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THURSDAY, NOVEMBER 13, 2025

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Library expansion gets boost

RECORD PHOTO BY KATELYN BOULANGER

Jeanne and Dexter Harvey have made a generous \$100,000 donation to the Gaynor Family Regional Library's children's section expansion project. This will get the library much closer to its fundraising target and provide better library services for our community. The library is still accepting community donations. Learn more about this generous gift inside. Pictured: Erin Nosal, Chairperson of the Gaynor Family Library(left) with Ken Kuryliw, Library Director(right), and Jeanne Harvey(centre).

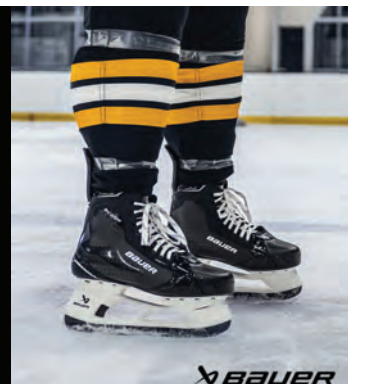
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Library gets a huge boost from Dexter and Jeanne Harvey

More fundraising still needs to come in by the end of the month to reach children's expansion goals

By Katelyn Boulanger

The Gaynor Family Regional Library is one of the few spaces in the community that everyone can come, free of charge, and is welcomed with open arms and a library card. To make the space a little more inviting for our youngest residents, they have been working on fundraising for an expansion to the children's section. That fundraising got a big boost a couple of weeks ago when Jeanne Harvey announced that she and her husband, Dexter, would be donating \$100,000 to the project.

Ken Kuryliw, Library Director, ex-

plained that generous donations like this have contributed to many parts of the library.

"This expansion will improve services for all users, from a wonderful new children's area, expanded study areas for youth and young adults, to more room for adults and senior services programming. Our library has a wonderful history of families like the Gaynors, the Rob and Carolyn Cox sponsorship of our outdoor decks, Bob Jefferson in the Heritage Room, Barbara Knowles' Family for the fruit

Continued on page 4



RECORD PHOTO BY KATELYN BOULANGER

Erin Nosal, Chairperson of the Gaynor Family Library(left) with Ken Kuryliw, Library Director(right), and Jeanne Harvey(centre) at the big donation announcement.

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RECORD PHOTO BY KATELYN BOULANGER
Jeanne Harvey talking about how her love of books and husband's dedication to volunteering had them make the decision to make this generous donation.

> DEXTER AND JEANNE HARVEY, FROM PG. 3

orchard seating, the Gerdau Heritage Wall, and now we have an exciting new family as part of our team, Jeanne and Dexter Harvey," he said.

In honour of this donation, the Theatre at the library has been named the Jeanne & Dexter Harvey Theatre.

Kuryliw wanted to take the time to tell the crowd at the library a little bit about Jeanne and Dexter Harvey.

"Jeanne and her husband have been long-term supporters of our area with a focus on health care and Age Friendly activities. I know Dexter through his Age Friendly activities, and Jeanne has been a frequent library visitor for over 25 years. They've lived in Netley Creek and Selkirk, and have been a vital community family in our area," he said.

Kuryliw then invited Jeanne Harvey up to the podium to talk about what inspired this donation.

"I've always been very interested in libraries, and I think it had to do with my growing up in a rural area. We did not have a library, and I was thrilled when, in the house we lived in, the boys who had lived in it before us had

left some books," said Jeanne.

She went on to explain that they didn't always live in Selkirk but that they decided that the community was the right fit for them in retirement.

Dexter Harvey had been a professor at the University of Manitoba from 1971 until 2003, and Jeanne explained that he was a very heavy-duty volunteer even before his retirement.

"He was a senior member within the Manitoba Heart Stroke Foundation and the Canadian Cancer Society, and then after retirement, Dexter volunteered with the Interlake Regional Health Authority," said Jeanne.

The Harveys felt that being part of our community means more than just living here.

"We always felt that if you lived in a community, you should do everything in that community and try to support the community, and their causes, and also the businesses. Throughout the years in the area, we have enjoyed a lot of things here—the walking program at the Rec. Centre; the Selkirk Legion, where Dexter was a member

Continued on page 5

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> DEXTER AND JEANNE HARVEY, FROM PG. 4

of the colour party; The Over 60 Club; Gordon Howard Centre; the Selkirk and District Community Foundation; The Age Friendly Committee; The Community Arts Centre; and, of course, the Gaynor Family Regional Library. When I heard about the expansion campaign for the Gaynor Family Library, I was pretty excited, because it is a wonderful place of learning, discovery, adventure, and so very, very much enjoyment to everyone in the communities around," she said.

Personally, Jeanne explained that libraries have been very important to her.

"Having access to books has been my saving grace, and I'm going to try not to get too soppy, but reading has given me comfort, enjoyment, and escape from the challenges that life brings us. I'm grateful, and I'd like to say that the library is such a huge gift to all of us," she said.

She ended by thanking the library staff for all of the hard work that they do.

This expansion to the library is important to our community as it means that they will be able to provide a lot more for library patrons and the groups that use the library. The expansion project will boost the children's section by 6,000 sq ft., expand the library's collection to a better size for the number of residents who

use the library, and reconfigure other parts of the library so that there will be more programming spaces and more study space for students.

The total cost of the expansion was originally \$2.5 million, and our region's municipalities have generously donated \$1.2 million, which means that \$1.3 million was needed from the community to complete the project. Generous donations, like this one, have brought that number down quite a bit, but there is still a way to go.

This donation comes after Jim and Betty Gaynor have agreed to match donations received at the library between now and Dec. 1 up to \$300,000, which now includes the donation by Dexter and Jeanne Harvey.

Any donation, big or small, is helpful and is matched.

"Time is moving quickly, so we ask the community to help us get there, and then we can start the construction early in the new year," said Kuryliw.

Residents who would like to contribute to future generations' ability to enjoy this community space can give online at <https://gfrl.org/continue-our-story> or in person at the library during opening hours.

If you'd like more information about the expansion, onsite recognition, or arranging a multi-year gift, please contact Kuryliw, Library Director, at 204-785-2204 or kkuryliw@gfrl.org.



RECORD PHOTO BY KATELYN BOULANGER

Ken Kuryliw speaking at the big announcement.

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The Garry gets some great news as Rotarians make major donation

Selkirk Rotary Club is helping the City transform The Garry Theatre

By Katelyn Boulanger

The Garry Theatre is an iconic building in Selkirk. From the distinctive shape of the building to the memories that residents have of grabbing popcorn and sitting down to a movie with friends and family, it's a place that is near to many hearts. When The Garry closed its doors, the City of Selkirk decided not to let go of that legacy and purchased the property. From then, the City has been working on restoring it and is now getting a great boost thanks to the Rotary Club of Selkirk, who's multi-year commitment of \$87,500 will make the renewal of The Garry possible.

Selkirk's CAO, Duane Nicol, was the emcee for the event and started off by discussing the journey so far.

"When The Garry closed in 2021, all Selkirkians felt the blow. It wasn't just an economic loss for the city. It was a kick right in the confidence while COVID had us down. The theatre



RECORD PHOTO BY KATELYN BOULANGER

Selkirk Council, staff and Selkirk Rotary Club members gathered to celebrate the \$87,500 commitment made by the Rotary Club to support The Garry Theatre being transformed into a community space.

failed under an extractive business model, that is to say, a model of business where a large corporation, from away, extracts as much profit as possible and pulls it out of a town to feed shareholder dividends. That is not a specific criticism of our former owner.

It's just how business is done in the industry. Now, if

The Garry was to thrive, we knew that we had to redevelop the theatre using a new regenerative business model, a model that prioritizes growing the local economy, meeting local needs, and putting all of that over making personal profit. At its heart, this project isn't just about a movie theatre. It's a community development project. It's about delivering economic, social, hu-

man and cultural returns for generations to come," said Nicol.

He explained that the future of the project is a community-led, grassroots enterprise and then called on Selkirk Mayor Larry Johannson to add his thoughts.

"The Gary Theatre holds a special place in Selkirk's history and in the hearts of the people who live here. Restoring and revitalizing this space isn't just about bricks and mortar. It's about bringing people together, celebrating arts and culture and creating a gathering place that strengthens our community connections for generations to come. That's why today's announcement is so exciting. The Rotary Club of Selkirk has a long tradition of service and generosity in this community, and today, that tradition continues. Through their sponsorship of The Gary Theatre. The Rotary Club is once again showing what can happen when community-minded people come together to make a difference," he said.

This generous gift of \$87,500 by the Rotary Club marks the major milestone of The Garry Theatre getting its first major community sponsor and a multi-year commitment with the city, which will ensure support for reno-

Continued on page 7

The Holy Hams of Selkirk United Church present the casual but quirky comedy...



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> ROTARIAN DONATION TO THE GARRY, FROM PG. 6

ventions, programming and operating costs.

"On behalf of Selkirk Council and the citizens of Selkirk, I want to express our sincere gratitude for your(the Rotary Club's) investment in this project and your investment in our community's future. The Garry Theatre will soon be a place where stories are told, music will be played, and memories will be made, and the Rotary's support will be part of creating that legacy," said Johannson.

Rotarian David Thorne came up next to talk about why the Rotary Club felt that this was an important partnership to make, and investment in the community to support.

"The community made it abundantly clear that the Garry Theatre was a priority. And as such, the Rotary Club wanted to make sure that the goal of bringing back The Garry Theatre to life was achieved. It's been part of our community for over 77 years, and is more than just a building. It's a place where people can share an experience, getting away from your iPad, getting away from streaming on a TV,

and interacting with people, which is the heart of any community," said Thorne.

Because of the history the theatre holds, investing in The Garry's future made sense for the service organization.

"It's a place where we'll be able to bring each other together. And that's why, ladies and gentlemen, it gives me great pleasure, on behalf of the Rotary Club, to announce an \$87,500 over five-year partnership with the City to bring The Garry back to life," said Thorne.

This may be the first major sponsorship of The Garry, but every donation of any size counts and the City is getting closer and closer to their fundraising goal.

If you would like to donate, The Garry Theatre sponsorship program allows all residents to make donations of any size and contribute to the future of this iconic community space. You can learn more about donating at <https://www.myselkirk.ca/garry-theatresupport/>.



RECORD PHOTO BY KATELYN BOULANGER

Rotarian David Thorne signing the giant cheque in celebration of the donation.

Manitoba Hydro, Fisher River Cree Nation sign collaboration agreement

By Lana Meier

Manitoba Hydro and Fisher River Cree Nation have signed a new collaboration agreement aimed at advancing energy self-sufficiency and supporting long-term economic de-

velopment in the community.

The agreement, titled *mâdawî-atoskêtan* — meaning "working together" — establishes a framework for the two parties to jointly explore and evaluate energy projects that

reduce consumption, increase local energy generation and create sustainable economic opportunities. The arrangement will see both groups meet regularly to identify priorities and carry out feasibility studies on proposed initiatives.

"Manitoba Hydro is committed to strengthening and improving our relationships with Indigenous communities," said Allan Danroth, Manitoba Hydro president and CEO. "Through the *mâdawî-atoskêtan* agreement we are charting a new path toward understanding the evolving energy needs of Fisher River and providing the service to support those needs as part of our commitment to economic reconciliation."

Chief David Crate said the agreement aligns with the community's vision for long-term growth.

"Our community is looking to the future and the *mâdawî-atoskêtan* agreement lays the groundwork for greater energy self-sufficiency and economic growth," Crate said. "We're looking forward to collaborating with Manitoba Hydro to build a brighter future for our people."

Under the agreement, discussions will centre on projects that could support community needs and economic expansion, including district or individual ground-source heating systems, energy efficiency upgrades for older commercial buildings, and

analysis of Hydro equipment currently serving the community to determine whether system improvements are required.

A key area of interest is the potential expansion of Fisher River's existing solar farm, which is currently the largest in Manitoba. The parties will also explore the feasibility of connecting the community to the natural gas distribution network, as well as opportunities to pilot emerging renewable technologies such as community-scale wind power.

The *mâdawî-atoskêtan* agreement is in effect for five years. Each party is responsible for its own participation costs.



RECORD PHOTO SUBMITTED

Manitoba Hydro President and CEO Allan Danroth and Fisher River Cree Nation Chief David Crate sign the *mâdawî-atoskêtan* (Working Together) collaboration agreement in Fisher River Cree Nation. The five-year agreement will explore opportunities for energy self-sufficiency and community economic development.

Clandeboyne Community Club

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Free Admission! **30 VENDORS!** Canteen available for hot food

Gingerbread House Contest
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The Selkirk Record



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Unicorn to make magical appearance at Holiday Alley

By Lana Meier

Holiday Alley is doubling down on its reputation for the whimsical and unexpected with news that a unicorn will be joining the festivities later this month.

Organizers aren't revealing much about how the mythical creature will make its debut, but say families should be ready for photos on Manitoba Avenue on Saturday, Nov. 22, from noon to 4 p.m.

The introduction of a unicorn is in keeping with the festival's tradition of surprising visitors with imaginative features, said Lois Wales, president of Red River North Tourism.

"The team gets a bit wacky – like who would think 200 people every year would write poems based on words on sheep – but it works and is a visitor favourite," Wales said, noting that Travel Manitoba named Holiday Alley the Best Event in Manitoba in 2023.

Now in its ninth year, Holiday Alley blends new programming with returning favourites, Wales said, adding that this year's lineup reflects contributions from youth, newcomers, business owners and volunteers across the region.

Eight newcomers from Ukraine, Nigeria and India have collaborated on the Newcomers' Storytelling Café, which will share personal journeys at Knox Presbyterian Church on Saturday, Nov. 22 at 10 a.m.

A new food and beverage component will also be introduced, with Nobüz Market hosting non-alcoholic cocktail design workshops at 244 Manitoba Ave. on Saturday at 5 p.m. and 6:30 p.m.

Local students and educators are contributing three new art installations featuring lanterns, hand drums and tiles exploring themes of reconciliation. An Indigenous Ribbon Skirt Fashion Show will take place outdoors on Saturday, Nov. 22 at 1 p.m.

For those seeking a quieter moment, Glow Fitness will host a restorative sound bath on Friday, Nov. 21 at 8



RECORD PHOTO BY TYSON NELSON SUBMITTED

Easel Wars at the Gwen Fox Gallery gets full quickly, so get there early Saturday to book your spot.

p.m. on Clandeboye Avenue.

Holiday Alley will also feature two choral performances at the United Church on McLean: one on Thursday, Nov. 20 at 7 p.m. and another on Saturday, Nov. 22 at 4 p.m.

Fire on the Red III returns to the Selkirk waterfront on Saturday, Nov. 22 at 7 p.m., with two large straw sculptures set to be burned — a first for the event — created in collaboration with students.

Easel Wars, a popular highlight at Gwen Fox Gallery, will run Saturday

from noon to 3 p.m., where participants race to paint surprise subjects. Organizers say space fills up quickly.

Santa will also be back on Holiday Alley, with visits Friday night on the street and a breakfast event on Saturday, Nov. 22 from 9 to 11 a.m. at the Mighty Kiwi in the Riverside Grill.

The full festival schedule, running Nov. 19–22, is available at holidayalley.ca.



> CONTACT US

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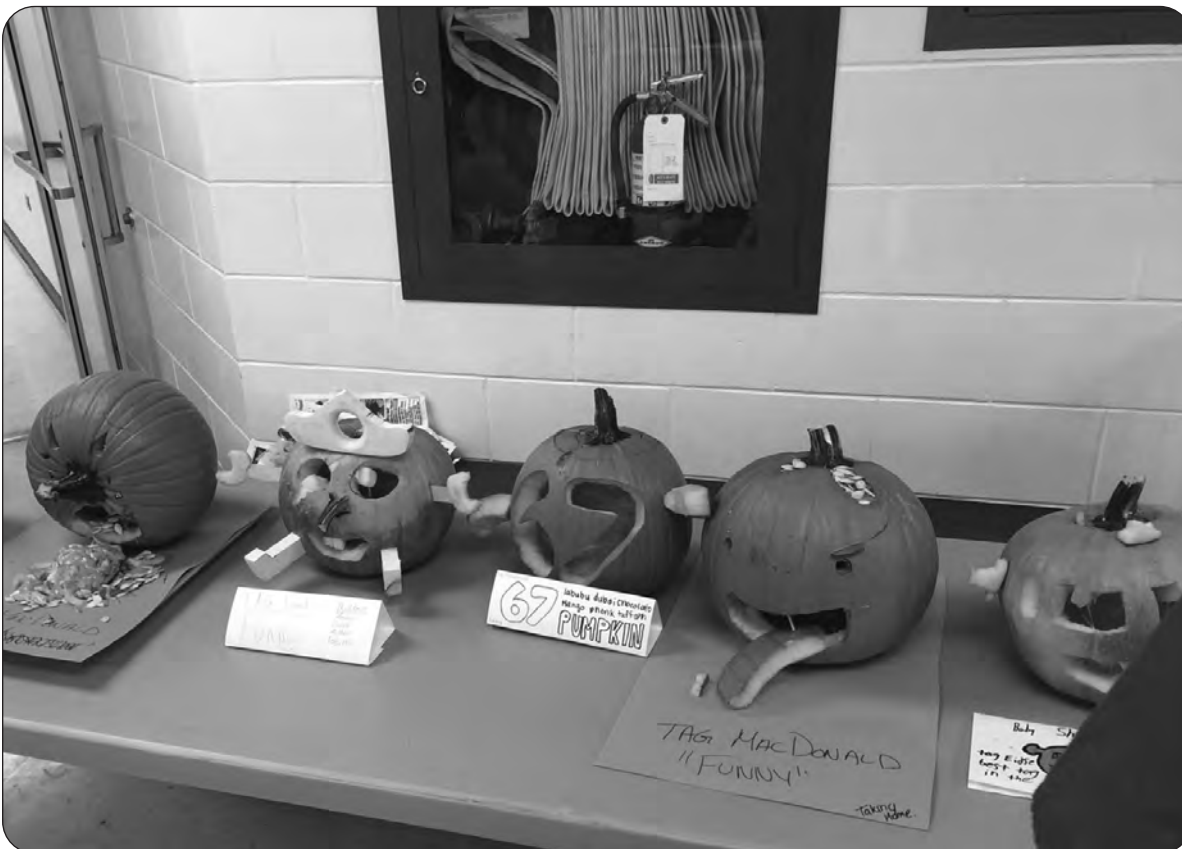
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Lockport School makes Halloween week fun



RECORD PHOTOS SUBMITTED

The many students on the Lockport Leadership Team made Halloween week a great time for their fellow students and the community. They started the fun on Oct. 30 when they decorated The Haunted Hall and set up during the noon hour to scare anyone who walked through. On Oct. 31, there was a noon-hour costume contest, which had so many great costumes that judging was really difficult. On Halloween, they also hosted a pumpkin carving contest with support from Aaron's No Frills in Selkirk. Leftover pumpkins became a delicious snack for some local farm animals. And, in addition to the fun, the students set the school up to give back, from Oct. 22 to Nov. 3, as they once again hosted their annual We Scare Hunger Food Donation Drive. The school collected 400lbs of food for the Selkirk Food Bank.



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"Come unto me, all ye that labour and are heavy laden, and I will give you rest"
(Matthew 11:28)

St. Andrews School smashes fundraising goal – and some pies

By E. Antonio

It was a lively assembly at St. Andrews School on Nov. 3 as students celebrated blowing past their Terry Fox Run fundraising goal — and watched several staff members take pies to the face in recognition of the effort.

At the start of the school year, staff challenged students to raise \$4,000. They didn't just meet the mark — they sailed well beyond it.

"The truth is, Dragons — we total-

ly crushed that goal," said Phys. Ed. teacher Kim Harris, pumping up the crowd before announcing the final total.

Students raised \$6,286, exceeding last year's total by more than \$200 despite having fewer students enrolled.

"Thank you to those of you who asked for fundraising money from your parents, families and neighbours," said fellow Phys. Ed. teacher Natasha Loeppky. "You are helping keep Terry's dream alive and helping people who are sick with cancer. People survive because of research — research that is supported by the money you've raised. You are making a difference, and we are very proud of you."

To motivate students, the school offered a pizza party to the class that raised the most, along with a home pizza party for the top individual fundraiser.

Ms. Reitmeier's Grade 5 class earned the class pizza party with a total of \$935. Of that, \$700 was raised by one student, Alexa, who will also enjoy the home pizza party with her family.

And because the school surpassed its goal, students unlocked a high-energy reward: the chance to pie five staff members in the face. The top 12 fundraisers' names were entered into a draw, and each teacher randomly selected the student who would do the honours.

The gym erupted with chants of "In the face!" as whipped-cream pies landed on the principals, gym teachers and music teacher — much to the delight of the crowd.

"Excellent job, everyone," Loeppky said. "We are very proud of all of you."



Wyatt steps forward to pie Mr. Leduchowski, one of five teachers who volunteered as part of the school's fundraising celebration.



RECORD PHOTOS SUBMITTED

Jase delivers a whipped-cream pie to Ms. Goosen as part of a school-wide celebration at St. Andrews School on Nov. 3. Students exceeded their Terry Fox Run fundraising goal, raising \$6,286 for cancer research.



Mr. Leduchowski draws the name of the student who will get to pie him, chosen from the top 12 fundraisers.

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- Start time @5pm, 7pm, 9pm
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Tessa pies Ms. Taylor as the gym erupts in cheers during the school's celebration assembly.

Gifts from Angels back to celebrate our seniors this holiday season

Give a small gift this season to let our seniors know how valued they are

By Katelyn Boulanger

Our region's seniors and elders' contributions to our community shaped the community that we live in today. To thank them and make sure that even if they don't have family or friends close by, they know they are valued by this community, Wendy Meger, the General Manager of Selkirk Home Hardware Building Centre, is once again hosting the Gifts from Angels program, where residents are invited to purchase gifts for residents of local care homes this holiday season.

"(Creating the program) was driven by a commitment to give back and make a positive impact on the lives of the local care home residents," said Meger.

The program is pretty simple to participate in.

"Residents come here to Home Hardware, find an angel on our Christmas tree. Each angel represents a resident from the care home who

maybe doesn't have family nearby, or in some cases, none at all. The number on the angel represents the age of the residents, and their first names are also included to help personalize the gifts. Once the residents purchase an appropriate gift, they are to bring the unwrapped gift to the store along with the original angel tag. We then wrap the gifts and we deliver them to the care homes," said Meger.

She feels that having a program like this in the community is very important.

"It's so that the residents know that even though they're in a care home, the community hasn't forgotten about the seniors. I mean, Selkirk has a huge senior community, so for them to know that they're not just going to go in a home and be forgotten, if they don't have any family nearby, we just want to make sure that they know that they are still valued," said Meger.

This year, the Gifts from Angels program will be giving over 300 gifts to

our local care homes, which include: Tudor House, Woodland Courts, Red River Place, Betel Home, and the seniors' wing of the Selkirk Mental Health Centre.

This year's program is extra special because in past years, this has just been a local initiative, but through the hard work of Meger and Selkirk Home Hardware, they've actually inspired others.

"I received a phone call from Thompson Home Hardware, and they had heard about our program for seniors, and she was inquiring about how the program worked. She was very interested and thought it was an amazing initiative. I got word back from her that they are actually adopting it and putting it in place in Thompson," said Meger.

As for the gifts themselves, the tags will often have suggestions of what gifts might go over well with the care home residents. Some items that are often included in the gifts in this program are things like blankets, mugs, books, lotion, slippers and maybe a

little treat.

If picking out the perfect gift isn't your cup of tea, but you still want to participate in the program, you can also make a financial donation to the program at Home Hardware by choosing a specific tag and bringing it up to the till.

This program has been going on locally for several years at this point, and Meger said that the residents of the care homes are always very grateful to be remembered.

"We always receive positive feedback from the care homes on how much the residents appreciate it. Even some of the staff members are moved to tears when they're telling us the stories. Just hearing that makes it all worth it," she said.

The Gifts from Angel program runs starting Nov. 14, and all gifts need to be in by Dec. 15.

She encourages anyone who is interested and able to participate to come to Home Hardware and check out the tree where the angel tags are hung.



RECORD PHOTO SUBMITTED

This year's Gifts from Angels Tree will look very similar to this previous year's version. Check it out at Home Hardware Selkirk.

The G.O.A.T. Fundraising



RECORD PHOTO SUBMITTED

Lockport School students had the greatest of all time success this year for their Terry Fox Foundation fundraising. One of the school's Phys. Ed. teachers, Ryan Penner challenged Principal Harold Freiter to issue a reward, should the students break their Terry Fox Foundation fundraising goal of \$1,000 and then double it to \$2,000, he would kiss a goat. The challenge was issued, and the students who took on the task weren't kidding around. They raised an impressive \$4,700, crushing their previous record. Principal Freiter then honoured his deal, and Ellie the goat came to the school to help. Lockport School staff want to thank the community for all of their support.

Local Arborg shepherd and his sheep bring poetry to Holiday Alley

Holiday Alley brings four days of creativity, culture and community to downtown Selkirk

By Lana Meier

One of the most popular attractions at the Interlake's largest cultural festival owes its success to a sheep farmer from Arborg.

Three years ago, organizers of Holiday Alley in Selkirk approached Arik Lindal, Interlake director of the Manitoba Sheep Association, to help launch a new art project called Sheep Poetry. Since then, it has grown into one of the festival's signature activities. Holiday Alley runs Nov. 19 to 22 in downtown Selkirk.

Lindal transports eight sheep from his farm, provides the pen and helps fasten bibs around each of the animals. Each bib features a festive word. Visitors of all ages are encouraged to write poems inspired by the words on the sheep as they wander the enclosure. The poems are then displayed on the pen fence as public art, with this year's installation led by artist Claire Boning.

Lindal says he didn't expect to enjoy the role as much as he does.

"Originally I was just going to bring the sheep down and stand back, but I now spend a lot of time answering questions from children and adults about sheep farming," said Lindal, who comes from a long line of cattle farmers.

The event blends culture, creativity and agriculture — a hallmark of Holiday Alley.

"The enchanting thing about Holiday Alley is the fine balance it creates between dreaming up new and creative ideas every year and bringing back fan favourites," said Lois Wales, president of Red River North Tourism. "The team gets a bit wacky — like who would think 200 people every year would write poems based on words on sheep — but it works and is a visitor favourite." She noted that Travel Manitoba named Holiday Alley the Best Event in Manitoba in 2023.

New programming this year reflects contributions from youth, community members and newcomers across

the region.

Eight newcomers from Ukraine, Nigeria and India have collaborated on the Newcomers' Storytelling Café, taking place Saturday, Nov. 22 at 10 a.m. at Knox Presbyterian Church on McLean Avenue in Selkirk.

A new culinary workshop hosted by Nobüz Market will explore the art of crafting non-alcoholic cocktails on Saturday, Nov. 22 at 5 p.m. and 6:30 p.m.

Students and educators are introducing three new art pieces exploring reconciliation through lanterns, hand drums and ceramic tiles. An Indigenous ribbon skirt fashion show will take place on the outdoor stage Saturday, Nov. 22 at 1 p.m.

For visitors seeking a slower pace, Glow Fitness will host a sound bath on Friday, Nov. 21 at 8 p.m.

Holiday Alley will also feature two choral performances at the United Church on McLean on Thursday, Nov. 20 at 7 p.m. and Saturday, Nov. 22 at 4 p.m.

Fire on the Red III returns to the Selkirk waterfront Saturday, Nov. 22 at 7 p.m., where two giant straw sculptures created in collaboration with local students will be set ablaze. It re-

mains the only public straw-burning art installation of its kind in Manitoba.

Back by popular demand, Easel Wars will run Saturday, Nov. 22 from noon to 3 p.m. at the Gwen Fox Gallery, where friends and family compete to complete paintings in rapid-fire rounds. Spots fill quickly.

Santa will also make multiple appearances, including selfies on the street Friday evening and Breakfast with Santa at the Mighty Kiwi in the Riverside Grill on Saturday, Nov. 22 from 9 to 11 a.m.

The full Holiday Alley schedule is available at holidayalley.ca.



Sheep in festive bibs mingle during the Sheep Poetry installation at Holiday Alley in Selkirk, where visitors write poems inspired by the words on each animal.

Cadets Poppy Day



RECORD PHOTO SUBMITTED

On Nov. 8, sea cadets from #77 Daerwood and #96 Lord Selkirk Navy League corps spread out across Selkirk to sell Poppies. The funds raised from this day go to our local poppy fund which supports veterans and their families in our region.



RECORD PHOTO SUBMITTED

Sheep Poetry on Holiday Alley is made possible by Arborg farmer Arik Lindal and his handsome sheep.

Phoney 'Manitoba Justice' texts demand payment for bogus fines

By Lana Meier

An Interlake woman is warning others to be cautious after nearly falling victim to a convincing text-message scam claiming to be from Manitoba Justice.

Paulette Leduchowski said she received a message on Nov. 3 that appeared to be an official "final notice" about an outstanding traffic fine linked to her vehicle. The text urged her to "review and complete payment as soon as possible to avoid further administrative action" and included what looked like a legitimate provincial link.

The text read:

"+1 (250) 466-2370 >

Manitoba Justice – Final Notice

Our records indicate an outstanding traffic fine linked to your vehicle.

Please review and complete payment as soon as possible to avoid further administrative action.

<https://manitobajustice.com/Pay>"

Leduchowski clicked the link, which asked her to confirm her driver's licence number. Because she didn't recall the number off the top of her head, she asked her husband, Gordie, to help her look it up and enter it. After submitting the information, she began to feel uneasy.

"It just didn't sit right," she said. "If they already had my name and phone number on file, why would they need my licence number? And if they have your licence number, they have your photo too. That's when I knew something was off."

She immediately phoned Manitoba

Justice directly to verify. A representative confirmed that no fine existed and that the message was a scam.

Leduchowski did not cancel her licence, but she promptly contacted friends and family to warn them.

"I just want people to be aware," she said. "It looked so real. It could happen to anyone."

The couple has encountered scams before. Three years ago, Gordie nearly fell victim to the "Grandparent Scam," where fraudsters pretend to be a family member in distress.

"They called him and said, 'Grandpa, I need help,'" Leduchowski said. "But no one in our family calls him Grandpa — he's Gigi."

Suspicious, he asked the caller to confirm his grandson's birthdate. The scammer couldn't answer and hung up.

"That's what saved him," she said. "Sometimes one small detail can stop everything."

Manitoba Justice confirms it does not send text messages to collect fines. Legitimate fines are mailed and can be verified. For more information, call 204-945-3156 in Winnipeg; or toll free 1-800-282-8069 from 8:30 a.m. to 4:30 p.m. Monday to Friday, not including holidays.

RCMP remind residents not to click on links or provide personal information in unsolicited messages.

Suspected scams can be reported to the Canadian Anti-Fraud Centre at 1-888-495-8501.

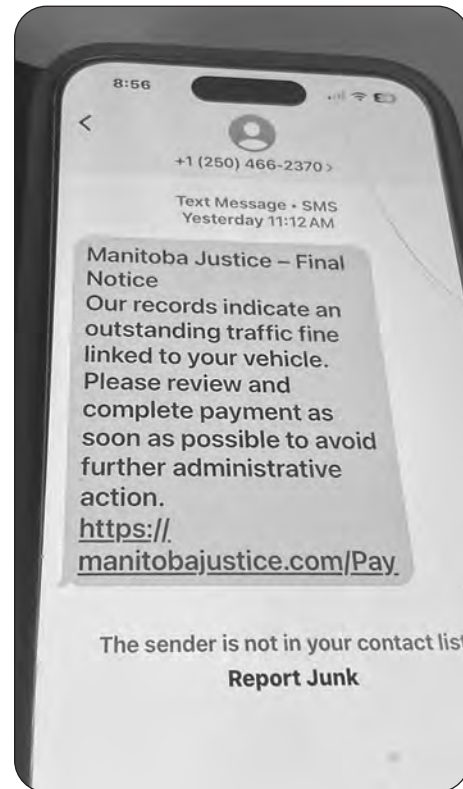


PHOTO SUBMITTED

A fraudulent text claiming to be from Manitoba Justice urged Paulette Leduchowski to pay an alleged traffic fine. The message is part of an ongoing scam.

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Selkirk formally removed from Capital Planning Region

Selkirk formally removed from Capital Planning Region

By Lana Meier

The City of Selkirk has been formally removed from the Capital Planning Region after the province adopted Manitoba Regulation 84/2025 on Oct. 23, restoring Selkirk's authority over its own land-use and development planning.

Selkirk council had unanimously voted in June to request its removal from the regional planning body,

which operates as the Winnipeg Metropolitan Region. The region was created under Bill 37, planning legislation introduced by the previous provincial government that placed several municipalities into the regional framework without their consent.

The move to withdraw follows the current government's introduction of Bill 42 last year, which provided municipalities the option to opt in or out of the region. The legislation came after widespread concern and opposition to the

region's long-term planning framework, known as Plan 20-50.

Mayor Larry Johannson said Selkirk's removal returns key decision-making authority to the community.

"We are grateful to Premier Kinew and Minister Simard for removing Selkirk from the Capital Planning Region," Johannson said. "We are hopeful that the outcome of the Bill 37 review is the restoration of some of the other authorities and responsibilities that Bill 37 stripped from all Manitoba municipalities. These are very positive steps in the right direction."

Selkirk, along with the Association of Manitoba Municipalities, had long opposed Bill 37, which critics argued centralized planning decisions and weakened local control. The province announced last week it would accept

all 19 recommendations from an independent review of the legislation.

"We agree with Minister Simard when he says that Bill 37 was 'intended to squash local community voices and centralize top-down control over municipal decisions,'" Johannson said. "Selkirk, AMM and many other municipalities have raised concerns about Bill 37 and its clear effort to remove the ability of local councils to make land use decisions that are in the community interest."

The city says withdrawing from the region ensures it retains control of municipal planning, economic development, and utility and transportation infrastructure decisions. Selkirk continues to work with AMM as the province prepares amendments to the Planning Act.

Council has also asked the province to remove the list of municipalities included in the Capital Planning Region from the legislation, noting Selkirk is still named in the act despite the regulatory change.

"We don't believe it makes any sense to have us named in legislation as a member and then have a subordinate regulation that says we're not actually a member," Johannson said. "Since they are going to be making amendments to the Planning Act anyway, we are hoping that they correct this confusing error."

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Lots start closing on Nov 27, 2025 at 10:00AM. Pick up days: Friday November 28th & 29th from 9AM to 5PM

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Lots start closing on Dec 3, 2025 at 10:00AM. Pick up days: Thursday December 3rd & 4th from 9AM to 5PM

November ONSITE Week 3 Consignment Sale. Viewing: November 24th -27th 9PM to 5PM. Bidding starts: Nov 27 2025 at 10:00AM
Lots start closing on Dec 3, 2025 at 10:00AM. Pick up days: Thursday December 3rd & 4th from 9AM to 5PM



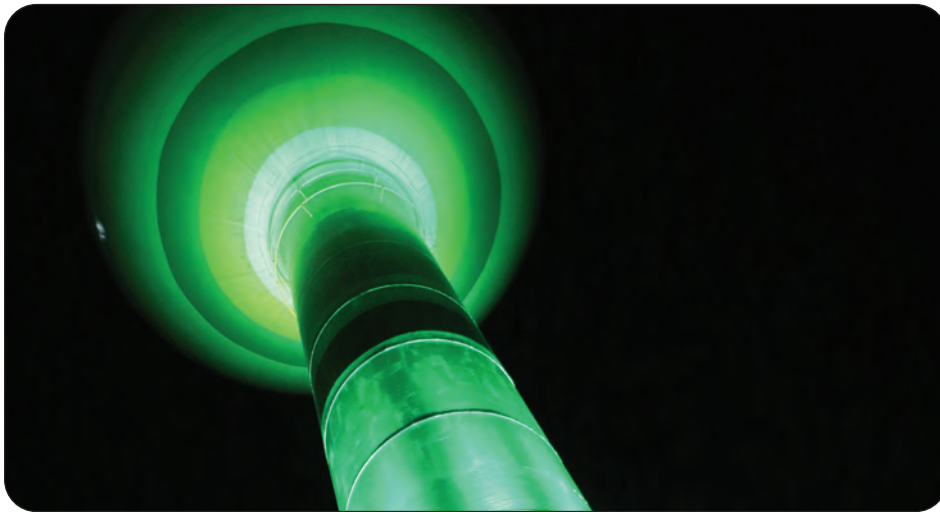
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Bringing awareness to Runaway Prevention Month



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Water Tower shone green last week marking Runaway Prevention Month. A release put out by the Missing Children Society of Canada(MCSC) says Police records show that last year, of the 32,680 children reported missing in Canada, 23,219 were considered runaways. The MCSC explained that reducing these numbers means recognizing vulnerabilities and helping to protect these kids before they feel the only solution is to leave a safe environment. As part of National Runaway Prevention Month, MCSC is sharing resources that focus on prevention and education available to help youth stay safe and connected. More information can be found on the website, <https://mcsc.ca/get-involved/national-runaway-prevention-month/>.

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Keep being you **Love your ears**

Manitoba government announces early reading screening and supports for students

By E. Antonio

Education and Early Childhood Learning Minister Tracy Schmidt announced the Manitoba government passed Bill 225, the Public Schools Amendment Act (Universal Screening for Learning Disabilities), which ensures every student in Kindergarten to Grade 4 in the province receives early reading screenings to identify and address potential reading difficulties.

"We know parents and teachers want kids to excel in school. We sup-

ported and strengthened Bill 225 to focus squarely on early reading, which is the foundation of all future learning," said Schmidt during the Nov. 4 announcement. "By acting early, we can support students before reading difficulties become learning barriers. This bill will ensure educators have the right tools and families have the right information to help children thrive."

Select school divisions have already piloted early reading screening tools this fall, including the Lord Selkirk School Division (LSSD) who has used the Acadience screener at four elementary schools.

Jerret Long, LSSD superintendent said they are still in the early stages but have started training their curriculum leads, student services centre team and their Early Years Literacy Coordinator, with training expected to be provided to teachers at the pilot schools in January and full implementation

to take place next school year.

Schools will be required to apply:

- universal early reading screening for all students in kindergarten through Grade 4 using standardized, evidence-based tools that meet criteria established by the minister;
- two screenings per year in at least three of the five early school years, to identify students at risk of future reading difficulties including dyslexia;
- parent communication through report cards, ensuring families receive timely updates on their child's progress; and
- ongoing supports and progress monitoring for students identified as needing additional help.

Long explained Acadience is the universal screener selected as it provides strong reliability and validity.

"According to those who have used it, this screener is efficient to administer and does not take up an excessive amount of classroom teacher time," he added.

He says once the appropriate staff are trained, the division will use consistent and common language when delivering the screeners to ensure their reports remain consistent.

Approximately 1,300 students will participate in the screenings which will be administered by their classroom teachers. Long noted the screening is only a snapshot and not a full

diagnostic, and any students flagged likely will require further assessment and support.

"Those supports will be dependent on the student's identified learning gaps and may include classroom-based interventions, adaptations, pull-out groups, and/or one on one support," he said. "The results from this screener must be combined with other information about the child that include observations, work samples, running records and further assessments."

Long is concerned about the staffing logistics for the screenings since LSSD will need to have several substitute teachers available while teachers get trained.

"Divisions in general lack sufficient staff to be able to meet all the demands of today's educational landscape so this will be just another challenge placed upon them to navigate."

He is unsure whether current staff will need to be reassigned and whether the division needs to hire new staff to support this change and expects changes or decisions to be made at a later time.

Once students are screened, their results will be shared with their parents or guardians in addition to the regular reports that are already shared. Any intervention suggestions will be provided for those needing additional support. Long noted if a parent has concern regarding their child's reading progress to speak with their teacher first.

"This is not a new process," Long explained. "Within our division, all students' learning needs are regularly assessed. Early identification is key and refers to the ongoing assessment process to identify students with special learning needs as early as possible in the students' education. Information is gathered to best plan and identify special learning needs in a timely manner through Kindergarten orientations, screeners, ongoing classroom-based assessments, and early transition meetings using the MB Protocol for Early Childhood Transition to School for Children with Additional Support Needs."

Overall, Long is satisfied with this announcement as it will hopefully lead to stronger students. "We would like to see continued and increased growth in our students' literacy skills that includes not only reading, but also writing, speaking and listening," he said.

"We want our students to find joy in reading and develop confidence in their ability to express themselves."



The Royal Canadian Legion, Branch 42 Selkirk would like to extend heartfelt thanks to the citizens of Selkirk and the surrounding Municipalities for their generous support of the 2025 Poppy Campaign. An extra thanks to Manitoba Hydro & Dennis and his crew from the City of Selkirk for their work getting the memorial banners up again this year.

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Labour and immigration: not so simple

By Cam Dahl, General Manager, Manitoba Pork Council

Immigration is a hot-button political issue. High unemployment for young Canadians, housing shortages and rising rents have many politicians calling for dramatic changes to Canada's immigration policies. Some are even calling for an end to critical programs like the Temporary Foreign Worker Program and for sharply reducing the number of new permanent residents.

From 2015 to 2023, federal policy was one of wide-open doors, with Canada admitting a record number of newcomers. But facing housing shortages, rising rents, and high unemployment among youth and some immigrant populations, the Government of Canada has made a 180-degree pivot. Immigration targets were cut sharply — with planned admissions for 2025 nearly 20 per cent below 2024 levels, and further reductions expected. The initial allocation for the Provincial Nominee Program was cut in half. These broad reversals do not serve the Canadian economy, nor new Canadians.

The drivers behind the shift are real. Canada's large cities are experiencing a housing crisis. Young Canadians are struggling to find work. Some regions have seen increased pressure on social services and health care. Too many newcomers have been admitted without a clear link to employment opportunities. But a nationwide, one-size-fits-all approach to immigration and labour is not the right answer.

What is needed in Toronto, Vancouver or Montreal is not the same as what is needed in other regions. The pressures facing rural parts of Canada differ significantly from those in big cities — and new Canadians are a critical part of the Manitoba labour force in places like Notre Dame de Lourdes, Neepawa, Brandon and Winnipeg. Provinces are best positioned to understand and manage labour needs in their regions.



Cam Dahl
Manitoba Pork Council

Labour shortages are already affecting hog producers. Some farmers have had to shutter barn sites due to a lack of workers — a trend that will worsen if immigration is further restricted.

To ensure sustainable hog production and pork processing, Manitoba producers and processors rely on programs like the Provincial Nominee Program. The sector hires foreign workers and supports them on a pathway to permanent residency to fill vacant, full-time positions.

This model works. Retention rates are high. Workers receive training, build careers and put down roots in the communities where they settle. Neepawa is a clear example — one of the fastest-growing towns in the country, with new infrastructure and a strengthened local economy supported by hog-sector investment and the newcomers who make that industry possible.

Labour shortages also have implications beyond productivity. The hog sector has invested heavily in biosecurity and disease management, including preventing and responding to Porcine Epidemic Diarrhea (PED), Porcine Reproductive and Respiratory Syndrome (PRRS), and foreign animal diseases such as African Swine

Fever (ASF) and Foot and Mouth Disease (FMD). Without sufficient labour, these efforts become more difficult, increasing risks to herd health and animal care.

These risks are not hypothetical. The PED outbreak in Manitoba from late 2021 through spring 2023 is estimated to have cost the industry more than \$100 million. In the United States, PRRS is estimated to cost \$1.65 billion annually.

Hog production and processing in Manitoba can grow — but only if barriers like labour shortages are addressed. New barns and processing investment support not only rural employment but also help sustain communities by growing population, school enrollment, local business opportunities and community services.

Budget 2025 included positive commitments to prioritize immigration for rural, remote and tariff-impacted

sectors, and to increase the number of newcomers arriving to fill specific job needs. However, more action is needed. Canada must move away from blanket national targets and adopt policies tailored to regional needs. The Provincial Nominee Program has proven successful in doing exactly that — and should be strengthened, not reduced.

Second, policy emphasis should shift from the sheer number of arrivals to the alignment between newcomers' skills and labour market needs — including those in Manitoba's hog sector.

Immigration and labour realities vary widely across Canada. Rather than short, social-media-ready soundbites, governments should focus on thoughtful policies that respond to regional and sector-specific needs.

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Your

Health

Pediatricians help to fill in missing gap in area's health-care needs

Doctors Wail Seleem and Akil Hammam helping Selkirk kids

By Katelyn Boulanger

Going to the doctor can be a nerve-racking task for anyone. Easton Place now has two pediatricians, Dr. Wail Seleem and Dr. Akil Hammam, who are making that experience a little kinder for our area's younger residents.

Dr. Akil Hammam

Dr. Hammam is a pediatrician who is also subspecialized in newborn intensive care. He started at Easton Place in Selkirk a little over a year ago.

He felt he was drawn to pediatric medicine.

"The thing that drew me to pediatrics, I've been mesmerized by little kiddos just seeing how well they do and their outcomes," he said.

Hammam explained that he wanted to work in Selkirk because he'd heard good things about the community and his family, including his three kids, liked the area.

"I did my fellowship in Winnipeg. And then, started looking around. As everybody does, you apply everywhere and send your



RECORD PHOTOS SUBMITTED

Dr. Wail Seleem.

papers out. And then, (I heard back from) Dr. Anthony Anozie. I remember driving out to Selkirk, checking out the clinic, checking out the hospital. We drove around in the car with my family, my wife, and kids. We loved it," he said.

He's enjoyed getting to know the people in the area and his fellow health-care workers.

"The good thing is, it's not far out from Winnipeg, so when I need to

refer out patients that might need some specialties, everything is within reach. And again, there's a lot of interesting activities that kiddos like. Part of my (taking a) history is asking kiddos about what they like to do in their free time, (and I get) interesting things like fishing and curling," said Hammam.

After working in our community

Continued on next page

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Continued from previous page

for a little while, he just wishes he had more time to help more people.

"I often find myself wishing for more clinic time. There are so many kiddos I'd like to be more present for," said Hammam.

Dr. Wail Seleem

Dr. Seleem is a recent addition to Easton Place, having started a little over a month ago.

Throughout his work, he's found that pediatric medicine was the right fit for him and has decided to bring his skills to our region.

"I have a passion to deal with the small kids. I also work in the Health Science Center and St. Boniface on the neonatal intensive care unit. I've worked before in the pediatric emergency department. All my career has been more focused towards pediatrics because it's the age group that I love to help," said Seleem.

He's no stranger to working with children, with his years of experience in the hospitals in Winnipeg, but also recently completed training that means he's as up to date as possible on general pediatric work, which is a boon for our community.

He decided he wanted to work in our area because of the many benefits of the region.

"Selkirk is a nice community, close to Winnipeg. It has a variety of cases. I know that for the last seven years (before Dr. Hammam arrived), there were no pediatricians in Selkirk, and so there was a



Dr. Akil Hammam with his son.

high need to have a pediatrician for patients in Selkirk to serve the large population," he said.

So far, Seleem says that he is enjoying that Selkirk is in a good central location in the area to be able to help out a lot of people.

As for himself personally, he's a father of three and he's looking forward to driving in from Winnipeg

to help patients and use his skills.

"I have a vast experience in different pediatric specialties, that I hope will be helpful to the population of the Interlake Region," said Seleem.

To learn more about Easton Place, check them out online at <https://eastonplace.ca/>. You can also call 204-482-4044.

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November Awarenesses

- Crohn's and Colitis Awareness Month
- Diabetes Awareness Month
- Eczema Awareness Month
- Fall Prevention Month
- Indigenous Disability Awareness Month
- Lung Cancer Awareness Month
- Movember
- Osteoporosis Month
- Pancreatic Cancer Awareness Month
- Pulmonary Hypertension Awareness Month
- Radon Action Month
- National Pain Awareness Week – November 2 to 8

- World Neuroendocrine Cancer Day – November 10*
- National Nurse Practitioner Week – November 10 to 16
- World Diabetes Day – November 14*
- National Addictions Awareness Week – November 16 to 22
- World Prematurity Day – November 17*
- National Grief and Bereavement Day – November 18
- World Antimicrobial Resistance Awareness Week – November 18 to 24*
- National Enteropathic Arthritis Day – November 19*
- National Child Day – November 20*
- International Day for the Elimination of Violence Against Women – November 25*
- Stomach Cancer Awareness Day – November 30*

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Selkirk Friendship Centre, 425 Eveline St.
Funded in part by Manitoba Arts Council, Selkirk & District Community Foundation and Selkirk Community Renewal Corporation
Coordinated by Jacqueline Bercier, Jeannie White Bird, and Kat Marsch

WEDNESDAY, NOV 19

FIRE ON THE RED III: OPEN HOUSE

10AM-12PM Selkirk Agricultural Society Building, Selkirk Park FREE
Funded in part by Manitoba Arts Council
Supported by The City of Selkirk

THURSDAY, NOV 20

WELCOME WINTER CONCERT PT. 1

7PM-8PM Selkirk United Church 202 McLean Ave. \$10 suggested donation
Hosted by Interlake Choral Association

FRIDAY, NOV 21

STREET PARTY

6PM-9PM Manitoba Ave. between Main and Eveline FREE ENTRY
Big Bright Games and Activities!
Glow Hula Presented by RRC Polytech
Lite Brite Presented by Access Credit Union

STREET PARTY CONTINUED...

6PM-9PM Manitoba Ave. between Main and Eveline FREE ENTRY

- Mini Golf Presented by One Insurance
- Neon Gym Presented by Iron Image
- One Trunk Puppet Theatre Presented by Gerdau
- Heritage Booth and Hot Chocolate Facilitated by The City of Selkirk
- Shiny on the Street Presented by Fort Distributors
- Recycle All The Way Presented by Recycle Everywhere
- Selfies with Santa Presented by Selkirk Auto Dealers Supported by Brad Hirst of Royal LePage
- Family Movie Night Presented by Canadian Tire Hosted by Total Look Salon & Spa
- Free sparklers Presented by Red Bomb Fireworks
- Art installations Supported by Anish Healing Centre, Lord Selkirk School Division
- Gidoojjaakominaan Onjii Dibaajimowinan: From Our Spirits Come Stories
- Tipi Programming Funded in part by Manitoba Arts Council, Presented by Selkirk & District Community Foundation and Selkirk Community Renewal Corporation
Coordinated by Jeannie White Bird, Jacqueline Bercier and Kat Marsch
- Crafts in the C-Can Facilitated by Interlake Art Board
- Nobüz Market and Boots & Banter Mocktail & Wine Tasting Pop Up
- Beer & Wine Tasting at Roxi's
- Gift Basket Raffle at Nobüz Market with AMAZING PRIZES
- DJ Mama Cutsworth
- 8PM Festive Sound Bath at Glow Fitness

And more, including...

ON THE SELKIRK STAGE:

- 6:30PM Lights On! Powered by Manitoba Hydro
- 6:35PM Round Dance
- 7:30PM Pooch Parade Presented by Selkirk Animal Hospital
- 8:00PM Pop Up Dance with Selkirk Dance Association
- 8:30PM Music is Medicine Sing-Along Presented by Easton Place Medical Centre

WISHME MAKERS' MARKET

6:30PM-9:30PM Gordon Howard Centre 384 Eveline St. FREE ENTRY



SATURDAY, NOV 22

BREAKFAST WITH SANTA

9AM-11AM The Mighty Kiwi, 386 Eveline St. \$7 kids, \$14 Adults
Supported by Brad Hirst of Royal LePage and Brandon Sutherland of Geller's Design | Build | Landscape

NEWCOMERS' STORYTELLING CAFÉ

10AM-12PM Knox Presbyterian Church, 341 Eveline St. FREE
Funded in part by Manitoba Arts Council, Presented by The PRHouse

WISHME MAKERS' MARKET

10AM-5PM Gordon Howard Centre 384 Eveline St. FREE ENTRY

OPEN STREET

12PM-4PM Manitoba Ave. between Main and Eveline FREE ENTRY

- Photos with Festive Unicorns & Rudolph Facilitated by Wild Willow Ranch & Rescue
- 12PM Zumba with Jan
- Big Games and Activities
- One Trunk Puppet Theatre Presented by Gerdau
- Shiny on the Street Presented by Fort Distributors
- Sheep Poetry (with new words for 2025!) Presented by The RM of St. Clements
- Art installations Supported by Anish Healing Centre, Lord Selkirk School Division
- Gidoojjaakominaan Onjii Dibaajimowinan: From Our Spirits Come Stories Tipi Programming Funded in part by Manitoba Arts Council Presented by Selkirk & District Community Foundation and Selkirk Community Renewal Corporation Coordinated by Jeannie White Bird, Jacqueline Bercier and Kat Marsch
- Food Trucks

And more, including...

RIBBON SKIRT FASHION SHOW

1PM The Selkirk Stage, Manitoba Ave. between Main and Eveline FREE
Funded by Manitoba Arts Council, Selkirk & District Community Foundation
Facilitated by Selkirk Friendship Centre

HOLIDAY WREATH MAKING WORKSHOPS WITH FLORA CULTURE

12PM and 2PM The Merch, 383 Eveline St. From \$40
Registration details at holidayalley.ca

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12PM-3PM Gwen Fox Gallery 100-250 Manitoba Ave. FREE
Hosted by Gwen Fox Gallery

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12PM-4PM See locations on your ticket Tickets: \$20 advance, \$25 day of
Presented by Red River Co-op, Coordinated by Inclusion Selkirk

KIDS CRAFTERNOON (and art for the young at heart)

12PM-4PM Aboriginal Head Start 222 Manitoba Ave. FREE
Presented by Geller's Design | Build | Landscape
Facilitated by Interlake Art Board, Angel the Angel

SECOND ANNUAL BANNOCK BAKE-OFF

4PM-6PM Army Navy & Airforce, 231 Clandeboye Ave. FREE TO WATCH
Hosted by Interlake Art Board

WELCOME WINTER CONCERT PT. 2

4PM-5PM Selkirk United Church 202 McLean Ave. Suggested donation \$10
Hosted by Interlake Choral Association

NOBÜZ MARKET AND BOOTS & BANTER MOCKTAIL MAKING WORKSHOPS

5PM-6PM and 6:30PM-7:30PM Nobüz Market 244 Manitoba Ave. \$25
Registration details at holidayalley.ca

SOUP COOK-OFF WINNER ANNOUNCEMENT

5PM Army Navy & Airforce, 231 Clandeboye Ave. FREE TO WATCH
Presented by Red River Co-op
Coordinated by Inclusion Selkirk

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Mighty Kiwi Juice Bar & Eatery, 386 Eveline St.
Le Saigon Cuisine (Merchant Hotel), 383 Eveline St.
Sake Japanese, 380 Eveline St.
Roxi's Uptown Cafe / On the Rocks Bar, 219 Manitoba Ave.
N-Joy Café, 226-C Manitoba Ave.
Lord Spices Fusion, 420 Main St.
Riverboat Family Restaurant (Selkirk Town Plaza), 366 Main St.

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7PM-9PM Selkirk's Waterfront FREE
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WARM UP WITH TEA Three + Tea 357 Main St.
SCAVENGER HUNT Various Locations



Men's Sheds MB talks 'The Shed Effect'

By Ashleigh Viveiros

In honour of International Men's Day Nov. 19, Men's Sheds Manitoba is working to get the word out about the profound impact their groups can have in reducing social isolation, improving mental health, and strength-

ening community.

A Men's Shed is a group of men who get together on a regular basis to connect, be it through shared activities (woodworking, gardening, or card games, say), educational guest speakers, or simply a cup of coffee.

There are 14 Sheds currently operating across the province, half in Winnipeg and half in rural Manitoba communities such as Beausejour, Selkirk, and Minnedosa.

They're hoping to grow that number significantly across the province, says Vic Thiessen, Men's Sheds Manitoba secretary.

"I've been with it since 2019, and I've just found it personally to be so beneficial," he shares. "It's such a good way for men to connect and support one another."

Provincial organizers are aiming to raise more awareness about what they're calling The Shed Effect.

"It's about making people aware of how Men's Sheds are impacting society, how it's impacting individual men's lives," explains Thiessen. "They're places where you can find community, where you can find men of like mind and do things together."

Camaraderie is a big part of Men's Sheds, but so too is getting involved in the community at large.

"One of the big things that we like to do is get involved in giving back to the community. Meaningful projects either put forth by a commu-

nity centre or another organization that would benefit the community," Thiessen says, explaining each Shed decides for itself how its members will pour back into the place they call home.

There are Men's Sheds across Canada, and on Nov. 19 they'll be coming together to host a national webinar that is open to all.

The day will feature guest speaker presentations on the importance of volunteerism and new research on the social value of Men's Sheds. There will also be panel discussions on the topic and the debut of a video highlighting volunteer projects from Sheds across the country.

You can register to take part in the webinar at mensshedsmanitoba.ca/the-shed-effect-2025/.

Next week will also see open houses at a few of the Manitoba Sheds, including the Woodhaven Shed Nov. 18 and the Park City Shed the following week.

If you'd like to learn more, head to mensshedsmanitoba.ca or connect with Thiessen via email to mensshedmanitoba@gmail.com or by calling 204-396-2123.

Progressive Conservatives refresh brand

By Lana Meier

The Progressive Conservative Party of Manitoba unveiled a new logo and elected a new party president during its annual general meeting on Saturday, signalling what party officials described as a "new era" for the PCs.

The redesigned logo incorporates a stylized "P" formed within the negative space of a "C," which the party says represents progressive values within a conservative framework. The "C" features a gradient of classic blue to sky blue to reflect movement between tradition and renewal, while a red charging bison is centred between the

letters to symbolize forward momentum and Manitoba identity.

"When the logo was unveiled, the room erupted in cheers. It gave me chills," said Obby Khan, leader of the PC Party of Manitoba. "Delegates, guests, supporters, and their friends and families could see elements of the old logos carried over into the new design. Everyone really appreciated the blending of tradition and a bold new look for a bold New Era of the PC Party."

Delegates also elected a new party president. Peter Smith, a Navy veteran and business and community



PHOTO SUBMITTED
Manitoba Progressive Conservatives revealed a redesigned logo.



Are you a man, possibly retired, seeking regular connection, support, and purpose with others? A Men's Shed group, meeting weekly or twice weekly, could be the answer.

Go to <https://mensshedsmanitoba.ca/find-a-shed/>
Activities vary by shed but many common ones are:

- Coffee and visiting
- Art - sketching/painting
- Guest speakers
- Community projects
- Diamond willow and wood carving
- Table games

Men's Sheds in Winnipeg:
Park City Men's Shed - 180 Poplar Ave
Robert A Steen Men's Shed - 980 Palmerston
Wildwood Park Men's Shed - 271 North Drive
Riverview Men's Shed - 90 Ashland Ave
Woodhaven Men's Shed - 401 Westwood Drive
Lord Roberts Men's Shed - 725 Kylemore Ave
Garden City Men's Shed - Seven Oaks Arena 2nd fl.

Men's Sheds throughout Manitoba:
EastMan Men's Shed - Beausejour
Minnedosa Men's Shed - Minnedosa
Parkland Men's Shed - Dauphin
Valley Parkland Men's Shed - Swan River
Howden Wood Turners Men's Shed - Howden
Neepawa Men's Shed - Neepawa
Gordon's Men's Shed - Selkirk

Want to start a Men's Shed in your community?
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Website: <https://mensshedsmanitoba.ca>



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THURSDAY, NOVEMBER 20th 6:00 pm - 7:30 pm



Continued on page 25

Casting call for Garry Theatre board members

By Lana Meier

The City of Selkirk is looking for volunteers to help guide the rebirth of the Garry Theatre, as the historic movie house prepares to reopen as a community-run, non-profit arts venue.

Applications are now open for seven to nine members who will form the theatre's first board of directors. The board will set the vision and governance for the theatre, which is currently undergoing renovations and is expected to host movies, live performances and community events.

Mayor Larry Johannson said excitement has remained strong since the city purchased the theatre in 2021.

"There is truly such an excitement over The Garry Theatre," Johannson said. "I know there are incredible leaders in Selkirk who will want to get in on the ground floor here and be part of the team that brings The Garry back to its former glory. It's a once-in-

a-lifetime chance to be connected forever with the second act of the theatre we all love."

More than 1,100 residents took part in a public survey about the building's future, and many indicated a willingness to volunteer.

Kyla Ray, Selkirk's Manager of Cultural and Recreational Programs, said the board will play a key role in ensuring long-term sustainability.

"This will be a governance board," Ray said. "We're looking for people who have experience in business, financial management, marketing or human resources, and who have strong community engagement skills."

Board members will be supported by a governance manual and city training. Once established, the board will hire a general manager to oversee daily operations.

Selkirk CAO Duane Nicol said the city's intention is for the theatre to op-

erate independently.

"The city has been clear from the beginning that we are not in the busi-

ness of running movie theatres," Nicol said. "The plan is to have a non-profit corporation with a skilled board leading a self-sustaining enterprise."

The Garry's revival is part of the city's ongoing downtown revitalization work, which has included streetscape upgrades on Manitoba Avenue East, Eveline Street and Main Street North.

Residents interested in applying can visit garrytheatre.ca/board.

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> PC, FROM PG. 24

leader, will take over from outgoing president Brent Pooles.

"I'm absolutely thrilled that my fellow Progressive Conservatives have put their trust in me," said Smith. "We have to be ready for the next election and I look forward to shifting

the PC Party to an election-ready footing."

Members elected additional board and regional representatives, including: James Teitsma, first vice-president; Sean Kopytko, second vice-president; Katya Labelle, secretary and Kai Jassal, youth representative.

"Progressive Conservatives are united going forward," Khan said. "This weekend, PCs demonstrated that we are a big tent party ready for the future. We have the passion, energy, and momentum going forward. The New Era of the PC Party is here."

Losing teeth? Here's how to keep your smile and confidence

BY ELISHA VANDOR

I have heard that first-time denture wearers lose a significant amount of weight during the waiting period between extractions and getting dentures. If you were to ask me, the mashed potatoes and smoothie diet in conjunction with no teeth for months and months is one way to lose weight, but not ideal. The good news is that you don't have to endure the waiting period before wearing a denture because the denture(s) can be made and ready BEFORE your teeth are pulled so you never have to be a day without your smile, self-confidence and teeth to chew. These dentures have a specific name called Immediate dentures because they go in immediately after extractions.

There are a lot of benefits of an immediate denture too!

- The denture acts like a Bandaid right over the extraction site to help stop the bleeding. In addition, the denture prevents food from going into the sockets. As you eat, you're simultaneously

getting used to wearing a denture, which brings me to my next point.

- The more you wear the denture, the easier it is to get used to, so starting right away is the best way. If you were to wait months without a denture, then it can be easier to ditch the denture and make do like you've always done, which makes the transition to dentures much longer and more difficult to get used to.
- Yes, it's a big deal going from your natural teeth to a denture. There's a lot of differences to get used to; however, the look of your smile shouldn't be one of them. Your smile is unique to you, from the shape of your teeth to the size and colour, we know that looking like you is important, which is why we create the denture to your liking. Some patients even bring in pictures of their former smile so we can recreate their look.

Our profession is all about dentures, and in our denture opinion, the most successful way to transition from natural teeth to dentures

is found in the aftercare process.

You see, as your gums heal, they shrink, but the denture doesn't automatically shrink with your gums, so it starts to feel loose. A loose denture is probably the top 3 denture frustrations of all time and a big contributing factor to the weight lose situation, so before the frustration of ill-fitting dentures sets in, we will already have your next series of appointments booked to re-fit the denture(s) with a temporary lining so it's as snug as can be. Our Denturists Matthew and Brock have helped hundreds of people, like yourself, with immediate dentures. Everyday we see people for their aftercare appointments and know you will benefit from seeing us before your extractions too. All aftercare appointments are already included into the price of the denture(s) for up to 2 years. All you have to do is call and book your free consultation appointment and we will be here for you every step of the way.



- supplied photo -

Patients come in for their aftercare appointments at Vandor Denture Centre to ensure their transition from natural teeth to dentures is seamless.

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Whipped Ricotta Toast with Prosciutto di Parma and Hot Honey

ma PDO

In toaster oven, toast bread to desired doneness. Set aside.

In large bowl, with electric mixer, beat ricotta until whipped and creamy, about 2 minutes. Add salt and pepper, to taste.

Spoon ricotta onto each toast evenly. Drizzle each with hot honey, as desired. Top each with two slices prosciutto.

Yield: 3 toasts (6 halves)
3 large slices thick-cut sourdough bread
1 container (16 ounces) whole milk ricotta cheese
salt, to taste
pepper, to taste
hot honey
6 slices (3 ounces) Prosciutto di Par-



Grana Padano and Nutmeg Cheese Puffs

In pan, boil milk, butter and salt until butter is dissolved.

Add flour and stir using wooden spoon over low heat until mixture doesn't stick to bottom of pan. Add 1 cup cheese and stir 1 minute. Remove from heat.

Put mixture in mixing bowl and add eggs one by one until mixture is smooth. Add black pepper and nutmeg, to taste.

Let mixture cool and form dough into small, round parcels.

Fry parcels in hot canola oil, about 325 F, until golden.

Dust with remaining cheese and serve.

Servings: 4
1 3/4 cups milk
1 cup unsalted butter
1 teaspoon salt
1 2/3 cups flour
1 cup, plus 1 tablespoon, grated Grana Padano PDO cheese, divided
6 medium eggs
black pepper, to taste
nutmeg, to taste
canola oil, for frying



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Susie Schwartz

NOVEMBER IS DIABETES AWARENESS MONTH

Before you tune out, have a look at this: according to Diabetes Canada, 5,804,740 people in Canada — or about 15 per cent — have diabetes, some of whom are undiagnosed. By 2034, that number is projected to rise to 7,303,620, or roughly 16 per cent of Canadians. About 95 per cent of cases are type 2.

Before I go further, I promise this isn't all bad news. I'm going to put tools in your hands to help.

Why should you care about the stats? Well, first off, look around. Do you see 15 people? One of you will either have or develop diabetes. So it's you, or someone you love.

Why else? Diabetes is the leading cause of blindness in Canada, and it's also a major cause of heart and kidney disease. It affects nerves and muscles, causing pain and dysmotility, and it even affects the bladder. (No one told me that until it happened!)

Having had type 1 diabetes since age nine, I can attest to the nastiness of this disease.

So what can you do? Recognize that lifestyle factors make an enormous difference when it comes to type 2 diabetes — and even small

changes can have a positive impact. These small moves count toward prevention and better control if you already have the disease.

Here's a reminder of some things you probably already know can make a difference:

Park farther away from the door of a public place, like a grocery store. Steps really do count. Pay attention to how much unhealthy fat you eat — and cut some out. (Just noticing doesn't count. Nice try.) If you have a few pounds to lose, lose them. Picture a pound of butter. Now imagine carrying even five or 10 fewer of those. That extra weight makes your pancreas work too hard.

Here are some less obvious choices: increase your fibre intake, especially at mealtime. Start your meals with fibrous foods — think a starter salad or a few mouthfuls of vegetables before you hit the rice or potatoes. Fibre helps create a smaller spike in blood glucose, making your pancreas work less hard. When you start with vegetables, this effect is even stronger. (Follow @glucosegoddess on social media for more info.)

When eating a high-carb meal like pasta, drizzle on some olive or avocado oil. Healthy fats slow down sugar absorption, easing the load on your pancreas. Want your insulin to work more efficiently? Do a few squats (use a wall if you're unsteady) or go for a short walk after your meal. This burns off sugar and makes you more sensitive to insulin.

I really don't want you to get diabetes — or its complications. Please, spread the word.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz, and at www.lesshealthstress.com. (Email: info@lesshealthstress.com) The 2nd edition of her book, 'Help the Doctor Help You!' is available now on Amazon.

al)
cooked sausage (optional)
To make cream sauce: In saucepan over medium heat, add oil or butter. Sauté onions until translucent then add garlic and mushrooms. Cook until mushrooms release moisture and begin to caramelize.

Stir in picked thyme and cook 1 minute to release oils.

Add heavy cream and bring to gentle simmer. Let it reduce slightly, 5-7 minutes.

In small bowl, mix cornstarch and

water to make slurry. Slowly whisk into simmering cream sauce until it reaches desired consistency.

Remove from heat and stir in truffle oil. Taste and adjust seasoning with salt and pepper.

To prepare pizza: Preheat Current Model P Smart Pizza Oven to 850 F. While oven heats up, roll dough out to 8-12 inches and add desired amount of cream sauce.

Top with mozzarella, mushrooms, spinach and sausage, as desired. Once oven is hot, cook pizza 2 minutes until bubbly.

LSSD embraces outdoor learning through Nature Education Collective partnership

By E. Antonio

Lord Selkirk School Division (LSSD) has partnered with the Nature Education Collective (NEC) to expand outdoor learning opportunities for students from Kindergarten to Grade 12.

LSSD mental health and wellness coordinator Heidi Fingas said the division works alongside five partner organizations — Outward Bound Canada, Ducks Unlimited Canada, Earth Rangers, Project Learning Tree Canada and the Canadian Wildlife Federation — to strengthen outdoor education programming that had previously been challenging for each group to sustain individually.

“We want to get more resources into teachers’ hands and create learning experiences beyond the four walls of the classroom,” Fingas said. “It’s about helping students explore what’s in their own backyards.”

Superintendents approved the partnership this spring, placing nature-based education under the division’s Coordinator of Mental Health and Wellbeing portfolio to enhance classroom supports.

“Since the partnership was established in April 2025, we have continued to rapidly grow and expand nature education experiences with more access to programs, materials and presentations for students, along with a variety of resources and training for staff,” Fingas said.

LSSD assistant superintendent Lisa Minaker said the partnership will support both learning and overall wellness. She noted that outdoor learning helps students build teamwork, problem-solving and resilience skills, while also reducing stress and improving focus.

Projects have already been introduced across the division, including Project WILD, Explore Your Environment, Trees and Me, Forest Fridays, Earth Rangers assemblies, and field trips to Little Lake in Selkirk, Brokenhead Trail and LSSD’s Albert Beach Trail. The Albert Beach hiking trail is located near Lake Winnipeg and is maintained in part by students in the high school’s Making a Community Connection (MACC) program, led by teacher James Davies.

“We can see the great sense of pride and ownership this experience gives the students,” Fingas said.

The division has also secured NEC funding to support resources, lesson plans and field trips, reducing financial barriers for schools. Mapleton School students recently visited both the Albert Beach Trail and the Brokenhead Wetland Interpretive Trail through NEC support.

“I don’t know that it could have



Mapleton School students explore the Brokenhead Wetland Interpretive Trail during a day of outdoor learning supported by NEC funding, which helps reduce financial barriers.

happened without the funding,” Fingas said. “It enables schools to have more flexibility within their budgets for other commitments and ensures outdoor learning experiences are accessible for everyone.”

Fingas said nature-based learning aligns naturally with mental health promotion, particularly for teachers who may feel pressure when addressing mental health topics directly.

“With nature education, it brings a different perspective. It allows us to reconnect to the moment through our senses — what can you hear, see and smell — which helps alleviate the worries piling up in our brains,” she said.

This summer, 11 LSSD teachers attended a three-day training retreat at Oak Hammock Marsh to become NEC Lead Educators. Fingas and high school teacher Caitlin Schick also presented with NEC at the Take Me Outside conference in Banff, sharing early successes from the partnership.

“Nature gives us an opportunity to support mental health in an indirect way,” Fingas said. “Partnering with NEC gives teachers tools to promote mental health and wellness both in and outside of their classrooms.”

Schick said teacher confidence is already increasing. One Lead Teacher at Mapleton School, Melanie Scott, now facilitates morning meetings outdoors, which Schick described as “a huge success.”

Fingas encourages educators to start small.

“Fear is expected when trying something new,” she said. “Start by going outside for a short time once a week and grow from there.”

As winter approaches, the team



RECORD PHOTOS SUBMITTED

Lord Selkirk School Division has partnered with the Nature Education Collective (NEC) to promote outdoor learning for students across the division. Presenters at the “Take Me Outside” conference demonstrate how curriculum learning outcomes can be connected to outdoor education.

plans to expand cold-weather teaching resources and hopes educators will continue reaching out.

“My advice would be to go where your interests are, ask questions and keep learning,” Fingas said.

“Remember to pause for nature and allow it to guide your experiences,” added Schick.

Community members wishing to learn more can contact hfinas@lssd.ca or cschick@lssd.ca.



LSSD educators Caitlin Schick (left) and Heidi Fingas (right) presented with partners at the “Take Me Outside” leadership conference in Banff, Alta., this October.



Students in the Comp’s Making a Community Connection program assist with stewardship and upkeep of LSSD’s Albert Beach Trail.

'One glance away': Mother turns tragedy into mission against distracted driving

By Annaliese Meier

When 16-year-old Kailynn Bursic-Panchuk glanced down at her phone while driving near Weyburn, Saskatchewan, in August 2018, she could never have imagined how that brief moment would alter countless lives. Her car was struck by a train, and six days later — one day after her 17th birthday — her family said goodbye.

That single act of distraction, her mother Sandra LaRose says, didn't just end one young life — it shattered many others.

"When I found out the cause of Kailynn's collision, and realized it never should have happened, it actually infuriated me," LaRose said. "A simple glance away took everything from Kailynn, took everything from me, my family, and her friends."

Kailynn's story is now at the heart of Manitoba Public Insurance's Friends For Life speaker series — a two-week program that brings survivors of impaired, speeding, and distracted driving crashes to schools across the province.

This year's tour, running through early November, includes 20 schools in communities such as Teulon, Arbog, Hamiota, Carberry, Powerview, Erickson and Winnipeg. LaRose shares her story alongside fellow speakers Jon Tiessen and Rosalie Finch, whose lives were also forever changed by a preventable crash.

MPI's goal is to reach youth at the stage when they are just beginning to drive — the time they are most at risk for collisions.

According to MPI, 49 people were killed in distracted driving crashes in Manitoba in 2024, while 91 people lost their lives on Manitoba roads that same year. The agency says young Manitobans are 2.4 times more likely than other age groups to be involved



The logo of Sharing Kailynn's Sunshine Foundation — reflects Kailynn's bright, giving spirit.

in a severe collision involving impairment.

"These speakers are taking devastating experiences and using them to advocate for change," said MPI Vice-President Maria Campos. "Their stories show that every choice behind the wheel has consequences."

For LaRose, speaking publicly was never part of the plan — until MPI reached out in 2019.

"When Kailynn was being taken off life support to see if she could donate her organs — which she did — I made her one promise: to make her as proud of me as I was of her," she said. "I knew early on that I needed to do something. I just had no idea what that would be."

Since then, LaRose has shared Kailynn's Story with nearly 30,000 students across Canada — first virtually during the pandemic, and now in auditoriums across the country.

"This will be my fourth year participating in Friends For Life," she said. "I have to give MPI credit for starting me on this journey."

When LaRose stands in front of a



RECORD PHOTOS SUBMITTED

Sandra LaRose and her daughter, Kailynn Bursic-Panchuk, are pictured together in an undated family photo. Kailynn was 16 when she was fatally injured in a distracted-driving collision near Weyburn, Sask., in 2018 — a tragedy that inspired LaRose to share her story through Manitoba Public Insurance's Friends For Life speaker series. Photo courtesy of Sandra LaRose family

gymnasium full of students, she asks them to see themselves in Kailynn — to picture their own friends, families and futures.

"My hope is that students realize they are not invincible," she said. "I want them to see their mom or dad in me, and themselves in Kailynn. One wrong choice can take away everything."

But her message reaches beyond teenagers. LaRose believes distracted driving is a challenge for all ages — a symptom of a culture that prizes constant connection.

"We've become so accustomed to being connected that when we disconnect, we feel lost," she said. "Fifty years ago, we planned ahead, told people where we were going, and just lived simpler lives."

She urges parents to model better habits:

"If you pick up your phone to text or change a song, and your kids see you, they'll think it's okay. Children learn what they live. And to the students — if you know the right thing to do is stay off your phone, and you see an adult doing it, please point it out. Share Kailynn's story."

To honour her daughter's giving spirit, LaRose created Sharing Kailynn's Sunshine Foundation Inc. in 2020 — a Saskatchewan-based non-profit that raises funds for causes that reflect Kailynn's values: compassion, empathy, and kindness.

Through burger-night fundraisers and online auctions held each August near Kailynn's birthday, the foundation has raised nearly \$40,000 for organizations including STARS

Air Ambulance, Ronald McDonald House Charities Saskatchewan, Lulu's Lodge (a home for LGBTQIA2S+ youth), Caring Hearts grief programs, and Teddy Bears Anonymous.

"Kailynn's soul was always giving," LaRose said. "Her legacy continues through every act of kindness done in her name."

More about the foundation can be found on Facebook (Sharing Kailynn's Sunshine) and Instagram @kailynnsunshine.

Born in Regina on Aug. 21, 2001, Kailynn spent her early childhood in the city before moving to a family farm and attending Fillmore Central School. She was known for her humour, determination and fierce love for her siblings and cousins, who she called her "BFFs."

She had a soft spot for animals, a strong work ethic, and dreams of becoming a high-school teacher.

"She was funny — hilarious, actually — and loved to make people laugh," LaRose said. "I know she's with me every time I stand on a stage. She's cheering me on."

For LaRose, grief and love coexist — both rooted in the same deep bond between mother and daughter.

"Kailynn may have died, but she also lived," she said. "Her story continues to make an impact. Without love there is no grief — and love will always win."

For more information about the Friends For Life speaker series, visit mpi.mb.ca. To learn more about Sandra's work, visit www.sandralarose.ca.



A roadside memorial marks the site of the 2018 crash where Kailynn Bursic-Panchuk was fatally injured after glancing at her phone while driving.

Finding freedom through faith and community support

By E. Antonio

Nov. 16 to 22 marks National Addictions Awareness Week, and Pastor Dylan Chambers visited Ashern on Nov. 1 to share his story of addiction and recovery, hoping to inspire others to believe that change is possible.

Chambers was a guest speaker at an evening concert hosted by Conrad and Sherry Anderson of Anderson Family Funeral Home. The event, originally scheduled to feature U.S.-based southern gospel group Soul'd Out, shifted unexpectedly when the group was unable to cross the border. Local musician David Bracken stepped in on short notice, and Chambers delivered a message of faith and recovery as part of the evening program. "Dylan grew up in Winnipeg, was involved in drugs, and today he's a pastor at the church just down the street from where he grew up," Anderson said. "He has a great story to share of how God set him free from a life of addiction."

Born and raised in central Winnipeg, Chambers began experimenting with cocaine and marijuana at age 12, just two years after his father passed away. By 16, he had started using methamphetamine.

"The neighbourhood is a dark and depressed place that is engulfed in alcoholism and drug addiction," Chambers said. "Even though I was raised in the inner city, I like to say I was brought up in the best of both worlds, in both a stable and unstable way in terms of parenting."

His family lived near Believer's Church, and while his mother attended services, Chambers said he never felt personally connected to God or faith growing up.

By junior high and high school, he was smoking and selling marijuana before progressing to cocaine. As a young adult, he dropped out of school

and experienced recurring episodes of drug-induced psychosis.

"It was not a good season of my life," he recalled.

At age 22, he attended an evening church service that marked a turning point.

"I had a radical encounter with the presence of God. It was like a veil was torn from my eyes and the blinders were taken off—I knew I needed to get help."

Chambers began engaging with church programs and his faith community. While he saw early progress, he later relapsed and struggled with addiction for another three years.

"I found myself at rock bottom again, so I reached out to my church and the pastor encouraged me to go into a program," he said.

With support from his pastor and his doctor, Chambers began formal treatment, but said his faith continued to be the strongest force in his recovery.

"I was in a place where I was surrounded by drugs. In the neighbourhood where my peers were all doing them, it was hard to get out of that environment," he said. "I always tell people that a tool God gave me to get me out of the environment was my church community. My sobriety and me not using drugs is because of my higher power—Jesus Christ."

Chambers first completed a 28-day program through the Addictions Foundation of Manitoba, followed by two years in a sober living home with other men rebuilding their lives. He later lived independently at AFM's River Point Performance apartments, where he worked and finished his high school courses.

He said the biggest difference between his first and second attempt at recovery was access to support and accountability.

"I knew I needed to be sober, I just didn't have the tools to do it," he said. "The second time around I had those supports."

He encourages others to take the



PHOTO BY EMILY THORLACIUS

Pastor Dylan Chambers shares his testimony of addiction and recovery during a sold-out concert event in Ashern on Nov. 1.

first step, even when it feels overwhelming.

"Initially anyone who is addicted and bound to drugs just wants to get their life back," he said. "We know the barrier everyone struggles with is they think they will be judged. But it's really that first step of recovery—admitting you need the help and seeking it."

Chambers believes complete abstinence has been key to his long-term recovery. After trying a methadone program, he found that structured abstinence-based treatment combined with strong community support was the best fit for him. For Chambers, that support came from his church.

"Church family is more family to me than my real family. We go where the need is and want to support everyone who needs it."

In 2018, Pastor Wayne Bustard began mentoring him, a relationship Chambers now describes as paternal.

"Since I lost my biological father, I consider him to be like a dad and I

actually call him Dad now," he said.

In 2020, Chambers was ordained at Believer's Church, and last year he accepted a full-time pastoral role.

"It's been a great journey with a lot of community support. It's almost been like a movie—I never thought any of this would be possible."

Now 31, Chambers continues to serve full time while pursuing a Bachelor of Social Work, with the goal of working directly in addiction support.

He encourages anyone seeking help to contact agencies such as the Addictions Foundation of Manitoba, Main Street Project, Salvation Army, Bruce Oake Recovery Centre, local health teams or faith-based organizations.

"If there is a hope for recovery, there is help," he said. "There's a ton of resources available both spiritual and non-spiritual. Jesus is real, God is real and he does have a plan for us—and we can find freedom and victory in this."

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Royals drop pair of home games to Vincent Massey and Steinbach

By Kieran Reimer

The Lord Selkirk Royals varsity hockey teams battled through a pair of high-scoring games last week, but both squads came up short against strong opponents.

The varsity boys faced two tough opponents in Winnipeg High School Hockey League Platinum Promotions Division play last week, falling to both the Vincent Massey Trojans and the Steinbach Regional Sabres on home ice.

On Monday, Selkirk skated to a 4-2 loss against Vincent Massey at the Selkirk Recreation Complex. After a scoreless first period, the teams traded goals in the second. Selkirk's Kageon Carver tied the game with a goal assisted by Sebastian Cychowski and Liam Weber, before the Trojans responded on the power play. Vincent Massey added another shortly after, but Selkirk pulled even at 0:53 when Chase Brydges scored from Erik Evason and Carver.

The Trojans regained control in the third period, scoring twice to close out the 4-2 final. Goaltender Owen Coe made 27 saves for the Royals.

Selkirk returned to home ice Thursday to take on Steinbach and opened the scoring with back-to-back goals from Brydges and Kohen Brooks for

a 2-0 lead. Steinbach answered late in the first and then took over in the second with two more goals to move ahead 3-2. The Sabres extended their lead in the third before Carver scored to make it 5-3 with just under ten minutes left. Selkirk pulled the goalie late, but Steinbach sealed the game with an empty-netter to secure a 6-3 result.

Carver and Brydges continued to pace the Royals' offence, while Jaxon Beasley contributed two assists. Goaltender Rylen Giroux stopped 22 shots in the effort.

The Royals will look to regroup on the road, as they travel to take on the Shaftesbury Titans on Friday, Nov. 14 at Varsity View Sportsplex. Puck drop is set for 3:45 p.m.

On Monday Nov. 17 they will host Oak Park with puck drop at 4 p.m.

With the pair of losses, the Royals slide to 1-4 on the season. They are back on the road Friday when they take on the Shaftesbury Titans at Varsity View Sportsplex. Puck drop is at 3:45 p.m.

ROYALS GIRLS SHOW RESILIENCE IN COMEBACK EFFORT

Meanwhile, the Varsity Girls team



The Royals' defenceman Stanley Hallock battles to clear the puck from in front of goaltender Owen Coe.



RECORD PHOTOS BY BRETT MITCHELL

Selkirk Royals forward Chase Brydges carries the puck past a Vincent Massey defender during Winnipeg High School Hockey League action last week. Brydges has three goals and one assist on the season.

dropped a 7-5 game to the Miles Macdonell Buckeyes last Monday in East Selkirk.

The Royals fell behind 3-0 in the first period before Mikayla Clarkson got them on the board. Kennedy Simpson cut the lead to 3-2 early in the second, but the Buckeyes answered with three goals in just over one minute to go up 6-2. Selkirk pushed back with goals from Simpson and Emily Beattie to make it 6-4 heading into the late stages of the third. After the teams traded goals in the final minutes — with Holly Gamble scoring for the

Royals — Selkirk came up short in the 7-5 final.

The Royals are now 1-5 to start the Manitoba Women's High School Hockey League Division 1/2 East season. They played Monday, Nov. 10, but the score was unavailable at press time.

The Royals will look to rebound this week with a pair of games. They host the J.H. Bruns Broncos on Thursday, Nov. 13 at 4 p.m. at the Selkirk Recreation Complex, before heading on the road Friday, Nov. 14 to face the River East Kodiaks at Gateway Recreation Centre.



Royals forward Erik Evason carries the puck up ice. Evason has two goals and three assists on the season.

The Selkirk Record

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Streak snapped, Fishermen maintain league lead standings

By Lana Meier

The Selkirk Fishermen improved to 9-0-0 last week with wins over the North Winnipeg Satellites and La Broquerie Habs before dropping their first game of the season on Sunday, falling 9-4 to the St. Malo Warriors. Selkirk now sits at 9-1-0 with 27 points, three ahead of St. Malo in the Capital Region Junior Hockey League standings.

The Fishermen opened the week with a 6-4 victory over North Winnipeg on Nov. 4 at Billy Mosienko Arena. In a high-tempo matchup against the Satellites, Selkirk fired 50 shots on goal and used a strong third period to pull away. Dawson Bergagnini led the way with a two-goal, three-point performance, including the power-

play goal that stood up as the winner at 15:23 of the third period. Theo Courchene and Ashton Schroeder also scored, while rookie defenceman Ryland Schroeder sealed the win with a shorthanded empty-net marker in the final minute. Other Selkirk goals came from Drake Vermeulen and Bergagnini's first of the night, while Logan Saluk and Zach Gallinger each chipped in with two assists. Selkirk's power play finished 2-for-4, while goaltender Marcus Sharpe earned the win, stopping 20 shots.

Selkirk followed that with a 4-1 road win in La Broquerie on Nov. 7. Gallinger opened the scoring with an unassisted effort at 17:39. Schroeder added a second minutes later, finishing a setup from Courchene, before

Easten Kipling restored a two-goal cushion at 0:30 of the frame with his third of the season. Captain Saluk added a shorthanded breakaway goal in the third to put the game out of reach. Johnny Enns-Demchuk turned aside 34 shots for the win. The Fishermen successfully killed off all four La Broquerie power plays.

On Sunday, Selkirk ran into a determined St. Malo team at the Selkirk Recreation Complex. The Warriors struck for four goals in the first period and maintained control in a 9-4 final. Saluk led Selkirk with a goal and two assists. Bergagnini scored on the power play and added an assist, while Schroeder also converted on the man advantage. Izzy Aime added a single. St. Malo finished 3-for-8 on the

power play while Selkirk went 2-for-4. Sharpe made 29 saves.

The Fishermen return home to host St. Malo again on Friday, Nov. 21 at 7:30 p.m., followed by a home match-up with Beausejour on Sunday, Nov. 23 at 3 p.m.

UPCOMING GAMES:

- Selkirk will return home for a showdown with the St. Malo Warriors on Friday, Nov. 21, in what will be a meeting between the league's top two clubs. Faceoff Friday is set for 7:30 p.m.
- The Fishermen then host the Beausejour Comets Sunday, Nov. 23, at the Selkirk Recreation Complex at 3 p.m..

Raiders bounce back with strong play against St. Vital

By Kieran Reimer

The Raiders Jr. Hockey Club will be pleased with the way their week ended.

They downed the St. Vital Jr. Victorias 4-1 on Sunday afternoon at Seven Oaks Sportsplex, in a match where they outshot the Victorias 36-25.

A two-goal second and a two-goal third by the Raiders was the difference in the game as Logan Ashe, Owen Lourenco, Ashton Henry, and

Logan Bruneau all got on the board for the home side.

Raiders goaltender Owen Savoie also played his part, stopping 24 of 25 shots for his fourth win of the young season.

The victory moved the Raiders back to the .500 mark after what was a frustrating loss to the Pembina Valley Twisters just two evenings prior.

The Twisters had defeated the Raiders 3-2 in Morris on Friday for their

first win of the season.

Despite outshooting the Twisters 41-26 and coming back from down 2-0 in the second, Pembina Valley got the coveted game winner late in the third.

It was Owen Vanrobaeys scoring the goal with just 1:41 left on the clock to seal it for the Twisters.

The Raiders were unable to tie things up in the late stages as they fell in regulation for the fifth time this season.

Their two goals went to Mason

Laarveld and Cole Kennedy, both scoring back in the second period.

The bounce back win Sunday however now has the Raiders at 5-5-2 for a share of fifth in the Manitoba Major Junior Hockey League.

They will return home on Friday for their lone game of the week against the Charleswood Hawks.

Puck drop is scheduled for 7:30 p.m. from Seven Oaks Sportsplex.

Gators fall to Ste. Anne, prepare for home-and-home with Landmark

By Annaliese Meier

The East St. Paul Gators started strong but couldn't hold off a surging Ste. Anne offence, falling 9-3 on home ice Saturday in Hanover Tache Junior Hockey League action.

East St. Paul opened the scoring just 1:43 into the first period when Zane Menard converted a pass from Jonah Chaulk and Ethan Lukianchuk. Less than five minutes later, Adam Frick extended the lead to 2-0 with help from Brayden Alf and Aidan Park.

Ste. Anne responded with two goals before the end of the period, and carried that momentum into the second. The Aces scored four straight in the middle frame — including a power-play marker from Nathan Anderson that stood up as the game-winner —

and added three more in the third to put the game out of reach.

East St. Paul's third goal came midway through the second from Tejas Bertrand-Meadows, assisted by Cole Phillion and Kaden Coughlin.

Goalie Zacharie Grenier made 29 saves through 41 minutes before Cole Fraser finished the game in relief. The Gators went 0-for-7 on the power play, while Ste. Anne finished 1-for-5.

East St. Paul, now 7th in the HTJHL standings at 4-2, will look to rebound in a home-and-home set with Landmark. The Gators travel to Landmark

on Friday, Nov. 14 before returning home to host the Lancers Saturday, Nov. 15 at 7:30 p.m.

NEXT HOME GAMES

at the Selkirk Rec Centre

FRIDAY, NOV 21ST

VS St Malo Warriors 7:30 pm

SUNDAY, NOV 23RD

VS Beausejour Comets 3:00 pm

NEXT AWAY GAMES

Fri, Nov 28 - vs Beausejour - 8:00 pm

Sat, Nov 29 - vs LaBroquerie - 7:30 pm



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Fishermen
2025-2026



#10 Ashton Schroeder
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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk searching for answers amid five-game slide

By Kieran Reimer

Steelers facing first adversity of season with fifth straight loss

As temperatures cooled last week around southern Manitoba, so did the Selkirk Steelers who have hit their first cold snap of the Manitoba Junior Hockey League season.

The Steelers dropped both their weekend games to Steinbach and Neepawa which extended their losing streak to five games.

It's been a fairly surprising turn for a club who started the season 8-0 just over a month ago.

The Steelers currently sit fourth in the MGEU East Division with a 12-7-1 record.

One of their struggles lately has been goal scoring which was expected to take a hit with the departure of their top scorer, Rohan Guevarra, who recently joined the Blackfalds Bulldogs of the British Columbia Hockey League.

Head coach Hudson Friesen's team are still finding ways to replace that offence after scoring just three goals over last weekend's losses, 7-1 to Steinbach and 6-2 to Neepawa.

The loss to Steinbach involved the Pistons scoring six unanswered goals to break open a tied game.

The lone Steelers goal was scored by Landon Jamieson in first period which had made it 1-1 at the time.

Jamieson also tallied in Neepawa the following night, along with Evan Mayer, but a three goal first by the Titans was too much to overcome.

Neepawa eventually scored all six of their goals before Mayer got Selkirk on the board in the third.

The Steelers now get ready to open up a four-game homestand which will see the Winnipeg Blues, Northern



RECORD PHOTO BY BRETT MITCHELL

Selkirk's Landon Jamieson scores the Steelers' only goal of the night in the first period, finishing a setup from Remy Hlady and Maden Simard during MJHL action at the Selkirk Rec Complex on Nov. 7. Steinbach went on to win 7-1.

Manitoba Blizzard, Dauphin Kings, and Virden Oil Capitals come to town from Nov. 12-18.

Each game is scheduled for a 7:30 p.m. puck drop.

UPCOMING GAMES:

- Wednesday, Nov. 12 vs Winnipeg Blues, 7:30 p.m. at Selkirk Recreation Complex
- Friday, Nov. 14 vs Northern Manitoba Blizzard, 7:30 p.m. at Selkirk Recreation Complex

- Saturday, Nov. 15 vs Dauphin Kings, 7:30 p.m. at Selkirk Recreation Complex
- Tuesday, Nov. 18 vs Virden Oil Capitals, 7:30 p.m. at Selkirk Recreation Complex

2025-2026



SHOW YOUR SUPPORT FOR YOUR LOCAL MJHL TEAM!!!

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Fri, Nov 14th 7:30 pm

• VS Dauphin Kings Sat, Nov 15th 7:30 pm

• VS Virden Oil Capitals Tues, Nov 18th 7:30 pm

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Selkirk Record

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Spacious 1 bedroom/1 bath. \$1100 per month. Utilities extra (hydro, water, phone, cable). Included - parking, security system, appliances (fridge, self-cleaning oven 30 inch stove, dishwasher, AC, washer & drier), and blinds on windows. Laminate hardwood floors. Kitchen, living room - open area concept. One year lease, no pets, non-smoking, adults only. Damage deposit \$550. Location: 204 Clandeboye Ave., Selkirk, Manitoba. R1A 0X1. Phone 204-785-3097.

HELP WANTED

Maintenance Manager - B2 Holdings, Selkirk. Seeking an individual to manage multiple properties in Selkirk/Winnipeg. Requirements: general repair & maintenance knowledge (carpentry, basic automotive, basic plumbing), ability to operate power equipment, basic IT skills. Experience with fleet & contractor management an asset. The role is a perfect fit for retired individuals looking to stay active. Corporate vehicle available for transiting between facilities; indoor workshop with tools & equipment provided. Wage offered varies based on experience & expertise. Flexible hours: 32-40 per week. On call select evenings and weekends. Apply at 609 Greenwood Avenue, Selkirk or hr@blastofffireworks.ca

HELP WANTED

Help Wanted East Selkirk, MB, Apiary Supervisor - 1 position (NOC 82030). Minimum 3 years beekeeping experience preferred. Wage range \$17.00-\$23.00/hour. Employment from March 1, 2026 to November 15, 2026. Seasonal full time, days, evenings and Saturdays. Language is English. Duties would be to handle, feed and care for bees, help in replacement of hives and production of nucs, move hives, collect honey, maintain and drive vehicles, maintain bee yard; manufacture, assemble and maintain beehive equipment, maintain and operate other apiary related equipment. Must be able to handle heavy loads and work is physically demanding. Must work well with others, as well as the ability to maintain basic production records. Would require steel toed safety boots. Send resume by email to: philip@waldbee.com

MISCELLANEOUS

For sale - 10 yrd. Miskin Field Scraper, \$12,500; 2 pressure vessel semi trailer tanks, \$7500 each; 2 - 2500 new tanks, fiberglass, comes with mounts, \$25,000 ea.; 1 Berming hammer, 8000 lb., \$15,000; 1 tree shear, \$17,500, as new; 1 - 9000 lb. grapple, hyd., \$12,000; used culverts, 18" to 66"; 2 service decks, 1 ton - \$1700 & 5 ton - \$3500; Howard hover craft, 14" x 28", body only, \$4500. Wanted - groups of 16" x 245 or 265 tires; '94 Chev 4x4, 3/4 ton pick up; Case 1845 skidsteer; musical - bagpipes, guitars, amps, bangos. Call 431-737-6441.

UPCOMING EVENTS

In the Nick of Time Craft Sale. Little Britain United Church 5879 Hwy 9, Lockport, Saturday, November 29 10 - 3. Tables \$30 ea. or 2 for \$50. Call 204-981-2433.

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Also offering gunsmithing services. Call or text 204-297-9223.

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NOTICES

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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF ROBERT BRUCE CHRISTIANSEN, late of Selkirk, in the Province of Manitoba, deceased.
ALL claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 183 Main Street, Selkirk, Manitoba, R1A 1R5, on or before the 18th day of December, 2025.
DATED at the City of Selkirk, in Manitoba, this 6th day of November, 2025.
PKF LAWYERS
Eric S. Freedman, Solicitor for the Administrator

The Selkirk Record
Classified & Announcement
booking deadline is Monday
at 4 p.m. prior to Thursday's
publication
Please Call 204-785-1618



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RURAL MUNICIPALITY OF ST. ANDREWS PUBLIC NOTICE

REGARDING GENERAL BORROWING BY-LAW NO. 4426 TO PAY FOR THE PURCHASE OF A JOHN DEERE 870GP GRADER

The Council of the Rural Municipality of St. Andrews at its regular meeting in the Council Chambers, 500 Railway Avenue, Clandeboye, Manitoba on November 24, 2025 at 5:30 p.m. will hold a public hearing and consider giving first reading to By-Law No. 4426 to authorize the following proposal to borrow **\$420,403.20** to pay for:

The purchase of a John Deere 870GP Grader

The total estimated cost of the purchase is \$ 420,403.20, to be funded by borrowing
The borrowing will be repaid over 5 years at a maximum interest rate of 4.8% per year

The annual repayment amount will be no more than \$ 94,717.68 to be levied annually as part of the general municipal levy.

Copies of the proposal to borrow and information about the capital project are available at the municipal office at 500 Railway Ave, Clandeboye, MB. and on the municipal website at: www.rmofstandrews.com

Dated at the Rural Municipality of St. Andrews this 7th day of November, 2025 and issued pursuant to Section 174.1(1) of *The Municipal Act*.

Brent Olynky
Chief Administrative Officer
Rural Municipality of St. Andrews
204-738-2264

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ANNOUNCEMENT

CARD OF THANKS

Thank you to everyone who attended the service for Bernice Taylor, as well as all the cards and flowers. Thank you to Gilbert Funeral Home, especially John.

-Darren, Charlotte, Paige, Justin Taylor
Wayne, Linda, Ian, Susie, Leanne Adams

ANNOUNCEMENT

IN MEMORIAM

Peter Markevich
November 15, 1993
Forever remembered,
Forever loved.

-Sandra and Bob

*There is a link death cannot sever,
Love and remembrance last forever*

ANNOUNCEMENT

IN MEMORIAM



Ron McBride
March 30, 1954 - November 16, 2019
Thinking of you
But forever in my heart

-Bye Bye Ladi Di

OBITUARY

Edith Mae Jablonski (nee Geard)
August 23, 1938 – November 2, 2025

It is with heavy hearts that we announce the peaceful passing of Edith Mae Jablonski (Geard) on November 2, 2025, with family by her side.

Edith was predeceased by her husband Edward (Zibber); her parents Harry and Nellie; brothers Ted (Evelyn) and Charlie (Marie); sister Pat (Les); and niece Nelene.

Edith is survived by her daughters Judy, Teri (Ron), Sharon (Jamie); grandchildren Kara, Melissa (Chris), Kristy (Dustin), Kayla (Matty), Cassidy (John), Justin; and great-grandchildren Kaitlyn, Jaxon, Kamryn, Mila, Kylan, and Kinzley. She is also survived by her in-laws Bernard, Marcella, Theophil, Evelyn, and many nieces and nephews.

Mom was born in Selkirk and resided here for her entire life. She had many jobs throughout the years but her longest standing job was at Jeff's Grocery where she worked for 25 years. In her younger years she enjoyed playing hockey, bowling, and watching Dad play baseball which often ended in a party with the team.

Mom loved spending time with her family, and her kitchen table was a place where many memories were made. Many wonderful meals were shared, games of Yahtzee and cribbage played, country music listened to, and laughter filled the room. Friends and family were always welcome. Whenever you walked into the house, Mom could always be found sitting at the front window keeping an eye on the neighbours. She loved watching her game shows and nightly movies, reading her books, eating her favourite junk food, and afternoon visits to play VLT's. Her favourite pastime was talking for hours on the phone to her oldest and dearest friend for over 75 years, Loretta.

The family would like to thank the staff at Red River Place for their care and compassion for Mom over the years and the staff at Gilbert's Funeral Home for their support and care during this difficult time.

In keeping with Mom's wishes, cremation has taken place and a private family celebration will be held at a later date.

Tributes: gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Diane Novakowski (nee Marshall)

It is with great love and sadness that the family of Diane Novakowski announces her passing.

Diane grew up in East Selkirk and attended Highland Glen School. Her home was a hub of laughter, friends, and childhood adventures by the creek. Even as a child, she had a gift for making people feel special, a quality that stayed with her throughout her life.

Diane began her career at MPI in 1971, and over nearly four decades as a claims adjuster, she built lasting friendships through her warmth, dedication, and humour.

At home, Diane loved baking, hosting, and celebrating life's moments. Her chocolate chip cookies were legendary, her Christmas parties unforgettable, and her kitchen always overflowing with good food and laughter. She believed in

abundance; of joy, generosity, and time spent with the people she loved most.

She will be deeply missed by her husband of 47 years, Ron, and their daughters, Ebony and Britt, as well as her extended family and many dear friends.

A celebration of Diane's life will be held on Saturday, November 15, 2025, from 2 p.m. to 5 p.m. at the Selkirk Golf Course & Country Club, 100 Sutherland Ave, Selkirk, MB.

The family extends their heartfelt thanks to the Dialysis Ward at Selkirk General Hospital for the care, compassion, and support they provided to Diane throughout her long and courageous fight with polycystic kidney disease.

Diane will be remembered for her kindness, resilience, and the joy she brought to everyone around her.

OBITUARY

Adeline Starodub (nee Dupuis)

With great sorrow we announce the passing of our Mother and Grandmother, Adeline Starodub (nee Dupuis) on November 1, 2025.

Adeline will be missed by her children, Walter Jr. (Linda), Sue (Tom), Tim (Eileen), Michael (Patricia) and Lori (Nick); grandchildren Megan, Douglas, Michael, Sam (Jacqueline and daughter Lauren), and Sarah (Patrick); son-in-law, Reid Peebles; sisters-in-law Jean Dupuis, Helen Starodub, and Helen Chawrun.

She was predeceased by her husband, Walter Sr; daughter, Linda Peebles; parents, David and Elide Dupuis; brothers, Bill (Anne), Marcel (Kay), and Andy; sisters, Rose (Joe) Salnek, Cecile (Ovila) Berard and Alice.

Mom was born on January 24, 1930 in St. Jean Baptiste, Manitoba, and moved with her family to the farm in Kirkness when she was eight years old. Mom spoke fondly of her life growing up on the farm where she learned to be the resilient and resourceful woman she was.

On October 18th, 1952 she married Dad and lived on the Starodub family farm until eventually moving into what became our family home in East Selkirk. There, they built their life together and became long-standing parishioners of St. Stanislaus Church.

Caring for others was natural for Mom. We felt this at home, when with family and friends, and in her time working as an aide at Tudor House Care Home.

Food was Mom's love language - she never met anyone she didn't want to feed. She was a wonderful cook and baker, and her care packages were always prepared with love.

She was a voracious reader and whiled away many hours with a book in hand. Mom also enjoyed walks, Bingo, classic movies, and hearing about everyone's travels. Her grandchildren were her joy and she was so very proud of them.

A woman of faith, Mom believed absolutely in the power of prayer. Her rosary was ever-present. We know she is with our Lord.

Funeral Mass will take place on Friday, November 14th at 11:00 a.m. in the Notre Dame Catholic Church, 269 Jemima Street, Selkirk, MB with Fr. Gerald Langevin officiating. Private interment to follow in the East Selkirk Cemetery.

In lieu of flowers, donations can be made to Siloam Mission.

Tributes: www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY



Norman Campbell Jelfs
February 20, 1932 – November 8, 2025

Dad was born on the family farm in Foxwarren, Manitoba – the third of four children. He was known as Cam, Norm, Dad and Papa. He began his working career hauling grain, working in a garage and driving a school bus but quickly transitioned to the world of banking. Dad started his career at the Royal Bank in Binscarth, Manitoba, eventually relocating to Winnipeg, Brandon, and finally Selkirk where he retired in 1988.

It was in Binscarth, MB that he met his wife, Annette, and they married in 1960. They built their home on Grain Ave. in Selkirk in 1972 and remained there for 51 years.

Dad was very active in the Selkirk United Church, Chamber of Commerce, and the Lions Club. He was happiest when spending time with family and friends be it hunting, travelling, visiting or hosting dinner parties. Dad also had a passion for gardening – he especially loved to grow raspberries and rhubarb and had a particular obsession for growing tomatoes.

He will be truly missed by his son Chris (Dayna), daughter Pam, grandchildren Emma and Noah, sister Nora, brother Bob (Hazel), sister-in-law Donna, and many nieces and nephews.

He was predeceased by his wife Annette, sister Margaret, brothers-in-law Jack, Lorne and Robert, and son-in-law David.

A Funeral Service will be held at the Selkirk United Church, 202 McLean Ave., on Monday, November 17th, 2025 at 1:30 pm.

If anyone wishes to make a donation in Norm's memory, please consider the Selkirk United Church (selkirksunitedchurch.ca); The Alzheimer's Society of Manitoba (Alzheimer.mb.ca) or Families of Alberta for Conductive Education (facealberta.ca).

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Your memory will live forever engraved within our hearts.

OBITUARY



Carol Bristow

We feel empty as we announce the sudden passing of our dear Wife, Mom, and Grandma on October 13, 2025. Although 84 years of age, Carol continued to bring unmatched energy, enthusiasm, devotion, and compassion to others. She lived with a beautiful blend of ambitious spirit and forgiving grace as she was guided by the Holy Spirit.

Carol had an unwavering faith in God, and remained steadfast in relying on this faith and sharing it with others. Her family takes some comfort in knowing that she is now in her Heavenly Home with her Lord and Saviour Jesus Christ.

Carol will be dearly missed by her husband of 61 years Gerry, son Jason, daughter Kristin (Jeff), two precious grandchildren Joshua and Annika, and grandpup Milo. She is also survived by her sister Siv, two nephews Brent and Brad (Cindy), and many other close relatives. Carol's companionship will also be dearly missed by many cherished friends.

Carol was predeceased by her father John, mother Mary, special brother-in-law Darol, two step brothers-in-law Larry and Ralph, and her mini schnauzer pack (Fritz I, Fritz II, and Tobie).

We would like to thank members of the Winnipeg Fire Paramedic Service who promptly assisted Carol in her home. We especially appreciate the numerous staff members at the Health Sciences Centre who provided consistently excellent clinical and tender care to Carol. They also didn't hesitate to extend their care to Gerry and Kristin, who remained with Carol in hospital until her final breath. A special thank you to: the emergency room physicians, on-call neurologists and neurosurgeons, GB 2 staff (doctors R. Alarakhia and M. Pelletier, nurses, and the assistants), the palliative care team headed by Dr. B. Debroni, and Spiritual Health Services practitioners. We are so grateful for your sincere compassion, wisdom, patience, and support.

A service will be held for Carol at Grant Church (877 Wilkes Avenue in Winnipeg) on Thursday, November 13 at 2:00 p.m.

To honour Carol's selfless giving, one may consider donations to: Union Gospel Mission Winnipeg, Samaritan's Purse Canada, or the Winnipeg Humane Society.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



NOTICE OF PUBLIC HEARING

ZONING BY-LAW AMENDMENT APPLICATION

RM of St. Andrews

Under authority of The Planning Act, the municipal Council will hold a public hearing at the time and location listed below to hear from those who wish to speak in support or objection, or to ask questions. For more info on how to register for the public hearing please contact the municipality at 204-7382264

Tuesday
December 9th, 2025
5:30 PM

Council Chambers,
500 Railway Avenue,
RM of St. Andrews, MB

Note: property owners are responsible for notifying "tenants"

APPLICATION INFORMATION

Application File: ZBA - BL 4423

Applicant: Leonard Naayer and Agnes Loutit

Property Location: No address portion of RL 34;
8 McLennan Road,
RM of St. Andrews.
Roll # 13300, 13400

Application Purpose:

To rezone the subject property in order to subdivide the Land into total 21 lots for the future single family residential development and sale properties.



Current Zoning	Zoning Proposed by Applicant
"RR" – Rural Residential	"RA" – Suburban Residential

A copy of the above-noted proposal and supporting material is available on the Red River Planning District website at <https://www.redriverplanning.com/hearings.php> or by contacting the Red River Planning District in person during normal business hours Monday to Friday at 2978 Birds Hill Road, East St. Paul, by phone at 204 669-8880, or by email at info@rrpd.ca



NOTICE OF PUBLIC HEARING

ZONING BY-LAW AMENDMENT APPLICATION

RM of East St. Paul

Under authority of The Planning Act, the municipal Council will hold a public hearing at the time and location listed below to hear from those who wish to speak in support or objection, or to ask questions. For more info on how to register for the public hearing please contact the municipality at 204-668-8112.

Tuesday
December 9th, 2025
5:30 PM

Council Chambers
3021 Birds Hill Road
RM of East St. Paul, MB

Note: property owners are responsible for notifying "tenants"

APPLICATION INFORMATION

Application File: BL 2025-09

Applicant: Rural Municipality of East St. Paul

Property Location: N/A

Application Purpose:

The municipality is proposing to amend the RM of East St. Paul Zoning By-law No. 2009-04 through making a variety of refinements (improvements) to the regulations. These proposed updates include text amendments only – there are no changes to property zoning. The proposed amendments include the topics of:

- Poultry keeping
- Parking
- Secondary suites
- Accessory building / structure size
- Minor variations
- Building projections
- Setbacks from retention ponds

A copy of the above-noted proposal and supporting material is available on the Red River Planning District website at <https://www.redriverplanning.com/hearings.php> or by contacting the Red River Planning District in person during normal business hours Monday to Friday at 2978 Birds Hill Road, East St. Paul, by phone at 204 669-8880, or by email at info@rrpd.ca



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The Selkirk Record

OBITUARY

Fred Proden

Peacefully, on Thursday, November 6, 2025 at the St. Boniface Hospital, Fred Proden, aged 82 years, beloved husband of Lorna, passed away.

In keeping with his wishes, cremation has taken place and a celebration of his life will be held on Thursday, November 20, 2025 in the Gilbert Funeral Chapel, Selkirk, MB at 11:00 a.m.

Full obituary to follow

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Ronald Hinrik Corrigan

July 24, 1942 – November 6, 2025

With profound sadness, Ron's family announces his passing at the Selkirk Regional Health Centre.

A private funeral is planned.

Full obituary to follow.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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