



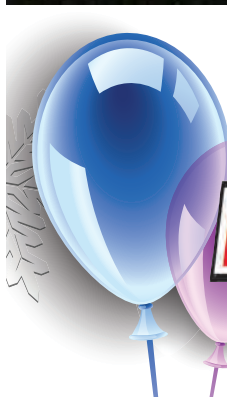
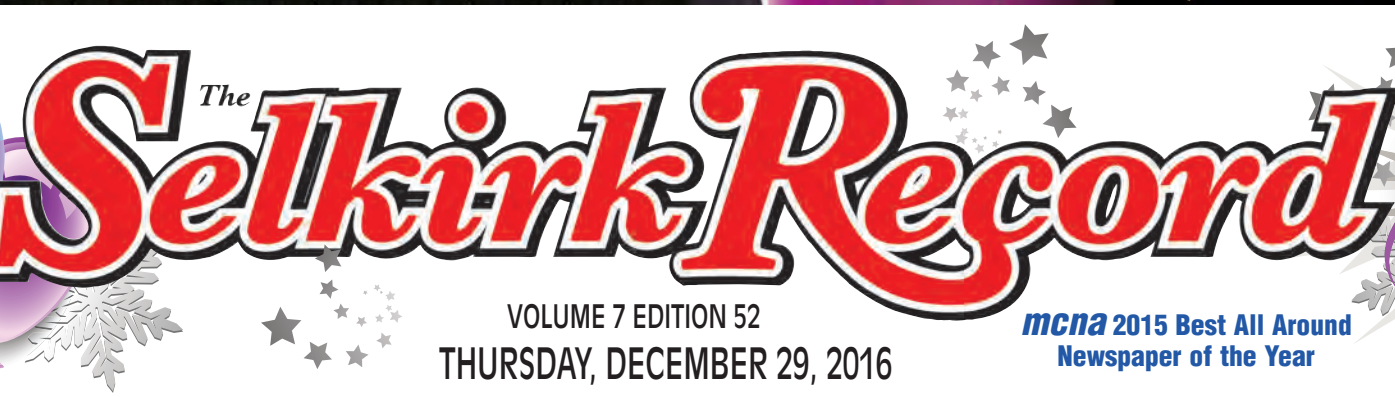
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**The great outdoors**

RECORD PHOTO BY BRETT MITCHELL  
Local children spent some time outdoors outside of the Selkirk Nursery School located along Clandeboye Avenue in Selkirk while cold temperatures eased up a bit on Dec. 19.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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And since you manage to survive the holiday season with minimal fallout (and all of your relatives are still breathing), you deserve a bit of a reward! Purchase \$150 or more (pre-tax) at our Selkirk location, and we'll throw in two FREE tickets to any Selkirk Steelers home game this winter. Let's recap: Buy 1 Get 1 Free Fireworks + Awesome Service + In-store Freebies + FREE Steelers Tickets = AWESOME NEW YEARS EVE!

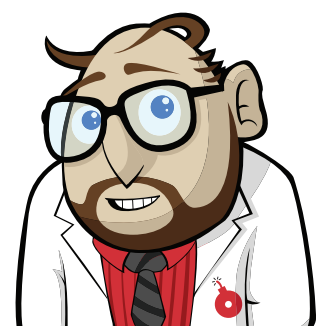
Drop by Red Bomb Fireworks at 609 Greenwood Avenue in Selkirk to bring 2017 in with a BANG! The FREE coffee's on, and Brandi, Laura, and their entire crew have extended hours to serve you better this holiday season:

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On behalf of the Red Bomb Fireworks team, thanks for a truly momentous 2016, and we look forward to seeing you soon!

**Happy Holidays, and all the best in 2017!**  
**The Red Bomb Fireworks Crew**





# Council approves 'difficult' budget, 2.99% tax increase

## Staff

Selkirk city council topped off 2016 by approving their 2017 budget, which calls for a 2.99 per cent municipal tax increase.

In a release on Dec. 19, the city stated their 2017 budget is about striking a balance between addressing the city's infrastructure gap while still being able to grow investments in the city and maintain the momentum.

Mayor Larry Johannson said he's proud of council and administration for their hard work in delivering a budget that addresses the community's needs, has an eye to the future and keeps spending in check.

"I think we're continuing down a path that we started on of paying attention to our aging infrastructure and spending wisely so we can extend the lifespan of everything from roads to rinks," Johannson said. "Today, the challenge for council is to find that right balance. We're keeping taxes low, but we're still putting money where it's most effective, in our infrastructure, and we're making the community better at the same time."

This marks the third consecutive year that Selkirk has delivered its budget before year's end.

Selkirk CAO Duane Nicol said this budget was particularly "difficult" due to the rapid growth in non-discretionary expenses such as solid waste management.

The contract to manage the city's solid waste transfer station increased by 12 per cent and the tipping fees for recycling and garbage increasing by 24 per cent and 16 per cent respectively.

Despite these increase, Nicol said the city was able to keep the municipal tax increase to 2.99 per cent. He added the city was able to keep the increase low due to keeping a lid on discretionary expenses and to an expanding tax base.

The city has several large capital projects on the horizon – including its largest capital undertaking ever, a new \$36 million water treatment plant, and a new fire hall, subject to provincial funding – and though physical construction won't begin for a couple of years, spending in Budget 2017 foreshadows those coming expenses.

Nicol called this budget a maintenance budget that achieves the goal of continuing the growth momentum the city has built in recent years.

"We're not providing a bunch of new services, we're maintaining what we've got because we know that in the next couple of years we're going to have substantial debt payments we'll have to make," Nicol said.

The budget focuses on three areas, the first being addressing failing infrastructure and enhancing public safety. Furnaces at the Barn, Selkirk's old arena, will be replaced at a cost of \$20,000.

"They're at the point of failure," Nicol said. "We expect them to fail, they're extremely old."

The city will also spend \$20,000 to replace pavers at the picnic shelter, which Nicol said are a tripping hazard for people who use them. The home run safety net at the rec complex will be expanded at a cost of \$7,500 and the trail maintenance budget will go up by \$2,000 in response to public demand. The city's recent Parks Survey showed that people enjoyed the trails, but would like to see improvements.

The city will spend \$1 million on resurfacing work on portions of McLean and Pacific avenues and Sophia Street and sewer lining on Jemima Street.

The second focus area of Budget 2017 is supporting economic development and Nicol said there are some immediate actions the city needs to take in order to continue investments and developments already underway.

The city also needs to spend on things that will facilitate growth and development, in a sustainable fashion, 10 or 20 years in the future.

For instance, the city will spend \$90,000 on a development plan for Annie west in anticipation of future growth to ensure the area has the infrastructure required to accommodate development.

Similarly, \$1 million will be spent on a storm retention pond in the Industrial Park.

The third focus area includes a number of strategic priorities that council identified throughout the year and city managers have been working on. Nicol called them "key visions for the community" that have now become

part of Budget 2017.

Other budget highlights include upgrades to the rec complex that were identified earlier in the year through a report prepared by Stantec Consulting, construction of a land drainage sewer on McLean between Eveline and Main streets, the purchase of campground software and the relocation of the campground office. Nicol said the 2017 budget also includes a number of items that do not cost much, but will enhance the services the city offers.

This city's 2016 budget also called for a 2.99 per cent tax increase, which the city referred to as "slight" in a press release.

## Free cuts for a good cause



RECORD PHOTO BY BRETT MITCHELL

As a way of giving back this holiday season, Belleza Mente Salon and Spa owner Melanie Rerie along with two other stylists from the shop, Caitlin and Amy, treated four women from Nova House to free hair styling, manicures and makeup on Dec. 18.

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# BiG DOLLAR



# KidFish to benefit children's hospital, CancerCare

By Dave Baxter

Garther Cheung still has fond memories of the crowds and smiling faces he saw out on the Red River last January during the KidFish Ice Derby.

"The vibe of this tournament is what we look forward to every year," Cheung, one of the organizers of the annual tournament said. "You hear the sounds of kids laughing, and see all the smiles on everyone's faces. It has such a positive vibe. It's a feel-good event."

Cheung and a group of volunteers are now working to put on the third annual KidFish Ice Derby, which is scheduled for Sunday, Jan. 8, 2017 at the Selkirk Float Plane Base, with gates set to open at 8 a.m. and the derby set to run from 10 a.m. until 2 p.m.

Tickets for the ice-fishing derby are \$25 for both adults and children, and all money raised from the event goes to the Children's Hospital Foundation of Manitoba and the CancerCare Manitoba Foundation.

Last year through ticket sales, donations and sponsorships the tournament, brought in more than \$34,000 with \$15,233 going to the Children's Hospital Foundation of Manitoba, and \$14,500 going to the CancerCare Manitoba Foundation.

An additional \$2,000 also went to the CancerCare Manitoba Foundation



RECORD FILE PHOTO

Whitley and Brielle Burjan get some help fishing during last January's KidFish Ice Derby in Selkirk. This year's KidFish Ice Derby is scheduled for Sunday, Jan. 8 at the Selkirk Float Plane Base.

specifically for their Guardian Angel Care Room program, which provides hairpieces for girls between the age of eight and 10.

Cheung said all the money raised always goes to causes that help sick children and youth in Manitoba, and

they hope to raise even more money this January.

"Every year it gets bigger and better," he said. "The turnout since we started has been completely beyond anything we had ever expected."

"It's just a sea of people out on the

ice."

He added about 1,200 participants took part last January, and that included about 400 children and youth.

"It's unbelievable the support we get not just from the Selkirk area, but from right across Manitoba and from the fishing community."

The derby aims to raise money but also to get families and children outside and having a good time together, Cheung said.

"This is to get kids into the outdoors," he said. "These days kids are so consumed with their electronics and their phones that they forget how fun it is to just go outside."

The first 200 kids that show up to the derby will get a free ice fishing rod.

There will be top 10 prizes that can be won by all ages, as well as top 5 prizes for children 16 and under.

Cheung added that because of the over 60 sponsors they have lined up this year, they will be handing out prizes to children throughout the day.

Tickets are still available, and for more information on the derby or how to get tickets, visit the "KidFish Ice Derby" Facebook page, or call Garther Cheung at 204-291-8628.

If ice conditions do not allow for the derby to be held on Jan. 8, organizers have said it would be rescheduled for Jan. 22.

## RM claims independent indemnities report contains 'errors'

By Dave Baxter

The RM of St. Andrews has released its own figures when it comes to what councillors charged and overcharged on indemnities in 2015, but those numbers are different than the num-

bers released earlier in an independent report.

On Dec. 19, St. Andrews put out a press release that showed the results of their own review for council indemnities for 2015.

According to the release, the seven members of St. Andrews council overcharged \$570.36 on indemnities for 2015.

A report compiled by retired chartered accountants Karen and

Glen McKenzie of St. Andrews and presented to council in April 2016 alleged that St. Andrews council overcharged \$5,998.97 on indemnities in 2015.

When asked for a breakdown of how the municipality came up with their numbers and how they break down per councillor, St. Andrews CAO Andrew Weremy said the RM would not be releasing that information publicly.

In their, release the municipality claims that the McKenzie's report was incorrect because they did not understand the indemnity bylaw in St. Andrews when they worked on the report.

"This delegation made errors due to their personal interpretation of the bylaw and their misunderstanding of councils duties and functions," St. Andrews said in a press release.

The RM said in their release that council still took the report "very seriously."

"Each council member reviewed their indemnity sheets for 2015 and had them reviewed and clarified with the finance committee and the CAO," St. Andrews said in their press release.

In May 2016, the RM passed a resolution to perform "special audit procedures" to investigate St. Andrews indemnities for 2015.

However, in their release on Dec. 19 the RM said council ultimately decided not to go forward with a special audit because the cost to do the audit would have been more than the alleged overcharges in the report.

"Given the cost versus benefit to perform this extra work it was decided that this extra engagement would not be carried out," the RM stated in a release.

Continued on page 9

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# Moon Tan building off big Indie Week win

By Lindsey Enns

A local band that has been making music together for nearly eight years is still reeling after a surprise festival win.

Moon Tan, which includes members from East St. Paul, was named "Best of Fest" at Indie Week 2016 in Toronto, Ont. in November.

"We originally applied for this festival a couple of months ago not knowing exactly what it was," said the band's drummer Nick Knock. "We knew there was going to be these judged industry showcases ... we had no idea it was this huge competition."

The East St. Paul resident said as the festival went on and they performed more and more they just kept winning.

"We ended up winning the whole thing which was just super cool," he said. "We met a lot of cool bands and a lot of cool industry people and just everyone was super awesome."

Moon Tan consists of Nick Knock, 22, on drums, singer and bass player Adrian Dyer, 24, and Brady Mitchell, 22, on guitar.

The rock n' roll trio describes their sound as being "energetic, funky and progressive."

"We are kind of like a cross between Rush and the Red Hot Chili Peppers kind of," Knock said.

Something else the band is known for is their theatrical live performances. Knock said they always dress up in unique stage attire and paint their



RECORD PHOTO BY BRETT MITCHELL

Moon Tan performs at The Merch in Selkirk in this Nov. 26 photo. The band recently won "Best of Fest" at Indie Week 2016 in Toronto, Ont. and are continuing to build off that success.

faces with face paint.

"We took it upon ourselves to make our shows really interesting to watch, you want to be there type thing," he said. "You come to our concerts to listen to the music obviously but it's also something to see."

When it came to coming up with the name of their band, they started their brainstorming session by printing off thousands of words about three years ago.

"We just sat in my basement just looking at words," Knock said. "I ended up just picking the name Moon Tan and we just ran with it from there."

The band recently performed at The Merch in Selkirk on Nov. 26 in front of a packed crowd. Knock said venues such as The Merch are great spots for up and coming bands.

"The nice thing about Selkirk is that The Merch now is really trying to promote local live music," Knock said.

"It's a really awesome venue."

During an earlier interview with the *Record*, Merch owner Dean Peterson said since April 2016 they've "been going full board with live music."

"Lots of venues are dropping off and we're trying to fill that gap," Peterson said. "We have so many bands calling, requesting to play here due to the lack of venues in our area. Artists as far as Brazil, Europe, and the United States are requesting to perform here."

The Merch also hosts an open mic night every Friday night that is welcome to all types of artists. Search "The Merch" on Facebook for more upcoming events.

Knock said Moon Tan will perform at Le Garage Café in Winnipeg on Jan. 13 and then in February during Winnipeg's Festival du Voyageur.

He added the band plans to release either another EP or a second full length album in 2017 while touring as much as they can.

The band recently released a two-song digital album which includes the songs "The Faceless Knight" and "Are You Ready."

The band released their first full length album entitled "New Age Renegade" in February 2015. They also released a self-titled EP in November 2013.

To learn more about Moon Tan or to listen and purchase their music, visit [moontanband.bandcamp.com](http://moontanband.bandcamp.com). Their music is also available on iTunes and Spotify.

## Travellers should be aware of emergency care options: IERHA

Submitted

The Interlake-Eastern Regional Health Authority (IERHA) strongly encourages anyone who is travelling through the province to be aware of the location of the nearest hospital and how to access emergency care.

Services in some emergency departments may be temporarily unavailable if a doctor is not available on site.

"Emergency department schedules indicating doctor availability are now posted online and via a toll-free number because communities have

told us loud and clear that they need this information," said Ron Van Denakker, Interlake-Eastern RHA's CEO. "We have worked with our doctors and hospital emergency department teams to make these available publicly."

People can call toll-free 1-866-267-5818 to hear about the availability of a doctor in an emergency department. These schedules are also posted online at [ierha.ca](http://ierha.ca) under "Care in your hospital" and "Emergency department schedules."

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# Selkirk Fishermen stop at Gordon Howard Centre

## Submitted

The 12A1 Selkirk Fishermen might have scored their biggest win of the season recently, and they didn't even have to lace up their skates.

The team stopped by the Gordon Howard Centre on Dec. 15 with home baking, presents and even a pint-sized Santa to entertain the centre's members.

Elin McLeod, program co-ordinator at the centre, said the team has legions of new fans following the visit.

"It's the best event that we have put on in a long time, for the people here and the boys too," McLeod said. "Everyone loved it."

McLeod said she was contacted by one of the boy's mothers who said the team wanted to do something nice for seniors in the community at Christ-



SUBMITTED PHOTO

The 12A1 Selkirk Fishermen paid a visit to members of the Gordon Howard Centre during an intergenerational event on Dec. 15.

mas time. Intergenerational activities are a priority at the centre, so McLeod said she jumped at the chance.

The team showed up and were treated to a performance by the Tudor House Choir before they set about

serving approximately 30 Gordon Howard members dainties and tea and coffee.

After listening quietly and politely to the choir, the boys took to the floor.

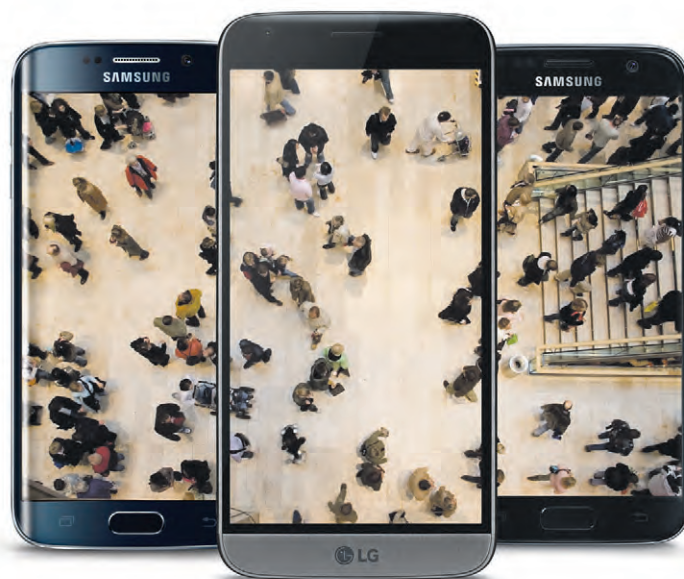
"You should have seen them spring into action. They were out there serving and sitting with the seniors and talking to them," McLeod said.

One of the team member's younger sisters came dressed as Santa and the team brought presents for everyone who was there.

"Every senior here got a hug from Santa and a present," McLeod said. "I don't think there was a dry eye here from the seniors, they were just beaming when those boys came. I couldn't believe how happy they made everybody here."



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# Homeless shelter continues to help those in need

By Dave Baxter

René Gauthier still remembers the very first time a guest walked into the St. Francis Place Shelter looking for a place to stay and warm up.

"The first guest we ever had was on Christmas Eve," Gauthier, the founder of Selkirk's St. Francis Place Shelter said. "We're open every day including Christmas Eve and Christmas Day because you never know when someone is going to need some help."

Gauthier and a group of volunteers opened the homeless shelter, which sits at 202 Christie Ave., in November 2014 and they have seen a steady stream of clients since they opened their doors.

However, so far their numbers are down this year but it's still getting used and is helping those with nowhere else to go, Gauthier said.

"It hasn't been as busy the last few months," he said. "But we had two men in there a few nights ago, and for the month of December and November there was one man in there."

"Even if you are just helping one guy, that is one guy that is safe and off the streets."

Gauthier said that so far in 2016 approximately 550 clients have used the shelter while more than 620 used it in 2015.

The shelter, which can take in a maximum of six people per night, opens its doors to clients every night at 7 p.m. and closes its doors at 9 p.m., with lights out at 10 p.m.

Gauthier said that for many years before opening the shelter he believed there was a need for a homeless shelter in the city, while "others were skeptical."

"We knew they were out there," he said. "We had some sleeping under the bridge or couch surfing so we knew there was a need."

He said ultimately if there are fewer guests that's a "good thing" and he hopes there will be a day when nobody will have to use a homeless shelter in Selkirk.

"We are starting to believe there are not as many homeless as there was four or five years ago," Gauthier said. "And some that were with us got their lives in order and they moved on, and that's what we want to see."

Unusually warm weather in November means that some could now be "caught off guard" by the cold weather, he added.

"It's been so warm and now it's suddenly cold and everyone was caught off guard," he said. "And it's only going to get colder so I think they will come."

Gauthier said they plan to put up

Christmas decorations in the shelter so that anyone that uses it during the holiday season can feel a sense of

"normalcy" during Christmas time.

Anyone that would like to volunteer or donate to the St. Francis

Place Homeless Shelter can call René Gauthier at 204-799-4876.

## Catching some rays in Selkirk Park



RECORD PHOTO BY LINDSEY ENNS

The sun shines over Selkirk Park on a cold and crisp morning on Dec. 17



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# getfishing

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## Winter fun and ice fishing have begun

Hi gang, on New Years' Eve we celebrate the hope for better things to come and in our world of winter outdoor sport two young guys at Sunset Beach bay just south of Grand Marais are making things better.

The winter ice fishing culture in Manitoba is evolving at a mind spinning rate. On the thick ice pack of our waterways traditional small hard wall shacks now sit side by side with portable soft wall shacks, house sized custom trailers, bombardiers, snow-bears, sleds, ATVs and now rental shacks thanks to Curt Bayak and Terry Roth. They built a bunch of ice shacks, towed them onto their bay and are renting them out. Good for you guys.

During one of our conversations Curt told me once the shacks were out, his grandfather came and they "baptized" one of them catching their limit in an hour. His granddad always gracious, having caught the most fish, explained his luck by offering that the fishing is always good on "first ice". When I asked Curt if he had ever had an unusual fishing experience, he thought for a minute then smiled sheepishly saying, "yes, last spring I went onto Jessica Lake southeast of Pinawa for some fishing and almost lost my lunch."

He went on describing how he was clipping along over smooth ice on his sled enjoying a beautiful early spring warm sunny day when he felt the back end of his sled drop. Then he heard the motor go under heavy load. He tensed, his senses alert. Almost instantly he saw his skis break through the ice and water began splashing over them. Instinctively he sat back on his seat clamped the throttle tight forcing the machine to rear up and shoot forward planing over patches of water pockets.

He tore along being sprayed with icy water every time he hit a patch of water trapped between the lower thick ice



**PHOTO SUBMITTED**

Curt Bayak with a pickerel he caught standing in front of his and Terry Roths' rental shacks.

and a top thin layer. Close to the south shore he hit true solid ice and stopped letting the sled idle. Water steamed off the motor. He stood looking back at his trail of ice and water and to his surprise his baloney sandwiches, hot coffee canister and fishing gear were strewn everywhere. They had flown off the back of the bucking sled in his rush for shore. He had no choice. Leaving the sled running he gingerly walked back and collected all his belongings. Carrying his much loved baloney sandwiches and dragging his other gear, he got to shore and made camp at dusk.

Before the snowstorm two weeks ago I was at Breezy Point. It was cold but you could still see grass between snow patches and I got talking to three young chaps from Selkirk, Bretton Fewchuk, Jesse Waterman and Brandon Sutherland who had just loaded their boat after a day of fishing. While we were joking around, as they showed me their catch, I couldn't help noticing some trampled snow in their boat. I asked them why they hadn't tossed the snow out before launching.

"We didn't want to wait," Jesse

quipped, "but the snow on the aluminum boat bottom made it superslippy and we did wind up on our butts more than once." After we stopped laughing about that, I think it was Brandon who said he remembered when they were fishing here last winter, his dad decided to pull their shack to a different spot with Brandon in it. As they were bouncing along the door flew open and Brandons' best rod holder fell out. He was determined to get it back so he put his sled helmet on (he wasn't sure why) and jumped out of the moving shack tumbling onto the ice. He rescued his holder as a cousin came along on his sled. Brandon jumped on the back and headed to dad who had stopped with their shack. As Brandon approached the shocked expression on pops' face was something not easily forgotten. By the way, the shoreline ice on Lake Winnipeg's south basin is fairly flat from Riverton to Winnipeg Beach but kind of rough from Matlock/Libau north to Victoria Beach.

Well, have a fun New Years Eve, see ya.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



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### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Aurora celebrates a successful 2016

## Rehab centre in Gimli offers help to those struggling with alcohol, drug addiction

By Austin Grabish

The reality for many addicts is bleak, but a new rehab centre in Gimli says it's managed to make it a little brighter for some in 2016.

Paul Melnuk acquired the Aurora Recovery Centre from investors in April and re-opened the centre in June.

Melnuk was expecting a slow start but says Aurora has been anything but.

"We've had some very good successes."

The week before Christmas, the centre had 25 clients receiving treatment.

People have been coming to the centre for months with a wide range of addictions including to opioids and alcohol.

Many who come to the centre have co-occurring addictions or mental health issues, Melnuk said.

"This disease can kill," he said.

Melnuk noted the recent fentanyl epidemic in Manitoba and didn't mince words when speaking about the plight of addicts.

"They either sober up or they get

covered up or they end up in an institution those are the three choices."

The cost of sobering up at Aurora isn't cheap – a 30-day stay will set a person battling an addiction back \$17,000.

The cost increases if the client needs to stay longer. Melnuk said one person stayed at the centre for 120 days this year.

"Experience will say that a 30-day stay is usually the minimum."

He insists the cost is worth it and notes it includes full medical detox – something he says only a few places in Canada offer. The process involves full 24-hour care from doctors and nurses.

"They're leaving with tools that will help them stay sober and live a wholesome life."

Melnuk said the majority of clients coming to Aurora are from Winnipeg, but there are also people from other parts of Canada and the United States.

Right now, the majority of clients are coming in on their own, but Melnuk said the Canadian military recently approved Aurora as a treat-

ment centre for its members.

When the centre originally opened in 2015, its investors were counting on revenue from large insurance companies and the RCMP with members that needed treatment.

Plans fell through and the centre closed until Melnuk re-opened it this year.

Melnuk said after a hiatus the centre is now changing lives.

"Our people are very passionate about helping addicts recover from what can be a fatal disease," he said. "Each situation is different, and as we are working with a client through the treatment process, we hope that as they begin to experience the miracle of their own recovery that they will choose to stay until they're ready to reintegrate into normal living."

People wanting to get help can check themselves in at Aurora or they can come with an interventionist.

When they arrive, a nurse assesses the client and then detox protocol is created based on the drug the client is battling an addiction with.

Melnuk says if an addict gets cold feet, that's OK too.

"People are not confined they come in willingly and so if they choose they can leave on their own."

## > INDEMNITIES, FROM PG. 4

Council also passed a new indemnity bylaw on Nov. 8, 2016 because they decided to make changes to the previous indemnity bylaw as a result of recommendations in the McKenzie report.

Just hours after the Dec. 19 indemnity press release was sent out, Glen McKenzie said he did not agree with what he saw in the report.

He said the way he understood the bylaw leads him to believe some council members attended meetings they were not technically allowed to be paid for in 2015 and made other errors.

"I do wish that report had been independent," he said.

As part of their report, the McKenzies asked that the St. Andrews indemnity bylaw be amended, as they said many of the policies in the bylaw were open to interpretation and often didn't make it clear what councillors could and could not charge for.

Council ultimately did pass a new indemnity bylaw on Nov. 8, but McKenzie said he is "not satisfied" with the new bylaw.

"It is still unclear," McKenzie said. "There are many things that are unclear like if councillors can charge for things like golf tournaments or Remembrance Day celebrations."

McKenzie said when it comes to councillor indemnities and taxpayer's money there "should never be room for interpretation."

"The reality is we need to stay away from interpretation," he said. "If someone is charging an hourly rate when they should be charging a half-day rate there should be no room for interpretation."

McKenzie said the original intention of his report was to see changes to the St. Andrews indemnity bylaw.

"Many things are still wide open and I'm not satisfied with the changes. They do not go far enough to clarify for a councillor what he should or should not charge for."

"I don't think it's going to change what they are currently doing."

# Oak Hammock Marsh to host winter camp

Staff

Oak Hammock Marsh Interpretive Centre is offering an unforgettable winter camp experience for kids.

Geared for six- to nine-year-olds, the Winter Camp sessions run on Dec. 29 and Jan. 4, 5 and 6. These

individual day camp sessions run from 9 a.m. to 4 p.m. at a cost of \$27 per day for members or \$33 for non-members.

Each day features a different theme, so kids can enjoy a new experience every time they attend.

With a mix of indoor and outdoor

programs, highlights might include activities such as snowshoeing and making bannock. Kids can also look forward to crafts and games.

Participants should be prepared with warm clothes for outdoor activities as well as indoor shoes for programs located inside. They should also bring their own lunch and snacks.

Registration is available online at oakhammockmarsh.ca.



PHOTO SUBMITTED

Kids aged six to nine can enjoy a winter day camp at Oak Hammock Marsh.

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## Selkirk's Year in Review

# City amps up community engagement efforts

By Lindsey Enns

For the City of Selkirk, 2016 was all about finding ways to connect with community members.

"We've done a lot of public surveys, we've had a lot of having public input," Selkirk Mayor Larry Johannson said while sitting in his office during an earlier interview with the *Record*. "That has been the theme this year and I think it will be the theme moving forward."

Johannson said one of the highlights for 2016 for the city was the launch of their CitizenVoice team project in November. Those who register online at [myselkirk.ca/citizenvoice](http://myselkirk.ca/citizenvoice), will be called upon to participate in online surveys throughout the year that will help shape the planning and implementation of city services, programs and initiatives.

The city is looking for a minimum of 400 people to join the team but having as many as 1,000 would be desirable.

"We're going to have at least 400 people, four or five times a year that we can go to them and ask their opinion on things," Johannson said, adding with that amount of people they



**RECORD FILE PHOTO**  
Premier Brian Pallister, pictured fifth from right, along with various local and area dignitaries were on hand in early August to announce a new wastewater treatment plant for Selkirk at the Selkirk Waterfront.

will get a good representation of the community. "It's the way to go."

Some more 2016 highlights for the city was the completion of the Selkirk Park Pool enhancement project, a new bus shelter installation along Main Street and Selkirk being awarded five blooms during this year's Communities in Bloom competition.

"Getting five blooms is not an easy thing," Johannson said. "They really judge you hard."

Johannson said the completion of the Downtown Selkirk Renewal Strategy along with the city's launch and implementation of a new corporate logo and brand were also among the city's 2016 highlights.

"We always want to keep improving," Johannson said.

In regards to city operations, the re-surfacing of Sophia Street completed a three-year project in 2016, and improvements have also been made to Pittsburg Avenue and Jemima Street. The Selkirk Rec Complex and the Stuart House have also received structural modifications.

One of the bigger announcements made in Selkirk in 2016 was regarding two new wastewater treatment plants for the City of Selkirk and the RM of Gimli.

The provincial and federal governments were in Selkirk in early August to announce the \$53.2 million project.

Selkirk's existing wastewater treatment plant will be replaced, while Gimli will see its current wastewater treatment system modernized and expanded.

For Selkirk, the project calls for an increased capacity to serve Selkirk, St. Andrews and Lower Fort Garry.

Both projects also aim to improve water quality discharged back into Lake Winnipeg.

## Province to fund naloxone kits for police officers

Submitted

As part of ongoing efforts to reduce the dangers posed by fentanyl, the Manitoba government will provide nearly \$30,000 to purchase naloxone kits for police officers in Winnipeg and other municipal and First Nation police services across the province.

"As fentanyl becomes more commonplace in Winnipeg and throughout the province, we need to help ensure the appropriate resources are in place to protect officers and the public," Justice Minister Heather Stefanson said in a release on Dec. 19. "This is an important investment which will increase the number of naloxone kits in the hands of people who are often first on the scene and need to be ready to respond in any kind of emergency."

The Winnipeg Police Service (WPS) will receive 1,300 naloxone kits, a medication used to reverse the effects of opioids and prevent potentially fatal overdoses. Another 200 kits will be distributed to municipal and First Nations police services including the Brandon Police Service and Dakota Ojibway Police Service. Officers will be trained to use the naloxone kits if they encounter someone on a call who



**SUBMITTED PHOTO**  
The province is investing \$30,000 to purchase naloxone kits for police officers in Winnipeg and First Nation police services across Manitoba.

may be experiencing an opioid overdose or if another officer has been exposed while at work.

"With the purchase of naloxone kits for Winnipeg police members, we will ensure that, in the event of an acciden-

tal exposure to fentanyl or other potent opioid, a safe reversal medicine is immediately available," said Chief Danny Smyth, WPS. "In addition, police members who come in contact with members of the public who have

overdosed on fentanyl or other potent opioids will also immediately receive naloxone, which has the potential to save lives or limit the complications associated with hypoxia."

"Officers face risks every day, but exposure to fentanyl brings this to a new level," said Ian Grant, president of the Manitoba Association of Chiefs of Police. "This will greatly enhance the safety of our officers, who may be exposed during the course of their duties, but it is also another tool we can use to try and save the lives of people who have been exposed, either intentionally or unintentionally."

Fentanyl is a powerful synthetic opioid narcotic, linked to an increasing number of overdoses and deaths over the last several years. Funding for this initiative has been provided from the Federal Proceeds of Crime Fund.

This fall, the Manitoba government launched a new social media campaign to highlight the dangers associated with fentanyl. For more information on the campaign, follow the Twitter account at [twitter.com/MB-Gov](https://twitter.com/MB-Gov). For more information about fentanyl, visit [manitoba.ca/fentanyl](http://manitoba.ca/fentanyl).



## Year in Review

# West St. Paul wraps up a 'year of celebration'

By Dave Baxter

For West St. Paul, 2016 will be remembered as a "year of celebration," the RM's mayor says.

"This was our 100th anniversary and the events we held to celebrate the anniversary were a huge success," West St. Paul Mayor Bruce Henley said.

Henley said 2016 was kicked off in West St. Paul last January with a council meeting that celebrated the 100th anniversary of the first ever West St. Paul council meeting.

"And that was a full house," Henley said. "That was a tremendous celebration."

Along with the council meeting event last January, Henley said the RM held a number of events throughout the year to celebrate the anniversary, including a sold out anniversary banquet at the Sunova Centre, and the dedication of the former Willis Road Park as Centennial Park.

During the Centennial Park dedication a time capsule with items from 2016 was buried and council hopes the capsule will be dug up in 100 years

and be studied by future residents.

"As mayor it is my job and council's job to make sure West St. Paul is being recognized for the positive things that we have going on," Henley said. "And everything we did for the anniversary was either sold out or very well attended. We were overwhelmed by the kind of support and attendance these events received."

Henley said 2016 was also an important year for West St. Paul because of the launch of a project that will bring potable water to the community.

Back in July the RM announced the construction of a new reservoir and pump house in West St. Paul, which will allow the municipality to collect water from the new Cartier Regional Water Co-op system.

"This is something that is going to bring a real economic boost to West St. Paul, because now we have the opportunity for far more commercial development," Henley said.

With a major sewer project also underway in the RM, Henley said he expects more commercial development

to start setting up in West St. Paul because there will be both sewer and water available.

"Commercial development is not interested in coming to a community unless there is potable water and wastewater," Henley said. "It's going to open the door to a tremendous amount of opportunity, and when new development comes into the community, that is revenue that can come to the municipality and reduce costs to the existing taxpayers."

Henley also says the RM continues to be successful at bringing in grant money for infrastructure projects which he said, "takes a big burden off the taxpayers for these infrastructure projects."

"We're bringing major infrastructure projects in at low costs, and I'm very proud of that," Henley said.

Henley said in 2017 the RM will continue to fight for a new school taxation system, as Henley said the current model "is not fair and equitable."

"This year was challenging for residents when it came to the school taxes

because of the reassessment," Henley said. "I'm going to continue this conversation and it's far from over because we plan on pursuing any opportunities for that formula to be changed."

Henley is also proud that West St. Paul was recognized in 2016 for the way the RM is communicating with residents.

In 2016 West St. Paul, along with East St. Paul and St. Clements received honourable mention for the Organization of the Year Award from the International Association for Public Participation Canada, which recognizes excellence in public engagement and communication.

"That is something we have been very proud of, and I'm quite confident that in the Capital Region we're right at the top when it comes to communication with residents," Henley said. "And we've been recognized for that on the national stage and I'm very proud of that."

## Health care changes coming to the Interlake-Eastern RHA

By Austin Grabish

First the good news, if everything goes according to plan, there will be significant changes to health care in the Interlake in 2017 including the creation of a new Indigenous healing centre and the opening of a long-awaited hospital in Selkirk.

Then the bad news, the Interlake is still short 25 doctors.

Interlake-Eastern Regional Health Authority CEO Ron Van Denakker is remaining optimistic.

"We've made some significant progress," Van Denakker said.

The CEO says the Selkirk Regional Health Centre has come along "very nicely."

"That's looking really good."

Van Denakker said the project is on schedule to open in 2017 and on budget.

The latter is important as a health review from auditing firm KPMG is currently underway in the Interlake.

The Pallister government hired the auditing company to find efficiencies in all regions in the province's health care system.

Van Denakker said the RHA's Dr. Myron Thiessen has made progress in doctor recruitment efforts in the UK

and Ireland.

"It's looking encouraging that several of those physicians that he spoke with will likely be coming over."

There are also plans in the works to create a traditional healing centre in Pine Falls that Van Denakker called "groundbreaking."

The centre, slated to open in March 2017, will have elders and First Nations health providers with traditional medicine. There will be a ceremonial room for smudging too.

Van Denakker said the health centre will be the first of its kind in Manitoba and will work in hand with western medicine.

It will also have a room for Indigenous peoples who are reaching the end of their life.

And the RHA's not stopping there.

Health officials are still trying to set up a clinical teaching program for the Interlake in Selkirk.

The goal of the program is to have a hub in Selkirk with student doctors working across the region in places like Arborg and Beausejour.

"We have groups of doctors that are engaged and wanting to be part of the process," Van Denakker said.

## Local cheerleaders compete



SUBMITTED PHOTO

The École Selkirk Junior High cheerleading team participated in the Icebreaker competition at Maples Collegiate in Winnipeg on Dec. 10. The senior pom team won first place in the senior high category.



**The Selkirk Record**



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Year in Review

# St. Clements mayor calls 2016 a successful year

By Dave Baxter

The mayor of St. Clements says 2016 was a successful year for the RM.

St. Clements Mayor Debbie Fiebelkorn spoke recently about both some of the highlights of the year as well as some of the challenges the RM faced in 2016.

She said she believes it was a successful year because of some of the people they brought in to help guide their future plans.

"We had our new public works manager Greg Elson come on board after the New Year," Fiebelkorn said. "And what he brings is 30-plus years in public works, and with his expertise and with those relationships he's built in the field, we were able to plan to do quite a bit of work this coming year."

The mayor said that in 2016 Elson worked with council to get drainage studies underway in three different areas, and they plan to do another drainage study after the New Year.

"We hope to get some major drainage work done in 2017," Fiebelkorn said.

Fiebelkorn also said those who want

**"WHEN WE HAVE TO GET SOMETHING OUT THERE WE CAN THROW IT OUT THERE ON EMAIL AND ALL THOSE RESIDENTS ARE IMMEDIATELY MADE AWARE."**

to take advantage of recreation opportunities in the community should be excited about the recent hiring of Dave Marcus as the RM's manager of recreation and leisure services.

Harcus is looking to create a recreation plan for the entire RM, but Fiebelkorn said the first thing he is doing is "talking to the people" about what they would like to see.

"He's tried to visit a number of our communities, and he's trying to gather information from all the commu-

nity groups to see what kind of a plan he can put together," Fiebelkorn said. "It's very important that he speaks to the people. We are very big on communication with our people, and the more communication we can have with them the better."

Communication is something Fiebelkorn said she believes the RM did a good job of in 2016.

"We're effectively using social media and we have done a number of surveys online, and we have over 1,200 email addresses in our email list," she said. "So when we have to get something out there we can throw it out there on email and all those residents are immediately made aware."

The RM also launched a new website in December 2016 that Fiebelkorn said is more user friendly, and more accessible from smartphones than the RM's previous website.

The website can be found at [rmof-stclements.com](http://rmof-stclements.com).

St. Clements was honoured with a national award for its commitment to communication in 2016.

In 2016 St. Clements, along with

West St. Paul and East St. Paul received honourable mention for the Organization of the Year Award from the International Association for Public Participation Canada, which recognizes excellence in public engagement and communication.

Fiebelkorn said moving into the New Year the municipality will work to create a plan for recreation in the south end of the RM.

St. Andrews has been working for years to get a recreation building into the south end of the RM, but Fiebelkorn said they are still trying to figure out exactly what residents want that building and those recreation options to look like.

"We are still trying to get a consensus in the community of what the people really want, and it's about trying to find that balance between what the people want."

She said that in 2017 they are hoping to put a committee together to work on gathering input and ideas for a south end recreation plan.

# New projects are on the horizon in 2017 for St. Andrews

By Dave Baxter

The mayor of St. Andrews says that the RM has a number of projects underway that he believes will benefit the community in 2017 and for many years to come.

When asked what some of the high-

lights were for 2016 in the RM of St. Andrews, Mayor George Pike said a number of projects and studies were either completed or should be completed sometime in 2017.

"We had several feasibility studies started," Pike said. "One was for the

expansion of the Petersfield Lagoon and we now have a permit to expand, so we are just waiting for grants and that will move forward."

The RM is also looking to add more recreation options, and Pike said they have embarked on feasibility studies

to see where recreation can be improved.

St. Andrews is still working towards the installation of a permanent sewer system that is expected to be installed in the RM in phases and would transfer wastewater from the municipality through West St. Paul to a sewage treatment plant in Winnipeg.

He added he could not yet say whether he believes there would be an increase or decrease on municipal taxes, but did say the RM had hoped to "hold the line as much as we can on taxes."

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> MEAL IDEAS

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Marketplace  
AT SELKIRK

## Roasted Figs with Honey



- 8 fresh ripe black figs
- 1 tbsp (15 mL) liquid local honey
- 1 tbsp (15 mL) sliced hazelnuts or almonds
- 2 tbsp (25 mL) crumbled goat

cheese or ricotta (optional)

### Directions

Cut figs in half almost all the way, leaving them still attached on one side. Place them open slightly in small casserole dish.

Drizzle with honey and sprinkle with hazelnuts. Bake in 375° F (190° C) oven for about 15 minutes or until nuts are light golden and juices start to release from figs. Remove from oven and sprinkle with goat cheese if using.

Apricot variation: Use 8 large fresh apricots for the figs.

Tip: Enjoy warm or cold. Wrap leftovers with plastic wrap and refrigerate for up to 2 days.

## Cottage Cheese Stuffed Tomatoes



- 24 cherry tomatoes
- 2 tbsp (25 mL) capers
- 1/4 cup (50 mL) sour dill pickles

1/2 cup (125 mL) 1% Canadian

Cottage Cheese

2 tbsp (25 mL) fresh parsley, chopped

1 tsp (5 mL) wine vinegar

Freshly ground pepper

### Directions

Slice top off tomatoes and scoop out the insides. Place upside down on a paper towel to drain.

Chop capers and pickles. Mix with cottage cheese, parsley and vinegar. Season with pepper.

Fill cherry tomatoes with cottage cheese mixture and place on a serving plate. Refrigerate until ready to serve.

## Sugar Cookies

- 1 cup (2 sticks) butter (no substitutions), softened
- 1/2 cup sugar
- 1 large egg
- 1 tablespoon vanilla extract
- 3 cups all-purpose flour
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- Frosting (optional)
- Coarse sugar crystals, silver dragees, holiday decors (optional decorations)

1. Preheat oven to 350 F. In large bowl, with mixer on low speed, beat butter and sugar until blended. Increase speed to high; beat until light and creamy. On low speed, beat in egg and vanilla. Beat in flour, baking powder and salt until blended.

2. Divide dough into 4 equal pieces; flatten each piece into a disk. Wrap each disk with plastic wrap and

refrigerate 1 hour or until dough is firm enough to roll. (Or place dough in freezer 30 minutes.)

3. On a lightly floured surface with a floured rolling pin, roll 1 piece of dough 1/8 inch thick. With floured 3-inch to 4-inch cookie cutters, cut dough into as many cookies as possible; wrap and refrigerate trimmings. Place cookies, 1 inch apart, on ungreased large cookie sheet.

4. Bake cookies 10 to 12 minutes or until lightly browned. Transfer cookies to wire rack to cool. Repeat with remaining dough and trimmings.

5. When cookies are cool, decorate with frosting if you like; use along with sugars and candies to decorate cookies. Set cookies aside to allow frosting to dry completely, about 1 hour. Store in tightly covered container (with waxed paper between layers if decorated) at room temperature up to 2 weeks, or in freezer up to 3 months.

## Hickory Nut Pie

- 1/2 recipe Plain Pie Pastry (see box)
- 1 cup light corn syrup
- 1/2 cup unsalted butter, melted
- 1 cup sugar
- 4 eggs, beaten
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt

Preheat the oven to 325 F. Line a 9-inch pie plate with the rolled out crust and pour the nuts into the crust.

Combine the corn syrup, butter and sugar in a saucepan over low heat and cook, stirring constantly, until sugar is entirely dissolved, about 15 to 20 minutes. Cool for about 10 minutes.

Beat the eggs, vanilla and salt in a small bowl, then add to the sugar mixture and beat well. Spread the filling evenly in the crust.

Bake for 50 to 55 minutes, until the center is set and doesn't jiggle when the pan is tapped. Cool on wire rack for at least 30 minutes before slicing. This pie can be served warm or cold. PC128337

SIDEBAR: Plain Pie Pastry  
Makes two 9-inch pie crusts

- 2 cups all-purpose flour
- 1 teaspoon salt
- 2/3 cup vegetable shortening
- 5 to 7 tablespoons cold milk

Sift the flour and salt into a bowl. Cut in the shortening with a pastry blender until it is the size of small peas. Sprinkle 1 tablespoon of the milk over part of the flour mixture. Gently toss with a fork and push to the side of the bowl. Sprinkle another tablespoon of milk over another dry part, toss with a fork and push to the side of the bowl. Repeat with the remaining milk until all of

the flour mixture is moistened.

Press the dough together to form 2 equal balls, then flatten into disks. Roll out the crusts right away, or wrap the dough tightly, smoothing out any little wrinkles or air pockets, and refrigerate for up to 2 weeks. On a lightly floured surface, roll out each ball to a thickness of 1/8 inch. Use a light touch and handle the dough as little as possible.

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The Selkirk Record





# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Tri-S sports roundup

By Brian Bowman

The sporting world in the Tri-S area was an extremely busy – and successful one – this past year as local athletes and teams attained athletic excellence.

Here are some of the highlights from 2016.

### January

Chris Sorin made the trip down south to Tulsa a worthwhile one.

For the second year in a row, Team Sorin competed very well at the Tulsa Shootout in Oklahoma.

Sorin entered in the two classes of lightning sprints – the 1200cc non wing and the 1200cc winged – and managed to win his qualifying race for the A main with the winged.

He made it to the A main and placed seventh overall.

Later in the month, the Selkirk Royals' boys' hockey team won the prestigious Piper Classic Tournament of Champions with a thrilling 2-1 overtime victory over the Oak Park Raiders.

Travis Spratt had a great game for Selkirk in the final, scoring both goals, including the game winner in OT. He led the tournament in scoring and was deservedly named the most valuable player.

Selkirk reached the finals in the Champion Division after a 2-1 win over College Jeanne Sauve on Saturday evening. Selkirk led 2-0 for the majority of the contest as CJS scored a late goal.

As a result of the Royals' strong play, Selkirk boys' hockey head coach Shayne Fredborg was selected as one of two Payworks High School Coaches of the Month for January.

Fredborg's Royals, ranked in the top three all season, were in the Winnipeg High School Hockey League playoffs this week against the Oak Park Raiders.

Fredborg has been coaching at Selkirk for three years and is a teacher for eight.

### February

Michael Buffie was awarded one of two Lieutenant Governor medals when he graduates from his Computer and Business Technology Teacher Education program at Red River Community College.

The award recognizes students for



Michael Buffie

their academic achievement and volunteer service within the community.

Buffie has been an exemplary volunteer in the community. He is the head baseball coach with the Selkirk Royals and is a former assistant coach with the boys' hockey team.

In track, Rachael McLeod of St. Clements was named the University of Manitoba Bisons' female athlete of the week for the period ending Feb. 7.

The 5-foot-4 sprinter continues to impress in her sophomore season as she won an individual title and was part of the first Bison track team to qualify for the 2016 CIS Track and Field Championship.



Rachael McLeod

McLeod, 19, blazed to a first-place finish in the women's 60-metre race last Saturday as she won in an impres-

sive time of 7.69. That tied her for the eighth fastest CIS time in this event.

McLeod was also part of the Bison women's 4x200m relay team that finished second with a time of 1:39.79. That time automatically qualified the Bisons for the 2016 CIS Track and Field Championship and is also the second fastest so far in CIS in that event.

On the ice, the bronze-medal game at the 2016 Scotties Tournament of Hearts featured a pair of Manitoba teams.

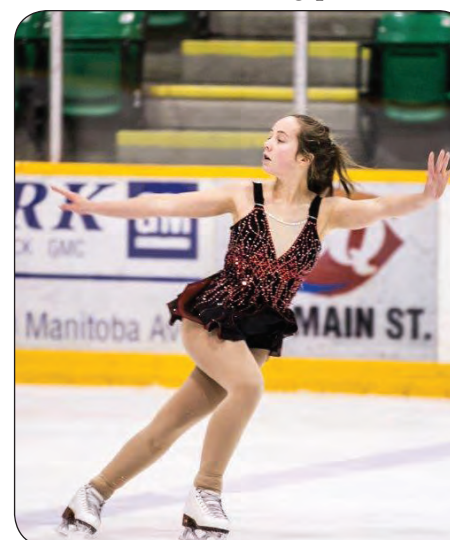
Winnipeg's Jennifer Jones, representing Team Canada, made her last shot in the 10th end to score one to beat Manitoba's Kerri Einarson 8-7 to win the bronze medal Sunday in Grande Prairie, Alta.



Kerri Einarson

For Camp Morton's Einarson, who grew up in Petersfield, it was a pretty successful week while competing at her first ever Scotties' national appearance.

Meanwhile, the Selkirk Skating Club had several outstanding performanc-



Lindsey Hopkins

es at the Manitoba Open in Arborg.

Eight local girls took part in the prestigious event with Lindsey Hopkins leading the way with a third-place finish in the Novice Ladies division.

Cali Boychuk was fourth in Pre-Novice Ladies while Haley Turnbull was 16th in Pre-Novice Ladies.

The other local skaters and their results were: Natasha English, sixth in Juvenile Ladies; Jenny Friesen, fifth in STAR-5 Ladies; Jessica Eblie, seventh in Junior Short and fourth in Junior Long; Delicia Friesen, 12th in STAR Ladies; and Sofya Furoda, fourth in STAR Ladies.



Colton Lott

Selkirk hosted the top men's curlers in the province when the Viterra Championship came to the Rec Complex.

In an odd twist, Mike McEwen-Fort Rouge punched his ticket to the Brier in Ottawa because the other team reaching the final – national junior champion Matt Dunstone – had already committed to the World Junior Championship in Denmark.

Both championships take place at the same time.

But McEwen, who had lost five previous provincial finals, actually earned his berth to the Brier on Sunday.

McEwen and his crew doubled Dunstone's young guns, which includes Sandy Hook's Colton Lott, 4-2 in a game that came down to the final shot in the 10th end.

### March

University of Manitoba Bisons' right-side hitter Devren Dear was named as a 2015-16 Canada West men's volleyball second-team all star.

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Devren Dear

Dear, a St. Andrews' native, earned his first conference all-star selection in his fourth season at Manitoba.

He was first in the Canada West conference this season in kills per set at 4.47 and started in 22 of 24 matches during the conference regular season.

In women's volleyball, Memorial University Sea-Hawks' outside hitter Kier Fey was selected as the 2015-16 recipient of the Kristen Ryan Memorial Award as AUS rookie of the year.



Kier Fey

Fey, a former Selkirk Royals' star athlete, played in all 17 matches for the Sea-Hawks this past season. Her .230 hitting percentage was the second highest in the conference, behind only Memorial teammate and AUS MVP Jill Snow.

Fey finished fourth overall in the AUS in total points (216.5) and points per set (3.5), as well as in total kills (176) and kills per set (2.84).

Meanwhile, Lockport's Madelyn Mandryk enjoyed the volleyball experience of a lifetime, leading her University of Toronto Varsity Blues women's volleyball team to their first-ever national title.

Toronto defeated the defending-champion Trinity Western Spartans

3-0 (25-21, 25-18, 25-12) in the gold-medal match of the CIS championship in Brandon.

The Selkirk Royals had several very good performances at the 2016 High School Series Indoor Track and Field Championship at the University of Manitoba.

Selkirk was especially good in the varsity girls' events as the Royals won the banner. Those same girls also won the KPAC banner, so it was a great season for the Royals.

The 12A2 Selkirk Steelers won the city championship after a 1-0 double overtime win over Fort Garry in Game 5 of their best-of-five final on March 22.

Fort Garry started the series with a 4-3 victory but Selkirk came back to win the next two games by scores of 3-1 and 3-2.

Fort Garry then forced a series-deciding fifth game with a 4-1 win.

Selkirk, which started its post-season third overall, lost its first playoff game to drop the Steelers to the B-side.

Facing elimination with another loss, the Steelers battled their way to the city finals.

The KJHL final series between the Selkirk Fishermen and the Peguis Juniors was expected to be an exciting – and lengthy – one.

Sure, it was exciting. But it sure didn't last very long.

Peguis swept the Fishermen in four straight games – which saw the series last just six days – after a 4-2 win in Game 4 on March 29 in Selkirk.

In ringette, the Interlake Ignite U14 A squad won a bronze medal at the provincials back in mid-March after finishing with a 1-2 record.

The Ignite began the provincials with a 5-2 win over Dakota but then lost a pair of overtime games. Interlake was edged 4-3 by Southdale and then nipped 3-2 by MacDonald.

#### April

Selkirk had two players – Courtney Sorokopud-Jones and Kaitlyn Seed – up for major awards at the Winnipeg Women's High School Hockey League's annual Excellence and Leadership Awards Gala at Canad Inns Polo Park.

Sorokopud-Jones was one of three nominees for the Winnipeg Free Press Division "B" most valuable player award while Seed was nominated for the top rookie award.

The Selkirk Royals had a pair of players – Tim Juvonen and Robbie Sigurdson – compete at the KPAC junior varsity badminton championship at Maples Collegiate in Winnipeg.

Both players represented the Royals in boys' singles competition, playing eight matches in a round-robin pool of nine.

Juvonen posted an impressive 6-2 record while Sigurdson also had a

good showing, finishing with a 4-4 record and a fifth-place finish.

In curling, Reid Carruthers needed two extra ends, scoring one in the 10th to defeat Toronto's John Epping 4-3 in the final of the inaugural Champions Cup curling event in Sherwood Park, Alta.

For his efforts, Carruthers, who curls out of West St. Paul, received \$24,500 of the \$100,000 men's purse.

#### May

The Selkirk Royals used home court to their advantage after winning an epic 2-1 battle against a very good WinMan Warriors team to claim the provincial 15U club volleyball title.

After winning the first set 33-31, Selkirk then lost 27-25, setting up a decisive third set. Selkirk then capped off the tremendous match with a thrilling 15-12 victory.



Amy Clarkson, left, Laralie Higginson

Amy Clarkson was inducted into the Manitoba Ringette Hall of Fame induction ceremony.

Clarkson went to the ceremony to support her Winnipeg Beach friend and former teammate, Lindsay Burns, who was being inducted into the hall of fame.

Little did Clarkson know that she was also getting Manitoba Ringette's highest honour.



Damien Ekosky

Damien Ekosky was selected to join Canada's junior national judo team in Coimbra, Portugal for a European Cup tournament for U18 competitors.

Ekosky was chosen to travel to Portugal after an impressive performance en route to winning his second Canadian championship in three years in Calgary earlier this month.



Jim Schreyer

Former Selkirk Royals' coach Jim Schreyer was honoured as a member of the Manitoba High Schools Athletic Association Hall of Fame Class for 2016 at a reception at the Holiday Inn South in Winnipeg.

Schreyer enters the hall as a builder for his outstanding work in volleyball at the Comp. He began his 33-year coaching career at Lord Selkirk Regional Secondary School in 1980. His teams won provincial "AAAA" championships in 1983, 1985, 1989, 1993, and 1994.

#### June

Selkirk's Travis Fredborg placed second at Golf Manitoba's Match Play Championship Qualifier at the Transcona Golf Club in Winnipeg.

Fredborg, who golfs out of Pine Ridge, fired a 1-over 143 after rounds of 72 and 71. That was three strokes back of Breezy Bend's Allan McDonald (71-69-140).

Larters' Marco Trstenjak (74-71-145) finished tied for third with Zach Sackett while Ben Bandura, who golfs out of Elmhurst, tied for seventh at 148.

Pine Ridge's Noel Ngo tied for 29th after rounds of 82 and 76 for a 158 total.

Other locals, and those with local connections, included Selkirk's Wesley Hoydalo (81-80-161) and Elmhurst's Brady Bandura (89-81-170).

For the second consecutive year, the Selkirk Royals' varsity girls captured a provincial banner at the MHSAA track and field championships.

Tiffany Addison, Taylor Arnt, Brittney Langlais, Bronwyn Neufeld, Bailey



# sports & recreation

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Selkirk Royals' varsity girls' MHSAA track and field champions

Purse, Jillian Tompkins, Amy Wiebe, and Kalie Whitelam were fantastic for Selkirk as the Royals repeated as varsity girls' provincial champions.

Life was a beach for the Selkirk Royals as they had 25 athletes participate in a two-day beach volleyball tournament. The event was highlighted by the Royals' Owen Schwartz and Jack Mandryk losing 2-1 in the varsity boys' final to the St. Paul's Crusaders.

The Manitoba High Schools Athletic Association presented a number of awards at its annual general meeting in Portage la Prairie.

Scott Gurney of Lord Selkirk Regional School was deservedly presented with the Nick Laping Leadership award. Gurney has been teaching and coaching for 26 years and has served as a provincial track meet director for the last 10 years.

He currently coaches track and cross country.

## July

The Interlake Thunder Junior girls' capped off a tremendous season with an impressive 19-8 victory over the North Winnipeg Nomads in the league championship game at Investors Group Field.

Zoe Oughton had a tremendous offensive game for the Thunder, scoring three touchdowns. The talented speedster was deservedly named the game's offensive MVP.

Ryan Kubic of St. Andrews attended the Vancouver Canucks' prospects development camp in Shawnigan Lake, B.C..

Kubic played in 50 games for the Giants in 2015-16, posting a 3.31 goals-against average and a .898 save percentage.

The North Winnipeg Pirates Midget baseball team reached the city championship.

North Winnipeg earned a spot in the title game after finishing 3-1 during the WABA playoffs.

The Pirates defeated Winnipeg South 11-6 on Sunday and then squeaked past St. James 9-8 in an extra inning later that evening. Nathan Slaby of West St. Paul was 4-for-4 and scored the game-winning run.

Meanwhile, the North Winnipeg Pirates played some outstanding baseball to finish second at the Bantam "AAA" provincial championship in Altona.

## August

Three former Selkirk Royals - Colten Boudreau, Austin Addison and Brett Boudreau - led the Elmwood Giants to the Manitoba Junior Baseball League championship last Friday in Winnipeg.

Elmwood clinched the title with a thrilling 1-0 win in Game 5 of their best-of-final final.

Interlake athletes had a multitude of outstanding performances at the 2016 Power Smart Summer Games in Steinbach from Aug. 7-13.

Local athletes brought home 71 medals - which included 24 gold, 20 silver, and 27 bronze - to place fourth out of eight regions.

Selkirk-born Garth Goodbrandson and longtime Selkirk resident Gord Lenton were two of four individuals inducted into the Manitoba Golf Hall of Fame & Museum next month.

Goodbrandson was inducted in the Builder category along with Lenton (Athlete and Builder categories) while two members - Mauriel (Bremner)

Rogers and Casmir "Kas" Zabowski, both in the Athlete category - will be inducted posthumously.

Larters at St. Andrews Golf & Country Club finished second at the Women's Interclub "A" Championship in Gimli on Aug. 30.

Larters team of Cathy Smolinski, Monique Bateman, Betty Ann Roy, and Kim Ward combined for a 35-over 251 to finish as the low gross runner-up.

Southwood won the event by finishing at 27-over 243.



Noel Ngo

## September

The University of Manitoba Bisons men's golf team - which included Selkirk's Noel Ngo - captured the Battle of the Falls tournament in Larchwood, Iowa for a second consecutive year.

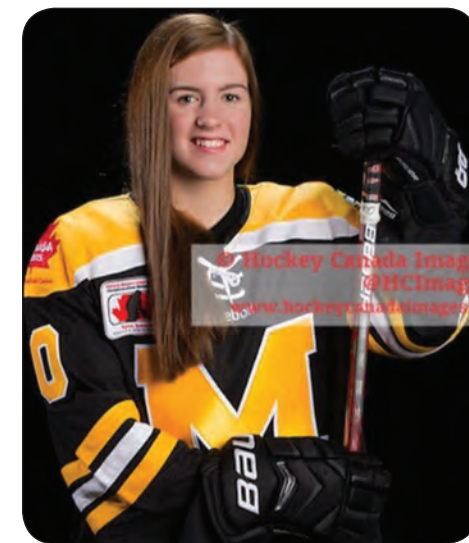
Manitoba finished at +20 (300-287-297=884) against a seven-team field. The top Bisons were second-year Josh



Hailey Karbonik

Neufeld (75-71-72) and third-year Devon Schade (74-70-74), who were tied for second place with a +2 (218) score among 49 golfers.

Hailey Karbonik announced that she will be joining the University of North Dakota Fighting Hawks on a full scholarship for the 2018-19 season. The Fighting Hawks play in the WCHA along with Wisconsin, Ohio State, Minnesota, Bemidji, Minnesota Duluth, Minnesota State, and St. Cloud.



Brooke Anderson

## October

Two local hockey players - Brooke Anderson and Matt Boonstra - were selected to Team Manitoba's U18 girls' and U16 boys' rosters.

Anderson, a talented 5-foot-3 forward who plays for both the Selkirk Royals high school team and the Winnipeg Avros, was one of 20 players named to Manitoba's final girls' roster. She is from St. Andrews.

Groot, meanwhile, is a 5-foot-10 defenceman from Garson, who currently plays for the City Midget Eastman Selects.

The Selkirk Royals varsity boys' volleyball team won their fifth tournament championship at the Royals Spike Off 2016. Selkirk defeated Miles Mac 2-1 in the championship game.

Meanwhile, Selkirk had several outstanding performances at the MHSAA cross-country provincials at Harbourview Park in Winnipeg.

Selkirk's Tonie Sledz capped off a great running season as she placed fifth in the varsity girls' race with a time of 16:50.

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# sports & recreation

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Dallas Starodub

Devin "The Ukrainian Assassin" Tomko had a rare opportunity to enter the ring for a professional fight in front of a bevy of friends and family in Winnipeg.

And when he left that same ring, he had improved his professional record to a perfect 2-0.

Tomko, an East Selkirk product, was very impressive as he recorded a TKO over Kamloop's Ken Huber at the High Stakes Havoc 3 at Club Regent Casino. The fight was stopped after the third round of the four-round bout.

## November

The Selkirk Skating Club's Lindsey Hopkins represented Manitoba at the 2017 Skate Canada Challenge competition in Pierrefonds, Que.

Hopkins skated in the Junior Women's category.

Dallas Starodub broke Dylan Heide's Selkirk Steelers' record of 237 games played in Winkler.

Barring injury, Starodub expects to shatter that Steelers' record by season's end.

The Selkirk Royals junior varsity



Brayden Pawluk

boys' volleyball team won its third MHSAA "AAAA" title in four years under head coach Ryan Penner after a convincing 3-0 (25-18, 25-18, 25-16) sweep over the Garden City Fighting

Gophers.

## December

For the second time in four seasons, the Selkirk Royals were crowned the "AAAA" varsity boys' provincial volleyball champions.

The No. 1-ranked Selkirk Royals defeated No. 3 Miles Macdonell 3-1 by scores of 25-17, 25-19, 22-25 and 25-8 in the final at the Investors Group Athletic Centre.

Defenceman Brayden Pawluk was named an East Coast Elite League 2016-17 all-star.

Pawluk, who plays for the Elite Hockey Academy, was on Team Parise a U18 game against Team Burns.

Pawluk had six goals and 14 points in 31 games to sit tied for fourth in points on his team.

The 2016-17 all-star games took place at the Bright Landry Center on the Harvard University campus in Cambridge, MA.



Selkirk Royals junior varsity boys' provincial volleyball champions



Selkirk Royals varsity boys' provincial volleyball champions



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals play well in Garden City loss

By Brian Bowman

The Selkirk Royals saw a lot of positives with their KPAC season-opening loss to the Garden City Fighting Gophers.

Despite losing 63-49 on the road Dec. 19, varsity girls' head coach Sue Gilmour, liked, for the most part, what she saw on the floor.

"With our history with Garden City over the last couple of years, this is kind of a victory," said Gilmour after the game.

Selkirk started slow in the first quar-

ter but played real well in the second and led 33-29 at halftime. The Royals outscored the Fighting Gophers 21-12 in the second quarter.

"We were able to contain their three-point shooters (in the second quarter)," Gilmour recalled. "And when you are playing against a team like Garden City, that's kind of hard to do."

Garden City shut down Selkirk inside for the majority of the game which forced the Royals to shoot from the outside. That worked well for Selkirk in the second quarter but not so

well in the third.

Renee Partyka led Selkirk in scoring with 10 points while Julia Ignagni had nine.

Gilmour envisions Selkirk becoming a pretty solid basketball team by season's end.

"We're very young," she stressed. "We have three returning players from last year. The hard thing about the basketball season is that you get into it and then you're off for a couple of weeks."

"Then we come back for two weeks

and its 10 days off for exams. There's very little flow (to the season)."

The Royals played a league game at Miles Mac on Dec. 21 but no score was available at press time. Selkirk will then resume KPAC play Jan. 18 when the Royals host the Buckeyes.

"I'm really looking forward to January when we can have team practices with not a whole lot of interruptions," Gilmour said.

Selkirk's next tournament is Jan. 12-14 when it competes at the John Taylor Piper Classic in Winnipeg.

## Royals fly past St. John's Ravenscourt Eagles

By Brian Bowman

The Selkirk Royals were definitely not in the Christmas mood against the St. John's Ravenscourt Eagles Dec. 19 in Winnipeg.

Selkirk looked real good on the big ice surface at Dutton Arena, skating to an impressive 6-2 Platinum Promotions Division victory. The Royals led 1-0 after two periods and then exploded for five third-period goals.

"We were getting the chances in the first two periods," said Royals' head coach Brad Hrymak. "We had two breakaways and we couldn't bury them. But (in the third period the chances) started going in."

Selkirk did a good job utilizing its speed and creating chances from behind - and near - the opposition's net.

"That little extra room around the net helped our team out, for sure," Hrymak said.

Reece Tessier (two), Darian Morris-Izzard, Cole Wasnie, Connor Spratt and Reed Hoium scored for Selkirk.

Austin DeBoer earned the win in

goal.

The Royals, currently on a three-game win streak, wrapped up play in 2016 with a home game last Thursday against the Oak Park Raiders in East Selkirk. No score, however, was available at press time.

Selkirk, which is in sole possession of fifth-place in the Platinum Promotions Division standings, won't resume league play again until Jan. 13 when they play the St. Paul's Crusaders at the MTS Iceplex.

But the Royals will be busy next month as they look to repeat as champions of the John Taylor Piper Classic. Besides the tournament games, Selkirk will also play six league games in January.

In women's high school action, Selkirk shut out the Oak Park Raiders 2-0 on Dec. 19 in East Selkirk. Livi Weremy and Kyra DeLaRonde scored for Selkirk while Jodi Clifton posted the shutout.

With that win, the Royals now have 19 points to occupy sole possession of

fourth place in the WWHSHL's CTV Division.

Shaftesbury leads the division with 22 points, one point ahead of St. Mary's and two in front of Vincent Massey.

The Royals are now off for the holidays and won't play a league game again until Jan. 11 when it hosts Jeanne Sauve in East Selkirk. Game time is 4 p.m.

## Tourney champs



RECORD PHOTO SUBMITTED BY GARY CHISHOLM

The 11A2 Lord Selkirk Steelers won gold in Morden earlier this month after going undefeated in the round robin and then beating Riverton 4-2 in the final. Pictured back row, left to right, coaches John Duff and Gary Chisholm, Brett Mason, Paul Olafson, middle row, Tannar Vaughan, Liam Shedden, Carter Chisholm, Brayden Sain, Ethan Oram, Mathew Baron, Mathew Maloney, Easton Vermeulen. Sam Dear, front row, Jamie Mason, Owen Unrau, Danny Duff, Riley Olafson, Quinn Borgfjord. Missing from the photo Sawyer Vermeulen.

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# take a break

> GAMES

## SUDOKU

	5		1			6		
	7			2	5		9	
2	3					7		
			9			8		
		4		7			5	
					3		6	
	9		5		8	4		
					1	9		2

Level: Intermediate

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Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

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2	3	6	1	4	7	9	8	5
1	7	4	8	9	5	2	6	3
8	9	5	3	6	2	1	4	7
6	5	2	9	7	3	4	1	8
3	4	8	2	1	6	7	9	5
9	1	7	4	5	8	6	3	2
5	8	1	7	3	4	9	2	6
4	6	3	5	2	9	8	7	1
7	2	9	6	8	1	3	5	4

Sudoku Answer

	X	V	F	S		S	E	S	I	B		
S	S	U	H	C	S		D	E	K	O	V	S
O	D	T	V	W	I	T	I	G	E	T		V
C	I	T									S	O
E	O	V									S	O
D	V	A		H	V	R						H
	E	T	V	S								S
E	N	V	R									V
S	T	E	W	O	C							G
O	V	G		T	V	S						G
I	D	O										V
T	V	V	K		D	V						B
O	R		T	V	C	I	G	O	T	O	E	H
G	N	I	E	E	S							S
E	T	P	P	V	I	B						R

Crossword Answer



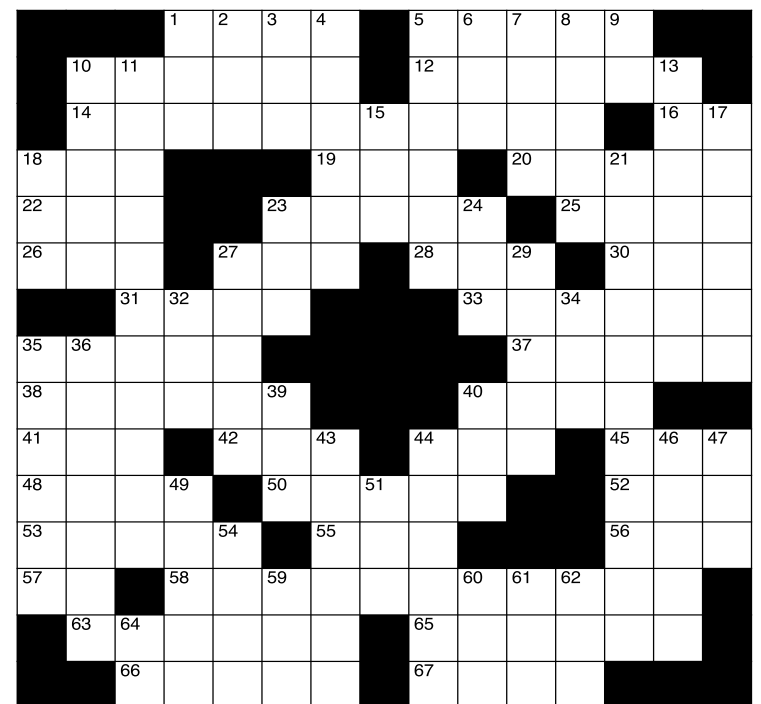
## CROSSWORD

### CLUES ACROSS

1. Isodor \_\_, American Nobel physicist
5. One a day keeps the doctor away
10. Extents
12. Noticing
14. Scriptural
16. Star Trek character Laren
18. "The Crow" actress \_\_ Ling
19. Not good
20. Measures gold
22. TV network
23. Wasting
25. Money in Ghana
26. Young girls' association
27. Title of respect
28. High schoolers take this test
30. Crunches federal numbers
31. Wild or sweet cherry
33. Celestial bodies
35. Fruit of the oak tree
37. Royal Navy ship during WWII
38. Of cherished symbols
40. Satisfy
41. 5th. day (abbr.)
42. Swiss river
44. Royal Albert Hall (abbr.)
45. Cool!
48. Flat metal shelves
50. Enclosed
52. A way to pass
53. City in Iraq
55. Printing speed measurement
56. Twitch
57. Indicates position
58. Made lawful
63. Took down
65. A way to travel on skis
66. North winds
67. Tunisian metropolis

### CLUES DOWN

1. Seafood



2. Incan god of mountains
3. Ritzy LA neighborhood \_\_ Air
4. Line that connect points of equal pressure
5. Audience-only remarks
6. Chest muscle (slang)
7. Pointed top
8. Lavender
9. Linear unit
10. Knives
11. 2016 World Series champs
13. A way to arrange
15. Talk
17. Serving no purpose
18. Container
21. Breathes new life into
23. Beloved dog Rin Tin \_\_
24. A bag-like structure in a plant or animal
27. Yemen capital

29. Sacred book of Judaism
32. Make a mistake
34. Wrestlers wrestle here
35. Respiratory issue
36. In league
39. Resinous insect secretion
40. Unhappy
43. Turbulent area of a river
44. Neglectful
46. Sours
47. Calendar month (abbr.)
49. Grooves
51. Sony Pictures Television
54. Monetary units
59. Command right
60. 1,000 cubic feet
61. Expression of triumph
62. Dinner jacket
64. The first two



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Ones**

**WITH AN  
ANNOUNCEMENT  
IN THE RECORD**

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**Joe King**  
In Loving Memory of my  
Dear Husband (Joe),  
Father and Grampa  
who passed away January 4, 2009

Letting Go  
God saw you getting tired,  
When a cure was not to be;  
He closed His arms around you,  
And whispered, "Come to Me".  
In tears we saw you sinking,  
We watched you fade away;  
Our hearts were almost broken,  
You fought so hard to stay.  
But when we saw you sleeping,  
So peacefully free from pain;  
We could not wish you back,  
To suffer so again.  
So keep Your arms around him Lord,  
And give him special care;  
Make up for all he suffered,  
And all that seemed unfair.  
Forever in our hearts.

-Loved and missed by wife Elsie,  
son Richard and granddaughter Holly

*Your memory will live forever  
Engraved within our hearts*

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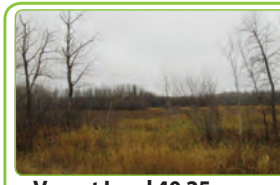
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