





RECORD PHOTO BY BRANDON LOGAN

Kristine Duke, pictured left, along with her two dogs, Calvin and Hobbs, and two cats, Joe and Zo, pose for a picture with Santa Claus during the Selkirk Veterinary Services annual Pictures with Santa day last Saturday. The event helped raise funds to cover costs for stray cats and dogs the clinic looks after. For a story, see page 12.

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Injection drug use continues to rise in Selkirk

2,000 needle-exchange kits being handed out to drug users monthly, health officials say

Bv Austin Grabish

The number of needles being hand-

kirk is on the rise.

Health officials say 2,000 needles are ed out to injection drug users in Sel- now being handed out on average to

through a needle-exchange program, which Interlake-Eastern Regional Health Authority launched in July.

A month after the program launched, the RHA handed out nearly 1,000 nee-

> But the RHA and province aren't looking at starting a supervised needle-injection site, which a new study says could benefit addicts in need.

> On Monday, Zasitko, Maxine the RHA's public health clinical team manager, said Selkirk's new needle-exchange program is going 'very well."

She said injec-

"MOST OF THE PEOPLE WHO ARE COMING IN WILL BE COMING IN ON A WEEKLY BASIS."

tion drug users are picking up needle-exchange kits and returning their used needles regularly.

"Most of the people who are coming in will be coming in on a weekly basis," Zasitko said.

The kits include syringes, disposable containers, and 'cookers,' which users use to heat drugs.

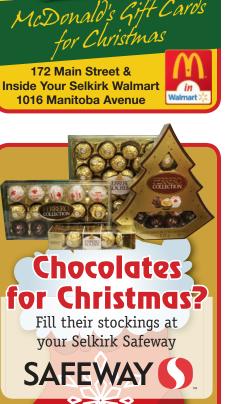
Selkirk's needle-exchange program comes on the heels of several complaints from residents who claim to have found dirty needles lying around the community.

> Zasitko said it's difficult to how many addicts the RHA is seeing on a given week because users are sharing the supplies amongst their peers.

"There is a fair bit of a supply distribution by the clients themselves," "They she said. will take clean supplies for others that need them."

Zasitko isn't surprised by the increased number of users who are using the needleexchange gram, and expects there may be more addicts who start using the program in the coming months.

"It takes about six months to build the rapport and trust with the clients and then you'll get a real idea of how many needles (are needed)," she said.







Continued on page 3

> INJECTION SITES NOT IN RHA'S FUTURE, FROM PG. 2



RECORD FILE PHOTO BY AUSTIN GRABISH

Health officials say 2,000 needle-exchange kits, similar to the one pictured above, are now being handed out on average to drug users in Selkirk through a needle-exchange program which launched in July.

Zasitko added many might not know it, but injection drug use in Selkirk isn't a new problem.

"It's a hidden concern," she said.

Despite the increase to the number of needles given out, Zasitko said the RHA isn't looking to start a supervised injection site for addicts.

A study published last Monday in "Addiction," a science journal, suggests safe injection sites have benefits for addicts, and can save the health care system money.

Supervised injection sites provide a safe place for addicts to inject drugs, and are based on a harm reduction strategy.

The science journal suggests an injection site would prevent HIV infections and hepatitis C, which are both costly diseases to treat.

Zasitko said while a supervised in-

jection site is safer for users, the RHA wouldn't have the capacity to start

"Nor are we thinking that it's necessary at this point," she said.

A spokesman for Health Minister Sharon Blady said she wasn't available for an interview last week.

In a written statement sent to the Record, the province said it's not looking at funding supervised injection sites.

Selkirk's clean needle program is a first for the RHA and will be rolled out in other Interlake communities in the future.

Clean needles and other supplies can be picked up and exchanged on the second floor of the Selkirk Community Health Office located at 237 Manitoba Ave. from 8:30 a.m. to 4:30 p.m. Monday through Friday.

Garage sale raises \$1K for Nova House



RECORD PHOTO BY LINDSEY ENNS

Volunteer Greg McKenzie, pictured left, and Gwen Fox Gallery treasurer Leslie Russell, pictured right, present Jean Clearwater, on behalf of Nova House, with a cheque for \$1,000 at the local gallery on Nov. 25. The funds raised during an art garage sale held on Oct. 3 and 4 will go towards Nova House's new building currently being constructed in Selkirk.





Mihychuk working to provide families with job opportunities

By Brandon Logar

Minister of Employment, Workforce Development and Labour MaryAnn Mihychuk says she's working with employment programs to connect Syrian refugees with job opportunities once they arrive in Manitoba.

"Right now we want to be sure we help those most in need and are ready to come into the workforce ... and that is families," the Kildonan-St. Paul MP said during an interview with the *Selkirk Record*.

Mihychuk said there are still some concerns among constituents surrounding the 2,000 Syrian refugees coming to Manitoba before the end of this month.

From going door-to-door throughout the riding, she said the biggest question about the refugees is security-based.

"What I heard at the door step was 'are we going to compromise securi-



MARYANN MIHYCHUK

ty?' and we're not," she said. "There's a full security screening, we know these families and the UN is involved."

Mihychuk doesn't know where the 2,000 refugees will be placed within the province, but she did say there was a lot of enthusiasm about their arrival within the riding.

"RIGHT NOW WE WANT TO BE SURE WE HELP THOSE MOST IN NEED."

She added full details about the refugees coming to Canada are expected sometime this week from John McCallum, Minister of Immigration, Refugees and Citizenship.

While it's a challenge to get so many refugees into the country in such a short period of time, Mihychuk said "so many people who want to help."

She added during discussions with McCallum, he relayed that the number of private sponsorships is growing almost daily at the national level.

"He was sharing that so many new private sponsorships are coming forward that we could maybe even have 25,000 private sponsorships and 25,000 government sponsorships," she said.

However, she said delaying the arrival of some refugees until early in the New Year was a smart move by Prime Minister Justin Trudeau, because they don't want to overload community groups.

During her time away from the House of Commons and Parliament Hill, Mihycuk met with constituents at the Rivercrest Hotel in West St. Paul last Saturday to discuss a variety of topics including Syrian refugees and Canada Post.

Mihychuk said she's planning on visiting West St. Paul, East St. Paul, West Kildonan and North Kildonan neighbourhoods on her weekends back from Southern Ontario.

"If you want to meet, we're available," she said, noting she'll be opening an office in the riding soon.

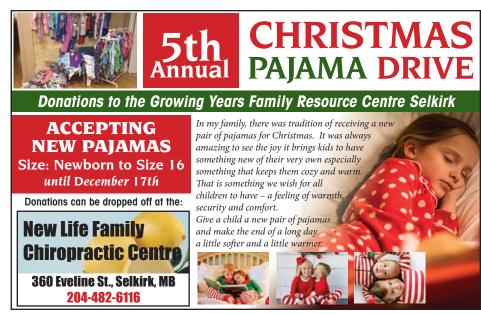
When it comes to the new Canada Post community mailboxes, Mihychuk said people in the riding are liking them for the most part.

"Most people are pretty happy with it but there's a portion, maybe 10 per cent, maybe slightly less, that really have a problem with it," she said, noting they're physically unable to get the mail, elderly, or have concerns about ice and snow.

The former Conservative government eliminated door-to-door mail delivery. However, the Liberals, during the campaign, said they'd bring back door-to-door mail if elected.

Mihychuk will be back in the riding this weekend and is scheduled to appear at Lee's in East St. Paul on Saturday from 10 a.m. to 12 p.m.







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Warm weather prompts thin ice warning from RCMP



Warm temperatures this month have prompted RCMP to remind community members to be safe around open water and thin ice as seen here near the Selkirk Bridge.

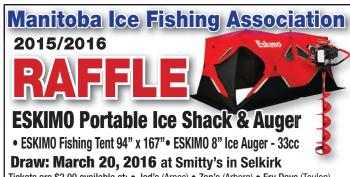
Unseasonably warm temperatures this month have prompted RCMP to remind community members that ice and open water can create a dangerous situation very quickly.

"While a lot of us are looking forward to the first pond hockey game of the year, waiting later than previous years is a safe decision this winter," RCMP spokesperson Sgt. Bert Paquet said. "We see tragedies every year as they relate to people is safe to do so."

Although there have been no reported incidents on the ice in Selkirk and area, Paquet said when in doubt"don't venture on thin ice at all."

Some safety tips include closely supervising children near any body of water, avoid riding snowmobiles or ATVs on waterways, advise someone where you are going and when you will be back, always travel with someone on the ice but not too close together and take a cellphone and store it in a waterproof container.





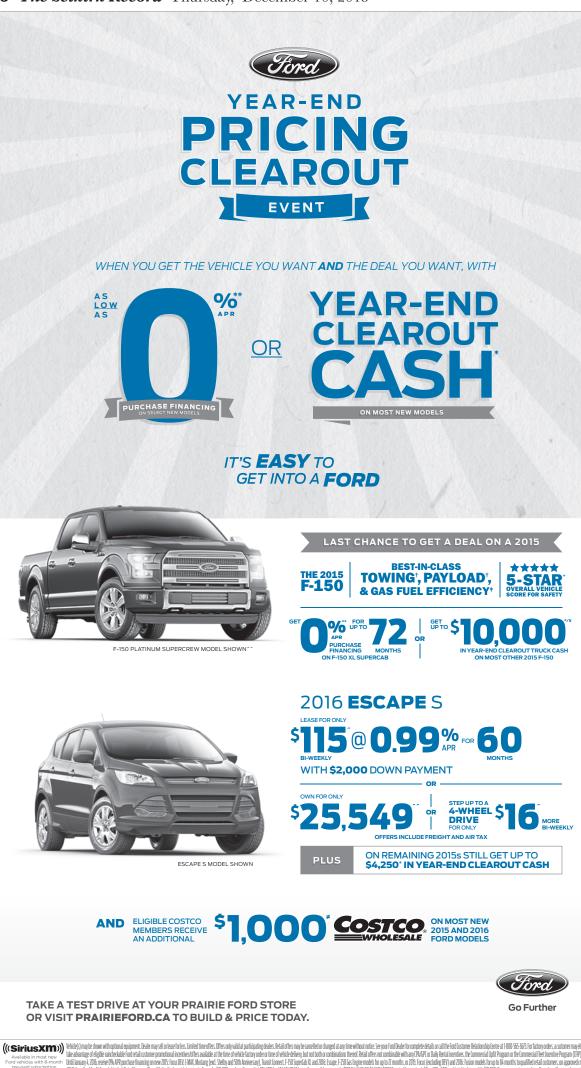
Tickets are \$2.00 available at: • Jad's (Arnes) • Zan's (Arborg) • Fry Days (Teulon) • Ford's Store (Winnipeg Beach) • Matlock Store • Lockport Store • Garson Store

Tru Hardware (Gimli) • Petersfield Hotel, Store & Garage • Gimli Snowmobile Centre
 #9 Roadhouse (Winnipeg Beach) • Smoke n' Fish (Selkirk) • Shop Easy (Riverton)
 Belair Store • Westside Honda (Selkirk) • Wavers (Scanterbury) • Big Dollar (Selkirk)
 Powerhouse Sports (Lac du Bonnet) • Sherwood Groceries (Gull Lake/Stead)

Domo (Winnipeg Beach) • Gimli Small Engines • J&J Fraserwood Store
 Clandeboye Store • Hwy 17 Inwood Service







City's aging infrastructure could impact 2016 budget

By Lindsey Enns

City council has been given a first look at their 2016 budget and plan to give it the final stamp of approval before the end of this month.

City of Selkirk CAO Duane Nicol said council had their first meeting in late November and have a second meeting scheduled this week "WE HAVE TO MAKE SOME SERIOUS INVESTMENTS TO KEEP IT UP."

Nicol said one of the biggest challenges facing their upcoming budget is Selkirk's aging infrastructure.

"We have a huge infrastructure debt here in the city ... and now it's time to be reinvesting," Nicol said, adding out of every city in Manitoba, Selkirk has the lowest valued infrastructure. "It's old, and it's reaching the end of its useful life so we have to make some serious investments to keep it up.

"As much as we want to see development growth in the community, if we don't deal with these infrastructure challenges that we have we can't grow, we can't continue to develop."

Other challenges include the increasing costs for infrastructure projects when it comes to labour and materials.

"It's important for us to be competitive in the marketplace so we can attract high quality staff," he said.

Nicol added councillors have expressed they would like to maintain existing city services while keeping a minimal tax increase.

"We think about what we want to do over the next few years and that helps us to budget appropriately and think strategically about the order in which we want to make investments ... both short and long term," he said. "The budget comes at the end of our business planning process and it's a multi-year plan."

Last year city council approved their 2015 budget and roughly a three per cent tax increase in late December, giving them a jump on construction projects this year.

Continued on page 7



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Black Friday contest winners



RECORD PHOTOS BY BRETT MITCHELL AND CAROL MANLOW

ABOVE: The three lucky winners of this year's Black Friday Passport Contest pictured from left to right: Chris Hollins, Lanette Huculuk, Ray-Anne Taylor, Karen Taylor, Summer Taylor and Margaret Taylor and Selkirk Biz executive director Sheri Skalesky. More than \$5,700 in prizes were awarded this year. RIGHT: Katrina Beaudin was the lucky winner of the new social media prize pack this year. A big thank you to all that participated.



NOVEMBER'S TOP ACHIEVER

- Sean Cornborough -

Sean would like to thank all of his customers and hope you are all enjoying your new set of wheels.

Wishing all of my customers a Merry Christmas and a very peaceful New Year!





> CITY PLANS TO COMPLETE 2016 BUDGET THIS MONTH, FROM PG. 6

In previous years, council would adopt an interim budget that allowed the city to operate until the actual budget was passed, usually sometime in March. Some of last year's \$17.9 million budget highlights included \$947,600 committed to the first phase of the city's business park development and \$431,500 for development of Pittsburgh Avenue from Main to Sophia streets.

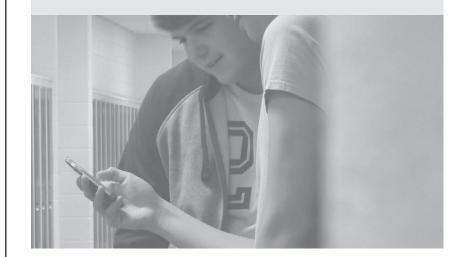
The city also set aside \$557,317 on design work for improvements to Manitoba Avenue and \$46,000 into sidewalks on the east side of Sophia Street between Clandeboye and McLean avenues.

The city also designated \$4.2 million to develop a new water source and pipeline and \$30,000 on a residential water conservation program.

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Brett Mitchell



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Dan Anderson



ADMINISTRATION Allana Sawatzky

> ARNIE WEIDL

Ice fishers encouraged to play safe

Hi folks, allow me to make an observation that I've been wrestling with all week long.

You've probably heard or even made a few jokes about what this summerlike weather is doing to our sport including commercial fishing. I heard one chap saying this may be the first time our commercial brothers and sisters may wind up doing their winter fishing out of a boat instead of a bombardier.

Of course that's against the rules but we anglers are shaking our heads looking for a few places we can open water fish- which brings me to the thing I've been wrestling with. I feel I couldn't live with myself if I featured stories of angler's ice fishing right now and then heard of someone falling through leaving me with the guilt that somehow my writing had encouraged them to venture out to harms way.

I'll be honest and say that I have been on the ice talking to anglers who were on 5" of cover on a pot-hole lake that had little underwater current. Land-locked pot-hole lakes freeze faster and deeper than rivers with fast persistent under currents and as of last week with the exception of one spot on one river, I have steered clear of the ice and I hope you will too for just a little longer.

A perfect example of "ice-overhere" and "open water-over-there" surrounded me as I drove onto the Hanusa pier some days ago. Leaving "old red," I was blinded by the suns' glare coming off the ice in the harbor. Seagulls were walking on it. Yet, on the piers' opposite side choppy grey waves tossed about on Lake Winnipegs' open water.

I saw a fellow standing by the tailgate of his truck loading his gear and a net with some fish in it. I hailed him and as I walked toward him I commented on the harbor ice. He laughed



RECORD PHOTO BY ARNIE WEIDL Robert Luke with a catch of perch and pickerel he caught at Hnausa.

loudly saying he wished it was colder since he had spent most of his working career up in the arctic overseeing the annual arctic char and beluga whale catches as a fisheries officer.

Our new friend Robert Luke and his wife Celine I learned have been coming to fish at Hanusa for years since he retired and now has a cottage at Arnes. They had been here for hours that day determined to catch enough fish for a meal and later as we parted

company Robert held up his catch for me to record as proof that if you stick to something long enough you just might win.

When I'm in Selkirk, come noon, I have a very hard time getting past the Pizza Hut. The foods' good and the folks eating there are full of fishing stories. That was the case with a nice local couple sitting in the booth across from me by the name of Jeff and Jackie Moreau. We got to talking and Jeff began showing me pictures of fish on his cell phone they had caught from the Red off the town pier along with the picture of a fine 34" pickerel his son Blake had recently caught. They really love our pastime.

By the way, I made it over to the jump-off access spot from the 204-509 intersection to the Red River and am happy to tell you those great guys at Manitoba Hydro landscaped that lane evenly right down to the bank and left the "quarter down" gravel over the mud so we can get onto the ice this winter without any trouble. Thanks a lot Manitoba Hydro you folks are su-

Wendy Sinclair and John Bear of Brokenhead had been great fishing buddies for years. Wendy is a tall, athletic, classy gal who speaks quietly always with a smile while John also with a quiet voice has the strong stature of a man that loves to be outdoors although his work keeps him behind a desk perhaps a bit longer than he would like. Not long ago they tag-teamed on a fishing derby on the Brokenhead and John brought in a 4 pound 13 ounce pickerel to win sec-

ond prize. Good show John! Well, I'm going to try Pine Falls for fishing, bye.



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Province rolls out tougher penalties for impaired drivers

By Brandon Logan

Drunk drivers will now face tougher consequences for their actions.

The Safe Roads Act, introduced this past June, officially took effect last Tuesday. The act, which makes amendments to the Highway Traffic Act, will hand out stiffer punishments to those who decide to drive impaired on Manitoba's roads and highways.

"We've worked hard to ensure we have stronger laws to push back against impaired driving," Attorney General Gord Mackintosh said during a press conference in Winnipeg last Tuesday. "Manitoban's are saying to impaired and distracted drivers, 'Stop killing us. Stop killing our loved ones."

The introduction of the Safe Roads Act comes after a particularly bad stretch for fatal accidents throughout the province.

Insp. Joanne Keeping, officer in charge of Manitoba Traffic Services for the RCMP, said in the last two months alone there have been 14 fatalities on Manitoba's roads and highways, with half being a result of some form of reckless behaviour.

"Out of those 14, about three had an alcohol component, there was four that had speeding or some other type of serious behaviour that's been indicated here so far," Keeping said to media gathered at the RCMP'D' Division Headquarters in Winnipeg.

In terms of notable changes in the new Safe Roads Act, there are a few big changes being implemented.

Now first-time low-blood alcohol concentration (0.05 to 0.08) and drugimpaired drivers, licences will be suspended for three days, which was up



RECORD PHOTO BY BRANDON LOGAN

Attorney General Gord Mackintosh and Melody Bodnarchuk, president of the MADD Manitoba Chapter, pose for photos following a press conference in Winnipeg regarding tougher penalties for impaired driving.

from the previous punishment of just 24 hours.

Additionally, if there is a passenger in the vehicle who is younger than 16, that suspension increases from three days to seven.

All convicted impaired drivers are now required to participate in Manitoba's ignition interlock program.

Melody Bodnarchuk, president of the MADD Manitoba Chapter, said the new legislation will make roads

Bodnarchuk has felt the effects of a loved one being taken due to impaired driving. An impaired driver killed her nephew, Brett Yasinsky, on Nov. 10, 2010. He was 22 years old.

Since then, the nurse by profes-

sion has been spending her free time working with MADD.

"I'm thinking of the phone calls I've received over the past year from family members saying 'help, I can't do this. My daughter was just on her way home for Thanksgiving and she's dead. Help me, I cant do this," Bodnarchuk said.

While she said the new legislation would save lives, there are always more improvements that can be made.

"There's real people that are so ap-

preciative of what you're doing to make the roads safer and to allow us to all get home and our loved ones to get home," she said. "It's still the No. 1 criminal cause of death in Canada and we still have a far way to go, but today, Manitoba just became a lot safer for all of us and our loved ones."

When it comes to rural Manitobans, Mackintosh said he's heard repeated concerns that impaired driving laws are getting "tougher and tougher and tougher" and they're "disproportionally unfair to rural Manitobans."

"First of all, don't drive drunk. Plan ahead. You can go out and have a good time, but figure out how you're going to get home first before you do that," Mackintosh said. "Second of all, every Manitoban's life is of equal value, and rural Manitobans are just as important to save as urban Manitobans. The lives of the families in rural Manitoba are just as valuable and important and deserving of strong laws as urban

A new provincial road safety committee, which has representatives from both MPI and the Manitoba government, also hosted its first meeting on Dec. 3.

The goal of the committee is to further strengthen legislation dealing with impaired and distracted driving.

Since 2010, more than 200 people in Manitoba have been killed by some form of distracted or impaired driv-

Noventis collecting funds for hamper drive



RECORD PHOTO BY LINDSEY ENNS

Noventis Credit Union's location in Selkirk, located along Manitoba Avenue, is collecting monetary donations for Selkirk's Christmas Hamper Drive until Dec. 24. Pictured above from left to right are Noventis staff members Cathie Poulton, Sylvia Magyar-Brambilla and Jackie Rimmer with some of the toy donations they collected at their branch last Thursday.

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Former captain recalls memorable summer aboard ship

By Brandon Logan

Maurice Spooner stepped onto the MS Lord Selkirk II in the same place where it rotted for decades before dismantling began earlier this year.

Spooner, who has lived in Northern Ontario for most of his life, captained the vessel during the 1984 season. The season was a new one for the MS Lord Selkirk II, as it was re-constructed into a dinner and dance boat.

Long gone were the week-long trips across Lake Winnipeg. Now the boat was doing day and evening trips down the Red River.

Spooner, 28 years old at the time, saw the captain opening in an ad in the Steinbach newspaper when he was visiting and decided to apply.

Back home in Sault Ste. Marie, he captained tugboats and barges on the Great Lakes, so he had a lot of experience

"I guess they were looking for a young fellow and there were probably quite a few people who applied at the time, so I must have presented myself OK," Spooner said.

By the time Spooner was officially on board as captain, the vessel had almost completely been revamped.

Following a few weeks of getting it



RECORD PHOTO BY LINDSEY ENNS

SaskSteel crew members were busy clearing away the final pieces of the MS Lord Selkirk II late last week.

up to par with Transport Canada's safety regulations, the MS Lord Selkirk II officially took off as a dinner and dance ship in April 1984.

The season lasted all the way into November, Spooner recalled, noting the parties at that time would stay indoors on the ship.

Looking back on the 1984 season, the former captain said his favourite memories are just remembering the good times he had with the crew.

"My favourite memories I would have to say were probably working with the crew," he said, referring to the bartenders, waitresses and dishwashers rather than his deckhands. "Probably dealing with them was the highlight in terms of it was fun.

"There were a lot of interesting people there."

Spooner hasn't made his way back

to Selkirk too often in the past 30-plus years, but when he was in town five years ago, he said it was hard to look at the vessel he once captained.

"I was out west a few years ago and I went down to the slough in Selkirk to look at it and it was pathetic," he said. "The best thing for it being in that condition was being cut and remembered for what it was, not for the eye sore it was."

SaskSteel, a Saskatchewan based metal company hired to dismantle the ship, were on site last week removing and cleaning up its final pieces.

The province, in partnership with the City of Selkirk, agreed to fund the ship's removal after years of debate over whose responsibility it is to dismantle it.

The province is providing \$200,000 in funding and the city is paying the other half of the ship's \$400,000 estimated removal cost.

Including in the overall cost are plans to fix up the Selkirk Slough in Selkirk Park where the ship was rotting in for nearly 25 years.

Mayor Larry Johannson said in an earlier interview that crews will begin fixing up the area in the spring.

Ship's former bartender shares tales from the summer of 1975

By Brandon Logan

Working on the MS Lord Selkirk II in the summer of 1975 was a job Sharon Jonatanson won't soon forget.

At the age of 19, she was hired in June 1975 to work in the bar on the ship, but was fired just a few weeks later.

"They decided I didn't smile enough,

so they canned me," Jonatanson recalled with a laugh.

However, the ship came calling a few weeks later, asking her to come back as a bartender because they couldn't find anyone else so she obliged.

The job was unlike most summer jobs, she said. With the constant seven-day trips around Lake Winnipeg all the way into October, Jonatanson and her colleagues basically lived on the MS Lord Selkirk II.

They would travel up to Berens River, then to Gimli and Hecla Island among other places, and then do it all over again.

In Berens River, Jonatanson remembers the captain playing a joke on the passengers, who at the time were on land for a picnic.

"He'd honk the ship horn and scare the crap out of everybody," she said before laughing. "It was fun."

But being a bartender had its perks too.

Because they had to serve guests during dinner, they would also get to join in on dinner and dine on steaks



RECORD PHOTO BY BRANDON LOGAN

Sharon Jonatanson flips through photos she took during her one season bartending aboard the MS Lord Selkirk II in 1975.

and other high-end meals while the rest of the workers were stuck with "mess food," as Jonatanson put it.

Jonatanson couldn't pick a specific favourite memory during her time working on the boat, because there were simply too many, she said.

"We wrecked the dock at Hecla Island one time when we docked," she

said. "And one time the captain ran the boat aground on the sand so we got stuck ... and for that boat to get stuck and get it off was quite the chore."

However, it was when there were storms when Jonatanson and her friends got really excited.

Continued on page 11

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Comp to host 4th annual Help-Portrait event Saturday

By Brandon Logan

Staff and students at the Comp are gearing up to host the fourth annual Help-Portrait event this Saturday.

Organized by the school's global issues teacher Kevin Lopuck, the day allows those who wouldn't normally have access to family photos or pictures with Santa an opportunity to get them taken and developed for free.

Help-Portrait was started in 2012 as a school project by former Comp student and current Record reporter Austin Grabish.

Lopuck said Grabish discovered the Help-Portrait organization and decided to bring it to Selkirk around Christmas time, and it's become an annual tradition ever since.

On Saturday, there will be two photo booths set up inside the Comp from 11 a.m. to 3 p.m. so families can get two portraits taken.

"One is with Santa Claus and the other is sort of a family portrait studio," Lopuck said.

Along with portraits, he added his students would bring in baking and other goods for community members to enjoy.

"It's just a great community event."

This year Matt Pearson, a teacher at the Comp, and Grabish will be helping out and taking photos, Lopuck

The school has also partnered with Sunova Credit Union to help cover the cost of getting the pictures developed and framed.

"A week before Christmas, my kids go out and hand deliver the portraits to the families in need," Lopuck said.

He added while the day is a lot of



RECORD PHOTO BY KEVIN LOPUCK Families gather at the Comp to get their portraits taken during Help Portrait in 2013. This year's free event will take place at the Comp on Saturday from 11 a.m. to 3 p.m.

work to plan out, seeing those happy faces is what makes it worth it.

"Giving back to the community that I've been teaching in for 15 years has always been sort of a feel good thing," he said."In my course I teach these action projects and I use Austin's project here as an example.

"He started this four years ago and it's still going strong ... it's an awesome example of what I call a legacy project."

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> 'I'M GLAD IT'S GONE,' FROM PG. 10

She said the ship moved around quite a bit and, when there were bad thunderstorms, the passengers retreated to their rooms sea sick and the bartenders were left alone upstairs to do as they pleased.

"Because all of the passengers were in the rooms sick and we were in the bar, we'd stand on the dance floor and slide from one side to the other," she said, adding the boat tilted back and forth on its side that much. "We'd just stand there, right, and you'd just slide."

Now a financial officer with SEED Winnipeg Inc., Jonatanson tries to remember the good times she had on the ship.

With the scraps of the MS Lord Selkirk II finally cleaned up and removed from its once resting place, Jonatanson wants people to remember the boat for what it was when it was running, and not when it was stranded in a slough in Selkirk Park.

"I'm glad its gone because now it's not an eye sore anymore and now we can have our memories of what the boat was like," she said. "For us who worked there, seeing the boat deteriorating so badly was bad."

LSSD looks to ramp up support for new arts centre

By Lindsey Enns

The Lord Selkirk School Division is taking the first initial steps towards gaining the province's and community's support to build a new performing arts centre.

During their meeting last Monday, the school board gave their secretary treasurer the green light to approach the Public Schools Finance Board about the need for a larger theatre for students at the Comp.

"The large number of kids, they don't fit on the stage anymore and the public can't fit into the theatre so we need a larger performing arts centre," board chair Jean Oliver said. "It would be wonderful if the community got on board with it and the surrounding communities because this is a community school for everybody and hopefully we'll be able to go forward and work on some type of new performing arts centre."

LSSD Supt. Scott Kwasnitza said during the City of Selkirk's recreation master plan open house held earlier this year, several community members expressed the need for a local performing arts centre.

"It was high on the list of needs that were identified," Kwasnitza said. "We



RECORD PHOTO BY LINDSEY ENNS

The Lord Selkirk School Division is taking the first initial steps towards gaining the province's and community's support to build a new performing arts centre. Although they are still in the early planning stages, the division believes the facility could fit well on the Comp's school grounds.

were happy to see that because we see that need and it's a great problem for us to have.

"Our performing arts in the Lord Selkirk School Division are outstanding and it just keeps growing." Oliver said now the board will wait to hear whether or not the province is willing to support the project. She added they are still in the very early planning stages, but believe the new performing arts centre would fit well at the Comp with a link attaching it to the school.

"We have land, we have infrastructure here already available so to us it makes logical sense that it could be part of our school area," she said. "It is a school need for us right now but at the same time it's a community school and it's a whole community that's going to benefit by a larger facility."

Oliver added there isn't a performing arts centre anywhere in the Interlake so this could benefit the entire

"We lack a lot of the arts in the community because of no facility," Oliver said, adding a new facility could attract all kinds of live entertainment to the city.

"We see it as a community need," Kwasnitza said, adding they are open to having it placed on any site in the area that would be fit for the facility. "We think there would be synergies there having it attached the school but maybe there are other infrastructure projects that may suit the need as well."

Oliver said she hopes the community will get behind the idea before they start fundraising.

Pet pictures with Santa help Selkirk vet clinic cover costs

By Brandon Logan

Santa Claus had his hands full while visiting Selkirk Veterinary Services for their third annual Pictures with Santa day last Saturday.

Besides making memories with some local animals, pet owners also donated money to help out with the vet services the clinic provides.

"I like knowing the owners are really happy that they have healthy pets and that they're doing well," said Dr. Birte Klug, who has owned the vet clinic since November 2007. "It's also just having some wonderful memories with their pets and having their pictures taken."

Kendra Sawchuk and her four-yearold German Sheppard and Border Collie mix Cyrus visited the clinic last Saturday for the event. Sawchuk said she's been to every Pictures with Santa day since they started hosting it back in 2013.

"I've been doing it the last couple of years just to donate money to the Selkirk Veterinary Services," Sawchuk said, adding she got Cyrus from a pet rescue

With an influx of stray dogs and cats coming through their doors daily,





SUBMITTED PHOTO

ABOVE LEFT: Kristine Duke's two cats, Joe and Zo, pose for a picture with Santa Claus during the Selkirk Veterinary Services annual Pictures with Santa day last Saturday. ABOVE RIGHT: Kendra Sawchuk's four-year-old German Sheppard and Border Collie mix, Cyrus, poses for a picture with Santa Claus last Saturday.

Klug said the money raised during the event goes a long way towards helping those animals find new homes.

"It is very important because it's surprising we get a lot of stray pets here, both dogs and cats, where no owner comes forward," she said. "We help them find a new, good home."

Gimli's Crown Royal wins award then skips town

Northern Harvest Rye earns World Whisky of the Year

By Patricia Barrett

Crown Royal's Northern Harvest Rye has seemingly left the province a few days after winning the 2016 World Whisky of the Year award, the top spot in Jim Murray's famous Whisky Bible.

From pubs to liquor stores across the province, finding a dram, let alone a bottle, is about as likely as spotting a great grey owl, our elusive provincial bird.

The place you would put your money on - Gimli, where the awardwinning elixir is distilled - is bone dry, as though prohibition suddenly dropped in.

"We don't have any," said Scott Carman, owner of the Ship and Plough Gastropub on Centre Street."I haven't yet tried it."

Carman said he stocks all the Crown Royal products, but missed his chance to get a bottle of Northern Harvest after the Whisky Bible guru, who grades leading and lesser known whiskies, awarded it 97.5 points out of 100 late last month.

"Usually we buy from the liquor store. I saw it on the shelf and I thought, 'oh, I should get some of that," said Carman, whose pub is a much-loved watering hole renowned for its pub quizzes.

At Gimli's Liquor Mart, the shelf reserved for Northern Harvest is bare.

"We've had customers say, 'can't you just go down the road and get some?"" said James Dunlop, the store's manager, referring to Diageo's plant on the outskirts of town where all the Crown Royal products are distilled.

The couple of cases the Liquor Mart had were out the door by the end of last month.

"We've probably had about 100 people walk in or phone asking for it,"



RECORD PHOTO BY PATRICIA BARRETT

Owen Eyolfson, owner of the Arborg Hotel and the Arborg Travelling Inn, was able to obtain three bottles of the elusive Northern Harvest Rye late last month.

said Dunlop."It caught everybody off guard."

The distribution centre in Winnipeg did an allocation to all the liquor stores in the province, he said, but they serve the big centres first, such as Winnipeg and Brandon.

At least he was able to have a sip of it before it disappeared.

"It has a nice finish to it," said Dunlop."The rye comes through."

A call to Seagull's Restaurant in the Gimli Lakeview Resort in search of the elusive whisky proved fruitless. And Gimli's Deputy Mayor, Peter Peiluck, said he was forced to bake a batch of "whisky cookies" using Crown Royal's original blend.

But northwest of Gimli, in the town of Arborg, the amber-coloured philter was found soothing work-weary patrons in the lounge of the Arborg Hotel.

A regular customer, who would identify himself only as Mr. Reg said, "I would compare it to a high-end whisky. It's like an oak whisky."

Mr. Reg seems to be in the know about the goings-on in and around the Diageo plant, which opened in 1969. He cited the "artesian well," the "burnishing of the barrels with flames" and the "three tankers that come in Mondays and Tuesdays to haul away a million bucks worth of booze."

"Even if they closed down today," said Mr. Reg, "they'd have enough booze to last 50 years."

The plant may be brimming, but the hotel only has three bottles left.

"The pharmacy is the liquor vendor," said Owen Eyolfson, who owns the hotel and the Arborg Travelling Inn on the highway. "They're getting phone calls every day."

Eyolfson pulled up a website on his mobile showing liquor stores across the province and how many bottles of Northern Harvest are in stock."Three in Dauphin, 12 in Russell."

He said every once in a while - usually with beer - there's a big rush on a product because the demand is so much higher than expected. But he expects things will simmer down when supply returns to normal.

Landing the one number spot in the Whisky Bible has put Canadian whisky on the map, said Kidd. "What we hope this award will do is raise the reputation and profile of Canadian

He said the award puts it on a par with Scotch and Irish whisky.

Diageo is aware there's a dearth of Northern Harvest across the country, and it's working hard with provincial liquor boards to distribute what stock it has available.

"The award was not something we anticipated," said Kidd, who has been with the company since 2009. "By Saturday we had empty shelves."

But it's not as simple as turning a spigot on a barrel to get more.

"Whisky is an aged product," said Kidd. "It must be aged for three years ... so we must be a little patient."

Northern Harvest is bottled at the Diageo plant in Amherstburg, Ont., and will be back in stock across the country in the next two weeks.

"It will be there soon," said Kidd. "How long that will last is another is-

Province to increase small business threshold by 2017

Manitoba's small business threshold is set to increase from the current \$450,000 to \$500,000 by 2017.

For small business owners, that means they will be able to collect more income without paying the provincial corporate income tax.

"We are proud that our government is still the only one in Canada that has eliminated the small business tax. Small businesses are the heart of our

economy and we want to do what we can to help local entrepreneurs free up more money to create jobs and invest in our province," Selkirk MLA and Finance Minister Greg Dewar said in a relrase last week. "When we entered office, Manitoba's small businesses faced the highest taxes in the country. Now, they have the most competitive corporate income tax rate in Canada."

The announcement made by the

provincial government came on the five-year anniversary of Manitoba being the first province to eliminate the small business tax rate, the Dewar

As a result, roughly 14,000 corporations don't pay the corporate income tax in the province. Dewar said that could increase to 16,000 by 2016 and jump even higher in 2017 when the threshold increases again.

"Eliminating corporate income taxes

on Manitoba's smallest businesses has made the system one of the most competitive in Canada for entrepreneurs," said Elliot Sims, Manitoba director of provincial affairs for the Canadian Federation of Independent Business. "Entrepreneurs are pleased to see the provincial government commit to increasing the small business threshold to \$500,000, the Canadian provincial standard."

YFC building in 'desperate' need of repairs

Selkirk staff hoping to get government, businesses on board to help cover costs

"IT'S STARTING TO

FEEL LIKE A LOT

OF STUFF IN THE

YOUTH CENTRE

ARE FALLING

APART."

By Lindsey Enns

Walking to the Youth for Christ centre has become part of Marcus Seymour's weekly routine.

The Grade 8 École Selkirk Junior High School student said he attends the centre's free lunch program three times a week.

"If you don't have anything else to do at school, you come here and you

have friends here," Seymour said recently sitting inside the youth centre located at 426 Clandeboye Ave. "Everyone is friends here."

Although YFC has been serving Selkirk and area youth for more than 25 years, their building isn't what it used to be.

Selkirk's YFC director Ryan Galashan said they need new windows, doors and a new roof.

"It's starting to feel like a lot of stuff in the youth centre are falling apart," Galashan said. "We're desperate to find funding, find money so that we can address these things."

The local centre recently held it's

biggest fundraiser banquet of the year last month, which helped them bring in between \$10,000 and \$15,000. But Galashan said those funds go into covering two full time staff salaries and their program's operating costs, leaving little left over for building re-

"We have to then look elsewhere," he said, adding they are in the pro-

cess of applying for grants and are looking at partnering with local businesses interested in helping out. "I'm hoping to address all of the major renovations come spring next year."

Selkirk's YFC runs a junior and senior high drop-in program on Tuesdays and Thursdays from 7 p.m. to 9 p.m., an alpha program

on Wednesdays from 7 p.m. to 9 p.m., and a junior high free lunch program on Tuesdays, Wednesdays and Thursdays from 11:45 a.m. to 12:30 p.m.

Their lunch program sees anywhere from 20 to 40 youth aged 12 to 18 a day, according to local YFC program co-ordinator Adrienne Pluim.

"There's a lot of kids who wouldn't have a lunch otherwise," Pluim said, adding they partner with Our Daily Bread Soup Kitchen to provide the children with a free meal. "There's other kids who bring their lunch and just come for the social aspect and play video games and pool and have fun.

"They're always

RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Grade 9 student Junior Houle shoots some hoops inside the Selkirk Youth for Christ building along Clandeboye Avenue during their free lunch drop-in program on Nov. 26. BELOW: A group of students enjoy their lunch inside the Youth for Christ building during the centre's free lunch program on Nov. 26.



so eager to be here."

Seymour, who has been using the lunch program for nearly two years, said his favourite part is having a safe place to be among friends.

"I like when we play games," he said with a smile."We get to eat, they never say no to us to come in.

"I love it here."

Pluim said the centre provides students with a safe and inclusive place to go at lunch and after school.

"It's for the kids who don't have stuff to do," she said.

Thanks to a limo donated by Gilbart Funeral Home, the centre also often provides youth with a safe ride home or back to school.

"The limo has become a way for kids to be able to access our program," Galashan said."If it's really cold, if it's raining ... we try to bring a few loads of kids back to school.

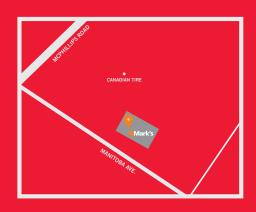
"We have a lot of kids that may be on the other side of town ... without transportation it would be hard for them to get here."







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Legislation for domestic violence victims a step in the right direction



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Nova House's executive director says there are some holes in the province's new legislation to protect domestic violence victims.

Amongst the changes announced last week were a mandatory firearms ban for all protection orders, GPS monitoring of high-risk offenders and new province wide police training in the dynamics of domestic violence, Attorney General Gord Mackintosh said.

While the proposed legislation is generally a step in the right direction, Anna Pazdzierski takes issue when it comes to GSP monitoring high-risk offenders.

"In the last two cases that we're talking about," the Nova House executive director said of Camille Runke and Selena Keeper's murders, "neither of



RECORD FILE PHOTO BY AUSTIN GRABISH

Selkirk's Nova House executive director Anna Pazdzierski says the province's new legislation to protect domestic violence victims is a step in the right direction.

those offenders would have had a device. So it wouldn't have saved either of their lives."

She went on to say while the monitoring is a good idea, the issues are determining who is and who isn't a high-risk offender.

Pazdzierski said she was also disappointed the new legislation was proposed following the deaths of Runke and Keeper in the past few months.

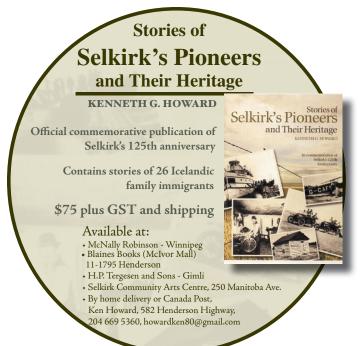
However, she said there are two specific things that stood out to her.

"Definitely the training for the police and training for the JJPs (judicial justices of the peace)," she said. "And really, it's a matter of the justice system following the law and responding to protection orders when there's breaches right away."

With these improvements made, Pazdzierski is hoping more women facing domestic violence will visit shelters to get protection orders.

"I strongly encourage people who are looking for protection orders to come to one of the shelters and get assistance in filling it out," she said. "That's really essential."







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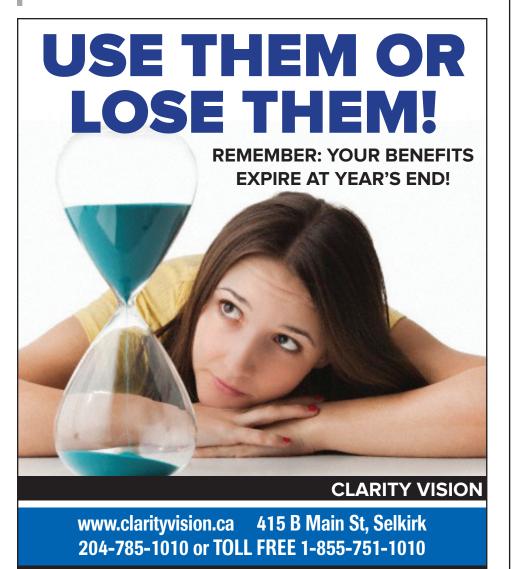


École Bonaventure Christmas concert a hit



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: École Bonaventure kindergarten to Grade 4 students perform during their afternoon Christmas concert inside the school's gymnasium last Thursday. ABOVE RIGHT: Family members hold up their phones while taking a video as École Bonaventure students perform during their Christmas concert last Thursday afternoon.



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Growing Years, New Life Chiropractic collecting pajamas for children

Staff

For the fifth year in a row, New Life Chiropractic and Growing Years Family Centre are teaming up to collect pajamas for children in need.

Dr. Kristen Lemon of New Life Chiropractic said getting pajamas on Christmas is "kind of like a family tradition."

"Some of these kids they don't get pajamas," Lemon said. "Everybody should have that feeling."

Growing Years and at New Life Chiropractic are collecting new pajamas for boys and girls from newborns to

size 16 until Thursday, Dec. 17. On Friday, Dec. 18, Growing Years will host a pajama Christmas party from 11 a.m. to 2 p.m. where children involved with Growing Years will get to choose their pajamas.

Growing Years executive director Terri Moar said the event is for anyone who's attended any of their programs. Moar added last year more than 100 children were given a new pair of cozy pajamas.

"It's a really good community event," Lemon said.

Garage sale raises over \$3K for resource centre

Staff

Hundreds of Selkirk and area community members combed through all sorts of items and helped raise more than \$3,000 during last month's Growing Years Family Resource Centre garage sale.

"It was highly successful. The community support we got was amazing," said Terri Moar, the centre's executive director. "It really matters to us that people attend and help us out."

The garage sale, which the resource centre hosts twice a year in both June and November, was held on Nov. 24 and 25. Funds raised along with grants and help from their funding partner Community Action Program for Children help keep the centre's doors open.

"Our fundraising is really important to us," Moar said, thanking all of the volunteers that helped over the twoday sale.

The centre, which offers various programs, is open Mondays, Tuesdays, Thursdays and Fridays from 9 a.m. to 4 p.m. and Wednesdays from 9 a.m. to 12 p.m. The centre is closed on weekends.

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#WhoWillHelp campaign encourages Manitobans to stop sexual violence

Staff

The province is encouraging Manitobans to take an active role against gender-based violence by being more than just a bystander when it comes to stopping sexual violence and harrassment.

"Every Manitoban can play a role in raising awareness and taking action toward ending gender-based violence," Family Services Minister and minister responsible for the status of women Kerri Irvin-Ross said in a release late last month. "Our province supports campaigns like #WhoWil-IYouHelp so that people know sexual harassment and violence are never OK. We all have a role to play in promoting a safe society."

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that takes place from Nov. 25, the International Day for the Elimination of Violence Against Women, to Dec. 10, International Human Rights Day. The campaign emphasizes violence against women is a human rights issue.

The Manitoba government recently launched the #WhoWillYouHelp cam-

paign, which runs until Dec. 13. The campaign increases awareness of how Manitobans can stop sexual violence and harassment through print and television advertisements, as well as a website.

The campaign lets Manitobans know that even as bystanders they can help stop sexual violence and harassment. Everyone can speak up and call the police if a sexual assault is witnessed, tell the police if something suspicious is being added to another person's drink, check in with friends to see that they get home safely, say 'no' if anyone tries to share private texts or snapchats they've received, refuse to join degrading conversations, including online ones, as well as report concerns about sexual harassment in the workplace to a supervisor or designated human resources person and keep notes on what was seen or heard.

"Whether it's in our homes or our community, we all have the right to feel safe and respected," said Winnipeg Police Service Deputy Chief Danny Smyth. "Don't remain silent. We will help and support victims of sexual assault."





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(MS) - By Scott McGillivray

As temperatures decrease during the fall and winter months, energy usage and costs tend to climb. These five energy-saving tips for your home will ensure the comfort of your family and your wallet.

1. Adjust your thermostat. Lower the heat on your thermostat while you are away from home and before you go to bed. Better yet, invest in a programmable thermostat so you don't have to give it a second thought.

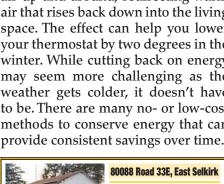
2. Seal gaps around windows and doors. Cracks and gaps around windows and doors can let cold drafts into your home. Weather-stripping or caulking will seal these problem areas and keep your home warmer, without having to turn up the heat.

3. Insulate well to protect your home from the cold. Add insulation to your basement walls, headers or attic to make a noticeable difference in the temperature of your home and its energy consumption. A mineral wool product specifically designed for thermal performance, such as Roxul Comfortbatt, is ideal. This type of batt insulation will also provide protection from fire, moisture and unwanted noise. Adding insulation is one of the simplest and mostcost effective ways to increase home energy efficiency.

4. Make use of natural sources of heat. Pull back your curtains to let natural light in. The sun can help to warm a room with its rays on a bright fall or winter day. If there are any large windows in your home that don't receive much sunlight, keep the curtains closed to form a barrier from

the cold.

5. Use ceiling fans to your advantage. In the winter, set the fan to rotate clockwise. The blades will pull the air up and around, redirecting warm air that rises back down into the living space. The effect can help you lower your thermostat by two degrees in the winter. While cutting back on energy may seem more challenging as the weather gets colder, it doesn't have to be. There are many no- or low-cost methods to conserve energy that can provide consistent savings over time.







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move to Creekside in Selkirk will be a welcome change

A dynamic subdivision in a growing community twenty minutes north of Winnipeg is a great place for a family to call home.

Creekside Properties in Selkirk is now in phase three of development in the west end of the city. Living in Selkirk has all the conveniences of the big city and the feel of a small Manitoba town. Retail development also in the west end north of Creekside has attracted the likes of Canadian Tire, Sportchek, Home Hardware, Walmart, Dollarama, Marks Work Warehouse, Boston Pizza, Reitman's, Staples, three car dealerships (Ford, GM & Chrysler) and much more. Canalta Hotels has just opened an 84 Room Hotel complete with meeting rooms and a pool. In the coming years a new Superstore is expected to rise in front of Walmart. Downtown Selkirk boasts a great mix of local and chain stores and restaurants. Snack Shak, Barney Gargles, Roxi's, Benjamin's, Gaffers, the Riverboat and the Riverside Grill offer up their own unique variety of great meals and the chains with Dairy Queen, KFC, Dominos, Chicken Delight, A&W, two Tim Horton's, two Subways, Smitty's, Pizza Hut and McDonalds have their usual lineup that you know you can count on. People come from all over the province to find that special dress at Packers, grab some sticky cinnamon buns from the Upper Crust Bakery and peruse the aisles of Big Dollar for that unique item they can

These gems are just as much tourist attractions as they are locally owned stores. There is Caps International if you are looking for a fine used vehicle or if you just need your own vehicle fixed, Bahara motors is another excellent shop who also runs the U-Haul business. If you need to rent a set of wheels Enterprise Rent a Car is right next door.

There is Marketplace, Safeway and Extra Foods here to look after your weekly grocery shopping needs. If you just need to grab something quick, Shoppers Drug Mart, 7-11 or Mac's are near by. Selkirk has a walk-in and quick care clinic. Jenkinson Chiropractic features massage therapy, a podiatrist and holistic health services.

There is quick access to physiotherapy, athletic therapy and three doctor's offices.

The city will soon be home to a new state-of-the-art general hospital. Double the size of the existing hospital, it will be offering surgery, obstetrics, medicine, emergency, diagnostic imaging, rehabilitation, community cancer outreach, dialysis, palliative care and MRI imaging. It is expected to be complete in 2017.

The Selkirk Recreation Complex, home of the Selkirk Steelers and Selkirk Fishermen Jr. B hockey teams as well as many minor hockey, ringette teams and figure skating clubs and is also a fantastic facility for holding a wedding or social. It's large banquet hall, equipped with a full kitchen and bar, holds over 2000 people. The complex also offers a walk/jog program from September to April.

There are an abundance of Elementary and Jr. High Schools and Selkirk has one of the largest Comprehensive High Schools in the province. The school specializes in the trades, science and technology and offers French Immersion, a fantastic gym and champion Royal Sports teams, indoor pool, swimming lessons, free swims, and outdoor and indoor tracks. Check out www.lssd.ca or www. lsrcss.ca for more information

Selkirk has many parks; Little Lake (which features an outdoor rink every winter), Selkirk Fitness Park, the new Water Tower Park with a brand new rink and Selkirk Park with outdoor pool, campground, boat launch and is the home of Canada's only inland Marine Museum. In the second week of July, Selkirk's largest annual event, the Triple S Fair and Rodeo turns the park into cowboy heaven. There is barrel racing, calf roping, demolition derby, midway, live music and much more. Just minutes south of Selkirk is the Lower Fort Garry National Historic Site of Canada featuring North America's only restored stone fort from the fur trade era. Offering summer programs, explorer's programs, children's day camps and tours, the park is home to many weddings, birthday parties, and is an opportunity for those who would like to do a little volunteer work in the summertime.

Selkirk's Waterfront and events bring thousands to celebrate Canada Day, enjoy an annual multicultural extravaganza, live bands and entertainment for all tastes.

The brand new 5.2 million dollar Gaynor Family Regional Library with Ubuntu Café opened last year to rave reviews and has become a new meeting place for local families and is also the new home of Red River Planning District.



The local Community Living organization is very active in bringing services to the community. There are many opportunities for 50-55+ care homes and independent living. The Gordon Howard Senior's Centre is always abuzz with activities and

The city also has two very busy Legions that host a variety of entertainment, bingos and many events throughout the year.

Local financial institutions include RBC, CIBC, Scotia Bank & Sunova Credit

For the animal lovers the local pet stores include Best West Pet Foods and just a short drive south is Canvasback. There is also grooming and two vet clinics. Options abound when it comes to keeping everyone active here. There is of course hockey and ringette, gymnastics, judo, tai kwon do, karate, tai chi, yoga, workout facilities, some of which come with cross Canada memberships, badminton, volleyball, basketball, curling, canoe/kayak, soccer, lacrosse, and much more. The Selkirk Golf & Country Club is an 18 hole course with driving range, pro shop and clubhouse. Its just a short hop to Netley Creek Golf or Mars Sandhills.

The Evolution Dance Company recently expanded and built a huge state-of-theart facility featuring three large studios, a huge change room, large reception, lobby and ample parking. They offer recreational or competitive classes.

Transportation to and from the city is a breeze whether you choose to drive or take the Beaver bus to Winnipeg. The drive from Selkirk to downtown Winnipeg is just 30 minutes. If you take the bus it picks up throughout Selkirk, Lockport, St. Andrews, Rivercrest and Middlechurch and travels to the U of W. It runs weekdays. Schedules are online at www. beaverbus.com. The Selkirk Transit buses run throughout Selkirk Monday to Saturday. See the City of Selkirk website for details or search the Community Blue Book for more information on programs, sports, events and so much more.

If you are looking to get to the beaches or the lake, Selkirk is just twenty minutes closer to your paradise!

So if you are looking to find a small and quiet community to enjoy with your family, Creekside Estates may be a place to fulfill that need. Creekside is nestled in the trees in the west end of the city. Currently there are beautiful show homes you are welcomed to visit. Homes in Selkirk start at under \$150,000. Call the George Hacking Team for a personalized visit to your new community, or meet your guide to Selkirk at our Creekside Showhome at 10 Pearson Parkway, 1:00-4:00 pm Saturdays and Sundays.

The George Hacking Team is celebrating their 10 year relationship with Century 21 Jefferson & Assoc.

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Your Local Community

Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



What to do if you find radon at home

Radon can be a very real threat to public health in homes all across the country. The U.S. Environmental Protection Agency as well as the Surgeon General's Office have estimated that as many as 20,000 lung cancer deaths are attributed to radon. Radon is the second-leading cause of lung cancer behind smoking.

Radon cannot be seen, smelled or tasted, making it very difficult to detect in homes and other buildings. In most cases the source of radon in structures is formed from the normal decay of the elements uranium, thorium and radium in rocks and soil upon which homes are built. Homes act as chimneys, helping gases, including radon, rise from the

ground level through foundations.

Although no level of radon is completely harmless, The American Society of Heating, Refrigeration and Air Conditioning Engineers suggests radon levels do not exceed 2 picoCuries per liter (pCi/L). The Environmental Protection Agency allows a slightly higher top level of 4 pCi/L. Outdoors, radon levels average 0.4 pCi/L. Certain areas of North America have higher levels of radon than others. On the EPA's radon zone map, those residing in red areas (zone 1) on the map can expect to encounter radon levels above the recommended level.

Continued on page 22



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> RADON, FROM PG. 21

don levels inside a home are unsafe. Tests can be purchased for around \$20 at many home supply retailers. Radon testing often is required when individuals purchase a home as well.

If high levels of radon are detected, it's important not to panic, as there are ways to mitigate the problem effectively. First of all, you may want to retest, which can confirm if your initial test was a fluke or caused by unusual weather. Shortterm tests can measure radon over the period of a week, but longer assessments lasting about a month or more may paint a more accurate picture of your home's average radon con-

If high levels of radon are discovered, one of the first things



to do is to ventilate the home to bring more fresh air in and dilute radon concentrations. You may then want to consult with a radon removal contractor. You may need to use a heat recovery ventilator to introduce more fresh air or ventilate the home using a fan.

Contractors may use suction to vent air from below the foundation of the house, through a pipe and above the roof. This way the radon does not leach into the home. This method ventilates radon well out of the way of human breathing spaces.

You also may want to have your water tested for radon, as homes that rely on well water may have radon in the water

Green ways to clean up snow



Although residents of chilly climates come to expect the flakes and gathering snow mounds, some people never quite get used to the cleanup involved in keeping neighborhoods safe and accessible.

Snow can begin in September and October in some northern areas and stretch on until early spring. It pays to learn the best ways to deal with snow and to incorporate some environmentally friendly strategies as well.

The most eco-friendly way to remove snow is to wait until the spring thaw when it'll melt. Unfortunately that is not practical for most people. Therefore homeowners and business owners need to look to other methods to clear driveways, parking lots and sidewalks of the white stuff.

· Human-powered effort. The greenest method to clearing snow is to get out the shovel or a broom and put in some hard work. Though seldom an easy task, manual power doesn't rely on fossil fuels nor does it create emissions or loud noises that other methods of snow removal will. Plus, snow-shoveling also is the most cost-effective method of snow removal. Invest

in a quality shovel and get used to angling the blade so that you're doing more pushing than scooping and lifting. You also can use Mother Nature to your advantage. Try to clear snow early in the day, and then let the sun and any warming of the afternoon take care of melting some of the leftover thin coatings of snow.

· Use an eco-friendly ice melt. The best way to break-up ice is to chop it up and clear it away. But when that isn't plausible, use eco-friendly ice melting products instead of traditional salt or other melts. Run-off from certain products can increase salinity in bodies of water. Salt can prevent plants from absorbing moisture and nutrients, killing grass and gardens. Plus, ice-melt products may leach heavy metals into the environment.

· Electric power is better. If you need to rely on a snow blower, opt for an electricpowered model. It will be quieter than others and also the cleanest. If you can combine an electric blower with solar panels, you'll be reducing your energy usage even further, all the while keep-

> ing a clean and safe landscape.

Contract with an environmentally friendly service. Commercial snowremoval services and landscapers can make fast work of snow removal. These companies rely on equipment that reduces emissions, use friendly ice melt and outfit their plows with blades that will minimize damage to roadways and driveways. Research the options in ecofriendly snow removal companies.



Creekside subdivision phase two takes off

Pictured L to R: Selkirk Biz Vice-Chair Brett Mitchell, George Hacking, Nel Mraovic and Ashley Douglas from Century 21 George Hacking Team.

Local builder AWC Homes has teamed up with the George Hacking Team to construct solid homes in the growing of phase two of the Creekside subdivision. Proven affordable design plans make the building process smooth and timely. Three homes are up and there are two under construction, leaving fourteen lots to choose from. Customize our proven plans to your liking and make a house your home. Call Century 21 George Hacking Team at 204-485-7555 today to get started putting your signature on a beautiful new Creekside home.

Health authorities team up for Bounce **Back program**

By Brandon Logan

The Interlake-Eastern Regional Health Authority and the Canadian Mental Health Authority are partnering up to improve mental health in the region through the Bounce Back Mental Health Program.

Both organizations are combining to create a pilot self-management program that supports people with low-to-moderate mood, depression or

"CMHA Manitoba and Winnipeg are excited to be working with Interlake-Eastern Regional Health Authority to bring this evidence-based program to the region," said Marion Cooper, executive director with the CMHA, in a release.

Open to residents in the region upon referral, the program is available in select health care providers in the Interlake-Eastern area.

The program, which was developed by the CMHA in British Columbia, works with health care providers and patients directly.

Included in the Bounce Back Mental Health Program is a 60-minute DVD that teaches viewers how to recognize their moods and challenges. Another addition to the program, which is only available to patients with referrals from a health care provider, pairs participants with a telephone-based coach.

"The workbooks are easy to use and I'm there to help," Bounce Back coach Sandra Tower-Pace said in the regional health authority's release. "The techniques participants learn are based on cognitive behavioral therapy. They are proven to work for overcoming depression and anxiety – and participants don't have to leave their home to work on improving their mental health."

The Bounce Back program is scheduled to be piloted for two years and will be re-assessed following that timeline. The RHA and CMHA Manitoba are hoping the program will improve mental health care needs for residents in rural areas.

"We are very pleased to be the first rural RHA in Manitoba to offer Bounce Back to physicians and nurse practitioners for the residents in our region. Bounce Back addresses a gap in service for our patients and clients and it offers primary care providers a means of helping people address mental health concerns," Pat Olafson, regional director of primary health care, mental health and crisis services, stated.

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Simmered chicken dinner



Makes 6 servings

Here's one of the fastest and easiest ways to cook a chicken, potato and vegetable dinner—all in one pot. It's also a good way to introduce children to new vegetables. This dish has sweet potatoes, which are not overpowering or as dried out as baked ones can sometimes be. You can use carrots, turnips or squash cubes instead of sweet potatoes.

Ingredients

1.5 Kg (3 lb) chicken pieces, skinned 1L (4 cups) water

2 slices bacon, cut in pieces

3 leeks or medium-size onions

2 bay leaves 5 mL (1 tsp) dried thyme

5 mL (1 tsp) dried thyr. 5 red potatoes, halved

Market place At SELKIRK

1 large sweet potato (375/12 oz), peeled and cut into chunks

Half small head of cabbage 1 clove garlic, minced

50 mL (1/4 cup) chopped fresh parsley

1 mL (1/4 tsp) or less salt and freshly ground pepper

Directions

If using a whole chicken, remove skin first, then cut into pieces. In large pot, combine chicken, water and bacon; bring to boil and skim off any foam.

Halve leeks lengthwise and clean under running water; cut into 5 cm (2 in) (5 cm) lengths. If using onions, cut into quarters. Add leeks to pot along with bay leaves, thyme and red and sweet potatoes; cover and simmer for 10 minutes.

Cut cabbage into 2.5 cm (1-in) wedges and add to pot; cover and simmer for 10 minutes or until vegetables are tender.

Using slotted spoon, transfer chicken and vegetables to six large soup bowls. Remove bay leaves from the broth.

Increase heat to high; boil liquid for 3 to 5 minutes or until reduced to about 750 mL (3 cups). Stir in garlic, parsley, and salt and pepper; ladle over each portion.

Pork Chop Noodle Soup



Ingredients

Courtesy of Chef Ray Lampe, Dr. BBQ, from his cookbook "Pork Chop" (2013, Chronicle Books)

3 ribeye pork chops, bone-in, about 3/4-inch thick

Salt and pepper

2 tablespoons vegetable oil

2 cups chicken broth or pork stock

4 cups unsalted vegetable broth

1 red onion, chopped

4 carrots, chopped

2 large celery sticks, chopped

2 garlic cloves, crushed

1 teaspoon dried thyme

1/2 teaspoon dried basil 1 cup dried rotini pasta

Preparation

Season pork chops with salt and pepper. Heat oil in Dutch oven over medium-high heat. Add chops and cook for about 4 minutes, until golden brown. Flip and cook for 4 minutes more, until golden brown. Transfer chops to plate and set aside.

Pour half of chicken broth into pot, scraping all browned bits from bottom. Add remaining chicken broth, vegetable broth, onion, carrots, celery and garlic. Mix well and bring to a simmer. Add 1 quart water, thyme, basil, 2 teaspoons salt and 1 teaspoon pepper. Mix well and bring to a simmer. Add chops back to pot

and return to a simmer. Reduce heat and simmer for 90 minutes, stirring occasionally, being careful not to break up chops.

Transfer chops to plate, trying not to break them up. Set aside to cool. Raise heat and bring soup to a boil. Add pasta and cook for about 12 minutes, until tender. When chops are cool, pull them apart, discarding all bones and fat. Add meat back to soup and stir well. Taste for salt and pepper, and add if needed, before serving.

Serves Yield: 8-10 servings

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Slow Cooker Beef Stroganoff

Ingredients
1 1/2 pounds top

1 1/2 pounds top round steak, cubed 1/4 teaspoon salt 1/4 teaspoon paprika 1/4 teaspoon pepper 2 tablespoons butter 1 package (8 ounces) fresh sliced portobello mushrooms 1 small onion, chopped 2 medium garlic cloves, minced 1 can (10.75 ounces) condensed reduced sodium cream of mushroom soup, undiluted

1 tablespoon Au Jus 1 teaspoon Worcestershire sauce 1/4 cup plus 2 tablespoons water 2 tablespoons all-purpose flour

1 cup sour cream hot cooked egg noodles minced fresh parsley Preparation

Sprinkle beef with salt, paprika and pepper. In large skillet, brown

beef in butter. Place beef in large slow cooker. In same skillet, saute mushrooms, onion and garlic until tender. Transfer to slow cooker. Stir in soup, au jus mix, Worcestershire sauce and 1/4 cup water. Cover and cook on low 6 hours.

Combine remaining water and flour until smooth; add to slow cooker. Stir in sour cream. Cover and cook 1 hour longer. Serve over noodles; sprinkle with parsley.

Preparation Time 25 minutes
Cook Time 7 hours
Serves 7







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NDP gov't promises will lead to tax hikes: Pallister

By Austin Grabish

Manitoba Opposition Leader Brian Pallister says recent promises made by the Selinger government will lead to tax hikes.

Speaking to reporters on Nov. 24, Pallister said high-ticketed promises outlined in the province's throne speech like creating 12,000 more child-care spaces and expanding cell service will leave the governing NDP with no choice but to raise taxes after the provincial election next spring.

"Promises come with a cost associated with them, and for Manitobans, a billion a year of new spending means a higher tax burden in the not too distance future should this government come back in," Pallister said.

Selinger wouldn't rule out a tax hike while speaking to The Canadian *Press*, but promised to keep Manitoba as one of Canada's most affordable provinces to live in.

But he has faced increased pressure from the Opposition Progressive Conservatives who want him to rule out a tax hike.

His reluctance to give into the Tory pressure is likely a lesson learned from the 2011 provincial election.

At the time, PC leader Hugh McFadyen said Selinger wouldn't be able to keep his election promises without raising the provincial sales tax.

Selinger said an increase to the sales tax was a "ridiculous" idea, but then in 2013 went on to raise the PST from seven to eight per cent.

The broken promise has been a thorn in the Selinger government's to fall behind in opinion polls.

debt load is concerning, and cited this balanced-budgets. summer's downgrading by Moody's "The NDP has consistently missed



side ever since as the NDP continue Investors Service, an international credit agency, which dropped the Pallister said the province's rising province's credit rating due to missed

its targets, it has raised taxes by record amounts, and it is continuing to drive our province backwards,"Pallister said.

The provincial election is slated to take place on April 19.

Christmas Bazaar brings seasonal cheer to East Beaches



RECORD PHOTO BY LAURA TUTLIES

These Christmas elves and reindeer provided yummy treats at last Saturday's Grand Marais Christmas Bazaar and Bake Sale.

By Laura Tutlies

The community hall was decked with holly, lights and glitter while neighbours greeted neighbours to the Grand Marais Christmas Bazaar and Bake Sale.

The annual event, on Nov. 28 was sponsored by the Grand Marais Seniors. Hundreds flocked through the doors from when they opened at 9:00 a.m. until the tables were folded at lunch time.

Fresh hot coffee, baked cinnamon buns and assorted muffins were the first order of the day. Elves Betty Rooswinkle and Lynn Kancer along with reindeer Bonnie Grace kept the kitchen while the rest of the

204-482-0833

team managed the huge selection of baked goods, used books, crafted items and raffle tables that are integral to the Bazaar. Guest presenters at market tables offered a wide variety of items from Christmas knitting and crafts, to candles, health products and the fantastic wooden rocking horses offered by Mac and Jean MacDonald. The latter aren't just functional toys for children, they are works of art.

"We had more tables of baking than ever before and more people through the door that we have had in many years," organizer Betty Cross said.



Proposed gravel pit could harm Gull Lake, resident says

By Brandon Logan

Some Gull Lake residents are concerned about the future of the lake.

Kyle Nixdorf is leading the charge of local residents who are trying to delay Chabot Enterprises' proposed gravel pit that would be developed in the northwest corner of the lake.

The main concern for Nixdorf is the fact that no environmental impact study was conducted to measure the impact, if any, that this project will have on the lake and water levels.

Nixdorf said the water in Gull Lake is held in by a sensitive thin layer of clay about a half mile away from the lake, which is in the vicinity of the gravel pit project.

"We have a huge concern that this gravel pit, as soon as they dig, will potentially increase the purge rate of Gull Lake," Nixdorf said, adding there are fears it could drain the lake completely.

Nicole Chabot of Chabot Enterprises said there should be no concerns about the project and the status of the

Chabot said there have been other gravel producers in the near vicinity of the project, noting there is one right across the road.

"I honestly don't know where he would get that idea from ... the area has been active with other gravel producers out there in very close proximity to where we're operating," Chabot said, adding the company, which was started more than 50 years ago by her grandfather, has worked with the province, the City of Winnipeg and numerous rural municipalities successfully in the past.

While she did not confirm or deny if the company had taken part in an environmental impact survey, she said if gravel projects in the area had the capability to drain the lake, it would have happened already.

"I would say that historically speaking, if one were to take those factors into consideration ... if this concern had any validity to it, we would have seen some action well before now," she said. "And by action I mean, if they're concerned the lake was going

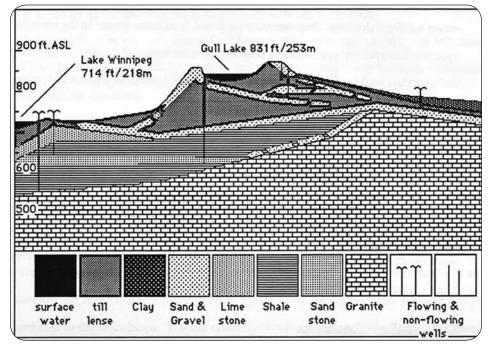


PHOTO COURTESY OF KYLE NIXDORF

This photo shows the different types of sediment that lies underneath Gull Lake. Some local residents believe a proposed gravel pit that would be developed in the northwest corner of the lake could impact water levels.

to be drained, then I think the lake would have been drained in the last 40 to 100 years of gravel extraction in the area."

Nixdorf said he and residents of the community are not against the project per say, but just want to ensure the lake will not be harmed in the process.

He added there was a study done in 1992 that supports their claims that there could be ill effects from the project.

"I'm trying to get the attention of the government to put a stop to this," he said. "Not necessarily to put it to a stop based upon our own claims we have, but put a stop to say that we have enough evidence to show that we need a complete environmental impact study to prove that this will not impact Gull Lake."

Chabot Enterprises isn't required to do an environmental impact study because it's private land.

With those concerns in mind, Nixdorf created a petition more than a week ago and as of last week it had collected well over 350 signatures. A Facebook page called "Gull Lake

Awareness" was also created and just over 200 people have 'liked' the page.

Chabot argues that besides the fact the gravel pit is safe and won't harm

the lake, the company is stimulating the local economy and cleaned up what was once an eye sore in the com-

She said before Chabot Enterprises bought the land, it was basically a community garbage pit.

"The pit we're talking about actually up until we were working in there very recently, used to be used by residents as, for lack of a better term, an unauthorized landfill,"Chabot said."A lot of garbage being dumped in there and when we went in there and purchased the land, we actually cleaned all of that up."

Nixdorf said he's been in contact with Minister of Conservation and Water Stewardship Tom Nevakshonoff's special assistant about meeting with the government before the New Year, but Nixdorf said that's not soon enough for the residents of Gull Lake.

"We're trying to pass (on the) fact that if this guy starts digging, which he can do at really any time now because he's cleared the trees, he can hit water tomorrow and Gull Lake could be empty," he said. "We don't know the effects it can have and this is why we're demanding an environmental impact study."





Disability Matters: Vote 2016 aims to give Manitobans a voice

By Natasha Tersigni

Ensuring all Manitobans will be heard and considered during the upcoming provincial election is the goal of the new campaign, Disability Matters: Vote 2016 (DMV2016), that was launched last week by Abilities Manitoba and Barrier-Free Manitoba.

On Dec. 3, the 23rd annual International Day of Persons with Disabilities, hundreds of Manitobans from all walks of life packed into the Manitoba Legislature building to witness the launch of DMV2016; a non-partisan campaign that aims to highlight the importance of cross-disability issues during the upcoming general provincial election.

Representatives from all three provincial parties, Minister of Family Services Kerri Irvin-Ross (NDP), Leader of Manitoba Liberal Party Rana Bokarie and MLA for Portage La Prairie Ian Wishart (PC), were present at the campaign launch and heard the objectives and issues that DMV2016 will lobby for during provincial election campaigning by the parties.

The three objectives of DMV2016 is to ensure that all Manitobans with disabilities can participate fully in election activities and those who are eligible to vote are able to do so; to promote priority attention for disability issues in the election and to support Manitobans with disabilities in making informed decisions.

"There are an estimated 160,000 Manitobans with disabilities that will be eligible to vote in the next provincial election on April 19, 2016. These 160,000 Manitobans also have friends and family that are deeply impacted by disability issues. Whether all of them vote, and whoever they decide to vote for, will make a huge difference on the progress on disability issues through to 2020 and beyond," said DMV2016 co-spokesperson Ma-





RECORD PHOTOS BY NATASHA TERSIGNI

Hundreds of supporters came out to the Manitoba Legislature on Dec. 3 for the launch of the non-partisan campaign Disability Matters: Vote 2016. The campaign intends to lobby the parties during the upcoming provincial election on important issues that affect Manitobans with disabilities.

linda Roberts.

"DMV2016 is about ensuring all Manitobans with disabilities can participate fully in all election activities from nominating and electing candidates through to voting on election day."

One of the main issues that DMV2016 will lobby the parties on, is for the government to make progress on the Accessibility for Manitobans Act (AMA) that was enacted on Dec. 3, 2013. The Act works to close the wide

gap that exists between human and legal rights and the everyday experience Manitobans with disabilities. Although the Act passed Third Reading with unanimous member support in the Legislature Assembly, in the past two years progress has been slow on the promised accessibility standards.

"Manitobans with disabilities have a human right to participate like anyone else in all aspects of public life; where they work, where they shop and where they participate in leisure activities. That is the law but it has never been a reality," added Roberts.

Other issues that the campaign will focus on is lobbying for fair living wages and training for support workers that work with Manitobans with intellectual disabilities and for the province to increase the supports and services available for people with disabilities and their families.

Sixty staff and individuals from the Community Living group in Selkirk attended the event.

West St. Paul COPP liaison honoured by annual outstanding service award

Staf

West St. Paul Citizens on Patrol Program RCMP liaison Const. Bryan O'Rourke has earned the 2015 Manitoba Law Enforcement Outstanding Service Award.

Handed out only once a year, the honour recognizes law enforcement personnel who go above and beyond the call of duty to serve their communities. O'Rourke was nominated for the award by RM of West St. Paul Ward 3 Coun. Detlef Hindemith, who also volunteers as the community's COPP co-ordinator.

"Const. O'Rourke's contributions to the West St. Paul Citizens on Patrol Program are both exceptional and appreciated by the residents of West St. Paul," Hindemith said in a release last week. "There is no doubt he is worthy of this recognition.

"He frequently attends community events on top of his regular police duties, and volunteered to do the finger-printing for the children's identification program at the 2015 Community Safety Expo. He personifies the strong working relationship the West St. Paul COPP program has with the East St. Paul RCMP detachment."

There are approximately 60 COPPs operating in Manitoba.

The award was presented at the

COPP gala in the presence of Justice Minister Gord Mackintosh, R.C.M.P. Chief Supt. Scott Kolody, Winnipeg Police Service Deputy Chief of investigative services Danny Smyth and other law enforcement dignitaries.

Const. O'Rourke was not available for the presentation but Hindemith accepted the award on his behalf.

SUBMITTED PHOTO

West St. Paul Coun. Detlef Hindemith accepted the 2015 Manitoba Law Enforcement Outstanding Service Award on behalf of RCMP Const. Bryan O'Rourke (not pictured).



Sportside > OUTSIDE > OUTSIDE DOWN

Fredborg fantastic as freshman with Wolfpack

Selkirk native excelling with University of Nevada

By Brian Bowman

Everyone knows that Nevada is famous for gambling.

Well, it's pretty fair to say that the University of Nevada Wolfpack are real glad that they took a gamble on Travis Fredborg.

The sweet-swinging left-hander from Selkirk has been outstanding as a freshman on the Reno-based Wolfpack's men's golf team.

"Things have been going real well here," said Fredborg, who is majoring in communications with a minor in business, last Sunday. "I finished the semester as the No. 1 player on the team with the best scoring average."

Fredborg has an average score of 72 at Nevada so far this season, which is fantastic for any player. But, like all great golfers, Fredborg feels that there is room for improvement.

"I feel like I didn't play that well," he said."I had some good days, but some days I was a little sloppy and I should have been a lot better."

Fredborg capped off a strong fall debut season with the best finish of his young career after he tied for 12th at the Pacific Invitational at Stockton Golf & Country Club in late October. Fredborg shot rounds of 73 and 72

going into the final round and closed with a 74 to finish with a 6-over 219. As a team. Nevada took seventh overall at the tournament.

Due to NCAA rules, the Wolfpack is now off until late January when it returns to action against Stanford in a match-play event.

Before that, Fredborg, 19, will return home soon to Selkirk for the holiday break. He said he is eager to get back home to frosty Manitoba.

"I can't wait to see all of my family and friends," Fredborg said excitedly.

He won't be able to do any golfing back home, but the talented Fredborg has already had a plethora of experience playing against the top U.S. schools - and collegiate golfers - in the past couple of months.

"We play against some really, really good schools," said Fredborg. "It's pretty crazy and nerve-wracking representing a school. You're playing for more than yourself, and you don't want to let down your teammates or coach down."

Fredborg has adapted nicely to that pressure, however, and is enjoying his time immensely in Reno, which is located a couple of hours east of Sacra-



SUBMITTED PHOTO

Selkirk's Travis Fredborg has been outstanding on the Reno-based Wolfpack's men's golf team, finishing the first semester as the No. 1 player on his team.

And, of course, the weather is also

"I love it (here)," enthused the 6-foot-2, 185-pounder. "I can walk out right now in shorts and go play golf. And they treat us (Division I athletes) like Gods. It's pretty unbelievable."

But his time in Reno has not been all fun and games in nice weather. He admitted it was quite an adjustment leaving home for the first time and going to school in the U.S.

"It hit me like a train right at the start," he admitted. "It was tough with travelling all of the time. We travel basically every single weekend in the fall, so I got really behind in school right off of the bat.

"But I've brought it back up. It was a learning experience and I think now I have the hang of it."

Royals selected to volleyball graduating all-star games

The Selkirk Royals were very well represented at Volleyball Manitoba's 2015 Graduating "AAAA" all-star games last Saturday at St. Paul's High School in Winnipeg.

On the varsity girls' side, Selkirk had five players selected to play in the game. They featured Jessica Friesen, Kailey Painchaud-Niemi, Lauren Weremy, Jamie Fisher, and Madison Ganske.

Weremy was also chosen as one of eight players to the Girls All Manitoba Team.

The other female players selected for the all-star game included Elizabeth Tooth (Vincent Massey Collegiate), Bailey Koop (Kildonan East), Kearley

Abbott (St. Mary's Academy), Madison Kurth (Vincent Massey), Shayla Kessler (MBCI), Brianna Patrick (St. Mary's) Jordyn Fisher-Wells (Fort Richmond), Emily Yaeger (Kelvin), Charity McMurray (Miles Macdonell), Olivia Fisher-Wells (Fort Richmond), Keylyn Feilwich (Vincent Massey), Jocelyn Koswin (Garden City), Shelby Sinclair (Glenlawn), Shea Pyle (St. Mary's), Josie Abbott (St. Mary's y), Shayla Heinrichs (Vincent Massey - Brandon), Darby Coughlin (St. Mary's) Maricar Costosa (Tec Voc) and Alyssa McClennan (Glenlawn).

The Royals also had two players Carter O'Hara and PJ Seekings picked for the boys"AAAA" game.

The rest of the grad all-star boys' roster included Ben Hooker (St. Paul's), Martial Rondeau (College Jeanne-Sauve), Cole Tokaryk (Vincent Massey - Brandon), Eric Robb (Vincent Massey- Winnipeg), Keegan Teetaert (Steinbach Regional), Stefan Lavallee (Steinbach Regional), Austyn Ducharme (Miles Macdonell), Ethan Duncan (Westwood), Eric Ellison (MBCI), Everett Chartier (Miles Macdonell), Serge Girouard (Miles Macdonell) Ted Glass (Vincent Massey Collegiate - Winnipeg), Trezon Morcilla (Garden City), Julian Burtniak (Vincent Massey - Winnipeg), Mitchell Keber (Miles Macdonell), Lucas Signatovich (St. Paul's), Eric Loeppky (Steinbach Regional), Zackery Thielmann (Miles Macdonell), Daniel Thiessen (Glenlawn Collegiate), Spencer Rozier (John Taylor), Steven Francisco (Daniel McIntyre) and Matthew Stastiuk (St. Paul's).

The girls' coaches of the year included: A - Jill Patmore (Deloraine School) AA - Carl Fast (Niverville Collegiate), AAA - Jayme Menzies (Westgate Mennonite Collegiate) and AAAA - Russ Harder (Glenlawn Collegiate).

The boys' coaches of the year featured: A - Keith Braaksma (Glenboro School), AA - Jacqueline Lemoine (College Regional Gabrielle-Roy), AAA - Martin Rochon (College Louis Riel), AAAA - Marshall Jones (Vincent Massey Collegiate).

Royals 2 wins water polo bronze

By Brian Bowman

The Selkirk Royals 2 won a bronze medal at the 2015 Manitoba Water Polo School League playoffs after a 10-5 victory over the Garden City Fighting Gophers last Sunday at the Pan Am Pool in Winnipeg.

Mats Hanson and Nettie Wallace led the Royals offensively in the win and were team leaders, said Royals' cocoach Stephen Grahame.

"Ten goals is quite a bit (of offence)," said Grahame, a long-time coach with the Royals' program, who was helped this year on the sidelines by fellow cocoach Alana Grimolfson. "We worked all year on our lob shot and that was probably a key to our success.

"With a lob shot, you don't have to have a lot of power to score – it's more finesse."

Grahame said everyone on the Royals 2 team had the capability to utilize the lob shot, which allowed them to score, at times, at a high rate.

"That really set us apart because (the other team) just had one or two guys," Grahame noted. "We were all dangerous."

Brandon Makowsky was outstand-



Brandon Makowsky was outstanding in goal.

ing in goal for Selkirk in the win.

Selkirk was relegated to the bronzemedal game after losing earlier in the day to Dakota.

It was a good season for the Royals' two water-polo teams. Twenty-two players came out for water polo this season, which allowed Selkirk to field two different teams.

The Royals were the lone school in the province to have two teams this past season. And most of the athletes that came out, said Grahame, were female athletes.



RECORD PHOTOS BY LANA MEIER

The Selkirk Royals 2 won a bronze medal at the 2015 Manitoba Water Polo School League playoffs at the Pan Am Pool in Winnipeg last Sunday.

Interlake senior men's berth winners decided

Staff

CurlManitoba hosted the Strathcona Trust Senior Men's Regional Qualifiers last weekend at various curling clubs across Manitoba. Eleven berths were awarded for the 2016 Strathcona Trust Senior Men's Curling Club Provincial Championship which will take place at the Fort Rouge Curling Club from Feb. 25-29.

In Selkirk, the two Interlake berth winners featured Kerry Fedorchuk-Petersfield CC (Terry McRae, Randy Duguid, Russ Wasylyk) and Rob Atkins-East St Paul CC (Dale Dielschneider, Drew Drystek, and Grant Steski).

In Atkins' final game Sunday, he

edged Gimli's Dave Suchy 7-6. Fedorchuk, meanwhile, beat East St. Paul's Rob Atkins in his final game Saturday.

The other berth winners included: Central (Lansdowne Arden) Berth Winner:

Curtis McCannell-Pilot Mound CC (Eric Atkins, Don Vines, Bill Thiessen, Coach Jackie McCannell)

Eastman (Springfield)
Berth Winner:
Keith McLeod-Springfield CC (Terry
Gibb, Rob Roeland, Greg Smith)

Norman (Flin Flon) Berth Winner: Sam Antila-Burntwood CC (Alex Sutherland, Curtis Ross, Rob Smith)

Parkland (Dauphin) Berth Winner:

Jim Todoruk-Dauphin CC (Doug Fisher, Michael Zazuliak, Craig Winters)

Westman (Shoal Lake) Berth Winners:

Kelly Robertson-Neepawa CC (Doug Armour, Peter Prokopowich, Bill Scott)

Dale Brooks-Hamiota CC (Randy McKean, Dave Clark, Robert Lamb, Fifth Tim Weber) Winnipeg (Deer Lodge) Berth Winners:

Doug Riach-Granite CC (Ron Gauthier, David Sitarik, Grant Mistelbacher)

Brad Wainikka-Elmwood CC (Steve Friesen, Ken Friesen, Jamie Hartry, Fifth Ian Beavis)

Randy Dutiaume-Thistle CC (Dave Tonnellier, Dave Lemoine, Kyle Halford)

Teams that have already qualified include:

Murray Warrren-Deloraine CC Bob Sigurdson-Granite CC Ken Ringaert-Fort Rouge CC Butch Mouck-Gilbert Plains CC Randy Neufeld-La Salle CC

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Friesen fantastic in Steelers' debut last weekend

By Brian Bowman

Brett Friesen may have had his share of troubles with the Humboldt Broncos in the Saskatchewan Junior Hockey League this season, but he has been real good so far for the Selkirk Steelers.

Friesen earned two victories - both shutouts - in his debut with the Steelers last weekend. The Carberry native was 0-9-1 in 11 games this season before being released recently by the Broncos.

More importantly, however, he is 2-0 in Selkirk.

"Brett Friesen really calmed things down for us," said Steelers' head coach Wayne Bartley of his new goaltender. "He made the saves when we needed them and played well - that was nice to see."

Selkirk won all three of its road games last weekend - outscoring the opposition 12-2.

"We've worked hard over the last couple of weeks," Bartley said. "We had that eight-game losing streak but we lost five of those eight games by one goal and lost two of them by a shootout."

The Steelers made it a clean sweep last weekend with a solid 4-0 win over the Waywayseecappo Wolverines on Sunday.

Friesen made 28 saves and was deservedly named the game's first star.

Selkirk scored three times in the first period, two by Nathan Halvorsen and the other by Dallas Starodub. Ty Kraus then added a shorthanded goal into an empty net with 22 seconds left in the third.

Last Saturday, the Steelers had another great effort in an impressive 5-0 shutout win over the Dauphin

Newly-acquired forward Jake Dudar led Selkirk with two goals and two assists.

"I really like Jake," Bartley said. "He's a real creative guy and he makes guys around him a lot better. He's playing really well right now."

Kraus had a goal and an assist while Mark Wilson, who was brought over in a trade with the Winnipeg Blues for Tyler Edwards last week, and Riley Derlago also scored for Selkirk.

Edwards, 20, had a goal and 10 points in 25 games with Selkirk this season. The Winnipeg native played parts of three seasons with the Steelers, scoring six goals and 25 points.

Wilson, 18, meanwhile, scored twice and added three assists in 20 games with the Blues this season.

Friesen made 18 saves in his first start of the season for Selkirk.

The Steelers started the weekend with a solid 3-2 overtime win over the Swan Valley Stampeders. Dudar scored the game winner in OT.

After a scoreless first period, Swan Valley grabbed a 2-0 lead after 40 minutes on goals by Josh Tripp, on the power play, and Tristan Langan.

Selkirk's Chris Westlund and Colby Dudek, with his first goal of the season, then scored just over five minutes apart midway in the third to tie the score at 2-2.

Evan Robert made 30 saves for the win.

The Steelers were also busy off the ice as they made a few changes just before the Dec. 1 deadline.

Besides the Edwards trade for

Wilson, Selkirk released 19-year-old goalie Cody Murray and 18-year-old forward Shanan McFadden. Murray posted a 4-5 record with a 4.47 goalsagainst average while McFadden had a goal and two assists in 17 games.

The Steelers (12-14-2) will be real busy once again this weekend with three games in three days. Selkirk will host the league-leading Terriers Friday and then will visit Portage on Saturday.

On Sunday, the Steelers will wrap up the weekend with a home game against the OCN Blizzard.

All three games have 7:30 p.m. starts.

Friesen named MJHL player of the week



Brett Friesen

Submitted by the MJHL

By virtue of posting back-to-back shutout wins, Selkirk Steelers' goalie Brett Friesen has won the MJHL Recycle Everywhere Player of the Week honour.

Friesen, 18, was recently acquired by the Steelers and, in his first two starts, has been flawless: 56 shots, zero goals; save percentage of 1.00 and GAA of 0.00.

The Carberry native is hoping his hot streak continues as the Steelers look to move up the MJHL standings.

The runners up for the award were 17-year-old forward Tristan Langan of the Swan Valley Stampeders and 19-year-old defenseman Brady Keeper of the OCN Blizzard.

Steelers' goalie leaves team after death of his father

By Brian Bowman

Tragedy has struck the Selkirk Steelers' family.

Steelers' goaltender Evan Robert, 18, abruptly left the team last weekend after learning that his father had suddenly passed away in downtown Minneapolis from unusual circum-

Robert's 50-year-old father, Dr. Christopher D. Robert, chief of anesthesiology, was reportedly walking to his downtown residence - the family's second home - from a workplace Christmas party before his body was discovered around dawn Saturday along I-94 near Groveland Avenue.

Interstate 94 connects Minneapolis to Fargo.

A 911 caller alerted authorities to Dr. Robert's body shortly before 7:30

"This has affected the entire Steelers' organization and we have, and will continue to provide Evan, with all of the support that he needs," said Steelers' general manager David Obirek when contacted by the Selkirk Record Tuesday afternoon.

"We are all deeply saddened by this tragedy."

At press time Tuesday, Minneapolis authorities had not confirmed Dr. Robert's cause of death. The Minneapolis police twitter account, however, described Robert's death as being "unwitnessed" and it did not appear to be the result of a hit-andrun crash.

Evan is currently back home in Minnesota and it is not known when, or if, he will return to the Steelers. He had earned the starting goaltending job with the Steelers while Hayden Dola has been out of the lineup due

Evan has a 5-9 record with a 4.19 goals-against average and a .877 save percentage in his rookie season in the MJHL.

Along with Evan, Dr. Robert also leaves behind his wife, Kerry Ace, and 11-year-old daughter Jennifer.

Royals' hockey teams lose in extra time

By Brian Bowman

Both of the Selkirk Royals' hockey teams suffered losses in extra time recently.

In girls' action, the Royals were defeated 3-2 in a shootout by the Glenlawn Lions Monday in East Selkirk.

No goal scorers were available by press time.

Selkirk played CSHC this past Tuesday and Miles Mac on Wednes-

day. The Royals will then battle the Buckeyes next Wednesday at Gateway Arena. Game time is 3 p.m.

On Dec. 2, the Royals boys' hockey team was edged 3-2 in overtime by the Kelvin Clippers.

Cole Ferguson scored the OT winner with two minutes remaining.

Auzzie Loewen had tied the score at 2-2 midway in the third period. He earlier scored a power-play goal in the second period.

Gabe Odowichuk scored for Kelvin in the opening period while Matt Lawrence tallied late in the middle frame. Selkirk, which now has 10 wins in league play and 32 points, battled St. Paul's this past Tuesday but no score was available. The Royals will then play the Oak Park Raiders Friday at Eric Coy Arena in Winnipeg. Game time is 3:45 p.m.

Fishermen earn split last week in KJHL

By Brian Bowman

The Selkirk Fishermen needed some extra time to decide a winner in both of their games last week.

Selkirk earned a split in a pair of Keystone Junior Hockey League games that were decided in a shootout.

Last Friday, the Fishermen nipped the Falcons 3-2 in Lun-

Selkirk's Jeremy Pachkowsky was the one player in six tries to score in the shootout.

Pachkowsky had given the Fishermen a 2-1 lead with a goa with 7:18 remaining in the second period. He leads the Fish in scoring with 14 goals and 21 points in 15 games this sea-

Coel Forsyth scored a shorthanded goal in the first period to give the visitors a 1-0 lead.

Bryce Horning and Landen Gray scored for Lundar.

Riley Bannerman, a Stony Mountain product, was great in goal for Selkirk, facing 46 shots.

On Dec. 1, the Fishermen were nipped 2-1 in a shootout by the Arborg Ice Dawgs in Selkirk.

Cory Kuldys and Braydon Chwartacki scored for Arborg in the shootout. Karl Fey replied for Selkirk.

In regulation time, Arborg's Connor Jonasson and Selkirk's Jay Muller traded second-period goals.

Selkirk, now 12-4-0-1 and in first place in the South Division, played at North Winnipeg this past Tuesday (no score was available at press time) and then will continue on the road with a pair of games this weekend.

Arborg on Sunday (2:30 p.m.).



RECORD PHOTO BY BRETT MITCHELL

The Fishermen will battle St. Malo Saturday (7:30 p.m.) and to the Arborg on Sunday (2:30 p.m.)

MJHL announces November player awards

By Brian Bowman

The Manitoba Junior Hockey League announced last week that the RBC Player of the Month for November was Cole Smith of the Steinbach Pistons.

Smith, a 20-year-old forward from Brainerd, Minn., had seven goals and 12 assists in 13 games last month. His offensive production in November topped all MJHL scorers.

The runners up for the award were 20-year-old forward Cam Whyte of the Winkler Flyers and 19-yearold forward Mack Hardy of the Virden Oil Capitals. Sher-Wood Hockey Defenseman of the Month

The Sher-wood Defenseman of the Month for November was Brett Orr of the defending RBC Cup champion Portage Terriers.

Orr was stellar defensively and also chipped in with 14 points (three goals, 11 assists) in 13 games.

The runners up were Virden's Zach Whitecloud, 19, and Winkler's Lawson McDonald, 18.

MGEU Goaltender of the Month

A runner-up for this award in October, Virden's Sean Kuehn won the MGEU Goaltender of the Month honours for November.

Kuehn, 20, put together an outstanding 8-2 record last month, highlighted by a shutout and a sparking .941 save percentage. The Texas native also posted a 1.60 goals-against average.

The runners up were Steinbach's Roman Bengert, 19, and Zach Degraves, 20, of the Swan Valley Stam-

IBAM Rookie of the Month

The IBAM Rookie of the Month for November was Virden's Ben Dalke. The 17-year-old forward, who hails from La Salle, produced 18 points (six goals, 12 assists) in 12 games - topping all MJHL rookies in October.

The runners up were Swan Valley forward Josh Tripp, 17, and Portage forward Nick Henry, 16.

The MJHL also announced several trades last week. Here are the most updated MJHL trades by this past Tuesday's Record press deadline.

December 3

Winkler acquired the CJHL playing rights of 19 year old forward Luc Soares from the Victoria Griz-

zlys for future considerations.

December 2

The Dauphin Kings acquired the CJHL playing rights of 19 year old forward Kendall Huckins from the Soo Eagles for future considerations. Dauphin also acquired the CJHL playing rights of 20 year old forward Dylan Bredahl from the

Amherst Ramblers for future considerations.

The Waywayseecappo Wolverines acquired the CJHL playing rights of 18 year old forward Matthew Smishek from the Flin Flon Bombers for future considerations.

Swan Valley acquired the CJHL playing rights of 18 year old forward Connor Navrot from the Battlefords Stars for future considerations.

Winkler traded the CJHL playing rights of 19 year old goaltender Ryan Larochelle to the Humboldt Broncos for future considerations.

December 1

Portage acquired the CJHL playing rights of 20 year old goaltender Josh Bykowski from the Melville Millionaires for future considerations.

Winkler traded the CJHL playing rights of 18 year old goaltender Clarke Flegel to Melville for future considerations.

Waywayseecappo acquired the CJHL playing rights of 18 year old goaltender Troy Martyniuk for future considerations. The Wolverines also traded the CJHL playing rights of 19 year old goaltender Brandon Holtby to Dauphin for future consider-

Dauphin also traded the CJHL playing rights of 20 year old defenseman Zach Klebaum to the Kindersley Klippers for future considerations.

Winkler acquired the CJHL playing rights of 20 year old goaltender Nathan Warren from the Soo Thunderbirds for future considerations.

Waywayseecappo traded the CJHL playing rights of 18 year old forward Rylee Zimmer to the Flin Flon Bombers for the CJHL playing rights of 19 year old forward Landon Gross and future considerations.





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SELKIRK

ANNUAL PUBLIC NOTICE

Additions to the Voters List and/or **Personal Security Protection Requests**

CITY OF SELKIRK and LORD SELKIRK SCHOOL DIVISION

In accordance with Section 36 of The Municipal Councils and School Boards Election Act (MCSBEA), the City of Selkirk Voters List is open for changes

- Any person who is eligible to vote in municipal elections in the Local Authority of The City of Selkirk / Lord Selkirk School Division can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

The next General Election takes place in October, 2018.

To implement the above, a written request must be submitted to the Senior Election Official, in person, by e-mail, fax or mail to:

City of Selkirk

Senior Election Official

200 Eaton Ave., Selkirk MB R1A 0W6

E-mail: asinclair@cityofselkirk.com

Phone: 204-482-4900 Fax: 204-482-5448

Deadline for submissions is December 18, 2015.

Brooke Kell Senior Election Official City of Selkirk

MISCELLANEOUS

Ideal Xmas gifts! Adult push walker with wheels, seat, seat belt and brakes. compl. \$300 firm; men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40, pants in-seam (leg) 30 out seam 36, immac. cond., \$100; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$100, - both suit, coats & pants have recently been dry cleaned, had very little use; LN sz.9 safety shoes EC, only worn about 2 wks. \$60; BN never used EWO student desk study lamp still in box, \$15; 2 -BN never used 1 black & 1 brown leather wallets w/change purse & side lock, \$15.ea.; Sunbeam 2 - slice toaster in EWO \$15. 204-785-8598 Selkirk.

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Applications for both the Power Line Technician and Aboriginal Line Trades Pre-Placement Programs must include a personal résumé and a complete transcript of marks (high school and any post secondary). Only complete applications will be considered.

Visit our website at www.hydro.mb.ca/careers to apply online. If you are unable to access a computer, please call our Employment Line at 1-204-360-7282 or 1-800-565-5200.

The deadline for applications is December 21, 2015. We thank you for your interest and will contact you if you are selected for an interview.

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WANTED

We are looking for anyone who has stories and/or pictures from the MS Lord Selkirk II ship. Whether you were employed on it, or enjoyed a cruise, we'd like to hear from you. Please call Lindsey Enns at 204-485-3337 or email news@selkirkrecord.ca

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Save 30% on our Greenland and Wild Labrador Voyage until December 18, 2015. See Labrador as it was meant to be seen - by sea aboard the comfortable Ocean Endeavour. No extra charge for singles! Quote community newspapers! Call toll free: 1-800-363-7566 or visit: www.adventurecanada.com (TICO # 04001400).

UPCOMING **EVENTS**

Christmas Art Sale Sat. & Sun. Dec 5 & 6 and Dec 12 & 13, 11 a.m. - 4 p.m. 72190 Floodway Dr. S. Lockport For info. 204-299-5701.

Winter Artisan and Trade Market last Christmas chance Craft Sale, Dec 12th 10 a.m. - 3 p.m. at 28 St. Andrews Road, St. Community Andrew Centre. For info: 204-482-3458.

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NOTICES

AN & AF #151 Grey Cup winners - Ken Carter, Fred Lyon, Craig McCollum, Denise Leveque, Sharon Chartrand, Gary Harasymec, Neil McCarthy and John Borvs.

STRAW

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Flax straw \$2/bale. Smiley Farm Road 77 East Selkirk, Ph. Breanne 204-485-5241

NOTICES

Knights of Columbus Selkirk Council #6150, list of winners - 2015 Grey Cup - Ted Geard, Elizabeth Meyer, William Oneschuk, Ann Bezdietny, Bernie Praznik, Harvey Bear, Doug Wasnie, Kevin Shirley Cisaroski. Thomson, Doug Wasnie, Todd Stefanyshyn, Gil Pippel, Liz Cisaroski, Lionel Hancock, Doreen Vinzenz, Larry Skwarek, Tricia Geurts, Lorrain Leniuk, Fran Sutherland, Jack Gottfried, Dennis Vermeulen, Rob Praznik, Jeff DeCock, and Bruce Kreamer.

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Secured Party: Flys High Golden Eagle Woman©™ Vallerie Cherelyne Laube©™ Uniform Commercial code file#2015-318-6360-1 personal Property Registry number: 201522534809 Debtor(s): JOHN EDWARD DOELL©™ Secured Party: Stand Strong Bald Eagle©™ John Edward Doell©™ Uniform Commercial code file #2015-318-6362-5 personal Property Registry number: 201522625405.

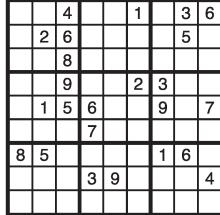
NOTICES

LIQUOR LICENCE APPLICATION, PUBLIC NOTICE, LORI CYR operating as THE HILLSIDE HUB at 38167 HILLSIDE BEACH ROAD, HILLSIDE BEACH, MANITOBA has applied for DINING ROOM LIQUOR SERVICE LICENCE PATIO AREA UNDER DINING ROOM LIQUOR SERVICE LICENCE to serve liquor from: 9:00 A.M. to 2:00 A.M. MONDAY TO SUNDAY 1:00 P.M. to 2:00 A.M. REMEMBRANCE DAY Citizen and community input is an important part of the application process. If you have questions about zoning by-laws and requirements, please contact your municipality. If you want to make a formal objection to this application, please send us your objection in writing by 4:00 p.m. 14 DAYS FOLLOWING THE PUBLICATION OF THIS ADVERTISEMENT. You can email, mail or fax your objection. Please include your contact information. Email: licinspect@LGAmanitoba.ca

Mail: P.O. Box 1023 Winnipeg, MB R3C 2X1 Fax: 204-453-5254 – We respond to all formal objections and will work to resolve objections before issuing a licence. - A copy of the objection will be provided to the licence applicant. - Each person who submits an objection will be advised in writing of the outcome to the licence application.

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 785-1618

proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate The proteins amino acids, minerals, lipids and water. Sey compounds that work to stimulate the work to stimulate that work to stimulate the work to stimulate that work to stimulate the work the work to stimulate the work to stimulate the work to stimulate

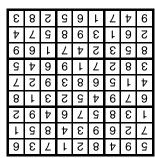


Fun By The Numbers

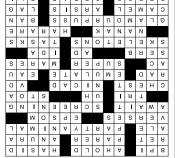
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have vou hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



Crossword Answer

CLUES ACROSS

- 1. Characters in one inch of tape 4. In a hold
- 9. Jewish mystic
- 14. A way to souse 15. A small sharp knife
- 16. Frogs, toads, tree toads
- 17. Brew
- 18. Rowdy carouser
- 20. Poetries
- _ salts, remedy
- 23. Expect eagerly
- 24. Obstructing the view of something
- 28. Denotes three
- 29. Expression of uncertainty
- 30. Greek portico
- 31. Bureau
- 33. Electric battery
- 37. Vapor density 38. Radioactivity unit
- 39. Strive to equal or match
- 41. Cologne 42. Carrier's invention
- 43. Highest in degree or quality

- 44. Female horses
- 46. Serbian 49. Publicity
- 50. Actress Lupino
- 51. Supporting structures
- 58. Indian founder of Sikhism
- 59. Capital of Zimbabwe
- 60. Woman of charm and good looks
- 64. Order
- 65. Draft animal in desert
- regions 66. Unaccented syllable verse
- 67. Fail to keep pace 68. Sheath or shirtwaist
- 69. Moss stalks
- 70. __ Lilly, drug company

CROSSWORD

CLUES DOWN

- 1. Exclamation of praise
- 2. 200 island Pacific nation (alt. sp.)
- 3. Repeated
- 4. Hungers
- 5. School of Business, UCB
- 6. Bobby ___, NHL champ
- 7. Lease
- 8. More parched
- 9. Medieval merchant guild
- 10. Negative ions
- 11. Top
- 12. One of the Gershwins
- 13. Dekalitre
- 19. Imitate
- 21. Gentlemen
- 24. Dawn
- 25. A citizen of Chile 26. Bright stars
- 27. Codfish genus

- 31. Extremely unrefined
- 32. Diacritical mark 34. Correspondences
- 35. Indicates position
- 36. Small cup
- 40. 12th Greek letter
- 41. Capable of being eliminated
- 45. 12th Jewish month
- 47. Rechristen
- 48. In a way, imputes
- 52. Hydroxyls + 2C
- 53. Follows sigma
- 54. Vegetable shrubs
- 56. South African village
- 57. Monetary unit of D.R. Congo 59. First Chinese dynasty
- 60. Divides evenly into (Math)
- 61. Household god (Roman)
- 62. Pakistani rupee
- 63. American time

Announcements

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ANNOUNCEMENTS

BIRTHDAY





Time for a bigger car Nick Happy 16th young man On December 10

-Love Mom and Dad, brother Cam, sisters Brandi, Pyper and Jordanna, Baba and Gigi and Grampa from camp

ANNOUNCEMENTS

IN MEMORIAM



ANNOUNCEMENTS

BIRTHDAY

Happy 2nd Birthday Kingsley December 11, 2015 We love you so much You keep us smiling

-Love Auntie Cherri, Brittanie and Gordie and Lola

ANNOUNCEMENTS CARD OF THANKS

St. Clements' Church Altar Guild Ladies wish to thank all persons who visited our Xmas Tea and Bake Sale. To those who donated baking, crafts and items for our silent auction table goes a special thank you. God bless and may you all have a great holiday season.



In Loving Memory of my Mom Marie Thomas If roses grow in Heaven, Lord please pick a bunch for me; Place them in my Mother's arms, And tell her they're from me. Tell her that I love and miss her, And when she turns to smile; Place a kiss upon her cheek. And hold her for a while. Because remembering her is easy. I do it every day: But there is an ache within my heart, That will never go away. It's been five years Mom, but I still miss and love vou.

-Baby Jane and family

ANNOUNCEMENTS

IN MEMORIAM



Begg, John Robert May 17, 1929 - December 8, 2005 We think of you in silence, We often speak your name; But all we have are memories, And your picture in a frame. It broke our hearts to lose you, But you did not go alone; For part of us went with you, The day God called you home. -Lovingly remembered and sadly missed by wife Estelle and family

ANNOUNCEMENTS

IN MEMORIAM



Kathleen Pearl McBride April 16, 1934 - December 13, 2012 Another year has gone by.

My heart aches just as much as the day you left us. I miss you, we miss you. We thought of you today, But that is nothing new; We thought about you yesterday, And days before that too. We think of you in silence, We often speak your name; All we have are memories, And a picture in a frame. Your memory is a keepsake, From which we'll never part; God has you in His arms, We have you in our hearts.

-Love, John and family

ANNOUNCEMENTS

IN MEMORIAM

Adam Fontaine December 14, 2002

I thought of you today. I thought of you yesterday. I will always treasure the years That we had together. Loving you, missing you always, Forgetting you "Never".

-Love Nan Audrey

IN MEMORIAM



Adam Fontaine April 4, 1984 - December 14, 2002 We are sending a dove to heaven, With a parcel on its wings; Be careful when you open it, It's full of beautiful things. Inside are a million kisses, Wrapped up in a million hugs; To say how much we miss you, And to send you all our love. We hold you close within our hearts. And there you will remain; To walk with us throughout our lives, Until we meet again.

-Love Mom Cherri, sister Brittanie Mae, brother Gordie and great cousin King and Dad Lennie

IN MEMORIAM



Adam Fontaine April 4, 1984 - December 14, 2002 There is always a face before us, A voice we would love to hear; A smile we will always remember, Of a great grandson we loved so dear. Deep in our hearts lies a picture, More precious than silver or gold; It's a picture of our Adam, Whose memory will never grow old. We will love you forever, As long as we live. Our great grandson and great nephew You will always be.

-Loved always Nana Frost, Geoffrey and Gerald

nnouncements Selkink Regional

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Ronald Edward (Ed) Still

Suddenly, on Monday, December 7, 2015, Ed Still, aged 52 years, passed away.

A funeral service will be held on Friday, December 11, 2015, in the Good Shepherd Lutheran Church, at 1:00 p.m. with Rev. Ken Pawluk officiating.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY

Robert William Cox



Peacefully on December 1, 2015 with his family by his side Rob Cox passed away.

Rob will be deeply missed but forever loved by his wife Carolyn; mother Lovina Green; children, Robbie (Kristin); Carla (Adam); grandchildren, Kaitlin, Alyssa, Carter and Ellie; brother, Doug (Cathy); brothers-in-law, Paul (Laurie), Ron, Charlie (Jan), Randy (Ramone) and numerous nieces and nephews. Rob was predeceased by his wife Mary; father Robert; brother Dennis and sisterin-law Melinda; sister Barbara and brother-in-law Glenn.

Rob was born at the Selkirk General Hospital on September 13, 1955. He grew up in Selkirk and continued to live in the area all his life. After school he began his career at Manitoba Hydro and he worked his way up the ladder to the Manager of Energy Service Sales where he retired in 2011 after 37 and a half years.

Rob was an organizer of many events including many provincial curling events. He was the Selkirk chair for the 1999 World Junior hockey, chair of the 99 Years of Class, co-chair of the 2003 Western Canada Summer Games, and chair of the 2009 Telus Cup. He remained active in the community up until his passing by sitting on boards for the Gaynor Family Library, Kiwanis on the Red and Manitoba Good Roads.

He was recognized for many accomplishments such as the Selkirk and District Citizen of the Year in 2002 and the Lieutenant Governor's Award in 2012. He was also achieved lifetime membership from the Manitoba Curling Association and Manitoba Good Roads.

Rob was also very supportive of Robbie and Carla's many activities and sports.

The family would like to extend our heartfelt thanks to all the medical staff for their loving care for Rob.

Flowers are gratefully declined; in keeping with Rob's community minded spirit donations in Rob's memory may be made to the Selkirk & District Foundation, 200 Eaton Ave, Selkirk, MB, R1A 0W6. A memorial service was held on Saturday, December 5, at 2:00 p.m. in the Selkirk United Church, 202 McLean Ave. with Rev. Deborah Vitt officiating. Reception to follow at the Selkirk Rec Center.

> Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY

Ronald Chyborak July 27, 1944 - November 28, 2015

It is with great sadness that the family announces the sudden passing of Ronnie at his residence in Clandeboye, MB., at the age of 71 years.

Ron was predeceased by his father Michael and mother Ann. He is survived by his sons, Steven and Peter; wife Jeannette; siblings Alexcina, Dennis, Irene (Ed) and many nieces and nephews.

Ron was born in Selkirk and worked at the Manitoba Rolling Mills for 45 years. He enjoyed sports, especially drag racing, an interest he shared with his brother for most of his life. Ron was kind to all animals and had a special place in his heart for his furry babies, Barney, Mackie, Slinky, Fluffy and

He was a good man.

A private family service will be held.

In lieu of flowers, please make a charitable donation to an animal shelter of your choice.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY



Stanley Peter GrochowichPeacefully, on December 2, 2015 at the Tudor House Personal Care Home, Stanley passed away at the age of 81 years.

He was predeceased by his father John; mother Anna; sister Bernice; brother Walter and sisters-in-law Fran and Joanne.

Left to mourn his passing is his step-mother Sophie; brothers Steve and Patrick; sister Frances (Peter) and sister-in-law Lori.

Stan was born in Selkirk on November 2, 1934. He was employed at the Manitoba Rolling Mills, retiring in 1988. He enjoyed fishing and travelling.

Thank you to the staff at Tudor Home for their care and kindness. Cremation has taken place with a private interment will be held

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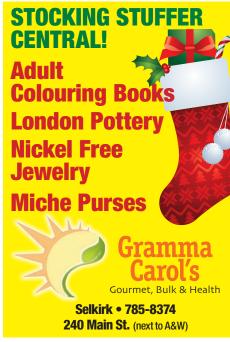


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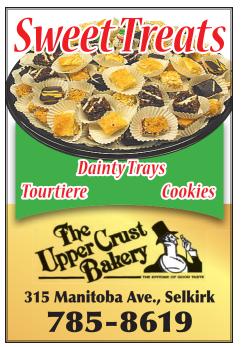


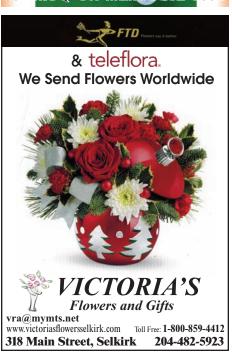














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