

2018

**The Greg Michie Team**

We've got a REALTOR<sup>®</sup> that is right for you. *Good Move!*<sup>™</sup>

Season's Greetings from The Greg Michie Team. We hope your holidays are filled with joy and laughter through the New Year!

204.336.2800 | gregmichie.com

THURSDAY, DECEMBER 28, 2017

# The Selkirk Record

VOLUME 8 EDITION 52

mcna 2016 Best All Around Newspaper of the Year

happy NEW YEAR

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, GARSON, DUNNOTTAR & TYNDALL



**Moving in the right direction**

RECORD PHOTO BY JUSTIN LUSCHINSKI

Selkirk Mobility driver Bonnie Zahayko, pictured left, shares a laugh with Gail Morran, right, as she helps her off the bus and wheels her to her physio appointment recently. For a story, see Page 4.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

## Travelling for business or pleasure?

Connect with us for a quote today.

**Chad Krut**  
Financial Advisor  
Krut Agencies Ltd  
326 Main St | Selkirk  
204-482-8558  
www.cooperators.ca/Krut-Agencies

**the co-operators**  
A Better Place For You<sup>®</sup>

Home Autopac Life Investments Group Business Farm Travel

**autopac**  
A Manitoba Public Insurance product

Travel insurance is underwritten by CUMIS General Insurance Company, a member of The Co-operators group of companies, and administered by Allianz Global Assistance. Allianz Global Assistance is a registered business name of AZGA Service Canada Inc. and AZGA Insurance Agency Canada Ltd.





**TOP PERFORMERS OF 2017 - ON SALE:**



**AMAZING BUY 1 GET 1 FREE SPECIALS:**



**FINALE CAKES - BUY 1 GET 2 FREE BLOWOUT SALE:**



**FAMILY PACKS - BUY 1 GET 1 FREE:**



1838 PORTAGE AVE - WINNIPEG 204-785-8007  
609 GREENWOOD AVE - SELKIRK WWW.REDBOMB.COM



The Fireworks Experts™ at Red Bomb Fireworks are here to help this New Years Eve!

**Time is ticking...** Yet another year has come-and-gone, and Canada 150 is slowly coming to a close. Hopefully, throughout the rigmarole of the daily grind, you managed to carve out a few "Canada 150" memories that will last a lifetime!

If you're like most of us, you're likely looking at the calendar starting to panic – there's under one week left to fit in that much-needed "quality" family time.

The good news... Red Bomb Fireworks is here to help this New Years Eve! With Canada's largest selection of Buy 1 Get 1 Free fireworks, incredible Buy 1 Get 2 Free New Years Specials, and pre-made "Show in a Box" assortments, we'll set you up right! Our staff will take the time to explain what our items do, how to use them safely, and how to create those last-minute Canada 150 memories that will last a lifetime.

Although fireworks are our speciality, we also carry other New Years essentials like:

- Firewood
- Pic-A-Pop
- Weiner Roasting Sticks
- Glow Sticks, Bracelets, and Necklaces
- Model Rockets (HUGE selection has just arrived)
- Party Sparklers
- LED Balloons
- Sky Lanterns (Support Cancer Care Manitoba... Pink Sky Lanterns are Buy 1 Get 1 Free, and \$1.00 from EVERY purchase is donated to cancer research)

Both year-round Red Bomb Fireworks locations are open EXTENDED HOURS this New Years Eve, providing you with plenty of time to stock up on New Years goodies!

**RED BOMB SELKIRK**

Brandi, Laura, and the entire Red Bomb Selkirk team look forward to making this New Years Eve a "BLAST" for you and your family. Their Selkirk Fireworks Superstore is located at 609 Greenwood Avenue, just down the street from Snak Shak.

**Extended New Years Hours:**

December 26th – 9am to 6pm  
December 27th through December 30th – 9am to 9pm  
December 31st – 9am to 6pm

**RED BOMB WINNIPEG**

Amber, Matt, and the Red Bomb Winnipeg crew look forward to meeting you this New Years Eve! Our newest retail location, Red Bomb Winnipeg is Canada's most spectacular fireworks store. Located at 1838 Portage Avenue, right by Polo Park, this store is a "must see" destination for fireworks enthusiasts!

**Extended New Years Hours:**

December 26th – 10am to 7pm  
December 27th through December 30th – 10am to 9pm  
December 31st – 10am to 6pm

Regardless of which Red Bomb Fireworks location you choose to visit, our team of Fireworks Experts is here to help this New Years Eve! Make your New Years Eve fireworks show a true family affair – bring the whole family down to pick-and-choose your perfect show! The FREE coffee is on for the adults, and we have FREE popcorn for the kids! Plus... we'll always toss a few FREE fireworks in with every purchase!

Time is ticking... life's too short to put off making those last-minute Canada 150 memories! From our family to yours: All the best this Holiday Season, and here's to a safe, happy, and prosperous 2018!

**Brandi & Matt Bialek**  
The Entire Red Bomb Fireworks Crew



# Group hopes to make Selkirk a destination for trades training

By Lindsey Enns

A locally based tradesman is hoping with some help to put Selkirk on the map when it comes to skilled trades training.

Dennis Smith, who is a mechanical inspector for the City of Winnipeg and also works for his father's Selkirk-based business, George Smith Plumbing and Heating, says he believes there is a lack of training available to local high school students when it comes to various trades including plumbing, sheet metal, refrigeration and air-conditioning.

Smith says he would like to see the Comp offer a higher level of trades training to high school students so they can train and work locally.

"Commonly small businesses located outside of the city of Winnipeg put a lot of money and time into training apprentices only to lose them when they hit about third level and up in their apprenticeship programs to larger companies located in Winnipeg that could offer a lot more hours due to large construction jobs supported by jobs and the economy and at a much higher wage," Smith said. "This makes it very difficult for small businesses to obtain long-term employees. A lot of small companies like ours have ads out for quite some time ... but workers are very hard

to find."

Smith along with Comp principal Martin Ingenmey, representatives from Apprenticeship Manitoba and the Construction Association of Rural Manitoba, local business leaders, a City of Selkirk staff member and others met on Dec. 15 to discuss how Selkirk can become a hub for trades training.

"As a vocational high school we offer a number of different trades," Ingenmey said, adding the Comp offers electrical, auto body, automotive technology, drafting, culinary arts, hairstyling, print media as well as welding. "We have a school of about 1,100 kids and I'm really proud of and pleased with the level of programming we have to offer here."

Melissa Phaneuf-Ahi, a High School

Apprenticeship Training Co-ordinator with Apprenticeship Manitoba, said the majority of their high school apprentices who are working with employers are in rural communities.

"So there is definitely a lot of growth that can be done with getting the schools apprenticeship and employers engaged together more," she said.

Smith said he would also like to start lobbying both the federal and provincial governments to designate small businesses as training facilities.

Following the meeting, Smith said he hopes this will lead to more dialogue between the Lord Selkirk School Division, local employers as well as the City of Selkirk.

"We touched base on many topics and now each party I believe is going to take time and reflect to see what each of us can do," Smith said.

Those seeking more information can contact Dennis Smith directly by calling 204-485-4188 or via email at dgs4@hotmail.ca.

**The Selkirk Record office will be Closed Dec 23rd to Jan 2nd, Re-opening Jan 3rd.**

**We wish you a Merry Christmas and a Happy New Year!**

*The Selkirk Record*

**NEED A UNIQUE GIFT IDEA? GIVE LIFE WITH THE GIFT OF BLOOD.**

Book an appointment to Give Life **now** on the **GiveBlood App** or on **blood.ca**.

**UPCOMING BLOOD DONOR CLINICS IN THE INTERLAKE REGION**

**SELKIRK**  
Tuesday January 2, 2018  
4-8 PM Selkirk Recreation Complex

**SELKIRK**  
Tuesday February 6, 2018  
4-8 PM Selkirk Recreation Complex

**STONEWALL**  
Tuesday, January 16, 2018  
2-7 PM Stonewall Legion Hall

**GIMLI**  
Monday, February 12, 2018  
3-7 PM Lakeview Resort & Conference Centre

Canadian Blood Services  
it's in you to give

**Ring in the New Year!**

**439 MAIN ST., SELKIRK**  
North of Manitoba Ave.

**HOURS**  
MONDAY - FRIDAY 9-9  
SATURDAY 9-8 SUNDAY 12-6

**BIG DOLLAR**



# Friendly Selkirk Mobility drivers get community members moving

By Justin Luschinski

Bonnie Zahayko spends her days helping people as best she can.

She drives her bus around Selkirk and surrounding areas, making sure her passengers, who live with various disabilities, get to their doctor's appointments, funerals and even concerts.

But on this particular morning, Zahayko receives a text from the daughter of one of her clients. The daughter told her that her father had passed away, but she wanted to take the time to thank her for "being so kind and helpful" to her father.

"All the safe rides to and from the hospital are greatly appreciated," the daughter texted.

Zahayko thanked the daughter for the message, and then tears came to her eyes as she began describing the relationship she had with her client.

"He would sing songs while I drove him, stuff like 'my Bonnie lives over the ocean,' because my name is Bonnie. If something else came on, or a phrase came on, he'd just turn it around and make it into a song," she said. "When he was first started going to the hospital, he thought he was going there to die. So I made jokes to him, saying how they're just going to clean by his ears, stuff like that, to make him feel comfortable."

"I tried to turn something negative for him into a positive."

Zahayko is a driver for Selkirk Mobility, a transportation service run by Selkirk Transit. Selkirk Mobility provides transportation to people over the age of 65, and anyone with permanent or temporary disabilities. But if someone under the age of 65 were

to injure themselves, they'd qualify to use the service, even if the injury is temporary. Currently Selkirk Mobility has clients that range in age from 19 to 99 and their drivers have close relationships with all of them.

Selkirk Mobility also provides transportation services for Interlake-Eastern Regional Health Authority programs, as well as Community Living Selkirk.

Recently, the organization was presented with a pair of awards from the Selkirk Biz: The 2017 New Business of the Year Award, and the 2017 Customer Service Award.

The Biz awards are the latest in a list of achievements for the Selkirk Transit Authority who captured similar honours in 2012 and 2013.

In an effort to become a more inclusive, regional service, Selkirk Mobility is now available for residents in St. Andrews and St. Clements. It offers transportation locally and chartered trips to Winnipeg and other destinations. Service is available seven days a week, including Christmas Day.

Charlene Dunning, the manager of transportation services for Selkirk Transit, said that their staff work hard to serve the community.

"That goes to show you, that it's not just driving for our staff, it's building relationships," Dunning said. "It's incredible, I've never worked in an environment like this. Our staff always tries to go the extra mile."

"The drivers are the face of the service, it shows what a little empathy and compassion can do to affect people's lives."

Dunning said that this service is a reflection of the commitment of the City



**RECORD PHOTOS**  
**BY JUSTIN LUSCHINSKI**  
 ABOVE: Selkirk Mobility driver Bonnie Zahayko, pictured right, helps secure a passenger before leaving for the Selkirk Regional Health Centre recently. LEFT: Pictured from left to right: Bonnie Panas-Turenne, Charlene Dunning, and Bonnie Zahayko of Selkirk Mobility hold the Selkirk Biz awards the organization won in 2017.

of Selkirk and Selkirk Transit for helping create accessible transportation. Selkirk Mobility began their service in January of 2015, and they've provided more than 15,000 trips to date.

Bonnie Panas-Turenne, Selkirk Mobility administrator, said that she hopes the stigma around using their service goes away.

"There still is that stigma with people using our service, because they

see that wheelchair sign and a lot of old school seniors say 'I don't need that, I can't take that bus,'" she said. "They don't realize that if you just have difficulty walking, or if you can't breathe well, we can still help you go shopping, or go to get your hair done."

For more information about Selkirk Mobility, call 204-482-4636, or visit [mysta.ca/mobility/](http://mysta.ca/mobility/).

**Chicago**  
 April 7 - 13, 2018  
 \$1400.00 pp dbl occ  
 Tour includes:  
 Motorcoach transportation departing Winnipeg to Red Wing, MN where we continue our travels by Amtrak Train into Chicago Union Station, 6 nights lodging with Allerton Warwick on the Magnificent Mile, 6 breakfasts, City Pass for 5 museums/attractions (Shedd Aquarium, The Field Museum, Adler Planetarium, Art Institute, Museum of Science & Industry), 75 minute boat ride down the Chicago River plus professional tour directors accompanying the entire tour.  
 Opportunity to add baseball games in your free time!  
 204-738-4258 [www.rwbgetaways.com](http://www.rwbgetaways.com)  
**Red-White & Blue Get-A-Ways**

**MONDAY - FRIDAY LUNCH BUFFET**  
 OPEN TILL 9 PM NEW YEARS EVE CLOSED NEW YEARS DAY  
**CATERING FOR ALL OCCASIONS**  
 WESTERN & EAST INDIAN SELECTIONS AVAILABLE  
**Zaika**  
 The Indian Cuisine  
 New location in Garson, MB Coming Soon  
 420 MAIN STREET SELKIRK  
 204-785-7919

**NEW YEAR,**  
**NEW HOME?**  
 Wishing you all the very best in 2018!  
**Ashley Douglas** REALTOR®  
 204-480-2798  
 ashley.douglas@century21.ca  
 FOR ALL YOUR REAL ESTATE NEEDS CONTACT ME TODAY  
 For more details & listings check out my website [www.ashleydouglas.ca](http://www.ashleydouglas.ca)  
**Century 21**  
 Advanced Realty Brokerage





## Back into the wild



RECORD PHOTOS BY JO-ANNE PROCTOR

Wildlife Haven Rehabilitation Centre volunteers helped release this snowy owl back into the wild at Oak Hammock Marsh on Dec. 12. The owl was dehydrated and starving when it was flown to the centre from Gillam in October but after several weeks of care she was successfully rehabilitated and ready to go back into the wild.

Compliments  
**St. Louis Style Back Ribs**  
 Fully cooked, 800 gram **\$9<sup>98</sup>**

**Pepsi, 7-UP or Gingerale**  
 1 L  
 Diet or Regular **88¢**

Fresh  
**Chicken Wings**  
 Split **\$3<sup>44</sup> LB** **\$7<sup>59</sup> kg**

City Bread  
**Rye Bread**  
 Reg or thick slice  
 440 gram **4/\$5<sup>00</sup>**

Maple Leaf Prime  
**Chicken Wings**  
 Buffalo, BBQ or Honey/Garlic  
 Frozen 800 gram **\$7<sup>88</sup>**

Popeye  
**Spinach**  
 283 gram **\$2<sup>88</sup>**

From Our Bakery  
**Assorted Muffins**  
 6 pack **\$3<sup>44</sup>**

Christies  
**Snack Crackers**  
 Assorted 100-200 gram **2/\$5<sup>00</sup>**

Old Dutch  
**Potato Chips**  
 Assorted 235 gram **4/\$10**

Countryside  
**Large Eggs**  
 18 pack **\$3<sup>49</sup>**

Tenderloin  
**Salami**  
**\$1<sup>88</sup>**  
 100 grams

From Our Bakery  
**Pumpnickel Bread**  
 Whole or Sliced  
 400 gram



Softener Salt Delivery Available - Call Adam @ 795-2850 for details. LOTS OF MORE SPECIALS IN STORE. We reserve the right to limit quantities. All items are while stock lasts

Hours:  
 New Year's Eve Dec. 31  
 9am - 6pm

# HARRY'S FOODS

5571 Hwy #9 St. Andrews  
 Customer Service 338-7538

Store Hours: Mon.-Fri. 8 am - 9:30 pm Sat. 8 am - 8 pm Sun. & Holidays 10 am - 6 pm. Prices effective Thurs., December 28 - Wed., January 3, 2018



**The Selkirk Record**



**PUBLISHER**  
Lana Meier



**MARKETING & PROMOTIONS**  
Brett Mitchell



**EDITOR**  
Lindsey Enns



**SALES**  
Michelle Balharry



**REPORTER/PHOTOGRAPHER**  
Justin Luschinski



**SPORTS EDITOR**  
Brian Bowman



**OFFICE MANAGER/ADS**  
Lucy Kowalchuk



**ADMINISTRATION**  
Georgia Campbell



**DISTRIBUTION**  
Christy Brown



**PRODUCTION**  
Debbie Strauss



**PRODUCTION**  
Nicole Kapusta



**PRINT**  
Dan Anderson



**ADMINISTRATION**  
Corrie Sargent



**ADMINISTRATION**  
Allana Sawatzky

# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

> ARNIE WEIDL

## Ice anglers 'always willing to help'

Hello my friends, thanks for stopping by.

Maybe the holiday activities have been a bit overwhelming for you, if that's the case sit back for a short time and let me pass on a few fishing stories for your enjoyment.

First off, there was Stephen Petrosky who I met some time ago on the Red River. He was a young, slow talking, caring kind of guy totally involved in fishing. As I had approached him on the ice he seemed to have been trying to drill a hole with a hand drill which was lying on the ice. I cast a glance around to neighbouring anglers who might have a power drill as Stephen continued telling me how much he had liked going up to Twin Lakes in the Duck Mountains to fish for tiger trout. Just then a heavily clothed chap slowly strode to us lugging his auger and without a word began drilling a hole for Stephen. Soon the auger punched through to water and the neighbour pulled it up resting the bit on the ice. He shouted to our friend, "Where do you want the other one?"

Stephen pointed to a spot 10 feet from the hole and without another word our "friend of few words" moved over to the spot indicated, revved the augers' motor and made another hole. When the bit came out of the hole, still not talking, but with a self-satisfied smile on his face our neighbour turned and dragged his auger three or four car lengths away to his setup. "See," Stephen remarked, "that's how nice ice anglers are out here, they're always willing to help!"

A few weeks ago I had the pleasure of meeting Jeff Mell and his daughter Hallie of Petersfield who had been a mile off shore on the south west side of Lake Winnipeg. Although they didn't have a fishing experience, Hallie was nice enough to hold up one of their catch for us to admire. Jeff said the afternoon had gone really well in



**RECORD PHOTO BY ARNIE WEIDL**  
Hallie Mell of Petersfield with one of her catch from the west side of Lake Winnipeg.

that they fished on two feet of ice and caught enough for supper.

A little further north of Jeff and Hallie I came across a young tall guy, Tanner Bilcowski who was setting up a portable ice shack with his friends from Sandy Hook. When I asked if he had a fishing story for us he said a while back he was fishing with friends in a hard wall shack on a small lake by Minnedosa. They had made a couple of holes outside and set the tip-ups but got into some good food and playing cards. It was a warm sunny after-

noon and Tanner sitting by a window noticed one of the tip-ups taking a nose dive into the ice holes' water. He jumped up blasting through the door and slid to the hole just as it plopped into the water. Well, they still had one rod at play so they went back to their cards. Again, soon, Tanner saw the last rod shuttering. This time he was faster. Like lightening he tore out there and grabbed the rod. On his knees he reeled up triumphantly as a nice pickerel burst from the water - with the line of the first rod in the side of its' mouth! In no time they were back fishing with two rods!

Lastly, for this week I met this boisterous fun-loving gal, Jaime Podolsky and her hubby, Micheal, on the east side of Lake Winnipeg. She loved to talk saying that they always start their winter fishing here because the ice always gets thicker faster. Although she didn't have a winter story she remembered not long ago when she was fishing on the Red she caught a catfish. After reeling it in and landing the fish the baited hook literally fell out of the cats' mouth. Jaime put her gear aside so she could release the fish but soon heard a squawking behind her. She turned to see a pelican clumsily trying to get the minnow on the hook into its beak. Jaime jumped up flailing her arms trying to scare the bird off but somehow it managed to snap up the minnow along with the hook, line and rod! Jaime was furious and as the bird flew over the water but along the shore, 'Little Miss Energetic' went tearing after it on the muddy bank yelling at the top of her lungs, "You let my rod go," but as the bird flew farther away she saw her fishing gear fall from the bird to the river. "That was over a hundred dollars worth of gear Old Red, she muttered to herself, "I hope you enjoy it!"

See you all in the New Year, bye for now.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



> **CONTACT US**

By phone: **204-785-1618**  
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,  
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

**TO PLACE AN AD or for  
COMMERCIAL DESIGN & PRINTING**  
Brett Mitchell: 204-485-0010  
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419  
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

**EDITORIAL**

Lindsey Enns 204-485-3337  
news@selkirkrecord.ca Twitter: @LindseyEnns

Justin Luschinski 204-226-8268  
Justin@selkirkrecord.ca Twitter: @ScholarJ

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

**TROUBLE WITH PAPER DELIVERY?**

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

*This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.*



# West St. Paul Fire Department to receive custom rescue truck in 2018

Submitted

The West St. Paul Fire Department is getting a new custom rescue vehicle that will improve what they can do today and in the future.

"It's built and designed not only with what the West St. Paul Fire Department is doing today in mind, but it's going to give us the capability to expand services and carry additional equipment that we weren't able to in the past," said WSP Fire Chief Ryan Yackel. "Our previous apparatus was built in 1994 so it had run its time. With it, we were limited in the services we could provide based on the fact we couldn't carry any more equipment on it, we were just maxed out for space."

The new one will carry the depart-

ment's vehicle extrication, water rescue and firefighting equipment and can transport two members in the cab and six others in the passenger compartment.

Yackel said with the new vehicle they will be able to carry more specialized equipment, such as vehicle extrication, low angle or confined space rescue. All require specialized equipment and in the past the department couldn't purchase it because there simply wasn't room on the truck.

Mayor Bruce Henley said West St. Paul has a very well trained professional Fire Department and, as a former member of the Fire Department, Henley knows how important it is to have the proper equipment.

"Our firefighters do a great job and

mayor and council have worked hard to ensure our community has modern firefighting capabilities. The Fire Department built a strong case for council to consider and as such we approved the new apparatus. It was a good business decision," Henley said. "Fire fighting is so much more than fire fighting these days and by having a truck that can carry specialized equipment and assist the department in the varied things they do in their job is very important."

The truck is being built to meet the specific needs of West St. Paul.

"It's a custom apparatus and it was designed by Acres Emergency Vehicles and a committee of West St. Paul firefighters to meet our demands," Yackel said.

The vehicle is expected to be ready in spring 2018.

The purchase was approved in the 2016 budget and was tendered and awarded to Acres last spring.

## Carollers help spread holiday cheer



RECORD PHOTO BY JUSTIN LUSCHINSKI

A group of children from the Onashiwon Aboriginal Headstart Program in Selkirk stopped by the Selkirk Record office to sing Christmas carols on Dec. 19.

## Selkirk library selling community raffle tickets for dream vacation

Submitted

What is small enough to fit in the palm of your hand but so large that it has the potential to fulfill a dream, teach a young person to read, or support an outing for a senior?

Gaynor Family Regional Library's solution to this riddle is a ticket for its Community Raffle. The prize is a seven day dream vacation to either Paris, France; Punta Cana, Dominican Republic; or Orlando, Florida.

The proceeds from the raffle will support the library's programs, which include Babytime, Storytime, Lego League and Circle of Friends a program for seniors.

Last year the library sold 416 tickets with net proceeds of \$4,300. The winner went to Mexico and had a wonderful time. This year the library

hopes to sell all 500 tickets by holding the draw after Christmas.

You can purchase a ticket for \$20 at the library or from Library Board Members.

The draw will be held at Gaynor Family Regional Library on Friday, Jan. 5, 2018.

If you're not feeling lucky, you could also support the Library by making a \$20 donation to the Library's Adopt a Book Program.

In addition to dedicating a new book in the Library to a friend or loved one, you will receive a charitable donation receipt for your gift to the Library. You can't request that the Library purchase a specific book, but you can choose the type of book that you would like the dedication to be placed in.

# Extra Foods

**Family appreciation days!**

**2 days ONLY**

**Tuesday, Jan. 2nd & Wednesday, Jan. 3rd, 2018**

**plus 2,000 pts**

for every \$20<sup>1</sup> spent on deli/bakery. That's a minimum of \$2<sup>2</sup> in rewards.

\*20,000 points minimum redemption

For every \$20 spent on deli/bakery before applicable taxes and after all other coupons, discounts or PC+ Points redemptions are deducted, in a single transaction at any participating store location, you will earn the points indicated. Product availability may vary by store. We are not obligated to award points based on errors or misprints.

Offer valid Tuesday, Jan. 2nd to Wednesday, Jan. 3rd, 2018. **plus**

**plus 4,000 pts**

for every \$40<sup>1</sup> spent in the health, beauty and/or baby departments. That's a minimum of \$4<sup>2</sup> in rewards.

\*20,000 points minimum redemption

For every \$40 spent on health, beauty or baby items (excludes pharmacy, apparel and toys) before applicable taxes and after all other coupons, discounts or PC+ points redemptions are deducted, in a single transaction at any participating store location, you will earn the points indicated. Product availability may vary by store. We are not obligated to award points based on errors or misprints. PC Plus valid in participating stores only.

Offer valid Tuesday, Jan. 2nd to Wednesday, Jan. 3rd, 2018. **plus**

**plus 15,000 pts**

when you spend \$100<sup>1</sup> in store. That's a minimum of \$15<sup>2</sup> in rewards.

\*20,000 points minimum redemption

When you spend \$100 before applicable taxes and after all other coupons, discounts or PC+ points are deducted, in a single transaction at any participating store location (excludes purchases of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, all third party operators (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated), you will earn the points indicated. Product availability may vary by store. We are not obligated to award points based on errors or misprints.

Offer valid Tuesday, Jan. 2nd to Wednesday, Jan. 3rd, 2018. **plus**

**LIMIT 2, AFTER LIMIT 2.98 lb 6.57/kg**

**177** lb  
3.90/kg

**2.97** each

**7.98** each

**LIMIT 4, AFTER LIMIT 2.97 EACH**

**1.97** each

**LIMIT 2, AFTER LIMIT 10.98 EACH**

**5.97** each

**LIMIT 4, AFTER LIMIT 2.98 EACH**

**1.97** each

**LIMIT 4, AFTER LIMIT 2.98 EACH**

**1.97** each

**LIMIT 6, AFTER LIMIT 6.48 EACH**

**4.47** each

**LIMIT 4, AFTER LIMIT 6.98 EACH**

**12.00** each

**LIMIT 4, AFTER LIMIT 4.58 EACH**

**2.97** each

**LIMIT 4, AFTER LIMIT 4.58 EACH**

**5.48** each

**LIMIT 4, AFTER LIMIT 4.58 EACH**

**7.97** each

**LIMIT 4, AFTER LIMIT 4.58 EACH**

**2.00** each

**Get **pts** towards FREE\*\* groceries!**

\*\*Minimum redemption 20,000 PC points. Some redemption restrictions apply. See in-store or visit [pcplus.ca](http://pcplus.ca) for details.

visit our website at: [extrafoods.ca](http://extrafoods.ca)

Expiry dates and selection of items may be limited and may not be available in all stores. No restrictions. No substitutions on clearance items or where quantities are advertised to limit. Advertised pricing and product selection (flavour, colour, contents, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented at the time of purchase. Applicable items, quantities, and environmental requirements are subject to change without notice. All other restrictions, terms and conditions apply. Quantity purchased represents additional savings or specific products throughout the store. These savings are available on identical items. Deposits and/or environmental charges are extra where applicable. © 2017 The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw Inc. and others. All rights reserved. © 2017 Loblaw Inc. PROUDLY CANADIAN



## Gala benefits Look Good Feel Better



**SUBMITTED PHOTO**  
A Holiday Gala event at Shoppers Drug Mart in Selkirk on Nov. 4 helped raise \$2,100 for the Look Good Feel Better program. Pictured above is cosmetic manager, Lisa Setter-Johnstone, Sara Mckenzie and Elaine Geard. Shoppers has supported the Look Good Feel Better program over the past 10 years. Look Good Feel Better offers a beauty workshop that gives Canadian women going through cancer treatment the tools and techniques to feel beautiful.

**TOP LINE** *LIVE!*  
9pm-1am  
Featuring  
**Marc Bowman**  
**New Year's Eve**  
*VENDOR Open Regular Hours thru the holidays*

**Lord Selkirk**  
**HOTEL**  
50/50 DRAW LATE LUNCH  
420 Main St., Selkirk 204-785-8669

# RAW:Gimli to combine architecture, cuisine

By Ligia Braidotti

You probably have walked and skated on the frozen water of Lake Winnipeg countless times, but how many times did you go there to share a meal with your friends?

Now you can have that one-of-a-kind experience. The duo behind the Manitoba annual outdoor eating event RAW:almond is taking up the exciting challenge to host RAW:Gimli for the first time on Dec. 29 to Jan. 7. The event will open the season for Winnipeg Chef Mandel Hitzer of deer + almond and architect and founding director of RAW:Gallery Joe Kaltornyk.

Kaltornyk and his colleague Chad Connery were inspired by the local history and marina architecture, the fishing shacks and the houses.

"It's really about creating a warm, inviting atmosphere and we always have one big table that everybody sits together at. At the very end of the table will be the kitchen and we always invite people to poke their head in and take a peek, or ask the chefs questions."

The exact location is yet to be confirmed, but co-founder Kaltornyk said the infrastructure would most likely be built close to the pier, as close as possible to their partners Lakeview Resort and Conference Centre.

"I never really built on the lake. Hopefully, it's more stable than the river here in Winnipeg (the event happens on the Red River by The Forks). It's also a completely new way of building for us, we've never built a place like this one we're going to build," Kaltornyk said. "All of the material goes back into the system, so we're not wasting anything."

Kaltornyk and Hitzer hosted the first

pop-up restaurant in 2013 on the frozen river during the coldest months of the year. Since then, the event has grown to other locations such as Churchill and Tokyo, held at a mystery location. Now it's time for Gimli residents to enjoy this experience.

However exciting the event may be, Kaltornyk said they often suggest people keep an open mind toward the experience.

"We tell people to keep their expectations at home and come with open minds and open hearts. It's an opportunity to meet new people and share a table and food with potentially your newest best friend," he added.

While Kaltornyk takes care of the design concept, Hitzer works on the secret menu that certainly has fish involved in its theme with other items reflecting the region. He is the featured chef and might bring some celebrity chefs to work with him as well, but it won't be as outreaching as Winnipeg's event.



"Winnipeg has over 30 guest chefs that come to Winnipeg, including some locals, but I don't think we're prepared for that this year in Gimli," Kaltornyk said.

Tickets have been on sale since Nov. 23, but there are a few seats still available. Tickets cost \$140 plus tax (13 per cent) and tips (17 per cent). The first seating takes place at 6:30 p.m. and the second seating at 9 p.m. Those coming from and returning to Winnipeg can enjoy a ride on Exclusive Bus Lines' luxury bus for an additional \$30. Lakeview is also offering an overnight stay.

For more information and to purchase tickets visit [raw-almond.com/rawgimli/](http://raw-almond.com/rawgimli/)

### SERVICE CLUBS - Serving our Communities

*Selkirk Record*

<p><b>ARMY, NAVY &amp; AIR FORCE VETERANS IN CANADA</b></p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clondeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July &amp; August) at 6:30pm in downstairs clubroom. New members welcome.</p>	<p></p> <p>Rotary Club of Selkirk Lesli Malegus, Sec. 204-482-3113 <a href="http://www.clubrunner.ca/selkirk">www.clubrunner.ca/selkirk</a></p> <p>Motto: "Service Above Self" Meetings 2nd &amp; 4th Mondays 6:00pm at Selkirk Golf &amp; Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	<p></p> <p>ROYAL CANADIAN LEGION NO 42 &amp; LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p><b>THE SELKIRK &amp; DISTRICT LIONS</b></p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first &amp; third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
<p></p> <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 <a href="mailto:lisgarlodge@outlook.com">lisgarlodge@outlook.com</a></p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Tuesday of the month except December (second Tuesday), no meetings January, February, July and August Meetings begin at 7:30.</p>	<p>REMORA #26</p> <p></p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	<p></p> <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 <a href="http://www.selkirkbiz.ca">www.selkirkbiz.ca</a></p>	<p><b>WEST ST. PAUL LIONS CLUB</b></p> <p>Glen Rossong Membership &amp; Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>

**ABM CONCRETE LTD.**  
**CONCRETE**  
Sand, Gravel & Sandstone  
(Pick up or delivery)

**ABM CONCRETE**  
Selkirk Manitoba  
SELKIRK 482-7862  
WPG. 284-5914



# Comfort care bags aim to offer solace during difficult times

By Jennifer McFee

As families attend to their loved ones during the last moments of life, they can seek a little solace through a new initiative rooted in comfort and care.

The South West District Palliative Care board has provided full funding for comfort care bags filled with items to help families and caregivers during difficult times.

Originating from Quality Palliative Care in Long Term Care, the local project is an adaptation of a similar initiative launched by staff and management at Ontario-based Bethammi Nursing Home and Hogarth River-view Manor.

Sandra Milotte, palliative care volunteer co-ordinator and community liaison for the Interlake-Eastern Regional Health Authority, said the comfort care bags are only available to people in an acute-care setting.

Thanks to the regional funding provided by the South West District Palliative Care board, the comfort care bags are now available in 10 different acute-care hospitals: Stonewall, Teulon, Eriksdale, Ashern, Gimli, Pine Falls, Beausejour, Arborg, Pinawa and Selkirk.

"They're a supportive resource that could be offered to family members and caregivers who are attending the bedside of their loved ones who may lack their own support system during that time. Their loved one is at the end of their life and the family is holding vigils, so they don't want to leave," Milotte said.

"The palliative care program identified a gap in support measures for those families and caregivers in the acute-care setting during those last hours of their loved one's life. It's one way that the staff members or volunteers can offer support and let the families or caregivers know that they're in their thoughts."

Each comfort care bag contains a journal, peanut-free snacks, instant coffee, tea, toothettes, mouthwash, hand lotion, a deck of cards and reading resources from the Canadian Hospice Palliative Care Association.

"The bags are put together with care by local palliative care companion



SUBMITTED PHOTO

The South West District Palliative Care board has provided full funding for comfort care bags to help families and caregivers during difficult times.

volunteers. They, along with myself, will monitor those bags to remind the staff that they are there," Milotte said.

"They're also recording any feedback. We'd really like to provide South West District Palliative Care with positive feedback from the staff or families. It's amazing and moving that they have funded this on a regional level."

Milotte extends her gratitude to all the volunteers for their contributions, noting that more volunteers are always needed.

"We really, really value our volunteers," she said. "They've been pivotal in making sure to get the message out there that these kits are an available resource."

The palliative program is pro-

vincially funded through Manitoba Health, and people can access it through the regional health authority.

"Traditionally, there was a lot of fundraising to ensure services were in place," Milotte said. "Although we really welcome and are happy to receive donations, we don't use the donations to fund positions. They go to purchase extras like this and to support the vol-

"THEY'RE A SUPPORTIVE RESOURCE THAT COULD BE OFFERED TO FAMILY MEMBERS AND CAREGIVERS ..."

unteer network."

The comfort care bags aren't just for families and caregivers whose loved ones are in palliative care; instead, they're available for any end-of-life situation.

"There are lots of people who aren't receiving palliative care services who are at the end of life," Milotte said. "It's for any family who has a dying loved one in the hospital."

For more information about the palliative care program, contact Tammie-Lee Rogowski at 204-785-7756 or trogowski@ierha.ca.

For more information about volunteer opportunities, contact Milotte at 204-785-7542 or smilotte@ierha.ca.

Additional information is also available on the Interlake-Eastern Regional Health Authority website. Visit ierha.ca and click on the "Care in your community tab" followed by "Additional services in communities." Under this heading, information is available on palliative care as well as volunteer opportunities.

**Gwen FOX ART GALLERY**  
 250 MANITOBA AVE  
 gwenfoxgallery.com  
 CASH, DEBIT, CREDIT CARD PAYMENT NOW AVAILABLE!  
 LOOK FOR US ON FACEBOOK! Selkirk Community Arts Center and Gwen Fox Gallery  
 Tues•Wed & Fri•Sat 11am-4pm  
 OPEN LATE on Thursdays! 11am - 8pm  
 & GIFT SHOP 204-482-4359

**Delivering Warm Wishes** frankspizza.ca

**SHRIMP • RIBS • CHICKEN • PIZZA**

**FRANK'S PIZZA** PICK-UP & DELIVERY  
 SERVING the Selkirk area, Middlechurch & West St. Paul

**Holiday HOURS**  
 New Year's Eve 3pm-11pm  
 New Year's Day 4pm-midnight

2450 Main St, WINNIPEG 204.338.7922  
 268 Main St, SELKIRK 204.482.7922



# 'Consistency is key'

## Local fitness experts share tips for staying on track over the holidays

By Justin Luschinski

Local fitness experts say there's nothing wrong with overindulging over the holidays, as long as you don't forget to find joy in your favourite exercise regime.

"Around the holidays, there's a lot of food. You shouldn't feel guilty because you eat a few treats," said Katie Hartle, owner of Glow Fitness For Women. "That guilt, we all know, it's just a form of self punishment, it leads to a lot of negative feelings. That self punishment only leads to self sabotage, it doesn't work."

Hartle wants people to take a more holistic approach to working out. She said that it's important to love working out, and to love your body, no matter where you may be with their fitness.

"Work out because you enjoy it, and because it lets you take a break from the stress that comes with the holidays," she said.

Hartle said that someone doesn't have to reach their goal to be proud of themselves; it's important to love yourself and be proud of the progress you have made. She brings that holistic approach to her gym, as she uses natural products for cleaning as well as some other aromatherapy methods and lighting to help invigorate people to work out.

Matt Evans and Tom Pachal, co-owners of Iron Image, said that even if you are on a diet, don't give up if you fall off the wagon over the holidays.

"Don't overindulge, and drink lots of water while you're eating," Evans said. "Eat in moderation, but don't beat yourself up if you eat a lot of food."

"The gym will still be here tomor-



row, or in January."

Pachal says "consistency is key."

"If someone's on a diet, and they slip off it, you just get back on it the next day, you don't just give up."

Evans and Pachal want to bring an old school feeling to the community. They want their gym to be a community hub, where you can work out and find like-minded people who will help you with your fitness goals.

"It's not about having six pack abs, it's about feeling healthier and enjoying your time at the gym," Evans said.

Kerry Holmes, a Selkirk-based yoga instructor, said that finding something to do with your friends and family will help you stay healthy.

"It's important to remember the connection between your mental health and your physical health," Holmes said. "When you're with your friends and family, you should mentally be focusing on them. Find something that you're passionate about, something you enjoy doing, and do that through the holidays."

"Maybe bring grandma, or someone you know, to just make it that much better."

Holmes said that yoga is portable,



RECORD PHOTOS BY JUSTIN LUSCHINSKI

ABOVE: Tom Pachal of Iron Image practices some boxing on a heavy bag recently. LEFT: Matt Evans of Iron Image does a bent over row with a barbell. BELOW: Kerry Holmes practices yoga inside The Mighty Kiwi in Selkirk recently.



and that at any point during the day, you can do some stretches to help improve your health.

She said that it's important to let go of judgment or competition, and just allow yourself to learn something new, and to understand that every body is different. She said that every body can do yoga.

"Here's my best tip: Just do it," Holmes said.

Kerry Holmes posts her yoga classes on Instagram. Follow her "@stopdropdoyoga."

Matt Evans and Tom Pachal's gym, Iron Image, is open now and is located at 511 Robinson Ave.

Katie Hartle's gym, Glow Fitness For Women, will be opening in January, 2018. For more information, visit [glowfitnessforwomen.ca](http://glowfitnessforwomen.ca).

## Province encourages Manitobans to head to the park this holiday season

Staff

With the holiday season being the perfect time to enjoy some winter fun, Manitobans are being reminded to enjoy the great outdoors at provincial parks.

"Spending quality time with family can be as easy as planning a trip to one of the many trails in our provincial parks," Sustainable Development Minister Rochelle Squires stated in a release last week. "Manitobans don't have to go far to participate in fun and active winter activities. And if the weather gets too cold, you can always

enjoy one of the many available warm-up shelters."

Provincial parks offer trails for cross-country skiing, snowshoeing, tobogganing, fat biking and snowmobiling, along with outdoor skating ponds, hockey rinks and toboggan hills.

Park interpreters have planned several family fun experiences over the holiday break including one on Thursday, Jan. 4 at Birds Hill Provincial Park where you can snowshoe around the Nimowin Trail, followed by an outdoor fire with hot chocolate and marshmallows.

Events are also taking place at Spruce Woods Provincial Park and in the Whiteshell.

Free interpretive programs are planned throughout the winter and are open to everyone. Teachers can also book free guided winter experiences for their students with park interpreters. For more information, visit [manitobaparks.com](http://manitobaparks.com) or email [ParkInterpretation@gov.mb.ca](mailto:ParkInterpretation@gov.mb.ca).

Park staff are busy preparing trails for winter use but more snow may be required in some areas before trail grooming can begin. Trail grooming re-

ports are updated online every Thursday, so visitors are encouraged to check trail conditions and weather forecasts before visiting parks to properly plan their outdoor adventure. Maps of winter trails and updated reports can be found at [manitobaparks.com](http://manitobaparks.com).

While events may be free, park vehicle permits are required year round in provincial parks. The 2017 provincial park vehicle permit remains valid until Apr. 30, 2018. Next year's pass is available for purchase in Manitoba Sustainable Development offices and will arrive in retail outlets early in 2018.



# Local writer moves to Ukraine to study dance, culture

Kaitlin Vitt is a writer from St. Andrews who has been a Ukrainian dancer for 19 years and an instructor for five years. In 2010, she joined Troyanda Ukrainian Dance Ensemble based in Selkirk. Since then her group has travelled and performed in Canada, Croatia, Hungary, Austria and this year she has spent months studying dance and culture in Ukraine. Below is Kaitlin's first person account of her journey through Ukraine so far.

**By Kaitlin Vitt**

Thousands of people packed up their lives to immigrate to Canada for a new start during the first wave of Ukrainian immigration 126 years ago. Today people still make the journey to begin their new lives.

I did the opposite. In August, I moved to the home of my ancestors for 11 months to study Ukrainian dance, language, and culture.

I'm here with six other Canadians as part of Cobblestone Freeway Tours and Ukrainian Dance World's inaugural dance immersion program. I started the journey with my dance group, Selkirk's Troyanda Ukrainian Dance Ensemble, touring around Ukraine for two weeks. Now, as part of the immersion program, I'm living in a new city every two months training with dance groups in each city.

Ukraine isn't at the top of everyone's travel list, some perhaps thinking not much has changed since Soviet times or that the fighting in the east is country wide.

I first visited Ukraine in 2014. In 2013 former president Viktor Yanukovich backed out of a Ukraine-European Union agreement and people protested in Ukraine's capital, Kyiv, leading to the Euromaidan Revolution. After calls for his resignation, Yanukovich eventually fled to Russia, but protests against the government continued.

Even though it was a short time after the protests started, I felt safe when I visited in 2014, and the same goes for today.

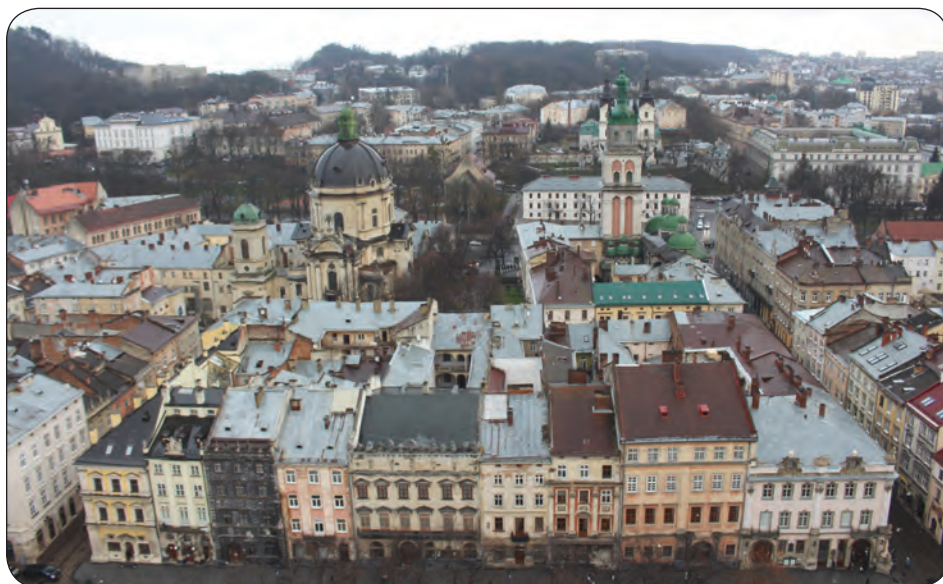
But sometimes it is still evident that I'm in a country with political unrest. A week into my time in Kyiv, a car-bomb exploded killing one person. It was a targeted attack, but it happened during rush hour on a popular route so anyone could have been affected.

Then in mid-October, protestors camped outside the parliament building in Kyiv in what the Kyiv Post called the biggest demonstration since Euromaidan. Two days earlier, I went for a walk in the same area, but instead of Ukrainian national guards and hundreds of protestors, I saw families and musicians spending time in the warm fall weather.

The fighting in the east is ongoing.



PHOTO COURTESY OF EVGANY KRAWS AND RECORD PHOTOS BY KAITLIN VITT  
LEFT: Kaitlin Vitt of St. Andrews, pictured centre, performs at the Lviv opera house with Troyanda Ukrainian Dance Ensemble in August 2017 as part of the International Ukrainian Dance and Culture Festival. BELOW LEFT: The Trade Unions Building in Kyiv, now covered with the Freedom is Our Religion banner, was fire damaged during the Euromaidan Revolution. BELOW: Hundreds of people demanding political reform protest outside the parliament building in Kyiv on Oct. 19. BOTTOM: Visitors can climb 400 stairs up to the top of Lviv's city hall for a birds-eye view.



Though it's concentrated in certain areas of the country, like Donbas and Crimea, every day I read about the latest happenings and can't help but feel connected since it's happening on the same soil I live on today.

During the immersion program so far, I've lived in Kyiv and Lviv. I will also live in Chernivtsi and Lutsk.

Living in Ukraine is a dream for me, but I understand locals don't always feel the same way about their country

— though I'm looking for any reason to stay, they may be looking for opportunities to leave.

The minimum wage is \$150 Canadian per month, and though some goods such as groceries are considerably cheaper than in North America, talking with a few locals, \$150 can be barely enough to get by.

So why would I ever want to stay? Perhaps it's part of the "you want what you don't have" mentality.


"LIVING IN UKRAINE IS A DREAM FOR ME, BUT I UNDERSTAND LOCALS DON'T ALWAYS FEEL THE SAME WAY ABOUT THEIR COUNTRY ... "

I see the problems with Ukraine, but living here also makes me aware of problems within my own country — the desire to own the biggest home, the need for the most expensive cell phone, and the lack of quality food (which I didn't realize was a problem until I tasted Ukraine-made food).

I still have lots to experience and learn here — including the language, which is very slowly happening.

For more information about my travels, visit the Facebook page "Our Year in Ukraine" or check out my personal blog, [kaitlinvitt.com/ukraine](http://kaitlinvitt.com/ukraine).



 **Dufresne** A Better Experience  
FURNITURE · MATTRESSES · APPLIANCES · HOME ACCENTS

**BOXING WEEK**  **THE SAVINGS CONTINUE!**

UP TO **60% OFF SOFAS** WITH PURCHASE OF MATCHING LOVESEAT AT REGULAR PRICE\*



**60% OFF\***

**SALE \$559<sup>99</sup>** WITH PURCHASE OF MATCHING LOVESEAT AT REGULAR PRICE **\$23<sup>32</sup>/MONTH\*\***   
**Constance Fabric Sofa** #1448109  
Featured in Tammy Charcoal. Loveseat **\$1379.99** Chair **\$804.99** Henning Coffee Table **\$479.99** End Table **\$369.99** Chair Side Table **\$249.99** Price after savings.



**35% OFF\***

**SALE \$1599<sup>99</sup>** **\$66<sup>67</sup>/MONTH\*\***  
**Sharon Fabric Sectional** #1424856K  
Featured in Alenya Charcoal. Also available in Quartz. Reverse configuration available in both colours. Select accent pillows included. Garrett Coffee Table **\$899.99** End Table **\$679.99** Sofa Table **\$729.99** Price after savings.

**LOWEST PRICE OF THE YEAR**  
ON  
**APPLIANCES**  
PLUS  
**SAVE \$300**  
WHEN YOU BUY 3  **BLACK STAINLESS APPLIANCES\***

**50" SALE \$597<sup>99</sup>** **\$24<sup>92</sup>/MONTH\*\***  
#1451118 UN50MU6070


**58" SALE \$797<sup>99</sup>** **\$33<sup>25</sup>/MONTH\*\***  
#1448093 UN58MU6100

**65" SALE \$1097<sup>99</sup>** **\$45<sup>75</sup>/MONTH\*\***  
#1451120 UN65MU6290

**LIMITED QUANTITIES**

UP TO **60% OFF** **MATTRESSES\***  
   

TAKE **24 MONTHS TO PAY** WITH 24 EQUAL MONTHLY PAYMENTS\*\* | **WIN YOUR PURCHASE UP TO \$5000\*** (See store for details.)

A Better Experience™ **SELKIRK** | 374 EVELINE STREET | 204.785.8191  | **SHOP DUFRESNE.CA**

\*Not to be combined with any other offers. Does not apply to previous orders, Clearance, Power Buys, Special Buys and Sale items. See store for details. Selection may vary by store. Although every precaution is taken, errors in price and/or specification may occur in print. We reserve the right to correct any such errors. Prices valid for a limited time only. Picture may not represent item exactly as shown, advertised items may not be on display at all locations. \*\*On approved credit. Certain terms and conditions apply. See store and Account Agreement for full terms. December 28, 2017 - January 3, 2018 only.

# Ugandan missionaries help spread holiday cheer



**RECORD PHOTOS BY JUSTIN LUSCHINSKI**  
Ugandan missionaries Kurt Peterson, pictured right, and Robert Twinomujuni, left, host a Christmas Light of Love event at the Gaynor Family Regional Library in Selkirk on Dec. 17.

By Justin Luschinski

Two missionaries, one from Uganda and one born in Manitoba, wanted to remind everyone how lucky we are to live in Canada.

Kurt Peterson and Robert Twinomujuni held a Christmas Light of Love event at the Gaynor Family Regional Library in Selkirk on Dec. 17.

The pair shared some heartwarming stories about their time in Uganda, while selling Manitoban and Ugandan goods to raise money for their charity organizations.

Peterson, who grew up in Clendoye, said that he wanted everyone to enjoy what they have here in Canada.

"Basically, we wanted to utilize the time (Robert) has here to inspire the people of Selkirk," he said. "Even in his short time here, Robert said that people are so kind and generous, but they seem lost. I want to bring everyone together, and enjoy all that they have here in Canada."

Peterson shared a story about a young boy he met in Uganda, who

had a very rough life. He had nothing, and he didn't know how to react to Peterson's attempts at helping him. But over the course of a few months, this boy transformed, and now he's going to school and building a life for himself.

Ross and Darlene Williamson, two residents of Petersfield who attended the presentation, say they felt moved by Peterson's message of hope.

"Kurt's really dedicated his life to this, it's nice to support him," Ross said. "He brought to life a lot of things we take for granted. These guys from Uganda have to walk 50 miles to get food, I can barely walk five."

Attendees could purchase crafts and food from Uganda, and all the proceeds went towards helping children in the country. Things like Ugandan coffee and sweets as well as Manitoban made hats and bags, were just some of the items available.

For more information, visit [sowetoyouthfellowship.org](http://sowetoyouthfellowship.org) or [change2change.ca](http://change2change.ca).





# Province unveils Heritage Trust program for Manitoba museums

By Jeff Ward

The Manitoba government is strengthening its support for heritage organizations across the province with funding for two major capital projects and the creation of a new endowment fund for smaller organizations, Sport, Culture and Heritage Minister Cathy Cox and Municipal Relations Minister Jeff Wharton announced on Dec. 19.

The province announced a new program to support small and medium-sized museums and archives throughout Manitoba. The new Heritage Trust program provides \$5 million over three years to create endowment funds within local community foundations for Manitoba museums and archives. The Heritage Trust program will provide a maximum of one provincial dollar for every two private dollars raised by qualifying heritage organizations. The program will create an incentive for communities to develop an endowment pool worth up to \$15 million to support heritage projects across Manitoba.

"We are working with our heritage organizations and community foundations across the province to create



JEFF WHARTON

stable, long term funding to maintain these important community infrastructure assets," said Wharton.

"Partnering with community foundations to help support our urban rural museums, archives and heritage centres is critical for the sustainability of community infrastructure across Manitoba."

The minister explained that the program is designed to create an incentive for communities to develop an

endowment pool worth up to \$15 million that can be used to support heritage projects.

The province will enter into a three-year agreement with The Winnipeg Foundation to work with Manitoba's other 54 community foundations to administer the program.

Endowments funds work by having a pool of money that earns interest. Donations made to the fund are never spent, only the interest that money earns is granted out. In this instance that money could be used for repairs to museums, to create new installations or for any project that supports the longevity of the museum.

"This new initiative is an exciting breakthrough because endowments provide sustainable funding that can be counted upon year after year. The Heritage Trust program provides a unique opportunity for those wishing to support the preservation of Manitoba's rich history," said Rick Frost, CEO of The Winnipeg Foundation, which will administer the program.

Minister of Sport, Culture and Heritage, Cathy Cox said that her government has "heard a strong call for greater investment from our heritage

organizations across Manitoba," and that these new investments are their response.

Manitoba has nearly 200 museums and 36 archives, with about 75 per cent of those located within rural areas.

The province also announced up to \$20 million for two projects in Winnipeg, which have undergone assessments to ensure they meet criteria for return on investment and value for money.

The province will contribute \$8.75 million this year to the Royal Aviation Museum as part of its \$45-million project on Winnipeg Airport Authority property, with another \$1.25 million available next year if private donation targets are met.

The province will also contribute \$10 million over five years to the Winnipeg Art Gallery's Inuit Art Centre, a proposed \$65-million programming hub to celebrate Inuit art and Indigenous cultures through exhibitions, research and education, and house studio art and learning programs for students including marginalized youth.

# Winnipeg Ringette League to help raise funds for Keira's Krusade

Submitted by the Winnipeg Ringette League

The Winnipeg Ringette League, along with corporate sponsors Boston Pizza and the Vickar Automotive Group, will be hosting its ninth-annual U19 all-star games and U14 skills competition this Saturday at Seven Oaks Arena (745 Kingsbury Ave).

Players from across Manitoba will participate in this event. The U14 skills competition will run from noon to 1:45 p.m., followed by the U19A1 all-star game (2-3:15 p.m.) and the 19A2 all-star game (3:30-5 p.m.).

This year's event will have a very,

very special cause.

On June 14, 2017, the ringette world lost a player, Keira Bond, but not before the 11 year old started a fund to help others with the disease.

After diagnosis, Keira began Keira's Krusade to help other children with cancer and all funds collected will be donated to combat Pediatric Brain Cancer.

As such, the Winnipeg Ringette League will donate its half of the all-star 50/50 lottery to Keira's Krusade and Prema Man. East will donate pink valve stem caps for a donation to Keira's Krusade.

Boston Pizza will acknowledge Keira by having the Keira's Krusade logo on each all-star jersey and by NOT having a No. 12 in the all-star game.

All-star game jerseys will be supplied by Boston Pizza and each player will keep their jersey as a memento of the game.

Keira attended St. Charles Catholic School where she excelled and was a talented piano player, violinist, and vocalist. She loved baseball and ringette and No. 12 was well-known for her spirit, tenacity, and drive on the ice.

Keira had such a fun-loving spirit

and people were naturally drawn to her. She was compassionate beyond measure. Her love for people is what inspired her, and us, daily.

Keira's former ringette teammates will escort the all-star players to centre ice for their introductions.

For more information on Keira's Krusade, please go to: [www.keiraskrusade.com](http://www.keiraskrusade.com). Keira's Krusade video is available at [www.dropbox.com](http://www.dropbox.com).

Less than two weeks after her passing, Keira's Krusade surpassed \$10,000 in donations. A great start in the fight against Pediatric Brain Cancer but there is so much more to be done.

## NEW YEAR'S HOURS

VENDOR IS  
OPEN

NEW YEARS EVE  
NEW YEARS DAY

6AM - 7PM  
12PM - 5PM

 LIQUOR  
VENDOR

OPEN DAILY 6AM, VENDOR 8 AM - 11PM  
23029 HWY 44 204.757.2222

LOCKPORT GROCERY  
GENERAL STORE & LIQUOR VENDOR

EST. 1982





# get inspired

> MEAL IDEAS

THE Marketplace  
AT SELKIRK



## Classic Pecan Pie

Prep time: 15 minutes  
Cook time: 70 minutes  
Servings: 10  
1 pie dough (9 inches)  
6 tablespoons unsalted butter, melted and cooled

1 cup light corn syrup  
1 cup light brown sugar  
2 teaspoons pure vanilla extract  
3 large eggs, lightly beaten  
1/2 teaspoon salt  
2 1/2 cups raw pecan halves  
Place baking sheet in oven. Heat oven to 350 F.  
Line pie pan with rolled out pie dough. Press into edges and up sides. Use fingers or fork to create

decorative edge. Set aside.

In large bowl, whisk together butter, corn syrup, brown sugar and vanilla extract. Add eggs and salt, and whisk until mixture is even. Fold in pecan halves.

Pour mixture into pie crust and spread evenly with spatula. Use pieces of aluminum foil to cover edges of pie crust. Place pie on prepared baking sheet and bake 60-70 minutes, or until pie is set in center.

Remove pie from oven and allow to cool completely before serving or chilling.

Note: Pie can be made 1 day ahead and refrigerated overnight. Allow pie to come to room temperature before serving.



## Roasted Acorn Squash Salad with Pecan Vinaigrette

2 tablespoons apple cider vinegar  
1 tablespoon maple syrup  
1/4 teaspoon sea salt  
Salad:  
3-4 handfuls baby spinach  
1 1/2 cups cooked farro  
1 medium shallot, thinly sliced  
1 ounce crumbled goat cheese  
Heat oven to 425 F.  
To create base, slice small part of one side of squash. Trim ends from

squash, cut in half lengthwise and scoop out sides. Place cut-side down and cut squash into 1/4-inch thick slices. Place on sheet tray and toss with olive or pecan oil and salt. Roast until squash and peels are tender, 30-40 minutes.

While squash is roasting, heat small skillet over medium heat. Add pecans and toast, shaking pan, until nuts are fragrant. Transfer 1/3 cup of pecans to bowl and reserve remaining pecans for topping. Add oil, vinegar, maple syrup and salt while nuts are still warm. Stir vigorously and set aside.

In large bowl, combine spinach, farro, shallot, half the squash and half the dressing. Toss to combine then lay remaining squash on top of salad. Drizzle with remaining dressing and sprinkle with goat cheese and remaining toasted pecans before serving.

Note: Acorn squash skin is edible but needs roasting long enough to make it tender. If unsure, use delicata squash or skinless butternut squash.

Prep time: 15 minutes  
Cook time: 35 minutes  
Servings: 4  
Squash:  
1 small acorn squash  
1 tablespoon olive oil  
1/4 teaspoon sea salt  
Dressing:  
1/2 cup raw pecan pieces  
1/4 cup olive or pecan oil



## Pecan Wild Rice Pilaf

Prep time: 10 minutes  
Cook time: 45 minutes  
Servings: 12  
2 cups chicken or vegetable stock  
2 cups water  
1/8 teaspoon ground nutmeg  
1/4 teaspoon ground ginger  
1 teaspoon kosher salt, plus additional, to taste  
1/4 teaspoon cloves  
1 cinnamon stick  
3/4 cup wild rice, rinsed  
1 cup black rice, rinsed

1 tablespoon extra-virgin olive oil or pecan oil  
1 tablespoon unsalted butter  
1/2 large sweet onion, diced  
2 cups butternut squash, diced  
1 medium tart apple, peeled and diced  
black pepper, to taste  
1/2 teaspoon dried thyme  
1/2 teaspoon ground cinnamon  
3/4 cup chopped pecans or pecan pieces  
1/3 cup dried currants  
In medium saucepan, bring stock, water, nutmeg, ginger, 1 teaspoon kosher salt, cloves and cinnamon stick to boil. Add rice and bring back to simmer. Reduce heat to low and half cover with lid. Allow rice to simmer about 45 minutes, or until tender and liquid is absorbed.

Remove and discard cinnamon stick.

While rice is cooking, in large skillet, heat olive or pecan oil and butter. Add onion and cook, stirring frequently, until translucent, about 4 minutes. Add in butternut squash and cook, stirring often, until squash is tender and beginning to caramelize at edges, about 8-10 minutes. Add in apples and cook additional 3-4 minutes, or until apples soften. Season with salt and pepper, to taste, along with thyme and ground cinnamon. Stir in chopped pecans and currants, and cook until pecans are slightly golden and fragrant. Remove mixture from heat.

Stir butternut squash mixture with cooked rice and season, to taste, with salt and pepper. Serve warm or at room temperature.



**BINGO**  
SUNDAY NIGHT BINGO  
Pots as of Dec. 17 are as follows:

4 \$1709+ MINI LOONIE

\$25,888+ POKER FLUSH 4

13 \$2300+ JACKPOT In 51 Numbers

\$4257+ LOONIE POT 13

**SELKIRK STEELERS**  
**Bingo!**  
Thursday nights  
at the Selkirk Friendship Centre  
Early Birds at 7:00 pm  
Regular Bingo at 7:30  
Happy New Year!  
Bingo game information not available at press time  
Regular Bingo during the holidays!

Getting Away for New Years?  
DON'T FORGET YOUR TRAVEL INSURANCE!

357 Main St. Selkirk  
204-482-3113

marlin★travel™



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Steelers' seven-game win streak snapped by OCN

By Brian Bowman

The Selkirk Steelers were riding an impressive seven-game winning streak heading into their Dec. 17 game with the OCN Blizzard.

But that streak was snapped with a huge thud.

The Blizzard blasted the Steelers 6-0 – scoring three goals early in the third – in Manitoba Junior Hockey League action.

“Sunday’s game, in particular, was not our best effort by any means,” said Steelers’ head coach Dustin Hughes. “Whether it was three in three or guys were looking forward to the break a little earlier than they needed to but it’s a little unfortunate how we ended the road trip.

“But, overall, I think we’ll take two out of three (on the road) every time.”

The seven-game win streak was a great run by Selkirk, which also had an impressive nine-game win streak earlier this season.

“I think the challenge now for our group is when we lose a game or two, get back on the horse right away and get back to the way that we’ve been playing at certain times of the year be-

cause we certainly have a group that can play with anyone in the league and we have proven that,” Hughes said.

Byron Fobair and Lantz Hiebert scored for OCN in the first period and then Trygve Many Guns tallied in the second.

Mark Liwiski, Brayden Dale and George King added third-period goals.

### Halvorsen the hero

On Saturday, Selkirk slipped past OCN 4-3 as Nate Halvorsen scored the game winner – his 18th of the season – just 18 seconds into OT.

“I felt we controlled the majority of the game,” Hughes said. “We kind of let them back into it around the four- or five-minute mark where they got goals back to back.”

Selkirk took a 2-0 lead just 6:49 into the game as Ryan Piwniuk and Brendan Hill scored. Many Guns cut that lead in half late in the opening period but Connor Barley regained the Steelers’ two-goal lead at 19:18 of the middle frame.

The Blizzard tied the score at 3-3, though, with goals from Dustin Mozzen and Daylon Campbell.

Zachary Bennett made 17 saves for the win.

### Stamping out Swan Valley

The Steelers started their three-game weekend road trip with a solid 4-2 win over the Swan Valley Stampers.

“Minus the last game on Sunday, we’ve been keeping teams to two (goals) or less,” Hughes noted. “And that’s been our recipe for success. Our PK has been much better as of late, so if you can keep the teams off the scoreboard with their power plays, that’s usually a one- or two-goal difference and we seem to be winning the 5-on-5 battle more often than not.”

After a scoreless first period, Selkirk went up 2-0 on goals by Halvorsen and Nolan Ferguson. Swan Valley’s Matthew Osadick replied just 27 seconds after Ferguson’s marker as the Steelers led 2-1 after 40 minutes.

Selkirk’s Ryan Gardiner and Swan Valley’s Keaton Jameson, on the power play, traded goals midway in the third before Carter Barley closed out

the game’s scoring with a shorthanded goal at 15:43.

Halvorsen, who was named the game’s first star, and William Middleton each finished the game with two points.

Hayden Dola made 34 saves for the victory.

On Dec. 13, the Steelers doubled Swan Valley 4-2 during the MJHL Showcase at the Bell MTS Centre.

Selkirk’s Nico Labossiere scored the eventual game winner at 3:26 of the third period. The Steelers’ Carter Barley then added an empty-net goal at 19:32 of the final frame.

Swan Valley’s Keaton James and Selkirk’s Cole Thompson traded goals by the 3:59 mark of the opening period and then Ferguson made it 2-1 with a second left in the first.

The Stampers’ Quintin Sudom scored the only goal of the second period, beating Bennett, who made 32 saves for the win.

Selkirk (20-12-2-1) had some significant time off for the holiday break before Saturday’s 7:30 p.m. game against the Pistons in Steinbach.

The Steelers will then host the Pistons on Sunday with a special 4:30 p.m. start on New Year’s Eve.

## Raiders slap around St. Vital Victorias

Staff

The first-place Raiders Jr. Hockey Club appears to be getting better and better each week.

And that’s a very scary thought for their Manitoba Major Junior Hockey League opponents.

The Raiders improved their record to a league-best 21-2-3 after throttling the St. Vital Victorias 12-4 last Thursday in Winnipeg.

The Raiders, which led just 3-2 after 20 minutes, broke the game wide

open with six second-period goals.

Carson Rybuck led the winners with four goals while Lars Anderson, Devin Manness, Carter Ives, Nicholas Mathews, Eli Batt, Kale Ilchena, Nolan Wisniewski and James Barclay added singles.

Troy Brown (two), Liam Grossman and Kevin Lamb replied for St. Vital.

The Raiders are back in action this Friday with a home game against Transcona. Game time is 7:45 p.m.

**Next Home Game**

**Tues. Jan. 9 7:30pm**

**vs Lundar Falcons**

**at the Selkirk Rec Centre**

---

**Away Game**

**vs St. Malo Warriors -**

**Fri., Jan. 12 - 8:00pm St. Malo Arena**




**Meet the Fishermen**

#20 Sage Guimond, Forward

CATCH THE EXCITING NEW TEAM FOR THE 2017-2018 SEASON



Happy New Year

HOME GAME

■ VS Steinbach Pistons Sun., Dec. 31<sup>st</sup> 4:30 pm



AWAY GAMES

■ VS Steinbach Pistons Sat., Dec 30<sup>th</sup> 7:30 pm

■ VS Swan Valley Stampers Wed., Jan 3<sup>rd</sup> 7:30 pm

■ VS Dauphin Kings Thurs., Jan 4<sup>th</sup> 7:30 pm

www.selkirksteelers.com

the Steelers Box Office is open 1 hour before game time

SELKIRK RECREATIONAL COMPLEX

GET YOUR GAME TICKETS AT: THE STEELERS BOX OFFICE, or ONLINE AT [www.diyobo.com](http://www.diyobo.com)



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## Everything you need to promote your business

Flyers  
Brochures  
Business cards  
Stickers  
Window decals  
Social tickets  
Door hangers  
Letterhead

Envelopes  
Invoices  
Estimate sheets  
Posters  
Memo pads  
Post cards  
Presentation Folders

Call **204-785-1618**

### METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

### RECYCLING

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

SHOP LOCAL

### HOUSE FOR RENT

A spacious 4 bedroom, 2 baths, 2 stories, full unfinished basement with washer and dryer. Pet-friendly, non-smoking. \$1,475/month plus utilities. Available immediately, references and lease required. 612 Selkirk Ave. Selkirk, MB. 204-770-4566.

News Tips?  
Story Ideas?  
call the  
Record  
204-785-1618

### APARTMENT FOR RENT

2 bedroom apartment in a clean, quiet, modern building available for immediate possession with a \$500 move-in bonus! Features vinyl plank flooring, open concept design, kitchen with dishwasher, and more! Professionally managed building, 255 Sophia Street. No smoking, no pets. \$998/mo. Call 204-292-7619.

Please support our advertisers

### APARTMENT FOR RENT

Century Selkirk, 165 Main Street. Currently we have a 1 bedroom & 2 bedroom suite for rent. Rent includes heat & water. Close to all amenities & bus route. Onsite laundry & parking available. Rents start at \$990. No pets & no smoking. Please contact Karen at 204-482-5019 for suite viewings.

ADVERTISE YOUR APARTMENT FOR RENT HERE

# take a break > GAMES

## SUDOKU

			2	8				
1			6					
	7		1					5
		9	4					
	3		7	5				4
			8					6
	2		4	7				
	8	1		6				3
5				9	8			7

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	2	8	6	1	3	4	9	5
9	3	4	9	5	2	1	8	7
9	1	5	7	8	4	3	2	6
2	9	6	1	3	8	7	5	4
4	8	1	5	7	6	9	3	2
3	5	7	2	4	6	9	6	8
5	4	2	3	6	1	8	7	9
8	7	3	4	9	5	2	6	1
1	6	9	8	7	2	4	5	3

Sudoku Answer

S	E	S	A	P	S	O	S	R	O	T	
L	W	O	T	H	T	N	I	M	O	R	H
T	I	S	E	S	V	E	R	E	C	D	E
F	A	I	U	D	I	M	I	D	I	T	I
C	E	M	S	U	A	S	A	V	E	L	P
D	B	T	J	C	P	A	V	E	Y	E	
S	O	R	P	V	F	R	V	T	S	N	
S	E	S	I	S	D	V	H	V	N		
L	O	D	C	S	D	I	C	V	P	A	
E	T	S	S	E	H	E	M	S	M	E	
W	V	N	E	G	O	C	N	V	T	V	
E	M	L	V	N	O	I	T	I	V	S	
O	N	I	T	A	N	D	O	R	B	S	
N	T	A	V	S	E	T	S	N	I		

Crossword Answer

# X CROSSWORD

### CLUES ACROSS

- Put within
- Learned person
- Resistance
- Female title
- Logical basis for a belief
- Of I
- Indicates position
- Article
- Insignificant organizational member
- \_\_ route
- Expression of disapproval
- Microelectromechanical systems
- Ponds
- Satisfy
- Dad
- Spanish soldier "El \_\_"
- Pouch-like structure
- Obscure unit of measurement
- Okinawa prefecture capital
- Platforms
- Jazz singer Irene
- Benefits
- Hellenistic governors
- Brownish-green fruit
- Needed to see
- Political action committee
- Fast plane
- Bahrain dinar
- Urgent request
- Raccoon genus
- Millisecond
- Atlanta rapper
- Rural delivery
- Intrauterine device
- The Wolverine State
- Free agent
- For instance
- Reduces
- Lincoln's state
- Quit
- Midsections
- Bullfighting maneuvers

	1	2	3	4	5		6	7	8	9	10	11	
12						13	14						15
16			17										18
19			20			21			22				23
24		25			26				27		28	29	
	30			31				32		33		34	
		35	36						37		38		
										40			
41					42				43				
44				45		46		47				48	49
50			51		52		53				54		55
56			57	58		59				60			61
62			63		64				65				66
67		68										69	
	70									71			

### CLUES DOWN

- The arch of the foot
- Canadian peninsula
- Koran chapters
- Abba \_\_, Israeli politician
- Youngster
- Burns
- Comedienne Gasteyer
- Valley
- Belongs to sun god
- Nickel
- Great in salads
- Leader
- Forced through a sieve
- Entryway
- Support pillars
- Aquatic mammal
- \_\_ Farrow, actress
- Unhappy
- Holds molecules
- Thrifty
- French dynasty
- Scottish port
- Irish militant organization
- Dawn
- Musical group of seven
- Used to fry things
- Carrot's companion
- Rough stone landmarks
- Fourth son of Jacob and Leah
- Goes against
- Passion
- Hard white animal fat
- Soybean pastes
- Beckon
- Mountain and morning are two
- Self-referential
- Data executive
- Retirement plan
- Star Trek character Laren
- You and I



# Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

### APARTMENT FOR RENT

Beautiful spacious 2 bedroom apartments available immediately in Tollak Apartments rent starting at \$918 + \$39 for parking. All utilities included in the rent. Please call 204-485-0246 for rental information.

### SERVICES

Worried about your credit card balance? Let us eliminate your credit card debt with rates from 2.2%. Bad credit OK (OAC). Call today toll-free 1-800-581-8288 (LIC #4733142)

### HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

### HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: Career-Step.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

### MISCELLANEOUS

Red, white and black lined winter suit coat, overcoat fits a men's sz. XL, has been dry cleaned, EC, \$100; BN never used and still in box, student desk study lamp, EWO, \$15; Sunbeam 2 slice toaster, EWO, \$15; LN sz. 9 safety shoes, EC, \$60. Ph. 204-785-8598.

### MISCELLANEOUS

Colorado Blue Spruce: \$0.99/each for a box of 180 (\$178.20). Also full range of tree, shrub & berry seedlings. Free shipping most of Canada. Growth guarantee. 1-866-873-3846 or TreeTime.ca

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, Mb. 1-888-685-3127.

### NEWS TIPS? STORY IDEAS?

Call 204-785-1618

**Selkirk Record**  
 Don't forget to send your special wishes and congratulations to your friends and family.  
 Call 204-85-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## CLANDEBOYE AVE in Selkirk Executive Mall

### OFFICE SPACE FOR LEASE



Property Features



Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:  
 BIG Real Estate  
 204-485-0010  
 email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)

**Century 21**  
 ADVANCED REALTY  
**GEORGE HACKING**  
 SALES ASSOCIATE  
 Phone: 204.202.1922  
 CALL/TXT: 204.461.0747  
George@ghteam.ca • www.GHTeam.ca

### Call Hacking Start Packing



You may need a bigger tree this year!

7 Howard Place \$429,900	13 Howard Place \$395,000
12 Murdoch \$518,000	321 Superior \$215,000
14 Hornshaw \$157,500 Pineridge Trailer Park	310 Superior \$284,900

### SELKIRK

- 6-305 Mercy ..... \$148,000
- 214 Colcleugh Avenue ..... \$145,000
- NEW PRICE** 321 Superior ..... \$215,000
- 310 Superior ..... \$284,900
- 150 Eveline Street ..... \$314,900
- 13 Howard Pl. .... \$395,000
- 7 Howard Pl. .... \$429,900

### COUNTRY

- PENDING** 5 Maple Ave, Stonewall .. \$49,900
- 14 Hornshaw ..... \$157,500
- PENDING** Gull Lake 42138 Rd 94 N .. \$209,000
- 34 Grey Cresc, Pinawa ..... \$348,700
- NEW PRICE** 29 John Zelych ..... \$382,500
- NEW PRICE** 92037 Rd. 5E Rockwood .. \$395,000
- 89110 Rd 6E Gunton 80 acres, 2400 sq ft Ranch \$498,800
- 12 Murdoch, Petersfield ..... \$518,000

### COMMERCIAL

- New Listing 315 Main Street ... \$295,000
- Commercial Lease – 153 Lily Avenue Zoned N1 ... \$110,000
- 502 Greenwood
- Renovated Building..... \$449,000
- Profitable Garage in Selkirk... \$755,000
- 66 Acres MI Development .... \$980,000
- NEW PRICE** Netley Creek Golf Course ..... \$2,200,000
- 311 Grassie Blvd Completed
- Subdivision ..... \$385,000
- South Beach Collision ..... \$750,000
- 4320 1 Highway N Shop and Property Canada Way **NEW PRICE** ... \$1,200,000
- 10 Dubas Creek ..... \$195,000

### VACANT LAND

- 0 Petersfield Pits, 120.6 Acres ..... \$340,000
- 72101 Pine Rd. S. Prime Development ... \$445,000
- 12 Tom Prince Dr. – Petersfield Lot ..... \$62,500
- NEW PRICE** 20 White Pine – Land – Halcyon Cove \$30,000
- Development Opportunity ..... \$492,000
- 4 Great Lots – Edith Ave. .... \$37,900-\$85,000
- New 72124 Floodway Drive S 2 Acres .... \$79,900

### WINNIPEG

- 77-1010 Wilkes Ave. .... \$267,700

OUR OFFICE IS OPEN Monday to Friday 9:00 - 4:30 pm

**Happy New Year!**

6005 #9 Highway \$339,900	27 Middle Drive, Winnipeg Beach \$159,900	1404-6940 Henderson Hwy, Lockport \$272,900

Call ANY TIME to Book Your Appointment  
**204-482-5492**

**FRONTIER REALTY**

[www.frontierrealty.ca](http://www.frontierrealty.ca)  
[front@mts.net](mailto:front@mts.net)

**M L S**  
 MULTIPLE LISTING SERVICE®

Stig Rensfelt 482-5492  
 Barb Linklater 485-1791  
 Albert Sheppard 785-0422

374 A Main St., Selkirk

**FROM FRONTIER REALTY**

Don't Forget Your Loved Ones

WITH AN ANNOUNCEMENT IN THE



Call 204-785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

PLEASE SUPPORT OUR ADVERTISERS - SUPPORT LOCAL BUSINESS!



**Kreutzer.ca**  
Real Estate Services Inc.

*"Smart move!"*



**418 & 414 HAZEL WPG BEACH**  
1074 & 587 sqft year round cottages, carport Sold together!  
5 1/2 2 1/2  
**\$130,000**

DANIEL



**220 SUTHERLAND AVE**  
1,375 sq ft, full rec rm, 3 season sunrm  
3 1/2 1 1/2  
**\$235,000**

EVAN



**756 CLUSTON RD (HWY 17)**  
Country hideaway, TLC req'd. 10.25 acres, 2bdm, 1 bath, 2 sheds. very private  
**\$85,000**

CALL WAYDE

**2.33 Acre, 286 ft Waterfront** **\$184,900**  
CALL for Details

**A big THANK YOU to all our clients for their support, trust and confidence over the years!**

**PEACE AND GOODWILL TO ALL!**

CALL US FOR YOUR 2018 DESK CALENDARS!



EVAN  
Senior Specialist 204 485.0407



WAYNE  
204 485.0407



DANIEL  
204 481.3159

**OUR MARKET IS HOT OUR LISTINGS ARE BOUGHT!**

**LIST YOURS TODAY!**

**204-482-7355**



**MISCELLANEOUS**

Powertec Solar, Consumer Choice Award winner, "Top Solar Company," contact us for a free estimate and let us explain the - Powertec advantage: [www.powertecsolar.ca](http://www.powertecsolar.ca) (204) 809-8703

**HAY FOR SALE**

Small square prime Alfalfa June Courtney grass, small square prime Alfalfa, and small square Oat and Flax straw. Leave message call 204-482-5101.

**HEALTH**

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

**SHOP LOCAL SUPPORT LOCAL BUSINESSES**

**McSherry Auction**

12 Patterson Dr. Stonewall, MB  
**Estate & Moving**  
Sat Jan 13, 2018 @ 10 AM  
Call to Consign - Pick-up / Trucking Available!  
(204) 467-1858 or (204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)



**Winter Road Haul 2018**  
Class 1 Drivers needed for deliveries in MB & NW Ont.  
(800) 665-4302 ext. 251  
or e-mail: [orderdesk@penneroil.ca](mailto:orderdesk@penneroil.ca)

## FOR EVERYTHING YOU NEED TO PROMOTE YOUR BUSINESS...

Flyers  
Brochures  
Business cards  
Stickers  
Window decals  
Social tickets  
Door hangers  
Letterhead

Envelopes  
Invoices  
Estimate sheets  
Posters  
Memo pads  
Post cards  
Presentation  
Folders

... Call **204-785-1618**

# Happy Holidays from the Realtors® at Interlake Real Estate

Calvin & Dayna Kuch Clark



Grant Hjørleifson



Ingrid Bennett



Jim Boulton



Kim Giesbrecht



John Wishnowski



Kathy Marks



Laurence Humniski



Chris Neufeld



Ellen Wyka



Dave Humniski



Jasmin Theobald



Mihaela Parker



Mike Juba



Thank you to all of our clients for another successful year. We look forward to working with you, our friends and neighbours, as you transition from stage to stage, and house to home in 2018.





# Announcements



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

## Everything you need to promote your business

- |                |                 |              |
|----------------|-----------------|--------------|
| FLYERS         | TICKETS         | POSTERS      |
| BROCHURES      | DOOR HANGERS    | MEMO PADS    |
| BUSINESS CARDS | LETTERHEAD      | POST CARDS   |
| STICKERS       | ENVELOPES       | PRESENTATION |
| WINDOW DECALS  | INVOICES        | FOLDERS      |
| SOCIAL         | ESTIMATE SHEETS |              |



**Call Today!**  
**785-1618**

### OBITUARY

#### Harry Harbour

Peacefully, surrounded by his family on Tuesday, December 19, 2017 at the Selkirk Regional Health Center, Harry Harbour, aged 80 years of St. Andrew's, Manitoba, beloved husband of Lorraine passed away.

In keeping with his wishes, cremation has taken place and a private family graveside service will take place in the spring.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



Your memory will live forever  
Engraved within our hearts

**SAB'S Carpentry**  
**DECKS**  
• WINDOWS • DOORS  
• Home Improvements  
Laurie H: 482-9057 C: 485-2946

**H.D. REPAIR & WELDING**  
Heavy Duty Repairs  
Truck/Trailer Safeties  
CWB Welding  
Metal Fabrication  
Hydraulic Hoses  
A/C Service All Makes  
Serving the Interlake since 2002  
369 Walker Ave (at Hwy 4) 482-3209

**CASSIDY'S CONSTRUCTION**  
• GENERAL CONTRACTING  
• MILL WORK • CABINETS • PROJECT MANAGEMENT  
• COMMERCIAL/RESIDENTIAL RENOVATIONS  
Steve Cassidy • Cell 782-4447  
[cassidysconstruction@gmail.com](mailto:cassidysconstruction@gmail.com)

**I BUY JUNK VEHICLES**  
RVs, trailers and farm equipment too!  
Phil 204-485-5787

**P.K. PLUMBING SERVICES**  
204-792-5156  
• Plumbing • Heating  
• In-Floor Heating  
• NOVO Water Softener Dealer  
Pete Kurus, Journeyman  
20 yrs experience  
Licenced gas fitter,  
Serving Selkirk & surrounding areas

**M.T. SEPTIC**  
Full Tanks Need To Be M.T.'d  
204-485-4516

**ALLSTAR PORTABLE Toilet Rentals**  
204-738-2321

**LUPUL Tax Services**  
"The Name Says It All"  
• Computerized • Electronic Filing  
• Free Estimates • Personal & Small Business Returns  
N.J. (Jim) Lupul  
[lupultax@outlook.com](mailto:lupultax@outlook.com) 204-785-1881

**FULLHOUSE MOVERS**  
ALEX FOTTY  
HOME: 204-467-2419  
CELL: 204-461-2352  
NOTHING BEATS A FULLHOUSE MOVE

Pick up your **Selkirk Record**  
At the **SPORTSMAN'S STOP CONVENIENCE & VARIETY** Esso  
Fishing Bait and Tackle • Gas • Maps  
HIGHWAY 44 just east of 59.

**Erin D. Petaski**  
Chartered Professional Accountant Inc.  
Corporate & Personal Income Tax & Quickbooks Training  
204-996-5325 / 1-877-996-5325  
Email: [erin@petaski-cpa.ca](mailto:erin@petaski-cpa.ca)  
Website: [www.petaski-cpa.ca](http://www.petaski-cpa.ca)  
Located in Selkirk

**SELKIRK PLUMBING**  
Residential & Commercial Installations & Repairs  
Sewage, Pressure Pumps & Controls  
Hot Water Tanks, Water Softeners & Filters  
Infloor Heating Systems (Gas & Electric), Drain Cleaning  
204-785-1952

**TT PLUMBING, HEATING & REFRIGERATION**  
• Commercial and Residential  
• Licensed Gas Fitters & Sheet Metal  
• Pressure Systems, Water Softeners & Iron Filters  
• Gas and Electric Hot Water Tanks  
• Roto-Rooter Service  
204-482-4159  
bryant Heating & Cooling Systems

**JEFF'S PLUMBING SERVICES INC.**  
• RESIDENTIAL • COMMERCIAL  
SELKIRK, MANITOBA  
For All Your Plumbing & Repair Needs  
- ROTOR ROOTER SERVICES -  
• Sewer Camera Cell: 204-485-4227  
JEFF FLETT [jeffsplumbing1@gmail.com](mailto:jeffsplumbing1@gmail.com)

WIRELESS INTERNET  
**Quick STREAM**  
Hi-Speed Internet  
Broadband Residential and Commercial Connections  
[www.quickstream.ca](http://www.quickstream.ca)  
1-866-981-9769

**DAN'S REPAIR & HANDYMAN SERVICE**  
• Home Repair & Renovation  
• Interior & Exterior Painting  
• Tiling & Hardwood Installation  
• Fences & Decks  
• Docks  
Dan DeCosse  
204-481-0204  
[dan@danshandyman.ca](mailto:dan@danshandyman.ca)  
Call Dan with your improvement ideas!

**TYNDALL POWER PRODUCTS LTD.**  
Ed Novakowski Owner/Manager  
Box 228, Hwy. #44 Tyndall, MB, ROE 2B0 268-3006  
HONDA • STIHL • SIMPLICITY  
BRIGGS & STRATTON • TECUMSEH • KOHLER  
MOWERS • TILLERS • TRACTORS  
GENERATORS • PUMPS • CHAINSAWS  
TRIMMERS • AUGERS • ENGINES

**DOC MD MECHANICAL**  
Specializing in  
• Duct Installation  
• Heating  
• Cooling  
Hydro Financing Available  
P. 204-226-1840  
F. 204-757-2097  
Darryl Woloshyn  
[doc.md16@gmail.com](mailto:doc.md16@gmail.com)

30 Years Experience  
**K 4 Repair**  
Mobile Mechanic/Welder \$55/hour  
Heavy Duty • Agricultural  
Automotive • Small Engine  
204-406-4877

**GREAT WHITE SPRAY FOAM INSULATION**  
FREE ESTIMATES, QUALITY SERVICE  
LOCALLY OWNED AND OPERATED  
CALL US TODAY! 204-290-5667

**CLD EXCAVATING**  
[cldexcavating@live.com](mailto:cldexcavating@live.com)  
204-485-5750  
We Appreciate Your Business  
• Directional Drilling  
• Septic Field Installations  
• Low Pressure Sewer Connections  
• Septic Tank Installations & Replacements  
• Secondary Treatment Systems  
• Water System & Well Connections  
• Well & Septic Repair  
• Free Written On-Site Quotes

**BARKX MOTEL**  
800 Netley Rd., (Provincial Road #92)  
204-471-6370  
Professional Dog Sitter  
Debbie Hart, Owner/Operator  
[barkxsmotel@gmail.com](mailto:barkxsmotel@gmail.com)  
[www.BarkXMotel.ca](http://www.BarkXMotel.ca)



**BODNER QUARRIES**  
 • Crushed Limestone  
 • Landscape Boulders  
 • Clean Fill • Top Soil  
 Garson, Manitoba **204-266-1001**

**K. GOWER Construction**  
 • Carpentry • Garages & Sheds  
 • Windows & Doors • Decks  
 • Siding, Soffit & Fascia • Bathrooms  
 • Basement Finishing  
**785-3740**

**Pringle's HEATING & COOLING**  
 For all your Lennox HVAC needs & more  
 • Service all heat/cool systems  
 • Gas piping  
 FREE ESTIMATES **204-482-3939**

**HYDRO REBATE Available**  
**Lockport Insulation Ltd.**  
 Over 35 Years in Business  
 lockportinsulation@shaw.ca **204-757-2042**

1. Call Lockport Insulation
2. Get a quote
3. We do the paperwork

**Fidler Construction**  
 Specializing in  
**Home Renovations**  
 Interior & Exterior  
 Call George Ph: 204-785-8082 Cell: 485-4330

**CK Yard Services**  
 • Compact Tractor/Mini-Backhoe/Front End Loader  
 • Tilling  
 www.ckyardservices.com  
 Call Craig for a free estimate **204-482-0295**

**Karl's Appliance Service**  
 Repairs to fridges, stoves, washers, dryers, air conditioners  
**482-4594**

**IYI** - Clearing - Hauling - Insured  
 INTERLAKE YARDCARE  
**SNOW REMOVAL**  
 1-204-481-0535 call or text  
 www.interlakeyardcare.ca

**Biz Cards**  
 Call **785-1618**  
 ads@selkirkrecord.ca

Your Source for  
**MOWER, TRACTOR, BLOWER YARD & GARDEN EQUIPMENT PARTS & SERVICE**  
 Most Makes and Models  
**ST. ANDREWS Parts & Power**  
 Your Lawn, Garden & Tractor Centre  
 On the corner of St. Andrews Rd. & McPhillips Rd., St. Andrews  
**1-800-247-9069**

**Kyle Scrivens Sales/Service**  
**AirWise Home**  
 Your Heating, Cooling and Ventilation Specialists  
 Cell (204) 979-9307 Fax (204) 694-5456  
 kyle-airwise@mymts.net **204-467-9578**

**LARRY B. SWAIN ENTERPRISES**  
 • REFRIGERATION • HEATING • AIR CONDITIONING  
 CENTRAL AIR INSTALLATIONS (Financing Available OAC)  
 PH: 204-757-2935 CELL: 204-998-2904

**STANLEY ELECTRIC LTD**  
 RESIDENTIAL • COMMERCIAL • SOLAR SYSTEMS  
 Red Seal Certified, 24 Hour Service, Free Estimates  
**204-485-7181** stanleyelectricltd@gmail.com

**RIVERBEND** HEATING & AIR CONDITIONING  
 Your local HVAC specialists Installation & Service  
**204-396-4474**  
 info@riverbendheating.ca  
 www.riverbendheating.ca  
 HYDRO FINANCING AVAILABLE O.A.C.

'TAKE US FOR GRANITE'  
 Our Services - If you can dream it, we can make it...  
 Custom Granite Counter Tops, Vanities, Shower Enclosures, Fireplace Surrounds, Address Markers  
 Visit [www.takeusforgranitewinnipeg.com](http://www.takeusforgranitewinnipeg.com)  
 Unit 3-1201 Grassmere Road - West St. Paul, Mb  
 takeusforgranite@mts.net

**TOPSOIL BLACK DIRT SLAG**  
 • Demolition • Driveways • Loader  
 • Grader Rentals • Bobcats • Crawler Hoe  
**EXCAVATIONS • TRUCKING •**  
**R&M EQUIPMENT** **482-7157**  
 Selkirk, MB

**SELKIRK VETERINARY SERVICES**  
 All services for a healthy & happy pet:  
 • Ultrasound • Laser Therapy  
 • Dental X-ray • Pet Insurance  
 • Laser Surgery • Endodontics  
 ...A CARING TEAM FOR YOUR BEST FRIEND...  
 Dr. Birte Klug - Dr. Kevin Penner  
 For appointments please call **204-482-5720**  
 Located at 6 Wersch Street - across from the Recreation Centre in Selkirk

**CANVASBACK PET SUPPLIES**  
 Doggie Day Care Grooming  
**1 WELLINK DR., LOCKPORT**  
 Phone: (204) 757-2701  
 www.canvasbackpets.com

**All-Nu ROOFING & RENOVATIONS**  
**POWER SMART NOW AVAILABLE**  
**204-757-9197 cell 204-799-6023**  
 email: allnuroofing@highspeedcrow.ca

The **Water Shop**  
 CLEARLY MADE FOR YOU  
 272 Main St. Selkirk, MB **204-482-2277**  
**ALSO AVAILABLE AT**  
 • Red River Co-op, Selkirk • Sportsman's Stop Hwy. 44  
 • Home Hardware, Selkirk • Clandeboye Store  
 • Harry's Foods North • Bergies, Beausejour  
 • Lower Fort Garry Nursery • Ford's Grocery, Wpg. Beach

**Absolutely Maid Clean**  
 Residential & Commercial Cleaning  
 Serving Selkirk & Surrounding Communities  
 Rose @ **204-482-7794**  
**204-492-8554**  
 absolutelyclean@live.ca

Blinds for Every Budget  
 • FREE In-Home Consultation  
 • Professional Measuring and Installations  
 • Personal Style Consultants  
 • Great Selection of Brands and Styles  
 Need advice on choosing the perfect window covering or know exactly what you want?  
**Budget Blinds** Call Gay Wilks **204-791-4471**  
 budgetblinds.gay@gmail.com

**INTERLAKE EAVESTROUGHING & SIDING INC.**  
 Siding, Eavestroughing, Soffit, Fascia, Capping, Windows  
 Free Estimates • **781-0533**  
[www.interlakeinc.ca](http://www.interlakeinc.ca)

**ALICE ROOFING LTD**  
 Complete Roofing Services  
 • Residential • Agricultural  
 Licensed and Insured  
**204-757-9092**  
[www.aliceroofing.ca](http://www.aliceroofing.ca)

**KAMO CONSTRUCTION**  
 Keith Neyedly, Red Seal Carpenter  
 keith@kamomb.ca  
 Box 368, Clandeboye, MB R0C 0P0  
**204.795.9123**

**LANDSCAPING CARPENTRY**  
 Rough/Finish grading Fences  
 Topsoil Decks  
 Excavating Sidewalks  
 Bobcat service Stairs  
 Stump grinding Concrete  
 Posthole auger Forming  
 Dump truck services Framing  
 Lot clearing **Snow Removal**

**SALES • SERVICE • INSTALL**  
**PVC & ALUMINIUM WINDOWS**  
**STORM DOORS INSULATED DOORS**  
 THE WINDOW FACTORY  
 DURASEAL WINDOW & DOOR  
 www.windowfactory.mb.ca  
 605 Mercy Street, Selkirk **204-482-9099**

**WE SELL WINTER TIRES!**  
**TIRES**  
 Wholesale Direct To the Customer  
 • CAR • LIGHT TRUCK • OFF ROAD  
 • FARM & AGRICULTURE • QUAD TIRES  
 • TRAILER • LOADER • SEMI-TRAILER  
**Guaranteed Best Price!**  
 Call or text Len @ **204-941-3043**  
 Call or text Linda @ **204-223-7509**

**Tracey Girling**  
 Massage Therapy  
 • Deep Tissue • Hot Stone • Cupping  
 Selkirk, MB  
**(204) 997-4806**  
 Direct billing to most insurance companies