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The Selkirk Record

THURSDAY, DECEMBER 1, 2022

VOLUME 13 EDITION 48

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Finding the ballad of the bahs

RECORD PHOTO BY KATELYN BOULANGER
Holiday Alley's sheep poetry was a resounding success with residents ages 3 to 83 taking inspiration from the winter words of their new woolly friends to find their inner poets. See more inside.

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PRICES IN EFFECT: THURSDAY, DECEMBER 1 - WEDNESDAY, DECEMBER 7, 2022

Home Hardware seeking 'Gifts from Angels' for local seniors

Teaming up to make seniors' holidays a little brighter

By Katelyn Boulanger

In order to make the holidays a little brighter and merrier for local seniors, Home Hardware's Christmas tree is themed 'Gifts from Angels' this year. They have done so as they are partnering up with a local care home in order to bring a little cheer to their residents.

"The idea that I pitched to the Tudor House was we were looking to partner with a local senior home to provide gifts for residents, while also getting the community involved. We're wanting to bring back a version of the

Angels on a Tree program that used to be here in Selkirk," said Wendy Meger, General Manager at Selkirk Home Hardware.

This is the program's pilot year in the community and Meger hopes that this event takes off so that it can continue into the future.

To participate residents should go to Home Hardware and find an angel on the Christmas tree. Each angel represents a resident from the care home who doesn't have family nearby or in some cases have no family at all. The number on the angel represents

the age of the residents and their first name is also included in order to help personalize the gift. From there, residents are asked to purchase an appropriate gift for the resident given the provided information and return the gift unwrapped to the store with the tag attached. From there the gift will be wrapped and brought to the care home.

Meger was inspired to start this program by her own father. Her father passed away before the COVID-19 pandemic but seeing him through his stay at a nursing home gave her an appreciation for how difficult it must have been for people with relatives in homes during the pandemic and she, of course, also felt for the residents

who had to follow strict policies while under quarantine periods.

"They've been through a tough couple of years with being shut in literally. Some of them especially if they have Alzheimer's or something like that and only remember that one person, not seeing that person for two years, I can't imagine," said Meger.

She also thought of all the people who don't have a relative or friend to come to visit when they are in care homes and especially during the holidays, she wanted residents to know that as elders they are a valuable part of our community.

"If it was your loved one in the community and you weren't able to be there for them, [you'd want someone to help them]. Just think, it's someone's grandma or grandpa, someone's mom or dad or someone's aunt or uncle that doesn't deserve to be forgotten," said Meger.

In order to show appreciation for the people who participate in this program the team at Home Hardware will put the names of donors into a draw and the winner will come away with a Biz Bucks gift card.



SUBMITTED PHOTO

Home Hardware's Christmas Tree which aims to bring a little joy to the holiday season of local seniors.

*Holiday Market
Gifts and Crafts*

Holy Eucharist Hall
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BIG DOLLAR

Sweet success for Selkirk's Dessert Theater



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk United Church's Dessert Theater was a great night of fun. Residents came to see Klinger, Hawkeye and Radar light up the stage.

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LSEC program brings fun for students and families this holiday season

Donations being accepted for stockings for children of students

By Katelyn Boulanger

It's a big decision to go back to get a high school diploma for students who've gone on to get jobs and start families. It means time away from parents and children and often balancing work and responsibilities at home but for the students in Lord Selkirk School Division's adult education program, it's part of their normal lives. In order to bring a little extra joy to their families this holiday season, the Lord Selkirk Education Centre is preparing stockings for the children of students in its program.



RECORD PHOTO SUBMITTED

LSEC will be sending their adult students home with stockings for their children this holiday season.

"We're calling it the Children's Christmas Stockings Project because we wanted to come up with something to support our adults in a different way other than the hamper projects. There're a number of hamper programs already out there and we assist with that by submitting names and helping to distribute them but we wanted to do something on our own. So, we thought, because we have so many single parents and low-income families, that something for the children of our adult students would be unique," said Deanna Henderson, Director of the Adult Learning Program at the Lord Selkirk Education Centre.

Henderson said that the idea for the project came from the want to support their students.

"One of our focuses is always trying to build community at our centre, and how we can support the adults in different ways. Academic [support] is easy, but sometimes it's harder to support them outside of the classroom, so, with the Christmas season coming, we thought that this might be something that they would appreciate, as a gesture towards their children," she said.

This is the first year that the Christmas Stockings Project is taking place so there has been a lot of work that has gone into the project to figure out how it's going to work but Henderson has said that the community has come together in support.

"One of the dental offices has already donated toothbrushes, and we were thinking [that we would like to include things like] gloves, socks, small child-safe toys, or some candy, things like that," said Henderson.

They are hoping that people will continue to donate more small items that can fit into a stocking that are gender-neutral items for kids under the age of 12 and of course, monetary donations are always helpful in rounding out the last of their needs.

"It doesn't need to be elaborate. It's more just for some families that may not have a lot for their kids on Christmas morning to give them something concrete to share with their kids," said Henderson.

She's hoping that by putting this together that the students understand the support that the community has for their accomplishment as going back to school as an adult is not an easy task.

"Our staff, we see these students working really hard, and sometimes they're struggling, and the resilience they're showing during the year has been wonderful. Sometimes they get down at this time of year, because they're not able to, provide these things for their children. . . It's just a way for us to spread a little bit of joy," said Henderson.

They don't have a final number quite yet as they are making sure that no child is missed but Hen-

derson anticipated that they will be putting together between 30 and 50 stockings.

Though they are directly contacting businesses in the community in order to help out with this project residents can also contribute items or monetary donations by dropping them off at the Lord Selkirk Education Centre during school hours. Donations are being accepted until Dec. 10 in order to get the stockings together before the students leave for the holiday break.

Henderson encourages residents to give to this project if they are

able.

"Be empathetic and think of the single parents that are showing the initiative to come back to school. This is kind of our way of rewarding [their efforts and letting them know] we appreciate all the hard work that they're doing," she said.

"ONE OF OUR FOCUSES IS ALWAYS TRYING TO BUILD COMMUNITY AT OUR CENTRE"

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Making perishky to feed a crowd



RECORD PHOTOS SUBMITTED

Volunteers for the English Ukrainian Bilingual Program make perishky (sauerkraut buns) for their annual Christmas Concert and Tea. They made over 3000 buns in order to feed the crowd at the event with this traditional Ukrainian fare.

Garry THEATRE

COMING SOON

1

Community Survey #1

HAVE YOUR SAY ON THE FUTURE OF THE GARRY THEATRE

The city hopes to transform the Garry Theatre into a community-led space and is asking citizens and members of the surrounding community to take part in this survey to share their ideas and vision for the future of the theatre. The results of the survey are confidential. *Completed copies of the survey can be submitted to the City of Selkirk Civic Office, 200 Eaton Ave. no later than December 9th.*

Survey Questions

1—What is your relationship to the City of Selkirk? Select all that apply.

- I live in Selkirk
- I work in Selkirk
- I own a business in Selkirk
- I visit Selkirk regularly
- I used to live in Selkirk
- Other: _____

2—What is your postal code?

Please provide all the digits of your residential postal code. If you do not reside in the City of Selkirk but have a business or own property in Selkirk, then please provide the postal code of your business or property within the city.

3—On average, how many times a year do you normally see a movie in theatres?

- More than once a week
- Once a week
- Once a month
- Less than 12 times per year
- Less than 6 times per year
- Never

4—On average, how many times a year do you normally attend concerts or performances?

- More than once a week
- Once a week
- Once a month

- Less than 12 times per year
- Less than 6 times per year
- Never

5—What are your favourite memories (if any) of going to the Garry Theatre?

6—The Garry Theatre could be renovated to host a range of events. What type of events would you like to see at the Garry Theatre? Select the top three.

- Movies
- Theatrical performances
- Musical concerts
- Comedy nights
- Dance performances
- Community classes (e.g. painting, beading)
- Community group meetings
- Weddings and receptions
- Indoor markets
- Other: _____

7—What amenities and services would you like to see offered at the Garry Theatre? Select the top three.

- Dance and standing room
- Stage
- Licensed bar
- Patio
- Local gift shop

- Pop-up retail shop
- Coffee shop
- Museum exhibits
- Art exhibits
- Availability to rent
- Other: _____

8—Are there other community theatres that could serve as inspiration for a revitalized Garry Theatre? If so, please describe what you like about them.

9—The future success of the Garry Theatre will depend on community volunteers. Would you be willing to volunteer for the Garry Theatre? Please check all that apply.

- No, I would not
- Yes, as a labourer during the renovation process
- Yes, as a future board member
- Yes, as a theatre attendant once the theatre has opened again
- Yes, other: _____

10—If you answered yes to the previous question, please share your contact information below.

You may be contacted for future volunteer opportunities.

Name: _____

Email: _____

Phone: _____

11—Is there anything else you would like to share about the Garry Theatre?

12—Would you like to participate in more surveys (including future Garry Theatre surveys) that allow you to play an active role in the planning and implementation of city services, programs and initiatives?

YES NO

13—If you answered yes to the previous question, please share your email address so we can send you an invitation to the next survey.

Email: _____

Contact CitizenSupport 204-785-4900 or citizensupport@cityofselkirk.com

City of Selkirk

TAKE THE SURVEY ONLINE HERE

RRN RCMP make several arrests in violent incident in East St. Paul

Submitted by Manitoba RCMP

On Oct. 29, RCMP officers were called to a residence on Saddleridge Lane in East St. Paul, in relation to a large party.

As officers walked towards the main residence, a number of people jumped on two police vehicles; causing significant damage.

The RCMP has been working diligently on identifying every individual captured on video damaging police vehicles.

Over the past several weeks, investigators have identified and arrested four people responsible for the damage to police vehicles. Three males, aged 18, 17, and 16, and a 17-year-old female, all from Winnipeg, were charged with Mischief. They were released from custody and are scheduled to appear in court on March 7, 2023.

A number of other suspects who were on the police vehicles have been positively identified through this investigation. The RCMP is not releasing their names and photos at this

time as officers are in the process of locating them to place them under arrest.

These individuals, widely and clearly captured on social media videos and police vehicle cameras, are encouraged to immediately contact the RCMP and make arrangements to turn themselves-in.

Apart from the individuals above, the RCMP is looking to identify and speak with a male and female who were present at the party and may have information that could further assist the investigation.

Anyone who may know, or has information about, these two individuals are asked to call the Red River North RCMP Detachment at 204-482-1222, Crime Stoppers anonymously at 1-800-222-8477, or secure tip online at www.manitobacrimestoppers.com.

"We made it very clear that the behaviour exhibited that evening was unacceptable. We anticipate that every individual who took part in damaging police vehicles will be arrested



RECORD PHOTOS SUBMITTED

The RCMP are looking for these people who may have information about the party in East St. Paul.

and charged," said Superintendent John Duff, East District Commander for the Manitoba RCMP. "I have also reviewed video where a vile racial slur is directed at a RCMP officer. I have spoken with the officer and expressed my dismay that he had to endure such hateful language from those in attendance."

Officers also intervened and stopped a sexual assault that was about to occur. The two male suspects fled and the victim was taken to hospital. This matter remains a priority for the RCMP and is under investigation.

Additional arrests are expected.

Government introduces off-road trails safety and maintenance act

Submitted by Manitoba government

The Manitoba government is introducing the off-road trails safety and maintenance act, which would ensure that users of off-road vehicles (ORV) would have access to safe, high-quality recreation opportunities by supporting organizations that lead this important work, Environment, Climate and Parks Minister Jeff Wharton announced last week.

"Organizations like Snowmobilers of Manitoba Inc. (Snoman) and the All-Terrain Vehicle Association of Manitoba (ATVMB) manage the province's ORV trail networks, ensuring Manitobans and visitors have access to safe, high-quality ORV recreation opportunities," said Wharton. "We want to ensure that their important work is not limited by increased costs for labour and fuel, aging equipment and reduced volunteer capacity. This new legislation will help provide additional tools for these organizations, support the rehabilitation of lands impacted by ORV use and ensure we continue to protect natural ecosystems."

The proposed off-road trails safety and maintenance act includes a \$25 annual fee for registered ORVs to ensure organizations have access to sufficient, sustainable resources for initiatives, the minister noted.

The funding generated by user fees would be provided to ORV organizations to support:

- trail development and maintenance;

ance;

- safety education, training and promotion;
- emergency trail repair;
- rehabilitation of lands damaged by unauthorized ORV use;
- operations and administration of Snoman and ATVMB; and
- trail capital projects, if sufficient funds are available.

"Snoman is pleased with the introduction of this bill today. It is a step to enabling the financial sustainability

of the trail network and our volunteer clubs, which is what our members have been calling for," said Jason Wiebe, president, Snoman. "Without financial stability, there is a threat of a loss of trails due to a lack of funding. As well, we are keen on being proactive and finding solutions throughout our more than 13,000 kilometres of trail with the introduction of new technologies that reduce our impact on the environment."

The \$25 annual fee would be collect-

ed by Manitoba Public Insurance at the same time as ORVs' annual registration. The annual fee would not apply to ORVs exempt from registration under the Drivers and Vehicles Act.

"ATVMB is pleased to see the Manitoba government introduce a user-pay funding model for ORVs in Manitoba. This funding will allow for proper maintenance and signage of trails, safety training and further development of multi-use trails in Manitoba,"

Continued on page 11

Appreciate and Nurture Your Senses at upcoming event

Stepping into Nurture Your Senses – Health & Wellness, one is immediately enveloped in a sense of calm. Sunlight streams through the windows of both storefront locations on south Main St. in Selkirk. On one side crystals glisten, health and wellness products beckon and display shelves showcase all the natural products one could wish for. The other side transcends you into a wonderful place of healing energy offering alternative therapies for your wellbeing.

In August of 2022 the owners decided to leave the Sangster's Health Centre franchise and go independent. Their store became known as Nurture Your Senses – Health & Wellness and expanded in 2020 to the practical/service-based application of wellness through Nurture Your Sense – Alternative Therapies & Tanning.

Owners Laura Wagner and Casandra Wagner are celebrating the transition with a weekend of celebration and nurturing your senses. "The past couple of years

have had their ups and downs for everyone, so we are grateful for the ability to continue assisting you along your holistic wellness journey and are so thankful for your support and encouragement as we look forward to the future and our place within the community," stated Laura. "We would like to invite you to our first truly independent Customer Appreciation Event. It will be held on Friday, December 2 and Saturday, December 3."

At the Health & Wellness location at 63A Main Street, all regular priced products will be on sale for 20% off, and there will be draws for health and wellness baskets from favourite supplement lines. For every purchase over \$50, customers will receive a ballot to enter a main draw held on December 5 for a 65-inch Smart Television.

The Alternative Therapies & Tanning location at 57 Main Street (same mall) will be offering all regular priced product on sale for 20% off, as well as FREE 15-minute energetic therapy sessions (by appointment

only – please call to reserve your session spot at 204-482-9999). Enter to win a specialty tanning basket, along with another basket containing free gift certificates for select services.

The objective of the customer appreciation event is to support and give back to the community. A special bracelet is available for purchase, of which a portion of the proceeds will be donated to helping feed the hungry in town this holiday season and given to Our Daily Bread Soup Kitchen.

"Thank you for all of your support (especially over the past few years) as we welcome and transition to a brighter tomorrow – it means the world to us." Laura, Casandra and the Nurture Your Senses Team.



Advertorial



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Sixteen more COVID deaths in Mb; Eriksdale hospital's ER closes for second time

40% of those influenza cases and influenza associated hospital admissions are among children below the age of 18

By Patricia Barrett

Manitoba continues to see elevated numbers of COVID deaths as the pandemic continues.

Sixteen more Manitobans died, according to the provincial government's respiratory surveillance report for the period Nov. 13-19 (reporting Week 46).

This is the government's second report in which it includes data on COVID and on influenza and other respiratory viruses. The government also changed the way it reports cumulative COVID deaths, hospitalizations and ICU admissions (see below).

There were 314 new COVID infections in Week 46, an increase of 41 cases from the 273 reported the previous week. Provincial data on new cases are an undercount as PCR laboratory testing is restricted and rapid antigen tests aren't tracked.

There were 82 new hospital admissions reported for Week 46, including 12 admissions to the intensive care unit.

Weeks ago, the provincial government stopped providing in its surveillance reports a list of the names of personal care homes and hospitals with COVID outbreaks.

Influenza cases have increased over the past three weeks, according to the combined report. There were 154 new cases of Influenza A in Week 46 and zero cases of Influenza B.

"Up to Week 46 this season, approximately 40% of those influenza cases and influenza associated hospital admissions are among children below the age of 18," states the report. "Additionally, children below the age of five years accounted for 15% of all influenza cases and 20% of associated hospital admissions."

Respiratory syncytial virus (RSV) has also increased, with a test positiv-

ity rate of 5.6 per cent.

A spokesperson for the provincial government said RSV is not a "reportable" virus. Therefore, hospitalization and death data shown in the report refer only to Influenza.

"Because RSV is not reportable, information regarding RSV cases is not available, nor is information regarding hospital admissions or deaths associated with lab-confirmed RSV," said the spokesperson.

Other health news:

-The Eriksdale hospital's emergency room has had to close for the second time this year, but the hospital itself remains open. Staffing issues in the laboratory is behind the ER closure.

"Eriksdale's hospital remains open to admit patients," said an Interlake-Eastern Regional Health Authority spokesperson last Friday. "Due to staffing vacancies and sick time in the laboratory, ED [emergency department] services have been impacted."

Residents in the Eriksdale area can call 911 or their local 10-digit phone number for emergencies, said the spokesperson.

The ER had to temporarily close in September because of a staff shortage in the lab.

The IERHA posts ER schedules in advance on its website. The schedule for Dec. 1-15 shows Eriksdale's ER closed. It's unclear whether it will re-open after Dec. 15.

There is also very limited ER availability at the Arborg hospital, about 67 kilometres from Eriksdale. The Dec. 1-15 schedule shows the Arborg ER closed for 12 days of the 15-day period, with the remaining three days showing only partial physician coverage.

The Ashern hospital's ER, about 41 kilometres from Eriksdale, shows full availability for the 15-day period. The

schedule is subject to change.

-The COVID outbreak declared on Nov. 4 at the Betel Personal Care Home in Selkirk is ongoing, according to the Interlake-Eastern Regional Health Authority's website as of Nov. 26.

-The provincial government changed the way it reports COVID data, starting with Week 45 (Nov. 6-12) of its respiratory surveillance report. The COVID data presented coincides with the "start of the current season," which isn't defined in the report, rather than from the start of pandemic reporting in 2020.

The change in the way COVID data is now being presented makes it difficult to assess Manitoba's death toll.

A provincial spokesperson said Week 27 (July 3-9, 2022) "marks the beginning of the current season" for COVID data.

When asked why the government changed the report, the spokesperson said:

"The combined report was intending to look slightly different from the historical reports for several key reasons: to ensure ongoing alignment with other jurisdictions' reporting practices; to ensure accuracy of the data and to reduce the risk of the data being misinterpreted given the evolving approach. The focus of the new report will be more on trends. COVID-19 information will be presented within the broader respiratory context and will be aligned to public health practice. The ongoing reporting needs will continue to be reviewed and adjusted over time."

Data for hospitalizations associated with COVID will be based on admissions within 14 days of lab detections, said the spokesperson.

The changes mean the data in the new report can't be compared to that provided in previous COVID reports.

"As a result of the changes, the data presented in the combined report

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Big Hearts Hamper Drive returns with great community support

Local businesses team up to support community

By Katelyn Boulanger

Since 2019 The Big Hearts Hamper Drive has been working to provide Christmas hampers for residents in the region. This year, like previous years, their goal is to help many families in the community who could use a helping hand getting through the holiday season.

The hamper drive started in 2019 when founder Kevin Christiansen took it upon himself to start up a hamper drive after Selkirk's program was cancelled.

"He's been looking for partners to help build that back up again because it's been pretty tough just doing it on his own," said Wendy Meger of Home Hardware, one of Big Hearts Hamper Drive's local partners.

Christiansen has said that he was inspired to create this program because of the experience of a family member who received one of these hampers during the holiday season. They told him that it was the best part of the holidays for their family and so Christiansen knew this was something that needed to continue.

Home Hardware has been working with Big Hearts since its creation in 2019, but they are not the only business that will be accepting donations for the hampers. Harvester, Northland Petroleum (Lockport), The Mighty Kiwi, Steeltcity Physiotherapy and Wellness Centre, Jilly B's Hair Care, The Merch, Arctic Beverages (Winnipeg) and Two Zero Four will also be accepting non-perishable food and monetary donations for the hampers.

Meger says that this year more than ever it's important to support and be a part of local hamper programs in the community.

"Because of the inflation, and people just coming out of two years of hardships with COVID with costs rising on everything. People are struggling just to make it day to day. I think the numbers that they are seeing already are on the rise of people looking for hampers," she said.

There are a couple of local events where residents can bring their donations.

Home Hardware will have its float in the Santa Parade of Lights this weekend and will be accepting do-

nations throughout the parade. Residents should be reminded that they are not allowed to enter the parade route during the event and that there will be volunteers coming to them to accept the donation in order to keep the route clear and people safe.

"People can bring a gift of any sort of donation of non-perishable food items, clothing, and or money and that will be distributed to them," said Meger.

Harvester will also be hosting pictures with Santa on Dec. 8 in the evening and donations are welcome.

Safeway and the local RCMP branch also hosted the Coca-Cola truck and had photos with Santa last week in support of Big Hearts.

"December 16 is the last day for donations. December 17, and 18, the hampers will be available for pickup or delivery in certain instances. That has to be arranged when they sign up for a donation and [residents] can sign up for a donation by emailing bigheartshamper@gmail.com," said Meger.

She encourages people to help people in our community who may be having a difficult year be able to add a little more joy to the season without having to choose between that and other necessary financial expenses.

"It's supposed to be a joyous time of the year [and with just a small donation we can make] their lives a little easier," said Meger.

"PEOPLE ARE STRUGGLING JUST TO MAKE IT DAY TO DAY."



RECORD PHOTOS BY BRETT MITCHELL AND SUBMITTED Police officers from Selkirk and area and Powerview RCMP teamed up with St. Nick and volunteers to fill a police truck with groceries outside of the Safeway in Selkirk. All groceries and donations were turned over to the Big Hearts Christmas Hamper Drive.



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> HEALTH UPDATE, FROM PG. 8

cannot be compared in the same way with previous data, i.e., the numbers in this new report are no longer directly comparable to the previous weekly COVID-19 reports," said the spokesperson.

In the last standalone COVID surveillance report (Week 44 for the period Oct. 30 to Nov. 5) there were 2,256 cumulative COVID deaths,

13,336 hospitalizations and 1,844 ICU admissions. By contrast, the first combined report, Week 45, shows 159 cumulative COVID deaths, 1,730 hospitalizations and 187 ICU admissions. Week 46 shows 175 cumulative COVID deaths, 1,836 hospitalizations and 201 ICU admissions.

-The World Health Organization's latest weekly epidemiological update

on COVID reports more than 2.4 million new cases and over 7,800 new deaths as of Nov. 20, both numbers representing a decrease from the previous week.

Worldwide, there have been 6.6 million COVID deaths reported. The Americas have had the highest number of cumulative deaths, with 2,865,519 people (43 per cent) having lost their lives to the virus. Europe has the second highest cumulative deaths at 2,130,276 (32 per cent), and South-East Asia is third with 801,256 (12 per cent).

In the past 30 days (Oct 21 to Nov. 21), omicron has accounted for 99.9 per cent of the global infections, states the report. Omicron has dominated since January of this year after surpassing the delta variant of the virus. However, new sub-lineages are gaining ground.

"As of 21 November, BQ.1 and XBB (a recombinant of BA.2.10.1 and BA.2.75) and their descendent lineages have been reported from 73 and 47 countries, respectively," states the report. "A comparison of sequences submitted globally during epidemiological weeks 43 and 44 show a rise in BQ.1 sequences from 19.1% to 23.1%. Similarly, the prevalence of XBB sequences also increased, rising from 2.0% in week 43 to 3.3% in week 44."

COVID vaccine effectiveness (VE)

against omicron is lower than against the original COVID strain and four other variants of concern based on 53 studies from 19 different countries.

"Findings from these studies show reduced VE of COVID-19 primary series vaccines against the Omicron variant for all outcomes (severe disease, symptomatic disease, and infection) compared to those that have been observed for the original SARS-CoV-2 strain and the other four VOCs ...," states the report.

It goes to say that the first booster vaccination "substantially improves VE for all outcomes." However, vaccine effectiveness declines more in the first six months after the first booster vaccination for symptomatic disease and infection than it does for severe disease. And few studies have assessed vaccine effectiveness of the first booster vaccination beyond six months.

As for the duration of protection from a second booster dose, there is "limited evidence" available to date. Five studies found "similar declines [in vaccine effectiveness] over time as has been seen with the first booster dose," states the report.



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Use as many words from this list as possible.*

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• Milk and cookies	• Comet	• Elves
• Buddy the Elf	• Presents	• Sleigh
• Mrs. Claus	• Cupid	• Grinch
• Chimney	• Reindeer	• Stocking stuffers
• Naughty List	• Dancer	• Toy sack
• Christmas Eve	• Rudolph	• Jolly
• North Pole	• Dasher	• Vixen
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Email your story to: ads@selkirkrecord.ca
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DEADLINE: Thursday, December 8th

All winning stories will be published in the December 22nd Selkirk Record

Letters to Santa

Mail or email your letter to us by **THURSDAY, DECEMBER 8TH** and we will publish it in our special Christmas Editions on December 15th and December 22nd

MAXIMUM 30 WORDS OR LESS

Please remember to include your first name and age on your letter!

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Eight sheep create eighty poems in Selkirk last week

Do ewe want to haiku?

Submitted by Holiday Alley

Citizens from ages 3 to 83 crafted poems based on festive winter words painted on the sheep's red cloaks at Holiday Alley last week. The poetry was part of the Sheep Poetry event and the inspiring words included BLISS, CHEER, DRIFT, FROST, SHINE, SPIRIT, STAR, and WARM.

As the sheep roamed around their pen it made different combinations of words and then you could write them on paper to make a poem. It was hilarious and adorable," said Colette Pancoe of Winnipeg, who joined the event with her young daughter Hazel, whose poem was "Warm BLISSful day / CHEERful STARy night."

The exercise was led by poet-in-residence Steve Locke, who said when he was first asked by Holiday Alley to help make the connection between poetry and its agriculture roots, he thought, "This seems weird enough to be interesting." Locke and his small fluffy flock attracted dozens of families and shepherded them to find their inner poet. Visitors either used the words on the sheep or freelanced with their own poems about sheep.

"We gave citizens a clipboard, some paper and said "go nuts" write whatever you want. What we're getting is spontaneous, improvised, holiday

magic," Locke said at the four-hour event that generated 80 poems.

Stephen Koop of Winnipeg brought his children and adult sister Danielle Koop of Vancouver to the event.

"I've never experienced anything like this. It's an amazing tradition. It's kicking off the Christmas spirit," he said.

The Koop family poem was, "As we toured Selkirk thinking the season was blah / Knowing it needed just a little more "baaa" / We turned the corner, and it changed the tide / We saw some sheep with names on their side."

Holiday Alley credits a poet in England, who first created sheep poetry 20 years ago.

Holiday Alley worked with a shepherd living near Selkirk, Mb., Arik Lindal, to bring the sheep to town for an afternoon of culture.

"I'm 24-years-old from the north Interlake, Manitoba. My family has been farming for multiple generations with cattle; however, I started with sheep about six years ago. I chose to participate in this event out of pure curiosity, I had never heard about sheep poetry; and I knew I had to see what it was about. This is a totally new ballpark for me," said Lindal.

Holiday Alley co-founder Shirley



RECORD PHOTO BY KATELYN BOULANGER

Frosty, shining, and blissful poetry was created inspired by Sheep Poetry hosted by Holiday Alley.

Muir said that the festival is always looking for avenues to help people connect with their creative side and share their culture.

"We know if we stopped a few hundred people on the street and asked

them to write poems they would be a bit "sheepish". But when eight adorable sheep are leading the way, how can you say no. All-in-all it was not a "baaad" idea," said Muir.

> OFF - ROAD TRAIL SAFETY, FROM PG. 7

said Kim Wozniak, executive director, ATVMB. "Manitoba is blessed with a multitude of recreational trail options that can be enjoyed by all, whether on foot, on horseback, skiing, biking or on an ORV. ATVMB is committed to providing safe, well-maintained trails for all who choose to enjoy them."

In addition, the legislation also proposes changes that would allow for modernized and more convenient ways for Manitobans and visitors to access products online, like short-term Snopasses.

Improved access to Snopasses, coupled with user fee revenues, would contribute to a more robust network of high-quality trails for Manitobans and visitors to enjoy, the minister noted. New trails, along with the expansion of existing routes, would also support economic development across the province, particularly in rural communities, the minister said, adding that if the proposed legislation is approved it is anticipated the new fee would take effect in late 2023.

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December Events!

- 2 - Band: Geoff & The Rockets 8pm
- 7 - OSI Vet Build 1830hrs
- 9 - Big Meat Draw
- 11 - Close early 11-4pm
- 14 - General Meeting & Elections 7:30
- 15 - Over 60's Lunch & Meeting
- 16 - Caroling & Karaoke 8pm
- 18 - Branch Cribbage Tourney 1pm
- 23 - Band: Vintage Groove 8pm
- 24 - Christmas Eve-closed early
- 25 - Merry Christmas-closed
- 26 - Closed
- 30 - Free Jukebox 8pm
- 31 - New Year's Eve Social \$15 each

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Mondays	Tuesdays	Thursdays	Fridays	Saturdays
Crib 1:30 pm	Member Day, Darts 7:00 pm	Poker 7:00 pm	Meat Draw & Chase the Ace 4:30-8pm	Bingo 1pm
Bingo 7:30 pm	Dance Lessons 6:30 pm			

All Welcome! - Ask about Member Specials

Coping with Grief and the Holidays

This time of year is a difficult time for those experiencing the loss of a loved one.

The program will be a time of candlelighting, music, and reflection. A time for all faith traditions.

Monday, December 5 at 7:00pm
Selkirk United Church
202 McLean Avenue - Selkirk, MB

The service will be live streamed. Search Selkirk United Church: YouTube Click on Coping With Grief.

If you are attending virtually and would like someone named during the program, please email their names to:
chris@selkirkunitedchurch.ca or cole@selkirkunitedchurch.ca
before 4pm Sunday, December 4.

Back to Black winner announced



RECORD PHOTOS BY MICHELLE BALHARRY

Last weekend Selkirk Biz hosted the Back to Black contest with 30 participating merchants offering in store specials and donating to the grand prize. Pictured: Selkirk Biz volunteer Parker Pelletier draws the winning passport. Wendy Eade of Petersfield was the grand prize winner taking home over \$3000 in merchandise just in time for the holidays.

DID YOU KNOW?

Recycling brings money back to West St. Paul



- West St. Paul partners with the provincial Waste Reduction and Recycling Support (WRARS) program to divert waste from landfills.
- **West St. Paul received \$44,174.92** in recycling rebates in 2021 – good news for the environment and residents!

Recycling Tips:

- Save space in your recycling by flattening boxes. If your boxes are too large to fit inside your recycling bin, break them down into smaller pieces.
- Toss your recyclables into the bin loosely. Don't stuff containers together. This allows them to be sorted easily.
- Ensure your containers and bottles are clean and empty. A quick rinse is always appreciated to get rid of any lingering smells or food residue.
- Leave lids and labels on your food and beverage containers.

For more information about our recycling program visit www.weststpaul.com



"Space provided through a partnership between industry and Manitoba communities to support waste diversion programs"



R.M. of St. Andrews Recycling Depots and Information

The R.M. of St. Andrews would like to thank their residents for their continued cooperation with recycling. Recycling numbers continue to rise in our municipality showing that residents do care about the environment, and we truly appreciate these efforts.

However, residents can harm the program when they deposit items in the bins that are not recyclable. This results in extra costs to our residents in transporting garbage rather than recyclable material. Non-recyclable material may also contaminate what is recyclable making it non-usable material that ends up in a landfill.

A great resource of information on recycling can be found at simplyrecycle.ca. If you are unsure of what items you can recycle, go to simplyrecycle.ca/recyclepedia/. If you bring your recycling in a plastic bag, please empty the items from the bag and continue re-using your bags or take them home to be discarded.

Please collapse all cardboard boxes and containers before depositing these into the blue bins to minimize the air space so that more recyclable material can be deposited in the bins rather than them being filled with empty space.

RECYCLING DEPOTS

The R.M. of St. Andrews has recycling depots at the following locations:

- **Earl Grey Waste Disposal Ground (WDG) - Earl Grey Road**
- **Clandeboye Waste Disposal Ground (WDG) - Bell Road**
- **South St. Andrews Fire Hall - 5610 Highway No. #9**
- **St. Andrews Airport - Airport Drive**

NO PLASTIC BAGS should be placed in the recycling bins. Please empty your bag of recycling into the bin and re-use the bag.



"Space provided through a partnership between industry and Manitoba communities to support waste diversion programs."



The Spirit of the Holidays

Selkirk Community Choir hosts first in-person winter concert

Holiday favourites and nostalgic numbers coming to the Lutheran Church of the Good Shepherd

By Katelyn Boulanger

The Selkirk Community Choir is fully back in action and to celebrate being able to sing together again, after a couple of years when choir singing faced restrictions due to the COVID-19 pandemic, is hosting their first ever in-person winter concert on Dec. 13 at 7 p.m.

"We know that there's a lot of things happening in the commu-

nity but we wanted to provide an opportunity for people to come in, hear some Christmas music, as well as do some sing-alongs if people are interested in that. So, it will be a combination of sing-along and some performance riffs that we have been working on," said Kendra Obach conductor of the Selkirk Community Choir.

Continued on page 16



RECORD PHOTO SUBMITTED

The Selkirk Community Choir performing at a community Christmas Concert before the COVID-19 pandemic.

Upcoming Holiday Events

Santa Parade of Lights

Friday, Dec 2nd 7:00pm
Eveline St, Selkirk

Advent Service of Lessons and Carols

Friday, Dec 2nd 7:30pm
Saturday, Dec 3rd 4:30pm
Anglican Parish St. Peter, Dynevor East Selkirk

Holiday Market Gifts & Crafts

Saturday, Dec 3rd 10:00am - 3:00pm
Holy Eucharist Hall, 500 Pacific Ave, Selkirk

Christmas Bonus Meat Draw

Saturday, Dec 3rd 4:30pm
Army Navy and Air Force Veterans Club,
231 Clandeboye Ave, Selkirk

Christmas Tea

Saturday, Dec 3rd 11:00am - 2:00pm
Christ Church Selkirk,
227 McLean Ave, Selkirk

Breakfast with Santa

Sunday, Dec 4th
Gaffer's Restaurant & Lounge, Lockport
204-757-2350 to reserve

Craft & Vendor Sale

Saturday, Dec 10th 10:00am - 3:00pm
Little Britain United Church,
5879 Hwy 9, Lockport

St. Clements Tea & Bake Sale

Saturday, Dec 10th 11:00am - 2:30pm
St. Clements Anglican Church Hall,
1178 River Road, St. Andrews

Old Fashioned Christmas

Saturday, Dec 10th 1:00pm to 4:00pm
Old St. Andrews on the Red Anglican Church
3 St. Andrews Road, St. Andrews



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Santa of L
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by: Eva Magnusson

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FRIDAY, DE
7:00
Eveline St



The first parade was held organized by Eva Magnus as Mrs. Christmas) through able to take it on for one mo the 15th Anniversary of its of Selkirk's Santa Clause Po organizers in December 2 occurred during the dayti cancellation, Eva, who was upset that the kids and the c have a Santa parade. She organizer and rebranded it t Her vision was that Santa for the kids, that the parad evening, and everything v up with Christmas lights. To beginning, she said "You ju

The parade route will Manchester Ave. continuing Ave. The Selkirk Lift Bridge v to 9:00pm. No parked cars

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 ...sson (known affectionately ...
 ... to 2018. The Selkirk Biz was ...
 ...ore year in 2019. 2022 marks ...
 ...s inception. The first version ...
 ...parade was cancelled by its ...
 ...2005. Typically, this parade ...
 ...time. Upon hearing of the ...
 ...as 74 at the time, was very ...
 ...community would no longer ...
 ...he decided to become its ...
 ...the "Santa Parade of Lights". ...
 ...a would be in attendance ...
 ...de would take place in the ...
 ...would be twinkling and lit ...
 ...o her initial doubters in the ...
 ...ust watch me".



...start at Eveline St. and ...
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Holiday Alley sees residents all over downtown Selkirk



RECORD PHOTOS BY KATELYN BOULANGER AND GREG MCKENZIE

Holiday Alley had residents filling the streets last weekend to participate, once again, in Selkirk's annual traditions. From sheep poetry to soup cook-off, residents had a great time enjoying the community spirit and cheer that was all around.

> CHOIR, FROM PG. 13

This isn't the first community event that the choir has been a part of this year as they took part in the City of Selkirk and Selkirk Legion's Remembrance Day service this fall but it is the first time that they will be performing a concert since the group starting singing together again as they did before the pandemic last September.

"We were masked in distance and vaccinated last year, all of the requirements for the province were met and it was so nice to be back together but it's still a challenge to sing in masks and, so far apart, and all of these hurdles that we had to overcome. So, we were together with a small number of people last year, but this year feels like a real restart, it feels like we have the opportunity to include some more people and we've felt a little bit more normal this year, even though we are still taking some

precautions," said Obach.

The group is also still offering its hybrid model of video conference and in-person classes for those that are not comfortable gathering.

The concert will take place at the Lutheran Church of the Good Shepherd which is also the group's rehearsal space during the year. There will be a \$5 entry fee to attend the event and children under the age of ten can attend for free.

Because they are aware that some members of the public may not be comfortable yet attending public events and because of the success that they had with their online concert, the choir is also planning to use Zoom to stream the concert for those that prefer that option. This is also a great option for people who live outside of the Selkirk area to be able to see the concert without having to brave winter roads.

Obach is glad that this concert will be able to take place this year as events like this are what strengthen

our community connections.

"Christmas time, we tend to think a little bit more about community and connection and the importance of a family and being there for each other and all of those Christmas messages as well. I do think any time of year when you can share music together is a special thing. There's something different about the musical experience, and especially a choir experience where music can express things, music can make you feel things. And, I think, that we're often looking for that type of connection in our community and building our community and you can find connections for music by singing in the choir, by watching the choir, by listening to the choir, or by just doing something together and in our community. So it's important all the time, but Christmas is one of those times where I think we're more community-minded and we're focused on connection and support and creating these experiences together," she said.

The choir is also giving people the opportunity to join their community in the new year with a six-week mini-session starting in January.

"We do five weeks of rehearsal and then a coffeehouse-style Valentine's Day performance," said Obach.

This session costs \$20 and gives would be choir members an opportunity to see if this is an activity that they would like to participate in before the full spring session starts.

Obach encourages residents to head out to the concert for an enjoyable evening this holiday season.

"For \$5, you can get a pretty wonderful evening of entertainment and if you're at all interested in singing and music it's a great opportunity to check out who we are and what we do that to think about maybe joining us in the future," she said.

To get information about the Zoom session for the concert or the six-week session starting in January email selkirkcommunitychoir@gmail.com.



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**Christ Church Selkirk
 Christmas Tea**
Saturday, December 3rd, 2022
11:00 am – 2:00 pm

Come share in Christmas Fellowship with friends and neighbors in the community and enjoy Coffee/Tea, Fancy Sandwiches, and Dessert. Silver Collection, Bake Sale, Silent Auction, Raffle, and 50/50 with half going to the Selkirk Food Bank


Bring a tin for the Bin!
All are Welcome
227 McLean Ave, Selkirk

**THE 12th ANNUAL
 COMMUNITY VIGIL WALK**
Tuesday, DECEMBER 6th, 2022

Leaving at 6:30 pm from Selkirk Friendship Centre
 Arriving at Civic Offices 6:50 pm – 200 Eaton Ave
 (If you are unable to join the walk - Join us at the Civic Offices at 6:50 pm)

PROGRAM: Greetings from the Province
 Greetings from the City of Selkirk
 Presentation by Nova House
 Speaker **Gorete Rodrigues** (past resident of NH)
 Vigil Prayer

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> MEAL IDEAS



Apple Cranberry Havarti Melt

slice and place on baking sheet butter side down. On side without butter, spread cranberry sauce on half of bread slices.

Slice Havarti cheese about 1/4-inch thick and place over cranberry layer. Thinly slice apples and layer over cheese. Top with remaining bread slices with butter side up.

Bake 5 minutes then carefully flip each sandwich. Bake 3-5 minutes until cheese is melty.

Servings: 4
2 tablespoons melted butter
8 oat-wheat bread slices
1/2 cup cranberry sauce
12 ounces Havarti cheese
2 Envy apples
Preheat oven to 450 F.
Lightly butter one side of each bread



Sunchokes and Potato Quiche

Using fingers, knead dough to break down butter. Cover dough with plastic wrap and roll into disc while at room temperature then refrigerate until firm.

To make quiche filling: Preheat oven to 425 F.

Toss potatoes and sunchokes with olive oil, salt and pepper then spread out on baking sheet.

Bake 15-20 minutes, or until fork tender, tossing pieces halfway through.

Add onion to well-buttered pan and cook over medium heat about 15 minutes, stirring frequently, until caramel colored. Add Swiss chard and continue cooking until wilted, stirring occasionally. Set aside to cool.

Roll out dough on pastry mat or well-floured surface. Prick with fork. Carefully transfer dough to quiche pan, fold edges under and crimp then transfer to freezer.

To make custard: Reduce oven temperature to 375 F.

In large bowl, whisk eggs, cheeses, heavy cream, parsley and thyme.

Add caramelized onions and vegetables then mix. Add mixture to crust.

Tent with foil and bake about 20 minutes.

Reduce oven temperature to 350 F and bake about 40 minutes.

For food safety, casseroles containing eggs should always be cooked at a minimum of 160 F.

Notes: Bake times depend on size of quiche. Deeper quiches may require additional bake time. As quiche cools, filling continues to set; it may wobble when removed from oven.

Recipe courtesy of John Kanell (@PreppyKitchen) on behalf of the American Egg Board

Prep time: 20 minutes
Cook time: 55 minutes
Servings: 10
Crust:
1 lemon, zest and juice only
1 egg
1 1/3 cups flour
9 tablespoons butter
1/4 teaspoon salt
Quiche:
1/3 cup Yukon gold potatoes, cut into 1/2-inch cubes
3/4 cup sunchokes, sliced 1/2-inch thick
2 tablespoons olive oil
1/2 teaspoon salt
1/2 teaspoon pepper
1 onion, chopped
2 tablespoons butter
2 cups Swiss chard, chopped with stock removed
Custard:
6 eggs
1/3 cup grated Parmesan
1/2 cup grated gouda
1/2 cup heavy cream
2 tablespoons parsley, chopped
2 tablespoons fresh thyme, chopped
To make crust: In small bowl, whisk lemon juice with egg.
In large bowl, mix flour, butter and salt. Mix using hands. Drizzle in lemon mixture. Add lemon zest.

Ask the Money Lady

Dear Money Lady Readers: Are you worried about rising lending rates? Let's discuss the differences of choosing a fixed or variable mortgage rate.

Many young Canadians renewing mortgages today may never have seen rates above 5% and the dilemma of choosing a variable or a fixed loan is sometimes quite confusing. First, let's be clear, variable rates and fixed lending rates do not run together. The fixed rates are based on what the banks must pay to borrow funds to then offer to consumers in the form of loans and mortgages. You see, although there are a lot of people who have money saved, most have it invested in the stock market not in bank accounts, and the banks need access to cash. With less Canadian cash available, financial institutions borrow funds internationally from larger lenders. This has been a common practice for decades and is a major factor in determining the lending rate that the consumer will have to pay on a new fixed rate loan or mortgage. Canadian banks fluctuate the fixed rates offered at the retail level based on their own cost of borrowing which is a combination of their markup and the costs needed to cover the spreads of the loans on international borrowed funds. This is the reason the fixed rates fluctuate so often. It is also the reason why the rates are locked down over a term so that the money can be secured, and the banks can count on a guaranteed rate of return over a controlled time period, for example, a five-year fixed term mortgage. The other benefit to doing this is that the lending institutions can then bundle their mortgages or loans into REITs to sell on the market and get them off their books. This is also part of the reason why the penalties are so high, to keep you in the product for the full term. Even though you think your loan is still at your financial institution, in the background it is not. The Canadian banks have a very sophisticated system of moving money off their books and producing profits for their investors to mitigate the risks of bad debt.

The variable rates are different. They are based on the Bank of Canada's prime rate which does not change as rapidly as the fixed rates, (typically only 4 x/year). If you choose a variable rate loan or mortgage, you now float with prime, either as a percentage above or below the Canadian prime rate. The benefits to a variable rate mortgage is that you can choose to lock in your rate at any time and if you needed to break it, the penalty is simplistic, usually only the cost of three months interest. Fixed rate penalties are much higher with a much more complicated calculation (combination of time on term/time to renewal/discount provided + rate differential). Variable rates on the other hand,



Christine Ibbotson

are a "true-pay-for-what-you-owe" product and one I personally prefer because the interest is calculated on the outstanding balance each month in a very simplistic manner that is much more transparent than a fixed loan. Fixed rate mortgages have a locked-up rate and term and therefore calculate interest on a semi-annual basis. This allows lenders to ensure all payments are pre-set and front loaded with interest based on the payment selection you have chosen.

Please believe me when I tell you that mortgages are the biggest money-making machines for all lenders regardless of the rates. I have been a lender for over 30 years, and I can honestly say that both variable and fixed rate mortgages have their pros and cons. For a first-time buyer just starting out with unknown expenses, having the guarantee of a fixed mortgage payment, is the best way to budget their new financial expenses. If on the other hand, you are a seasoned mortgage consumer or someone who has a larger loan, you may wish to opt for a variable rate to fast track your payments, provide more flexibility, and overall pay less in interest. The very best product is a collateral charge, which by design is not a mortgage at all. This is an estate planning tool and has been used for decades by clients who want to have access to their home equity up to 100% loan-to-value with no restrictions on its use or term. This product is fully open, has no term or renewal and for the right type of client it is complete freedom. Therefore, once you get it, whether you use it or not, you can hold it long term for the available credit, should you need it in the future. I talk more about the benefits of collateral charges and mortgages on my YouTube channel: Ask the Money Lady. If you are over 40 and a homeowner, regardless of your debt situation, you should have a collateral charge on all your properties (home, rentals, or cottage).

Good Luck & Best Wishes,

Written by Christine Ibbotson, Canadian Finance Writer, Radio Host & YouTuber. For more advice Google: ASK THE MONEY LADY.

BINGO
SUNDAY NIGHT BINGO
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SCI alum earns MADD Canada award

By Jennifer McFee

A man with local roots is a dedicated volunteer who helps people during their darkest moments, and now he's being recognized for his compassionate efforts.

Amar Manning earned the 2022 National Victim Services Volunteer of the Year by MADD Canada. Also known as Mothers Against Drunk Driving, MADD Canada aims to stop impaired driving while also supporting victims of this violent crime.

Manning, who graduated from Stonewall Collegiate Institute in 2014, began volunteering with MADD five years ago.

"I was finishing up my last semester at university so I was going to have some extra free time on my hands. I wanted to get involved with an organization where I could make an impact," he said.

"I looked at different options that were available and MADD interested me. I reached out to the MADD Winnipeg chapter and next thing I knew I was a board member. It happened very quickly."

After becoming a board member in December 2017, Manning expanded his scope and also became a victim services volunteer in November 2018.

"In the victim services capacity, I facilitate monthly support groups. I help people who have been victims of impaired driving," he said.

"It's a place for them to speak to one another and process what's been happening. I'm a lucky one because I'm not a victim. I've never experienced loss like that but I can only imagine what they are going through."

For Manning, the creation of this safe and supportive group remains his biggest accomplishment with the organization.

"What I'm most proud of is building

a stable and consistent group where people can attend and talk about how they're feeling. I believe the strength comes from the people within the group and not myself," he said.

"Some of the members have faced the biggest tragedy and lost a loved one to a selfish decision someone else made. It takes a strong person with extreme resilience to attend and be a part of such meetings. I really admire everyone who's part of the group."

Last month, Manning travelled to Toronto to attend a MADD leadership conference. While he was there, the national organization hosted an awards ceremony for volunteers and highlighted achievements from across Canada.

"I was absolutely honoured and humbled to be the recipient of this award. As my name got called out, I was very surprised. I literally had no idea," he said.

"I'm proud to be the winner of the award this year, but my involvement with MADD has never been about receiving any sort of recognition."

He also noted that Trevor Ens, president of the Winnipeg chapter, also deserves recognition for his important work.

Meanwhile, Ens explained that victim services goes to the heart of what MADD is all about — and Manning has made a huge difference in that capacity.

"This is providing a service to people that have either lost a loved one or have had one injured. When tragedy has struck a family or a person, Amar is the individual that we send to deal with that. He's been doing outstanding job," Ens said.

"He's the first point of contact with families and individuals when they're stricken with a tragedy and a violent crime like impaired driving.

It's not just being heartfelt, understanding and empathetic, but it's also having a knowledge base



RECORD PHOTOS SUBMITTED

Amar Manning, middle, received the MADD Canada award.

for connecting people. If he isn't able to specifically deal with their needs, then he has knowledge on how to get someone who does."

Beyond treating people with compassion and respect, Manning truly gets to know individuals on a deeper level.

"Unfortunately, we have a long list at the Winnipeg chapter of people who have lost loved ones and he knows them all off by heart. He knows their story and he knows their loved one's story," Ens said.

"He's there for them on specific landmine dates, whether it's a birthday or anniversary or Christmas time. He's there reaching out to individuals to comfort them and to see them through those troubling times."

Based on his experience, Manning shares some sage words about impaired driving that he hopes people will take to heart, particularly with the holiday season approaching.

"There never has been an excuse to drink and drive and there never will

be. There are many options to get around safely and it's up to the people to use them. I'm not against having a good time, but it's easy to do it in a responsible manner," Manning said.

"You never choose to be a victim. I know too many people who have lost their loved ones to impaired driving, something that is 100 per cent preventable."

With five years of volunteer experience, Manning is glad he got involved with MADD — and he encourages others to consider doing the same.

"I would always recommend volunteering for MADD. For me, it's been a good experience," he said.

"Overall, it's a very rewarding organization to be a part of and it's a great place for people who genuinely want to help."

For more information about MADD's Winnipeg chapter, or to learn about volunteer opportunities, email madd.wpg.mb@gmail.com or call 1-800-665-6233.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers defeat Flyers, Blizzard

Staff

The Selkirk Steelers had to work a little bit of overtime on Saturday.

Lucas Brennan scored his league-leading 20th goal of the season to lift Selkirk to a 2-1 overtime victory over the Winkler Flyers.

Zachary Brault gave the Steelers a 1-0 lead midway in the first period and then the Flyers' Trent Penner tallied at 19:32 of the third.

All three goals were scored on the power play.

Hunter Tarves made 30 saves for the

win. On Monday he was named one of three MJHL stars of the week.

Last Friday, Brennan scored a pair of goals while Joel Purdom and Deshon Freisen added singles in Selkirk's 4-1 victory over OCN.

Matthew Langdon replied for the Blizzard.

Tarves stopped 37 OCN shots.

The Steelers (6-14-3-1) will host the Winnipeg Blues this Friday (7:30 p.m.) and then battle the Blues Saturday (5:30 p.m.) at the RINK Training Centre.



RECORD PHOTO JOHN PODWORNIUK

The Selkirk Steelers hosted a Stars Ambulance Night on Nov. 19.

Royals' hockey teams in action

By Brian Bowman

The Selkirk Royals lost 3-2 in a shootout to the West Kildonan Wolverines in Manitoba Women's High School Hockey League action on Nov. 21.

Jayne Edmonds and Alexis Kiatkowski scored for Selkirk in the third period while Megan Tomes and Allie Ledel replied for West Kildonan.

The Royals' Elara Nazimek had two assists.

Selkirk will visit the Sanford Sabres on Dec. 6. Game time is 3:45 p.m.

In boys' hockey, Selkirk was defeated 6-1 by Miles Macdonell last Thursday.

Ryan Cromie scored a third-period goal for the Royals.

Buckeyes' goals were tallied by Brendan Melnic, Christopher Tataryn,

David Durand, Keegan Sum, Cason Kinoshita, and Mason Dubberley.

Selkirk hosted River East on Monday and then will play Westwood on Wednesday (4:15 p.m.) at the Keith Bodley Arena.



RECORD PHOTO BRETT MITCHELL

The Selkirk Royals' Alexis Kwiatkowski, left, and Serena Reeb celebrate a third-period goal against West Kildonan on Nov. 21.



RECORD PHOTO JOHN PODWORNIUK

Steelers' goaltender Hunter Tarves made 30 saves in Selkirk's 2-1 overtime victory over the Winkler Flyers last Saturday.



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Royals' teams in MHSAA AAAA provincial volleyball semifinals

Staff

This week will be a very exciting one for the Selkirk Royals' varsity volleyball teams.

The varsity boys will take on the St. Paul's Crusaders in a MHSAA provincial semifinal this Thursday (6 p.m.) at the University of Manitoba.

Selkirk reached the Final Four after defeating Kelvin 3-1 (25-19, 22-25, 25-19, 25-19) and Miles Macdonell 3-2 in a thriller by scores of 25-22, 23-25, 25-20, 18-25, and 19-17.

The varsity girls will battle Winnipeg's Vincent Massey Trojans in a semifinal match on Wednesday (8 p.m.) at the U of M.

The Royals advanced to the semis after posting wins over River East (23-25, 25-16, 25-19, 20-26, 15-13) and Steinbach Regional (25-18, 20-25, 25-21, 25-18).

The junior varsity girls, meanwhile, had their great season end with a 3-0 loss to the Jeanne-Sauve Olympens in the provincial final. Jeanne Sauve

won sets by scores of 18-25, 20-25, and 20-25.

Selkirk reached the final after beating Sturgeon Heights (25-12, 25-21, 25-14) and Steinbach Regional (25-15, 25-16, 25-20).

The Royals finished with a 2-1 record in their four-team pool to place second.

Selkirk's Alyssa Cador and Kaitlyn Beasley were selected as provincial all stars.

The Royals' junior varsity boys'

team was defeated 3-0 (27-29, 19-25, 18-25) by Winnipeg's Vincent Massey in a provincial quarter-final.

Selkirk had a 1-2 record in pool play. In off-court news, Selkirk had three players - Carter Chisholm, Jaxon Van Kooten, and Agnes Greloch - named as AAAA Graduating All Stars.

The all-star games will take place Dec. 10 at St. Paul's High School. Action begins at 12:30 p.m.

Donald leads Fishermen to a pair of wins

By Brian Bowman

The Selkirk Fishermen's Jordan Donald had quite the weekend, scoring seven goals in just two games.

Donald scored four goals as the Fishermen whipped the St. Malo Warriors 7-1 on Sunday.

Zach Parkinson, Matt Brooks, and Zach Lemire also scored for Selkirk.

Kaden Rioux replied for the Warriors.

Owen Derewianchuk stopped 24 St. Malo shots to post the victory.

On Friday, Selkirk doubled the Lundar Falcons 8-4.

Donald led the Fishermen with a hat trick while Connor Courchene had two goals and an assist.

Kasen Andrushko, Raymond Heferman, and Ryan Dupont also scored for Selkirk.

Lundar goals came from Cohen Smigelsky, Jayden Timlick, Cody Procter, and Andrew Henry.

Brendan Hocaluk made 34 saves for the win.

Selkirk's next game is Saturday

when it hosts Beausejour. Puck drop is 7:30 p.m.

Meanwhile, the first-place Fishermen announced last week that forward Guy Rozin has signed with SIJHL's Red Lake Miners.

Rozin scored three goals and had nine points in five games this season.

Smith named MHSAA athlete of the week

Submitted

The Dairy Farmers of Manitoba High School Athlete of the Week is Colson Smith of the Garden City Fighting Gophers' hockey team.

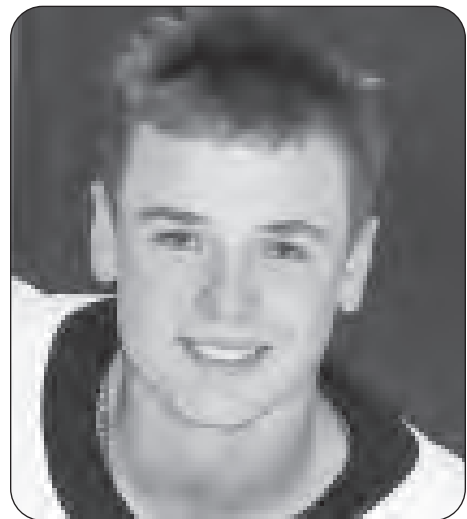
Captain of the Fighting Gophers' hockey team he has been a huge contributor to their success this year. Smith, who lives in St. Andrews, was selected as tournament MVP in the Sturgeon Heights Classic tournament recording six goals and seven assists

in five games.

He is currently the top point leader in the WSHL Platinum Promotions Division. In eight league games played he has recorded eight goals and 10 assists.

Athletic Director Jacqueline McDonald states, "He is a two-way player; constantly battling for the puck and creating scoring opportunities for his teammates."


The Grade 12 student has been an Honour Role student for three years and currently maintains an 85 per cent academic average.



Colson Smith



RECORD PHOTO SUBMITTED
St. Andrews' Colson Smith was named a MHSAA athlete of the week.



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14U Boys Tues./Thurs. Dec 13/15 7-8:30 pm Sun. Dec 18 2-4 pm at the Comp	16U Boys Tues./Thurs. Dec 13/15 8:30-10 pm

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 Jeff Scarcello: 204-482-6926; jscarcello@lssd.ca
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SUNDAY, DECEMBER 18th
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HELP WANTED

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									6
	9	3					5	2	8
2		4		7					9
		5			9	6			1
	8								
		9	8				7	5	
					7				
			1	6					
		2		5	3				

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer

7	9	8	3	5	6	2	1	4	8
5	3	2	4	9	1	8	7	6	3
4	1	6	7	8	2	9	5	3	7
2	5	7	1	3	8	6	4	9	1
6	4	3	5	2	9	7	8	1	3
1	8	9	6	4	7	5	2	3	8
3	6	1	8	7	5	4	9	2	7
8	2	5	9	1	4	3	6	7	5
7	6	4	2	6	3	1	5	8	9

Crossword Answer

K	C	E	N	T	A	P	E	T	S	S	E	O	D
S	I	B	I	V	I	S	V	R	O	O	T	H	
I	R	V	B	G	I	R	I	W	O	O	D	V	
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W	V	H	N	E	L	O	L						
S	K	O	I	H	T	V	H	S	B	V	H		
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S	W	N	H	S	E	S	U	N	H	S	V	H	

CROSSWORD

CLUES ACROSS

- Chop up
- Ones who utilize
- Sings with closed lips
- South American hummingbird
- Serves as a coxswain
- Liquor distilled from coconut or rice
- Spur
- Senile
- Tanzanian people
- Cruel
- Boxing's "GOAT"
- Yokels
- London soccer team
- Chinese chess piece
- Supervises flying
- 007's creator
- Shaft horsepower (abbr.)
- A spider makes one
- Liquefied natural gas
- Opaque gem
- Brazilian palm
- Periodical (slang)
- You might step on one
- Marvin and Horsley are two
- Partner to cheese
- Unpleasant smell
- Field force unit (abbr.)
- Fashion accessory
- Cool!
- Time zone
- Songs to one's lover
- German river
- Go bad
- Sword
- Very eager
- Leaf bug
- Italian seaport
- Napoleon Dynamite's uncle
- Member of Jamaican religion
- Large wading bird
- Carries out
- Eternal rest
- It holds up your headwords

CLUES DOWN

- Not low
- Small water buffalo
- A mark left behind
- Archaic form of have
- Fiddler crabs
- Popular Hyundai sedan
- Deport
- Making over
- Midway between south and southeast
- Arabic masculine name
- Type of acid
- Popular 1980s Cher film
- Outdoor enthusiasts' tools
- Chinese city
- "Star Wars" character Solo
- The bill in a restaurant
- Old, ugly witch
- Burn with a hot liquid
- To claim or demand
- "A Doll's House" playwright
- Involuntary muscular contraction
- Pea stems (British)
- Double or multiple fold
- No longer is
- Lakers' crosstown rivals (abbr.)
- S. American plant cultivated in Peru
- Cloth or fabric
- Flanks
- Disfigure
- Angry
- Baltic coast peninsula
- Large, flightless birds
- Plants of the lily family
- Medieval Norwegian language
- Polio vaccine developer
- Not soft
- Exchange rate
- Voice (Italian)
- Baseball's Ruth
- Famed guitarist Clapton
- Take a chance
- Wife
- Elaborate handshake

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Sealed Tenders, clearly marked "Caretaker" will be received by the undersigned until **4:00 p.m., December 8, 2022** by fax, email or mail for cleaning and maintenance of the R.M. of St. Clements Municipal Office Building and Public Works Office Space as a 3 year term. Each building to be quoted separately on tender.

Successful tender to be responsible for cleaning and maintaining the office building upper and lower levels and public works office space. A detailed position description is available by contacting the municipal office at 482-3300 or 474-2642.

Lowest or any tender not necessarily accepted.

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Chief Administrative Officer

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East Selkirk, Manitoba R0E 0M0
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Winnipeg: 474-2642
Toll Free: 1-888-797-8425
Fax: 1-204-482-3098
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- Xr 80r
- Ford F150
- Grain Gravity Wagon
- Bulldozer Wing Blade
- 2015 Kubota Svl 75-2 Skid Steer
- 2002 Peterbilt Septic Truck 330
- 1981 Peterbilt 359 Day Cab Semi
- 1994 Cat 330l Excavator
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- John Deer Model A
- 961 Minneapolis Moline
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Please call 204 886-2760 or email farview@mymts.net for more information.

VILLAGE OF DUNNOTTAR - Municipal Clerk Position

The Village of Dunnottar invites written application for the position of Municipal Clerk. The municipal office is located in the southeast Interlake, on the shores of Lake Winnipeg. Under the direction of the CAO, the Municipal Clerk is responsible for secretarial support for the Municipal Office.

The successful candidate will possess the following:

- Computer experience with Microsoft Office, the Internet and website maintenance. Experience working with All Net Municipal Solutions considered an asset.
- General Accounting knowledge
- The ability to communicate effectively with the public, employees and external stakeholders.
- Graduate of or enrollment in the Manitoba Certificate program for Municipal Administration.
- Salary range is dependent upon qualifications and experience. An attractive benefit package is also provided.

Applications should be marked "Application for Municipal Clerk" on the outside and should contain a full resume with three references. Applications to be forwarded to the undersigned no later than 4:00 p.m. on December 9, 2022.

Sarah Palson - Administrator
Village of Dunnottar
P.O. Box 321
Matlock, Manitoba
R0C 2B0
Phone: 389-4962 Fax: 389-4966 E-mail: info@dunnottar.ca

We thank all applicants in advance, however, only those considered for interviews will be contacted.

WANTED

Private collector looking to buy firearms. Complete collections ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Wanted - 2009, 2010 or 2011 Chev. HHR. Lower mileage, safetied or able to be safetied. Call 204-766-2429.

Wanted: Vehicle equipped with wheelchair ramp or lift. Please phone 204-785-2107 between 6 - 9 p.m. Dealers welcome.

SHOP LOCAL

WANTED

Wanted - Massey Ski-Whiz snowmobile for restoration. Prefer complete, running or not. 204-223-0923.

UPCOMING EVENTS

St. Clements Tea & Bake Sale. Saturday, Dec 10, 11:00 a.m. - 2:30 p.m. at St. Clements Anglican Church Hall, 1178 River Road, St. Andrews. Silent auction and 50/50.

Old Fashioned Christmas at Old St. Andrews on the Red Anglican Church on December 10th from 1 to 4 p.m. Craft and Bake sale, musical entertainment, refreshments, rainbow auction, Father Christmas and Children's crafts. #3 St. Andrews Road. All welcome. Silver collection.

News Tips? Story Ideas?
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NOTICES

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NOTICES

Knights of Columbus Selkirk Council #6150, Congratulations to the 2022 Grey Cup winners: Steven McDougall, Gary Dandeneau, Lori Shertow, Sandy Bernhard, Greg Bobrowich, Erin Schultz-Marsh, Tricia Geurts, Cynthia Collins, Dorothy Obirek and Dorothy Schade.

RELIGION

If you do not know Jesus before you die, Heaven will not be your home. Paid Advertisement

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Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca

The Carman-Dufferin
STANDARD

ANNOUNCEMENT

CARD OF THANKS

Howard Leonard Zirk

The family of Howard Zirk would like to thank everyone who attended the memorial service in remembrance of Howard. Thanks to friends, neighbours and extended family for the cards, flowers and words of comfort. Thank you to Gilbert Funeral Home, Rob Laycock and staff, for all the help and kindness shown to us with the funeral arrangements and thank you to Pastor Drew Martin for officiating the funeral service.

-Sincerely,
Steffie Zirk and Family

ANNOUNCEMENT

IN MEMORIAM



Gail Lynn Frederick

February 5, 1972 – December 2, 2018

When I am gone, release me, let me go...
I have so many things to see and do,
You mustn't tie yourself to me with tears,
Be happy that we had so many years.
I gave to you my love, you can only guess
How much you gave to me in happiness.
I thank you for the love you each have shown
But now it's time I travelled on alone.
So grieve awhile for me, if grieve you must,
Then let your grief be comforted by trust.
It's only for a while that we part,
So bless the memories within your heart.
I won't be far away, for life goes on;
So if you need me, call and I will come.
Though you can't see me or touch me,
I'll be near,
And if you listen with your heart, you'll hear
All my love around you soft and clear.
And then, when you must come this way alone,
I'll greet you with a smile and say,
"Welcome Home".

-Forever loved, deeply missed,
John and Oz,
Frederick family and Boyce family

ANNOUNCEMENT

IN MEMORIAM



Lorne Huculak

In loving memory of
my beloved husband, our dad and grandpa
December 5, 2008

Always in our thoughts.

-Forever missed and loved,
by wife Shirley and
children, Shirleen and Brett, JR
and granddaughter Choyce

ANNOUNCEMENT

IN MEMORIAM



Steve Moldwon

December 30, 1938 - December 2, 2021

It's been 365 days since we saw you last,
Yet no matter how much time has passed
You're loved, forever and always.

-Love Cecilia and family

OBITUARY

Carl Stuart Loutit (Catfish)

March 16, 1956 – November 21, 2022

Peacefully, with family by his side, Carl passed away at the St. Boniface Hospital. Carl was a lifelong resident of Lockport.

Carl was predeceased by his parents Lawrence and Kathleen; nephew Glen and sister-in-law Nancy.

He is survived by his brother Bud; sisters Lorraine, Evelyn and Karen (Rick); nephews Chris (Melissa) and great-niece Paige; Scott (Shauna) and Patrick; niece Kerry (Johan) and great-nephews Mason, Arlo and Ronan; as well as good friend and neighbour Kevin and his family and his cousin Ron Loutit. Carl loved his pets. His little dog Boo and cat Bidy will miss him.

Carl's love of music began at an early age when he became a member of the original Selkirk Kiwanis Pipe Band. Over the years, as a piper he travelled to cities in Canada and the U.S.A.

He made friends easily, his special friends Steve and Di from England will surely miss him. Carl's love of fishing began at a young age and continued throughout his life. Another passion he enjoyed, was playing the guitar and singing for family and friends.

Carl will be missed by his family and many friends. Funeral service was held on Tuesday, November 29, 2022. Interment was Wednesday, November 30th at Little Britain Cemetery.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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Announcements

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OBITUARY



Troy Motkaluk
12/24/1975 - 11/16/2022

With his mother at his side, Troy David Paul Motkaluk was handed off at noon on November 16th 2022 to his dad.

Born and raised in Selkirk, Manitoba. Troy was known for having a sense of humor unlike any other and his practical jokes were unmatched, due to this Troy made many friends that became like family over the years.

One of the many highlights of his life journey were attending The Rolling Stones concert in Montreal with his dearest friend Trevor Easter, Troy may have lost his wallet and missed his flight but the stories these two came back home with are priceless.

Another one was more recent when Troy, Capitals #1 fan, was gifted compassion seats to: Washington Capital's vs Calgary Flames game. Witnessing his team win 5-4 and favorite player

Alex Ovechkin score from front row was a dream come true and life long wish, only made possible by family friend Jim Masters and Calgary Flames.

With highlight's comes lows and Troy learned this at a very young age, when he was diagnosed with leukemia, with the support of his community in Selkirk and with his family always at his side. Troy endured many treatments and against all odds overcame this. Unfortunately, not without consequences, this one victory set the stage for a lifelong battle of various health complications. Troy fought with a positive attitude and humor right to the very end.

Troy was predeceased by his father Larry Motkaluk. Grandparents Margaret and Mike Halipchuk, Elsie and Peter Motkaluk. Uncles Raymond and baby Marvin Motkaluk, Mike Halipchuk. Auntie Susan Halipchuk.

Survived by and forever missing him are his children, Ive, Zack, Kurnin, Cheyenne, Ayden, Sidney, Kasey and granddaughter Sarah. His mother Shauna Motkaluk, brothers Kelly (Carrie) and Christopher (Jenny) Motkaluk. Aunts Lorraine Coumont, Mary-Ellen (Roly) Coutier, Laurie Fiel. Uncles Wayne and James (Barb) Halipchuk. Numerous cousins, nieces and nephews, that Troy loved deeply.

Cremation has taken place and a small intimate gathering with friends and family will take place in Calgary, Alberta.

Troy will be brought to his final resting place alongside his dad in Selkirk, Manitoba. In spring/summer a service will be held with family and friends.

Urn-bearer's Kelly and Christopher Motkaluk, Jon McKay, Trevor Easter, Darren Morrisseau, Duane Bird.

Gifts in lieu of flowers may be made in Troy's memory to Ronald McDonald House of Winnipeg Manitoba, where Troy and his son (Kurnin) spent many of their childhood years.

Special thank you to the doctors and nurses in Calgary, Alberta at Foothills Hospital, Special Services Unit 46, Bayshore Health, and Shanda for the remarkable way she was able to connect with Troy, so much compassion and tough love, we are forever grateful for her.

OBITUARY



Jack Bennett Nelson

Jack Nelson of Winnipeg Beach, MB passed away at the Health Sciences Centre on Saturday, November 19, 2022 at the age of 88 years.

He leaves to mourn his daughter Sharon Nelson and Grandson Jonathan Nelson of California as well as numerous friends.

Jack was predeceased by his wife Eleanor (nee: Graboweski) Cremation has taken place and he will be laid to rest beside his beloved wife Eleanor at the Foley Cemetery in the summer of 2023.

Friends and family are invited to visit Jack's memorial page @ interlakecremation.ca where memories and condolences may be shared.

Arrangements entrusted to

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY



Garnett (Garnie) Allan Gillies
November 25, 1943 – November 20, 2022

Garnie passed away with his family by his side.

He is survived by his wife of 58 years, Jo-Ann; daughter Carrie, daughter Marla (Shawn), granddaughters, Mason and Logan and their father Perry, son Jeff (Sara), grandsons, Aidan and Erik (Tracy) and twin great-granddaughters, Lilith and Phoenix. He is also survived by his siblings, Russell, Judy, Margo, Jocelynn, Roxanne and their spouses and families as well as sister-in-law, Pat Mazan and her family.

He was predeceased by his parents Margaret and Gar and sister-in-law Marilyn.

As per Garnie's request there will not be a service. Please celebrate his life how he lived and how you remember him.

Friends and family are invited to visit Garnie's memorial page @ interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to

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FEATURE OF THE WEEK!

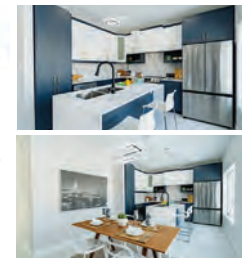
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2 Creekside Blvd
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