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# The Selkirk Record

VOLUME 13 EDITION 47

THURSDAY, NOVEMBER 24, 2022

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# WSP welcomes Manitoba municipalities to bootcamp

Getting up to speed with managing a municipality

By Katelyn Boulanger

When people decide that they want to represent their fellow residents by running for councillor or mayor in their municipality, they come from many different walks of life. They could come from backgrounds with business experience, maybe they have a knack for communicating from their time in the teaching profession, they could apply their skills keeping a cool head in emergencies from time as a first responder or have a completely different background from which to draw knowledge from. Having a variety of people represent our communities interests is a great way to find the best local solutions to problems, which is why knowing everything about how municipal offices work is not part of the job description when running for council. However, once people get into these positions they have to quickly get up to speed in order to do that work. That's why the RM of West St. Paul held its West St. Paul 2022 Bootcamp which brought presenter George Cuff as well as several other municipalities to the region for a crash course on their new responsibilities.

"Every council is new, even if people have been there before. Because it's a new group of people, it's a new council. So, we've [created this opportunity] and [brought in] George Cuff and through his experience, he discusses, the role of council, the role of CAO, what your CAO should be providing, what the staff should be providing, what to expect when you're in your role as an elected official, and



RECORD PHOTO BY BRETT MITCHELL

Photo from the West St. Paul Bootcamp.

[information about] pitfalls, proven practices, best practices, those type of things," said West St. Paul CAO Brent Olynyk.

The original idea for the bootcamp came from a difficult start for one of the previous councils in WSP which prompted the creation of this bootcamp in 2014 in order to ensure that everyone was on the same page.

"You don't roll into a municipality, like West St. Paul, or most mu-

nicipalities, and you're not going to have a whole lot of time to learn

Continued on page 7

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# Gordon Howard hosts its annual AGM after COVID hiatus

## Going over the past and discussing the future of the Gordon Howard Centre

By Katelyn Boulanger

At the beginning of this month, the Gordon Howard Centre hosted its annual general meeting in order to elect a new board and give members an update on the goings on of the centre. As the COVID-19 pandemic made gathering difficult the past few years this was actually the first AGM since September 2019 which means that there was a lot for members to catch up on.

Lee Hanson, the centre's executive director, started the meeting by intro-

ducing the staff and board members as well as welcoming Gerry Hamm to the floor, who as chair of the Manitoba 55+ Games last summer, gave everyone an update on how well the games went in our community.

"[We wanted to] give a presentation about 55+ Games, because Active Living in Manitoba said that the 55+ Games that we put on was the best they had. So, we had to share that," said Hamm.

He said that the process of the 55+ Games coming to our community

started in 2017 with a discussion about promoting the games in our community. From there, members looked into the games more, which included a trip to Swan River to see how the games were run there. Then, they started the first steps towards putting a bid in to host the games in Selkirk which included presenting the idea to the City and preparing. In March 2019, the group presented their bid to host the games officially and it was officially accepted.

Unfortunately, the COVID-19 pandemic did present a delay which meant that the games instead of taking place in 2020 happened this past summer. With the delay, people lost touch and the 55+ Host committee had to reach out to venues and community sponsors again but Hamm says that the community continued to support the initiative and the games went smoothly.

At the end of the day after selling tickets to various events associated with the games, there was a surplus of \$8000 that the 55+ host committee will be using to leave a legacy in our community. Decisions about what they plan to do haven't taken place

yet but they haven't ruled out teaming up with another local group to see what they can get done together. He also mentioned that if anyone has ideas as to what might make a good legacy project in the community, they should get in touch.

Hamm pointed out that despite his presenting this information at the Gordon Howard Centre's AGM that this money is not associated with the Gordon Howard Centre but is in a separate 55+ Games bank account.

From there the meeting paused for lunch and then Lee Hanson came back to discuss the Gordon Howard Centre's past two years.

"It's been quite tough over the last two years with COVID as everyone knows. Most of you know sometimes we've been completely closed here and then other times, we've been semi-open where like in this room as an example we were allowed to have 14 people," he said.

They took advantage of the times the centre was closed to do painting and repair work in the centre and

Continued on page 5



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## > GORDON HOWARD CENTRE AGM, FROM PG. 4

when it was able to open, they offered socially distant class options. They also were able to host Zoom classes which members took advantage of.

"There was a bit of a learning curve for some of our volunteers to get on Zoom and figure it out but it was so great that we were able to do that," said Hanson.

He said that though those times were difficult that the centre is starting up all of its programming again. An example of this is the Walter's Famous Pick-erel Fish Fry which was hosted last week at the centre and they plan to have a sit-down Christmas dinner again this year. He also mentioned that next weekend Holiday Alley will be hosting their holiday market at the Gordon Howard Centre and that everyone is welcome.

"It's just nice to get into the flow of

things and back into our regular activities. Our fitness classes are downstairs and the numbers have been increasing and as people start coming back, and we've got our painting classes going on, wood carving classes open, basically we're almost back to normal," said Hanson.

**"THE LAST COUPLE YEARS HAVE BEEN KIND OF CHALLENGING, AND SO IT'S GREAT TO BE BACK INTO THE SWING OF OUR NORMAL ROUTINE AND IT'S SO GREAT TO SEE PEOPLE BACK IN THE BUILDING AND PARTICIPATING IN ACTIVITIES."**

The group then went over the centre's minutes from their last AGM, and financial statements approving them as well as voting in the new Gordon Howard Centre Board which includes Marcia Bilkoski, Gerry Hamm, Fran Domitruk, Barb Doren, Dawn Kardashinski, Terry Tillett, Joyce Banera, and Peggy Holt.

There was then a discussion about future finances and how despite inflation increas-

ing grants haven't necessarily kept up over the years. This discussion re-

sulted in a renewed effort to approach those to give out grants and demonstrate the value that the centre brings to the community.

The meeting wrapped up with a discussion about what should be done about the centre's building itself. Though details were not provided the centre is in need of repairs and members are being asked what they would like to do. Many options are being considered and a survey was sent to all members last week in order to learn more about what the community enjoys about the centre and how it might be changed in the future. In order to have your say about the future of the centre fill out that survey and bring it to the centre. Copies are also available at the Gordon Howard Centre.

Finally, the discussion concluded

with a talk about increasing membership. The members at the meeting discussed possible ways to spread the word about how economical the centre is to be a part of with a yearly membership being only \$30 and also changing the community's perception of the centre as a senior's centre. They will continue to work towards letting residents know that the Gordon Howard Centre is not a senior centre but an activity centre in the community and that residents ages 45 years and older can be members.

"The last couple years have been kind of challenging, and so it's great to be back into the swing of our normal routine and it's so great to see people back in the building and participating in activities," said Hanson.



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# Triple virus threat has doctors asking public to mask

By Patricia Barrett

The provincial government combined its weekly COVID surveillance report with an influenza report, and has changed the way it reports total infections, hospitalizations and deaths.

Both reports show new weekly infection numbers, hospitalizations, admissions to intensive care and deaths. The combined report will be released on Fridays and are in a new location on the government's website, separate from previous reports.

For the period Nov. 6-12 (Week 45), the COVID portion of the report shows 111 people admitted to hospital for the virus, of which 11 people required intervention in the intensive care unit.

The province's report doesn't show the total numbers of people in hospital and the ICU on any given day or week, making it difficult for the public to assess COVID's pressure on the health-care system.

There were 273 new COVID infections reported in Week 45 based on laboratory testing, with a positivity rate of 24.5 per cent.

Provincial COVID data is an undercount as the government restricts lab testing and rapid antigen tests aren't tracked.


In terms of overall infections, hospitalizations and deaths to date, the new report shows vastly reduced numbers. The difference reflects a shift in statistical reporting from the "start of the current season" – the date of which is not stated in the new combined report – to the "end of the reporting week."

The province's previous weekly COVID report (Week 44), for instance, showed total hospital admissions for COVID at 13,336, ICU admissions at 1,844 and deaths at 2,256. Its Week 45 report, by contrast, shows dramatically reduced numbers: total hospital admissions for COVID are now showing 1,730, ICU admissions are now at 187 and deaths are at 159.

Weeks ago, the province stopped providing in its surveillance report the names of hospitals and personal care homes with COVID outbreaks.

There were 54 new cases of Influenza A and zero cases of Influenza B

### Address Physician Burnout



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- ✓ Creating a constructive expectation for RHAs and Shared Health to communicate with, consult and engage physicians about changes or issues that affect their ability to practice, and leverage Doctors Manitoba's expertise in physician engagement.
- ✓ Working together with RHAs and local communities to address racism and mistreatment of physicians, including by patients, colleagues and leadership in the health system.

## DOCTORS MANITOBA AND MANITOBA CHAMBERS OF COMMERCE

The single biggest contributor to physicians leaving practice is burnout. Doctors Manitoba and the Manitoba Chambers of Commerce released a joint report with five major recommendations and supporting actions to recruit and retain physicians.

in Week 45, according to the influenza half of the report. Influenza A positivity increased to 7.4 per cent. The increase is earlier than expected for this time of year. Children account for about one third of influenza cases and hospital admissions.

New cases of respiratory syncytial virus (RSV) increased to 5.5 per cent in Week 45. It was three per cent in

Week 44.

There were 10 hospital admissions, zero ICU admissions and fewer than [exact number not provided] five deaths in Week 45; it's unclear whether these data refer to only influenza cases, only RSV cases or a combination thereof.

Continued on page 8

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RECORD PHOTO BY BRETT MITCHELL

Photos from the West St. Paul Bootcamp.

## > WEST ST. PAUL BOOTCAMP, FROM PG. 3

how it works. Your residents are calling you, the municipality is a continuing entity, and we've got to keep doing business. So, these people are hitting the ground running," said Olynyk.

West St. Paul's newly elected mayor Peter Truijen participated in the bootcamp and felt that it very beneficial.

"He provided clarity to some of the rules of the municipal act, the importance of bylaws and the other thing I noticed is that it brought everybody together. There were both new members and re-elected members and I think that the re-elected members even took an interest in what he was saying because there's always something you can forget and there was a lot of information that he presented," said Truijen.

He said that there were many interesting things that he learned but one that might pertain to residents is that during the question period at municipal council meetings council is not obligated to answer every question. This is simply because they may not know every answer and might have to consult with administration or another municipal employee and so as long as they get back to the member of the public, even if it is at a later time, that is considered fair.

Olynyk says that he intends to continue to hold sessions like this in the future for his and other councils and sees a possibility of this expanding to become an annual event where councils discuss a variety of topics.

"Maybe it's something that we do annually out of West St. Paul, and everyone can come back and give themselves a report card on how they've done and regroup for the next three years, and then at the halfway point, so [we can provide] continuous improvement in education for everybody," he said.

Truijen says that residents whose municipalities attend events like this should take from it that their municipalities are taking their governance seriously.

"It does send the message to the residents of the municipalities that yes, it's worthwhile making sure that there's good governance, that council runs efficiently and effectively," he said.

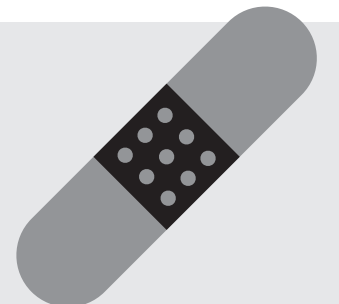
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# get informed

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## > TRIPLE VIRUS THREAT, FROM PG. 6

### Other health news:

-Doctors Manitoba is asking Manitobans to help slow the transmission of COVID, RSV and influenza, a "triple threat" that has overwhelmed hospitals in parts of the country, including the Children's Hospital in Winnipeg.

"Physicians are very concerned about the triple virus threat to Manitobans' health and well-being," said Doctors Manitoba president Dr. Candace Bradshaw in a Nov. 16 news release. "... This fall and winter, an important way to help is by following research-backed medical advice to stop the spread of flu, RSV and COVID viruses."

The organization is encouraging Manitobans to wear good quality medical or KN-95 masks in crowded or poorly ventilated public places, stay home when they're sick, wash their hands frequently, get a flu shot and a COVID booster and develop a household plan to prevent family members who fall ill from spreading the virus to others in the home.

Political leaders across the country have refrained from issuing orders requiring the use of masks indoors.

-A COVID outbreak declared on Nov. 4 at the Betel Personal Care Home in Selkirk continues, according to the Interlake-Eastern Regional Health Authority's website (as of Nov. 19).

-A spokesperson for the IERHA said the Betel Personal Care Home in Gimli is "not using" its external visitation shelters [converted shipping containers beside the facility] despite the viral triple threat, but some PCHs might use theirs in future.

"The RHA is not retaining the externally located visitation shelters at the RHA owned personal care homes. We are in communication with Manitoba Health about plans to remove them from our sites," said the spokesperson. "That being said, the affiliate personal care homes of Red River Place and Tudor House located in Selkirk may retain their external visitation

shelters for future use. Details have not been confirmed yet."

-The Canadian COVID-19 Hazard Index (expected excess deaths from the virus) remains "very high" across Canada as of Nov. 11. Manitoba is at a "severe" level.

-There were 18,820 new COVID infections reported across Canada between Oct. 30 and Nov. 5, according to federal government data. Canada's death toll from the virus was 47,118 as of Nov. 5.

-Globally, there have been 6,596,542 deaths from COVID reported, according to the World Health Organization as of Nov. 16.

-The federal government's FluWatch report for the period Nov. 6 -12 (Week 45) shows a "sharp increase" in influenza-associated hospitalizations among the pediatric population, levels normally seen at the peak of the influenza season. Fifty-six per cent of influenza cases during Week 45 - for which age information was reported - were among those aged 19 and under.

-The Manitoba Chambers of Commerce and Doctors Manitoba released a joint report with five recommendations to attract and retain physicians in the north and rural regions of the province. The recommendations are based on feedback from a rural health summit held in September.

"Manitoba has one of the biggest physician shortages in Canada and this is hitting particularly hard in many rural, northern and Indigenous communities," said Doctors Manitoba president Dr. Candace Bradshaw. "It must be a top priority to recruit and retain more doctors, and this is going to require an 'all-hands' approach if Manitoba is going to succeed in an intensely competitive national and global environment."

The report titled Manitoba's physician shortage, physician recruitment and retention recommendations from the rural & northern health summit says Manitoba has one of the biggest physician shortages in Canada, and a recent survey shows a significant

number of them planning to retire, reduce their hours or leave Manitoba altogether.

"With 43% of physicians planning to retire, leave Manitoba, or reduce their clinical hours over the next three years, there are and will continue to be considerable implications for rural and Northern communities if these trends continue," states the report.

Manitoba has the lowest number of family physicians per capita in Canada, at 108 per 100,000 residents, and the third lowest number of specialist physicians per capita. Physician numbers per capita in the Interlake-Eastern health region is 92 per 100,000 residents.

The acute physician shortage in rural and northern regions of the province led to widespread service disruptions.

"This past summer, ERs at two thirds of rural hospitals were closed full time or part time, and access to care in First Nations communities has deteriorated significantly," states the report.

The report includes quotes from physicians outlining the stresses of rural health care: "Working conditions, especially in rural ERs, are difficult and stressful. No support, minimal diagnostic tools, working alone, without possibility of consultation, difficulty transferring sick patients to larger facilities, difficulty accessing the patients' medical records."

The report calls for an "all-in" collaborative approach with five major recommendations that include expanding physician training, providing financial supports, addressing physician burnout by reducing administrative burdens and on-call expectations, providing better peer support and engaging local communities, chambers of commerce and Indigenous leaders to help recruit and retain physicians.

It also notes other issues causing "instability" in rural and northern health care, including shortages of nurses, technologists and other health-care workers, as well as a "lack of transparency about the future of health-care services."



### > CONTACT US

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

**Christy Brown, Distribution Mgr.:** 204-467-5836

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# Bringing awareness to domestic violence with Power and PJ's

By Tammy Karatchuk

November is Domestic Violence Awareness month, and Nova House, which is a safe haven for women and children fleeing domestic violence, is running its annual, Power of the PJs campaign. The campaign signifies more than pajamas on a chilly night though.

"Someone fleeing an abusive situation may just leave with the clothes on their back," said Viktoria Westgate, Executive Director of Nova House. "When someone comes to our shelter, we are offering them a safe home, albeit temporary, it is still going to be their home. We want them to feel comfortable and cared for, and offering them a new pair of pajamas to wear as they sleep in a new bed away from the home they once had may seem simple, but it means a lot."

Nova House is once again hoping to receive donations of new pajamas, slippers, and other unused sleepwear for the women and children who arrive at Nova House each year. Donations for the Power of the PJs campaign are accepted at Packers Women's Fashion, Aaron's No Frills, Bella Ragazza Boutique, Twice Over Thrift Store, Harry's Fine Foods (St. Andrews), and Network 4 Change (Beausejour).

Westgate said the community response has been amazing.

"We have been doing this campaign now since 2019 and our community has been very generous to us," said Westgate. "We have received donations for this campaign all the way

from Ontario. We receive pajamas, socks, tights, t-shirts, slippers, and financial contributions to the campaign."

Throughout November, Nova House receives PJs meant for warmer weather. They use this month's monetary donations to later purchase pajamas meant for spring and summer, keeping Nova House in stock for the entire year, according to Westgate.

Gently used PJ's are also appreciated, however, they would be donated to the Twice Over Thrift Store in Selkirk, owned by Nova House. Women and their children staying or receiving services from Nova House shop at the store, free of charge.

During Domestic Violence Awareness month, Westgate also would encourage and welcome anyone who'd like to create a campaign or fundraising drive to contact Nova House for assistance at 204-482-7882.

"Bringing awareness to domestic violence is always going to help us and our community help those who need support and shelter if they are in an abusive relationship," said Westgate.

The women and children staying at Nova House are escaping different forms of abuse such as domestic violence, intimate partner, and toxic family situations.

"Abuse is not just physical," said Westgate. "Abuse is emotional and verbal, sexual, psychological and mental, financial, cultural, spiritual."

Abusive circumstances often increase during the holidays with the extra stress of shopping and holiday

parties where abusers may be partaking in more drinking or using drugs. Days off work can contribute to an already toxic home.

"Victims of abuse often have more fear of leaving an abusive home during the holidays because they don't want to disappoint their children who are excited for Christmas," said Westgate, "or they don't want to miss out seeing the rest of their family. The holidays are tough."

Nova House tries to recreate the magic of the holidays with as much beauty for the season as we can for the women and children. Westgate also said it's when the community steps up in spades.

"We are always so grateful to our community for all of the financial and

toy donations that we receive."

Throughout Manitoba, there is community support for domestic violence and a 24-hour crisis helpline. According to the Manitoba Association of Women's Shelters, almost 49,000 people occupied a shelter bed in our province last year. The Interlake and Eastern Manitoba region's approximate population is 133,008, according to the IERHA – with Nova House as the sole women's shelter. This is the reason Westgate says shelters like Nova House are vital.

"Every shelter across Canada that serves any community is vital to that community," said Westgate. "Without Nova House where would one go to find safety from abuse? We are it."



## PUBLIC NOTICE

### Manitoba Hydro 2023/24 & 2024/25 General Rate Application

Manitoba Hydro has applied to the Public Utilities Board for a 3.5 per cent average increase to electricity rates effective September 1, 2023 and a further 3.5 per cent average increase effective April 1, 2024. As part of this application, Manitoba Hydro is seeking final approval of the interim rate increase of 3.6 per cent implemented January 1, 2022. Manitoba Hydro is requesting increases to obtain the revenue needed to run the electric system, perform maintenance, and rebuild and expand the system as needed to continue to provide reliable, safe and effective service to customers.

**For a residential customer without electric heat** (using an average of 1,000 kilowatt-hours (kWh) per month), the average impact of the proposed increase is approximately \$4 per month after September 1, 2023 and an additional \$4 per month after April 1, 2024.

**For a residential customer with electric heat** (using an average of 2,000 kilowatt-hours (kWh) per month), the average impact of the proposed increase is approximately \$7 per month after September 1, 2023 and an additional \$7 per month after April 1, 2024.

Further details of Manitoba Hydro's Application are available at: [www.pubmanitoba.ca](http://www.pubmanitoba.ca)

#### HOW DO I SHARE MY VIEWS?

You can share your views on the proposed rate increases with the Public Utilities Board in three ways:

- **As a Presenter** – If you want to make a virtual or in-person formal presentation to the Public Utilities Board on this matter and are willing to respond to questions about your presentation, please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and apply to become an approved Presenter. Presentations are limited to a maximum of 10 minutes.
- **Written comment** – If you would like to comment in writing on the rate increase, please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and provide your written comment.
- **As an approved intervener** – If you want to actively participate in the public hearing as an Intervener, please go to [www.pubmanitoba.ca](http://www.pubmanitoba.ca) and apply for Intervener status. Interveners are required to represent the interests of a significant group of customers and may be required to combine their intervention with others representing similar interests.

Manitoba Public Utilities Board  
400-330 Portage Avenue  
Winnipeg, Manitoba R3C 0C4  
Phone: 204 945 2638  
Email: [publicutilities@gov.mb.ca](mailto:publicutilities@gov.mb.ca)

## Glowing this weekend



RECORD PHOTO BY KATELYN BOULANGER

Glow Fitness for Women is welcoming some new owners to the business. The local women's fitness centre has expanded its ownership which now includes Katie Hartle, Amanda Moorhouse, Andrea Gertner, Kelly Mendrun, and Tracey Mendrun. They are also hosting a variety of activities at their open house this weekend during Holiday Alley. Stop on by at 4:30 p.m. for their women's healing circle and soup fans will need to make sure to make the stop during the soup cook off. The space has also been newly renovated so there's a lot to see during your trip.

Available in accessible formats upon request.



Five days notice required. Wheelchair access is available.





# Gwen Fox Gallery hosts all members show in December

## It's the most wonderful time of the year for local art

By Katelyn Boulanger

This holiday season the Gwen Fox Gallery is a great stop for getting a gift for the art lover in your life. With paintings, multi-media work, fibre art and more and, all of the gallery's members having the opportunity to show in their all members show, there are a huge variety of options for everyone on your list.

Though it would be impossible to feature every artist in the show this month the *Selkirk Record* caught up with three that you may not have heard of before to talk about some of the work on display and free to see starting this week.

### Terry Hollier

Hollier is a recent addition to the Gwen Fox Gallery's membership. This month she has brought in two examples of her vibrant and pretty watercolour paintings.

"I am training and working towards being a watercolour artist. I'm fairly new to the medium. I took it up when I retired from teaching 10 years ago," she said.

One of the big reasons that she started her artistic journey was inspiration from her family. Despite working in other fields, her father was a trained oil painter and her mother took classes from various groups and community clubs. This stoked Hollier's artistic tendencies along with winning a large art competition as a child which encouraged her even when she took time away from art in order to have a career as a teacher and to raise her family.

"I consider myself very much a beginner. But I'm very proud and excited when something turns out well enough that I'm brave enough to share with others," she said.

She likes watercolour as a medium because it's a relatively clean way to pick up painting and is very space efficient with the painting being done on paper so you can work on multiple

paintings at once and experiment as you go.

"You don't need a whole studio. You don't need an easel. You don't need much. You need a paintbrush," she said.

Hollier actually was a member of the Gwen Fox Gallery but the pandemic caused her to let her membership lapse. She says that one of the reasons that she decided to rejoin the community is because she wanted to be back in a place where she could take inspiration from others.

Her best advice for artists that are finding their creativity for the first time is to put themselves out there.

"Try your best and then just know that they're not all going to turn out. If it's awful, don't say, 'Oh, I'm no good at this. I give up.' Every once in a while your muse will be with you. Secondly, paint every day or even once a week, just so that you're getting back to it. And thirdly, paint with others. It's kind of hard to do, but it gives you so much support and inspiration and the trading of ideas keeps you moving forward as well," she said.

### Rosemary Miguez

Miguez has two examples of her textural multi-media art pieces that incorporate light and shadow into beautiful landscape pieces on display.

"I like to use sand because it comes from rock and rock comes from mountains. And, for many cultures in the world, the rock represents memory. It holds the memory of the earth and all of its changes. So, I really love to use that and I always wonder what memory was there? Was there a dinosaur that walked on here? You know, like, what walked on that rock and where was it? And how did it get crushed down?" she said.

To keep the sand adhered to the painting's surface she mixes it with gesso which is an acrylic medium and builds the surface of the painting up

so that you can feel the artwork if you were to run your hand over it. One example of her work that she brought in to the gallery this



RECORD PHOTOS BY KATELYN BOULANGER

Terry Hollier.



Rosemary Miguez.

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[f stpeterdynevor](#) or call 204-482-3319  
Volunteers are always needed and welcome.

Continued on  
page 11



## > GWEN FOX GALLERY, FROM PG. 10

month has colour but the other which has an accompanying poem is a white piece that utilizes the shadows cast by the structural elements to allow you to see its dimension.

Her initial forays into art came from spending time with her grandmother who was an oil painter. Her grandmother encouraged her to sketch but she struggled to connect with art at school because it was so different from the way she experienced it with her grandmother. Because of this she didn't come to painting until later in life first trying out oil paints and then giving watercolours a whirl.

Though she lives in Dunnottar, she decided to come to Selkirk to check out the gallery after some friends recommended it.

"It made me feel like I want to be part of the community and part of that this Interlake experience. And like I said, I had heard such positive news about it that I just joined," she said.

For people who might want to try creative mediums for the first time, Miguez encourages them to go for it.

"I just feel that there are very few people that don't have art [in them]. We're all influenced by art. Look, at the way we're dressed. If it wasn't for art, we would all be wearing the same shirt and the same shoes and the same glasses. So, I just like to encourage anybody, especially, especially younger people, to just find something that's within you," she said.

### Arlene Rattai

Rattai is a long-time member of the gallery and one of the few members

that does oil painting on porcelain. This medium gives her art a beautiful depth and allows her to use iridescent paints making it very difficult to capture how beautiful they truly are on film.

This month in addition to a porcelain piece she has brought a colourful watercolour piece for the all members show.

"In 1995, was when I started painting. I was kind of looking towards retirement and I thought, I just can't be retired and do nothing. So, I decided, I'm going to start painting. And, I had run across the porcelain because I had my own business," she said.

From there she found the artist who had originally inspired her and decided to take a painting class.

"Painting on porcelain is very different than just painting because, with porcelain, you have to fire it. So, you need a kiln and the paint stays wet until it's kiln-dried. So, the thing is, it's also a longer process than just painting with oils or watercolours because sometimes you have to fire your piece [many times]. Some pieces I've fired up to eight times," she said.

Her art is inspired by many things but as a more realistic painter Rattai says that she is largely inspired by her travels.

"I've painted portraits. I've painted animals, I painted nature scenery, you know, also, you know, just all kinds of things," she said.

Her best advice for beginner artists is to take some art lessons with a number of different teachers and to try out different mediums until one clicks with you.



RECORD PHOTO BY KATELYN BOULANGER

### Arlene Rattai.

"Certain mediums right away click with some people but not everybody knows exactly what they want to paint with like I tried acrylics and forgot it," she said.

She also encourages residents to check out the gallery this month if they are considering buying themselves or others a piece of art.

"It is much nicer to have an original hanging on your wall than a piece that's reproduced," she said.

The Gwen Fox Gallery is open to the

public Tuesday to Saturday from 11 a.m. to 4 p.m.

## MB government opens applications for youth advisory council on climate

### By the Manitoba government

Reaffirming its commitment to engage the next generation in the collective fight against climate change, the Manitoba government is inviting youth across the province to apply to the next cohort of the Youth Advisory Council on the Climate and Green Plan, Environment, Climate and Parks Minister Jeff Wharton announced Monday.

"Young people have valuable ideas on mitigating climate change and our government recognizes the tremendous value of their forward-thinking perspectives," said Wharton. "On Youth and Future Generations Day at COP27 — the United Nations conference on climate change — the Manitoba government is pleased to announce applications are now open for the next cohort of the Youth Advisory Council."

Applications are open to Manitoba youth who:

- are between 15 and 29 years of age on Jan. 1, 2023;
- represent the diversity of Manitoba;
- are knowledgeable about issues related to the Made-in-Manitoba Climate and Green Plan;
- demonstrate a proven interest in environmental issues and community engagement;
- are able to engage in respectful, open discussion and be tolerant of conflicting viewpoints; and
- are not employed by the Manitoba government.

The minister noted applications are due at midnight on Nov. 30. The new cohort is expected to be in place in January 2023. Members will serve a one-year term until January 2024.

The Youth Advisory Council receives its mandate from, and reports to the minister's Expert Advisory Council on the Climate and Green Plan. This independent group of ex-

perts has a mandate to provide advice and recommendations to the minister on implementing the climate and green plan in such areas as climate mitigation and adaptation, low-carbon economy, transportation and energy.


The minister noted the youth council was first established in September 2019, adding the two past cohorts provided critical forward-thinking input into several key strategies and recommendations on Manitoba youth's perspective on climate change, as well as providing input into the Expert Advisory Council's recommendations on green transportation and a provincial water strategy.

For more information on the Made-in-Manitoba Climate and Green Plan and to apply for the Youth Advisory Council visit <https://manitoba.ca/climateandgreenplan/yac.html>.

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# Tipi, fire and storytelling warms Holiday Alley this weekend

Submitted by Holiday Alley

For the first time in the six-year history of Holiday Alley, the community is erecting a tipi as a further commitment to celebrating Selkirk's deep Indigenous culture.

"The tipi will be warmed with a fire and inside Indigenous leaders will share stories that children of all ages and families will connect with," said Jeannie White Bird a local Knowledge Keeper, who is spearheading the activity.

"In many Indigenous tribes across Turtle Island (Canada), winter is the time when we gather around our home fires and share our stories. Here, nestled in this traditional setting will be something that everyone can relate to," said White Bird whose home community is Rolling River First Nation and is currently living here in Selkirk.

Gidoojjaakominaan onjii Dibaajimowinan - From Our Spirits Come Stories, is the traditional name of the event. It was translated into the Anishinaabemowin (Ojibwe) language, by Dennis Chartrand of Duck Bay and member of Pine Creek First Nation.

The activity starts with the tipi raising at 10 a.m. this Saturday in the parking lot next to Wishme at 377 Eveline. Everyone in the community is invited to witness it. Tipi activities run Saturday afternoon and Sunday morning, this weekend.

The tipi is one of dozens of activities planned for Holiday Alley that helps recognize that about 33 per cent of Selkirkians identify as Indigenous. It's that commitment to inclusivity and reconciliation that attracts funders and sponsors like IG Wealth Management.

"I've lived, worked and volunteered all my life in the area, and I appreciate that Holiday Alley uses creativity to bring us together," said Michael Buhr who, along with his business partner Ron Knight of IG Wealth Management, are Holiday Alley's title sponsors.

Knight adds, "It's amazing to see so many people from all over the region



RECORD PHOTO SUBMITTED BY MARLENA MUIR

The Promoting Aboriginal Student Success program at The Comp, is bringing its tipi to Holiday Alley this year. It will be erected in the parking lot next to Wishme at 377 Eveline, Saturday morning.

come to Selkirk and learn a little more about us through art and culture. We're proud of it and proud to support Holiday Alley and all its volunteers."

Several funders like IG Wealth make it possible for there to be everything from Indigenous games by Blair Robillard (Winnipeg Beach) who has won education awards for teaching traditional and contemporary Indigenous games, teachings on the meanings of the hand drum lead by Selkirk Métis educator Jacqueline Bercier; and an opening night concert Thurs. Nov. 24 that takes a teaching from Selkirk's Elder Ruth Christie and puts it to song.

Visit [holidayalley.ca](http://holidayalley.ca) for more information and for the full event calendar.

## Check this out



RECORD PHOTO BY BRETT MITCHELL

St. Andrews Fire Department has been working the till at Harry's Fine Foods in St. Andrews this month as part of the No-Shave November fundraiser. On December 1st Harry's and St. Andrews Fire will change gears and continue to collect for the South St. Andrews Hamper Drive. Pictured is fire fighter Matt Nickarz from the St. Andrews Fire Department.

## *The Selkirk Record*

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline

**Mondays at 4 p.m.**

Office Hours: Monday-Friday 9:30-5:00





# Transforming the Garry Theater into a community-led space

Submitted by the City of Selkirk

Selkirk's iconic Garry Theatre has been cast in new role and while it might be the star the supporting play-

er in its future is the community.

The City is looking for input from the citizens of Selkirk and surrounding communities about what the fu-

ture of the Garry Theatre could look like.

Ellie Longbottom, Selkirk's Culture Coordinator, says

community engagement is a must.

"The vision for the Garry is that it will be a community space and we want citizens to have a say in the direction its next life takes," Longbottom said.

"It's an exciting time and we know people will have wonderful ideas for this beautiful building, and we can't wait to hear what they have to say."

Citizens are encouraged to share their vision and ideas through a survey or by attending an open house event. The City will have an open house set up in the lobby of the Garry Theatre during Holiday Alley on Fri., Nov. 25, from 6:00 to 9:00 p.m. and on Sat., Nov. 26, from 12:00 to 4:00 p.m.

The City has also launched

an online survey for community members, which will be open until Dec. 9. A paper version will be available in the Dec. 1 edition of the *Selkirk Record* as well.

The City will reference the community feedback to develop a draft business plan. Community members will have the opportunity to review the draft plan in the new year. A Community Steering Committee will be formed in the new year to advise the development and implementation of the business plan.

The City of Selkirk secured the iconic Garry Theatre in 2020 when Landmark Cinemas decided to permanently close the Garry Theatre in downtown Selkirk – along with three other single-screen theatres in Manitoba – the city purchased it, knowing how important the theatre was to so many residents who had grown up watching movies in the Manitoba Avenue mainstay. One potential use for the theatre is to transform it into a community space, and is asking citizens and members of the surrounding community to take part in shaping the Garry's future through a grassroots, community-led process.

Mayor Larry Johannson has fond memories of the Garry and can't wait to see what comes next.

"I grew up with that theatre and my kids grew up with it too. It's really like part of the family and now we're all looking forward to how it will shape up in this next stage of its life," Johannson said.

"There's so much potential there, it's a character building that lived in Selkirk's past and will be reborn as part of its future. The possibilities are endless."

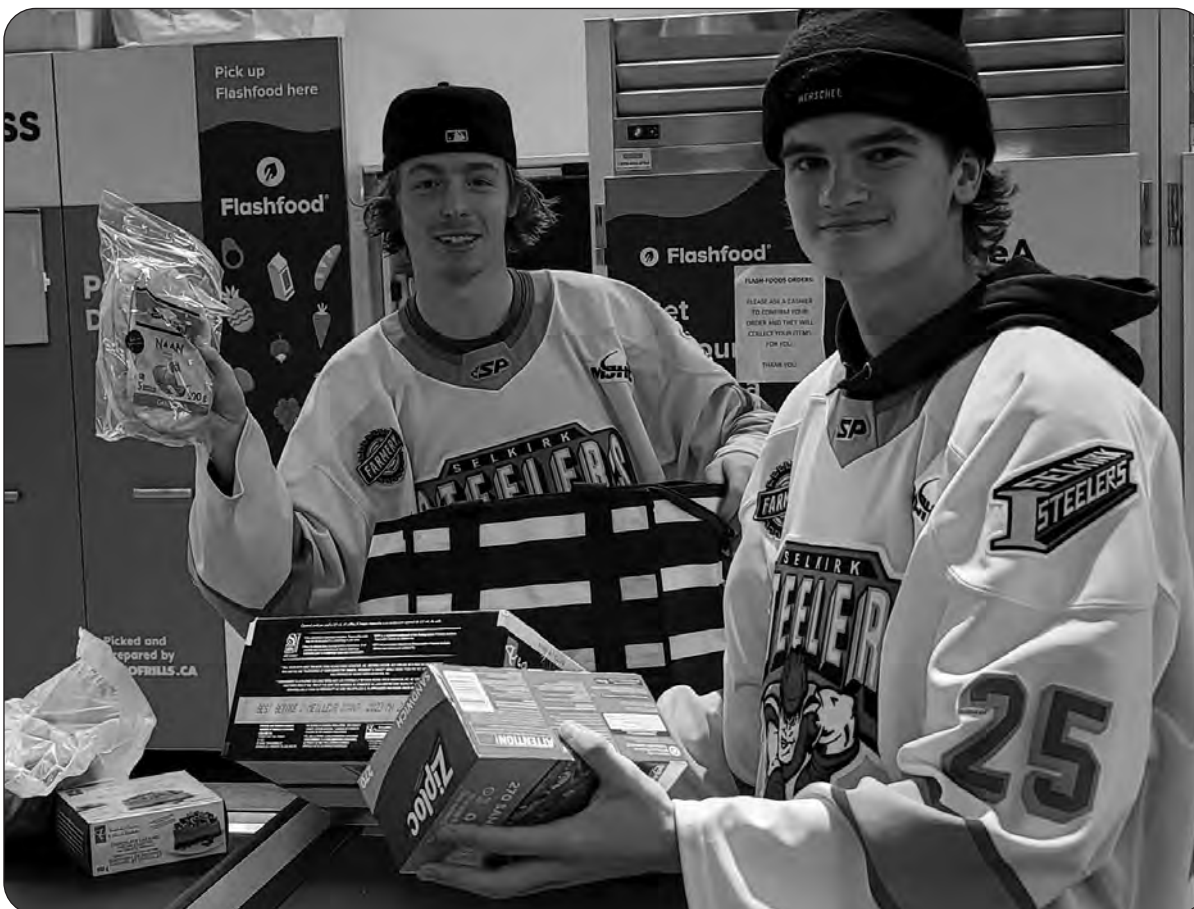
The city is asking those who wish to participate in the survey to visit [www.MySelkirk.ca/GarryTheatre](http://www.MySelkirk.ca/GarryTheatre).



RECORD PHOTO SUBMITTED

The Garry Theatre.

## Steelers bag a win



RECORD PHOTO BY MICHELLE BALHARRY

Steelers were seen recently at NO FRILLS in Selkirk bagging groceries. Players Tyson Smith and Ethan Alsip put groceries in the net to help residents on their way with a Steelers Community Power Play.



### Army Navy and Air Force Veterans Club #151

231 Clandeboye Ave., Selkirk Ph. 204-482-3941

**Cash for Christmas Crib Tournament**  
Sunday Nov 27

Register at noon, play starts at 1pm

**Merchandise Bingo Tuesday Nov 29**  
\$15 entrance, extra cards available  
Door prizes and 50/50

**Christmas Bonus Meat Draw**  
Saturday Dec 3rd  
\*\*First draw at 4:30\*\*



# Library hosts reenactment ahead of Remembrance Day



RECORD PHOTOS BY BRETT MITCHELL

Earlier this month the Gaynor Family Regional Library hosted Frederick Carsted, a member of the Simpson's Folly group, and a historian. He helped to inform and entertain residents with his singing, story telling, and doing some historical reenactments from the Second World War.





# Standing hearing for inquest into death of Gary Klein

## Submitted by the Manitoba Government

A standing hearing will take place to determine who can participate in the upcoming inquest into the death of Gary Klein, 54, of Lockport.

On Dec. 30, 2019, at 1:35 a.m., Selkirk RCMP responded to a call for service to Klein's home, in which he advised that two unknown people were in his home and were shooting arrows at the residence. Klein further reported that he had been poisoned by needles in the floor.

RCMP members attended and determined the complaints to be false. Officers found Klein intoxicated on cocaine, hysterical, rambling and not

making sense.

Klein was arrested under the Mental Health Act without incident and was transported to the Selkirk RCMP detachment. Once in the detachment's secure bay, police opened the vehicle door to find Klein unresponsive and in medical distress.

Emergency medical services and the shift supervisor were contacted and cardiopulmonary resuscitation was initiated. Attempts to revive Klein were unsuccessful and he was pronounced deceased at 3 a.m.

Under the Fatality Inquiries Act, an inquest has been called by the chief medical examiner for the following

reasons:

- because at the time of his death, Klein was in RCMP custody;
- to determine the circumstances relating to Klein's death; and
- to determine what, if anything, can be done to prevent similar deaths from occurring in the future.

Before the inquest begins, a judge will decide who can participate in the process and question witnesses.

Individuals and groups may make an application to be granted standing and participate. Those interested in applying for standing should contact Nancy Fazenda, inquest counsel, at 204-330-3821 or nancy.fazenda@gov.mb.ca by Nov. 30.

The standing hearing will be held on Dec. 12 at 2 p.m. in courtroom 306 at the Manitoba Law Courts Complex, 408 York Ave., Winnipeg.

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Bed & Breakfasts bring you closer to Manitoba's best sights and experiences, often located in charming small towns or on the water. Aaron's On The Lake near Gimli is a cozy spot with lakefront views and easy access to ice fishing and hiking trails. Or stay at Bell Aura in Carman, an 1898 church restored into a B&B, featuring eight antique-themed guest rooms and a bistro.

### FIND FAMILY FUN AT A HOTEL

Hotels offer a wide variety of experiences—from luxurious suites to pet-friendly stays and options for families that include waterslides and pools. Victoria Inn Hotel & Convention Centre has a dinosaur-themed pool area sure to delight young ones and is near CF Polo Park in Winnipeg. Travelling without kids? Try Mere Hotel in downtown Winnipeg, walking distance from The Forks and Canada Life Centre, home of the Winnipeg Jets.

### RURAL OVERNIGHT STAYS

In a perfect mix of adventure and rejuvenation, Manitoba is home to accommodations off-the-beaten path and nestled in the wilderness. Try Glamping InStead for an overnight eco-friendly glamping adventure by booking Bear's Den—a geodesic dome nestled among the trees. Or stay in a winter otENTik (an A-frame style cabin) at Riding Mountain National Park.



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# National ADDICTIONS Awareness Week

November 20 to 26, 2022



A COMMUNITY OF CARING

## What to do if your child is using substances

Sixty per cent of illicit drug users in Canada are between 15 and 24 years old, according to Statistics Canada. It's one of the reasons why the Canadian Centre on Substance Abuse and Addiction organizes Addictions Awareness Week (November 20 to 26, 2022).

This year's theme is A Community of Caring and aims to highlight solutions to help address harms related to alcohol and drug use. It also provides an opportunity for Canadians to learn more about prevention, talk about treatment and recovery and bring forward solutions.



Know the signs

While every teenager is different, here are signs your child may be using alcohol or drugs:

- Loss of interest in once pleasurable activities
- Changes in mood, such as depression or irritability
- Poor hygiene
- Changes in eating habits or sudden weight loss
- Sleeping more than usual
- Bad grades or problems at school
- Secretive behaviour, lying or stealing
- Dropping old friends
- Inability to focus

Knowing the signs of teen drug use can help you better understand if you should involve a professional.

Take action

Here's what to do if you suspect your child is dealing with addiction:

- Stay calm. Don't show panic



and anger. Instead, offer patience and support and keep lines of communication open. You want your child to see you as someone they can trust and come to with anything they're going through.

• Create a support system. Remember, you aren't alone. Lean on family members, teachers, counsellors and intervention specialists to help you keep a level head and make appropriate decisions for your child's well-being.

Finally, don't enable them. Get your child the help they need. Early intervention can help. As a start, contact your family doctor or other trusted health professional.



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November 20 to 26, 2022  
A COMMUNITY OF CARING

## Manitoba Government commits to recovery-oriented system of addictions care

By Manitoba government

The Manitoba government is committing to a recovery-oriented system of care and maximizing investments in treatment and long-term recovery for individuals with substance use and addictions challenges, Mental Health and Community Wellness Minister Sarah Guillemard announced on Nov 9.

"After researching various types of addictions services and harm reduction approaches with the Department of Mental Health and Community Wellness and seeing supervised consumption sites in Vancouver, I am certain our government's current approach for the pursuit of long-term recovery is the correct path for our province," said Guillemard. "Jurisdictions that have formalized supervised consumption sites are not seeing reductions in drug use or overdose deaths. I am confident the approach of the Manitoba government is a compassionate one."

On a walk through the Vancouver neighbourhoods of East Hastings this week, Guillemard witnessed various supervised consumption sites including people using drugs on sidewalks in front of the Insite supervised consumption facility. The minister noted concerns particularly with unregulated supervised consumption sites and serious consequences to individuals and communities, as also described in a report published by the Canadian Centre on Substance Use and Addiction.

"Every life lost to substance overdose and mental-health issues is devastating to Manitoba families. It is for these families that Manitoba needs to do more of what it is doing to maximize investments in a system of care oriented to long-term recovery," said

Guillemard. "Recovery is possible for all Manitobans. Our government is dedicated to the support of a continuum of care including prevention, early intervention including harm reduction, treatment and long-term recovery for individuals affected by substance use and addictions. We are focused on ensuring treatment is available to Manitobans when they are ready for recovery."

Since October 2019, the Manitoba government has invested more than \$62 million in close to 50 initiatives to improve mental health and addictions services throughout the province. This unprecedented funding in Manitoba has gone toward services supported by scientific evidence aimed at helping people overcome addictions and live more fulfilling lives, said Guillemard.

These investments support a range of addictions treatment programs and initiatives including Rapid Access to Addictions Medicine (RAAM) clinics, medical and community-based withdrawal management services, opiate agonist treatment, short-term and long-term residential addictions treatment, after-care programming, supportive recovery housing and outreach.

Of the investments, more than \$2.4 million is allocated annually by the Manitoba government to harm reduction initiatives. These include distribution and disposal of needles and other supplies, and ensuring Manitobans have access to life-saving medication via the Take-Home Naloxone Kit Program and a Narcan pilot program in the event of overdoses or drug poisonings. The harm reduction funding also includes \$90,000 for the Manitoba

Harm Reduction Network for education, curriculum development, workshops and supply distribution, as well as almost \$215,000 for the St. Boniface Street Links mobile outreach project.

Other jurisdictions that have applied a recovery-oriented approach are seeing reductions in overdose deaths and improved quality of life for individuals affected by addictions, the minister noted.

"Putting money into treatment centres and providing access to them are much more beneficial than supervised consumption sites to give addicts a fighting chance at recovery, instead of enabling them to continue using," said Will Gault, a Winnipeg resident in recovery from substance abuse. "I am seven and a half years sober because of government-funded treatment in this province. This is where the government's focus should be to give people like me a new life, when you have the willingness to change and access to treatment."

In 2017, the Canadian Centre on Substance Use and Addiction published Moving Toward a Recovery-Oriented System of Care: A Resource Guide for Service Providers and Decision Makers. Based on the first national Life in Recovery from Addiction in Canada survey, this guide presents recovery as positive, achievable and sustainable, the minister noted. It also promotes the development of targeted investments and the establishment of a continuum of care to support individuals with substance use disorders.

In 2015, the Mental Health Commission of Canada launched guidelines for recovery-oriented practice and highlighted that a recovery approach focuses on the values, hopes and dreams of each individual.

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# Giving Tuesday - gifts tripled - help kids like Pacey

By Staff

GivingTuesday is the world's largest generosity movement.

Whether it's making someone smile, helping a stranger, or giving to those who need our help, every act of generosity counts, and everyone has something to give.

This year donations made on #GivingTuesday will have triple the impact, thanks to Qualico, who have generously agreed to triple match gifts up to \$100,000. So a gift of \$25 becomes \$75, \$100 becomes \$300 and so on. These gifts will help revitalize the Children's Hospital Emergency Department and enhance research focused on pediatric emergency care around the province. <https://goodbear.ca/areas-of-need/childrens-hospital-emergency-department/>

All gifts donated at [www.goodbear.ca/givingtuesday](http://www.goodbear.ca/givingtuesday) on Nov. 29 will have triple the impact to help kids like Pacey who need Children's Hospital Emergency Department.

After more than 30 surgeries, five years of testing, and countless days in hospital Winkler's seven-year-old Pacey Wall's digestive system still won't work.

"Even though it sounds like it's hopeless, it's not. We

have an amazing team here. We trust them and we have a really great relationship with them," says Kim Wall, Pacey's mom.

Pacey has intestinal failure, but what's causing it is unclear. Pacey's condition started when he was two years old and has progressively gotten worse. He's had a wide range of surgeries to help his digestion and has now had his colon removed, and a colostomy placed. He can't eat solid foods, so he relies on total parenteral nutrition (TPN), which is a solution of essential nutrients given through an IV.

Since 2017 Pacey has been in and out of HSC Winnipeg Children's Hospital as complications came up, with his longest stay lasting six weeks. In 2020 he was in hospital for both Christmas and his birthday, so he's really gotten to know the Child Life team.

"Until you have a child in hospital for as long as



RECORD PHOTO SUBMITTED

This year on Nov. 29, Qualico has agreed to triple match gifts up to \$100,000 to help revitalize the Children's Hospital Emergency Department to support children like Winkler's Pacey Wall.

Continued on page 23

**BLACK FRIDAY SALE!** November 18-19 November 25-26

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**PARKING LOT**

**ROYAL CANADIAN MOUNTED POLICE**

**HOLIDAY HAMPER DRIVE**

**NOVEMBER 25th, 5PM - 9PM**



# Nov 24-27, 2022 | Selkirk, Manitoba

6<sup>th</sup> ANNUAL



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Join us in person!

4 days of art, sound, light, creativity & culture!

[holidayalley.ca](http://holidayalley.ca)



## THU NOV 24

### 7-8:30PM ▶ CONCERT

#### DANIEL JORDAN: SONGS AND STORIES FROM THE INLAND SEA

Christ Church Selkirk, 227 McLean Ave. | **Pay what you can!**

Presented by *N4Construction and the MMF*

An intimate evening of music and storytelling inspired by Lake Winnipeg and the stories of Selkirk's Elder Ruth Christie. Limited seating. Book a seat at [holidayalleyconcert.eventbrite.ca](http://holidayalleyconcert.eventbrite.ca)

### 8-10PM ▶ WORKSHOP

#### BEER & BENDING WITH CLOVERDALE FORGE

The Merchant Hotel, 383 Eveline St. | **FREE (for the first 50 participants)**

Presented by *Black Cat Wear Parts Ltd.*

Join the folks of Cloverdale Forge in bending, shaping and stamping metal tree ornaments while sipping on a malty beverage at Manitoba's oldest licensed bar. The first 50 participants are free! \$20/kit for the 51<sup>st</sup> person and beyond!

## THU NOV 24 & FRI NOV 25

### 9:30AM-2:30PM ▶ SCHOOL PROGRAMMING

#### INDIGENOUS TEACHINGS

Selkirk Friendship Centre, 425 Eveline St. | **ALL FULL!**



Presented by *Gerdau with support from Selkirk & District Community Foundation and Selkirk Community Renewal Corporation*

Led by local Indigenous Knowledge Keepers, over 400 students participate in a day of Indigenous storytelling, drumming, and art.

## FRI NOV 25

### 6-9PM ▶ STREET PARTY on MANITOBA AVE

Visit [holidayalley.ca](http://holidayalley.ca) for full Street Party schedule

#### ALONG THE AVENUE

Have yourself a merry little evening in historic downtown Selkirk, with live entertainment, glowing giant games, roving carolers, art installations, screen printing demos, hula jams, wine and beer tasting and more. Dress in your winter best – twinkle lights encouraged!

Share your thoughts on transforming the Garry Theatre (225 Manitoba Ave.) and help shape the future of the iconic building.

On The Rocks Bar, 219 Manitoba Ave.

4-9pm Beer & Wine Tastings | **\$5 for 5 tickets / \$10 for 12 tickets**

7-9pm **FREE** Appetizer Tastings

Put your tastebuds to work sampling future menu items and being introduced to some new holiday brews.

#### FROM THE FORT DISTRIBUTORS STAGE

6pm	Morgan Grace
6:35pm	World's Largest Round Dance
7pm	James Culleton's SuperFun Show
7:45pm	Jameson Day
8:15pm	Free Spirit Fire Dancing



FRI NOV 25 continued ▶



FRI NOV 25 continued ▼

SELKIRK SHORTS FILM FESTIVAL

6-9PM | Gwen Fox Gallery, 250 Manitoba Ave. | **FREE**  
Drop-in anytime to see a rotating screening of curated short films shot in and around Selkirk!

GIANT SANTA PHOTOS

6-9pm | 225 Manitoba Ave. | **FREE**  
Presented by *Access Credit Union*  
Santa Support by *Brad Hirst of Royal LePage*  
Santa is coming to Selkirk! Snap your holiday photo and catch Santa (and you!) projected larger-than-life on the historic Garry Theatre.

8-11PM ▶ FAMILY MOVIE & LIVE MUSIC VENUES

FAMILY MOVIE NIGHT | The Grinch (2018)

8-9:30pm | Army, Navy, and Air Force Veterans Club, 231 Clandeboye Ave. | **FREE**  
Presented by *Canadian Tire Selkirk*  
Hey kiddos! Get your PJs on and get hungry for Pizza Pops and popcorn for a fun viewing of one of the best Grinch movies ever made. Blankets and pillows encouraged. Free movie and popcorn. Small fee for Pizza Pops.

FREE LIVE MUSIC

On The Rocks Bar, 219 Manitoba Ave.  
8-8:45pm Up In Flames Get there early to participate in the Beer, Wine and Appetizer Tastings before listening to free live music by local musicians. 18+ after 9pm.  
9-9:45pm Sol James  
10-10:45pm Double Bourbon

Mighty Kiwi, 201 Manitoba Ave. E

8-8:45pm Charles Lefteruk Grab a cocktail, a little nibble or a warm beverage and enjoy some free live music in Selkirk's most quaint and cozy eatery turned pop-up cocktail bar for Holiday Alley.  
9-9:45pm Brooke & Kendra  
10-10:45pm TJ Bender

The Merchant, 383 Eveline St.

8-8:45pm Sol James Cheer in the holiday season with free live music at Manitoba's oldest licensed beverage room.  
9-9:45pm Stun  
10-10:45pm Martin Desjarlais

SAT NOV 26

10AM-5PM ▶ SHOPPING

WISHME MAKERS' MARKET

Gordon Howard Centre, 384 Eveline St. | **FREE**  
Get your holiday shopping done early and support local artists. This is a 2-day market with different artisans each day.



SAT NOV 26 continued ▼

WALKING MURAL TOUR

11am | 246 Manitoba Ave. | **FREE**  
Artist and Knowledge Keeper Jeannie Redeagle will guide you on a walking tour starting at "Showcasing a Colourful Past" outside House of Economy thrift store.

12-4PM ▶ CRAFTS, CULINARY & CONCERTS

SOUP COOK-OFF

12-4pm | See Locations on your ticket | **TICKETS:** \$15 advance, \$20 day of  
Coordinated by *Inclusion Selkirk*  
Be a citizen judge and sample soups prepared by local chefs competing for bragging rights for the best soup. Tickets at Wishme at 377 Eveline St. or call 204.785.2984  
★ This is a fan favourite, so get your tickets today!

EASEL WARS

12-4pm | Gwen Fox Gallery, 250 Manitoba Ave. | **FREE**  
Grab a paintbrush and compete against your family, friends or fellow citizens to see who can paint the fastest. The subject? Whatever is drawn out of a hat. Register ▶ [simkoart1@gmail.com](mailto:simkoart1@gmail.com)

CRAFTERNOON FOR KIDS (and the young at heart!)

12-4pm | Army, Navy, and Air Force Veterans Club, 231 Clandeboye Ave. | **FREE**  
Presented by *Geller's Design | Build | Landscape*  
Join us in a fun afternoon of printmaking with Letter Peddler Press, jiggling lessons, yarn dolls & community tapestry with the St. Andrews Heritage Centre and more!

SILLY HAT MAKING WITH ANGEL

12-4pm | Army, Navy, and Air Force Veterans Club, 231 Clandeboye Ave | **FREE**  
What is the strangest thing you can wear on your head? If you can dream it, you can build it - with Angel the Angel's help.

SHEEP POETRY

12-4pm | Wishme Parking Lot, beside 377 Eveline St. | **FREE**  
Hosted by *poet Steve Locke*  
Presented by *The PRHouse*  
Sheep in downtown Selkirk...what?!? Become a street poet and write a poem based on the arrangement of words written on bandanas worn by cool bohemian sheep.

CONCERTS

Wishme Parking Lot, beside 377 Eveline St. | **FREE**  
12-12:30pm Brooke & Kendra  
1-1:30pm Bercier Family Drumming  
2-2:30pm Morgan Grace  
3-3:30pm Top Secret Duo

Dance to get warm at the Festival du Voyageur stage on your way to the many other Holiday Alley activities.

FUTURE of GARRY THEATRE

12-4pm | The Garry Theatre, 225 Manitoba Ave.  
Hosted by the *City of Selkirk*  
The City of Selkirk purchased the iconic Garry Theatre and is now asking for the community to write the script for its future. Drop in for hot chocolate and share your ideas.



SAT NOV 26 continued ▼

CAROLING CHOIRS

1-3pm | On The Rocks Bar, 219 Manitoba Ave. | **FREE MUSIC**

Order a coffee and one of Roxi's homemade desserts and listen to the sweet sounds of the Octavia and the Back Pew Boys choirs singing holiday favorites.

6-9PM ▶ POOCH PARADE & PHOTOS

POOCH PARADE

6-7pm | Wishme Parking Lot, 377 Eveline St. | **FREE**

Presented by *Selkirk Animal Hospital*

Even dogs love a parade! This year's theme is "Jingle Bells". Prizes for best dressed pooches and their human partners.

Register ▶ [holidayalley.ca/takepart](https://holidayalley.ca/takepart)

GIANT SANTA PHOTOS

6-9pm | 225 Manitoba Ave. | **FREE**

Presented by *Access Credit Union*

Santa Support by *Brad Hirst of Royal LePage*

Santa is coming to Selkirk! Snap your holiday photo and catch Santa (and you!) projected larger-than-life on the historic Garry Theatre.

7- 10PM ▶ LIVE MUSIC VENUES

FREE LIVE MUSIC

Mighty Kiwi, 201 Manitoba Ave. E

7-7:45pm Jess Armenti

8-8:45pm Derek Robinson

9-9:45pm Owen Riedel

Grab a cocktail, a little nibble or a warm beverage and enjoy some free live music in Selkirk's most quaint and cozy eatery turned pop-up cocktail bar for Holiday Alley.

The Merchant, 383 Eveline St.

7-7:45pm Jameson Day

8-8:45pm Ronnie Ladobruk

9-9:45pm Bloodshots

Cheer in the holiday season with free live music at Manitoba's oldest licensed beverage room.

SUN NOV 27

9AM-12PM ▶ KIDS' MORNING

BREAKFAST WITH SANTA

9am-12pm | Riverside Grill, 386 Eveline Ave. | **\$5 kids, \$10 adults**

Eat breakfast with us and Santa too!

Seatings ▶ 9, 10 and 11am. First come, first served.

FAMILY PROGRAMMING

Wishme Parking Lot, beside 377 Eveline St. | **FREE**

10-10:30am Brooke & Kendra

10:30-11am Tuckett Family Fiddlers

11-11:30am Fu Fu Chi Chi Trio

11:30-12pm Robert Allan Wrigley

★ Dancing, music, big games and activities for all ages!

10AM-5PM ▶ SHOPPING

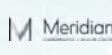
WISHME MAKERS' MARKET

Gordon Howard Centre, 384 Eveline St. | **FREE**

Get your holiday shopping done early and support local artists. This is a 2-day market with different artisans each day.



SUN NOV 27 continued ▶





SUN NOV 27 continued ▶

3-5PM ▶ PAINT PARTY

PAINT PARTY

Mighty Kiwi, 201 Manitoba Ave. E | **\$50/person**  
**Call 204.481.4594**

Facilitated by *Bek Fredborg*

All aspiring artists, this is your event! Learn to paint while treating yourself to Selkirk's most nourishing food and drink.

4:30-6:30PM ▶ GIANT SING-A-LONG!

HOLIDAY SING A-LONG & VOLUNTEER APPRECIATION

Army, Navy, and Air Force Veterans Club, 231 Clandeboye Ave. | **FREE**  
Presented by *Manitoba Hydro*

Are you a Holiday Alley volunteer – or an aspiring one? Join us in a fun night of holiday singalongs led by the Fu Fu Chi Chi Trio.

Pizza & treats for all who volunteered in 2022!

Volunteer ▶ [holidayalley.ca/takepart](https://holidayalley.ca/takepart)

ON YOUR OWN TIME

COMMUNITY CHALKBOARD

214 Manitoba Ave. E | **FREE**

Stroll down the alley beside Twice Over and share your ideas on this season's community question: "What's your favorite holiday tradition?"

TREE IT YOURSELF (TIY)

Manitoba Ave. E | **FREE**

Presented by *Canadian Tire Selkirk*

Take a stroll on Holiday Alley with your kiddos or pups and vote for your favorite tree decorated by local businesses and organizations. Submit your answer at [holidayalley.ca/takepart](https://holidayalley.ca/takepart). Take part and be entered into our holiday prize raffle.

HOLIDAY TAILS AND TRAILS

Manitoba Ave. E | **FREE**

Created by *Unite for Literacy & The Selkirk Friendship Centre*

Meander down Manitoba Ave. for a travelling storytime. Start at Riverside Grill and follow the pages of "Drum From the Heart" written by Ren Louie and illustrated by Karlene Harvey as you walk from window to window.

CHUCK (THE ELF) ON THE SHELF

Various Locations | **FREE**

If you see a 6ft Chuck (Selkirk's infamous catfish mascot) be sure to stop and snap a selfie with him. Post your photo to Instagram or Facebook using the hashtag **#ChuckOnAShelf** and tag **@holidayalley** to be entered to win a prize.

VICTORIAN CHRISTMAS WINDOW DISPLAY

218A Manitoba Ave. E | **FREE**

Created by *Selkirk Heritage Advisory Committee*

In celebration of Selkirk 140, stroll the avenue like the days of yore and feast your eyes on what Christmas would have looked like at the time of Selkirk's incorporation.

INSTANT WIN(E) CELLAR

Dec 30 Draw | **TICKETS** \$20 + 1 bottle of wine

Presented by *Red River North Tourism*

We've got a stocking stuffer fit for that wine lover in your life. The draw is just in time for New Year's Eve. The more tickets you buy, the more wine you donate, the bigger the wine prize grows! Some years it's been 200 bottles!

**Buy tickets** ▶ St. Andrews Rectory, 374 River Road, St. Andrews or Wishme, 377 Eveline St., Selkirk



Scavenger Hunt  
[holidayalley.ca](https://holidayalley.ca)

**Who's who? What's what?** Test your Holiday Alley knowledge to win gifts cards donated by our sponsors. Walk or drive the Alley, visit [holidayalley.ca](https://holidayalley.ca), check out our social media or take a wild guess!

**1 So much fun!** But what *won't* you find on Holiday Alley?

- ☐ Art, crafts & artisans  
☐ Singers, dancers & fiddlers  
☐ Mosquitoes

**2 It's back!** What comfort food are local chefs cooking in our belly-warming competition?

- ☐ Mac & cheese ☐ Soup ☐ Perogies

**3 Bend, shape, stamp!** You can create your own metal ornament while pretending to be a:

- ☐ Snowman ☐ Elf ☐ Blacksmith

**4 What's new?** Every year something clever and creative shows up on Holiday Alley. New this year...?

- ☐ 130,000 strings of lights on 40 buildings  
☐ Food, drink and laughter  
☐ Light up mini-golf, short films shot in Selkirk, transplanted Nuit Blanche light exhibits

**5 Say cheese!** Look way up, for a larger-than-life projection of a photo of you and who?

- ☐ Chuck the Channel Cat  
☐ The Grinch  
☐ Santa

**6 Start your shopping!** Visit the two-day Wishme Makers' Market and you'll find:

- ☐ Vinatarta, butter tarts and holiday cookies  
☐ Hand-crafted jewellery, toques and mittens  
☐ Scented candles, soaps and lotions  
☐ All of the above... and more.

**7 Walk & talk:** What can you learn about on an art walking tour during Holiday Alley?

- ☐ Painted murals  
☐ Holiday lights  
☐ Christmas stockings

**8 Hi Chuck!** Spot a human-sized version of Selkirk's mascot along Holiday Alley, take a selfie with him and post it, and you might:

- ☐ Catch a fish  
☐ Win a prize  
☐ Become Chuck's bestie

**9 Get in a parade!** What wildly popular parade has been an annual Holiday Alley event for 6 years?

- ☐ Snowman Parade  
☐ Catfish Parade  
☐ Pooch Parade

**10 Let's celebrate!** Holiday Alley invites everyone to gather in Selkirk's historic downtown to celebrate:

- ☐ Light, art, sound, creativity and culture  
☐ Lions, tigers and bears  
☐ Bright copper kettles and warm woolen mittens

**ENTER TO WIN** before 10pm, Thu, Dec 1, 2022

Name: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

In total I was at Holiday Alley for about \_\_\_\_\_ hours.

While on Holiday Alley (and in Selkirk) I supported local artists, eateries and businesses and spent about \$\_\_\_\_\_.

**WAYS TO ENTER** ▶ at [holidayalley.ca](https://holidayalley.ca)

Or look for the big red boxes to drop your entry off at *Mighty Kiwi*, *Roxi's Riverside Café*, or *The Merchant*.

- ☐ I am over 18 and consent to Holiday Alley using my information to contact me about future events

☐ I'd like to volunteer



## > GIVING TUESDAY, FROM PG. 18

Pacey has been you just can't truly understand what it's like," says Kim.

Child Life specialists are experts at helping kids cope with life in hospital. They provide music therapy, put on fun programs like the Good Day Show on Children's Hospital TV, and tend to kids' emotional and developmental needs.

When Pacey is in hospital he spends about three hours a day in the play room, watching CHTV, and doing other activities organized by Child Life.

"It's three hours a day he has to look forward to. No matter how yucky his day is, he knows he has that time (with the Child Life team) to just do fun things," says Kim.

Pacey has faced many painful and uncomfortable procedures. Kim remembers one particular day that had been very difficult. Child Life specialists came to check on Pacey and help him express what he was going through. They asked him to write all the things he hates about being in hospital on a target so they could squirt paint at those words to make them go away. But because Pacey loves the people and activities at Children's Hospital so much he didn't have anything bad to write down, he just wanted to put numbers on the target for points.

"That's the type of kid he is - he doesn't see anything bad here ever," says Kim.

Kim is thankful the Child Life team

has so many ways to help Pacey enjoy just being a kid and says when he's feeling good he's unstoppable. Pacey loves training to be a ninja and is so fierce he popped the punching bag he has at home.

"You wouldn't know he was sick. He always looks amazing and he's chatting it up with everyone he passes in the hall, waving to everybody who walks," says Kim.


Kim says the Children's Hospital team has become like family to her, Pacey, his dad Benji, and his three sisters Addison, Bailey and Savannah. Pacey is so close to some of his surgeons he will play pranks on them, like taping a fake spider to his belly right before they begin a procedure.

"IT'S THREE HOURS A DAY HE HAS TO LOOK FORWARD TO. NO MATTER HOW YUCKY HIS DAY IS, HE KNOWS HE HAS THAT TIME (WITH THE CHILD LIFE TEAM) TO JUST DO FUN THINGS."

Kim is grateful to the Children's Hospital team for continuing to support Pacey and searching for answers

about his condition.

"It's been a battle for five years but we still have hope."



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**Brooke P.**

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# Provincial government provides \$260,000 for arts, cultural celebrations

By Patricia Barrett

The provincial government announced last week it awarded \$260,000 in funding to 59 community events across the province.

The celebratory events are being supported through grants under the Community Celebrations program, which falls under the Arts, Culture and Sport in Community Fund that was established in August. The Community Celebrations program supports events that bring Manitobans together to celebrate culture and heritage.

Sport, culture and heritage minister and MLA for Lagimodiere Andrew Smith made the announcement last week.

"Celebrations, festivals, fall suppers and similar community-based events offer a unique opportunity for Manitobans to come together to celebrate their culture, heritage and community," said Smith in a Nov. 14 news release. "Our government is proud to support community organizations through the Arts, Culture and Sport in Community Fund, allowing them to innovate and respond to emerging community needs."

The deadline for applying for a

## Investing in Our Communities

### Arts, Culture and Sports in Community Fund



grant from the Community Celebrations program was Sept. 15. The next intake is open until Dec. 15.

The September intake award recipients from the Interlake are as follows:

- Teulon and District Agricultural Society received \$3,000 for the Teulon Pumpkinfest, Sept. 17.
- Interlake Art Board, Secret Path received \$5,000 for a mural unveiling and honouring of Elder Ruth Christie, Oct. 22.
- Green Acres Art Centre Inc. [Teulon] received \$5,000 for Winter Wonderland, Nov. 19-20.
- Red River North Tourism received \$5,000 for Holiday Alley, Nov. 24-27.
- Madeline's Closet Inc. [Inwood] received \$5,000 for Winter Solstice Around the World, Dec. 16.
- Riverton and District Friendship Centre received \$5,000 for a multiculturalism celebration, March 10,

2023.

- RM of Gimli received \$5,000 for the Gimli Blues Festival, June 16-17, 2023.
- \$5,000 will be granted to Les Petits Dorés Inc in support of their Raising Our Tipi project set to be held November 10, 2022.

The ACSC Fund provides grants to support the arts, culture and amateur sports sectors in communities across Manitoba to help enhance opportunities to access quality facilities in the province.

Over the next three years, up to \$100 million in funding will be provided for large and small capital projects as well as community celebrations.

A second wave of intakes for the ACSC Fund will be available soon. For more information, visit: [www.gov.mb.ca/acsc](http://www.gov.mb.ca/acsc)

The deadline for Community Celebration intake is Dec. 15, 2022.

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# PET of the Month

## Winner

### Stella

#### November 2022



**Fun fact:** Stella is a 6-year-old Jack Russell rescue who enjoys bike rides, boogie boards, adventures, and she can also lift her ears on command. She dislikes corners and hardwood floors!

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Stella has won a prize from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2022 contest, send a photo and a fun fact to: [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

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In this time of uncertainty it's important to protect yourselves and your furry family members! Unfortunately the parasites affecting ourselves and our pets don't take a break. Deer ticks, which carry Lyme and other diseases, are prevalent at 4 degrees and have been seen in every month in Manitoba. We all know those mosquitos are everywhere and many are carrying Heartworm disease. Make sure your pets are on Heartworm Prevention from June to November and Tick Prevention throughout the year. Oral monthly chews are available for both Heartworm and Tick Prevention from your veterinarian by prescription.

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# Silly hat making event



RECORD PHOTO SUBMITTED

Angel Bozyk is a real angel for Holiday Alley after sewing and donating 200 hats for the kids Silly Hat Making event this Sat., 12 to 4 p.m. at 231 Clandeboye Ave., in the hall of the Army Navy and Air Force Vets Club. Hats are free for the first 200 kids and best decorated hats - even one you bring from home - are entered to win prizes. And yes, there is an adult category. Learn more at [holidayalley.ca](http://holidayalley.ca).

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### Super Meat Hamper - \$100

- 400g Pulled Turkey
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- 400g Pulled Beef
- Ham Garlic Sausage (1lb)
- Cheese Smokies (4/pack)
- Turkey Vegetable Pie
- Saskatoon Pie
- x2 BBQ Sauces

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All orders will be delivered or available for pickup between December 13th and December 23rd  
For earlier pickup or delivery, please enquire  
All items may be subject to substitution based on availability  
\*\* Turkey will require thawing before cooking, please allow sufficient time for this.  
Cooking/heating instructions included

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# Oak Hammock Marsh earns international award

By Jennifer McFee

Oak Hammock Marsh is making waves on an international level for having one of the best wetland visitor centres in the world.

The Harry J. Enns Wetland Discovery Centre at Oak Hammock Marsh earned accolades through the inaugural Star Wetland Centre Awards that recognize best practices in wetland education and visitor centres.

Located off Highway 67 between Stonewall and Selkirk, the Wetland Discovery Centre welcomes 100,000 visitors each year and is an active member of Wetland Link International, which organized the awards.

Connor Walsh, a U.K.-based international engagement officer for Wildfowl and Wetlands Trust, said their panel of judges was really impressed with the local wetland visitor centre.

"The judges — from three different continents, with decades of experience in wetland education and visitor centres — had no hesitation in recognizing it as a Star Wetland Centre," Walsh said.

"The purpose of this award is to encourage best practice in wetland visitor centres — because by educating people of all ages about how wetlands protect us from water disasters and buffer us against climate change, we give hope to communities and nature."

Oak Hammock Marsh achieves this goal through a complete and comprehensive offering, he added.

"The diversity of exhibits, the accessibility and the very Canadian way to enable year-round activities helped earn it a Wetland Centre Star," he said.

"The judges also noted the sensitive architecture, quality habitat manage-



Dipping for water bugs is the Wetland Discovery Centre's most popular program and a great way to learn about wetland biodiversity. Emma Eftekhari is enjoying the activity. Photo credit to Oak Hammock Marsh.

ment and biological research."

At the same time, the Wetland Discovery Centre stood out for its simple provision of sightings boards and comprehensive approach to digital learning during COVID restrictions, he added.

"Their sharing informs and inspires other members of Wetlands Link International in their wetland communications and education work," Walsh said.

Award recipients were announced on Nov. 9 in Geneva, Switzerland, at the Conference of the Contracting Parties to the Ramsar Convention on Wetlands of International Importance.

In total, 23 global recipients earned Wetland Centre Star awards, with seven in North and South America



RECORD PHOTO BY VIVIAN FU/EAAPF

Elena Sanchez McCauley, policy and programs advisor for the wetlands office for Environment and Climate Change Canada, received plaques for the two Canadian winners at a ceremony at Ramsar COP14 in Geneva.

(including the Wetland Discovery Centre), two in Africa, six in Asia, five in Europe, and three in Australia and New Zealand.

Nathalie Bays, manager of the Wetland Discovery Centre, said it's an honour to receive the recognition.

"The team at the Wetland Discovery

Centre works hard to make wetland education fun and engaging for all ages," Bays said.

"That, along with the environmentally sensitive building and the fact we are located on a Ramsar site (Wet-

Continued on page 28



PHOTOS BY OAK HAMMOCK MARSH

Experiential "Wader Walks" provide visitors with an up-close exploration of the wetland and its inhabitants. Pictured: Jacques Bourgeois (left), Cindy Greg (front) and Melanie Swenarchuk (back).

## Calling all Bakers and Cooks!

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### 2022 HOLIDAY FAVORITES RECIPE SECTION?

Our readership base has a wealth of knowledge and experience that we would love share.

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**Send your recipe to [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca) or call 204-485-1419 for more information.**



## > OAK HAMMOCK MARSH, FROM PG. 27

land of International Significance), makes it a special destination."

A joint project of Ducks Unlimited Canada and the provincial government, the Wetland Discovery Centre aims to connect people with wetlands today so they will conserve them for tomorrow.

"Our goal at the centre is to connect people with wetlands by providing in-

teractive, immersive experiences. We provide a strong training program and constantly strive to improve our services so that our visitor experience exceeds expectations," she said.

"This has resulted in overwhelmingly positive feedback from students, educators and guests."

Bays points out the range of engaging and authentic programming

available for guests of all ages, with everything from water-bug dipping for school children to star-gazing for international visitors during astronomy sessions.

"We are excited at the prospect of re-envisioning the centre in the next couple of years," she added, "with

both structural improvements as well as the installation of brand-new exhibits."

She also stressed the importance of making efforts to conserve wetlands and educate people about their significance.



PHOTO BY TYE GREGG

During migration season, the number of waterfowl using the marsh can exceed 100,000 daily.

## Good day for giving



RECORD PHOTO BY BRETT MITCHELL

Anne Kurbis making a donation at the Gaynor Family Regional Library with the Foundation's Bev Clegg and Eileen Janowski. The Selkirk Community Foundation was at the library receiving donations last week as it was the Endow Manitoba Giving Challenge. During the challenge donations were stretched by The Winnipeg Foundation and the Manitoba government but just because the challenge is over doesn't mean donations aren't still welcome. Check out <https://sdcf.ca/donate/> to learn how to donate today.

## Attention Kids... Write us a Christmas Story!

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Use as many words from this list as possible.*

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| • Chimney          | • Reindeer | • Stocking stuffers |
| • Naughty List     | • Dancer   | • Toy sack          |
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**DEADLINE: Thursday, December 8th**

All winning stories will be published in the December 22<sup>nd</sup> Selkirk Record

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Local rower wins prestigious Indigenous award

By Ty Dilello

Gonor's Leah Miller is the 2022 female recipient of the Tom Longboat Award, which is handed out annually to recognize Indigenous athletes for their outstanding contributions to sport in Canada.

Miller grew up in Gimli but moved to Gonor when she was 12. She attended elementary and middle years school in Gimli and East Selkirk. She then went to high school at Mennonite Brethren Collegiate Institute (MBCI) in Winnipeg.

It was when she was 12 that Miller first got into rowing and she hasn't looked back since.

"I was looking for another sport to try as I was already playing club volleyball," said Miller. "Then my parents signed me up for a Learn to Row at the Winnipeg Rowing Club. And I loved it since the moment I got into the boat."

In 2019, Miller stopped playing volleyball to focus on rowing as she wanted to get faster and stronger.

It turned out to be the right decision as, over the past summer, she travelled to Varese, Italy, to compete for Team Canada at the Junior U19 World Rowing Championships. Her four crews team placed 11th at the World event. Miller then represented Manitoba later in the summer at the Canada Summer Games in Niagara, Ontario.

"It was a great experience to



Leah Miller

be able to help represent Canada! The training was intense, as we trained a lot, but it was super awesome. I met new teammates from other provinces, and now we're all good friends."

Miller was ecstatic when she learned she was the 2022 female recipient of the Tom Longboat Award. The award is presented annually by the Aboriginal Sports Circle.

The Tom Longboat Awards are named after the legendary Onondaga runner from Six Nations in Ontario. Longboat was considered one of the world's fastest long-distance runners in his prime. He won the 1907

Boston Marathon and competed in the men's marathon at the 1908 Summer Olympics in England.

Miller is a proud member of the Pimicikamak Cree Nation, as is her mom, while her dad is Métis.

"I was so happy and honoured to hear that I was this year's recipient of the Tom Longboat Award. He was an amazing athlete, and this award is something I'm proud to receive. It was awesome to attend the awards ceremony and see all the amazing athletes."

After graduating from high school, Miller had many col-



RECORD PHOTOS SUBMITTED

Leah Miller is the 2022 female recipient of the Tom Longboat Award, which is handed out annually to recognize Indigenous athletes for their outstanding contributions to sport in Canada.

leges interested in offering her scholarships. However, she chose the University of Michigan, one of the top rowing programs in the United States.

"I chose Michigan because it's ranked one of the top public universities in the U.S.A., and it has a really strong rowing team where it will push me and challenge me to become a better rower. I plan to major in biology and then eventually go to medical school. My time in college is going well so far as a first-year student, and I'm there with some fellow Canadian rowers. My goal is to keep working at becoming a stronger rower!"

## Fishermen down Warriors in St. Malo

Staff

The Selkirk Fishermen downed the St. Malo Warriors 3-1 in CRJHL action on Friday.

Selkirk's Marcus King scored in the first period and then Matt Brooks made it 2-0 midway in the second.

After an Ashton Dubois goal cut the lead in half late in the middle frame, Brooks closed out the scoring in the third.

Owen Derewianchuk made 13 saves for the win.

Selkirk, now 10-0-1 and well ahead in first place with 31 points, will visit the Lundar Falcons on Friday (7:30 p.m.) and then host St. Malo Sunday (3 p.m.).

### Next Home Games

SELKIRK REC CENTRE

SUNDAY, NOVEMBER 27<sup>th</sup>  
vs St. Malo 3pm

SATURDAY, DECEMBER 3<sup>rd</sup>  
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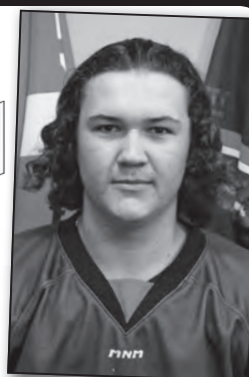
SUNDAY, DECEMBER 18<sup>th</sup>  
vs North Winnipeg 3pm

### Next Away Games

Friday, Nov 25 - vs Lundar - 7:30pm  
Sunday, Dec 11 - vs Beausejour - 4:45pm



Meet the  
Fishermen



#19 Izzy Aime  
Forward



# Brennan commits to Bemidji State

By Brian Bowman

For the third consecutive year, the Selkirk Steelers have a player commit to a Division 1 hockey program in the United States.

This year, it's second-year forward Lucas Brennan who has committed to play hockey and attend school at Bemidji State University in Minnesota.

He follows Adam Ingram (St. Cloud State) and Jordan Hughesman (Merrimack) in deciding to go to a U.S. school.

"I'm really excited," said Brennan last week. "It's going to be a great opportunity for me."

Bemidji State reached out to Brennan a couple of months ago. Brennan's commitment was announced last week.

"It's a great program and they produce great players so I'm very excited to take my talents over there," Brennan said. "It's a very competitive league so I'm very excited."

The 5-foot-9, 170-pound winger

from Winnipeg leads the MJHL in goal scoring (17) and sits tied for fifth in points (27) heading into this week's action. Brennan is fresh off of a strong performance at the MJHL Top Prospects Showcase.

Steelers' head coach Hudson Friesen has been very impressed with Brennan this season.

"Last year was Lucas' rookie year and it took him some time to settle in," he said. "We could see the potential and once he found his stride last year and he got some more opportunities, he really started to tear it up. He brought that confidence and all that into this year and he's just been off to a great start. He's a very coachable player, he's eager to learn, and he works as hard as anybody. He's smart, he skates, he wins battles, he does it all."

Friesen is thrilled that another one of his players is making the jump to Division 1 hockey.

"For him to get the scholarship it's just awesome to see and he's earned



RECORD PHOTO SELKIRK STEELERS

Selkirk Steelers' forward Lucas Brennan has committed to attend school and play hockey for the Division 1 Bemidji State University Beavers.

it," Friesen said. "He really deserves it."



RECORD PHOTO JOHN PODWORNIAK.

The Steelers' Ethan Alsip is stopped by Niverville goalie Chris Fines during MJHL action last Saturday in Selkirk.

## Nighthawks knock off Steelers twice

By Brian Bowman

The Niverville Nighthawks defeated the Selkirk Steelers twice last weekend.

Saturday saw Niverville down the Steelers 7-3 in Selkirk.

Lucas Brennan scored a pair of second-period goals for Selkirk and then Ethan Brown tallied in the third.

Niverville goals were scored by Bryce Warkentine (three), Brendan Bottem, Josh Paulhus, Evan Bortis, and Luke Schaeffer.

On Friday, the Steelers were nipped 4-3 by the Nighthawks in Niverville.

After a scoreless first period, Selkirk's Joel Purdom and Cameron Hibbert traded goals with Niverville's Desmond Johnson and Bottem.

In the third, Bortis and Brendan Kerr tallied before Purdom scored with 15 seconds remaining in the game.

The Steelers, now 4-14-3-1, will host the OCN Blizzard on Friday and the Winkler Flyers Saturday. Puck drop for both games is 7:30 p.m.



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**Saturday, Nov 26<sup>th</sup> VS Winkler Flyers**  
**CORPORATE APPRECIATION NIGHT 6:30pm**  
**NO FEE SOCIAL 7:30pm-MIDNIGHT**  
**Beer Gardens • Music by Somerfeld Sound**

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**Fri, Nov 25<sup>th</sup>**  
• VS Winnipeg Blues  
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THE STEELERS BOX OFFICE,**



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk skates past Sturgeon Heights

By Brian Bowman

The Selkirk Royals skated to a 3-2 home victory over the Sturgeon Heights Huskies in Winnipeg High School Hockey League action on Nov. 14.

Selkirk jumped out to a 3-0 lead in the game.

"We started off hot, we were all over them to start the game," said Royals' head coach Michael Buffie. "We were up on them by three goals and then we kind of let them hang around in the game. They battled their way back and just about tied it at the end of the game. I think we showed that we're a strong team but we let them hang around a little more than we should have."

Andrew Denoon, Jack Lemire, and Mikey Monchak scored for Selkirk. Monchak has a team-leading five goals this season.

The Royals' Brennan Feschuk and Ryan Cromie each had two assists.

Two of the three Selkirk goals came on the power play.

"Our power play has been rolling and we haven't really set any set power-play lines," Buffie said. "We've just been rolling (lines) to see what guys can do and everybody seems to be contributing when they get the opportunity. It's a really good problem to have - guys have been capitalizing on chances."

Hudson Parnell scored twice for the Huskies.

Liam Morin earned the win in goal.

With the victory, Selkirk improved its league record to 4-1-0-1 this season. That record has the Royals in the upper half of the Platinum Promotions Division standings.

"It's a really good start to the year and the exciting thing is that I don't think we've played our best hockey yet," Buffie said. "We're competitive with everybody in the league. There's a lot of parity in the league this year and we're coming out on top in these close games so I think when some guys get rolling a little bit more (and become more) comfortable in the league, I think we'll be competitive with pretty much everyone in the league."

Selkirk played the Vincent Massey Trojans on Monday but no score was available. The Royals will host Miles

Macdonell on Thursday and River East Monday at the Selkirk Recreation Centre. Puck drop for both games is 4 p.m.

In Manitoba Women's High School Hockey League action, Selkirk was shut out 3-0 by the Oak Park Raiders last Thursday.

Isabella Manalastas scored in the first period and then Kaitlyn Hulme and Chloe Wilson tallied in the second.

The Royals hosted West Kildonan this past Monday and then won't play again until Dec. 6 when they battle the Sabres in Sanford.

## Selkirk Royals win KPAC



RECORD PHOTO SUBMITTED

The Selkirk Royals captured the KPAC junior varsity girls' volleyball title after beating Garden City 3-1 last Thursday. Pictured back row, left to right, Lea-Jay Bulawka, Makenna Wryha, Holly Feschuk, Zoey Purvis, Danika Jakabek, Victoria McPherson, Madeline Beerling, Kaitlyn Beasley, Raegan Telke, and Maddi Minarik. Front row, left to right, Julia Desjarlais, Rebecca Stutsky, Alyssa Cador, Kennedy Carey, Addy Enns-Demchuk, and Payton Bragg.

### What's *Your* story?

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Please share your story ideas at [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) Phone 204-485-3337

**The Selkirk Record**

### To see more photos of your favourite Interlake Athletes

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals' varsity volleyball teams advance to MHSAA AAAA provincials

By Brian Bowman

The Selkirk Royals' varsity girls' volleyball team are the KPAC Tier 1 champions.

Selkirk defeated the MBCI Hawks in a thrilling 3-2 (22-25, 25-19, 14-25, 25-14, 15-13) match last Friday.

"It was pretty exciting. Over the years, we've sort of gained a lot of respect for MBCI and their volleyball program," said Royals' head coach Chad Whiteside. "We certainly knew it was going to be a tough match and that's exactly what happened."

There were huge momentum swings throughout the match.

"It was a bit of a strange match, to be honest. There were pretty huge momentum swings," Whiteside said. "I would say each team had moments of greatness sandwiched between moments of mediocrity but a win is a win and we'll take it."

Last Wednesday, Selkirk played great in sweeping Miles Macdonell 3-0 by scores 25-7, 25-17, and 25-19.

"We made fewer errors in the semifinal than we did in the final," Whiteside said. "We came out really flying against Miles Mac. We had a great semifinal."

At press time, it was not known who the Royals would play in the MHSAA AAAA provincials. But they will play Thursday at 8 p.m. at Sisler High School.

Selkirk is ranked No. 6 and will play the 11th-seeded team.

The Royals' varsity boys' volleyball team, meanwhile, lost 3-1 by scores of 23-25, 25-19, 14-25, 22-25 to the Miles Macdonell Buckeyes in the KPAC Tier 1 final on Friday.

Last Wednesday, Selkirk defeated MBCI 3-1 (25-22, 20-25, 25-16, 25-18) in a semifinal game.

Despite the loss in the KPAC final, Selkirk received a wildcard into this week's MHSAA AAAA provincials.

The Royals will play Kelvin this Thursday (6 p.m.) at Daniel McIntyre.



RECORD PHOTO SUBMITTED

The Selkirk Royals won the KPAC Tier 1 varsity girls' volleyball championship after defeating MBCI 3-2 last Friday. Pictured back row, left to right, Chad Whiteside (coach), Madi Freiter, Carley Catellier, Brooklyn Grobb-Prins, Jorja Prokopich, Roxy Gatchell, Logan Desorcy (coach), and Jamie Fisher (coach). Front row, left to right, Kate Wilken, Madison Hefferman, Agnes Greloch, Anne Green, Megan Carpenter, and Paige Bravo Bernier. Missing from the photo is Danica Kubay.



The Selkirk Royals' Roxy Gatchell smashes the ball at the net against Miles Macdonell during KPAC varsity girls' semifinal action last Wednesday.



RECORD PHOTOS BRETT MITCHELL

The Selkirk Royals' Brennan Feschuk swings hard at a ball during KPAC Tier 1 semifinal action last Wednesday.



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Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## OFFICE SPACE FOR RENT

Office space for rent. 650 sq. ft., Main St., Selkirk. \$960 per month, includes utilities, air conditioning, heat & water. No smoking. Immediate possession. Call 204-785-0105.

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## LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-642-4799.

## HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

**News Tips? Story Ideas?**  
call the Record 204-785-1618

# take a break > GAMES

## SUDOKU

			8					9
	4	8						
			3	2	7			
1	7							8
	8		1	6	3		5	
			2	3	5			
6	5				1		7	4
	1						3	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	8	6	9	7	4	2	1	8
4	7	2	1	8	6	3	5	9
9	8	1	5	3	2	7	6	4
7	5	4	3	9	1	6	8	2
8	6	3	2	4	5	9	7	1
2	1	9	8	6	7	4	3	5
1	4	8	7	2	3	5	9	6
3	2	9	6	1	9	8	7	4
6	9	7	4	5	8	1	2	3

Sudoku Answer

	E	M	V	S	E	S		D	E	H	O	S	
I	H	T	N	V	O	V	E	L	V	E	S	O	R
V	T	V	E	M	I	E	O	V	E	P	H	V	
N	E	D	R	V	N	V	N	S	E	N	V	A	
V	E	R	V	T	V	S	V	B	T	V	P	O	
T	S	V	U	M	D	V	S	T	V	M			
S	E	G	V	R		N	E	S	I	R	V		
E	N	E	O	I	N		N	V	K	V			
N	O	F	D	O	H		N	V	P	W	T	S	
I	T	V	S	E	T	W	O	C	S	V	E	T	
R	I	S	E	V	I	V	T	I	E	S	S	I	
H	W	S	T	N	V	H	P	E	L	E	S	V	
S	E	W	V	N	E	R	E	G	V	G	B	B	
S	E	T	V	H	M		L	V	P	O	H	B	

Crossword Answer



# CROSSWORD

## CLUES ACROSS

- India's "City of Lakes"
- Large marine mammals
- Used to carry belongings when traveling
- Rechristens
- Equally
- Heavy plant-eating mammals
- Millihenry
- Japanese immigrant to N. America
- Deep, red-brown sea bream
- Norse gods
- Peppermint and pekoe are two
- Auguste \_\_, founder of positivism
- Self-immolation by fire ritual
- High-resolution microscope (abbr.)
- Wide metal vessel used in cooking
- V-shaped open trough
- People of southern Benin
- People of southern Ghana
- It's a significant creed
- Period between eclipses
- Furies
- Emerged
- Philippine Island
- Where wrestlers battle
- Unhappy
- Central European river
- Language
- Semitransparent gemstone
- Forming in a bottom layer
- Distinct region
- Broad blades
- Leavened bread
- Influent cosmetics exec
- Exclamation of surprise
- Era free of war
- One who helps professors
- Idealistic
- Ornamental plants
- Grouped
- Kids love this street
- CLUES DOWN
- Beloved hound

	1	2	3	4	5	6		7	8	9	10	11	12	
13								14						15
16			17					18					19	
20		21				22				23		24		
25					26				27		28			
29				30				31		32		33		
		34	35						36		37			
38	39									40				
41					42				43					
44				45		46			47			48	49	50
51			52		53		54				55			
56				57		58				59				
60			61		62				63				64	
65		66						67				68		
	69							70						

- Equal to 100 grams
- S-shaped moldings
- Hawaiian cliff
- Everyone has one
- Subatomic particle
- Ghost
- Adult female bird
- Greek temple pillars
- Emits coherent radiation
- Measures the width of printed matter
- Musical interval
- Tantalizes
- Places of worship
- An unskilled actor who overacts
- One who volunteers to help
- Precaution
- Beverage holder
- Very long period of time
- Bullfighting maneuvers
- More critical

- Sends packing in a boxing match
- Taxi
- Decorative Russian tea urn
- North American Great Plains natives
- Seize
- A passage with access only at one end
- Cut a rug
- Devil rays
- Bubble up
- Veranda
- Outcast
- Car mechanics group
- Realm
- A place to get off your feet
- Popular music awards show
- Consumed
- A way to make cooler
- Thus
- Indicates it's been registered



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**For further information call  
Shaunne at 204-886-2922 ext 205 or  
email resume to [shaunne@charisons.ca](mailto:shaunne@charisons.ca)**



## VILLAGE OF DUNNOTTAR - Municipal Clerk Position

The Village of Dunnottar invites written application for the position of Municipal Clerk. The municipal office is located in the southeast Interlake, on the shores of Lake Winnipeg. Under the direction of the CAO, the Municipal Clerk is responsible for secretarial support for the Municipal Office.

The successful candidate will possess the following:

- Computer experience with Microsoft Office, the Internet and website maintenance. Experience working with All Net Municipal Solutions considered an asset.
- General Accounting knowledge
- The ability to communicate effectively with the public, employees and external stakeholders.
- Graduate of or enrollment in the Manitoba Certificate program for Municipal Administration.
- Salary range is dependent upon qualifications and experience. An attractive benefit package is also provided.

Applications should be marked "Application for Municipal Clerk" on the outside and should contain a full resume with three references. Applications to be forwarded to the undersigned no later than 4:00 p.m. on December 9, 2022.

Sarah Palson - Administrator  
Village of Dunnottar  
P.O. Box 321  
Matlock, Manitoba  
R0C 2B0

Phone: 389-4962 Fax: 389-4966 E-mail: [info@dunnottar.ca](mailto:info@dunnottar.ca)

*We thank all applicants in advance, however, only those considered for interviews will be contacted.*

**Grow Your Business by placing a HELP WANTED ad in the Record**

### HELP WANTED

The Window Factory located in Selkirk requires an installers assist. Must be able to work in heights, on ladders and work outdoors in all forms of weather. Please bring in resume into the office located at 605 Mercy St., Selkirk.

### HELP WANTED

Petro Canada Lockport is hiring full-time and p/t gas attendants. Ricky's All Day Grill in Lockport is also hiring part-time servers and kitchen helpers. Seniors are welcome to apply. Please apply within or call 780-919-7165 for all positions.

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Window Decals	Invoices	Folders
	Estimate sheets	

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## Request for Proposal 2022-04 Shop Storage Lease

The Rural Municipality of West St. Paul is seeking proposals for Shop Storage Lease for the period of December 2022 to Spring 2023.

Specifications and proposal documents are available at the Municipal Office, 3550 Main Street, West St. Paul, MB R4A 5A3 or online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked "RFP 2022-04 - Shop Storage Lease" will be received by the undersigned at the address below until 11:00am on December 2, 2022. Late submissions will not be accepted.

Proposal pricing shall be in Canadian Dollars and exclusive of GST and PST, which shall be extra where applicable. Submission documents that have not met all requirements set out in the proposal package will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the proposal should be directed to Rick Friesen, Public Works Manager by e-mail [rfriesen@weststpaul.com](mailto:rfriesen@weststpaul.com) or by phone 204-334-0092.

Mr. Brent Olynik, CAO  
Rural Municipality of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3

### MISCELLANEOUS

EC Men's blueish purple parka, sz XXL, w/black woolen hood; fits a man's sz XL, \$100, BN Men's sz 9 buckle-up leather winter boots, \$100; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BN-CIEC pr. sz 9 Men's WORK BOOTS/ SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a Men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

Attention Hunters! Hand cranked deer hoist, ready to mount, asking \$60. Air compressor with staple gun, 2 gallon tank, 120 PSI, 1/2 horse motor, box and a half of assorted staples \$350 obo. Call Joe 204-663-7643.

### WANTED

Private collector looking to buy firearms. Complete collections ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Wanted - 2009, 2010 or 2011 Chev. HHR. Lower mileage, safetied or able to be safetied. Call 204-766-2429.

Wanted: Vehicle equipped with wheelchair ramp or lift. Please phone 204-785-2107 between 6 - 9 p.m. Dealers welcome.

WANTED: Old advertising dealership signs, gas pumps, globes, pop machines, light ups. White Rose, Red Indian, Buffalo, North Star, Case Eagles. etc. Collector paying TOP PRICES. 306-221-5908.

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**Gerda invites the public to join the Community Advisory Committee meeting at 7 p.m. on December 15th, 2022.**

The meeting location will be held at Gerda Site Office 27 Main Street. Please contact Rob Starnat (email: [Rob.Starnat@gerda.com](mailto:Rob.Starnat@gerda.com) or Phone: 204-482-3241 X1635) to register for the meeting.

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## UPCOMING EVENTS

Craft and Vendor Sale, December 10/22 from 10am-3pm. Little Britain United Church, 5879 Hwy 9 Lockport. Tables \$25. Hot lunch available. Call 204-981-2433.

St. Clements Tea & Bake Sale. Saturday, Dec 10, 11:00 a.m. - 2:30 p.m. at St. Clements Anglican Church Hall, 1178 River Road, St. Andrews. Silent auction and 50/50.

## NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a Christmas/winter event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

## NOTICES

BOOK YOUR CHRISTMAS ADS NOW! Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Seasonal hiring? Have a service to offer? Selling something? Grand opening? Have an online store? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

**CELEBRATE THE SPECIAL MOMENTS!**  
Don't forget to send your special wishes to your friends and family.

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## STRAW FOR SALE

Small square flax straw and wheat straw. Leave message 204-482-5101.

Small square flax bales for sale, East Selkirk area. \$4/bale. Call or text 204-785-0492.

## HAY FOR SALE

Large round hard-core bales of alfalfa & brome grass. Call 204-461-0722.

## Meyers Gun Auction

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Large selection of Guns & Ammunition

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EVAN 482-7355  
WAYNE 485-0407

The Holidays are getting near  
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We're Looking for New Listings!  
We have Interested Qualified Buyers!

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**RULE APARTMENTS**  
424 EVELINE ST.

2 beds & 1 bath. \$1,119 & \$1,067/mth includes 1 parking stall & water, tenants pay their own hydro. Elevator in building, front door intercom, in-suite laundry. No pets & no smoking. 1 year lease only.

Call/text 204-290-3805  
[ruleapartments@gmail.com](mailto:ruleapartments@gmail.com)

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Truck/Trailer/Equipment Repair  
Competitive Wages, Benefits  
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## OFFICE SPACE FOR LEASE

### CLANDEBOYE AVE in Selkirk

**Property Features** Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact: BIG Real Estate 204-485-0010 email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)



# Classifieds *The Selkirk Record* Announcements

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication**  
**Please Call 204-785-1618**

**Remember your loved ones or send your special wishes to your friends and family.**

**Selkirk Record**

**Call 204-785-1618 Today!**

**Maintenance/Caretaker Couple or Person Required**  
 Relocate to SLIMS CABINS  
 NE Saskatchewan  
 Full Time. Year Round.

Main camp road access plus boat in & fly in outposts. Large, heated, well equipped shop to repair or fabricate almost anything. Troubleshooting, mechanical, heavy equipment operation, plumbing, electrical, carpentry, welding, etc.

If you possess a lot of skills, enjoy a rural location, are motivated, responsible, independent and respectful, this may be your dream lifestyle/employment.

Any excessive alcohol consumption (beyond social) or substance abuse is not welcome at our fishing/hunting camp.

Call 204 937 4007

**News Tips? Story Ideas? call the Record 204-785-1618**

**DEKALB SuperSpiel Welcomes the World**

**Dec 2 - 5, 2022 Morris Curling Club**

[www.dekalbsuperspiel.com](http://www.dekalbsuperspiel.com)

Come celebrate 15 "Super" years of DEKALB Curling



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Contact this newspaper NOW or MCNA at **204.947.1691** or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)

**Selkirk Record SALES CAREER OPPORTUNITY**

Looking for a dynamic, highly motivated individual to join our sales team.

- The successful candidate will thrive in a fast paced sales environment where work ethic and a strong customer service ideal are rewarded.
- Maintaining respected relationships with an existing customer base and building new ones.
- Professional, dependable, energetic, goal-oriented, well organized, self-starter, can work within deadlines, creative and friendly. Passion is a must and sales experience an asset.

Email resume to: [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)

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**Selkirk Record**

Call 204-785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## ANNOUNCEMENT

### IN MEMORIAM



**Andrea Lajeunesse Bannish**  
 December 10, 1981 - November 18, 2010

**Karen Lajeunesse Jungkind**  
 June 17, 1948 - October 23, 2018

Remembering these two ladies this time of year.

They will never be forgotten.

-Love from your family and friends

## ANNOUNCEMENT

### IN MEMORIAM



**Don Kordalchuk**  
 November 24, 1961 - November 26, 2019

**In Loving Memory**

Never more than a thought away,  
 Quietly remembered every day;  
 In our hearts your memory is kept,  
 To love, to cherish, to never forget.

-Forever loved and remembered,  
 Mom, Dad and family

## OBITUARY

### Georgina Mary Chambers

Peacefully, on Sunday, November 20th, 2022 at the Tudor Personal Care Home, Georgina Chambers, aged 87 years, formerly of Libau, Manitoba passed away.

In keeping with her wishes, cremation has taken place and a private family service will be held at a later date.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY

### Valerie Mary Wallis

Peacefully, surrounded by family on Saturday, November 19, 2022, at the Selkirk Regional Health Centre, Val Wallis, aged 81 years of Libau, Manitoba, beloved wife of the late Robert passed away.

In keeping with her wishes, cremation has taken place and a Funeral Mass will be held on Saturday, November 26, 2022 at 10:30 a.m. in the Notre Dame Roman Catholic Church in Selkirk, Manitoba.

In lieu of flowers, a donation in Val's memory can be made to CancerCare Manitoba or the Heart and Stroke Foundation of Manitoba.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY

### Emily Myrtle Thordarson

Emily Myrtle Thordarson passed away November 10, 2022.

Funeral 2 p.m. November 24, 2022 at Glen Eden Funeral Home, 4477 Main Street, West St. Paul, MB.

*Your memory will live forever Engraved within our hearts*

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## OBITUARY



**Jack F. Kelly**  
October 13, 1935 – September 27, 2022

Jack passed away peacefully at Selkirk Regional Health Centre at the age of 86.

Jack was predeceased by his parents Mike and Betty Kelly; siblings Jean (Ivor), Barney (Helen), and Jim (Betty); mother-in-law Marjorie Pyper, father-in-law Thomas Pyper, and brother-in-law David Pyper (Bev).

Jack is survived by his loving wife of 57 years, Gail Kelly (nee Pyper), brother-in-law Bob Pyper (Elaine), and many nieces and nephews.

In his early years Jack was employed by Building Products and Westroc Industries and enjoyed playing softball and curling in his spare time. Jack was an incredibly skilled woodworker and spent many hours in his workshop making beautiful intarsia pieces. Jack was an avid sports fan and enjoyed watching hockey, football, baseball, and curling. Jack and his wife Gail spent many years RVing all throughout the U.S. and Canada and were members of the Good Sam Club. They were also active in the community and enjoyed spending time at the Selkirk Legion. Those who knew Jack well knew that he had a good sense of humour and always had a clever comeback.

A private service is to take place at a later date.

In lieu of flowers, donations may be made in Jack's memory to The Salvation Army.

Friends and family are invited to visit Jack's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

*Interlake Cremation  
& Memorial Services*  
204.482.1040

## OBITUARY



**Hans Jehle**  
March 1, 1949 – November 16, 2022

After a lengthy illness, Hans Jehle was able to fulfill his wish and pass away at his home in St. Andrews, Mb. He was 73 years young. Hans was a dynamic man who leaves a tremendous amount of people wishing they could have had one more get together and drink with him.

He will be forever remembered by his devoted wife Louise; son Grant (Maralee); daughters Lisa and Paula (Lane); grandchildren, Hannah, Emmett, Jack, Josh, Sam and Max. He was predeceased by his father John, mother Josephine, brother Rudy, sisters Paula and Frances. He is survived by his older sister Jo-Ann in Germany.

Hans grew up farming with his Dad. He enjoyed this way of life and it fueled his entrepreneurial spirit. Trucking, distribution and eventually applying Dust Control to municipal roads were all opportunities he pursued. In 1984 Hans, Louise and Grant formed what is today Fort Distributors Ltd., a business of which he was very proud.

Anyone who met Hans instantly enjoyed his company. His natural charm and wit were delightful. Whether it was at social gatherings, business functions or on an airplane, Hans always found himself in the middle of the conversation. His story telling abilities were second to none. His memory of people, cars and places was truly remarkable. Hans sincerely enjoyed people and genuinely listened to their stories always without judgment. Hans and Louise enjoyed many years of cabin life, motor homing and most recently a winter home in Florida. The fabulous number of friends they have made over the years is a true testament to a great team and a life well lived.

Hans truly loved life but most importantly loved living and it showed in everything he did and the friendships he shared. We will all miss him.

A private interment has taken place. A celebration of life will be planned for next year. Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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> MEAL IDEAS



Servings: 8-10  
 6 Envy apples  
 2 tablespoons golden caster sugar  
 1 teaspoon cinnamon  
 1/2 cup, plus 2 tablespoons, water  
 1 tablespoon corn flour  
 1 large plain sponge cake  
 2 cups vanilla bean custard  
 1/2 cup caramel or butterscotch sauce,  
 plus additional for garnish, divided  
 1/2 cup cream  
 fresh apple slices  
 fresh strawberry slices  
 Peel, core and dice apples; place in



## Apple Custard Sponge Trifle

large saucepan. Add caster sugar, cinnamon and 1/2 cup water. Simmer apples 5-8 minutes until tender.

Combine corn flour and remaining water. Stir corn flour mixture into apples until apples are syrupy.

Cut sponge cake into 2-centimeter diced pieces. Arrange 1/3 of sponge pieces in base of serving bowl. Add half of cinnamon apple pieces, including syrupy juices. Add 1 cup custard and drizzle with 1/4 cup caramel sauce. Repeat with remaining ingredients, finishing with sponge cake; chill.

Whip cream and spoon dollops over sponge cake to cover top. Garnish with apple slices, strawberry slices and caramel sauce.



## Apple Wreath Salad

ground

1 large garlic clove, minced  
 1/4 cup balsamic vinegar  
 3/4 cup extra-virgin olive oil  
 Salad:

10 ounces baby arugula  
 3 Envy apples, sliced  
 9 ounces goat cheese, crumbled  
 3 ounces pomegranate arils  
 3 ounces pecans, toasted

To make balsamic dressing: In small serving bowl, whisk honey, Dijon mustard, salt, pepper, garlic, balsamic vinegar and olive oil.

Place dressing bowl in center of large board or platter. Arrange arugula around dressing bowl in wreath shape.

Place apple slices on top of arugula. Sprinkle on goat cheese, pomegranate arils and pecans.

## Recycling 101 – aluminum and steel containers

By Karl Daher

Our first article of the series focused on glass recycling in Manitoba. Today's article will address aluminum and steel container recycling. Although the last article spoke about how glass placed in the blue box was not recycled but reused as aggregate in road construction within landfills, steel and aluminum are the most valued recyclables in the blue bin. In the case of aluminum, it can be recycled indefinitely. It has been estimated that 75% of the produced aluminum is still in use today.

Just like glass jars and bottles, aluminum and steel containers from food products can be placed in blue bins and bags. Containers should be rinsed of visible food particles. Labels do not need to be removed. Only include food containers – this includes pet food containers, so Rover or Snowball can get in on the recycling as well! There are two items of food-grade aluminum that should not be put into recycling – aluminum foil and aluminum pie plates or trays. The problem with aluminum foil and plates is that they cannot be mixed with aluminum cans due to their melting point. Cans melt at a much higher temperature which causes the foil and plates to turn to ashes in the smelter. If you don't have another use for them, aluminum foil and pans need to be put into the waste bin.

Cans that store fuels, chemicals, paints, or aerosol cans are household hazardous waste items. These must not be placed in blue boxes or in household waste. They need to be delivered to your local household hazardous waste depot. Locally,



PHOTO SUBMITTED

Aluminum and steel help make up a lot of the dollar value for recycling.

they can be dropped off for free at the Winfield Road Transfer Station or the Teulon-Rockwood Waste Disposal site. On the other hand, items such as steel or aluminum pots and pans and larger items such as appliances have a scrap metal value. Scrap metal dealers will pay the going rate for the metals you are recycling. Locally, Interlake Salvage & Recycling in Stonewall is such a scrap metal dealer.

Lastly, one type of aluminum beverage container is unlike any other in Manitoba in that you pay a deposit on them upon purchase. Empty beer cans can be returned to vendors to redeem the deposit value. Please check with your local vendor for rules on returns.

Aluminum and steel help make up a lot of the dollar value for recycling. Always ensure you put all your aluminum and steel cans into the blue box each week.

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This sprawling bungalow is situated on 1 acre of beautifully landscaped & treed property. Enter into stunning, bright living space w/ stone faced wood FP & vault ceiling. Gorgeous eat-in kitchen featuring huge island w/storage on both sides + breakfast bar. Dining space leads into the 4 season sunroom. Skylights, vault ceiling, panoramic views of your property, sliding doors to deck. Great sized primary bedroom w/2pc ensuite. 2 more good sized bedrooms & 4pc bath complete your main floor. Fully finished basement w/amazing rec room, 4th bedroom/den, 3pc bath, laundry & utility. Outside is your oversized 2AT grg, deck, dog run, storage shed & tent. Don't miss out on this commutable paradise.




<div>HH TEAM</div> <div>NEW!</div> <div></div> <div><b>\$109,900</b></div> <div>2 Fuller Road East Selkirk</div>	<div>HH TEAM</div> <div>NEW!</div> <div></div> <div><b>\$109,900</b></div> <div>10 Fuller Road East Selkirk</div>	<div>HH TEAM</div> <div>NEW SHOW HOME!</div> <div></div> <div><b>\$499,900</b></div> <div>801 Vaughan Ave Selkirk</div>	<div>HH TEAM</div> <div>NEW!</div> <div></div> <div><b>\$337,500</b></div> <div>5694 NO.9 Highway St Andrews</div>	<div>HH TEAM</div> <div>NEW!</div> <div></div> <div><b>\$449,000</b></div> <div>727 Edith Avenue Petersfield</div>	<div>HH TEAM</div> <div>O/H NOV 19TH 1-3PM!</div> <div></div> <div><b>\$239,000</b></div> <div>215 Donohoe Cres Petersfield</div>	<div>HH TEAM</div> <div>INVESTMENT OPPORTUNITY!</div> <div></div> <div><b>\$199,900</b></div> <div>1361 William Ave W Winnipeg, MB</div>
<div>HH TEAM</div> <div>1,873 SQ FT!</div> <div></div> <div><b>\$544,900</b></div> <div>885 Colville Road East Selkirk</div>	<div>HH TEAM</div> <div>TRANSCONAL</div> <div></div> <div><b>\$524,900</b></div> <div>102 Van Slyk Way Winnipeg</div>	<div>HH TEAM</div> <div>1,142 SQ FT!</div> <div></div> <div><b>\$99,000</b></div> <div>#63 480 Augier Ave Winnipeg</div>	<div>HH TEAM</div> <div>32.64 ACRES!</div> <div></div> <div><b>\$279,900</b></div> <div>26080 PTH 44 SSR HWY St Clements</div>	<div>HH TEAM</div> <div>5 BEDS 4 BATHS!</div> <div></div> <div><b>\$599,900</b></div> <div>2 Creekside Blvd Selkirk</div>	<div>HH TEAM</div> <div>80 ACRES!</div> <div></div> <div><b>\$355,000</b></div> <div>113142 13 Road E Fraserwood</div>	<div>HH TEAM</div> <div>2 BEDS 1 BATH!</div> <div></div> <div><b>\$150,000</b></div> <div>221 Britannia Ave Selkirk</div>
<div>HH TEAM</div> <div>3 SEASON COTTAGE!</div> <div></div> <div><b>\$189,900</b></div> <div>26 Hideaway Cres Patricia Beach</div>	<div>HH TEAM</div> <div>YEAR ROUND COTTAGE!</div> <div></div> <div><b>\$229,900</b></div> <div>28 Wright Street Gull Lake</div>	<div>HH TEAM</div> <div>TREED LOT!</div> <div></div> <div><b>\$19,900</b></div> <div>0 Sandstone Cres Valhalla Beach</div>	<div>HH TEAM</div> <div>SOLD!</div> <div></div> <div><b>\$179,900</b></div> <div>28 Donald Road St. Andrews</div>	<div>HH TEAM</div> <div>SOLD!</div> <div></div> <div><b>\$149,900</b></div> <div>83110 Two Mile Road East Selkirk</div>	<div>HH TEAM</div> <div>SOLD!</div> <div></div> <div><b>\$649,000</b></div> <div>178 Fort Garry Road Lockport</div>	<div>HH TEAM</div> <div>SOLD!</div> <div></div> <div><b>\$469,900</b></div> <div>79045 ROAD 31 E B East Selkirk</div>

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**ASHLEY DOUGLAS**  
REALTOR®








Contact me for all of your Real Estate needs!  
204.485.4051 ashley.douglas@century21.ca



MASTERS OF REAL ESTATE  
2020



MASTERS OF REAL ESTATE  
2021

<div>ASHLEY</div> <div>CREEK FRONT!</div> <div></div> <div><b>\$85,000</b></div> <div>Kimberly Rd East Selkirk</div>	<div>ASHLEY</div> <div>116 ACRES!</div> <div></div> <div><b>\$149,000</b></div> <div>31091 Rd 87N St. Clements</div>	<div>ASHLEY</div> <div>OVER 2600 SQ FT!</div> <div></div> <div><b>\$80,000</b></div> <div>Building to be moved, Lorette, MB</div>	<div>ASHLEY</div> <div>4 ACRES VACANT LAND!</div> <div></div> <div><b>\$190,000</b></div> <div>338 Wesley Drive East Selkirk</div>	<div>ASHLEY</div> <div>DUPLEX!</div> <div></div> <div><b>\$220,000</b></div> <div>132 Lorne Avenue Winnipeg</div>	<div>ASHLEY</div> <div>5 BR RENTAL!</div> <div></div> <div><b>\$160,000</b></div> <div>667 Boyd Ave Winnipeg</div>	<div>ASHLEY</div> <div>PENDING!</div> <div></div> <div><b>\$323,000</b></div> <div>2252 Cochrane Rd Petersfield</div>
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