

RECORD PHOTO BY KATELYN BOULANGER It was a night of smiles and joy at the Santa Parade of Lights last weekend. Pictured: Some local kids had a blast while watching all of the floats parade down Eveline St.

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# Fruitcakes are ready!



**RECORD PHOTO BY BRETT MITCHELL** 

The Selkirk and District Lions Club is well on their way to meeting their fruitcakemaking goals this year. The group sells these cakes around the holiday season in order to raise funds for the projects that they take on to help out the community throughout the year. They still have a few cakes left so if you'd like to purchase a 2lb. fruitcake (\$25) or a rum cake (\$35) message them on Facebook at https://www.facebook.com/selkirklions/ email selkirklionsclub@gmail.com, or call them weekday mornings at 204-428-3949. Pictured left to right: Lions Gord Zeglinski, Joe Bednar, Doreen Szczerski, and Helen Bednar.





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### 4 *The Selkirk Record* Thursday, November 28, 2024 Selkirk's Big Hearts Christmas Hamper Program bringing meals during holidays

### By Katelyn Boulanger

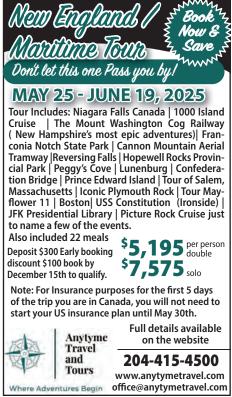
Big Hearts Christmas Hamper Program is going into its 7th year of Christmas Hampers in the community. Having started the program in 2018 when there was a lack of community hamper programs in the Selkirk area, Big Hearts now helps hundreds of people with donations that fill their cupboards and show our community's holiday spirit.

"The goal of this was basically to provide families under the poverty



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level with food, enough food for the Christmas season, and a gift for each person in the family so that everyone can experience Christmas. That's basically the whole goal," said Big Hearts Chirstmas Hamper Drive Founder Kevin Christianson.

He explained that in 2018 when other local hamper programs had shutdown, he felt that this service was still very much needed in our community. That year, Christianson started up the Big Hearts Christmas Hamper Program and it has continued every year since with the program now hosted by the Big Hearts Tri-S Community Foundation.

Christianson explained that Big Hearts helps bring a little Christmas cheer to families needing hampers in St. Andrews, Selkirk, Stonewall and has even helped families further out in Petersfield and Libau.

Hamper contents, of course, depend on the ages and number of people in the families that they help but typically include items for a traditional Canadian Christmas dinner like chicken, potatoes, vegetables and cranberry sauce. There are also items that would be suited to a traditional Canadian

Continued on page 5



**RECORD PHOTO BY KATELYN BOULANGER** 

Big Hearts Hamper Drive is once again collecting food for holiday hampers in our community.



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### > BIG HEARTS CHRISTMAS HAMPERS, FROM PG. 4

holiday breakfast like pancake mix and syrup and any extra donations that they can give to lighten the load for residents who receive the baskets are also added.

In a recent release from Big Hearts, their urgently needed items include:

- Frozen Chicken
- Pancake Mix
- Svrup
- Stuffing
- Sugar
- Potatoes
- Cereal
- Carrots
- Canned Meats
- **Cranberry Sauce**
- Pasta Sauce
- Children's Toys
- Pasta
- Desserts
- Gravy
- Coffee
- Corn
- Beans
- Peanut Butter

home

\*Details in store

and Rice

"This year, we're already pushing over 400 families. (Applications are)

going to close down on Dec. 1 and then Dec. 8 will be the last day for collections. That week is when I'm going to start assembling and we're handing them out on the 13th and 14th," said Christianson.

For people who wish to donate, since the Big Hearts Tri-S Community Foundation is a non-profit, cheques can be written directly to them. Additionally, donations are being taken at Selkirk's Home Hardware as they have once again partnered with Big Hearts to be a donation location in our community both for financial and donations of non-perishable food items.

Christianson says that he is also working to create relationships with businesses in our community who would like to make donations or get involved so if you are a business owner who'd like to be involved, he would like to hear from you.

He explained that this program is important to our community because it helps many local families put a holiday dinner on the table when otherwise they might have to go without.

# Holiday Yards of the Season Sponsored by The Home Record

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Decorate your yard, balcony, house or business and register for the Holiday Yards of the Season list. Multiple prizes to be won! Must be a resident of St. Andrews, Selkirk or St. Clements.

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- 1. Submit a photo of your yard and your address by mail to selkirkcommunitygardens@gmail.com
- 2. Deadline is Sunday, December 1st, 2024



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Last year Christianson said that the hamper program helped more than 460 families and with prices higher and more families in need, he anticipates that that number will likely be between 500 and 600 this year.

"Christmas was a very important part of my childhood. When I heard

*The Selkirk Record* Thursday, November 28, 2024 **5** that the original program was getting cancelled years ago, it just lit a fire under me. It made me so mad, because my wife, when she was younger, they got this hamper. They needed it and everyone that I know that needs it, they truly need it. If there isn't that re-

### Continued on page 8





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# 6 The Selkirk Record Thursday, November 28, 2024 Survey open now, have your say in Vital Signs 2.0

### Submitted by Selkirk & District Community Foundation

Following a successful Vital Signs town hall on Oct. 5, the Selkirk & District Community Foundation has launched a survey to gather even more data from residents.

The first Vital Signs, released in 2018, measured the well-being of the community. Vital Signs 2.0 will do the same and the Foundation is hoping to connect with as many people as possible.

"We had such a tremendous response to the town hall, and everyone at the Foundation was just so impressed with the turnout and the input provided during that meeting," says Vital Signs co-chair Brandon Sutherland.

"There was so much diversity in that room and everyone came to play. Ideas were flowing and people were making connections. The passion for our communities was captured that day, and now, with our survey being launched, we're excited to hear more from everyone."

The survey is available online now until Dec. 31 at https://ca1se.voxco. com/S2/291/vssdcf/Participants have a chance to win one of three \$100 gift cards.

Engaging the public in the data collection for the second Vital Signs report is priority number one. David Thorne, SDCF chairman and co-chair of the Vital Signs committee with Sutherland, said. Hearing from organizations and individuals is crucial to an accurate picture of our communities.

"Understanding the strengths and challenges in the Selkirk, St. Andrews and St. Clements catchment area is the key to informed philanthropy and civic engagement," Thorne said.

"It is the goal of the Selkirk & District Community Foundation's Vital Signs 2.0 report to collect the data, hear the voices of lived experience and listen to the experts doing the heavy lifting on the ground."

The survey includes questions on a wide array of topics, from your own mental health to how safe you feel in your community to food security concerns.

The survey is about reaching as many people as possible.

"We had 110 people attend the Town Hall and we hope they all take the survey," Sutherland said.



**RECORD PHOTO SUBMITTED** 

Allison Savoie, Tope Omoniyi and Barbara Pasaur participated in the Vital Signs 2.0 town hall meeting. In an effort to reach as many people as possible, the SDCF has launched an online survey.

"And we hope that hundreds more go online and participate as well. The goal is to reach everyone, we want everyone to have a voice in this project. Some are comfortable speaking in a public setting and others aren't. The survey lets people take part in a way that works for them."

### Need to hear from the younger generation

Sutherland said reaching the younger generation is important to Vital Signs being a complete report.

Lord Selkirk Regional Comprehensive High School students Elissa Marques and Laina Ostermann attended the town hall and said one of the reasons was that youth are often underrepresented in these types of reports. Sutherland is hopeful providing several ways to participate will increase their numbers.

"We saw Elissa and Laina in the crowd and participating in the discussion and I applaud them for coming out," he said.

"Youth are underrepresented, Elissa and Laina said as much after the event, and we want to hear from their peers and we're encouraging them to get online and be heard."

For a paper copy of the survey, contact the SDCF at 204-785-9755.



### your voice your Vital Signs Report

Take a 7-minute survey to help shape the Selkirk & District Community Foundation's upcoming Vital Signs Report. Share your experiences of living in Selkirk, the RM of St. Andrews, and the RM of St. Clements. What are we doing well as a community? Where are the gaps in our community?



Scan the QR code to participate!

Submit your ideas by December 31, 2024. Please only take the poll once, but do tell your friends to weigh in. Participants have a chance to win one of three \$100 gift cards.

Visit sdcf.ca to see our 2018 Vital Signs Report: Mind the Gap

Selkirk+District

# Parents and Caregivers invited to presentation by Interlake Sexual Exploitation Educators

### By Katelyn Boulanger

The Interlake Sexual Exploitation Educators (ISEE) are hosting an event for Parents and Caregivers of children to help spread information about how sexual exploitation happens in our communities and how to keep your kids safe.

"At ISEE we're dedicated to sharing information and awareness to children and youth about sexual exploitation, because the thought is, if we start sharing information to kids about it, they'll feel more empowered and then be better prepared should they come across something that is strange or odd," said Sherisse Picklyk Dear, of ISEE.

ISEE is one of 14 organizations province-wide that were established after the death of Tracia Owen, a 14-yearold who was sexually exploited and died by suicide in 2005. After Owen's death, a new Sexual Exploitation Strategy was created in Manitoba.

This event will take place at the Gaynor Family Regional Library in Selkirk and is free to attend.

"What we are trying to talk about more now is the modern-day version of sexual exploitation, which is happening online. Kids are carrying tablets and phones from really little bitty kiddos up to 17-year-olds and so our focus in terms of talking to kids when we do presentations to schools is about the online dangers and how to safely navigate that world because it is their world. We can't just shut a blind eye to it as a parent or person that's supporting a child or a youth, we need to learn about their world and help support them through that and teach them some basic things about how to be safe out there," she said.

The two-hour session will take place from 6 to 8 p.m. on Dec. 4 and parents/caregivers are asked to have childcare in place for their underage children as this will be an 18+ event.

ISEE is a volunteer-run organization and the idea for this parent/caregiver presentation came about during the pandemic when Picklyk Dear and others from the ISEE became concerned as students were home and online more. This is the first time that this presentation will be done in person as it has previously been an online video call presentation.

"Seeing some of the stats that the Canadian Center for Child Protection was putting out, we just felt obligated to do something about it," said Picklyk Dear.

She also wants residents to know that parent or caregiver roles are very open in this situation. If you are a person that works with or supports a child or a youth who has access to the internet, you are welcome. This includes: grandparents, extended relatives, babysitters, neighbours and more.

Caregivers will learn about actual examples of sexual exploitation that have or are happening and specific information about our Interlake area. They will talk about how these things happen and learn some unfortunate statistics about sexual exploitation. The presentation will talk about children's development and why they are vulnerable to this exploitation. There will also be information about how caregivers can support the children in their lives and give them the tools to avoid these situations or if they have gotten themselves into a situation, how they can support them in getting out.

"The number one thing we really want to hit home with parents is communication, having open lines of communication and attachment with your kiddos from an early age. Having conversations any time of the day they can weave it in about healthy boundaries and healthy relationships, and what's a real relationship and what's an online relationship. This stuff isn't really taught in schools, and we just felt like there was a bit of a gap," said Picklyk Dear.

Jim Dao, a former RCMP officer and ISEE member, agrees that educating parents is important.

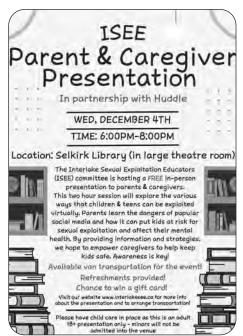
"Safeguarding your children now only takes a few hours of your time before it's too late," he said.

He also said if there was one thing he'd like parents to know to keep their children safe it's to, "Always keep an open dialogue and no judgments. Be interested in the things that they are doing online so you can help them navigate it."

The ISEE would like to make this event as accessible as possible for residents so if you require transportation to this event please go to their website in advance of the event for details. There will also be refreshments available and there will be a chance to win a gift card at the event.

Both Dao and Picklyk Dear encourage parents and caregivers to take time to attend this presentation even if they think their kids are not yet at an age when this information is relevant.

"No age is too young. If you just had a baby, come and learn about it because at some point a one-year-old, knows about screens. They know how to open and close phones. It's their world. They're starting very young and even if you have a 16-year-old, and you think, 'Ah, my kid's fine,' still come. There's more information that you may not know about that your kid hasn't shared yet or doesn't feel comfortable sharing but when you gain that information, you can come back and say, 'Oh, my God, I learned about the situation on Tiktok. Have you heard about it?' Nine times out of 10, the kid will go, 'Yeah, I totally heard about that. That's old mom.



**RECORD PHOTO SUBMITTED** Parents and Caregivers invited to ISEE presentation.

That's like, six months ago. That happened,' but it starts a dialogue," said Picklyk Dear

To learn more about ISEE and this event check them out online at www. interlakesee.ca. They also have an Instagram page at @iseeinterlake and residents can reach out to them if they have inquiries about a school, or parent/community presentation.

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### SelkinkRecord





Brett Mitchell

**By Lana Meier** 

ences.

service".

Over 50,000 postal employees in

Canada are now in their second week

of a labour strike due to concerns re-

garding pay and working conditions,

causing delays in mail delivery dur-

According to the union representing

staff members at Canada Post, nego-

tiations are still ongoing and have not

progressed due to significant differ-

Employees are requesting a pay

raise and the option to work week-

ends for additional compensation,

rather than having Canada Post rely

The operator has faced significant

financial losses in recent years and

warned that the labour disruption

"would affect millions of Canadians

and businesses who rely on the postal

The work stoppage, which began on

Nov. 15, has halted mail and parcel

services across the country, including

the delivery of bank cards and state-

ments, general mail, new passports

and online shopping orders - all when

people across Canada are preparing

> BIG HEARTS, FROM PG. 5

source there, they're going to be toast

for Christmas. They won't be able to

create that holiday cheer and so that's

on outside contractors.

ing the hectic holiday season.

Lana Meier





SALES

Brittany Hiebert

**REPORTER/PHOTOGRAPHER** 

Patricia Barrett

Katelyn Boulanger



REPORTER/PHOTOGRAPHER Emily Antonio



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Brittany Hiebert: 204-485-1419 Email: ads@selkirkrecord.ca

have said they remain far away from reaching a deal.

Canada Post strike has rural delivery paused, local post offices remain open

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

The union is seeking a 24 percent pay increase for the next four years, which is considerably more than the 11.5 percent offered by Canada Post. Additionally, negotiations will cover benefits, sick leave, job conditions, and security matters."Our demands are reasonable: fair wages, safe working conditions, the right to retire with dignity and the expansion of services at the public post office," the union has said.

Canada Post has warned that its services will be disrupted even if an agreement with its workers is reached, writing in a statement last week that "a national strike of any length will impact service to Canadians well after the strike activity ends".

According to the statement, the company has noticed a change in business due to the ongoing strike. Customers have either turned to private competitors or completely discontinued use of their services.

Canadian postal workers last walked off the job in October 2018. At that time, rotating strikes lasted more than a month before the federal government mandated that employees return to work through legislation.

That job action cost Canada Post around \$135 million.

The most recent strike coincides with the Crown corporation's struggles of facing significant financial

year, we get bigger and hopefully, as long as my health allows me to do this, I'll keep doing it," Christianson said.

He encourages everyone who is able, to give a little back this year to their communities.

"Everyone needs help, especially this time of year. The children expect gifts from their parents or from Santa, and if they're not getting anything, that's probably going to ruin the whole Christmas spirit for them, which in turn, moving forward, that's why a lot of kids don't like Christmas, right? Because it's like a sad reminder

DUE TO THE C.U.P.W. NATTONAL STRIKE (BEGINNING NOV 15th) MAIL & PARCELS WILL NOT BE ACCEPTED, PROCESSED OL DELIVERED. PLEASE VISIT: canadapost. ca/negotiations FOR THE LATEST INFORMATION & UPDATES

**RECORD PHOTO BY LANA MEIER** Mail all across the country has virtually stopped due to the C.U.P.W. National Strike that started Nov. 15.

losses totaling \$3 billion since 2016. This decline can largely be attributed to a decrease in letter postage as people have shifted towards alternative means of communication.

Rivals like Amazon, FedEx and UPS have also taken a chunk of Canada Post's business.

In its 2023 annual report, the operator said its financial situation is "unsustainable", and had projected that it will run out of cash unless it borrows \$1 billion and refinances its existing debt.

'Canada Post is at a critical juncture in its history," the report stated, adding that with mounting financial pressures, the publicly-owned mail operator is "under significant threat".

for them that they don't have anything and I don't want it to be that. I want it to be everyone's happy and it brings the community together. Everyone gets a gift. Everyone gets some food. There needs to be more programs like this, as far as I'm concerned," Christianson said.

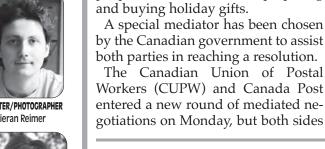
If you have any questions about the Big Hearts Christmas Hamper Program or would like to apply for a hamper email Christianson at bigheartshamper@gmail.com. They also have many drop-off locations throughout the community so keep your eyes open for one near you.

### **TROUBLE WITH PAPER DELIVERY?** Christy Brown, Distribution Mgr.: 204-467-5836

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PRODUCTION Nicole Kapusta



Kieran Reimer



have a meal, and nobody will have gifts. It's just, to me, it's not right," he said. He says that, with inflation affecting everyone and people's paycheques not going up to match, it's going to be a hard year for many families to

another reason that residents should come together to support their local hamper programs. "We're growing really quick, every

**EDITORIAL** Katelyn Boulanger 204-485-3337 news@selkirkrecord.ca View the Selkirk Record online at Selkirkrecord.ca

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**"IT JUST MAKES** 

TO KNOW THAT

YOU'RE HELPING

**ELSE WHO NEEDS** 

**OUT SOMEONE** 

HELP,"

HAPPY AND WARM

YOU FEEL SO

# **Community Christmas Hamper Program brings hampers north of perimeter**

### Help those in need this holiday season

### By Katelyn Boulanger

Abundant Life Lutheran Church is once again facilitating the Community Christmas Hamper Program. Though Abundant Life is itself in East St. Paul the hamper program is open to residents in need in East St. Paul, West St. Paul, St. Clements, Lockport, St. Andrews, East Selkirk, and Clandebove.

"It's a Community Christmas Hamper Program that the whole community gets behind, (including) businesses, organizations and the schools," said Angie Hughesman, Chair of the Community Christmas Hamper Program.

People in our community who would benefit from a hamper can sign up between Nov. 12 and Dec. 6 and the hampers themselves will be available Dec. 13.

Hughesman explained that the hampers contain everything that a family might need for a traditional Canadian Christmas dinner including a turkey or chicken, vegetables, potatoes, bread, stuffing, and cranberry sauce. They also add items for breakfast including things like eggs, and cereal and sometimes if they have extra donations they will add them to the hampers in order to help people with a few more meals over the holiday

season.

"And for all the hampers, every child, 16 and under, gets a present,' she said.

When signing up residents should know that there will be some basic questions about children 16 and under in order to make sure that their present aligns with their interests. There will also be questions about family size in order to make sure that families get enough supplies for evervone.

Local hamper programs allow everyone in our community from seniors to babies to experience a little bit of the holiday magic that we all work together to create this time of year.

For people who would like to donate to the hamper program, you'll get your chance on Dec. 9.

"On Dec. 9, which is a Monday, between 1 and 4 p.m., we'll be at the church accepting donations. People can drop them off there, and if for some reason, people would like to make a financial donation, but they can't get to our church on Monday, we also accept e-transfers," said Hughesman.

As for donation items, Hughesman said that there are a few things that they are always in short supply of.

"It's really nice when people do there caring about you and we want give something like peanut butter, because, when it's a family hamper, the kids like the peanut butter, and peanut butter is expensive, so it is appreciated when people donate it because the kids really appreciate it. Also teenage toys, a lot of people think of

the younger kids but they don't think of the teenagers," she said.

It can be hard to buy for teenagers but Hughesman explained that this can also be an opportunity to get teens involved in the giving process. She said if you have a teen in your life you can ask them what they want for Christmas and turn it into a way to show

them the importance of giving to their community while also getting a gift that someone will really enjoy.

Last year, this hamper program helped 73 families with their holidays and this year Hughesman expects that number to go up.

She explained that it's important to give back at this time of year.

"It's so important to give back to the community. You never know when you're going to fall on the hard times and just know that someone's out everyone to feel welcome to phone us and ask us. We're happy to do it for them and a lot of people are very happy to help," said Hughesman.

This year hampers will be available on Dec. 13 and 14 for pick up. They won't be able to deliver hampers

this year as there aren't enough volunteers to help with deliveries.

Hughesman encourages residents who are able to make donations and contribute to this event.

"It just makes you feel so happy and warm to know that you're helping out someone else who needs help," she said.

Financial donations made bv e-transfer

should be sent to financial@abundantlifelutheran.ca and residents should clearly indicate that the donation is to go to the Christmas Hamper program.

To sign up for a hamper call 431-323-2555 from Monday to Saturday from 9 a.m. to 5 p.m. or email communitychristmashamper@gmail.com. The last day to apply for a hamper is Dec.



# Man. government opens cheque distribution locations

### Submitted by the Manitoba government

The Manitoba government is making sure families and businesses may pick up cheques and other essential mail by opening pickup and drop-off locations across the province, effective Nov. 20.

Most offices will be open Monday to Friday from 8:30 a.m. to 4:30 p.m. Essential mail includes cheques, court orders, educational materials, medical supplies and resources required to maintain health-care services and other prioritized items.

Provincial departments have held essential mail in anticipation of a possible disruption and have forwarded these items to pickup locations. A

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complete list of locations, including what types of mail can be picked up or dropped off, along with more information for Manitobans, has now been updated at: www.manitoba.ca/ postaldisruption.

The Manitoba government takes responsibility for handling all mail safely. Anyone picking up mail must present one valid piece of government identification with a photo or two pieces of non-

photo identification that include

their name and address. Manitobans can

also drop off mail for the provincial government at any location. Letters must be addressed to a specific department including the room number, street address and city or town.

Manitobans who require more information about essential government mail can contact Manitoba Government Inquiry at 1-866-626-4862 (tollfree) or 204-945-3744, or visit www. gov.mb.ca/contact/index.html.



# **10** *The Selkirk Record* Thursday, November 28, 2024 Get your holiday shopping started at the Gwen Fox Gallery

All members show has a little bit of everything

### By Katelyn Boulanger

The Gwen Fox Gallery is hosting an All Members Show in December and residents are invited to stop by to look for a gift for the art lover in your life and maybe a little something for yourself too.

"It's a wonderful eclectic show because there are 44 artists in this show. Everybody brings in two pieces so there's something for everyone here, absolutely everyone. The show will be up from (Nov. 26), until the 21st of December," said Patricia Johnson, the Gwen Fox Gallery's exhibit coordinator.

The Selkirk Record could not chat with all 44 artists in the show but Heather Bosko-Kelly and Lizanne Laurin agreed to share a little of their work to show some of the talent that is featured in December's exhibit.

### Heather Bosko-Kelly

Bosko-Kelly is a jewellery artist who brought two pairs of her winterinspired beaded earrings to the All Members Show.

"I've been working on melding a couple of cultures together, because my background is Ukrainian, and my husband is Métis and African American. So, I've been trying to put them together for my kids to have them see their culture represented more," said Bosko-Kelly.

She explained that she enjoys creating custom work for people and her designs, while combining aspects of different cultures, tend to be bright and colourful.

This month she's brought two winter-inspired designs to fit the season. Her first pair of earrings are titled 'Poinsettia Sisters' because they are of a poinsettia design but have the flowers in different locations for interest. Her second earrings are called 'Bonhomme, Bonhomme' and have a snowman design.

For people looking to take their artistic skills to the next level this com-



ing new year, Bosko-Kelly suggests looking for your personal inspiration.

"Just look around and see what inspires them. Sometimes it's Pinterest or just looking at other people's art and going from there," she said.

### **Lizanne Laurin**

Residents will likely know Laurin from her work on some of the many murals in our community and she's just as talented with smaller scale work.

"I would say that my style right now is exploration. It's exploring new techniques, different refinements and challenging myself to do something that I haven't done before," said Laurin.

A hairstylist by trade, Laurin has experience creating creative hairstyles for competitions and photographing them. She's taken that photography and transformed it further by painting it. She's also an aerialist and so that aspect of her life has come into her paintings as well.

This month at the gallery she has two oil pieces for residents to enjoy.

"The first one is the rooster, and it is oil paint on canvas. I did it in three sections with a new technique that I'm learning, where you're doing glazes and using oils. That one is a focus on the rooster and then I have one of some trucks and daisies. They're model trucks that are in our yard and then there's a caboose in the background. It's a little landscape of our yard, and that's done on oil as well," she said.

Laurin says that she was always a creative person but it was a paint night that she attended with friends about a decade ago that made her realize her passion for visual art.

For those wanting to start a new artistic adventure in the new year, she recommends taking the chance.

"You can learn anything if you really want to. You can become really good at something if you really like it. Yes, there's some natural talent, I think, with artists, but they work really hard at it," she said.

Laurin encourages people to give art a try.

"My advice is, get a canvas, get five of them, and then you can make 17,000 mistakes. It doesn't matter, because you can always paint over them but at the same time, every mistake becomes a lesson, and every lesson gets you closer," she said.



**RECORD PHOTOS BY KATELYN BOULANGER** Heather Bosko-Kelly (above) and Lizanne Laurin (below).



stop by the All Member's Show this month before they close for the winter er," she said. break.

'With the All Members Show you have such a variety of types of art and

Brenda Hedberg invites residents to methods of art and media, and it's so different and yet it all works togeth-

# **Ellena's H.E.A.R.T Fundraiser to support animal rescues**

### 14-year-old with passion for animals inspires 14 days of giving

### By Katelyn Boulanger

Ellena Wastesicoot Rondeau was a 14-year-old who lived in St. Andrews and had a passion for animals. She passed away in 2022 and to honour the love she had for animals her mother and sister are hosting a fundraiser in her memory to support Earthdog Terrier Rescue of Manitoba and What's One More Community.

"We created Ellena's H.E.A.R.T last year in remembrance of Ellena. The H.E.A.R.T. part stands for Honouring Ellena and Remembering Together. We created the (Facebook) page to be able to honour Ellena and do different events in her memory. This is one of the fundraisers that we're doing. It's Ellena's 14 Days of Giving, and it runs from Dec. 1 until Dec. 14, and we're collecting donations for rescues," said Cherisse Rondeau, Ellena's sister.

This is the second year the family has run this fundraiser and the fourteen days of giving is significant because Ellena was 14-years-old when she passed away.

"Ellena was fabulous. We first met Ellena when she was 13-months-old in the hospital, and Cherisse and I immediately took to her and instantly fell in love with her. She was just as cute as a button. She needed a placement. We didn't hesitate. We took her in right away," said Cheryl Rondeau, Ellena's mother.

In the beginning, Cheryl and Cherisse knew she had a physical disability and a difficult start having some medical issues at birth but didn't know her full diagnosis. Eventually, they learned that she had a form of muscular dystrophy.

"With the type of muscular dystrophy, she was globally delayed and had ADHD, but was a very outgoing, loving, caring person. She had this drive and love for animals and it came from Cherisse because Cherisse would take her to different events and volunteer things that Cherisse would go to. She loved being around animals," said Cheryl.

Ellena also had a love for her family's pets and photos of her with the animals are available on the Ellena's H.E.A.R.T Facebook page.

After Ellena's passing, the family wanted to do something to remember Ellena by and once the idea came to be giving back to animal rescues and her community in various ways seemed like a great way to honour Ellena. They've also given a scholarship in her name at the high school and on her last birthday they made a donation of some sweet treats to St. Andrews School.

The two rescues that Cheryl and Cherisse have chosen support are a dog rescue that works with northern communities and a local cat rescue.

Donations can be made at St Andrews Elementary School at 8 St. Andrews Rd. in St. Andrews, Harry's Food at 37 St. Andrews Rd. in St. Andrews, Lockport School at 129 Lockport Rd. in St. Andrews, Sun Valley Restaurant at 433 Oak Point Hwy in Winnipeg, and Centennial Animal Hospital located at 2747 Pembina Hwy in Winnipeg.

These rescues need the typical items that you might expect would be needed by animal rescues including cat and kitten food, dog and puppy food, kitten and puppy milk replacer, pee pads and litter, toys and treats, collars and leashes, new or used towels and sheets and anything else that might make a cat or dog's stay at a foster home a little more comfortable. If you would like to make a financial donation, consider purchasing from the group's Amazon Wishlist. The link is available on the poster on their Facebook page.

Cherisse said that she believes if Ellena were here to see what her family is doing she would be very excited about all of it.

The family hopes that residents take the time to give to this fundraiser.

"December is the time of giving. It's also important to think of animals that come through rescues, that are in foster care, and who are looking for homes. It's important to support them too, and that's what we want to do here in honour of Ellena," said



Ellena Wastesicoot Rondeau from St. Andrews is the inspiration for the Ellena's H.E.A.R.T Fundraiser which will help a dog and cat rescue.

Cheryl.

If there are any businesses in Selkirk that would like to collect donations for Ellena's H.E.A.R.T, Cheryl and Cherisse would be thrilled to have them reach out.

welcome. Also, on Nov. 30, from 1 to 3 p.m. there will be an artists reception for all of the artists in the December All Members Show.

The Gwen Fox Gallery is open from Tuesday to Saturday from 11 a.m. to 4 p.m. and until 8 p.m. on Thursdays and admission is always free.

**RECORD PHOTO SUBMITTED** 

If you would like to learn more about Ellena's H.E.A.R.T visit https:// www.facebook.com/EllenasHeart. You can contact Cheryl and Cherisse Rondeau for more information at ellenasheart@gmail.com or 204-391-7687.

The Gallery will be closing on Dec. 21 for the month of January but will reopen with an exciting new show on Feb. 2. Residents will want to make sure to stop by in 2025 as their first show of the year will be a large format show with only very large pieces.

### > GWEN FOX GALLERY, FROM PG. 10

### More at the Gallery

If residents are looking for a little more fun to finish off the year, there are a few gallery events that they will probably want to be aware of. Every Thursday evening from 4 to 8

p.m., kids are invited to the gallery to do some painting. Thursday Kids Art Nights are free for kids to attend, art supplies are provided and it's a fun evening of creativity. On Nov. 28 from 6 to 8 p.m. there will be a carolling event at the gallery and all are

### 12 The Selkirk Record Thursday, November 28, 2024

# Santa Parade of Lights brightens Selkirk's downtown











RECORD PHOTOS BY KATELYN BOULANGER

The Santa Parade of Lights was a success, yet again, in Selkirk. The parade took over Selkirk's downtown last Saturday and everyone was excited to see all of the amazing floats put together by local businesses and organizations. The parade concluded with Santa himself wishing everyone a Merry Christmas.





















### 14 The Selkirk Record Thursday, November 28, 2024

# Manitoba RCMP begins deployment of body-worn cameras

### By Staff

As part of the RCMP's ongoing efforts to be transparent and accountable to the communities they serve, RCMP officers in Manitoba will start using body-worn cameras.

The use of these cameras will be complemented by a digital evidence management system that will be used to store and manage body-worn video.

The announcement of these new cameras took place on Nov. 20 and some local detachments will be rolling out their new gear shortly. East St. Paul, Grand Marais, and Selkirk will be getting their cameras going on Jan. 7, 2025, with other provincial detachments activating their cameras between Nov. 22 and Jan. 22, 2025.

In total, between Nov. 22, and April 2025, it is expected that over 490 Manitoba RCMP officers in 44 detachments will be equipped with bodyworn cameras.

This will include detachments that provide policing services to Ebb and Flow First Nation, Peguis First Nation, Sioux Valley Dakota Nation, Chemawawin Cree Nation, O-Pipon-Na-Piwin Cree Nation as well as a number of other First Nation communities.

All other detachments throughout Manitoba will have body-worn cameras and the digital evidence management system rolled out to them in a phased approach over the course of the next 18 months.

Body-worn cameras can help increase trust between police and the communities they serve because the video evidence collected will provide an independent, unbiased, and objective way to capture interactions between the community and police officers. It will also help resolve public complaints more quickly and improve evidence gathering.

RCMP officers will usually be wearing their body-worn cameras on their chest and the public will know it's recording when a red light is visible and flashing below the lens of the camera.

"Communities have been asking for more accountability and transparency in policing. We are very pleased to say that the RCMP has listened and is deploying body-worn cameras throughout Manitoba. With today's launch, it truly demonstrates our commitment to enhancing the trust between the Manitoba RCMP and the communities we so proudly serve throughout the province," said Assistant Commissioner Scott McMurchy, Commanding Officer, Manitoba RCMP.



**RECORD PHOTO SUBMITTED** 

Manitoba RCMP in our area are going to be wearing body-worn cameras.



# Strategy to empower Indigenous women, girls, two-spirited and gender-diverse people

### By Lana Meier

The Manitoba government has announced a \$20 million provincial strategy to aid in the safety, protection, and empowerment of Indigenous women, girls, two-spirit individuals, and gender-diverse relatives. Families Minister Nahanni Fontaine, who is also responsible for women and gender equity, made the announcement on Friday.

"Everyone deserves to feel safe and protected within their community" said Fontaine. "But people must also be able to move beyond survival into a future where they can thrive. The Mino'Ayaawag Ikwewag Strategy responds to the ongoing need for justice, safety and dignity for all women, girls, two-spirit and gender-diverse relatives and is the embodiment of our government's commitment to prioritizing their safety, protection and empowerment."

Mino'Ayaawag Ikwewag is a comprehensive four-year plan that tackles the pressing issue of missing and murdered Indigenous women, girls, two-spirit and gender-diverse people (MMIWG2S+). It uses a whole-ofgovernment approach and prioritizes short-term actions with an aim to achieve lasting solutions. The pillars revolve around crucial factors such as culture, economic development, education, food security, health services, healthy communities, housing, justice and safety, transportation, and matriarchal leadership.

The Anishinaabemowin term Mino'Ayaawag Ikwewag translates to 'all women doing well'. According to the minister, this name was given by Katie Whitford, a highly regarded Anishinaabe Elder and Language Keeper from Sandy Bay Ojibway First Nation. It symbolizes the strategy's inclusive approach towards women, girls, two-spirit individuals, and those of all ethnicities and backgrounds.



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### 16 The Selkirk Record Thursday, November 28, 2024 > EMPOWRING MMIWG2S+ , FROM PG. 14

The minister acknowledged the Chronic Homelessness, Megan McKimportant role played by the Matriarch Circle in the creation of Mino'Ayaawag Ikwewag. This diverse group consists of accomplished individuals from Afro-Indigenous, Anishinaabe, Anishininew, Nehethowuk, Dakota Oyate, Denesuline, Inuit, and Métis backgrounds, as well as youth and gender-diverse relatives.

According to the lead researcher of Brandon Neighbourhood Renewal Corporation's Action Research on enzie, it is clear that without the necessary support and resources, women may find themselves trapped in a dangerous situation. However, by incorporating perspectives and insights from women, girls, two-spirit, and gender-diverse individuals through a strategy such as Mino'Ayaawag Ikwewag, we can ensure that everyone has access to a safe and positive path.

This \$20 million strategy includes a \$15-million endowment fund to support MMIWG2S+

families and \$2.2

million in empowerment and prevention grants for programs and services for Indigenous women, girls, twospirit and gender-diverse relatives. Other initiatives include: \$750,000 for All Nations Co-ordinated Response Network's Safe Ride program, which helps the safe return of absent youth in care; \$160,000 for the Fisher River Cree First Nation healing space at the corner of Osborne Street and Morley Avenue in Winnipeg to support urban Indigenous relatives including housing and wraparound services; \$60,000 for Norway House Cree Nation to host an annual Healing and Family Gathering to bring together families impacted by the loss of loved ones to share with others the healing experience and more.

The minister emphasized that Manitoba still has some of the highest rates of missing and murdered Indigenous women, girls, two-spirit and gender-diverse relatives in Canada. To address this issue, Mino'Ayaawag Ikwewag urges prompt action, sustained efforts, sufficient resources, and strong political determination for lasting transformation. The organization's aim is to establish Manitoba as a safe and nurturing environment for Indigenous women, girls, two-spirit and gender-diverse relatives to thrive

and see their aspirations come true.

The strategy responds to Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Mur-dered Indigenous Women and Girls, which includes 231 Calls for Justice directed at governments, institutions, social service providers, industries and all Canadians aimed at ending violence against Indigenous women and girls.

# **Coping with Grief** and the Holidays

This time of year is a difficult time for those experiencing the loss of a loved one.

The program will be a time of candlelighting, music, and reflection. A time for all faith traditions.

### Monday, December 2 at 7:00pm Selkirk United Church 202 McLean Avenue- Selkirk, MB

The service will be live streamed. Search Selkirk United Church: YouTube Click on Coping With Grief.

If you are attending virtually and would like someone named during the program, please email their names to: chris@selkirkunitedchurch.ca or cole@selkirkunitedchurch.ca before 4pm Sunday, December 1<sup>st</sup>

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8 Stone Church Rd, East Selkirk stpeterdynevor@live.com 204-482-3319 This ad provided by Interlake Cremation Services

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# FRIDAY – SATURDAY – SUNDAY November 29, 30 & December 1 ENTER TO WIN THE BIG BLACK FRIDAY PRIZE PACKAGE VALUED AT OVER \$4000.00

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26**7**62

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**22** *The Selkirk Record* Thursday, November 28, 2024



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Inner november 2024

# Warming our community



**RECORD PHOTO SUBMITTED BY CATHY SVEINSON** Erika Kutting (left) of the House of Economy Community Group came to the November Project Linus meeting and presented Karen Hygaard, Selkirk Coordinator for Project Linus with a \$1500 donation to help with our area's Project Linus group's mission to make blankets for children in need. The Project Linus Group are very appreciative of their continued support.



Daisy

SUPPLIES

### Fun Fact:

Daisy is 4months old. She is very friendly, loves her cats and also loves to curl up in your lap, even though she is getting too big!

Daisy has won a prize from Canvasback Pet Supplies! To submit your pet for the Pet of the Month 2024 contest, send a photo and a fun fact to: ads@selkirkrecord.ca



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Held Nov. 21 & 22, 2024 Selkirk Rec Complex













Record photos by John Podworniak

# *The Selkirk Record* Thursday, November 28, 2024 **27** Marine Museum of Manitoba participates in GivingTuesday

Submitted by the Marine Museum of Manitoba

The Marine Museum of Manitoba is thrilled to announce its inaugural GivingTuesday campaign, set to take place on Dec. 3. As part of the global generosity movement, the museum invites its community and supporters to help raise \$3,000 for the Marine Museum of Manitoba Heritage Trust Endowment Fund. Thanks to a matching program, every donation will be doubled, resulting in \$6,000 invested toward the museum's future.

"This GivingTuesday, we're calling on everyone who values the preservation of our maritime heritage to support our endowment fund," said Shaylene Nordal, Museum Manager. "The income generated from this fund provides a sustainable source of funding to help maintain and grow the museum for years to come."

The Heritage Trust Endowment Fund is held by the Winnipeg Foundation, ensuring that donations are invested in perpetuity. The fund's annual income supports the museum's operations and fulfills its mission to preserve and showcase the marine history of the Red River and Lake Winnipeg.

"This is our first-ever GivingTuesday campaign, and it represents an important step in building on the legacy of the museum's founders," said Duane Nicol, Board Chair. "Fifty years ago, a group of dedicated community members saved the M.S. Keenora from neglect and created a museum that celebrates our shared history. Now, we're taking bold steps to ensure the museum is here for the next fifty years and beyond." is simple. Visit www.marinemuseum. ca/givingtuesday to donate securely

The Marine Museum of Manitoba celebrates its 50th anniversary this year, a testament to the vision and hard work of its founders. This campaign reflects the Board's ongoing efforts to strengthen the museum's financial foundation, improve its operations, and expand its capacity to tell the stories of Manitoba's marine past.

"Our founders showed remarkable tenacity and vision in creating this museum," added John Buffie, Membership and Fundraising Committee Chair. "This GivingTuesday, we honour their legacy by asking our community to be part of the next chapter. Every dollar contributed makes a lasting impact, helping us continue to share our stories and inspire pride in our heritage."

Making a GivingTuesday donation





**RECORD PHOTOS SUBMITTED** Donate so that our marine history continues in our community.

is simple. Visit www.marinemuseum. ca/givingtuesday to donate securely online, or contact Nordal at the museum for alternative methods. GivingTuesday donations can be made at any time until the end of Dec. 3rd.

By contributing to the Marine Museum of Manitoba Heritage Trust Endowment Fund, you're not just making a donation—you're becoming a permanent part of the museum's story and ensuring it remains a vital cultural treasure for generations to come. For more information, please visit

www.marinemuseum.ca/givingtuesday or contact Nordal at 204-482-7761 or info@marinemuseum.ca.



Email to: ads@selkirkrecord.ca Mail or drop off to: 215 Clandeboye Ave, Selkirk MB R1A 0X2



### Now more than ever before, your voice matters.

On deliberations related to road, drinking water and sewer infrastructure investment, resource allocation for public schools and the programs they offer, and other matters within the governance and decision-making authorities of our local municipal councils and school boards - your voice matters.

For all school boards and municipal councils in Manitoba, October 2024 marked the "halfway point" of their current terms, and therefore, the time has come to start thinking about the next election in October 2026. It might seem early for the electorate at large, but for incumbents and prospective candidates alike, the wheels should already be turning on the topic of seeking or making nominations. Many locally elected politicians who serve as mayor, reeve, councillor or trustee will tell you that their decision to run the first time was one that

took months or even years to make – which brings me to the crux of my message.

The first quarter of this 21st century has been tumultuous and challenging, with many democratic institutions stretched to their limits, not only on the global stage, but internationally in the North American context and certainly in the national, provincial and local arenas across Canada as well. General discontent and distrust among citizens have, in most cases, including right here in Manitoba, led to poor voter turnout for all levels of government.

As a point of reference, according to Elections Manitoba, the average voter turnout for Manitoba's provincial elections since 2000 has been about 55 percent, while the most recent municipal election for the City of Winnipeg yielded a turnout of only 37.5 percent - the lowest turnout in the last 25 years. While statistics for individual municipalities and school boards in Manitoba are difficult to come by, it is a reasonable assertion that voter turnout for councils and school boards has followed the same alarming trends.

So while discontent and distrust are contributing factors to our collective sluggish attendance at the polls, a lack of candidates and, therefore, a lack of choice undoubtedly make the problem worse. Frustratingly, we can all think of examples of elections where the slate of candidates prompts us to stay away from the voting booth or, in the case of acclamations, has us saying, "You'd think with all of these issues, more people would put their name forward to make things better."

That's why I'm writing this. Because you likely either know someone or you are someone who can get in there and make a positive impact.

Public education is funded directly or indirectly by all those who pay taxes because it forms the foundation of our society's future: the workforce, parents, and leaders. Public education is therefore, of interest to everyone. With this in mind and contrary to popular misconception, you don't need to be a current parent to be a school board trustee. Indeed, the argument could be made that diverse perspectives, including those without children in the public school system, make for highly representative school boards.

The same logic applies for candidacy for election to your local municipal council. You don't have to be a land developer, business owner or direct user of public transit, for example, to make a valuable and informed contribution to your local municipal council. While perspectives informed by those backgrounds

are important, the same diversity of experience and expertise around the council table is as vital as it is at the school board table.

As a closing thought, I offer an acknowledgement of the obvious and a call to push back at it; few people think they have either the time or the patience for the thankless job of locally elected public life. If we think low voter turnout is a problem, by comparison, low candidate turnout is a crisis. All communities across Manitoba, whether urban or rural, now require stronger and more progressive voices to inform the local governance decisions that impact their citizens most.

Let's be honest: if you've continued reading to this point, your level of interest in the topic almost guarantees that, at a minimum, you know someone who should consider running in 2026. Or, you should consider seeking a nomination. Start having these conversations within your own network of friends and colleagues. If you'd like more information on what elected office entails, don't hesitate to contact your local school board, municipal council, the Manitoba School Boards Association or the Association of Manitoba Municipalities.

"Fight for the things that you care about, but do it in a way that will lead others to join you."

The late Supreme Court Justice, Ruth Bader Ginsburg

> Submitted by Alan Campbell Stonewall

### Re: PC Critic for Finance concerned with NDPs new high-cost budget

education.

Shouldn't education be considered an essential service, the same as our healthcare?

Property tax increases are hard on people, especially seniors trying to stay in their homes and young families on a budget.

The Education Property Tax Rebate is a complicated way of relieving this tax.

Cottages do contribute to taxes, but they're not housing supply.

The majority of rental properties are for investment, with very few not-forprofit rental properties in the Selkirk area.

Education is not part of property services like sewage and water, so

One huge cost for all Manitobans is why is it tied directly to our property taxes?

> The NDP government should be bold and remove education funding from the property tax system altogether.

> Treat education funding the same as health-care (funding), doesn't that come from general revenue and transfer payments?

> Perhaps, PC critics could propose a one per cent PST increase, to help solve this huge discrepancy in homeowners' expenses.

> > Submitted by J L Isopp Selkirk

calling all Bakers and Cooks Do you have a family favorite **Christmas recipe?** Would you like to be featured in our 2024 HOLIDAY FAVORITE **RECIPE SECTION?** Our readership base has a wealth of knowledge and experience that we would love share. Your family recipe could be a part of our special edition recipe feature! Please submit a recipe in one of the following categories: Appetizers
Beverages Soups & Salads • Main Dishes Baking & Dessert Ethnic Favorites **Cutoff for entries is Thursday, December 5th** SelsinkRepord Send your recipe to ads@selkirkrecord.ca or call 204-485-1419 for more information.

# Matlock's one-stop Christmas shop, just for kids

### Matlock Recreation Club hosts Kids **Christmas Shopping** Spree Nov. 30

### By E Antonio

Calling all young gift-givers! The Matlock Recreation Club is holding a Christmas Shopping Spree event exclusively for children.

On Nov. 30 from 1 to 4 p.m., adults are invited to sit back and relax at Matlock Rec Centre's canteen while the young ones do some Christmas shopping.

"We thought it would be really fun if we could offer a kid's Christmas shopping day," said Matlock Recreation Coordinator Crystal Thordarson.

Matlock's Kids Christmas Shopping Spree will feature 18 vendors with items for sale for under \$10.

"There's a wide variety of items being sold," noted Thordarson. "There is a little bit of something for everyone."

This sale is unique, as many of the vendors will be children themselves. "We wanted to open up the vendor tables to children as well so that we could give them an opportunity to learn about being an entrepreneur and earning money."

The shopping spree will be set up like a craft sale, with kids visiting different vendors at their tables to shop.

"We will have volunteers ready at the do to help a child do their Christmas shopping so their gifts can remain a secret," Thordarson added.

Tucker (8) and Kenna (6) Kater are a sibling duo who will be selling their handmade goods at the Kids Christmas Shopping Spree. The two young entrepreneurs have spent many evenings making their items at their Fraserwood home.

"We have been making wallets, coin purses, keychains, zipper pulls, hair gel, bracelets, and necklaces," said Tucker

"I make hair gel, scrunchies and bracelets," added Kenna.

Tucker has been working hard stringing beads for his goods, and Kenna has the recipe down for her hair gel. "I take glitter and the gel, and then we mix it all together. Then we put them in little tiny containers."

"They (Tucker and Kenna) have been making a lot of their things together as a team," added their Mom, Natasha Kater.



Kenna with the glitter she will be using for her hair gel.

Tucker and Kenna are still deciding how they will use the money they earn from the shopping spree, but they are both very excited and a little nervous about selling their items.

You can find Tucker and Kenna's handmade items at their table, Kater Kreations. Their name comes from wanting to include everyone in their family.

"Our oldest son was offering to help make some of the products, and they wanted the name to include all three of them," explained Natasha Kater. She added that Tucker and Kenna thought the "K" in Kreations made the name unique and encourages readers to bring their kids.

Whether your little ones are shopping for you, their teacher, pet or coach; the Kids Christmas Shopping Spree will have an affordable gift for everyone on their shopping list.

Thordarson said that once the gift shopping is complete, visit the free gift-wrapping station before heading home for the day.

Volunteers will be set up at the Matlock Rec Centre to help the young shoppers package their gifts so they can still remain a surprise until the special day.

There will also be a free craft table run by Matlock Rec Centre board members if the kids want to gift something handmade by themselves.

"We are able to run an event like this because we have really great volunteers and board members who help out at the club," said Thordarson.

The Matlock Recreation Centre is always looking for more volunteers to help with their events. If you are interested in helping out at Nov. 30s Kids Christmas Shopping Spree or at any future event, please contact Thordarson directly at (204) 798-6276.



**RECORD PHOTOS SUBMITTED** 

The Matlock Recreation Club is hosting a Kids Christmas Shopping Spree on Nov. 30 from 1-4. Adults are welcome to hang out by the canteen, while children shop with a Matlock Rec Club volunteer for Christmas gifts. Tucker (8) Kenna (6) and Sawyer (10) Kater making their handmade creations that will be sold at Kater Kreations.



### **30** *The Selkirk Record* Thursday, November 28, 2024 **91st Holodomor, Ukraine's 1,000 days of invasion and potential nuclear threat**

### By Patricia Barrett

Ukrainian Canadians, Ukrainian newcomers and supporters of Ukraine held ceremonies last week across Canada to commemorate the 91st anniversary of Holodomor and remember the millions of Ukrainians who died from starvation in the early 1930s under a Soviet regime.

They also marked 1,000 days since Russia's full-scale invasion of Ukraine in 2022.

Selkirk-Interlake-Eastman MP James Bezan spoke at a Holodomor memorial in Ottawa last week to mark the Soviet-orchestrated famine in Ukraine where an estimated 3.5 to 10 million people died from starvation.

Bezan told the *Express* it's important that people commemorate Holodomor, which means death by hunger, and continue to advocate for Ukraine as the Russian invasion entered its 1,000th day on Nov. 19. There are survivors of Holodomor and families of survivors in Winnipeg and elsewhere in Canada, and the commemoration includes a statement that the victims shall never be forgotten.

"If we want to ensure we do not repeat the atrocities of the past, then we need to commemorate these solemn events. Holodomor is one of five genocides that are officially recognised by Canada. Joseph Stalin in 1932-1933 tried to eliminate not only Ukraine, but also Ukraine's national identity, culture, language and religion," said Bezan. "And we must make sure that's never repeated, that food is never again used as a weapon and that these types of pogroms are listed as war crimes. Those who commit genocidal crimes against humanity must be held to account.'

Canada officially recognized Holodomor as a genocide after Bezan brought a private member's bill forward about 16 years ago.

Russia's invasion of Ukraine in 2014 (Crimea) and in 2022 were other attempts to "eliminate Ukraine's sovereignty, identity and culture," he added.

The Union of Soviet Socialist Republics formed in 1922. Ten years later, in 1932 and 1933, millions of Ukrainians and other ethnic groups were systematically starved to death under Soviet leader Joseph Stalin, who introduced a series of five-year plans to transform the Soviet Union. The plans included collectivizing agriculture in which rural Ukrainians were divested of their land and livestock and forced to join large state-run collective farms.

Russia's invasion of Ukraine in 2022 included attacks on food, with the destruction of farmland, grain storage silos, farm equipment and food warehouses, all of which undermined food security and nutrition in Ukraine and affected farmers' income.

Bezan said the fight is currently "not going well" in Ukraine. The country is under constant bombardment by Russia, which lately brought in an estimated 11,000 to 12,000 North Korean troops to help wage war against Ukrainians.

"We're continuing to see indiscriminate attacks and bombings using drones, missiles, rockets and artillery shells from Russia against Ukrainian civilian infrastructure. We see people being killed at daycares and schools and hospitals and seniors' centres. These are war crimes and atrocities that must be prosecuted," he said. "It's important to continue to support Ukraine and ensure they can hold strong until there's peace."

A thousand days after its full-scale invasion, Russia launched a missile strike on Dnipro in eastern Ukraine, hitting a centre for people with disabilities and an industrial site. The strike last week came after Ukraine received permission to fire US- and UK-made missiles into Russia to target a weapons depot and a military command post.

"Ukraine had been asking for this [permission to use missiles] for months," said Bezan. "And they've asked Canada to assist in adding pressure on NATO allies who've put restrictions on the use of missiles."

Russia's retaliation against Ukraine for using US and UK missiles came with a veiled threat – through the updating of Russia's nuclear doctrine allowing the Russian Federation to use nuclear weapons in response to conventional weapons being used against it – that Vladimir Putin could escalate his attack against Ukraine or NATO counties using nuclear weapons.

The Russian missiles used against Dnipro were said to be experimental, nuclear-capable missiles with a range far enough to reach Europe. Later last week, unidentified drones were seen flying over three air force bases that the US uses in eastern England.

"Canada is aware of Putin's escalation," said Bezan in response to the missile attack on Dnipro. "It's not Ukraine that's escalating: they're defending themselves. It's the Russian Federation that continues to escalate and make all sorts of threats. ... I believe Ukraine has to continue to take the necessary steps to bring an end to this war – and that means they have to defeat Russia on their terms, not on Russia's terms, not on anyone else's



**RECORD PHOTO COURTESY OF MEGAN LANE** 

Selkirk-Interlake-Eastman MP James Bezan spoke at the 91st Holodomor commemoration event in Ottawa last week. Millions of Ukrainians starved to death during a Soviet-directed famine under Joseph Stalin in 1932 and 1933.

terms. It has to be that way when we get to the negotiating table. This has to be settled in the best interests of Ukraine and the people of Ukraine, not in the best interests of Vladimir Putin."

In terms of a potential threat to Canada from Russian long-range missiles, Bezan said we're not protected because Canada is not part of NORAD's Ballistic Missile Defence (BMD) program even though Canada is a member of NORAD (North American Aerospace Defence Command). Past Canadian governments failed to take advantage of opportunities to join BMD.

"We as Conservatives have long advocated for Canada to join Ballistic Missile Defence under NORAD with the United States. Currently, we're not part of that. Although the US has capabilities to defend against ballistic missiles, they aren't necessarily responsible for defending Canada. We've advocated over the last decade, as things continue to get more dangerous in this world, that peace dividends from the end of the Cold War have all but dissipated," said Bezan.

"We now have more adversaries than just Russia: we have what we call the CRINKs, which is China, Russia, Iran and North Korea, which are all active in conflicts we're seeing in the world today, whether it's in Ukraine with North Korean soldiers alongside Russia's troops or Iranian drones being used by Russia or China provid-

ing technology to Russia. It's important that Canada does more to defend ourselves. We need air defence systems to protect Canadian cities, our country and our citizens."

In addition to attacks on Ukraine, some NATO countries are experiencing what is called hybrid warfare, or irregular methods of war that include cyber attacks, sabotage, targeted murders, electoral intervention, the use of misinformation and disinformation campaigns – and even the weaponizing of asylum seekers by directing them to NATO country borders.

"[Telecommunications] cables were severed [last week] under the Baltic Sea impacting the Baltic countries. This is the second time an undersea cable has been severed. Who's responsible? There's been plausible deniability. That's what Russia is counting on," said Bezan. "We know there have been cyber attacks launched against energy infrastructure, against medical infrastructure and other [facilities]. That includes attacks here in Canada. It continues to escalate from Russia and Beijing. There's also misinformation and disinformation warfare that's running rampant and I get to witness it every day on my social media."

Last week the federal Liberal government marked the 1,000 days since Russia invaded Ukraine and reiterated its commitment to continue to

Mike

# et inspired



Recipe courtesy of the North Carolina Sweetpotato Commission

- Servings: 16
- Brownie Layer:
- Floured baking spray

1 package (18.2 ounces) dark choco-

late fudge brownie mix

- 3/4 cup mashed sweetpotato, cooled
- 1/4 cup vegetable oil
- 1/4 cup water

1 egg

Cheesecake Layer:

1 package (8 ounces) reduced-fat cream cheese

3/4 cup mashed sweetpotato, cooled 1/2 cup granulated sugar

- 1 egg
- 1 teaspoon vanilla extract
- 1/4 cup miniature chocolate chips

Preheat oven to 350 F. Spray 9-by-9-



Total time: 45 minutes Servings: 4 Biscuits: 11/2 cups all-purpose flour 2 teaspoons baking powder 21/2 teaspoons sugar 1/4 teaspoon salt

- 2 teaspoons cream of tartar
- 1/2 cup cold unsalted butter 2/3 cup buttermilk
- 1 tablespoon butter, melted
- Turkey Pot Pie Filling:
- $1/2 \operatorname{cup}$  turkey fat
- 11/2 cups diced onion
- 11/2 cups diced carrots
- 11/2 cups diced celery
- 1 bay leaf
- 1 tablespoon minced garlic
- 1 tablespoon chopped thyme 1 tablespoon diamond crystal coarse salt
- 1 tablespoon coarse black pepper
- 1 cup all-purpose flour, divided
- 8 cups cold turkey stock

### CO-OP FOOD STORE

# **Sweetpotato** Cheesecake **Brownies**

inch square pan with floured baking spray.

To prepare brownie layer: In medium bowl, stir brownie mix, sweetpotato, oil, water and egg until blended. Spread batter in bottom of prepared pan.

To prepare cheesecake layer: Using electric mixer, beat cream cheese until smooth. Add mashed sweetpotato, sugar, egg and vanilla; mix until well blended. Spread cheese mixture over brownie batter.

Bake 50-60 minutes, or until wooden pick inserted comes out almost clean. Remove from oven and cool 15 minutes. Sprinkle surface with chocolate chips. Cool completely. Remove from pan and serve.

Substitution: Use coconut sugar in place of granulated sugar.

# **Leftover Holiday Biscuit Pot Pie**

Tajín Clasico Seasoning, to taste (about 1 tablespoon)

6 cups leftover cooked turkey, chopped To make biscuits: In mixing bowl, combine flour, baking powder, sugar, salt and

cream of tartar. Grate butter and mix with dry ingredi-

ents. Carefully add buttermilk and mix until incorporated.

Fold over 5-6 times, roll out and cut into 10-12 rounds.

- Place cut biscuits on floured surface.
- Refrigerate 30 minutes.
- To make turkey pot pie filling: Preheat oven to 375 F.
- Heat large pot over high heat and add turkey fat.
- Add onions, carrots, celery, bay leaf, garlic, thyme, salt and pepper; gently sweat.
- Add 1/2 cup flour and cook 2-3 minutes. Add turkey stock 2 cups at a time, al-
- lowing to thicken before adding more. In bowl, mix remaining flour with tur-

key.

Ádd turkey pot, bring to simmer until thickened.

Add seasoning, to taste.

Add pot pie filling to casserole dish and gently place biscuits closely together on top.

Brush biscuits with melted butter and bake 25-30 minutes.

Remove from oven and cool 10-15 minutes before serving.

### Ask the money lady Dear Money Lady,

I have just started trading in the stock market on my own (I don't have that much saved yet) and I wondered if you could give me any information about investing as new trader. Do you think I can do this myself, or should I get a bank advisor?

Sure Mike, I can give you some pointers to get started. Remember, knowledge is power!

The more you know the better!

Even if you plan to get a banker to invest for you – it is a good idea to have some idea of what is happening in the stock market and how it could affect vou in the future.

The first thing I would say to get started, would be to make sure you align your personality with your investment strategy. If you've got a short attention span – you might not be good at long-term swing trades. If you plan to be a long-haul investor then just follow your strategy with or without your banker, and don't bother watching the market every day. And if you want to be a day-trader, then remember, investing is not gambling. You can't hop in and out of the market like a profit chasing junkie. The market enjoys eating up inexperienced investors every single day. To do it yourself, there's plenty of software tools out there to allow you to practice first, Mike. Not until you start making money paper trading, preferably multiple times, should you ever consider moving into a live account. You want to make sure your strategies are viable so practice them first. Of course, it won't help you with the emotional aspects of trading, so always rember your capital is everything. This goes for your banker too. Make sure you understand their strategy, rationale, and investment goals with your money, before you hire them to work with you.

Here's some other things you should know about the stock market. The 3 most popular indices for an investor to follow are the S&P 500, the Dow Jones Industrial Average, and the Nasdaq Composite. The S&P monitors the top 500 companies in the US, the Dow covers the top 30 largest and most influential blue-chip companies in the US and the Nasdaq covers all the stock traded on the Nasdaq stock exchange, (usually followed to see how technology stocks are doing). An-

other index to check out would be the Wilshire 5000. This is a total market index and includes all publicly traded companies in the US. Now if you're



**Christine Ibbotson** 

looking for Mid- or Small-Cap stock picks, you will want to check out the S&P Mid-Cap 400, the Russell Midcap or the Russell 2000. For bonds you want to check out the 10-year T-note Futures and also the 20-year Treasury bond futures.

You may be wondering why you should bother with these indices? Well, they provide an insight on the economy, give us indicators for new trends and most of all they show investor sentiment. They are also used as benchmark indices for some Exchange Traded Funds (ETFs) and Mutual Funds (MFs) that you may want to invest in for the long term.

Take it slow. Get some books on investing and you'll get it.

Good Luck and Best Wishes,

Money Lady

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and on CTV News across Canada & BNN Bloomberg in the USA & Canada. Send your questions through her website at www.askthemoneylady.ca



www.selkirktravel.com

10 am - 5 pm Friday 10 am - 1 pm

# **32** The Selkirk Record Thursday, November 28, 2024 Man. RCMP make major fraud arrest

### By Lana Meier

On Nov. 5, 2024, following an initial investigation by Headingley RCMP detachment, Manitoba RCMP Cyber & Financial Crime Unit arrested and charged 50-year-old Kurt Wittin.

Wittin has been under investigation since 2023 for alleged fraud involving his company, Seventeen Pools Inc. Multiple complaints were made by customers who sent payment for products that were never delivered.

The individuals involved in these occurrences hail from various regions of both Canada and the United States.

Wittin was charged with nine counts of Fraud Greater Than \$5,000 and was released from custody with conditions, along with a future court date.

The Manitoba RCMP Cyber & Financial Crime Unit are aware there may be other victims or individuals with information concerning this matter, that have not yet spoken with police.

Individuals who possess any information about Mr. Wittin or his businesses, including Seventeen Pools Inc., Seventeen Pools, 204 Container Pools, and Kustom Container Builders, are urged to reach out to their nearby RCMP detachment to provide an initial report.

The Manitoba RCMP Cyber & Financial Crime Unit continues to investigate.

### > HOLODOMOR, FROM PG. 30

support Ukraine as it defends its people, sovereignty and territorial integrity.

"Russia's invasion is nothing more than a land and resource grab, an attempt to redraw internationally recognized borders by force," said foreign affairs minister Melanie Joly in a Nov. 19 statement. "Instead of protecting Ukrainians, Russia has for a thousand days inflicted death and injury upon countless Ukrainians, torn apart families, illegally deported Ukrainian children, destroyed homes and devastated communities. Russia has committed grave human rights abuses, including war crimes, crimes against humanity and despicable acts of sexual violence against innocent people."

# DOPTSE VPSIDE DOWN Steelers back rolling after back-to-back victories

### By Kieran Reimer

The Selkirk Steelers will feel good after two big victories on back-toback evenings over the weekend.

The Steelers defeated the last-place Swan Valley Stampeders by a score of 5-2 on Saturday at Selkirk Recreation Complex. Luke McCarthy and Remy Hlady scored early.

After the Stampeders cut the lead to one in the second period, rookie Rohan Guevarra took over like he's done for much of the season, potting his 12th and 13th goals to restore the Steeler's comfortable lead.

Remy Hlady also added his second of the night in the third, while Ethan

Sawyer made 27 saves for his fifth victory in net this season.

The Steelers then took to Portage la Prairie on Sunday for a MGEU East clash with the second-place Terriers.

Ian Lavallee's third of the season gave the Steelers the early lead in the first before Portage's Adam Belzil evened things up before the end of the period.

Midway through the second, with the game still tied, the Steeler's top line of Luke McCarthy, Owen Warnick, and Wyatt Witham got an oddman rush and made no mistake in finding McCarthy in a quiet spot beside the net for a one-timer to restore

Junior Hockey League.

the one goal lead.

After Noel Olsonawski turned away an onslaught of Terriers shots in the third, the Steeler's offence was able to break free once more to find Rohan Guevarra, who buried his 14th of the season and his third of the weekend.

Guevarra's goal was the insurance marker as the Steelers won 3-1 over the Terriers and moved just one point behind them in the MGEU East.

Olsonawski also picked up his ninth win of the season while stopping 46 shots for the most saves he's made in a game this season.

The win brings the Steelers' record to 15-7-0-1 this season. They are now

tied for third in the MGEU East with the Winkler Flyers, with 31 points.

They now get two days off games before another Eastern clash with the Niverville Nighthwaks on Wednesday.

### **UPCOMING GAMES:**

Wednesday, Nov. 27 at Niverville Nighthawks, 7:30 p.m. at Niverville **Recreation Centre** 

Friday, Nov. 29 vs Winkler Flyers, 7:30 p.m. at Selkirk Recreation Complex

# Raiders outshot badly over weekend, drop fifth straight other tough weekend in the Manitoba

#### **By Kieran Reimer**

The Raiders Jr. Hockey Club had an-



After losing both of last weekend's affairs, the Raiders again found them-

> selves on the losing side in both of Friday and Sunday's games.

The first loss came on home ice at Seven Oaks Arena on Friday when the MMJHL top dog Transcona Railer **Express** handed them a 10-0 loss.

The Railer Express goals came in every period while the Raiders picked up penalties in each period and recorded just 20 shots to Transcona's 51.

On Sunday the Raiders were outshot again, 45-18, in a 5-3 loss to the St. Boniface Riels.

The Raiders goals came from Eric Kreklewetz, Ryan Cromie, and Nathan Lenoski with his first of the season

The loss is the Raiders fifth consecutive and drops them to 7-10-3 this season.

They currently sit in seventh place heading into their lone game of the week on Friday in Stonewall against the lets.

Puck drop goes at 8 p.m. at Veterans Memorial Sports Complex.



# Posthumus dead at 33 after brain aneurysm

#### By Kieran Reimer

The Canadian basketball community is mourning after 33-year-old Chad Posthumus, Winnipeg Sea Bears captain and founding player of the Canadian Elite Basketball League, died on Wednesday.

Earlier this month, Posthumus suffered a brain aneurysm during a training session in Winnipeg and was rushed to the hospital.

After complications arose from corrective surgery, Posthumus was left in critical condition, which he never recovered from.

"Chad fought hard but was unable to recover," the Sea Bears said in a statement on Thursday morning. "Chad was and will always remain the face of our team."

Posthumus, who grew up in River East, was the first-ever signing in Winnipeg Sea Bears history in 2023 and played the past two seasons with his hometown club.

He also played professionally in Japan and Argentina before joining the CEBL's Saskatchewan Rattlers in 2019 for the league's inaugural season, during which he helped the Rattlers to their first-ever CEBL championship. In 81 career CEBL games, Posthumus averaged 6.7 points per game and 6.2 rebounds per game and established himself as one of the league's top players at the centre position.

He was also a Canadian 3x3 and Senior Men's National Team member.

"Chad's contributions to Canadian basketball, both on and off the court were immeasurable," Canada Basketball said in a statement. "A proud native of Winnipeg, Manitoba, Chad carried his community with him in every step of his journey. He will be remembered not only as an exceptional athlete, but as a vibrant and resilient individual who left an indelible mark on the Canadian basketball community."

The Posthumus family has asked that, in lieu of flowers, please consider a donation to the Juvenile Diabetes Research Foundation.

In addition, the Sea Bears have set up an online book of condolences to honour the memory of Posthumus.

The book of condolences can be found at https://www.kudoboard.com/boards/ JKUn5UQm



**RECORD PHOTO/WINNIPEG SEA BEARS** 

The Winnipeg Sea Bears are deeply saddened to announce the passing of our team captain and leader, Chad Posthumus on November 20, 2024.

# Fishermen proving their ability to compete with league's best

#### By Kieran Reimer

The Selkirk Fishermen fared well in back-to-back nights against two of the Capital Region Junior Hockey League's best on Saturday and Sunday.

On Saturday, the Fishermen started with a 5-2 triumph over the St. Malo Warriors.

Logan Saluk starred with two goals, Ryland Schroeder, Ryan Dupont, and Anthony Bruyere also tallied, and Marcus Sharpe stopped 25 of 27 in the net.

The Fishermen never trailed in the game and led by as much as three goals in the third period.

Then, on Sunday, the Fishermen re-

turned home to a much tighter game with the second-place Lundar Falcons.

The Falcons got up one midway through the second period, but Izzy Aime responded short after to put the Fishermen back even at one heading into the third.

After neither team could find the icebreaker in the third, the game headed for overtime. Falcons defenceman Troy Johannesson found the net for the game-winning goal in the dying seconds of the extra frame.

Despite giving up the winner, Johnny Enns-Demchuk stopped 39 of 41 shots he faced, while the Fishermen's offence put up 56 shots of its own and earned a single point from the overtime loss.

The Fishermen's four of a possible six points over the weekend keep them comfortably in fourth place in the CRJHL. With Saturday's win, they also moved eight points back of the third-place St. Malo Warriors.

They now prepare for two games this week, starting Tuesday on the

road against the league's lastplace team, the North Winnipeg Satelites and then heading into La Broquerie on Saturday to take on the league's second-last La Broquerie Habs.

### **UPCOMING GAMES:**

Tuesday, Nov. 26 at North Winnipeg Satelites, 8 p.m. at Billy Mosienko Arena

Saturday, Nov. 30 at La Broquerie Habs, 7:30 p.m. at Hylife Centre



### We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas at

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337





# Sportsærecreation NHL greats takeover Selkirk Recreation Complex for unforgettable weekend

### By Kieran Reimer

The Bryan Trottier Legendary Hockey Heroes Weekend brought together National Hockey League greats and hockey superfans for a special twoday alum event at Selkirk Recreation Complex on Thursday and Friday.

On Thursday, fans in attendance got to meet former NHL stars Bryan Trottier, Marcel Dionne, Bernie Nichols, and many more during a gala dinner presented by the Manitoba Metis Federation and the Selkirk Steelers. The dinner included lively roundtable discussions about the players' NHL careers.

Then, on Friday, the players and some fans took to the ice for a friendly alum game.

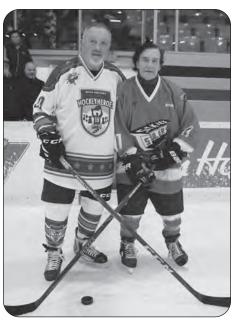
For some, it was the first time they had touched the ice in years, while for others, like Trottier, it was yet another special alumni game with old teammates and friends from his NHL days, when he won Stanley Cups with the New York Islanders in the 1980s.

In the game, the NHL Legends team came out on top 19-14 over the Selkirk Steelers alum team, with fans sprinkled in on both teams throughout the game.

One of those fans was 81-year-old Don Buchko of Arborg, who was playing in his fourth alumni game of this type. He had also played a decade ago in Montreal Canadiens alumni games when they came to Brandon and Arborg.

On Friday, Buchko had the opportunity to play hockey and the guitar as he joined the NHL Legends room to play a few country classics before and after taking to the ice.

"I had the time of my life," said Buchko following the event. "The best part was the NHLers and coaching staff treated me like royalty. It was the



Eighty-one-year-old Don Buchko of Arborg played in his fourth NHL alumni game.

most eventful event I've ever had."

Buchko grew up playing hockey but never had the chance to play competitively, aside from the men's league, which he currently still plays in Arborg.

Following the event, he said he had the opportunity to feel like an NHLer for the day, and it was a moment he wouldn't forget.

He also had the chance to take a penalty shot and scored on his attempt.

"For some reason, I was treated like royalty," said Buchko. "The fans wanted pictures of me, so I took my helmet off and took pictures. Every time I skated by, they wanted to talk, and they were really great to me. Then they wanted me to do a penalty shot which I scored. These were all great moments and I can't understand why I achieved so much attention. It was almost like a miracle or a dream come



RECORD PHOTOS BY BRETT MITCHELL

NHL star Bryan Trottier waves to fans at the Bryan Trottier Legendary Hockey Heroes Weekend event.

true playing hockey."

Another memorable moment on Friday was when Dennis and Cody Waterman, the father-son duo, played in the game together.

Cody, the son who co-owns Keystone Source for Sports in Selkirk, is a corporate sponsor of the Steelers, which opened the door for him and Dennis, the father and former coowner of Keystone Source for Sports, to play in the game.

The two also got to hang out with the NHLers in the dressing room before and after the game. Dennis said sharing the moment with his son is something he'll never forget.

"It was a phenomenal feeling and brought back so many memories and sharing it all with my son was something I'll always remember," said Dennis. "That brought back many memories of playing hockey myself in the community. To see the community brought together with that type of game was fantastic. I'd like to congratulate Jordan Fillion and the members of the Steelers, it was a great success."



**Online McSherry** 

Auctions

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December 11th @ 7:00PM

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#### STRAW **FOR SALE**

Flax straw for sale, Stonewall. \$4/ bale. Call Nick at 204-461-0706 or Bill 204-461-1906, at Monday - Saturday.

### FIREWOOD

Birch, Tamarack, Ash, Poplar, Pine and Oak for sale. Call or text 204-904-8441.

#### APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts, with central air. F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HELP WANTED Galav Landscaping is currently conducting interviews for the position of landscape technician and labourer for the 2024-25 winter season. Training provided for suitable candidates. Wage and salary dependent upon relevant experience and skills. Good

opportunity for ad-

vancement for those

interested and able to

learn, Class 5 license

and own reliable trans-

portation is required.

Please send resume

by email to: info@ga

laylandscaping.com

Looking for thought-

caregiver for day pro-

for disabled young

man with Down Syn-

drome. Duties include

general supervision.

bathroom assistance.

and basic meal prepa-

ration. Position is part

time quaranteed mini-

mum one 8 hour day

per week and includes

days and may include

evenings, weekends

and overnights. Ex-

can be made for right

applicant. Character

references will be re-

quired along with a

current criminal record

check and adult/ child

abuse registry checks.

CPR and first aid. For

more information, or if

interested please con-

tact Jack at jkrl1990@

UPCOMING

**EVENTS** 

Holiday Market & Craft

Sale on November

30th. 10 a.m. - 3 p.m.

at Selkirk Friendship

Centre, 425 Eveline

St., Selkirk. Cash do-

nations to Big Hearts

Hampers

gmail.com

Christmas

appreciated.

preferred

exceptions

perience

however

compassionate

worker

No phone calls.

gram/respite

ful,

# UPCOMING

**EVENTS** Andrews Angli-St. Church Christcan mas Bake/Craft Sale on December 7th. 1 to 4 p.m. Music and refreshments at 3 St. Andrews Road. For info 204-339-3090.

### WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both nonrestricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

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### FLIGHT ACADEMY

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### NOTICES

URGENT PRESS RE-I EASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www. mcna.com under the "Types of Advertising" tab for more details.



Call 204-785-1618

### NOTICES

BOOK YOUR December/CHRISTMAS ADS RIGHT NOW! Maximize your business plan before year end. Now booking advertising for the remainder of 2024. Plan vour success! Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368.000+ homes in Manitoba, Please call 204-467-5836 MCNA at or 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

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# take <u>a break</u>

| .  | SUDOKU              |   |   |  |   |        |      |   |   |                                     |  |  |  |
|----|---------------------|---|---|--|---|--------|------|---|---|-------------------------------------|--|--|--|
|    |                     | 6 |   |  |   |        |      |   |   | Fun By The<br>Numbers               |  |  |  |
|    | 2                   |   |   |  | 9 |        |      |   | 7 | Like puzzles?<br>Then you'll love   |  |  |  |
|    | 3                   |   |   |  |   |        |      |   | 6 | sudoku. This<br>mind-bending        |  |  |  |
|    |                     |   |   |  | 7 | 4      | work |   |   | puzzle will have<br>you hooked from |  |  |  |
|    |                     |   | 6 |  |   |        |      |   |   | the moment you square off, so       |  |  |  |
|    |                     |   |   |  |   | 9      | 4    | 3 |   | sharpen your<br>pencil and put      |  |  |  |
|    | 5                   |   | 7 |  | 4 |        |      | 2 |   | your sudoku<br>savvy to the test!   |  |  |  |
|    |                     |   | 4 |  |   | noordh |      | 8 |   |                                     |  |  |  |
|    | 9                   |   |   |  | 3 | 7      |      |   |   |                                     |  |  |  |
| 1. | Level: Intermediate |   |   |  |   |        |      |   |   |                                     |  |  |  |

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers vou name, the easier it gets to solve the puzzle!

Do vou

have a

unique

service

vou would

like to

advertise?

Get the

word out

with an

ad in

| 4 | G | 9 | L        | З | 2 | F | 8 | 6            |
|---|---|---|----------|---|---|---|---|--------------|
| 3 | 8 | L | F        | G | 6 | 4 | 2 | 9            |
| ⊢ | S | 6 | 8        | 4 | 9 | Z | 3 | G            |
| G | 3 | 4 | 6        | 9 | 8 | 2 | L | F            |
| 6 | L | 8 | 3        | 2 | ⊢ | 9 | G | $\mathbf{A}$ |
| 2 | 9 | F | <b>7</b> | L | G | З | 6 | 8            |
| 9 | 4 | 2 | G        | 8 | L | 6 | ŀ | 3            |
| L | ŀ | G | 9        | 6 | 3 | 8 | 4 | 2            |
| 8 | 6 | З | Σ        | ŀ | 4 | G | 9 | Z            |

Sudoku Answer

The Selkirk Record Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication

Please Call 204-785-1618

**RM of St. Andrews** is accepting applications for a CHIEF FINANCIAL OFFICER **Full Time / Permanent** 

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# WANTED



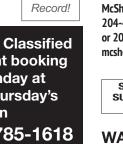
CASH FOR COIN COLLECTIONS & ACCUMULATIONS OF COINS! BOYAL CANADIAN MINT COINS, OLD COINS,

OLD PAPER MONEY, SILVER COINS, GOLD COINS, RARE COINS ETC.

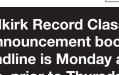
Also buying all Silver. Gold, Nuggets, Scrap, Coins, Old Jewelry, Bullion, Ingots, Sterling Silver, Old Quality

Watches working or not, Rolex, Omega ++

Todd 204-904-9705









# nnouncements SelkinkRegord

### Book Your Announcement or Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

### OBITUARY

Johanna (Annie) Catharina Nieuwkerk Johanna (Annie) Catharina Nieuwkerk, 91, of Selkirk, Manitoba passed away on the evening of

Tuesday, November 19, 2024 She was predeceased by her brother Tonnie Lange and her husband of 67 years, Bastiaan (Bob) Nieuwkerk.

Johanna is survived by her sons Bastiaan and Richard (Keri) Nieuwkerk; grandchildren Alexis and Coby Nieuwkerk; her brother Bastiaan Lange (Gonnie), who resides in the Netherlands; and other extended family remaining in the Netherlands.

Johanna was born in Rotterdam, Netherlands on June 24, 1933. She met Bob in 1947 and they spent the next eight years together travelling through Europe on their motorcycle and spending time with family. They married and decided to move to Canada in 1955, where they welcomed their sons in 1957 and 1959. Their family settled in Selkirk where Johanna spent her time as a homemaker. Johanna also worked for Daerwood Motors, which she and Bob proudly owned. Once her sons were out on their own, Johanna also worked for the Betel Home in Selkirk, which she greatly enjoyed.

Johanna enjoyed years of camping in the Big Whiteshell with her family and friends. She loved to spend time with her grandchildren, watching WWE wrestling, playing games on her iPad, and for the majority of her retirement years, could be found "window-shopping" daily in uptown Selkirk.

She will be remembered by her loved ones for her kindness and sense of humour, and will be greatly missed by those who knew her.

The Nieuwkerk family would like to thank the nurses at the Selkirk Regional Health Centre for the care and compassion they showed while watching over her during her final days. As well as a special thank you to homecare, specifically Brandi and Carmen, who always brightened her day. While deeply saddened by their loss, the Nieuwkerk family is happy that Johanna is finally reunited with the love of her life.

As per her wishes, cremation has taken place and no formal service will be held. Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.

Gilbart

There is a link death cannot sever, Love and remembrance last forever.





### OBITUARY Wendy Jill (Luining) Ross

Wendy passed away on Nov. 21, 2024 at the age of 61. Wendy was born on March 16, 1963 in Selkirk, Mb to proud parents Doreen and Cecil Luining. Known for her infectious laugh and a smile that would light up a room, Wendy had many friends growing up on Taylor Ave.

Wendy loved bringing joy to residents as a health care aide then an activities assistant at Red River Place. She provided foster care, creating a loving home & relationships that continued until they grown and had families of their own.

with their dog Pepper to B.C. until Bryan's untimely death. We

Wendy loved to travel, going with Mom and Dad to Branson, to Hawaii & Isreal with lifelong friend Lisa and then to Cuba and Mexico with friends and family.

Wendy enjoyed being outdoors and spent much time swimming, gardening and having coffee in the gazebo at the cabin in Gull Lake then later many barbeques with friends on her deck at her home.

Wendy was always generous and never hesitated to meet a need, whether it was taking people into her home until they got back on their feet, sending a big pot of homemade soup, or giving

have children of her own, she was always the cool and funny Auntie "Wee" and cherished times were spent with nieces Lexi, Kaylee (Trevor), and Deena (Jonah) and nephews Jess (Cat), Dylan (Ade) and Brook and great nieces & nephews (Olivia & Ellie, Jade & James). The eldest, Brook was like a son to Wendy; many hours were spent binge watching Netflix, playing video games

and this is kept her strong. Wendy told us that she had peace knowing God was with her and that her beloved Bryan, Mom and Dad were waiting for her in heaven.

appreciation to our dear friends Colleen Purvis and Lisa Knight who always stayed by her side as well as Larry and Gail for being the best neighbours ever.

### Sobering FUNERAL CHAPEL

Beausejour 204-268-3510 or MB Toll Free 1-877-776-2220 www.soberingfuneralchapel.com

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Email resume and references to:

servicect.447@thetire.ca

ANNOUNCEMENT ANNIVERSARY



Happy 60th Wedding Anniversary Enzo and Monique Preziusi on December 1st -Love your family





Wendy met the love of her life Bryan Ross and they wed after a whirlwind internet romance. They loved spending time together; camping, riding motorcycles and going on road trips

can picture you two now dancing together in heaven!

away household items.

Wendy is survived by sister Brenda Dillabough and brother Reg Luining. While Wendy didn't and hanging out.

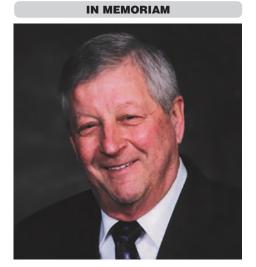
The last few years had many health challenges for Wendy, but her faith in God never waivered

A big thank you to June and all the home care staff that took such good care of her. Our sincere A private memorial will be held at a later date

Announcements SellierkRegor

Book Your Announcement or Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT



In loving memory of **Ronald John Komonko** 1941 - 2023

One year ago today (December 4) you left me suddenly without saying goodbye. Our hearts are full of treasured memories and we think of you every day.

Though life goes on without you, it will never be the same.

> -Forever loved Darlene and family

Your memory will live forever Engraved within our hearts.

### ANNOUNCEMENT IN MEMORIAM



**Beau Donald Vielhaber** November 30, 2023 "It's your birthday angel It's hard to believe it's been a year Our arms are so empty We wish you were here We should have gifts Wrapped in bright paper and with a bow We should see how big you are But you are not here to watch grow All we have is our love for you So we'll wish upon a star That you will feel our love And always know how precious you are" Happy 1st Heavenly Birthday to our beautiful boy. We love you and we miss you, forever and always.

-Love Mommy and Daddy



### OBITUARY

**Ronald Burda** 

It is with overwhelming sadness that we announce Ronald Charles Burda passed away suddenly on October 22, 2024. He will now join his parents Charles and Anne, sister Betty and brother Grea.

Ron is survived by his children Jeremy, Dawn (Craig), grandson Knox, sister-in-law Debra, niece Megan (Alvin), nephew Justin and great-nephew Hunter along with Fay and Gordie and many dear friends who loved him.

Born September 28th, 1951 in Winnipeg, Manitoba, with the passing of his parents at a young age Ronald and his brother lived with their sister Betty (Nick) Feledechuk in Lower Fort Garry.

Ron attended Issac Newton School, Mapleton and Selkirk High School where he excelled in sports and academics. Ron

had a passion for photography (which he developed most of his own prints), music and travel, getting together with family and friends at the trailer.

Ron had a good work ethic working at Princess Auto and later graduating as a Psychiatric Nurse at SMHC in 1978 where he worked for 35 years until his retirement.

Ron enjoyed life to its fullest with many friendships, he was generous to a fault and always made sure that you were fed and giving a helping hand when you needed it.

Ron gave back to the community especially his volunteering at the Selkirk Soup Kitchen and Selkirk Legion.

Remember Ron with a toke and a rum "Cheers".

Cremation has taken place no formal service will be held.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



There is a link death cannot sever, Love and remembrance last forever.

### OBITUARY

#### **Edward Miles Bell**

It is with heavy hearts we announce the passing of Miles on November 14, 2024.

He was predeceased by his parents Winnifred and Hannes; son William; brothers Wesley, Dwight, Terry, Bruce and Barry; nephews Trevor and Ernie; niece Terri Morrisseau.

Miles is survived by wife Gail; daughter Stacey; grandchildren Adison and Jaxton; his beloved pets Spot and Freya; uncle Billy; brother Hannes Jr.; sister Lovisa; sisters-in-law Lee, Helen, Joanne, Nola and numerous nephews, nieces, in-laws and friends.

Born September 21, 1953, Miles spent his first 12 years playing and berry picking with his brothers on the Bissett ridges. He could be found reading or sliding down the rocks followed by Dunkin (the family dog).

Finishing school in Selkirk after the family moved in 66. He worked at Electro-Knit, MTS and file Masonry just to name a few.

He met the girl of his dreams visiting right next door, Gail Whiteway. They lived in Selkirk for a few years after being married then eventually made a home by Gail's family on Matheson Island and raised their girl, Stacey.

Miles was a jack of all trades. Very smart and mechanically inclined. He could watch, read, learn and remember how to pretty well do anything and was good at teaching others if he wanted. Plumbing, electrical, vehicles, carpentry, building whatever, buildings, sheds, lighthouses (I think Gail made him build these so "the bandit" could find his way home when he got lost for a few days at a time).

Miles would give a stranger the shirt off his back and made friends wherever he went. He was sought after by many to help with repairs and reno's. It was just keeping him there long enough to finish the job, as he loved his drink.

He wore many hats throughout his life mason/brick layer, prospector, story teller, dog sitter, not so good pilot, but the one he loved best was grampa and friend!

Thank you to his sparring partner Ding; nephews Trent and Jamie for always looking out for him; Wanda and Dana who were there to help him when needed.

You were one of a kind!

Goodbye brother and friend!! See you on the flipside!

Selkirk service: Sunday, December 1, 2024 at 1:00 p.m. in the Selkirk Royal Canadian Legion downstairs hall, 403 Eveline Street, Selkirk, MB with lunch to follow.

Matheson Island service: Saturday, December 7, 2024 at 1:00 p.m. Matheson Island Hall on Ken Bird Drive, interment and lunch to follow.

If wishing to contribute to lunch or dessert please feel free to contact Lovisa. Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



### Norbert (Norm) Ostermann

Norbert (Norm) Ostermann, 76, of Lockport, Manitoba, died suddenly and unexpectedly November 17, 2024.

He was born on April 23, 1948 to Maria and Joseph, in St. Boniface. Norm attended schools in Cloverdale and Selkirk. and then went on to farm with his brothers Fred and Helmut, and was very proud of their enduring relationship. Together they created Ostermann Farms Ltd.

He was exceptionally proud when his son Clarke and nephew John took over the farm. He enjoyed working alongside them, his brothers, Aiden, Jude, and Isabel. Norm loved being a farmer and continued to work on the farm until his untimely death.

He married Diane on October 5, 1974 and they built a home on the farm. They had two children, Heather and Clarke, and recently celebrated their 50th wedding anniversary. Together

they had many adventures. For many years, they spent the winters in Florida or Texas. They visited several other destinations including China, Bahamas, Mexico, Dominican Republic, Nashville and Las Vegas. They also enjoyed many trips with lifelong friends and their families.

OBITUARY

Norm was an avid curler, both in men's and mixed curling for many years. Norm loved golfing with family and friends, both within Manitoba and while on vacation, where new relationships were made. He especially enjoyed getting together with lifelong friends to play cards, which happened weekly for many decades, and continued until his death. He was a member of the Little Britain Schützenverein, and enjoyed the German tradition and camaraderie.

He is survived by his loving wife Diane; children Heather, Clarke and Catherine; precious grandchild Ashlyn; siblings Fred (Marianne), Hilda, Hubert (Carmen), Al (Thea), Margaret, Helmut and numerous nieces and nephews.

He was preceded in death by his parents Maria and Joseph, nephew Kurt, and in-laws Tina and Dieter.

We would like to express our thanks to the ambulance attendants, first responders, RCMP, as well as the staff at Selkirk Regional Health Centre.

Funeral Mass will be held on Thursday, December 5, 2024 at 10:30 a.m., at St. Margaret's R.C. Church located at 103 Little Britain Road.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.







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