN), which offers peer-learning opportunities, training, and funding to help Canadian municipalities integrate climate change and sustainability goals systematically into decision-making about infrastructure assets.

Nicol, who was on the provincial government's Low Carbon Working Group, says there's a move towards alternate fuels. The Pallister Government is looking to electrify Manitoba's transportation infrastructure as indicated by the Premier's recent mandate letter to cabinet.

"It's not just the City of Selkirk moving in this direction, this is where the world is going and rather than wait until the last minute to do this and do it at a high price, we're evolving our fleet to an electrified one," Nicol said.

"We're getting ourselves prepared. Asset management makes it more cost effective and makes the city more resilient every day through our regular course of business. The default setting is we're becoming more adapted and less fossil fuel dependent."

Manitoba 150 committee announces Learn 150

Submitted

May 12, 2020 will mark 150 years since the Manitoba Act received royal assent, paving the way for Manitoba to become Canada's fifth province. The Manitoba 150 Host Committee an independent, non-profit organization overseeing commemorative activities in celebration of our province, its beauty, people, culture, and history throughout the year.

The Manitoba 150 Host Committee aims to support initiatives and events that cultivate pride in our province, foster a profound connection with our diverse cultures and, above all, unite us in celebration.

The committee, in partnership with Canad Inns announced Learn 150, the development of a new bilingual, made-in-Manitoba curriculum that will be available this January.

"Created in conjunction with WE Day, the new curriculum will give Manitoba students in Kindergarten

through Grade 12 the skills they need to be the leaders of tomorrow, with a focus on diversity, reconciliation, and healthy living" explains Monique LaCoste, co-chair of the Manitoba 150 Host Committee.

"Having partnered with WE Day in Manitoba for nearly a decade, Canad Inns has seen the impact that inspiration, hope, and knowledge can make on our youth. On the anniversary of Manitoba's 150th year since joining Canada, Canad Inns is proud to bring new offerings - specifically designed for Manitoba educators and students - to our community," said Lea Ledowski, president of Canad Inns.

Learn 150 will teach students about Manitoba history while focusing on issues regarding diversity and reconciliation. It will also stress the importance of healthy choices and an active lifestyle as components of good citizenship. Through these values, Learn 150 will ensure the strong community

ethic that built Manitoba will remain with future generations.

"The Learn 150 curriculum, designed specifically for Manitoba, will facilitate learning and encourage dialogue about our past, present, and future to students of all ages, across the entire province, in both official languages," says Kelvin Goertzen, Minister of Education for the province. "This is an exciting program to offer our community."

"While Manitoba is celebrating its 150th anniversary in 2020, its land, people, beauty and culture go back much further," says Stuart Murray, co-chair of the Manitoba 150 Host Committee. "We are delighted to celebrate Manitoba's anniversary, and Learn 150 reminds us of our rich past, our diverse community, and the potential that our future holds. By supporting the next generation, we are helping to ensure that our next celebration will be even more momentous."

Canad Inns will celebrate Learn 150 at WE Day Manitoba at the historic Burton Cummings Theatre.

For additional information on Learn 150 or other Manitoba 150 initiatives, please visit www.manitoba150.com



getheard

EDITORIAL > VIEWPOINTS > LETTERS

> BY ANDREW DOLENUK, RESIDENT OF ST. ANDREWS

General municipal elections are held every four years on the fourth Wednesday in October, in the Province of Manitoba. This includes elections for mayors/reeves and councillors. So far, so good, right! What I mean is that there are two separate votes, one for Mayor and one for councillor — two separate ballots.

The Manitoba Municipal Act states: “A Councillor is to have the title “Councillor” and the head of a council is to have the title “Mayor”, “Reeve” or “Head of Council” as the council may designate in its organizational by-law.”

As far as the Act is concerned, councillors and mayors are two different entities decided by separate votes. Sadly, it appears that some councillors and MLAs allegedly feel that all they have to do is pass a bylaw, policy or resolution (at the Municipal Level) and they can become like mayors and/or diminish the powers of the mayor.

In fact, it allegedly appears that they interpret the Act’s item 83(2)(a) — which states “In addition to performing the duties of a member of a council, the head of council has a duty...to preside when in attendance at a council meeting, except where the procedures by-law or this or any other Act otherwise provides” — to mean that they can allegedly appoint anyone of their ilk to preside at council meetings or that they can pass whatever bylaw or resolution they want, as long as they have a majority vote.

Not so! Page 34 of the Council Members Guide

states this to mean procedures for appointing a member of council to act as Head of the Council in lieu of the mayor, reeve, or deputy head of council — these procedures ensure council business continues to be dealt with in event the mayor/reeve is absent. So, whoever is allegedly feeding this information to some councillors and MLAs is out there in left field and grasping at straws.

I had the extreme pleasure to talk with the late Mr. Harry Walsh, lawyer extraordinaire, who stated, “people just don’t know the law and only think they do!”

The Municipal Act states the following on items 148(2)(b), 149(3)(f), and 105(2):

“An organizational by-law must provide for the following: the appointment of a deputy head of the council to act in place of the head of council when he or she is unable to carry out the powers, duties and functions of the head; and... The council must in its procedures by-law provide for a procedure for the appointment of a member to act as head of council if the head and deputy head are unable to act or the offices are vacant;

“If the position of head of council (see section 80: Mayor) becomes vacant and a by-election is not required under subsection (1), the council may appoint one of their number as the head of council.”

And finally on item 230: “A by-law that is inconsistent with an Act or regulation in force in the province is of no effect to the extent of the incon-

sistency.”

Somehow these councillors and interim CAO allegedly feel that the RM of St. Andrews council is run as a parliamentary democracy, where the head of the council (mayor) is just like a prime minister. In the parliamentary democracy you don’t vote separately for the prime minister and the Member of Parliament. The party with a majority of seats chooses the prime minister (mayor). The RM of St. Andrews and municipalities are run more like a republic, the executive branch (the mayor) is elected by the electorate (taxpayer) separately from the legislative branch (the councillors). The councillors have no right by policy, resolution or bylaw to re-define/diminish the duties of the Head of Council. Only the provincial government has that authority in the legislature.

According to the Association of Manitoba Municipalities’ 2018 municipal election results, St. Andrews Mayor Joy Sul won with 61.82 per cent of the residents ballots. George Pike, the former mayor was overwhelmingly defeated by 1,307 votes. So, who does the electorate of St. Andrews want to run their Municipality? Definitely not a group of councillors, not Pike, but Mayor Sul.

From the 2018 Municipal Elections, a total of 2401 taxpayers voted for Sul for Mayor and only 1848 taxpayers voted for all elected councillors. The sandbox is owned by the taxpayers of St. Andrews, get your own sandbox if you can’t play nice. Stay out of the sandbox owned by the taxpayer.

Local team brings silver medal back home



SUBMITTED
PHOTO

The Keystone Canucks, a slow pitch team from Manitoba won a silver medal in the 70-plus age category at the Huntsman World Senior Games in St. George, Utah from Oct. 14 to 18. St. Andrews residents David Boch (second from the left) and Gerald Machnee (centre, in the front row) joined the team in their accomplishment. The team overcame six run deficits twice in the last inning in the playoff games.

Students learn about choosing future careers

By Katelyn Boulanger

Students at Lord Selkirk Regional Comprehensive Secondary School were treated to a presentation by Sean Aiken the creator of the One-Week Job Project on Oct. 21.

The project saw Aiken try out 52 jobs, one each week, for a year. He now tours schools discussing choosing future careers with students after experiencing 52 possible starts.

"It was a really cool opportunity to have him come to the school so we're really glad that we were able to bring that to the students and our focus is just going to be trying to expose them to as many different things as possible," said Starleen Mosienko, the career co-ordinator at LSRCSS.

After Aiken graduated college with a Business Administration degree he was asked what he wanted to do with his life and struggled with fear and anxiety — feelings that are very common within young people. From this question, he created the One-Week Project in order to find out.

"He was lucky enough to be sponsored and did this whirlwind tour across North America where he was able to taste 52 jobs. He knows that most high school students don't have the luxury of being able to cross Canada to do that but that message of trying different things and volunteering different places, learning who you are, what you like and what you don't like, and what sort of sparks your interest [applies]. Looking for careers that spark that interest so that you're happy at whatever you do," said Mosienko.

Aiken didn't choose what jobs he wanted to try but rather put the call out to employers who might want to have him at their place of work for a week. This resulted in some jobs that he enjoyed and some that he learned

were not what he thought they would be. He tried everything from bungee instructor to baker to firefighter.

"One of the things he did talk about was being offered [an opportunity] to do some stock exchanging in Toronto and he thought that he wanted to do that because his background is in business, but he said that that was incredibly stressful. It was just all of those things that he learned about himself is what he was trying to get the kids to think about and look past fear and take the plunge," said Mosienko.

Grade 11 student Karissa Sarna said that she was hooked by the presentation.

"I think he planned it out really well and there was a lot of information that he gave and he started out by asking if we know what we want to do with our lives," she said.

"He showed us the jobs that he did and then explained what he did and it was really helpful," Sarna continued.

Sarna said she learned that it was ok not to know exactly what you want to do when you leave high school, but that having an idea and taking steps forward from there is the important part.

"We feel as if so many kids have this crazy pressure to decide before they even step foot out of the high school to figure out what they want to do. So many of these students are really narrow-minded into thinking what they need to do and what they have to do or have a family business, so feel they have to go into that. So we're trying really hard to get them to expand and look past the professions that are in front of them," Mosienko said.

As the career co-ordinator, Mosienko encourages students to try things even if they aren't good at them and lets them know that it's ok to change your mind. People will change their



RECORD PHOTOS SUBMITTED

Sean Aiken as bungee instructor.

careers many times during a lifetime.

"My biggest focus is that even if you don't know what you do want you already know what you don't want because that's a great starting point. Knowing what you don't like is just as valuable as knowing what you do like," she said.

This way student don't feel like they are starting from scratch as far as career planning goes.

Her advice to parents is that it's ok to let the students figure out who they are. Based on this presentation she encourage [students] to do different volunteer work and to speak to their parents about shadowing family and family friends that are in different careers and different professions.

To learn more about the One-Week Job Project visit oneweekjob.com.



Sean Aiken made a presentation about choosing careers at the Lord Selkirk Comprehensive Secondary School on Oct. 21.

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New provincial administration is sworn in

By Ligia Braidotti

Premier Brian Pallister welcomed members of Manitoba's renewed executive council in a swearing-in ceremony conducted by Chief Justice Richard Chartier.

As part of the delivery of the government's commitment to improving the province's competitiveness and fulfilment of its Manitoba Works 40,000 jobs plan, Pallister said his government would continue its focus on economic development through a better alignment of resources across departments. Changes include new synergies to unlock economic opportunities, advance workforce development and increase the competitiveness of Manitoba.

"It is a privilege to be able to continue our important work and I am pleased to welcome two new faces to cabinet, while also reorganizing ministries to create areas of focus consistent with our priorities and our vision to move Manitoba forward," Pallister said.

MLA for Riel Rochelle Squires will be the new Minister of Municipal Relations and minister responsible for Francophone Affairs, while Red River North MLA Jeff Wharton will retain his responsibilities as the Minister of

Crown Services.

Other changes include Reg Helwer, MLA for Brandon West, being sworn in as minister for the new Department of Central Services, designed to focus on modernization of government services including procurement, information technology and shared services; and is the minister responsible for the Civil Service Commission.

Sarah Guillemard, MLA for Fort Richmond, was sworn in as minister for the new Department of Conservation and Climate, a single department charged with environmental and climate stewardship. The department is responsible for ensuring responsible growth including delivery of the made-in-Manitoba Climate and Green Plan, and Efficiency Manitoba.

MLA for Lakeside Ralph Eichler will be the minister of the new Department of Economic Development and Training, which will be focused on economic development combined with post-secondary education and training to create synergies and alignment between learning and the jobs that will drive the economy.

MLA for Midland Blaine Pedersen will be the minister of the new Department of Agriculture and Resource Development, an expanded department



RECORD PHOTO SUBMITTED

Selkirk Mayor Larry Johannson (left) and newly sworn in Minister of Municipal Relations Rochelle Squires.

ment focused on agriculture and natural resources, including watershed districts, GROW programming, forestry, mining, fish and wildlife management.

MLA for Kildonan-River East Cathy Cox will be the minister responsible for the status of women while keeping her duties as the Minister of Sport, Culture and Heritage.

MLAs Len Isleifson (Brandon East), Scott Johnston (Assiniboia) and Den-

nis Smook (La Verendrye) have been giving additional responsibilities as assistant to the minister of health, seniors and active living, legislative assistant to the minister of finance and legislative assistant to the minister of economic development and training, respectively.

All other MLAs retain their current portfolios and legislative responsibilities.

Take part on Home Routes concerts in November

Submitted

Oct. 17 was a good night to sing the blues.

Michael Jerome Brown brought his versatile musical talents to The Mighty Kiwi to the Home Routes' musical concerts series.

A multi-talented musician, Brown played the fiddle, the 6 and 12 string guitar, and the harmonica. But likely the most notable instrument was a banjo made from the shell of a squash, in the style of the African banjos of

years past. Sensitive to the humidity, Brown had to treat it with a hair dryer before the concert to tighten up the cover that became loose due to the higher humidity in Selkirk than it was in Calgary, where he had played the previous week.

Brown is a great student of the history of music he plays, much of which is the blues from the eastern and southern U.S. He was able to provide interesting backgrounds to songs from 50-90 years ago – joking that music from the '70's was pretty new music for him. His voice was an easy-listening style, but there is no question his primary gift is in his ability to bring the instruments he plays to life. The concert was living proof of the ability

of good music to stand the test of time, and to transcend fads, geography, and generations.

The Home Routes tour is a collection of six concerts, coordinated by Edwin & Evange Brook, and hosted at various locations including The Mighty Kiwi and new this year will be a couple of performances at Hawthorn Estates.

Home Routes is a Winnipeg based non-profit organization that brings accomplished grass roots performers from throughout North America to homes and small venues across Canada. To learn more about these concerts and performers go to www.homeroutes.ca

For local concert info email Edwin or

Evange at nantonroadcomfort@gmail.com

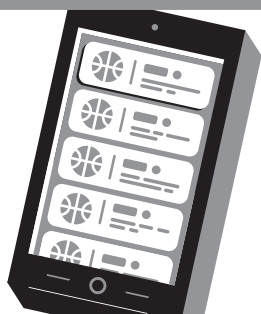
Tickets are \$20 each with 100 per cent of the admission going directly to the artists. Tickets can be purchased at The Mighty Kiwi, by contacting Edwin and Evange or directly from the Home Routes website. Next concert will be held at The Mighty Kiwi (201 Manitoba Ave.) on Nov. 13 at 7 p.m.



RECORD PHOTO SUBMITTED

Michael Jerome Brown plays at The Mighty Kiwi on Oct. 17.

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Winnipeg's queen of frames hails from Selkirk

Submitted

You may remember her as Lyzie, Lyzy, Lyzi, or any other way you could possibly spell the nickname. Maybe you remember her from the Selkirk Selects Gymnastics Club, or the Ecole Bonaventure. Maybe the Comp will refresh your memory, with her blue eyebrows (still going strong 10 years later) and her "Lizzy-Chi" in the middle of the hallways to get in your way as you try to get to class, or the hot pink and black self-made duct tape mermaid dress from the 2010 graduation.

Art, expression and thinking outside of the box – Lizzy Burt, the face behind Bevvv Teyems' Custom Picture Framing, has always been on a path within the arts and has begun her artistic journey, blended with the world of running a business.

The 26-year-old is now celebrating her first year in business and says she feels like she is doing it all.

"I mean, inadvertently. I get to intuitively design space around art in its many forms, photography, paintings, prints, etc. Housing memories and mementos in a meaningful way to be put in homes to create comfort and to enhance people's lives," says Burt. "I feel like I get to touch a little bit on everything I wanted to do as a child and it means the world to me to be able to contribute in this way to others. The goal is to feel good, and help others feel good too."

"There is something magical about the space created around art that enhances communication from the artist's heart to ours" is one of the first lines on Bevvv Teyems' Custom Picture Framing's website. Burt elaborates, "Art is magic, framing is the wand. Magic does not come from the wand, but from the artist and the wand is a tool that can be used to help communicate the magic to its audience."

A particularly magical aspect of the business is the focus on re-purposing previously loved frames, with an ever growing collection at her cozy shop at 565 St. Mary's Road in Winnipeg,

"Although now that I have been bas-

ing my business on this (repurposing) for a year, I have a better idea of what people may be drawn to and what takes up space, so I will be narrowing my collection down with a more mindful boutique of previously loved vintage and antique frames which will ultimately make it a better experience for customers and myself as I continue into the future of what the shop will become over the years," the framing artist says.

Bevvv Teyems' doesn't stop at custom picture framing. Burt has been part of Winnipeg's thriving music scene for nearly 10 years playing with the bands Basic Nature and Juniper Bush. She is also the creator of TBA Studio Concerts — a cozy zone for musicians and music lovers far and wide, hosting musicians like Scott Nolan, Selci, Richard Inman, Logan Mckillop, to name a few, in intimate settings with featured visual artists to show and sell work.

"I'm more passionate than I could express about giving platforms to artists in whatever way I can, when I can, and plan on being able to do that more and more with my shop," she says.

Burt is celebrating in the best way

she knows how: a one-year anniversary celebration at The Handsome Daughter (61 Sherbrook St., Winnipeg) on Nov. 8, with a market from 5 p.m. to 9 p.m. The celebration will



Lizzy Burt is the face behind Bevvv Teyems' Custom Picture Framing which is celebrating its first anniversary on Nov. 8.



RECORD PHOTOS SUBMITTED

Selkirk artist Lizzy Burt, also known as Bev, works her trade inside her shop in Winnipeg.

also feature local artisans such as the foraged ink creations by Maria Epp, mindfully made knit goods from Wool & Warmth, '90s themed femme art by Ruff Stuff, cool vintage wears from Second Joys and more.

If music is up your alley, stick around for 10 p.m. when bands A La Mode, Interlake heart throbs Big Loser and rock outfit MOSA will entertain guests into the wee hours.

Entry for market is \$2 with all proceeds going toward framing for artists. Admission for the show is \$10 at the door or \$8 for early bird tickets purchased at <https://www.eventbrite.ca/e/bevvys-one-year-anniversary-market-and-show-big-loser-a-la-mode-mosa-tickets-78547292065?aff=ebdssbdestsearch>



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Red ribbons tied to Lockport Bridge to remember MMIWG2S

By Katelyn Boulanger

For the first time red ribbons were tied to the Lockport bridge in support of the Missing and Murdered Indigenous



RECORD PHOTOS BY KATELYN BOULANGER

The men attending the red ribbon tying event had the opportunity to remember those they lost by placing red ribbons on the bridge themselves.



While the men tied red ribbons to the Lockport Bridge, the women drummed and prayed for the families of all MMIWG2S they have lost.

nous Women, Girls, and Two-Spirited movement.

"The reason why I thought [we should tie ribbons] is because the river connects us. The river connects Selkirk, which is the community that I'm from, to Winnipeg so I thought that it was important. We need that connection not just through the waters but through our communities," said Jeanne Red Eagle who co-ordinated the event.

Red Eagle contacted groups in Winnipeg and Selkirk asking them to participate.

"We're tying red ribbons on bridges over water to give passers by the visual queue of the red ribbon flowing in the air and to commemorate our Missing and Murdered Indigenous Women, Girls, and Two-Spirited," she said.

Red Eagle hopes that the ribbons will help bring more awareness and remembrance for those who have been affected.

"These women, even though they are missing and murdered, they will never be forgotten. They are loved. They are someone's daughter, mother, grandmother, aunty, sister, wife," she said.

This event was also particularly special because men were given the role of tying the ribbons to the bridge while women supported them through prayer, song, and drumming. By having men serve a specific role in the ceremony, space was made for them inside the MMIWG2S movement.

"There is a huge gap in all of our communities and by the absence of our warriors is creating an imbalance. There needs to be more support from the men who are in the community because it's the women who are shouldering the huge responsibility of bringing awareness to the Missing and Murdered Indigenous Women, Girls, and Two-Spirited. We need to create space for the men to join in spreading the message that will lead to helping to heal the traditional structures," said Red Eagle.

She explained that the MMIWG2S movement and red ribbon campaign are currently being connected with women, but men also have to be acknowledged as being affected.

"The fact is that men lost their mothers, their sisters, their grannies. Men lost them too, so they have as much of a right to stand here and to do this work as we do and it helps to create that healing for all of us," said Red Eagle.

Parry François was one of the men who participated tying ribbons to the bridge.

"It's good that we are putting the awareness out there. We are still thinking about a lot of our relatives that are not around and to acknowledge life," said Francois.

Jen Forzley who also participated echoed François's sentiments.

"For me it's an opportunity to stand with my Indigenous brothers and sisters and support them and create space for them to heal and know they are supported, and loved and that we are witnessing and acknowledging what is happening in our nation," Forzley said.

To learn more about the MMIWG2S movement Red Eagle recommends joining the Red Ribbon Awareness #MMIW group on Facebook at facebook.com/groups/168068217554280/



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Selkirk BIZ shines a light on local businesses

By Ligia Braidotti

The Selkirk BIZ celebrated local businesses that have been contributing to their communities' growth and economic development.

The Selkirk BIZ Awards was held on Oct. 24 at the Selkirk Golf Course and Country Club.

The Selkirk BIZ's boundary includes the City of Selkirk, the RM of St. Clements, the RM of St. Andrews and the RM of West St. Paul.

The event started by congratulating Christa Denoon on her BIZ Bucks project which she shares with Parker Pelletier and her dog Max, and has already hit the \$100,000 mark.

"We became a leader by being the first Chamber of Commerce in Canada to implement a gift card program," Denoon said during her speech, adding the program has made a big impact in the community.

At the awards ceremony, Selkirk BIZ highlighted 10 businesses that have made a great impression among their nominators.

The award winners were:

- Aaron's No Frills - Beauti-Tone Visual Improvement sponsored by Selkirk Home Hardware;
- Canadian Tire Selkirk - Inclusive Employment, sponsored by Inclusion Selkirk;
- Clarity Vision - Branding and Marketing, sponsored by the Selkirk Record;
- G&G Farm - Farm Family of the Year, sponsored by TD Canada Trust Agricultural Services;
- Glow Fitness for Women - Community Spirit sponsored by the RM of St. Clements
- Jocelyn Kreml and Miranda Schmidt from The Mighty Kiwi - Women Entrepreneur of the Year, sponsored by the Selkirk Business and Professional Women;
- PR House - Business Philanthropist of the Year, sponsored by the Selkirk and District Community Foundation;
- Home Hardware Selkirk - Customer Service, sponsored by the RM of St. Andrews;
- The Mighty Kiwi - New Business of the Year, sponsored by the City of Selkirk;
- Selkirk Record - Business of the Year, sponsored by the Selkirk BIZ.

The Selkirk Record would like to take the opportunity to thank all the people who have always been supportive of the work we do. We are honoured to have received this award and will continue to work with the communities we serve to communicate that what is important to its residents. We want to see our community strong and grow as much as you do. We are thankful and honoured to receive this award.



RECORD PHOTOS BY LANA MEIER

Pictured top row from L to R: Christa Denoon, Dr. Carl Durand and Dr. Andrew Aiken from Clarity Vision, Z from Canadian Tire Selkirk, Wendy Lang from Home Hardware Selkirk, Jocelyn Kreml and Miranda Schmidt from The Mighty Kiwi, Shirley Muir from the PR House and Katie Hartle from Glow Fitness for Women. Bottom row from L to R: Const. Wong, Selkirk Record's Brett Mitchell, Aaron Hoium from Aaron's No Frills.



Aaron Hoium from Aaron's No Frills receives the Beauti-Tone Visual Improvement award presented by Wendy Lang from the Selkirk Home Hardware.



St. Clements Mayor Debbie Fiebelkorn presented the Community Spirit award to Katie Hartle from Glow Fitness for Women.



Mike Zynk receives the Inclusion Employment award on behalf of Canadian Tire Selkirk. The award was presented by Maria Freeman, who was representing Inclusion Selkirk.



Selkirk Mayor Larry Johannson presented the New Business of the Year award to Jocelyn Kreml (middle) and Miranda Schmidt (right) of The Mighty Kiwi.



Royal Canadian Legion Branch 42

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November Events Calendar

Nov 1 – Bowman Bros Band 8pm

Nov 3 – Ladies Aux Craft Show 10-3

Nov 6 – Paint Your Pet (pre-register)

Nov 8 – Thin Ice Band 8pm

Nov 11 – Service Selkirk Rec 10:30-Open 12-5

Nov 15 – Blackwater Band 8pm

Nov 21 – Over 60's Meeting Noon

Nov 22 – Ravin Band 8pm

Nov 27 – General Meeting 7:30pm

Nov 29 – Topline Band 8pm

Open Sundays 12 Noon-7:00 pm

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Robert Smith School surpasses fundraising goal

By Katelyn Boulanger

Students at Robert Smith School raised more than \$3,200 for the Terry Fox Foundation, blasting past their \$500 goal.

This was the largest amount the school has ever raised and the students joined in a celebration on Oct. 25, at the school.

"The children here are amazing. They are very grateful and they don't take anything for granted. They are very open to helping and learning about something so great as Terry Fox so we have lots of great children here that make this great," said Grade 5 and 6 teacher Kim Cooke-Hanson.

The student's reward for this achievement was an afternoon of fun as the top six fundraisers from each class had the opportunity to pie the teachers with whip cream pies.

"We call them up during the reward assembly and they get to pull a ball out of a bucket and whichever staff member's name is on that ball they get to put a whip cream pie in their face. At the same time there's a few balls in the bucket that are free choice ball and if they pull that out they get the choice of any staff that is participating," said gym teacher Chris Ojha.

"One of the things we learned about Terry Fox was that for his 21st birthday his brother had planned to pie Terry as a surprise during the run and Terry found out about it and turned the pie on his brother," said Cooke-Hanson.

By having this pieing event the students learn about the fun side of Terry Fox which allows them to relate to him as a person.

"When you have conversations about cancer and children it can be very scary but you just need to get that point across that this is what he was doing. He was helping people and all

the kids want to help each other," said Cooke-Hanson.

Students in Cooke-Hanson's class also contributed by creating a huge Canadian map and traced Terry Fox's run from St. John's, N.L. through to Thunder Bay, Ont. with change donations. They then try to finish his run for him. This small project added \$440.05 to the total that the school raised this year.

The top fundraiser in the school also gets a special pie — a real pie with crust and filling — to put into a teacher's face. For the second year in a row six-year-old Parker Pelletier won that honour this year raising \$510.

"This year they've donated three [special] pies. A chocolate, a lemon pie and a strawberry pie. One of those pies will go to Parker as the top fundraiser and we've agreed that the other two pies will go to our two top grade 6 track team members," said Ojha.

Parker wanted to raise the money so that "I can help the community and no one can get cancer." He said it felt good to pie his gym teacher Mr. Ojha.

Parker has been volunteering since he was very young alongside his father Jim Pelletier.

"He loves what Terry Fox has done for the community and for the world. I know that that's his charity of choice," said Jim.

This year Parker and his dad have also reached a milestone volunteering over 100 hours to various organizations

"It's all about finding out what's passionate to your kid because if the person isn't passionate then they aren't going to put in the effort. If the kid isn't passionate, then you're going to lose their interest. It's all about going to their level," said Pelletier about how he sparked Parker's interest in



Parker Pelletier (in blue) pieing gym teacher Chris Ojha along with fellow track athletes.



Student pies Mrs. Cooke-Hanson.

volunteer work.

To learn more about the Terry Fox

Foundation visit their website at terryfox.org



RECORD PHOTOS BY KATELYN BOULANGER

Students could pick which teachers they wanted to pie.

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Selkirk Record

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> MEAL IDEAS



Recipe courtesy of Karista's Kitchen
Brine:

- 1/4 cup salt
- 1 teaspoon whole black peppercorns
- 2 bay leaves
- 2 quarts water
- 3 1/2-4 pounds turkey breast

Turkey:

- 2 tablespoons extra-virgin olive oil, divided
- salt, to taste
- pepper, to taste
- 1 tablespoon chopped fresh rosemary
- 1 tablespoon chopped fresh parsley
- 1 tablespoon orange zest
- 4 cloves garlic, minced
- 1/4-1/3 cup dried cranberries
- 3/4 cup sliced California Green Ripe Olives, divided
- 4-5 slices prosciutto

Gravy:

- 2 tablespoons butter
- 1 tablespoon all-purpose flour
- 1-1 1/2 cups chicken broth
- salt, to taste
- pepper, to taste
- orange slices, for garnish

To brine turkey breast: In large, non-reactive bowl, mix salt, peppercorns and bay leaves in water. Place turkey breast in brine and cover with additional water, if needed. Place plastic wrap over bowl and refrigerate at least 8 hours or overnight.

To cook turkey breast: Heat oven to 375 F. Remove turkey breast from brine, rinse and pat dry. On large cutting board with sharp, sturdy knife, slice

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Prosciutto-Wrapped Stuffed Turkey Breast

into thickest portion of turkey and cut lengthwise, but not all the way through. Brush inside of turkey breast with 1 tablespoon olive oil then sprinkle with salt and pepper, to taste, rosemary, parsley and orange zest. Spread minced garlic, cranberries and 1/2 cup sliced green olives over bottom half of turkey breast then fold top over bottom.

Brush outside of turkey breast with remaining olive oil and place prosciutto slices over top of turkey breast. Using three pieces kitchen twine, tie turkey breast on each end and in middle.

On baking sheet, roast turkey 15 minutes then turn heat down to 350 F and roast 35-45 minutes. Once internal temperature reaches about 155 F, remove from oven and tent foil over top to allow it to continue cooking and stay warm. Let turkey rest about 15 minutes. Once turkey is cool enough to handle, remove kitchen twine and slice. Arrange slices on platter.

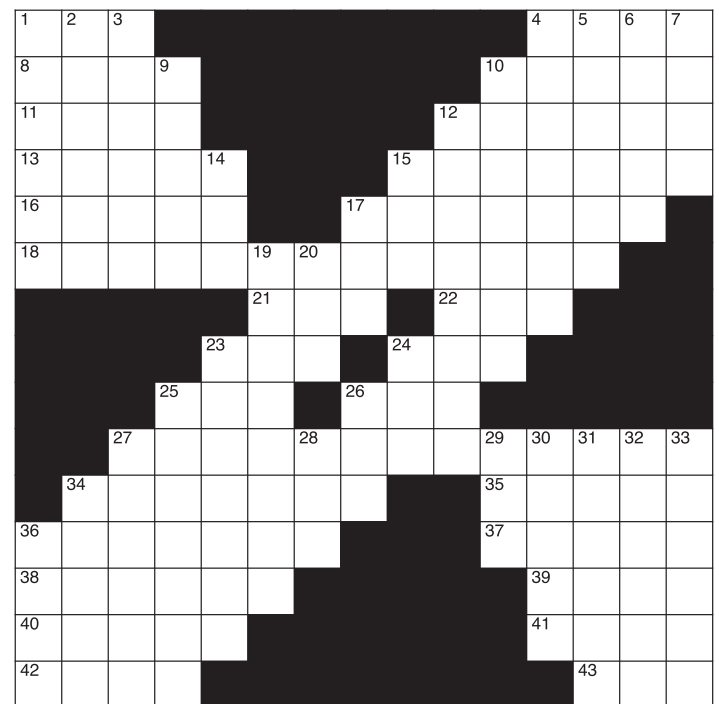
To make gravy: Take remaining juice from baking sheet and add to saucepan over medium heat along with butter. Once butter is melted, sprinkle in flour and whisk. While whisking, add 1 cup chicken broth. If it becomes thick, add 1/2 cup chicken broth, or more, as needed. Let gravy cook several minutes, whisking constantly.

When gravy is done, remove from heat and drizzle over sliced turkey breast. Garnish with remaining green olives and orange slices. Serve warm.

CROSSWORD

CLUES ACROSS

1. Third-party access (abbr.)
4. This (Spanish)
8. Goals
10. Something to do lightly
11. "Great" North Sea Empire legend
12. Iced or chilled drink
13. Weight units
15. Immune system response
16. Groundbreaking German pharmacologist
17. Milk-supplying companies
18. Enjoyable distraction
21. Doctor of Education
22. Type of submachine gun (abbr.)
23. Curved shape
24. Brew
25. The 13th letter of the Hebrew alphabet
26. Advanced degree
27. Shock rocker
34. Enthusiast
35. Quiet's partner
36. Hijacked
37. TV's once needed them
38. Brings together
39. Narrow piece of wood
40. Paths
41. Monetary unit
42. Wings
43. Soviet Socialist Republic



CLUES DOWN

1. Gear
2. Outer part of a bird's wing
3. Good luck charm
4. Removing from memory
5. Group of seven people
6. Records
7. German river
9. "Last of the Mohicans" actress Madeleine
10. Ancient Greek war galley
12. Nonsensical speak
14. Title of respect
15. Cast out
17. Have already done
19. Wood-loving insects
20. Analog

conversion system (abbr.)

23. Pokes holes in
24. Waiver of liability (abbr.)
25. Sea cow
26. Protein coding gene
27. Where boats park
28. The top of a jar
29. Fitting
30. German city
31. Martens
32. They're all over the planet
33. One that nests
34. Coming at the end
36. Croatian coastal city

Please see classified section for Answers

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INSIDE > OUTSIDE > UPSIDE DOWN

Royals outstanding at MHSAA cross-country provincials

By Brian Bowman

The weather wasn't great, but the Selkirk Royals definitely were at the MHSAA cross-country provincials in Stony Mountain on Oct. 22.

There were several highlights for the Royals, including the junior varsity girls' team placing third overall with 84 points.

"They were very good," said Royals' cross-country coach Scott Gurney. "That was a trying run and it was a good course with rolling hills and a couple of good kidney punchers in there but they rose to the occasion and ran really well. I knew with a couple of them, that was all they had. They crossed the line and you knew there was nothing there. They really worked hard for that bronze medal."

The Royals' Amanda Shupenia finished 16th out of 181 junior varsity girls' runners.

"She's been really good all season for us," Gurney noted. "She just floats, that kid. It just looks so easy and she was really good. She ran a really good race, went up quickly, and stayed out front the whole time."

Shupenia was followed by teammates Agnes Seidl of Germany (38th), Emma de la Cruz of Spain (58th), Katie Walmuth (62nd), and Annessa Stasiuk (74th).

The junior varsity boys' race saw Keenan Allen place 29th out of 191 competitors.

Sayda Bloom, meanwhile, continued her outstanding season by finishing eighth out of 176 runners.

"We knew she would be good and she has just taken that next step," Gurney said. "She looked really good in eighth. There was a pack of runners in front of her, that was 25, 30 metres up, and nobody was behind her. She was kind of in no man's land for a while



Annessa Stasiuk

there trying to catch up.

"Any time you can finish top 10 at provincials, it's a feather in your cap."

The Royals' Megan Duff was 164th while Emi Hirata of Japan was 174th.

The varsity boys' race saw Selkirk's Heath Kurys run very well, placing 16th out of 241 competitors.

"This is Heath's Grade 12 year and he had another good performance," Gurney said. "He's dialed it back a bit in terms of training so I wasn't quite sure what to expect out of him but he's a gamer. He's a kid that lies in the weeds and he's going to get you when you least expect it. It was another good performance from him and he deserves it. "He works so hard when he's racing."

The Royals' Victor Schjerning of Denmark was 47th, followed by Nathan Vaughan (97th) and Terrence Tong (160th).

Gurney was very impressed with the results - and teamwork - from the Comp's international students at provincials.

"On top of them being another set of



RECORD PHOTOS BY MATT PEARSON

From left to right, Emma de la Cruz Diaz, Amanda Shupenia, Katie Walmuth, Agnes Seidl. Missing from the photo is Annessa Stasiuk.



Heath Kurys finished 16th out of 241 runners in the varsity boys.

bodies out there, they were so much about the team this year," he said. "They were really positive kids that really enjoyed the team aspect of it. They weren't just out there running for their own fitness or running for themselves individually. They were



Sayda Bloom continued her outstanding season by finishing eighth out of 176 runners.

really all about gathering the rest of the athletes around them.

"It was really fun and I think the Canadian kids really benefited from having them there."

Playing great

RECORD PHOTO BY THE UNIVERSITY OF WINNIPEG

The University of Winnipeg Wesmen's Nigel Nielsen (9) posted a career-high for kills, but the Trinity Western Spartans managed a straight-sets victory Saturday night. Nielsen, a sophomore left side, had 11 kills and 13 points to lead the Wesmen men's volleyball team in a 3-0 (25-18, 25-23, 25-19) loss. Nielsen, whose previous career-high for kills was 10 last season, notched double-digit kills for the first time this season. The St. Andrews' product and former Selkirk Royal added a solo block and two block assists.





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Barracudas bounce Royal girls twice on the ice

By Brian Bowman

The Selkirk Royals have yet to figure out how to beat the Beliveau Barracudas.

Beliveau shut out Selkirk 2-0 on Oct. 22 and then beat Selkirk 4-0 on Monday in East Selkirk.

In the 2-0 loss, Susana Moreira and Kate Rogers scored third-period goals for the Barracudas.

Morgan Baker made 43 saves as Selkirk was outshot 45-28.

On Monday, Beliveau scored three first-period goals and then added another in the second.

Ali Staples, with a pair, Laurel Jeffrey, and Moreira scored for the winners.

The Royals are back in action Monday when they host the Sanford Sabres at the Selkirk Recreation Complex. Puck drop is 4:15 p.m.

In Winnipeg High School Hockey League action, Selkirk was blanked

5-0 by the Vincent Massey Trojans on Monday at the Rec Complex.

Easton Assailly opened the game's scoring with a first-period power-play goal and then Sloan Tremblay and Nick Gilberto tallied in the second.

Nick McFaddin and Lucas Degrave (with the man advantage) closed out the scoring in the third.

Last Thursday, the Royals were defeated 8-1 at home by the Garden City Fighting Gophers.

Devon Whiteside scored Selkirk's lone goal in the third period, assisted by Nolan Milgaard and Mathew Brooks.

Cody Lourenco (three), Luke Janus (two), Logan Brown, Tyler Smith and Alex Loschiavo tallied for Garden City.

Selkirk's next league game is Tuesday when the Royals play the River East Kodiaks at Gateway Arena. Game time is 4:30 p.m.



RECORD PHOTO BY LANA MEIER

The Selkirk Royals' Kyle Follhoffer carries the puck up ice during recent WSHL action.

Fishermen continue to lead CRJHL standings

By Brian Bowman

The Selkirk Fishermen continue to lead the Capital Region Junior Hockey

League standings.

Selkirk had another good weekend after shutting out the North Winni-



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen's Brady Thompson fires a puck towards the Lundar Falcons' goal during Capital Region Junior Hockey League action last Friday at the Rec Complex. Selkirk won the game 5-4 in overtime.

peg Satellites 4-0 on Sunday at the Rec Complex.

Dane Derewianchuk scored a first-period goal for the Fishermen and then Ben Kelly and Kyle Melo tallied in the second.

Evan Bedard closed out the scoring in the third.

Owen Derewianchuk made 28 saves for the shutout.

On Friday, the Fishermen defeated the Lundar Falcons 5-4 in overtime at the Rec Complex.

Chad King scored the overtime game winner. It was his second goal of the game.

Zack Parkinson had a goal and an assist while Cole Wasnie and Dane Derewianchuk also tallied for Selkirk.

Ryan Gleich, Riley Wirgau, Braden Paulic and Josh Wilkenson scored for Lundar.

The Fishermen outshot the Falcons 46-31 as Brendon Hocaluk earned the win in goal.

With the two wins, Selkirk now has a four regulation victories and two overtime wins is six games for 16 points. The Fishermen are seven points ahead of second-place St. Malo although the Warriors have played two fewer games.

Selkirk doesn't play a league game again until Nov. 8 when it hosts the Arborg Ice Dawgs. The next evening, the Satellites will visit Selkirk. Both games will start at 7:30 p.m.

Next Home Games

**Fri. Nov 8 7:30pm
vs Arborg Ice Dawgs**

**Sat. Nov 9 7:30pm
vs North Winnipeg Satellites**

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INSIDE > OUTSIDE > UPSIDE DOWN

Steelers skate to weekend sweep over Blizzard

By Brian Bowman

The Selkirk Steelers had some mixed results last week.

After getting blasted in Dauphin by the Kings early in the week, Selkirk skated to a pair of weekend victories over the OCN Blizzard.

The Steelers beat the Blizzard 4-1 in Manitoba Junior Hockey League action Sunday at the Peguis Multiplex.

"We liked our game pretty much for all of the 60 minutes," said Steelers' head coach Nick Lubimiv. "There was maybe a little bit of a lull at the start of the third but, other than that, our first period was really good. "We started strong and kind of kept with it the whole way."

Lubimiv said the Steelers enjoyed playing in Peguis.

"The crowd in Peguis was good," he said. "They were really supportive and they ran it really well. We were really impressed. There were no complaints on our end. The rink and facility was

really nice."

Steelers' forward Riley Portner opened the game's scoring at 17:55 of the first period.

Brett Namaka then sniped his 10th goal of the season on the power play at 7:33 of the second. He is currently tied for second with three other players for the MJHL lead in goals scored.

"Brett's a leader," Lubimiv said. "He's doing what's expected of him and it doesn't take him a lot of chances to finish. He's been important and he wears a letter for a reason and he has been playing really well."

OCN's Sequoia Swan and Selkirk's Blake Burr traded goals late in the middle frame.

Ryan Ostermann closed out the game's scoring in the third.

Levi Mitchell made 17 saves for the win.

On Saturday evening in Selkirk, the Steelers beat the Blizzard 4-3 in overtime.

Namaka's second goal of the game was the game winner in OT. He had earlier tied the score at 3-3 with a third-period goal.

Portner and Burr also scored for Selkirk after the Steelers had fallen behind 3-0 by the 9:09 mark of the second period.

The Steelers' Ryan Piwniuk had three assists in the game.

Wes Dobbin (two) and Cory Checco replied for OCN. Mitchell made 25 saves for the win.

On Oct. 22, the Steelers were dumped 11-2 by the Kings in Dauphin. Selkirk was missing two defencemen for the game.

"We were playing shorthanded and they scored on, I think, three of their first five shots and we never really could figure it out," Lubimiv said. "We couldn't stop them from start to finish. It was one of those (games) that you want to forget about and leave behind."

Dauphin goals were scored by Carter Sawchuk (four), Noah Wagner (two), Koby Morrisseau (two), Nakodan Greyeyes, Kaden Illott, and Baron Thompson.

Caiden Gault and Brayden Clark replied with Selkirk goals.

Selkirk had a road game against the Waywayseecappo Wolverines on Tuesday but no score was available at press time.

The Steelers, now 9-5, will host the Neepawa Natives on Friday and the Swan Valley Stampeders Sunday.

Selkirk will also visit the Steinbach Pistons on Saturday. Puck drop for all three games is 7:30 p.m.

It's a busy - and a very important - week for the Steelers.

"There's eight points there and if you look at the standings, everybody is within four or five points," Lubimiv said.

Manitoba Sectional Figure Skating Championship set for this weekend

Submitted by Skate Canada Manitoba

The Skate Canada Manitoba Sectional Figure Skating Championship will select the top skaters in the province to advance to the 2020 Skate Canada Challenge, ultimately leading to the Canadian Figure Skating Championships.

This event, to be held this Saturday and Sunday, allows Manitoba to feature its skaters' athletic abilities and showcase their grace and talent to the public. These athletes will be traveling from across Manitoba, striving to compete for provincial titles and achieve personal goals.

The Skate Canada Manitoba Sec-

tional Championships will be hosted by the Century Skating Club and Skate Canada Manitoba. The competition will be located at the St. James Civic Centre (2055 Ness Ave).

Over 60 figure skaters will be competing from the Pre-Juvenile to the Senior levels for the opportunity to be the top skaters in the province. The three top skaters at the Pre-Novice and Novice levels and the top two at the Junior and Senior levels will have the opportunity to continue to the 2020 Skate Canada Challenge in Edmonton from Nov. 27 to Dec. 1.

For Novice, Junior and Senior skat-

ers, this will be a qualifying event for the 2020 Canadian Tire National Skating Championships. The Canadian Pre-Novice Champions in men's, women's, pair and ice dance are determined at the Skate Canada Challenge.

"Skate Canada Sectionals is the entry point for the athletes, enabling them to qualify for the 2020 Skate Canada Challenge in Edmonton in December followed by the National Championships in Mississauga in January," said Donna Yee, Skate Canada Manitoba Board Chair.

"It is very exciting for all the skaters

to experience this level of competition and to dream about someday competing on the International stage."

For information on this event or other Skate Canada or Skate Canada Manitoba programs or initiatives, please contact Shauna Marling, Executive Director at skate.exec@sportmanitoba.ca or at 204-925-5708 Monday through Friday from 8:30 a.m. to 4:30 p.m.

During the event, individuals can contact Allison Ward Local Organizing Committee Chair at 204-470-7114 or Shauna Marling at 204-797-8821.

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INSIDE > OUTSIDE > UPSIDE DOWN

Southwest stuns Thunder in semifinal thriller

By Brian Bowman

The Interlake Thunder's outstanding season ended in the most disappointing way on Saturday.

The Southwest Sabres upset the Thunder 35-34 in a wild Rural Football League of Manitoba semifinal game in Stonewall.

In the other league semifinal, Swan Valley defeated Virden 28-6.

"It was a nice day for football. A little cool but it was playoff weather and both teams came to play," said Thunder head coach Mitch Obach. "They were putting up points and I don't think anyone led by more than a touchdown. It was back and forth all day and we just came up a little bit short at the end."

The teams were tied at 21-21 at half-time and then the Interlake took a 28-27 lead.

Southwest scored a touchdown early in the fourth quarter and then added a successful two-point conversion for a 35-28 lead.

The Thunder responded with a touchdown but their convert attempt hit the upright.

Interlake's offence played well for most of the game in scoring 34 points.

"Our offence played pretty solid all day and made some big third-down conversions when we needed them," Obach said.

Thunder quarterback Josh Charison

was 11-for-16 for 108 yards while running back Graeme Perrie was very good, rushing 28 times for 161 yards and three touchdowns.

"(Graeme) had a real solid game and a solid season but he had a tough season," Obach said. "He was dealing with a hamstring injury through much of the season so there were some games where he was shut down early and he sat out a game near the end of the year. He really got going the last two games. ... He was finding his stride and he was really good for us on Saturday."

Interlake's Carter Fuerst had eight rushes for 100 yards and a TD while Brady de Laroque scored Interlake's other major.

Defensively, the Thunder had trouble, at times, shutting down the Sabres.

"I don't think it was anything in particular," Obach said. "They just did a very good job grinding it out and making plays when they needed it to. They definitely won the field-position battle and they had a kickoff return for one of their touchdowns and another one was set up by a big punt return. They definitely won the (special) teams battle which set them up to score points when they needed."

Despite not getting a chance to defend their league title, the Thunder enjoyed a very successful season in



RECORD PHOTOS BY LANA MEIER

The Thunder's Carter Fuerst had eight carries for 100 yards and a TD.

their second year in the league.

"We had a solid year again," Obach said, noting the Thunder will lose just six players due to aging out from this year's team. "We found a place in this league that we really like. It was good to see those teams again and build those rivalries. You never want to lose,

and losing a tight one like that, stings, of course, but that's football, right?"

"There's definitely some good football teams (in our league) and we just ended up on the wrong end of a close one or we would be talking about playing for a championship next week."



Brady de Laroque is tackled by a Southwest player.



Graeme Perrie rushed for 161 yards and three touchdowns.



Interlake's Benjamin Olafson (62) of St. Andrews makes a nice block on this play against Southwest.

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UPCOMING EVENTS

Annual General Meeting, November 8, 2019, 7 p.m. at Grand Marais Rec. Centre. Everyone welcome.

FLOATS WANTED! THE 2019 SANTA PARADE OF LIGHTS IS COMING UP NEXT FRIDAY, NOVEMBER 15TH. FOR MORE INFORMATION CONTACT SELKIRK BIZ 204-482-7176 OR EMAIL INFO@SELKIRKBIZ.CA

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We are seeking an individual who is self-motivated, has public works experience, primary strong heavy equipment skills with experience in road maintenance.

The successful applicant will possess the following skills, experience and attributes:

Minimum 4 years' experience required. The ideal applicant will have:

- The ability to work independently
- Experience driving heavy equipment, including graders, backhoes, loaders, gravel trucks, etc.
- **Class 3 driver's license with Air brakes or class 1. **Beginners class 3 with Air brakes would be considered if you have a minimum of 4 years' experience in road maintenance equipment and would be willing to complete road test within 60 days.
- Mechanical experience would be considered an asset
- The ability to perform moderately physically demanding tasks
- Time management skills
- Grade 12 Education or equivalent
- Computer skills (including Microsoft Excel & Word programs)

The Town of Winnipeg Beach provides an attractive benefits package; including Health, Dental & Vision, Pension Plan, Long Term Disability, Life Insurance and AD&D.

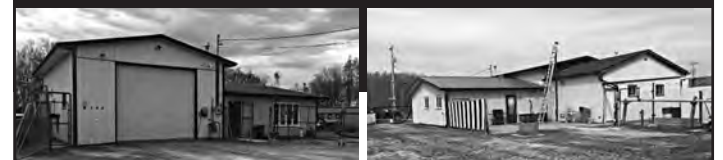
Qualified applicants are invited to submit resume marked "Equipment Operator" to the undersigned by the end of business day; 4:30 pm November 7, 2019. Please list previous experience, providing at least 3 references and copies current Criminal Background Check and Drivers Abstract.

Only those selected for an interview will be contacted. Please submit resume to: Town of Winnipeg Beach, Box 160, Winnipeg Beach, MB R0C 3G0
Email: finance@winnipegbeach.ca
204-389-2698



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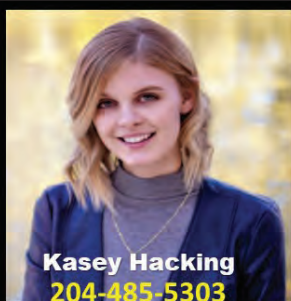
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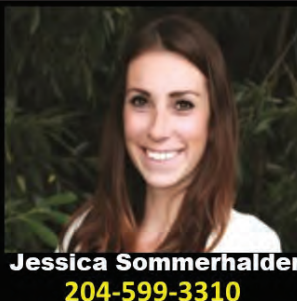
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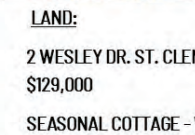
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213 OAK LAWN RD—\$899,900



153 RAQUETTE—\$329,000



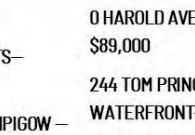
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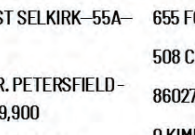
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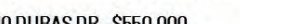
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ANNOUNCEMENT

CARD OF THANKS

The family of the late Michael Chanas would like to express their deep appreciation for all who offered kindness, support and messages of sympathy in our time of sorrow. Thank you to our friend Rev. Virginia Coleman for the Celebration of Life Service. The staff at Gilbert Funeral Chapel did an exceptional job, as always. Also, thanks to all who made a donation in Mike's memory.

-Greatly appreciated,
Sharon Chanas, Tanya, Ken and Bryce,
Van and Shannon.

ANNOUNCEMENT

BIRTHDAY



Joe Bosak
Happy 99th Birthday
November 4th

-With all our love,
family

ANNOUNCEMENT

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ANNOUNCEMENT

IN MEMORIAM



Edward Stanley Starodub
December 24, 1924 – October 31, 2013
The world may change from year to year,
And friends from day to day;
But never will the one we loved,
From memory pass away.

-Your loving family, Mary,
Rob and Linda (Stephanie),
Ron and Ardine (Janine and Lauren)

ANNOUNCEMENT

IN MEMORIAM



Peter Winnemuller
September 5, 1940 – October 31, 2018
His smiling way and pleasant face,
Are a pleasure to recall;
He had a kindly word for each,
And died beloved by all.
Some day we hope to meet him,
Some day we know not when;
To clasp his hand in the better land,
Never to part again.

-Love you forever,
Hildur

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IN MEMORIAM

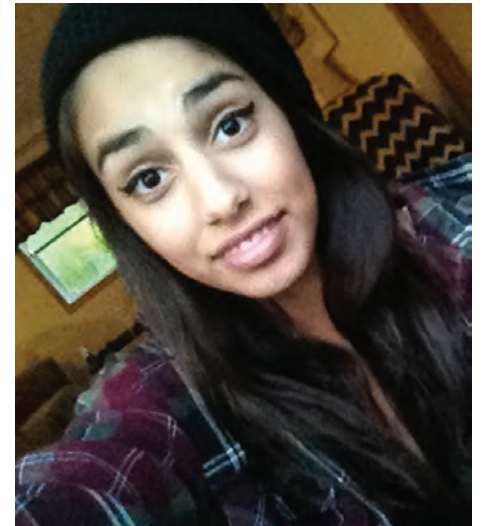


Devon Joel Zelmer
April 27, 1981 – October 30, 2014
Missing you and Dad every day...
Loving you forever...

-Mom, Brent, Nancy, Ryleigh
and Braeden, Bryan, Sharla and
Kiernyn and "Kippurr"

ANNOUNCEMENT

IN MEMORIAM



Nicole Zahda - Rae (Schmid)
October 30, 2013

As we look upon your picture,
Sweet memories we recall;
Of a face so full of sunshine,
And a smile for one and all.
Sweet Jesus take this message,
To our dear Nicole up above;
Tell her how we miss her,
And please give her all our love.
To some you may be forgotten,
To others part of the past;
But to us who loved and lost you,
Your memory will always last.

-Love you always.
Mom Colleen, Grandma Bev
and family



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OBITUARY



William (Bill) Konyk

William (Bill) Konyk passed away suddenly October 19, 2019 at the age of 66. He was predeceased by his parents Joseph and Anastasia (nee Samagalski). He is sadly missed by his brother Don (Carol) and his sisters Joanne (Nick) and Helen (Blaine). Also mourning his loss are his adored nieces and nephews Chris, Ria (Rob), John (Blair), Peter, Kaylee (Kent), Stephanie, Simon and great nieces and nephews Corbin, Lydia, Alena, Theo and Grace. To his nieces and nephews he will always be affectionately known as "The cookie monster".

After a 38 year career at the Selkirk Steel Mill he retired. In retirement he enjoyed family get togethers, working in his yard or on the house and going fishing. He loved watching the animals and birds that frequented his

property. But his great joy was getting on his Harley in the spring and taking to the open roads to explore with friends.

Bill was a quiet, gentle soul with a big heart that will be missed by all he knew.

A Memorial Mass was held on Wednesday, October 30, 2019, in the Blessed Virgin Mary Ukrainian Catholic Church, East Selkirk, MB.

In lieu of flowers please consider a donation to the Heart and Stroke Foundation of Manitoba or a charity of your choice.

The family wish to thank the RCMP for their compassion.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Florence Mabel Helgason 1933 - 2019

Mom passed away suddenly at her residence on Wednesday, October 23, 2019.

She was born on March 30, 1933 at Hecla Island, Manitoba and was predeceased by her husband Wilhelm.

A celebration of her life will be held on Saturday, November 23, 2019 at 1:00 p.m. in the Good Shepherd Lutheran Church, Selkirk, Manitoba.

Full obituary to follow.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Gaylia Edith Sewell (nee Watts)

Peacefully, after a courageous battle with cancer; it is with deep regret we announce the death of Gay Sewell on Tuesday, October 22, 2019 at the age of 80, at home in Selkirk, surrounded by family.

Survived by her husband Wesley of 58 years; four children - Brian (Val), Joanne, Cathy (Doug) and Carrol (Jamie); Mom cherished her eight grandchildren - Gary (Jen), Taylor, Liam (Taylor), Danica, Christina (Ian), Cassidy (Tyler), MacKenzie (Chance), Amie (Matt); and three great-grandchildren - Sasha, Caitlyn and Patrick; brother Allan (Louise) and family - Andrew, Wendy and Abby; brother Carl, brother-in-law Neil and fur baby Zip. Predeceased by her parents Jack and Gladys Watts, in-laws Bert and Ellen Sewell and sister-in-law Carrol Longmuir.

Mom and Dad were married on May 6, 1961 in Swan River, MB; and lived throughout the province of Manitoba during their

marriage, finally settling in Selkirk.

Mom grew up in Swan River and told many stories of her younger years. She was a stay at home mom when we were young and later worked at the Bank of Montreal where she had an affinity for numbers and always balanced to the penny. She loved curling, playing cards, shopping, road trips and socializing with her friends. Mom was the last surviving member of the neighborhood "Golden Girls" (look out Heaven, here she comes!). Mom excelled at golf and won numerous events throughout her life. She will be remembered for her unique swing and always being straight down the middle.

Mom sat on the Executive Committee for the Selkirk Ladies Golf Club and was able to attend the Ladies windup in September which she thoroughly enjoyed. Mom also loved to go to the casino and we are sure the revenue will decrease for the one and five cent machines. Mom was most happy tending her bar for her family and friends.

Special thank you to Dr. Badenhorst and his receptionist Val; Dr. Viallet, Dr. Butler and his nurse Robert, the Radiation Department, Dr. V. Gordon, Dr. R.R. Lindenschmidt, Dr. Alexander and the staff at Selkirk Cancer Care; Dr. J. Gingrich; Selkirk Home Care and especially Dr. Donna Clark and Melanie Bernas from Palliative Care Selkirk for the excellent care in making Mom's last wishes possible.

Cremation has taken place and as per her wishes there will be no formal funeral. A remembrance is planned for her favorite time of year, the beginning of golf season, at the Selkirk Golf & Country Club on Saturday, May 2, 2020 from 1:00 p.m. to 3:00 p.m.

In lieu of flowers, donations may be made to the Winnipeg Humane Society, Cancer Care Manitoba or a charity of your choice.

Rest in Peace Mom

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Jeanette Manitowich (nee Gushta)

Peacefully on Sunday, October 20, 2019 at the Selkirk Betel Home, Jeanette Manitowich, aged 90 years of Selkirk, Mb. formerly of Libau, Mb., passed away.

Jeanette was predeceased by her husband Frank (1982), son-in-law Bert Miller (1994), parents Michael and Anna Gushta and 14 siblings.

Surviving her is son Harvey (Karen), grandchildren Tyler and Karlene; daughter Audrey Miller-Cheyne (Dave Cheyne), granddaughters Denise Miller, Janine Miller, Chelsey McCall (Roman) and great-granddaughter Violet, granddaughter Ashley Michaluk (Nick) and great-grandchildren Brandt and Emilee. Jeanette is also survived by sister Valerie Manitowich of Libau, brother Albert (Anne) of Kamloops BC, in-laws and numerous nieces and nephews across Canada.

Thank you to the caring staff of Betel Home and others along her journey.

Rest in peace

A memorial service will be held on Friday, November 1, 2019 at 3:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Private interment will be at a future date.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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Importance Notice from the Sacred Heart Church Roman Catholic Cemetery

To Residents of Garson and surrounding areas;

Due to unfortunate circumstances, all parish cemetery records are no longer in the possession of the parish. These records include receipts for prepaid plots, the current cemetery map with reserved plots, and miscellaneous records.

In order to move forward the Parish will:

1. Honour any prepaid and reserved gravesites upon presentation of a receipt of payment.
2. Create a new and updated cemetery plan to ensure that all prepaid grave sites are accounted for.
3. Open a new row for grave sites in the cemetery.
4. Reconstitute the cemetery records which will be kept for safe keeping at the parish office.

In order to help us achieve the above-mentioned plan we will need your help:

- Please mail or bring copies of receipts for any prepaid grave plots, and miscellaneous records to the parish at: Sacred Heart Parish Garson
P.O. Box 70 Garson, Manitoba R0E 0R0

Your help will ensure any promises made will be honoured. Please provide the information before November 30, 2019; otherwise, reserved gravesite may no longer be available after this date. Furthermore, if you know of anyone who has purchased a plot and has not received this notice, please pass on this information. We regret any inconvenience this situation may cause you and appreciate your cooperation.

Sacred Heart Administration Board



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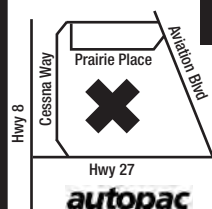
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