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The Selkirk Record

VOLUME 9 EDITION 50

THURSDAY, DECEMBER 13, 2018

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Sounds of the season

RECORD PHOTO BY LINDSEY ENNS

Members of the Chamber Choir with Sarah Park on cello, pictured centre, alongside Noah Park on violin perform "Breath of Heaven" during A Christmas Spectacular put on by the Comp's performing arts students inside the school's gymnasium last Wednesday evening. Hundreds of Selkirk and area community members packed the Selkirk high school's gymnasium during the annual Christmas concert, which also helps raise funds for the school's performing arts music program. For more photos, see Page 3.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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RECORD PHOTOS BY JUSTIN LUSCHINSKI



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A Christmas Spectacular at the Comp



RECORD PHOTOS BY LINDSEY ENNS

Performing arts students at the Comp perform during A Christmas Spectacular inside the school's gymnasium last Wednesday evening.



12th annual Community Vigil Walk



RECORD PHOTO BY LINDSEY ENNS

A group of community members and local dignitaries gathered inside Selkirk council chambers following the 12th annual Community Vigil Walk last Wednesday evening.

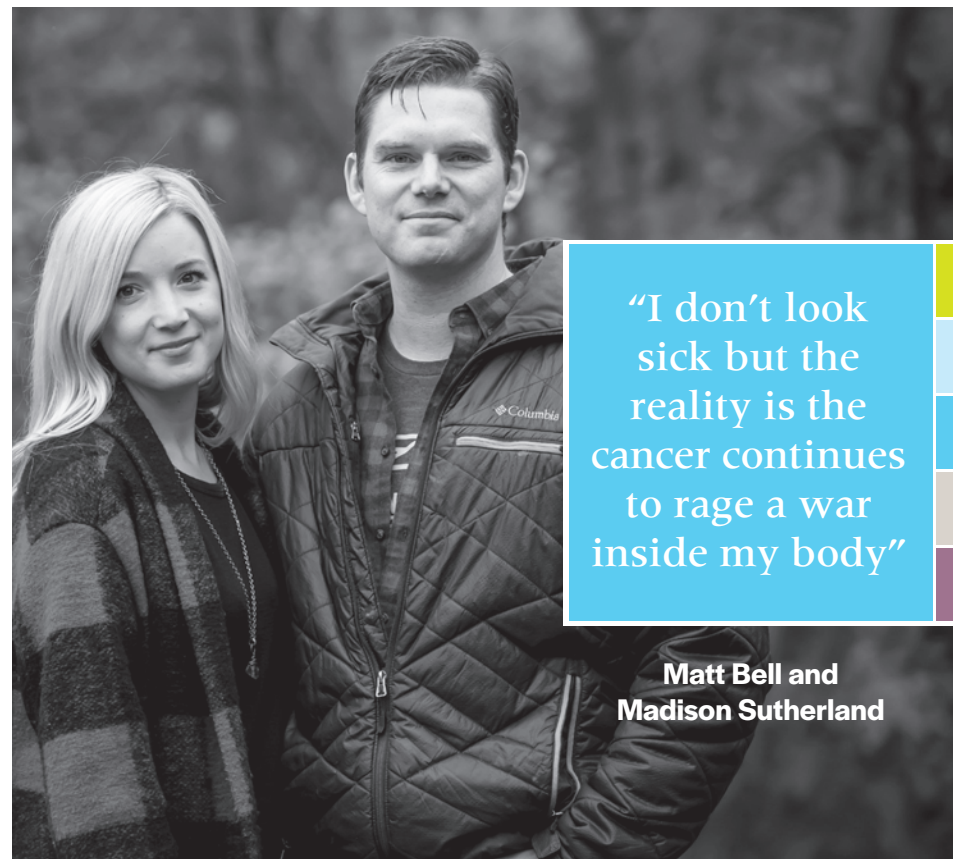
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BiG DOLLAR

LSSD ramping up security efforts after online threats

By Lindsey Enns

The Lord Selkirk School Division (LSSD) is ramping up its security measures after multiple online threats closed all 15 of their schools and left thousands of students and staff on high alert last week.

As a short-term safety solution, LSSD Supt. Michele Polinuk says all exterior doors at all of the division's schools will be locked between 9 a.m. and 3:30 p.m. If your child is going to be late, the LSSD is asking you to call the school in advance.

The division is also planning to form a committee of trustees, staff and community members to review their emergency preparedness strategy.

"We're very satisfied with most of what we did but there's room for improvement, we always learn from every experience," Polinuk said while sitting inside the division's board office last Wednesday afternoon. "What we can improve on next time is having a better hold and secure system in place."

Polinuk said getting those procedures in place is a high priority for the local school division.

"Parents were anxious. They were wanting to get their kids ... but when the doors are locked the kids are safe in the school," she said, adding several parents chose to pick up their children from school last Tuesday. "We know that we need to improve on those procedures and the communication of



ABOVE LEFT: Members of the Selkirk Bear Clan Patrol and local drumming groups were on hand to welcome Comp students back to school last Tuesday morning. ABOVE RIGHT: Selkirk RCMP ramped up their presence at local and area schools last Tuesday.



RECORD PHOTOS BY BRETT MITCHELL

"SUPPORTS ARE ALWAYS IN PLACE IN OUR SCHOOLS."

those procedures."

A hold and secure means all the school's exterior doors are locked, preventing anyone from leaving or entering the school.

Polinuk said the divisions's online messaging system being down last Monday morning was also a chal-

lenge, but they are looking into getting a back up system in the future.

Counsellors and staff were on hand last week to speak with students as needed. Polinuk said around five students visited a counsellor following the online threats.

"Supports are always in place in our schools," she said.

The Selkirk Bear Clan Patrol, along with two local drumming groups, were also on hand last Tuesday morning to welcome students back to school.

RCMP wants to remind everyone that these types of online threats "are taken very seriously."

"Charges will be pursued against anyone participating in this type of online activity,"

Sgt. Paul Manaire stated in a release last week. "We ask that students and residents in Selkirk only share facts from trusted sources such as the school district, police or city officials."

"Many people are experiencing fear and uncertainty over these incidents and the spreading of false information and rumours is not helpful."

RCMP added the threats made last Tuesday morning were related to the threats sent out on Dec. 2.

Last Tuesday, Selkirk RCMP charged 18-year-old Kingsley Brett Williams with two counts of Uttering Threats and one count of Failing to Comply with an Undertaking in regards to online threats made last Sunday. A 16-year-old male youth has also been charged with one count of Uttering Threats.

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letters

Look beyond the headlines – Selkirk is a kind, strong community

Our school community has had a rough couple of months. Type in “Lord Selkirk School” into a Google news search and not only will you come across the recent online threats leading to the entire division shutting down, but also “Armed student arrested at Selkirk school” and “Teen stabbed at high school in Selkirk.” I’ll admit, it doesn’t look good, but I’d like to ask you to take a moment to look behind these headlines.

I am not originally from Selkirk, nor do I live in the community now, however, Selkirk is like an adoptive home for me. Eighteen years ago, when I was applying for my first teaching jobs out of university, I decided to apply to the Lord Selkirk School Division and Lord Selkirk Regional Comprehensive Secondary School in particular. My friends thought I was crazy to apply, “It’s too dangerous,” some said while others cautioned, “Do you know the reputation of that school?”

In accepting the job, I could not have made a better decision. This community embraced me, and I embraced it. It didn’t take me long to realize just how amazing a community Selkirk is.

In response to the latest round of online threats at the high school, the Selkirk Bear Clan and local Indigenous drum groups came to the school to show that the community cares and is thinking about our safety and well-being.

Meanwhile, students were playing in both the varsity girls and boys provincial volleyball finals, others are preparing Christmas hampers for the community, working on projects to help provide support to young mothers, helping refugees, planning a trip to help build a school in Kenya, creating programs to help students with special needs, and our outstanding performing arts department has undertaken a massive “Christmas Spec-

tacular” performance. This is but a small sample of all the good things happening in our school community.

The Comp, and the larger Selkirk community as a whole, is incredibly strong, and I am very proud to be a member of this community. In writing this letter, my hope is that you can see past the negative headlines of recent weeks and I invite you to come see us for what we really are, a community that is kind, a community that cares for each other, and a community that seeks to make a positive difference in the lives of those around us, both near, and far.

This Letter to the Editor was submitted by Kevin Lopuck, social students teacher at the Comp.



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Gorgeous Poinsettias



Long-time WSP volunteer hopes to inspire others to give back

By Justin Luschinski

Bev Bragg has been volunteering in West St. Paul for more than 50 years.

Bragg was born and raised in the local RM, and she started volunteering when she was 15-years-old. She's been on so many committees, and pushed for so many improvements to the RM, that she can't even remember them all.

And on Nov. 30, during the West St. Paul Seniors Lunch at the Sunova Centre, Bragg was honoured for her many years of service in front of dozens of her peers. West St. Paul council presented her with a plaque for more than 50 years of volunteering.

After she accepted her award, Bragg quickly went back to the kitchen to help cook more turkey and meatballs for the lunch guests.

"I was very honoured. I'm happy people thought about doing that for me. I've been volunteering for so long, and I love every minute of it," Bragg said, as she was checking on a slow-cooker, stewing some meatballs. "My father instilled the need to volunteer when I was young, and I'm hoping to inspire other people to do the same."

"If you do good, good comes back to you."

Included in her long list of contributions to the RM, Bragg was part of the committee that started West St. Paul's baseball program, which she is still a part of to this day. She was also integral in West St. Paul's centennial celebration in 1980, she recalls when they held events every month for the RM's 100 year anniversary. She started the West St. Paul Remembrance Day cer-



RECORD PHOTO BY JUSTIN LUSCHINSKI

West St. Paul Mayor Cheryl Christian, pictured left, presents long-time West St. Paul volunteer Bev Bragg, right, with an Appreciation Award for more than 50 years of service to the RM during a seniors lunch at the Sunova Centre on Nov. 30.

emony six years ago, and continues to host it to this day.

West St. Paul Mayor Cheryl Christian said council felt they needed to recognize Bragg as well as her many accomplishments.

"She's dedicated her entire life in West St. Paul to helping the RM. Hopefully, the award is gratifying to her, because she deserves to be recognized, and we hope this award inspires other people to get involved in their community," Christian said. "To dedicate your life to volunteering, (that is) something we have to recognize."

Bragg's family also has a long history of volunteering their time. Bragg's father was on the first West St. Paul Volunteer Fire Department, and spent many years volunteering at the McNaughton Community Centre until he was in his late 70's. Her mom was on the first home and school committee in the 50's.

Bragg said she hopes to inspire others to take up volunteering.

"Volunteering is something we learn from our parents. And it's something we can pass on to our kids. I've been doing this so long, I've seen kids grow up and go on to do amazing things," Bragg said.

The Sunova Centre is currently looking for more volunteers. For more information, contact the RM of West St. Paul by calling 204-338-0306, or by visiting weststpaul.com.

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WSP residents get first look at family friendly development

By Justin Luschinski

Another housing development is coming to the RM of West St. Paul.

Forthright Properties held an open house for a multi-family development, which is being built at 3813 Main Street in West St. Paul, just north of Candle Company Antiques, last Monday evening at the Sunova Centre.

The development plan includes building 59 three-bedroom townhouses, 26 two-bedroom townhouses as well as 54 one, two and three bedroom apartments for a total of 139 units.

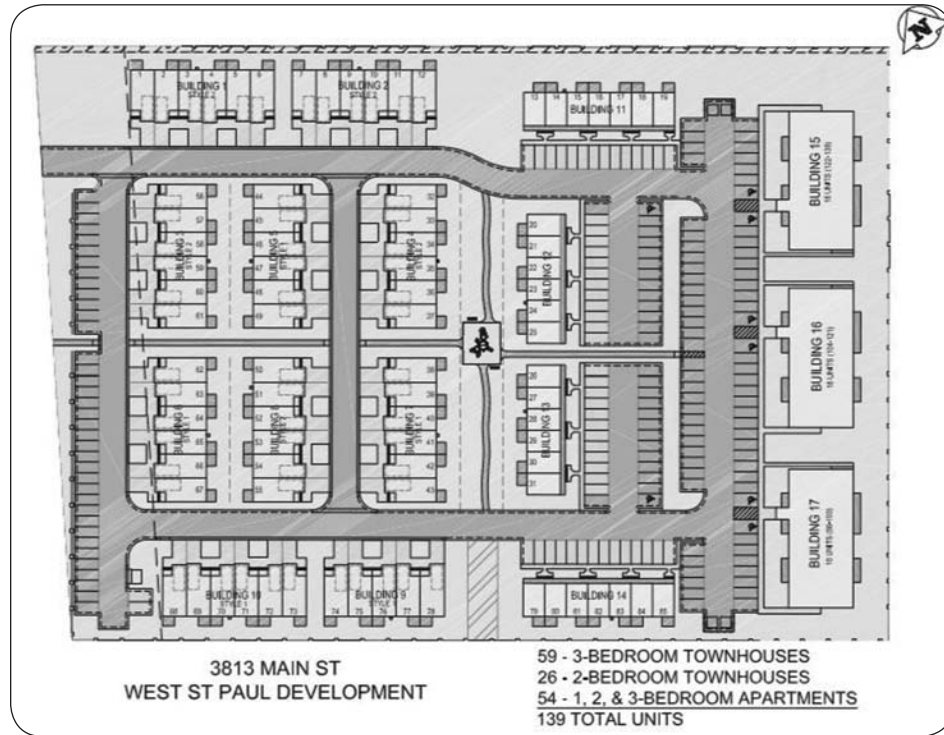
The development was approved by the previous mayor and council, and due to a loophole, it did not need to provide a development plan or host an open house before it was passed.

Newly elected West St. Paul Mayor Cheryl Christian says the new council aims to close these loopholes.

"This project was fully approved before present council was elected. Current council is committed to public engagement and letting residents know what's going on," Christian said.

"We're going to address loopholes that allowed this to happen. This has re-confirmed our commitment to make sure there's a proper process for this."

An application to re-zone the area



SUBMITTED PHOTO AND RECORD PHOTO BY JUSTIN LUSCHINSKI

Forthright Properties held an open house for their already-approved multi-family development being built on Main Street in West St. Paul at the Sunova Centre last Monday. The project was approved in 2016, before current mayor and council was elected.

into a multi-family development was submitted in 2015, and passed third reading on April 14, 2016. Normally, larger housing developments need to be subdivided, which means they need to submit a development plan

and hold an open house before moving forward.

But the area did not require a subdivision, each building was zoned as an "individual multi-family development," which does not require any

subdivisions. This means that the owners could move on to the design phase with the Red River Planning District, without submitting a development plan to council, or holding an open house.

The land was sold to Forthright Properties on Nov. 30, 2016, who held off on submitting the site plan until after the municipal election. After speaking with the newly elected mayor and council, they agreed to hold an open house about the project, even though they are under no obligation to do so.

Ron Dobrinsky of West St. Paul said he didn't know anything about the development before the open house last week.

"It was a surprise to learn that it was finalized. I didn't know anything about it, as far as I know it hasn't been brought before council," Dobrinsky said. "My main concern is the traffic. (Main Street) is already a very congested area, what's going to happen with all that extra traffic in front of the school? I know there's a lot of accidents that happen around there."

Construction is expected to begin in February 2019, and should be fully completed by fall 2020.

For more information about Forthright Properties, visit forthrightproperties.ca.

Crisis centre now offering third-party reporting option to sexual assault survivors

Submitted

Survivor's Hope Crisis Centre is now able to process Third Party Reports of sexual assault and assist with applying for up to \$2,000 in counselling through Manitoba Justice Compensation for Victims of Crime.

In April 2018, the Winnipeg Police Service and Manitoba RCMP announced a new protocol that would allow people to report sexual assault to a community agency who then submits an anonymous report to law enforcement. Survivor's Hope has partnered with Klinik Community Health Centre to make Third Party Reporting accessible in northeastern Manitoba.

"We have a team of well trained vol-

unteers who already do a stellar job of providing crisis support in hospitals and RCMP detachments through the region," said Stephanie Klassen, Reaching Out Program Coordinator for Survivor's Hope. "And now those skilled helpers are ready to assist anyone who wants to let law enforcement know about their experience of violence but doesn't necessarily want to make a full statement and press charges."


Third Party Reports allow anyone who was the direct target of sexualized violence to document as much of the experience as they want and submit it to either RCMP or Winnipeg Police Service. These reports help to track violent offenders and may provide addi-

tional information on other cases.

The Compensation for Victims of Crime Program through Manitoba Justice is now accessible to those who make Third Party Reports. Up to \$2,000 towards counselling can be accessed by completing an application form.

Those interested in more information about Third Party Reports are encouraged to contact Survivor's Hope 204-753-5353 or email through the website survivors-hope.ca.

Survivor's Hope Crisis Centre provides crisis intervention, support, and information to survivors and secondary victims of sexualized violence in north-eastern Manitoba. They run workshops in schools throughout the region that aim to prepare youth for strong, healthy, and respectful relationships. They also offer crisis counselling support and information in their Pina-wa office Monday to Thursday 9 a.m. to 4 p.m.




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Winter storms make for dangerous conditions

Hi, thanks for stopping in friends. These first two stories shared by our angling brothers might remind us that short winter days and snowstorms can play a part in driving on the ice in winter. It was close to Christmas on a mid-afternoon day off the west shoreline of Lake Winnipeg with dusk quickly closing in on young Jorden Green as he sat in his truck watching for any movement of his fishing tip-ups. He noticed wind driven snow falling into his ice holes but thought nothing of it being in a state of sleepiness brought on by the solitude and darkening of the cloudless blue sky over the white endless mat of the ice field. Then a gust of wind jarred his truck. He looked out the window and realized he could no longer see the thin black line that was the western shoreline. It was time to make for land. He got out of the truck turning his face from the now cold biting wind and quickly pulled his fishing rigs up tossing them into the box of the truck.

Back in the warmth of the cab he turned on the lights, put it in gear and drove forward looking for the tracks he had made coming out. They were gone. He looked for telltale features on the ice or snow he had passed on the way out onto the ice earlier in the morning. His thin body tensed, his eyes strained as he picked his way around snowdrifts. Then before him through the blinding sheet of swirling snow a high drift appeared. In seconds he was in it. He slammed down on the gas pedal thinking to drive through it. The tires started to spin. He hit the brakes. His hands clung to the steering wheel. He sat rigid for a moment regaining control then slowly put the truck in reverse and eased on the gas. The tires caught and he backed out of the snow bank. He swung around the drift as the snow shining in the trucks headlights became a white curtain. He forged ahead only to feel the lifting of the truck in deep snow that now



RECORD PHOTO BY ARNIE WEIDL
Trent Lamirande of Winnipeg with one of his almost master walleye catches out of Lake Winnipeg.

held him fast.

It was time for help. He took out his cell phone and called his friend Donovan Pierce of Selkirk who he knew was on the ice in his general region. Not long after, Jordan saw the headlights of Donovan's halftrack rig bouncing toward him. He was saved!

Far out on the ice off the south end of Lake Winnipeg last winter Ian Petreman, a tall, thin, light haired fellow was ice fishing with friends and as the afternoon darkness came upon them, so too did a heavy snowfall and a raging wind. They were tailgate fishing and it did not take long to throw their gear into the trucks box and head for land. Ian's truck was a large diesel and the snow driving across his windshield illuminated by his bright headlights served to mask the deep drifts ahead of him. At first the big trucks tires sent the snow flying high on either side of

it but soon the drifts got thicker and they could hear snow scraping on the underside of the truck.

The truck slowed, and then stopped, with the motor racing and the wheels spinning. The men jumped out into the black storm pulling on their parkas and climbing into the truck box for shovels. They began shoveling and moving the truck forward two or three truck lengths at a time. The lights of the truck showed their way while the smell of diesel exhaust flitted in the wind. Suddenly above the blowing snow bobbing headlights of another large truck came bouncing their way. They waved them in and after a brief shouting conversation over the whipping wind the two men in the new truck hooked onto Ian's and pulled him free. Soon the two heavy trucks were pounding wildly through large drifts toward shore side by side. That is until the truck that helped Ian hit a snow ice ridge and stopped high and dry! This time Ian returned the favor and pulled their rescuers out. Finally they all made land somewhere by Belair and stood beside their idling trucks in the dark joking about their adventure and getting to know each other!

Brothers Kyle and Jarrett Slobodian of average height, bearded and with guarded smiles stood with their cousin Trent Lamirande, who was of a quiet nature, sharing a frustrating fishing story when I met them on the Red River last week. It seems these guys have been fishing together for thirty years and the brothers have caught dozens of master walleye. Cousin Trent on the other hand has caught just as many walleye but every single one has been a tiny bit short of master length. So in order to compensate Trent for nature's injustice, join me as we pictorially feature him this week with one of his almost masters! Till next week, bye now.

View the Selkirk Record online at selkirkrecord.ca

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Pawed Pals working to keep stray cats warm this winter

By Lindsey Enns

For nearly 34 years, Bud Kirby's bright red barn and his Libau area home have served as a safe haven for stray kittens and cats.

"When we bought this place we had two cats, and then other cats just sort of wandered in," the 73-year-old said while sitting inside his home recently. "If they weren't neutered we would get them fixed."

At any given time over the past 30 or so years, Kirby says he's been helping take care of a minimum of 15 cats. Kirby, with some much needed help from the Selkirk-based Pawed Pals Animal Rescue, are currently caring for around 25 cats on his property.

"And there's a couple more coming," Kirby said.

Sid Prokipchuk, the volunteer intake co-ordinator at Pawed Pals, says over the years the cat population problem in St. Andrews, St. Clements and Selkirk has "exploded."

This year alone, the rescue helped spay or neuter a total of 160 cats. The rescue also took cats on a total of 342 visits to a local veterinary office.

"We're making a difference ... along with all the other rescues," Prokipchuk said.

Pawed Pals, which is a network of volunteers who rescue, foster and re-home stray and unwanted cats in Selkirk and area, currently has around 32 cats in their foster home program with more waiting to come in. They are also helping provide food, water and shelter for roughly 134 outdoor cats.

To help keep the cats warm this winter, Prokipchuk is building cat houses equipped with heated lamps at various locations in Selkirk and area. He said last year he saw a need for insulated cat houses so he started building them out of plastic totes. This year he is building them out of old freezers, the odd tool chest and using sheepskin and other insulation donations to keep them warm.

"Every year you get different donations so you have to change the way you build stuff," he explained. "As fast as I'm building these houses, they're going."

"This winter I plan to build 10 more."

Prokipchuk has built six cat houses for Kirby's property alone. He says people like Kirby are a huge help to the animal rescue while they are finding cats their new forever homes.

"They're angels to us," Prokipchuk said. "It's a whole team effort, everybody comes together so we can save these animals."

Kirby says all the cats on his property have been spayed or neutered and if he had to estimate, he's probably spent



RECORD PHOTOS BY LINDSEY ENNS
LEFT: Bud Kirby sits next to his cat Sammy inside his Libau area home on Nov. 30. Kirby has been helping take care of stray and feral cats for nearly 34 years. BELOW: Sid Prokipchuk, the volunteer intake co-ordinator at Pawed Pals Animal Rescue, pictured below right, checks the temperature inside a heated cat house made out of an old freezer inside Kirby's barn on Nov. 30.



thousands of dollars caring for stray animals over the years.

"My wife and I just decided that if they come here we'll take care of them," Kirby said, adding after his wife passed away last February, he's continued to take in more cats. "Somebody has to look after them."

Kirby says over the years the cats have become like his children.

"They are God's little creatures and they didn't ask to be here so it's not their fault," he said. "I can never turn my back on them."

Kirby said his advice for those wanting to bring a kitten or cat into their home, is to make sure it gets spayed or neutered.

"If you don't do it, you're part of the problem," he said.

The problem also isn't limited to just Selkirk and area, Village of Dunnottar Mayor Rick Gamble says over the years they have noticed an increase in stray cats as well. He added the village launched their own trap, neuter and release program about two years ago and it's "been very successful."

"When you see them running around on the road, licking their paws and

they're cold and malnourished, it's not a pleasant thing to see," Gamble said. "You can either bang your head against the wall or do something about it."

The program has also received lots of support from residents and raised nearly \$7,000 in its first year.

"It's been phenomenal," he said.

For more information, visit dunnottar.ca.

Those wanting to donate items that could be used to build outdoor cat houses or other items such as cat food can do so by calling Pawed Pals Animal Rescue at 204-461-0062. The rescue is also cur-



rently in need of more foster homes. For more information, visit pawedpals.org.

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Celebrating 26 Years

Local man battling cancer looks to inspire others

By Lindsey Enns

A local couple wants to thank Selkirk and area community members along with the CancerCare Manitoba Foundation for their support and generosity during a very difficult time.

Thirty-year-old Matt Bell, who grew up in the St. Andrews area, has stage IV malignant melanoma, a type of

cancer that may not be curable, he says. But despite the odds, he and his wife Madison Sutherland of Selkirk aren't giving up hope.

"I am scared. Yet I am optimistic too. I am optimistic there may be a cure for cancer one day through donor support of cancer research," Bell writes in his story about his own cancer journey, which he submitted to the CancerCare Manitoba Foundation recently. "I have come to really understand how support of CancerCare Manitoba Foundation is helping provide me with treatment options. Treatment options which did not exist this time last year."

Annitta Stenning, CancerCare Manitoba Foundation's president and CEO says Bell's passion for living well with cancer is inspiring.

"Matt is an incredible person. He is a great example of how donor-funded research and clinical trials undertaken in our province at CancerCare Manitoba are saving lives," Stenning said.

Bell said he hopes sharing his story



SUBMITTED PHOTO

Madison Sutherland, pictured left, and her husband Matt Bell, right, say they want to thank Selkirk and area community members along with the CancerCare Manitoba Foundation for their support and generosity during a very difficult time.

will inspire others to support cancer patients living across Manitoba.

"Five years ago my cancer started with a mole on my lower back which needed to be removed. This mole, which I thought was nothing to worry about, was the snowball which started my incredibly hard cancer journey," Bell said. "At diagnosis, the doctors determined the cancer had already entered my lymphatic system. Overnight, my cancer went from stage I to stage III. This news was one of the hardest things I've ever heard."

The couple, which got married in August, then received more terrible news. Another lump was found in Bell's arm. The lump was later surgically removed but in June, three more tumours were discovered.

"Madison and I were devastated," he said.

But shortly after, the couple learned new drugs were available to treat Bell's melanoma following a success-

ful clinical trial run in Manitoba.

"Science is moving so very fast. It's really amazing," he said. "Support provided to CancerCare Manitoba Foundation makes it possible for us to continue our love story. We have been partners since the beginning of my journey, continuously celebrating life's little victories."

In lieu of gifts at their wedding in August, the couple asked guests to make a donation to the CancerCare Manitoba Foundation.

"We wanted to do something meaningful, if not for ourselves then for the cancer community," Matt said. "We are so grateful for each and every one of the generous gifts made in our honour."

"There is no better feeling than celebrating life with someone you love so much."

For more information about the CancerCare Manitoba Foundation, visit cancercarefdn.mb.ca.



Christ Church Selkirk
Christmas Services
Sunday, December 23
9:30am 4th Sunday of Advent
- Holy Eucharist
Monday, December 24
7:00pm Christmas Eve - Holy Eucharist
Tuesday, December 25
No Service
All Welcome
227 McLean Ave
www.christchurchselkirk.com



Holiday Schedule



December 20th	Christmas Greetings
Regular Paper Deadline – Mon., Dec. 17th, 4 pm	
December 27th	No regular newspaper
January 3rd	Year in Review
Display Ads, Classified Ads or Announcements EARLY Deadline – Tues., Dec. 18th, 4 pm	
<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <p>Happy Holidays!</p> </div> <div style="text-align: center;"> <p>Offices will be closed December 22nd through January 1st. Offices will reopen Wednesday, January 2nd</p> </div> </div>	

CLIP & SAVE



This holiday season, know how to access emergency services in your community:

In the event of a medical emergency call 911 (or your local 10 digit emergency number if one is assigned to your area) to access paramedics who can administer lifesaving care and transfer you to the appropriate facility for the care you need.

On occasion, you may find a doctor is not available in your emergency department. To check emergency department status:

CALL: 1-866-267-5818 to hear a recorded message regarding the status of emergency departments in the region.

VISIT US ONLINE: www.ierha.ca and click "Care in Your Hospital" and "Emergency Department Schedules" to view the emergency department schedule of doctor availability.

In the event that a doctor is not available in an emergency department that you have visited, please speak with a nurse who will help identify your care options. Interlake-Eastern RHA continues to recruit new doctors to the region to improve your ability to access reliable care.



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Metropolitan, archbishop make history at East Selkirk church service

By Justin Luschinski

A metropolitan and an archbishop led the service at a small church in East Selkirk over the weekend, something that has rarely, if ever, happened in Canada.

Metropolitan Lawrence Huculak and Archbishop Stefan Soroka helped lead the Christmas concert and service at the Blessed Virgin Mary Ukrainian Catholic Church in East Selkirk last Sunday.

According to Huculak, it's rare to have two high-ranking church officials in the same place, much less in a small town such as East Selkirk.

Soroka has served the church for more than 80 years, becoming the Archbishop of Philadelphia 17 years ago, and has decided to retire and now resides in East Selkirk.

Soroka said he's looking forward to enjoying a simpler life.

"I'm originally from Winnipeg, I served for 17 years in Philadelphia, I don't really want to live in a big city environment anymore," Soroka said, in the confessional room moments before the service started last Sunday. "I find (East Selkirk) very peaceful, and you rarely need to go into (Winnipeg) for any reason."

Soroka has a long history with the



Archbishop Stefan Soroka, pictured above left, and Metropolitan Lawrence Huculak, right, helped lead the Christmas concert and service at the Blessed Virgin Mary Ukrainian Catholic Church in East Selkirk last Sunday. According to Huculak, it's rare to have two high-ranking church officials in the same place. Soroka has served the church for more than 80 years and has decided to retire and now resides in East Selkirk.

Ukrainian Catholic Church, having held various positions for 64 years before becoming an archbishop. He resigned on Apr. 16, 2018 for medical reasons, and said the people of East Selkirk have given him a warm welcome.

The pair directed last Sunday's service, in keeping with Ukrainian Catholic tradition, but every so often they would let the children come up to the altar to perform skits, sing songs, and

take communion. The children performed a skit about Jesus' birth, as well as an original story rooted in Ukrainian tradition, about a lost little girl who recovers her grandmother's head scarf.

Huculak said the Ukrainian Catholic community is strong here, and he hopes everyone can keep the faith.

"I hope the people of (East Selkirk) keep up the good spirit they have here in this community. I've seen the strength of this community, their Ukrainian culture programs, and I hope they keep up with all of that work," Huculak said. "Keep up with your church life, and do everything you can think of to live a good, full life."

Following the service, the church held a luncheon, where residents enjoyed some hot soup and sandwiches.

Soroka said he's looking forward to helping the community in any way he can.

"I'm glad to be here. Now I can do the thing that called me to the priesthood in the first place, which is pastoral work," Soroka said. "I'm looking forward to finding my niche here."



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- Sunday 10:30am
- Christmas Eve 6:00pm

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Province accepting Conservation Trust project proposals

Staff

The Manitoba government is seeking project proposals that conserve and enhance natural infrastructure and support the Made-in-Manitoba Climate and Green Plan.

"When we launched the Conservation Trust, we envisioned a partnership that would support projects aimed at preserving nature and addressing climate change," said Sustainable Development Minister Rochelle Squires. "One of the key pillars of our climate and green plan is a commitment to nature, and the Conservation Trust signals our continued efforts to protect the environment."

The Conservation Trust was announced in Budget 2018 and will be permanently endowed so it can support and inspire important conservation projects for generations. When fully capitalized, the fund is expected to generate about \$5 million a year and will be managed by The Winnipeg Foundation, with projects administered, tracked and evaluated by the Manitoba Habitat Heritage Corporation (MHHC). The agreement was signed today, with an initial \$28-million contribution made towards the \$102-million trust.

"This \$28-million contribution is a welcome first step toward the goal of building a major trust, supporting important conservation projects in our province," said Rick Frost, CEO of The Winnipeg Foundation.

The minister noted the goal is to work with community groups and non-government organizations to increase the effectiveness of Manitoba's efforts, and have the most impact at the grassroots level.

"We continue to take steps like this on the path to making Manitoba the cleanest, greenest, most climate-resilient province in the country," Squires said. "We look forward to supporting projects that will make a difference in Manitoba for many years to come."

"The Conservation Trust will offer new funding for Manitoba conservation organizations and that will translate into new projects and additional environmental benefits for Manitobans," said Tim Sopuck, chief executive officer of the Manitoba Habitat Heritage Corporation.

More information on the Conservation Trust and the proposal process is available on the MHHC website at www.mhhc.mb.ca. Letters of intent must be submitted by Jan. 15, 2019, to be considered in the first round of proposals.

IERHA's emergency department service unveils holiday schedule

Staff

The Interlake-Eastern Regional Health Authority is reminding residents and travellers to the region this holiday season to visit ierha.ca or call 1-866-267-5818 to access information about emergency department services in their area.

Schedules identifying physician availability are posted online by navigating to the page and clicking on the tab "Care in Your Hospital" and "Emergency Department Schedules."

To hear a recorded message regarding the status of emergency departments in the region, call toll-free 1-866-267-5818 and press the number for the community of relevance to you:

- For Arborg, press 1
- For Ashern, press 2
- For Beausejour, press 3
- For Eriksdale, press 4
- For Gimli, press 5
- For Pinawa, press 6
- For Pine Falls, press 7
- For Selkirk, press 8

- For Stonewall, press 9

Emergency department services are temporarily suspended in Teulon.

"Over the past year our region has seen an increase in physicians taking call in our emergency departments in our region. As a result, our emergency departments are offering more reliable access to care which is reflected in our emergency department schedules," said Dr. Myron Thiessen, vice president of primary health care and chief medical officer for Interlake-Eastern RHA. "Our emergency department schedules are as up-to-date as possible but unforeseen circumstances do occur where a physician may not be available as stated. For instance, on occasion a doctor may accompany a patient on emergency transport – that

means they need to leave the hospital for an undetermined period of time."

In the event that someone attends a hospital where a physician is not available in the emergency room, nurses on site will help people identify their care options.

When an emergency occurs, Thiessen reminds residents to call 911 (or in some areas, your local 10 digit emergency number) to access paramedics who can administer lifesaving care and transfer you to the appropriate facility to access the care you need.

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Harry's helps out hamper program



RECORD PHOTO BY BRETT MITCHELL

Staff from Harry's Foods in St. Andrews donated \$250 towards Mapleton School's Christmas hamper program last Thursday. Throughout the month of December, students at the local school reached out to local grocery stores asking for donations or hams to go in their Christmas hampers as part of the school's Christmas giving challenge.

Shucking oysters for a good cause



RECORD PHOTO BY BRETT MITCHELL

Chef Gordon Bailey, pictured right, shucks oysters during an annual Holiday Round Up gathering at Gaffer's Restaurant and Lounge in support of Parkinson Canada last Wednesday evening. To learn more about Parkinson Canada, visit parkinson.ca.

Selkirk hosts MMF Interlake Regional Meeting



SUBMITTED PHOTO

Dozens of members of the Manitoba Métis Federation (MMF), including MMF President David Chartrand, pictured third from left, and Selkirk Mayor Larry Johannson, centre, gathered at the Gordon Howard Centre for the MMF Interlake Regional Meeting last Saturday.

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PERSONAL INTEREST

SMALL ENGINE REPAIR \$100

Tuesdays, Feb. 12 – Mar. 12

6:00 – 9:00 pm

(5 sessions)

Get your snow blower, ice auger, chainsaw, log splitter, etc. working this winter.

Hands on maintenance for beginners. Learn in a few easy lessons how you can save on repair and maintenance. Covers basic operating principles and trouble shooting in a relaxed environment.

Must be a take home project each week.

Please bring a ratchet set, oil, gas, a flat screwdriver, rags, flashlight and pencil.

Room 199 Power Mech. Lab

WELDING \$130

Wednesdays, Jan. 23 – Feb. 27

6:30 – 8:30 pm

(6 sessions)

For Males/Females ages 18 to 95!

No Experience Necessary!

You will learn how to do basic welding procedures in Gas + Mig, plasma cutting, & brazing. Shape metals and weld them together to make a project to take home. Please wear clothing that you don't mind getting holes in and dirty, or coveralls. The welding material you will be using can be purchased through the instructor or can be brought from home. Will be discussed at first class.

Safety glasses and welding glasses #5 or 6 need to be brought to 1st class.

Metals Shop

OWL PRESENTATION \$18

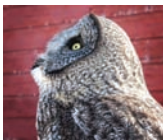
Wednesday, Mar. 6

7:00 – 8:30 pm

(1 session)

Come out and get up close and personal with a live owl! Learn about Manitoba owls with biologist and world owl expert Jim Duncan. Using a variety of media, personal owl impressions, owl parts and "puke" (aka pellets), and Oska (a female Great Gray Owl). Jim will introduce you to the mysterious lives of these nocturnal creatures. Since 2005 Jim and his owl colleagues have given over 300 owl presentations to over 16,000 people, from pre-school kids to retirees. If you have not seen this presentation come out and see why it continues to be a much sought after experience.

Room 141



MAKING MAPLE SYRUP \$20

For Fun or Profit!

Wednesday, Mar. 13

6:00 – 7:00 pm

The sap is flowing!

Do you have a maple or birch tree on your property? Learn how to make your own syrup from local Manitoba maple and birch trees. Hands-on demonstration will include tree identification and selection, tapping the tree, boiling off the sap, bottling, storing the syrup and how-to instructions. Enjoy making your own "sweet treat". Manitoba Maple Syrup - A Taste of Manitoba. Taps will be available for sale following the hands-on presentation (\$2.50 each).

Room 141

GROWING MUSHROOMS \$20

Wednesday, Mar. 13

7:00 – 8:00 pm

Learn to grow specialty mushrooms in your backyard.

Do you have access to oak branches? Learn how to "plant" the mushroom spawn and grow your own Shiitake mushrooms on oak logs. Hands-on demonstration will show how to inoculate the logs with mushroom spawn. A biological process you'll love – growing your own mushrooms backyard style. Mushroom Grow Kits will be available for sale following the hands-on presentation (\$55 each).

Room 141



DIGITAL CAMERA FUN with Brent

Smile – Bring your camera!

BONUS: Take \$5 off second class!

TIPS & TRICKS \$35

Thursdays, Feb. 21 & 28

7:00 – 9:00 pm

(2 sessions)

Basic knowledge & procedures to take great photos & saving/printing pictures.

Room 142

TAKE IT TO THE NEXT LEVEL \$35

Thursdays, Mar. 7 & 14

7:00 – 9:00 pm

(2 sessions)

You've mastered the basic settings; now seek its full potential. Explore creative settings, lighting techniques, composition & studio photography. Bring camera, take photos & make prints for a homework assignment.

Room 142

DOG OBEDIENCE

Thursdays, Jan. 24 – Feb. 28

(6 sessions each)

Please see website or call the office for full course info. Dogs must be up to date on shots, please bring proof of vaccinations to the first class. Please come equipped with a well fitted collar, 6 foot leash, and lots of tasty treats. No Flexi-Leashes allowed. Please park behind the school.

Lower Multi-purpose Room

PUPPY CLASSES \$75

6:00 – 7:00 pm

BASIC DOG OBEDIENCE \$75

7:00 – 8:00 pm

All ages are accepted.

But recommend very young dogs do a puppy class first.



YOUTH CLASSES

Mondays, Jan. 14 – Mar. 11

NO CLASS: Feb. 18

(8 sessions each)

DANCE (Ages 6 - 12) \$70

5:00 – 6:00 pm

Come move to the groove with Gabby!

Introduction to Jazz, Ballet and Hip-hop dancing.

Performance for parents on the final evening!

Cafeteria



Bonus – Save \$15 and Register for Back to Back Dance and Acting! \$125 for Both!

ACTING & THEATRE (Ages 7 – 12) \$70

6:00 – 7:00 pm

"Have you ever wondered how to play a specific character for a play? Or how to mime? Or are you simply wanting to just gain confidence? Come join us on Monday evenings for a glimpse into the theatrical world! This class is for beginners, so do not worry if you have no experience. All you need is an open mind and a little creativity!"

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YOUTH SAFETY

BABYSITTING SAFETY \$55

Ages 11-15

Saturday, Jan. 26

9:00 am – 5:00 pm

Youth ages 11 - 15 come learn to be a safe, Red Cross Certified Babysitter.

Class includes textbook and wallet certificate. Bring a bagged lunch.

Library

HOME ALONE \$40

Ages 8 & up

Tuesday, Jan. 22 6:00 – 8:30 pm

The Home Alone Program is designed to provide children with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. Topics covered include, establishing a routine, house key is your responsibility, strangers, telephone, emergencies, basic first aid and internet safety. Kids 8 and up can attend however, the Canadian Gov't recommends kids under the age of 10 should not be left home alone.

Room 144



CREATIVE SIDE

BONUS* - Register for Both Same Day Classes and Save \$5!

PAINTING

Bob Ross Oil Painting. Beginners always welcome, no experience required. All supplies included. Each done on a 16" x 20" Stretched Canvas.

Room 162

WINTER MORNING \$70

Saturday, Feb. 16

9:00 am – 12:00 pm



RUSTIC WINTER \$70

Saturday, Feb. 16

1:00 – 4:00 pm



LADY IN RED \$70

Saturday, Mar. 16

1:00 – 4:00 pm



CLIFFSIDE \$70

Saturday, Mar. 16

9:00 am – 12:00 pm



KNITTING WARM WINTER COWLS \$45

Tuesdays, Feb. 5 – 19

7:00 – 9:00 pm

(3 sessions)

If you can do a consistent garter stitch we will add a new stitch – the purl. You will use both stitches in combination to complete your project. Intermediate level project.

Materials required: a set of 8 or 9 mm knitting needles, two balls of Bernat Premium yarn in the same or coordinating colors, a very large eye sewing needle (find those in the aisle with the knitting needles, scissors).

Room 141



Please also see ANCIENT CLAY - Health and Well-Being in wellness

FINANCIAL PLANNING

Room 141

CREATING YOUR RETIREMENT PAYCHEQUE - FOR THOSE 10 YEARS FROM RETIREMENT

With Paul Fust, Senior Consultant

\$15

Thursday, Jan. 24

7:00 – 8:15 pm

FINANCIAL PLANNING FOR THOSE UNDER 45

With Myles McInnes, Associate Consultant

\$15

Tuesday, Feb. 26

7:00 – 8:15 pm

RETIREMENT INCOME PLANNING & TAXATION OF YOUR ESTATE

With Paul Fust, Senior Consultant

\$15

Tuesday, Mar. 12

7:00 – 8:15 pm



LEATHER WORKS with Amber Cook

All Premium Supplies included! Many different material choices! See Website for Full Class Details. Group Instruction, Please Be On Time

Room 149

MOCCASINS \$150

Tuesdays, Feb. 5 – 26

6:30 – 9:00 pm

(4 sessions)

MUKLUKS \$300

Tuesdays, Feb. 5 – Mar. 12

6:30 – 9:00 pm

(6 sessions)



LET'S GET MOVING!

ZUMBA, ZUMBA TONING and STRONG by ZUMBA

\$75 for One (8 classes)
\$130 for Two - Save \$20 (16 classes)
\$170 for Three - Save \$55 (24 classes)
ZUMBA CRAZY Bonus - \$200 for ALL Four
(Best Value! Save \$100) (32 classes)

ZUMBA

Mondays, Jan. 14 - Mar. 11

NO CLASS: Feb. 18

7:00 - 8:00 pm

AND/OR

Thursdays, Jan. 17 - Mar. 14

NO CLASS: Jan. 31

6:00 - 7:00 pm

Ditch the workout, join the party!

Zumba is a dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, exhilarating and effective fitness system in a party like atmosphere. No dance experience necessary.

\$10 Drop ins Welcome!

Cafeteria

ZUMBA TONING

Mondays, Jan. 14 - Mar. 11

NO CLASS: Feb. 18

6:00 - 6:45 pm

Party while putting extra emphasis on toning and sculpting to define those muscles! Adding resistance by using lightweight maraca-like Zumba® Toning Sticks, helps you focus on specific muscle groups, including arms, core and lower body, so you (and your muscles) stay engaged! Please bring maximum 3 lbs. dumbbells.

\$10 Drop ins Welcome!

Cafeteria

*NEW - STRONG by ZUMBA

Thursdays, Jan. 17 - Mar. 14

NO CLASS: Jan. 31

7:15 - 8:00 pm

STRONG by Zumba is a revolutionary high-intensity workout led by music to motivate you to crush your ultimate fitness goals. Music is the ultimate motivator. It pushes you through your workout, through one last rep - and then one more. Knowing how powerful the effect of music is on a workout, we wondered - what would happen if we synced the moves in a high-intensity workout to a beat? So we reverse-engineered the music for STRONG by Zumba® to match every single move. Please bring a mat.

\$10 Drop ins Welcome!

Cafeteria

STRONG AND LEAN \$85

Tuesdays, Jan. 15 - Mar. 5

6:00 - 7:00 pm

(8 sessions)

***Bring a Friend Bonus Available Online!**

Complete and total body workout, utilizing resistance and cardio training, which masterfully combines resistance, intervals, power and plyometrics - all of these components will help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective. Great for all fitness levels.

Lower Multi-purpose Room

ZUMBA
MAKES ME FEEL
HAPPY HEALTHY
STRONG
AMAZING FRESH
SEXY
UNSTOPPABLE

TRIBAL STYLE BELLY DANCE

\$75

Tuesdays, Jan. 15 - Mar. 12

7:30 - 8:45 pm

(9 sessions)

Come learn how to shake, undulate and roll! Our new Tribal Style Belly Dance class is a great way to learn to belly dance (something you've always said you wanted to try!) and have a ton of fun while staying active. TS Belly Dance appeals to all ages and music from all eras and genres. No experience or special equipment is necessary, just wear some comfy clothes and prepare to dance, dance, dance!

Cafeteria



MUAY THAI KICKBOXING

\$110

Saturdays, Jan. 19 - Mar. 16

10:00 - 11:00 am

(9 sessions)

This exciting new class will be dedicated to providing you with an intense workout while you learn the "art of eight limbs", the martial art known as Muay Thai. Our instructor has over 15 years of experience in the fighting arts and has competed for 7 years. We look forward to providing everyone with a safe, fun, engaged and energized environment. Let's kick start your day properly! Ages 12 and up - come out, throw some kicks, feel amazing and have fun! Students will need to purchase a pair of gloves for the second class.

Indoor Track



AIKIDO

\$80

(Ages 14+)

Wednesdays, Jan. 16 - Mar. 6

6:00 - 7:00 pm

(8 sessions)

A Japanese Martial Art created during the 1920s by Morihei Ueshiba. It is a form of self-defense that uses locks, holds, throws and the attacker's own movements. Aikido has no competition; the goal is not perfection of a step or skill but improving one's character according to the rules of nature.

Indoor Track



COMPUTERS

QuickBooks TRAINING

\$75

Tuesdays, Jan. 15 - Feb. 5

7:00 - 9:00 pm (4 sessions)

QuickBooks, Canada's #1 accounting solution for small business, saves time on invoicing, bookkeeping and billing. If you run a small business, or are a rental property owner, and are looking for an easy, streamlined, up to date business managing tool, this course is for you! Introductory course covering the basic operating systems and procedures for the most recent version of QuickBooks online. QuickBooks Desktop 2019 will also be discussed. Basic computer skills essential.

Room 284

MS OFFICE

\$100

Wednesdays,

Jan. 16 - Feb. 13

6:30 - 9:30 pm

(5 sessions)

Gain a basic overview and learn the functions of the powerful suite of MS Office programs, including Word, Excel, Publisher and PowerPoint. Receive a certificate upon completion of the course to add to your resume.

Room 277

LANGUAGE

SPANISH LEVEL 2

\$75

Thursdays,

Jan. 17 - Mar. 14

NO CLASS: Jan. 31

6:00 - 7:30 pm

(8 sessions)

Expand your vocabulary and understanding. Learn important phrases for travel. Each class will have a listening component where students will have the opportunity to practice listening and speaking in Spanish. Recommended for students who have taken beginner Spanish.

Room 154

HEALTH & WELLNESS

HATHA YOGA

***Bonus - Save \$20 When You Register for Any Two Classes! \$140**

Bring a Yoga Mat!

Library

FOUNDATIONAL \$80

Mondays, Jan. 14 - Mar. 11

NO CLASS: Feb. 18

6:45 - 7:45 pm

OR

Thursdays, Jan. 17 - Mar. 14

NO CLASS: Jan. 31

5:30 - 6:30 pm

(8 Sessions each)

Foundational First time to yoga or returnees, learn the foundation of yoga poses in a safe, intelligent manner with compassion towards ourselves.

GENTLE \$80

Thursdays, Jan. 17 - Mar. 14

NO CLASS: Jan. 31

6:45 - 7:45 pm

(8 Sessions)

Gentle (Basic) this class is slow moving with long holds in a Yin or restorative style, inviting the body and mind to respond. Coming home to within. Please bring small blanket or large towel.

FLOW \$80

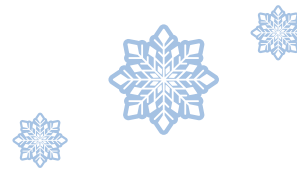
Mondays, Jan. 14 - Mar. 11

NO CLASS: Feb. 18

5:30 - 6:30 pm

(8 sessions)

Flow (Continuing) for those who are familiar with yoga poses continuing to work on strength, stamina and refinement.



CALM AND CLEAR - MEDITATION THEORY AND PRACTICE \$65

with Emyo Seien Darlene Tataryn

Wednesdays, Jan. 16 - Feb. 20

7:00 - 8:15 pm

(6 sessions)

Meditation has been practiced by diverse cultures for thousands of years. It is categorized under alternative therapies as "mind-body medicine" and leads to a way of being which lessens stress and brings a more peaceful calm and good humor into life. We will explore the foundations of meditation and its many different forms. Working with your questions and experiences for a strong and well understood practice base this program brings calm and clear insight into life and living.

Library

ANCIENT CLAY -

Health and Well-Being \$110

Wednesdays, Jan. 16 - Feb. 6

6:30 - 8:30 pm

(4 sessions)

Learn one of the oldest forms of art making: working with clay for stress relief, health and well-being. Getting your hands in clay is a natural way to let go of worries, be in the present moment and explore your creativity. The ancient techniques of hand building with coil, pinching, slab-making and smoke firing, bring you closer to your personal healing potential and awaken your creativity. You will make objects that are beautiful and functional. No previous clay experience needed.

Room 162



SAFETY FIRST

FOOD HANDLERS \$115

Includes work book

Saturday, Mar. 16

9:30 am - 4:30 pm

(1 session)

Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a **Province of Manitoba Level 1 Food Handling Certificate** (valid for 5 years). There is a short lunch break (30 minutes).

Room 141

RE-CERT \$70

Exam only

3:00 - 4:30 pm

Room 141

STANDARD FIRST AID

\$135

Saturday & Sunday,

Feb. 23 & 24

9:00 am - 5:00 pm Saturday

AND 10:00 am - 5 pm Sunday

(2 sessions)

Certification is valid for three years and includes CPR C and AED. Canadian Red Cross Certification is recognized by all employers.

Library



HUNTER EDUCATION

\$70

Saturday, Mar. 9

9:00 am - 5:00 pm

(1 session)

Minimum Age 10

In Manitoba, thousands of hunters take to the field each year. Hunter education courses have contributed to a significant decrease in hunting accidents and an increased understanding of the responsibilities each hunter accepts while hunting. The primary goal of the Hunter Education Program is to help you understand the important role you, as a hunter, have in wildlife management and conservation. Equally important is the safe use and handling of firearms and the ethical and responsible behaviour of all hunters. Students are required to pass the exam to acquire the Hunter Education Card.

Room 149



CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course)

\$100

Saturday, Feb. 16

8:30 am - 6:30 pm

(1 session)

Minimum Age 12

All students need to bring ID and a lunch. Students age 12-17 need to have consent from their parent.

To be eligible to apply for a Possession and Acquisition License, classroom participation in the full CFSC is mandatory for first-time license applicants. Once the course is completed, individuals will then have to pass the tests. For full course information please visit www.selkirkconed.com or call the office at 204-785-7312.

Room 141



S.C.P. Selkirk Community Pool

2019 SCHOOL - COMMUNITY - POSSIBILITIES

Winter Programming

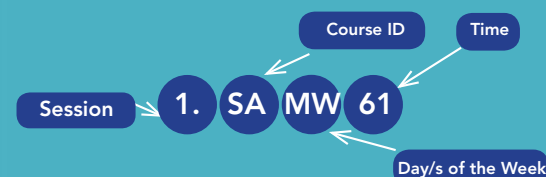
The Comp 221 Mercy Street | Selkirk Mb | 204 785 7310

Registration: The following schedule may not exactly reflect the online courses open at the time of registration.

Step 1: Prior to registering > Select the activity – Learn to swim level that best suits the participants needs.

Step 2: Prior to online registering > search for and note the course codes for courses of interest.

Step 3: Select the course you want to register for and register.



RED CROSS SWIM SCHEDULE

Privates and Semi Privates 4:00-5:30pm

Mon Wed W1. Jan 16 - Feb 11

W2. Feb 20 - Mar 18

SO 5:30	SK 2 6:40	Mondays
SK 1 5:30	SA 6:40	Jan 14 -
SF/CR 5:30	SK 4 6:40	Mar 11
SA 6:05	SK 3 7:15	SK 9/10 7:55
SO 6:05	SK 2 7:15	SK 7/8 7:45
SK 1 6:05	SK 5/6 7:25	

Privates Semi Privates 4:30-5:30pm

Tue Thur W1. Jan 17 - Feb 12

W2. Feb 19 - Mar 14

BB/LB 5:00	SO 6:40	Thursdays	Tues
SA 5:30	SK 2 6:40	Jan 17 -	Private
SF/CR 5:30	SK 3 6:40	Mar 14	Semi
SK 1 5:30	SK 2 7:15	SK 7/8 7:50	Privates
SK 1 6:05	SK 4 7:15	SK 9/10 8:00pm	7:45
SO 6:05	SK 5/6 7:25		
SA 6:05			

Friday

Friday Jan 18 - Mar 7 Private 4:30

Sk 1 5:00	Sk 3 5:00	SA 5:00	BB/LB 5:00
SO 5:35	SK 4 5:45	SK 2 5:35	SF/CR 5:35
SK 2 6:10	SK 7/8 6:30	SK 3 6:10	SA 6:10
SK 1 6:45	SK 9/10 7:20	SO 6:55	SK 4 7:15
SK 6 7:30		SK 5 7:30	

Sunday Jan 20 - Mar 17

SO 11:00	SK 1 11:00	SK 7/8 11:00	SK 5/6 11:00	SA 11:00
SA 11:35	SK 2 11:35	SK 4 11:50	SK 3 11:45	SK 1 11:35
SF 12:15	SK 3 12:35	SO 12:45	SK 2 12:30	SK 4 12:15
BB LB 12:45				

Programs
Pool Rentals available on Saturday and Sundays throughout the year. Contact the Pool office for times (\$100.00 +gst per hour lifeguard included)

Lap Swim
Morning, evening weekend lap swim
Mon, Tues, Wed & Fri 7:00-8:45 am
Tues Thur afternoon 4:00-5:00pm
Sat 11:00-1:00

Open Swim
Saturday 1:00-3:00pm
Sunday 2:30-4:00pm

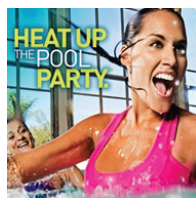
LEADERSHIP COURSES

Bronze Medallion Cross Jan 19 - Mar 17

National Lifeguard Feb 13 - Mar 9

May 2 - 25

Assistant Lifeguard Wed Jan 16 - Feb 20



Special Programming

Manitoba Swim Ability -

**Friday Night Movie
at the Pool January 11**

Saturdays

Spring Break swim lessons

Friday Night Adult

Workout Pool Party

Feb 15 Valentines

Mar 15 Tiki Bar

Apr 26 Beach Party

May 24 Tiara Day



SelkirkCommunityPool.Weebly.com



Registration On Line
December 18, 2018 6:00am
selkirkcommunitypool.weebly.com
/in person/phone December 20, 2018
Pool Closed February 18, 2019

Questions or concerns contact pool manager: mstamm@lssd.ca

Lap Swim passes purchase online or at the pool.

10 visits - \$27.50
20 visits - \$47.50
30 visits - \$65.00

Lifeguard must punch your pass for entry to the pool.

Drop in \$10.00 Aquafit
Drop in \$5.00 Lap swim.

Aquafit pass purchase online or at the pool.

no need to commit to one class use your pass for any class.

10 visits - \$70.00
20 visits - \$130.00
30 visits - \$180.00

Open Swim (Exact change)

Adult or Student	\$ 5.00	18+
Preschool child	Free	0 - 4yr
Child	\$ 2.00	5 - 12yr
Teen	\$ 3.00	13 - 17yr
Family	\$10.00	

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

Professional Development
Water Safety Instructor
Red Cross Lifeguard program.

Unsure what level to register for?

Contact pool manager or drop in to open swim. Call 204 785 7310 for message updates

Public admission entry requirements:

Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings. Please review policy on Cancellation and refunds on Continuing Education website.

Swim Admission Standards For S.C.P.

Children 5 & under Guardian must remain within arms reach at all times.	Children 6 to 9 years unable to pass swim test Guardian must remain within arms reach. If any children in the group are 5 and under, a ratio of 2:1 for your group is required.	Children 6 & 7 years who pass swim test Guardian must remain in the pool. Child must complete the swim test each time. wrist band is received. Child can use the deep end.
Children 8 & older who pass swim test Child can swim alone and use the deep end and the diving boards wrist band is received	Children 10 & older may swim alone Must pass the swim test in order to use the deep end and use the diving board.	Guardians must be: 14+ - 14 years and older - Within arms reach at all times - Responsible for direct supervision in and out of the water - In appropriate bathing attire Facility Swim Test - Successfully swim continuously on front, four widths of the pool in a comfortable manner - Face and head must submerge - Body must stay near horizontal

Local donors help raise over \$54K during 24 Hour Giving Challenge

By Lindsey Enns

Selkirk and area community members once again gave generously during this year's Endow Manitoba's 24 Hour Giving Challenge.

Community members helped raised a total of \$54,265, which includes the top up dollars from the Winnipeg Foundation and from the Province of Manitoba.

Bev Clegg, the Selkirk and District Community Foundation's (SDCF) executive director, says all of those funds will stay right here in Selkirk and area.

"We are so amazed at the thought fullness and the generosity of the community year after year," Clegg said. "They hold that day to make that donation, every year it gets better and better."

The fifth annual Endow Manitoba's 24 Hour Giving Challenge was held on Nov. 17 and those wanting to make a donation could do so online or in person at the Gaynor Family Regional Library. Clegg said a total of 146 donors gave during the challenge. That's up from 117 donors last year.

Every year during the giving challenge community foundations across the province encourage people to donate to their Community Fund, with every \$5 donation topped up by \$2, half from the Winnipeg Foundation and half from the Province of Manitoba, to a maximum of \$2,000 each.

In 2014, SDCF received \$27,688 in on-line donations during the 24 Hour Challenge and in 2015 the community bested that by giving \$63,495, which included \$25,000 from the RM of St. Andrews. In 2016, SDCF brought in \$39,855 to make it the second highest

in the province and last year the total was \$62,005 to again sit in second place.

Clegg says before the end of 2019, the foundation would have handed out around \$350,000 in grants to vari-

ous community organizations.

For more information about the SDCF, visit sdcf.ca.



Read full newsletter online at rmofstclements.com/newsletter

Winter 2018 Newsletter

Rural Municipality of

St. Clements

The place to be

1043 Kittson Road, Box 2, Group 35, RR 1 | East Selkirk, Manitoba, R0E 0M0 | info@rmofstclements.com
 Phone 204-482-3300, Winnipeg line 204-474-2642, toll-free 1-888-797-8725 | www.rmofstclements.com

From Mayor and Council

Greetings to all residents and ratepayers! We have just completed the election process a few weeks ago and we are proud to have earned your trust. It is an honour to serve you which we don't take lightly.

It is now time for council to review what has been done over the last while and discuss what we will focus on for the next four years through our strategic planning session, which will happen early in the new year.

Our three new council members will bring new ideas to the council table. The strategic plan will be a mix of items brought forward from the previous council along with new initiatives.

To all residents of our municipality, we wish you a Merry Christmas, a safe and relaxing holiday season and all the best for the coming year.

Merry Christmas!

FITNESS CLASSES FOR SENIORS

NEW!

Are you 55+? Do you want to be more active in the new year, meet some neighbours and have some fun?

Consider joining the RM of St. Clements' first-ever offering of fitness classes in south St. Clements: *Moving with Muscle 55+* and *Yoga/Pilates 55+*. Classes start in early February. Cost is \$80 for 10 classes.

Register on our website or in person and learn more at rmofstclements.com/fitness.

NEW DIRECTION IN EMERGENCY PLANNING

St. Clements is working diligently behind the scenes to be ready to manage, assist and protect residents in any public emergency, as required by new provincial legislation. Read more at rmofstclements.com/emergency.

CURBSIDE PICKUP IMPACT - JULY TO SEPTEMBER

Curbside pickup began on July 1, 2018. 1600 properties receive service.

July - Sept	2017	2018
Total recyclables collected (curbside pickup, landfill, transfer stations)	95.4 tonnes	140.21 tonnes
Recyclables collected at curbside		78.6 tonnes
Waste collected at curbside		251.31 tonnes

The average household with curbside pickup recycles 24% of its waste material. More statistics at rmofstclements.com/curbside.

Curbside Pickup Opt In Limited Time Offer

We will waive the \$25 admin if you opt in for curbside pickup from November 22 to December 21.

Details at rmofstclements.com/optin

Manitoba Liberal Leader challenges shoppers to buy local this Christmas

Staff

Manitoba Liberal Leader and MLA for St. Boniface, Dougald Lamont, wants to see how much Manitoba can you fit under your Christmas tree this holiday season.

Lamont says studies have shown that buying from independent, locally-owned businesses means that more of the money you spend stays in the community.

"When you buy for Christmas at an independent Manitoba business, you are giving twice over," Lamont stated in a release last week. "You get a great present, and more of your money stays to build our community."

For more information, check out Lamont's video on YouTube by visiting: <https://youtu.be/EKPz0mtdbTg>.



RM of St. Clements Council 2018-2022 (L-R)

Sandra Strang, Ward 1
sandra@rmofstclements.com | 204-482-2092
Dave Sutherland, Ward 2
david@rmofstclements.com | 204-485-1166
Robert Belanger, Ward 2
robert@rmofstclements.com | 204-482-3050
Debbie Fiebelkorn, Mayor
debbie@rmofstclements.com | 204-785-8622
Dave Horbas, Ward 2
horbas@rmofstclements.com | 204-482-2091
Glen Basarowich, Ward 1
glen@rmofstclements.com | 204-470-9321
Scott Spicer, Ward 1
scott@rmofstclements.com | 204-482-2090

Landfill and Transfer Station Christmas Hours

	Sun, Dec 23	Mon, Dec 24	Tue, Dec 25	Wed, Dec 26	Thur, Dec 27	Fri, Dec 28	Sat, Dec 29	Sun, Dec 30	Mon, Dec 31	Tues, Jan 1
Libau Landfill	Closed	Closed	Closed	Closed	9 am - 5 pm	9 am - 5 pm	9 am - 5 pm	Closed	Closed	Closed
Dunning Transfer Station	9 am - 5 pm	11 am - 2 pm	Closed	Closed	Closed	Closed	Closed	9 am - 5 pm	11 am - 2 pm	Closed
Clark Transfer Station	Closed	Closed	Closed	Closed	Closed	11 am - 5 pm	9 am - 5 pm	Closed	Closed	Closed
Grand Marais Transfer Station	9 am - 5 pm	Closed	Closed	Closed	Closed	11 am - 5 pm	Closed	9 am - 5 pm	Closed	Closed
Gull Lake Transfer Station	Closed	11 am - 2 pm	Closed	Closed	Closed	Closed	9 am - 5 pm	Closed	11 am - 2 pm	Closed

Holiday Office Hours
Municipal and Public Works

- Closed Mon, Dec 24 to Tues, Jan 1
- 24 hour answering service for emergencies @ 204-482-3300

Local municipalities bring forward resolutions at AMM convention

By Teresa Carey

At the 20th annual Association for Manitoba Municipalities (AMM) convention, held at Winnipeg's RBC Convention Centre last month, numerous resolutions were brought forward by the 137 municipalities in Manitoba.

This year, one issue in particular was front and centre for the majority of Manitoba's municipalities. A record 102 of them co-sponsored an AMM resolution concerning changes by the provincial government to the Road and Bridge program. Among them

were the City of Selkirk, the towns of Arborg and Winnipeg Beach, the Village of Dunnottar, and the Rms of St. Clements, West St. Paul, Bifrost-Riverton, Gimli, Rockwood, Rosser, and the West Interlake.

"Municipalities regard the Municipal Road and Bridge Program as critical, predictable, and effective for budgeting and planning purposes in order to address their infrastructure deficit," the resolution stated.

In 2018, the Province of Manitoba had made \$2.25 million available to

municipalities for the final year of the Municipal Road and Bridge Program, and another \$14 million was available in 2017. However, last June the Province announced it would terminate the program and reallocate the funds into the Investing in Canada Infrastructure Program.

Under the old program, municipalities could use gas tax revenues for their matching dollars, something the Investing in Canada Infrastructure Program does not allow. The change could also result in a greater burden being placed on property taxes, the AMM argues. The AMM has asked the Province to pull back from implementing Phase 2 of the Road and Bridge program and instead reinstate the old funding model.

This resolution was passed at the convention, which means the AMM will continue to lobby the government for the change municipalities want to see. Noting the wide support to back-track, the Province has promised to revisit and rework the program.

Additional resolutions coming out of the Interlake region included two from the City of Selkirk. The first was co-sponsored by the Municipality of

Gilbert Plains. Their concerns were about policing costs. Selkirk asked for a comprehensive review of municipal policing costs and structure, citing the fact that policing and public safety are the fastest growing costs for municipalities (now exceeding 20 per cent of municipal spending).

Selkirk also put forward a resolution asking that the Province amend the Traffic and Transportation Modernization Act (Bill 14) in such a way as to prevent the Province of Manitoba from downloading ownership and ongoing maintenance and renewal responsibilities for what were formerly provincial highways onto municipalities.

The RM of St. Clements also brought forward its concern about current practices which encourage the spread of noxious weeds, a shared concern between municipalities and the province. They want the Province to revise its standard practices for revegetation on infrastructure projects and use native plant species for revegetation, since these provide better protection for adjacent lands from weed encroachment.

JOIN US FOR A DAY OF FUN HONOURING NOVA HOUSE!

Saturday, December 15th, 2018

522 Robinson Avenue

Selkirk, Manitoba (Mezzo Show Home)

10am - 2pm

FREE PICTURES WITH SANTA

HOT CHOCOLATE • HOT LUNCH

ACTIVITIES FOR KIDS

This event is free, however we will be accepting donations on behalf of Nova House. Any donations received will automatically enter your name into our door prize draws.






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XMAS DAY**

**LIQUOR
VENDOR**

XMAS EVE	6AM - 7PM
XMAS DAY	12PM - 5PM
BOXING DAY	9AM - 9PM
NEW YEARS EVE	6AM - 7PM
NEW YEARS DAY	12PM - 5PM

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VENDOR 8 AM - 11PM

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(INDEPENDENT BOTTLE PURCHASE MUST BE REQUIRED. SEE STORES FOR DETAILS.)

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Bottle Deposit required.

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204-785-1810

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in Walmart

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SAFeway

Main & Manitoba Ave.

GMC CHEVROLET

We pay the PST and GST on
GMC & Chevrolet Headgear
*Sale ends December 22/18

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315 Manitoba Ave., Selkirk
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get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Bacon French Toast Bake

with nonstick cooking spray. Arrange bread, slightly overlapping.

In large bowl, whisk eggs, heavy cream, milk, Gruyere cheese, maple syrup and cinnamon. Add chopped bacon, saving 2 tablespoons for later. Pour over bread in baking dish. With hands, press down on bread to submerge.

Cover baking dish with plastic wrap. Refrigerate at least 5 hours, or overnight.

Heat oven to 375 F. Remove plastic. Sprinkle remaining bacon and Swiss cheese over top of bread mixture.

Bake 45-50 minutes, or until golden brown and set.

Top with blackberries and dust with powdered sugar before serving.

1 small loaf challah or brioche bread, cut into 1/2-inch-thick slices
nonstick cooking spray

6 large eggs
1 cup heavy cream
1 cup whole milk
1/2 cup grated Gruyere cheese
1/3 cup maple syrup
1 teaspoon ground cinnamon
4 slices Smithfield Bacon, cooked and chopped

1/4 cup grated Swiss cheese
1/2 cup blackberries
1 teaspoon powdered sugar, for dusting

Leave bread slices out, at room temperature, at least 3 hours, or until slightly stale.

Generously coat 9-inch baking dish

Lemonade Cranberry Orange Bread

Prep time: 15 minutes

Cook time: 1 hour

Servings: 8

1 can cranberry sauce

3/4 cup Milo's All

Natural Lemonade

1 orange, zest only

2 tablespoons vegetable oil

1 egg

2 cups flour

1 cup sugar

1 1/2 teaspoons baking powder

1 teaspoon salt

1/2 teaspoon baking soda



Heat oven to 350 F.

In large bowl, mash cranberry sauce into small pieces. Add lemonade, orange zest, vegetable oil and egg; mix until blended.

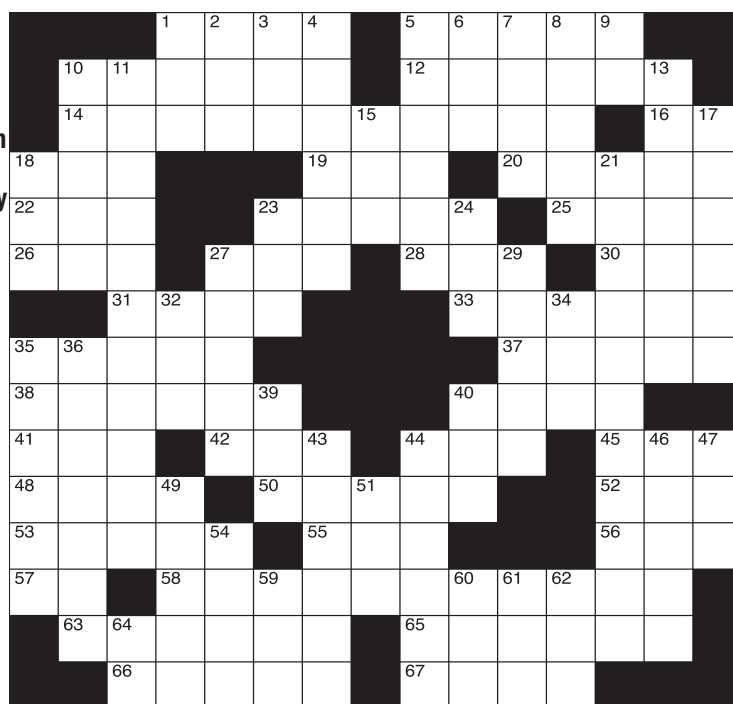
In separate bowl, combine flour, sugar, baking powder, salt and baking soda. Combine wet and dry ingredients; mix until batter is formed.

Pour batter into greased loaf pan. Bake 1 hour. Let cool 20 minutes before slicing and serving.

CROSSWORD

CLUES ACROSS

1. Pairs
5. Try to gain favor
10. Bloodsucking African fly
12. Preserve a dead body
14. Philly delicacy
16. Early multimedia
18. Agency
19. Teenagers' test
20. Net
22. Computer memory
23. Drove fast
25. Expression of annoyance
26. Google certification
27. A way to caress
28. Charles S. Dutton sitcom
30. OJ's judge
31. Pack up
33. Croc hunter
35. Extract
37. Leg parts
38. Herbal tea
40. Humans have 10
41. Autonomic nervous system
42. Swiss river
44. Paddle
45. Taxi
48. Something to break
50. Hoarse
52. Flow's partner
53. Famed English cricketer
55. Parts per thousand (abbr.)
56. Peacock network
57. Sports highlight show
58. Great generosity
63. Barbary sheep
65. Agave
66. Crab (German)
67. Egyptian god of life



1. Speedy ballplayer Gordon
2. Utah athlete
3. Former CIA
4. Teeter totter
5. Sporting dog
6. Woman (French)
7. Greek sophist
8. Gathered leaves
9. Milliliter
10. African nation
11. In a brazen way
13. Aquatic mammal
15. Pouch
17. Denies
18. Germany
21. Brightness
23. Cool!
24. Department of Defense
27. Indian city
29. "Our Betters" director

32. Ice cream brand
34. Midway between north and northeast
35. Postage are one type
36. Balearic island
39. Body part
40. Scotland's longest river
43. Where rafters go
44. Type of Kia
46. Where monks live
47. UK TV station
49. A way to raise an objection
51. Sunscreen rating
54. Unfriendly
59. Catch
60. Panthers' QB
61. Self
62. Type of sister
64. Alright

CLUES DOWN

Please see classified section for Answers

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Tessier scores five in Fishermen victory

By Brian Bowman

Netting a hat trick in junior hockey is a pretty special performance.

It's even more impressive when it's a natural hat trick.

Reece Tessier can now cross off those two accomplishments from his hockey bucket list after the talented forward scored five goals and added an assist in the Selkirk Fishermen's 6-1 win over the St. Malo Warriors in Capital Region Junior Hockey League action.

"I've never been close to (having a game like that)," said Tessier, who now has a team-leading nine goals and 17 points this season. "I was just clicking with the guys. We were on a roll and couldn't stop."

Tessier, who scored twice on the power play and another while his team was shorthanded, was playing on a line with Travis Spratt and Sage Guimond.

Guimond scored the first goal of the game and the line combined for a whopping 14 points on the night.

"I've been playing with Spratt since birth so that helps," Tessier said. "I think this has been the second game I've been with Sage and we've been clicking."

Spratt and Tessier have built a real good chemistry out on the ice.

"We know exactly what we're both doing out there," Tessier said. "It's nice and it helps that he's a very good player, too. I think he was the top in the league last year in high school."

Tessier also played for the Selkirk Royals' hockey team a year ago. He has noticed the difference between high school hockey and junior.

"It's a lot faster, obviously, and there's bigger guys," he noted. "There's (more) intensity."

With last weekend's victory, Selkirk is now 9-4-1-0-1-0 and has 30 points to lead the five-team CRJHL.

The Fishermen are starting to widen their lead in the first-year league. Selkirk appears to be headed in the right direction as they near the holiday break.

"We had a rough start but we just got rolling after that," Tessier said. "I think everyone is starting to figure out how everyone else plays. Everyone is starting to get it together (and) it helps that we have great coaches and great guys to play with."

The Fishermen are back in action Saturday (7:30 p.m.) when they visit the Arborg Ice Dawgs. On Sunday, Selkirk will be in Lundar to take on the Falcons in a 6 p.m. matchup.



RECORD PHOTO BY LANA MEIER

The Fishermen's Reece Tessier has a team-leading nine goals and 17 points this season after scoring five goals and adding an assist against St. Malo last weekend.

Royals rolling along in women's high school hockey

By Brian Bowman

After a pair of wins last week, the Selkirk Royals are back atop the CTV Division standings.

Selkirk won a pair of Winnipeg Women's High School Hockey League games over two days, wrapping up the week with a solid 4-0 road win over the Portage Saints last Thursday.

"We played really well," said Royals' head coach Noah Cain. "We were strong defensively, which is always very important, and we were able to wear them down in the third period. Our hard work in the first two periods paid off and we started putting the puck into the net."

"The full three periods, we played really well."

After a scoreless first period, Rayley Goetz gave the Royals a 1-0 lead after two periods.

In the third, Selkirk received goals from Amy Carter and a pair from Camryn Horbaty just 30 seconds apart.

Jodi Clifton made 31 saves for the shutout. She has been tremendous in goal for Selkirk this season, posting a 10-3 record with a 1.91 goals-against average and .920 save percentage. She also has three shutouts.

"She has made a huge step forward," Cain said of his veteran goaltender. "She was solid in Grade 10, Grade 11 but she's one of the big differences for us this year. We're able to make mistakes and she bails us out a couple of times a game. It's so much easier to play when you know you're going to get a few big saves and all of the saves you expect."

"She was won a few games for us and she hasn't lost any for us."

On Dec. 5, Selkirk beat the CJS Olympiens 5-4 - scoring a pair of goals in the game's final minute - at the Rec Complex.

"That was a crazy game," Cain said. "We actually didn't play very well that game. I didn't think we deserved to win but sometimes that's how hockey works."

"We have some skilled players that can really put the puck into the net and they came through when they needed to."

Selkirk trailed 4-2 when Jana King scored a shorthanded goal midway in the third. Cienna Palmer tied the score at 4-4 with 31 seconds left in

Continued on page 26

Next Home Games

Sun. Jan. 13 7:30pm
vs North Winnipeg

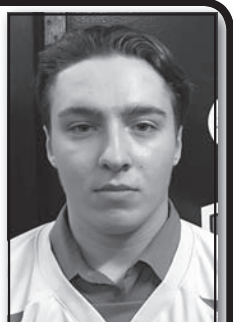
Sat. Jan. 19 7:30pm
vs Arborg

Next Away Games

vs Arborg Ice Dawgs
Sat., Dec. 15 - 7:30pm Arborg
vs Lundar Falcons
Sun., Dec. 16 - 6:00pm Lundar



Meet the Fishermen



#15 CHAD KING, Forward

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk Steelers win rare Monday afternoon game

By Brian Bowman

It's rare for the Selkirk Steelers to play a Monday afternoon game.

But they sure looked comfortable playing a mid-day game this part Monday.

Selkirk looked good as they skated to a solid 6-1 win over the Waywayseecappo Wolverines at the Seven Oaks Sportsplex in Winnipeg as part of the MJHL-Old Dutch Showcase.

Brady Pupp, Carter Barley and Jackson Kolbecka scored first-period goals for Selkirk and then Brett Namaka made it 5-0 with a pair of second-period markers.

After Waywayseecappo's Anthony Bilka scored a power-play goal, Selkirk's Nate Halvorsen closed out the game's scoring at 19:50 of the third period.

Zach Bennett made 25 saves for the win.

Mitchell marvelous

On Saturday, Selkirk blanked the Winkler Flyers 3-0 at the Sun Gro Centre in Beausejour.

After a scoreless first period, Selkirk received goals from Blake Burr, Carter Barley and Will Middleton by the 9:46 mark of the middle frame.

Levi Mitchell was rock solid in goal, making 46 saves for the shutout.

Oil drought

On Dec. 4, the Steelers were defeated 6-4 by the Oil Capitals in Virden.

Things looked great for Selkirk as it built a 3-0 lead by the 7:59 mark of the second period.

Pupp, Namaka, and Kolbecka scored to give Selkirk the 3-0 advantage.

But Jack Einarson, Dylan Halliday, and Hunter Cloutier replied before the middle frame ended.

Einarson, a Gimli product, gave Virden its first lead of the game at 10:41 of the third but Burr tied the score at 4-4 with his first goal of the season just 1:08 later.

The Oil Capitals then put the game away, though, with goals from Cloutier and Josh Belcher.

Bennett made 30 saves in the loss. Selkirk, now 17-10-1-2, will play the



RECORD PHOTO BY BRETT MITCHELL

Steelers' goaltender Zach Bennett made 25 saves for the win against the Waywayseecappo Wolverines.

second-place Swan Valley Stampeders on Wednesday at 1 p.m. at the Seven Oaks Sportsplex.

The Steelers will then host the

Neepawa Natives on Saturday (7 p.m.) and Virden Tuesday (7:30 p.m.) at the Rec Complex.

Grahame named Urban High School Athlete of the Week

Staff

The MHSAA's Urban High School Athlete of the Week for last week was Spencer Grahame of the Lord Selkirk Royals' volleyball team.

Captain of the Royals' junior varsity boys' squad, Grahame guided them to victory at the Daniel McIntyre, Menonite Brethren, Lord Selkirk, and

Miles Macdonell tournaments.

He also led the Royals to a silver medal at the McDonalds Provincial "AAAA" Volleyball Championships.

Grahame was named a provincial all star and an all-star at the Miles Macdonell tournament.

"Spencer leads by example through his excellent play and positive atti-

tude," said Royals' head coach Ryan Penner.

"He works extremely hard during all games and practices to be the best player, teammate, and captain possible.

"He is a dangerous offensive threat and works hard to be as well-rounded an athlete as possible."



Spencer Grahame



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Jones beats Einarson in Canada Cup final

Staff

The Kerri Einarson and Jennifer Jones rivalry added another chapter on Sunday.

Winnipeg's Jones beat Camp Morton's Einarson 8-5 to win her record fourth women's title at the Home Hardware Canada Cup in Estevan, Sask.

Jones also won the event in 2007, 2011 and 2016.

Jones, who scored three in the ninth end to secure the victory, earned \$14,000 for winning the final and \$6,000 for their four round-robin wins. They also earn a bye into the 2021 Road to the Roar Pre-Trials and qualify for a World Curling Federation World Cup

event during the 2019-20 season.

Einarson, meanwhile, took home \$9,000 for finishing second plus \$9,000 for their six round-robin victories.

Her rink includes third Val Sweeting, second Shannon Birchard and lead Briane Meilleur (all former skips).

Einarson finished first in the round robin and had a bye into the final.

Team Einarson nailed down top spot on Saturday morning with a convincing 7-3 victory over Calgary's Chelsea Carey.

Einarson's rink has been red-hot to start the season. They have won four World Curling Tour events and lead all Canadian teams with a 48-13 record this season.



RECORD PHOTO CURLING CANADA/MICHAEL BURNS

Kerri Einarson finished second behind Jennifer Jones at the Home Hardware Canada Cup in Estevan, Sask.

Jaquet one of two runners-up for IBAM Rookie of the Month Award



Colby Jaquet

Staff

Selkirk Steelers' defenceman Colby Jaquet was one of two runners-up for the IBAM Rookie of the Month Award for November.

Portage Terriers' blueliner Owen Murray of Decker, Man. won the award.

The other runner up was 17-year-old forward Brayden Foreman of the Win-

nipeg Blues.

Bradly Goethals of the Swan Valley Stampeders, who scored three goals in one game with the Steelers back during the 2015-16 season, was named the RBC Player of the Month for November.

Goethals, 20, a former Western Hockey League player, scored seven goals and had 17 points in 12 games.

The Ile des Chenes product had four multi-point games over that span, highlighted by two game-winning goals.

The runners up for the award were 17-year-old forward Joey Moffatt of the Portage Terriers and 19-year-old forward Kolten Kanaski of the Virden Oil Capitals.

Telus-MJHL Defenceman of the Month

The Telus-MJHL Defenceman of the Month for November was Portage's

Caelan McPhee.

McPhee, 19, is known for his consistent play at both ends of the ice, highlighted by an impressive scoring touch (two goals and 16 points in 10 games last month).

Overall, the Ancaster, Ont. product sits third among MJHL scoring for defencemen with 25 points (five goals, 20 assists) in 28 games as of Dec. 4.

The runners up were 20 year old Riley Shamray of the Dauphin Kings and 20 year old Quintin Sudom of Swan Valley.

MGEU-MJHL Goaltender of the Month

The MGEU Goaltender of the Month for November was Virden's Dalton Dosch.

Dosch, 19, posted a 7-3 record, with a 2.48 goals-against average and .923 save percentage. He also had one shutout victory.

The Willow Bunch, Sask. native has been a key member for the Oil Capitals this season.

The runners up were 19 year old Matthew Radomsky of the Steinbach Pistons and 20 year old Jeremy Link of the Winnipeg Blues.

Manitoba Pork Peak Performer of the Month

The Manitoba Pork Peak Performer of the Month for November was Xavier Halterman of the Waywayseecappo Wolverines.

Halterman, 18, volunteers at an after-school program in Waywayseecappo. He also skates with youth or reads to classrooms at the elementary school in nearby Rossburn.

Halterman, who hails from St. Albert, Alta., has also spent time at the Rossburn Personal Care home during bingo, visiting with residents and pouring coffee.

Ilchena scores four to lead Raiders to lopsided victory

Staff

Kale Ilchena scored four goals - including a natural hat trick in the second period - to lead the Raiders Jr. Hockey Club to a convincing 9-2 road win over the River East Royal Knights in Manitoba Major Junior Hockey League action last Sunday.

Ilchena's three second-period goals came via the power play. He also added a third-period assist and now has 11 goals on the season.

Conner Grunsten added a pair of late goals for the Raiders while Auzzie Loewen-Palmer, Caleb Resch, and Jayce Kennedy added singles.

Mark Malone and Ethan Hunter scored third-period goals for River East.

Last Friday, the Raiders cruised to a 5-2 home win over the St. James Canucks.

Jordan Kreml, Grunsten, Jared Nielsen, Carter Ives and Dawson An-

derson scored for the home side.

John McCammon and Dylan Reinheimer replied for St. James.

The Raiders will play at Charleswood this Friday (7:30 p.m.) and then will host St. Vital on Sunday (2:30 p.m.).

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Tomko improves to 6-0 in pro boxing

By Brian Bowman

Devin Tomko's pro boxing record is now a perfect 6-0.

Tomko won a majority decision over France's Augustin Malecot in a six-round bout at the Montreal Casino on Nov. 24.

Tomko won the fight despite having, in his words, "an off day" in the ring.

"To be honest with you, I didn't have the greatest performance," said Tomko from an Ottawa gym last month. "I came out flat, gave away the first two rounds, but I dug deep from the third round on to the sixth and scrapped out a win."

Malecot came into the fight with six consecutive losses but he gave the talented Tomko a decent battle.

"He was a southpaw so I had a little bit of trouble with him at first," Tomko admitted. "He also had the experience of quite a bit of fights. His record doesn't say much because he took a lot of fights at heavyweight against bigger boys."

"Nothing against him, he was a tough opponent. I can't take anything away from him."

Tomko admits it's a challenge boxing a lefty.

"It's a little different," he said. "I had to adapt during the fight. It's a little bit

more difficult fighting someone that is unorthodox, that's for sure."

It is also different fighting a six-round bout, which Tomko did for the very first time.

"Now that I'm getting into the longer fights, it's a whole different game and game plan," he said. "Being it's six rounds, I have to pace myself. I can't just go out and go to town in the first round like I like to do. I have to be smart and there's a lot more strategy involved."

Tomko's victory came less than two months after he beat Markhaile Wedderburn in Cornwall. That's not a lot of time between professional fights.

"I had a shorter camp but it wasn't tougher," he said. "I'm always in shape and always in camp. That didn't play an effect on me too much."

Tomko plans to come home for the holidays and expects to announce his next fight soon.

"I'll be back training and I look forward to coming home for the holidays for a week to see Selkirk, Manitoba and then come back here and finish off camp," he said. "It's always nice coming home. I love Selkirk so it's good to come home and see my family, that I don't get to see (much)."



RECORD PHOTO SUBMITTED

Devin Tomko is now 6-0 in his professional boxing career.



SUBMITTED PHOTO

East Selkirk's Tomko takes a much-deserved break between rounds.

> ROYALS ROLLING, FROM PG. 23

the period and then King scored the game winner with just one second remaining.

CJS took a 1-0 lead on a goal by Paige Henault and then went up two goals as Brooke Collins tallied in the second.

But Selkirk's offence awoke in the third, scoring five goals.

The Royals' Brooke Johnstone and the Olympiens' Norah Collins traded goals as CJS led 3-1.

Camryn Horbaty scored to pull Selkirk to within a goal but Brooke Collins replied for CJS.

King, Johnson, Palmer, and Jazmyn-Rae Desjarlais each finished the game with two points.

Clifton made 25 saves and also had an assist in the game.

Selkirk will play the St. Mary's Academy Flames Wednesday (4:55 p.m.) in a key matchup at the Bell

MTS Iceplex and then will host the Dakota Lancers the next day at 4 p.m. at the Rec Complex.

The Royals are two points ahead of the Flames in the standings.

"You don't want to put too much emphasis on just one game but obviously it will be a good test," Cain said. "They beat us (3-2) in overtime in one of our first games of the season and it was a really competitive game. I'm really looking forward to that one. "They are always the team to beat in our league. They won the championship last year and they are always one of the top two or three teams. Every time we see them on the schedule it's a big game."

The Royals will wrap up league play before the holiday break with a game against the Oak Park Raiders at Eric Coy Arena on Dec. 18. Puck drop is 3:45 p.m.

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Selkirk Record
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take a break > GAMES

SUDOKU

			3			9	
		9				6	5
	5					3	
			9	3			
2			4		7		
	7		5				6
	8			1			2
		1		2		7	
	9			7	5		

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	8	5	7	9	3	2	6	4
3	7	6	2	8	4	1	9	5
2	4	9	1	6	5	3	8	7
9	1	3	8	5	2	4	7	6
6	5	7	9	4	1	8	3	2
8	2	4	3	7	6	5	1	9
4	3	1	6	2	9	7	5	8
5	9	8	4	1	7	6	2	3
7	6	2	5	3	8	9	4	1

Sudoku Answer

A	E	N	O	W	V	S	B	E	R	K
E	O	N	E	O	I	I	N	W	O	S
O	B	N								
B	B									
B	V	O								
S	E	O	I							
S	E	E	N	K						
E	O	N	N	O						
O	I									
I	V	O								
E	N	I	E	S	T	V	S			
A	V	K	V	E	T	S	E	E	H	O
W	T	V	B	W	E	S	T	E	S	T
W	R	V	W	S	S	O	N	O		

Crossword Answer

CITY OF Selkirk

Holiday Season Office hours as follows:

Friday, December 21, 2018
Monday, December 24, 2018
Tuesday, December 25, 2018
Wednesday, December 26, 2018
Thursday, December 27, 2018
Friday, December 28, 2018
Monday, December 31, 2018

Municipal Offices - Closed at 3pm
Closed all day - Christmas Eve
Closed all day - Christmas Day
Closed all day - Boxing Day
Business as usual
Business as usual
Civic Office Closed to the Public.
All other Departments and Municipal buildings open.
Closed all day - New Year's Day

Tuesday, January 1, 2019



Canadian Mental Health Association
Interlake Eastern
Mental health for all

Notice of AGM

The CMHA Interlake Eastern Region Board of Directors invites you to attend our

24th Annual General Meeting

December 19, 12 noon

Heritage Room

Gaynor Family Regional Library
806 Manitoba Ave, Selkirk

New Members Always Welcome!



LORD SELKIRK SCHOOL DIVISION

NOTICE

The Regular Board Meeting
of

Tuesday, January 1st, 2019

IS CANCELLED

The next Regular Board Meeting is
Tuesday January 15th, 2019
at 7:00 p.m.

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ANNOUNCEMENT

CARD OF THANKS

In memory of our son Wesley William McRae, we would like to thank everyone for all the wonderful gifts, food and for the beautiful cards and kind words. A thank you for all who donated towards the funeral service, it was a blessing during this unexpected and tragic time. And God bless Reverend Anthon Bouw for the wonderful sermon. We thank Wesley's friends who spoke and told of wonderful memories at the service. A very special thank you for the efforts of the doctors, nurses and paramedics at the Selkirk General Hospital in trying to save our Wesley. We thank Rob and staff at Gilbert Funeral Home for their caring and compassion. And to our many friends that dropped by with support and gave us strength to help us get through this. Also, thank you Bear Clan. -Hugs to all,
Gary Deb and family

ANNOUNCEMENT

IN MEMORIAM

Clifford "Adam" Fontaine
1984 - 2002

His memory is my keepsake,
With which I will never part;
God has him in His keeping,
I have him in my heart.
Love and miss you.

-Nan Audrey Laye

ANNOUNCEMENT

BIRTHDAY



Happy 65th Birthday
Kooke
December 17, 2018

-Lots of love from
Ian, Jill, Connor, Brooke,
Adam, Erik, Ali, Maisy and
Nixon

ANNOUNCEMENT

IN MEMORIAM



Juliette Hope Wilkinson

September 3, 2012- December 16, 2013

There's a little place within our hearts,

That is with us every day;

A place where all our memories,

Are softly tucked away.

It is the perfect place,

At special times for us to go;

For, words could not explain,

How very much we miss you so.

And now that once again,

Christmastime has come around;

It's where the sweetest memories,

And thoughts of you are found.

Merry Christmas and all of our love forever!

-Daddy, Nannie and Papa,

Uncle Steve, Aunty Carrie,

Aunty Rachel, Kyra and Hunter

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- THANK YOUS

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PENDING

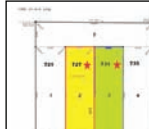


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7995 Henderson Hwy\$234,900
520 Moody\$224,500
80017 33 E. RD.\$234,900
601 Strathnaver **DUPLEX**.....\$325,000

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PENDING 95 Colony Rd., St. Andrews.....\$497,500

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10 Dubas Creek\$195,000

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NEW 727 Edith Avenue vacant land Petersfield 2.27 acres . \$54,900



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ANNOUNCEMENT

IN MEMORIAM

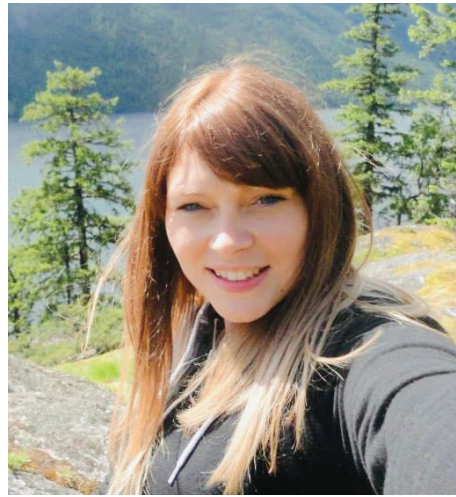
Harry Harbour

December 24, 1936 – December 19, 2017

You can shed tears because they are gone,
Or you can smile because they lived.
You can close your eyes and pray they will
come back,
Or you can open your eyes and see all that
they left for you.
Your heart can be empty because you can't
see them.
Or you can be full of the love you shared.
You can turn your back on tomorrow and live
yesterday,
Or you can be happy for tomorrow because of
yesterday.
You can remember only that they are gone,
Or you can cherish their memory and let it live
on.
You can cry and close your mind and feel
empty,
Or you can do what they would want.
Smile, open your heart, Love... and go on.
-From family and friends

ANNOUNCEMENT

IN MEMORIAM

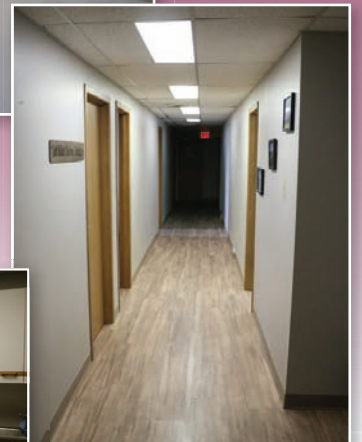


Olivia Lauren Sparks

December 19, 1984 – December 12, 2015

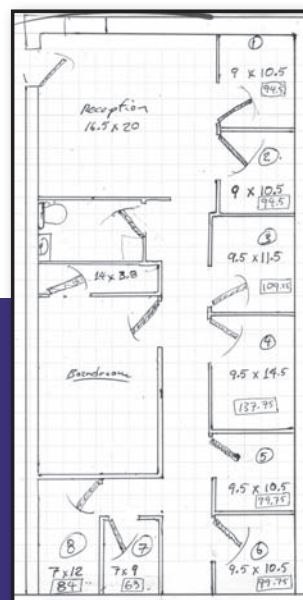
Loved, Remembered,
Deeply missed.
XOXO

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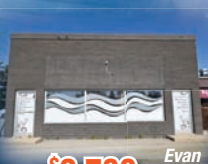


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Announcements

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OBITUARY



Stella Chorney (nee Kazina)

Surrounded by her boys, Mom passed away peacefully on Thursday, December 6, 2018 at the Selkirk Regional Health Centre.

Mom was predeceased by her beloved husband John on June 14, 2003. She is lovingly remembered by her sons, David, Harvey (Brenda), and Brian (Brenda); grandchildren, Emily (Len), Meghan, Michael (Shayla), and Sarah (Kyle); and great-grandson Madyx. She is also survived by three sisters, one brother, and many nieces, nephews, and other family members.

She was born September 22, 1931 near Tyndall, Manitoba, a middle child of 13 children to Eva and Dmytro. Mom attended Tyndall School and, as a young adult, worked at Eaton's Warehouse in Winnipeg. However, Mom's stay in Winnipeg was brief, as her heart was in the country, both with the land and the

love of her life, John. They married on October 3, 1953 and began their lifelong passion of farming on the original Chorney homestead. Mom was very active in the community, leading 4H groups while her boys were growing up, and was a lifelong member of the Catholic Women's League. Mom's passion was her home and her family – no one left her house hungry. In the summer everyone left with a bag full of fresh veggies from her expansive garden, while in the winter she kept the family warm with her beautiful knitted sweaters. We will miss her immensely but are comforted by the fact that she will be joining Dad.

Funeral Mass will be celebrated on Wednesday, December 12, 2018 at 10:30 a.m. in the St. Stanislaus Roman Catholic Church in East Selkirk, MB. with Father Joshua Gundrum officiating. A viewing will be held prior to the Mass in the Church. Private family interment will follow in the East Selkirk Cemetery beside John.

In lieu of flowers, please consider donating to Cancer Care Manitoba.

Condolences, pictures and videos may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Shirley Hourie

With broken hearts we announce the unexpected passing of Shirley Hourie, on December 3, 2018 at the age of 77 years with her family by her side.

Shirley was predeceased by her husband Wallace (Chico); mom and dad Maryann and James; sisters Dorothy and Marge; brothers Jim, Andy and Kenny; grandson Michael and great-grandson Harris.

Left to mourn are son Edward (Brenda); special grandson Justin; daughters Debbie (Warner) and Doreen; step-daughter Darlene (Mike); step-son Bradley; sisters Lila (Doug), Margret (John), Rita (Eugene) and Marlene; brothers Raymond (Cybil), Fred (Mavis) and Victor (Carey); 14 grandchildren; five great-grandchildren; many nieces, nephews and friends.

Shirley worked various jobs throughout her life. Her greatest accomplishment was 40+ years of service with the Royal Canadian Legion Branch 42.

We would like to thank Gilbart Funeral Home, Dr. Speers and all the staff at the Selkirk Regional Health Centre for their compassionate care given to mom during her brief stay.

A celebration of Shirley's life will be held on Thursday, December 13, 2018 at 2:00 p.m. in the Gilbart Funeral Chapel, Selkirk.

In lieu of flowers donations can be made to a charity of your choice.

Condolences, pictures and videos may be left on Shirley's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Gail Lynn Frederick

With heavy hearts we announce the very sudden passing of my wife, Gail Lynn, peacefully in her sleep on December 2, 2018.

She is survived by her husband John Boyce and beloved dog Ozzie. She leaves behind her parents, Jean and Phil; sister Nancy; brother Danny; nephews Deagan and Dallen. Also John's parents, Janice and Jack; sister-in-law Linda; brother-in-law David; niece Krysten; many relatives and friends.

A celebration of her life was held on Tuesday, December 11, 2018 at 11:00 a.m. in the Gilbart Funeral Chapel, Selkirk.

In lieu of flowers please donate to a Humane Society of your choice or the Interpreter Center of Ducks Unlimited.

Condolences, pictures and videos may be left on Gail's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Doreen Bourget (nee Nichols)

Nana passed away surrounded by her family on Monday, December 3, 2018.

Predeceased by her loving husband of 55 years, George; her parents; and brothers James and William. She is survived by her brother Reginald (Irene) and her three children Phillip (Chris), Marian Lewis (Raymond) and Monique Tooth (Glenn). She is also survived by nine grandchildren; six great-grandchildren; numerous nieces and nephews.

She was a long-time member of the Catholic Women's League from 1950, active in St. Vital Parish in Winnipeg and the Notre Dame Parish in Selkirk. She was a passionate supporter of any cause related to the welfare of animals: the Humane Society and the East Beaches Animal Shelter of Victoria Beach.

An accomplished woman of many talents and interests, she was a geriatric nurse, a gardener, a skilled seamstress and quilter, a carpenter and a painter. Above all else she loved gathering with family and friends at the cottage at Victoria Beach.

Funeral Mass was celebrated at Notre Dame Roman Catholic Church, 269 Jemima St. Selkirk, on Friday, December 7 at 1:00 p.m. with viewing prior to. Private family interment will follow.

The family wishes to express their gratitude to Dr. Demsas, Melanie of Palliative Care and the nurses and staff of the Medical and Surgical Unit of the Selkirk Regional Health Centre and the paramedics who attended her.

In lieu of flowers, donations to the Notre Dame Building Fund, the East Beaches Animal Shelter or a charity of your choice would be appreciated.

Condolences, pictures and videos may be left on Doreen's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Rosalind (Rose) Diane Schunemann

Peacefully, on Monday, December 3, 2018, at the Concordia Hospital, Winnipeg, MB, Rose Schunemann, aged 76 years, beloved wife of Karl; mother of Kristel (Kerry); grandmother of Wyatt, passed away.

In keeping with her wishes cremation has taken place and private family service will be held.

Gilbart Funeral Home, Selkirk in care of arrangements.



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deadline is Monday at 4
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